USAWA TEAM RECORDS LIFT	AGE	SEX	CLS	RECORD	LIFTER		DATE AND LOCATION							
ANDERSON SQUAT (untimed consec)	50	M	105	2293.3	Wenzel, Jeff	555# x 5R	8/1/2026	Repetition Rampage Record Day, Denver CO						
ANDERSON SQUAT (untimed consec)	50	M	105	2293.3	Wenzel, Jeff	555# x 5R	8/1/2026	Repetition Rampage Record Day, Denver CO						
BENCH PRESS, (1 min)	55	F	60	1964.98	VanWagner, Kim	65# x 22R	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO		Note: There is untimed (with breaks) and untimed consecutive (no break!)				
BENCH PRESS, (1 min)	55	F	90	355.4	Lupo, Allison		4/6/2024	Bench Press Heptathlon						
BENCH PRESS, (1 min)	55	F	100	1765.28	Gore, Lisa	61# x 28 R	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO						
BENCH PRESS, (1 min)	60	F	90	867.2	Lupo, Allison	15# x 53R	4/11/2026	2026 Bench Press Heptathlon V and Record Day						
BENCH PRESS, (1 min)	65	F	75	848.4	Thompson, Janet	10# x 64R	4/11/2026	2026 Bench Press Heptathlon V and Record Day						
BENCH PRESS, (1 min)	ALL	F	60	1720	VanWagner, Kim		4/12/2025	2025 Bench Press Heptathlon, Columbia, MO						
BENCH PRESS, (1 min)	ALL	F	75	848.4	Thompson, Janet	10# x 64R	4/11/2026	2026 Bench Press Heptathlon V and Record Day						
BENCH PRESS, (1 min)	ALL	F	90	867.2	Lupo, Allison	15# x 53R	4/11/2026	2026 Bench Press Heptathlon V and Record Day						
BENCH PRESS, (1 min)	ALL	F	100	1461.2	Gore, Lisa		4/12/2025	2025 Bench Press Heptathlon, Columbia, MO						
BENCH PRESS, (1 min)	16	M	60	3453.7	Wenzel, Spencer		4/6/2024	Bench Press Heptathlon						
BENCH PRESS, (1 min)	40	M	70	2794.5	Ortega, Toby		4/6/2024	Bench Press Heptathlon						
BENCH PRESS, (1 min)	40	M	85	4558.6	Smith, Abe		4/6/2024	Bench Press Heptathlon						
BENCH PRESS, (1 min)	45	M	100	3630.3	Fobes, Jarrod	95# x 40R	4/11/2026	2026 Bench Press Heptathlon V and Record Day						
BENCH PRESS, (1 min)	45	M	105	5267.4	Wenzel, Jeff		4/6/2024	Bench Press Heptathlon						
BENCH PRESS, (1 min)	50	M	95	2093.1	Gupta, Sanjiv		4/6/2024	Bench Press Heptathlon						
BENCH PRESS, (1 min)	50	M	100	1802.8	Gupta, Sanjiv	95# x 19R	4/11/2026	2026 Bench Press Heptathlon V and Record Day						
BENCH PRESS, (1 min)	50	M	105	5712.8	Hose, Tony		4/22/2023	Bench Press Decathlon						
BENCH PRESS, (1 min)	50	M	110	4081.5	Wenzel, Jeff	100#x 50R	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO						
BENCH PRESS, (1 min)	55	M	100	5905.7	Hose, Tony		4/6/2024	Bench Press Heptathlon						
BENCH PRESS, (1 min)	55	M	110	3278	Lupo, Tony		4/6/2024	Bench Press Heptathlon						
BENCH PRESS, (1 min)	55	M	125+	5388	Beversdorf, Dave		4/22/2023	Bench Press Decathlon						
BENCH PRESS, (1 min)	60	M	85	4993.9	Sullivan, Doug		5/5/2022	2022 Bench Press Decathlon I and Record Day						
BENCH PRESS, (1 min)	60	M	90	3038.3	DeForest, Dave		4/22/2023	Bench Press Decathlon						
BENCH PRESS, (1 min)	60	M	110	3250.44	Lupo, Tony	90# x 37R	4/11/2026	2026 Bench Press Heptathlon V and Record Day						
BENCH PRESS, (1 min)	65	M	85	3638.1	DeForest, Dave	55# x 58R	4/11/2026	2026 Bench Press Heptathlon V and Record Day						
BENCH PRESS, (1 min)	65	M	105	1762.7	Licini, Jerome	40# x 41R	4/11/2026	2026 Bench Press Heptathlon V and Record Day						
BENCH PRESS, (1 min)	85	M	95	398.3	Clark, Bill		5/5/2022	2022 Bench Press Decathlon I and Record Day						
BENCH PRESS, (1 min)	90	M	90	607.8	Clark, Bill		4/6/2024	Bench Press Heptathlon						
BENCH PRESS, (1 min)	90	M	95	694	Clark, Bill		4/22/2023	Bench Press Decathlon						
BENCH PRESS, (1 min)	ALL	M	60	3453.7	Wenzel, Spencer		4/6/2024	Bench Press Heptathlon						
BENCH PRESS, (1 min)	ALL	M	70	5462.1	Wenzel, Riley	65# x 80R	4/11/2026	2026 Bench Press Heptathlon V and Record Day						
BENCH PRESS, (1 min)	ALL	M	75	5292	Wenzel, Rily	70# x 72 R	4/12/2025	2025 Bench Press Heptathlon IV and RD						
BENCH PRESS, (1 min)	ALL	M	85	4993.9	Sullivan, Doug		5/5/2022	2022 Bench Press Decathlon I and Record Day						
BENCH PRESS, (1 min)	ALL	M	90	3038.3	DeForest, Dave		4/22/2023	Bench Press Decathlon						
BENCH PRESS, (1 min)	ALL	M	95	2093.1	Gupta, Sanjiv		4/6/2024	Bench Press Decathlon						
BENCH PRESS, (1 min)	ALL	M	100	5905.7	Hose, Tony		4/6/2024	Bench Press Heptathlon						
BENCH PRESS, (1 min)	ALL	M	105	5712.8	Hose, Tony		4/22/2023	Bench Press Decathlon						
BENCH PRESS, (1 min)	ALL	M	110	4081.5	Wenzel, Jeff		4/12/2025	2025 Bench Press Heptathlon, Columbia, MO						
BENCH PRESS, (1 min)	ALL	M	115	4788.6	Davis-Diaz, Nic		4/6/2024	Bench Press Heptathlon						
BENCH PRESS, (1 min)	ALL	M	125	4944.2	McNeil, Matt		5/5/2022	2022 Bench Press Decathlon I and Record Day						
BENCH PRESS, (1 min)	ALL	M	125+	5388	Beversdorf, Dave		4/22/2023	Bench Press Decathlon						
BENCH PRESS, ALTERNATE GRIP (untimed cons)	45	M	100	2684.4	Fobes, Jarrod	105# x 30 R	11/1/2026	GOERNER DEADLIFT DOZEN PLUS ONE (2026)-RD						
BENCH PRESS, ALTERNATE GRIP (untimed cons)	ALL	M	100	2684.4	Fobes, Jarrod	105# x 30 R	11/1/2026	GOERNER DEADLIFT DOZEN PLUS ONE (2026)-RD						
BENCH PRESS, FEET IN AIR (untimed)	60	F	95	4050.2	Lupo, Allison	15# x 250 R	7/11/2026	USAWA 250 For 250th Challenge and RD						
BENCH PRESS, FEET IN AIR (untimed)	ALL	F	95	4050.2	Lupo, Allison	15# x 250 R	7/11/2026	USAWA 250 For 250th Challenge and RD						
BENCH PRESS, FEET IN AIR (untimed cons)	55	M	95	1290	Gupta, Sanjiv	135# x 11 R	8/1/2026	Repetition Rampage Record Day, Denver CO						
BENCH PRESS, FEET IN AIR (untimed cons)	ALL	M	95	1290	Gupta, Sanjiv	135# x 11 R	8/1/2026	Repetition Rampage Record Day, Denver CO						
BENCH PRESS, ONE ARM L (untimed cons)	45	M	100	1016.15	Fobes, Jarrod	45# x 26 R	9/19/2026	2026 Two-Fisted Challenge III, Clark's Gym						
BENCH PRESS, ONE ARM L (untimed cons)	ALL	M	100	1016.15	Fobes, Jarrod	45# x 26 R	9/19/2026	2026 Two-Fisted Challenge III, Clark's Gym						
BENCH PRESS, ONE ARM R (untimed cons)	45	M	100	1016.15	Fobes, Jarrod	45# x 26 R	9/19/2026	2026 Two-Fisted Challenge III, Clark's Gym						
BENCH PRESS, ONE ARM R (untimed cons)	ALL	M	100	1016.15	Fobes, Jarrod	45# x 26 R	9/19/2026	2026 Two-Fisted Challenge III, Clark's Gym						
BENCH PRESS, REVERSE GRIP, (1 min)	45	M	100	4043.7	Fobes, Jarrod		12/13/2025	2025 TEAM CHAMPIONSHIPS - RD, Lakewood, CO						
BENCH PRESS, REVERSE GRIP, (1 min)	ALL	M	100	4043.7	Fobes, Jarrod		12/13/2025	2025 TEAM CHAMPIONSHIPS - RD, Lakewood, CO						
CHIN UP (untimed cons)	45	M	100	92.7	Fobes, Jarrod	14 # x 7 R	8/22/2026	Ol Clarks 94th Birthday Party and RD, Columbia, MO						
CHIN UP (untimed cons)	ALL	M	100	92.7	Fobes, Jarrod	14# x 7 R	8/22/2026	Ol Clarks 94th Birthday Party and RD, Columbia, MO						
CLEAN AND PRESS, MID FING (untimed con)	55	F	60	851	VanWagner, Kim	35# x 21 R	8/1/2026	Repetition Rampage Record Day, Denver CO						
CLEAN AND PRESS, MID FING (untimed con)	ALL	F	60	851	VanWagner, Kim	35# x 21 R	8/1/2026	Repetition Rampage Record Day, Denver CO						
CLEAN AND PRESS, MID FING (untimed con)	45	M	100	624.1	Fobes, Jarrod	55# x 12 R	8/22/2026	Ol Clarks 94th Birthday Party and RD, Columbia, MO						
CLEAN AND PRESS, MID FING (untimed con)	ALL	M	100	624.1	Fobes, Jarrod	55# x 12 R	8/22/2026	Ol Clarks 94th Birthday Party and RD, Columbia, MO						
CLEAN AND PRESS REVERSE GRIP (unt con)	45	M	100	907.58	Fobes, Jarrod	95# x 11 R	9/19/2026	2026 Two-Fisted Challenge III, Clark's Gym						
CLEAN AND PRESS REVERSE GRIP (unt con)	ALL	M	100	907.58	Fobes, Jarrod	95# x 11 R	9/19/2026	2026 Two-Fisted Challenge III, Clark's Gym						
CLEAN AND PUSH PRESS (untined con)	45	M	100	1172.48	Fobes, Jarrod	95# x 13 R	9/19/2026	2026 Two-Fisted Challenge III, Clark's Gym						
CLEAN AND PUSH PRESS (untined con)	ALL	M	100	1172.48	Fobes, Jarrod	95# x 13 R	9/19/2026	2026 Two-Fisted Challenge III, Clark's Gym						
DEADLIFT TRAP BAR (untimed cons)	40	F	75	3307.5	Hopps, Jessica	160# x 20 R	8/1/2026	Repetition Rampage Record Day, Denver CO						

USAWA TEAM RECORDS LIFT	AGE	SEX	CLS	RECORD	LIFTER		DATE AND LOCATION
DEADLIFT TRAP BAR (untimed cons)	ALL	F	75	3307.5	Hopps, Jessica	160# x 20 R	8/1/0206 Repetition Rampage Record Day, Denver CO
DEADLIFT TRAP BAR (untimed cons)	40	M	95	4972.2	Jones, Dan	200# x 28 R	8/1/2026 Repetition Rampage Record Day, Denver CO
DEADLIFT TRAP BAR (untimed cons)	55	M	75	5202.9	Marchand, Wade	167# x 31 R	8/1/2026 Repetition Rampage Record Day, Denver CO
DEADLIFT TRAP BAR (untimed cons)	55	M	95	2918.8	Gupta, Sanjiv	210# x 16 R	8/1/2026 Repetition Rampage Record Day, Denver CO
DEADLIFT TRAP BAR (untimed cons)	ALL	M	75	5202.9	Marchand, Wade	167# x 31 R	8/1/2026 Repetition Rampage Record Day, Denver CO
DEADLIFT TRAP BAR (untimed cons)	ALL	M	95	4972.2	Jones, Dan	200 # x 28 R	8/1/2026 Repetition Rampage Record Day, Denver CO
FINGER LIFT, INDEX, LEFT, (untmd - cons)	45	M	100	1749.7	Fobes, Jarrod	78# x 24R	8/15/2026 Light Weight Decathlon Challenge II and RD, Columbia, MO
FINGER LIFT, INDEX, LEFT, (untmd - cons)	ALL	M	100	1749.7	Fobes, Jarrod	78# x 24R	8/15/2026 Light Weight Decathlon Challenge II and RD, Columbia, MO
FINGER LIFT, LITTLE, LEFT, (untmed - cons)	45	M	95	989.5	Fobes, Jarrod	41# x 25R	4/25/2026 Diaper Day Meet and Record Day (2026), Columbia, MO
FINGER LIFT, LITTLE, LEFT, (untmed - cons)	45	M	100	218.7	Fobes, Jarrod	78# x 3R	8/15/2026 Light Weight Decathlon Challenge II and RD, Columbia, MO
FINGER LIFT, LITTLE, LEFT, (untmed - cons)	ALL	M	95	989.5	Fobes, Jarrod	41# x 25R	4/25/2026 Diaper Day Meet and Record Day (2026), Columbia, MO
FINGER LIFT, LITTLE, LEFT, (untmed - cons)	ALL	M	100	218.7	Fobes, Jarrod	78# x 3R	8/15/2026 Light Weight Decathlon Challenge II and RD, Columbia, MO
FINGER LIFT, MIDDLE, LEFT, (untmed - cons)	45	M	100	962.7	Fobes, Jarrod	103# x 10R	8/15/2026 Light Weight Decathlon Challenge II and RD, Columbia, MO
FINGER LIFT, MIDDLE, LEFT, (untmed - cons)	ALL	M	100	962.7	Fobes, Jarrod	103# x 10R	8/15/2026 Light Weight Decathlon Challenge II and RD, Columbia, MO
FINGER LIFT, RING, LEFT, (untmed - cons)	45	M	100	729.1	Fobes, Jarrod	78# x 10R	8/15/2026 Light Weight Decathlon Challenge II and RD, Columbia, MO
FINGER LIFT, RING, LEFT, (untmed - cons)	ALL	M	100	729.1	Fobes, Jarrod	78# x10R	8/15/2026 Light Weight Decathlon Challenge II and RD, Columbia, MO
FINGER LIFT, THUMB, LEFT, (untmed - cons)	45	M	100	216.8	Fobes, Jarrod	58# x 4R	8/15/2026 Light Weight Decathlon Challenge II and RD, Columbia, MO
FINGER LIFT, THUMB, LEFT, (untmed - cons)	ALL	M	100	216.8	Fobes, Jarrod	58# x 4R	8/15/2026 Light Weight Decathlon Challenge II and RD, Columbia, MO
FINGER LIFT, INDEX RIGHT (untmed - cons)	45	M	100	1261.8	Fobes, Jarrod	99# x 15 R	8/1/2026 Repetition Rampage Record Day, Denver CO
FINGER LIFT, INDEX RIGHT (untmed - cons)	ALL	M	100	1261.8	Fobes, Jarrod	99# x 15 R	8/1/2026 Repetition Rampage Record Day, Denver CO
FINGER LIFT, LITTLE, RIGHT, (untmed - cons)	45	M	95	1424.9	Fobes, Jarrod	41# x 36R	4/25/2026 Diaper Day Meet and Record Day (2026), Columbia, MO
FINGER LIFT, LITTLE, RIGHT, (untmed - cons)	ALL	M	95	1424.9	Fobes, Jarrod	41# x 36R	4/25/2026 Diaper Day Meet and Record Day (2026), Columbia, MO
FINGER LIFT, LITTLE, RIGHT, (untmed - cons)	45	M	100	701	Fobes, Jarrod	75# x 11R	8/1/2026 Repetition Rampage Record Day, Denver CO
FINGER LIFT, LITTLE, RIGHT, (untmed - cons)	ALL	M	100	701	Fobes, Jarrod	75# x 11R	8/1/2026 Repetition Rampage Record Day, Denver CO
FINGER LIFT, MIDDLE, RIGHT, (untmed - cons)	45	M	100	1019.6	Fobes, Jarrod	120# x 10 R	8/1/2026 Repetition Rampage Record Day, Denver CO
FINGER LIFT, MIDDLE, RIGHT, (untmed - cons)	ALL	M	100	1019.6	Fobes, Jarrod	120# x 10 R	8/1/2026 Repetition Rampage Record Day, Denver CO
FINGER LIFT, RING, RIGHT, (untmed - cons)	45	M	100	883.7	Fobes, Jarrod	104# x 10 R	8/1/2026 Repetition Rampage Record Day, Denver CO
FINGER LIFT, RING, RIGHT, (untmed - cons)	ALL	M	100	883.7	Fobes, Jarrod	104# x 10 R	8/1/2026 Repetition Rampage Record Day, Denver CO
FINGER LIFT, THUMB, RIGHT, (untmed - cons)	45	M	100	458.8	Fobes, Jarrod	54# x 10 R	8/1/2026 Repetition Rampage Record Day, Denver CO
FINGER LIFT, THUMB, RIGHT, (untmed - cons)	ALL	M	100	458.8	Fobes, Jarrod	54# x 10 R	8/1/2026 Repetition Rampage Record Day, Denver CO
GARDNER, FULL, (untmed - cons)	55	F	60	173.7	VanWagner, Kim	25# x 6 R	8/1/2026 Repetition Rampage Record Day, Denver CO
GARDNER, FULL, (untmed - cons)	ALL	F	60	173.7	VanWagner, Kim	25# x 6 R	8/1/2026 Repetition Rampage Record Day, Denver CO
GARDNER, HALF, (untmed - cons)	45	M	95	521.3	Fobes, Jarrod	45# x 12R	4/25/2026 Diaper Day Meet and Record Day (2026), Columbia, MO
GARDNER, HALF, (untmed - cons)	ALL	M	95	521.3	Fobes, Jarrod	45# x 12R	4/25/2026 Diaper Day Meet and Record Day (2026), Columbia, MO
HACKENSCHMIDT PRESS (untimed - cons)	45	M	100	1040.2	Fobes, Jarrod	275# x 4 R	8/22/2026 Ol Clarks 94th Birthday Party and RD, Columbia, MO
HACKENSCHMIDT PRESS (untimed - cons)	ALL	M	100	1040.2	Fobes, Jarrod	275 # x 4 R	8/22/0206 Ol Clarks 94th Birthday Party and RD, Columbia, MO
HIP LIFT (untimed cons)	70	M	120	40582.5	Fobes, Jarrod	525# x 100 R	8/1/2026 Repetition Rampage Record Day, Denver CO
HIP LIFT (untimed cons)	ALL	M	120	40582.5	Ciavattone, Frank	525# x 100 R	8/1/2026 Repetition Rampage Record Day, Denver CO
HIP LIFT (untimed)	40	F	75	65887.8	Hopps, Jessica	250# x 250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
HIP LIFT (untimed)	60	F	100	77464.2	Gore, Lisa	250# x 300 R	7/11/2026 USAWA 250 For 250th Challenge and RD
HIP LIFT (untimed)	ALL	F	75	65887.2	Hopps, Jessica	250# x 250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
HIP LIFT (untimed)	ALL	F	100	77454.2	Gore, Lisa	250# x 250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
HIP LIFT (untimed)	40	M	90	120166	Jones, Dan	525#x250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
HIP LIFT (untimed)	55	M	75	154207	Marchand, Wade	525#x250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
HIP LIFT (untimed)	65	M	110	139281	Larson, Nils	525#x250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
HIP LIFT (untimed)	70	M	120	140010	Ciavattone, Frank	525#x250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
HIP LIFT (untimed)	90	M	90	102102	Clark, Bill	250#x250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
HIP LIFT (untimed)	ALL	M	75	154207	Marchand, Wade	525#x250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
HIP LIFT (untimed)	ALL	M	90	120166	Jones, Dan	525#x250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
HIP LIFT (untimed)	ALL	M	110	139281	Larson, Nils	525#x250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
HIP LIFT (untimed)	ALL	M	120	140010	Ciavattone, Frank	525#x250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
KENNEDY LIFT (untimed - cons)	45	M	100	4367.5	Fobes, Jarrod	205# 25 R	11/1/2026 GOERNER DEADLIFT DOZEN PLUS ONE (2026)-RD
KENNEDY LIFT (untimed - cons)	ALL	M	100	4367.5	Fobes, Jarrod	205# 25 R	11/1/2026 GOERNER DEADLIFT DOZEN PLUS ONE (2026)-RD
LATERAL RAISE, LYING (untimed - cons)	45	M	95	1004	Fobes, Jarrod	40# x 26R	4/25/2026 Diaper Day Meet and Record Day (2026), Columbia, MO
LATERAL RAISE, LYING (untimed - cons)	ALL	M	95	1004	Fobes, Jarrod	40# x 26R	4/25/2026 Diaper Day Meet and Record Day (2026), Columbia, MO
LURICH LIFT (untimed - Cons)	45	M	100	3494	Fobes, Jarrod	205# x 20 R	11/1/2026 GOERNER DEADLIFT DOZEN PLUS ONE (2026)-RD
LURICH LIFT (untimed - Cons)	ALL	M	100	3494	Fobes, Jarrod	205# x 20 R	11/1/2026 GOERNER DEADLIFT DOZEN PLUS ONE (2026)-RD
PEOPLES DEADLIFT (untimed)	60	M	115	60612	Lupo, Tony	250# x 250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
PEOPLES DEADLIFT (untimed)	ALL	M	115	60612	Lupo, Tony	250# x 250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
PRESS, FROM RACK (untimed - cons)	55	M	95	521.2	Gupta, Sanjiv	100# x 6R	8/1/2026 Repetition Rampage Record Day, Denver CO
PRESS, FROM RACK (untimed - cons)	ALL	M	95	521.2	Gupta, Sanjiv	100# x 6R	8/1/2026 Repetition Rampage Record Day, Denver CO
PULLOVER, PRESS (untimed - cons)	45	M	100	2553.3	Fobes, Jarrod	135# x 20R	8/22/2026 Ol Clarks 94th Birthday Party and RD, Columbia, MO
PULLOVER, PRESS (untimed - cons)	ALL	M	100	2553.3	Fobes, Jarrod	135# x 20R	8/22/2026 Ol Clarks 94th Birthday Party and RD, Columbia, MO
SAXON SNATCH (untimed - cons)	45	M	100	886.3	Fobes, Jarrod	52# x 20 R	11/1/2026 GOERNER DEADLIFT DOZEN PLUS ONE (2026)-RD
SAXON SNATCH (untimed - cons)	ALL	M	100	886.3	Fobes, Jarrod	52# x 20 R	11/1/2026 GOERNER DEADLIFT DOZEN PLUS ONE (2026)-RD
SQUAT FRONT (untimed - cons)	55	M	95	1055.5	Gupta, Sanjiv	135# x 9R	8/1/2026 Repetition Rampage Record Day, Denver CO
SQUAT FRONT (untimed - cons)	ALL	M	95	1055.5	Gupta, Sanjiv	135# x 9 R	8/1/2026 Repetition Rampage Record Day, Denver CO

USAWA TEAM RECORDS LIFT	AGE	SEX	CLS	RECORD	LIFTER		DATE AND LOCATION
TURKISH GETUP, (untimed - cons)	45	M	95	482.7	Fobes, Jarrod	50# x 10R	4/25/2026 Diaper Day Meet and Record Day (2026), Columbia, MO
TURKISH GETUP, (untimed - cons)	ALL	M	95	482.7	Fobes, Jarrod	50# x 10R	4/25/2026 Diaper Day Meet and Record Day (2026), Columbia, MO
DEADLIFT TRAP / HACK LIFT Mix (untimed)	40	M	90	61263.8	Smith, Abe	250# x 250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
DEADLIFT TRAP / HACK LIFT Mix (untimed)	ALL	M	90	61263.8	Smith, Abe	250# x 250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
DEADLIFT TRAP / HACKENSCHMIDT Mix (untime	50	M	110	57533	Wenzel, Jeff	250# x 250 R	7/11/2026 USAWA 250 For 250th Challenge and RD
DEADLIFT TRAP / HACKENSCHMIDT Mix (untime	ALL	M	110	57533	Wenzel, Jeff	250# x 250 R	7/11/2026 USAWA 250 For 250th Challenge and RD