

Two Fisted Challenge and Record Day
Clark's Gym Columbia, MO and Remote
19 – 20 September 2026

*USAWA Age/Weight Record **USAWA ALL Record +No Referee

Name	Age / Class	Weight (lb)	Weight (kg)	Lynch	Age Concern	Finger Thumb L	Finger Thumb R
RJ Jackson+	64	102.0	46.4	1.4329	1.25	28	30
Lisa Gore	61	218.0	99.1	0.8513	1.22	47**	37**
Allison Lupo	60	198.2	90.1	0.8970	1.21	26**	28*
Frank Ciavattone	71	264.0	120.0	0.7714	1.38	134**	151**
John Carter	67	185.0	84.1	0.9332	1.30	47*	57*
Nils Larson	67	238.0	108.2	0.8128	1.30	133**	151**
Jeff Wenzel	51	235.0	106.8	0.8183	1.12	57*	62*
Wade Marchand	57	163.0	74.1	1.0076	1.18	56*	81
Tony Lupo	60	243.2	110.5	0.8041	1.21	50*	55*
Bill Clark	94	194	88.2	0.9085	1.84	16*	16*
Jarrold Fobes	49	210.4	95.6	0.8680	1.10	80**	80**
Jerome Licini	68	226.6	103.0	0.8340	1.32	44	46
Sanjiv Gupta	55	206.8	94.0	0.8761	1.16	40*	40*

Name	Finger Index L	Finger Index R	Finger Middle L	Finger Middle R	Finger Ring L	Finger Ring R	Finger Little L	Finger Little R
RJ Jackson+	58	58	65	65	55	55	32	32
Lisa Gore	77**	85**	67**	87**	57**	57**	57**	62**
Allison Lupo	65*	81*	76*	81*	49*	49*	43*	40*
Frank Ciavattone	161**	161**	185t	180*	151**	151**	81*	81*
John Carter	112*	97	167*	157*	132*	132	57*	87**
Nils Larson	114*	114*	181	181	114*	114*	81*	81*
Jeff Wenzel	122**	122*	147	157*	120*	120	108**	98*
Wade Marchand	61	81*	103*	103*	66*	66	41	41
Tony Lupo	100*	95*	111*	111*	76*	86*	55*	68*
Bill Clark	56*	56*	66*	56*	66*	66*	46*	46*
Jarrold Fobes	130**	130**	150t	155**	140**	140**	65	75
Jerome Licini	56	60	56	60	46	49	35	41
Sanjiv Gupta	55*	55	65*	65*	40*	40	25*	30*

Name	Deadlift, Little	Deadlift, Ring	Deadlift, Middle	Deadlift Index	total (lb)	Points (lb)	Rank
RJ Jackson+	36	61	101	76	752	1346.93	1
Lisa Gore	50**	110**	152**	110**	1055	1095.71	2
Allison Lupo	47**	51**	120**	113*	869	943.19	3
Frank Ciavattone	110*	125	180*	150*	2001	2130.13	1
John Carter	65	160	160	95	1525	1850.07	2
Nils Larson	90*	120*	150*	120*	1744	1842.78	3
Jeff Wenzel	100	160*	210	180	1743	1597.45	4
Wade Marchand	100	120*	165	140	1224	1455.30	5
Tony Lupo	87	137*	201*	170*	1402	1364.09	6
Bill Clark	50*	76*	76*	76*	763	1283.82	7
Jarrold Fobes	0	0	0	0	1145	1093.25	8
Jerome Licini	55	70	110	100	828	911.53	9
Sanjiv Gupta	45	55	95	75	725	736.80	10

4th Attempt for Record

Jarrold Fobes: Finger Lift, Index R 140 lb

Referees:

Clark's Gym: John Carter, Bill Clark, Allison Lupo, Tony Lupo, Jeff Wenzel

Franks Barbell Club: Frank Ciavattone, Jessica Hopps, Dan Jones, Nils Larson, Wade Marchand

High Country Vigour: Jarrold Fobes, Nisha Gupta, Ratna Gupta, Sanjiv Gupta

Record Day

Clark's Gym

Allison / Tony Lupo **60 Y 115 kg WT**

Team Deadlift Index 200 lb

Team Deadlift Little 100 lb

Team Deadlift Middle 220 lb

Team Deadlift Ring 120 lb

Team Finger Lift Thumb	56 lb
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Jeff Wenzel	51 Y	110 kg WT
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Chin Up	20 lb
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James Lift	135 lb
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Mansfield Lift	175 lb
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Pull Up	10 lb
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Squat Lunge	200 lb
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Frank's Barbell Club

Frank Ciavattone	71 Y	120 kg WT
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Cheat Curl	135 lb
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Habecker Lift	225 lb
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Hack Lift, Fulton Bar	250 lb
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Jefferson Lift, Middle Finger	160 lb
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Jefferson Lift, Ring Finger	115 lb
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Dan Jones	42 Y	95 kg WT
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Bench Press, Reflex	111 lb
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Bent Over Row	176 lb
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French Press	111 lb
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Goerner Stroll	178 lb
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Jefferson Lift, Middle Finger	132 lb
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Nils Larson	67 Y	110 kg WT
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Continental to Belt	220 lb
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Curl, Wrist	100 lb
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French Press	111 lb
Goerner Stroll	178 lb
Jefferson Lift, Middle Fingers	110 lb

Wade Marchand 57 Y 75 kg WT

Continental to Chest	110 lb
French Press	86 lb
Goerner Stroll	178 lb
James Lift	45 lb
Jefferson Lift, Middle Fingers	165 lb

High Country Vigour

Jarrold Fobes 49 Y 100 kg WT

Team Repetition Clean and Press on Knees	135# x 10 R = 1350 lb / 1172.48
Repetition Clean and Push Press	95# x 13 R = 1235 lb / 1072.60
Repetition Clean and Press, Reverse Grip	95# x 11 R = 1045 lb / 907.58
Repetition Bench Press, One Arm R	45# x 26 R = 1170 lb / 1016.15
Repetition Bench Press, One Arm L	45# x 26 R = 1170 lb / 1016.15

Sanjiv Gupta 55 Y 95 kg WT

Abdominal Raise	15 lb
Abdominal Raise, Roman Chair	35 lb
Apollons Lift	134 lb
Dumbbell Walk	78 lb
Team Repetition Clean and Press on Knees	135# x 10 R = 1350 lb / 1172.48