

**2026 USAWA National Championship**  
**Clark's Gym, Columbia MO**  
**27 June 2026**

**OVERALL STANDINGS AND RECORDS**

\*USAWA Age/Weight Record    \*\*ALL Record    + NAT Record    t = tied a record (not broken)

NAME	AGE	WT (lb)	WT (kg)	Lynch Factor	Age Concern	Gender Concern	Clean and Press Heels Together
Larry Traub	72	195.4	88.8	0.9044	1.40		115
Abe Smith	44	188	85.5	0.9243	1.05		230*
Jayden Traub	17	200	90.9	0.8926	1.05		185t
Drew Traub	42	309.2	140.5	0.7151	1.03		220*
Jeff Wenzel	51	233.2	106.0	0.8215	1.12		175
Nevaeh Traub	14	149.4	67.9	1.0663	1.20	1.33	80*
Riley Wenzel	21	145.4	66.1	1.0857	1.00		125
Jarrold Fobes	49	219	99.5	0.8494	1.10		165
Sanjiv Gupta	55	208.2	94.6	0.873	1.16		135*
Christian Traub	45	171.6	78.0	0.9761	1.06	1.33	85*
Chad Ullom	54	229.4	104.3	0.8285	1.15		45
Nisha Gupta	17	88.6	40.3	1.6447	1.05	1.33	39*
Tony Lupo	60	249	113.2	0.7942	1.21		130*
Everett Todd	13	143	65.0	1.0983	1.25		70*
Jessica Hopps	42	158.8	72.2	1.0244	1.03	1.33	65
Allison Lupo	60	201.8	91.7	0.8882	1.21	1.33	55*
Phil Marlin	31	296	134.5	0.7299	1.00		225
Logan Wenzel	11	84.2	38.3	1.7373	1.33		25
Dylan Wenzel	7	54.4	24.7	2.8722	1.33	1.33	10

NAME	Lateral Raise Lying	DL, No Thumbs, Overhand	Jefferson Lift	Total Raw Weight (lb)	Lynch Adjusted (lb)	Rank
Larry Traub	76*	320*	400t	911	1153.47	1
Abe Smith	82+	377**+	440	1129	1095.71	2
Jayden Traub	66*+	340	475*	1066	999.09	3
Drew Traub	122**+	405*+	600*	1347	992.14	4
Jeff Wenzel	122+	355	405	1057	972.53	5
Nevaeh Traub	34*+	205**+	210*+	529	900.26	6
Riley Wenzel	60+	275**+	350	810	879.42	7
Jarrold Fobes	82*+	335*+	350	932	870.81	8
Sanjiv Gupta	60*	305*+	345	845	855.72	9
Christian Traub	32**+	205**+	275*+	597	821.54	10
Chad Ullom	52+	365	315	777	740.31	11

<b>Nisha Gupta</b>	20**+	105**+	135**+	299	686.75	12
<b>Tony Lupo</b>	62*+	240*+	275	707	679.41	13
<b>Everett Todd</b>	36*+	140*	235*	481	660.35	14
<b>Jessica Hopps</b>	25*+	170*+	190*	450	631.50	15
<b>Allison Lupo</b>	20**+	165**+	180**+	420	600.34	16
<b>Phil Marlin</b>	82	0	505	812	592.68	17
<b>Logan Wenzel</b>	10**+	90**+	110+	235	542.99	18
<b>Dylan Wenzel</b>	6**+	20**+	20**+	56	284.52	19

### TEAM STANDINGS

Teams	Gym	Scores 1	Scores 2	Scores 3	Total
<b>L. Traub, J. Traub, D. Traub</b>	Ledaig Heavy Athletics 1	1153.47	999.09	992.14	3144.70
<b>A. Smith, J. Wenzel, R. Wenzel</b>	Clarks Gym 1	1095.71	972.52	879.42	2947.65
<b>J. Fobes, S. Gupta, N. Gupta</b>	High Country Vigour	870.80	855.71	686.75	2413.27
<b>N. Traub, C. Traub</b>	Ledaig Heavy Athletics 2	900.26	821.54	657.23	2379.02
<b>T. Lupo, A. Lupo, P. Marlin</b>	Clarks Gym 2	679.41	600.34	592.68	1872.43
<b>L. Wenzel, D. Wenzel</b>	Clarks Gym 3	542.99	284.52	434.39	1261.90

### WOMEN'S DIVISON

Name	Age	WT (lb)	WT (kg)	Lynch	Age Concern	Gender	Clean and Press, Heels Together
<b>Nevaeh Traub</b>	14	149.4	67.9	1.0663	1.20	1.33	80
<b>Christian Traub</b>	45	171.6	78.0	0.9761	1.06	1.33	85
<b>Nisha Gupta</b>	17	88.6	40.3	1.6447	1.05	1.33	39
<b>Jessica Hopps</b>	42	158.8	72.2	1.0244	1.03	1.33	65
<b>Allison Lupo</b>	60	201.8	91.7	0.8882	1.21	1.33	55
<b>Dylan Wenzel</b>	7	54.4	24.7	2.8722	1.33	1.33	10

Name	Lateral Raise, Laying	Deadlift, No Thumbs, Overhand	Jefferson Lift	total (lb)	Points (lb) Lynch and Lynch + Gender	Rank
<b>Nevaeh Traub</b>	34	205	210	529	900.26 676.89	1
<b>Christian Traub</b>	32	205	275	597	821.54 617.70	2
<b>Nisha Gupta</b>	20	105	135	299	686.75 516.35	3
<b>Jessica Hopps</b>	25	170	190	450	631.50 474.81	4
<b>Allison Lupo</b>	20	165	180	420	600.34 451.38	5
<b>Dylan Wenzel</b>	6	20	20	56	284.52 213.92	6

### LIFTER ACCOLADES

**Nevaeh, Traub** 6<sup>th</sup> Overall, 1<sup>st</sup> Women's and Junior Women's, 1<sup>st</sup> 14 Y, 1<sup>st</sup> 70 kg, 2<sup>nd</sup> weight moved  
Records: All four lifts, one ALL, 3 NAT

**Christian Traub** 10<sup>th</sup> Overall, 2<sup>nd</sup> Women's, 1<sup>st</sup> Women's Masters, 1<sup>st</sup> 40 – 44 Y, 1<sup>st</sup> 80 kg, 1<sup>st</sup> weight moved  
Records: All four lifts, two ALL, 3 NAT

**Nisha Gupta** 12<sup>th</sup> Overall, 3<sup>rd</sup> Women's, 2<sup>nd</sup> Junior Women's, 1<sup>st</sup> 16 Y, 1<sup>st</sup> 45 kg, 5<sup>th</sup> weight moved  
Records: All four lifts, three ALL, 3 NAT

**Jessica Hopps** 15<sup>th</sup> Overall, 4<sup>th</sup> Women's, 2<sup>nd</sup> Women's Masters, 2<sup>nd</sup> 40 – 44 Y, 1<sup>st</sup> 75 kg, 3<sup>rd</sup> weight moved  
Records: Three lifts, 2 NAT

**Allison Lupo** 16<sup>th</sup> Overall, 5<sup>th</sup> Women's, 3<sup>rd</sup> Women's Masters, 1<sup>st</sup> 60 – 64 Y, 1<sup>st</sup> 95 kg, 4<sup>th</sup> weight moved  
Records: All four lifts, three ALL, 3 NAT

**Dylan Wenzel** 19<sup>th</sup> Overall, 6<sup>th</sup> Women's, 3<sup>rd</sup> Junior Women's, 1<sup>st</sup> 13 Y, 1<sup>st</sup> 25 kg, 6<sup>th</sup> weight moved,  
Records: Three lifts, three ALL, 4 NAT

### MENS DIVISON

Name	Age	WT (lb)	WT (kg)	Lynch	Age Concern	Clean and Press Heels Together
Larry Traub	72	195.4	88.8	0.9044	1.40	115
Abe Smith	44	188	85.5	0.9243	1.05	230
Jayden Traub	17	200	90.9	0.8926	1.05	185
Drew Traub	42	309.2	140.5	0.7151	1.03	220
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<b>Drew Traub</b>	122	405	600	1347	992.14	4
<b>Jeff Wenzel</b>	122	355	405	1057	972.53	5
<b>Riley Wenzel</b>	60	275	350	810	879.42	6
<b>Jarrold Fobes</b>	82	335	350	932	870.81	7
<b>Sanjiv Gupta</b>	60	305	345	845	855.72	8
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<b>Tony Lupo</b>	62	240	275	707	679.41	10
<b>Everett Todd</b>	36	140	235	481	660.35	11
<b>Phil Marlin</b>	82	0	505	812	592.68	12
<b>Logan Wenzel</b>	10	90	110	235	542.99	13

### LIFTER ACCOLADES

**Larry Traub** 1<sup>st</sup> Overall, 1<sup>st</sup> Men's and Men's Masters, 1<sup>st</sup> 70 – 74 y, 1<sup>st</sup> 90 kg, 6<sup>th</sup> weight moved  
Records: Two lifts, one tie.

**Abe Smith** 2<sup>nd</sup> Overall, 2<sup>nd</sup> Men's and Men's Masters, 1<sup>st</sup> 40 – 44 y, 2<sup>nd</sup> 90 kg, 2<sup>nd</sup> weight moved  
Records: Two lifts, one ALL, 2 NAT

**Jayden Traub** 3<sup>rd</sup> Overall, 3<sup>rd</sup> Mens, 1<sup>st</sup> Junior Mens, 1<sup>st</sup> 16 Y, 2<sup>nd</sup> 95 kg, 3<sup>rd</sup> weight moved  
Records: Two lifts, one tie, 1 NAT

**Drew Traub** 4<sup>th</sup> Overall, 4<sup>th</sup> Men's and Men's Masters, 2<sup>nd</sup> 40 – 44 y, 1<sup>st</sup> 125+ kg, 1<sup>st</sup> weight moved  
Records: All four lifts, one ALL, 2 NAT

**Jeff Wenzel** 5<sup>th</sup> Overall, 5<sup>th</sup> Mens, and Men's Masters, 1<sup>st</sup> 50 – 54 Y, 1<sup>st</sup> 110 kg, 4<sup>th</sup> weight moved  
Records: One NAT

**Riley Wenzel** 7<sup>th</sup> Overall, 6<sup>th</sup> Men's and Men's Masters, 1<sup>st</sup> 20 – 39 Y, 1<sup>st</sup> 70 kg, 9<sup>th</sup> weight moved  
Records: One lift, one ALL, 2 NAT

**Jarrold Fobes** 8<sup>th</sup> Overall, 7<sup>th</sup> Men's and Men's Masters, 1<sup>st</sup> 45 – 49 Y, 1<sup>st</sup> 100 kg, 5<sup>th</sup> weight moved  
Records: Two lifts, 2 NAT

**Sanjiv Gupta** 9<sup>th</sup> Overall, 8<sup>th</sup> Men's and Men's Masters, 1<sup>st</sup> 55 – 59 Y, 1<sup>st</sup> 95 kg, 7<sup>th</sup> weight moved  
Records: Three lifts, 1 NAT

**Chad Ullom** 11<sup>th</sup> Overall, 9<sup>th</sup> Men's and Men's Masters, 2<sup>nd</sup> 50 – 54 Y, 1<sup>st</sup> 105 kg, 10<sup>th</sup> weight moved  
Records: One NAT

**Tony Lupo** 13<sup>th</sup> Overall, 10<sup>th</sup> Mens, 9<sup>th</sup> Mens Masters, 1<sup>st</sup> 60 – 64 Y, 1<sup>st</sup> 115 kg, 11<sup>th</sup> weight moved  
Records: Three lifts, 2 NAT

**Everett Todd** 14<sup>th</sup> Overall, 11<sup>th</sup> Mens, 2<sup>nd</sup> Junior Men's, 1<sup>st</sup> 13 Y, 1<sup>st</sup> 65 kg, 12<sup>th</sup> weight moved  
Records: Three lifts, 2 NAT

**Phil Marlin** 17<sup>th</sup> Overall, 12<sup>th</sup> Men's, 10<sup>th</sup> Men's Masters, 2<sup>nd</sup> 20 – 39 Y, 2<sup>nd</sup> 125+ kg, 7<sup>th</sup> weight moved

**Logan Wenzel** 18<sup>th</sup> Overall, 13<sup>th</sup> Men's, 3<sup>rd</sup> Junior Men's, 2<sup>nd</sup> 13 Y, 1<sup>st</sup> 40 kg, 13<sup>th</sup> weight moved  
Records: Two lifts, two ALL, 3 NAT

## Referees

**Clark's Gym:** Bill Clark, Abe Smith, Jeff Wenzel, David DeForest, Allison Lupo, Phil Marlin

**High Country Vigour:** Sanjiv Gupta, Nisha Gupta

**Dino Gym:** Chad Ullom

**KC Strongman:** Eric Todd

**Ledaig Heavy Athletics:** Dave Glasgow

**Franks Barbell Club:** Jessica Hopps (Onsite and Remote), Frank Ciavattone, Dan Jones, Wade Marchand, Nils Larsen

## Record Day

### Frank's Barbell Club

#### Frank Ciavattone, Age 71, Weight 263 lbs / 120 kg Class

Front Weaver Stick:	6 lbs
Standing Lateral Raise:	50 lbs
2 hand Zercher:	220 lbs
1 hand Zercher- Left:	155 lbs
1 hand Zercher-Right:	155 lbs

#### Dan Jones, Age 41, Weight 198 lbs / 90 kg Class

Weaver Stick Front:	5.25 lbs
Weaver Stick back:	5.25 lbs
Trap Bar Deadlift:	401 lbs

Bench Dip: 145 lbs  
Habecker Lift: 250 lbs

**Wade Marchand, Age 56, Weight 164 lbs / 75 kg Class**

Weaver Stick Back: 4.8 lbs  
Weaver Stick Front: 4.8 lbs  
Bench Dip: 66 lbs  
Habecker Lift: 146 lbs  
Zercher Lift: 136 lbs

**Nils Larson, Age 67, Weight 236 lbs / 110 kg Class**

Weaver Stick Front: 4 lbs  
Weaver Stick Back: 4 lbs  
Trap Bar Deadlift: 346 lbs  
Habecker Lift: 220 lbs  
Bench Dip: 145 lbs

**Jessica Hopps, Age 41, Weight 159 lbs / 75 kg Class**

1 Hand 2" vertical bar Deadlift Right 101 lbs  
Weaver Stick Front: 3 lbs  
Weaver Stick Back: 2 lbs

**Clark's Gym**

**Allison Lupo, Age 60, Weight 200 lb / 95 kg**

Bench Press, Feet in Air 60 lbs  
Bench Press, Alternate Grip 60 lbs

Side Press, Dumbbell, R	26 lb
Side Press, Dumbbell, L	21 lb
Pinch Grip, Deadlift	197 lb

**Lisa Gore, Age 60, Weight 219 lb / 100 kg**

Side Press, Dumbbell, R	40 lb
Side Press, Dumbbell L	35 lb
Pinch Grip, Deadlift R	92 lb
Pinch Grip, Deadlift L	92 lb
Pinch Grip, Deadlift	237 lb

**Dave Beversdorf, Age 61, Weight 300 lb / 125 +**

Deadlift, One Arm L	205 lb
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**Tony Lupo, Age 60, Weight 246 lb / 115 kg**

Press, Dumbbell R	52 lb
Press, Dumbbell L	92 lb
Pinch Grip, Deadlift R	117 lb
Pinch Grip, Deadlift L	117 lb
Pinch Grip, Deadlift	314 lb