

2026 USAWA National Championship
Clark's Gym, Columbia MO
27 June 2026

OVERALL STANDINGS AND RECORDS

*USAWA Age/Weight Record **ALL Record + NAT Record t = tied a record (not broken)

NAME	AGE	WT (lb)	WT (kg)	Lynch Factor	Age Concern	Gender Concern	Clean and Press Heels Together
Larry Traub	72	195.4	88.8	0.9044	1.40		115
Abe Smith	44	188	85.5	0.9243	1.05		230*
Drew Traub	42	309.2	140.5	0.7151	1.03		220*
Jeff Wenzel	51	233.2	106.0	0.8215	1.12		175
Nevaeh Traub	14	149.4	67.9	1.0663	1.20	1.33	80*
Riley Wenzel	21	145.4	66.1	1.0857	1.00		125
Jarrold Fobes	49	219	99.5	0.8494	1.10		165
Sanjiv Gupta	55	208.2	94.6	0.873	1.16		135*
Christian Traub	45	171.6	78.0	0.9761	1.06	1.33	85*
Chad Ullom	54	229.4	104.3	0.8285	1.15		45
Nisha Gupta	17	88.6	40.3	1.6447	1.05	1.33	39*
Jayden Traub	17	200	90.9	0.8926	1.05		185t
Tony Lupo	60	249	113.2	0.7942	1.21		130*
Everett Todd	13	143	65.0	1.0983	1.25		70*
Jessica Hopps	42	158.8	72.2	1.0244	1.03	1.33	65
Allison Lupo	60	201.8	91.7	0.8882	1.21	1.33	55*
Phil Marlin	31	296	134.5	0.7299	1.00		225
Logan Wenzel	11	84.2	38.3	1.7373	1.33		25
Dylan Wenzel	7	54.4	24.7	2.8722	1.33	1.33	10

NAME	Lateral Raise Lying	DL, No Thumbs, Overhand	Jefferson Lift	Total Raw Weight (lb)	Lynch Adjusted (lb)	Rank
Larry Traub	76*	320*	400t	911	1153.47	1
Abe Smith	82+	377**+	440	1129	1095.71	2
Drew Traub	122**+	405*+	600*	1347	992.14	3
Jeff Wenzel	122+	355	405	1057	972.53	4
Nevaeh Traub	34*+	205**+	210*+	529	900.26	5
Riley Wenzel	60+	275**+	350	810	879.42	6
Jarrold Fobes	82*+	335*+	350	932	870.81	7
Sanjiv Gupta	60*	305*+	345	845	855.72	8
Christian Traub	32**+	205**+	275*+	597	821.54	9
Chad Ullom	52+	365	315	777	740.31	10
Nisha Gupta	20**+	105**+	135**+	299	686.75	11

Jayden Traub	66*+	0	475*	726	680.43	12
Tony Lupo	62*+	240*+	275	707	679.41	13
Everett Todd	36*+	140*	235*	481	660.35	14
Jessica Hopps	25*+	170*+	190*	450	631.50	15
Allison Lupo	20**+	165**+	180**+	420	600.34	16
Phil Marlin	82	0	505	812	592.68	17
Logan Wenzel	10**+	90**+	110+	235	542.99	18
Dylan Wenzel	6**+	20**+	20**+	56	284.52	19

TEAM STANDINGS

Teams	Gym	Scores 1	Scores 2	Scores 3	Total
L. Traub, D. Traub, N. Traub	Ledaig Heavy Athletics 1	1153.47	992.14	900.26	3045.87
A. Smith, J. Wenzel, R. Wenzel	Clarks Gym 1	1095.71	972.52	879.42	2947.65
J. Fobes, S. Gupta, N. Gupta	High Country Vigour	870.80	855.71	686.75	2413.27
C. Traub, J. Traub	Ledaig Heavy Athletics 2	821.54	680.43	657.23	2159.19
T. Lupo, A. Lupo, P. Marlin	Clarks Gym 2	679.41	600.34	592.68	1872.43
L. Wenzel, D. Wenzel	Clarks Gym 3	542.99	284.52	434.39	1261.90

WOMEN'S DIVISON

Name	Age	WT (lb)	WT (kg)	Lynch	Age Concern	Gender	Clean and Press, Heels Together
Nevaeh Traub	14	149.4	67.9	1.0663	1.20	1.33	80
Christian Traub	45	171.6	78.0	0.9761	1.06	1.33	85
Nisha Gupta	17	88.6	40.3	1.6447	1.05	1.33	39
Jessica Hopps	42	158.8	72.2	1.0244	1.03	1.33	65
Allison Lupo	60	201.8	91.7	0.8882	1.21	1.33	55
Dylan Wenzel	7	54.4	24.7	2.8722	1.33	1.33	10

Name	Lateral Raise, Laying	Deadlift, No Thumbs, Overhand	Jefferson Lift	total (lb)	Points (lb) Lynch and Lynch + Gender	Rank
Nevaeh Traub	34	205	210	529	900.26 676.89	1
Christian Traub	32	205	275	597	821.54 617.70	2
Nisha Gupta	20	105	135	299	686.75 516.35	3
Jessica Hopps	25	170	190	450	631.50 474.81	4
Allison Lupo	20	165	180	420	600.34 451.38	5
Dylan Wenzel	6	20	20	56	284.52 213.92	6

LIFTER ACCOLADES

Nevaeh, Traub 5th Overall, 1st Women's and Junior Women's, 1st 14 Y, 1st 70 kg, 2nd weight moved
Records: All four lifts, one ALL, 3 NAT

Christian Traub 9th Overall, 2nd Women's, 1st Women's Masters, 1st 40 – 44 Y, 1st 80 kg, 1st weight moved
Records: All four lifts, two ALL, 3 NAT

Nisha Gupta 11th Overall, 3rd Women's, 2nd Junior Women's, 1st 16 Y, 1st 45 kg, 5th weight moved
Records: All four lifts, three ALL, 3 NAT

Jessica Hopps 15th Overall, 4th Women's, 2nd Women's Masters, 2nd 40 – 44 Y, 1st 75 kg, 3rd weight moved
Records: Three lifts, 2 NAT

Allison Lupo 16th Overall, 5th Women's, 3rd Women's Masters, 1st 60 – 64 Y, 1st 95 kg, 4th weight moved
Records: All four lifts, three ALL, 3 NAT

Dylan Wenzel 19th Overall, 6th Women's, 3rd Junior Women's, 1st 13 Y, 1st 25 kg, 6th weight moved,
Records: Three lifts, three ALL, 4 NAT

MENS DIVISON

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Larry Traub	72	195.4	88.8	0.9044	1.40	115
Abe Smith	44	188	85.5	0.9243	1.05	230
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Riley Wenzel	60	275	350	810	879.42	5
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Everett Todd	36	140	235	481	660.35	11
Phil Marlin	82	0	505	812	592.68	12
Logan Wenzel	10	90	110	235	542.99	13

LIFTER ACCOLADES

Larry Traub 1st Overall, 1st Men's and Men's Masters, 1st 70 – 74 y, 1st 90 kg, 5th weight moved
Records: Two lifts, one tie.

Abe Smith 2nd Overall, 2nd Men's and Men's Masters, 1st 40 – 44 y, 2nd 90 kg, 2nd weight moved
Records: Two lifts, one ALL, 2 NAT

Drew Traub 3rd Overall, 3rd Men's and Men's Masters, 2nd 40 – 44 y, 1st 125+ kg, 1st weight moved
Records: All four lifts, one ALL, 2 NAT

Jeff Wenzel 4th Overall, 4th Mens, and Men's Masters, 1st 50 – 54 Y, 1st 110 kg, 3rd weight moved
Records: One NAT

Riley Wenzel 6th Overall, 5th Men's and Men's Masters, 1st 20 – 39 Y, 1st 70 kg, 8th weight moved
Records: One lift, one ALL, 2 NAT

Jarrold Fobes 7th Overall, 6th Men's and Men's Masters, 1st 45 – 49 Y, 1st 100 kg, 4th weight moved
Records: Two lifts, 2 NAT

Sanjiv Gupta 8th Overall, 7th Men's and Men's Masters, 1st 55 – 59 Y, 1st 95 kg, 6th weight moved
Records: Three lifts, 1 NAT

Chad Ullom 10th Overall, 8th Men's and Men's Masters, 2nd 50 – 54 Y, 1st 105 kg, 9th weight moved
Records: One NAT

Jayden Traub 12th Overall, 9th Mens, 1st Junior Mens, 1st 16 Y, 2nd 95 kg, 10th weight moved
Records: Two lifts, one tie, 1 NAT

Tony Lupo 13th Overall, 10th Mens, 9th Mens Masters, 1st 60 – 64 Y, 1st 115 kg, 11th weight moved
Records: Three lifts, 2 NAT

Everett Todd 14th Overall, 11th Mens, 2nd Junior Men's, 1st 13 Y, 1st 65 kg, 12th weight moved
Records: Three lifts, 2 NAT

Phil Marlin 17th Overall, 12th Men's, 10th Men's Masters, 2nd 20 – 39 Y, 2nd 125+ kg, 7th weight moved

Logan Wenzel 18th Overall, 13th Men's, 3rd Junior Men's, 2nd 13 Y, 1st 40 kg, 13th weight moved
Records: Two lifts, two ALL, 3 NAT

Referees

Clark's Gym: Bill Clark, Abe Smith, Jeff Wenzel, David DeForest, Allison Lupo, Phil Marlin

High Country Vigour: Sanjiv Gupta, Nisha Gupta

Dino Gym: Chad Ullom

KC Strongman: Eric Todd

Ledaig Heavy Athletics: Dave Glasgow

Franks Barbell Club: Jessica Hopps (Onsite and Remote), Frank Ciavattone, Dan Jones, Wade Marchand, Nils Larsen

Record Day

Frank's Barbell Club

Frank Ciavattone, Age 71, Weight 263 lbs / 120 kg Class

Front Weaver Stick:	6 lbs
Standing Lateral Raise:	50 lbs
2 hand Zercher:	220 lbs
1 hand Zercher- Left:	155 lbs
1 hand Zercher-Right:	155 lbs

Dan Jones, Age 41, Weight 198 lbs / 90 kg Class

Weaver Stick Front:	5.25 lbs
Weaver Stick back:	5.25 lbs
Trap Bar Deadlift:	401 lbs

Bench Dip: 145 lbs
Habecker Lift: 250 lbs

Wade Marchand, Age 56, Weight 164 lbs / 75 kg Class

Weaver Stick Back: 4.8 lbs
Weaver Stick Front: 4.8 lbs
Bench Dip: 66 lbs
Habecker Lift: 146 lbs
Zercher Lift: 136 lbs

Nils Larson, Age 67, Weight 236 lbs / 110 kg Class

Weaver Stick Front: 4 lbs
Weaver Stick Back: 4 lbs
Trap Bar Deadlift: 346 lbs
Habecker Lift: 220 lbs
Bench Dip: 145 lbs

Jessica Hopps, Age 41, Weight 159 lbs / 75 kg Class

1 Hand 2" vertical bar Deadlift Right 101 lbs
Weaver Stick Front: 3 lbs
Weaver Stick Back: 2 lbs

Clark's Gym

Allison Lupo, Age 60, Weight 200 lb / 95 kg

Bench Press, Feet in Air 60 lbs
Bench Press, Alternate Grip 60 lbs

Side Press, Dumbbell, R	26 lb
Side Press, Dumbbell, L	21 lb
Pinch Grip, Deadlift	197 lb

Lisa Gore, Age 60, Weight 219 lb / 100 kg

Side Press, Dumbbell, R	40 lb
Side Press, Dumbbell L	35 lb
Pinch Grip, Deadlift R	92 lb
Pinch Grip, Deadlift L	92 lb
Pinch Grip, Deadlift	237 lb

Dave Beversdorf, Age 61, Weight 300 lb / 125 +

Deadlift, One Arm L	205 lb
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Tony Lupo, Age 60, Weight 246 lb / 115 kg

Press, Dumbbell R	52 lb
Press, Dumbbell L	92 lb
Pinch Grip, Deadlift R	117 lb
Pinch Grip, Deadlift L	117 lb
Pinch Grip, Deadlift	314 lb