

USAWA Record List

LIFT	AGE	S	CLS	LBS	LIFTER	DATE	LOCATION
ABDOMINAL RAISE	50	F	50	30	Jackson, RJ	12/27/2015	RD - Iron Warrior
ABDOMINAL RAISE	ALL	F	50	30	Jackson, RJ	12/27/2015	RD - Iron Warrior
ABDOMINAL RAISE	ALL	F	70	40	Lydon, Kim	1/20/2018	Record Day- Fall Classic
ABDOMINAL RAISE	ALL	F	75	15	Diggs, Crystal	12/31/2016	POSTAL (2016) - Q4
ABDOMINAL RAISE	14	M	60	25	Heit, Calvin	12/31/2016	POSTAL (2016) - Q4
ABDOMINAL RAISE	14	M	70	30	Demille, Cale	12/1/2002	2002 Postal Meet
ABDOMINAL RAISE	16	M	75	30	Quick, Sean	10/30/1999	99 NoWeight Dozen
ABDOMINAL RAISE	40	M	120	45	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
ABDOMINAL RAISE	45	M	100	35	Schock, Ed	12/15/2001	4th Round - Postal Meet
ABDOMINAL RAISE	45	M	105	35	Schock, Ed	12/1/2002	2002 Postal Meet
ABDOMINAL RAISE	45	M	115	55	Ullom, Chad	12/31/2016	POSTAL (2016) - Q4
ABDOMINAL RAISE	45	M	125+	45	Rogers, Bill	11/4/2000	2000 No-Weight Dozen
ABDOMINAL RAISE	50	M	80	121	Joy, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
ABDOMINAL RAISE	50	M	85	122	Joy, John	11/23/1991	Lakewood, Oh.
ABDOMINAL RAISE	50	M	95	18	Hadley, Patrick	3/9/2024	RD - Buffville 2
ABDOMINAL RAISE	50	M	100	38	Hadley, Patrick	2/10/2024	RD - Buffville
ABDOMINAL RAISE	50	M	105	50	Myers, Al	12/31/2016	POSTAL (2016) - Q4
ABDOMINAL RAISE	50	M	110	17	Raymond, Mark	12/31/2016	POSTAL (2016) - Q4
ABDOMINAL RAISE	50	M	125	5	Morrison, Rocky	12/31/2016	POSTAL (2016) - Q4
ABDOMINAL RAISE	55	M	85	55	Habecker, Denny	12/17/2000	Record Day
ABDOMINAL RAISE	55	M	90	33	Bryan, Barry	12/28/2016	Record Day- Lebanon, PA Valley
ABDOMINAL RAISE	60	M	75	65	Montini, Art	10/12/1991	91 U.S. Inlands
ABDOMINAL RAISE	60	M	80	65	Montini, Art	12/15/1990	RD - Ambridge
ABDOMINAL RAISE	60	M	90	25	Habecker, Denny	12/1/2002	2002 Postal Meet
ABDOMINAL RAISE	60	M	95	22	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
ABDOMINAL RAISE	65	M	70	46	Pensyl, Barry	8/5/2017	PRESIDENTIAL CUP (2017)
ABDOMINAL RAISE	65	M	75	70	Montini, Art	10/17/1992	U.S. Inlands
ABDOMINAL RAISE	65	M	80	55	Montini, Art	2/26/1994	94 Buckeye Record Breaker
ABDOMINAL RAISE	65	M	85	20	DeForest, Dave	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
ABDOMINAL RAISE	65	M	90	25	Carter, John	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
ABDOMINAL RAISE	65	M	115	30	Clark, Bill	11/4/2000	2000 No-Weight Dozen
ABDOMINAL RAISE	65	M	125+	50	Ciavattone, Frank	4/30/2023	2023 Norfolk County Record Day
ABDOMINAL RAISE	70	M	65	40	Pensyl, Barry	8/6/2022	PRESIDENTIAL CUP (2022)
ABDOMINAL RAISE	70	M	70	42	Pensyl, Barry	12/15/2018	2018 Vernacchio RD
ABDOMINAL RAISE	70	M	75	5	Santangelo, Stephen	4/7/2024	RD - Buffville 3
ABDOMINAL RAISE	70	M	80	22	Emslie, David	3/28/2015	2015 Clark's Gym RD
ABDOMINAL RAISE	70	M	85	45	Montini, Art	3/4/2000	2000 Buckeye Record Break
ABDOMINAL RAISE	70	M	110	45	Clark, Bill	12/1/2002	2002 Postal Meet
ABDOMINAL RAISE	70	M	115	15	Ross, Dean	12/31/2016	POSTAL (2016) - Q4
ABDOMINAL RAISE	75	M	80	30	Montini, Art	10/13/2002	2002 Art's Birthday Bash
ABDOMINAL RAISE	85	M	80	30	Montini, Art	8/6/2016	PRESIDENTIAL CUP (2016)

USAWA Record List

ABDOMINAL RAISE	90	M	85	30	Montini, Art	10/15/2017	2017 Art's Birthday Bash
ABDOMINAL RAISE	90	M	90	20	Clark, Bill	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
ABDOMINAL RAISE	ALL	M	60	25	Heit, Calvin	12/31/2016	POSTAL (2016) - Q4
ABDOMINAL RAISE	ALL	M	65	40	Pensyl, Barry	8/6/2022	PRESIDENTIAL CUP (2022)
ABDOMINAL RAISE	ALL	M	70	46	Pensyl, Barry	8/5/2017	PRESIDENTIAL CUP (2017)
ABDOMINAL RAISE	ALL	M	75	70	Montini, Art	10/17/1992	U.S. Inlands
ABDOMINAL RAISE	ALL	M	80	121	Joy, John	8/18/1992	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
ABDOMINAL RAISE	ALL	M	85	122	Joy, John	11/23/1991	Lakewood, Oh.
ABDOMINAL RAISE	ALL	M	90	45	Fobes, Jarrod	12/27/2014	2014 Colorado RB
ABDOMINAL RAISE	ALL	M	95	57	Vuono, Michael	7/21/2018	2018 NE Record Day
ABDOMINAL RAISE	ALL	M	100	38	Hadley, Patrick	2/10/2024	RD - Buffville
ABDOMINAL RAISE	ALL	M	105	50	Myers, Al	12/31/2016	POSTAL (2016) - Q4
ABDOMINAL RAISE	ALL	M	110	72	Ciavattone, Jeff	10/27/2018	2018 NE Fall Classic
ABDOMINAL RAISE	ALL	M	115	55	Ullom, Chad	12/31/2016	POSTAL (2016) - Q4
ABDOMINAL RAISE	ALL	M	120	45	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
ABDOMINAL RAISE	ALL	M	125	5	Morrison, Rocky	12/31/2016	POSTAL (2016) - Q4
ABDOMINAL RAISE	ALL	M	125+	55	Clark, Casey	11/4/2000	2000 No-Weight Dozen
ABDOMINAL RAISE, ROMAN CHAIR	13	M	35	5	Wenzel, Logan	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
ABDOMINAL RAISE, ROMAN CHAIR	40	M	120	70	Ullom, Chad	1/16/2016	Dino Gym Challenge (2016)
ABDOMINAL RAISE, ROMAN CHAIR	45	M	70	28	Ortega, Toby	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
ABDOMINAL RAISE, ROMAN CHAIR	45	M	105	70	Myers, Al	1/16/2016	Dino Gym Challenge (2016)
ABDOMINAL RAISE, ROMAN CHAIR	45	M	110	70	Myers, Al	2/15/2015	RD - Dino Gym '15
ABDOMINAL RAISE, ROMAN CHAIR	50	M	100	18	Hadley, Patrick	2/10/2024	RD - Buffville
ABDOMINAL RAISE, ROMAN CHAIR	50	M	105	45	Wenzel, Jeff	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
ABDOMINAL RAISE, ROMAN CHAIR	65	M	85	15	DeForest, Dave	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
ABDOMINAL RAISE, ROMAN CHAIR	70	M	75	5	Santangelo, Stephen	4/7/2024	RD - Buffville 3
ABDOMINAL RAISE, ROMAN CHAIR	70	M	80	32	Emslie, David	3/28/2015	2015 Clark's Gym RD
ABDOMINAL RAISE, ROMAN CHAIR	90	M	95	25	Clark, Bill	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M	35	5	Wenzel, Logan	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M	70	28	Ortega, Toby	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M	75	5	Santangelo, Stephen	4/7/2024	RD - Buffville 3
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M	80	32	Emslie, David	3/28/2015	2015 Clark's Gym RD
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M	85	15	DeForest, Dave	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M	90	44	Jones, Dan	12/31/2023	2023 New Years Eve Record Breaker
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M	95	25	Clark, Bill	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M	100	18	Hadley, Patrick	2/10/2024	RD - Buffville
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M	105	45	Wenzel, Jeff	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M	110	70	Myers, Al	2/15/2015	RD - Dino Gym '15
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M	120	70	Ullom, Chad	1/16/2016	Dino Gym Challenge (2016)
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M	125	45	Marlin, Philip	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M	125+	60	Krenzin, Brian	2/15/2009	RD - Dino Gym (2009)
ALLEN LIFT	50	F	50	15	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)

USAWA Record List

ALLEN LIFT	55	F	105	10	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	65	F	75	3	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	ALL	F	50	15	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
ALLEN LIFT	ALL	F	75	3	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	ALL	F	105	10	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	13	M	35	3	Wenzel, Tim	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	16	M	75	5	Quick, Sean	10/30/1999	99 NoWeight Dozen
ALLEN LIFT	18	M	70	10	Market, Tim	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	40	M	70	25	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	40	M	90	18	Stearns, Ashley	10/5/2024	Buffville Road to the Century Club #6
ALLEN LIFT	40	M	115	45	Myers, Al	1/17/2009	Dino Gym Challenge (2009)
ALLEN LIFT	45	M	100	15	Fobes, Jarrod	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	45	M	125+	7	Rogers, Bill	11/4/2000	2000 No-Weight Dozen
ALLEN LIFT	50	M	100	18	Hadley, Patrick	2/10/2024	RD - Buffville
ALLEN LIFT	50	M	110	35	Poore, Clint	11/9/2024	Goerner Deadlift Dozen Plus One RD
ALLEN LIFT	50	M	115	23	Poore, Clint	10/5/2024	Buffville Road to the Century Club #6
ALLEN LIFT	55	M	100	25	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	55	M	110	30	Lupo, Tony	4/7/2024	Bench press Heptathlon
ALLEN LIFT	55	M	115	20	Lupo, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	65	M	75	17	Santangelo, Stephen	2/11/2018	RD - Dino Gym
ALLEN LIFT	65	M	90	30	Carter, John	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	70	M	70	33	Pensyl, Barry	12/7/2019	2019 Memorial Record Day
ALLEN LIFT	70	M	105	2	Bletscher, Rudy	1/17/2009	Dino Gym Challenge (2009)
ALLEN LIFT	ALL	M	35	3	Wenzel, Logan	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	ALL	M	70	33	Pensyl, Barry	12/7/2019	2019 Memorial Record Day
ALLEN LIFT	ALL	M	75	17	Santangelo, Stephen	2/11/2018	RD - Dino Gym
ALLEN LIFT	ALL	M	80	22	Smith, Abe	11/4/2000	2000 No-Weight Dozen
ALLEN LIFT	ALL	M	85	27	Traxler, Jacob	3/16/2024	RD - Iron Palaces strongest man
ALLEN LIFT	ALL	M	90	30	Carter, John	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	ALL	M	95	25	Foster, James	10/30/1999	99 NoWeight Dozen
ALLEN LIFT	ALL	M	100	25	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ALLEN LIFT	ALL	M	105	35	Ullom, Chad	1/17/2009	Dino Gym Challenge (2009)
ALLEN LIFT	ALL	M	110	35	Poore, Clint	11/9/2024	Goerner Deadlift Dozen Plus One RD
ALLEN LIFT	ALL	M	115	45	Myers, Al	1/17/2009	Dino Gym Challenge (2009)
ALLEN LIFT	ALL	M	125+	25	Campbell, Scott	1/17/2009	Dino Gym Challenge (2009)
ANDERSON PRESS	13	F	30	38	Piper, Whitney	7/21/2012	2012 Macomb Record Setter
ANDERSON PRESS	13	F	55	85	Todd, Phoebe	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
ANDERSON PRESS	13	F	60	80	Todd, Phoebe	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON PRESS	13	F	65	85	Todd, Lillian	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
ANDERSON PRESS	14	F	70	95	Todd, Lillian	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON PRESS	40	F	65	71	Piper, Dawn	7/21/2012	2012 Macomb Record Setter
ANDERSON PRESS	40	F	85	110	Todd, Stacy	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO

USAWA Record List

ANDERSON PRESS	55	F	60	85	VanWagner, Kim	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
ANDERSON PRESS	55	F	90	82	Lupo, Allison	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
ANDERSON PRESS	55	F	100	100	Gore, Lisa	10/12/2024	Clarks Gym RD #5 (2024)
ANDERSON PRESS	60	F	50	121	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
ANDERSON PRESS	60	F	105	105	Gore, Lisa	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON PRESS	65	F	75	70	Thompson, Janet	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
ANDERSON PRESS	ALL	F	30	38	Piper, Whitney	7/21/2012	2012 Macomb Record Setter
ANDERSON PRESS	ALL	F	50	121	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
ANDERSON PRESS	ALL	F	55	85	Todd, Phoebe	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
ANDERSON PRESS	ALL	F	60	85	VanWagner, Kim	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
ANDERSON PRESS	ALL	F	65	85	Todd, Lillian	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
ANDERSON PRESS	ALL	F	70	95	Todd, Lillian	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON PRESS	ALL	F	75	96	Diggs, Crystal	6/13/2024	Mini Meet - Colorado Springs, CO
ANDERSON PRESS	ALL	F	85	110	Todd, Stacy	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON PRESS	ALL	F	90	82	Lupo, Allison	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
ANDERSON PRESS	ALL	F	100	100	Gore, Lisa	10/12/2024	Clarks Gym RD #5 (2024)
ANDERSON PRESS	ALL	F	105	105	Gore, Lisa	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON PRESS	13	M	35	40	Todd, Leroy	11/30/2020	POSTAL (2020) - RECORD DAY
ANDERSON PRESS	13	M	40	60	Todd, Everett	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
ANDERSON PRESS	13	M	45	65	Todd, Leroy	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
ANDERSON PRESS	13	M	60	75	Todd, Everett	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON PRESS	16	M	60	115	Wenzel, Spencer	2/25/2024	RD - Clarks Gym
ANDERSON PRESS	18	M	75	75	Market, Tim	6/21/2025	Women's Only Meet, Columbia, MO
ANDERSON PRESS	40	M	85	260	Smith, Abe	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
ANDERSON PRESS	40	M	95	275	Strangeway, John	12/7/2019	RD - Lift for Leroy '19
ANDERSON PRESS	40	M	120	205	Guerin, Joshua	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
ANDERSON PRESS	40	M	125	220	Todd, Chris	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
ANDERSON PRESS	40	M	125+	270	O'Brien, John	10/16/2011	2011 OTSM Championships
ANDERSON PRESS	45	M	105	205	Wenzel, Jeff	2/25/2024	RD - Clarks Gym
ANDERSON PRESS	45	M	110	245	Poore, Clint	12/11/2021	RD - Lift for Leroy '21
ANDERSON PRESS	45	M	115	270	Myers, Al	10/16/2011	2011 OTSM Championships
ANDERSON PRESS	45	M	125	300	Todd, Eric	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON PRESS	45	M	125+	235	Todd, Eric	12/7/2024	RD - Lift for Leroy VI (2024)
ANDERSON PRESS	50	M	95	145	Gupta, Sanjiv	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
ANDERSON PRESS	50	M	100	145	Gupta, Sanjiv	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON PRESS	50	M	105	247	Wenzel, Jeff	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON PRESS	50	M	110	250	Wenzel, Jeff	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
ANDERSON PRESS	50	M	115	210	Poore, Clint	10/5/2024	Buffville Road to the Century Club #6
ANDERSON PRESS	50	M	125+	300	Todd, Eric	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON PRESS	55	M	75	115	Marchand, Wade	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
ANDERSON PRESS	55	M	110	180	Lupo, Tony	6/9/2024	RD - Clark's Gym 3
ANDERSON PRESS	55	M	115	150	Lupo, Tony	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO

USAWA Record List

ANDERSON PRESS	55	M	125	85	Foster, Lance	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
ANDERSON PRESS	55	M	125+	250	Mitchell, Mark	11/2/2013	2013 OTSM Championships
ANDERSON PRESS	60	M	85	185	Graham, Don	10/16/2016	2016 Art's Birthday Bash
ANDERSON PRESS	60	M	90	160	DeForest, Dave	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
ANDERSON PRESS	60	M	100	205	Garcia, Joe	10/10/2016	2016 Clark's Double Decathlon
ANDERSON PRESS	60	M	115	170	Lupo, Tony	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
ANDERSON PRESS	65	M	85	120	DeForest, Dave	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
ANDERSON PRESS	65	M	90	122	Carter, John	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
ANDERSON PRESS	65	M	110	85	Licini, Jerome	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON PRESS	65	M	115	200	Cook, Greg	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
ANDERSON PRESS	65	M	125+	180	Ross, Dean	10/16/2011	2011 OTSM Championships
ANDERSON PRESS	70	M	90	180	Habecker, Denny	11/2/2013	2013 OTSM Championships
ANDERSON PRESS	70	M	110	140	Murdock, Mike	10/16/2011	2011 OTSM Championships
ANDERSON PRESS	75	M	90	145	Habecker, Denny	2/10/2019	2019 USAWA Grip Championships
ANDERSON PRESS	75	M	100	130	Bletscher, Rudy	10/16/2011	2011 OTSM Championships
ANDERSON PRESS	80	M	85	125	Habecker, Denny	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON PRESS	ALL	M	35	40	Todd, Leroy	11/30/2020	POSTAL (2020) - RECORD DAY
ANDERSON PRESS	ALL	M	40	60	Todd, Everett	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
ANDERSON PRESS	ALL	M	45	65	Todd, Leroy	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
ANDERSON PRESS	ALL	M	60	115	Wenzel, Spencer	2/25/2024	RD - Clarks Gym
ANDERSON PRESS	ALL	M	70	185	Wenzel, Riley	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON PRESS	ALL	M	75	170	Wenzel, Riley	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
ANDERSON PRESS	ALL	M	80	220	Wagman, Dan	8/3/2024	Clarks Gym RD #4 (2024)
ANDERSON PRESS	ALL	M	85	260	Smith, Abe	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
ANDERSON PRESS	ALL	M	90	180	Habecker, Denny	11/2/2013	2013 OTSM Championships
ANDERSON PRESS	ALL	M	95	275	Strangeway, John	12/7/2019	RD - Lift for Leroy '19
ANDERSON PRESS	ALL	M	100	205	Garcia, Joe	10/10/2016	2016 Clark's Double Decathlon
ANDERSON PRESS	ALL	M	105	247	Wenzel, Jeff	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON PRESS	ALL	M	110	250	Wenzel, Jeff	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
ANDERSON PRESS	ALL	M	115	350	Todd, Eric	10/16/2011	2011 OTSM Championships
ANDERSON PRESS	ALL	M	120	355	Todd, Eric	11/2/2013	2013 OTSM Championships
ANDERSON PRESS	ALL	M	125	300	Todd, Eric	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON PRESS	ALL	M	125+	315	McIntyre, Mike	11/2/2013	2013 OTSM Championships
ANDERSON SQUAT	13	F	35	125	Piper, Whitney	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT	13	F	40	110	Piper, Whitney	7/27/2013	2013 Joe the Turk OTSM
ANDERSON SQUAT	13	F	50	181	Collins, Natalie	12/28/2019	Anderson Winter Classic
ANDERSON SQUAT	13	F	55	180	Jobe, Gabby	8/18/2013	RD - Dino Days (2013)
ANDERSON SQUAT	13	F	60	190	Todd, Phoebe	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON SQUAT	14	F	40	75	Gupta, Nisha	6/9/2024	Stars of Tomorrow on parade
ANDERSON SQUAT	14	F	70	225	Todd, Lillian	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON SQUAT	16	f	40	90	Gupta, Nisha	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
ANDERSON SQUAT	16	F	45	75	Gupta, Diya	6/9/2024	Stars of Tomorrow on parade

ANDERSON SQUAT	18	F	50	100	Gupta, Diya	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
ANDERSON SQUAT	18	F	100	500	Kaleshian, Ani	12/28/2019	Anderson Winter Classic
ANDERSON SQUAT	40	F	70	365	Skwarecki, Beth	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
ANDERSON SQUAT	40	F	85	300	Todd, Stacy	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON SQUAT	50	F	50	308	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
ANDERSON SQUAT	55	F	90	235	Lupo, Allison	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	55	F	100	185	Gore, Lisa	10/12/2024	Clarks Gym RD #5 (2024)
ANDERSON SQUAT	60	F	105	120	Gore, Lisa	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	65	F	75	185	Thompson, Janet	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	65	F	125+	245	McConnaughey, Mary	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	75	F	55	120	McGregor, Alix	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	ALL	F	35	125	Piper, Whitney	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT	ALL	F	40	110	Piper, Whitney	7/27/2013	2013 Joe the Turk OTSM
ANDERSON SQUAT	ALL	F	45	75	Gupta, Diya	6/9/2024	Stars of Tomorrow on parade
ANDERSON SQUAT	ALL	F	50	308	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
ANDERSON SQUAT	ALL	F	55	180	Jobe, Gabby	8/18/2013	RD - Dino Days (2013)
ANDERSON SQUAT	ALL	F	60	190	Todd, Phoebe	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON SQUAT	ALL	F	70	365	Skwarecki, Beth	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
ANDERSON SQUAT	ALL	F	75	400	Gibbons, Sarah	12/28/2019	Anderson Winter Classic
ANDERSON SQUAT	ALL	F	80	337	Jordan, Diana	10/12/2024	Clarks Gym RD #5 (2024)
ANDERSON SQUAT	ALL	F	85	300	Todd, Stacy	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON SQUAT	ALL	F	90	235	Lupo, Allison	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	ALL	F	100	500	Kaleshian, Ani	12/28/2019	Anderson Winter Classic
ANDERSON SQUAT	ALL	F	105	120	Gore, Lisa	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	ALL	F	125+	245	McConnaughey, Mary	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	13	M	30	75	Wenzel, Logan	6/9/2024	Stars of Tomorrow on parade
ANDERSON SQUAT	13	M	35	150	Wenzel, Logan	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
ANDERSON SQUAT	13	M	60	155	Todd, Everett	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	14	M	75	315	Lestan, Eric	12/28/2019	Anderson Winter Classic
ANDERSON SQUAT	14	M	80	115	Conley, Elijah	6/9/2024	Stars of Tomorrow on parade
ANDERSON SQUAT	16	M	60	335	Wenzel, Spencer	6/9/2024	Stars of Tomorrow on parade
ANDERSON SQUAT	16	M	70	402	Heit, Calvin	7/15/2018	POSTAL (2018) - IAWA OTSM CHAMPIONSHIP
ANDERSON SQUAT	16	M	105	229	Habecker, Aidan	11/30/2020	POSTAL (2020) - RECORD DAY
ANDERSON SQUAT	18	M	60	315	Wenzel, Spencer	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
ANDERSON SQUAT	18	M	80	205	Market, Tim	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
ANDERSON SQUAT	18	M	85	700	Fisher, Carter	12/28/2019	Anderson Winter Classic
ANDERSON SQUAT	18	M	125+	445	Bingham, Ryan	12/28/2019	Anderson Winter Classic
ANDERSON SQUAT	40	M	80	470	Decker, Vince	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT	40	M	85	600	Smith, Abe	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	40	M	90	550	Piper, Tim	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT	40	M	95	507	Piper, Tim	7/27/2013	2013 Joe the Turk OTSM
ANDERSON SQUAT	40	M	115	800	Ullom, Chad	10/14/2012	2012 OTSM Championships

USAWA Record List

ANDERSON SQUAT	40	M	120	810	O'Brien, John	1/19/2013	Dino Gym Challenge (2013)
ANDERSON SQUAT	40	M	125	805	O'Brien, John	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT	40	M	125+	765	O'Brien, John	10/16/2011	2011 OTSM Championships
ANDERSON SQUAT	45	M	90	650	Clark, Bill	4/11/2015	2015 Lebanon, PA Co RD
ANDERSON SQUAT	45	M	95	501	Songster, Tim	1/19/2013	Dino Gym Challenge (2013)
ANDERSON SQUAT	45	M	100	405	Lansdown, Christopher	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
ANDERSON SQUAT	45	M	105	600	Wenzel, Jeff	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
ANDERSON SQUAT	45	M	110	610	Wenzel, Jeff	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
ANDERSON SQUAT	45	M	115	760	Myers, Al	10/16/2011	2011 OTSM Championships
ANDERSON SQUAT	45	M	125+	628	Barnhart, Darren	1/19/2013	Dino Gym Challenge (2013)
ANDERSON SQUAT	50	M	85	782	Wagman, Dan	1/19/2013	Dino Gym Challenge (2013)
ANDERSON SQUAT	50	M	95	275	Gupta, Sanjiv	6/9/2024	RD - Stars of Tomorrow on parade
ANDERSON SQUAT	50	M	100	305	Gupta, Sanjiv	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	50	M	105	700	Wenzel, Jeff	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	50	M	110	650	Wenzel, Jeff	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ANDERSON SQUAT	50	M	125+	672	Mitchell, Mark	1/19/2013	Dino Gym Challenge (2013)
ANDERSON SQUAT	55	M	110	375	Lupo, Tony	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	55	M	115	507	Glasgow, Dave	1/19/2013	Dino Gym Challenge (2013)
ANDERSON SQUAT	55	M	125+	550	Mitchell, Mark	12/7/2013	2013 OTSM Championships
ANDERSON SQUAT	60	M	90	45	DeForest, Dave	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON SQUAT	60	M	95	242	Locondro, Mike	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
ANDERSON SQUAT	60	M	100	330	Locondro, Mike	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
ANDERSON SQUAT	60	M	105	505	Richey, Randy	3/9/2024	RD - Buffville 2
ANDERSON SQUAT	60	M	110	505	Richey, Randy	3/17/2024	Colorado Spring Fling
ANDERSON SQUAT	60	M	125+	225	Ciavattone, Frank	12/28/2019	Anderson Winter Classic
ANDERSON SQUAT	65	M	75	315	McKean, John	10/14/2012	2012 Arts Birthday Bash
ANDERSON SQUAT	65	M	85	340	DeForest, Dave	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ANDERSON SQUAT	65	M	110	255	Licini, Jerome	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	65	M	115	405	Cook, Greg	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON SQUAT	65	M	125+	460	Ross, Dean	10/16/2011	2011 OTSM Championships
ANDERSON SQUAT	70	M	85	308	Habecker, Denny	7/27/2013	2013 Joe the Turk OTSM
ANDERSON SQUAT	70	M	90	410	Habecker, Denny	12/7/2013	2013 OTSM Championships
ANDERSON SQUAT	70	M	110	280	Murdock, Mike	10/16/2011	2011 OTSM Championships
ANDERSON SQUAT	70	M	125	402	Ross, Dean	1/19/2013	Dino Gym Challenge (2013)
ANDERSON SQUAT	75	M	100	280	Bletscher, Rudy	10/16/2011	2011 OTSM Championships
ANDERSON SQUAT	75	M	115	286	Ross, Dean	7/15/2018	POSTAL (2018) - IAWA OTSM CHAMPIONSHIP
ANDERSON SQUAT	80	M	80	220	Habecker, Denny	12/16/2023	2023 Memorial Record Day
ANDERSON SQUAT	80	M	85	240	Habecker, Denny	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
ANDERSON SQUAT	85	M	80	209	Montini, Art	1/19/2013	Dino Gym Challenge (2013)
ANDERSON SQUAT	ALL	M	30	75	Wenzel, Logan	6/9/2024	Stars of Tomorrow on parade
ANDERSON SQUAT	ALL	M	60	335	Wenzel, Spencer	6/9/2024	Stars of Tomorrow on parade
ANDERSON SQUAT	ALL	M	65	620	Dasrath, Raj	12/28/2019	Anderson Winter Classic

USAWA Record List

ANDERSON SQUAT	ALL	M	70	455	Wenzel, Riley	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	ALL	M	75	405	Wenzel, Riley	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
ANDERSON SQUAT	ALL	M	80	470	Decker, Vince	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT	ALL	M	85	782	Wagman, Dan	1/19/2013	Dino Gym Challenge (2013)
ANDERSON SQUAT	ALL	M	90	650	Clark, Bill	4/11/2015	2015 Lebanon, PA Co RD
ANDERSON SQUAT	ALL	M	95	507	Piper, Tim	7/27/2013	2013 Joe the Turk OTSM
ANDERSON SQUAT	ALL	M	100	700	Blass, Shane	12/28/2019	Anderson Winter Classic
ANDERSON SQUAT	ALL	M	105	700	Wenzel, Jeff	9/14/2025	One Ton Challenge (2025), Columbia, MO
ANDERSON SQUAT	ALL	M	110	610	Wenzel, Jeff	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
ANDERSON SQUAT	ALL	M	115	800	Ullom, Chad	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT	ALL	M	120	903	Todd, Eric	1/19/2013	Dino Gym Challenge (2013)
ANDERSON SQUAT	ALL	M	125	805	O'Brien, John	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT	ALL	M	125+	881	Campbell, Scott	1/19/2013	Dino Gym Challenge (2013)
APOLLONS LIFT	13	F	35	31	Piper, Whitney	10/14/2012	2012 OTSM Championships
APOLLONS LIFT	13	F	40	33	Piper, Whitney	7/27/2013	2013 Joe the Turk OTSM
APOLLONS LIFT	14	F	65	65	Todd, Phoebe	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
APOLLONS LIFT	16	F	75	90	Todd, Lillian	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
APOLLONS LIFT	16	F	55	57	McDonald, Alexandria	3/16/2024	Iron Palaces strongest man
APOLLONS LIFT	40	F	65	46	Piper, Dawn	7/21/2012	2012 Macomb Record Setter
APOLLONS LIFT	40	F	75	115	Skwarecki, Beth	6/4/2023	Hackendinnie Classic
APOLLONS LIFT	40	F	80	95	Burns, Lynda	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
APOLLONS LIFT	40	F	90	85	Todd, Stacy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
APOLLONS LIFT	55	F	90	55	Lupo, Allison	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
APOLLONS LIFT	ALL	F	35	31	Piper, Whitney	10/14/2012	2012 OTSM Championships
APOLLONS LIFT	ALL	F	40	33	Piper, Whitney	7/27/2013	2013 Joe the Turk OTSM
APOLLONS LIFT	ALL	F	55	57	McDonald, Alexandria	3/16/2024	Iron Palaces strongest man
APOLLONS LIFT	ALL	F	65	65	Todd, Phoebe	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
APOLLONS LIFT	ALL	F	70	150	Lucht, Jenna	11/1/2014	2014 OTSM Championships
APOLLONS LIFT	ALL	F	75	115	Skwarecki, Beth	6/4/2023	Hackendinnie Classic
APOLLONS LIFT	ALL	F	80	95	Burns, Lynda	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
APOLLONS LIFT	ALL	F	90	85	Todd, Stacy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
APOLLONS LIFT	ALL	F	125+	150	Simms, Felecia	1/15/2011	Dino Gym Strongman (2011)
APOLLONS LIFT	13	M	35	25	Todd, Leroy	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
APOLLONS LIFT	13	M	50	55	Todd, Everett	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
APOLLONS LIFT	13	M	60	70	Todd, Everett	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
APOLLONS LIFT	13	M	65	65	Todd, Leroy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
APOLLONS LIFT	16	M	60	95	Wenzel, Spencer	5/12/2024	Record Day- Clark's Gym 2
APOLLONS LIFT	16	M	70	150	Lokken, Cody	1/15/2011	Dino Gym Strongman (2011)
APOLLONS LIFT	16	M	115	135	Berry, Nolan	1/15/2011	Dino Gym Strongman (2011)
APOLLONS LIFT	40	M	80	220	Decker, Vince	10/14/2012	2012 OTSM Championships
APOLLONS LIFT	40	M	90	242	Strangeway, John	12/8/2018	RD - Lift for Leroy '18
APOLLONS LIFT	40	M	95	250	Strangeway, John	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO

USAWA Record List

APOLLONS LIFT	40	M	115	275	Ullom, Chad	10/14/2012	2012 OTSM Championships
APOLLONS LIFT	40	M	120	205	Millsaps, Holland	6/4/2023	Hackendinnie Classic
APOLLONS LIFT	40	M	125	300	O'Brien, John	10/14/2012	2012 OTSM Championships
APOLLONS LIFT	40	M	125+	300	O'Brien, John	1/15/2011	Dino Gym Strongman (2011)
APOLLONS LIFT	45	M	100	180	Satterfield, D.J.	1/15/2011	Dino Gym Strongman (2011)
APOLLONS LIFT	45	M	105	165	Wenzel, Jeff	5/12/2024	Record Day- Clark's Gym 2
APOLLONS LIFT	45	M	125+	215	Fagg, Allen	3/16/2024	Iron Palaces strongest man
APOLLONS LIFT	50	M	90	125	Gupta, Sanjiv	6/24/2023	NATIONALS (2023) - Columbia, MO
APOLLONS LIFT	50	M	95	125	Gupta, Sanjiv	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
APOLLONS LIFT	50	M	100	143	Gupta, Sanjiv	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
APOLLONS LIFT	50	M	105	120	Ullom, Chad	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
APOLLONS LIFT	50	M	110	175	Wenzel, Jeff	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
APOLLONS LIFT	50	M	125+	130	Foster, Lance	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
APOLLONS LIFT	55	M	75	113	Marchand, Wade	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
APOLLONS LIFT	55	M	100	180	Garcia, Joe	1/15/2011	Dino Gym Strongman (2011)
APOLLONS LIFT	55	M	110	145	Lupo, Tony	5/12/2024	Record Day- Clark's Gym 2
APOLLONS LIFT	55	M	115	205	Cook, Greg	11/1/2014	2014 OTSM Championships
APOLLONS LIFT	55	M	120	100	Foster, Lance	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
APOLLONS LIFT	60	M	85	120	DeForest, Dave	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
APOLLONS LIFT	60	M	120	180	Cook, Greg	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
APOLLONS LIFT	65	M	85	130	DeForest, Dave	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
APOLLONS LIFT	65	M	110	113	Larson, Nils	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
APOLLONS LIFT	65	M	125	115	Ross, Dean	3/25/2012	2012 Battle in the Barn
APOLLONS LIFT	65	M	125+	135	Ross, Dean	1/15/2011	Dino Gym Strongman (2011)
APOLLONS LIFT	70	M	85	132	Habecker, Denny	7/27/2013	2013 Joe the Turk OTSM
APOLLONS LIFT	70	M	90	120	Habecker, Denny	9/26/2015	2015 OTSM Championships
APOLLONS LIFT	70	M	110	150	Murdock, Mike	1/15/2011	Dino Gym Strongman (2011)
APOLLONS LIFT	70	M	115	135	Glasgow, Dave	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
APOLLONS LIFT	70	M	125	115	Ross, Dean	11/1/2014	2014 OTSM Championships
APOLLONS LIFT	75	M	105	100	Bletscher, Rudy	1/15/2011	Dino Gym Strongman (2011)
APOLLONS LIFT	80	M	85	90	Habecker, Denny	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
APOLLONS LIFT	85	M	80	66	Montini, Art	7/27/2013	2013 Joe the Turk OTSM
APOLLONS LIFT	ALL	M	35	25	Todd, Leroy	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
APOLLONS LIFT	ALL	M	50	55	Todd, Everett	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
APOLLONS LIFT	ALL	M	60	95	Wenzel, Spencer	5/12/2024	Record Day- Clark's Gym 2
APOLLONS LIFT	ALL	M	65	65	Todd, Leroy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
APOLLONS LIFT	ALL	M	70	150	Lokken, Cody	1/16/2012	Dino Gym Strongman (2012)
APOLLONS LIFT	ALL	M	75	113	Marchand, Wade	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
APOLLONS LIFT	ALL	M	80	220	Decker, Vince	10/14/2012	2012 OTSM Championships
APOLLONS LIFT	ALL	M	85	215	Traxler, Jacob	3/16/2024	Iron Palaces strongest man
APOLLONS LIFT	ALL	M	90	242	Strangeway, John	12/8/2018	RD - Lift for Leroy '18
APOLLONS LIFT	ALL	M	95	250	Strangeway, John	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO

USAWA Record List

APOLLONS LIFT	ALL	M	100	280	Cox, Sam	1/15/2011	Dino Gym Strongman (2011)
APOLLONS LIFT	ALL	M	105	305	Lucht, Mike	11/1/2014	2014 OTSM Championships
APOLLONS LIFT	ALL	M	110	323	English, Alan	8/18/2013	RD - Dino Days (2013)
APOLLONS LIFT	ALL	M	115	300	Anderson, Chris	1/15/2011	Dino Gym Strongman (2011)
APOLLONS LIFT	ALL	M	120	325	Todd, Eric	1/15/2011	Dino Gym Strongman (2011)
APOLLONS LIFT	ALL	M	125	300	O'Brien, John	10/14/2012	2012 OTSM Championships
APOLLONS LIFT	ALL	M	125+	355	Benzel, Bryan	3/25/2012	2012 Battle in the Barn
ARTHUR LIFT	13	F	30	24	Monk, Elizabeth	10/17/2004	2004 Art's Birthday Bash
ARTHUR LIFT	13	F	40	71	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	13	F	45	15	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
ARTHUR LIFT	13	F	85	20	Montini, Annabelle	10/15/2017	2017 Art's Birthday Bash
ARTHUR LIFT	16	F	85	20	Montini, Robyn	10/15/2017	2017 Art's Birthday Bash
ARTHUR LIFT	40	F	70	90	Hall, Rita	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	50	F	55	104	Phumchaona, Noi	11/11/1995	IAWA GOLD CUP (1995) - Leicester, UK
ARTHUR LIFT	55	F	55	110	Phumchaona, Noi	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	60	F	55	85	Phumchaona, Noi	11/23/2003	2003 Jump Stretch Record
ARTHUR LIFT	ALL	F	30	24	Monk, Elizabeth	10/17/2004	2004 Art's Birthday Bash
ARTHUR LIFT	ALL	F	40	71	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	ALL	F	45	15	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
ARTHUR LIFT	ALL	F	55	110	Phumchaona, Noi	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	ALL	F	70	90	Hall, Rita	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	ALL	F	75	105	Cicero, Kasey	8/5/2023	PRESIDENTIAL CUP (2023)
ARTHUR LIFT	ALL	F	85	20	Montini, Annabelle	10/15/2017	2017 Art's Birthday Bash
ARTHUR LIFT	NAT	F	40	71	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	NAT	F	55	110	Phumchaona, Noi	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	13	M	40	40	Monk, Joshua	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	13	M	45	59	Monk, Joshua	10/15/2000	2000 Art's Birthday Bash
ARTHUR LIFT	13	M	50	65	Monk, Joshua	5/19/2001	2001 Powerzone Challenge
ARTHUR LIFT	13	M	55	15	Todd, Everett	12/7/2024	RD - Lift for Leroy VI (2024)
ARTHUR LIFT	13	M	60	45	Blockston, Jon	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	13	M	70	64	McKean, Sean	10/15/1995	95 Art's Birthday Bash
ARTHUR LIFT	13	M	85	65	Sauer, Bryan	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	14	M	65	125	Monk, Joshua	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	14	M	75	132	Graham, Tom	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	14	M	80	110	Loewer, James	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	16	M	60	116	Van Fossan, Matt	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	16	M	75	130	Demille, Cale	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	16	M	90	120	McKean, Robbie	10/15/1995	95 Art's Birthday Bash
ARTHUR LIFT	16	M	100	121	Frasso, Tony	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	18	M	95	132	Ciavattone, Jeff	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	40	M	70	155	Ortega, Toby	11/9/2024	Goerner Deadlift Dozen Plus One RD
ARTHUR LIFT	40	M	75	231	Monk, John	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA

USAWA Record List

ARTHUR LIFT	40	M	80	242	Monk, John	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	40	M	85	231	Monk, John	10/12/2008	2008 Art's Birthday Bash
ARTHUR LIFT	40	M	110	243	Goviannini, Jim	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	40	M	115	253	Myers, Al	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	40	M	120	220	Ullom, Chad	2/9/2014	RD - Dino Gym '14
ARTHUR LIFT	40	M	125+	198	Ciavattone, Frank	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	45	M	70	176	Waterman, Chris	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	45	M	75	145	Ortega, Toby	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
ARTHUR LIFT	45	M	100	200	Schock, Ed	5/19/2001	2001 Powerzone Challenge
ARTHUR LIFT	45	M	105	85	Myers, Al	12/31/2015	POSTAL (2015) - Q4
ARTHUR LIFT	45	M	110	176	Garcia, Joe	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	45	M	120	248	Schmidt, Scott	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	50	M	80	138	McKean, John	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	50	M	90	187	Smith, Randy	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	50	M	100	205	Schock, Ed	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	50	M	125+	45	Foster, Lance	12/31/2015	POSTAL (2015) - Q4
ARTHUR LIFT	55	M	75	99	Friesz, Dale	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	55	M	85	204	Habecker, Denny	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	55	M	90	132	Bryan, Barry	12/31/2015	POSTAL (2015) - Q4
ARTHUR LIFT	55	M	105	155	Wilmot, John	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	55	M	115	138	Jury, Steve	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
ARTHUR LIFT	55	M	120	154	Malloy, Jim	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	60	M	80	110	McKean, John	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	60	M	90	175	Habecker, Denny	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	60	M	95	198	Habecker, Denny	10/9/2004	IAWA GOLD CUP (2004) - Glasgow, UK
ARTHUR LIFT	65	M	75	88	Mitchell, Dennis	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	65	M	80	154	Montini, Art	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
ARTHUR LIFT	65	M	85	154	Habecker, Denny	11/6/2010	IAWA GOLD CUP (2010) - Walpole, MA
ARTHUR LIFT	65	M	90	154	Habecker, Denny	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
ARTHUR LIFT	65	M	95	77	D'Angelo, Bob	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	65	M	105	99	Puzin, Carl	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
ARTHUR LIFT	65	M	125	75	Ross, Dean	8/12/2012	RD - Dino Days (2012)
ARTHUR LIFT	70	M	75	65	Mitchell, Dennis	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	70	M	80	132	Montini, Art	3/7/1998	98 Buckeye Record Breaker
ARTHUR LIFT	70	M	85	121	Montini, Art	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	70	M	90	143	Habecker, Denny	10/14/2012	2012 Arts Birthday Bash
ARTHUR LIFT	70	M	95	110	Prechtel, Howard	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	70	M	100	45	Bletscher, Rudy	1/16/2010	Dino Gym Challenge (2010)
ARTHUR LIFT	70	M	120	65	Ross, Dean	12/31/2015	POSTAL (2015) - Q4
ARTHUR LIFT	75	M	75	77	Mitchell, Dennis	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	75	M	85	100	Montini, Art	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	75	M	105	110	Lano, Jack	10/10/1999	99 IAWA Worlds -Australia

USAWA Record List

ARTHUR LIFT	80	M	80	80	Montini, Art	10/12/2008	2008 Art's Birthday Bash
ARTHUR LIFT	80	M	85	88	Montini, Art	10/14/2007	2007 Art's Birthday Bash
ARTHUR LIFT	80	M	100	65	Eberhardinger, Paul	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	ALL	M	40	40	Monk, Joshua	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	ALL	M	45	59	Monk, Joshua	10/15/2000	2000 Art's Birthday Bash
ARTHUR LIFT	ALL	M	50	65	Monk, Joshua	5/19/2001	2001 Powerzone Challenge
ARTHUR LIFT	ALL	M	55	15	Todd, Everett	12/7/2024	RD - Lift for Leroy VI (2024)
ARTHUR LIFT	ALL	M	60	116	Van Fossan, Matt	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	ALL	M	65	132	Mabrey, Izzy	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	ALL	M	70	225	Monk, John	5/19/2001	2001 Powerzone Challenge
ARTHUR LIFT	ALL	M	75	231	Monk, John	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
ARTHUR LIFT	ALL	M	80	242	Monk, John	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	ALL	M	85	231	Monk, John	10/12/2008	2008 Art's Birthday Bash
ARTHUR LIFT	ALL	M	90	200	Piper, Tim	4/14/2007	2007 Macomb Record Day
ARTHUR LIFT	ALL	M	95	198	Habecker, Denny	10/9/2004	IAWA GOLD CUP (2004) - Glasgow, UK
ARTHUR LIFT	ALL	M	100	205	Schock, Ed	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	ALL	M	105	275	Spayd, Bill	5/19/2001	2001 Powerzone Challenge
ARTHUR LIFT	ALL	M	110	280	Spayd, Bill	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	ALL	M	115	265	Ullom, Chad	7/31/2011	2011 Ledaig Record Breaker
ARTHUR LIFT	ALL	M	120	255	Ullom, Chad	2/10/2007	RD - Dino Gym (2007)
ARTHUR LIFT	ALL	M	125	297	Ullom, Chad	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	ALL	M	125+	198	Ciavattone, Frank	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	NAT	M	60	116	Van Fossan, Matt	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	NAT	M	65	132	Mabrey, Izzy	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	NAT	M	75	176	Waterman, Chris	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	NAT	M	80	242	Monk, John	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	NAT	M	85	204	Habecker, Denny	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	NAT	M	90	187	Smith, Randy	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	NAT	M	95	132	Ciavattone, Jeff	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	NAT	M	100	198	Schock, Ed	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	NAT	M	105	254	Spayd, Bill	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	NAT	M	110	243	Goviannini, Jim	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	NAT	M	115	254	Ciavattone, Joe Sr.	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	NAT	M	120	248	Schmidt, Scott	6/27/1999	NATIONALS (1999) - Ambridge
ARTHUR LIFT	NAT	M	125	297	Ullom, Chad	7/7/2007	NATIONALS (2007) - Lebanon, PA
ARTHUR LIFT	NAT	M	125+	198	Ciavattone, Frank	6/27/1999	NATIONALS (1999) - Ambridge
BACK EXTENSION	55	F	90	55	Lupo, Allison	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BACK EXTENSION	60	F	105	100	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
BACK EXTENSION	ALL	F	90	55	Lupo, Allison	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BACK EXTENSION	ALL	F	105	100	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
BACK EXTENSION	13	M	35	50	Wenzel, Logan	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BACK EXTENSION	18	M	75	65	Market, Tim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO

USAWA Record List

BACK EXTENSION	45	M	70	95	Ortega, Toby	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BACK EXTENSION	45	M	95	110	Songster, Tim	8/12/2012	RD - Dino Days (2012)
BACK EXTENSION	45	M	105	115	Wenzel, Jeff	8/3/2024	Clarks Gym RD #4 (2024)
BACK EXTENSION	45	M	115	140	Myers, Al	8/12/2012	RD - Dino Days (2012)
BACK EXTENSION	50	M	105	185	Wenzel, Jeff	8/16/2025	Walpole Record Day, East Walpole, MA
BACK EXTENSION	50	M	110	181	Wenzel, Jeff	5/31/2025	Ledaig Record Day - Topeka, KS
BACK EXTENSION	55	M	110	100	Lupo, Tony	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
BACK EXTENSION	55	M	115	150	Lupo, Tony	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BACK EXTENSION	65	M	85	65	DeForest, Dave	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
BACK EXTENSION	75	M	110	75	Ross, Dean	5/4/2019	RD - Spring Dino Gym
BACK EXTENSION	ALL	M	35	50	Wenzel, Logan	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BACK EXTENSION	ALL	M	70	100	Wenzel, Riley	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
BACK EXTENSION	ALL	M	75	65	Market, Tim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BACK EXTENSION	ALL	M	80	235	Luther, Travis	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
BACK EXTENSION	ALL`	M	85	225	Luther, Travis	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
BACK EXTENSION	ALL	M	95	110	Songster, Tim	8/12/2012	RD - Dino Days (2012)
BACK EXTENSION	ALL	M	105	185	Wenzel, Jeff	8/16/2025	Walpole Record Day, East Walpole, MA
BACK EXTENSION	ALL	M	110	181	Wenzel, Jeff	5/31/2025	Ledaig Record Day - Topeka, KS
BACK EXTENSION	ALL	M	115	150	Lupo, Tony	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BACK EXTENSION	ALL	M	125	235	Marlin, Philip	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
BACK LIFT	13	F	35	500	Gordon, Emily	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
BACK LIFT	14	F	80	1010	Fritz, Misty	1/15/2005	Dino Gym Challenge (2005)
BACK LIFT	18	F	60	850	Burks, Amy	11/1/1997	HEAVY LIFT CHAMPIONSHIP (1997) - Columbia, MO
BACK LIFT	40	F	65	800	Hartwig, Deanne	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
BACK LIFT	45	F	125+	1450	McConnaughey, Mary	1/15/2005	Dino Gym Challenge (2005)
BACK LIFT	55	F	80	900	Ollennuking, Amorkor	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)
BACK LIFT	55	F	90	700	Lupo, Allison	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
BACK LIFT	60	F	75	300	Thompson, Janet	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
BACK LIFT	60	F	105	1006	Gore, Lisa	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
BACK LIFT	65	F	75	400	Thompson, Janet	11/30/2024	Schmidt's Backbreaker Pentathlon (2024)
BACK LIFT	65	F	80	250	Thompson, Janet	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
BACK LIFT	ALL	F	35	500	Gordon, Emily	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
BACK LIFT	ALL	F	55	750	Thrasher, RJ	10/16/1988	Schmidt's Backbreaker Pentathlon (1988)
BACK LIFT	ALL	F	60	850	Burks, Amy	11/1/1997	HEAVY LIFT CHAMPIONSHIP (1997) - Columbia, MO
BACK LIFT	ALL	F	65	800	Springs, Deanna	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
BACK LIFT	ALL	F	70	1000	Garcia, Cindy	10/22/1989	Schmidt's Backbreaker Pentathlon (1989)
BACK LIFT	ALL	F	75	1460	Clark, Kerry	10/30/1994	HEAVY LIFT CHAMPIONSHIP (1994) - Columbia, MO
BACK LIFT	ALL	F	80	900	Ollennuking, Amorkor	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)
BACK LIFT	ALL	F	85	800	Berry, Kelli	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
BACK LIFT	ALL	F	90	1340	Abele, Jessica	1/17/2004	RD - Dino Days (2004)
BACK LIFT	ALL	F	95	378	Collins, Cara	8/27/2005	2005 Heavylift
BACK LIFT	ALL	F	105	1006	Gore, Lisa	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)

USAWA Record List

BACK LIFT	ALL	F	125+	1450	McConnaughey, Mary	1/15/2005	Dino Gym Challenge (2005)
BACK LIFT	13	M	30	650	Schmidt, Jeremiah	10/16/1988	Schmidt's Backbreaker Pentathlon (1988)
BACK LIFT	13	M	35	923	Schmidt, Jeremiah	10/22/1989	Schmidt's Backbreaker Pentathlon (1989)
BACK LIFT	13	M	40	1000	Schmidt, Jeremiah	10/20/1991	Schmidt's Backbreaker Pentathlon (1991)
BACK LIFT	13	M	55	350	Ciavattone, Frank III	8/27/2005	2005 Heavylift
BACK LIFT	13	M	60	465	Carter, Jason	10/16/1988	Schmidt's Backbreaker Pentathlon (1988)
BACK LIFT	13	M	70	551	Carter, Jason	10/22/1989	Schmidt's Backbreaker Pentathlon (1989)
BACK LIFT	13	M	95	1035	Calcote, Kyle	11/12/2006	HEAVY LIFT CHAMPIONSHIP (2006) - Columbia, MO
BACK LIFT	14	M	50	1050	Schmidt, Jeremiah	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
BACK LIFT	14	M	60	675	LaPlant, Rusty	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
BACK LIFT	14	M	80	1600	Kressly, Logan	1/18/2014	Dino Gym Challenge (2014)
BACK LIFT	14	M	105	1040	Calcote, Kyle	11/9/2007	2007 Heavy Meet
BACK LIFT	14	M	110	1200	Bremer, Matt	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
BACK LIFT	16	M	75	900	Quick, Sean	10/31/1999	Schmidt's Backbreaker Pentathlon (1999)
BACK LIFT	16	M	110	2500	Reel, Ian	1/15/2005	Dino Gym Challenge (2005)
BACK LIFT	18	M	80	1265	Zercher III, Ed	10/11/1987	Schmidt's Backbreaker Pentathlon (1987)
BACK LIFT	40	M	85	1800	Jones, Dan	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
BACK LIFT	40	M	90	1000	Spry, Dale	11/10/2001	HEAVY LIFT CHAMPIONSHIP (2001) - Columbia, MO
BACK LIFT	40	M	95	2720	Schmidt, Steve	12/8/2001	2001 RD - Col
BACK LIFT	40	M	100	2010	Garcia, Joe	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
BACK LIFT	40	M	105	1200	Silvestri, Larry	8/27/2005	2005 Heavylift
BACK LIFT	40	M	110	1800	Suttle, David	1/17/2004	RD - Dino Days (2004)
BACK LIFT	40	M	115	2700	Myers, Al	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	40	M	125+	2700	Mitchell, Mark	1/17/2004	RD - Dino Days (2004)
BACK LIFT	45	M	80	900	Caron, Joe	10/30/1994	HEAVY LIFT CHAMPIONSHIP (1994) - Columbia, MO
BACK LIFT	45	M	85	1328	Springs, Al	10/20/1991	Schmidt's Backbreaker Pentathlon (1991)
BACK LIFT	45	M	90	1200	Springs, Al	10/22/1989	Schmidt's Backbreaker Pentathlon (1989)
BACK LIFT	45	M	95	2760	Schmidt, Steve	11/9/2003	Schmidt's Backbreaker Pentathlon (2003)
BACK LIFT	45	M	100	2865	Schmidt, Steve	11/18/2000	RD - Columbia, MO '00
BACK LIFT	45	M	105	2920	Schmidt, Steve	1/15/2005	Dino Gym Challenge (2005)
BACK LIFT	45	M	110	2200	Myers, Al	1/18/2014	Dino Gym Challenge (2014)
BACK LIFT	45	M	125	2000	Ciavattone, Frank	11/9/2003	Schmidt's Backbreaker Pentathlon (2003)
BACK LIFT	45	M	125+	2000	Maxey, Bob	1/15/2005	Dino Gym Challenge (2005)
BACK LIFT	50	M	85	1350	Friesz, Dale	10/24/1993	Schmidt's Backbreaker Pentathlon (1993)
BACK LIFT	50	M	90	1500	Smith, Randy	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	50	M	95	1500	Zercher II, Ed	10/11/1987	Schmidt's Backbreaker Pentathlon (1987)
BACK LIFT	50	M	100	2705	Schmidt, Steve	11/13/2005	Schmidt's Backbreaker Pentathlon (2005)
BACK LIFT	50	M	105	3050	Schmidt, Steve	1/17/2009	Dino Gym Challenge (2009)
BACK LIFT	50	M	110	2750	Schmidt, Steve	11/15/2008	2008 Heavy Meet
BACK LIFT	50	M	115	1900	Garcia, Joe	1/17/2004	RD - Dino Days (2004)
BACK LIFT	50	M	125	1800	Ciavattone, Frank	8/27/2005	2005 Heavylift
BACK LIFT	55	M	75	1020	Marchand, Wade	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)

USAWA Record List

BACK LIFT	55	M	80	466	McKean, John	8/27/2005	2005 Heavylift
BACK LIFT	55	M	95	1625	Garcia, Joe	11/6/2010	Schmidt's Backbreaker Pentathlon (2010)
BACK LIFT	55	M	105	2425	Schmidt, Steve	11/6/2010	Schmidt's Backbreaker Pentathlon (2010)
BACK LIFT	55	M	110	1306	Lupo, Tony	11/30/2024	Schmidt's Backbreaker Pentathlon (2024)
BACK LIFT	55	M	115	1310	Lupo, Tony	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
BACK LIFT	55	M	125+	1268	Clark, Bill	10/14/1990	Schmidt's Backbreaker Pentathlon (1990)
BACK LIFT	60	M	90	1300	DeForest, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
BACK LIFT	60	M	95	1300	Traub, Larry	1/18/2014	Dino Gym Challenge (2014)
BACK LIFT	60	M	100	1505	Carter, John	12/3/2022	Schmidt's Backbreaker Pentathlon (2022)
BACK LIFT	60	M	105	1200	Clark, Bill	10/30/1994	HEAVY LIFT CHAMPIONSHIP (1994) - Columbia, MO
BACK LIFT	60	M	110	1455	Clark, Bill	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
BACK LIFT	60	M	115	1605	Clark, Bill	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
BACK LIFT	60	M	120	950	Glasgow, Dave	1/18/2014	Dino Gym Challenge (2014)
BACK LIFT	60	M	125	1005	McCoy, Joe	11/9/2003	Schmidt's Backbreaker Pentathlon (2003)
BACK LIFT	60	M	125+	1650	Ross, Dean	1/15/2005	Dino Gym Challenge (2005)
BACK LIFT	65	M	75	466	Friesz, Dale	8/27/2005	2005 Heavylift
BACK LIFT	65	M	80	800	Friesz, Dale	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	65	M	85	1320	Carter, John	11/30/2024	Schmidt's Backbreaker Pentathlon (2024)
BACK LIFT	65	M	90	1200	Habecker, Denny	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	65	M	95	1500	Carter, John	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
BACK LIFT	65	M	100	1650	Bletscher, Rudy	1/15/2005	Dino Gym Challenge (2005)
BACK LIFT	65	M	105	1450	Bletscher, Rudy	1/17/2004	RD - Dino Days (2004)
BACK LIFT	65	M	110	1800	Larson, Nils	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
BACK LIFT	65	M	115	555	Gesbeck, Lee	11/1/1997	HEAVY LIFT CHAMPIONSHIP (1997) - Columbia, MO
BACK LIFT	65	M	125	1250	Ross, Dean	8/12/2012	RD - Dino Days (2012)
BACK LIFT	70	M	70	700	Scott, Charlie	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	70	M	100	1500	Bletscher, Rudy	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	70	M	105	900	Lano, Jack	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
BACK LIFT	70	M	110	635	Murdock, Mike	11/6/2010	Schmidt's Backbreaker Pentathlon (2010)
BACK LIFT	70	M	115	1050	Ross, Dean	12/17/2016	2016 Team Championships
BACK LIFT	70	M	120	1300	Ross, Dean	2/13/2016	2016 Grip Championships
BACK LIFT	70	M	125	1500	Ciavattone, Frank	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
BACK LIFT	75	M	75	750	Mitchell, Dennis	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	75	M	85	466	Montini, Art	8/27/2005	2005 Heavylift
BACK LIFT	75	M	110	1050	Ross, Dean	5/4/2019	RD - Spring Dino Gym
BACK LIFT	80	M	65	900	Hahn, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
BACK LIFT	80	M	80	1000	Montini, Art	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	80	M	85	605	Zercher I, Ed	10/11/1987	Schmidt's Backbreaker Pentathlon (1987)
BACK LIFT	90	M	95	565	Clark, Bill	12/3/2022	Schmidt's Backbreaker Pentathlon (2022)
BACK LIFT	ALL	M	30	650	Schmidt, Jeremiah	10/16/1988	Schmidt's Backbreaker Pentathlon (1988)
BACK LIFT	ALL	M	35	923	Schmidt, Jeremiah	10/22/1989	Schmidt's Backbreaker Pentathlon (1989)
BACK LIFT	ALL	M	40	1000	Schmidt, Jeremiah	10/20/1991	Schmidt's Backbreaker Pentathlon (1991)

USAWA Record List

BACK LIFT	ALL	M	50	1050	Schmidt, Jeremiah	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
BACK LIFT	ALL	M	55	350	Ciavattone, Frank III	8/27/2005	2005 Heavylift
BACK LIFT	ALL	M	60	675	LaPlant, Rusty	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
BACK LIFT	ALL	M	65	900	Hahn, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
BACK LIFT	ALL	M	70	1305	Monk, John	11/5/2000	HEAVY LIFT CHAMPIONSHIP (2000) - Columbia, MO
BACK LIFT	ALL	M	75	1650	Luther, Travis	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
BACK LIFT	ALL	M	80	1600	Kressly, Logan	1/18/2014	Dino Gym Challenge (2014)
BACK LIFT	ALL	M	85	2200	Pinkerton, Tim	1/15/2005	Dino Gym Challenge (2005)
BACK LIFT	ALL	M	90	2300	Pinkerton, Tim	1/17/2004	RD - Dino Days (2004)
BACK LIFT	ALL	M	95	2912	Schmidt, Steve	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
BACK LIFT	ALL	M	100	2902	Schmidt, Steve	10/20/1991	Schmidt's Backbreaker Pentathlon (1991)
BACK LIFT	ALL	M	105	3050	Schmidt, Steve	1/17/2009	Dino Gym Challenge (2009)
BACK LIFT	ALL	M	110	2750	Schmidt, Steve	11/15/2008	2008 Heavy Meet
BACK LIFT	ALL	M	115	2700	Myers, Al	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	ALL	M	120	2915	Myers, Al	1/17/2004	RD - Dino Days (2004)
BACK LIFT	ALL	M	125	2265	Myers, Al	11/14/2004	Schmidt's Backbreaker Pentathlon (2004)
BACK LIFT	ALL	M	125+	2710	Graham, Matt	1/15/2005	Dino Gym Challenge (2005)
BACK LIFT	NAT	M	70	700	Scott, Charlie	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	NAT	M	75	750	Mitchell, Dennis	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	NAT	M	80	1000	Montini, Art	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	NAT	M	85	1200	Piper, Tim	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	NAT	M	90	1500	Smith, Randy	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	NAT	M	100	1500	Bletscher, Rudy	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	NAT	M	105	2600	McBride, Mike	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	NAT	M	110	2000	Garcia, Joe	6/20/2009	NATIONALS (2009) - Abilene, KS
BACK LIFT	NAT	M	115	2700	Myers, Al	6/20/2009	NATIONALS (2009) - Abilene, KS
BEARHUG	40	F	75	149	Skwarecki, Beth	8/5/2023	PRESIDENTIAL CUP (2023)
BEARHUG	50	F	50	102	Jackson, RJ	12/27/2015	RD - Iron Warrior
BEARHUG	55	F	60	130	VanWagner, Kim	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
BEARHUG	55	F	95	106	Lupo, Allison	6/29/2024	NATIONALS (2024) - Columbia, MO
BEARHUG	55	F	100	115	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BEARHUG	55	F	125+	130	McConnaughey, Mary	2/14/2015	2015 Grip Championships
BEARHUG	ALL	F	50	102	Jackson, RJ	12/27/2015	RD - Iron Warrior
BEARHUG	ALL	F	60	130	VanWagner, Kim	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
BEARHUG	ALL	F	75	149	Skwarecki, Beth	8/5/2023	PRESIDENTIAL CUP (2023)
BEARHUG	ALL	F	95	106	Lupo, Allison	6/29/2024	NATIONALS (2024) - Columbia, MO
BEARHUG	ALL	F	100	115	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BEARHUG	ALL	F	125+	130	McConnaughey, Mary	2/14/2015	2015 Grip Championships
BEARHUG	13	M	35	51	Wenzel, Logan	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BEARHUG	13	M	60	130	Heit, Calvin	2/14/2015	2015 Grip Championships
BEARHUG	16	M	60	132	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
BEARHUG	16	M	70	200	Schimpf, Christian	8/30/2015	2015 Team Championships

USAWA Record List

BEARHUG	16	M	95	175	Heater, Lewis	2/22/2009	RD - Clark's Gym '09
BEARHUG	16	M	125	253	Hess, Kohl	10/17/2010	2010 Art's Birthday Bash
BEARHUG	18	M	80	205	Gayle, Eric	11/19/2000	2000 Louis Cyr Challenge
BEARHUG	40	M	80	215	Jones, Dan	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
BEARHUG	40	M	120	205	Ullom, Chad	2/14/2015	2015 Grip Championships
BEARHUG	40	M	125	321	Barnhart, Darren	2/10/2008	RD - Dino Gym (2008)
BEARHUG	45	M	95	181	Songster, Tim	8/12/2012	RD - Dino Days (2012)
BEARHUG	45	M	100	230	Fobes, Jarrod	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
BEARHUG	45	M	105	200	Garcia, Joe	11/22/1998	98 Louis Cyr Challenge
BEARHUG	45	M	110	206	Wenzel, Jeff	10/12/2024	Clarks Gym RD #5 (2024)
BEARHUG	45	M	125+	185	Foster, Lance	2/14/2015	2015 Grip Championships
BEARHUG	50	M	100	128	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
BEARHUG	50	M	105	211	Wenzel, Jeff	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BEARHUG	50	M	110	266	Wenzel, Jeff	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BEARHUG	50	M	115	155	Poore, Clint	4/14/2024	Buffville Cup 3
BEARHUG	55	M	75	188	Marchand, Wade	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
BEARHUG	55	M	95	205	Spring, Al	11/19/2000	2000 Louis Cyr Challenge
BEARHUG	55	M	105	235	Myers, Al	2/11/2023	GRIP CHAMPIONSHIPS
BEARHUG	55	M	110	160	Lupo, Tony	6/9/2024	RD - Clark's Gym 3
BEARHUG	60	M	85	130	DeForest, Dave	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
BEARHUG	60	M	100	205	Garcia, Joe	10/10/2016	2016 Clark's Double Decathlon
BEARHUG	60	M	120	185	Glasgow, Dave	2/14/2015	2015 Grip Championships
BEARHUG	65	M	85	133	DeForest, Dave	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
BEARHUG	65	M	110	188	Larson, Nils	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
BEARHUG	65	M	115	206	Myers, LaVerne	8/12/2012	RD - Dino Days (2012)
BEARHUG	65	M	125	181	Ross, Dean	8/12/2012	RD - Dino Days (2012)
BEARHUG	70	M	75	155	Santangelo, Stephen	4/14/2024	Record Day- Clark's Gym 1
BEARHUG	70	M	80	210	Emslie, David	3/28/2015	2015 Clark's Gym RD
BEARHUG	70	M	105	156	Murdock, Mike	8/12/2012	RD - Dino Days (2012)
BEARHUG	70	M	110	200	Myers, LaVerne	2/14/2015	2015 Grip Championships
BEARHUG	70	M	120	205	Ross, Dean	2/14/2015	2015 Grip Championships
BEARHUG	75	M	100	185	Myers, LaVerne	2/11/2023	GRIP CHAMPIONSHIPS
BEARHUG	75	M	110	152	Ross, Dean	2/10/2019	2019 USAWA Grip Championships
BEARHUG	80	M	105	80	Clark, Bill	10/10/2016	2016 Clark's Double Decathlon
BEARHUG	ALL	M	35	51	Wenzel, Logan	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BEARHUG	ALL	M	60	132	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
BEARHUG	ALL	M	70	236	Wenzel, Riley	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BEARHUG	ALL	M	75	188	Marchand, Wade	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
BEARHUG	ALL	M	80	215	Jones, Dan	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
BEARHUG	ALL	M	85	157	Luther, Travis	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
BEARHUG	ALL	M	95	205	Spring, Al	11/19/2000	2000 Louis Cyr Challenge
BEARHUG	ALL	M	100	230	Fobes, Jarrod	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA

USAWA Record List

BEARHUG	ALL	M	105	255	Edwards, Ben	2/14/2015	2015 Grip Championships
BEARHUG	ALL	M	110	305	McBride, Mike	11/19/2000	2000 Louis Cyr Challenge
BEARHUG	ALL	M	115	206	Myers, LaVerne	8/12/2012	RD - Dino Days (2012)
BEARHUG	ALL	M	120	205	Ullom, Chad	2/14/2015	2015 Grip Championships
BEARHUG	ALL	M	125	321	Barnhart, Darren	2/10/2008	RD - Dino Gym (2008)
BEARHUG	ALL	M	125+	205	Tully, Scott	2/14/2015	2015 Grip Championships
BENCH DIP	13	F	45	116	Monk, Elizabeth	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
BENCH DIP	55	F	60	58	VanWagner, Kim	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	60	F	60	70	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH DIP	ALL	F	45	116	Monk, Elizabeth	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
BENCH DIP	ALL	F	60	70	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH DIP	13	M	35	5	Wenzel, Logan	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	13	M	70	55	McKean, Sean	10/15/1995	95 Art's Birthday Bash
BENCH DIP	14	M	80	110	Habecker, Aidan	6/30/2018	POSTAL (2018) - Q2
BENCH DIP	18	M	80	175	Gayle, Eric	11/19/2000	2000 Louis Cyr Challenge
BENCH DIP	40	M	70	225	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	40	M	85	330	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	40	M	95	355	Stearns, Ashley	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
BENCH DIP	40	M	115	230	Myers, Al	2/13/2011	RD - Dino Gym (2011)
BENCH DIP	40	M	120	235	Todd, Eric	6/30/2018	POSTAL (2018) - Q2
BENCH DIP	45	M	100	135	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	45	M	110	275	Wenzel, Jeff	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
BENCH DIP	45	M	115	200	Ullom, Chad	6/30/2018	POSTAL (2018) - Q2
BENCH DIP	50	M	105	225	Hadley, Patrick	11/9/2024	Goerner Deadlift Dozen Plus One RD
BENCH DIP	50	M	110	330	Wenzel, Jeff	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	55	M	95	125	Vandermark, Dennis	10/12/2008	2008 Art's Birthday Bash
BENCH DIP	55	M	100	45	Hose, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	60	M	90	88	Bryan, Barry	6/30/2018	POSTAL (2018) - Q2
BENCH DIP	60	M	95	150	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
BENCH DIP	60	M	100	70	Frappier, Chris	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	65	M	85	75	DeForest, Dave	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	65	M	90	135	Habecker, Denny	2/13/2011	RD - Dino Gym (2011)
BENCH DIP	70	M	75	30	Santangelo, Stephen	4/14/2024	Record Day- Clark's Gym 1
BENCH DIP	70	M	80	100	Emslie, David	3/28/2015	2015 Clark's Gym RD
BENCH DIP	70	M	110	70	Myers, LaVerne	6/30/2018	POSTAL (2018) - Q2
BENCH DIP	75	M	110	45	Ross, Dean	6/30/2018	POSTAL (2018) - Q2
BENCH DIP	ALL	M	65	350	Baldassarre, Mark	6/26/1989	NATIONALS (1989) - Plymouth, PA
BENCH DIP	ALL	M	70	225	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	ALL	M	75	220	Wenzel, Riley	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	ALL	M	80	175	Gayle, Eric	11/19/2000	2000 Louis Cyr Challenge
BENCH DIP	ALL	M	85	330	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	ALL	M	90	135	Habecker, Denny	2/13/2011	RD - Dino Gym (2011)

USAWA Record List

BENCH DIP	ALL	M	95	355	Stearns, Ashley	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
BENCH DIP	ALL	M	100	135	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	ALL	M	105	225	Hadley, Patrick	11/9/2024	Goerner Deadlift Dozen Plus One RD
BENCH DIP	ALL	M	110	330	Wenzel, Jeff	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH DIP	ALL	M	115	230	Myers, Al	2/13/2011	RD - Dino Gym (2011)
BENCH DIP	ALL	M	120	235	Todd, Eric	6/30/2018	POSTAL (2018) - Q2
BENCH DIP	ALL	M	125	175	Todd, Chris	6/30/2018	POSTAL (2018) - Q2
BENCH PRESS, ALTERNATE GRIP	13	F	65	55	Todd, Phoebe	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	14	F	40	35	Gupta, Nisha	4/7/2024	Bench press Heptathlon
BENCH PRESS, ALTERNATE GRIP	14	F	60	100	Todd, Lillian	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, ALTERNATE GRIP	14	F	70	105	Todd, Lillian	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	14	F	80	90	Fritz, Misty	12/5/2005	Monday Night Mayhem
BENCH PRESS, ALTERNATE GRIP	40	F	70	125	Hall, Rita	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	40	F	75	88	Schmidt, Kathy	3/3/2001	2001 Buckeye Record Day
BENCH PRESS, ALTERNATE GRIP	40	F	90	130	Todd, Stacy	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	45	F	75	112	Elder, Amber	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	45	F	125+	145	McConnaughey, Mary	1/15/2005	Dino Gym Challenge (2005)
BENCH PRESS, ALTERNATE GRIP	50	F	50	105	Jackson, RJ	8/18/2013	RD - Dino Days (2013)
BENCH PRESS, ALTERNATE GRIP	55	F	60	81	VanWagner, Kim	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ALTERNATE GRIP	55	F	90	70	Lupo, Allison	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	55	F	95	115	Gore, Lisa	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, ALTERNATE GRIP	55	F	100	120	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ALTERNATE GRIP	60	F	60	125	Homan, Lynne	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, ALTERNATE GRIP	60	F	90	60	Lupo, Allison	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ALTERNATE GRIP	60	F	105	110	Gore, Lisa	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BENCH PRESS, ALTERNATE GRIP	65	F	45	99	Gedney, Judith	10/1/2005	Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP	65	F	50	94	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, ALTERNATE GRIP	65	F	75	60	Thompson, Janet	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, ALTERNATE GRIP	ALL	F	40	35	Gupta, Nisha	4/7/2024	Bench press Heptathlon
BENCH PRESS, ALTERNATE GRIP	ALL	F	45	99	Gedney, Judith	10/1/2005	Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP	ALL	F	50	105	Jackson, RJ	8/18/2013	RD - Dino Days (2013)
BENCH PRESS, ALTERNATE GRIP	ALL	F	60	115	Homan, Lynne	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, ALTERNATE GRIP	ALL	F	65	72	Maye, Dawn	10/1/2005	Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP	ALL	F	70	127	Lydon, Kim	7/22/2017	2017 NE Cup RD
BENCH PRESS, ALTERNATE GRIP	ALL	F	75	112	Elder, Amber	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	ALL	F	80	91	Monk, Victoria	10/14/2007	2007 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	ALL	F	90	130	Todd, Stacy	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	ALL	F	95	115	Gore, Lisa	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, ALTERNATE GRIP	ALL	F	100	120	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ALTERNATE GRIP	ALL	F	105	110	Gore, Lisa	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BENCH PRESS, ALTERNATE GRIP	ALL	F	125+	145	McConnaughey, Mary	1/15/2005	Dino Gym Challenge (2005)
BENCH PRESS, ALTERNATE GRIP	NAT	F	60	70	LaRosa, Marian	6/7/2003	2003 Natiionals - Youngstown

USAWA Record List

BENCH PRESS, ALTERNATE GRIP	NAT	F	70	125	Hall, Rita	6/7/2003	2003 Natiionals - Youngstown
BENCH PRESS, ALTERNATE GRIP	13	M	30	22	Wenzel, Logan	6/9/2024	RD - Stars of Tomorrow on parade
BENCH PRESS, ALTERNATE GRIP	13	M	35	34	Jackson, Phoenix	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	13	M	45	62	Todd, Everett	4/7/2024	Bench press Heptathlon
BENCH PRESS, ALTERNATE GRIP	13	M	55	88	Myers, Sam	10/1/2005	Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP	13	M	100	130	McKean, Andraes	7/13/2019	2019 Schmidt's RD
BENCH PRESS, ALTERNATE GRIP	14	M	55	104	Myers, Sam	10/28/2006	Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP	14	M	70	145	Monk, Joshua	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	14	M	75	95	McKean, Sean	10/13/1996	96 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	14	M	85	154	Sears, Austin	10/1/2005	Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP	16	M	60	135	Wenzel, Spencer	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	16	M	70	176	Hancock, Matt	11/29/2014	2014 New England Gold Cup
BENCH PRESS, ALTERNATE GRIP	16	M	75	220	Jenkins, Brian	7/21/2012	2012 Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP	16	M	85	225	Arnold, Chris	10/24/2010	2010 Clark's Record Day
BENCH PRESS, ALTERNATE GRIP	16	M	90	225	Horvath, Anthony	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	16	M	95	250	Heater, Lewis	2/22/2009	RD - Clark's Gym '09
BENCH PRESS, ALTERNATE GRIP	16	M	100	264	Ciavattone, Joe Jr.	3/31/2011	POSTAL (2011) - Andy Goddard
BENCH PRESS, ALTERNATE GRIP	16	M	110	225	Reel, Ian	1/15/2005	Dino Gym Challenge (2005)
BENCH PRESS, ALTERNATE GRIP	16	M	125+	280	Kincaid, Kiff	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	18	M	60	185	Achenbach, Justin	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	18	M	70	205	Achenbach, Kyle	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	18	M	80	225	Muzzy, James	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	18	M	100	180	Hunter, Joe	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	40	M	70	155	Ortega, Toby	4/7/2024	Bench press Heptathlon
BENCH PRESS, ALTERNATE GRIP	40	M	75	240	Monk, John	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	40	M	85	300	Smith, Abe	4/7/2024	Bench press Heptathlon
BENCH PRESS, ALTERNATE GRIP	40	M	90	305	Stearns, Ashley	9/28/2024	2024 Apple Festival World Record Breakers, Albany KY
BENCH PRESS, ALTERNATE GRIP	40	M	95	350	Stearns, Ashley	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ALTERNATE GRIP	40	M	105	160	Kopnisky, Paul III	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	40	M	110	265	Ciavattone, Joe Sr.	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
BENCH PRESS, ALTERNATE GRIP	40	M	115	335	Myers, Al	3/31/2011	POSTAL (2011) - Andy Goddard
BENCH PRESS, ALTERNATE GRIP	40	M	120	325	Ciavattone, Joe Sr.	3/31/2011	2011 Eastern Open Postal
BENCH PRESS, ALTERNATE GRIP	40	M	125	303	Cookson, Chuck	3/31/2011	POSTAL (2011) - Andy Goddard
BENCH PRESS, ALTERNATE GRIP	40	M	125+	405	Beversdorf, Dave	10/11/2009	RD - Clark's Gym '09
BENCH PRESS, ALTERNATE GRIP	45	M	70	185	Waterman, Chris	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	45	M	75	195	McKenzie, Bob	11/17/1999	99 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	45	M	80	175	Hirsh, Bob	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	45	M	90	200	Smith, Randy	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	45	M	95	225	Fobes, Jarrod	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	45	M	100	245	Fobes, Jarrod	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ALTERNATE GRIP	45	M	105	265	Wenzel, Jeff	4/7/2024	Bench press Heptathlon
BENCH PRESS, ALTERNATE GRIP	45	M	110	280	Myers, Al	1/24/2015	2015 Florida RD

USAWA Record List

BENCH PRESS, ALTERNATE GRIP	45	M	115	310	Myers, Al	2/12/2012	RD - Dino Gym (2012)
BENCH PRESS, ALTERNATE GRIP	45	M	120	330	Myers, Al	8/28/2011	RD - Dino Days (2011)
BENCH PRESS, ALTERNATE GRIP	45	M	125	132	Ciavattone, Frank	12/16/2000	Postal Match - Dec 2000
BENCH PRESS, ALTERNATE GRIP	45	M	125+	418	Beversdorf, Dave	11/10/2012	2012 Macomb Fall RB
BENCH PRESS, ALTERNATE GRIP	50	M	75	180	McKean, John	10/12/1997	97 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	50	M	90	185	Blockston, Larry	10/11/1998	98 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	50	M	95	185	Hadley, Patrick	3/17/2024	Colorado Spring Fling
BENCH PRESS, ALTERNATE GRIP	50	M	100	245	Hadley, Patrick	9/23/2023	Buffville Push/Pull
BENCH PRESS, ALTERNATE GRIP	50	M	105	300	Wenzel, Jeff	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ALTERNATE GRIP	50	M	110	360	Poore, Clint	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, ALTERNATE GRIP	50	M	115	285	Poore, Clint	4/14/2024	Record Day- Clark's Gym 1
BENCH PRESS, ALTERNATE GRIP	50	M	120	340	Poore, Clint	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
BENCH PRESS, ALTERNATE GRIP	50	M	125+	365	Beversdorf, Dave	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
BENCH PRESS, ALTERNATE GRIP	55	M	75	146	Marchand, Wade	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
BENCH PRESS, ALTERNATE GRIP	55	M	80	180	McKean, John	10/12/2003	2003 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	55	M	85	198	Habecker, Denny	10/7/1998	Burton, England
BENCH PRESS, ALTERNATE GRIP	55	M	90	244	Bryan, Barry	11/29/2014	2014 New England Gold Cup
BENCH PRESS, ALTERNATE GRIP	55	M	95	254	Wynn, Donnie	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, ALTERNATE GRIP	55	M	100	300	Hose, Tony	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, ALTERNATE GRIP	55	M	105	115	Raymond, Mark	12/31/2022	Frank's Record Breaker
BENCH PRESS, ALTERNATE GRIP	55	M	110	265	Lupo, Tony	4/7/2024	Bench press Heptathlon
BENCH PRESS, ALTERNATE GRIP	55	M	125+	335	Beversdorf, Dave	5/5/2022	2022 Bench Press Decathlon I and Record Day
BENCH PRESS, ALTERNATE GRIP	60	M	70	134	Freides, Steve	12/16/2017	2017 Vernacchio Memorial
BENCH PRESS, ALTERNATE GRIP	60	M	85	165	DeForest, Dave	5/5/2022	2022 Bench Press Decathlon I and Record Day
BENCH PRESS, ALTERNATE GRIP	60	M	90	195	Habecker, Denny	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	60	M	95	185	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, ALTERNATE GRIP	60	M	100	155	Frappier, Chris	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, ALTERNATE GRIP	60	M	105	226	Crozier, Bill	3/3/2001	2001 Buckeye Record Day
BENCH PRESS, ALTERNATE GRIP	60	M	110	225	Lupo, Tony	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ALTERNATE GRIP	60	M	115	209	Larson, Nils	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	60	M	125+	225	Ross, Dean	1/15/2005	Dino Gym Challenge (2005)
BENCH PRESS, ALTERNATE GRIP	65	M	70	129	Pensyl, Barry	12/16/2017	2017 Vernacchio Memorial
BENCH PRESS, ALTERNATE GRIP	65	M	75	135	McKean, John	10/16/2011	2011 Arts Birthday Bash
BENCH PRESS, ALTERNATE GRIP	65	M	80	145	McKean, John	3/31/2011	POSTAL (2011) - Andy Goddard
BENCH PRESS, ALTERNATE GRIP	65	M	85	209	Bryan, Barry	5/25/2024	RD - Lebanon, PA '24
BENCH PRESS, ALTERNATE GRIP	65	M	90	220	Bryan, Barry	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	65	M	100	115	Bletscher, Rudy	12/15/2002	RD - Columbia, MO '02
BENCH PRESS, ALTERNATE GRIP	65	M	105	110	Licini, Jerome	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ALTERNATE GRIP	65	M	110	206	Larson, Nils	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
BENCH PRESS, ALTERNATE GRIP	65	M	115	156	Larson, Nils	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, ALTERNATE GRIP	65	M	125+	132	Ciavattone, Frank	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	70	M	75	115	McKean, John	12/20/2015	2015 John's RD

USAWA Record List

BENCH PRESS, ALTERNATE GRIP	70	M	80	130	Emslie, David	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, ALTERNATE GRIP	70	M	90	175	Habecker, Denny	10/14/2012	2012 Arts Birthday Bash
BENCH PRESS, ALTERNATE GRIP	70	M	105	175	Murdock, Mike	3/31/2011	2011 Eastern Open Postal
BENCH PRESS, ALTERNATE GRIP	70	M	110	150	Clark, Bill	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	70	M	120	165	Ross, Dean	2/15/2015	RD - Dino Gym '15
BENCH PRESS, ALTERNATE GRIP	70	M	125	125	Ciavattone, Frank	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
BENCH PRESS, ALTERNATE GRIP	75	M	80	80	Montini, Art	10/13/2002	2002 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	75	M	85	145	Montini, Art	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	75	M	90	155	Habecker, Denny	10/15/2017	2017 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	75	M	100	85	Myers, LaVerne	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	80	M	80	116	Habecker, Denny	5/25/2024	RD - Lebanon, PA '24
BENCH PRESS, ALTERNATE GRIP	80	M	85	126	Habecker, Denny	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
BENCH PRESS, ALTERNATE GRIP	80	M	105	125	Lano, Jack	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	85	M	95	65	Clark, Bill	5/5/2022	2022 Bench Press Decathlon I and Record Day
BENCH PRESS, ALTERNATE GRIP	90	M	90	65	Clark, Bill	4/7/2024	Bench press Heptathlon
BENCH PRESS, ALTERNATE GRIP	90	M	95	55	Clark, Bill	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, ALTERNATE GRIP	ALL	M	30	22	Wenzel, Logan	6/9/2024	RD - Stars of Tomorrow on parade
BENCH PRESS, ALTERNATE GRIP	ALL	M	35	34	Jackson, Phoenix	3/31/2024	POSTAL (2024) - Q1
BENCH PRESS, ALTERNATE GRIP	ALL	M	45	62	Todd, Everett	4/7/2024	Bench press Heptathlon
BENCH PRESS, ALTERNATE GRIP	ALL	M	55	104	Myers, Sam	10/28/2006	Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP	ALL	M	60	185	Achenbach, Justin	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	ALL	M	70	260	Monk, John	11/17/1999	99 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	ALL	M	75	275	Smith, Abe	11/10/2004	Record Day
BENCH PRESS, ALTERNATE GRIP	ALL	M	80	275	Aldan, Brandon	11/24/2002	Jump Stretch Record Day
BENCH PRESS, ALTERNATE GRIP	ALL	M	85	300	Smith, Abe	4/7/2024	Bench press Heptathlon
BENCH PRESS, ALTERNATE GRIP	ALL	M	90	305	Stearns, Ashley	9/28/2024	2024 Apple Festival World Record Breakers, Albany KY
BENCH PRESS, ALTERNATE GRIP	ALL	M	95	350	Stearns, Ashley	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ALTERNATE GRIP	ALL	M	100	300	Hose, Tony	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, ALTERNATE GRIP	ALL	M	105	350	Silvestri, Larry	3/9/2002	2002 Frank Gancarz Mem
BENCH PRESS, ALTERNATE GRIP	ALL	M	110	360	Poore, Clint	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, ALTERNATE GRIP	ALL	M	115	400	Todd, Eric	1/15/2005	Dino Gym Challenge (2005)
BENCH PRESS, ALTERNATE GRIP	ALL	M	120	340	Poore, Clint	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
BENCH PRESS, ALTERNATE GRIP	ALL	M	125	380	Myers, Al	6/8/2003	2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	ALL	M	125+	418	Beversdorf, Dave	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, ALTERNATE GRIP	NAT	M	70	185	Waterman, Chris	6/7/2003	NATIONALS (2003) - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M	75	270	Monk, John	6/7/2003	NATIONALS (2003) - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M	80	250	Aldan, Brandon	6/7/2003	NATIONALS (2003) - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M	85	145	Montini, Art	6/7/2003	NATIONALS (2003) - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M	90	225	Horvath, Anthony	6/7/2003	NATIONALS (2003) - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M	100	280	Wojtowicz, Gary	6/7/2003	NATIONALS (2003) - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M	105	350	DeSignore, Antonio	6/7/2003	NATIONALS (2003) - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M	110	260	LaRosa, Carl	6/7/2003	NATIONALS (2003) - Youngstown

USAWA Record List

BENCH PRESS, ALTERNATE GRIP	NAT	M	120	275	Olsavsky, David	6/7/2003	NATIONALS (2003) - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M	125	380	Myers, Al	6/7/2003	NATIONALS (2003) - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M	125+	280	Kincaid, Kiff	6/7/2003	NATIONALS (2003) - Youngstown
BENCH PRESS, FEET IN AIR	13	F	30	45	Monk, Elizabeth	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	13	F	35	55	Monk, Elizabeth	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, FEET IN AIR	13	F	40	35	Todd, Phoebe	12/7/2019	RD - Lift for Leroy '19
BENCH PRESS, FEET IN AIR	13	F	45	75	Myers, Katie	2/20/2005	RD - Dino Gym (2005)
BENCH PRESS, FEET IN AIR	13	F	50	60	Wilson, Janay	2/10/2007	RD - Dino Gym (2007)
BENCH PRESS, FEET IN AIR	13	F	55	65	Jobe, Gabby	8/18/2013	RD - Dino Days (2013)
BENCH PRESS, FEET IN AIR	13	F	60	85	Myers, Katie	2/10/2007	RD - Dino Gym (2007)
BENCH PRESS, FEET IN AIR	13	F	75	100	Myers, Molly	8/12/2012	RD - Dino Days (2012)
BENCH PRESS, FEET IN AIR	14	F	40	45	Gupta, Nisha	6/9/2024	Stars of Tomorrow on parade
BENCH PRESS, FEET IN AIR	14	F	65	95	Jaeschke, Sara	9/18/2003	2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	14	F	70	110	Jaeschke, Sara	4/15/2004	2004 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	14	F	75	75	Fritz, Misty	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	16	F	40	48	Gupta, Nisha	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
BENCH PRESS, FEET IN AIR	16	F	45	50	Gupta, Diya	6/9/2024	Stars of Tomorrow on parade
BENCH PRESS, FEET IN AIR	16	F	55	54	McDonald, Alexandria	3/16/2024	RD - Iron Palaces strongest man
BENCH PRESS, FEET IN AIR	16	F	70	105	Paul, Andrea	4/15/2004	2004 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	18	F	50	69	Hall, Lisa	9/18/2003	2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	18	F	60	65	Burks, Amy	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
BENCH PRESS, FEET IN AIR	18	F	65	100	McBride, Angela	1/30/1999	ZERCHER STRENGTH CLASSIC (1999)
BENCH PRESS, FEET IN AIR	40	F	50	60	Hughes, Suree	7/16/1990	NATIONALS (1990) - Akron, OH
BENCH PRESS, FEET IN AIR	40	F	55	66	Hughes, Suree	3/10/1990	All-round Championships (1990) - Valley Forge Open
BENCH PRESS, FEET IN AIR	40	F	65	100	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
BENCH PRESS, FEET IN AIR	40	F	70	125	Hall, Rita	4/26/2003	2003 Powerzone Challenge
BENCH PRESS, FEET IN AIR	40	F	75	185	Ollennuking, Amorkor	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
BENCH PRESS, FEET IN AIR	40	F	80	185	Ollennuking, Amorkor	11/19/2005	2005 Bill Fellows Mem
BENCH PRESS, FEET IN AIR	40	F	85	105	Todd, Stacy	11/18/2023	RD - Lift for Leroy '23
BENCH PRESS, FEET IN AIR	40	F	90	125	Todd, Stacy	7/27/2024	Buffville Road to the Century Club #5
BENCH PRESS, FEET IN AIR	40	F	100	100	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
BENCH PRESS, FEET IN AIR	40	F	120	125	Bartholomew, Heather	8/31/2019	2019 NE Powerlift Meet
BENCH PRESS, FEET IN AIR	40	F	125+	166	McConnaughey, Mary	9/18/2003	2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	45	F	45	99	Gedney, Judith	10/1/2005	Macomb Record Setter
BENCH PRESS, FEET IN AIR	45	F	50	66	Phumchaona, Noi	6/26/1989	NATIONALS (1989) - Plymouth, PA
BENCH PRESS, FEET IN AIR	45	F	60	77	Shimer, Paula	5/17/1996	RD - Valley Forge
BENCH PRESS, FEET IN AIR	45	F	75	80	Schmidt, Kathy	10/12/2003	2003 Art's Birthday Bash
BENCH PRESS, FEET IN AIR	45	F	125+	135	McConnaughey, Mary	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	50	F	50	110	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
BENCH PRESS, FEET IN AIR	50	F	55	65	Phumchaona, Noi	6/4/1995	NATIONALS (1995) - Columbia, MO
BENCH PRESS, FEET IN AIR	50	F	60	116	Burchette, Jeanne	3/10/1990	All-round Championships (1990) - Valley Forge Open
BENCH PRESS, FEET IN AIR	50	F	90	90	Inglis, Laura	1/20/2018	Record Day- Fall Classic

USAWA Record List

BENCH PRESS, FEET IN AIR	55	F	50	95	Jackson, RJ	8/31/2017	POSTAL (2017) - IAWA WORLD CHAMPIONSHIP
BENCH PRESS, FEET IN AIR	55	F	55	83	Shimer, Paula	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
BENCH PRESS, FEET IN AIR	55	F	60	95	VanWagner, Kim	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, FEET IN AIR	55	F	75	55	DeRoller, Chris	3/31/2021	POSTAL (2021) - Q1
BENCH PRESS, FEET IN AIR	55	F	90	72	Lupo, Allison	6/21/2025	Women's Only Meet, Columbia, MO
BENCH PRESS, FEET IN AIR	55	F	100	120	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, FEET IN AIR	55	F	105	115	Gore, Lisa	6/21/2025	Women's Only Meet, Columbia, MO
BENCH PRESS, FEET IN AIR	60	F	55	88	Phumchaona, Noi	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	60	F	60	125	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, FEET IN AIR	60	F	65	143	Howley, Kate	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	60	F	70	55	Habecker, Judy	12/1/2001	2001 Inter. Postal
BENCH PRESS, FEET IN AIR	60	F	80	70	Thompson, Janet	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
BENCH PRESS, FEET IN AIR	60	F	85	65	Thompson, Janet	3/31/2021	POSTAL (2021) - Q1
BENCH PRESS, FEET IN AIR	60	F	90	80	Lane-Richards, Colleen	1/20/2018	Record Day- Fall Classic
BENCH PRESS, FEET IN AIR	65	F	50	105	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, FEET IN AIR	65	F	55	55	Anderson, Carolyn	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	65	F	75	75	Thompson, Janet	6/21/2025	Women's Only Meet, Columbia, MO
BENCH PRESS, FEET IN AIR	75	F	65	25	Ollenu, Elizabeth	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
BENCH PRESS, FEET IN AIR	ALL	F	30	45	Monk, Elizabeth	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	ALL	F	35	55	Monk, Elizabeth	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, FEET IN AIR	ALL	F	40	48	Gupta, Nisha	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
BENCH PRESS, FEET IN AIR	ALL	F	45	99	Gedney, Judith	10/1/2005	Macomb Record Setter
BENCH PRESS, FEET IN AIR	ALL	F	50	110	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
BENCH PRESS, FEET IN AIR	ALL	F	55	90	Kraiger, Maryann	2/24/1996	96 Buckeye Record Breaker
BENCH PRESS, FEET IN AIR	ALL	F	60	125	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, FEET IN AIR	ALL	F	65	143	Howley, Kate	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	ALL	F	70	130	DeLaRosa, Doris	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
BENCH PRESS, FEET IN AIR	ALL	F	75	205	Ollennuking, Amorkor	2/3/2001	ZERCHER STRENGTH CLASSIC (2001)
BENCH PRESS, FEET IN AIR	ALL	F	80	190	Ollennuking, Amorkor	2/4/1996	ZERCHER STRENGTH CLASSIC (1996)
BENCH PRESS, FEET IN AIR	ALL	F	85	105	Todd, Stacy	11/18/2023	RD - Lift for Leroy '23
BENCH PRESS, FEET IN AIR	ALL	F	90	125	Todd, Stacy	7/27/2024	Buffville Road to the Century Club #5
BENCH PRESS, FEET IN AIR	ALL	F	95	105	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
BENCH PRESS, FEET IN AIR	ALL	F	100	100	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
BENCH PRESS, FEET IN AIR	ALL	F	105	115	Gore, Lisa	6/21/2025	Women's Only Meet, Columbia, MO
BENCH PRESS, FEET IN AIR	ALL	F	120	125	Bartholomew, Heather	8/31/2019	2019 NE Powerlift Meet
BENCH PRESS, FEET IN AIR	ALL	F	125+	166	McConnaughey, Mary	9/18/2003	2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	NAT	F	40	44	Ciavattone, Dominique	7/26/1998	NATIONALS (1998) - Mansfield, MA
BENCH PRESS, FEET IN AIR	NAT	F	45	60	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
BENCH PRESS, FEET IN AIR	NAT	F	50	66	Phumchaona, Noi	6/26/1989	NATIONALS (1989) - Plymouth, PA
BENCH PRESS, FEET IN AIR	NAT	F	55	70	Guaret, Maria	6/5/2004	NATIONALS (2004) - Lansdale, PA
BENCH PRESS, FEET IN AIR	NAT	F	60	110	Burchette, Jeanne	7/16/1990	NATIONALS (1990) - Akron, OH
BENCH PRESS, FEET IN AIR	NAT	F	65	100	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA

USAWA Record List

BENCH PRESS, FEET IN AIR	NAT	F	70	110	Garcia, Cindy	6/26/1989	NATIONALS (1989) - Plymouth, PA
BENCH PRESS, FEET IN AIR	NAT	F	80	185	Ollennuking, Amorkor	6/17/2006	NATIONALS (2006) - Salina, KS
BENCH PRESS, FEET IN AIR	NAT	F	95	105	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
BENCH PRESS, FEET IN AIR	13	M	30	72	Montini, Rocco	2/15/1992	Ambridge, Pa.
BENCH PRESS, FEET IN AIR	13	M	35	75	Montini, Rocco	7/25/1993	RD - Ambridge
BENCH PRESS, FEET IN AIR	13	M	40	70	Schmidt, Jeremiah	12/9/1990	Columbia, MO.
BENCH PRESS, FEET IN AIR	13	M	45	65	Schmidt, Jeremiah	1/19/1992	ZERCHER STRENGTH CLASSIC (1992)
BENCH PRESS, FEET IN AIR	13	M	50	74	Urbanski, Ryan	2/24/1996	96 Buckeye Record Breaker
BENCH PRESS, FEET IN AIR	13	M	55	110	Monk, Joshua	6/1/2002	2002 IAWA Postal
BENCH PRESS, FEET IN AIR	13	M	65	154	Vernacchio, S.J.	2/27/1993	Eastern U.S. Chmp.
BENCH PRESS, FEET IN AIR	13	M	70	85	McKean, Sean	10/16/1994	94 U.S. Inlands
BENCH PRESS, FEET IN AIR	13	M	75	60	Carter, Jason	1/21/1990	Columbia, MO.
BENCH PRESS, FEET IN AIR	13	M	80	115	Beck, Steve	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	13	M	85	75	Sauer, Bryan	4/26/2003	2003 Powerzone Challenge
BENCH PRESS, FEET IN AIR	13	M	95	140	Patrick, Kevin	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	14	M	50	95	O'Brien, Mike	3/15/1998	Joe's Gym RBD - Norwood
BENCH PRESS, FEET IN AIR	14	M	55	110	Myers, Sam	10/28/2006	Macomb Record Setter
BENCH PRESS, FEET IN AIR	14	M	60	150	Brewer, Austin	8/22/2015	2015 Team Championships
BENCH PRESS, FEET IN AIR	14	M	65	150	Kressly, Draven	8/22/2015	2015 Team Championships
BENCH PRESS, FEET IN AIR	14	M	70	171	Jurado, Felix	2/27/1993	Eastern U.S. Chmp.
BENCH PRESS, FEET IN AIR	14	M	75	140	Demille, Cale	12/1/2002	2002 Postal Meet
BENCH PRESS, FEET IN AIR	14	M	80	209	Riley, Ed Jr.	1/12/1991	Collegeville
BENCH PRESS, FEET IN AIR	14	M	85	150	Beck, Steve	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	14	M	95	155	Calcote, Kyle	1/19/2008	ZERCHER STRENGTH CLASSIC (2008)
BENCH PRESS, FEET IN AIR	14	M	100	176	Frasso, Tony	2/27/1999	99 Buckeye Record Breaker
BENCH PRESS, FEET IN AIR	14	M	105	185	Becklun, John	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	14	M	110	185	Becklun, John	6/17/2006	NATIONALS (2006) - Salina, KS
BENCH PRESS, FEET IN AIR	14	M	115	176	Patrick, Kevin	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	14	M	125+	240	Lee, Kevin	11/24/2002	Jump Stretch Record Day
BENCH PRESS, FEET IN AIR	16	M	55	165	Achenbach, Justin	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	16	M	60	185	Achenbach, Justin	10/23/2005	2005 Art's Birthday Bash
BENCH PRESS, FEET IN AIR	16	M	65	185	Achenbach, Kyle	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	16	M	70	187	Kim, Dan	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, FEET IN AIR	16	M	75	233	Jenkins, Brian	7/21/2012	2012 Macomb Record Setter
BENCH PRESS, FEET IN AIR	16	M	80	215	Monk, Joshua	10/23/2005	2005 Art's Birthday Bash
BENCH PRESS, FEET IN AIR	16	M	85	205	Arnold, Chris	10/24/2010	2010 Clark's Record Day
BENCH PRESS, FEET IN AIR	16	M	90	215	Sorgini, Nick	1/12/1991	Collegeville
BENCH PRESS, FEET IN AIR	16	M	95	240	Heater, Lewis	1/31/2009	ZERCHER STRENGTH CLASSIC (2009)
BENCH PRESS, FEET IN AIR	16	M	100	171	Patrick, John	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	16	M	105	205	Patrick, John	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	16	M	110	110	Ciavattone, Frank III	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
BENCH PRESS, FEET IN AIR	16	M	125+	176	Hess, Kohl	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP

USAWA Record List

BENCH PRESS, FEET IN AIR	18	M	60	200	Achenbach, Justin	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	18	M	65	165	Clauson, Riley	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	18	M	70	210	Achenbach, Kyle	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	18	M	75	182	Kennedy, Tim	7/26/1998	NATIONALS (1998) - Mansfield, MA
BENCH PRESS, FEET IN AIR	18	M	80	200	Kennedy, Tim	3/15/1998	Joe's Gym RBD - Norwood
BENCH PRESS, FEET IN AIR	18	M	85	165	Jaeschke, Chris	4/15/2004	2004 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	18	M	95	182	Ciavattone, Jeff	7/26/1998	NATIONALS (1998) - Mansfield, MA
BENCH PRESS, FEET IN AIR	18	M	100	265	McDonald, Mac	5/7/1994	94 - Joe Caron
BENCH PRESS, FEET IN AIR	18	M	110	250	Reel, Ian	6/17/2006	NATIONALS (2006) - Salina, KS
BENCH PRESS, FEET IN AIR	18	M	125+	285	Bingham, Ryan	8/31/2019	2019 NE Powerlift Meet
BENCH PRESS, FEET IN AIR	40	M	60	190	McKean, John	7/16/1990	NATIONALS (1990) - Akron, OH
BENCH PRESS, FEET IN AIR	40	M	65	209	Pensyl, Barry	1/12/1991	Collegeville
BENCH PRESS, FEET IN AIR	40	M	70	250	Monk, John	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	40	M	80	275	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
BENCH PRESS, FEET IN AIR	40	M	85	315	Smith, Abe	4/7/2024	Bench press Heptathlon
BENCH PRESS, FEET IN AIR	40	M	90	180	Caughran, Steve	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
BENCH PRESS, FEET IN AIR	40	M	95	330	Stearns, Ashley	11/9/2024	Goerner Deadlift Dozen Plus One RD
BENCH PRESS, FEET IN AIR	40	M	100	281	Shuba, Frank Sr.	6/26/1989	NATIONALS (1989) - Plymouth, PA
BENCH PRESS, FEET IN AIR	40	M	105	315	Silvestri, Larry	6/5/2004	NATIONALS (2004) - Lansdale, PA
BENCH PRESS, FEET IN AIR	40	M	110	330	Ciavattone, Jeff	12/31/2021	New Years Eve Record Breaker 2021
BENCH PRESS, FEET IN AIR	40	M	115	347	Myers, Al	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	40	M	120	340	Myers, Al	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
BENCH PRESS, FEET IN AIR	40	M	125	280	Cookson, Chuck	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
BENCH PRESS, FEET IN AIR	45	M	70	220	Bonacci, Italo	6/26/1989	NATIONALS (1989) - Plymouth, PA
BENCH PRESS, FEET IN AIR	45	M	80	190	Friesz, Dale	7/16/1990	NATIONALS (1990) - Akron, OH
BENCH PRESS, FEET IN AIR	45	M	85	231	Habecker, Denny	3/10/1990	All-round Championships (1990) - Valley Forge Open
BENCH PRESS, FEET IN AIR	45	M	90	250	Eichenberger, Dean	2/4/1996	ZERCHER STRENGTH CLASSIC (1996)
BENCH PRESS, FEET IN AIR	45	M	95	315	Santos, Robert	3/4/2017	2017 Iceberg Open RD
BENCH PRESS, FEET IN AIR	45	M	100	290	Sisk, Ron	6/4/1995	NATIONALS (1995) - Columbia, MO
BENCH PRESS, FEET IN AIR	45	M	105	305	Wenzel, Jeff	4/7/2024	Bench press Heptathlon
BENCH PRESS, FEET IN AIR	45	M	110	365	Poore, Clint	12/11/2021	RD - Lift for Leroy '21
BENCH PRESS, FEET IN AIR	45	M	115	410	Poore, Clint	1/15/2022	Dino Gym Challenge (2022)
BENCH PRESS, FEET IN AIR	45	M	120	330	Myers, Al	8/28/2011	RD - Dino Days (2011)
BENCH PRESS, FEET IN AIR	45	M	125	285	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
BENCH PRESS, FEET IN AIR	45	M	125+	402	Maxey, Bob	9/18/2003	2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	50	M	60	121	Tarlecki, Jim	3/10/1990	All-round Championships (1990) - Valley Forge Open
BENCH PRESS, FEET IN AIR	50	M	70	143	Quier, Ed	6/26/1989	NATIONALS (1989) - Plymouth, PA
BENCH PRESS, FEET IN AIR	50	M	75	185	Waterman, Chris	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	50	M	80	265	Fleischer, Ernie	7/16/1990	NATIONALS (1990) - Akron, OH
BENCH PRESS, FEET IN AIR	50	M	85	226	Dundon, John	1/12/1991	Collegeville
BENCH PRESS, FEET IN AIR	50	M	90	270	Vernacchio, John	3/10/1990	All-round Championships (1990) - Valley Forge Open
BENCH PRESS, FEET IN AIR	50	M	95	320	Grow, Terry	2/26/1994	94 Buckeye Record Breaker

USAWA Record List

BENCH PRESS, FEET IN AIR	50	M	100	300	Sisk, Ron	9/18/2003	2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	50	M	105	335	Wenzel, Jeff	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
BENCH PRESS, FEET IN AIR	50	M	110	385	Poore, Clint	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, FEET IN AIR	50	M	115	375	Poore, Clint	3/17/2024	Colorado Spring Fling
BENCH PRESS, FEET IN AIR	50	M	120	255	Schmidt, Scott	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	50	M	125+	295	McCoy, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
BENCH PRESS, FEET IN AIR	55	M	70	154	Quier, Ed	1/12/1991	Collegeville
BENCH PRESS, FEET IN AIR	55	M	75	160	Quier, Ed	11/23/1991	Lakewood, Oh.
BENCH PRESS, FEET IN AIR	55	M	80	185	McKean, John	10/12/2003	2003 Art's Birthday Bash
BENCH PRESS, FEET IN AIR	55	M	85	231	Habecker, Denny	7/26/1998	NATIONALS (1998) - Mansfield, MA
BENCH PRESS, FEET IN AIR	55	M	90	259	Wynn, Donnie	10/28/2006	Macomb Record Setter
BENCH PRESS, FEET IN AIR	55	M	95	265	Traub, Larry	4/30/2012	2012 Monster Garage
BENCH PRESS, FEET IN AIR	55	M	100	315	Hose, Tony	4/7/2024	Bench press Heptathlon
BENCH PRESS, FEET IN AIR	55	M	105	325	Ganong, Ray	4/30/2012	2012 Monster Garage
BENCH PRESS, FEET IN AIR	55	M	110	280	Lupo, Tony	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
BENCH PRESS, FEET IN AIR	55	M	115	240	Lupo, Tony	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
BENCH PRESS, FEET IN AIR	55	M	125	253	Ciavattone, Frank	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
BENCH PRESS, FEET IN AIR	55	M	125+	315	Beversdorf, Dave	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, FEET IN AIR	60	M	75	205	Montini, Art	7/10/1988	NATIONALS (1988) - Plymouth, PA
BENCH PRESS, FEET IN AIR	60	M	80	204	Montini, Art	3/10/1990	All-round Championships (1990) - Valley Forge Open
BENCH PRESS, FEET IN AIR	60	M	85	210	Habecker, Denny	6/5/2004	NATIONALS (2004) - Lansdale, PA
BENCH PRESS, FEET IN AIR	60	M	90	253	Bryan, Barry	3/31/2021	POSTAL (2021) - Q1
BENCH PRESS, FEET IN AIR	60	M	95	256	Blockston, Larry	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	60	M	100	235	Garcia, Joe	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
BENCH PRESS, FEET IN AIR	60	M	105	225	Woods, Jim	1/19/1992	ZERCHER STRENGTH CLASSIC (1992)
BENCH PRESS, FEET IN AIR	60	M	110	240	Lupo, Tony	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, FEET IN AIR	60	M	115	240	Lupo, Tony	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
BENCH PRESS, FEET IN AIR	60	M	120	155	Geib, Bob	6/5/2004	NATIONALS (2004) - Lansdale, PA
BENCH PRESS, FEET IN AIR	65	M	65	115	Gilsdorf, Robert	3/31/2021	POSTAL (2021) - Q1
BENCH PRESS, FEET IN AIR	65	M	70	149	Pensyl, Barry	12/28/2016	Record Day- Lebanon, PA Valley
BENCH PRESS, FEET IN AIR	65	M	75	220	Hubbard, Peter	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
BENCH PRESS, FEET IN AIR	65	M	80	150	DeForest, Dave	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, FEET IN AIR	65	M	85	243	Bryan, Barry	8/5/2023	PRESIDENTIAL CUP (2023)
BENCH PRESS, FEET IN AIR	65	M	90	231	Bryan, Barry	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
BENCH PRESS, FEET IN AIR	65	M	95	176	Vernacchio, John	11/4/2002	RD - Powerhouse
BENCH PRESS, FEET IN AIR	65	M	100	215	Skeete, Harrison	7/10/1988	NATIONALS (1988) - Plymouth, PA
BENCH PRESS, FEET IN AIR	65	M	105	205	Crozier, Bill	6/25/2005	NATIONALS (2005) - Youngstown, OH
BENCH PRESS, FEET IN AIR	65	M	110	220	Larson, Nils	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
BENCH PRESS, FEET IN AIR	65	M	115	228	Larson, Nils	8/16/2025	Walpole Record Day, East Walpole, MA
BENCH PRESS, FEET IN AIR	65	M	125+	231	Harris, Buck	6/26/1989	NATIONALS (1989) - Plymouth, PA
BENCH PRESS, FEET IN AIR	70	M	70	132	Pensyl, Barry	3/31/2021	POSTAL (2021) - Q1
BENCH PRESS, FEET IN AIR	70	M	75	120	McKean, John	12/20/2015	2015 John's RD

USAWA Record List

BENCH PRESS, FEET IN AIR	70	M	80	165	Emslie, David	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
BENCH PRESS, FEET IN AIR	70	M	85	180	Habecker, Denny	10/12/2013	2013 Arts Birthday Bash
BENCH PRESS, FEET IN AIR	70	M	90	235	Habecker, Denny	5/31/2025	Ledaig Record Day - Topeka, KS
BENCH PRESS, FEET IN AIR	70	M	95	170	Monahan, Rex	2/5/1995	ZERCHER STRENGTH CLASSIC (1995)
BENCH PRESS, FEET IN AIR	70	M	100	176	Prechtel, Howard	7/26/1998	NATIONALS (1998) - Mansfield, MA
BENCH PRESS, FEET IN AIR	70	M	105	185	Prechtel, Howard	6/4/1995	NATIONALS (1995) - Columbia, MO
BENCH PRESS, FEET IN AIR	70	M	110	190	Malloy, Jim	10/16/2011	2011 Arts Birthday Bash
BENCH PRESS, FEET IN AIR	70	M	120	185	Ross, Dean	2/13/2016	2016 Grip Championships
BENCH PRESS, FEET IN AIR	70	M	125	195	Ross, Dean	8/18/2013	RD - Dino Days (2013)
BENCH PRESS, FEET IN AIR	75	M	65	120	Amendalaro, Joe	6/5/2004	NATIONALS (2004) - Lansdale, PA
BENCH PRESS, FEET IN AIR	75	M	75	121	Cox, Bob	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	75	M	80	143	Cox, Bob	3/3/2001	2001 Buckeye Record Day
BENCH PRESS, FEET IN AIR	75	M	85	160	Habecker, Denny	1/18/2020	Dino Gym Challenge (2020)
BENCH PRESS, FEET IN AIR	75	M	90	181	Habecker, Denny	9/30/2017	2017 IAWA Worlds - Perth
BENCH PRESS, FEET IN AIR	75	M	100	105	Glasgow, Ken	7/15/2012	2012 Ledaig Record Breakers
BENCH PRESS, FEET IN AIR	75	M	105	115	Myers, LaVerne	3/31/2021	POSTAL (2021) - Q1
BENCH PRESS, FEET IN AIR	75	M	110	185	Ross, Dean	2/11/2018	RD - Dino Gym
BENCH PRESS, FEET IN AIR	80	M	70	65	Mitchell, Dennis	10/16/2016	2016 Art's Birthday Bash
BENCH PRESS, FEET IN AIR	80	M	75	121	Cox, Bob	8/31/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	80	M	80	132	Habecker, Denny	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
BENCH PRESS, FEET IN AIR	80	M	85	149	Habecker, Denny	11/4/2023	IAWA GOLD CUP (2023) - Eastbourne, UK
BENCH PRESS, FEET IN AIR	80	M	90	115	Dorylis, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
BENCH PRESS, FEET IN AIR	80	M	95	154	Prechtel, Howard	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	80	M	100	100	Clark, Bill	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
BENCH PRESS, FEET IN AIR	80	M	110	100	Clark, Bill	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
BENCH PRESS, FEET IN AIR	85	M	95	85	Clark, Bill	3/31/2021	POSTAL (2021) - Q1
BENCH PRESS, FEET IN AIR	90	M	80	15	Myers, Clyde	6/17/2006	NATIONALS (2006) - Salina, KS
BENCH PRESS, FEET IN AIR	90	M	90	65	Clark, Bill	4/7/2024	Bench press Heptathlon
BENCH PRESS, FEET IN AIR	90	M	95	65	Clark, Bill	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, FEET IN AIR	ALL	M	30	72	Montini, Rocco	2/15/1992	Ambridge, Pa.
BENCH PRESS, FEET IN AIR	ALL	M	35	75	Montini, Rocco	7/25/1993	RD - Ambridge
BENCH PRESS, FEET IN AIR	ALL	M	40	70	Schmidt, Jeremiah	12/9/1990	Columbia, MO.
BENCH PRESS, FEET IN AIR	ALL	M	45	65	Schmidt, Jeremiah	1/19/1992	ZERCHER STRENGTH CLASSIC (1992)
BENCH PRESS, FEET IN AIR	ALL	M	50	95	O'Brien, Mike	3/15/1998	Joe's Gym RBD - Norwood
BENCH PRESS, FEET IN AIR	ALL	M	55	165	Achenbach, Justin	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	ALL	M	60	200	Achenbach, Justin	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	ALL	M	65	248	Monk, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
BENCH PRESS, FEET IN AIR	ALL	M	70	270	Longo, James	3/10/1990	All-round Championships (1990) - Valley Forge Open
BENCH PRESS, FEET IN AIR	ALL	M	75	320	Smith, Abe	6/30/2004	Clarks-W.A. Postal 2004
BENCH PRESS, FEET IN AIR	ALL	M	80	305	Smith, Abe	12/8/2001	2001 RD - Col
BENCH PRESS, FEET IN AIR	ALL	M	85	380	Wagman, Dan	12/27/2015	RD - Iron Warrior
BENCH PRESS, FEET IN AIR	ALL	M	90	360	Anderson, Phil	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)

USAWA Record List

BENCH PRESS, FEET IN AIR	ALL	M	95	340	Bufalini, Jim	7/16/1990	NATIONALS (1990) - Akron, OH
BENCH PRESS, FEET IN AIR	ALL	M	100	480	Succarotte, Tony	6/5/2004	NATIONALS (2004) - Lansdale, PA
BENCH PRESS, FEET IN AIR	ALL	M	105	347	Bufalini, Jim	6/26/1989	NATIONALS (1989) - Plymouth, PA
BENCH PRESS, FEET IN AIR	ALL	M	110	385	Poore, Clint	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, FEET IN AIR	ALL	M	115	410	Poore, Clint	1/15/2022	Dino Gym Challenge (2022)
BENCH PRESS, FEET IN AIR	ALL	M	120	397	Myers, Al	4/15/2004	2004 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	ALL	M	125	413	Cookson, Chuck	9/18/2003	2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	ALL	M	125+	402	Maxey, Bob	9/18/2003	2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	NAT	M	60	190	McKean, John	7/16/1990	NATIONALS (1990) - Akron, OH
BENCH PRESS, FEET IN AIR	NAT	M	65	248	Monk, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
BENCH PRESS, FEET IN AIR	NAT	M	70	250	Monk, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
BENCH PRESS, FEET IN AIR	NAT	M	75	275	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
BENCH PRESS, FEET IN AIR	NAT	M	80	242	Haley, Bob	6/26/1989	NATIONALS (1989) - Plymouth, PA
BENCH PRESS, FEET IN AIR	NAT	M	85	360	Wagman, Dan	6/17/2006	NATIONALS (2006) - Salina, KS
BENCH PRESS, FEET IN AIR	NAT	M	90	360	Anderson, Phil	7/10/1988	NATIONALS (1988) - Plymouth, PA
BENCH PRESS, FEET IN AIR	NAT	M	95	340	Bufalini, Jim	7/16/1990	NATIONALS (1990) - Akron, OH
BENCH PRESS, FEET IN AIR	NAT	M	100	480	Succarotte, Tony	6/5/2004	NATIONALS (2004) - Lansdale, PA
BENCH PRESS, FEET IN AIR	NAT	M	105	347	Bufalini, Jim	6/26/1989	NATIONALS (1989) - Plymouth, PA
BENCH PRESS, FEET IN AIR	NAT	M	110	325	Spayd, Bill	6/5/2004	NATIONALS (2004) - Lansdale, PA
BENCH PRESS, FEET IN AIR	NAT	M	115	375	Myers, Al	6/17/2006	NATIONALS (2006) - Salina, KS
BENCH PRESS, FEET IN AIR	NAT	M	120	375	Myers, Al	6/25/2005	NATIONALS (2005) - Youngstown, OH
BENCH PRESS, FEET IN AIR	NAT	M	125	314	Ciavattone, Frank	6/26/1989	NATIONALS (1989) - Plymouth, PA
BENCH PRESS, FEET IN AIR	NAT	M	125+	350	Knauer, Paul	7/10/1988	NATIONALS (1988) - Plymouth, PA
BENCH PRESS, FULTON BAR	13	F	40	40	Todd, Phoebe	12/7/2019	RD - Lift for Leroy '19
BENCH PRESS, FULTON BAR	14	F	60	100	Todd, Lillian	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, FULTON BAR	16	F	40	45	Gupta, Nisha	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	18	F	55	60	Gupta, Diya	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	40	F	75	85	Hopps, Jessica	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	40	F	85	135	Todd, Stacy	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	40	F	90	130	Todd, Stacy	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, FULTON BAR	45	F	125+	103	Bulebosh, Beth	10/16/2016	2016 Art's Birthday Bash
BENCH PRESS, FULTON BAR	50	F	50	130	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
BENCH PRESS, FULTON BAR	50	F	125+	99	Bulebosh, Beth	12/15/2018	2018 Vernacchio RD
BENCH PRESS, FULTON BAR	55	F	90	70	Lupo, Allison	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, FULTON BAR	55	F	95	120	Gore, Lisa	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, FULTON BAR	60	F	60	126	Homan, Lynne	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, FULTON BAR	60	F	105	121	Gore, Lisa	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	65	F	75	60	Thompson, Janet	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	ALL	F	40	45	Gupta, Nisha	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	ALL	F	50	130	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
BENCH PRESS, FULTON BAR	ALL	F	55	60	Gupta, Diya	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	ALL	F	60	126	Homan, Lynne	3/22/2025	Great American Bench Press Meet, Buffville, KY

USAWA Record List

BENCH PRESS, FULTON BAR	ALL	F	65	132	Skwarecki, Beth	12/7/2019	2019 Memorial Record Day
BENCH PRESS, FULTON BAR	ALL	F	70	105	Glasgow, Amber	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR	ALL	F	75	85	Hopps, Jessica	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	ALL	F	85	135	Todd, Stacy	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	ALL	F	90	130	Todd, Stacy	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, FULTON BAR	ALL	F	95	120	Gore, Lisa	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, FULTON BAR	ALL	F	105	150	Kressly, Jera	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR	ALL	F	125+	103	Bulebosh, Beth	10/16/2016	2016 Art's Birthday Bash
BENCH PRESS, FULTON BAR	13	M	35	35	Todd, Leroy	12/7/2019	RD - Lift for Leroy '19
BENCH PRESS, FULTON BAR	13	M	55	70	Todd, Everett	5/31/2025	Ledaig Record Day - Topeka, KS
BENCH PRESS, FULTON BAR	13	M	60	80	Todd, Everett	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	14	M	80	175	Kressly, Logan	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR	16	M	60	155	Wenzel, Spencer	5/12/2024	Record Day- Clark's Gym 2
BENCH PRESS, FULTON BAR	16	M	80	111	Martel, Norman	8/16/2025	Walpole Record Day, East Walpole, MA
BENCH PRESS, FULTON BAR	16	M	105	165	Habecker, Aidan	11/30/2020	POSTAL (2020) - RECORD DAY
BENCH PRESS, FULTON BAR	40	M	85	325	Stearns, Ashley	2/10/2024	RD - Buffville
BENCH PRESS, FULTON BAR	40	M	95	365	Stearns, Ashley	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, FULTON BAR	40	M	115	340	Todd, Eric	6/3/2017	2017 KC Strongman RD
BENCH PRESS, FULTON BAR	40	M	120	255	Guerin, Joshua	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
BENCH PRESS, FULTON BAR	40	M	125	265	Todd, Chris	12/7/2019	RD - Lift for Leroy '19
BENCH PRESS, FULTON BAR	45	M	95	340	Santos, Robert	3/4/2017	2017 Iceberg Open RD
BENCH PRESS, FULTON BAR	45	M	100	226	Fobes, Jarrod	10/12/2024	Clarks Gym RD #5 (2024)
BENCH PRESS, FULTON BAR	45	M	105	315	Wenzel, Jeff	5/12/2024	Record Day- Clark's Gym 2
BENCH PRESS, FULTON BAR	45	M	110	320	Wenzel, Jeff	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
BENCH PRESS, FULTON BAR	45	M	120	300	Todd, Eric	12/11/2021	RD - Lift for Leroy '21
BENCH PRESS, FULTON BAR	45	M	125+	335	Rigby, Jeff	12/7/2024	RD - Lift for Leroy VI (2024)
BENCH PRESS, FULTON BAR	50	M	95	225	Hadley, Patrick	3/9/2024	RD - Buffville 2
BENCH PRESS, FULTON BAR	50	M	100	225	Hadley, Patrick	1/27/2024	Omega Force Strength Extravaganza
BENCH PRESS, FULTON BAR	50	M	105	325	Wenzel, Jeff	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	50	M	110	365	Poore, Clint	2/10/2024	RD - Buffville
BENCH PRESS, FULTON BAR	50	M	115	350	Poore, Clint	1/27/2024	Omega Force Strength Extravaganza
BENCH PRESS, FULTON BAR	50	M	120	305	Poore, Clint	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
BENCH PRESS, FULTON BAR	50	M	125+	300	Todd, Eric	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	55	M	75	175	Marchand, Wade	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	55	M	95	275	Traub, Larry	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR	55	M	100	310	Hose, Tony	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, FULTON BAR	55	M	110	285	Lupo, Tony	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
BENCH PRESS, FULTON BAR	55	M	115	240	Lupo, Tony	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	60	M	75	145	Santangelo, Stephen	10/16/2016	2016 Art's Birthday Bash
BENCH PRESS, FULTON BAR	60	M	90	185	DeForest, Dave	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, FULTON BAR	60	M	95	220	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, FULTON BAR	60	M	100	165	Frappier, Chris	3/22/2025	Great American Bench Press Meet, Buffville, KY

USAWA Record List

BENCH PRESS, FULTON BAR	60	M	115	265	Glasgow, Dave	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR	60	M	125	120	Foster, Lance	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	65	M	75	104	McKean, John	10/18/2015	2015 Art's Birthday Bash
BENCH PRESS, FULTON BAR	65	M	80	220	Bryan, Barry	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	65	M	85	220	Bryan, Barry	5/25/2024	RD - Lebanon, PA '24
BENCH PRESS, FULTON BAR	65	M	90	220	Bryan, Barry	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
BENCH PRESS, FULTON BAR	65	M	110	243	Larson, Nils	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	65	M	115	221	Larson, Nils	8/16/2025	Walpole Record Day, East Walpole, MA
BENCH PRESS, FULTON BAR	65	M	125	178	Ross, Dean	8/12/2012	RD - Dino Days (2012)
BENCH PRESS, FULTON BAR	70	M	80	150	Emslie, David	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, FULTON BAR	70	M	90	170	Habecker, Denny	12/20/2015	2015 John's RD
BENCH PRESS, FULTON BAR	70	M	95	135	Murdock, Mike	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR	70	M	105	178	Murdock, Mike	8/12/2012	RD - Dino Days (2012)
BENCH PRESS, FULTON BAR	70	M	110	125	Myers, LaVerne	2/11/2017	2017 Grip Championships
BENCH PRESS, FULTON BAR	70	M	120	203	Ross, Dean	2/15/2015	RD - Dino Gym '15
BENCH PRESS, FULTON BAR	70	M	125	185	Ross, Dean	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR	75	M	60	88	Pensyl, Barry	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
BENCH PRESS, FULTON BAR	75	M	85	160	Habecker, Denny	1/18/2020	Dino Gym Challenge (2020)
BENCH PRESS, FULTON BAR	75	M	100	130	Glasgow, Ken	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR	80	M	80	132	Habecker, Denny	5/25/2024	RD - Lebanon, PA '24
BENCH PRESS, FULTON BAR	80	M	85	148	Habecker, Denny	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
BENCH PRESS, FULTON BAR	ALL	M	35	35	Todd, Leroy	12/7/2019	RD - Lift for Leroy '19
BENCH PRESS, FULTON BAR	ALL	M	60	155	Wenzel, Spencer	5/12/2024	Record Day- Clark's Gym 2
BENCH PRESS, FULTON BAR	ALL	M	70	200	Wenzel, Riley	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
BENCH PRESS, FULTON BAR	ALL	M	75	205	Wenzel, Riley	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, FULTON BAR	ALL	M	80	350	Wagman, Dan	6/9/2024	RD - Clark's Gym 3
BENCH PRESS, FULTON BAR	ALL	M	85	325	Stearns, Ashley	2/10/2024	RD - Buffville
BENCH PRESS, FULTON BAR	ALL	M	90	220	Bryan, Barry	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
BENCH PRESS, FULTON BAR	ALL	M	95	365	Stearns, Ashley	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, FULTON BAR	ALL	M	100	310	Hose, Tony	3/22/2025	Great American Bench Press Meet, Buffville, KY
BENCH PRESS, FULTON BAR	ALL	M	105	325	Wenzel, Jeff	12/31/2025	POSTAL (2025) - Q4
BENCH PRESS, FULTON BAR	ALL	M	110	365	Poore, Clint	2/10/2024	RD - Buffville
BENCH PRESS, FULTON BAR	ALL	M	115	350	Poore, Clint	1/27/2024	Omega Force Strength Extravaganza
BENCH PRESS, FULTON BAR	ALL	M	120	305	Poore, Clint	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
BENCH PRESS, FULTON BAR	ALL	M	125	305	Marlin, Philip	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
BENCH PRESS, FULTON BAR	ALL	M	125+	335	Rigby, Jeff	12/7/2024	RD - Lift for Leroy VI (2024)
BENCH PRESS, LARSON (FULTON HT)	16	M	80	111	Martel, Norman	8/16/2025	Walpole Record Day, East Walpole, MA
BENCH PRESS, LARSON (FULTON HT)	40	M	80	205	Jones, Dan	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BENCH PRESS, LARSON (FULTON HT)	55	M	75	131	Marchand, Wade	8/16/2025	Walpole Record Day, East Walpole, MA
BENCH PRESS, LARSON (FULTON HT)	65	M	100	121	Puzin, Carl	8/16/2025	Walpole Record Day, East Walpole, MA
BENCH PRESS, LARSON (FULTON HT)	65	M	110	235	Larson, Nils	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BENCH PRESS, LARSON (FULTON HT)	65	M	115	226	Larson, Nils	8/16/2025	Walpole Record Day, East Walpole, MA

USAWA Record List

BENCH PRESS, LARSON (FULTON HT)	70	M	125	125	Ciavattone, Frank	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BENCH PRESS, LARSON (FULTON HT)	ALL	M	75	131	Marchand, Wade	8/16/2025	Walpole Record Day, East Walpole, MA
BENCH PRESS, LARSON (FULTON HT)	ALL	M	80	205	Jones, Dan	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BENCH PRESS, LARSON (FULTON HT)	ALL	M	100	121	Puzin, Carl	8/16/2025	Walpole Record Day, East Walpole, MA
BENCH PRESS, LARSON (FULTON HT)	ALL	M	110	235	Larson, Nils	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BENCH PRESS, LARSON (FULTON HT)	ALL	M	115	226	Larson, Nils	8/16/2025	Walpole Record Day, East Walpole, MA
BENCH PRESS, LARSON (FULTON HT)	ALL	M	125	125	Ciavattone, Frank	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BENCH PRESS, HANDS TOGETHER	13	F	55	45	Myers, Molly	2/15/2009	RD - Dino Gym (2009)
BENCH PRESS, HANDS TOGETHER	14	F	40	30	Gupta, Nisha	4/7/2024	Bench press Heptathlon
BENCH PRESS, HANDS TOGETHER	40	F	65	99	Skwarecki, Beth	12/17/2022	Memorial Record Day
BENCH PRESS, HANDS TOGETHER	40	F	85	80	Todd, Stacy	11/18/2023	RD - Lift for Leroy '23
BENCH PRESS, HANDS TOGETHER	40	F	90	100	Todd, Stacy	7/27/2024	Buffville Road to the Century Club #5
BENCH PRESS, HANDS TOGETHER	40	F	105	84	Jones, Joanna	7/13/2019	2019 Schmidt's RD
BENCH PRESS, HANDS TOGETHER	45	F	45	77	Gedney, Judith	10/1/2005	Macomb Record Setter
BENCH PRESS, HANDS TOGETHER	45	F	55	50	Jones, Mary	5/17/1996	RD - Valley Forge
BENCH PRESS, HANDS TOGETHER	45	F	60	55	Shimer, Paula	5/17/1996	RD - Valley Forge
BENCH PRESS, HANDS TOGETHER	45	F	75	100	Elder, Amber	3/9/2024	Dino Gym Challenge (2024)
BENCH PRESS, HANDS TOGETHER	50	F	50	93	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
BENCH PRESS, HANDS TOGETHER	55	F	60	75	VanWagner, Kim	4/7/2024	Bench press Heptathlon
BENCH PRESS, HANDS TOGETHER	55	F	90	50	Lupo, Allison	4/7/2024	Bench press Heptathlon
BENCH PRESS, HANDS TOGETHER	55	F	100	100	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, HANDS TOGETHER	60	F	60	112	Homan, Lynne	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
BENCH PRESS, HANDS TOGETHER	60	F	90	55	Lupo, Allison	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, HANDS TOGETHER	65	F	75	60	Thompson, Janet	4/7/2024	Bench press Heptathlon
BENCH PRESS, HANDS TOGETHER	ALL	F	40	30	Gupta, Nisha	4/7/2024	Bench press Heptathlon
BENCH PRESS, HANDS TOGETHER	ALL	F	45	77	Gedney, Judith	10/1/2005	Macomb Record Setter
BENCH PRESS, HANDS TOGETHER	ALL	F	50	93	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
BENCH PRESS, HANDS TOGETHER	ALL	F	55	50	Jones, Mary	5/17/1996	RD - Valley Forge
BENCH PRESS, HANDS TOGETHER	ALL	F	60	112	Homan, Lynne	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
BENCH PRESS, HANDS TOGETHER	ALL	F	65	99	Skwarecki, Beth	12/17/2022	Memorial Record Day
BENCH PRESS, HANDS TOGETHER	ALL	F	70	84	Schmidt, Kathy	10/15/1995	95 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	ALL	F	75	100	Elder, Amber	3/9/2024	Dino Gym Challenge (2024)
BENCH PRESS, HANDS TOGETHER	ALL	F	85	80	Todd, Stacy	11/18/2023	RD - Lift for Leroy '23
BENCH PRESS, HANDS TOGETHER	ALL	F	90	100	Todd, Stacy	7/27/2024	Buffville Road to the Century Club #5
BENCH PRESS, HANDS TOGETHER	ALL	F	100	100	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, HANDS TOGETHER	ALL	F	105	84	Jones, Joanna	7/13/2019	2019 Schmidt's RD
BENCH PRESS, HANDS TOGETHER	13	M	30	22	Wenzel, Logan	6/9/2024	RD - Stars of Tomorrow on parade
BENCH PRESS, HANDS TOGETHER	13	M	35	28	Wenzel, Logan	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BENCH PRESS, HANDS TOGETHER	13	M	40	30	Monk, Joshua	11/17/1999	99 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	13	M	45	50	Todd, Everett	4/7/2024	Bench press Heptathlon
BENCH PRESS, HANDS TOGETHER	13	M	70	75	McKean, Sean	10/15/1995	95 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	14	M	65	105	McKean, Sean	2/24/1996	96 Buckeye Record Breaker

USAWA Record List

BENCH PRESS, HANDS TOGETHER	16	M	60	120	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
BENCH PRESS, HANDS TOGETHER	16	M	65	132	Clauson, Riley	4/14/2007	2007 Macomb Record Day
BENCH PRESS, HANDS TOGETHER	16	M	70	165	Heit, Calvin	2/11/2018	RD - Dino Gym
BENCH PRESS, HANDS TOGETHER	16	M	75	148	Jenkins, Brian	7/21/2012	2012 Macomb Record Setter
BENCH PRESS, HANDS TOGETHER	16	M	85	185	Arnold, Chris	10/24/2010	2010 Clark's Record Day
BENCH PRESS, HANDS TOGETHER	18	M	60	165	Achenbach, Justin	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
BENCH PRESS, HANDS TOGETHER	18	M	80	210	Muzzy, James	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	18	M	100	225	Ciavattone, Joe Jr.	8/14/2011	2011 NE Record Breaker
BENCH PRESS, HANDS TOGETHER	40	M	70	185	Waterman, Chris	10/15/1995	95 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	40	M	75	205	Monk, John	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	40	M	85	195	Smith, Abe	4/7/2024	Bench press Heptathlon
BENCH PRESS, HANDS TOGETHER	40	M	90	275	Stearns, Ashley	4/14/2024	Record Day- Clark's Gym 1
BENCH PRESS, HANDS TOGETHER	40	M	95	321	Stearns, Ashley	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, HANDS TOGETHER	40	M	115	308	Myers, Al	8/17/2007	2007 Worlds Christchurch
BENCH PRESS, HANDS TOGETHER	40	M	125	225	Todd, Chris	11/30/2020	POSTAL (2020) - RECORD DAY
BENCH PRESS, HANDS TOGETHER	40	M	125+	315	Barnhart, Darren	5/20/2012	2012 Jobes Steel Jungle RD
BENCH PRESS, HANDS TOGETHER	45	M	70	187	Waterman, Chris	3/3/2001	2001 Buckeye Record Day
BENCH PRESS, HANDS TOGETHER	45	M	95	195	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
BENCH PRESS, HANDS TOGETHER	45	M	100	205	Fobes, Jarrod	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, HANDS TOGETHER	45	M	105	240	Wenzel, Jeff	4/7/2024	Bench press Heptathlon
BENCH PRESS, HANDS TOGETHER	45	M	110	255	Wenzel, Jeff	6/9/2024	RD - Stars of Tomorrow on parade
BENCH PRESS, HANDS TOGETHER	45	M	115	280	Myers, Al	2/12/2012	RD - Dino Gym (2012)
BENCH PRESS, HANDS TOGETHER	45	M	125+	275	Beversdorf, Dave	10/24/2010	2010 Clark's Record Day
BENCH PRESS, HANDS TOGETHER	50	M	75	143	Vernacchio, Sal	10/29/1994	Record Day
BENCH PRESS, HANDS TOGETHER	50	M	80	185	Habecker, Denny	10/15/1995	95 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	50	M	90	126	Gupta, Sanjiv	7/13/2023	RD - Colorado
BENCH PRESS, HANDS TOGETHER	50	M	95	150	Gupta, Sanjiv	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, HANDS TOGETHER	50	M	100	145	Gupta, Sanjiv	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, HANDS TOGETHER	50	M	105	250	Wenzel, Jeff	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, HANDS TOGETHER	50	M	110	257	Wenzel, Jeff	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, HANDS TOGETHER	55	M	75	137	Marchand, Wade	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BENCH PRESS, HANDS TOGETHER	55	M	85	187	Habecker, Denny	3/7/1998	98 Buckeye Record Breaker
BENCH PRESS, HANDS TOGETHER	55	M	90	189	Wynn, Donnie	10/28/2006	Macomb Record Setter
BENCH PRESS, HANDS TOGETHER	55	M	95	185	Garcia, Joe	10/24/2010	2010 Clark's Record Day
BENCH PRESS, HANDS TOGETHER	55	M	100	225	Hose, Tony	4/7/2024	Bench press Heptathlon
BENCH PRESS, HANDS TOGETHER	55	M	105	190	Myers, Al	2/11/2023	GRIP CHAMPIONSHIPS
BENCH PRESS, HANDS TOGETHER	55	M	110	205	Lupo, Tony	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, HANDS TOGETHER	55	M	115	190	Lupo, Tony	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
BENCH PRESS, HANDS TOGETHER	55	M	120	185	Ciavattone, Frank	8/14/2011	2011 NE Record Breaker
BENCH PRESS, HANDS TOGETHER	55	M	125	125	Hockemeyer, James	11/10/2004	Postal Meet
BENCH PRESS, HANDS TOGETHER	55	M	125+	225	Beversdorf, Dave	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, HANDS TOGETHER	60	M	75	132	Quier, Ed	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA

USAWA Record List

BENCH PRESS, HANDS TOGETHER	60	M	85	165	Byran, Barry	12/17/2022	Memorial Record Day
BENCH PRESS, HANDS TOGETHER	60	M	90	176	Vernacchio, John	3/7/1998	98 Buckeye Record Breaker
BENCH PRESS, HANDS TOGETHER	60	M	105	154	Schwieter, Herb	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, HANDS TOGETHER	60	M	110	195	Lupo, Tony	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, HANDS TOGETHER	65	M	70	120	Pensyl, Barry	10/15/2017	2017 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	65	M	75	115	McKean, John	10/14/2012	2012 Arts Birthday Bash
BENCH PRESS, HANDS TOGETHER	65	M	80	120	DeForest, Dave	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, HANDS TOGETHER	65	M	85	165	Bryan, Barry	5/25/2024	RD - Lebanon, PA '24
BENCH PRESS, HANDS TOGETHER	65	M	90	176	Bryan, Barry	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
BENCH PRESS, HANDS TOGETHER	65	M	100	100	Bletscher, Rudy	12/15/2002	RD - Columbia, MO '02
BENCH PRESS, HANDS TOGETHER	65	M	105	110	Licini, Jerome	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, HANDS TOGETHER	65	M	110	227	Larson, Nils	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BENCH PRESS, HANDS TOGETHER	65	M	115	226	Larson, Nils	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, HANDS TOGETHER	65	M	120	187	Malloy, Jim	10/12/2008	2008 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	65	M	125	145	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
BENCH PRESS, HANDS TOGETHER	70	M	80	130	Emslie, David	11/8/2014	2014 Clarks RD
BENCH PRESS, HANDS TOGETHER	70	M	90	225	Traub, Larry	3/9/2024	Dino Gym Challenge (2024)
BENCH PRESS, HANDS TOGETHER	70	M	95	149	Monahan, Rex	2/24/1996	96 Buckeye Record Breaker
BENCH PRESS, HANDS TOGETHER	70	M	110	145	Murdock, Mike	2/12/2012	RD - Dino Gym (2012)
BENCH PRESS, HANDS TOGETHER	70	M	120	187	Ross, Dean	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
BENCH PRESS, HANDS TOGETHER	70	M	125	165	Ross, Dean	8/18/2013	RD - Dino Days (2013)
BENCH PRESS, HANDS TOGETHER	75	M	75	93	Mitchell, Dennis	8/17/2007	2007 Worlds Christchurch
BENCH PRESS, HANDS TOGETHER	75	M	100	105	Myers, LaVerne	3/9/2024	Dino Gym Challenge (2024)
BENCH PRESS, HANDS TOGETHER	75	M	110	135	Ross, Dean	5/4/2019	RD - Spring Dino Gym
BENCH PRESS, HANDS TOGETHER	80	M	80	110	Habecker, Denny	3/9/2024	Dino Gym Challenge (2024)
BENCH PRESS, HANDS TOGETHER	90	M	90	45	Clark, Bill	4/7/2024	Bench press Heptathlon
BENCH PRESS, HANDS TOGETHER	90	M	95	55	Clark, Bill	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, HANDS TOGETHER	ALL	M	30	22	Wenzel, Logan	6/9/2024	RD - Stars of Tomorrow on parade
BENCH PRESS, HANDS TOGETHER	ALL	M	35	28	Wenzel, Logan	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BENCH PRESS, HANDS TOGETHER	ALL	M	40	30	Monk, Joshua	11/17/1999	99 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	ALL	M	45	50	Todd, Everett	4/7/2024	Bench press Heptathlon
BENCH PRESS, HANDS TOGETHER	ALL	M	60	165	Achenbach, Justin	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
BENCH PRESS, HANDS TOGETHER	ALL	M	65	132	Clauson, Riley	4/14/2007	2007 Macomb Record Day
BENCH PRESS, HANDS TOGETHER	ALL	M	70	240	Monk, John	11/17/1999	99 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	ALL	M	75	205	Smith, Abe	11/10/2004	Postal Meet
BENCH PRESS, HANDS TOGETHER	ALL	M	80	210	Muzzy, James	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	ALL	M	85	250	Beffort, Lon	2/20/2005	RD - Dino Gym (2005)
BENCH PRESS, HANDS TOGETHER	ALL	M	90	275	Stearns, Ashley	4/14/2024	Record Day- Clark's Gym 1
BENCH PRESS, HANDS TOGETHER	ALL	M	95	321	Stearns, Ashley	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, HANDS TOGETHER	ALL	M	100	271	Cortez, Collin	8/5/2017	PRESIDENTIAL CUP (2017)
BENCH PRESS, HANDS TOGETHER	ALL	M	105	300	Marcantino Jr., Guy	10/16/2011	2011 Arts Birthday Bash
BENCH PRESS, HANDS TOGETHER	ALL	M	110	257	Wenzel, Jeff	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO

USAWA Record List

BENCH PRESS, HANDS TOGETHER	ALL	M	115	308	Myers, Al	8/17/2007	2007 Worlds Christchurch
BENCH PRESS, HANDS TOGETHER	ALL	M	120	300	Todd, Eric	8/18/2013	RD - Dino Days (2013)
BENCH PRESS, HANDS TOGETHER	ALL	M	125	300	Myers, Al	12/15/2002	RD - Columbia, MO '02
BENCH PRESS, HANDS TOGETHER	ALL	M	125+	320	Tully, Scott	2/13/2011	RD - Dino Gym (2011)
BENCH PRESS, ONE ARM, LEFT	40	F	75	35	Hopps, Jessica	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BENCH PRESS, ONE ARM, LEFT	50	F	50	44	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
BENCH PRESS, ONE ARM, LEFT	50	F	90	35	Inglis, Laura	1/20/2018	Record Day- Fall Classic
BENCH PRESS, ONE ARM, LEFT	55	F	60	35	VanWagner, Kim	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	55	F	90	22	Lupo, Allison	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	55	F	100	33	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, LEFT	60	F	60	28	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, LEFT	60	F	90	20	Lupo, Allison	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, LEFT	65	F	45	35	Gedney, Judith	10/28/2006	Macomb Record Setter
BENCH PRESS, ONE ARM, LEFT	65	F	75	15	Thompson, Janet	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, LEFT	ALL	F	45	35	Gedney, Judith	10/28/2006	Macomb Record Setter
BENCH PRESS, ONE ARM, LEFT	ALL	F	50	44	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
BENCH PRESS, ONE ARM, LEFT	ALL	F	60	35	VanWagner, Kim	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	ALL	F	70	61	Lydon, Kim	1/20/2018	Record Day- Fall Classic
BENCH PRESS, ONE ARM, LEFT	ALL	F	75	35	Hopps, Jessica	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BENCH PRESS, ONE ARM, LEFT	ALL	F	90	35	Inglis, Laura	1/20/2018	Record Day- Fall Classic
BENCH PRESS, ONE ARM, LEFT	ALL	F	100	33	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, LEFT	13	M	35	10	Wenzel, Logan	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BENCH PRESS, ONE ARM, LEFT	13	M	45	17	Todd, Everett	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	16	M	60	65	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	16	M	65	60	Clauson, Riley	10/28/2006	Macomb Record Setter
BENCH PRESS, ONE ARM, LEFT	16	M	85	110	Arnold, Chris	10/24/2010	2010 Clark's Record Day
BENCH PRESS, ONE ARM, LEFT	16	M	95	70	Heater, Lewis	2/22/2009	RD - Clark's Gym '09
BENCH PRESS, ONE ARM, LEFT	40	M	70	65	Ortega, Toby	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	40	M	85	105	Smith, Abe	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	40	M	95	125	Stearns, Ashley	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, LEFT	40	M	115	115	Ullom, Chad	1/14/2012	Dino Gym Challenge (2012)
BENCH PRESS, ONE ARM, LEFT	40	M	120	95	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
BENCH PRESS, ONE ARM, LEFT	40	M	125	100	Todd, Chris	12/10/2022	RD - Lift for Leroy '22
BENCH PRESS, ONE ARM, LEFT	40	M	125+	130	Beversdorf, Dave	10/11/2009	RD - Clark's Gym '09
BENCH PRESS, ONE ARM, LEFT	45	M	95	100	Fobes, Jarrod	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	45	M	100	105	Fobes, Jarrod	7/27/2024	Buffville Road to the Century Club #5
BENCH PRESS, ONE ARM, LEFT	45	M	105	125	Wenzel, Jeff	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
BENCH PRESS, ONE ARM, LEFT	45	M	110	125	Wenzel, Jeff	4/14/2024	Record Day- Clark's Gym 1
BENCH PRESS, ONE ARM, LEFT	45	M	115	100	Myers, Al	1/14/2012	Dino Gym Challenge (2012)
BENCH PRESS, ONE ARM, LEFT	45	M	125+	165	Beversdorf, Dave	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)
BENCH PRESS, ONE ARM, LEFT	50	M	90	56	Gupta, Sanjiv	7/13/2023	RD - Colorado
BENCH PRESS, ONE ARM, LEFT	50	M	95	55	Gupta, Sanjiv	4/7/2024	Bench press Heptathlon

USAWA Record List

BENCH PRESS, ONE ARM, LEFT	50	M	100	55	Gupta, Sanjiv	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, LEFT	50	M	105	135	Hose, Tony	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, ONE ARM, LEFT	50	M	110	145	Wenzel, Jeff	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, LEFT	50	M	115	125	Wenzel, Jeff	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
BENCH PRESS, ONE ARM, LEFT	50	M	125+	155	Beversdorf, Dave	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
BENCH PRESS, ONE ARM, LEFT	55	M	75	45	Marchand, Wade	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
BENCH PRESS, ONE ARM, LEFT	55	M	90	66	Wynn, Donnie	10/28/2006	Macomb Record Setter
BENCH PRESS, ONE ARM, LEFT	55	M	100	140	Hose, Tony	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	55	M	110	105	Lupo, Tony	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, LEFT	55	M	115	105	Lupo, Tony	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
BENCH PRESS, ONE ARM, LEFT	55	M	125+	140	Beversdorf, Dave	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, ONE ARM, LEFT	60	M	85	45	DeForest, Dave	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	60	M	90	60	DeForest, Dave	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, ONE ARM, LEFT	60	M	95	75	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, ONE ARM, LEFT	60	M	105	50	Schwieter, Herb	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, ONE ARM, LEFT	60	M	110	105	Lupo, Tony	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, LEFT	65	M	80	65	DeForest, Dave	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, LEFT	65	M	85	65	DeForest, Dave	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, LEFT	65	M	105	40	Licini, Jerome	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, LEFT	65	M	110	40	Larson, Nils	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
BENCH PRESS, ONE ARM, LEFT	65	M	115	56	Larson, Nils	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, ONE ARM, LEFT	65	M	125	40	Ross, Dean	1/14/2012	Dino Gym Challenge (2012)
BENCH PRESS, ONE ARM, LEFT	65	M	125+	50	Ciavattone, Frank	7/30/2023	Norwood-Wapole Lifting Classic
BENCH PRESS, ONE ARM, LEFT	70	M	80	45	Emslie, David	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, ONE ARM, LEFT	70	M	110	55	Murdock, Mike	2/12/2012	RD - Dino Gym (2012)
BENCH PRESS, ONE ARM, LEFT	75	M	60	43	Pensyl, Barry	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
BENCH PRESS, ONE ARM, LEFT	75	M	100	35	Bletscher, Rudy	1/14/2012	Dino Gym Challenge (2012)
BENCH PRESS, ONE ARM, LEFT	90	M	90	22	Clark, Bill	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	90	M	95	20	Clark, Bill	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, ONE ARM, LEFT	ALL	M	35	10	Wenzel, Logan	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BENCH PRESS, ONE ARM, LEFT	ALL	M	45	17	Todd, Everett	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	ALL	M	60	65	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	ALL	M	65	60	Clauson, Riley	10/28/2006	Macomb Record Setter
BENCH PRESS, ONE ARM, LEFT	ALL	M	70	85	Wenzel, Riley	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, LEFT	ALL	M	75	90	Sawyers, Wyatt	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, ONE ARM, LEFT	ALL	M	80	80	Barten, Casey	2/15/2009	RD - Dino Gym (2009)
BENCH PRESS, ONE ARM, LEFT	ALL	M	85	110	Arnold, Chris	10/24/2010	2010 Clark's Record Day
BENCH PRESS, ONE ARM, LEFT	ALL	M	90	95	Fobes, Jarrod	12/27/2014	2014 Colorado RB
BENCH PRESS, ONE ARM, LEFT	ALL	M	95	125	Stearns, Ashley	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, LEFT	ALL	M	100	140	Hose, Tony	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, LEFT	ALL	M	105	135	Hose, Tony	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, ONE ARM, LEFT	ALL	M	110	145	Wenzel, Jeff	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO

USAWA Record List

BENCH PRESS, ONE ARM, LEFT	ALL	M	115	125	Wenzel, Jeff	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
BENCH PRESS, ONE ARM, LEFT	ALL	M	120	95	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
BENCH PRESS, ONE ARM, LEFT	ALL	M	125	100	Todd, Chris	12/10/2022	RD - Lift for Leroy '22
BENCH PRESS, ONE ARM, LEFT	ALL	M	125+	165	Beversdorf, Dave	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)
BENCH PRESS, ONE ARM, RIGHT	14	F	40	15	Gupta, Nisha	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	40	F	75	35	Hopps, Jessica	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BENCH PRESS, ONE ARM, RIGHT	50	F	50	44	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
BENCH PRESS, ONE ARM, RIGHT	55	F	60	35	VanWagner, Kim	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, RIGHT	55	F	90	10	Lupo, Allison	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	55	F	100	33	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, RIGHT	60	F	60	28	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, RIGHT	60	F	90	25	Lane-Richards, Colleen	1/20/2018	Record Day- Fall Classic
BENCH PRESS, ONE ARM, RIGHT	65	F	45	35	Gedney, Judith	10/28/2006	Macomb Record Setter
BENCH PRESS, ONE ARM, RIGHT	65	F	75	15	Thompson, Janet	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, RIGHT	ALL	F	40	15	Gupta, Nisha	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	ALL	F	45	35	Gedney, Judith	10/28/2006	Macomb Record Setter
BENCH PRESS, ONE ARM, RIGHT	ALL	F	50	44	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
BENCH PRESS, ONE ARM, RIGHT	ALL	F	60	35	VanWagner, Kim	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, RIGHT	ALL	F	70	51	Lydon, Kim	1/20/2018	Record Day- Fall Classic
BENCH PRESS, ONE ARM, RIGHT	ALL	F	75	35	Hopps, Jessica	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BENCH PRESS, ONE ARM, RIGHT	ALL	F	90	25	Lane-Richards, Colleen	1/20/2018	Record Day- Fall Classic
BENCH PRESS, ONE ARM, RIGHT	ALL	F	100	33	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, RIGHT	13	M	35	10	Wenzel, Logan	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BENCH PRESS, ONE ARM, RIGHT	13	M	45	17	Todd, Everett	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	16	M	60	55	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	16	M	65	66	Frantz, Nate	10/1/2005	Macomb Record Setter
BENCH PRESS, ONE ARM, RIGHT	16	M	75	49	Jenkins, Brian	7/21/2012	2012 Macomb Record Setter
BENCH PRESS, ONE ARM, RIGHT	16	M	85	110	Arnold, Chris	10/24/2010	2010 Clark's Record Day
BENCH PRESS, ONE ARM, RIGHT	16	M	95	70	Heater, Lewis	2/22/2009	RD - Clark's Gym '09
BENCH PRESS, ONE ARM, RIGHT	40	M	70	65	Ortega, Toby	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	40	M	85	105	Smith, Abe	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	40	M	95	78	Stearns, Ashley	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, RIGHT	40	M	115	120	Ullom, Chad	1/14/2012	Dino Gym Challenge (2012)
BENCH PRESS, ONE ARM, RIGHT	40	M	120	115	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
BENCH PRESS, ONE ARM, RIGHT	40	M	125+	160	Beversdorf, Dave	10/11/2009	RD - Clark's Gym '09
BENCH PRESS, ONE ARM, RIGHT	45	M	100	106	Fobes, Jarrod	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, RIGHT	45	M	105	115	Wenzel, Jeff	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
BENCH PRESS, ONE ARM, RIGHT	45	M	110	125	Wenzel, Jeff	6/9/2024	RD - Stars of Tomorrow on parade
BENCH PRESS, ONE ARM, RIGHT	45	M	115	130	Myers, Al	1/14/2012	Dino Gym Challenge (2012)
BENCH PRESS, ONE ARM, RIGHT	45	M	125+	176	Beversdorf, Dave	11/10/2012	2012 Macomb Fall RB
BENCH PRESS, ONE ARM, RIGHT	50	M	95	55	Gupta, Sanjiv	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	50	M	100	55	Gupta, Sanjiv	4/11/2026	2026 Bench Press Heptathlon V and Record Day

USAWA Record List

BENCH PRESS, ONE ARM, RIGHT	50	M	105	140	Wenzel, Jeff	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, RIGHT	50	M	110	135	Wenzel, Jeff	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, RIGHT	50	M	115	140	Wenzel, Jeff	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
BENCH PRESS, ONE ARM, RIGHT	50	M	125+	155	Beversdorf, Dave	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
BENCH PRESS, ONE ARM, RIGHT	55	M	75	45	Marchand, Wade	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
BENCH PRESS, ONE ARM, RIGHT	55	M	90	110	Wynn, Donnie	10/28/2006	Macomb Record Setter
BENCH PRESS, ONE ARM, RIGHT	55	M	95	88	Wynn, Donnie	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, ONE ARM, RIGHT	55	M	100	140	Hose, Tony	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	55	M	110	75	Lupo, Tony	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	55	M	115	85	Lupo, Tony	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
BENCH PRESS, ONE ARM, RIGHT	55	M	125+	135	Beversdorf, Dave	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, ONE ARM, RIGHT	60	M	85	45	DeForest, Dave	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	60	M	90	76	Vuono, Peter	7/22/2017	2017 NE Cup RD
BENCH PRESS, ONE ARM, RIGHT	60	M	95	85	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, ONE ARM, RIGHT	60	M	105	72	Schwieter, Herb	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, ONE ARM, RIGHT	60	M	110	70	Lupo, Tony	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, RIGHT	60	M	125+	50	Dallalis, Paul	5/27/2017	2017 East Walpole, MA RD
BENCH PRESS, ONE ARM, RIGHT	65	M	80	65	DeForest, Dave	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, RIGHT	65	M	85	65	DeForest, Dave	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, RIGHT	65	M	90	44	Bryan, Barry	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
BENCH PRESS, ONE ARM, RIGHT	65	M	100	45	Bletscher, Rudy	12/15/2002	RD - Columbia, MO '02
BENCH PRESS, ONE ARM, RIGHT	65	M	105	40	Licini, Jerome	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, RIGHT	65	M	115	56	Larson, Nils	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, ONE ARM, RIGHT	65	M	125	60	Ross, Dean	1/14/2012	Dino Gym Challenge (2012)
BENCH PRESS, ONE ARM, RIGHT	65	M	125+	60	Ciavattone, Frank	7/30/2023	Norwood-Wapole Lifting Classic
BENCH PRESS, ONE ARM, RIGHT	70	M	80	45	Emslie, David	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, ONE ARM, RIGHT	70	M	110	55	Murdock, Mike	2/12/2012	RD - Dino Gym (2012)
BENCH PRESS, ONE ARM, RIGHT	75	M	65	41	Pensyl, Barry	12/16/2023	2023 Memorial Record Day
BENCH PRESS, ONE ARM, RIGHT	75	M	100	40	Bletscher, Rudy	1/14/2012	Dino Gym Challenge (2012)
BENCH PRESS, ONE ARM, RIGHT	90	M	75	95	Clark, Bill	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, ONE ARM, RIGHT	90	M	90	22	Clark, Bill	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	ALL	M	35	10	Wenzel, Logan	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BENCH PRESS, ONE ARM, RIGHT	ALL	M	45	17	Todd, Everett	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	ALL	M	60	55	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
BENCH PRESS, ONE ARM, RIGHT	ALL	M	65	66	Frantz, Nate	10/1/2005	Macomb Record Setter
BENCH PRESS, ONE ARM, RIGHT	ALL	M	70	85	Wenzel, Riley	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, RIGHT	ALL	M	75	85	Sawyers, Wyatt	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, ONE ARM, RIGHT	ALL	M	80	131	Wagman, Dan	8/10/2024	2024 Two-Fisted Challenge RD
BENCH PRESS, ONE ARM, RIGHT	ALL	M	85	110	Arnold, Chris	10/24/2010	2010 Clark's Record Day
BENCH PRESS, ONE ARM, RIGHT	ALL	M	90	115	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
BENCH PRESS, ONE ARM, RIGHT	ALL	M	95	96	Vuono, Michael	7/21/2018	2018 NE Record Day
BENCH PRESS, ONE ARM, RIGHT	ALL	M	100	140	Hose, Tony	4/7/2024	Bench press Heptathlon

USAWA Record List

BENCH PRESS, ONE ARM, RIGHT	ALL	M	105	140	Wenzel, Jeff	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ONE ARM, RIGHT	ALL	M	110	135	Wenzel, Jeff	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ONE ARM, RIGHT	ALL	M	115	140	Wenzel, Jeff	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
BENCH PRESS, ONE ARM, RIGHT	ALL	M	120	115	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
BENCH PRESS, ONE ARM, RIGHT	ALL	M	125	150	Myers, Al	12/15/2002	RD - Columbia, MO '02
BENCH PRESS, ONE ARM, RIGHT	ALL	M	125+	176	Beversdorf, Dave	11/10/2012	2012 Macomb Fall RB
BENCH PRESS, REFLEX	50	M	95	250	Hadley, Patrick	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, REFLEX	50	M	100	180	Gupta, Sanjiv	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
BENCH PRESS, REFLEX	50	M	110	415	Poore, Clint	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, REFLEX	ALL	M	95	250	Hadley, Patrick	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, REFLEX	ALL	M	100	335	Rains, Aaron	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, REFLEX	ALL	M	110	415	Poore, Clint	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, REVERSE GRIP	13	F	55	50	Todd, Phoebe	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	13	F	65	80	Todd, Lillian	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	14	F	40	35	Gupta, Nisha	4/7/2024	Bench press Heptathlon
BENCH PRESS, REVERSE GRIP	40	F	65	71	Shumski, Tanya	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
BENCH PRESS, REVERSE GRIP	40	F	70	121	Skwarecki, Beth	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	40	F	75	85	Hopps, Jessica	3/31/2026	POSTAL (2026) -Q1
BENCH PRESS, REVERSE GRIP	45	F	45	88	Gedney, Judith	10/1/2005	Macomb Record Setter
BENCH PRESS, REVERSE GRIP	50	F	50	100	Jackson, RJ	12/27/2014	2014 Colorado RB
BENCH PRESS, REVERSE GRIP	55	F	60	90	VanWagner, Kim	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, REVERSE GRIP	55	F	75	65	Kahn, Helen	9/30/2010	2010 Delaware Postal
BENCH PRESS, REVERSE GRIP	55	F	90	70	Lupo, Allison	3/31/2026	POSTAL (2026) -Q1
BENCH PRESS, REVERSE GRIP	55	F	95	65	Lane, Colleen	11/30/2013	2013 NE Record Breakers
BENCH PRESS, REVERSE GRIP	55	F	100	115	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, REVERSE GRIP	60	F	60	125	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, REVERSE GRIP	60	F	90	65	Lupo, Allison	4/11/2025	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, REVERSE GRIP	60	F	105	110	Gore, Lisa	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BENCH PRESS, REVERSE GRIP	65	F	50	99	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, REVERSE GRIP	65	F	75	65	Thompson, Janet	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, REVERSE GRIP	ALL	F	40	35	Gupta, Nisha	4/7/2024	Bench press Heptathlon
BENCH PRESS, REVERSE GRIP	ALL	F	45	88	Gedney, Judith	10/1/2005	Macomb Record Setter
BENCH PRESS, REVERSE GRIP	ALL	F	50	100	Jackson, RJ	12/27/2014	2014 Colorado RB
BENCH PRESS, REVERSE GRIP	ALL	F	55	50	Todd, Phoebe	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	ALL	F	60	125	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, REVERSE GRIP	ALL	F	65	80	Todd, Lillian	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	ALL	F	70	145	McKenzie, Shannon	10/23/2005	2005 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	ALL	F	75	132	Cicero, Kasey	12/16/2023	2023 Memorial Record Day
BENCH PRESS, REVERSE GRIP	ALL	F	80	45	Richards, Taylor	7/30/2023	Norwood-Wapole Lifting Classic
BENCH PRESS, REVERSE GRIP	ALL	F	85	120	Todd, Stacy	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	ALL	F	90	70	Hopps, Jessica	11/30/2013	2013 NE Record Breakers
BENCH PRESS, REVERSE GRIP	ALL	F	95	65	Lane, Colleen	11/30/2013	2013 NE Record Breakers

USAWA Record List

BENCH PRESS, REVERSE GRIP	ALL	F	100	115	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, REVERSE GRIP	ALL	F	105	110	Gore, Lisa	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BENCH PRESS, REVERSE GRIP	13	M	30	22	Wenzel, Logan	6/9/2024	RD - Stars of Tomorrow on parade
BENCH PRESS, REVERSE GRIP	13	M	35	35	Monk, Joshua	8/15/1998	98 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	13	M	40	40	Todd, Everett	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	13	M	45	62	Todd, Everett	4/7/2024	Bench press Heptathlon
BENCH PRESS, REVERSE GRIP	13	M	55	88	Myers, Sam	10/1/2005	Macomb Record Setter
BENCH PRESS, REVERSE GRIP	13	M	60	80	Houk, Jason	10/16/2011	2011 Arts Birthday Bash
BENCH PRESS, REVERSE GRIP	13	M	100	110	McKean, Andraes	7/13/2019	2019 Schmidt's RD
BENCH PRESS, REVERSE GRIP	14	M	55	110	Myers, Sam	10/28/2006	Macomb Record Setter
BENCH PRESS, REVERSE GRIP	14	M	85	149	Sears, Austin	10/1/2005	Macomb Record Setter
BENCH PRESS, REVERSE GRIP	16	M	60	135	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
BENCH PRESS, REVERSE GRIP	16	M	65	110	O'Neil-Butters, Maverick	7/30/2023	Norwood-Wapole Lifting Classic
BENCH PRESS, REVERSE GRIP	16	M	70	155	Heit, Calvin	2/11/2018	RD - Dino Gym
BENCH PRESS, REVERSE GRIP	16	M	75	209	Jenkins, Brian	7/21/2012	2012 Macomb Record Setter
BENCH PRESS, REVERSE GRIP	16	M	80	150	Demille, Cale	10/12/2003	2003 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	16	M	85	185	Arnold, Chris	10/24/2010	2010 Clark's Record Day
BENCH PRESS, REVERSE GRIP	16	M	90	170	Hunter, Joe	10/13/2002	2002 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	16	M	95	225	Heater, Lewis	2/22/2009	RD - Clark's Gym '09
BENCH PRESS, REVERSE GRIP	16	M	125+	165	Hess, Kohl	9/30/2010	2010 Delaware Postal
BENCH PRESS, REVERSE GRIP	18	M	60	220	Lauer, Garret	8/15/1999	99 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	18	M	80	245	Smith, Abe	11/18/2000	RD - Columbia, MO '00
BENCH PRESS, REVERSE GRIP	18	M	85	170	Habecker, Aidan	12/17/2022	Memorial Record Day
BENCH PRESS, REVERSE GRIP	18	M	100	220	Gruver, Timothy	8/15/1999	99 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	18	M	115	195	Quinn, Sean	7/30/2023	Norwood-Wapole Lifting Classic
BENCH PRESS, REVERSE GRIP	40	M	70	155	Ortega, Toby	4/7/2024	Bench press Heptathlon
BENCH PRESS, REVERSE GRIP	40	M	85	300	Stearns, Ashley	2/10/2024	RD - Buffville
BENCH PRESS, REVERSE GRIP	40	M	90	315	Stearns, Ashley	9/28/2024	2024 Apple Festival World Record Breakers, Albany KY
BENCH PRESS, REVERSE GRIP	40	M	95	340	Stearns, Ashley	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, REVERSE GRIP	40	M	110	315	Ciavattone, Jeff	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	40	M	115	305	Ciavattone, Joe Sr.	8/14/2011	2011 NE Record Breaker
BENCH PRESS, REVERSE GRIP	40	M	125	225	Todd, Chris	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	40	M	125+	380	Beversdorf, Dave	10/11/2009	RD - Clark's Gym '09
BENCH PRESS, REVERSE GRIP	45	M	70	187	Waterman, Chris	3/3/2001	2001 Buckeye Record Day
BENCH PRESS, REVERSE GRIP	45	M	75	44	Gorman, Tom	8/15/1998	98 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	45	M	95	255	Fobes, Jarrod	3/31/2026	POSTAL (2026) -Q1
BENCH PRESS, REVERSE GRIP	45	M	100	280	Cookson, Bill	9/30/2010	2010 Delaware Postal
BENCH PRESS, REVERSE GRIP	45	M	105	265	Wenzel, Jeff	4/7/2024	Bench press Heptathlon
BENCH PRESS, REVERSE GRIP	45	M	110	280	Myers, Al	1/24/2015	2015 Florida RD
BENCH PRESS, REVERSE GRIP	45	M	115	310	Myers, Al	2/12/2012	RD - Dino Gym (2012)
BENCH PRESS, REVERSE GRIP	45	M	120	330	Myers, Al	8/28/2011	RD - Dino Days (2011)
BENCH PRESS, REVERSE GRIP	45	M	125+	410	Beversdorf, Dave	10/24/2010	2010 Clark's Record Day

USAWA Record List

BENCH PRESS, REVERSE GRIP	50	M	75	155	Marchand, Wade	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	50	M	80	331	Wagman, Dan	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	50	M	85	300	Wagman, Dan	8/18/2013	RD - Dino Days (2013)
BENCH PRESS, REVERSE GRIP	50	M	90	205	Smith, Randy	6/1/2008	2008 International Postal
BENCH PRESS, REVERSE GRIP	50	M	95	135	Hadley, Patrick	3/9/2024	RD - Buffville 2
BENCH PRESS, REVERSE GRIP	50	M	100	115	Gupta, Sanjiv	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, REVERSE GRIP	50	M	105	285	Hose, Tony	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	50	M	110	300	Wenzel, Jeff	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, REVERSE GRIP	50	M	115	235	Poore, Clint	10/5/2024	Buffville Road to the Century Club #6
BENCH PRESS, REVERSE GRIP	55	M	75	156	Marchand, Wade	3/31/2026	POSTAL (2026) -Q1
BENCH PRESS, REVERSE GRIP	55	M	85	209	Habecker, Denny	8/15/1998	98 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	55	M	90	244	Bryan, Barry	11/29/2014	2014 New England Gold Cup
BENCH PRESS, REVERSE GRIP	55	M	95	243	Wynn, Donnie	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, REVERSE GRIP	55	M	100	285	Hose, Tony	4/7/2024	Bench press Heptathlon
BENCH PRESS, REVERSE GRIP	55	M	105	125	Raymond, Mark	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	55	M	110	250	Lupo, Tony	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	55	M	125+	315	Beversdorf, Dave	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, REVERSE GRIP	60	M	85	226	Byran, Barry	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	60	M	90	185	DeForest, Dave	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, REVERSE GRIP	60	M	95	155	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, REVERSE GRIP	60	M	100	187	Schwieter, Herb	10/1/2005	Macomb Record Setter
BENCH PRESS, REVERSE GRIP	60	M	105	193	Schwieter, Herb	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, REVERSE GRIP	60	M	110	215	Lupo, Tony	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, REVERSE GRIP	60	M	115	220	Lupo, Tony	3/31/2026	POSTAL (2026) -Q1
BENCH PRESS, REVERSE GRIP	65	M	70	126	Pensyl, Barry	8/6/2016	PRESIDENTIAL CUP (2016)
BENCH PRESS, REVERSE GRIP	65	M	75	125	McKean, John	10/16/2011	2011 Arts Birthday Bash
BENCH PRESS, REVERSE GRIP	65	M	80	198	Bryan, Barry	3/31/2026	POSTAL (2026) -Q1
BENCH PRESS, REVERSE GRIP	65	M	85	176	Bryan, Barry	5/25/2024	RD - Lebanon, PA '24
BENCH PRESS, REVERSE GRIP	65	M	90	185	Habecker, Denny	10/14/2007	2007 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	65	M	95	100	Carter, John	3/31/2026	POSTAL (2026) -Q1
BENCH PRESS, REVERSE GRIP	65	M	100	154	Caron, Joe	6/1/2008	2008 International Postal
BENCH PRESS, REVERSE GRIP	65	M	105	100	Licini, Jerome	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, REVERSE GRIP	65	M	110	211	Larson, Nils	3/31/2026	POSTAL (2026) -Q1
BENCH PRESS, REVERSE GRIP	65	M	115	156	Larson, Nils	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, REVERSE GRIP	65	M	125	200	Ciavattone, Frank	2/25/2023	New England Grip Classic (2023)
BENCH PRESS, REVERSE GRIP	65	M	125+	205	Ciavattone, Frank	7/30/2023	Norwood-Wapole Lifting Classic
BENCH PRESS, REVERSE GRIP	70	M	80	125	Emslie, David	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, REVERSE GRIP	70	M	90	175	Habecker, Denny	10/14/2012	2012 Arts Birthday Bash
BENCH PRESS, REVERSE GRIP	70	M	95	171	Spiegelberg, Bruce	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
BENCH PRESS, REVERSE GRIP	70	M	120	155	Ross, Dean	2/13/2016	2016 Grip Championships
BENCH PRESS, REVERSE GRIP	70	M	125	155	Ross, Dean	8/18/2013	RD - Dino Days (2013)
BENCH PRESS, REVERSE GRIP	75	M	80	80	Montini, Art	10/13/2002	2002 Art's Birthday Bash

USAWA Record List

BENCH PRESS, REVERSE GRIP	80	M	80	110	Habecker, Denny	3/31/2026	POSTAL (2026) -Q1
BENCH PRESS, REVERSE GRIP	80	M	85	88	Habecker, Denny	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	85	M	95	65	Clark, Bill	5/5/2022	2022 Bench Press Decathlon I and Record Day
BENCH PRESS, REVERSE GRIP	90	M	90	55	Clark, Bill	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	90	M	95	55	Clark, Bill	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, REVERSE GRIP	ALL	M	30	22	Wenzel, Logan	6/9/2024	RD - Stars of Tomorrow on parade
BENCH PRESS, REVERSE GRIP	ALL	M	35	35	Monk, Joshua	8/15/1998	98 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	ALL	M	40	40	Todd, Everett	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	ALL	M	45	62	Todd, Everett	4/7/2024	Bench press Heptathlon
BENCH PRESS, REVERSE GRIP	ALL	M	55	110	Myers, Sam	10/28/2006	Macomb Record Setter
BENCH PRESS, REVERSE GRIP	ALL	M	60	220	Lauer, Garret	8/15/1999	99 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	ALL	M	65	254	Monk, John	8/15/1998	98 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	ALL	M	70	205	Wenzel, Riley	4/11/2025	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, REVERSE GRIP	ALL	M	75	303	Crowe, Brian	8/15/1998	98 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	ALL	M	80	331	Wagman, Dan	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	ALL	M	85	355	Wagman, Dan	12/27/2015	RD - Iron Warrior
BENCH PRESS, REVERSE GRIP	ALL	M	90	315	Stearns, Ashley	9/28/2024	2024 Apple Festival World Record Breakers, Albany KY
BENCH PRESS, REVERSE GRIP	ALL	M	95	340	Stearns, Ashley	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, REVERSE GRIP	ALL	M	100	364	Gayle, Eric	8/15/1999	99 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	ALL	M	105	315	Marcantino Jr., Guy	10/16/2011	2011 Arts Birthday Bash
BENCH PRESS, REVERSE GRIP	ALL	M	110	315	Ciavattone, Jeff	12/31/2022	POSTAL (2022) - Q4
BENCH PRESS, REVERSE GRIP	ALL	M	115	315	Davis-Diaz, Nic	4/7/2024	Bench press Heptathlon
BENCH PRESS, REVERSE GRIP	ALL	M	120	330	Myers, Al	8/28/2011	RD - Dino Days (2011)
BENCH PRESS, REVERSE GRIP	ALL	M	125	375	Myers, Al	12/15/2002	RD - Columbia, MO '02
BENCH PRESS, REVERSE GRIP	ALL	M	125+	410	Beversdorf, Dave	10/24/2010	2010 Clark's Record Day
BENCH PRESS, ROMAN CHAIR	55	F	60	45	VanWagner, Kim	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ROMAN CHAIR	55	F	90	15	Lupo, Allison	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
BENCH PRESS, ROMAN CHAIR	55	F	100	65	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ROMAN CHAIR	60	F	50	81	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
BENCH PRESS, ROMAN CHAIR	ALL	F	50	81	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
BENCH PRESS, ROMAN CHAIR	ALL	F	60	45	VanWagner, Kim	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ROMAN CHAIR	ALL	F	65	45	Garcia, Cindy	2/6/1988	RD - Columbia, MO '88
BENCH PRESS, ROMAN CHAIR	ALL	F	75	46	Diggs, Crystal	6/13/2024	Mini Meet - Colorado Springs, CO
BENCH PRESS, ROMAN CHAIR	ALL	F	90	15	Lupo, Allison	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
BENCH PRESS, ROMAN CHAIR	ALL	F	100	65	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ROMAN CHAIR	13	M	35	5	Wenzel, Logan	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ROMAN CHAIR	16	M	60	75	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
BENCH PRESS, ROMAN CHAIR	16	M	95	100	Heater, Lewis	2/22/2009	RD - Clark's Gym '09
BENCH PRESS, ROMAN CHAIR	18	M	70	135	Achenbach, Kyle	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	18	M	75	45	Market, Tim	6/21/2025	Women's Only Meet, Columbia, MO
BENCH PRESS, ROMAN CHAIR	18	M	80	115	Muzzy, James	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	40	M	70	65	Ortega, Toby	4/7/2024	Bench press Heptathlon

USAWA Record List

BENCH PRESS, ROMAN CHAIR	40	M	75	135	Monk, John	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	40	M	85	165	Smith, Abe	4/7/2024	Bench press Heptathlon
BENCH PRESS, ROMAN CHAIR	40	M	115	200	Myers, Al	2/14/2010	RD - Dino Gym (2010)
BENCH PRESS, ROMAN CHAIR	40	M	125+	250	Beversdorf, Dave	10/11/2009	RD - Clark's Gym '09
BENCH PRESS, ROMAN CHAIR	45	M	95	65	Songster, Tim	8/12/2012	RD - Dino Days (2012)
BENCH PRESS, ROMAN CHAIR	45	M	100	75	Fobes, Jarrod	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ROMAN CHAIR	45	M	105	200	Wenzel, Jeff	4/7/2024	Bench press Heptathlon
BENCH PRESS, ROMAN CHAIR	45	M	110	215	Wenzel, Jeff	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
BENCH PRESS, ROMAN CHAIR	50	M	95	75	Gupta, Sanjiv	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ROMAN CHAIR	50	M	100	75	Gupta, Sanjiv	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ROMAN CHAIR	50	M	105	251	Wenzel, Jeff	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ROMAN CHAIR	50	M	110	250	Poore, Clint	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
BENCH PRESS, ROMAN CHAIR	50	M	115	205	Poore, Clint	4/7/2024	RD - Buffville 3
BENCH PRESS, ROMAN CHAIR	55	M	100	145	Hose, Tony	4/7/2024	Bench press Heptathlon
BENCH PRESS, ROMAN CHAIR	55	M	110	100	Lupo, Tony	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ROMAN CHAIR	55	M	125+	45	Beversdorf, Dave	5/5/2022	2022 Bench Press Decathlon I and Record Day
BENCH PRESS, ROMAN CHAIR	60	M	85	22	DeForest, Dave	5/5/2022	2022 Bench Press Decathlon I and Record Day
BENCH PRESS, ROMAN CHAIR	60	M	90	75	Habecker, Denny	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	60	M	110	110	Lupo, Tony	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ROMAN CHAIR	65	M	85	22	DeForest, Dave	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ROMAN CHAIR	70	M	80	75	Emslie, David	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, ROMAN CHAIR	70	M	110	85	Clark, Bill	10/13/2002	2002 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	70	M	115	65	Ross, Dean	10/16/2016	2016 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	85	M	95	33	Clark, Bill	5/5/2022	2022 Bench Press Decathlon I and Record Day
BENCH PRESS, ROMAN CHAIR	90	M	90	28	Clark, Bill	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
BENCH PRESS, ROMAN CHAIR	90	M	110	95	Clark, Bill	4/22/2023	BENCH PRESS DECATHLON
BENCH PRESS, ROMAN CHAIR	ALL	M	35	5	Wenzel, Logan	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, ROMAN CHAIR	ALL	M	60	75	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
BENCH PRESS, ROMAN CHAIR	ALL	M	70	135	Achenbach, Kyle	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	ALL	M	75	135	Monk, John	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	ALL	M	80	115	Muzzy, James	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	ALL	M	85	165	Smith, Abe	4/7/2024	Bench press Heptathlon
BENCH PRESS, ROMAN CHAIR	ALL	M	90	75	Habecker, Denny	10/22/2006	2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	ALL	M	95	100	Heater, Lewis	2/22/2009	RD - Clark's Gym '09
BENCH PRESS, ROMAN CHAIR	ALL	M	100	145	Hose, Tony	4/7/2024	Bench press Heptathlon
BENCH PRESS, ROMAN CHAIR	ALL	M	105	251	Wenzel, Jeff	4/11/2026	2026 Bench Press Heptathlon V and Record Day
BENCH PRESS, ROMAN CHAIR	ALL	M	110	250	Poore, Clint	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
BENCH PRESS, ROMAN CHAIR	ALL	M	115	205	Poore, Clint	4/7/2024	RD - Buffville 3
BENCH PRESS, ROMAN CHAIR	ALL	M	125+	250	Beversdorf, Dave	10/11/2009	RD - Clark's Gym '09
BENCH PRESS, TWO DUMBBELLS	40	F	65	110	Skwarecki, Beth	10/12/2024	Clarks Gym RD #5 (2024)
BENCH PRESS, TWO DUMBBELLS	55	F	90	40	Lupo, Allison	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
BENCH PRESS, TWO DUMBBELLS	55	F	100	100	Gore, Lisa	8/3/2024	Clarks Gym RD #4 (2024)

USAWA Record List

BENCH PRESS, TWO DUMBBELLS	60	F	60	90	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, TWO DUMBBELLS	ALL	F	65	110	Skwarecki, Beth	10/12/2024	Clarks Gym RD #5 (2024)
BENCH PRESS, TWO DUMBBELLS	ALL	F	75	100	Trimble, Nicole	10/12/2024	Clarks Gym RD #5 (2024)
BENCH PRESS, TWO DUMBBELLS	ALL	F	60	90	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
BENCH PRESS, TWO DUMBBELLS	ALL	F	80	100	Jordan, Diana	10/12/2024	Clarks Gym RD #5 (2024)
BENCH PRESS, TWO DUMBBELLS	ALL	F	90	40	Lupo, Allison	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
BENCH PRESS, TWO DUMBBELLS	ALL	F	100	100	Gore, Lisa	8/3/2024	Clarks Gym RD #4 (2024)
BENCH PRESS, TWO DUMBBELLS	13	M	35	20	Wenzel, Logan	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BENCH PRESS, TWO DUMBBELLS	14	M	65	90	Cline, Bentley	2/1/2025	Superman Push/Pull, Scottsville, KY
BENCH PRESS, TWO DUMBBELLS	16	M	95	220	Drummond, Max	2/1/2025	Superman Push/Pull, Scottsville, KY
BENCH PRESS, TWO DUMBBELLS	16	M	100	300	Carter, Kaden	2/1/2025	Superman Push/Pull, Scottsville, KY
BENCH PRESS, TWO DUMBBELLS	40	M	85	310	Stearns, Ashley	8/3/2024	Clarks Gym RD #4 (2024)
BENCH PRESS, TWO DUMBBELLS	40	M	90	310	Stearns, Ashley	7/27/2024	Buffville Road to the Century Club #5
BENCH PRESS, TWO DUMBBELLS	40	M	95	330	Stearns, Ashley	2/1/2025	Superman Push/Pull, Scottsville, KY
BENCH PRESS, TWO DUMBBELLS	45	M	100	218	Lansdown, Christopher	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
BENCH PRESS, TWO DUMBBELLS	45	M	105	282	Wenzel, Jeff	8/3/2024	Clarks Gym RD #4 (2024)
BENCH PRESS, TWO DUMBBELLS	45	M	110	260	Wenzel, Jeff	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
BENCH PRESS, TWO DUMBBELLS	45	M	125+	360	Gaddis, Jarrod	2/1/2025	Superman Push/Pull, Scottsville, KY
BENCH PRESS, TWO DUMBBELLS	50	M	100	250	Hadley, Patrick	8/3/2024	Clarks Gym RD #4 (2024)
BENCH PRESS, TWO DUMBBELLS	50	M	105	250	Hadley, Patrick	7/27/2024	Buffville Road to the Century Club #5
BENCH PRESS, TWO DUMBBELLS	50	M	110	270	Poore, Clint	8/3/2024	Clarks Gym RD #4 (2024)
BENCH PRESS, TWO DUMBBELLS	50	M	115	270	Poore, Clint	7/27/2024	Buffville Road to the Century Club #5
BENCH PRESS, TWO DUMBBELLS	55	M	75	80	Marchand, Wade	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
BENCH PRESS, TWO DUMBBELLS	55	M	105	292	Hose, Tony	8/3/2024	Clarks Gym RD #4 (2024)
BENCH PRESS, TWO DUMBBELLS	55	M	110	222	Lupo, Tony	8/3/2024	Clarks Gym RD #4 (2024)
BENCH PRESS, TWO DUMBBELLS	55	M	115	100	Lupo, Tony	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
BENCH PRESS, TWO DUMBBELLS	60	M	110	150	Richey, Randy	2/1/2025	Superman Push/Pull, Scottsville, KY
BENCH PRESS, TWO DUMBBELLS	65	M	85	100	DeForest, Dave	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
BENCH PRESS, TWO DUMBBELLS	ALL	M	35	20	Wenzel, Logan	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
BENCH PRESS, TWO DUMBBELLS	ALL	M	65	90	Cline, Bentley	2/1/2025	Superman Push/Pull, Scottsville, KY
BENCH PRESS, TWO DUMBBELLS	ALL	M	70	160	Wenzel, Riley	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
BENCH PRESS, TWO DUMBBELLS	ALL	M	75	170	Wenzel, Riley	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
BENCH PRESS, TWO DUMBBELLS	ALL	M	85	310	Stearns, Ashley	8/3/2024	Clarks Gym RD #4 (2024)
BENCH PRESS, TWO DUMBBELLS	ALL	M	90	310	Stearns, Ashley	7/27/2024	Buffville Road to the Century Club #5
BENCH PRESS, TWO DUMBBELLS	ALL	M	95	330	Stearns, Ashley	2/1/2025	Superman Push/Pull, Scottsville, KY
BENCH PRESS, TWO DUMBBELLS	ALL	M	100	280	Henderson, Chris	2/1/2025	Superman Push/Pull, Scottsville, KY
BENCH PRESS, TWO DUMBBELLS	ALL	M	105	292	Hose, Tony	8/3/2024	Clarks Gym RD #4 (2024)
BENCH PRESS, TWO DUMBBELLS	ALL	M	110	270	Poore, Clint	8/3/2024	Clarks Gym RD #4 (2024)
BENCH PRESS, TWO DUMBBELLS	ALL	M	115	270	Poore, Clint	7/27/2024	Buffville Road to the Century Club #5
BENCH PRESS, TWO DUMBBELLS	ALL	M	125+	360	Gaddis, Jarrod	2/1/2025	Superman Push/Pull, Scottsville, KY
BENCH PRESS, ONE DUMBBELL - LEFT	50	M	95	105	Hadley, Patrick	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, ONE DUMBBELL - LEFT	50	M	110	120	Poore, Clint	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO

USAWA Record List

BENCH PRESS, ONE DUMBBELL - LEFT	55	M	75	40	Marchand, Wade	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
BENCH PRESS, ONE DUMBBELL - LEFT	ALL	M	75	40	Marchand, Wade	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
BENCH PRESS, ONE DUMBBELL - LEFT	ALL	M	95	105	Hadley, Patrick	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, ONE DUMBBELL - LEFT	ALL	M	100	125	Rains, Aaron	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, ONE DUMBBELL - LEFT	ALL	M	110	120	Poore, Clint	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, ONE DUMBBELL - RIGHT	50	M	95	105	Hadley, Patrick	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, ONE DUMBBELL - RIGHT	50	M	110	130	Poore, Clint	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, ONE DUMBBELL - RIGHT	55	M	75	40	Marchand, Wade	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
BENCH PRESS, ONE DUMBBELL - RIGHT	ALL	M	75	40	Marchand, Wade	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
BENCH PRESS, ONE DUMBBELL - RIGHT	ALL	M	95	105	Hadley, Patrick	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, ONE DUMBBELL - RIGHT	ALL	M	100	130	Rains, Aaron	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENCH PRESS, ONE DUMBBELL - RIGHT	ALL	M	110	130	Poore, Clint	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
BENT OVER ROW	13	F	45	45	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
BENT OVER ROW	13	F	55	55	Todd, Phoebe	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
BENT OVER ROW	40	F	70	105	Skwarecki, Beth	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
BENT OVER ROW	40	F	90	140	Todd, Stacy	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	40	F	95	115	Hopps, Jessica	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	50	F	50	105	Jackson, RJ	6/30/2015	POSTAL (2015) - Q2
BENT OVER ROW	50	F	60	90	Brooner-Lakowsky, Tressa	1/16/2016	Dino Gym Challenge (2016)
BENT OVER ROW	50	F	110	99	Sees, Susan	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	55	F	60	90	VanWagner, Kim	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
BENT OVER ROW	55	F	85	88	Schmidt, Kathy	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	55	F	90	105	Lupo, Allison	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	55	F	95	100	Lane, Colleen	11/30/2013	2013 NE Record Breakers
BENT OVER ROW	55	F	125+	165	McConnaughey, Mary	1/16/2016	Dino Gym Challenge (2016)
BENT OVER ROW	65	F	75	105	Thompson, Janet	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	ALL	F	45	45	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
BENT OVER ROW	ALL	F	50	105	Jackson, RJ	6/30/2015	POSTAL (2015) - Q2
BENT OVER ROW	ALL	F	55	55	Todd, Phoebe	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
BENT OVER ROW	ALL	F	60	90	Brooner-Lakowsky, Tressa	1/16/2016	Dino Gym Challenge (2016)
BENT OVER ROW	ALL	F	65	115	Glasgow, Amber	7/18/2010	Ledaig Record Day
BENT OVER ROW	ALL	F	70	160	Burchett, Emily	1/16/2016	Dino Gym Challenge (2016)
BENT OVER ROW	ALL	F	75	116	Cicero, Kasey	12/16/2023	2023 Memorial Record Day
BENT OVER ROW	ALL	F	85	141	Todd, Stacy	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
BENT OVER ROW	ALL	F	90	140	Todd, Stacy	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	ALL	F	95	115	Hopps, Jessica	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	ALL	F	100	135	Kressly, Jera	7/15/2017	2017 Club Championships
BENT OVER ROW	ALL	F	110	145	Channel, Jamie	7/15/2017	2017 Club Championships
BENT OVER ROW	ALL	F	125+	165	McConnaughey, Mary	1/16/2016	Dino Gym Challenge (2016)
BENT OVER ROW	NAT	F	85	88	Schmidt, Kathy	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	NAT	F	110	99	Sees, Susan	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	11	M	35	43	Wenzel, Logan	12/31/2024	POSTAL (2024) - Q4

USAWA Record List

BENT OVER ROW	13	M	30	50	LaPointe, Jackson	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	13	M	55	72	Habecker, Aidan	6/30/2015	POSTAL (2015) - Q2
BENT OVER ROW	13	M	65	77	Habecker, Aidan	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	13	M	85	118	McKean, Andraes	10/15/2017	2017 Art's Birthday Bash
BENT OVER ROW	13	M	100	142	McKean, Andraes	7/13/2019	2019 Schmidt's RD
BENT OVER ROW	14	M	70	90	Habecker, Aidan	7/15/2017	2017 Club Championships
BENT OVER ROW	16	M	80	60	Wenzel, Spencer	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	16	M	100	205	Ciavattone, Joe Jr.	3/12/2011	2011 Club Challenge
BENT OVER ROW	16	M	110	184	Ciavattone, Jonathan	3/12/2011	2011 Club Challenge
BENT OVER ROW	16	M	125+	220	Hess, Kohl	3/12/2011	2011 Club Challenge
BENT OVER ROW	18	M	75	120	Market, Tim	6/21/2025	Women's Only Meet, Columbia, MO
BENT OVER ROW	18	M	95	154	Habecker, Aidan	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
BENT OVER ROW	40	M	90	357	Stearns, Ashley	4/7/2024	RD - Buffville 3
BENT OVER ROW	40	M	100	275	Strangeway, John	1/21/2023	Dino Gym Challenge (2023)
BENT OVER ROW	40	M	115	300	Myers, Al	3/12/2011	2011 Club Challenge
BENT OVER ROW	40	M	120	295	Ullom, Chad	1/24/2015	2015 Florida RD
BENT OVER ROW	40	M	125+	300	Barnhart, Darren	7/18/2010	Ledaig Record Day
BENT OVER ROW	45	M	75	222	LaPointe, Roger	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	45	M	90	264	Clark, Bill	4/11/2015	2015 Lebanon, PA Co RD
BENT OVER ROW	45	M	100	220	Fobes, Jarrod	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	45	M	105	303	Myers, Al	11/27/2015	IAWA GOLD CUP (2015) - Perth, AU
BENT OVER ROW	45	M	110	320	Myers, Al	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
BENT OVER ROW	45	M	115	305	Myers, Al	3/3/2012	2012 Minnesota Meet
BENT OVER ROW	45	M	120	299	Todd, Eric	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
BENT OVER ROW	45	M	125+	265	Todd, Eric	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	50	M	90	200	Pirn, Peeter	4/16/2016	2016 Frank's RD
BENT OVER ROW	50	M	95	209	Pirn, Peeter	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	50	M	105	331	Myers, Al	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	50	M	110	285	Wenzel, Jeff	6/21/2025	Women's Only Meet, Columbia, MO
BENT OVER ROW	50	M	115	275	Poore, Clint	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
BENT OVER ROW	50	M	125+	300	Douglas, John	7/15/2017	2017 Club Championships
BENT OVER ROW	55	M	75	173	Marchand, Wade	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	55	M	90	220	Bryan, Barry	6/30/2015	POSTAL (2015) - Q2
BENT OVER ROW	55	M	100	175	Frappier, Chris	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
BENT OVER ROW	55	M	105	275	Myers, Al	1/21/2023	Dino Gym Challenge (2023)
BENT OVER ROW	55	M	110	270	Lupo, Tony	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	55	M	115	270	Lupo, Tony	6/28/2025	2011 Club Challenge
BENT OVER ROW	55	M	120	175	Foster, Lance	1/21/2023	Dino Gym Challenge (2023)
BENT OVER ROW	55	M	125+	303	Douglas, John	5/4/2019	RD - Spring Dino Gym
BENT OVER ROW	60	M	70	148	Waterman, Chris	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	60	M	75	220	McKean, John	10/17/2010	2010 Art's Birthday Bash
BENT OVER ROW	60	M	80	125	DeForest, Dave	12/31/2024	POSTAL (2024) - Q4

USAWA Record List

BENT OVER ROW	60	M	90	209	Smith, Randy	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	60	M	95	220	Locondro, Mike	12/14/2024	2024 Memorial Record Day
BENT OVER ROW	60	M	100	241	Locondro, Mike	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
BENT OVER ROW	60	M	105	253	Schmidt, Scott	12/20/2015	2015 John's RD
BENT OVER ROW	60	M	110	220	Schmidt, Scott	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	60	M	115	255	Lupo, Tony	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
BENT OVER ROW	60	M	120	225	Glasgow, Dave	1/16/2016	Dino Gym Challenge (2016)
BENT OVER ROW	60	M	125+	245	Beversdorf, Dave	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
BENT OVER ROW	65	M	80	209	McKean, John	3/12/2011	2011 Club Challenge
BENT OVER ROW	65	M	85	175	Carter, John	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	65	M	90	220	Bryan, Barry	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	65	M	105	231	Schmidt, Scott	7/13/2019	2019 Schmidt's RD
BENT OVER ROW	65	M	110	187	Puzin, Carl	12/31/2023	2023 New Years Eve Record Breaker
BENT OVER ROW	65	M	115	223	Larson, Nils	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	65	M	125	179	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
BENT OVER ROW	65	M	125+	242	Ciavattone, Frank	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	70	M	65	154	Pensyl, barry	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
BENT OVER ROW	70	M	70	165	McKean, John	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	70	M	75	174	McKean, John	12/20/2015	2015 John's RD
BENT OVER ROW	70	M	85	200	Habecker, Denny	8/10/2013	PRESIDENTIAL CUP (2013)
BENT OVER ROW	70	M	90	200	Habecker, Denny	7/15/2017	2017 Club Championships
BENT OVER ROW	70	M	105	185	Murdock, Mike	7/31/2011	2011 Ledaig Record Breaker
BENT OVER ROW	70	M	110	210	Murdock, Mike	3/3/2012	2012 Minnesota Meet
BENT OVER ROW	70	M	115	185	Ross, Dean	6/30/2015	POSTAL (2015) - Q2
BENT OVER ROW	70	M	120	250	Ciavattone, Frank	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
BENT OVER ROW	70	M	125	204	Ross, Dean	8/18/2013	RD - Dino Days (2013)
BENT OVER ROW	75	M	85	176	Habecker, Denny	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
BENT OVER ROW	75	M	90	198	Habecker, Denny	11/4/2017	IAWA GOLD CUP (2017) - Glasgow, UK
BENT OVER ROW	75	M	100	155	Myers, LaVerne	1/21/2023	Dino Gym Challenge (2023)
BENT OVER ROW	80	M	70	77	Mitchell, Dennis	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
BENT OVER ROW	80	M	85	186	Caron, Joe	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
BENT OVER ROW	85	M	70	77	Mitchell, Dennis	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	85	M	75	77	Montini, Art	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	85	M	80	95	Montini, Art	8/18/2013	RD - Dino Days (2013)
BENT OVER ROW	ALL	M	35	43	Wenzel, Logan	12/31/2024	POSTAL (2024) - Q4
BENT OVER ROW	ALL	M	65	127	Jackson, Daryl	6/30/2015	POSTAL (2015) - Q2
BENT OVER ROW	ALL	M	70	185	Wenzel, Riley	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
BENT OVER ROW	ALL	M	75	205	Frieders, Nicholas	5/22/2021	2021 Clark's Record Day
BENT OVER ROW	ALL	M	80	222	Lokken, Cody	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	ALL	M	85	335	Wagman, Dan	12/27/2015	RD - Iron Warrior
BENT OVER ROW	ALL	M	90	357	Stearns, Ashley	4/7/2024	RD - Buffville 3
BENT OVER ROW	ALL	M	95	225	Goodin, Joe	3/3/2012	2012 Minnesota Meet

USAWA Record List

BENT OVER ROW	ALL	M	100	275	Strangeway, John	1/21/2023	Dino Gym Challenge (2023)
BENT OVER ROW	ALL	M	105	331	Myers, Al	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	ALL	M	110	322	Jobe, Jesse	8/18/2013	RD - Dino Days (2013)
BENT OVER ROW	ALL	M	115	305	Myers, Al	3/3/2012	2012 Minnesota Meet
BENT OVER ROW	ALL	M	120	299	Todd, Eric	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
BENT OVER ROW	ALL	M	125	326	Lestan, Chris	7/21/2018	2018 NE Record Day
BENT OVER ROW	ALL	M	125+	351	Beath, Ernie	10/17/2010	2010 Art's Birthday Bash
BENT OVER ROW	NAT	M	65	77	Habecker, Aidan	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	NAT	M	70	165	McKean, John	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	NAT	M	75	222	LaPointe, Roger	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	NAT	M	80	222	Lokken, Cody	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	NAT	M	90	209	Smith, Randy	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	NAT	M	95	209	Pirn, Peeter	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	NAT	M	105	331	Myers, Al	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	NAT	M	110	220	Schmidt, Scott	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	NAT	M	120	99	Geib, Bob	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT OVER ROW	NAT	M	125+	341	Moore, Tim	6/24/2017	NATIONALS (2017) - Cleveland, OH
BENT PRESS, BAR, LEFT	40	F	65	66	Skwarecki, Beth	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
BENT PRESS, BAR, LEFT	40	F	70	65	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
BENT PRESS, BAR, LEFT	ALL	F	65	66	Skwarecki, Beth	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
BENT PRESS, BAR, LEFT	ALL	F	70	65	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
BENT PRESS, BAR, LEFT	40	M	70	75	Ortega, Toby	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
BENT PRESS, BAR, LEFT	40	M	85	105	Smith, Abe	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
BENT PRESS, BAR, LEFT	40	M	110	156	Fuller, James	11/29/2014	2014 New England Gold Cup
BENT PRESS, BAR, LEFT	40	M	125+	175	Rigby, Jeff	12/7/2019	RD - Lift for Leroy '19
BENT PRESS, BAR, LEFT	45	M	75	75	Ortega, Toby	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
BENT PRESS, BAR, LEFT	50	M	105	45	Wenzel, Jeff	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
BENT PRESS, BAR, LEFT	55	M	80	90	Mitchell, Dennis	7/16/1990	NATIONALS (1990) - Akron, OH
BENT PRESS, BAR, LEFT	55	M	85	83	Mitchell, Dennis	11/23/1991	Lakewood, Oh.
BENT PRESS, BAR, LEFT	55	M	120	85	Glasgow, Dave	1/16/2010	Dino Gym Challenge (2010)
BENT PRESS, BAR, LEFT	60	M	80	77	Mitchell, Dennis	2/18/1995	95 Buckeye Record Breaker
BENT PRESS, BAR, LEFT	60	M	85	88	Mitchell, Dennis	2/15/1992	Ambridge, Pa.
BENT PRESS, BAR, LEFT	65	M	75	72	Mitchell, Dennis	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
BENT PRESS, BAR, LEFT	ALL	M	70	75	Ortega, Toby	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
BENT PRESS, BAR, LEFT	ALL	M	75	75	Ortega, Toby	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
BENT PRESS, BAR, LEFT	ALL	M	80	180	Hegel, Francis	9/23/2023	Buffville Push/Pull
BENT PRESS, BAR, LEFT	ALL	M	85	105	Smith, Abe	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
BENT PRESS, BAR, LEFT	ALL	M	105	45	Wenzel, Jeff	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
BENT PRESS, BAR, LEFT	ALL	M	110	156	Fuller, James	11/29/2014	2014 New England Gold Cup
BENT PRESS, BAR, LEFT	ALL	M	120	85	Glasgow, Dave	1/16/2010	Dino Gym Challenge (2010)
BENT PRESS, BAR, LEFT	ALL	M	125+	175	Rigby, Jeff	12/7/2019	RD - Lift for Leroy '19
BENT PRESS, BAR, RIGHT	40	F	65	71	Skwarecki, Beth	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA

USAWA Record List

BENT PRESS, BAR, RIGHT	40	F	70	75	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
BENT PRESS, BAR, RIGHT	ALL	F	65	77	Skwarecki, Beth	7/13/2019	2019 Schmidt's RD
BENT PRESS, BAR, RIGHT	ALL	F	70	75	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
BENT PRESS, BAR, RIGHT	13	M	60	45	Prior, Theo	1/24/2015	2015 Florida RD
BENT PRESS, BAR, RIGHT	40	M	70	65	Ortega, Toby	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
BENT PRESS, BAR, RIGHT	40	M	85	105	Smith, Abe	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
BENT PRESS, BAR, RIGHT	40	M	110	132	Fuller, James	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
BENT PRESS, BAR, RIGHT	40	M	120	75	Myers, Al	1/16/2010	Dino Gym Challenge (2010)
BENT PRESS, BAR, RIGHT	40	M	125+	155	Rigby, Jeff	12/7/2019	RD - Lift for Leroy '19
BENT PRESS, BAR, RIGHT	45	M	75	75	Ortega, Toby	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
BENT PRESS, BAR, RIGHT	45	M	85	85	Prior, Derek	1/24/2015	2015 Florida RD
BENT PRESS, BAR, RIGHT	45	M	100	110	English, Robert	10/11/1998	98 Art's Birthday Bash
BENT PRESS, BAR, RIGHT	50	M	90	55	Harris, Phil	12/13/1997	97 Gordon Strain Memorial
BENT PRESS, BAR, RIGHT	50	M	105	45	Wenzel, Jeff	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
BENT PRESS, BAR, RIGHT	55	M	80	90	Mitchell, Dennis	7/16/1990	NATIONALS (1990) - Akron, OH
BENT PRESS, BAR, RIGHT	60	M	80	77	Mitchell, Dennis	2/18/1995	95 Buckeye Record Breaker
BENT PRESS, BAR, RIGHT	65	M	75	72	Mitchell, Dennis	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
BENT PRESS, BAR, RIGHT	70	M	100	30	Bletscher, Rudy	1/16/2010	Dino Gym Challenge (2010)
BENT PRESS, BAR, RIGHT	ALL	M	60	45	Prior, Theo	1/24/2015	2015 Florida RD
BENT PRESS, BAR, RIGHT	ALL	M	70	65	Ortega, Toby	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
BENT PRESS, BAR, RIGHT	ALL	M	75	75	Ortega, Toby	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
BENT PRESS, BAR, RIGHT	ALL	M	80	90	Mitchell, Dennis	7/16/1990	NATIONALS (1990) - Akron, OH
BENT PRESS, BAR, RIGHT	ALL	M	85	105	Smith, Abe	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
BENT PRESS, BAR, RIGHT	ALL	M	90	115	Koudijis, Nathaniel	8/23/2025	True North True Strength II - RD- Fergus, Ont
BENT PRESS, BAR, RIGHT	ALL	M	95	55	Foster, James	12/12/1998	98 Gordon Strain Classic
BENT PRESS, BAR, RIGHT	ALL	M	100	110	English, Robert	10/11/1998	98 Art's Birthday Bash
BENT PRESS, BAR, RIGHT	ALL	M	105	105	McBride, Mike	12/12/1998	98 Gordon Strain Classic
BENT PRESS, BAR, RIGHT	ALL	M	110	132	Fuller, James	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
BENT PRESS, BAR, RIGHT	ALL	M	120	75	Myers, Al	1/16/2010	Dino Gym Challenge (2010)
BENT PRESS, BAR, RIGHT	ALL	M	125	135	Marlin, Philip	12/9/2023	Old Time Strongman World Championship
BENT PRESS, BAR, RIGHT	ALL	M	125+	155	Rigby, Jeff	12/7/2019	RD - Lift for Leroy '19
BENT PRESS, DUMBBELL, LEFT	ALL	F	65	66	Skwarecki, Beth	12/7/2019	2019 Memorial Record Day
BENT PRESS, DUMBBELL, LEFT	13	M	60	50	Prior, Theo	1/24/2015	2015 Florida RD
BENT PRESS, DUMBBELL, LEFT	40	M	70	70	Ortega, Toby	4/7/2024	Bench press Heptathlon
BENT PRESS, DUMBBELL, LEFT	40	M	85	115	Smith, Abe	7/31/2022	RD - Clark vs Frank
BENT PRESS, DUMBBELL, LEFT	40	M	110	120	Fuller, James	11/30/2013	2013 NE Record Breakers
BENT PRESS, DUMBBELL, LEFT	45	M	75	75	Ortega, Toby	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
BENT PRESS, DUMBBELL, LEFT	45	M	85	50	Prior, Derek	1/24/2015	2015 Florida RD
BENT PRESS, DUMBBELL, LEFT	45	M	125+	124	Rigby, Jeff	12/10/2022	RD - Lift for Leroy '22
BENT PRESS, DUMBBELL, LEFT	50	M	105	45	Wenzel, Jeff	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
BENT PRESS, DUMBBELL, LEFT	55	M	70	56	Freides, Steve	11/30/2013	2013 NE Record Breakers
BENT PRESS, DUMBBELL, LEFT	60	M	75	66	Mitchell, Dennis	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA

USAWA Record List

BENT PRESS, DUMBBELL, LEFT	60	M	80	85	Mitchell, Dennis	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
BENT PRESS, DUMBBELL, LEFT	65	M	75	65	Mitchell, Dennis	3/4/2000	2000 Buckeye Record Break
BENT PRESS, DUMBBELL, LEFT	70	M	75	60	Mitchell, Dennis	11/24/2002	Jump Stretch Record Day
BENT PRESS, DUMBBELL, LEFT	ALL	M	60	50	Prior, Theo	1/24/2015	2015 Florida RD
BENT PRESS, DUMBBELL, LEFT	ALL	M	70	70	Ortega, Toby	4/7/2024	Bench press Heptathlon
BENT PRESS, DUMBBELL, LEFT	ALL	M	75	75	Ortega, Toby	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
BENT PRESS, DUMBBELL, LEFT	ALL	M	80	85	Mitchell, Dennis	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
BENT PRESS, DUMBBELL, LEFT	ALL	M	85	115	Smith, Abe	7/31/2022	RD - Clark vs Frank
BENT PRESS, DUMBBELL, LEFT	ALL	M	90	90	Koudijis, Nathaniel	8/23/2025	True North True Strength II - RD- Fergus, Ont
BENT PRESS, DUMBBELL, LEFT	ALL	M	105	45	Wenzel, Jeff	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
BENT PRESS, DUMBBELL, LEFT	ALL	M	110	120	Fuller, James	11/30/2013	2013 NE Record Breakers
BENT PRESS, DUMBBELL, LEFT	ALL	M	125+	124	Rigby, Jeff	12/10/2022	RD - Lift for Leroy '22
BENT PRESS, DUMBBELL, RIGHT	ALL	F	65	77	Skwarecki, Beth	12/7/2019	2019 Memorial Record Day
BENT PRESS, DUMBBELL, RIGHT	13	M	60	50	Prior, Theo	1/24/2015	2015 Florida RD
BENT PRESS, DUMBBELL, RIGHT	40	M	70	60	Ortega, Toby	4/7/2024	Bench press Heptathlon
BENT PRESS, DUMBBELL, RIGHT	40	M	85	115	Smith, Abe	7/31/2022	RD - Clark vs Frank
BENT PRESS, DUMBBELL, RIGHT	40	M	110	120	Fuller, James	11/30/2013	2013 NE Record Breakers
BENT PRESS, DUMBBELL, RIGHT	45	M	75	75	Ortega, Toby	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
BENT PRESS, DUMBBELL, RIGHT	45	M	85	85	Prior, Derek	1/24/2015	2015 Florida RD
BENT PRESS, DUMBBELL, RIGHT	45	M	100	79	Hallam, Paul	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
BENT PRESS, DUMBBELL, RIGHT	50	M	105	45	Wenzel, Jeff	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
BENT PRESS, DUMBBELL, RIGHT	55	M	70	56	Freides, Steve	11/30/2013	2013 NE Record Breakers
BENT PRESS, DUMBBELL, RIGHT	60	M	75	66	Mitchell, Dennis	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
BENT PRESS, DUMBBELL, RIGHT	60	M	80	85	Mitchell, Dennis	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
BENT PRESS, DUMBBELL, RIGHT	65	M	75	65	Mitchell, Dennis	3/4/2000	2000 Buckeye Record Break
BENT PRESS, DUMBBELL, RIGHT	70	M	75	60	Mitchell, Dennis	11/24/2002	Jump Stretch Record Day
BENT PRESS, DUMBBELL, RIGHT	75	M	75	48	Mitchell, Dennis	8/17/2007	2007 Worlds Christchurch
BENT PRESS, DUMBBELL, RIGHT	ALL	M	60	50	Prior, Theo	1/24/2015	2015 Florida RD
BENT PRESS, DUMBBELL, RIGHT	ALL	M	70	101	Zaremba, Pete	2/22/1997	97 Buckeye Record Breaker
BENT PRESS, DUMBBELL, RIGHT	ALL	M	75	80	Zaremba, Pete	2/24/1996	96 Buckeye Record Breaker
BENT PRESS, DUMBBELL, RIGHT	ALL	M	80	85	Mitchell, Dennis	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
BENT PRESS, DUMBBELL, RIGHT	ALL	M	85	115	Smith, Abe	7/31/2022	RD - Clark vs Frank
BENT PRESS, DUMBBELL, RIGHT	ALL	M	90	102	Koudijis, Nathaniel	8/23/2025	True North True Strength II - RD- Fergus, Ont
BENT PRESS, DUMBBELL, RIGHT	ALL	M	100	79	Hallam, Paul	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
BENT PRESS, DUMBBELL, RIGHT	ALL	M	105	100	Ciavattone, Joe Jr.	11/30/2013	2013 NE Record Breakers
BENT PRESS, DUMBBELL, RIGHT	ALL	M	110	120	Fuller, James	11/30/2013	2013 NE Record Breakers
CARTER LIFT	55	F	90	407	Lupo, Allison	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CARTER LIFT	55	F	100	380	Gore, Lisa	10/5/2024	Buffville Road to the Century Club #6
CARTER LIFT	ALL	F	90	407	Lupo, Allison	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CARTER LIFT	ALL	F	100	380	Gore, Lisa	10/5/2024	Buffville Road to the Century Club #6
CARTER LIFT	45	M	125+	800	Maxey, Bob	2/20/2005	RD - Dino Gym (2005)
CARTER LIFT	50	M	110	1175	Wenzel, Jeff	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO

USAWA Record List

CARTER LIFT	55	M	110	1010	Lupo, Tony	6/24/2023	NATIONALS (2023) - Columbia, MO
CARTER LIFT	55	M	115	925	Lupo, Tony	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CARTER LIFT	60	M	100	1200	Carter, John	8/21/2021	2021 SWEET 16/ELITE 8
CARTER LIFT	65	M	90	1307	Carter, John	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CARTER LIFT	70	M	125	433	Ross, Dean	2/10/2013	RD - Dino Gym (2013)
CARTER LIFT	ALL	M	80	1010	Luther, Travis	6/24/2023	NATIONALS (2023) - Columbia, MO
CARTER LIFT	ALL	M	90	1307	Carter, John	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CARTER LIFT	ALL	M	100	2000	Carter, John	6/4/1995	NATIONALS (1995) - Columbia, MO
CARTER LIFT	ALL	M	110	1175	Wenzel, Jeff	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CARTER LIFT	ALL	M	115	925	Lupo, Tony	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CARTER LIFT	ALL	M	125	1010	Marlin, Philip	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
CARTER LIFT	ALL	M	125+	800	Maxey, Bob	2/20/2005	RD - Dino Gym (2005)
CARTER LIFT	NAT	M	100	2000	Carter, John	6/4/1995	NATIONALS (1995) - Columbia, MO
CHIN UP	40	F	65	27	Skwarecki, Beth	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
CHIN UP	50	F	50	25	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
CHIN UP	60	F	60	18	Homan, Lynne	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
CHIN UP	ALL	F	50	25	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
CHIN UP	ALL	F	60	18	Homan, Lynne	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
CHIN UP	ALL	F	65	27	Skwarecki, Beth	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
CHIN UP	16	M	60	45	Wenzel, Spencer	4/14/2024	Record Day- Clark's Gym 1
CHIN UP	18	M	70	20	Conley, Elijah	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CHIN UP	45	M	95	60	Fobes, Jarrod	4/7/2024	Bench press Heptathlon
CHIN UP	45	M	100	60	Fobes, Jarrod	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CHIN UP	50	M	105	30	Wenzel, Jeff	7/29/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
CHIN UP	50	M	110	25	Wenzel, Jeff	5/31/2025	Ledaig Record Day - Topeka, KS
CHIN UP	ALL	M	60	45	Wenzel, Spencer	4/14/2024	Record Day- Clark's Gym 1
CHIN UP	ALL	M	65	45	Wenzel, Riley	5/31/2025	Ledaig Record Day - Topeka, KS
CHIN UP	ALL	M	70	90	Jackson, Daryl	8/27/2017	2017 Iron Warrior RD
CHIN UP	ALL	M	75	65	Luther, Travis	7/27/2024	Buffville Road to the Century Club #5
CHIN UP	ALL	M	80	132	Wagman, Dan	6/9/2024	RD - Clark's Gym 3
CHIN UP	ALL	M	90	55	Sawyers, Wyatt	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
CHIN UP	ALL	M	95	60	Fobes, Jarrod	4/7/2024	Bench press Heptathlon
CHIN UP	ALL	M	100	60	Fobes, Jarrod	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CHIN UP	ALL	M	105	30	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
CHIN UP	ALL	M	110	25	Wenzel, Jeff	5/31/2025	Ledaig Record Day - Topeka, KS
CLEAN & JERK, 2 DUMBBELLS	50	F	55	70	Phumchaona, Noi	10/12/1997	97 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	55	F	60	70	VanWagner, Kim	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
CLEAN & JERK, 2 DUMBBELLS	55	F	100	80	Gore, Lisa	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & JERK, 2 DUMBBELLS	ALL	F	55	70	Phumchaona, Noi	10/12/1997	97 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	ALL	F	60	70	VanWagner, Kim	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
CLEAN & JERK, 2 DUMBBELLS	ALL	F	80	76	Fobes, Karena	1/1/2012	2011 National Postal
CLEAN & JERK, 2 DUMBBELLS	ALL	F	95	80	LaPointe, Joy	3/7/1998	98 Buckeye Record Breaker

USAWA Record List

CLEAN & JERK, 2 DUMBBELLS	ALL	F	100	80	Gore, Lisa	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & JERK, 2 DUMBBELLS	13	M	35	20	Wenzel, Logan	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CLEAN & JERK, 2 DUMBBELLS	13	M	45	40	Monk, Joshua	10/15/2000	2000 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	18	M	100	170	Ciavattone, Joe Jr.	1/1/2012	2011 National Postal
CLEAN & JERK, 2 DUMBBELLS	40	M	70	162	Waterman, Chris	10/15/1995	95 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	40	M	85	190	Smith, Abe	4/7/2024	Bench press Heptathlon
CLEAN & JERK, 2 DUMBBELLS	40	M	90	220	English, Robert	7/25/1993	RD - Ambridge
CLEAN & JERK, 2 DUMBBELLS	40	M	110	190	Cookson, Bill	2/10/2007	RD - Dino Gym (2007)
CLEAN & JERK, 2 DUMBBELLS	40	M	115	170	Ciavattone, Joe Sr.	1/1/2012	2011 National Postal
CLEAN & JERK, 2 DUMBBELLS	40	M	125+	150	O'Brien, John	10/29/2010	2010 JWC Record Breakers
CLEAN & JERK, 2 DUMBBELLS	45	M	110	140	Wenzel, Jeff	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & JERK, 2 DUMBBELLS	45	M	115	180	Myers, Al	1/1/2012	2011 National Postal
CLEAN & JERK, 2 DUMBBELLS	45	M	125+	150	Bankens, Jeff	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CLEAN & JERK, 2 DUMBBELLS	50	M	110	70	Poore, Clint	3/22/2025	Great American Bench Press Meet, Buffville, KY
CLEAN & JERK, 2 DUMBBELLS	55	M	110	110	Lupo, Tony	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & JERK, 2 DUMBBELLS	55	M	115	120	Lupo, Tony	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
CLEAN & JERK, 2 DUMBBELLS	60	M	80	100	DeForest, Dave	10/12/2024	Clarks Gym RD #5 (2024)
CLEAN & JERK, 2 DUMBBELLS	60	M	85	90	DeForest, Dave	12/7/2024	Old Time Strongman World Championship (2024) RD
CLEAN & JERK, 2 DUMBBELLS	60	M	90	100	DeForest, Dave	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
CLEAN & JERK, 2 DUMBBELLS	60	M	110	88	Schmidt, Scott	10/15/2017	2017 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	65	M	85	100	DeForest, Dave	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
CLEAN & JERK, 2 DUMBBELLS	65	M	115	80	Myers, LaVerne	1/1/2012	2011 National Postal
CLEAN & JERK, 2 DUMBBELLS	70	M	95	140	Prechtel, Howard	10/12/1997	97 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	75	M	95	50	Ross, Dean	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & JERK, 2 DUMBBELLS	75	M	110	50	Ross, Dean	2/8/2020	2020 USAWA Grip Championships
CLEAN & JERK, 2 DUMBBELLS	ALL	M	35	20	Wenzel, Logan	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CLEAN & JERK, 2 DUMBBELLS	ALL	M	70	180	James, George	10/22/2006	2006 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	ALL	M	75	180	Zaremba, Pete	3/7/1998	98 Buckeye Record Breaker
CLEAN & JERK, 2 DUMBBELLS	ALL	M	80	180	LaPointe, Roger	3/7/1998	98 Buckeye Record Breaker
CLEAN & JERK, 2 DUMBBELLS	ALL	M	85	190	Smith, Abe	4/7/2024	Bench press Heptathlon
CLEAN & JERK, 2 DUMBBELLS	ALL	M	90	220	English, Robert	7/25/1993	RD - Ambridge
CLEAN & JERK, 2 DUMBBELLS	ALL	M	95	140	Prechtel, Howard	10/12/1997	97 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	ALL	M	100	170	Ciavattone, Joe Jr.	1/1/2012	2011 National Postal
CLEAN & JERK, 2 DUMBBELLS	ALL	M	105	140	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & JERK, 2 DUMBBELLS	ALL	M	110	220	English, Alan	8/18/2013	RD - Dino Days (2013)
CLEAN & JERK, 2 DUMBBELLS	ALL	M	115	230	Todd, Eric	1/1/2012	2011 National Postal
CLEAN & JERK, 2 DUMBBELLS	ALL	M	125+	220	Anderson, Chris	1/1/2012	2011 National Postal
CLEAN & JERK, BEHIND NECK	45	F	50	88	Phumchaona, Noi	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CLEAN & JERK, BEHIND NECK	55	F	55	88	Phumchaona, Noi	2/27/1999	99 Buckeye Record Breaker
CLEAN & JERK, BEHIND NECK	55	F	60	70	VanWagner, Kim	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
CLEAN & JERK, BEHIND NECK	ALL	F	50	88	Phumchaona, Noi	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CLEAN & JERK, BEHIND NECK	ALL	F	55	88	Phumchaona, Noi	2/27/1999	99 Buckeye Record Breaker

USAWA Record List

CLEAN & JERK, BEHIND NECK	ALL	F	60	116	Mason, Sue	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	ALL	F	70	50	Diggs, Crystal	3/30/2015	POSTAL (2015) - Q1
CLEAN & JERK, BEHIND NECK	ALL	F	85	72	Schneck, Morgan	10/2/2004	2004 IAWA - Burton, Eng
CLEAN & JERK, BEHIND NECK	ALL	F	90	88	Collins, Cara	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	NAT	F	55	88	Phumchaona, Noi	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & JERK, BEHIND NECK	NAT	F	60	116	Mason, Sue	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & JERK, BEHIND NECK	NAT	F	90	88	Collins, Cara	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & JERK, BEHIND NECK	13	M	30	22	Wenzel, Logan	6/9/2024	RD - Stars of Tomorrow on parade
CLEAN & JERK, BEHIND NECK	13	M	35	25	Wenzel, Logan	5/31/2025	Ledaig Record Day - Topeka, KS
CLEAN & JERK, BEHIND NECK	13	M	45	116	Monk, Joshua	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	13	M	75	88	Blockston, Jon	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	14	M	80	132	Loewer, James	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	16	M	60	88	Van Fossan, Matt	10/11/1998	98 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK	16	M	80	115	Demille, Cale	10/12/2003	2003 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK	18	M	60	99	O'Brien, Mike	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	40	M	70	231	Waterman, Chris	10/15/1995	95 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK	40	M	90	250	English, Robert	10/10/1993	U.S. Inlands
CLEAN & JERK, BEHIND NECK	40	M	115	225	Ullom, Chad	7/15/2012	2012 Ledaig Record Breakers
CLEAN & JERK, BEHIND NECK	40	M	120	231	Todd, Eric	3/30/2015	POSTAL (2015) - Q1
CLEAN & JERK, BEHIND NECK	40	M	125+	245	O'Brien, John	10/29/2010	2010 JWC Record Breakers
CLEAN & JERK, BEHIND NECK	45	M	70	198	Waterman, Chris	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	45	M	75	154	Gorman, Tom	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	45	M	95	220	Schock, Ed	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	45	M	100	242	English, Robert	10/11/1998	98 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK	45	M	115	270	Schmidt, Scott	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
CLEAN & JERK, BEHIND NECK	45	M	120	243	Schmidt, Scott	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
CLEAN & JERK, BEHIND NECK	45	M	125	243	Ciavattone, Frank	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	45	M	125+	111	Foster, Lance	3/30/2015	POSTAL (2015) - Q1
CLEAN & JERK, BEHIND NECK	50	M	65	99	Pensyl, Barry	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	50	M	75	160	McKean, John	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	50	M	80	193	Habecker, Denny	5/17/1996	RD - Valley Forge
CLEAN & JERK, BEHIND NECK	50	M	90	204	DiCiccio, Bill	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CLEAN & JERK, BEHIND NECK	50	M	95	154	Vernacchio, John	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CLEAN & JERK, BEHIND NECK	50	M	110	187	Schmidt, Scott	10/22/2006	2006 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK	50	M	120	220	Schmidt, Scott	5/10/2003	2003 Buckeye Record Break
CLEAN & JERK, BEHIND NECK	55	M	80	132	Mitchell, Dennis	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CLEAN & JERK, BEHIND NECK	55	M	85	209	Habecker, Denny	3/7/1998	98 Buckeye Record Breaker
CLEAN & JERK, BEHIND NECK	55	M	90	176	Byran, Barry	3/30/2015	POSTAL (2015) - Q1
CLEAN & JERK, BEHIND NECK	55	M	110	130	Lupo, Tony	10/5/2024	Buffville Road to the Century Club #6
CLEAN & JERK, BEHIND NECK	55	M	115	231	Schmidt, Scott	11/6/2010	IAWA GOLD CUP (2010) - Walpole, MA
CLEAN & JERK, BEHIND NECK	55	M	120	179	Schmidt, Scott	10/12/2008	2008 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK	60	M	75	165	Montini, Art	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK

USAWA Record List

CLEAN & JERK, BEHIND NECK	60	M	85	165	Habecker, Denny	10/2/2004	2004 IAWA - Burton, Eng
CLEAN & JERK, BEHIND NECK	60	M	95	175	Habecker, Denny	10/29/2005	IAWA GOLD CUP (2005) - Maui, HI
CLEAN & JERK, BEHIND NECK	65	M	80	143	Montini, Art	2/24/1996	96 Buckeye Record Breaker
CLEAN & JERK, BEHIND NECK	65	M	85	115	DeForest, Dave	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CLEAN & JERK, BEHIND NECK	65	M	90	145	Habecker, Denny	8/25/2012	PRESIDENTIAL CUP (2012)
CLEAN & JERK, BEHIND NECK	65	M	110	193	Prechtel, Howard	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CLEAN & JERK, BEHIND NECK	70	M	75	88	Mitchell, Dennis	10/2/2004	2004 IAWA - Burton, Eng
CLEAN & JERK, BEHIND NECK	70	M	85	127	Montini, Art	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	70	M	90	143	Habecker, Denny	2/10/2013	RD - Dino Gym (2013)
CLEAN & JERK, BEHIND NECK	70	M	110	75	Myers, LaVerne	3/30/2015	POSTAL (2015) - Q1
CLEAN & JERK, BEHIND NECK	70	M	115	75	Ross, Dean	3/30/2015	POSTAL (2015) - Q1
CLEAN & JERK, BEHIND NECK	75	M	80	99	Cox, Bob	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	75	M	85	83	Montini, Art	10/2/2004	2004 IAWA - Burton, Eng
CLEAN & JERK, BEHIND NECK	75	M	90	116	Prechtel, Howard	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	80	M	105	66	Eberhardinger, Paul	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	85	M	80	66	Montini, Art	3/30/2015	POSTAL (2015) - Q1
CLEAN & JERK, BEHIND NECK	ALL	M	30	22	Wenzel, Logan	6/9/2024	RD - Stars of Tomorrow on parade
CLEAN & JERK, BEHIND NECK	ALL	M	35	25	Wenzel, Logan	5/31/2025	Ledaig Record Day - Topeka, KS
CLEAN & JERK, BEHIND NECK	ALL	M	60	99	O'Brien, Mike	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	ALL	M	65	171	Mabrey, Izzy	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	ALL	M	70	259	Waterman, Chris	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
CLEAN & JERK, BEHIND NECK	ALL	M	75	202	Monk, John	10/12/2003	2003 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK	ALL	M	80	220	Crowe, Brian	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	ALL	M	85	287	Bryan, Barry	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CLEAN & JERK, BEHIND NECK	ALL	M	90	250	English, Robert	10/10/1993	U.S. Inlands
CLEAN & JERK, BEHIND NECK	ALL	M	95	220	Schock, Ed	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	ALL	M	100	303	Spayd, Bill	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	ALL	M	105	200	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & JERK, BEHIND NECK	ALL	M	110	314	Locondro, Mike	5/17/1996	RD - Valley Forge
CLEAN & JERK, BEHIND NECK	ALL	M	115	276	Ullom, Chad	2/12/2006	RD - Dino Gym (2006)
CLEAN & JERK, BEHIND NECK	ALL	M	120	248	Ullom, Chad	1/20/2007	Dino Gym Challenge (2007)
CLEAN & JERK, BEHIND NECK	ALL	M	125	243	Ciavattone, Frank	7/2/2000	2000 USAWA - Lebanon, PA
CLEAN & JERK, BEHIND NECK	ALL	M	125+	245	O'Brien, John	10/29/2010	2010 JWC Record Breakers
CLEAN & JERK, BEHIND NECK	NAT	M	60	99	O'Brien, Mike	7/2/2000	
CLEAN & JERK, BEHIND NECK	NAT	M	65	171	Mabrey, Izzy	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & JERK, BEHIND NECK	NAT	M	70	198	Waterman, Chris	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & JERK, BEHIND NECK	NAT	M	75	160	McKean, John	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & JERK, BEHIND NECK	NAT	M	80	220	Crowe, Brian	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & JERK, BEHIND NECK	NAT	M	85	193	Habecker, Denny	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & JERK, BEHIND NECK	NAT	M	90	149	Blockston, Larry	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & JERK, BEHIND NECK	NAT	M	95	220	Schock, Ed	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & JERK, BEHIND NECK	NAT	M	100	303	Spayd, Bill	7/2/2000	NATIONALS (2000) - Lebanon, PA

USAWA Record List

CLEAN & JERK, BEHIND NECK	NAT	M	110	237	Ciavattone, Joe Sr.	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & JERK, BEHIND NECK	NAT	M	125	243	Ciavattone, Frank	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & JERK, DUMBBELL, LEFT	40	F	85	45	Todd, Stacy	11/18/2023	RD - Lift for Leroy '23
CLEAN & JERK, DUMBBELL, LEFT	55	F	60	45	VanWagner, Kim	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
CLEAN & JERK, DUMBBELL, LEFT	55	F	90	30	Lupo, Allison	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, LEFT	55	F	100	45	Gore, Lisa	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & JERK, DUMBBELL, LEFT	60	F	50	20	Jackson, RJ	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, LEFT	60	F	75	30	Thompson, Janet	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, LEFT	65	F	75	30	Thompson, Janet	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, LEFT	ALL	F	50	20	Jackson, RJ	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, LEFT	ALL	F	60	55	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
CLEAN & JERK, DUMBBELL, LEFT	ALL	F	75	30	Thompson, Janet	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, LEFT	ALL	F	85	45	Todd, Stacy	11/18/2023	RD - Lift for Leroy '23
CLEAN & JERK, DUMBBELL, LEFT	ALL	F	90	30	Lupo, Allison	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, LEFT	ALL	F	100	45	Holter, Anna	3/4/2000	2000 Buckeye Record Break
CLEAN & JERK, DUMBBELL, LEFT	16	M	60	45	Wenzel, Spencer	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CLEAN & JERK, DUMBBELL, LEFT	40	M	70	101	Waterman, Chris	10/15/1995	95 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, LEFT	40	M	85	135	Smith, Abe	12/17/2022	Memorial Record Day
CLEAN & JERK, DUMBBELL, LEFT	40	M	115	100	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
CLEAN & JERK, DUMBBELL, LEFT	40	M	125	110	Ciavattone, Frank	10/8/1994	94 IAWA - England
CLEAN & JERK, DUMBBELL, LEFT	45	M	100	82	Fobes, Jarrod	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CLEAN & JERK, DUMBBELL, LEFT	45	M	125+	98	Bankens, Jeff	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CLEAN & JERK, DUMBBELL, LEFT	50	M	95	82	Gupta, Sanjiv	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
CLEAN & JERK, DUMBBELL, LEFT	50	M	105	110	Hose, Tony	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, LEFT	50	M	110	40	Poore, Clint	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
CLEAN & JERK, DUMBBELL, LEFT	55	M	85	95	Habecker, Denny	3/7/1998	98 Buckeye Record Breaker
CLEAN & JERK, DUMBBELL, LEFT	55	M	105	100	Hose, Tony	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, LEFT	55	M	110	102	Lupo, Tony	9/14/2025	One Ton Challenge (2025), Columbia, MO - RD
CLEAN & JERK, DUMBBELL, LEFT	55	M	115	90	Lupo, Tony	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
CLEAN & JERK, DUMBBELL, LEFT	55	M	125+	86	Douglas, John	12/8/2019	2019 USAWA Club Championships
CLEAN & JERK, DUMBBELL, LEFT	60	M	80	61	DeForest, Dave	10/5/2024	Buffville Road to the Century Club #6
CLEAN & JERK, DUMBBELL, LEFT	60	M	85	60	DeForest, Dave	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
CLEAN & JERK, DUMBBELL, LEFT	60	M	90	65	DeForest, Dave	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, LEFT	60	M	115	92	Lupo, Tony	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
CLEAN & JERK, DUMBBELL, LEFT	65	M	75	65	Kondosch, Klaus	7/13/2019	2019 Schmidt's RD
CLEAN & JERK, DUMBBELL, LEFT	65	M	85	60	DeForest, Dave	5/31/2025	Ledaig Record Day - Topeka, KS
CLEAN & JERK, DUMBBELL, LEFT	65	M	90	65	Habecker, Denny	2/13/2011	RD - Dino Gym (2011)
CLEAN & JERK, DUMBBELL, LEFT	65	M	115	86	Glasgow, Dave	12/8/2019	2019 USAWA Club Championships
CLEAN & JERK, DUMBBELL, LEFT	70	M	90	55	Habecker, Denny	2/10/2013	RD - Dino Gym (2013)
CLEAN & JERK, DUMBBELL, LEFT	75	M	95	25	Ross, Dean	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & JERK, DUMBBELL, LEFT	75	M	105	35	Myers, LaVerne	12/8/2019	2019 USAWA Club Championships
CLEAN & JERK, DUMBBELL, LEFT	75	M	110	25	Ross, Dean	2/8/2020	2020 USAWA Grip Championships

USAWA Record List

CLEAN & JERK, DUMBBELL, LEFT	85	M	80	33	Montini, Art	10/6/2013	IAWA WORLD CHAMPIONSHIP (2013) - Lancashire, UK
CLEAN & JERK, DUMBBELL, LEFT	ALL	M	60	45	Wenzel, Spencer	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CLEAN & JERK, DUMBBELL, LEFT	ALL	M	70	101	Waterman, Chris	10/15/1995	95 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, LEFT	ALL	M	75	105	Zaremba, Pete	10/12/1997	97 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, LEFT	ALL	M	80	144	Hegel, Francis	9/23/2023	Buffville Push/Pull
CLEAN & JERK, DUMBBELL, LEFT	ALL	M	85	135	Smith, Abe	12/17/2022	Memorial Record Day
CLEAN & JERK, DUMBBELL, LEFT	ALL	M	90	100	Sawyers, Wyatt	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
CLEAN & JERK, DUMBBELL, LEFT	ALL	M	95	82	Gupta, Sanjiv	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
CLEAN & JERK, DUMBBELL, LEFT	ALL	M	100	82	Fobes, Jarrod	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CLEAN & JERK, DUMBBELL, LEFT	ALL	M	105	110	Hose, Tony	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, LEFT	ALL	M	110	120	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
CLEAN & JERK, DUMBBELL, LEFT	ALL	M	115	100	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
CLEAN & JERK, DUMBBELL, LEFT	ALL	M	125	139	Johnson, Eddie	12/8/2019	2019 USAWA Club Championships
CLEAN & JERK, DUMBBELL, LEFT	ALL	M	125+	130	Hettinger, Josh	11/21/2009	Record Day - Jackson Weightlifting Club
CLEAN & JERK, DUMBBELL, RIGHT	13	F	55	27	Todd, Phoebe	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, RIGHT	13	F	85	15	Montini, Annabelle	10/15/2017	2017 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT	14	F	65	35	Todd, Phoebe	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	14	F	70	40	Todd, Lillian	11/18/2023	RD - Lift for Leroy '23
CLEAN & JERK, DUMBBELL, RIGHT	14	F	75	45	Todd, Lillian	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	16	F	85	35	Montini, Robyn	10/15/2017	2017 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT	40	F	85	65	Todd, Stacy	11/18/2023	RD - Lift for Leroy '23
CLEAN & JERK, DUMBBELL, RIGHT	40	F	90	50	Todd, Stacy	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	50	F	55	44	Phumchaona, Noi	10/8/1994	94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT	55	F	60	45	VanWagner, Kim	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	55	F	90	30	Lupo, Allison	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
CLEAN & JERK, DUMBBELL, RIGHT	55	F	95	50	Gore, Lisa	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	55	F	100	45	Gore, Lisa	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & JERK, DUMBBELL, RIGHT	65	F	75	20	Thompson, Janet	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
CLEAN & JERK, DUMBBELL, RIGHT	ALL	F	55	44	Phumchaona, Noi	10/8/1994	94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT	ALL	F	60	45	VanWagner, Kim	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	ALL	F	65	35	Todd, Phoebe	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	ALL	F	70	40	Todd, Lillian	11/18/2023	RD - Lift for Leroy '23
CLEAN & JERK, DUMBBELL, RIGHT	ALL	F	75	45	Todd, Lillian	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	ALL	F	85	65	Todd, Stacy	11/18/2023	RD - Lift for Leroy '23
CLEAN & JERK, DUMBBELL, RIGHT	ALL	F	90	50	Todd, Stacy	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	ALL	F	95	50	Gore, Lisa	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	ALL	F	100	51	Holter, Anna	3/3/2001	2001 Buckeye Record Day
CLEAN & JERK, DUMBBELL, RIGHT	13	M	30	25	LaPointe, Jackson	10/16/2016	2016 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT	13	M	35	22	Geib, Adam	10/8/1994	94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT	13	M	50	30	Todd, Everett	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	13	M	55	30	Montini, Jason II	10/15/2017	2017 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT	13	M	65	38	Todd, Leroy	8/31/2024	2024 IAWA World Postal Championship

USAWA Record List

CLEAN & JERK, DUMBBELL, RIGHT	16	M	60	50	Wenzel, Spencer	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	16	M	105	85	Kelsey, John	3/3/2001	2001 Buckeye Record Day
CLEAN & JERK, DUMBBELL, RIGHT	18	M	95	70	Habecker, Aidan	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, RIGHT	40	M	70	111	Waterman, Chris	10/15/1995	95 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT	40	M	80	135	Smith, Abe	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, RIGHT	40	M	85	140	Smith, Abe	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	40	M	95	132	English, Robert	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
CLEAN & JERK, DUMBBELL, RIGHT	40	M	115	120	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT	40	M	120	130	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
CLEAN & JERK, DUMBBELL, RIGHT	40	M	125	80	Todd, Chris	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, RIGHT	45	M	110	90	Wenzel, Jeff	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	45	M	120	115	Todd, Eric	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, RIGHT	45	M	125+	108	Bankens, Jeff	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CLEAN & JERK, DUMBBELL, RIGHT	50	M	80	116	Habecker, Denny	5/17/1996	RD - Valley Forge
CLEAN & JERK, DUMBBELL, RIGHT	50	M	95	105	Grow, Terry	2/26/1994	94 Buckeye Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT	50	M	105	70	Wenzel, Jeff	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
CLEAN & JERK, DUMBBELL, RIGHT	50	M	110	102	Wenzel, Jeff	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
CLEAN & JERK, DUMBBELL, RIGHT	50	M	115	110	Geib, Bob	10/8/1994	94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT	50	M	120	100	Schmidt, Scott	10/14/2007	2007 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT	50	M	125+	50	Foster, Lance	5/4/2019	RD - Spring Dino Gym
CLEAN & JERK, DUMBBELL, RIGHT	55	M	85	115	Habecker, Denny	3/7/1998	98 Buckeye Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT	55	M	90	55	Vernacchio, John	10/8/1994	94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT	55	M	105	80	Lupo, Tony	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, RIGHT	55	M	110	65	Lupo, Tony	8/3/2024	Clarks Gym RD #4 (2024)
CLEAN & JERK, DUMBBELL, RIGHT	55	M	115	62	Lupo, Tony	8/23/2025	True North True Strength II - RD- Fergus, Ont
CLEAN & JERK, DUMBBELL, RIGHT	55	M	125+	50	Foster, Lance	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, RIGHT	60	M	80	77	DeForest, Dave	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	60	M	85	69	Mitchell, Dennis	10/8/1994	94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT	60	M	90	60	DeForest, Dave	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & JERK, DUMBBELL, RIGHT	60	M	100	80	Garcia, Joe	11/8/2014	2014 Clarks RD
CLEAN & JERK, DUMBBELL, RIGHT	60	M	115	62	Lupo, Tony	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
CLEAN & JERK, DUMBBELL, RIGHT	65	M	75	65	Kondosch, Klaus	7/13/2019	2019 Schmidt's RD
CLEAN & JERK, DUMBBELL, RIGHT	65	M	85	65	DeForest, Dave	5/31/2025	Ledaig Record Day - Topeka, KS
CLEAN & JERK, DUMBBELL, RIGHT	65	M	90	85	Habecker, Denny	2/13/2011	RD - Dino Gym (2011)
CLEAN & JERK, DUMBBELL, RIGHT	65	M	105	88	Prechtel, Howard	10/8/1994	94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT	70	M	70	39	Pensyl, Barry	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, RIGHT	70	M	85	77	Habecker, Denny	10/6/2013	IAWA WORLD CHAMPIONSHIP (2013) - Lancashire, UK
CLEAN & JERK, DUMBBELL, RIGHT	70	M	90	65	Habecker, Denny	10/14/2012	2012 Arts Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT	70	M	95	50	Spiegelberg, Bruce	10/1/2008	08 Delaware Postal
CLEAN & JERK, DUMBBELL, RIGHT	75	M	95	25	Ross, Dean	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & JERK, DUMBBELL, RIGHT	75	M	110	25	Ross, Dean	2/8/2020	2020 USAWA Grip Championships
CLEAN & JERK, DUMBBELL, RIGHT	80	M	80	38	Habecker, Denny	10/5/2024	IAWA WORLD CHAMPIONSHIPS (2024) - England, UK

USAWA Record List

CLEAN & JERK, DUMBBELL, RIGHT	85	M	95	20	Clark, Bill	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, RIGHT	90	M	95	22	Clark, Bill	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	30	25	LaPointe, Jackson	10/16/2016	2016 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	35	22	Geib, Adam	10/8/1994	94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	50	30	Todd, Everett	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	55	30	Montini, Jason II	10/15/2017	2017 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	60	50	Wenzel, Spencer	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	65	38	Todd, Leroy	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	70	118	Zaremba, Pete	10/13/1996	96 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	75	115	Zaremba, Pete	2/24/1996	96 Buckeye Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	80	144	Hegel, Francis	9/23/2023	Buffville Push/Pull
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	85	140	Smith, Abe	8/31/2024	2024 IAWA World Postal Championship
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	90	105	Sawyers, Wyatt	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	95	132	English, Robert	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	100	80	Garcia, Joe	11/8/2014	2014 Clarks RD
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	105	100	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	110	120	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	115	120	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	120	130	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	125	80	Todd, Chris	9/30/2021	POSTAL (2021) - Q3
CLEAN & JERK, DUMBBELL, RIGHT	ALL	M	125+	130	Hettinger, Josh	11/21/2009	Record Day - Jackson Weightlifting Club
CLEAN & JERK, FULTON BAR	16	M	70	121	McKean, Sean	11/11/1998	98 Art's Birthday Bash
CLEAN & JERK, FULTON BAR	40	M	70	176	Monk, John	10/14/2006	2006 Worlds Glasgow
CLEAN & JERK, FULTON BAR	40	M	85	225	Smith, Abe	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
CLEAN & JERK, FULTON BAR	40	M	110	244	Fuller, James	11/29/2014	2014 New England Gold Cup
CLEAN & JERK, FULTON BAR	40	M	115	275	Myers, Al	10/14/2006	2006 Worlds Glasgow
CLEAN & JERK, FULTON BAR	40	M	125+	170	O'Brien, John	10/29/2010	2010 JWC Record Breakers
CLEAN & JERK, FULTON BAR	45	M	80	160	Hirsh, Bob	10/12/2003	2003 Art's Birthday Bash
CLEAN & JERK, FULTON BAR	45	M	100	232	English, Robert	11/11/1998	98 Art's Birthday Bash
CLEAN & JERK, FULTON BAR	45	M	105	240	English, Robert	11/17/1999	99 Art's Birthday Bash
CLEAN & JERK, FULTON BAR	45	M	120	215	Karhan, Bob	11/11/1998	98 Art's Birthday Bash
CLEAN & JERK, FULTON BAR	50	M	75	141	McKean, John	11/11/1998	98 Art's Birthday Bash
CLEAN & JERK, FULTON BAR	50	M	90	220	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
CLEAN & JERK, FULTON BAR	50	M	95	115	Gupta, Sanjiv	8/3/2024	Clarks Gym RD #4 (2024)
CLEAN & JERK, FULTON BAR	50	M	105	145	Wenzel, Jeff	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
CLEAN & JERK, FULTON BAR	50	M	110	198	Schmidt, Scott	10/22/2006	2006 Art's Birthday Bash
CLEAN & JERK, FULTON BAR	50	M	115	75	Poore, Clint	10/5/2024	Buffville Road to the Century Club #6
CLEAN & JERK, FULTON BAR	50	M	120	185	Schmidt, Scott	10/12/2003	2003 Art's Birthday Bash
CLEAN & JERK, FULTON BAR	55	M	90	180	Bryan, Barry	11/29/2014	2014 New England Gold Cup
CLEAN & JERK, FULTON BAR	55	M	110	185	Garcia, Joe	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	55	M	115	125	Lupo, Tony	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CLEAN & JERK, FULTON BAR	60	M	90	140	DeForest, Dave	5/14/2023	Diamond Jubilee (2023), Columbia, MO - RD

USAWA Record List

CLEAN & JERK, FULTON BAR	65	M	80	45	Friesz, Dale	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	65	M	85	105	DeForest, Dave	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CLEAN & JERK, FULTON BAR	65	M	90	150	Habecker, Denny	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	65	M	115	111	Larson, Nils	8/16/2025	Walpole Record Day, East Walpole, MA
CLEAN & JERK, FULTON BAR	70	M	70	90	Scott, Charlie	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	70	M	75	77	Mitchell, Dennis	10/14/2006	2006 Worlds Glasgow
CLEAN & JERK, FULTON BAR	70	M	85	130	Montini, Art	11/17/1999	99 Art's Birthday Bash
CLEAN & JERK, FULTON BAR	70	M	90	113	Habecker, Denny	2/10/2013	RD - Dino Gym (2013)
CLEAN & JERK, FULTON BAR	70	M	100	100	Bletscher, Rudy	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	75	M	75	55	Mitchell, Dennis	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	75	M	85	77	Montini, Art	10/14/2006	2006 Worlds Glasgow
CLEAN & JERK, FULTON BAR	75	M	95	40	Ross, Dean	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & JERK, FULTON BAR	75	M	110	40	Ross, Dean	2/8/2020	2020 USAWA Grip Championships
CLEAN & JERK, FULTON BAR	80	M	80	75	Montini, Art	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	80	M	90	75	Montini, Art	10/16/2011	2011 Arts Birthday Bash
CLEAN & JERK, FULTON BAR	ALL	M	70	176	Monk, John	10/14/2006	2006 Worlds Glasgow
CLEAN & JERK, FULTON BAR	ALL	M	75	141	McKean, John	11/11/1998	98 Art's Birthday Bash
CLEAN & JERK, FULTON BAR	ALL	M	80	160	Hirsh, Bob	10/12/2003	2003 Art's Birthday Bash
CLEAN & JERK, FULTON BAR	ALL	M	85	225	Smith, Abe	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
CLEAN & JERK, FULTON BAR	ALL	M	90	220	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
CLEAN & JERK, FULTON BAR	ALL	M	95	160	Foster, James	11/22/1998	98 Louis Cyr Challenge
CLEAN & JERK, FULTON BAR	ALL	M	100	232	English, Robert	11/11/1998	98 Art's Birthday Bash
CLEAN & JERK, FULTON BAR	ALL	M	105	255	Ullom, Chad	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	ALL	M	110	250	Ullom, Chad	7/18/2010	Ledaig Record Day
CLEAN & JERK, FULTON BAR	ALL	M	115	275	Myers, Al	10/14/2006	2006 Worlds Glasgow
CLEAN & JERK, FULTON BAR	ALL	M	120	254	Ullom, Chad	2/20/2005	RD - Dino Gym (2005)
CLEAN & JERK, FULTON BAR	ALL	M	125	276	Myers, Al	2/20/2005	RD - Dino Gym (2005)
CLEAN & JERK, FULTON BAR	ALL	M	125+	253	Benzel, Bryan	2/12/2012	RD - Dino Gym (2012)
CLEAN & JERK, FULTON BAR	NAT	M	70	90	Scott, Charlie	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	NAT	M	75	55	Mitchell, Dennis	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	NAT	M	80	75	Montini, Art	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	NAT	M	85	180	Piper, Tim	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	NAT	M	90	180	Smith, Randy	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	NAT	M	100	185	Edwards, Ben	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	NAT	M	105	255	Ullom, Chad	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	NAT	M	110	185	Garcia, Joe	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, FULTON BAR	NAT	M	115	255	Myers, Al	6/20/2009	NATIONALS (2009) - Abilene, KS
CLEAN & JERK, ONE ARM, LEFT	40	F	65	44	Piper, Dawn	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, LEFT	45	F	50	44	Phumchaona, Noi	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
CLEAN & JERK, ONE ARM, LEFT	45	F	100	33	Sees, Susan	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CLEAN & JERK, ONE ARM, LEFT	50	F	50	49	Jackson, RJ	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, LEFT	55	F	55	33	Phumchaona, Noi	9/21/2002	2002 IAWA Championships

USAWA Record List

CLEAN & JERK, ONE ARM, LEFT	55	F	60	49	VanWagner, Kim	8/31/2025	IAWA World Championship Postal 2025
CLEAN & JERK, ONE ARM, LEFT	65	F	75	30	Thompson, Janet	8/31/2025	IAWA World Championship Postal 2025
CLEAN & JERK, ONE ARM, LEFT	ALL	F	50	49	Jackson, RJ	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, LEFT	ALL	F	55	33	Phumchaona, Noi	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, LEFT	ALL	F	60	49	VanWagner, Kim	8/31/2025	Record Day- Clark's Gym 1
CLEAN & JERK, ONE ARM, LEFT	ALL	F	65	44	Piper, Dawn	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, LEFT	ALL	F	70	55	Lydon, Kim	10/8/2016	2016 Worlds - Lebanon, PA
CLEAN & JERK, ONE ARM, LEFT	ALL	F	75	30	Thompson, Janet	8/31/2025	IAWA World Championship Postal 2025
CLEAN & JERK, ONE ARM, LEFT	ALL	F	100	33	Sees, Susan	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CLEAN & JERK, ONE ARM, LEFT	NAT	F	100	33	Sees, Susan	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CLEAN & JERK, ONE ARM, LEFT	16	M	70	88	Hancock, Matt	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, LEFT	18	M	80	75	Smith, Abe	12/9/2000	2000 Gordon Strain
CLEAN & JERK, ONE ARM, LEFT	40	M	70	99	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
CLEAN & JERK, ONE ARM, LEFT	40	M	75	127	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	40	M	80	121	Hirsh, Bob	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, LEFT	40	M	85	145	Smith, Abe	7/31/2022	RD - Clark vs Frank
CLEAN & JERK, ONE ARM, LEFT	40	M	90	88	Piper, Tim	11/10/2012	2012 Macomb Fall RB
CLEAN & JERK, ONE ARM, LEFT	40	M	95	105	Strangeway, John	10/6/2019	2019 Worlds - Abilene
CLEAN & JERK, ONE ARM, LEFT	40	M	100	154	Venterosa, Don	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	40	M	110	143	Fuller, James	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, LEFT	40	M	115	120	Ullom, Chad	1/14/2012	Dino Gym Challenge (2012)
CLEAN & JERK, ONE ARM, LEFT	40	M	125	86	Stroney, Bruce	11/21/2004	2004 Lethal Lottery
CLEAN & JERK, ONE ARM, LEFT	45	M	75	114	Gorman, Tom	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
CLEAN & JERK, ONE ARM, LEFT	45	M	105	44	Ullom, Chad	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
CLEAN & JERK, ONE ARM, LEFT	45	M	110	85	Garcia, Joe	12/11/1999	99 Gordon Strain
CLEAN & JERK, ONE ARM, LEFT	45	M	115	120	Myers, Al	1/14/2012	Dino Gym Challenge (2012)
CLEAN & JERK, ONE ARM, LEFT	45	M	125+	96	Olsavsky, David	11/21/2004	2004 Lethal Lottery
CLEAN & JERK, ONE ARM, LEFT	50	M	85	110	Wagman, Dan	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, LEFT	50	M	90	55	Harris, Phil	12/13/1997	97 Gordon Strain Memorial
CLEAN & JERK, ONE ARM, LEFT	50	M	95	94	Vernacchio, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, LEFT	50	M	105	121	Malloy, Jim	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, LEFT	50	M	110	33	Raymond, Mark	10/8/2016	2016 Worlds - Lebanon, PA
CLEAN & JERK, ONE ARM, LEFT	50	M	115	127	Malloy, Jim	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	50	M	125+	76	Morrison, Rocky	9/30/2016	POSTAL (2016) - Q3
CLEAN & JERK, ONE ARM, LEFT	55	M	75	66	Friesz, Dale	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, LEFT	55	M	80	77	Mitchell, Dennis	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, LEFT	55	M	85	83	Friesz, Dale	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	55	M	90	77	Vernacchio, John	9/13/1992	92 IAWA - England
CLEAN & JERK, ONE ARM, LEFT	55	M	95	88	Vernacchio, John	5/14/1994	94 Intercontinental Meet
CLEAN & JERK, ONE ARM, LEFT	55	M	100	55	Vernacchio, John	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, LEFT	55	M	105	83	Wilmot, John	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, LEFT	55	M	110	85	Lupo, Tony	8/31/2025	IAWA World Championship Postal 2025

USAWA Record List

CLEAN & JERK, ONE ARM, LEFT	55	M	115	110	Glasgow, Dave	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CLEAN & JERK, ONE ARM, LEFT	60	M	80	68	Mitchell, Dennis	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, LEFT	60	M	85	55	DeForest, Dave	12/7/2024	Old Time Strongman World Championship (2024) RD
CLEAN & JERK, ONE ARM, LEFT	60	M	90	61	Vernacchio, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, LEFT	60	M	115	105	Glasgow, Dave	7/19/2014	2014 Club Championships
CLEAN & JERK, ONE ARM, LEFT	65	M	75	50	Mitchell, Dennis	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, LEFT	65	M	80	22	Friesz, Dale	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & JERK, ONE ARM, LEFT	65	M	85	55	DeForest, Dave	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
CLEAN & JERK, ONE ARM, LEFT	65	M	115	55	Myers, LaVerne	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CLEAN & JERK, ONE ARM, LEFT	65	M	125	35	Ross, Dean	1/14/2012	Dino Gym Challenge (2012)
CLEAN & JERK, ONE ARM, LEFT	70	M	75	52	Mitchell, Dennis	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, LEFT	70	M	110	45	Myers, LaVerne	9/30/2016	POSTAL (2016) - Q3
CLEAN & JERK, ONE ARM, LEFT	70	M	115	37	Ross, Dean	7/23/2016	2016 Club Championships
CLEAN & JERK, ONE ARM, LEFT	75	M	75	44	Mitchell, Dennis	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & JERK, ONE ARM, LEFT	75	M	85	51	Montini, Art	10/23/2005	2005 Art's Birthday Bash
CLEAN & JERK, ONE ARM, LEFT	75	M	100	40	Bletscher, Rudy	1/14/2012	Dino Gym Challenge (2012)
CLEAN & JERK, ONE ARM, LEFT	75	M	105	44	Myers, LaVerne	6/22/2019	NATIONALS (2019) - Lebanon, PA
CLEAN & JERK, ONE ARM, LEFT	75	M	110	44	Ross, Dean	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
CLEAN & JERK, ONE ARM, LEFT	75	M	115	32	Ross, Dean	7/15/2018	2018 Club Championships
CLEAN & JERK, ONE ARM, LEFT	80	M	70	27	Mitchell, Dennis	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CLEAN & JERK, ONE ARM, LEFT	80	M	80	44	Durante, Richard	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, LEFT	80	M	85	44	Montini, Art	6/26/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & JERK, ONE ARM, LEFT	80	M	100	39	Eberhardinger, Paul	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, LEFT	85	M	70	16	Mitchell, Dennis	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & JERK, ONE ARM, LEFT	85	M	80	33	Montini, Art	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, LEFT	ALL	M	70	99	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
CLEAN & JERK, ONE ARM, LEFT	ALL	M	75	127	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	ALL	M	80	121	Hirsh, Bob	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, LEFT	ALL	M	85	145	Smith, Abe	7/31/2022	RD - Clark vs Frank
CLEAN & JERK, ONE ARM, LEFT	ALL	M	90	88	Piper, Tim	11/10/2012	2012 Macomb Fall RB
CLEAN & JERK, ONE ARM, LEFT	ALL	M	95	105	Strangeway, John	10/6/2019	2019 Worlds - Abilene
CLEAN & JERK, ONE ARM, LEFT	ALL	M	100	154	Venterosa, Don	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	ALL	M	105	121	Malloy, Jim	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, LEFT	ALL	M	110	143	Fuller, James	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, LEFT	ALL	M	115	127	Malloy, Jim	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	ALL	M	125	86	Stroney, Bruce	11/21/2004	2004 Lethal Lottery
CLEAN & JERK, ONE ARM, LEFT	ALL	M	125+	115	Campbell, Scott	1/19/2008	Dino Gym Challenge (2008)
CLEAN & JERK, ONE ARM, LEFT	NAT	M	70	27	Mitchell, Dennis	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CLEAN & JERK, ONE ARM, LEFT	NAT	M	75	66	Friesz, Dale	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, LEFT	NAT	M	80	121	Hirsh, Bob	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, LEFT	NAT	M	85	44	Montini, Art	6/26/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & JERK, ONE ARM, LEFT	NAT	M	90	83	Larson, Nils	6/29/2002	NATIONALS (2002) - Ambridge

USAWA Record List

CLEAN & JERK, ONE ARM, LEFT	NAT	M	95	94	Vernacchio, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, LEFT	NAT	M	100	55	Vernacchio, John	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, LEFT	NAT	M	105	121	Malloy, Jim	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, LEFT	NAT	M	110	44	Myers, LaVerne	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & JERK, ONE ARM, LEFT	NAT	M	115	110	Malloy, Jim	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	13	F	30	21	Monk, Elizabeth	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	13	F	40	33	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	13	F	55	22	Ciavattone, Holly	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	16	F	40	25	Gupta, Nisha	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
CLEAN & JERK, ONE ARM, RIGHT	16	f	45	27	Gupta, Diya	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
CLEAN & JERK, ONE ARM, RIGHT	18	F	80	55	Fritz, Misty	10/1/2008	2008 Delaware Postal
CLEAN & JERK, ONE ARM, RIGHT	40	F	55	39	Hughes, Suree	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	40	F	65	44	Scowden, Tonia	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	40	F	70	44	Hall, Rita	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	40	F	110	55	Docherty, Anna	8/31/2025	IAWA World Championship Postal 2025
CLEAN & JERK, ONE ARM, RIGHT	45	F	50	50	Phumchaona, Noi	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CLEAN & JERK, ONE ARM, RIGHT	45	F	55	33	Phumchaona, Noi	9/13/1992	92 IAWA - England
CLEAN & JERK, ONE ARM, RIGHT	45	F	95	49	Sees, Susan	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	45	F	100	49	Sees, Susan	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CLEAN & JERK, ONE ARM, RIGHT	45	F	125+	55	McConnaughey, Mary	10/1/2008	2008 Delaware Postal
CLEAN & JERK, ONE ARM, RIGHT	50	F	50	55	Jackson, RJ	9/30/2016	POSTAL (2016) - Q3
CLEAN & JERK, ONE ARM, RIGHT	50	F	55	44	Phumchaona, Noi	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	50	F	60	44	Burchette, Jeanne	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	50	F	70	30	Wade, Montia	5/10/2003	2003 Buckeye Record Break
CLEAN & JERK, ONE ARM, RIGHT	50	F	100	50	Sees, Susan	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, RIGHT	55	F	50	49	Jackson, RJ	10/6/2019	2019 Worlds - Abilene
CLEAN & JERK, ONE ARM, RIGHT	55	F	55	51	Phumchaona, Noi	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	55	F	60	35	VanWagner, Kim	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
CLEAN & JERK, ONE ARM, RIGHT	55	F	85	16	Schmidt, Kathy	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & JERK, ONE ARM, RIGHT	55	F	90	25	Lupo, Allison	8/31/2025	IAWA World Championship Postal 2025
CLEAN & JERK, ONE ARM, RIGHT	55	F	95	27	Lane, Colleen	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, RIGHT	55	F	105	40	Gore, Lisa	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
CLEAN & JERK, ONE ARM, RIGHT	60	F	70	15	Habecker, Judy	12/1/2001	2001 Inter. Postal
CLEAN & JERK, ONE ARM, RIGHT	60	F	105	50	Gore, Lisa	8/31/2025	IAWA World Championship Postal 2025
CLEAN & JERK, ONE ARM, RIGHT	65	F	75	44	Stockall, Sylvia	8/31/2025	IAWA World Championship Postal 2025
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	30	21	Monk, Elizabeth	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	40	33	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	45	27	Gupta, Diya	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	50	55	Jackson, RJ	9/30/2016	POSTAL (2016) - Q3
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	55	51	Phumchaona, Noi	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	60	77	Skwarecki, Beth	10/6/2019	2019 Worlds - Abilene
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	65	88	Scowden, Tonia	10/15/2005	2005 IAWA

USAWA Record List

CLEAN & JERK, ONE ARM, RIGHT	ALL	F	70	75	Burchett, Emily	7/15/2018	2018 Club Championships
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	75	44	Ciavattone, Cara	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	80	55	Ciavattone, Cara	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	85	16	Schmidt, Kathy	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	90	85	Clasen, Marsha	7/15/2018	2018 Club Championships
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	95	55	Collins, Cara	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	100	71	Kressly, Jera	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	105	50	Gore, Lisa	8/31/2025	IAWA World Championship Postal 2025
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	110	85	Kressly, Jera	7/19/2014	2014 Club Championships
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	115	65	Channel, Jamie	7/15/2018	2018 Club Championships
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	125+	66	Goolsby, Carolyn	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	40	33	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	50	44	Phumchaona, Noi	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	55	51	Phumchaona, Noi	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	60	44	Burchette, Jeanne	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	80	55	Ciavattone, Cara	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	85	16	Schmidt, Kathy	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	95	55	Collins, Cara	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	100	49	Sees, Susan	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	125+	66	Goolsby, Carolyn	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	13	M	30	22	LaPointe, Jackson	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & JERK, ONE ARM, RIGHT	13	M	35	27	Geib, Adam	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	13	M	40	33	Triatti, Matt	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, RIGHT	13	M	45	50	Montini, Jason	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	13	M	50	37	Urbanski, Ryan	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	13	M	55	28	Gilligan, James	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	13	M	60	70	Kressly, Draven	7/19/2014	2014 Club Championships
CLEAN & JERK, ONE ARM, RIGHT	13	M	65	66	Monk, Joshua	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	13	M	70	55	McKean, Sean	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	13	M	80	83	Beck, Steve	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	14	M	70	55	Lestan, Eric	6/22/2019	NATIONALS (2019) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	14	M	75	77	Demille, Cale	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	14	M	85	72	Ciavattone, Jeff	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	14	M	90	77	Blockston, Jon	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	14	M	95	82	Habecker, Aidan	6/22/2019	NATIONALS (2019) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	14	M	125+	104	Hess, Kohl	6/26/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	16	M	55	94	Achenbach, Justin	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	16	M	70	77	Kennedy, Tim	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	16	M	75	66	Kennedy, Tim	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	16	M	80	110	Monk, Joshua	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	16	M	85	88	McKean, Robbie	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	16	M	90	88	Ciavattone, Jeff	6/22/1996	NATIONALS (1996) - Mansfield, MA

USAWA Record List

CLEAN & JERK, ONE ARM, RIGHT	16	M	95	88	Hunter, Joe	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	16	M	110	44	Ciavattone, Frank III	6/26/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	18	M	70	55	Market, Tim	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
CLEAN & JERK, ONE ARM, RIGHT	18	M	75	94	Kennedy, Tim	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	18	M	80	75	Smith, Abe	12/9/2000	2000 Gordon Strain
CLEAN & JERK, ONE ARM, RIGHT	18	M	95	99	Ciavattone, Jeff	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	18	M	115	138	Stahnke, Dennis	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	40	M	65	99	Pensyl, Barry	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	40	M	70	121	Waterman, Chris	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	40	M	80	71	Jones, Dan	8/31/2025	IAWA World Championship Postal 2025
CLEAN & JERK, ONE ARM, RIGHT	40	M	90	126	Piper, Tim	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	40	M	95	121	Montini, Paul	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	40	M	100	127	Kurtz, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	40	M	105	77	Garcia, Joe	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	40	M	110	137	Ullom, Chad	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	40	M	115	154	Myers, Al	10/4/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
CLEAN & JERK, ONE ARM, RIGHT	40	M	120	154	Myers, Al	8/31/2009	2009 World Team Postal
CLEAN & JERK, ONE ARM, RIGHT	40	M	125	99	Todd, Chris	10/6/2019	2019 Worlds - Abilene
CLEAN & JERK, ONE ARM, RIGHT	40	M	125+	160	McCoy, Joe	11/7/1987	Wichita, Ks.
CLEAN & JERK, ONE ARM, RIGHT	45	M	60	88	McKean, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	45	M	65	105	Pensyl, Barry	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	45	M	75	99	McKean, John	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	45	M	80	83	Habecker, Denny	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	45	M	100	121	Kurtz, John	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	45	M	105	132	Schock, Ed	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	45	M	110	145	Myers, Al	7/31/2012	2012 World Postal Leg 2
CLEAN & JERK, ONE ARM, RIGHT	45	M	115	150	Myers, Al	1/14/2012	Dino Gym Challenge (2012)
CLEAN & JERK, ONE ARM, RIGHT	45	M	120	132	Karhan, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	45	M	125	99	Ciavattone, Frank	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	45	M	125+	175	Burtzloff, Bob	1/17/2004	RD - Dino Days (2004)
CLEAN & JERK, ONE ARM, RIGHT	50	M	65	99	Pensyl, Barry	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	50	M	75	99	Habecker, Denny	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	50	M	80	110	Habecker, Denny	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
CLEAN & JERK, ONE ARM, RIGHT	50	M	85	110	Habecker, Denny	5/14/1994	94 Intercontinental Meet
CLEAN & JERK, ONE ARM, RIGHT	50	M	90	121	Smith, Randy	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	50	M	95	77	Gupta, Sanjiv	10/4/2025	IAWA WORLD CHAMPIONSHIPS (2025) - Lurgan, NI
CLEAN & JERK, ONE ARM, RIGHT	50	M	100	110	Schock, Ed	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	50	M	105	121	Myers, Al	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
CLEAN & JERK, ONE ARM, RIGHT	50	M	110	110	Myers, Al	7/15/2018	2018 Club Championships
CLEAN & JERK, ONE ARM, RIGHT	50	M	115	110	Garcia, Joe	1/17/2004	RD - Dino Days (2004)
CLEAN & JERK, ONE ARM, RIGHT	50	M	120	110	Schmidt, Scott	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	50	M	125	55	Ciavattone, Frank	10/15/2005	2005 IAWA

USAWA Record List

CLEAN & JERK, ONE ARM, RIGHT	50	M	125+	75	Douglas, John	7/15/2018	2018 Club Championships
CLEAN & JERK, ONE ARM, RIGHT	55	M	75	61	Marchand, Wade	8/31/2025	IAWA World Championship Postal 2025
CLEAN & JERK, ONE ARM, RIGHT	55	M	80	88	McKean, John	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	55	M	85	99	Habecker, Denny	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	55	M	90	121	Bryan, Barry	12/31/2013	2013 National Postal
CLEAN & JERK, ONE ARM, RIGHT	55	M	95	88	Traub, Larry	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CLEAN & JERK, ONE ARM, RIGHT	55	M	115	80	Glasgow, Dave	1/14/2012	Dino Gym Challenge (2012)
CLEAN & JERK, ONE ARM, RIGHT	55	M	120	121	Schmidt, Scott	8/31/2009	2009 World Team Postal
CLEAN & JERK, ONE ARM, RIGHT	55	M	125	33	Ciavattone, Frank	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, RIGHT	55	M	125+	90	Douglas, John	10/6/2019	2019 Worlds - Abilene
CLEAN & JERK, ONE ARM, RIGHT	60	M	70	55	Waterman, Chris	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & JERK, ONE ARM, RIGHT	60	M	75	94	Montini, Art	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CLEAN & JERK, ONE ARM, RIGHT	60	M	80	77	McKean, John	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	60	M	85	77	DiCiccio, Bill	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	60	M	90	93	Smith, Randy	6/22/2019	NATIONALS (2019) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	60	M	95	75	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
CLEAN & JERK, ONE ARM, RIGHT	60	M	105	99	Prechtel, Howard	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
CLEAN & JERK, ONE ARM, RIGHT	60	M	110	60	Schmidt, Scott	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & JERK, ONE ARM, RIGHT	60	M	115	88	Malloy, Jim	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	60	M	120	55	Geib, Bob	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	60	M	125+	33	Ciavattone, Frank	6/22/2019	NATIONALS (2019) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	65	M	75	50	Mitchell, Dennis	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	65	M	80	74	Habecker, Denny	8/3/2008	NATIONALS (2008) - Columbus, OH
CLEAN & JERK, ONE ARM, RIGHT	65	M	85	77	Montini, Art	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	65	M	90	88	Monahan, Rex	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	65	M	95	94	Monahan, Rex	9/13/1992	92 IAWA - England
CLEAN & JERK, ONE ARM, RIGHT	65	M	100	65	Bletscher, Rudy	12/15/2002	RD - Columbia, MO '02
CLEAN & JERK, ONE ARM, RIGHT	65	M	105	94	Prechtel, Howard	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	65	M	110	99	Prechtel, Howard	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CLEAN & JERK, ONE ARM, RIGHT	65	M	115	88	Malloy, Jim	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	65	M	120	67	Geib, Bob	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	65	M	125	66	Geib, Bob	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CLEAN & JERK, ONE ARM, RIGHT	70	M	70	51	Pensyl, Barry	12/7/2019	2019 Memorial Record Day
CLEAN & JERK, ONE ARM, RIGHT	70	M	75	74	Mitchell, Dennis	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	70	M	80	55	Cox, Bob	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	70	M	85	78	Habecker, Denny	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	70	M	90	88	Durante, Richard	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	70	M	95	33	Springs, Al	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	70	M	100	77	Prechtel, Howard	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	70	M	105	94	Prechtel, Howard	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	70	M	110	47	Myers, LaVerne	7/23/2016	2016 Club Championships
CLEAN & JERK, ONE ARM, RIGHT	70	M	115	55	Ross, Dean	10/8/2016	2016 Worlds - Lebanon, PA

USAWA Record List

CLEAN & JERK, ONE ARM, RIGHT	70	M	120	55	Geib, Bob	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, RIGHT	70	M	125	55	Ciavattone, Frank	8/31/2025	IAWA World Championship Postal 2025
CLEAN & JERK, ONE ARM, RIGHT	75	M	75	44	Mitchell, Dennis	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	75	M	80	39	Cox, Bob	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	75	M	85	63	Habecker, Denny	6/22/2019	NATIONALS (2019) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	75	M	90	61	Montini, Art	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	75	M	95	44	Prechtel, Howard	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	75	M	100	55	Bletscher, Rudy	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	75	M	110	30	Ross, Dean	3/31/2018	POSTAL (2018) - Q1
CLEAN & JERK, ONE ARM, RIGHT	80	M	70	32	Mitchell, Dennis	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, RIGHT	80	M	80	44	Montini, Art	10/4/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
CLEAN & JERK, ONE ARM, RIGHT	80	M	85	48	Montini, Art	8/3/2008	NATIONALS (2008) - Columbus, OH
CLEAN & JERK, ONE ARM, RIGHT	85	M	75	22	Montini, Art	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & JERK, ONE ARM, RIGHT	85	M	80	27	Montini, Art	7/19/2014	2014 Club Championships
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	60	88	McKean, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	65	105	Pensyl, Barry	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	70	132	Zaremba, Pete	2/22/1997	97 Buckeye Record Breaker
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	75	132	Zaremba, Pete	3/7/1998	98 Buckeye Record Breaker
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	80	110	Habecker, Denny	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	85	160	Bryan, Barry	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	90	126	Piper, Tim	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	95	132	Lasky, Howard	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	100	138	Spayd, Bill	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	105	145	McBride, Mike	12/11/1999	99 Gordon Strain
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	110	154	Spayd, Bill	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	115	154	Myers, Al	10/4/2008	08 Worlds England
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	120	154	Myers, Al	8/31/2009	2009 World Team Postal
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	125	132	Ullom, Chad	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	ALL	M	125+	175	Burtzloff, Bob	1/17/2004	RD - Dino Days (2004)
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	60	88	McKean, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	65	105	Pensyl, Barry	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	70	110	Waterman, Chris	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	75	116	Bisesi, Don	8/3/2008	NATIONALS (2008) - Columbus, OH
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	80	99	Habecker, Denny	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	85	160	Bryan, Barry	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	90	121	Smith, Randy	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	95	99	Ciavattone, Jeff	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	100	132	Schmidt, Steve	7/13/1991	NATIONALS (1991) - Plymouth, PA
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	105	132	Durniat, Andrew	8/3/2008	NATIONALS (2008) - Columbus, OH
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	110	143	Myers, Al	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	115	149	Myers, Al	8/3/2008	NATIONALS (2008) - Columbus, OH
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	120	132	Karhan, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA

USAWA Record List

CLEAN & JERK, ONE ARM, RIGHT	NAT	M	125	132	Ullom, Chad	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & JERK, ONE ARM, RIGHT	NAT	M	125+	166	Doster, Matthew	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & PRESS	13	F	45	65	Monk, Elizabeth	10/12/2008	2008 Art's Birthday Bash
CLEAN & PRESS	13	F	50	46	Jobe, Gabby	3/31/2013	2013 Eastern Postal
CLEAN & PRESS	13	F	55	50	Jobe, Gabby	8/18/2013	RD - Dino Days (2013)
CLEAN & PRESS	13	F	60	45	Todd, Lillian	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	14	F	40	35	Gupta, Nisha	3/17/2024	Colorado Spring Fling
CLEAN & PRESS	18	F	100	120	Kaleshian, Ani	12/28/2019	Anderson Winter Classic
CLEAN & PRESS	40	F	65	77	Kraiger, Maryann	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	40	F	70	88	Skwarecki, Beth	10/2/2022	World Championships
CLEAN & PRESS	50	F	55	72	Phumchaona, Noi	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	55	F	60	70	VanWagner, Kim	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CLEAN & PRESS	55	F	90	50	Lupo, Allison	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CLEAN & PRESS	60	F	50	83	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
CLEAN & PRESS	60	F	75	22	Thompson, Janet	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	ALL	F	40	35	Gupta, Nisha	3/17/2024	Colorado Spring Fling
CLEAN & PRESS	ALL	F	45	65	Monk, Elizabeth	10/12/2008	2008 Art's Birthday Bash
CLEAN & PRESS	ALL	F	50	83	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
CLEAN & PRESS	ALL	F	55	72	Phumchaona, Noi	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	ALL	F	60	70	VanWagner, Kim	2/14/2025	High Country Vigour Ground to Overhead, Lakewood, CO
CLEAN & PRESS	ALL	F	65	77	Schmidt, Kathy	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	ALL	F	70	88	Skwarecki, Beth	10/2/2022	World Championships
CLEAN & PRESS	ALL	F	75	70	Gibbons, Sarah	12/28/2019	Anderson Winter Classic
CLEAN & PRESS	ALL	F	80	72	Ciavattone, Cara	9/21/1996	96 IAWA Worlds
CLEAN & PRESS	ALL	F	90	85	Abele, Jessica	6/30/2004	Clarks-W.A. Postal 2004
CLEAN & PRESS	ALL	F	100	120	Kaleshian, Ani	12/28/2019	Anderson Winter Classic
CLEAN & PRESS	13	M	30	25	Todd, Everett	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	13	M	35	27	Todd, Leroy	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & PRESS	13	M	40	30	Todd, Leroy	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	13	M	55	55	Todd, Everett	5/31/2025	Ledaig Record Day - Topeka, KS
CLEAN & PRESS	14	M	75	115	Lestan, Eric	12/28/2019	Anderson Winter Classic
CLEAN & PRESS	14	M	125+	143	Hess, Kohl	6/27/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS	16	M	65	75	O'Neil-Butters, Maverick	7/30/2023	Norwood-Wapole Lifting Classic
CLEAN & PRESS	16	M	90	138	Ciavattone, Jeff	9/21/1996	96 IAWA Worlds
CLEAN & PRESS	16	M	110	82	Ciavattone, Frank III	6/27/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS	18	M	80	143	Vernacchio, S.J.	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	18	M	85	165	Fisher, Carter	12/28/2019	Anderson Winter Classic
CLEAN & PRESS	18	M	95	99	Habecker, Aidan	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
CLEAN & PRESS	18	M	100	160	Cirafesi, Ralph	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	18	M	115	130	Quinn, Sean	7/30/2023	Norwood-Wapole Lifting Classic
CLEAN & PRESS	18	M	125+	155	Bingham, Ryan	12/28/2019	Anderson Winter Classic
CLEAN & PRESS	40	M	70	176	Waterman, Chris	10/18/1997	97 IAWA - Collegeville

USAWA Record List

CLEAN & PRESS	40	M	80	215	Hirsh, Bob	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	40	M	85	217	Smith, Abe	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	40	M	110	275	Schmidt, Scott	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	40	M	115	220	Myers, Al	8/17/2007	2007 Worlds Christchurch
CLEAN & PRESS	40	M	120	198	Myers, Al	6/27/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS	40	M	125	209	Ciavattone, Frank	9/21/1996	96 IAWA Worlds
CLEAN & PRESS	40	M	125+	145	Todd, Chris	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	45	M	65	154	Pensyl, Barry	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	45	M	95	175	Songster, Tim	3/31/2013	2013 Eastern Postal
CLEAN & PRESS	45	M	100	165	Fobes, Jarrod	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CLEAN & PRESS	45	M	105	44	Ullom, Chad	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	45	M	110	177	Myers, Al	3/31/2013	2013 Eastern Postal
CLEAN & PRESS	45	M	120	243	Karhan, Bob	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	45	M	125	215	Todd, Eric	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	45	M	125+	190	Bunch, Dan	3/31/2013	2013 Eastern Postal
CLEAN & PRESS	50	M	80	183	Habecker, Denny	9/21/1996	96 IAWA Worlds
CLEAN & PRESS	50	M	90	176	Bryan, Barry	8/25/2012	PRESIDENTIAL CUP (2012)
CLEAN & PRESS	50	M	95	135	Gupta, Sanjiv	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CLEAN & PRESS	50	M	100	209	Kurtz, John	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	50	M	105	185	Wenzel, Jeff	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CLEAN & PRESS	55	M	80	182	Habecker, Denny	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	55	M	85	110	DiCiccio, Bill	10/12/1997	97 Art's Birthday Bash
CLEAN & PRESS	55	M	90	187	Bryan, Barry	3/31/2013	2013 Eastern Postal
CLEAN & PRESS	55	M	100	160	Vernacchio, John	9/21/1996	96 IAWA Worlds
CLEAN & PRESS	55	M	105	95	Myers, Al	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	55	M	110	160	Lupo, Tony	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	55	M	115	231	Schmidt, Scott	10/17/2010	2010 Art's Birthday Bash
CLEAN & PRESS	55	M	120	220	Schmidt, Scott	6/27/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS	55	M	125+	111	Foster, Lance	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	60	M	75	99	Mitchell, Dennis	9/21/1996	96 IAWA Worlds
CLEAN & PRESS	60	M	85	125	DeForest, Dave	3/17/2024	Colorado Spring Fling
CLEAN & PRESS	60	M	90	154	Vernacchio, John	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	60	M	95	171	Habecker, Denny	10/4/2003	2003 IAWA - Australia
CLEAN & PRESS	60	M	100	198	Polzin, Dave	5/12/2012	HEAVY LIFT CHAMPIONSHIP (2012) - Bowling Green, OH
CLEAN & PRESS	60	M	105	80	Raymond, Mark	7/30/2023	Norwood-Wapole Lifting Classic
CLEAN & PRESS	60	M	115	125	Larson, Nils	7/30/2023	Norwood-Wapole Lifting Classic
CLEAN & PRESS	60	M	125+	50	Ciavattone, Frank	12/28/2019	Anderson Winter Classic
CLEAN & PRESS	65	M	75	125	Gondosch, Klaus	7/13/2019	2019 Schmidt's RD
CLEAN & PRESS	65	M	80	27	Friesz, Dale	6/27/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS	65	M	85	154	Habecker, Denny	6/27/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS	65	M	90	154	Durante, Richard	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	65	M	100	105	Bletscher, Rudy	12/15/2002	RD - Columbia, MO '02

USAWA Record List

CLEAN & PRESS	65	M	110	125	Puzin, Carl	7/30/2023	Norwood-Wapole Lifting Classic
CLEAN & PRESS	65	M	125	104	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
CLEAN & PRESS	65	M	125+	55	Ciavattone, Frank	7/30/2023	Norwood-Wapole Lifting Classic
CLEAN & PRESS	70	M	65	77	Pensyl, Barry	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	70	M	80	132	Montini, Art	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	70	M	85	137	Habecker, Denny	10/6/2013	IAWA WORLD CHAMPIONSHIP (2013) - Lancashire, UK
CLEAN & PRESS	70	M	90	143	Habecker, Denny	3/31/2013	2013 Eastern Postal
CLEAN & PRESS	70	M	95	160	Prechtel, Howard	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	70	M	100	165	Prechtel, Howard	9/21/1996	96 IAWA Worlds
CLEAN & PRESS	70	M	110	132	Murdock, Mike	2/13/2011	RD - Dino Gym (2011)
CLEAN & PRESS	75	M	70	44	Mitchell, Dennis	6/27/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS	75	M	75	71	Mitchell, Dennis	8/17/2007	2007 Worlds Christchurch
CLEAN & PRESS	75	M	85	94	Habecker, Denny	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
CLEAN & PRESS	75	M	90	110	Habecker, Denny	8/4/2018	PRESIDENTIAL CUP (2018)
CLEAN & PRESS	75	M	100	95	Myers, LaVerne	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	80	M	85	93	Habecker, Denny	10/2/2022	World Championships
CLEAN & PRESS	85	M	80	55	Montini, Art	10/6/2013	IAWA WORLD CHAMPIONSHIP (2013) - Lancashire, UK
CLEAN & PRESS	ALL	M	35	27	Todd, Leroy	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & PRESS	ALL	M	40	30	Todd, Leroy	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	ALL	M	55	55	Todd, Everett	5/31/2025	Ledaig Record Day - Topeka, KS
CLEAN & PRESS	ALL	M	65	154	Pensyl, Barry	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	ALL	M	70	176	Waterman, Chris	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	ALL	M	75	210	Smith, Abe	6/30/2004	Clarks-W.A. Postal 2004
CLEAN & PRESS	ALL	M	80	215	Hirsh, Bob	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	ALL	M	85	217	Smith, Abe	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	ALL	M	90	192	Goetsch, Troy	2/12/2012	RD - Dino Gym (2012)
CLEAN & PRESS	ALL	M	95	231	Moore, Drue	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	ALL	M	100	209	Kurtz, John	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	ALL	M	105	185	Marhamo, Zach	12/28/2019	Anderson Winter Classic
CLEAN & PRESS	ALL	M	110	275	Schmidt, Scott	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	ALL	M	115	276	Dundon, John	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	ALL	M	120	243	Karhan, Bob	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	ALL	M	125	215	Todd, Eric	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS	ALL	M	125+	250	Davis, Demetrius	6/30/2004	Clarks-W.A. Postal 2004
CLEAN & PRESS	NAT	M	70	44	Mitchell, Dennis	6/26/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS	NAT	M	80	27	Friesz, Dale	6/26/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS	NAT	M	85	154	Habecker, Denny	6/26/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS	NAT	M	90	138	Smith, Randy	6/26/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS	NAT	M	110	198	Ullom, Chad	6/26/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS	NAT	M	120	220	Schmidt, Scott	6/26/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS	NAT	M	125+	143	Hess, Kohl	6/26/2010	NATIONALS (2010) - Lebanon, PA
CLEAN & PRESS, 12" BASE	13	F	55	45	Todd, Phoebe	12/10/2022	RD - Lift for Leroy '22

USAWA Record List

CLEAN & PRESS, 12" BASE	14	F	65	77	Ullom, Brianna	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	14	F	80	88	Myers, Molly	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	14	F	40	39	Gupta, Nisha	11/9/2024	Buffville Cup V (2024) - Albany, KY
CLEAN & PRESS, 12" BASE	50	F	50	86	Jackson, RJ	12/1/2012	2012 Gracie Club RD
CLEAN & PRESS, 12" BASE	50	F	100	88	Sees, Susan	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	55	F	55	72	Phumchaona, Noi	10/9/1999	99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	55	F	60	65	VanWagner, Kim	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
CLEAN & PRESS, 12" BASE	55	F	100	55	Lane, Colleen	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	ALL	F	40	39	Gupta, Nisha	11/9/2024	Buffville Cup V (2024) - Albany, KY
CLEAN & PRESS, 12" BASE	ALL	F	50	86	Jackson, RJ	12/1/2012	2012 Gracie Club RD
CLEAN & PRESS, 12" BASE	ALL	F	55	72	Phumchaona, Noi	10/9/1999	99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	ALL	F	60	65	VanWagner, Kim	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
CLEAN & PRESS, 12" BASE	ALL	F	65	77	Ullom, Brianna	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	ALL	F	80	88	Myers, Molly	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	ALL	F	95	72	LaPointe, Joy	3/7/1998	98 Buckeye Record Breaker
CLEAN & PRESS, 12" BASE	ALL	F	100	88	Sees, Susan	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	NAT	F	65	77	Ullom, Brianna	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	NAT	F	80	88	Myers, Molly	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	NAT	F	100	88	Sees, Susan	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	40	M	100	170	Ciavattone, Joe Sr.	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	40	M	110	210	Ciavattone, Jeff	12/31/2022	Frank's Record Breaker
CLEAN & PRESS, 12" BASE	40	M	115	220	Myers, Al	2/13/2011	RD - Dino Gym (2011)
CLEAN & PRESS, 12" BASE	40	M	120	193	Fulton, Kevin	10/6/2001	2001 IAWA Worlds-Glasgow
CLEAN & PRESS, 12" BASE	40	M	125	154	Ciavattone, Frank	10/9/1999	99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	45	M	70	160	Hirsh, Bob	10/17/2004	2004 Art's Birthday Bash
CLEAN & PRESS, 12" BASE	45	M	95	135	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, 12" BASE	45	M	105	176	Myers, Al	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	45	M	110	185	Wenzel, Jeff	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
CLEAN & PRESS, 12" BASE	45	M	125	207	Todd, Eric	11/18/2023	RD - Lift for Leroy '23
CLEAN & PRESS, 12" BASE	45	M	125+	140	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
CLEAN & PRESS, 12" BASE	50	M	85	190	Wagman, Dan	8/18/2013	RD - Dino Days (2013)
CLEAN & PRESS, 12" BASE	50	M	90	150	Blockston, Larry	10/11/1998	98 Art's Birthday Bash
CLEAN & PRESS, 12" BASE	50	M	95	115	Gupta, Sanjiv	3/17/2024	Colorado Spring Fling
CLEAN & PRESS, 12" BASE	50	M	105	150	Wenzel, Jeff	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CLEAN & PRESS, 12" BASE	50	M	110	175	Garcia, Joe	11/10/2004	Postal Meet
CLEAN & PRESS, 12" BASE	55	M	80	130	McKean, John	10/12/2003	2003 Art's Birthday Bash
CLEAN & PRESS, 12" BASE	55	M	85	165	Habecker, Denny	10/9/1999	99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	55	M	90	182	Habecker, Denny	10/6/2001	2001 IAWA Worlds-Glasgow
CLEAN & PRESS, 12" BASE	55	M	115	142	Lupo, Tony	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CLEAN & PRESS, 12" BASE	60	M	80	110	DeForest, Dave	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & PRESS, 12" BASE	60	M	85	100	DeForest, Dave	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
CLEAN & PRESS, 12" BASE	60	M	90	120	DeForest, Dave	12/17/2022	Memorial Record Day

USAWA Record List

CLEAN & PRESS, 12" BASE	60	M	110	154	Schmidt, Scott	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	65	M	75	99	Mitchell, Dennis	10/9/1999	99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	65	M	85	121	Bryan, Barry	5/25/2024	RD - Lebanon, PA '24
CLEAN & PRESS, 12" BASE	65	M	90	141	Habecker, Denny	8/25/2012	PRESIDENTIAL CUP (2012)
CLEAN & PRESS, 12" BASE	65	M	95	161	Norval, Morgan	10/23/2005	2005 Art's Birthday Bash
CLEAN & PRESS, 12" BASE	65	M	100	105	Bletscher, Rudy	12/15/2002	RD - Columbia, MO '02
CLEAN & PRESS, 12" BASE	65	M	125	104	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
CLEAN & PRESS, 12" BASE	70	M	80	105	Cox, Bob	2/22/1997	97 Buckeye Record Breaker
CLEAN & PRESS, 12" BASE	70	M	85	154	Habecker, Denny	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	70	M	90	154	Durante, Richard	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
CLEAN & PRESS, 12" BASE	70	M	95	127	Prechtel, Howard	10/9/1999	99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	70	M	120	99	Geib, Bob	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	75	M	85	99	Habecker, Denny	8/6/2022	PRESIDENTIAL CUP (2022)
CLEAN & PRESS, 12" BASE	75	M	90	112	Habecker, Denny	8/4/2018	PRESIDENTIAL CUP (2018)
CLEAN & PRESS, 12" BASE	75	M	95	80	Crozier, Bill	9/30/2013	2013 Delaware Postal
CLEAN & PRESS, 12" BASE	75	M	105	143	Lano, Jack	10/9/1999	99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	80	M	70	44	Mitchell, Dennis	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	80	M	85	88	Durante, Richard	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	85	M	80	66	Montini, Art	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	ALL	M	70	171	Monk, John	10/6/2001	2001 IAWA Worlds-Glasgow
CLEAN & PRESS, 12" BASE	ALL	M	75	220	Smith, Abe	11/10/2004	Postal Meet
CLEAN & PRESS, 12" BASE	ALL	M	80	130	McKean, John	10/12/2003	2003 Art's Birthday Bash
CLEAN & PRESS, 12" BASE	ALL	M	85	190	Wagman, Dan	8/18/2013	RD - Dino Days (2013)
CLEAN & PRESS, 12" BASE	ALL	M	90	182	Habecker, Denny	10/6/2001	2001 IAWA Worlds-Glasgow
CLEAN & PRESS, 12" BASE	ALL	M	95	161	Norval, Morgan	10/23/2005	2005 Art's Birthday Bash
CLEAN & PRESS, 12" BASE	ALL	M	100	170	Ciavattone, Joe Sr.	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	ALL	M	105	220	Ciavattone, Joe Jr.	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	ALL	M	110	210	Ciavattone, Jeff	12/31/2022	Frank's Record Breaker
CLEAN & PRESS, 12" BASE	ALL	M	115	220	Myers, Al	2/13/2011	RD - Dino Gym (2011)
CLEAN & PRESS, 12" BASE	ALL	M	120	245	Todd, Eric	9/30/2013	2013 Delaware Postal
CLEAN & PRESS, 12" BASE	ALL	M	125	207	Todd, Eric	11/18/2023	RD - Lift for Leroy '23
CLEAN & PRESS, 12" BASE	ALL	M	125+	245	Davis, Demetrius	11/10/2004	Postal Meet
CLEAN & PRESS, 12" BASE	NAT	M	70	44	Mitchell, Dennis	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	NAT	M	80	66	Montini, Art	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	NAT	M	85	154	Habecker, Denny	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	NAT	M	100	170	Ciavattone, Joe Sr.	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	NAT	M	105	220	Ciavattone, Joe Jr.	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	NAT	M	110	159	Fuller, James	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	NAT	M	115	198	Ullom, Chad	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, 12" BASE	NAT	M	120	99	Geib, Bob	6/29/2013	NATIONALS (2013) - Lebanon, PA
CLEAN & PRESS, ALTERNATE GRIP	45	F	65	55	Burger, Diane	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	50	F	50	80	Jackson, RJ	2/9/2014	RD - Dino Gym '14

USAWA Record List

CLEAN & PRESS, ALTERNATE GRIP	55	F	60	65	VanWagner, Kim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CLEAN & PRESS, ALTERNATE GRIP	55	F	90	47	Lupo, Allison	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CLEAN & PRESS, ALTERNATE GRIP	ALL	F	50	80	Jackson, RJ	2/9/2014	RD - Dino Gym '14
CLEAN & PRESS, ALTERNATE GRIP	ALL	F	60	65	VanWagner, Kim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CLEAN & PRESS, ALTERNATE GRIP	ALL	F	65	55	Burger, Diane	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	ALL	F	70	88	Lydon, Kim	9/30/2016	POSTAL (2016) - Q3
CLEAN & PRESS, ALTERNATE GRIP	ALL	F	75	45	Diggs, Crystal	9/30/2016	POSTAL (2016) - Q3
CLEAN & PRESS, ALTERNATE GRIP	ALL	F	85	60	Hopps, Jessica	4/16/2016	2016 Frank's RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	F	90	47	Lupo, Allison	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CLEAN & PRESS, ALTERNATE GRIP	13	M	60	49	Habecker, Aidan	10/8/2016	2016 Worlds - Lebanon, PA
CLEAN & PRESS, ALTERNATE GRIP	14	M	55	80	Van Fossan, Matt	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	14	M	75	93	McKean, Sean	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	40	M	85	200	Smith, Abe	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
CLEAN & PRESS, ALTERNATE GRIP	40	M	110	181	Cookson, Bill	2/10/2007	RD - Dino Gym (2007)
CLEAN & PRESS, ALTERNATE GRIP	40	M	115	159	Ullom, Chad	2/12/2012	RD - Dino Gym (2012)
CLEAN & PRESS, ALTERNATE GRIP	40	M	120	200	Todd, Eric	9/30/2016	POSTAL (2016) - Q3
CLEAN & PRESS, ALTERNATE GRIP	40	M	125+	135	Todd, Chris	11/18/2023	RD - Lift for Leroy '23
CLEAN & PRESS, ALTERNATE GRIP	45	M	95	135	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	45	M	100	140	Fobes, Jarrod	12/13/2025	2025 TEAM CHAMPIONSHIPS - RD, Lakewood, CO
CLEAN & PRESS, ALTERNATE GRIP	45	M	110	155	Wenzel, Jeff	11/9/2024	Goerner Deadlift Dozen Plus One RD
CLEAN & PRESS, ALTERNATE GRIP	45	M	125+	140	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
CLEAN & PRESS, ALTERNATE GRIP	50	M	75	132	McKean, John	10/12/1997	97 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	50	M	80	146	McKean, John	3/4/2000	2000 Buckeye Record Break
CLEAN & PRESS, ALTERNATE GRIP	50	M	90	121	Blockston, Larry	10/11/1998	98 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	50	M	95	105	Gupta, Sanjiv	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
CLEAN & PRESS, ALTERNATE GRIP	50	M	105	140	Wenzel, Jeff	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CLEAN & PRESS, ALTERNATE GRIP	50	M	110	176	Schmidt, Scott	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
CLEAN & PRESS, ALTERNATE GRIP	50	M	125+	134	Morrison, Rocky	9/30/2016	POSTAL (2016) - Q3
CLEAN & PRESS, ALTERNATE GRIP	55	M	75	77	Marchand, Wade	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
CLEAN & PRESS, ALTERNATE GRIP	55	M	80	143	McKean, John	12/17/2000	Record Day
CLEAN & PRESS, ALTERNATE GRIP	55	M	85	99	DiCiccio, Bill	10/11/1998	98 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	55	M	110	125	Lupo, Tony	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
CLEAN & PRESS, ALTERNATE GRIP	55	M	115	130	Lupo, Tony	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CLEAN & PRESS, ALTERNATE GRIP	55	M	125+	100	Ryan, Tom	12/13/2003	RD - Clark's Gym '03
CLEAN & PRESS, ALTERNATE GRIP	60	M	80	100	DeForest, Dave	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
CLEAN & PRESS, ALTERNATE GRIP	60	M	85	100	DeForest, Dave	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
CLEAN & PRESS, ALTERNATE GRIP	60	M	90	110	DeForest, Dave	12/17/2022	Memorial Record Day
CLEAN & PRESS, ALTERNATE GRIP	60	M	110	121	Schmidt, Scott	10/8/2016	2016 Worlds - Lebanon, PA
CLEAN & PRESS, ALTERNATE GRIP	65	M	80	110	Montini, Art	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	65	M	85	95	DeForest, Dave	6/21/2025	Women's Only Meet, Columbia, MO
CLEAN & PRESS, ALTERNATE GRIP	65	M	90	126	Habecker, Denny	10/11/2009	2009 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	65	M	125	104	Ross, Dean	2/12/2012	RD - Dino Gym (2012)

USAWA Record List

CLEAN & PRESS, ALTERNATE GRIP	70	M	80	95	Emslie, David	3/28/2015	2015 Clark's Gym RD
CLEAN & PRESS, ALTERNATE GRIP	70	M	90	115	Habecker, Denny	10/8/2016	2016 Worlds - Lebanon, PA
CLEAN & PRESS, ALTERNATE GRIP	70	M	110	95	Murdock, Mike	10/29/2010	2010 JWC Record Breakers
CLEAN & PRESS, ALTERNATE GRIP	70	M	115	88	Ross, Dean	10/8/2016	2016 Worlds - Lebanon, PA
CLEAN & PRESS, ALTERNATE GRIP	80	M	70	33	Mitchell, Dennis	10/8/2016	2016 Worlds - Lebanon, PA
CLEAN & PRESS, ALTERNATE GRIP	85	M	80	33	Montini, Art	10/8/2016	2016 Worlds - Lebanon, PA
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	60	49	Habecker, Aidan	10/8/2016	2016 Worlds - Lebanon, PA
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	70	145	Groves, Jason	11/24/2002	Jump Stretch Record Day
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	75	172	Monk, John	10/12/2003	2003 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	80	185	Aldan, Brandon	11/24/2002	Jump Stretch Record Day
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	85	200	Wagman, Dan	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	90	135	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	95	135	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	100	140	Fobes, Jarrod	12/13/2025	2025 TEAM CHAMPIONSHIPS - RD, Lakewood, CO
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	105	170	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	110	185	Ullom, Chad	7/18/2010	Ledaig Record Day
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	115	159	Ullom, Chad	2/12/2012	RD - Dino Gym (2012)
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	120	200	Todd, Eric	9/30/2016	POSTAL (2016) - Q3
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	125	104	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	125+	225	Beath, Ernie	12/6/2009	2009 John's BD Record Day
CLEAN & PRESS, BEHIND NECK	13	F	30	38	Monk, Elizabeth	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	40	F	65	55	Scowden, Tonia	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	40	F	105	80	Holter, Anna	5/10/2003	2003 Buckeye Record Break
CLEAN & PRESS, BEHIND NECK	55	F	60	60	VanWagner, Kim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CLEAN & PRESS, BEHIND NECK	ALL	F	30	38	Monk, Elizabeth	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	ALL	F	60	60	VanWagner, Kim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CLEAN & PRESS, BEHIND NECK	ALL	F	65	55	Scowden, Tonia	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	ALL	F	75	33	Diggs, Crystal	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS, BEHIND NECK	ALL	F	85	55	Hopps, Jessica	4/16/2016	2016 Frank's RD
CLEAN & PRESS, BEHIND NECK	ALL	F	105	80	Holter, Anna	5/10/2003	2003 Buckeye Record Break
CLEAN & PRESS, BEHIND NECK	13	M	80	83	Beck, Steve	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	14	M	85	60	Habecker, Aidan	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS, BEHIND NECK	14	M	120	99	Hess, Kohl	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
CLEAN & PRESS, BEHIND NECK	16	M	55	110	Achenbach, Justin	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	16	M	80	132	Monk, Joshua	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	18	M	80	165	Smith, Abe	11/18/2000	RD - Columbia, MO '00
CLEAN & PRESS, BEHIND NECK	40	M	75	105	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, BEHIND NECK	40	M	80	209	Hirsh, Bob	2/22/1997	97 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK	40	M	85	185	Smith, Abe	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
CLEAN & PRESS, BEHIND NECK	40	M	90	161	Strangeway, John	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS, BEHIND NECK	40	M	110	193	Silvestri, Larry	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	40	M	115	200	Myers, Al	2/10/2007	RD - Dino Gym (2007)

USAWA Record List

CLEAN & PRESS, BEHIND NECK	40	M	125+	215	Mitchell, Mark	2/20/2005	RD - Dino Gym (2005)
CLEAN & PRESS, BEHIND NECK	45	M	70	149	Hirsh, Bob	10/17/2004	2004 Art's Birthday Bash
CLEAN & PRESS, BEHIND NECK	45	M	80	160	Hirsh, Bob	5/10/2003	2003 Buckeye Record Break
CLEAN & PRESS, BEHIND NECK	45	M	85	176	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
CLEAN & PRESS, BEHIND NECK	45	M	95	155	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, BEHIND NECK	45	M	105	198	Kurtz, John	2/24/1996	96 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK	45	M	110	44	Ullom, Chad	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS, BEHIND NECK	45	M	125+	176	Fulton, Kevin	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	50	M	75	88	Waterman, Chris	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	50	M	85	154	Habecker, Denny	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, BEHIND NECK	50	M	90	132	Smith, Randy	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	50	M	95	198	Grow, Terry	2/26/1994	94 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK	50	M	100	187	Schock, Ed	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	50	M	105	140	Wenzel, Jeff	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CLEAN & PRESS, BEHIND NECK	50	M	110	187	Schmidt, Scott	10/22/2006	2006 Art's Birthday Bash
CLEAN & PRESS, BEHIND NECK	50	M	120	220	Schmidt, Scott	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	50	M	125	188	Schmidt, Scott	10/17/2004	2004 Art's Birthday Bash
CLEAN & PRESS, BEHIND NECK	50	M	125+	165	Douglas, John	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS, BEHIND NECK	55	M	85	171	Habecker, Denny	11/17/1997	Burton, England
CLEAN & PRESS, BEHIND NECK	55	M	110	132	Schmidt, Scott	10/14/2012	2012 Arts Birthday Bash
CLEAN & PRESS, BEHIND NECK	55	M	120	203	Schmidt, Scott	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
CLEAN & PRESS, BEHIND NECK	60	M	80	100	DeForest, Dave	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
CLEAN & PRESS, BEHIND NECK	60	M	85	123	Ridgeway, Norm	7/10/1988	NATIONALS (1988) - Plymouth, PA
CLEAN & PRESS, BEHIND NECK	60	M	90	149	Habecker, Denny	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	60	M	110	143	Schmidt, Scott	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
CLEAN & PRESS, BEHIND NECK	60	M	115	176	Malloy, Jim	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	60	M	120	55	Geib, Bob	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	65	M	75	39	Friesz, Dale	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	65	M	80	110	Montini, Art	2/24/1996	96 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK	65	M	85	90	DeForest, Dave	6/21/2025	Women's Only Meet, Columbia, MO
CLEAN & PRESS, BEHIND NECK	65	M	90	143	Habecker, Denny	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
CLEAN & PRESS, BEHIND NECK	65	M	105	88	Puzin, Carl	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
CLEAN & PRESS, BEHIND NECK	70	M	75	61	Mitchell, Dennis	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	70	M	80	80	Emslie, David	3/28/2015	2015 Clark's Gym RD
CLEAN & PRESS, BEHIND NECK	70	M	85	110	Montini, Art	3/4/2000	2000 Buckeye Record Break
CLEAN & PRESS, BEHIND NECK	70	M	90	135	Habecker, Denny	8/18/2013	RD - Dino Days (2013)
CLEAN & PRESS, BEHIND NECK	70	M	110	66	Myers, LaVerne	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS, BEHIND NECK	75	M	75	44	Mitchell, Dennis	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
CLEAN & PRESS, BEHIND NECK	75	M	85	110	Habecker, Denny	12/7/2019	2019 Memorial Record Day
CLEAN & PRESS, BEHIND NECK	75	M	90	115	Habecker, Denny	10/7/2018	IAWA WORLD CHAMPIONSHIP (2018) - Eastbourne
CLEAN & PRESS, BEHIND NECK	75	M	115	99	Ross, Dean	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS, BEHIND NECK	80	M	80	71	Montini, Art	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA

USAWA Record List

CLEAN & PRESS, BEHIND NECK	ALL	M	70	183	Hirsh, Bob	1/11/1992	Cleveland, Oh.
CLEAN & PRESS, BEHIND NECK	ALL	M	75	157	Monk, John	10/12/2003	2003 Art's Birthday Bash
CLEAN & PRESS, BEHIND NECK	ALL	M	80	209	Hirsh, Bob	2/22/1997	97 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK	ALL	M	85	180	Smith, Abe	8/21/2022	CLARK'S BIRTHDAY WEEKEND
CLEAN & PRESS, BEHIND NECK	ALL	M	90	161	Strangeway, John	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
CLEAN & PRESS, BEHIND NECK	ALL	M	95	198	Grow, Terry	2/26/1994	94 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK	ALL	M	100	187	Schock, Ed	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	ALL	M	105	198	Kurtz, John	2/24/1996	96 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK	ALL	M	110	220	Spayd, Bill	10/16/2005	2005 IAWA
CLEAN & PRESS, BEHIND NECK	ALL	M	115	200	Myers, Al	2/12/2006	RD - Dino Gym (2006)
CLEAN & PRESS, BEHIND NECK	ALL	M	120	222	Ullom, Chad	2/10/2007	RD - Dino Gym (2007)
CLEAN & PRESS, BEHIND NECK	ALL	M	125	192	Davis, Demetrius	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
CLEAN & PRESS, BEHIND NECK	ALL	M	125+	251	Beath, Ernie	10/11/2009	2009 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS	13	F	30	30	Monk, Elizabeth	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	13	F	45	40	Czira, Jessie	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	13	F	50	30	Todd, Phoebe	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & PRESS, DUMBBELLS	13	F	75	40	Griffis, Kirstie	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	14	F	65	70	Jaeschke, Sara	9/18/2003	2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	14	F	70	72	Jaeschke, Sara	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	14	F	75	40	Fritz, Misty	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	16	F	70	65	Paul, Andrea	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	18	F	50	59	Hall, Lisa	9/18/2003	2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	40	F	90	100	Todd, Stacy	7/27/2024	Buffville Road to the Century Club #5
CLEAN & PRESS, DUMBBELLS	40	F	125+	110	McConnaughey, Mary	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	45	F	125+	90	McConnaughey, Mary	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	50	F	55	60	Phumchaona, Noi	3/7/1998	98 Buckeye Record Breaker
CLEAN & PRESS, DUMBBELLS	50	F	60	25	Wade, Montia	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	55	F	55	60	Phumchaona, Noi	4/27/2002	2002 Buckeye Record Break
CLEAN & PRESS, DUMBBELLS	55	F	60	68	VanWagner, Kim	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
CLEAN & PRESS, DUMBBELLS	55	F	90	30	Lupo, Allison	4/14/2024	Record Day- Clark's Gym 1
CLEAN & PRESS, DUMBBELLS	55	F	100	70	Gore, Lisa	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & PRESS, DUMBBELLS	60	F	50	60	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
CLEAN & PRESS, DUMBBELLS	60	F	55	66	Phumchaona, Noi	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	60	F	60	50	LaRosa, Marian	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	60	F	65	58	Howley, Kate	9/23/2007	2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	65	F	55	44	Anderson, Carolyn	9/23/2007	2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	F	30	30	Monk, Elizabeth	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	ALL	F	45	40	Czira, Jessie	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	F	50	60	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
CLEAN & PRESS, DUMBBELLS	ALL	F	55	66	Phumchaona, Noi	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	ALL	F	60	68	VanWagner, Kim	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
CLEAN & PRESS, DUMBBELLS	ALL	F	65	70	Jaeschke, Sara	9/18/2003	2003 IAWA Postal Meet

USAWA Record List

CLEAN & PRESS, DUMBBELLS	ALL	F	70	72	Jaeschke, Sara	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	F	75	40	Fritz, Misty	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	ALL	F	80	60	Schneck, Morgan	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	F	90	66	Todd, Stacy	7/27/2024	Buffville Road to the Century Club #5
CLEAN & PRESS, DUMBBELLS	ALL	F	100	70	Gore, Lisa	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & PRESS, DUMBBELLS	ALL	F	125+	110	McConnaughey, Mary	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	13	M	35	20	Wenzel, Logan	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CLEAN & PRESS, DUMBBELLS	13	M	40	19	Ciavattone, Frank III	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	13	M	60	80	Prior, Theo	1/24/2015	2015 Florida RD
CLEAN & PRESS, DUMBBELLS	13	M	70	20	Krenzin, Tyler	2/13/2011	RD - Dino Gym (2011)
CLEAN & PRESS, DUMBBELLS	13	M	75	40	Krenzin, Chris	2/13/2011	RD - Dino Gym (2011)
CLEAN & PRESS, DUMBBELLS	13	M	80	70	Beck, Steve	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	13	M	95	90	Patrick, Kevin	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	14	M	55	60	Habecker, Brady	12/17/2022	Memorial Record Day
CLEAN & PRESS, DUMBBELLS	14	M	80	45	Patrick, Dan	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	14	M	85	100	Beck, Steve	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	14	M	90	110	Ciavattone, Joe Jr.	12/31/2008	2008 National Postal
CLEAN & PRESS, DUMBBELLS	14	M	100	90	Blockston, Jon	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	14	M	105	120	Becklun, John	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	14	M	115	110	Patrick, Kevin	9/23/2007	2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	16	M	55	110	Achenbach, Justin	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	16	M	60	70	Wenzel, Spencer	6/9/2024	RD - Stars of Tomorrow on parade
CLEAN & PRESS, DUMBBELLS	16	M	65	120	Achenbach, Kyle	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	16	M	70	100	Jaeschke, Jon	9/18/2003	2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	16	M	75	109	Conley, Elijah	10/12/2024	Clarks Gym RD #5 (2024)
CLEAN & PRESS, DUMBBELLS	16	M	80	130	Monk, Joshua	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	16	M	85	120	Jaeschke, Chris	9/18/2003	2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	16	M	90	110	Patrick, Dan	9/23/2007	2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	16	M	95	117	Blockston, Jon	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	16	M	100	120	Kelsey, John	4/27/2002	2002 Buckeye Record Break
CLEAN & PRESS, DUMBBELLS	16	M	105	120	Patrick, John	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	18	M	60	120	Achenbach, Justin	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	18	M	65	110	Clauson, Riley	9/23/2007	2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	18	M	70	130	Achenbach, Kyle	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	18	M	75	110	Demille, Cale	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	18	M	80	130	Muzzy, James	10/22/2006	2006 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS	18	M	85	121	Jaeschke, Chris	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	40	M	70	155	Monk, John	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	40	M	80	170	Monk, John	12/31/2008	2008 National Postal
CLEAN & PRESS, DUMBBELLS	40	M	110	190	Ciavattone, Joe Sr.	12/31/2008	2008 National Postal
CLEAN & PRESS, DUMBBELLS	40	M	115	200	Myers, Al	9/23/2007	2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	40	M	120	170	Fulton, Kevin	9/18/2003	2003 IAWA Postal Meet

USAWA Record List

CLEAN & PRESS, DUMBBELLS	40	M	125+	230	Mitchell, Mark	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	45	M	90	136	Smith, Randy	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	45	M	105	170	Barnett, Orie	12/31/2008	2008 National Postal
CLEAN & PRESS, DUMBBELLS	45	M	110	130	Wenzel, Jeff	10/12/2024	Clarks Gym RD #5 (2024)
CLEAN & PRESS, DUMBBELLS	45	M	120	215	Karhan, Bob	2/22/1997	97 Buckeye Record Breaker
CLEAN & PRESS, DUMBBELLS	45	M	125+	170	Maxey, Bob	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	50	M	50	40	Hook, Thong	4/27/2002	2002 Buckeye Record Break
CLEAN & PRESS, DUMBBELLS	50	M	75	122	Waterman, Chris	9/23/2007	2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	50	M	90	136	Smith, Randy	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	50	M	95	108	Gupta, Sanjiv	10/12/2024	Clarks Gym RD #5 (2024)
CLEAN & PRESS, DUMBBELLS	50	M	100	200	Schock, Ed	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	50	M	105	160	Garcia, Joe	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	50	M	110	140	Garcia, Joe	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	50	M	120	187	Schmidt, Scott	9/23/2007	2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	55	M	85	154	Habecker, Denny	11/17/1997	Burton, England
CLEAN & PRESS, DUMBBELLS	55	M	90	65	Wynn, Donnie	9/23/2007	2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	55	M	95	120	Blockston, Larry	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	55	M	100	140	Sisk, Ron	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	55	M	105	174	Bodamer, Nick	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	55	M	110	120	Lupo, Tony	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CLEAN & PRESS, DUMBBELLS	55	M	115	100	Lupo, Tony	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
CLEAN & PRESS, DUMBBELLS	60	M	85	120	Habecker, Denny	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	60	M	90	121	Habecker, Denny	9/23/2007	2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	60	M	95	120	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
CLEAN & PRESS, DUMBBELLS	60	M	100	130	Garcia, Joe	11/8/2014	2014 Clarks RD
CLEAN & PRESS, DUMBBELLS	60	M	115	150	Malloy, Jim	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	65	M	75	65	Mitchell, Dennis	3/4/2000	2000 Buckeye Record Break
CLEAN & PRESS, DUMBBELLS	65	M	85	120	Habecker, Denny	2/12/2012	RD - Dino Gym (2012)
CLEAN & PRESS, DUMBBELLS	65	M	90	100	Habecker, Denny	10/17/2010	2010 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS	65	M	95	120	Briggs, Brian	12/31/2008	2008 National Postal
CLEAN & PRESS, DUMBBELLS	65	M	100	100	Bletscher, Rudy	9/18/2003	2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	65	M	105	100	Bletscher, Rudy	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	65	M	110	60	Crozier, Bill	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	65	M	115	140	Malloy, Jim	9/23/2007	2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	65	M	125	80	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
CLEAN & PRESS, DUMBBELLS	70	M	75	70	Mitchell, Dennis	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	70	M	95	150	Prechtel, Howard	10/12/1997	97 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS	70	M	105	30	Crozier, Bill	9/23/2007	2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	70	M	110	50	Myers, LaVerne	1/14/2017	Dino Gym Challenge (2017)
CLEAN & PRESS, DUMBBELLS	75	M	75	50	Cox, Bob	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	75	M	80	50	Cox, Bob	9/18/2003	2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	75	M	90	110	Prechtel, Howard	4/27/2002	2002 Buckeye Record Break

USAWA Record List

CLEAN & PRESS, DUMBBELLS	75	M	110	60	Ross, Dean	2/11/2018	RD - Dino Gym
CLEAN & PRESS, DUMBBELLS	80	M	70	30	Mitchell, Dennis	10/16/2016	2016 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS	80	M	75	50	Cox, Bob	8/31/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	80	M	95	110	Prechtel, Howard	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	35	20	Wenzel, Logan	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CLEAN & PRESS, DUMBBELLS	ALL	M	55	110	Achenbach, Justin	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	ALL	M	60	120	Achenbach, Justin	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	65	120	Achenbach, Kyle	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	ALL	M	70	155	Monk, John	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	75	180	Smith, Abe	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	ALL	M	80	200	Smith, Abe	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	85	190	Beffort, Lon	3/15/2005	2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	ALL	M	90	140	Goetsch, Troy	5/20/2012	2012 Jobs Steel Jungle RD
CLEAN & PRESS, DUMBBELLS	ALL	M	95	150	Prechtel, Howard	10/12/1997	97 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS	ALL	M	100	200	Schock, Ed	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	105	190	Ullom, Chad	12/31/2008	2008 National Postal
CLEAN & PRESS, DUMBBELLS	ALL	M	110	220	Spayd, Bill	4/30/2006	2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	115	200	Ullom, Chad	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	120	215	Karhan, Bob	2/22/1997	97 Buckeye Record Breaker
CLEAN & PRESS, DUMBBELLS	ALL	M	125	240	Todd, Eric	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	125+	230	Mitchell, Mark	4/15/2004	2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS, HEELS	45	F	50	44	Phumchaona, Noi	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
CLEAN & PRESS, DUMBBELLS, HEELS	50	F	50	72	Jackson, RJ	12/1/2012	2012 Gracie Club RD
CLEAN & PRESS, DUMBBELLS, HEELS	55	F	55	55	Phumchaona, Noi	10/9/1999	99 IAWA Worlds -Australia
CLEAN & PRESS, DUMBBELLS, HEELS	55	F	100	70	Gore, Lisa	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	F	50	72	Jackson, RJ	12/1/2012	2012 Gracie Club RD
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	F	55	55	Phumchaona, Noi	10/9/1999	99 IAWA Worlds -Australia
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	F	65	60	Schmidt, Kathy	2/22/1997	97 Buckeye Record Breaker
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	F	70	72	DeLaRosa, Doris	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	F	100	70	Gore, Lisa	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & PRESS, DUMBBELLS, HEELS	13	M	50	45	McKean, Sean	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
CLEAN & PRESS, DUMBBELLS, HEELS	13	M	55	70	Monk, Joshua	6/1/2002	2002 IAWA Postal
CLEAN & PRESS, DUMBBELLS, HEELS	14	M	75	80	Demille, Cale	6/1/2002	2002 IAWA Postal
CLEAN & PRESS, DUMBBELLS, HEELS	14	M	125+	110	Hess, Kohl	3/31/2010	2010 Eastern Open Postal
CLEAN & PRESS, DUMBBELLS, HEELS	16	M	60	70	Wenzel, Spencer	6/9/2024	RD - Stars of Tomorrow on parade
CLEAN & PRESS, DUMBBELLS, HEELS	16	M	90	90	Hunter, Joe	10/14/2001	2001 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	16	M	100	140	Ciavattone, Joe Jr.	3/31/2010	2010 Eastern Open Postal
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	70	152	Waterman, Chris	10/15/1995	95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	75	120	Haynes, John	11/7/1987	Wichita, Ks.
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	85	180	Smith, Abe	12/17/2022	Memorial Record Day
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	105	182	Karhan, Bob	6/26/1989	NATIONALS (1989) - Plymouth, PA
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	110	202	Karhan, Bob	12/15/1990	RD - Ambridge

USAWA Record List

CLEAN & PRESS, DUMBBELLS, HEELS	40	M	115	180	Ciavattone, Joe Sr.	3/31/2010	2010 Eastern Open Postal
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	125	210	Cookson, Chuck	2/13/2011	RD - Dino Gym (2011)
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	125+	240	McClain, Ken	11/7/1987	Wichita, Ks.
CLEAN & PRESS, DUMBBELLS, HEELS	45	M	65	120	Pensyl, Barry	10/15/1995	95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	45	M	75	123	McKean, John	10/16/1994	94 U.S. Inlands
CLEAN & PRESS, DUMBBELLS, HEELS	45	M	85	120	Prior, Derek	1/24/2015	2015 Florida RD
CLEAN & PRESS, DUMBBELLS, HEELS	45	M	110	203	Karhan, Bob	10/16/1994	94 U.S. Inlands
CLEAN & PRESS, DUMBBELLS, HEELS	45	M	120	160	Todd, Eric	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & PRESS, DUMBBELLS, HEELS	45	M	125+	210	Mitchell, Mark	3/31/2010	2010 Eastern Open Postal
CLEAN & PRESS, DUMBBELLS, HEELS	50	M	75	124	McKean, John	10/12/1997	97 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	50	M	80	130	Habecker, Denny	10/15/1995	95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	50	M	95	138	Vernacchio, John	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
CLEAN & PRESS, DUMBBELLS, HEELS	50	M	105	130	Wenzel, Jeff	#####	Diamond Jubilee IV (2026) and RD, Columbia, MO
CLEAN & PRESS, DUMBBELLS, HEELS	55	M	85	100	DiCiccio, Bill	10/12/1997	97 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	55	M	90	130	Habecker, Denny	6/1/2002	2002 IAWA Postal
CLEAN & PRESS, DUMBBELLS, HEELS	55	M	110	120	Lupo, Tony	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
CLEAN & PRESS, DUMBBELLS, HEELS	55	M	115	132	Geib, Bob	10/9/1999	99 IAWA Worlds -Australia
CLEAN & PRESS, DUMBBELLS, HEELS	55	M	120	140	Geib, Bob	3/7/1998	98 Buckeye Record Breaker
CLEAN & PRESS, DUMBBELLS, HEELS	55	M	125+	60	Ciavattone, Frank	3/31/2010	2010 Eastern Open Postal
CLEAN & PRESS, DUMBBELLS, HEELS	60	M	85	100	DeForest, Dave	4/14/2024	Record Day- Clark's Gym 1
CLEAN & PRESS, DUMBBELLS, HEELS	60	M	105	138	Prechtel, Howard	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
CLEAN & PRESS, DUMBBELLS, HEELS	60	M	110	154	Crozier, Bill	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
CLEAN & PRESS, DUMBBELLS, HEELS	65	M	75	90	Mitchell, Dennis	3/7/1998	98 Buckeye Record Breaker
CLEAN & PRESS, DUMBBELLS, HEELS	65	M	85	110	Habecker, Denny	2/12/2012	RD - Dino Gym (2012)
CLEAN & PRESS, DUMBBELLS, HEELS	65	M	90	141	Habecker, Denny	8/25/2012	PRESIDENTIAL CUP (2012)
CLEAN & PRESS, DUMBBELLS, HEELS	65	M	125	80	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
CLEAN & PRESS, DUMBBELLS, HEELS	70	M	95	110	Prechtel, Howard	10/9/1999	99 IAWA Worlds -Australia
CLEAN & PRESS, DUMBBELLS, HEELS	70	M	100	150	Prechtel, Howard	10/15/1995	95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	70	M	110	80	Murdock, Mike	2/13/2011	RD - Dino Gym (2011)
CLEAN & PRESS, DUMBBELLS, HEELS	75	M	90	90	Habecker, Denny	2/11/2018	RD - Dino Gym
CLEAN & PRESS, DUMBBELLS, HEELS	75	M	105	99	Lano, Jack	10/9/1999	99 IAWA Worlds -Australia
CLEAN & PRESS, DUMBBELLS, HEELS	80	M	85	50	Habecker, Denny	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	60	70	Wenzel, Spencer	6/9/2024	RD - Stars of Tomorrow on parade
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	65	120	Pensyl, Barry	10/15/1995	95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	70	152	Waterman, Chris	10/15/1995	95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	75	160	Monk, John	6/1/2002	2002 IAWA Postal
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	80	130	Habecker, Denny	10/15/1995	95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	85	180	Smith, Abe	12/17/2022	Memorial Record Day
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	90	200	Naylor, John	11/8/1987	Wichita, Ks.
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	95	140	Pruznick, Miles	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	100	150	Prechtel, Howard	10/15/1995	95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	105	220	Oliver, Clay	11/8/1987	Wichita, Ks.

USAWA Record List

CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	110	203	Karhan, Bob	10/16/1994	94 U.S. Inlands
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	115	180	Ciavattone, Joe Sr.	3/31/2010	2010 Eastern Open Postal
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	120	160	Todd, Eric	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	125	210	Cookson, Chuck	2/13/2011	RD - Dino Gym (2011)
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	125+	240	McClain, Ken	11/7/1987	Wichita, Ks.
CLEAN & PRESS, FULTON BAR	50	F	50	73	Jackson, RJ	12/27/2014	2014 Colorado RB
CLEAN & PRESS, FULTON BAR	ALL	F	50	73	Jackson, RJ	12/27/2014	2014 Colorado RB
CLEAN & PRESS, FULTON BAR	ALL	F	80	66	Monk, Victoria	10/14/2007	2007 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR	ALL	F	90	95	Abele, Jessica	1/17/2004	Dino Gym Challenge (2004)
CLEAN & PRESS, FULTON BAR	NAT	F	65	60	Todd, Phoebe	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	NAT	F	70	100	Skwarecki, Beth	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	NAT	F	75	60	Todd, Lillian	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	NAT	F	90	70	Todd, Stacy	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	NAT	F	100	75	Gore, Lisa	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	13	M	50	42	Todd, Leroy	11/18/2023	RD - Lift for Leroy '23
CLEAN & PRESS, FULTON BAR	40	M	75	127	LaPointe, Roger	3/10/2012	2012 Club Challenge
CLEAN & PRESS, FULTON BAR	40	M	85	225	Smith, Abe	6/29/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	40	M	90	186	Strangeway, John	12/8/2018	RD - Lift for Leroy '18
CLEAN & PRESS, FULTON BAR	40	M	95	175	Stearns, Ashley	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CLEAN & PRESS, FULTON BAR	40	M	100	150	McAllister, Shawn	1/17/2004	Dino Gym Challenge (2004)
CLEAN & PRESS, FULTON BAR	40	M	110	185	Suttle, David	1/17/2004	Dino Gym Challenge (2004)
CLEAN & PRESS, FULTON BAR	40	M	115	220	Myers, Al	2/13/2011	RD - Dino Gym (2011)
CLEAN & PRESS, FULTON BAR	40	M	125+	220	Mitchell, Mark	2/20/2005	RD - Dino Gym (2005)
CLEAN & PRESS, FULTON BAR	45	M	100	176	English, Robert	11/11/1998	98 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR	45	M	105	200	English, Robert	11/17/1999	99 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR	45	M	110	170	Wenzel, Jeff	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	45	M	125+	200	Burtzloff, Bob	1/17/2004	Dino Gym Challenge (2004)
CLEAN & PRESS, FULTON BAR	50	M	90	145	Blockston, Larry	11/17/1999	99 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR	50	M	95	125	Gupta, Sanjiv	6/29/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	50	M	105	165	Wenzel, Jeff	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
CLEAN & PRESS, FULTON BAR	50	M	110	175	Wenzel, Jeff	6/21/2025	Women's Only Meet, Columbia, MO
CLEAN & PRESS, FULTON BAR	50	M	115	175	Garcia, Joe	1/17/2004	Dino Gym Challenge (2004)
CLEAN & PRESS, FULTON BAR	50	M	125+	223	Mitchell, Mark	2/12/2012	RD - Dino Gym (2012)
CLEAN & PRESS, FULTON BAR	55	M	75	110	Marchand, Wade	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
CLEAN & PRESS, FULTON BAR	55	M	110	120	Lupo, Tony	10/12/2024	Clarks Gym RD #5 (2024)
CLEAN & PRESS, FULTON BAR	55	M	115	130	Lupo, Tony	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CLEAN & PRESS, FULTON BAR	60	M	80	105	DeForest, Dave	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	65	M	85	105	DeForest, Dave	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CLEAN & PRESS, FULTON BAR	65	M	90	143	Habecker, Denny	10/1/2011	IAWA GOLD CUP (2011) - Burton on Trent, UK
CLEAN & PRESS, FULTON BAR	65	M	95	161	Norval, Morgan	10/23/2005	2005 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR	65	M	100	75	Bletscher, Rudy	12/15/2002	RD - Columbia, MO '02
CLEAN & PRESS, FULTON BAR	65	M	105	110	Bletscher, Rudy	1/17/2004	Dino Gym Challenge (2004)

USAWA Record List

CLEAN & PRESS, FULTON BAR	70	M	80	100	Emslie, David	3/28/2015	2015 Clark's Gym RD
CLEAN & PRESS, FULTON BAR	70	M	90	136	Habecker, Denny	11/29/2014	2014 New England Gold Cup
CLEAN & PRESS, FULTON BAR	70	M	110	105	Murdock, Mike	10/29/2010	2010 JWC Record Breakers
CLEAN & PRESS, FULTON BAR	75	M	85	93	Montini, Art	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
CLEAN & PRESS, FULTON BAR	75	M	90	121	Habecker, Denny	9/30/2017	2017 IAWA Worlds - Perth
CLEAN & PRESS, FULTON BAR	75	M	105	60	Ross, Dean	12/7/2019	RD - Lift for Leroy '19
CLEAN & PRESS, FULTON BAR	80	M	85	65	Montini, Art	12/6/2009	2009 John's BD Record Day
CLEAN & PRESS, FULTON BAR	80	M	90	70	Montini, Art	10/16/2011	2011 Arts Birthday Bash
CLEAN & PRESS, FULTON BAR	85	M	80	60	Montini, Art	10/18/2015	2015 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR	ALL	M	50	42	Todd, Leroy	11/18/2023	RD - Lift for Leroy '23
CLEAN & PRESS, FULTON BAR	ALL	M	70	125	Wenzel, Riley	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CLEAN & PRESS, FULTON BAR	ALL	M	75	127	LaPointe, Roger	3/10/2012	2012 Club Challenge
CLEAN & PRESS, FULTON BAR	ALL	M	80	105	DeForest, Dave	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	ALL	M	85	225	Smith, Abe	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	ALL	M	90	186	Strangeway, John	12/8/2018	RD - Lift for Leroy '18
CLEAN & PRESS, FULTON BAR	ALL	M	95	175	Stearns, Ashley	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CLEAN & PRESS, FULTON BAR	ALL	M	100	208	Ciavattone, Joe Jr.	3/15/2014	2014 Franks BBC RB
CLEAN & PRESS, FULTON BAR	ALL	M	105	200	English, Robert	11/17/1999	99 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR	ALL	M	110	190	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
CLEAN & PRESS, FULTON BAR	ALL	M	115	220	Myers, Al	2/13/2011	RD - Dino Gym (2011)
CLEAN & PRESS, FULTON BAR	ALL	M	120	240	Myers, Al	1/17/2004	Dino Gym Challenge (2004)
CLEAN & PRESS, FULTON BAR	ALL	M	125+	240	Todd, Eric	1/17/2004	Dino Gym Challenge (2004)
CLEAN & PRESS, FULTON BAR	NAT	M	50	40	Todd, Everett	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	NAT	M	60	50	Todd, Leroy	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	NAT	M	85	225	Smith, Abe	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	NAT	M	90	115	Smith, Randy	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	NAT	M	95	125	Gupta, Sanjiv	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	NAT	M	110	135	Lupo, Tony	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, FULTON BAR	NAT	M	125+	215	Marlin, Phillip	6/30/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	13	F	40	55	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	13	F	45	50	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
CLEAN & PRESS, HEELS TOGETHER	13	F	50	45	Jobe, Gabby	9/30/2012	2012 Delaware Postal
CLEAN & PRESS, HEELS TOGETHER	13	F	55	38	Todd, Phoebe	6/19/2021	NATIONALS (2021) - Abilene, KS
CLEAN & PRESS, HEELS TOGETHER	13	F	60	50	Todd, Phoebe	6/24/2023	NATIONALS (2023) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	14	F	40	35	Gupta, Nisha	6/9/2024	Stars of Tomorrow on parade
CLEAN & PRESS, HEELS TOGETHER	14	F	50	50	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	16	F	40	35	Gupta, Nisha	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	16	F	45	35	Gupta, Diya	6/9/2024	Stars of Tomorrow on parade
CLEAN & PRESS, HEELS TOGETHER	18	F	60	50	Burks, Amy	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
CLEAN & PRESS, HEELS TOGETHER	18	F	50	40	Gupta, Diya	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	18	F	65	85	McBride, Angela	1/30/1999	ZERCHER STRENGTH CLASSIC (1999)
CLEAN & PRESS, HEELS TOGETHER	40	F	50	50	Hughes, Suree	7/16/1990	NATIONALS (1990) - Akron, OH

USAWA Record List

CLEAN & PRESS, HEELS TOGETHER	40	F	55	72	Hughes, Suree	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	40	F	60	65	Devine, Karen	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	40	F	65	77	Wooten, Chris	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	40	F	70	95	Skwarecki, Beth	6/19/2021	NATIONALS (2021) - Abilene, KS
CLEAN & PRESS, HEELS TOGETHER	40	F	75	125	Ollenuking, Amorkor	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
CLEAN & PRESS, HEELS TOGETHER	40	F	80	125	Ollenuking, Amorkor	6/17/2006	NATIONALS (2006) - Salina, KS
CLEAN & PRESS, HEELS TOGETHER	40	F	100	45	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
CLEAN & PRESS, HEELS TOGETHER	45	F	45	55	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	45	F	50	61	Phumchaona, Noi	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CLEAN & PRESS, HEELS TOGETHER	50	F	50	71	Jackson, RJ	12/1/2012	2012 Gracie Club RD
CLEAN & PRESS, HEELS TOGETHER	50	F	60	83	Burchette, Jeanne	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	50	F	100	77	Sees, Susan	6/25/2016	NATIONALS (2016) - Norwood, MA
CLEAN & PRESS, HEELS TOGETHER	55	F	55	66	Phumchaona, Noi	7/1/2000	2000 USAWA - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	55	F	60	62	VanWagner, Kim	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
CLEAN & PRESS, HEELS TOGETHER	55	F	75	65	Kahn, Helen	12/31/2010	2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	55	F	90	50	Lupo, Allison	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
CLEAN & PRESS, HEELS TOGETHER	60	F	60	55	LaRosa, Marian	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	60	F	75	22	Thompson, Janet	1/30/2022	ZERCHER STRENGTH CLASSIC (2022)
CLEAN & PRESS, HEELS TOGETHER	60	F	80	22	Thompson, Janet	8/21/2021	2021 SWEET 16/ELITE 8
CLEAN & PRESS, HEELS TOGETHER	65	F	80	40	Thompson, Janet	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
CLEAN & PRESS, HEELS TOGETHER	ALL	F	40	55	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	ALL	F	45	55	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	ALL	F	50	71	Jackson, RJ	12/1/2012	2012 Gracie Club RD
CLEAN & PRESS, HEELS TOGETHER	ALL	F	55	72	Hughes, Suree	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	ALL	F	60	83	Burchette, Jeanne	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	ALL	F	65	95	DeLaRosa, Doris	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
CLEAN & PRESS, HEELS TOGETHER	ALL	F	70	95	Skwarecki, Beth	6/19/2021	NATIONALS (2021) - Abilene, KS
CLEAN & PRESS, HEELS TOGETHER	ALL	F	80	135	Ollenuking, Amorkor	2/4/1996	ZERCHER STRENGTH CLASSIC (1996)
CLEAN & PRESS, HEELS TOGETHER	ALL	F	85	66	Hopps, Jessica	6/25/2016	NATIONALS (2016) - Norwood, MA
CLEAN & PRESS, HEELS TOGETHER	ALL	F	90	82	Beary, Lindsey	6/25/2016	NATIONALS (2016) - Norwood, MA
CLEAN & PRESS, HEELS TOGETHER	ALL	F	95	83	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	ALL	F	100	77	Sees, Susan	6/25/2016	NATIONALS (2016) - Norwood, MA
CLEAN & PRESS, HEELS TOGETHER	NAT	F	40	55	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	NAT	F	45	55	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	NAT	F	50	55	Phumchaona, Noi	6/26/1989	NATIONALS (1989) - Plymouth, PA
CLEAN & PRESS, HEELS TOGETHER	NAT	F	55	66	Phumchaona, Noi	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	NAT	F	60	83	Burchette, Jeanne	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	NAT	F	65	77	Wooten, Chris	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	NAT	F	70	95	Skwarecki, Beth	6/19/2021	NATIONALS (2021) - Abilene, KS
CLEAN & PRESS, HEELS TOGETHER	NAT	F	75	115	Ollenuking, Amorkor	6/24/2001	NATIONALS (2001) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	NAT	F	80	125	Ollenuking, Amorkor	6/17/2006	NATIONALS (2006) - Salina, KS
CLEAN & PRESS, HEELS TOGETHER	NAT	F	85	66	Hopps, Jessica	6/25/2016	NATIONALS (2016) - Norwood, MA

USAWA Record List

CLEAN & PRESS, HEELS TOGETHER	NAT	F	90	82	Beary, Lindsey	6/25/2016	NATIONALS (2016) - Norwood, MA
CLEAN & PRESS, HEELS TOGETHER	NAT	F	95	83	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	NAT	F	100	77	Sees, Susan	6/25/2016	NATIONALS (2016) - Norwood, MA
CLEAN & PRESS, HEELS TOGETHER	13	M	30	44	Montini, Rocco	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	13	M	35	45	Geib, Adam	6/4/1995	NATIONALS (1995) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	13	M	40	55	Schmidt, Jeremiah	12/9/1990	Columbia, MO.
CLEAN & PRESS, HEELS TOGETHER	13	M	45	55	Schmidt, Jeremiah	1/19/1992	ZERCHER STRENGTH CLASSIC (1992)
CLEAN & PRESS, HEELS TOGETHER	13	M	50	63	Monk, Joshua	6/24/2001	NATIONALS (2001) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	13	M	55	70	Monk, Joshua	6/1/2002	2002 IAWA Postal
CLEAN & PRESS, HEELS TOGETHER	13	M	60	77	Monk, Joshua	12/1/2002	2002 Postal Meet
CLEAN & PRESS, HEELS TOGETHER	13	M	65	55	Anderson, Jonathan	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	13	M	70	66	McKean, Robbie	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	13	M	75	71	Blockston, Jon	7/1/2000	2000 USAWA - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	13	M	80	45	Carter, Jason	12/9/1990	Columbia, MO.
CLEAN & PRESS, HEELS TOGETHER	14	M	55	77	Shuba, Frank Jr.	6/26/1989	NATIONALS (1989) - Plymouth, PA
CLEAN & PRESS, HEELS TOGETHER	14	M	65	105	Monk, Joshua	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	14	M	75	99	Demille, Cale	12/1/2002	2002 Postal
CLEAN & PRESS, HEELS TOGETHER	14	M	80	99	Loewer, James	7/1/2000	2000 USAWA - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	14	M	85	110	Holcomb, Seth	7/1/2001	2001 Old Settlers Classic
CLEAN & PRESS, HEELS TOGETHER	14	M	90	149	Riley, Ed Jr.	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	14	M	110	130	Becklun, John	6/17/2006	NATIONALS (2006) - Salina, KS
CLEAN & PRESS, HEELS TOGETHER	16	M	60	98	Van Fossan, Matt	10/11/1998	98 Art's Birthday Bash
CLEAN & PRESS, HEELS TOGETHER	16	M	65	100	O'Brien, Marc	12/1/2002	2002 Postal
CLEAN & PRESS, HEELS TOGETHER	16	M	70	125	Heit, Calvin	3/31/2018	POSTAL (2018) - Q1
CLEAN & PRESS, HEELS TOGETHER	16	M	75	145	Howard, Colby	3/18/2000	2000 Nebraskaland Classic
CLEAN & PRESS, HEELS TOGETHER	16	M	80	135	Kucera, Matt	3/18/2000	2000 Nebraskaland Classic
CLEAN & PRESS, HEELS TOGETHER	16	M	85	148	Kucera, Matt	7/1/2001	2001 Old Settlers Classic
CLEAN & PRESS, HEELS TOGETHER	16	M	90	145	Horvath, Anthony	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	16	M	95	185	Ciavattone, Joe Jr.	12/31/2010	2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	16	M	100	155	Kucera, Elijah	3/18/2000	2000 Nebraskaland Classic
CLEAN & PRESS, HEELS TOGETHER	16	M	125+	170	Kincaid, Kiff	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	18	M	60	80	Wenzel, Spencer	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	18	M	80	210	Smith, Abe	6/24/2001	NATIONALS (2001) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	18	M	100	135	Hunter, Joe	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	18	M	105	153	Kucera, Elijah	7/1/2001	2001 Old Settlers Classic
CLEAN & PRESS, HEELS TOGETHER	18	M	110	185	Reel, Ian	6/17/2006	NATIONALS (2006) - Salina, KS
CLEAN & PRESS, HEELS TOGETHER	40	M	60	138	McKean, John	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	40	M	65	160	Pensyl, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	40	M	70	182	Waterman, Chris	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & PRESS, HEELS TOGETHER	40	M	75	215	Hirsh, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & PRESS, HEELS TOGETHER	40	M	80	226	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
CLEAN & PRESS, HEELS TOGETHER	40	M	85	210	Smith, Abe	6/24/2023	NATIONALS (2023) - Columbia, MO

USAWA Record List

CLEAN & PRESS, HEELS TOGETHER	40	M	90	132	Caughran, Steve	6/26/1989	NATIONALS (1989) - Plymouth, PA
CLEAN & PRESS, HEELS TOGETHER	40	M	95	154	Montini, Paul	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	40	M	100	204	Shuba, Frank Sr.	6/26/1989	NATIONALS (1989) - Plymouth, PA
CLEAN & PRESS, HEELS TOGETHER	40	M	105	234	Karhan, Bob	5/19/1990	All-round Championships (1990) - All-Eastern Open
CLEAN & PRESS, HEELS TOGETHER	40	M	115	231	Myers, Al	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	40	M	120	251	Todd, Eric	3/31/2018	POSTAL (2018) - Q1
CLEAN & PRESS, HEELS TOGETHER	40	M	125	255	Cookson, Chuck	12/31/2010	2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	45	M	60	127	McKean, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	45	M	65	160	Pensyl, Barry	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & PRESS, HEELS TOGETHER	45	M	70	145	Waterman, Chris	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	45	M	75	176	Habecker, Denny	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	45	M	80	170	Hirsh, Bob	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	45	M	85	193	Habecker, Denny	11/11/1989	All-round Championships (1989) - Valley Forge Open
CLEAN & PRESS, HEELS TOGETHER	45	M	90	177	Songster, Tim	9/30/2012	2012 Delaware Postal
CLEAN & PRESS, HEELS TOGETHER	45	M	95	200	DiCiccio, Bill	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
CLEAN & PRESS, HEELS TOGETHER	45	M	100	229	Schock, Ed	7/1/2001	2001 Postal
CLEAN & PRESS, HEELS TOGETHER	45	M	105	237	Schock, Ed	12/1/2002	2002 Postal Meet
CLEAN & PRESS, HEELS TOGETHER	45	M	110	237	Karhan, Bob	2/18/1995	95 Buckeye Record Breaker
CLEAN & PRESS, HEELS TOGETHER	45	M	115	190	Todd, Eric	6/19/2021	NATIONALS (2021) - Abilene, KS
CLEAN & PRESS, HEELS TOGETHER	45	M	120	231	Karhan, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & PRESS, HEELS TOGETHER	45	M	125	198	Ciavattone, Frank	7/1/2000	2000 USAWA - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	45	M	125+	210	Todd, Eric	6/24/2023	NATIONALS (2023) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	50	M	65	121	Pensyl, Barry	7/1/2000	2000 USAWA - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	50	M	70	99	Quier, Ed	6/26/1989	NATIONALS (1989) - Plymouth, PA
CLEAN & PRESS, HEELS TOGETHER	50	M	75	149	McKean, John	7/1/2000	2000 USAWA - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	50	M	80	182	Habecker, Denny	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & PRESS, HEELS TOGETHER	50	M	85	193	Habecker, Denny	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	50	M	90	222	Vernacchio, John	11/11/1989	All-round Championships (1989) - Valley Forge Open
CLEAN & PRESS, HEELS TOGETHER	50	M	95	223	Vernacchio, John	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
CLEAN & PRESS, HEELS TOGETHER	50	M	100	209	Schock, Ed	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	50	M	105	226	Malloy, Jim	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	50	M	110	230	Malloy, Jim	6/4/1995	NATIONALS (1995) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	50	M	115	248	Malloy, Jim	1/30/1993	93 Buckeye Record Breaker
CLEAN & PRESS, HEELS TOGETHER	50	M	120	145	Geib, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	50	M	125+	260	Mitchell, Mark	12/31/2010	2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	55	M	70	99	Quier, Ed	11/11/1989	All-round Championships (1989) - Valley Forge Open
CLEAN & PRESS, HEELS TOGETHER	55	M	75	112	Marchand, Wade	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CLEAN & PRESS, HEELS TOGETHER	55	M	80	127	Mitchell, Dennis	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	55	M	85	177	Habecker, Denny	11/20/1999	1999 IAWA - Glasgow
CLEAN & PRESS, HEELS TOGETHER	55	M	90	170	Habecker, Denny	6/24/2001	NATIONALS (2001) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	55	M	95	132	Springs, Al	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS, HEELS TOGETHER	55	M	100	155	Garcia, Joe	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)

USAWA Record List

CLEAN & PRESS, HEELS TOGETHER	55	M	105	88	Raymond, Mark	7/31/2022	RD - Clark vs Frank
CLEAN & PRESS, HEELS TOGETHER	55	M	110	210	Malloy, Jim	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	55	M	115	140	Lupo, Tony	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
CLEAN & PRESS, HEELS TOGETHER	55	M	120	120	Geib, Bob	6/24/2001	NATIONALS (2001) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	55	M	125+	100	Ryan, Tom	12/13/2003	RD - Clark's Gym '03
CLEAN & PRESS, HEELS TOGETHER	60	M	65	149	Amendalaro, Joe	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	60	M	75	138	Montini, Art	6/26/1989	NATIONALS (1989) - Plymouth, PA
CLEAN & PRESS, HEELS TOGETHER	60	M	80	150	Montini, Art	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
CLEAN & PRESS, HEELS TOGETHER	60	M	85	132	Durante, Richard	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	60	M	90	171	Habecker, Denny	11/2/2002	IAWA GOLD CUP (2002) - Leicester, UK
CLEAN & PRESS, HEELS TOGETHER	60	M	95	155	Garcia, Joe	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
CLEAN & PRESS, HEELS TOGETHER	60	M	100	165	Vernacchio, John	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	60	M	105	182	Prechtel, Howard	6/26/1989	NATIONALS (1989) - Plymouth, PA
CLEAN & PRESS, HEELS TOGETHER	60	M	110	160	Prechtel, Howard	11/11/1989	All-round Championships (1989) - Valley Forge Open
CLEAN & PRESS, HEELS TOGETHER	65	M	75	105	Stark, Robert	6/26/1989	NATIONALS (1989) - Plymouth, PA
CLEAN & PRESS, HEELS TOGETHER	65	M	80	127	Montini, Art	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & PRESS, HEELS TOGETHER	65	M	85	120	Montini, Art	6/4/1995	NATIONALS (1995) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	65	M	90	141	Habecker, Denny	8/25/2012	PRESIDENTIAL CUP (2012)
CLEAN & PRESS, HEELS TOGETHER	65	M	95	121	D'Angelo, Bob	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	65	M	100	165	Skeete, Harrison	7/10/1988	NATIONALS (1988) - Plymouth, PA
CLEAN & PRESS, HEELS TOGETHER	65	M	105	182	Prechtel, Howard	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	65	M	110	182	Prechtel, Howard	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	65	M	115	170	Malloy, Jim	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	65	M	125+	120	Ross, Dean	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)
CLEAN & PRESS, HEELS TOGETHER	70	M	75	80	Mitchell, Dennis	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	70	M	80	95	Emslie, David	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
CLEAN & PRESS, HEELS TOGETHER	70	M	85	127	Montini, Art	7/1/2000	2000 USAWA - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	70	M	90	140	Habecker, Denny	8/18/2013	RD - Dino Days (2013)
CLEAN & PRESS, HEELS TOGETHER	70	M	95	176	Skeete, Harrison	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	70	M	100	160	Prechtel, Howard	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & PRESS, HEELS TOGETHER	70	M	105	155	Prechtel, Howard	6/4/1995	NATIONALS (1995) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	70	M	110	135	Murdock, Mike	12/31/2010	2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	70	M	120	88	Ross, Dean	6/25/2016	NATIONALS (2016) - Norwood, MA
CLEAN & PRESS, HEELS TOGETHER	70	M	125	77	Geib, Bob	6/25/2016	NATIONALS (2016) - Norwood, MA
CLEAN & PRESS, HEELS TOGETHER	75	M	65	99	Amendalaro, Joe	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	75	M	75	71	Mitchell, Dennis	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	75	M	80	83	Cox, Bob	7/1/2000	2000 USAWA - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	75	M	85	95	Montini, Art	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	75	M	90	121	Prechtel, Howard	7/1/2000	2000 USAWA - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	75	M	95	78	Monahan, Rex	6/24/2001	NATIONALS (2001) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	75	M	100	100	Bletscher, Rudy	12/31/2010	2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	75	M	105	35	Myers, LaVerne	6/19/2021	NATIONALS (2021) - Abilene, KS

USAWA Record List

CLEAN & PRESS, HEELS TOGETHER	75	M	110	145	Lano, Jack	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	80	M	70	23	Mitchell, Dennis	6/25/2016	NATIONALS (2016) - Norwood, MA
CLEAN & PRESS, HEELS TOGETHER	80	M	85	85	Habecker, Denny	6/24/2023	NATIONALS (2023) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	80	M	105	100	Lano, Jack	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	85	M	80	55	Montini, Art	6/25/2016	NATIONALS (2016) - Norwood, MA
CLEAN & PRESS, HEELS TOGETHER	90	M	80	15	Myers, Clyde	6/17/2006	NATIONALS (2006) - Salina, KS
CLEAN & PRESS, HEELS TOGETHER	ALL	M	30	44	Montini, Rocco	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	ALL	M	50	63	Monk, Joshua	6/24/2001	NATIONALS (2001) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	ALL	M	60	138	McKean, John	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	ALL	M	65	171	Monk, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	ALL	M	70	182	Waterman, Chris	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	ALL	M	75	215	Hirsh, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & PRESS, HEELS TOGETHER	ALL	M	80	226	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
CLEAN & PRESS, HEELS TOGETHER	ALL	M	85	248	Bryan, Barry	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CLEAN & PRESS, HEELS TOGETHER	ALL	M	90	248	Anderson, Phil	6/26/1989	NATIONALS (1989) - Plymouth, PA
CLEAN & PRESS, HEELS TOGETHER	ALL	M	95	223	Vernacchio, John	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
CLEAN & PRESS, HEELS TOGETHER	ALL	M	100	231	Ciavattone, Joe Jr.	6/25/2016	NATIONALS (2016) - Norwood, MA
CLEAN & PRESS, HEELS TOGETHER	ALL	M	105	270	Anderson, Phil	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CLEAN & PRESS, HEELS TOGETHER	ALL	M	110	237	Karhan, Bob	2/18/1995	95 Buckeye Record Breaker
CLEAN & PRESS, HEELS TOGETHER	ALL	M	115	248	Malloy, Jim	1/30/1993	93 Buckeye Record Breaker
CLEAN & PRESS, HEELS TOGETHER	ALL	M	120	251	Todd, Eric	3/31/2018	POSTAL (2018) - Q1
CLEAN & PRESS, HEELS TOGETHER	ALL	M	125	255	Cookson, Chuck	12/31/2010	2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	ALL	M	125+	260	Mitchell, Mark	12/31/2010	2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	NAT	M	40	30	Todd, Leroy	6/19/2021	NATIONALS (2021) - Abilene, KS
CLEAN & PRESS, HEELS TOGETHER	NAT	M	50	40	Monk, Joshua	6/24/2001	NATIONALS (2001) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	NAT	M	60	138	McKean, John	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	NAT	M	65	160	Pensyl, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	NAT	M	70	182	Waterman, Chris	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & PRESS, HEELS TOGETHER	NAT	M	75	215	Hirsh, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & PRESS, HEELS TOGETHER	NAT	M	80	220	Hirsh, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	NAT	M	85	237	Bryan, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
CLEAN & PRESS, HEELS TOGETHER	NAT	M	90	248	Anderson, Phil	6/26/1989	NATIONALS (1989) - Plymouth, PA
CLEAN & PRESS, HEELS TOGETHER	NAT	M	95	220	Schock, Ed	7/2/2000	NATIONALS (2000) - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	NAT	M	100	231	Ciavattone, Joe Jr.	6/25/2016	NATIONALS (2016) - Norwood, MA
CLEAN & PRESS, HEELS TOGETHER	NAT	M	105	240	Spayd, Bill	6/7/2003	NATIONALS (2003) - Youngstown
CLEAN & PRESS, HEELS TOGETHER	NAT	M	110	230	Malloy, Jim	6/4/1995	NATIONALS (1995) - Columbia, MO
CLEAN & PRESS, HEELS TOGETHER	NAT	M	115	231	Myers, Al	7/7/2007	NATIONALS (2007) - Lebanon, PA
CLEAN & PRESS, HEELS TOGETHER	NAT	M	120	231	Karhan, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
CLEAN & PRESS, HEELS TOGETHER	NAT	M	125	231	Ciavattone, Frank	6/26/1989	NATIONALS (1989) - Plymouth, PA
CLEAN & PRESS, HEELS TOGETHER	NAT	M	125+	250	Knauer, Paul	7/10/1988	NATIONALS (1988) - Plymouth, PA
CLEAN & PRESS, MIDDLE FINGERS	50	F	50	40	Jackson, RJ	12/27/2015	RD - Iron Warrior
CLEAN & PRESS, MIDDLE FINGERS	ALL	F	50	40	Jackson, RJ	12/27/2015	RD - Iron Warrior

USAWA Record List

CLEAN & PRESS, MIDDLE FINGERS	40	M	75	87	Monk, John	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	40	M	85	105	Smith, Abe	6/29/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, MIDDLE FINGERS	40	M	110	155	Ciavattone, Jeff	12/31/2022	Frank's Record Breaker
CLEAN & PRESS, MIDDLE FINGERS	45	M	95	105	Fobes, Jarrod	4/7/2024	Bench press Heptathlon
CLEAN & PRESS, MIDDLE FINGERS	45	M	100	95	Fobes, Jarrod	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
CLEAN & PRESS, MIDDLE FINGERS	45	M	115	75	Poore, Clint	6/4/2023	Hackendinnie Classic
CLEAN & PRESS, MIDDLE FINGERS	45	M	120	100	Todd, Eric	12/11/2021	RD - Lift for Leroy '21
CLEAN & PRESS, MIDDLE FINGERS	50	M	90	100	Smith, Randy	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	50	M	95	75	Gupta, Sanjiv	12/13/2025	2025 TEAM CHAMPIONSHIPS - RD, Lakewood, CO
CLEAN & PRESS, MIDDLE FINGERS	50	M	100	75	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
CLEAN & PRESS, MIDDLE FINGERS	50	M	105	95	Myers, Al	8/26/2017	2017 Team Championships
CLEAN & PRESS, MIDDLE FINGERS	50	M	110	125	Garcia, Joe	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	55	M	95	83	Wynn, Donnie	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	55	M	105	65	Sisk, Ron	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	55	M	110	80	Lupo, Tony	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
CLEAN & PRESS, MIDDLE FINGERS	55	M	115	80	Lupo, Tony	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CLEAN & PRESS, MIDDLE FINGERS	60	M	80	73	McKean, John	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	60	M	85	87	Habecker, Denny	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	60	M	105	88	Schwieter, Herb	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	65	M	85	78	DeForest, Dave	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CLEAN & PRESS, MIDDLE FINGERS	65	M	90	95	Smith, Randy	6/29/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, MIDDLE FINGERS	70	M	80	75	Emslie, David	3/28/2015	2015 Clark's Gym RD
CLEAN & PRESS, MIDDLE FINGERS	70	M	110	50	Myers, LaVerne	8/26/2017	2017 Team Championships
CLEAN & PRESS, MIDDLE FINGERS	75	M	85	63	Montini, Art	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	75	M	105	45	Ross, Dean	12/7/2019	RD - Lift for Leroy '19
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	70	45	Wenzel, Riley	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	75	87	Monk, John	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	80	120	Smith, Abe	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	85	87	Habecker, Denny	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	85	105	Smith, Abe	6/29/2024	NATIONALS (2024) - Columbia, MO
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	90	110	Piper, Tim	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	95	105	Fobes, Jarrod	4/7/2024	Bench press Heptathlon
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	100	95	Fobes, Jarrod	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	105	95	Myers, Al	8/26/2017	2017 Team Championships
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	110	155	Ciavattone, Jeff	12/31/2022	Frank's Record Breaker
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	115	80	Lupo, Tony	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	120	100	Todd, Eric	12/11/2021	RD - Lift for Leroy '21
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	125+	87	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, ON KNEES	13	F	30	44	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
CLEAN & PRESS, ON KNEES	13	F	40	39	Ciavattone, Dominique	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	14	F	40	33	Gupta, Nisha	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
CLEAN & PRESS, ON KNEES	14	F	50	50	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO

USAWA Record List

CLEAN & PRESS, ON KNEES	40	F	60	55	Devine, Karen	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	40	F	70	60	Hall, Rita	5/18/2002	2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES	40	F	80	105	Ollennuking, Amorkor	11/19/2005	2005 Bill Fellows Mem
CLEAN & PRESS, ON KNEES	45	F	65	55	Burger, Diane	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, ON KNEES	50	F	50	60	Jackson, RJ	6/30/2016	POSTAL (2016) - Q2
CLEAN & PRESS, ON KNEES	50	F	55	55	Phumchaona, Noi	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	50	F	60	75	Brooner-Lakowsky, Tressa	6/30/2016	POSTAL (2016) - Q2
CLEAN & PRESS, ON KNEES	55	F	55	55	Phumchaona, Noi	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	55	F	60	65	VanWagner, Kim	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
CLEAN & PRESS, ON KNEES	ALL	F	30	44	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
CLEAN & PRESS, ON KNEES	ALL	F	40	39	Ciavattone, Dominique	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	ALL	F	50	60	Jackson, RJ	6/30/2016	POSTAL (2016) - Q2
CLEAN & PRESS, ON KNEES	ALL	F	55	55	Phumchaona, Noi	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	ALL	F	60	75	Brooner-Lakowsky, Tressa	6/30/2016	POSTAL (2016) - Q2
CLEAN & PRESS, ON KNEES	ALL	F	65	55	Burger, Diane	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, ON KNEES	ALL	F	70	60	Hall, Rita	5/18/2002	2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES	ALL	F	80	105	Ollennuking, Amorkor	11/19/2005	2005 Bill Fellows Mem
CLEAN & PRESS, ON KNEES	ALL	F	85	55	Hopps, Jessica	4/16/2016	2016 Frank's RD
CLEAN & PRESS, ON KNEES	ALL	F	95	72	Collins, Cara	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	ALL	F	110	75	Collins, Cara	12/1/2002	2002 Postal
CLEAN & PRESS, ON KNEES	NAT	F	40	39	Ciavattone, Dominique	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	NAT	F	50	50	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	NAT	F	55	55	Phumchaona, Noi	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	NAT	F	60	55	Devine, Karen	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	NAT	F	95	72	Collins, Cara	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	13	M	35	30	Ciavattone, Jonathan	12/1/2002	2002 Postal
CLEAN & PRESS, ON KNEES	13	M	40	40	Monk, Joshua	8/1/2000	2000 Postal League
CLEAN & PRESS, ON KNEES	13	M	45	40	Ciavattone, Joe Jr.	12/1/2002	2002 Postal
CLEAN & PRESS, ON KNEES	13	M	50	60	Monk, Joshua	5/19/2001	2001 Powerzone Challenge
CLEAN & PRESS, ON KNEES	13	M	55	73	Monk, Joshua	5/18/2002	2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES	13	M	60	50	Habecker, Aidan	6/30/2016	POSTAL (2016) - Q2
CLEAN & PRESS, ON KNEES	13	M	65	55	Anderson, Jonathan	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	13	M	75	55	Sauer, Bryan	5/18/2002	2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES	14	M	55	75	Van Fossan, Matt	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, ON KNEES	14	M	70	85	Demille, Cale	4/14/2002	POSTAL (2002) - Q1
CLEAN & PRESS, ON KNEES	14	M	75	95	Demille, Cale	5/18/2002	2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES	14	M	80	95	Loewer, James	8/1/2000	2000 Postal League
CLEAN & PRESS, ON KNEES	16	M	55	66	O'Brien, Mike	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	16	M	65	100	O'Brien, Marc	12/1/2002	2002 Postal
CLEAN & PRESS, ON KNEES	16	M	70	116	McKean, Sean	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	16	M	95	120	Heater, Lewis	2/22/2009	RD - Clark's Gym '09
CLEAN & PRESS, ON KNEES	16	M	125	137	Hess, Kohl	10/17/2010	2010 Art's Birthday Bash

USAWA Record List

CLEAN & PRESS, ON KNEES	16	M	125+	159	Hess, Kohl	11/6/2010	IAWA GOLD CUP (2010) - Walpole, MA
CLEAN & PRESS, ON KNEES	18	M	75	155	Smith, Abe	8/1/2000	2000 Postal League
CLEAN & PRESS, ON KNEES	18	M	80	113	McKean, Sean	8/1/2000	2000 Postal League
CLEAN & PRESS, ON KNEES	18	M	95	149	Ciavattone, Jeff	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	40	M	75	150	Waterman, Chris	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	40	M	80	171	Monk, John	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
CLEAN & PRESS, ON KNEES	40	M	85	154	Hirsh, Bob	11/17/1999	99 Art's Birthday Bash
CLEAN & PRESS, ON KNEES	40	M	95	171	Stearns, Ashley	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CLEAN & PRESS, ON KNEES	40	M	105	150	Garcia, Joe	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	40	M	110	165	Karhan, Bob	1/11/1992	Cleveland, Oh.
CLEAN & PRESS, ON KNEES	40	M	115	211	Ullom, Chad	8/12/2012	RD - Dino Days (2012)
CLEAN & PRESS, ON KNEES	40	M	120	160	Fulton, Kevin	4/8/2001	1st Round - Postal Meet
CLEAN & PRESS, ON KNEES	40	M	125	170	Ciavattone, Frank	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	40	M	125+	176	Ciavattone, Frank	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	45	M	75	105	Gorman, Tom	5/19/2001	2001 Powerzone Challenge
CLEAN & PRESS, ON KNEES	45	M	80	143	Hirsh, Bob	5/10/2003	2003 Buckeye Record Break
CLEAN & PRESS, ON KNEES	45	M	85	159	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
CLEAN & PRESS, ON KNEES	45	M	100	213	Schock, Ed	5/18/2002	2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES	45	M	110	155	Garcia, Joe	8/1/2000	2000 Postal League
CLEAN & PRESS, ON KNEES	45	M	115	176	Schmidt, Scott	10/11/1998	98 Art's Birthday Bash
CLEAN & PRESS, ON KNEES	45	M	120	165	Schmidt, Scott	12/17/2000	Record Day
CLEAN & PRESS, ON KNEES	45	M	125+	145	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
CLEAN & PRESS, ON KNEES	50	M	65	121	Pensyl, Barry	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	50	M	75	110	McKean, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	50	M	80	132	McKean, John	8/1/2000	2000 Postal League
CLEAN & PRESS, ON KNEES	50	M	85	115	Habecker, Denny	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	50	M	90	145	Caron, Joe	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	50	M	95	115	Gupta, Sanjiv	3/17/2024	Colorado Spring Fling
CLEAN & PRESS, ON KNEES	50	M	105	167	Wenzel, Jeff	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
CLEAN & PRESS, ON KNEES	50	M	110	130	Wenzel, Jeff	6/21/2025	Women's Only Meet, Columbia, MO
CLEAN & PRESS, ON KNEES	50	M	120	165	Schmidt, Scott	5/10/2003	2003 Buckeye Record Break
CLEAN & PRESS, ON KNEES	50	M	125+	125	McCoy, Joe	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	55	M	60	110	Tarwater, Art	10/18/1999	Clarks - Postal Meet
CLEAN & PRESS, ON KNEES	55	M	75	77	Friesz, Dale	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	55	M	80	85	Friesz, Dale	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	55	M	85	116	Habecker, Denny	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	55	M	90	99	Habecker, Denny	4/14/2002	POSTAL (2002) - Q1
CLEAN & PRESS, ON KNEES	55	M	110	175	Malloy, Jim	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	55	M	115	102	Lupo, Tony	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
CLEAN & PRESS, ON KNEES	60	M	80	100	DeForest, Dave	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
CLEAN & PRESS, ON KNEES	60	M	85	116	DeForest, Dave	5/5/2022	2022 Bench Press Decathlon I and Record Day
CLEAN & PRESS, ON KNEES	60	M	90	115	DeForest, Dave	2/22/2020	2020 Deadlift Dozen Plus One

USAWA Record List

CLEAN & PRESS, ON KNEES	60	M	100	100	Vernacchio, John	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	65	M	75	91	Mitchell, Dennis	3/4/2000	2000 Buckeye Record Break
CLEAN & PRESS, ON KNEES	65	M	85	100	DeForest, Dave	3/22/2025	Great American Bench Press Meet, Buffville, KY
CLEAN & PRESS, ON KNEES	70	M	75	80	Mitchell, Dennis	5/18/2002	2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES	70	M	80	100	Emslie, David	3/28/2015	2015 Clark's Gym RD
CLEAN & PRESS, ON KNEES	70	M	85	116	Montini, Art	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	70	M	90	88	Monahan, Rex	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	70	M	95	110	Prechtel, Howard	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	70	M	100	110	Prechtel, Howard	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	70	M	110	100	Myers, LaVerne	6/30/2016	POSTAL (2016) - Q2
CLEAN & PRESS, ON KNEES	70	M	120	88	Ross, Dean	6/30/2016	POSTAL (2016) - Q2
CLEAN & PRESS, ON KNEES	75	M	85	75	Montini, Art	10/29/2005	IAWA GOLD CUP (2005) - Maui, HI
CLEAN & PRESS, ON KNEES	75	M	110	65	Lano, Jack	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	ALL	M	60	110	Tarwater, Art	10/18/1999	Clarks - Postal Meet
CLEAN & PRESS, ON KNEES	ALL	M	65	154	Monk, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	ALL	M	70	171	Monk, John	5/18/2002	2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES	ALL	M	75	177	Monk, John	10/12/2003	2003 Art's Birthday Bash
CLEAN & PRESS, ON KNEES	ALL	M	80	171	Monk, John	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
CLEAN & PRESS, ON KNEES	ALL	M	85	205	Smith, Abe	2/22/2020	2020 Deadlift Dozen Plus One
CLEAN & PRESS, ON KNEES	ALL	M	90	155	Henze, Jeff	8/1/2000	2000 Postal League
CLEAN & PRESS, ON KNEES	ALL	M	95	171	Stearns, Ashley	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CLEAN & PRESS, ON KNEES	ALL	M	100	213	Schock, Ed	5/18/2002	2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES	ALL	M	105	225	Spayd, Bill	5/19/2001	2001 Powerzone Challenge
CLEAN & PRESS, ON KNEES	ALL	M	110	187	Ciavattone, Joe Sr.	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	ALL	M	115	211	Ullom, Chad	8/12/2012	RD - Dino Days (2012)
CLEAN & PRESS, ON KNEES	ALL	M	120	210	Todd, Eric	12/1/2002	2002 Postal
CLEAN & PRESS, ON KNEES	ALL	M	125	175	Davis, Demetrius	11/19/2005	2005 Bill Fellows Mem
CLEAN & PRESS, ON KNEES	ALL	M	125+	227	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, ON KNEES	NAT	M	60	66	O'Brien, Mike	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	NAT	M	65	154	Monk, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	NAT	M	75	150	Waterman, Chris	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	NAT	M	80	145	DeForest, Dave	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	NAT	M	85	135	Ellis, Dave	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	NAT	M	90	145	Caron, Joe	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	NAT	M	95	149	Ciavattone, Jeff	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	NAT	M	100	110	Prechtel, Howard	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	NAT	M	105	182	Spayd, Bill	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	NAT	M	110	187	Ciavattone, Joe Sr.	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	NAT	M	115	138	Cirafesi, Ralph	7/26/1998	NATIONALS (1998) - Mansfield, MA
CLEAN & PRESS, ON KNEES	NAT	M	120	120	Geib, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	NAT	M	125	170	Ciavattone, Frank	6/15/1997	NATIONALS (1997) - Columbia, MO
CLEAN & PRESS, ON KNEES	NAT	M	125+	176	Ciavattone, Frank	7/26/1998	NATIONALS (1998) - Mansfield, MA

USAWA Record List

CLEAN & PRESS, REVERSE GRIP	13	F	50	41	Jobe, Gabby	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	40	F	65	45	Burger, Diane	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	40	F	70	66	Schmidt, Kathy	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
CLEAN & PRESS, REVERSE GRIP	50	F	50	65	Jackson, RJ	12/27/2015	RD - Iron Warrior
CLEAN & PRESS, REVERSE GRIP	55	F	60	60	VanWagner, Kim	10/12/2024	Clarks Gym RD #5
CLEAN & PRESS, REVERSE GRIP	60	F	55	35	Anderson, Carolyn	3/3/2001	2001 Buckeye Record Day
CLEAN & PRESS, REVERSE GRIP	ALL	F	50	65	Jackson, RJ	12/27/2015	RD - Iron Warrior
CLEAN & PRESS, REVERSE GRIP	ALL	F	55	35	Anderson, Carolyn	3/3/2001	2001 Buckeye Record Day
CLEAN & PRESS, REVERSE GRIP	ALL	F	60	60	VanWagner, Kim	10/12/2024	Clarks Gym RD #5
CLEAN & PRESS, REVERSE GRIP	ALL	F	65	45	Burger, Diane	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	ALL	F	70	66	Schmidt, Kathy	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
CLEAN & PRESS, REVERSE GRIP	ALL	F	85	60	Hopps, Jessica	4/16/2016	2016 Frank's RD
CLEAN & PRESS, REVERSE GRIP	14	M	55	80	Van Fossan, Matt	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	14	M	75	85	McKean, Sean	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	16	M	125+	154	Hess, Kohl	6/30/2011	2011 Middle Atlantic Postal
CLEAN & PRESS, REVERSE GRIP	18	M	100	200	Ciavattone, Joe Jr.	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	40	M	75	125	McKean, John	10/15/1995	95 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	40	M	85	190	Smith, Abe	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
CLEAN & PRESS, REVERSE GRIP	40	M	115	198	Ullom, Chad	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	40	M	120	220	Myers, Al	6/30/2009	2009 Atlantic Postal
CLEAN & PRESS, REVERSE GRIP	40	M	125	142	Todd, Chris	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & PRESS, REVERSE GRIP	40	M	125+	204	Mitchell, Mark	2/20/2005	RD - Dino Gym (2005)
CLEAN & PRESS, REVERSE GRIP	45	M	70	95	Ortega, Toby	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
CLEAN & PRESS, REVERSE GRIP	45	M	95	175	Songster, Tim	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	45	M	105	170	Barnett, Orie	6/30/2009	2009 Atlantic Postal
CLEAN & PRESS, REVERSE GRIP	45	M	110	180	Wenzel, Jeff	11/9/2024	Goerner Deadlift Dozen Plus One RD
CLEAN & PRESS, REVERSE GRIP	45	M	125+	176	Bunch, Dan	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	50	M	75	77	Marchand, Wade	12/31/2023	2023 New Years Eve Record Breaker
CLEAN & PRESS, REVERSE GRIP	50	M	90	176	Bryan, Barry	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	50	M	105	140	Wenzel, Jeff	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CLEAN & PRESS, REVERSE GRIP	50	M	125+	220	Mitchell, Mark	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	55	M	80	120	McKean, John	10/17/2004	2004 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	55	M	110	125	Lupo, Tony	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
CLEAN & PRESS, REVERSE GRIP	55	M	115	140	Lupo, Tony	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
CLEAN & PRESS, REVERSE GRIP	55	M	125+	100	Ryan, Tom	12/13/2003	RD - Clark's Gym '03
CLEAN & PRESS, REVERSE GRIP	60	M	80	100	DeForest, Dave	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
CLEAN & PRESS, REVERSE GRIP	60	M	85	100	DeForest, Dave	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
CLEAN & PRESS, REVERSE GRIP	60	M	90	110	DeForest, Dave	12/17/2022	Memorial Record Day
CLEAN & PRESS, REVERSE GRIP	60	M	100	110	Wilmot, John	6/30/2009	2009 Atlantic Postal
CLEAN & PRESS, REVERSE GRIP	65	M	85	120	Habecker, Denny	10/12/2008	2008 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	65	M	90	126	Habecker, Denny	10/11/2009	2009 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	65	M	125	104	Ross, Dean	2/12/2012	RD - Dino Gym (2012)

USAWA Record List

CLEAN & PRESS, REVERSE GRIP	70	M	80	100	Emslie, David	3/28/2015	2015 Clark's Gym RD
CLEAN & PRESS, REVERSE GRIP	70	M	90	110	Habecker, Denny	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	70	M	110	95	Murdock, Mike	10/29/2010	2010 JWC Record Breakers
CLEAN & PRESS, REVERSE GRIP	ALL	M	70	100	Wenzel, Riley	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
CLEAN & PRESS, REVERSE GRIP	ALL	M	75	125	McKean, John	10/15/1995	95 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	ALL	M	80	165	Aldan, Brandon	10/13/2002	2002 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	ALL	M	85	190	Smith, Abe	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
CLEAN & PRESS, REVERSE GRIP	ALL	M	90	181	Goetsch, Troy	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	ALL	M	95	175	Songster, Tim	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	ALL	M	100	200	Ciavattone, Joe Jr.	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	ALL	M	105	175	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, REVERSE GRIP	ALL	M	110	200	Jobe, Jesse	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	ALL	M	115	198	Ullom, Chad	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	ALL	M	120	225	Todd, Eric	12/31/2012	POSTAL (2012) - Q4
CLEAN & PRESS, REVERSE GRIP	ALL	M	125	165	Marlin, Philip	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
CLEAN & PRESS, REVERSE GRIP	ALL	M	125+	261	Benzel, Bryan	12/31/2012	POSTAL (2012) - Q4
CLEAN & PUSH PRESS	13	F	30	16	Lansdown, Daphne	6/25/2022	NATIONALS (2022) - Lebanon, PA
CLEAN & PUSH PRESS	13	F	40	36	Karhan, Karen	2/26/1994	94 Buckeye Record Breaker
CLEAN & PUSH PRESS	13	F	45	40	Todd, Phoebe	6/30/2020	POSTAL (2020) - Q2
CLEAN & PUSH PRESS	13	F	60	60	Myers, Molly	12/30/2009	2009 National Postal Meet
CLEAN & PUSH PRESS	13	F	70	47	Smith, Kylie	6/30/2020	POSTAL (2020) - Q2
CLEAN & PUSH PRESS	13	F	80	60	Griffis, Kirstie	12/5/2005	Monday Night Mayhem
CLEAN & PUSH PRESS	14	F	65	100	Todd, Phoebe	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	14	F	70	85	Todd, Lillian	9/30/2023	POSTAL (2023) - Q3
CLEAN & PUSH PRESS	14	F	75	95	Todd, Lillian	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	14	F	80	95	Fritz, Misty	12/5/2005	Monday Night Mayhem
CLEAN & PUSH PRESS	16	F	85	121	Myers, Molly	11/27/2015	IAWA GOLD CUP (2015) - Perth, AU
CLEAN & PUSH PRESS	40	F	65	99	Susswein, Sarah	8/31/2025	IAWA World Championship Postal 2025
CLEAN & PUSH PRESS	40	F	70	123	Skwarecki, Beth	6/25/2022	NATIONALS (2022) - Lebanon, PA
CLEAN & PUSH PRESS	40	F	85	90	Todd, Stacy	9/30/2023	POSTAL (2023) - Q3
CLEAN & PUSH PRESS	40	F	90	95	Todd, Stacy	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	40	F	95	77	Hopps, Jessica	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	40	F	110	99	Docherty, Anna	8/31/2025	IAWA World Championship Postal 2025
CLEAN & PUSH PRESS	45	F	55	88	Phumchaona, Noi	3/6/1993	93 Winterfest
CLEAN & PUSH PRESS	45	F	90	94	Sees, Susan	8/20/2011	2011 Atomic Athletic Meet
CLEAN & PUSH PRESS	45	F	125+	115	McConnaughey, Mary	12/5/2005	Monday Night Mayhem
CLEAN & PUSH PRESS	50	F	50	105	Jackson, RJ	6/30/2014	POSTAL (2014) - Q2
CLEAN & PUSH PRESS	50	F	55	88	Phumchaona, Noi	8/12/1995	95 IAWA - Eastlake
CLEAN & PUSH PRESS	50	F	110	66	Sees, Susan	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & PUSH PRESS	55	F	55	83	Phumchaona, Noi	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	55	F	60	75	VanWagner, Kim	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	55	F	85	60	Schmidt, Kathy	6/24/2017	NATIONALS (2017) - Cleveland, OH

USAWA Record List

CLEAN & PUSH PRESS	55	F	90	55	Lupo, Allison	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	55	F	95	85	Gore, Lisa	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	60	F	50	96	Jackson, RJ	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	60	F	85	55	Thompson, Janet	6/30/2020	POSTAL (2020) - Q2
CLEAN & PUSH PRESS	60	F	105	75	Gore, Lisa	8/31/2025	IAWA World Championship Postal 2025
CLEAN & PUSH PRESS	65	F	75	99	Stockall, Sylvia	8/31/2025	IAWA World Championship Postal 2025
CLEAN & PUSH PRESS	ALL	F	30	16	Lansdown, Daphne	6/25/2022	NATIONALS (2022) - Lebanon, PA
CLEAN & PUSH PRESS	ALL	F	40	36	Karhan, Karen	2/26/1994	94 Buckeye Record Breaker
CLEAN & PUSH PRESS	ALL	F	45	40	Todd, Phoebe	6/30/2020	POSTAL (2020) - Q2
CLEAN & PUSH PRESS	ALL	F	50	105	Jackson, RJ	6/30/2014	POSTAL (2014) - Q2
CLEAN & PUSH PRESS	ALL	F	55	88	Phumchaona, Noi	3/6/1993	93 Winterfest
CLEAN & PUSH PRESS	ALL	F	60	128	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
CLEAN & PUSH PRESS	ALL	F	65	138	Caron, Jacqueline	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	ALL	F	70	123	Skwarecki, Beth	6/25/2022	NATIONALS (2022) - Lebanon, PA
CLEAN & PUSH PRESS	ALL	F	75	99	Cicero, Kasey	9/30/2023	POSTAL (2023) - Q3
CLEAN & PUSH PRESS	ALL	F	80	115	Watkins, Shannon	8/20/2011	2011 Atomic Athletic Meet
CLEAN & PUSH PRESS	ALL	F	85	121	Myers, Molly	11/27/2015	IAWA GOLD CUP (2015) - Perth, AU
CLEAN & PUSH PRESS	ALL	F	90	95	Todd, Stacy	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	ALL	F	95	85	Gore, Lisa	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	ALL	F	100	110	Holter, Anna	3/4/2000	2000 Buckeye Record Break
CLEAN & PUSH PRESS	ALL	F	105	75	Gore, Lisa	8/31/2025	IAWA World Championship Postal 2025
CLEAN & PUSH PRESS	ALL	F	110	99	Docherty, Anna	8/31/2025	IAWA World Championship Postal 2025
CLEAN & PUSH PRESS	ALL	F	125+	115	McConnaughey, Mary	12/5/2005	Monday Night Mayhem
CLEAN & PUSH PRESS	NAT	F	30	16	Lansdown, Daphne	6/25/2022	NATIONALS (2022) - Lebanon, PA
CLEAN & PUSH PRESS	NAT	F	55	83	Phumchaona, Noi	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	NAT	F	60	127	Simonsen, Jacqueline	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	NAT	F	65	138	Caron, Jacqueline	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	NAT	F	70	123	Skwarecki, Beth	6/25/2022	NATIONALS (2022) - Lebanon, PA
CLEAN & PUSH PRESS	NAT	F	75	88	Clark, Kerry	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	NAT	F	85	60	Schmidt, Kathy	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & PUSH PRESS	NAT	F	110	66	Sees, Susan	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & PUSH PRESS	13	M	30	31	LaPointe, Jackson	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & PUSH PRESS	13	M	35	55	Montini, Rocco	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	13	M	40	40	Monk, Joshua	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	13	M	45	40	Todd, Everett	9/30/2023	POSTAL (2023) - Q3
CLEAN & PUSH PRESS	13	M	50	121	Todd, Everett	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	13	M	55	88	Urbanski, Ryan	2/22/1997	97 Buckeye Record Breaker
CLEAN & PUSH PRESS	13	M	60	55	Blockston, Jon	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	13	M	65	94	Monk, Joshua	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	13	M	70	99	McKean, Sean	8/12/1995	95 IAWA - Eastlake
CLEAN & PUSH PRESS	13	M	85	138	McKean, Robbie	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	14	M	55	90	Hurley, Josh	12/5/2005	Monday Night Mayhem

USAWA Record List

CLEAN & PUSH PRESS	14	M	60	88	Habecker, Brady	9/30/2023	POSTAL (2023) - Q3
CLEAN & PUSH PRESS	14	M	65	116	Monk, Joshua	4/26/2003	2003 Powerzone Challenge
CLEAN & PUSH PRESS	14	M	70	143	Jurado, Felix	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	14	M	75	176	Vernacchio, S.J.	5/7/1994	94 Intercontinental Meet
CLEAN & PUSH PRESS	14	M	80	121	Loewer, James	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	14	M	85	149	McKean, Robbie	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	14	M	90	121	Blockston, Jon	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	14	M	95	145	Ciavattone, Jonathan	12/30/2009	2009 National Postal Meet
CLEAN & PUSH PRESS	14	M	120	130	Hess, Kohl	12/6/2009	2009 John's BD Record Day
CLEAN & PUSH PRESS	14	M	125	132	Montague-Casillas, Tom	5/14/2011	2011 Black Swamp
CLEAN & PUSH PRESS	14	M	125+	143	Montague-Casillas, Tom	8/20/2011	2011 Atomic Athletic Meet
CLEAN & PUSH PRESS	16	M	60	110	Van Fossan, Matt	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	16	M	65	121	Schmidt, Alan	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	16	M	70	155	Heit, Calvin	2/11/2018	RD - Dino Gym
CLEAN & PUSH PRESS	16	M	75	135	Palac, Steven	11/21/2004	2004 Lethal Lottery
CLEAN & PUSH PRESS	16	M	80	143	Kressly, Logan	6/21/2014	NATIONALS (2014) - Macomb, IL
CLEAN & PUSH PRESS	16	M	85	171	McKean, Robbie	8/12/1995	95 IAWA - Eastlake
CLEAN & PUSH PRESS	16	M	95	200	Ciavattone, Joe Jr.	12/30/2009	2009 National Postal Meet
CLEAN & PUSH PRESS	16	M	100	149	Frasso, Tony	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	18	M	60	154	Lauer, Garret	8/15/1999	99 Moore Muscle Classic
CLEAN & PUSH PRESS	18	M	90	154	Ciavattone, Jeff	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	18	M	100	176	Gruver, Timothy	8/15/1999	99 Moore Muscle Classic
CLEAN & PUSH PRESS	18	M	115	254	Stahnke, Dennis	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	40	M	65	132	Tichenor, Glen	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	40	M	70	226	Waterman, Chris	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	40	M	75	243	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
CLEAN & PUSH PRESS	40	M	80	231	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
CLEAN & PUSH PRESS	40	M	85	265	Smith, Abe	9/30/2023	POSTAL (2023) - Q3
CLEAN & PUSH PRESS	40	M	90	225	English, Robert	7/25/1993	RD - Ambridge
CLEAN & PUSH PRESS	40	M	95	215	Strangeway, John	6/30/2020	POSTAL (2020) - Q2
CLEAN & PUSH PRESS	40	M	100	266	Venterosa, Don	8/12/1995	95 IAWA - Eastlake
CLEAN & PUSH PRESS	40	M	105	270	Schmidt, Scott	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	40	M	110	301	Schmidt, Scott	2/24/1996	96 Buckeye Record Breaker
CLEAN & PUSH PRESS	40	M	115	282	Myers, Al	2/10/2007	RD - Dino Gym (2007)
CLEAN & PUSH PRESS	40	M	120	264	Myers, Al	12/30/2009	2009 National Postal Meet
CLEAN & PUSH PRESS	40	M	125	220	Ciavattone, Frank	10/8/1994	94 IAWA - England
CLEAN & PUSH PRESS	40	M	125+	253	Campbell, Scott	8/30/2015	POSTAL (2015) - IAWA WORLD CHAMPIONSHIP
CLEAN & PUSH PRESS	45	M	65	187	Pensyl, Barry	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	45	M	70	182	Hirsh, Bob	10/17/2004	2004 Art's Birthday Bash
CLEAN & PUSH PRESS	45	M	75	198	Waterman, Chris	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
CLEAN & PUSH PRESS	45	M	85	132	Guerriero, Bill	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	45	M	90	243	Montini, Rob	5/22/1993	NATIONALS (1993) - Middletown, PA

USAWA Record List

CLEAN & PUSH PRESS	45	M	100	231	Kurtz, John	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	45	M	105	276	Schock, Ed	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	45	M	110	254	Karhan, Bob	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	45	M	115	270	Schmidt, Scott	2/27/1999	99 Buckeye Record Breaker
CLEAN & PUSH PRESS	45	M	120	281	Schmidt, Scott	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	45	M	125	226	Todd, Eric	6/25/2022	NATIONALS (2022) - Lebanon, PA
CLEAN & PUSH PRESS	45	M	125+	231	Toth, Kenny	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	50	M	75	187	Habecker, Denny	8/12/1995	95 IAWA - Eastlake
CLEAN & PUSH PRESS	50	M	80	215	Habecker, Denny	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	50	M	85	209	Habecker, Denny	3/6/1993	93 Winterfest
CLEAN & PUSH PRESS	50	M	90	193	DiCiccio, Bill	3/6/1993	93 Winterfest
CLEAN & PUSH PRESS	50	M	95	193	DiCiccio, Bill	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	50	M	100	243	Schock, Ed	4/26/2003	2003 Powerzone Challenge
CLEAN & PUSH PRESS	50	M	105	185	Wenzel, Jeff	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CLEAN & PUSH PRESS	50	M	110	281	Malloy, Jim	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	50	M	115	292	Malloy, Jim	1/30/1993	93 Buckeye Record Breaker
CLEAN & PUSH PRESS	50	M	125+	125	Foster, Lance	6/30/2020	POSTAL (2020) - Q2
CLEAN & PUSH PRESS	55	M	75	121	Marchand, Wade	8/31/2025	IAWA World Championship Postal 2025
CLEAN & PUSH PRESS	55	M	80	187	Habecker, Denny	10/3/1998	1998 Worlds - England
CLEAN & PUSH PRESS	55	M	85	212	Habecker, Denny	8/15/1998	98 Moore Muscle Classic
CLEAN & PUSH PRESS	55	M	90	203	Bryan, Barry	6/30/2014	POSTAL (2014) - Q2
CLEAN & PUSH PRESS	55	M	95	198	Lewis, Norman	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	55	M	105	182	Wilmot, John	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	55	M	110	193	Schmidt, Scott	8/20/2011	2011 Atomic Athletic Meet
CLEAN & PUSH PRESS	55	M	115	187	Schmidt, Scott	5/14/2011	2011 Black Swamp
CLEAN & PUSH PRESS	55	M	120	243	Schmidt, Scott	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
CLEAN & PUSH PRESS	60	M	70	110	Waterman, Chris	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & PUSH PRESS	60	M	75	55	Friesz, Dale	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	60	M	80	136	Mitchell, Dennis	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	60	M	85	121	Mitchell, Dennis	10/8/1994	94 IAWA - England
CLEAN & PUSH PRESS	60	M	90	165	D'Angelo, Bob	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	60	M	95	165	Rice, Chris	5/14/2011	2011 Black Swamp
CLEAN & PUSH PRESS	60	M	100	220	Polzin, Dave	8/20/2011	2011 Atomic Athletic Meet
CLEAN & PUSH PRESS	60	M	110	143	Schmidt, Scott	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & PUSH PRESS	65	M	75	110	Mitchell, Dennis	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	65	M	80	146	Montini, Art	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	65	M	85	154	Montini, Art	8/12/1995	95 IAWA - Eastlake
CLEAN & PUSH PRESS	65	M	90	160	Bryan, Barry	9/30/2023	POSTAL (2023) - Q3
CLEAN & PUSH PRESS	65	M	95	148	Habecker, Denny	12/6/2009	2009 John's BD Record Day
CLEAN & PUSH PRESS	65	M	100	193	Prechtel, Howard	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	65	M	105	187	Prechtel, Howard	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	65	M	110	99	Puzin, Carl	8/31/2024	2024 IAWA World Postal Championship

USAWA Record List

CLEAN & PUSH PRESS	65	M	115	137	Larson, Nils	8/31/2025	IAWA World Championship Postal 2025
CLEAN & PUSH PRESS	65	M	120	182	Malloy, Jim	10/12/2008	2008 Art's Birthday Bash
CLEAN & PUSH PRESS	65	M	125	104	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
CLEAN & PUSH PRESS	65	M	125+	132	Ciavattone, Frank	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	70	M	65	77	Pensyl, Barry	6/25/2022	NATIONALS (2022) - Lebanon, PA
CLEAN & PUSH PRESS	70	M	70	22	McKean, John	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & PUSH PRESS	70	M	75	106	Mitchell, Dennis	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	70	M	80	132	Cox, Bob	2/22/1997	97 Buckeye Record Breaker
CLEAN & PUSH PRESS	70	M	85	132	Montini, Art	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	70	M	90	187	Durante, Richard	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	70	M	95	143	Prechtel, Howard	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	70	M	105	176	Prechtel, Howard	8/12/1995	95 IAWA - Eastlake
CLEAN & PUSH PRESS	70	M	110	77	Myers, LaVerne	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & PUSH PRESS	70	M	115	110	Ross, Dean	8/30/2015	POSTAL (2015) - IAWA WORLD CHAMPIONSHIP
CLEAN & PUSH PRESS	70	M	120	55	Geib, Bob	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & PUSH PRESS	70	M	125	95	Ciavattone, Frank	8/31/2025	IAWA World Championship Postal 2025
CLEAN & PUSH PRESS	75	M	75	55	Mitchell, Dennis	10/2/2010	2010 Worlds - Glasgow
CLEAN & PUSH PRESS	75	M	80	88	Cox, Bob	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	75	M	85	100	Montini, Art	4/26/2003	2003 Powerzone Challenge
CLEAN & PUSH PRESS	75	M	90	105	Habecker, Denny	6/25/2022	NATIONALS (2022) - Lebanon, PA
CLEAN & PUSH PRESS	75	M	95	115	Prechtel, Howard	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	75	M	100	65	Ross, Dean	6/30/2020	POSTAL (2020) - Q2
CLEAN & PUSH PRESS	75	M	105	75	Myers, LaVerne	6/30/2020	POSTAL (2020) - Q2
CLEAN & PUSH PRESS	80	M	70	44	Mitchell, Dennis	6/21/2014	NATIONALS (2014) - Macomb, IL
CLEAN & PUSH PRESS	80	M	80	95	Habecker, Denny	10/5/2024	IAWA WORLD CHAMPIONSHIPS (2024) - England, UK
CLEAN & PUSH PRESS	80	M	85	94	Habecker, Denny	9/30/2023	POSTAL (2023) - Q3
CLEAN & PUSH PRESS	80	M	90	77	Montini, Art	8/20/2011	2011 Atomic Athletic Meet
CLEAN & PUSH PRESS	80	M	100	60	Eberhardinger, Paul	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	85	M	70	22	Mitchell, Dennis	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & PUSH PRESS	85	M	75	44	Montini, Art	6/24/2017	NATIONALS (2017) - Cleveland, OH
CLEAN & PUSH PRESS	85	M	80	66	Montini, Art	6/21/2014	NATIONALS (2014) - Macomb, IL
CLEAN & PUSH PRESS	90	M	95	28	Clark, Bill	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	ALL	M	45	40	Todd, Everett	9/30/2023	POSTAL (2023) - Q3
CLEAN & PUSH PRESS	ALL	M	50	121	Todd, Everett	8/31/2024	2024 IAWA World Postal Championship
CLEAN & PUSH PRESS	ALL	M	60	198	Gazda, Goeff	8/12/1995	95 IAWA - Eastlake
CLEAN & PUSH PRESS	ALL	M	65	198	Monk, John	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	ALL	M	70	231	Waterman, Chris	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	ALL	M	75	243	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
CLEAN & PUSH PRESS	ALL	M	80	255	Smith, Abe	12/8/2001	2001 RD - Col
CLEAN & PUSH PRESS	ALL	M	85	265	Smith, Abe	9/30/2023	POSTAL (2023) - Q3
CLEAN & PUSH PRESS	ALL	M	90	243	Montini, Rob	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	ALL	M	95	287	Inclendon, Thomas	8/15/1999	99 Moore Muscle Classic

USAWA Record List

CLEAN & PUSH PRESS	ALL	M	100	280	Succarotte, Tony	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	ALL	M	105	276	Schock, Ed	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS	ALL	M	110	303	Maizels, Patrick	8/15/1999	99 Moore Muscle Classic
CLEAN & PUSH PRESS	ALL	M	115	292	Malloy, Jim	1/30/1993	93 Buckeye Record Breaker
CLEAN & PUSH PRESS	ALL	M	120	282	Ullom, Chad	2/10/2007	RD - Dino Gym (2007)
CLEAN & PUSH PRESS	ALL	M	125	265	Stein, David	8/15/1999	99 Moore Muscle Classic
CLEAN & PUSH PRESS	ALL	M	125+	276	Ciavattone, Frank	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	NAT	M	60	193	Gazda, Goeff	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	NAT	M	65	198	Monk, John	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	NAT	M	70	231	Waterman, Chris	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	NAT	M	75	231	Hirsh, Bob	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	NAT	M	80	215	Habecker, Denny	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	NAT	M	85	193	DiCiccio, Bill Jr.	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	NAT	M	90	243	Montini, Rob	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS	NAT	M	95	198	Lewis, Norman	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	NAT	M	100	231	Kurtz, John	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	NAT	M	105	270	Schmidt, Scott	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	NAT	M	110	281	Malloy, Jim	6/4/1994	NATIONALS (1994) - Cleveland, OH
CLEAN & PUSH PRESS	NAT	M	115	264	Ullom, Chad	6/21/2014	NATIONALS (2014) - Macomb, IL
CLEAN & PUSH PRESS	NAT	M	120	281	Schmidt, Scott	6/27/1999	NATIONALS (1999) - Ambridge
CLEAN & PUSH PRESS	NAT	M	125	226	Todd, Eric	6/25/2022	NATIONALS (2022) - Lebanon, PA
CLEAN & PUSH PRESS	NAT	M	125+	276	Ciavattone, Frank	5/22/1993	NATIONALS (1993) - Middletown, PA
CLEAN & PUSH PRESS, DUMBBELLS	13	F	25	6	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CLEAN & PUSH PRESS, DUMBBELLS	13	F	45	40	Jobe, Gabby	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	13	F	75	60	Myers, Molly	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	14	F	65	50	Ullom, Brianna	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	50	F	50	62	Jackson, RJ	12/1/2012	2012 Gracie Club RD
CLEAN & PUSH PRESS, DUMBBELLS	50	F	70	60	Wade, Montia	5/10/2003	2003 Buckeye Record Break
CLEAN & PUSH PRESS, DUMBBELLS	55	F	50	70	Jackson, RJ	3/31/2017	POSTAL (2017) - Q1
CLEAN & PUSH PRESS, DUMBBELLS	55	F	60	68	VanWagner, Kim	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
CLEAN & PUSH PRESS, DUMBBELLS	60	F	55	50	Anderson, Carolyn	5/10/2003	2003 Buckeye Record Break
CLEAN & PUSH PRESS, DUMBBELLS	ALL	F	25	6	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CLEAN & PUSH PRESS, DUMBBELLS	ALL	F	45	40	Jobe, Gabby	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	ALL	F	50	70	Jackson, RJ	3/31/2017	POSTAL (2017) - Q1
CLEAN & PUSH PRESS, DUMBBELLS	ALL	F	55	50	Anderson, Carolyn	5/10/2003	2003 Buckeye Record Break
CLEAN & PUSH PRESS, DUMBBELLS	ALL	F	60	68	VanWagner, Kim	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
CLEAN & PUSH PRESS, DUMBBELLS	ALL	F	65	50	Ullom, Brianna	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	ALL	F	70	60	Wade, Montia	5/10/2003	2003 Buckeye Record Break
CLEAN & PUSH PRESS, DUMBBELLS	ALL	F	75	60	Myers, Molly	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	13	M	60	60	Habecker, Aidan	3/31/2017	POSTAL (2017) - Q1
CLEAN & PUSH PRESS, DUMBBELLS	14	M	65	100	Heit, Calvin	3/31/2017	POSTAL (2017) - Q1
CLEAN & PUSH PRESS, DUMBBELLS	16	M	60	80	Wenzel, Spencer	6/9/2024	RD - Stars of Tomorrow on parade

USAWA Record List

CLEAN & PUSH PRESS, DUMBBELLS	16	M	95	80	Habecker, Aidan	8/3/2019	PRESIDENTIAL CUP (2019)
CLEAN & PUSH PRESS, DUMBBELLS	40	M	85	200	Smith, Abe	8/21/2022	CLARK'S BIRTHDAY WEEKEND
CLEAN & PUSH PRESS, DUMBBELLS	40	M	115	210	Ullom, Chad	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	40	M	120	200	Todd, Eric	3/31/2017	POSTAL (2017) - Q1
CLEAN & PUSH PRESS, DUMBBELLS	40	M	125+	170	Barnhart, Darren	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	45	M	100	160	Songster, Tim	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	45	M	110	150	Wenzel, Jeff	11/9/2024	Goerner Deadlift Dozen Plus One RD
CLEAN & PUSH PRESS, DUMBBELLS	45	M	125+	174	Bunch, Dan	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	50	M	95	114	Gupta, Sanjiv	10/12/2024	Clarks Gym RD #5 (2024)
CLEAN & PUSH PRESS, DUMBBELLS	50	M	105	150	Wenzel, Jeff	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
CLEAN & PUSH PRESS, DUMBBELLS	50	M	110	110	Poore, Clint	10/12/2024	Clarks Gym RD #5 (2024)
CLEAN & PUSH PRESS, DUMBBELLS	50	M	125+	110	Foster, Lance	3/31/2017	POSTAL (2017) - Q1
CLEAN & PUSH PRESS, DUMBBELLS	55	M	75	100	Marchand, Wade	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
CLEAN & PUSH PRESS, DUMBBELLS	55	M	90	140	Bryan, Barry	3/31/2017	POSTAL (2017) - Q1
CLEAN & PUSH PRESS, DUMBBELLS	55	M	110	100	Lupo, Tony	8/25/2024	TRUE NORTH, TRUE STRENGTH OPEN, Fergus, Ont, CA
CLEAN & PUSH PRESS, DUMBBELLS	55	M	115	122	Lupo, Tony	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
CLEAN & PUSH PRESS, DUMBBELLS	55	M	120	100	Morrison, Rocky	3/31/2017	POSTAL (2017) - Q1
CLEAN & PUSH PRESS, DUMBBELLS	55	M	125+	90	Foster, Lance	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & PUSH PRESS, DUMBBELLS	65	M	85	100	DeForest, Dave	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CLEAN & PUSH PRESS, DUMBBELLS	65	M	90	110	Habecker, Denny	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	70	M	90	94	Habecker, Denny	3/31/2017	POSTAL (2017) - Q1
CLEAN & PUSH PRESS, DUMBBELLS	70	M	110	100	Murdock, Mike	8/28/2011	RD - Dino Days (2011)
CLEAN & PUSH PRESS, DUMBBELLS	75	M	110	60	Ross, Dean	2/8/2020	2020 USAWA Grip Championships
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	60	80	Wenzel, Spencer	6/9/2024	RD - Stars of Tomorrow on parade
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	65	100	Heit, Calvin	3/31/2017	POSTAL (2017) - Q1
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	70	150	Jackson, Daryl	3/31/2017	POSTAL (2017) - Q1
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	75	100	Marchand, Wade	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	80	90	Luther, Travis	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	85	200	Smith, Abe	8/21/2022	CLARK'S BIRTHDAY WEEKEND
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	90	174	Goetsch, Troy	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	95	114	Gupta, Sanjiv	10/12/2024	Clarks Gym RD #5 (2024)
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	100	160	Songster, Tim	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	105	160	Lucht, Mike	2/22/2020	2020 Deadlift Dozen Plus One
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	110	164	Jobe, Jesse	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	115	220	Ullom, Chad	1/19/2008	Dino Gym Challenge (2008)
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	120	200	Todd, Eric	3/31/2017	POSTAL (2017) - Q1
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	125	120	Hess, Kohl	3/31/2017	POSTAL (2017) - Q1
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M	125+	234	Benzel, Bryan	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, FULTON BAR	13	F	60	26	Jones, Liliana	8/16/2025	Walpole Record Day, East Walpole, MA
CLEAN & PUSH PRESS, FULTON BAR	50	F	50	83	Jackson, RJ	12/27/2014	2014 Colorado RB
CLEAN & PUSH PRESS, FULTON BAR	ALL	F	50	83	Jackson, RJ	12/27/2014	2014 Colorado RB
CLEAN & PUSH PRESS, FULTON BAR	ALL	F	60	26	Jones, Liliana	8/16/2025	Walpole Record Day, East Walpole, MA

USAWA Record List

CLEAN & PUSH PRESS, FULTON BAR	ALL	F	70	142	Sinkler, Jen	3/3/2012	2012 Minnesota Meet
CLEAN & PUSH PRESS, FULTON BAR	40	M	75	127	LaPointe, Roger	3/10/2012	2012 Club Challenge
CLEAN & PUSH PRESS, FULTON BAR	40	M	85	205	Smith, Abe	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
CLEAN & PUSH PRESS, FULTON BAR	45	M	115	233	Myers, Al	3/3/2012	2012 Minnesota Meet
CLEAN & PUSH PRESS, FULTON BAR	50	M	90	125	Gupta, Sanjiv	6/24/2023	NATIONALS (2023) - Columbia, MO
CLEAN & PUSH PRESS, FULTON BAR	50	M	105	165	Wenzel, Jeff	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
CLEAN & PUSH PRESS, FULTON BAR	50	M	110	155	Wenzel, Jeff	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
CLEAN & PUSH PRESS, FULTON BAR	55	M	110	142	Lupo, Tony	10/12/2024	Clarks Gym RD #5 (2024)
CLEAN & PUSH PRESS, FULTON BAR	55	M	115	198	Glasgow, Dave	2/14/2010	RD - Dino Gym (2010)
CLEAN & PUSH PRESS, FULTON BAR	60	M	80	128	McKean, John	10/14/2007	2007 Art's Birthday Bash
CLEAN & PUSH PRESS, FULTON BAR	70	M	110	117	Murdock, Mike	3/3/2012	2012 Minnesota Meet
CLEAN & PUSH PRESS, FULTON BAR	80	M	85	103	Montini, Art	10/14/2007	2007 Art's Birthday Bash
CLEAN & PUSH PRESS, FULTON BAR	ALL	M	70	115	Wenzel, Riley	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
CLEAN & PUSH PRESS, FULTON BAR	ALL	M	75	127	LaPointe, Roger	3/10/2012	2012 Club Challenge
CLEAN & PUSH PRESS, FULTON BAR	ALL	M	80	128	McKean, John	10/14/2007	2007 Art's Birthday Bash
CLEAN & PUSH PRESS, FULTON BAR	ALL	M	85	205	Smith, Abe	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
CLEAN & PUSH PRESS, FULTON BAR	ALL	M	95	213	Dellanave, David	3/3/2012	2012 Minnesota Meet
CLEAN & PUSH PRESS, FULTON BAR	ALL	M	105	213	Glass, Adam	3/3/2012	2012 Minnesota Meet
CLEAN & PUSH PRESS, FULTON BAR	ALL	M	110	155	Wenzel, Jeff	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
CLEAN & PUSH PRESS, FULTON BAR	ALL	M	115	233	Myers, Al	3/3/2012	2012 Minnesota Meet
CLEAN & SEATED PRESS	45	F	55	33	Phumchaona, Noi	9/13/1992	92 IAWA - England
CLEAN & SEATED PRESS	50	F	50	56	Jackson, RJ	12/1/2012	2012 Gracie Club RD
CLEAN & SEATED PRESS	55	F	60	55	VanWagner, Kim	10/12/2024	Clarks Gym RD #5
CLEAN & SEATED PRESS	55	F	90	40	Lupo, Allison	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CLEAN & SEATED PRESS	60	F	105	90	Gore, Lisa	8/16/2025	Walpole Record Day, East Walpole, MA
CLEAN & SEATED PRESS	ALL	F	50	56	Jackson, RJ	12/1/2012	2012 Gracie Club RD
CLEAN & SEATED PRESS	ALL	F	55	33	Phumchaona, Noi	9/13/1992	92 IAWA - England
CLEAN & SEATED PRESS	ALL	F	60	55	VanWagner, Kim	10/12/2024	Clarks Gym RD #5
CLEAN & SEATED PRESS	ALL	F	65	88	Caron, Jacqueline	9/13/1992	92 IAWA - England
CLEAN & SEATED PRESS	ALL	F	90	40	Lupo, Allison	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CLEAN & SEATED PRESS	ALL	F	105	90	Gore, Lisa	8/16/2025	Walpole Record Day, East Walpole, MA
CLEAN & SEATED PRESS	ALL	F	125+	70	Kennedy, Wendy	12/6/1987	Columbia, MO.
CLEAN & SEATED PRESS	13	M	35	15	Wenzel, Logan	5/31/2025	Ledaig Record Day - Topeka, KS
CLEAN & SEATED PRESS	13	M	55	34	Ciavattone, Frank III	6/26/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	13	M	65	88	Lestan, Eric	10/27/2018	2018 NE Fall Classic
CLEAN & SEATED PRESS	16	M	75	151	Palac, Steven	11/21/2004	2004 Lethal Lottery
CLEAN & SEATED PRESS	16	M	80	135	Loudon, Andrew	6/26/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	18	M	105	175	Reel, Ian	6/26/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	40	M	70	154	Waterman, Chris	2/26/1994	94 Buckeye Record Breaker
CLEAN & SEATED PRESS	40	M	75	190	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
CLEAN & SEATED PRESS	40	M	80	220	Hirsh, Bob	2/24/1996	96 Buckeye Record Breaker
CLEAN & SEATED PRESS	40	M	85	215	Smith, Abe	7/31/2022	RD - Clark vs Frank

USAWA Record List

CLEAN & SEATED PRESS	40	M	125	140	Todd, Chris	12/7/2019	RD - Lift for Leroy '19
CLEAN & SEATED PRESS	40	M	125+	180	O'Brien, John	10/29/2010	2010 JWC Record Breakers
CLEAN & SEATED PRESS	45	M	75	126	Hirsh, Bob	11/21/2004	2004 Lethal Lottery
CLEAN & SEATED PRESS	45	M	105	187	Kurtz, John	2/24/1996	96 Buckeye Record Breaker
CLEAN & SEATED PRESS	45	M	110	215	Karhan, Bob	2/26/1994	94 Buckeye Record Breaker
CLEAN & SEATED PRESS	45	M	115	237	Karhan, Bob	2/24/1996	96 Buckeye Record Breaker
CLEAN & SEATED PRESS	45	M	120	245	Karhan, Bob	3/7/1998	98 Buckeye Record Breaker
CLEAN & SEATED PRESS	45	M	125	155	Olsavsky, David	6/26/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	45	M	125+	166	Olsavsky, David	11/21/2004	2004 Lethal Lottery
CLEAN & SEATED PRESS	50	M	75	150	Habecker, Denny	6/4/1995	NATIONALS (1995) - Columbia, MO
CLEAN & SEATED PRESS	50	M	90	135	Smith, Randy	6/26/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	50	M	95	140	Vernacchio, John	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
CLEAN & SEATED PRESS	50	M	100	150	Zercher II, Ed	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
CLEAN & SEATED PRESS	50	M	110	132	Ciavattone, Joe Sr.	10/27/2018	2018 NE Fall Classic
CLEAN & SEATED PRESS	50	M	120	200	Schmidt, Scott	6/26/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	50	M	125+	75	Ciavattone, Frank	6/26/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	55	M	75	106	Marchand, Wade	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
CLEAN & SEATED PRESS	55	M	80	120	McKean, John	10/17/2004	2004 Art's Birthday Bash
CLEAN & SEATED PRESS	55	M	85	149	Habecker, Denny	10/14/2000	IAWA GOLD CUP (2000) - Burton upon Trent, UK
CLEAN & SEATED PRESS	55	M	90	121	Vernacchio, John	9/13/1992	92 IAWA - England
CLEAN & SEATED PRESS	55	M	110	120	Lupo, Tony	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
CLEAN & SEATED PRESS	55	M	115	120	Lupo, Tony	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
CLEAN & SEATED PRESS	55	M	120	176	Schmidt, Scott	12/6/2009	2009 John's BD Record Day
CLEAN & SEATED PRESS	60	M	75	105	Montini, Art	9/13/1992	92 IAWA - England
CLEAN & SEATED PRESS	60	M	85	100	DeForest, Dave	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
CLEAN & SEATED PRESS	60	M	90	140	Habecker, Denny	6/26/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	60	M	95	154	Habecker, Denny	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
CLEAN & SEATED PRESS	60	M	115	170	Malloy, Jim	6/26/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	65	M	80	110	Montini, Art	2/24/1996	96 Buckeye Record Breaker
CLEAN & SEATED PRESS	65	M	85	105	DeForest, Dave	8/16/2025	Walpole Record Day, East Walpole, MA
CLEAN & SEATED PRESS	65	M	90	126	Habecker, Denny	10/1/2011	IAWA GOLD CUP (2011) - Burton on Trent, UK
CLEAN & SEATED PRESS	65	M	95	141	Norval, Morgan	10/23/2005	2005 Art's Birthday Bash
CLEAN & SEATED PRESS	65	M	105	132	Prechtel, Howard	9/13/1992	92 IAWA - England
CLEAN & SEATED PRESS	65	M	110	110	Larson, Nils	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
CLEAN & SEATED PRESS	70	M	75	68	Mitchell, Dennis	6/26/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	70	M	80	90	Emslie, David	3/28/2015	2015 Clark's Gym RD
CLEAN & SEATED PRESS	70	M	90	132	Habecker, Denny	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
CLEAN & SEATED PRESS	70	M	110	90	Murdock, Mike	10/29/2010	2010 JWC Record Breakers
CLEAN & SEATED PRESS	75	M	85	88	Habecker, Denny	12/7/2019	2019 Memorial Record Day
CLEAN & SEATED PRESS	80	M	85	72	Habecker, Denny	8/5/2023	PRESIDENTIAL CUP (2023)
CLEAN & SEATED PRESS	ALL	M	35	15	Wenzel, Logan	5/31/2025	Ledaig Record Day - Topeka, KS
CLEAN & SEATED PRESS	ALL	M	70	165	Monk, John	10/15/2000	2000 Art's Birthday Bash

USAWA Record List

CLEAN & SEATED PRESS	ALL	M	75	190	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
CLEAN & SEATED PRESS	ALL	M	80	220	Hirsh, Bob	2/24/1996	96 Buckeye Record Breaker
CLEAN & SEATED PRESS	ALL	M	85	215	Smith, Abe	7/31/2022	RD - Clark vs Frank
CLEAN & SEATED PRESS	ALL	M	90	245	Anderson, Phil	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
CLEAN & SEATED PRESS	ALL	M	95	154	Habecker, Denny	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
CLEAN & SEATED PRESS	ALL	M	100	200	Ciavattone, Joe Jr.	3/15/2014	2014 Franks BBC RB
CLEAN & SEATED PRESS	ALL	M	105	205	DeSignore, Antonio	11/21/2004	2004 Lethal Lottery
CLEAN & SEATED PRESS	ALL	M	110	215	Karhan, Bob	2/24/1996	96 Buckeye Record Breaker
CLEAN & SEATED PRESS	ALL	M	115	237	Karhan, Bob	2/24/1996	96 Buckeye Record Breaker
CLEAN & SEATED PRESS	ALL	M	120	245	Karhan, Bob	3/7/1998	98 Buckeye Record Breaker
CLEAN & SEATED PRESS	ALL	M	125	221	Lestan, Chris	7/21/2018	2018 NE Record Day
CLEAN & SEATED PRESS	ALL	M	125+	247	Benzel, Bryan	5/20/2012	2012 Jobs Steel Jungle RD
CLEAN & SEATED PRESS	NAT	M	75	67	Mitchell, Dennis	6/25/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	NAT	M	80	135	Loudon, Andrew	6/25/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	NAT	M	85	75	Vernacchio, John	6/25/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	NAT	M	90	140	Habecker, Denny	6/25/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	NAT	M	100	170	McBride, Mike	6/25/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	NAT	M	105	175	Reel, Ian	6/25/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	NAT	M	110	165	LaRosa, Carl	6/25/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	NAT	M	115	170	Malloy, Jim	6/25/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	NAT	M	120	230	Myers, Al	6/25/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	NAT	M	125	155	Olsavsky, David	6/25/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS	NAT	M	125+	75	Ciavattone, Frank	6/25/2005	NATIONALS (2005) - Youngstown, OH
CLEAN & SEATED PRESS, 2 DUMBBELLS	16	F	60	60	Todd, Lillian	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	40	F	65	80	Skwarecki, Beth	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
CLEAN & SEATED PRESS, 2 DUMBBELLS	40	F	85	61	Hopps, Jessica	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	50	F	50	60	Jackson, RJ	6/30/2015	POSTAL (2015) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	55	F	60	54	VanWagner, Kim	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	55	F	90	40	Lupo, Allison	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	55	F	105	80	Gore, Lisa	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	60	F	60	50	Homan, Lynne	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	65	F	75	40	Thompson, Janet	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	F	50	60	Jackson, RJ	6/30/2015	POSTAL (2015) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	F	60	60	Todd, Lillian	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	F	65	80	Skwarecki, Beth	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	F	70	90	Lydon, Kim	1/20/2018	Record Day- Fall Classic
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	F	75	40	Thompson, Janet	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	F	85	61	Hopps, Jessica	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	F	90	40	Lupo, Allison	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	F	105	80	Gore, Lisa	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	13	M	35	14	Wenzel, Logan	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	13	M	55	40	Todd, Everett	6/30/2025	POSTAL (2025) - Q2

USAWA Record List

CLEAN & SEATED PRESS, 2 DUMBBELLS	14	M	55	60	Habecker, Brady	12/17/2022	Memorial Record Day
CLEAN & SEATED PRESS, 2 DUMBBELLS	18	M	85	91	Habecker, Aidan	12/17/2022	Memorial Record Day
CLEAN & SEATED PRESS, 2 DUMBBELLS	40	M	80	111	Jones, Dan	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
CLEAN & SEATED PRESS, 2 DUMBBELLS	40	M	85	160	Smith, Abe	12/17/2022	Memorial Record Day
CLEAN & SEATED PRESS, 2 DUMBBELLS	40	M	110	100	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
CLEAN & SEATED PRESS, 2 DUMBBELLS	40	M	125+	130	Todd, Chris	11/18/2023	RD - Lift for Leroy '23
CLEAN & SEATED PRESS, 2 DUMBBELLS	45	M	110	140	Wenzel, Jeff	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & SEATED PRESS, 2 DUMBBELLS	45	M	120	140	Todd, Eric	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & SEATED PRESS, 2 DUMBBELLS	50	M	95	100	Gupta, Sanjiv	8/3/2024	Clarks Gym RD #4 (2024)
CLEAN & SEATED PRESS, 2 DUMBBELLS	50	M	100	100	Gupta, Sanjiv	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	50	M	105	150	Wenzel, Jeff	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
CLEAN & SEATED PRESS, 2 DUMBBELLS	50	M	110	140	Wenzel, Jeff	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	50	M	125+	135	Todd, Eric	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	55	M	75	81	Marchand, Wade	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	55	M	90	120	Bryan, Barry	6/30/2015	POSTAL (2015) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	55	M	110	110	Lupo, Tony	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & SEATED PRESS, 2 DUMBBELLS	55	M	115	110	Lupo, Tony	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	60	M	85	70	DeForest, Dave	4/14/2024	Record Day- Clark's Gym 1
CLEAN & SEATED PRESS, 2 DUMBBELLS	60	M	100	80	Frappier, Chris	6/21/2025	Women's Only Meet, Columbia, MO
CLEAN & SEATED PRESS, 2 DUMBBELLS	65	M	85	100	Bryan, Barry	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	65	M	110	100	Larson, Nils	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
CLEAN & SEATED PRESS, 2 DUMBBELLS	65	M	115	91	Larson, Nils	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	65	M	125+	60	Ciavattone, Frank	4/30/2023	2023 Norfolk County Record Day
CLEAN & SEATED PRESS, 2 DUMBBELLS	70	M	85	90	Habecker, Denny	6/30/2015	POSTAL (2015) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	70	M	115	85	Glasgow, Dave	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	70	M	125	41	Ciavattone, Frank	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	75	M	90	60	Somfay, Joe	6/21/2025	Women's Only Meet, Columbia, MO
CLEAN & SEATED PRESS, 2 DUMBBELLS	80	M	85	50	Habecker, Denny	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	35	14	Wenzel, Logan	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	55	60	Habecker, Brady	12/17/2022	Memorial Record Day
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	65	100	Jackson, Daryl	6/30/2015	POSTAL (2015) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	70	100	Wenzel, Riley	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	75	81	Marchand, Wade	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	80	120	Luther, Travis	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	85	160	Smith, Abe	12/17/2022	Memorial Record Day
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	90	120	Bryan, Barry	6/30/2015	POSTAL (2015) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	95	100	Gupta, Sanjiv	8/3/2024	Clarks Gym RD #4 (2024)
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	100	100	Gupta, Sanjiv	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	105	150	Wenzel, Jeff	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	110	140	Wenzel, Jeff	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	115	110	Lupo, Tony	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	120	140	Todd, Eric	11/30/2020	POSTAL (2020) - RECORD DAY

USAWA Record List

CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	125	41	Ciavattone, Frank	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	125+	135	Todd, Eric	6/30/2025	POSTAL (2025) - Q2
CLEAN & SEATED PRESS, BEHIND NECK	40	F	65	60	Schmidt, Kathy	10/11/1998	98 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	40	F	75	40	Durnell, Lynne	10/14/2001	2001 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	55	F	55	55	Phumchaona, Noi	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	55	F	60	45	VanWagner, Kim	10/12/2024	Clarks Gym RD #5
CLEAN & SEATED PRESS, BEHIND NECK	ALL	F	55	55	Phumchaona, Noi	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	ALL	F	60	45	VanWagner, Kim	10/12/2024	Clarks Gym RD #5
CLEAN & SEATED PRESS, BEHIND NECK	ALL	F	65	60	Schmidt, Kathy	10/11/1998	98 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	ALL	F	70	61	Schmidt, Kathy	2/18/1995	95 Buckeye Record Breaker
CLEAN & SEATED PRESS, BEHIND NECK	ALL	F	75	40	Durnell, Lynne	10/14/2001	2001 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	ALL	F	125+	66	Goolsby, Carolyn	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	F	55	55	Phumchaona, Noi	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	F	125+	66	Goolsby, Carolyn	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	13	M	60	55	Monk, Joshua	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	14	M	75	94	Demille, Cale	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	16	M	95	110	Hunter, Joe	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	40	M	70	121	Waterman, Chris	2/26/1994	94 Buckeye Record Breaker
CLEAN & SEATED PRESS, BEHIND NECK	40	M	75	175	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	40	M	85	175	Smith, Abe	8/21/2022	CLARK'S BIRTHDAY WEEKEND
CLEAN & SEATED PRESS, BEHIND NECK	40	M	90	88	Larson, Nils	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	40	M	100	120	Montini, Paul	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
CLEAN & SEATED PRESS, BEHIND NECK	40	M	110	230	Ciavattone, Jeff	12/31/2021	New Years Eve Record Breaker 2021
CLEAN & SEATED PRESS, BEHIND NECK	45	M	115	176	Schmidt, Scott	4/27/2002	2002 Buckeye Record Break
CLEAN & SEATED PRESS, BEHIND NECK	45	M	120	110	Ciavattone, Frank	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	50	M	90	105	DiCiccio, Bill	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
CLEAN & SEATED PRESS, BEHIND NECK	50	M	95	95	Gupta, Sanjiv	8/3/2024	Clarks Gym RD #4 (2024)
CLEAN & SEATED PRESS, BEHIND NECK	50	M	120	150	Schmidt, Scott	10/12/2003	2003 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	55	M	80	99	McKean, John	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	55	M	85	154	Habecker, Denny	11/22/1999	Glasgow, Scotland
CLEAN & SEATED PRESS, BEHIND NECK	55	M	90	149	Habecker, Denny	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	55	M	110	100	Lupo, Tony	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
CLEAN & SEATED PRESS, BEHIND NECK	55	M	115	110	Lupo, Tony	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
CLEAN & SEATED PRESS, BEHIND NECK	55	M	120	165	Schmidt, Scott	12/6/2009	2009 John's BD Record Day
CLEAN & SEATED PRESS, BEHIND NECK	60	M	80	90	DeForest, Dave	1/25/2025	ZERCHER STRENGTH CLASSIC (2025) - RD
CLEAN & SEATED PRESS, BEHIND NECK	60	M	85	105	DeForest, Dave	5/5/2022	2022 Bench Press Decathlon I and Record Day
CLEAN & SEATED PRESS, BEHIND NECK	60	M	90	100	DeForest, Dave	11/30/2020	POSTAL (2020) - RECORD DAY
CLEAN & SEATED PRESS, BEHIND NECK	60	M	110	121	Schmidt, Scott	10/15/2017	2017 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	65	M	75	77	Mitchell, Dennis	2/22/1997	97 Buckeye Record Breaker
CLEAN & SEATED PRESS, BEHIND NECK	65	M	85	85	DeForest, Dave	5/31/2025	Ledaig Record Day - Topeka, KS
CLEAN & SEATED PRESS, BEHIND NECK	65	M	90	132	Habecker, Denny	11/7/2009	IAWA GOLD CUP (2009) - Glasgow, UK
CLEAN & SEATED PRESS, BEHIND NECK	70	M	75	66	Mitchell, Dennis	6/29/2002	NATIONALS (2002) - Ambridge

USAWA Record List

CLEAN & SEATED PRESS, BEHIND NECK	70	M	80	75	Emslie, David	3/28/2015	2015 Clark's Gym RD
CLEAN & SEATED PRESS, BEHIND NECK	70	M	85	88	Montini, Art	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	75	M	85	88	Habecker, Denny	12/7/2019	2019 Memorial Record Day
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	60	120	Drainer, Ron	12/10/1989	Columbia, MO.
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	70	154	Aldan, Brandon	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	75	175	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	80	105	Hose, Will	5/31/2025	Ledaig Record Day - Topeka, KS
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	85	175	Smith, Abe	8/21/2022	CLARK'S BIRTHDAY WEEKEND
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	90	149	Habecker, Denny	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	95	132	McKean, Robbie	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	100	176	Silvestri, Larry	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	105	160	LaRosa, Carl	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	110	220	Ciavattone, Jeff	12/31/2021	New Years Eve Record Breaker 2021
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	115	230	Myers, Al	2/12/2006	RD - Dino Gym (2006)
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	120	176	Ullom, Chad	2/10/2007	RD - Dino Gym (2007)
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	125	198	Lestan, Chris	7/21/2018	2018 NE Record Day
CLEAN & SEATED PRESS, BEHIND NECK	ALL	M	125+	237	Doster, Matthew	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	M	60	55	Monk, Joshua	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	M	70	154	Aldan, Brandon	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	M	75	127	Groves, Jason	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	M	80	99	McKean, John	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	M	85	88	Montini, Art	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	M	90	149	Habecker, Denny	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	M	95	132	McKean, Robbie	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	M	100	176	Silvestri, Larry	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	M	105	160	LaRosa, Carl	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	M	115	77	Geib, Bob	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	M	120	110	Ciavattone, Frank	6/29/2002	NATIONALS (2002) - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	M	125+	237	Doster, Matthew	6/29/2002	NATIONALS (2002) - Ambridge
CONTINENTAL SNATCH	13	F	35	25	Ciavattone, Holly	7/17/1993	93 IAWA - Walpole, MA
CONTINENTAL SNATCH	13	F	40	55	Wilson, Janay	2/12/2006	RD - Dino Gym (2006)
CONTINENTAL SNATCH	13	F	45	41	Van Vleck, Morgan	11/21/2009	Record Day - Jackson Weightlifting Club
CONTINENTAL SNATCH	13	F	50	75	Wilson, Janay	2/10/2007	RD - Dino Gym (2007)
CONTINENTAL SNATCH	13	F	55	45	Todd, Phoebe	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL SNATCH	13	F	60	80	Myers, Katie	2/10/2007	RD - Dino Gym (2007)
CONTINENTAL SNATCH	14	F	60	95	Hartman, Lindsey	7/1/2001	2001 Old Settlers Classic
CONTINENTAL SNATCH	14	F	75	75	Goodner, Jamie	7/1/2001	2001 Old Settlers Classic
CONTINENTAL SNATCH	16	F	55	65	Drake, Jessica	7/1/2001	2001 Old Settlers Classic
CONTINENTAL SNATCH	16	F	60	65	Todd, Lillian	3/31/2025	POSTALS (2025) - Q1
CONTINENTAL SNATCH	16	F	65	95	Deaver, Marcy	7/1/2001	2001 Old Settlers Classic
CONTINENTAL SNATCH	40	F	55	61	Hughes, Suree	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	40	F	70	121	Skwarecki, Beth	10/2/2022	World Championships

USAWA Record List

CONTINENTAL SNATCH	40	F	90	80	Todd, Stacy	3/31/2025	POSTALS (2025) - Q1
CONTINENTAL SNATCH	45	F	50	77	Phumchaona, Noi	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CONTINENTAL SNATCH	45	F	55	66	Phumchaona, Noi	9/13/1992	92 IAWA - England
CONTINENTAL SNATCH	50	F	55	72	Phumchaona, Noi	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	50	F	60	83	Burchette, Jeanne	2/15/1992	Ambridge, Pa.
CONTINENTAL SNATCH	50	F	100	55	Sees, Susan	6/25/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	55	F	55	72	Phumchaona, Noi	7/26/1998	NATIONALS (1998) - Mansfield, MA
CONTINENTAL SNATCH	55	F	60	65	VanWagner, Kim	3/31/2025	POSTALS (2025) - Q1
CONTINENTAL SNATCH	55	F	90	40	Lupo, Allison	3/31/2025	POSTALS (2025) - Q1
CONTINENTAL SNATCH	55	F	95	65	Gore, Lisa	3/31/2025	POSTALS (2025) - Q1
CONTINENTAL SNATCH	60	F	75	22	Thompson, Janet	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL SNATCH	65	F	75	30	Thompson, Janet	3/31/2025	POSTALS (2025) - Q1
CONTINENTAL SNATCH	ALL	F	35	25	Ciavattone, Holly	7/17/1993	93 IAWA - Walpole, MA
CONTINENTAL SNATCH	ALL	F	40	55	Wilson, Janay	2/12/2006	RD - Dino Gym (2006)
CONTINENTAL SNATCH	ALL	F	45	41	Van Vleck, Morgan	11/21/2009	Record Day - Jackson Weightlifting Club
CONTINENTAL SNATCH	ALL	F	50	77	Phumchaona, Noi	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CONTINENTAL SNATCH	ALL	F	55	72	Phumchaona, Noi	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	ALL	F	60	121	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
CONTINENTAL SNATCH	ALL	F	65	138	Caron, Jacqueline	9/13/1992	92 IAWA - England
CONTINENTAL SNATCH	ALL	F	70	121	Skwarecki, Beth	10/2/2022	World Championships
CONTINENTAL SNATCH	ALL	F	75	75	Goodner, Jamie	7/1/2001	2001 Old Settlers Classic
CONTINENTAL SNATCH	ALL	F	80	88	Ciavattone, Cara	9/22/1996	96 IAWA Worlds
CONTINENTAL SNATCH	ALL	F	85	85	Todd, Stacy	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL SNATCH	ALL	F	90	88	Beary, Lindsey	6/25/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	ALL	F	95	77	Collins, Cara	7/26/1998	NATIONALS (1998) - Mansfield, MA
CONTINENTAL SNATCH	ALL	F	100	55	Sees, Susan	6/25/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	ALL	F	110	110	McVay, Mary Jo	7/17/1993	93 IAWA - Walpole, MA
CONTINENTAL SNATCH	NAT	F	40	28	Ciavattone, Dominique	7/26/1998	NATIONALS (1998) - Mansfield, MA
CONTINENTAL SNATCH	NAT	F	50	72	Phumchaona, Noi	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	NAT	F	55	72	Phumchaona, Noi	7/26/1998	NATIONALS (1998) - Mansfield, MA
CONTINENTAL SNATCH	NAT	F	60	72	Burchette, Jeanne	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	NAT	F	65	132	Caron, Jacqueline	5/31/1992	NATIONALS (1992) - Walpole, MA
CONTINENTAL SNATCH	NAT	F	85	66	Hopps, Jessica	6/25/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	NAT	F	90	88	Beary, Lindsey	6/25/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	NAT	F	95	77	Collins, Cara	7/26/1998	NATIONALS (1998) - Mansfield, MA
CONTINENTAL SNATCH	NAT	F	100	55	Sees, Susan	6/25/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	13	M	30	55	Montini, Rocco	2/15/1992	Ambridge, Pa.
CONTINENTAL SNATCH	13	M	35	39	Geib, Adam	10/8/1994	94 IAWA - England
CONTINENTAL SNATCH	13	M	40	45	Monk, Joshua	11/17/1999	99 Art's Birthday Bash
CONTINENTAL SNATCH	13	M	45	66	Montini, Jason	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	13	M	50	66	Urbanski, Ryan	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	13	M	55	45	Todd, Everett	3/31/2025	POSTALS (2025) - Q1

USAWA Record List

CONTINENTAL SNATCH	13	M	60	56	Blockston, Jon	11/17/1999	99 Art's Birthday Bash
CONTINENTAL SNATCH	13	M	65	83	McKean, Robbie	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	13	M	70	94	McKean, Sean	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	13	M	75	110	McKean, Robbie	2/15/1992	Ambridge, Pa.
CONTINENTAL SNATCH	14	M	60	66	Drake, Dan	2/15/1992	Ambridge, Pa.
CONTINENTAL SNATCH	14	M	65	99	Ward, Brad	5/31/1992	NATIONALS (1992) - Walpole, MA
CONTINENTAL SNATCH	14	M	70	99	Vernacchio, S.J.	7/17/1993	93 IAWA - Walpole, MA
CONTINENTAL SNATCH	14	M	75	143	Vernacchio, S.J.	5/7/1994	94 Intercontinental Meet
CONTINENTAL SNATCH	14	M	80	94	Loewer, James	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	14	M	85	121	Ciavattone, Jeff	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	14	M	90	127	McKean, Robbie	7/17/1993	93 IAWA - Walpole, MA
CONTINENTAL SNATCH	16	M	55	50	O'Brien, Mike	7/26/1998	NATIONALS (1998) - Mansfield, MA
CONTINENTAL SNATCH	16	M	65	99	Drake, Dan	5/31/1992	NATIONALS (1992) - Walpole, MA
CONTINENTAL SNATCH	16	M	70	132	McKean, Sean	7/26/1998	NATIONALS (1998) - Mansfield, MA
CONTINENTAL SNATCH	16	M	75	88	Morrison, James	6/25/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	16	M	85	149	McKean, Robbie	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	16	M	90	143	Ciavattone, Jeff	9/22/1996	96 IAWA Worlds
CONTINENTAL SNATCH	16	M	100	121	Kelsey, John	4/27/2002	2002 Buckeye Record Break
CONTINENTAL SNATCH	16	M	120	209	Stahnke, Dennis	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	18	M	60	88	O'Brien, Mike	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	18	M	75	116	Kennedy, Tim	7/26/1998	NATIONALS (1998) - Mansfield, MA
CONTINENTAL SNATCH	18	M	95	154	Ciavattone, Jeff	7/26/1998	NATIONALS (1998) - Mansfield, MA
CONTINENTAL SNATCH	40	M	65	176	Pensyl, Barry	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	40	M	70	193	Waterman, Chris	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	40	M	75	205	Hirsh, Bob	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	40	M	80	154	Beekman, Stanley	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	40	M	85	175	Smith, Abe	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL SNATCH	40	M	90	243	Montini, Rob	2/15/1992	Ambridge, Pa.
CONTINENTAL SNATCH	40	M	95	187	Montini, Paul	2/15/1992	Ambridge, Pa.
CONTINENTAL SNATCH	40	M	100	160	Kurtz, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	40	M	110	220	Schmidt, Scott	2/26/1994	94 Buckeye Record Breaker
CONTINENTAL SNATCH	40	M	115	248	Fulton, Kevin	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	40	M	120	198	Myers, Al	6/30/2009	2009 Atlantic Postal
CONTINENTAL SNATCH	40	M	125	198	Ciavattone, Frank	9/22/1996	96 IAWA Worlds
CONTINENTAL SNATCH	40	M	125+	209	Campbell, Scott	8/30/2015	POSTAL (2015) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL SNATCH	45	M	60	127	McKean, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	45	M	65	171	Pensyl, Barry	7/17/1993	93 IAWA - Walpole, MA
CONTINENTAL SNATCH	45	M	70	154	Waterman, Chris	3/3/2001	2001 Buckeye Record Day
CONTINENTAL SNATCH	45	M	75	143	McKean, John	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	45	M	80	171	Habecker, Denny	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	45	M	85	165	Habecker, Denny	5/31/1992	NATIONALS (1992) - Walpole, MA
CONTINENTAL SNATCH	45	M	95	198	Schock, Ed	9/2/2000	2000 IAWA Worlds -Mansfld

USAWA Record List

CONTINENTAL SNATCH	45	M	100	160	Kurtz, John	2/15/1992	Ambridge, Pa.
CONTINENTAL SNATCH	45	M	105	154	Ciavattone, Joe Sr.	6/25/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	45	M	110	209	Schmidt, Scott	3/7/1998	98 Buckeye Record Breaker
CONTINENTAL SNATCH	45	M	115	198	Schmidt, Scott	2/27/1999	99 Buckeye Record Breaker
CONTINENTAL SNATCH	45	M	125	187	Ciavattone, Frank	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	45	M	125+	185	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
CONTINENTAL SNATCH	50	M	65	171	Pensyl, Barry	7/26/1998	NATIONALS (1998) - Mansfield, MA
CONTINENTAL SNATCH	50	M	75	149	Habecker, Denny	7/17/1993	93 IAWA - Walpole, MA
CONTINENTAL SNATCH	50	M	80	149	Habecker, Denny	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	50	M	85	165	Habecker, Denny	5/7/1994	94 Intercontinental Meet
CONTINENTAL SNATCH	50	M	90	176	DiCiccio, Bill	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CONTINENTAL SNATCH	50	M	95	176	Vernacchio, John	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CONTINENTAL SNATCH	50	M	100	115	Gupta, Sanjiv	8/2/2025	
CONTINENTAL SNATCH	50	M	105	204	Malloy, Jim	5/31/1992	NATIONALS (1992) - Walpole, MA
CONTINENTAL SNATCH	50	M	110	198	Malloy, Jim	2/15/1992	Ambridge, Pa.
CONTINENTAL SNATCH	50	M	115	176	Malloy, Jim	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	50	M	125	161	Todd, Eric	3/31/2025	POSTALS (2025) - Q1
CONTINENTAL SNATCH	50	M	125+	121	Morrison, Rocky	6/25/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	55	M	75	83	Friesz, Dale	7/26/1998	NATIONALS (1998) - Mansfield, MA
CONTINENTAL SNATCH	55	M	80	138	Habecker, Denny	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	55	M	85	160	Habecker, Denny	7/26/1998	NATIONALS (1998) - Mansfield, MA
CONTINENTAL SNATCH	55	M	90	143	Vernacchio, John	9/13/1992	92 IAWA - England
CONTINENTAL SNATCH	55	M	95	140	Garcia, Joe	10/29/2010	2010 JWC Record Breakers
CONTINENTAL SNATCH	55	M	100	116	Vernacchio, John	9/22/1996	96 IAWA Worlds
CONTINENTAL SNATCH	55	M	110	115	Lupo, Tony	3/31/2025	POSTALS (2025) - Q1
CONTINENTAL SNATCH	55	M	120	45	Foster, Lance	3/31/2025	POSTALS (2025) - Q1
CONTINENTAL SNATCH	60	M	75	138	Montini, Art	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CONTINENTAL SNATCH	60	M	80	132	Montini, Art	2/15/1992	Ambridge, Pa.
CONTINENTAL SNATCH	60	M	85	121	Habecker, Denny	10/2/2004	2004 IAWA - Burton, Eng
CONTINENTAL SNATCH	60	M	90	126	Smith, Randy	6/30/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	60	M	95	83	Locondro, Mike	3/31/2025	POSTALS (2025) - Q1
CONTINENTAL SNATCH	60	M	100	115	Garcia, Joe	11/8/2014	2014 Clarks RD
CONTINENTAL SNATCH	65	M	75	84	Mitchell, Dennis	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	65	M	85	121	Montini, Art	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	65	M	90	138	Monahan, Rex	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	65	M	95	132	Monahan, Rex	9/13/1992	92 IAWA - England
CONTINENTAL SNATCH	65	M	100	132	Prechtel, Howard	7/17/1993	93 IAWA - Walpole, MA
CONTINENTAL SNATCH	65	M	105	149	Prechtel, Howard	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	65	M	110	143	Prechtel, Howard	2/15/1992	Ambridge, Pa.
CONTINENTAL SNATCH	65	M	115	65	Larson, Nils	3/31/2025	POSTALS (2025) - Q1
CONTINENTAL SNATCH	65	M	125+	44	Ciavattone, Frank	10/2/2022	World Championships
CONTINENTAL SNATCH	70	M	75	78	Mitchell, Dennis	10/2/2004	2004 IAWA - Burton, Eng

USAWA Record List

CONTINENTAL SNATCH	70	M	80	105	Cox, Bob	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	70	M	85	121	Montini, Art	7/26/1998	NATIONALS (1998) - Mansfield, MA
CONTINENTAL SNATCH	70	M	90	132	Monahan, Rex	10/8/1994	94 IAWA - England
CONTINENTAL SNATCH	70	M	100	132	Prechtel, Howard	9/22/1996	96 IAWA Worlds
CONTINENTAL SNATCH	70	M	105	138	Prechtel, Howard	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	70	M	115	95	Glasgow, Dave	5/31/2025	Ledaig Record Day - Topeka, KS
CONTINENTAL SNATCH	70	M	120	77	Ross, Dean	6/25/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	70	M	125	55	Geib, Bob	6/25/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	70	M	125+	20	Ciavattone, Frank	3/31/2025	POSTALS (2025) - Q1
CONTINENTAL SNATCH	75	M	75	66	Mitchell, Dennis	8/17/2007	2007 Worlds Christchurch
CONTINENTAL SNATCH	75	M	80	84	Cox, Bob	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	75	M	85	85	Habecker, Denny	8/6/2022	PRESIDENTIAL CUP (2022)
CONTINENTAL SNATCH	75	M	90	99	Monahan, Rex	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	80	M	70	33	Mitchell, Dennis	10/10/2015	2015 Worlds - Glasgow
CONTINENTAL SNATCH	80	M	85	77	Habecker, Denny	10/2/2022	World Championships
CONTINENTAL SNATCH	85	M	80	49	Montini, Art	10/6/2013	IAWA WORLD CHAMPIONSHIP (2013) - Lancashire, UK
CONTINENTAL SNATCH	ALL	M	55	45	Todd. Everett	3/31/2025	POSTALS (2025) - Q1
CONTINENTAL SNATCH	ALL	M	60	165	Gazda, Goeff	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	ALL	M	65	176	Pensyl, Barry	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	ALL	M	70	220	Waterman, Chris	7/17/1993	93 IAWA - Walpole, MA
CONTINENTAL SNATCH	ALL	M	75	205	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	ALL	M	80	171	Habecker, Denny	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	ALL	M	85	248	Bryan, Barry	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	ALL	M	90	243	Montini, Rob	2/15/1992	Ambridge, Pa.
CONTINENTAL SNATCH	ALL	M	95	198	Schock, Ed	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	ALL	M	100	243	Venterosa, Don	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
CONTINENTAL SNATCH	ALL	M	105	244	Locondro, Mike	5/7/1994	94 Intercontinental Meet
CONTINENTAL SNATCH	ALL	M	110	243	Locondro, Mike	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	ALL	M	115	248	Fulton, Kevin	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	ALL	M	120	220	Ullom, Chad	8/17/2007	2007 Worlds Christchurch
CONTINENTAL SNATCH	ALL	M	125	198	Ciavattone, Frank	9/22/1996	96 IAWA Worlds
CONTINENTAL SNATCH	ALL	M	125+	265	Ciavattone, Frank	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	NAT	M	60	138	Doucette, Tim	5/31/1992	NATIONALS (1992) - Walpole, MA
CONTINENTAL SNATCH	NAT	M	65	176	Pensyl, Barry	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	NAT	M	70	198	Waterman, Chris	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	NAT	M	75	143	Jones, Tom	5/31/1992	NATIONALS (1992) - Walpole, MA
CONTINENTAL SNATCH	NAT	M	80	171	Habecker, Denny	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	NAT	M	85	248	Bryan, Barry	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	NAT	M	90	231	Montini, Rob	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	NAT	M	95	182	Montini, Paul	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	NAT	M	100	205	Ciavattone, Joe Jr.	6/30/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	NAT	M	105	204	Malloy, Jim	5/31/1992	NATIONALS (1992) - Walpole, MA

USAWA Record List

CONTINENTAL SNATCH	NAT	M	110	226	Ciavattone, Joe Sr.	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL SNATCH	NAT	M	115	176	Fuller, James	6/30/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	NAT	M	120	209	Moore, Bob	5/31/1992	NATIONALS (1992) - Walpole, MA
CONTINENTAL SNATCH	NAT	M	125	55	Geib, Bob	6/30/2016	NATIONALS (2016) - Norwood, MA
CONTINENTAL SNATCH	NAT	M	125+	265	Ciavattone, Frank	7/13/1991	NATIONALS (1991) - Plymouth, PA
CONTINENTAL TO BELT	13	F	30	27	Lansdown, Daphne	6/25/2022	NATIONALS (2022) - Lebanon, PA
CONTINENTAL TO BELT	13	F	35	100	Monk, Elizabeth	1/11/2007	Eastern Open Postal Meet
CONTINENTAL TO BELT	13	F	40	65	Todd, Phoebe	9/30/2019	POSTAL (2019) - Q3
CONTINENTAL TO BELT	13	F	45	65	Jobe, Gabby	3/30/2012	2012 Eastern Postal
CONTINENTAL TO BELT	13	F	50	55	Todd, Phoebe	9/30/2020	POSTAL (2020) - Q3
CONTINENTAL TO BELT	13	F	60	80	Todd, Phoebe	6/30/2023	POSTAL (2023) - Q2
CONTINENTAL TO BELT	13	F	65	110	Todd, Lillian	6/30/2023	POSTAL (2023) - Q2
CONTINENTAL TO BELT	13	F	80	95	Griffis, Kirstie	12/5/2005	Monday Night Mayhem
CONTINENTAL TO BELT	14	F	65	100	Todd, Phoebe	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	14	F	75	145	Todd, Lillian	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	14	F	80	176	Myers, Molly	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	40	F	65	135	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	40	F	70	215	Skwarecki, Beth	6/25/2022	NATIONALS (2022) - Lebanon, PA
CONTINENTAL TO BELT	40	F	80	115	Guglielmo, Terry	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	40	F	85	180	Todd, Stacy	6/30/2023	POSTAL (2023) - Q2
CONTINENTAL TO BELT	40	F	90	170	Todd, Stacy	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	40	F	95	154	Hopps, Jessica	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	45	F	125+	135	McConnaughey, Mary	12/5/2005	Monday Night Mayhem
CONTINENTAL TO BELT	50	F	50	165	Jackson, RJ	9/30/2014	POSTAL (2014) - Q3
CONTINENTAL TO BELT	50	F	55	121	Phumchaona, Noi	3/7/1998	98 Buckeye Record Breaker
CONTINENTAL TO BELT	50	F	75	88	Schmidt, Kathy	10/12/2008	2008 Arts Birthday Bash
CONTINENTAL TO BELT	50	F	100	165	Sees, Susan	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	55	F	50	138	Jackson, RJ	10/6/2019	2019 Worlds - Abilene
CONTINENTAL TO BELT	55	F	55	132	Phumchaona, Noi	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	55	F	60	105	VanWagner, Kim	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	55	F	75	200	Ollennuking, Amorkor	9/30/2020	POSTAL (2020) - Q3
CONTINENTAL TO BELT	55	F	90	90	Lupo, Allison	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	55	F	95	150	Gore, Lisa	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	55	F	100	110	Lane, Colleen	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	60	F	50	151	Jackson, RJ	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	60	F	85	110	Thompson, Janet	9/30/2020	POSTAL (2020) - Q3
CONTINENTAL TO BELT	65	F	75	140	Thompson, Janet	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	ALL	F	30	27	Lansdown, Daphne	6/25/2022	NATIONALS (2022) - Lebanon, PA
CONTINENTAL TO BELT	ALL	F	35	100	Monk, Elizabeth	1/11/2007	Eastern Open Postal Meet
CONTINENTAL TO BELT	ALL	F	40	65	Todd, Phoebe	9/30/2019	POSTAL (2019) - Q3
CONTINENTAL TO BELT	ALL	F	45	65	Jobe, Gabby	3/30/2012	2012 Eastern Postal
CONTINENTAL TO BELT	ALL	F	50	165	Jackson, RJ	9/30/2014	POSTAL (2014) - Q3

USAWA Record List

CONTINENTAL TO BELT	ALL	F	55	154	Kraiger, Maryann	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	ALL	F	60	105	VanWagner, Kim	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	ALL	F	65	187	Skwarecki, Beth	10/6/2019	2019 Worlds - Abilene
CONTINENTAL TO BELT	ALL	F	70	231	Skwarecki, Beth	9/30/2020	POSTAL (2020) - Q3
CONTINENTAL TO BELT	ALL	F	75	200	Ollennuking, Amorkor	9/30/2020	POSTAL (2020) - Q3
CONTINENTAL TO BELT	ALL	F	80	176	Myers, Molly	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	ALL	F	85	180	Todd, Stacy	6/30/2023	POSTAL (2023) - Q2
CONTINENTAL TO BELT	ALL	F	90	170	Todd, Stacy	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	ALL	F	95	154	Hopps, Jessica	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	ALL	F	100	165	Sees, Susan	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	ALL	F	115	186	Jobe, Alison	8/18/2013	RD - Dino Days (2013)
CONTINENTAL TO BELT	ALL	F	125+	176	Goolsby, Carolyn	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	NAT	F	30	27	Lansdown, Daphne	6/25/2022	NATIONALS (2022) - Lebanon, PA
CONTINENTAL TO BELT	NAT	F	55	110	Guaret, Maria	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	NAT	F	65	135	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	NAT	F	70	215	Skwarecki, Beth	6/25/2022	NATIONALS (2022) - Lebanon, PA
CONTINENTAL TO BELT	NAT	F	80	176	Myers, Molly	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	NAT	F	100	165	Sees, Susan	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	13	M	35	60	Wenzel, Logan	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	13	M	45	65	Todd, Leroy	6/30/2023	POSTAL (2023) - Q2
CONTINENTAL TO BELT	13	M	50	85	Todd, Everett	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	13	M	55	101	Todd, Everett	5/31/2025	Ledaig Record Day - Topeka, KS
CONTINENTAL TO BELT	13	M	65	143	Monk, Joshua	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	13	M	75	215	Ciavattone, Joe Jr.	1/11/2007	Eastern Open Postal Meet
CONTINENTAL TO BELT	13	M	80	101	Lansdown, Ajax	6/30/2023	POSTAL (2023) - Q2
CONTINENTAL TO BELT	14	M	55	90	Hurley, Josh	12/5/2005	Monday Night Mayhem
CONTINENTAL TO BELT	14	M	60	155	Heit, Calvin	12/31/2016	POSTAL (2016) - Q4
CONTINENTAL TO BELT	14	M	65	143	Lestan, Eric	12/31/2018	POSTAL (2018) - Q4
CONTINENTAL TO BELT	14	M	70	132	Lestan, Eric	6/22/2019	NATIONALS (2019) - Lebanon, PA
CONTINENTAL TO BELT	14	M	75	159	Demille, Cale	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	14	M	85	245	Beck, Steve	1/11/2007	Eastern Open Postal Meet
CONTINENTAL TO BELT	14	M	90	176	Blockston, Jon	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	14	M	95	230	Calcote, Kyle	1/11/2007	Eastern Open Postal Meet
CONTINENTAL TO BELT	14	M	125+	220	Hess, Kohl	3/31/2010	2010 Eastern Open Postal
CONTINENTAL TO BELT	16	M	60	145	Wenzel, Spencer	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	16	M	75	250	Demille, Cale	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	16	M	90	248	Ciavattone, Joe Jr.	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
CONTINENTAL TO BELT	16	M	95	209	Habecker, Aidan	9/30/2019	POSTAL (2019) - Q3
CONTINENTAL TO BELT	16	M	100	350	Ciavattone, Joe Jr.	3/31/2010	2010 Eastern Open Postal
CONTINENTAL TO BELT	16	M	105	264	Habecker, Aidan	9/30/2020	POSTAL (2020) - Q3
CONTINENTAL TO BELT	18	M	60	225	Achenbach, Justin	1/11/2007	Eastern Open Postal Meet
CONTINENTAL TO BELT	18	M	75	120	Market, Tim	6/21/2025	Women's Only Meet, Columbia, MO

USAWA Record List

CONTINENTAL TO BELT	18	M	80	287	Vernacchio, S.J.	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	18	M	100	298	Cirafesi, Ralph	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	40	M	70	364	Waterman, Chris	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	40	M	80	452	Hirsh, Bob	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	40	M	85	345	Smith, Abe	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	40	M	90	284	Strangeway, John	12/31/2018	POSTAL (2018) - Q4
CONTINENTAL TO BELT	40	M	95	365	Strangeway, John	9/30/2020	POSTAL (2020) - Q3
CONTINENTAL TO BELT	40	M	100	345	Strangeway, John	9/30/2019	POSTAL (2019) - Q3
CONTINENTAL TO BELT	40	M	105	385	Silvestri, Larry	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	40	M	110	435	Goviannini, Jim	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	40	M	115	501	Ullom, Chad	3/30/2012	2012 Eastern Postal
CONTINENTAL TO BELT	40	M	120	440	Ullom, Chad	2/9/2014	RD - Dino Gym '14
CONTINENTAL TO BELT	40	M	125	402	Ciavattone, Frank	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	40	M	125+	353	Toth, Kenny	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	45	M	65	265	Pensyl, Barry	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	45	M	75	175	Gorman, Tom	5/19/2001	2001 Powerzone Challenge
CONTINENTAL TO BELT	45	M	80	300	Hirsh, Bob	11/23/2003	2003 Jump Stretch Record
CONTINENTAL TO BELT	45	M	90	335	Smith, Randy	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	45	M	100	350	Schock, Ed	5/19/2001	2001 Powerzone Challenge
CONTINENTAL TO BELT	45	M	105	408	Ullom, Chad	10/6/2019	2019 Worlds - Abilene
CONTINENTAL TO BELT	45	M	110	413	Schmidt, Scott	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	45	M	115	440	Ullom, Chad	12/31/2016	POSTAL (2016) - Q4
CONTINENTAL TO BELT	45	M	120	400	Schmidt, Scott	12/17/2000	Record Day
CONTINENTAL TO BELT	45	M	125	425	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	45	M	125+	375	Van Vleck, Thom	7/31/2011	2011 Ledaig Record Breaker
CONTINENTAL TO BELT	50	M	75	200	Marchand, Wade	9/30/2020	POSTAL (2020) - Q3
CONTINENTAL TO BELT	50	M	85	314	Habecker, Denny	9/12/1997	RD -New England Record Breakers
CONTINENTAL TO BELT	50	M	90	335	Smith, Randy	1/11/2007	Eastern Open Postal Meet
CONTINENTAL TO BELT	50	M	95	225	Gupta, Sanjiv	10/5/2024	IAWA WORLD CHAMPIONSHIPS (2024) - England, UK
CONTINENTAL TO BELT	50	M	100	400	Schock, Ed	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	50	M	105	386	Myers, Al	6/22/2019	NATIONALS (2019) - Lebanon, PA
CONTINENTAL TO BELT	50	M	110	360	Myers, Al	9/30/2019	POSTAL (2019) - Q3
CONTINENTAL TO BELT	50	M	115	375	Schmidt, Scott	3/3/2001	2001 Buckeye Record Day
CONTINENTAL TO BELT	50	M	125	242	Morrison, Rocky	12/31/2016	POSTAL (2016) - Q4
CONTINENTAL TO BELT	50	M	125+	275	Foster, Lance	10/6/2019	2019 Worlds - Abilene
CONTINENTAL TO BELT	55	M	75	176	Marchand, Wade	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	55	M	80	320	Habecker, Denny	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	55	M	85	309	Habecker, Denny	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	55	M	90	308	Smith, Randy	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	55	M	95	270	Blockston, Larry	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	55	M	100	270	Vernacchio, John	5/17/1996	RD - Valley Forge
CONTINENTAL TO BELT	55	M	105	275	Wilmot, John	6/5/2004	NATIONALS (2004) - Lansdale, PA

USAWA Record List

CONTINENTAL TO BELT	55	M	110	310	Lupo, Tony	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	55	M	115	474	Malloy, Jim	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	55	M	120	330	Schmidt, Scott	10/11/2009	2009 Art's Birthday Bash
CONTINENTAL TO BELT	55	M	125+	353	Douglas, John	10/6/2019	2019 Worlds - Abilene
CONTINENTAL TO BELT	60	M	75	143	Friesz, Dale	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	60	M	80	220	DeForest, Dave	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	60	M	85	300	Habecker, Denny	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	60	M	90	314	Habecker, Denny	9/29/2002	2002 Team Match
CONTINENTAL TO BELT	60	M	95	286	Locondro, Mike	12/14/2024	2024 Memorial Record Day
CONTINENTAL TO BELT	60	M	100	300	Carter, John	9/30/2020	POSTAL (2020) - Q3
CONTINENTAL TO BELT	60	M	110	242	Schmidt, Scott	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	60	M	120	225	Geib, Bob	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	60	M	125+	253	Ciavattone, Frank	10/6/2019	2019 Worlds - Abilene
CONTINENTAL TO BELT	65	M	70	176	Pensyl, Barry	12/31/2016	POSTAL (2016) - Q4
CONTINENTAL TO BELT	65	M	75	220	Mitchell, Dennis	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	65	M	85	275	Habecker, Denny	10/2/2010	2010 Worlds - Glasgow
CONTINENTAL TO BELT	65	M	90	295	Smith, Randy	6/30/2023	POSTAL (2023) - Q2
CONTINENTAL TO BELT	65	M	110	165	Licini, Jerome	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
CONTINENTAL TO BELT	65	M	125+	353	Ciavattone, Frank	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	70	M	65	176	Pensyl, Barry	6/25/2022	NATIONALS (2022) - Lebanon, PA
CONTINENTAL TO BELT	70	M	70	206	Pensyl, Barry	9/30/2019	POSTAL (2019) - Q3
CONTINENTAL TO BELT	70	M	75	223	Mitchell, Dennis	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	70	M	80	287	Montini, Art	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	70	M	85	286	Habecker, Denny	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	70	M	90	281	Durante, Richard	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	70	M	95	314	Prechtel, Howard	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	70	M	105	209	Myers, LaVerne	12/31/2018	POSTAL (2018) - Q4
CONTINENTAL TO BELT	70	M	110	220	Myers, LaVerne	12/31/2016	POSTAL (2016) - Q4
CONTINENTAL TO BELT	70	M	115	198	Ross, Dean	12/31/2016	POSTAL (2016) - Q4
CONTINENTAL TO BELT	70	M	120	300	Ciavattone, Frank	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
CONTINENTAL TO BELT	75	M	65	200	Amendalaro, Joe	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	75	M	75	220	DeSanto, Dominic	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
CONTINENTAL TO BELT	75	M	80	198	Cox, Bob	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	75	M	85	237	Habecker, Denny	10/6/2019	2019 Worlds - Abilene
CONTINENTAL TO BELT	75	M	90	243	Habecker, Denny	12/31/2018	POSTAL (2018) - Q4
CONTINENTAL TO BELT	75	M	95	220	Prechtel, Howard	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	75	M	100	155	Myers, LaVerne	2/11/2023	GRIP CHAMPIONSHIPS
CONTINENTAL TO BELT	75	M	105	231	Myers, LaVerne	10/6/2019	2019 Worlds - Abilene
CONTINENTAL TO BELT	75	M	110	180	Ross, Dean	9/30/2019	POSTAL (2019) - Q3
CONTINENTAL TO BELT	75	M	115	187	Ross, Dean	12/31/2018	POSTAL (2018) - Q4
CONTINENTAL TO BELT	80	M	70	115	Mitchell, Dennis	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	80	M	80	187	Habecker, Denny	10/5/2024	IAWA WORLD CHAMPIONSHIPS (2024) - England, UK

USAWA Record List

CONTINENTAL TO BELT	80	M	85	192	Habecker, Denny	12/17/2022	Memorial Record Day
CONTINENTAL TO BELT	80	M	90	150	Dorylis, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	80	M	100	148	Eberhardinger, Paul	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	85	M	65	135	Mitchell, Dennis	6/30/2023	POSTAL (2023) - Q2
CONTINENTAL TO BELT	85	M	80	132	Montini, Art	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	85	M	95	120	Clark, Bill	9/30/2020	POSTAL (2020) - Q3
CONTINENTAL TO BELT	90	M	95	100	Clark, Bill	6/30/2023	POSTAL (2023) - Q2
CONTINENTAL TO BELT	ALL	M	35	60	Wenzel, Logan	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	ALL	M	45	65	Todd, Leroy	6/30/2023	POSTAL (2023) - Q2
CONTINENTAL TO BELT	ALL	M	50	85	Todd, Everett	8/31/2024	2024 IAWA World Postal Championship
CONTINENTAL TO BELT	ALL	M	60	225	Achenbach, Justin	1/11/2007	Eastern Open Postal Meet
CONTINENTAL TO BELT	ALL	M	65	265	Pensyl, Barry	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	ALL	M	70	365	Monk, John	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	ALL	M	75	369	Aldan, Brandon	9/21/2002	2002 IAWA Championships
CONTINENTAL TO BELT	ALL	M	80	452	Hirsh, Bob	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	ALL	M	85	375	Wagman, Dan	12/31/2016	POSTAL (2016) - Q4
CONTINENTAL TO BELT	ALL	M	90	364	Clayton, Don	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	ALL	M	95	441	Moore, Drue	10/18/1997	97 IAWA - Collegeville
CONTINENTAL TO BELT	ALL	M	100	408	Ullom, Chad	10/4/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
CONTINENTAL TO BELT	ALL	M	105	450	Jobe, Jesse	3/30/2012	2012 Eastern Postal
CONTINENTAL TO BELT	ALL	M	110	513	Jobe, Jesse	8/18/2013	RD - Dino Days (2013)
CONTINENTAL TO BELT	ALL	M	115	501	Ullom, Chad	3/30/2012	2012 Eastern Postal
CONTINENTAL TO BELT	ALL	M	120	440	Ullom, Chad	2/9/2014	RD - Dino Gym '14
CONTINENTAL TO BELT	ALL	M	125	425	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	ALL	M	125+	442	Lestan, Chris	10/6/2019	2019 Worlds - Abilene
CONTINENTAL TO BELT	NAT	M	65	200	Amendalaro, Joe	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	NAT	M	70	350	Monk, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	NAT	M	75	250	Demille, Cale	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	NAT	M	80	190	Friesz, Dale	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	NAT	M	85	300	Habecker, Denny	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	NAT	M	90	308	Smith, Randy	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	NAT	M	95	270	Blockston, Larry	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	NAT	M	100	400	Schock, Ed	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	NAT	M	105	396	Myers, Al	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	NAT	M	110	405	Spayd, Bill	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	NAT	M	115	440	Ullom, Chad	6/29/2013	NATIONALS (2013) - Lebanon, PA
CONTINENTAL TO BELT	NAT	M	120	225	Geib, Bob	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	NAT	M	125	425	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
CONTINENTAL TO BELT	NAT	M	125+	154	Ciavattone, Frank	6/22/2019	NATIONALS (2019) - Lebanon, PA
CONTINENTAL TO CHEST	13	F	40	95	Wilson, Janay	2/12/2006	RD - Dino Gym (2006)
CONTINENTAL TO CHEST	13	F	45	90	Harris, Emily	2/12/2006	RD - Dino Gym (2006)
CONTINENTAL TO CHEST	13	F	50	110	Wilson, Janay	2/10/2007	RD - Dino Gym (2007)

USAWA Record List

CONTINENTAL TO CHEST	13	F	60	121	Myers, Katie	2/10/2007	RD - Dino Gym (2007)
CONTINENTAL TO CHEST	40	F	50	99	Hughes, Suree	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	40	F	65	121	Wooten, Chris	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	40	F	105	154	Jones, Joanna	7/13/2019	2019 Schmidt's RD
CONTINENTAL TO CHEST	45	F	45	110	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	45	F	50	105	Phumchaona, Noi	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	50	F	55	110	Phumchaona, Noi	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	50	F	60	83	Burchette, Jeanne	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	55	F	60	104	Phumchaona, Noi	3/4/2000	2000 Buckeye Record Break
CONTINENTAL TO CHEST	55	F	75	80	Kahn, Helen	9/30/2010	2010 Delaware Postal
CONTINENTAL TO CHEST	55	F	90	47	Lupo, Allison	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CONTINENTAL TO CHEST	75	F	75	38	Habecker, Judy	8/31/2016	POSTAL (2016) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST	ALL	F	40	95	Wilson, Janay	2/12/2006	RD - Dino Gym (2006)
CONTINENTAL TO CHEST	ALL	F	45	110	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	ALL	F	55	110	Phumchaona, Noi	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	ALL	F	60	149	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
CONTINENTAL TO CHEST	ALL	F	65	176	Caron, Jacqueline	9/13/1992	92 IAWA - England
CONTINENTAL TO CHEST	ALL	F	70	132	DeLaRosa, Doris	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
CONTINENTAL TO CHEST	ALL	F	75	80	Kahn, Helen	9/30/2010	2010 Delaware Postal
CONTINENTAL TO CHEST	ALL	F	80	121	Ciavattone, Cara	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	ALL	F	90	47	Lupo, Allison	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CONTINENTAL TO CHEST	ALL	F	95	121	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	ALL	F	100	110	Holter, Anna	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
CONTINENTAL TO CHEST	ALL	F	105	154	Jones, Joanna	7/13/2019	2019 Schmidt's RD
CONTINENTAL TO CHEST	NAT	F	45	110	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	NAT	F	50	104	Phumchaona, Noi	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	NAT	F	55	110	Phumchaona, Noi	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	NAT	F	60	104	Burchette, Jeanne	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	NAT	F	65	121	Wooten, Chris	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	NAT	F	70	110	Garcia, Cindy	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	NAT	F	80	121	Ciavattone, Cara	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	NAT	F	95	121	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	13	M	30	50	LaPointe, Jackson	10/16/2016	2016 Art's Birthday Bash
CONTINENTAL TO CHEST	13	M	35	44	Geib, Adam	10/8/1994	94 IAWA - England
CONTINENTAL TO CHEST	13	M	40	75	Schmidt, Jeremiah	12/9/1990	Columbia, MO.
CONTINENTAL TO CHEST	13	M	55	105	McKean, Robbie	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	13	M	60	121	Karhan, Steve	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
CONTINENTAL TO CHEST	13	M	70	116	McKean, Sean	10/16/1994	94 U.S. Inlands
CONTINENTAL TO CHEST	13	M	80	75	Carter, Jason	12/9/1990	Columbia, MO.
CONTINENTAL TO CHEST	14	M	55	110	Shuba, Frank Jr.	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	14	M	65	116	Schmidt, Alan	10/10/1993	U.S. Inlands
CONTINENTAL TO CHEST	14	M	70	116	Habecker, Aidan	8/5/2017	PRESIDENTIAL CUP (2017)

USAWA Record List

CONTINENTAL TO CHEST	14	M	80	209	Vernacchio, S.J.	5/11/1994	94 Intercontinental Meet
CONTINENTAL TO CHEST	14	M	85	154	Kelsey, John	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
CONTINENTAL TO CHEST	14	M	90	185	Ciavattone, Joe Jr.	12/31/2008	2008 National Postal
CONTINENTAL TO CHEST	16	M	75	149	Kennedy, Tim	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	16	M	90	220	Ciavattone, Jeff	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	16	M	125+	198	Hess, Kohl	9/30/2010	2010 Delaware Postal
CONTINENTAL TO CHEST	18	M	75	100	Market, Tim	6/21/2025	Women's Only Meet, Columbia, MO
CONTINENTAL TO CHEST	40	M	60	204	McKean, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	40	M	65	226	Pensyl, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	40	M	70	325	Waterman, Chris	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	40	M	75	287	Hirsh, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	40	M	80	205	Monk, John	12/31/2008	2008 National Postal
CONTINENTAL TO CHEST	40	M	85	237	Waple, John	2/26/1994	94 Buckeye Record Breaker
CONTINENTAL TO CHEST	40	M	90	265	English, Robert	10/10/1993	U.S. Inlands
CONTINENTAL TO CHEST	40	M	100	231	Wilmot, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	40	M	105	270	Karhan, Bob	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	40	M	110	298	Myers, Al	2/10/2008	RD - Dino Gym (2008)
CONTINENTAL TO CHEST	40	M	115	320	Myers, Al	12/31/2008	2008 National Postal
CONTINENTAL TO CHEST	40	M	120	325	Myers, Al	8/31/2010	Straight Weight Postal
CONTINENTAL TO CHEST	40	M	125	220	Ciavattone, Frank	10/8/1994	94 IAWA - England
CONTINENTAL TO CHEST	40	M	125+	335	O'Brien, John	8/31/2010	Straight Weight Postal
CONTINENTAL TO CHEST	45	M	65	209	Pensyl, Barry	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	45	M	70	243	Waterman, Chris	3/4/2000	2000 Buckeye Record Break
CONTINENTAL TO CHEST	45	M	80	231	Hirsh, Bob	5/10/2003	2003 Buckeye Record Break
CONTINENTAL TO CHEST	45	M	85	110	Habecker, Denny	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	45	M	90	170	Harris, Phil	9/5/1997	97 Australia - Clark Meet
CONTINENTAL TO CHEST	45	M	95	231	DiCiccio, Bill	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	45	M	100	220	Cookson, Bill	9/30/2010	2010 Delaware Postal
CONTINENTAL TO CHEST	45	M	105	255	Barnett, Orie	12/31/2008	2008 National Postal
CONTINENTAL TO CHEST	45	M	115	226	Geib, Bob	9/13/1992	92 IAWA - England
CONTINENTAL TO CHEST	45	M	120	254	Karhan, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	45	M	125+	315	Van Vleck, Thom	8/31/2010	Straight Weight Postal
CONTINENTAL TO CHEST	50	M	70	138	Quier, Ed	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	50	M	80	209	Habecker, Denny	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	50	M	85	220	Habecker, Denny	5/11/1994	94 Intercontinental Meet
CONTINENTAL TO CHEST	50	M	90	248	DiCiccio, Bill	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	50	M	95	220	Vernacchio, John	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
CONTINENTAL TO CHEST	50	M	100	165	Gupta, Sanjiv	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
CONTINENTAL TO CHEST	50	M	105	220	Myers, Al	8/31/2016	POSTAL (2016) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST	50	M	110	201	Wenzel, Jeff	6/21/2025	Women's Only Meet, Columbia, MO
CONTINENTAL TO CHEST	50	M	115	303	Malloy, Jim	10/10/1993	U.S. Inlands
CONTINENTAL TO CHEST	50	M	125+	226	Drybread, Bill	6/26/1989	NATIONALS (1989) - Plymouth, PA

USAWA Record List

CONTINENTAL TO CHEST	55	M	80	182	Mitchell, Dennis	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	55	M	85	231	Gonzalez, Gonzalo	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	55	M	90	204	Vernacchio, John	9/13/1992	92 IAWA - England
CONTINENTAL TO CHEST	55	M	95	210	Garcia, Joe	10/29/2010	2010 JWC Record Breakers
CONTINENTAL TO CHEST	55	M	100	176	Vernacchio, John	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	55	M	110	135	Lupo, Tony	3/22/2025	Great American Bench Press Meet, Buffville, KY
CONTINENTAL TO CHEST	55	M	115	137	Lupo, Tony	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CONTINENTAL TO CHEST	55	M	125+	121	Lawrence, Jim	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	60	M	75	198	Montini, Art	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	60	M	80	165	Mitchell, Dennis	10/10/1993	U.S. Inlands
CONTINENTAL TO CHEST	60	M	85	176	Mitchell, Dennis	9/13/1992	92 IAWA - England
CONTINENTAL TO CHEST	60	M	100	185	Garcia, Joe	11/8/2014	2014 Clarks RD
CONTINENTAL TO CHEST	60	M	105	220	Prechtel, Howard	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
CONTINENTAL TO CHEST	60	M	110	159	Schmidt, Scott	10/15/2017	2017 Art's Birthday Bash
CONTINENTAL TO CHEST	60	M	120	220	Malloy, Jim	10/13/2002	2002 Art's Birthday Bash
CONTINENTAL TO CHEST	60	M	125+	44	Ciavattone, Frank	8/31/2016	POSTAL (2016) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST	65	M	75	154	Stark, Robert	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	65	M	80	198	Montini, Art	10/10/1993	U.S. Inlands
CONTINENTAL TO CHEST	65	M	85	150	DeForest, Dave	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CONTINENTAL TO CHEST	65	M	90	149	Schubert, John	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	65	M	95	193	Monahan, Rex	9/13/1992	92 IAWA - England
CONTINENTAL TO CHEST	65	M	100	220	Prechtel, Howard	10/10/1993	U.S. Inlands
CONTINENTAL TO CHEST	65	M	105	231	Prechtel, Howard	9/13/1992	92 IAWA - England
CONTINENTAL TO CHEST	65	M	110	204	Prechtel, Howard	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	65	M	115	210	Malloy, Jim	10/14/2007	2007 Art's Birthday Bash
CONTINENTAL TO CHEST	65	M	125+	160	Harris, Buck	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	70	M	80	149	Cox, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	70	M	85	154	Montini, Art	10/15/2000	2000 Art's Birthday Bash
CONTINENTAL TO CHEST	70	M	90	159	Monahan, Rex	10/8/1994	94 IAWA - England
CONTINENTAL TO CHEST	70	M	95	120	Spiegelberg, Bruce	12/31/2008	2008 National Postal
CONTINENTAL TO CHEST	70	M	100	214	Prechtel, Howard	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	70	M	110	143	Myers, LaVerne	10/8/2016	2016 Worlds - Lebanon, PA
CONTINENTAL TO CHEST	70	M	115	132	Ross, Dean	10/8/2016	2016 Worlds - Lebanon, PA
CONTINENTAL TO CHEST	80	M	70	71	Mitchell, Dennis	10/8/2016	2016 Worlds - Lebanon, PA
CONTINENTAL TO CHEST	85	M	80	66	Montini, Art	10/8/2016	2016 Worlds - Lebanon, PA
CONTINENTAL TO CHEST	ALL	M	60	204	McKean, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	ALL	M	65	309	Pearce, Brent	11/8/1987	Wichita, Ks.
CONTINENTAL TO CHEST	ALL	M	70	325	Waterman, Chris	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	ALL	M	75	287	Hirsh, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	ALL	M	80	276	Haley, Bob	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	ALL	M	85	353	Bryan, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	ALL	M	90	380	Anderson, Phil	6/26/1989	NATIONALS (1989) - Plymouth, PA

USAWA Record List

CONTINENTAL TO CHEST	ALL	M	95	308	Bufalini, Jim	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	ALL	M	100	331	Venterosa, Don	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	ALL	M	105	352	Ullom, Chad	12/31/2008	2008 National Postal
CONTINENTAL TO CHEST	ALL	M	110	350	Todd, Eric	12/31/2008	2008 National Postal
CONTINENTAL TO CHEST	ALL	M	115	320	Myers, Al	12/31/2008	2008 National Postal
CONTINENTAL TO CHEST	ALL	M	120	331	Moore, Bob	9/13/1992	92 IAWA - England
CONTINENTAL TO CHEST	ALL	M	125	314	Ciavattone, Frank	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	ALL	M	125+	385	Conner, John	8/31/2010	Straight Weight Postal
CONTINENTAL TO CHEST	NAT	M	60	204	McKean, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	NAT	M	65	225	Pensyl, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	NAT	M	70	325	Waterman, Chris	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	NAT	M	75	287	Hirsh, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	NAT	M	80	276	Haley, Bob	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	NAT	M	85	353	Bryan, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	NAT	M	90	380	Anderson, Phil	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	NAT	M	95	308	Bufalini, Jim	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	NAT	M	100	331	Venterosa, Don	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	NAT	M	105	303	Ciavattone, Joe Sr.	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	NAT	M	110	203	Prechtel, Howard	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST	NAT	M	115	298	Malloy, Jim	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	NAT	M	120	254	Karhan, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
CONTINENTAL TO CHEST	NAT	M	125	314	Ciavattone, Frank	6/26/1989	NATIONALS (1989) - Plymouth, PA
CONTINENTAL TO CHEST	NAT	M	125+	352	Ciavattone, Frank	7/16/1990	NATIONALS (1990) - Akron, OH
CONTINENTAL TO CHEST & JERK	13	F	40	75	Wilson, Janay	2/12/2006	RD - Dino Gym (2006)
CONTINENTAL TO CHEST & JERK	13	F	45	75	Myers, Katie	2/20/2005	RD - Dino Gym (2005)
CONTINENTAL TO CHEST & JERK	13	F	50	100	Wilson, Janay	2/10/2007	RD - Dino Gym (2007)
CONTINENTAL TO CHEST & JERK	13	F	55	100	Harris, Emily	2/10/2007	RD - Dino Gym (2007)
CONTINENTAL TO CHEST & JERK	13	F	60	110	Myers, Katie	2/10/2007	RD - Dino Gym (2007)
CONTINENTAL TO CHEST & JERK	13	F	70	65	Griffis, Kirstie	7/23/2005	Bulldog Record Day
CONTINENTAL TO CHEST & JERK	14	F	60	120	Hartman, Lindsey	7/1/2001	2001 Old Settlers Classic
CONTINENTAL TO CHEST & JERK	14	F	65	120	Jaeschke, Sara	9/18/2003	2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	14	F	70	85	Todd, Lillian	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	14	F	75	90	Goodner, Jamie	7/1/2001	2001 Old Settlers Classic
CONTINENTAL TO CHEST & JERK	16	F	55	90	Drake, Jessica	7/1/2001	2001 Old Settlers Classic
CONTINENTAL TO CHEST & JERK	16	F	65	125	Deaver, Marcy	7/1/2001	2001 Old Settlers Classic
CONTINENTAL TO CHEST & JERK	18	F	50	45	Hall, Lisa	9/18/2003	2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	40	F	55	99	Hughes, Suree	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	40	F	65	65	Springs, Deanna	2/6/1993	ZERCHER STRENGTH CLASSIC (1993)
CONTINENTAL TO CHEST & JERK	40	F	70	154	Skwarecki, Beth	10/2/2022	World Championships
CONTINENTAL TO CHEST & JERK	40	F	75	75	Springs, Deanna	2/5/1995	ZERCHER STRENGTH CLASSIC (1995)
CONTINENTAL TO CHEST & JERK	40	F	85	100	Todd, Stacy	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	40	F	125+	116	McConnaughey, Mary	9/18/2003	2003 IAWA Postal Meet

USAWA Record List

CONTINENTAL TO CHEST & JERK	45	F	50	99	Phumchaona, Noi	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	45	F	55	101	Phumchaona, Noi	3/6/1993	93 Winterfest
CONTINENTAL TO CHEST & JERK	45	F	125+	125	McConnaughey, Mary	7/23/2005	Bulldog Record Day
CONTINENTAL TO CHEST & JERK	50	F	55	90	Phumchaona, Noi	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	50	F	100	88	Sees, Susan	9/27/2014	2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	55	F	55	94	Phumchaona, Noi	10/9/1999	99 IAWA Worlds -Australia
CONTINENTAL TO CHEST & JERK	55	F	60	75	VanWagner, Kim	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CONTINENTAL TO CHEST & JERK	55	F	90	45	Lupo, Allison	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	55	F	95	66	Lane, Colleen	9/27/2014	2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	55	F	100	75	Lane, Colleen	7/31/2013	POSTAL (2013) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	65	F	75	30	Thompson, Janet	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	ALL	F	40	75	Wilson, Janay	2/12/2006	RD - Dino Gym (2006)
CONTINENTAL TO CHEST & JERK	ALL	F	45	75	Myers, Katie	2/20/2005	RD - Dino Gym (2005)
CONTINENTAL TO CHEST & JERK	ALL	F	50	100	Wilson, Janay	2/10/2007	RD - Dino Gym (2007)
CONTINENTAL TO CHEST & JERK	ALL	F	55	101	Phumchaona, Noi	3/6/1993	93 Winterfest
CONTINENTAL TO CHEST & JERK	ALL	F	60	120	Hartman, Lindsey	7/1/2001	2001 Old Settlers Classic
CONTINENTAL TO CHEST & JERK	ALL	F	65	125	Deaver, Marcy	7/1/2001	2001 Old Settlers Classic
CONTINENTAL TO CHEST & JERK	ALL	F	70	154	Skwarecki, Beth	10/2/2022	World Championships
CONTINENTAL TO CHEST & JERK	ALL	F	75	115	Clark, Kerry	2/6/1993	ZERCHER STRENGTH CLASSIC (1993)
CONTINENTAL TO CHEST & JERK	ALL	F	80	200	Ollennuking, Amorkor	2/4/1996	ZERCHER STRENGTH CLASSIC (1996)
CONTINENTAL TO CHEST & JERK	ALL	F	85	100	Todd, Stacy	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	ALL	F	90	45	Lupo, Allison	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	ALL	F	95	88	Hopps, Jessica	9/27/2014	2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	ALL	F	100	88	Sees, Susan	9/27/2014	2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	ALL	F	125+	125	McConnaughey, Mary	7/23/2005	Bulldog Record Day
CONTINENTAL TO CHEST & JERK	NAT	F	55	90	Phumchaona, Noi	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	NAT	F	80	100	Clark, Kerry	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	13	M	30	44	Montini, Rocco	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	13	M	35	55	Geib, Adam	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	13	M	40	60	Triatti, Matt	9/27/2014	2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	13	M	45	55	Schmidt, Jeremiah	11/18/1992	Columbia, MO.
CONTINENTAL TO CHEST & JERK	13	M	50	35	Todd, Leroy	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	13	M	55	88	Monk, Joshua	6/1/2002	2002 IAWA Postal
CONTINENTAL TO CHEST & JERK	13	M	65	143	Vernacchio, S.J.	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	13	M	70	99	McKean, Robbie	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	14	M	75	116	Demille, Cale	6/1/2002	2002 IAWA Postal
CONTINENTAL TO CHEST & JERK	14	M	80	171	Vernacchio, S.J.	12/10/1994	Team Match
CONTINENTAL TO CHEST & JERK	14	M	95	135	Calcote, Kyle	1/19/2008	ZERCHER STRENGTH CLASSIC (2008)
CONTINENTAL TO CHEST & JERK	14	M	110	95	Bremer, Matt	11/18/1992	Columbia, MO.
CONTINENTAL TO CHEST & JERK	16	M	60	100	Wenzel, Spencer	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	16	M	65	105	Butters, Maverick	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	16	M	70	175	Jaeschke, Jon	9/18/2003	2003 IAWA Postal Meet

USAWA Record List

CONTINENTAL TO CHEST & JERK	16	M	75	95	Hartwig, Jason	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
CONTINENTAL TO CHEST & JERK	16	M	85	234	Holcomb, Seth	9/18/2003	2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	16	M	90	187	Riley, Ed Jr.	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	16	M	95	170	Heater, Lewis	1/31/2009	ZERCHER STRENGTH CLASSIC (2009)
CONTINENTAL TO CHEST & JERK	16	M	105	209	Reel, Ian	2/20/2005	RD - Dino Gym (2005)
CONTINENTAL TO CHEST & JERK	16	M	125	175	Hess, Kohl	10/17/2010	2010 Art's Birthday Bash
CONTINENTAL TO CHEST & JERK	16	M	125+	198	Hess, Kohl	6/30/2011	2011 Middle Atlantic Postal
CONTINENTAL TO CHEST & JERK	40	M	65	231	Pensyl, Barry	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	40	M	70	260	Waterman, Chris	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	40	M	75	243	Waterman, Chris	3/7/1998	98 Buckeye Record Breaker
CONTINENTAL TO CHEST & JERK	40	M	85	309	Julius, John	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
CONTINENTAL TO CHEST & JERK	40	M	95	231	Montini, Paul	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	40	M	100	204	Wilmot, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	40	M	110	243	Karhan, Bob	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	40	M	115	297	Ullom, Chad	9/27/2014	2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	40	M	120	292	Ullom, Chad	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
CONTINENTAL TO CHEST & JERK	40	M	125+	287	Mitchell, Mark	9/18/2003	2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	45	M	60	160	McKean, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	45	M	75	198	LaPointe, Roger	10/16/2016	2016 Art's Birthday Bash
CONTINENTAL TO CHEST & JERK	45	M	85	150	Springs, Al	1/19/1992	ZERCHER STRENGTH CLASSIC (1992)
CONTINENTAL TO CHEST & JERK	45	M	90	185	Smith, Randy	9/18/2003	2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	45	M	100	250	Sisk, Ron	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	45	M	105	155	Wenzel, Jeff	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	45	M	110	265	Schmidt, Scott	3/7/1998	98 Buckeye Record Breaker
CONTINENTAL TO CHEST & JERK	45	M	115	297	Myers, Al	11/19/2011	2011 Worlds - Perth
CONTINENTAL TO CHEST & JERK	45	M	125+	215	Ryan, Tom	2/6/1993	ZERCHER STRENGTH CLASSIC (1993)
CONTINENTAL TO CHEST & JERK	50	M	75	205	Habecker, Denny	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	50	M	80	245	Caron, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	50	M	85	260	Caron, Joe	2/4/1996	ZERCHER STRENGTH CLASSIC (1996)
CONTINENTAL TO CHEST & JERK	50	M	90	145	Gupta, Sanjiv	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	50	M	95	209	Vernacchio, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	50	M	100	254	Schock, Ed	9/18/2003	2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	50	M	105	281	Malloy, Jim	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	50	M	110	300	Malloy, Jim	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	50	M	115	65	Geib, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	50	M	125+	225	McCoy, Joe	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
CONTINENTAL TO CHEST & JERK	55	M	80	143	Mitchell, Dennis	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	55	M	85	209	Gonzalez, Gonzalo	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	55	M	90	176	Habecker, Denny	6/1/2002	2002 IAWA Postal
CONTINENTAL TO CHEST & JERK	55	M	100	175	Garcia, Joe	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)
CONTINENTAL TO CHEST & JERK	55	M	110	185	Garcia, Joe	1/31/2009	ZERCHER STRENGTH CLASSIC (2009)
CONTINENTAL TO CHEST & JERK	55	M	115	150	Lupo, Tony	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO

USAWA Record List

CONTINENTAL TO CHEST & JERK	55	M	125	165	Hockemeyer, James	11/10/2004	Postal Meet
CONTINENTAL TO CHEST & JERK	60	M	75	165	Montini, Art	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	60	M	80	140	Mitchell, Dennis	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	60	M	85	120	DeForest, Dave	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CONTINENTAL TO CHEST & JERK	60	M	90	130	DeForest, Dave	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	60	M	95	187	Habecker, Denny	10/4/2003	2003 IAWA - Australia
CONTINENTAL TO CHEST & JERK	60	M	100	165	Garcia, Joe	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
CONTINENTAL TO CHEST & JERK	60	M	105	160	Woods, Jim	1/19/1992	ZERCHER STRENGTH CLASSIC (1992)
CONTINENTAL TO CHEST & JERK	60	M	110	55	Clark, Bill	2/5/1995	ZERCHER STRENGTH CLASSIC (1995)
CONTINENTAL TO CHEST & JERK	60	M	115	65	Clark, Bill	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	65	M	75	110	Mitchell, Dennis	10/9/1999	99 IAWA Worlds -Australia
CONTINENTAL TO CHEST & JERK	65	M	85	165	Bryan, Barry	8/5/2023	PRESIDENTIAL CUP (2023)
CONTINENTAL TO CHEST & JERK	65	M	90	149	Monahan, Rex	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	65	M	100	110	Bletscher, Rudy	9/18/2003	2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	65	M	105	204	Prechtel, Howard	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	65	M	110	132	Puzin, Carl	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	65	M	115	121	Larson, Nils	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	65	M	125	66	Ciavattone, Frank	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	65	M	125+	44	Ciavattone, Frank	10/2/2022	World Championships
CONTINENTAL TO CHEST & JERK	70	M	75	105	Mitchell, Dennis	9/18/2003	2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	70	M	80	140	Cox, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	70	M	85	142	Habecker, Denny	7/31/2013	POSTAL (2013) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	70	M	90	154	Habecker, Denny	9/27/2014	2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	70	M	95	135	Monahan, Rex	2/5/1995	ZERCHER STRENGTH CLASSIC (1995)
CONTINENTAL TO CHEST & JERK	70	M	105	190	Prechtel, Howard	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	70	M	110	95	Murdock, Mike	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)
CONTINENTAL TO CHEST & JERK	70	M	120	88	Geib, Bob	9/27/2014	2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	75	M	65	82	Pensyl, Barry	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	75	M	70	55	Mitchell, Dennis	11/19/2011	2011 Worlds - Perth
CONTINENTAL TO CHEST & JERK	75	M	80	105	Cox, Bob	9/18/2003	2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	75	M	90	132	Monahan, Rex	10/9/1999	99 IAWA Worlds -Australia
CONTINENTAL TO CHEST & JERK	75	M	105	165	Lano, Jack	10/9/1999	99 IAWA Worlds -Australia
CONTINENTAL TO CHEST & JERK	80	M	70	44	Mitchell, Dennis	9/27/2014	2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	80	M	80	88	Durante, Richard	9/27/2014	2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	80	M	85	99	Habecker, Denny	10/2/2022	World Championships
CONTINENTAL TO CHEST & JERK	80	M	90	82	Montini, Art	11/19/2011	2011 Worlds - Perth
CONTINENTAL TO CHEST & JERK	85	M	80	66	Montini, Art	9/27/2014	2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	90	M	95	30	Clark, Bill	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	ALL	M	50	35	Todd, Leroy	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
CONTINENTAL TO CHEST & JERK	ALL	M	60	160	McKean, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	ALL	M	65	231	Pensyl, Barry	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	ALL	M	70	287	Waterman, Chris	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA

USAWA Record List

CONTINENTAL TO CHEST & JERK	ALL	M	75	265	Smith, Abe	11/10/2004	Postal Meet
CONTINENTAL TO CHEST & JERK	ALL	M	80	245	Caron, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	ALL	M	85	320	Bryan, Barry	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	ALL	M	90	220	Goetsch, Troy	2/12/2012	RD - Dino Gym (2012)
CONTINENTAL TO CHEST & JERK	ALL	M	95	325	Shusta, Terry	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
CONTINENTAL TO CHEST & JERK	ALL	M	100	331	Venterosa, Don	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CONTINENTAL TO CHEST & JERK	ALL	M	105	369	Anderson, Phil	11/23/1991	Lakewood, Oh.
CONTINENTAL TO CHEST & JERK	ALL	M	110	300	Malloy, Jim	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	ALL	M	115	303	Ullom, Chad	11/19/2011	2011 Worlds - Perth
CONTINENTAL TO CHEST & JERK	ALL	M	120	325	Ullom, Chad	2/20/2005	RD - Dino Gym (2005)
CONTINENTAL TO CHEST & JERK	ALL	M	125	254	Ciavattone, Frank	10/9/1999	99 IAWA Worlds -Australia
CONTINENTAL TO CHEST & JERK	ALL	M	125+	298	Benzel, Bryan	2/12/2012	RD - Dino Gym (2012)
CONTINENTAL TO CHEST & JERK	NAT	M	65	150	Holden, Randy Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	NAT	M	70	260	Waterman, Chris	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	NAT	M	75	240	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	NAT	M	80	245	Caron, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	NAT	M	85	150	Friesz, Dale	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	NAT	M	90	170	Spry, Dale	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	NAT	M	95	215	Ostermann, Brian	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	NAT	M	100	250	Sisk, Ron	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	NAT	M	105	190	Prechtel, Howard	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	NAT	M	110	300	Malloy, Jim	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	NAT	M	115	65	Geib, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST & JERK	NAT	M	125+	225	McCoy, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
CONTINENTAL TO CHEST, FULTON	13	F	85	95	Griffis, Kirstie	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	14	F	80	100	Fritz, Misty	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	45	F	90	90	Sees, Susan	6/26/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	45	F	125+	130	McConnaughey, Mary	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	50	F	50	63	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
CONTINENTAL TO CHEST, FULTON	55	F	75	75	Kahn, Helen	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	ALL	F	50	63	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
CONTINENTAL TO CHEST, FULTON	ALL	F	65	85	Glasgow, Amber	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	ALL	F	75	75	Kahn, Helen	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	ALL	F	80	100	Fritz, Misty	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	ALL	F	85	95	Griffis, Kirstie	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	ALL	F	90	90	Sees, Susan	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	ALL	F	125+	130	McConnaughey, Mary	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	NAT	F	65	85	Glasgow, Amber	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	NAT	F	75	75	Kahn, Helen	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	NAT	F	90	90	Sees, Susan	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	14	M	70	145	Longbine, Kent	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	16	M	80	220	Ibrahim, Sammy	6/25/2011	NATIONALS (2011) - Kirksville, MO

USAWA Record List

CONTINENTAL TO CHEST, FULTON	40	M	120	200	Janzen, John	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	40	M	125+	340	O'Brien, John	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	45	M	75	154	LaPointe, Roger	10/16/2016	2016 Art's Birthday Bash
CONTINENTAL TO CHEST, FULTON	45	M	95	170	Burnett, Layne	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	45	M	105	200	Suttle, David	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	45	M	120	200	Newton, Rick	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	50	M	95	143	Gupta, Sanjiv	3/1/2025	Colorado Single Arm Challenge, RD, Lakewood, CO
CONTINENTAL TO CHEST, FULTON	50	M	105	175	Wenzel, Jeff	9/14/2025	One Ton Challenge (2025), Columbia, MO - RD
CONTINENTAL TO CHEST, FULTON	50	M	110	220	Garcia, Joe	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	55	M	90	225	Smith, Randy	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	55	M	95	200	Garcia, Joe	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	55	M	110	135	Lupo, Tony	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CONTINENTAL TO CHEST, FULTON	55	M	115	195	Glasgow, Dave	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	60	M	85	135	DeForest, Dave	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CONTINENTAL TO CHEST, FULTON	60	M	125+	160	Ross, Dean	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	65	M	85	140	DeForest, Dave	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CONTINENTAL TO CHEST, FULTON	65	M	90	150	Habecker, Denny	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	65	M	110	100	Licini, Jerome	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
CONTINENTAL TO CHEST, FULTON	65	M	125	85	Geib, Bob	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	65	M	125+	125	Ross, Dean	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	70	M	105	140	Bletscher, Rudy	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	75	M	75	60	Mitchell, Dennis	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	75	M	100	110	Bletscher, Rudy	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	ALL	M	70	170	Rein, Brandon	11/30/2020	POSTAL (2020) - RECORD DAY
CONTINENTAL TO CHEST, FULTON	ALL	M	75	154	LaPointe, Roger	10/16/2016	2016 Art's Birthday Bash
CONTINENTAL TO CHEST, FULTON	ALL	M	80	220	Ibrahim, Sammy	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	ALL	M	85	230	Pinkerton, Tim	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	ALL	M	90	225	Smith, Randy	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	ALL	M	95	200	Garcia, Joe	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	ALL	M	100	315	Cox, Sam	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	ALL	M	105	210	Edwards, Ben	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	ALL	M	110	305	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
CONTINENTAL TO CHEST, FULTON	ALL	M	115	350	Todd, Eric	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	ALL	M	120	200	Newton, Rick	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	ALL	M	125	310	Moore, Ben	1/21/2006	Dino Gym Challenge (2006)
CONTINENTAL TO CHEST, FULTON	ALL	M	125+	340	O'Brien, John	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	NAT	M	75	60	Mitchell, Dennis	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	NAT	M	80	220	Ibrahim, Sammy	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	NAT	M	90	225	Smith, Randy	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	NAT	M	95	200	Garcia, Joe	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	NAT	M	100	315	Cox, Sam	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	NAT	M	105	125	Murdock, Mike	6/25/2011	NATIONALS (2011) - Kirksville, MO

USAWA Record List

CONTINENTAL TO CHEST, FULTON	NAT	M	115	340	Todd, Eric	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	NAT	M	125	85	Geib, Bob	6/25/2011	NATIONALS (2011) - Kirksville, MO
CONTINENTAL TO CHEST, FULTON	NAT	M	125+	340	O'Brien, John	6/25/2011	NATIONALS (2011) - Kirksville, MO
CRUCIFIX	13	F	55	25	Todd, Phoebe	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	40	F	60	30	Devine, Karen	3/7/1998	98 Buckeye Record Breaker
CRUCIFIX	40	F	70	30	Springs, Deanna	6/25/1994	94 Al Springs meet
CRUCIFIX	40	F	75	30	Springs, Deanna	4/8/1995	95 Al Springs
CRUCIFIX	40	F	85	40	Todd, Stacy	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	40	F	90	46	Todd, Stacy	7/27/2024	Buffville Road to the Century Club #5
CRUCIFIX	45	F	70	36	Jividen, Grace	11/5/2011	2011 Welcome Mat
CRUCIFIX	50	F	50	35	Jackson, RJ	9/30/2015	POSTAL (2015) - Q3
CRUCIFIX	50	F	60	40	Brooner-Lakowsky, Tressa	1/16/2016	Dino Gym Challenge (2016)
CRUCIFIX	55	F	60	30	VanWagner, Kim	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
CRUCIFIX	55	F	90	22	Lupo, Allison	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	55	F	125+	60	McConnaughey, Mary	1/16/2016	Dino Gym Challenge (2016)
CRUCIFIX	60	F	60	20	LaRosa, Marian	10/12/2003	2003 Art's Birthday Bash
CRUCIFIX	60	F	75	20	Thompson, Janet	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	60	F	105	50	Gore, Lisa	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	65	F	75	20	Thompson, Janet	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
CRUCIFIX	ALL	F	50	35	Jackson, RJ	9/30/2015	POSTAL (2015) - Q3
CRUCIFIX	ALL	F	55	25	Todd, Phoebe	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	ALL	F	60	40	McBride, Angela	3/31/2001	2001 Deanna Springs Mem
CRUCIFIX	ALL	F	65	40	Valitutti, Salina	8/23/2025	True North True Strength II - RD- Fergus, Ont
CRUCIFIX	ALL	F	70	50	Burchett, Emily	1/16/2016	Dino Gym Challenge (2016)
CRUCIFIX	ALL	F	75	40	Clark, Kerry	11/6/1994	RD - Columbia, MO '94
CRUCIFIX	ALL	F	80	60	Ollennuking, Amorkor	3/30/1996	96 Deanna Springs Mem
CRUCIFIX	ALL	F	85	50	Todd, Stacy	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	ALL	F	90	46	Todd, Stacy	7/27/2024	Buffville Road to the Century Club #5
CRUCIFIX	ALL	F	100	50	Kressly, Jera	9/30/2015	POSTAL (2015) - Q3
CRUCIFIX	ALL	F	105	50	Gore, Lisa	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	ALL	F	125+	60	McConnaughey, Mary	1/16/2016	Dino Gym Challenge (2016)
CRUCIFIX	13	M	30	6	Wenzel, Logan	6/9/2024	RD - Clark's Gym 3
CRUCIFIX	13	M	35	16	Todd, Everett	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	13	M	40	20	Todd, Everett	12/10/2022	RD - Lift for Leroy '22
CRUCIFIX	13	M	45	24	Todd, Everett	4/14/2024	Record Day- Clark's Gym 1
CRUCIFIX	13	M	55	30	Montini, Jason II	10/15/2017	2017 Art's Birthday Bash
CRUCIFIX	13	M	65	30	Monk, Joshua	12/1/2002	2002 Postal Meet
CRUCIFIX	13	M	95	30	Montini, Benson	10/15/2017	2017 Art's Birthday Bash
CRUCIFIX	14	M	60	50	Brewer, Austin	9/30/2015	POSTAL (2015) - Q3
CRUCIFIX	14	M	65	50	Kressly, Draven	9/30/2015	POSTAL (2015) - Q3
CRUCIFIX	14	M	75	50	Loewer, James	10/15/2000	2000 Art's Birthday Bash
CRUCIFIX	14	M	100	50	Calcote, Kyle	3/25/2007	2007 Deanna Springs

USAWA Record List

CRUCIFIX	16	M	60	40	Wenzel, Spencer	4/14/2024	Record Day- Clark's Gym 1
CRUCIFIX	16	M	70	50	McKean, Sean	10/11/1998	98 Art's Birthday Bash
CRUCIFIX	16	M	75	30	Quick, Sean	10/30/1999	99 NoWeight Dozen
CRUCIFIX	16	M	80	60	Kressly, Logan	6/21/2014	NATIONALS (2014) - Macomb, IL
CRUCIFIX	18	M	80	70	Smith, Abe	3/26/2000	2000 Deanna Springs Mem
CRUCIFIX	40	M	70	70	Holden, Randy Joe	6/25/1994	94 Al Springs meet
CRUCIFIX	40	M	80	91	Jones, Dan	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	40	M	85	90	Smith, Abe	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	40	M	90	90	Piper, Tim	6/21/2014	NATIONALS (2014) - Macomb, IL
CRUCIFIX	40	M	100	60	Garcia, Joe	4/8/1995	95 Al Springs
CRUCIFIX	40	M	105	70	Garcia, Joe	3/30/1996	96 Deanna Springs Mem
CRUCIFIX	40	M	110	90	Myers, Al	4/6/2008	2008 Deanna Springs
CRUCIFIX	40	M	115	148	Todd, Eric	6/3/2017	2017 KC Strongman RD
CRUCIFIX	40	M	120	130	Todd, Eric	1/16/2016	Dino Gym Challenge (2016)
CRUCIFIX	40	M	125	90	Todd, Chris	11/30/2020	POSTAL (2020) - RECORD DAY
CRUCIFIX	40	M	125+	90	Barnhart, Darren	3/25/2012	2012 Battle in the Barn
CRUCIFIX	45	M	95	81	Fobes, Jarrod	4/7/2024	Bench press Heptathlon
CRUCIFIX	45	M	100	90	Schock, Ed	9/1/2001	2001 Postal Meet
CRUCIFIX	45	M	105	100	Schock, Ed	12/1/2002	2002 Postal Meet
CRUCIFIX	45	M	110	90	Wenzel, Jeff	6/9/2024	RD - Stars of Tomorrow on parade
CRUCIFIX	45	M	115	60	Myers, Al	3/24/2012	2012 Deanna Meet
CRUCIFIX	45	M	125	130	Todd, Eric	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	45	M	125+	90	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
CRUCIFIX	50	M	75	66	Marchand, Wade	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	50	M	80	70	Habecker, Denny	5/17/1996	RD - Valley Forge
CRUCIFIX	50	M	90	60	Springs, Al	3/30/1996	96 Deanna Springs Mem
CRUCIFIX	50	M	95	77	Springs, Al	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
CRUCIFIX	50	M	100	60	Springs, Al	4/8/1995	95 Al Springs
CRUCIFIX	50	M	105	113	Wenzel, Jeff	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	50	M	110	100	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
CRUCIFIX	50	M	115	70	Garcia, Joe	3/26/2006	2006 Deanna
CRUCIFIX	50	M	125+	90	McCoy, Joe	6/25/1994	94 Al Springs meet
CRUCIFIX	55	M	75	60	Marchand, Wade	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	55	M	85	60	Habecker, Denny	10/12/1997	97 Art's Birthday Bash
CRUCIFIX	55	M	90	80	Smith, Randy	6/21/2014	NATIONALS (2014) - Macomb, IL
CRUCIFIX	55	M	95	60	Springs, Al	3/31/2001	2001 Deanna Springs Mem
CRUCIFIX	55	M	100	70	Garcia, Joe	3/28/2010	2010 Deanna Springs
CRUCIFIX	55	M	105	50	Myers, Al	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	55	M	110	90	Schmidt, Scott	8/12/2012	2012 Tractor Pull Meet
CRUCIFIX	55	M	115	42	Lupo, Tony	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	55	M	125+	40	Foster, Lance	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	60	M	80	50	Mitchell, Dennis	3/30/1996	96 Deanna Springs Mem

USAWA Record List

CRUCIFIX	60	M	85	50	DeForest, Dave	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	60	M	90	60	Habecker, Denny	12/1/2002	2002 Postal Meet
CRUCIFIX	60	M	95	50	Springs, Al	4/4/2004	2004 Deanna Springs
CRUCIFIX	60	M	100	70	Garcia, Joe	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
CRUCIFIX	60	M	105	44	Crozier, Bill	4/27/2002	2002 Buckeye Record Break
CRUCIFIX	60	M	110	50	Jury, Steve	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
CRUCIFIX	60	M	115	60	Jury, Steve	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	60	M	120	50	Glasgow, Dave	1/16/2016	Dino Gym Challenge (2016)
CRUCIFIX	60	M	125+	30	Ciavattone, Frank	7/27/2019	2019 Eastern Mass RD
CRUCIFIX	65	M	75	35	McKean, John	8/12/2012	2012 Tractor Pull Meet
CRUCIFIX	65	M	80	70	Bryan, Barry	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	65	M	85	45	DeForest, Dave	5/31/2025	Ledaig Record Day - Topeka, KS
CRUCIFIX	65	M	90	50	Habecker, Denny	2/13/2011	RD - Dino Gym (2011)
CRUCIFIX	65	M	95	40	Springs, Al	3/27/2011	2011 Deanna
CRUCIFIX	65	M	100	50	Bletscher, Rudy	12/15/2002	RD - Columbia, MO '02
CRUCIFIX	65	M	105	45	Crozier, Bill	10/17/2004	2004 Art's Birthday Bash
CRUCIFIX	65	M	110	20	Licini, Jerome	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	65	M	115	70	Larson, Nils	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	65	M	120	60	Ross, Dean	3/24/2012	2012 Deanna Meet
CRUCIFIX	65	M	125	60	Ross, Dean	3/27/2011	2011 Deanna
CRUCIFIX	65	M	125+	60	Ciavattone, Frank	4/30/2023	2023 Norfolk County Record Day
CRUCIFIX	70	M	65	38	Pensyl, Barry	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	70	M	75	40	Mitchell, Dennis	5/10/2003	2003 Buckeye Record Break
CRUCIFIX	70	M	80	50	Emslie, David	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
CRUCIFIX	70	M	85	40	Montini, Art	10/14/2001	2001 Art's Birthday Bash
CRUCIFIX	70	M	90	60	Habecker, Denny	6/21/2014	NATIONALS (2014) - Macomb, IL
CRUCIFIX	70	M	105	76	Murdock, Mike	11/5/2011	2011 Welcome Mat
CRUCIFIX	70	M	110	80	Murdock, Mike	2/13/2011	RD - Dino Gym (2011)
CRUCIFIX	70	M	115	67	Glasgow, Dave	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	70	M	120	70	Ross, Dean	1/16/2016	Dino Gym Challenge (2016)
CRUCIFIX	70	M	125	50	Ross, Dean	6/21/2014	NATIONALS (2014) - Macomb, IL
CRUCIFIX	75	M	60	25	Pensyl, Barry	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	75	M	65	40	Pensyl, Barry	5/25/2024	RD - Lebanon, PA '24
CRUCIFIX	75	M	85	40	Habecker, Denny	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	75	M	90	50	Habecker, Denny	10/15/2017	2017 Art's Birthday Bash
CRUCIFIX	75	M	100	60	Bletscher, Rudy	3/27/2011	2011 Deanna
CRUCIFIX	75	M	105	50	Bletscher, Rudy	3/24/2012	2012 Deanna Meet
CRUCIFIX	80	M	70	20	Mitchell, Dennis	6/21/2014	NATIONALS (2014) - Macomb, IL
CRUCIFIX	80	M	85	40	Habecker, Denny	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	80	M	110	10	Clark, Bill	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
CRUCIFIX	85	M	80	40	Montini, Art	1/16/2016	Dino Gym Challenge (2016)
CRUCIFIX	85	M	95	10	Clark, Bill	6/30/2022	POSTAL (2022) - Q2

USAWA Record List

CRUCIFIX	ALL	M	30	6	Wenzel, Logan	6/9/2024	RD - Clark's Gym 3
CRUCIFIX	ALL	M	35	16	Todd, Everett	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	ALL	M	40	20	Todd, Everett	12/10/2022	RD - Lift for Leroy '22
CRUCIFIX	ALL	M	45	24	Todd, Everett	4/14/2024	Record Day- Clark's Gym 1
CRUCIFIX	ALL	M	60	50	Brewer, Austin	9/30/2015	POSTAL (2015) - Q3
CRUCIFIX	ALL	M	65	50	Kressly, Draven	9/30/2015	POSTAL (2015) - Q3
CRUCIFIX	ALL	M	70	90	Monk, John	9/1/2001	2001 Postal Meet
CRUCIFIX	ALL	M	75	90	Monk, John	12/1/2002	2002 Postal Meet
CRUCIFIX	ALL	M	80	91	Jones, Dan	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	ALL	M	85	90	Smith, Abe	6/30/2022	POSTAL (2022) - Q2
CRUCIFIX	ALL	M	90	90	Piper, Tim	6/21/2014	NATIONALS (2014) - Macomb, IL
CRUCIFIX	ALL	M	95	100	Pruznick, Miles	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	ALL	M	100	100	Spayd, Bill	9/1/2001	2001 Postal Meet
CRUCIFIX	ALL	M	105	113	Wenzel, Jeff	9/30/2025	POSTAL (2025)- Q3
CRUCIFIX	ALL	M	110	140	Todd, Eric	4/2/2005	2005 Deanna Springs Mem
CRUCIFIX	ALL	M	115	148	Todd, Eric	6/3/2017	2017 KC Strongman RD
CRUCIFIX	ALL	M	120	130	Todd, Eric	1/16/2016	Dino Gym Challenge (2016)
CRUCIFIX	ALL	M	125	130	Todd, Eric	4/4/2004	2004 Deanna Springs
CRUCIFIX	ALL	M	125+	110	Huff, Sam	4/4/2004	2004 Deanna Springs
CRUCIFIX	NAT	M	70	20	Mitchell, Dennis	6/21/2014	NATIONALS (2014) - Macomb, IL
CRUCIFIX	NAT	M	80	60	Kressly, Logan	6/21/2014	NATIONALS (2014) - Macomb, IL
CRUCIFIX	NAT	M	90	90	Piper, Tim	6/21/2014	NATIONALS (2014) - Macomb, IL
CRUCIFIX	NAT	M	115	100	Ullom, Chad	6/21/2014	NATIONALS (2014) - Macomb, IL
CRUCIFIX	NAT	M	120	100	Todd, Eric	6/21/2014	NATIONALS (2014) - Macomb, IL
CRUCIFIX	NAT	M	125	50	Ross, Dean	6/21/2014	NATIONALS (2014) - Macomb, IL
CRUCIFIX	NAT	M	125+	40	Foster, Lance	6/21/2014	NATIONALS (2014) - Macomb, IL
CURL, CHEAT	13	F	35	54	Monk, Elizabeth	1/11/2007	Eastern Open Postal Meet
CURL, CHEAT	13	F	40	61	Monk, Elizabeth	10/14/2007	2007 Art's Birthday Bash
CURL, CHEAT	13	F	45	45	Myers, Molly	2/10/2008	RD - Dino Gym (2008)
CURL, CHEAT	13	F	50	60	Wilson, Janay	2/10/2007	RD - Dino Gym (2007)
CURL, CHEAT	13	F	55	55	Todd, Phoebe	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CURL, CHEAT	13	F	60	67	Todd, Phoebe	6/30/2023	POSTAL (2023) - Q2
CURL, CHEAT	13	F	65	70	Todd, Lillian	6/30/2023	POSTAL (2023) - Q2
CURL, CHEAT	13	F	75	75	Myers, Molly	8/12/2012	RD - Dino Days (2012)
CURL, CHEAT	14	F	40	30	Gupta, Nisha	5/12/2024	Record Day- Clark's Gym 2
CURL, CHEAT	14	F	65	75	Todd, Phoebe	8/31/2024	2024 IAWA World Postal Championship
CURL, CHEAT	14	F	75	80	Todd, Lillian	8/31/2024	2024 IAWA World Postal Championship
CURL, CHEAT	16	F	55	54	McDonald, Alexandria	3/16/2024	RD - Iron Palaces strongest man
CURL, CHEAT	40	F	55	66	Hughes, Suree	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CURL, CHEAT	40	F	65	75	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
CURL, CHEAT	40	F	70	123	Skwarecki, Beth	10/2/2022	World Championships
CURL, CHEAT	40	F	75	90	Spring, Deanna	4/8/1995	95 Al Springs

USAWA Record List

CURL, CHEAT	40	F	80	60	Guglielmo, Terry	6/5/2004	NATIONALS (2004) - Lansdale, PA
CURL, CHEAT	40	F	85	115	Todd, Stacy	6/30/2023	POSTAL (2023) - Q2
CURL, CHEAT	40	F	90	115	Todd, Stacy	7/27/2024	Buffville Road to the Century Club #5
CURL, CHEAT	40	F	95	83	Hopps, Jessica	8/31/2024	2024 IAWA World Postal Championship
CURL, CHEAT	45	F	50	44	Phumchaona, Noi	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CURL, CHEAT	45	F	55	66	Phumchaona, Noi	9/13/1992	92 IAWA - England
CURL, CHEAT	45	F	75	100	Elder, Amber	3/9/2024	Dino Gym Challenge (2024)
CURL, CHEAT	45	F	90	90	Sees, Susan	6/25/2011	NATIONALS (2011) - Kirksville, MO
CURL, CHEAT	50	F	50	105	Jackson, RJ	6/30/2014	POSTAL (2014) - Q2
CURL, CHEAT	50	F	55	68	Phumchaona, Noi	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	50	F	100	88	Sees, Susan	9/27/2014	2014 Worlds - Norwood
CURL, CHEAT	55	F	50	99	Jackson, RJ	8/31/2017	POSTAL (2017) - IAWA WORLD CHAMPIONSHIP
CURL, CHEAT	55	F	55	66	Phumchaona, Noi	7/26/1998	NATIONALS (1998) - Mansfield, MA
CURL, CHEAT	55	F	60	75	VanWagner, Kim	8/31/2024	2024 IAWA World Postal Championship
CURL, CHEAT	55	F	75	60	Kahn, Helen	6/25/2011	NATIONALS (2011) - Kirksville, MO
CURL, CHEAT	55	F	90	60	Lupo, Allison	8/31/2024	2024 IAWA World Postal Championship
CURL, CHEAT	55	F	95	80	Gore, Lisa	8/31/2024	2024 IAWA World Postal Championship
CURL, CHEAT	60	F	50	96	Jackson, RJ	8/31/2024	2024 IAWA World Postal Championship
CURL, CHEAT	60	F	60	60	LaRosa, Marian	6/8/2003	2003 USAWA Championships
CURL, CHEAT	60	F	75	45	Thompson, Janet	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CURL, CHEAT	65	F	75	65	Thompson, Janet	8/31/2024	2024 IAWA World Postal Championship
CURL, CHEAT	70	F	65	30	Santangelo, Lori	5/11/2024	Buffville Cup 4
CURL, CHEAT	ALL	F	35	54	Monk, Elizabeth	1/11/2007	Eastern Open Postal Meet
CURL, CHEAT	ALL	F	40	61	Monk, Elizabeth	10/14/2007	2007 Art's Birthday Bash
CURL, CHEAT	ALL	F	45	45	Myers, Molly	2/10/2008	RD - Dino Gym (2008)
CURL, CHEAT	ALL	F	50	105	Jackson, RJ	6/30/2014	POSTAL (2014) - Q2
CURL, CHEAT	ALL	F	55	68	Phumchaona, Noi	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	ALL	F	60	110	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
CURL, CHEAT	ALL	F	65	121	Caron, Jacqueline	9/13/1992	92 IAWA - England
CURL, CHEAT	ALL	F	70	123	Skwarecki, Beth	10/2/2022	World Championships
CURL, CHEAT	ALL	F	75	100	Elder, Amber	3/9/2024	Dino Gym Challenge (2024)
CURL, CHEAT	ALL	F	80	145	Ollennuking, Amorkor	3/30/1996	96 Deanna Springs Mem
CURL, CHEAT	ALL	F	85	115	Todd, Stacy	6/30/2023	POSTAL (2023) - Q2
CURL, CHEAT	ALL	F	90	125	Todd, Stacy	7/27/2024	Buffville Road to the Century Club #5
CURL, CHEAT	ALL	F	95	83	Hopps, Jessica	8/31/2024	2024 IAWA World Postal Championship
CURL, CHEAT	ALL	F	100	88	Sees, Susan	9/27/2014	2014 Worlds - Norwood
CURL, CHEAT	NAT	F	40	28	Ciavattone, Dominique	7/26/1998	NATIONALS (1998) - Mansfield, MA
CURL, CHEAT	NAT	F	55	68	Phumchaona, Noi	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	NAT	F	60	105	Simonsen, Jacqueline	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	NAT	F	65	75	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
CURL, CHEAT	NAT	F	70	105	Skwarecki, Beth	6/19/2021	NATIONALS (2021) - Abilene, KS
CURL, CHEAT	NAT	F	75	60	Kahn, Helen	6/25/2011	NATIONALS (2011) - Kirksville, MO

USAWA Record List

CURL, CHEAT	NAT	F	80	60	Guglielmo, Terry	6/5/2004	NATIONALS (2004) - Lansdale, PA
CURL, CHEAT	NAT	F	85	66	Hopps, Jessica	6/25/2016	NATIONALS (2016) - Norwood, MA
CURL, CHEAT	NAT	F	90	90	Sees, Susan	6/25/2011	NATIONALS (2011) - Kirksville, MO
CURL, CHEAT	NAT	F	95	66	Collins, Cara	7/26/1998	NATIONALS (1998) - Mansfield, MA
CURL, CHEAT	NAT	F	100	77	Sees, Susan	6/25/2016	NATIONALS (2016) - Norwood, MA
CURL, CHEAT	13	M	30	66	Montini, Rocco	10/17/1992	U.S. Inlands
CURL, CHEAT	13	M	35	66	Montini, Rocco	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
CURL, CHEAT	13	M	40	60	Traietti, Matt	9/27/2014	2014 IAWA Worlds - Norwood
CURL, CHEAT	13	M	45	52	Todd, Leroy	6/30/2023	POSTAL (2023) - Q2
CURL, CHEAT	13	M	50	55	McKean, Sean	10/17/1992	U.S. Inlands
CURL, CHEAT	13	M	55	49	Habecker, Aidan	6/25/2016	NATIONALS (2016) - Norwood, MA
CURL, CHEAT	13	M	60	85	McKean, Robbie	12/15/1990	RD - Ambridge
CURL, CHEAT	13	M	65	66	McKean, Sean	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	13	M	70	88	McKean, Robbie	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CURL, CHEAT	13	M	75	120	Ciavattone, Joe Jr.	1/11/2007	Eastern Open Postal Meet
CURL, CHEAT	13	M	80	132	McKean, Robbie	10/17/1992	U.S. Inlands
CURL, CHEAT	13	M	100	88	McKean, Andraes	7/13/2019	2019 Schmidt's RD
CURL, CHEAT	14	M	55	93	Myers, Sam	10/28/2006	Macomb Record Setter
CURL, CHEAT	14	M	60	94	Drake, Dan	2/15/1992	Ambridge, Pa.
CURL, CHEAT	14	M	65	99	Ward, Brad	10/17/1992	U.S. Inlands
CURL, CHEAT	14	M	70	105	Monk, Joshua	6/8/2003	2003 USAWA Championships
CURL, CHEAT	14	M	85	143	McKean, Robbie	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	14	M	90	165	Riley, Ed Jr.	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CURL, CHEAT	14	M	95	175	Ciavattone, Joe Jr.	3/30/2009	2009 Eastern Open Postal
CURL, CHEAT	14	M	100	146	Frasso, Tony	2/27/1999	99 Buckeye Record Breaker
CURL, CHEAT	14	M	125+	135	Lee, Kevin	11/24/2002	Jump Stretch Record Day
CURL, CHEAT	16	M	55	115	Tichenor, Chris	5/7/1994	94 - Joe Caron
CURL, CHEAT	16	M	60	132	Achenbach, Justin	10/23/2005	2005 Art's Birthday Bash
CURL, CHEAT	16	M	65	125	O'Neil-Butters, Maverick	7/30/2023	Norwood-Wapole Lifting Classic
CURL, CHEAT	16	M	70	148	Hancock, Matt	9/27/2014	2014 Worlds - Norwood
CURL, CHEAT	16	M	75	135	Demille, Cale	6/8/2003	2003 USAWA Championships
CURL, CHEAT	16	M	80	175	Ibrahim, Sammy	6/25/2011	NATIONALS (2011) - Kirksville, MO
CURL, CHEAT	16	M	90	154	Ciavattone, Jeff	9/12/1997	RD -New England Record Breakers
CURL, CHEAT	16	M	95	205	Ciavattone, Joe Jr.	12/31/2010	2010 National Postal
CURL, CHEAT	16	M	100	160	Ciavattone, Jonathan	12/31/2010	2010 National Postal
CURL, CHEAT	16	M	110	215	Stahnke, Dennis	3/4/2000	2000 Buckeye Record Break
CURL, CHEAT	16	M	125+	155	Kincaid, Kiff	6/8/2003	2003 USAWA Championships
CURL, CHEAT	18	M	60	115	Achenbach, Justin	1/11/2007	Eastern Open Postal Meet
CURL, CHEAT	18	M	75	138	Kennedy, Tim	7/26/1998	NATIONALS (1998) - Mansfield, MA
CURL, CHEAT	18	M	80	165	Smith, Abe	3/26/2000	2000 Deanna Springs Mem
CURL, CHEAT	18	M	90	155	Cox, Sam	2/10/2007	RD - Dino Gym (2007)
CURL, CHEAT	18	M	95	154	Ciavattone, Jeff	7/26/1998	NATIONALS (1998) - Mansfield, MA

USAWA Record List

CURL, CHEAT	18	M	100	166	Ciavattone, Joe Jr.	8/14/2011	2011 NE Record Breaker
CURL, CHEAT	18	M	115	155	Quinn, Sean	7/30/2023	Norwood-Wapole Lifting Classic
CURL, CHEAT	18	M	120	220	Stahnke, Dennis	3/3/2001	2001 Buckeye Record Day
CURL, CHEAT	40	M	65	149	Pensyl, Barry	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CURL, CHEAT	40	M	70	168	Waterman, Chris	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	40	M	75	182	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
CURL, CHEAT	40	M	80	155	Monk, John	1/11/2007	Eastern Open Postal Meet
CURL, CHEAT	40	M	85	205	Smith, Abe	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CURL, CHEAT	40	M	90	165	Piper, Tim	6/21/2014	NATIONALS (2014) - Macomb, IL
CURL, CHEAT	40	M	95	198	Montini, Paul	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CURL, CHEAT	40	M	100	198	Montini, Paul	10/17/1992	U.S. Inlands
CURL, CHEAT	40	M	105	200	Silvestri, Larry	6/5/2004	NATIONALS (2004) - Lansdale, PA
CURL, CHEAT	40	M	110	220	Fuller, James	9/27/2014	2014 Worlds - Norwood
CURL, CHEAT	40	M	115	232	Ullom, Chad	9/27/2014	2014 Worlds - Norwood
CURL, CHEAT	40	M	120	201	Myers, Al	8/31/2010	Straight Weight Postal
CURL, CHEAT	40	M	125	220	Cookson, Chuck	12/31/2010	2010 National Postal
CURL, CHEAT	40	M	125+	240	O'Brien, John	6/25/2011	NATIONALS (2011) - Kirksville, MO
CURL, CHEAT	45	M	60	121	McKean, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CURL, CHEAT	45	M	65	149	Pensyl, Barry	10/15/1995	95 Art's Birthday Bash
CURL, CHEAT	45	M	70	140	Waterman, Chris	6/8/2003	2003 USAWA Championships
CURL, CHEAT	45	M	75	138	Habecker, Denny	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CURL, CHEAT	45	M	80	149	Joy, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CURL, CHEAT	45	M	85	154	Habecker, Denny	12/1/1990	All-round Championships (1990) - Northeastern Open
CURL, CHEAT	45	M	90	190	Smith, Randy	6/5/2004	NATIONALS (2004) - Lansdale, PA
CURL, CHEAT	45	M	95	155	DiCiccio, Bill	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
CURL, CHEAT	45	M	100	205	Schock, Ed	5/19/2001	2001 Powerzone Challenge
CURL, CHEAT	45	M	105	165	Wenzel, Jeff	5/12/2024	Record Day- Clark's Gym 2
CURL, CHEAT	45	M	110	220	Ullom, Chad	8/31/2017	POSTAL (2017) - IAWA WORLD CHAMPIONSHIP
CURL, CHEAT	45	M	115	203	Myers, Al	11/19/2011	2011 Worlds - Perth
CURL, CHEAT	45	M	120	182	Schmidt, Scott	3/3/2001	2001 Buckeye Record Day
CURL, CHEAT	45	M	125	210	Todd, Eric	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
CURL, CHEAT	45	M	125+	215	Van Vleck, Thom	8/31/2010	Straight Weight Postal
CURL, CHEAT	50	M	65	154	Pensyl, Barry	7/26/1998	NATIONALS (1998) - Mansfield, MA
CURL, CHEAT	50	M	75	127	McKean, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
CURL, CHEAT	50	M	80	216	Wagman, Dan	9/30/2022	POSTAL (2022) - Q3
CURL, CHEAT	50	M	85	160	Habecker, Denny	10/17/1992	U.S. Inlands
CURL, CHEAT	50	M	90	200	Smith, Randy	6/25/2005	NATIONALS (2005) - Youngstown, OH
CURL, CHEAT	50	M	95	180	Vernacchio, John	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
CURL, CHEAT	50	M	100	210	Schock, Ed	6/5/2004	NATIONALS (2004) - Lansdale, PA
CURL, CHEAT	50	M	105	185	Hose, Tony	6/30/2023	POSTAL (2023) - Q2
CURL, CHEAT	50	M	110	190	Ullom, Chad	3/9/2024	Dino Gym Challenge (2024)
CURL, CHEAT	50	M	115	155	Garcia, Joe	3/26/2006	2006 Deanna

USAWA Record List

CURL, CHEAT	50	M	120	185	Schmidt, Scott	6/25/2005	NATIONALS (2005) - Youngstown, OH
CURL, CHEAT	50	M	125	180	Ciavattone, Frank	6/25/2005	NATIONALS (2005) - Youngstown, OH
CURL, CHEAT	50	M	125+	220	Mitchell, Mark	12/31/2010	2010 National Postal
CURL, CHEAT	55	M	75	110	Friesz, Dale	7/26/1998	NATIONALS (1998) - Mansfield, MA
CURL, CHEAT	55	M	80	121	Mitchell, Dennis	12/1/1990	All-round Championships (1990) - Northeastern Open
CURL, CHEAT	55	M	85	154	Habecker, Denny	7/26/1998	NATIONALS (1998) - Mansfield, MA
CURL, CHEAT	55	M	90	195	Smith, Randy	12/31/2010	2010 National Postal
CURL, CHEAT	55	M	95	190	Traub, Larry	6/25/2011	NATIONALS (2011) - Kirksville, MO
CURL, CHEAT	55	M	100	155	Garcia, Joe	3/28/2010	2010 Deanna Springs
CURL, CHEAT	55	M	105	235	Hose, Tony	8/31/2024	2024 IAWA World Postal Championship
CURL, CHEAT	55	M	110	155	Garcia, Joe	3/28/2009	2009 Deanna Springs
CURL, CHEAT	55	M	115	175	Glasgow, Dave	6/25/2011	NATIONALS (2011) - Kirksville, MO
CURL, CHEAT	55	M	120	133	Morrison, Rocky	7/22/2017	2017 NE Cup RD
CURL, CHEAT	55	M	125	132	Ciavattone, Frank	9/27/2014	2014 Worlds - Norwood
CURL, CHEAT	55	M	125+	190	Fellows, Bill	12/9/1990	Columbia, MO.
CURL, CHEAT	60	M	75	132	Montini, Art	12/1/1990	All-round Championships (1990) - Northeastern Open
CURL, CHEAT	60	M	80	131	DeForest, Dave	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
CURL, CHEAT	60	M	85	135	DeForest, Dave	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
CURL, CHEAT	60	M	90	165	Smith, Randy	6/25/2016	NATIONALS (2016) - Norwood, MA
CURL, CHEAT	60	M	95	138	Habecker, Denny	10/4/2003	2003 IAWA - Australia
CURL, CHEAT	60	M	100	150	Carter, John	9/30/2022	POSTAL (2022) - Q3
CURL, CHEAT	60	M	105	95	Clark, Bill	11/6/1994	RD - Columbia, MO '94
CURL, CHEAT	60	M	110	120	Clark, Bill	4/8/1995	95 Al Springs
CURL, CHEAT	60	M	115	150	Malloy, Jim	6/25/2005	NATIONALS (2005) - Youngstown, OH
CURL, CHEAT	60	M	120	125	Geib, Bob	6/5/2004	NATIONALS (2004) - Lansdale, PA
CURL, CHEAT	60	M	125+	175	Fellows, Bill	11/6/1994	RD - Columbia, MO '94
CURL, CHEAT	65	M	70	143	Stark, Robert	6/26/1989	NATIONALS (1989) - Plymouth, PA
CURL, CHEAT	65	M	75	132	Montini, Art	10/17/1992	U.S. Inlands
CURL, CHEAT	65	M	80	155	Cox, Bob	2/18/1995	95 Buckeye Record Breaker
CURL, CHEAT	65	M	85	138	Cox, Bob	2/26/1994	94 Buckeye Record Breaker
CURL, CHEAT	65	M	90	155	Monahan, Rex	6/19/2021	NATIONALS (2021) - Abilene, KS
CURL, CHEAT	65	M	95	132	Monahan, Rex	9/13/1992	92 IAWA - England
CURL, CHEAT	65	M	100	132	Prechtel, Howard	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	65	M	105	154	Prechtel, Howard	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
CURL, CHEAT	65	M	110	145	Larson, Nils	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CURL, CHEAT	65	M	115	141	Myers, LaVerne	2/12/2012	RD - Dino Gym (2012)
CURL, CHEAT	65	M	120	111	Ross, Dean	3/25/2012	2012 Deanna Meet
CURL, CHEAT	65	M	125	115	Geib, Bob	6/25/2011	NATIONALS (2011) - Kirksville, MO
CURL, CHEAT	65	M	125+	165	Ciavattone, Frank	8/31/2024	2024 IAWA World Postal Championship
CURL, CHEAT	70	M	65	94	Pensyl, Barry	8/6/2022	PRESIDENTIAL CUP (2022)
CURL, CHEAT	70	M	70	105	Pensyl, Barry	8/3/2019	PRESIDENTIAL CUP (2019)
CURL, CHEAT	70	M	75	110	Mitchell, Dennis	4/27/2002	2002 Buckeye Record Break

USAWA Record List

CURL, CHEAT	70	M	80	127	Cox, Bob	2/24/1996	96 Buckeye Record Breaker
CURL, CHEAT	70	M	85	127	Cox, Bob	7/26/1998	NATIONALS (1998) - Mansfield, MA
CURL, CHEAT	70	M	90	145	Traub, Larry	3/9/2024	Dino Gym Challenge (2024)
CURL, CHEAT	70	M	100	121	Prechtel, Howard	7/26/1998	NATIONALS (1998) - Mansfield, MA
CURL, CHEAT	70	M	105	120	Murdock, Mike	6/25/2011	NATIONALS (2011) - Kirksville, MO
CURL, CHEAT	70	M	110	127	Myers, LaVerne	8/31/2017	POSTAL (2017) - IAWA WORLD CHAMPIONSHIP
CURL, CHEAT	70	M	115	116	Myers, LaVerne	8/31/2014	POSTAL (2014) - IAWA WORLD CHAMPIONSHIP
CURL, CHEAT	70	M	120	127	Glasgow, Dave	3/9/2024	Dino Gym Challenge (2024)
CURL, CHEAT	70	M	125	100	Ciavattone, Frank	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CURL, CHEAT	75	M	60	76	Pensyl, Barry	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CURL, CHEAT	75	M	65	86	Pensyl, Barry	6/30/2023	POSTAL (2023) - Q2
CURL, CHEAT	75	M	70	82	Mitchell, Dennis	11/19/2011	2011 Worlds - Perth
CURL, CHEAT	75	M	75	85	Mitchell, Dennis	6/25/2011	NATIONALS (2011) - Kirksville, MO
CURL, CHEAT	75	M	80	110	Cox, Bob	3/3/2001	2001 Buckeye Record Day
CURL, CHEAT	75	M	85	110	Habecker, Denny	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
CURL, CHEAT	75	M	90	110	Habecker, Denny	9/30/2017	2017 IAWA Worlds - Perth
CURL, CHEAT	75	M	100	105	Myers, LaVerne	3/9/2024	Dino Gym Challenge (2024)
CURL, CHEAT	75	M	105	100	Myers, LaVerne	6/19/2021	NATIONALS (2021) - Abilene, KS
CURL, CHEAT	75	M	115	88	Ross, Dean	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
CURL, CHEAT	80	M	70	72	Mitchell, Dennis	6/25/2016	NATIONALS (2016) - Norwood, MA
CURL, CHEAT	80	M	80	93	Durante, Richard	9/27/2014	2014 Worlds - Norwood
CURL, CHEAT	80	M	85	93	Habecker, Denny	10/2/2022	World Championships
CURL, CHEAT	80	M	90	75	Zercher I, Ed	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
CURL, CHEAT	80	M	105	75	Lano, Jack	6/8/2003	2003 USAWA Championships
CURL, CHEAT	80	M	110	45	Clark, Bill	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
CURL, CHEAT	85	M	65	60	Mitchell, Dennis	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
CURL, CHEAT	85	M	80	71	Montini, Art	6/25/2016	NATIONALS (2016) - Norwood, MA
CURL, CHEAT	90	M	95	45	Clark, Bill	6/30/2023	POSTAL (2023) - Q2
CURL, CHEAT	ALL	M	30	66	Montini, Rocco	10/17/1992	U.S. Inlands
CURL, CHEAT	ALL	M	35	66	Montini, Rocco	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
CURL, CHEAT	ALL	M	40	60	Traietti, Matt	9/27/2014	2014 IAWA Worlds - Norwood
CURL, CHEAT	ALL	M	45	52	Todd, Leroy	6/30/2023	POSTAL (2023) - Q2
CURL, CHEAT	ALL	M	55	93	Myers, Sam	10/28/2006	Macomb Record Setter
CURL, CHEAT	ALL	M	60	190	Gazda, Goeff	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	ALL	M	65	165	Monk, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
CURL, CHEAT	ALL	M	70	195	Hanlein, Michael	6/28/2025	Home GymCon Push/Pull, Louisville, KY RD
CURL, CHEAT	ALL	M	75	190	Hirsh, Bob	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	ALL	M	80	216	Wagman, Dan	9/30/2022	POSTAL (2022) - Q3
CURL, CHEAT	ALL	M	85	220	Moore, Dave	5/20/1995	IAWA - Invitational
CURL, CHEAT	ALL	M	90	235	Anderson, Phil	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
CURL, CHEAT	ALL	M	95	220	Ciavattone, Joe Jr.	9/27/2014	2014 Worlds - Norwood
CURL, CHEAT	ALL	M	100	235	Succarotte, Tony	6/5/2004	NATIONALS (2004) - Lansdale, PA

USAWA Record List

CURL, CHEAT	ALL	M	105	260	DelSignore, Antonio	6/8/2003	2003 USAWA Championships
CURL, CHEAT	ALL	M	110	242	Popkin, Brady	7/21/2012	2012 Macomb Record Setter
CURL, CHEAT	ALL	M	115	235	Todd, Eric	1/11/2007	Eastern Open Postal Meet
CURL, CHEAT	ALL	M	120	220	Ullom, Chad	1/11/2007	Eastern Open Postal Meet
CURL, CHEAT	ALL	M	125	225	Todd, Eric	4/4/2004	2004 Deanna Springs
CURL, CHEAT	ALL	M	125+	250	Conner, John	8/31/2010	Staight Weight Postal
CURL, CHEAT	NAT	M	40	15	Todd, Leroy	6/19/2021	NATIONALS (2021) - Abilene, KS
CURL, CHEAT	NAT	M	60	190	Gazda, Goeff	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	NAT	M	65	165	Monk, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
CURL, CHEAT	NAT	M	70	168	Waterman, Chris	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	NAT	M	75	190	Hirsh, Bob	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	NAT	M	80	190	Smith, Abe	6/19/2021	NATIONALS (2021) - Abilene, KS
CURL, CHEAT	NAT	M	85	187	DiCiccio, Bill Jr.	6/4/1994	NATIONALS (1994) - Cleveland, OH
CURL, CHEAT	NAT	M	90	200	Smith, Randy	6/25/2005	NATIONALS (2005) - Youngstown, OH
CURL, CHEAT	NAT	M	95	190	Traub, Larry	6/25/2011	NATIONALS (2011) - Kirksville, MO
CURL, CHEAT	NAT	M	100	235	Succarotte, Tony	6/5/2004	NATIONALS (2004) - Lansdale, PA
CURL, CHEAT	NAT	M	105	260	DelSignore, Antonio	6/7/2003	NATIONALS (2003) - Youngstown
CURL, CHEAT	NAT	M	110	225	Spayd, Bill	6/5/2004	NATIONALS (2004) - Lansdale, PA
CURL, CHEAT	NAT	M	115	231	Fuller, James	6/25/2016	NATIONALS (2016) - Norwood, MA
CURL, CHEAT	NAT	M	120	203	Todd, Eric	6/21/2014	NATIONALS (2014) - Macomb, IL
CURL, CHEAT	NAT	M	125	200	Myers, Al	6/7/2003	NATIONALS (2003) - Youngstown
CURL, CHEAT	NAT	M	125+	240	O'Brien, John	6/25/2011	NATIONALS (2011) - Kirksville, MO
CURL, CHEAT, 2 DUMBBELLS	13	F	40	20	Todd, Phoebe	9/30/2019	POSTAL (2019) - Q3
CURL, CHEAT, 2 DUMBBELLS	13	F	45	40	Jobe, Gabby	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	13	F	65	60	Todd, Phoebe	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	13	F	75	90	Myers, Molly	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	14	F	65	70	Ullom, Brianna	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	14	F	70	76	Todd, Lillian	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	40	F	90	111	Todd, Stacy	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	45	F	75	80	Elder, Amber	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	50	F	50	70	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
CURL, CHEAT, 2 DUMBBELLS	55	F	50	80	Jackson, RJ	3/31/2017	POSTAL (2017) - Q1
CURL, CHEAT, 2 DUMBBELLS	55	F	90	50	Lupo, Allison	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	65	F	75	40	Thompson, Janet	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	ALL	F	40	20	Todd, Phoebe	9/30/2019	POSTAL (2019) - Q3
CURL, CHEAT, 2 DUMBBELLS	ALL	F	45	40	Jobe, Gabby	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	ALL	F	50	80	Jackson, RJ	3/31/2017	POSTAL (2017) - Q1
CURL, CHEAT, 2 DUMBBELLS	ALL	F	65	70	Ullom, Brianna	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	ALL	F	70	84	Schmidt, Kathy	10/15/1995	95 Art's Birthday Bash
CURL, CHEAT, 2 DUMBBELLS	ALL	F	75	90	Myers, Molly	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	ALL	F	90	111	Todd, Stacy	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	13	M	35	20	Todd, Leroy	12/7/2019	RD - Lift for Leroy '19

USAWA Record List

CURL, CHEAT, 2 DUMBBELLS	13	M	45	40	Todd, Everett	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	13	M	50	42	Todd, Leroy	11/18/2023	RD - Lift for Leroy '23
CURL, CHEAT, 2 DUMBBELLS	13	M	60	60	Habecker, Aidan	3/31/2017	POSTAL (2017) - Q1
CURL, CHEAT, 2 DUMBBELLS	14	M	55	70	Myers, Sam	10/28/2006	Macomb Record Setter
CURL, CHEAT, 2 DUMBBELLS	14	M	65	100	Heit, Calvin	3/31/2017	POSTAL (2017) - Q1
CURL, CHEAT, 2 DUMBBELLS	16	M	60	80	Wenzel, Spencer	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	16	M	95	80	Habecker, Aidan	9/30/2019	POSTAL (2019) - Q3
CURL, CHEAT, 2 DUMBBELLS	40	M	85	170	Smith, Abe	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	40	M	95	149	Stearns, Ashley	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
CURL, CHEAT, 2 DUMBBELLS	40	M	100	150	Strangeway, John	9/30/2019	POSTAL (2019) - Q3
CURL, CHEAT, 2 DUMBBELLS	40	M	115	190	Ullom, Chad	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	40	M	120	210	Ullom, Chad	12/31/2013	2013 National Postal
CURL, CHEAT, 2 DUMBBELLS	40	M	125	145	Todd, Chris	9/30/2019	POSTAL (2019) - Q3
CURL, CHEAT, 2 DUMBBELLS	40	M	125+	170	Barnhart, Darren	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	45	M	75	100	Ortega, Toby	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
CURL, CHEAT, 2 DUMBBELLS	45	M	95	140	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
CURL, CHEAT, 2 DUMBBELLS	45	M	100	140	Songster, Tim	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	45	M	105	160	Wenzel, Jeff	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	45	M	110	170	Myers, Al	12/31/2013	2013 National Postal
CURL, CHEAT, 2 DUMBBELLS	45	M	120	120	Myers, Al	8/28/2011	RD - Dino Days (2011)
CURL, CHEAT, 2 DUMBBELLS	45	M	125+	174	Bunch, Dan	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	50	M	75	55	Marchand, Wade	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	50	M	95	80	Gupta, Sanjiv	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	50	M	105	170	Hose, Tony	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	50	M	110	150	Myers, Al	9/30/2019	POSTAL (2019) - Q3
CURL, CHEAT, 2 DUMBBELLS	50	M	115	104	Poore, Clint	1/27/2024	Omega Force Strength Extravaganza
CURL, CHEAT, 2 DUMBBELLS	50	M	125+	110	Foster, Lance	3/31/2017	POSTAL (2017) - Q1
CURL, CHEAT, 2 DUMBBELLS	55	M	90	160	Bryan, Barry	3/31/2017	POSTAL (2017) - Q1
CURL, CHEAT, 2 DUMBBELLS	55	M	110	110	Lupo, Tony	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	55	M	115	100	Lupo, Tony	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CURL, CHEAT, 2 DUMBBELLS	55	M	120	132	Morrison, Rocky	3/31/2017	POSTAL (2017) - Q1
CURL, CHEAT, 2 DUMBBELLS	55	M	125+	150	Douglas, John	9/30/2019	POSTAL (2019) - Q3
CURL, CHEAT, 2 DUMBBELLS	60	M	80	100	DeForest, Dave	10/12/2024	Clarks Gym RD #5 (2024)
CURL, CHEAT, 2 DUMBBELLS	60	M	85	110	DeForest, Dave	7/31/2022	RD - Clark vs Frank
CURL, CHEAT, 2 DUMBBELLS	60	M	90	100	DeForest, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
CURL, CHEAT, 2 DUMBBELLS	60	M	115	110	Larson, Nils	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	65	M	80	70	McKean, John	10/12/2014	2014 Art's Birthday Bash
CURL, CHEAT, 2 DUMBBELLS	65	M	85	100	DeForest, Dave	8/16/2025	Walpole Record Day, East Walpole, MA
CURL, CHEAT, 2 DUMBBELLS	65	M	90	130	Smith, Randy	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	65	M	125	80	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
CURL, CHEAT, 2 DUMBBELLS	65	M	125+	100	Ciavattone, Frank	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	70	M	70	80	Pensyl, Barry	9/30/2019	POSTAL (2019) - Q3

USAWA Record List

CURL, CHEAT, 2 DUMBBELLS	70	M	80	90	Emslie, David	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
CURL, CHEAT, 2 DUMBBELLS	70	M	90	94	Habecker, Denny	3/31/2017	POSTAL (2017) - Q1
CURL, CHEAT, 2 DUMBBELLS	70	M	95	90	Habecker, Denny	10/16/2016	2016 Art's Birthday Bash
CURL, CHEAT, 2 DUMBBELLS	70	M	110	100	Myers, LaVerne	1/14/2017	Dino Gym Challenge (2017)
CURL, CHEAT, 2 DUMBBELLS	70	M	115	80	Ross, Dean	8/6/2016	PRESIDENTIAL CUP (2016)
CURL, CHEAT, 2 DUMBBELLS	75	M	60	60	Pensyl, Barry	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
CURL, CHEAT, 2 DUMBBELLS	75	M	85	80	Habecker, Denny	9/30/2019	POSTAL (2019) - Q3
CURL, CHEAT, 2 DUMBBELLS	75	M	100	80	Myers, LaVerne	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	75	M	105	110	Myers, LaVerne	9/30/2019	POSTAL (2019) - Q3
CURL, CHEAT, 2 DUMBBELLS	75	M	110	90	Ross, Dean	9/30/2019	POSTAL (2019) - Q3
CURL, CHEAT, 2 DUMBBELLS	80	M	80	70	Habecker, Denny	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	ALL	M	35	20	Todd, Leroy	12/7/2019	RD - Lift for Leroy '19
CURL, CHEAT, 2 DUMBBELLS	ALL	M	45	40	Todd, Everett	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	ALL	M	50	42	Todd, Leroy	11/18/2023	RD - Lift for Leroy '23
CURL, CHEAT, 2 DUMBBELLS	ALL	M	60	80	Wenzel, Spencer	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	ALL	M	65	100	Heit, Calvin	3/31/2017	POSTAL (2017) - Q1
CURL, CHEAT, 2 DUMBBELLS	ALL	M	70	150	Jackson, Daryl	3/31/2017	POSTAL (2017) - Q1
CURL, CHEAT, 2 DUMBBELLS	ALL	M	75	120	Frieders, Nicholas	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	ALL	M	80	182	Wagman, Dan	5/12/2024	Record Day- Clark's Gym 2
CURL, CHEAT, 2 DUMBBELLS	ALL	M	85	190	Wagman, Dan	2/11/2017	2017 Grip Championships
CURL, CHEAT, 2 DUMBBELLS	ALL	M	90	160	Bryan, Barry	3/31/2017	POSTAL (2017) - Q1
CURL, CHEAT, 2 DUMBBELLS	ALL	M	95	176	Pruznick, Miles	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
CURL, CHEAT, 2 DUMBBELLS	ALL	M	100	150	Strangeway, John	9/30/2019	POSTAL (2019) - Q3
CURL, CHEAT, 2 DUMBBELLS	ALL	M	105	170	Hose, Tony	3/31/2024	POSTAL (2024) - Q1
CURL, CHEAT, 2 DUMBBELLS	ALL	M	110	170	Myers, Al	12/31/2013	2013 National Postal
CURL, CHEAT, 2 DUMBBELLS	ALL	M	115	190	Ullom, Chad	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	ALL	M	120	210	Ullom, Chad	12/31/2013	2013 National Postal
CURL, CHEAT, 2 DUMBBELLS	ALL	M	125	182	Hess, Kohl	3/31/2017	POSTAL (2017) - Q1
CURL, CHEAT, 2 DUMBBELLS	ALL	M	125+	214	Benzel, Bryan	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, DUMBBELL, LEFT	13	F	60	45	Todd, Phoebe	11/18/2023	RD - Lift for Leroy '23
CURL, CHEAT, DUMBBELL, LEFT	13	F	65	35	Todd, Lillian	12/10/2022	RD - Lift for Leroy '22
CURL, CHEAT, DUMBBELL, LEFT	14	F	70	40	Todd, Lillian	11/18/2023	RD - Lift for Leroy '23
CURL, CHEAT, DUMBBELL, LEFT	40	F	75	35	Hopps, Jessica	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, LEFT	45	F	125+	65	McConnaughey, Mary	7/23/2005	Bulldog Record Day
CURL, CHEAT, DUMBBELL, LEFT	50	F	50	40	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
CURL, CHEAT, DUMBBELL, LEFT	55	F	90	25	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
CURL, CHEAT, DUMBBELL, LEFT	60	F	105	35	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
CURL, CHEAT, DUMBBELL, LEFT	65	F	75	20	Thompson, Janet	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
CURL, CHEAT, DUMBBELL, LEFT	70	F	65	10	Santangelo, Lori	5/12/2024	Record Day- Clark's Gym 2
CURL, CHEAT, DUMBBELL, LEFT	ALL	F	50	40	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
CURL, CHEAT, DUMBBELL, LEFT	ALL	F	60	45	Todd, Phoebe	11/18/2023	RD - Lift for Leroy '23
CURL, CHEAT, DUMBBELL, LEFT	ALL	F	65	35	Glasgow, Amber	7/31/2011	2011 Ledaig Record Breaker

USAWA Record List

CURL, CHEAT, DUMBBELL, LEFT	ALL	F	70	40	Todd, Lillian	11/18/2023	RD - Lift for Leroy '23
CURL, CHEAT, DUMBBELL, LEFT	ALL	F	75	35	Hopps, Jessica	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, LEFT	ALL	F	85	50	Todd, Stacy	12/10/2022	RD - Lift for Leroy '22
CURL, CHEAT, DUMBBELL, LEFT	ALL	F	90	25	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
CURL, CHEAT, DUMBBELL, LEFT	ALL	F	105	35	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
CURL, CHEAT, DUMBBELL, LEFT	ALL	F	125+	65	McConnaughey, Mary	7/23/2005	Bulldog Record Day
CURL, CHEAT, DUMBBELL, LEFT	13	M	45	20	Todd, LeRoy	12/10/2022	RD - Lift for Leroy '22
CURL, CHEAT, DUMBBELL, LEFT	13	M	70	50	McKean, Sean	10/15/1995	95 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	14	M	55	40	Myers, Sam	10/28/2006	Macomb Record Setter
CURL, CHEAT, DUMBBELL, LEFT	14	M	65	65	Heit, Calvin	2/11/2017	2017 Grip Championships
CURL, CHEAT, DUMBBELL, LEFT	18	M	80	40	Patterson, Tyler	11/12/2016	2016 Plymouth, PA Rock RD
CURL, CHEAT, DUMBBELL, LEFT	40	M	75	90	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	40	M	80	76	Jones, Dan	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, LEFT	40	M	90	60	English, Robert	7/25/1993	RD - Ambridge
CURL, CHEAT, DUMBBELL, LEFT	40	M	100	48	Wilmot, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
CURL, CHEAT, DUMBBELL, LEFT	40	M	115	115	Ullom, Chad	9/30/2015	POSTAL (2015) - Q3
CURL, CHEAT, DUMBBELL, LEFT	40	M	120	100	Ullom, Chad	1/24/2015	2015 Florida RD
CURL, CHEAT, DUMBBELL, LEFT	40	M	125+	110	Cookson, Chuck	2/12/2012	RD - Dino Gym (2012)
CURL, CHEAT, DUMBBELL, LEFT	45	M	75	50	Ortega, Toby	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
CURL, CHEAT, DUMBBELL, LEFT	45	M	100	89	Fobes, Jarrod	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
CURL, CHEAT, DUMBBELL, LEFT	45	M	110	85	Myers, Al	2/10/2013	RD - Dino Gym (2013)
CURL, CHEAT, DUMBBELL, LEFT	45	M	120	100	Todd, Eric	12/10/2022	RD - Lift for Leroy '22
CURL, CHEAT, DUMBBELL, LEFT	45	M	125+	85	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
CURL, CHEAT, DUMBBELL, LEFT	50	M	95	62	Gupta, Sanjiv	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
CURL, CHEAT, DUMBBELL, LEFT	50	M	100	62	Gupta, Sanjiv	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, LEFT	50	M	105	105	Ullom, Chad	1/15/2022	Dino Gym Challenge (2022)
CURL, CHEAT, DUMBBELL, LEFT	50	M	110	50	Poore, Clint	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
CURL, CHEAT, DUMBBELL, LEFT	50	M	115	72	Geib, Bob	2/18/1995	95 Buckeye Record Breaker
CURL, CHEAT, DUMBBELL, LEFT	50	M	120	76	Patterson, James	11/12/2016	2016 Plymouth, PA Rock RD
CURL, CHEAT, DUMBBELL, LEFT	55	M	70	40	Gago, David	9/27/2016	2016 Frank's RD
CURL, CHEAT, DUMBBELL, LEFT	55	M	75	61	Gago, David	11/12/2016	2016 Plymouth, PA Rock RD
CURL, CHEAT, DUMBBELL, LEFT	55	M	85	50	DiCiccio, Bill	10/11/1998	98 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	55	M	90	40	Frappier, Chris	6/4/2023	Hackendinnie Classic
CURL, CHEAT, DUMBBELL, LEFT	55	M	95	99	Vernacchio, John	11/20/1996	Team Match
CURL, CHEAT, DUMBBELL, LEFT	55	M	105	75	Myers, Al	1/21/2023	Dino Gym Challenge (2023)
CURL, CHEAT, DUMBBELL, LEFT	55	M	110	65	Lupo, Tony	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
CURL, CHEAT, DUMBBELL, LEFT	55	M	115	70	Lupo, Tony	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
CURL, CHEAT, DUMBBELL, LEFT	60	M	80	66	DeForest, Dave	10/5/2024	Buffville Road to the Century Club #6
CURL, CHEAT, DUMBBELL, LEFT	60	M	85	50	DeForest, Dave	4/7/2024	Bench press Heptathlon
CURL, CHEAT, DUMBBELL, LEFT	60	M	90	70	DeForest, Dave	8/21/2021	2021 SWEET 16/ELITE 8
CURL, CHEAT, DUMBBELL, LEFT	60	M	115	75	Lupo, Tony	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
CURL, CHEAT, DUMBBELL, LEFT	60	M	125+	60	Ciavattone, Frank	7/27/2019	2019 Eastern Mass RD

USAWA Record List

CURL, CHEAT, DUMBBELL, LEFT	65	M	70	70	Stark, Robert	6/26/1989	NATIONALS (1989) - Plymouth, PA
CURL, CHEAT, DUMBBELL, LEFT	65	M	80	35	McKean, John	10/12/2014	2014 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	65	M	85	70	Deforest, Dave	3/22/2025	Great American Bench Press Meet, Buffville, KY
CURL, CHEAT, DUMBBELL, LEFT	65	M	90	65	Deforest, Dave	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CURL, CHEAT, DUMBBELL, LEFT	65	M	100	65	Prechtel, Howard	7/25/1993	RD - Ambridge
CURL, CHEAT, DUMBBELL, LEFT	65	M	125	50	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
CURL, CHEAT, DUMBBELL, LEFT	70	M	70	42	Pensyl, Barry	11/30/2020	POSTAL (2020) - RECORD DAY
CURL, CHEAT, DUMBBELL, LEFT	70	M	75	45	Mitchell, Dennis	10/23/2005	2005 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	70	M	90	50	Habecker, Denny	9/30/2015	POSTAL (2015) - Q3
CURL, CHEAT, DUMBBELL, LEFT	70	M	110	60	Murdock, Mike	2/12/2012	RD - Dino Gym (2012)
CURL, CHEAT, DUMBBELL, LEFT	70	M	115	60	Glasgow, Dave	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, LEFT	75	M	100	40	Myers, LaVerne	1/21/2023	Dino Gym Challenge (2023)
CURL, CHEAT, DUMBBELL, LEFT	75	M	105	40	Myers, LaVerne	11/30/2020	POSTAL (2020) - RECORD DAY
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	45	20	Todd, LeRoy	12/10/2022	RD - Lift for Leroy '22
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	65	79	Jackson, Daryl	9/30/2015	POSTAL (2015) - Q3
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	70	90	Zaremba, Pete	10/15/1995	95 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	75	90	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	80	85	Woodward, Ryan	10/28/2006	Macomb Record Setter
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	85	100	Smith, Abe	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	90	80	Piper, Tim	10/28/2006	Macomb Record Setter
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	95	124	Frappier, Kyle	6/4/2023	Hackendinnie Classic
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	100	89	Fobes, Jarrod	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	105	105	Ullom, Chad	1/15/2022	Dino Gym Challenge (2022)
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	110	90	Colliluori, Dave	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	115	115	Ullom, Chad	9/30/2015	POSTAL (2015) - Q3
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	120	100	Ullom, Chad	1/24/2015	2015 Florida RD
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	125	50	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	125+	110	Cookson, Chuck	2/12/2012	RD - Dino Gym (2012)
CURL, CHEAT, DUMBBELL, RIGHT	13	F	50	30	Todd, Phoebe	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	13	F	60	45	Todd, Phoebe	11/18/2023	RD - Lift for Leroy '23
CURL, CHEAT, DUMBBELL, RIGHT	13	F	65	35	Todd, Lillian	12/10/2022	RD - Lift for Leroy '22
CURL, CHEAT, DUMBBELL, RIGHT	13	F	70	40	Griffis, Kirstie	7/23/2005	Bulldog Record Day
CURL, CHEAT, DUMBBELL, RIGHT	14	F	70	50	Todd, Lillian	11/18/2023	RD - Lift for Leroy '23
CURL, CHEAT, DUMBBELL, RIGHT	14	F	75	40	Fritz, Misty	7/23/2005	Bulldog Record Day
CURL, CHEAT, DUMBBELL, RIGHT	40	F	85	65	Todd, Stacy	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	45	F	125+	70	McConnaughey, Mary	7/23/2005	Bulldog Record Day
CURL, CHEAT, DUMBBELL, RIGHT	50	F	50	55	Jackson, RJ	9/30/2015	POSTAL (2015) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	55	F	75	35	DeRoller, Chris	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	55	F	90	30	Lupo, Allison	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	60	F	85	35	Thompson, Janet	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	60	F	105	40	Gore, Lisa	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	65	F	75	25	Thompson, Janet	9/30/2025	POSTAL (2025) - Q3

USAWA Record List

CURL, CHEAT, DUMBBELL, RIGHT	70	F	65	10	Santangelo, Lori	5/12/2024	Record Day- Clark's Gym 2
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	50	55	Jackson, RJ	9/30/2015	POSTAL (2015) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	60	45	Todd, Phoebe	11/18/2023	RD - Lift for Leroy '23
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	65	45	Schmidt, Kathy	2/22/1997	97 Buckeye Record Breaker
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	70	50	Todd, Lillian	11/18/2023	RD - Lift for Leroy '23
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	75	40	Fritz, Misty	7/23/2005	Bulldog Record Day
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	85	65	Todd, Stacy	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	90	30	Lupo, Allison	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	100	45	Kressly, Jera	9/30/2015	POSTAL (2015) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	105	40	Gore, Lisa	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	125+	70	McConnaughey, Mary	7/23/2005	Bulldog Record Day
CURL, CHEAT, DUMBBELL, RIGHT	13	M	35	15	Todd, Leroy	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	13	M	45	20	Todd, LeRoy	12/10/2022	RD - Lift for Leroy '22
CURL, CHEAT, DUMBBELL, RIGHT	13	M	70	50	McKean, Sean	10/15/1995	95 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, RIGHT	14	M	55	40	Myers, Sam	10/28/2006	Macomb Record Setter
CURL, CHEAT, DUMBBELL, RIGHT	14	M	60	50	Brewer, Austin	9/30/2015	POSTAL (2015) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	14	M	65	60	Heit, Calvin	2/11/2017	2017 Grip Championships
CURL, CHEAT, DUMBBELL, RIGHT	16	M	65	50	Schmidt, Alan	2/26/1994	94 Buckeye Record Breaker
CURL, CHEAT, DUMBBELL, RIGHT	40	M	75	90	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, RIGHT	40	M	85	100	Smith, Abe	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	40	M	90	55	English, Robert	7/25/1993	RD - Ambridge
CURL, CHEAT, DUMBBELL, RIGHT	40	M	100	48	Wilmot, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
CURL, CHEAT, DUMBBELL, RIGHT	40	M	120	100	Ullom, Chad	1/24/2015	2015 Florida RD
CURL, CHEAT, DUMBBELL, RIGHT	40	M	125	80	Cookson, Chuck	2/13/2011	RD - Dino Gym (2011)
CURL, CHEAT, DUMBBELL, RIGHT	40	M	125+	110	Cookson, Chuck	2/12/2012	RD - Dino Gym (2012)
CURL, CHEAT, DUMBBELL, RIGHT	45	M	65	88	Pensyl, Barry	11/20/1996	Team Match
CURL, CHEAT, DUMBBELL, RIGHT	45	M	75	50	Ortega, Toby	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
CURL, CHEAT, DUMBBELL, RIGHT	45	M	100	92	Fobes, Jarrod	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
CURL, CHEAT, DUMBBELL, RIGHT	45	M	105	105	Myers, Al	9/30/2015	POSTAL (2015) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	45	M	110	85	Myers, Al	2/10/2013	RD - Dino Gym (2013)
CURL, CHEAT, DUMBBELL, RIGHT	45	M	115	115	Ullom, Chad	2/11/2017	2017 Grip Championships
CURL, CHEAT, DUMBBELL, RIGHT	45	M	120	120	Todd, Eric	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	45	M	125+	85	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
CURL, CHEAT, DUMBBELL, RIGHT	50	M	80	99	Patterson, Tony	11/12/2016	2016 Plymouth, PA Rock RD
CURL, CHEAT, DUMBBELL, RIGHT	50	M	105	110	Ullom, Chad	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	50	M	110	90	Myers, Al	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	50	M	115	72	Geib, Bob	2/18/1995	95 Buckeye Record Breaker
CURL, CHEAT, DUMBBELL, RIGHT	50	M	120	99	Patterson, James	11/12/2016	2016 Plymouth, PA Rock RD
CURL, CHEAT, DUMBBELL, RIGHT	55	M	70	40	Gago, David	9/27/2016	2016 Frank's RD
CURL, CHEAT, DUMBBELL, RIGHT	55	M	75	61	Marchand, Wade	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	55	M	85	88	Habecker, Denny	12/14/1996	Valley Forge, Pa
CURL, CHEAT, DUMBBELL, RIGHT	55	M	90	40	Frappier, Chris	6/4/2023	Hackendinnie Classic

USAWA Record List

CURL, CHEAT, DUMBBELL, RIGHT	55	M	105	75	Myers, Al	1/21/2023	Dino Gym Challenge (2023)
CURL, CHEAT, DUMBBELL, RIGHT	55	M	110	50	Lupo, Tony	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
CURL, CHEAT, DUMBBELL, RIGHT	55	M	115	62	Raymond, Mark	7/27/2019	2019 Eastern Mass RD
CURL, CHEAT, DUMBBELL, RIGHT	55	M	125+	65	Foster, Lance	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	60	M	80	60	DeForest, Dave	8/10/2024	2024 Two-Fisted Challenge RD
CURL, CHEAT, DUMBBELL, RIGHT	60	M	85	50	DeForest, Dave	4/7/2024	Bench press Heptathlon
CURL, CHEAT, DUMBBELL, RIGHT	60	M	90	70	DeForest, Dave	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	60	M	95	70	Locondro, Mike	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	60	M	100	90	Carter, John	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	60	M	115	70	Jury, Steve	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	60	M	125+	60	Ciavattone, Frank	7/27/2019	2019 Eastern Mass RD
CURL, CHEAT, DUMBBELL, RIGHT	65	M	65	40	Gilsdorf, Robert	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	65	M	70	75	Stark, Robert	6/26/1989	NATIONALS (1989) - Plymouth, PA
CURL, CHEAT, DUMBBELL, RIGHT	65	M	80	60	Bryan, Barry	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	65	M	85	70	DeForest, Dave	3/22/2025	Great American Bench Press Meet, Buffville, KY
CURL, CHEAT, DUMBBELL, RIGHT	65	M	90	65	DeForest, Dave	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CURL, CHEAT, DUMBBELL, RIGHT	65	M	100	65	Prechtel, Howard	7/25/1993	RD - Ambridge
CURL, CHEAT, DUMBBELL, RIGHT	65	M	110	70	Licini, Jerome	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	65	M	115	76	Larson, Nils	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	65	M	125	50	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
CURL, CHEAT, DUMBBELL, RIGHT	70	M	70	50	Pensyl, Barry	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	70	M	75	45	Mitchell, Dennis	10/23/2005	2005 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, RIGHT	70	M	90	55	Habecker, Denny	8/5/2017	PRESIDENTIAL CUP (2017)
CURL, CHEAT, DUMBBELL, RIGHT	70	M	95	50	Habecker, Denny	10/16/2016	2016 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, RIGHT	70	M	110	60	Myers, LaVerne	9/30/2015	POSTAL (2015) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	70	M	115	40	Ross, Dean	8/6/2016	PRESIDENTIAL CUP (2016)
CURL, CHEAT, DUMBBELL, RIGHT	70	M	120	50	Ross, Dean	9/30/2015	POSTAL (2015) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	70	M	125	50	Ciavattone, Frank	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	75	M	60	45	Pensyl, Barry	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
CURL, CHEAT, DUMBBELL, RIGHT	75	M	90	45	Habecker, Denny	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	75	M	100	40	Myers, LaVerne	1/21/2023	Dino Gym Challenge (2023)
CURL, CHEAT, DUMBBELL, RIGHT	75	M	105	55	Myers, LaVerne	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	80	M	85	40	Habecker, Denny	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	85	M	95	30	Clark, Bill	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	35	15	Todd, Leroy	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	45	20	Todd, LeRoy	12/10/2022	RD - Lift for Leroy '22
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	60	50	Brewer, Austin	9/30/2015	POSTAL (2015) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	65	88	Pensyl, Barry	11/20/1996	Team Match
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	70	100	Zaremba, Pete	10/15/1995	95 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	75	110	Zaremba, Pete	2/24/1996	96 Buckeye Record Breaker
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	80	101	Wagman, Dan	8/3/2024	Clarks Gym RD #4 (2024)
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	85	100	Smith, Abe	9/30/2025	POSTAL (2025) - Q3

USAWA Record List

CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	90	80	Piper, Tim	10/28/2006	Macomb Record Setter
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	95	110	Pruznick, Miles	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	100	92	Fobes, Jarrod	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	105	110	Ullom, Chad	9/30/2025	POSTAL (2025) - Q3
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	110	90	Myers, Al	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	115	115	Ullom, Chad	2/11/2017	2017 Grip Championships
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	120	120	Todd, Eric	3/31/2021	POSTAL (2021) - Q1
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	125	80	Cookson, Chuck	2/13/2011	RD - Dino Gym (2011)
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	125+	110	Cookson, Chuck	2/12/2012	RD - Dino Gym (2012)
CURL, CHEAT, REVERSE GRIP	13	F	45	37	Todd, Phoebe	6/30/2020	POSTAL (2020) - Q2
CURL, CHEAT, REVERSE GRIP	13	F	70	47	Smith, Kylie	6/30/2020	POSTAL (2020) - Q2
CURL, CHEAT, REVERSE GRIP	40	F	65	60	Schmidt, Kathy	10/11/1998	98 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP	40	F	75	55	Schmidt, Kathy	3/3/2001	2001 Buckeye Record Day
CURL, CHEAT, REVERSE GRIP	45	F	100	93	Sees, Susan	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CURL, CHEAT, REVERSE GRIP	50	F	50	86	Jackson, RJ	12/1/2012	2012 Gracie Club RD
CURL, CHEAT, REVERSE GRIP	50	F	105	88	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	55	F	90	47	Lupo, Allison	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CURL, CHEAT, REVERSE GRIP	60	F	85	60	Thompson, Janet	6/30/2020	POSTAL (2020) - Q2
CURL, CHEAT, REVERSE GRIP	ALL	F	45	37	Todd, Phoebe	6/30/2020	POSTAL (2020) - Q2
CURL, CHEAT, REVERSE GRIP	ALL	F	50	86	Jackson, RJ	12/1/2012	2012 Gracie Club RD
CURL, CHEAT, REVERSE GRIP	ALL	F	65	60	Schmidt, Kathy	10/11/1998	98 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP	ALL	F	70	47	Smith, Kylie	6/30/2020	POSTAL (2020) - Q2
CURL, CHEAT, REVERSE GRIP	ALL	F	75	55	Schmidt, Kathy	3/3/2001	2001 Buckeye Record Day
CURL, CHEAT, REVERSE GRIP	ALL	F	80	85	Fobes, Karena	1/1/2012	2011 National Postal
CURL, CHEAT, REVERSE GRIP	ALL	F	85	60	Thompson, Janet	6/30/2020	POSTAL (2020) - Q2
CURL, CHEAT, REVERSE GRIP	ALL	F	90	47	Lupo, Allison	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CURL, CHEAT, REVERSE GRIP	ALL	F	100	93	Sees, Susan	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CURL, CHEAT, REVERSE GRIP	ALL	F	105	88	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	NAT	F	100	93	Sees, Susan	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CURL, CHEAT, REVERSE GRIP	NAT	F	105	88	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	13	M	35	30	Todd, Leroy	6/30/2020	POSTAL (2020) - Q2
CURL, CHEAT, REVERSE GRIP	13	M	55	44	Habecker, Aidan	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	13	M	70	55	McKean, Sean	10/15/1995	95 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP	14	M	55	60	Myers, Sam	10/28/2006	Macomb Record Setter
CURL, CHEAT, REVERSE GRIP	14	M	70	88	Lestan, Eric	6/22/2019	NATIONALS (2019) - Lebanon, PA
CURL, CHEAT, REVERSE GRIP	14	M	95	121	Habecker, Aidan	6/22/2019	NATIONALS (2019) - Lebanon, PA
CURL, CHEAT, REVERSE GRIP	14	M	125+	75	Hess, Kohl	6/30/2010	Middle Atlantic Postal
CURL, CHEAT, REVERSE GRIP	16	M	60	85	Wenzel, Spencer	5/12/2024	Record Day- Clark's Gym 2
CURL, CHEAT, REVERSE GRIP	16	M	65	110	Schmidt, Alan	2/26/1994	94 Buckeye Record Breaker
CURL, CHEAT, REVERSE GRIP	16	M	70	116	Schmidt, Alan	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
CURL, CHEAT, REVERSE GRIP	16	M	75	121	Hancock, Matt	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	16	M	80	55	Martel, Norman	8/16/2025	Walpole Record Day, East Walpole, MA

USAWA Record List

CURL, CHEAT, REVERSE GRIP	16	M	100	121	Habecker, Aidan	6/30/2020	POSTAL (2020) - Q2
CURL, CHEAT, REVERSE GRIP	18	M	100	181	Ciavattone, Joe Jr.	1/1/2012	2011 National Postal
CURL, CHEAT, REVERSE GRIP	40	M	75	105	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP	40	M	90	132	Piper, Tim	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CURL, CHEAT, REVERSE GRIP	40	M	95	205	Strangeway, John	6/30/2020	POSTAL (2020) - Q2
CURL, CHEAT, REVERSE GRIP	40	M	100	88	Wilmot, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
CURL, CHEAT, REVERSE GRIP	40	M	105	135	Silvestri, Larry	10/10/2005	2005 Frank Sr. Mem Day
CURL, CHEAT, REVERSE GRIP	40	M	110	231	Fuller, James	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	40	M	115	209	Ullom, Chad	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CURL, CHEAT, REVERSE GRIP	40	M	120	216	Todd, Eric	3/30/2015	POSTAL (2015) - Q1
CURL, CHEAT, REVERSE GRIP	40	M	125	180	Todd, Chris	6/30/2020	POSTAL (2020) - Q2
CURL, CHEAT, REVERSE GRIP	40	M	125+	132	Barnhart, Darren	6/30/2010	Middle Atlantic Postal
CURL, CHEAT, REVERSE GRIP	45	M	70	88	Waterman, Chris	3/3/2001	2001 Buckeye Record Day
CURL, CHEAT, REVERSE GRIP	45	M	90	171	Clark, Bill	4/11/2015	2015 Lebanon, PA Co RD
CURL, CHEAT, REVERSE GRIP	45	M	95	125	Santos, Robert	3/4/2017	2017 Iceberg Open RD
CURL, CHEAT, REVERSE GRIP	45	M	100	185	Fobes, Jarrod	12/13/2025	2025 TEAM CHAMPIONSHIPS - RD, Lakewood, CO
CURL, CHEAT, REVERSE GRIP	45	M	110	209	Myers, Al	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CURL, CHEAT, REVERSE GRIP	45	M	115	200	Myers, Al	1/1/2012	2011 National Postal
CURL, CHEAT, REVERSE GRIP	45	M	125+	220	Mitchell, Mark	6/30/2010	Middle Atlantic Postal
CURL, CHEAT, REVERSE GRIP	50	M	85	204	Wagman, Dan	1/19/2013	Dino Gym Challenge (2013)
CURL, CHEAT, REVERSE GRIP	50	M	90	115	Gupta, Sanjiv	7/13/2023	RD - Colorado
CURL, CHEAT, REVERSE GRIP	50	M	95	115	Gupta, Sanjiv	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
CURL, CHEAT, REVERSE GRIP	50	M	105	180	Myers, Al	2/11/2017	2017 Grip Championships
CURL, CHEAT, REVERSE GRIP	50	M	110	155	Myers, Al	12/8/2019	2019 USAWA Club Championships
CURL, CHEAT, REVERSE GRIP	50	M	115	83	Geib, Bob	2/22/1997	97 Buckeye Record Breaker
CURL, CHEAT, REVERSE GRIP	50	M	120	146	Schmidt, Scott	10/23/2005	2005 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP	50	M	125+	100	Foster, Lance	6/30/2020	POSTAL (2020) - Q2
CURL, CHEAT, REVERSE GRIP	55	M	80	140	Patterson, Tony	3/4/2017	2017 Iceberg Open RD
CURL, CHEAT, REVERSE GRIP	55	M	85	105	DiCiccio, Bill	2/24/1996	96 Buckeye Record Breaker
CURL, CHEAT, REVERSE GRIP	55	M	90	148	Bryan, Barry	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	55	M	95	165	Traub, Larry	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CURL, CHEAT, REVERSE GRIP	55	M	115	181	Glasgow, Dave	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CURL, CHEAT, REVERSE GRIP	55	M	125+	200	Douglas, John	12/8/2019	2019 USAWA Club Championships
CURL, CHEAT, REVERSE GRIP	60	M	75	70	McKean, John	10/17/2010	2010 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP	60	M	90	176	Smith, Randy	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	60	M	110	143	Schmidt, Scott	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	60	M	125+	66	Ciavattone, Frank	6/22/2019	NATIONALS (2019) - Lebanon, PA
CURL, CHEAT, REVERSE GRIP	65	M	70	119	Stark, Robert	6/26/1989	NATIONALS (1989) - Plymouth, PA
CURL, CHEAT, REVERSE GRIP	65	M	75	88	McKean, John	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	65	M	80	100	McKean, John	3/10/2012	2012 Club Challenge
CURL, CHEAT, REVERSE GRIP	65	M	85	100	DeForest, Dave	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025) - RD
CURL, CHEAT, REVERSE GRIP	65	M	90	126	Habecker, Denny	6/30/2012	NATIONALS (2012) - Las Vegas, NV

USAWA Record List

CURL, CHEAT, REVERSE GRIP	65	M	110	120	Larson, Nils	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CURL, CHEAT, REVERSE GRIP	65	M	115	160	Glasgow, Dave	12/8/2019	2019 USAWA Club Championships
CURL, CHEAT, REVERSE GRIP	65	M	125	132	Ross, Dean	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CURL, CHEAT, REVERSE GRIP	70	M	70	106	Pensyl, Barry	12/15/2018	2018 Vernacchio RD
CURL, CHEAT, REVERSE GRIP	70	M	75	65	Mitchell, Dennis	10/29/2005	IAWA GOLD CUP (2005) - Maui, HI
CURL, CHEAT, REVERSE GRIP	70	M	80	90	Emslie, David	3/28/2015	2015 Clark's Gym RD
CURL, CHEAT, REVERSE GRIP	70	M	85	115	Habecker, Denny	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	70	M	90	119	Habecker, Denny	10/12/2014	2014 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP	70	M	110	137	Myers, LaVerne	3/30/2015	POSTAL (2015) - Q1
CURL, CHEAT, REVERSE GRIP	70	M	115	137	Ross, Dean	3/30/2015	POSTAL (2015) - Q1
CURL, CHEAT, REVERSE GRIP	70	M	120	135	Malloy, Jim	10/14/2012	2012 Arts Birthday Bash
CURL, CHEAT, REVERSE GRIP	75	M	65	75	Pensyl, Barry	5/25/2024	RD - Lebanon, PA '24
CURL, CHEAT, REVERSE GRIP	75	M	85	110	Habecker, Denny	6/22/2019	NATIONALS (2019) - Lebanon, PA
CURL, CHEAT, REVERSE GRIP	75	M	100	80	Myers, LaVerne	2/11/2023	GRIP CHAMPIONSHIPS
CURL, CHEAT, REVERSE GRIP	75	M	105	121	Myers, LaVerne	6/22/2019	NATIONALS (2019) - Lebanon, PA
CURL, CHEAT, REVERSE GRIP	75	M	110	95	Ross, Dean	12/8/2019	2019 USAWA Club Championships
CURL, CHEAT, REVERSE GRIP	80	M	70	55	Mitchell, Dennis	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CURL, CHEAT, REVERSE GRIP	80	M	85	80	Habecker, Denny	2/11/2023	GRIP CHAMPIONSHIPS
CURL, CHEAT, REVERSE GRIP	85	M	65	44	Mitchell, Dennis	6/22/2019	NATIONALS (2019) - Lebanon, PA
CURL, CHEAT, REVERSE GRIP	85	M	80	66	Montini, Art	3/30/2015	POSTAL (2015) - Q1
CURL, CHEAT, REVERSE GRIP	ALL	M	60	85	Wenzel, Spencer	5/12/2024	Record Day- Clark's Gym 2
CURL, CHEAT, REVERSE GRIP	ALL	M	65	110	Schmidt, Alan	2/26/1994	94 Buckeye Record Breaker
CURL, CHEAT, REVERSE GRIP	ALL	M	70	130	Wenzel, Riley	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
CURL, CHEAT, REVERSE GRIP	ALL	M	75	121	Hancock, Matt	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	ALL	M	80	140	Patterson, Tony	3/4/2017	2017 Iceberg Open RD
CURL, CHEAT, REVERSE GRIP	ALL	M	85	204	Wagman, Dan	1/19/2013	Dino Gym Challenge (2013)
CURL, CHEAT, REVERSE GRIP	ALL	M	90	176	Smith, Randy	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	ALL	M	95	205	Strangeway, John	6/30/2020	POSTAL (2020) - Q2
CURL, CHEAT, REVERSE GRIP	ALL	M	100	185	Fobes, Jarrod	12/13/2025	2025 TEAM CHAMPIONSHIPS - RD, Lakewood, CO
CURL, CHEAT, REVERSE GRIP	ALL	M	105	180	Myers, Al	2/11/2017	2017 Grip Championships
CURL, CHEAT, REVERSE GRIP	ALL	M	110	231	Fuller, James	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	ALL	M	115	209	Ullom, Chad	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CURL, CHEAT, REVERSE GRIP	ALL	M	120	216	Todd, Eric	3/30/2015	POSTAL (2015) - Q1
CURL, CHEAT, REVERSE GRIP	ALL	M	125	225	Johnson, Eddie	12/8/2019	2019 USAWA Club Championships
CURL, CHEAT, REVERSE GRIP	ALL	M	125+	220	Mitchell, Mark	6/30/2010	Middle Atlantic Postal
CURL, CHEAT, REVERSE GRIP	NAT	M	65	44	Mitchell, Dennis	6/22/2019	NATIONALS (2019) - Lebanon, PA
CURL, CHEAT, REVERSE GRIP	NAT	M	70	99	Pensyl, Barry	6/22/2019	NATIONALS (2019) - Lebanon, PA
CURL, CHEAT, REVERSE GRIP	NAT	M	75	121	Hancock, Matt	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	NAT	M	80	66	Montini, Art	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	NAT	M	85	115	Habecker, Denny	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	NAT	M	90	176	Smith, Randy	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	NAT	M	95	165	Traub, Larry	6/30/2012	NATIONALS (2012) - Las Vegas, NV

USAWA Record List

CURL, CHEAT, REVERSE GRIP	NAT	M	105	165	Myers, Al	6/22/2019	NATIONALS (2019) - Lebanon, PA
CURL, CHEAT, REVERSE GRIP	NAT	M	110	231	Fuller, James	6/20/2015	NATIONALS (2015) - York, PA
CURL, CHEAT, REVERSE GRIP	NAT	M	115	209	Ullom, Chad	6/30/2012	NATIONALS (2012) - Las Vegas, NV
CURL, CHEAT, REVERSE GRIP	NAT	M	125	198	Lestan, Chris	6/22/2019	NATIONALS (2019) - Lebanon, PA
CURL, CHEAT, REVERSE GRIP	NAT	M	125+	66	Ciavattone, Frank	6/22/2019	NATIONALS (2019) - Lebanon, PA
CURL, STRICT	55	M	80	80	DeForest, Dave	7/27/2024	Buffville Road to the Century Club #5
CURL, STRICT	13	F	30	10	Monk, Elizabeth	4/14/2002	POSTAL (2002) - Q1
CURL, STRICT	13	F	40	25	Myers, Molly	2/10/2007	RD - Dino Gym (2007)
CURL, STRICT	13	F	45	38	Monk, Elizabeth	10/12/2008	2008 Art's Birthday Bash
CURL, STRICT	13	F	50	45	Wilson, Janay	2/10/2007	RD - Dino Gym (2007)
CURL, STRICT	13	F	55	40	Harris, Emily	2/10/2007	RD - Dino Gym (2007)
CURL, STRICT	13	F	60	50	Myers, Katie	2/10/2007	RD - Dino Gym (2007)
CURL, STRICT	13	F	80	50	Griffis, Kirstie	12/5/2005	Monday Night Mayhem
CURL, STRICT	14	F	80	55	Fritz, Misty	12/5/2005	Monday Night Mayhem
CURL, STRICT	40	F	70	40	Schmidt, Kathy	11/17/1999	99 Art's Birthday Bash
CURL, STRICT	45	F	125+	80	McConnaughey, Mary	12/5/2005	Monday Night Mayhem
CURL, STRICT	50	F	50	57	Jackson, RJ	6/30/2016	POSTAL (2016) - Q2
CURL, STRICT	50	F	60	65	Brooner-Lakowsky, Tressa	6/30/2016	POSTAL (2016) - Q2
CURL, STRICT	55	F	90	40	Lupo, Allison	8/16/2025	Walpole Record Day, East Walpole, MA
CURL, STRICT	60	F	60	48	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
CURL, STRICT	60	F	75	45	Thompson, Janet	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	ALL	F	30	10	Monk, Elizabeth	4/14/2002	POSTAL (2002) - Q1
CURL, STRICT	ALL	F	40	25	Myers, Molly	2/10/2007	RD - Dino Gym (2007)
CURL, STRICT	ALL	F	45	38	Monk, Elizabeth	10/12/2008	2008 Art's Birthday Bash
CURL, STRICT	ALL	F	50	57	Jackson, RJ	6/30/2016	POSTAL (2016) - Q2
CURL, STRICT	ALL	F	55	40	Harris, Emily	2/10/2007	RD - Dino Gym (2007)
CURL, STRICT	ALL	F	60	65	Brooner-Lakowsky, Tressa	6/30/2016	POSTAL (2016) - Q2
CURL, STRICT	ALL	F	65	60	Garcia, Cindy	2/6/1988	RD - Columbia, MO '88
CURL, STRICT	ALL	F	70	86	McKenzie, Shannon	10/23/2005	2005 Art's Birthday Bash
CURL, STRICT	ALL	F	75	45	Thompson, Janet	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	ALL	F	80	55	Fritz, Misty	12/5/2005	Monday Night Mayhem
CURL, STRICT	ALL	F	85	70	Todd, Stacy	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	ALL	F	90	40	Lupo, Allison	8/16/2025	Walpole Record Day, East Walpole, MA
CURL, STRICT	ALL	F	100	65	Kressly, Jera	7/15/2017	2017 Club Championships
CURL, STRICT	ALL	F	105	55	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
CURL, STRICT	ALL	F	110	60	Channel, Jamie	7/15/2017	2017 Club Championships
CURL, STRICT	ALL	F	125+	80	McConnaughey, Mary	12/5/2005	Monday Night Mayhem
CURL, STRICT	13	M	35	22	Todd, Everett	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	13	M	40	25	Monk, Joshua	8/1/2000	2000 Postal League
CURL, STRICT	13	M	45	30	Ciavattone, Joe Jr.	12/1/2002	2002 Posta Meet
CURL, STRICT	13	M	50	25	Krenzin, Tyler	2/15/2009	RD - Dino Gym (2009)
CURL, STRICT	13	M	55	40	Monk, Joshua	4/14/2002	POSTAL (2002) - Q1

USAWA Record List

CURL, STRICT	13	M	60	50	Houk, Jason	10/16/2011	2011 Arts Birthday Bash
CURL, STRICT	13	M	70	30	Krenzin, Tyler	2/13/2011	RD - Dino Gym (2011)
CURL, STRICT	13	M	75	35	Krenzin, Chris	2/13/2011	RD - Dino Gym (2011)
CURL, STRICT	14	M	55	45	Hurley, Josh	12/5/2005	Monday Night Mayhem
CURL, STRICT	14	M	70	55	Demille, Cale	4/14/2002	POSTAL (2002) - Q1
CURL, STRICT	14	M	80	65	Loewer, James	8/1/2000	2000 Postal League
CURL, STRICT	14	M	90	95	Ciavattone, Joe Jr.	5/25/2008	2008 Middle Atlantic Postal
CURL, STRICT	14	M	95	93	Graham, Tom	8/1/2000	2000 Postal League
CURL, STRICT	16	M	65	50	O'Brien, Marc	12/1/2002	2002 Posta Meet
CURL, STRICT	16	M	75	65	Quick, Sean	10/30/1999	99 NoWeight Dozen
CURL, STRICT	16	M	80	95	Grist, Jonathan	11/24/2002	Jump Stretch Record Day
CURL, STRICT	16	M	90	100	Hunter, Joe	10/14/2001	2001 Art's Birthday Bash
CURL, STRICT	16	M	105	77	Habecker, Aidan	11/30/2020	POSTAL (2020) - RECORD DAY
CURL, STRICT	18	M	75	100	Smith, Abe	8/1/2000	2000 Postal League
CURL, STRICT	18	M	80	75	McKean, Sean	8/1/2000	2000 Postal League
CURL, STRICT	18	M	85	88	Habecker, Aidan	12/17/2022	Memorial Record Day
CURL, STRICT	40	M	75	88	Waterman, Chris	3/7/1998	98 Buckeye Record Breaker
CURL, STRICT	40	M	85	120	Stearns, Ashley	3/9/2024	RD - Buffville 2
CURL, STRICT	40	M	90	130	English, Robert	7/25/1993	RD - Ambridge
CURL, STRICT	40	M	95	135	Stearns, Ashley	11/9/2024	Goerner Deadlift Dozen Plus One RD
CURL, STRICT	40	M	115	105	Powell, Tom	8/1/2000	2000 Postal League
CURL, STRICT	40	M	120	101	Myers, Al	2/15/2009	RD - Dino Gym (2009)
CURL, STRICT	40	M	125	105	Todd, Chris	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	40	M	125+	80	Mitchell, Mark	12/15/2002	RD - Columbia, MO '02
CURL, STRICT	45	M	75	99	McKenzie, Bob	3/4/2000	2000 Buckeye Record Break
CURL, STRICT	45	M	90	125	Brien, Dave	3/4/2017	2017 Iceberg Open RD
CURL, STRICT	45	M	95	127	Santos, Robert	3/4/2017	2017 Iceberg Open RD
CURL, STRICT	45	M	100	121	Schock, Ed	4/14/2002	POSTAL (2002) - Q1
CURL, STRICT	45	M	105	115	Wenzel, Jeff	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
CURL, STRICT	45	M	110	115	Wenzel, Jeff	6/9/2024	RD - Clark's Gym 3
CURL, STRICT	45	M	125	135	Todd, Eric	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	45	M	125+	100	Rogers, Bill	11/4/2000	2000 No-Weight Dozen
CURL, STRICT	50	M	75	88	Marchand, Wade	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	50	M	80	135	Patterson, Tony	9/27/2016	2016 Frank's RD
CURL, STRICT	50	M	90	105	Smith, Randy	5/25/2008	2008 Middle Atlantic Postal
CURL, STRICT	50	M	100	115	Hadley, Patrick	6/4/2023	Hackendinnie Classic
CURL, STRICT	50	M	105	135	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
CURL, STRICT	50	M	110	125	Wenzel, Jeff	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
CURL, STRICT	50	M	125+	110	Douglas, John	7/15/2017	2017 Club Championships
CURL, STRICT	55	M	70	95	Gago, David	9/27/2016	2016 Frank's RD
CURL, STRICT	55	M	75	96	Gago, David	11/12/2016	2016 Plymouth, PA Rock RD
CURL, STRICT	55	M	85	103	DiCiccio, Bill	10/13/1996	96 Art's Birthday Bash

USAWA Record List

CURL, STRICT	55	M	90	88	Habecker, Denny	4/14/2002	POSTAL (2002) - Q1
CURL, STRICT	55	M	100	105	Frappier, Chris	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
CURL, STRICT	55	M	105	110	Myers, Al	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	55	M	110	105	Tortorelli, Lou	5/25/2024	RD - Lebanon, PA '24
CURL, STRICT	55	M	115	87	Lupo, Tony	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CURL, STRICT	55	M	125+	80	Foster, Lance	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	60	M	80	75	DeForest, Dave	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
CURL, STRICT	60	M	85	90	DeForest, Dave	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	60	M	90	80	DeForest, Dave	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)
CURL, STRICT	60	M	100	90	Carter, John	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	60	M	115	101	Myers, LaVerne	2/15/2009	RD - Dino Gym (2009)
CURL, STRICT	60	M	120	100	Glasgow, Dave	7/15/2017	2017 Club Championships
CURL, STRICT	65	M	70	61	Pensyl, Barry	8/5/2017	PRESIDENTIAL CUP (2017)
CURL, STRICT	65	M	80	55	McKean, John	10/12/2014	2014 Art's Birthday Bash
CURL, STRICT	65	M	85	80	DeForest, Dave	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
CURL, STRICT	65	M	90	80	DeForest, Dave	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CURL, STRICT	65	M	100	45	Bletscher, Rudy	12/15/2002	RD - Columbia, MO '02
CURL, STRICT	65	M	110	111	Larson, Nils	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CURL, STRICT	65	M	115	120	Malloy, Jim	5/25/2008	2008 Middle Atlantic Postal
CURL, STRICT	70	M	65	57	Pensyl, Barry	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	70	M	70	61	Pensyl, Barry	8/4/2018	PRESIDENTIAL CUP (2018)
CURL, STRICT	70	M	85	75	Montini, Art	8/1/2000	2000 Postal League
CURL, STRICT	70	M	90	75	Habecker, Denny	10/12/2014	2014 Art's Birthday Bash
CURL, STRICT	70	M	105	35	Ross, Dean	7/15/2017	2017 Club Championships
CURL, STRICT	70	M	110	101	Myers, LaVerne	6/30/2016	POSTAL (2016) - Q2
CURL, STRICT	70	M	120	66	Ross, Dean	6/30/2016	POSTAL (2016) - Q2
CURL, STRICT	70	M	125	90	Ciavattone, Frank	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CURL, STRICT	75	M	60	51	Pensyl, Barry	12/14/2024	2024 Memorial Record Day
CURL, STRICT	75	M	65	52	Pensyl, Barry	5/20/2023	RD - Lebanon, PA '23
CURL, STRICT	75	M	85	66	Habecker, Denny	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	75	M	100	90	Myers, LaVerne	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	80	M	80	55	Durante, Richard	10/12/2014	2014 Art's Birthday Bash
CURL, STRICT	85	M	95	22	Clark, Bill	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	ALL	M	35	22	Todd, Everett	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	ALL	M	40	25	Monk, Joshua	8/1/2000	2000 Postal League
CURL, STRICT	ALL	M	60	51	Pensyl, Barry	12/14/2024	2024 Memorial Record Day
CURL, STRICT	ALL	M	65	57	Pensyl, Barry	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	ALL	M	70	121	Zaremba, Pete	2/18/1995	95 Buckeye Record Breaker
CURL, STRICT	ALL	M	75	115	Groves, Jason	10/14/2001	2001 Art's Birthday Bash
CURL, STRICT	ALL	M	80	135	Patterson, Tony	9/27/2016	2016 Frank's RD
CURL, STRICT	ALL	M	85	126	Wagman, Dan	6/30/2016	POSTAL (2016) - Q2
CURL, STRICT	ALL	M	90	130	English, Robert	7/25/1993	RD - Ambridge

USAWA Record List

CURL, STRICT	ALL	M	95	135	Stearns, Ashley	11/9/2024	Goerner Deadlift Dozen Plus One RD
CURL, STRICT	ALL	M	100	125	Pemberton, Josh	8/1/2000	2000 Postal League
CURL, STRICT	ALL	M	105	160	DeSignore, Antonio	10/14/2001	2001 Art's Birthday Bash
CURL, STRICT	ALL	M	110	148	Popkin, Brady	7/21/2012	2012 Macomb Record Setter
CURL, STRICT	ALL	M	115	125	Ciavattone, Joe Sr.	5/25/2008	2008 Middle Atlantic Postal
CURL, STRICT	ALL	M	120	155	Todd, Eric	12/1/2002	2002 Posta Meet
CURL, STRICT	ALL	M	125	135	Todd, Eric	6/30/2022	POSTAL (2022) - Q2
CURL, STRICT	ALL	M	125+	150	Beath, Ernie	10/17/2010	2010 Art's Birthday Bash
CURL, STRICT, REVERSE GRIP	13	F	55	30	Todd, Phoebe	6/30/2021	POSTAL (2021) - Q2
CURL, STRICT, REVERSE GRIP	13	F	60	28	Jones, Liliana	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
CURL, STRICT, REVERSE GRIP	14	F	65	33	Todd, Phoebe	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	14	F	75	45	Todd, Lillian	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	16	F	75	35	Ordonez, Nalexi	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	40	F	65	55	Skwarecki, Beth	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	40	F	70	50	Patrick, Lovely	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	40	F	90	60	Todd, Stacy	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	45	F	95	70	Hopps, Jessica	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	45	F	95	66	Sees, Susan	10/6/2012	2012 Worlds - Salina
CURL, STRICT, REVERSE GRIP	50	F	50	55	Jackson, RJ	12/1/2012	2012 Gracie Club RD
CURL, STRICT, REVERSE GRIP	55	F	50	38	Jackson, RJ	10/6/2019	2019 Worlds - Abilene
CURL, STRICT, REVERSE GRIP	55	F	60	44	VanWagner, Kim	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	55	F	90	40	Lupo, Allison	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	55	F	100	55	Gore, Lisa	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	60	F	50	56	Jackson, RJ	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	60	F	70	42	DeRoller, Chris	6/30/2021	POSTAL (2021) - Q2
CURL, STRICT, REVERSE GRIP	60	F	85	50	Schmidt, Kathy	7/13/2019	2019 Schmidt's RD
CURL, STRICT, REVERSE GRIP	65	F	75	45	Thompson, Janet	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	ALL	F	50	56	Jackson, RJ	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	ALL	F	55	30	Todd, Phoebe	6/30/2021	POSTAL (2021) - Q2
CURL, STRICT, REVERSE GRIP	ALL	F	60	44	Skwarecki, Beth	10/6/2019	2019 Worlds - Abilene
CURL, STRICT, REVERSE GRIP	ALL	F	65	55	Skwarecki, Beth	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	ALL	F	70	50	Patrick, Lovely	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	ALL	F	75	51	Lydon, Kim	7/27/2019	2019 Eastern Mass RD
CURL, STRICT, REVERSE GRIP	ALL	F	85	50	Schmidt, Kathy	7/13/2019	2019 Schmidt's RD
CURL, STRICT, REVERSE GRIP	ALL	F	90	65	Todd, Stacy	6/30/2021	POSTAL (2021) - Q2
CURL, STRICT, REVERSE GRIP	ALL	F	95	70	Hopps, Jessica	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	ALL	F	100	55	Kressly, Jera	10/6/2012	2012 Worlds - Salina
CURL, STRICT, REVERSE GRIP	13	M	30	18	Wenzel, Logan	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	13	M	40	20	Todd, Leroy	6/30/2021	POSTAL (2021) - Q2
CURL, STRICT, REVERSE GRIP	13	M	50	20	Todd, Everett	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	13	M	65	25	Todd, Leroy	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	14	M	95	55	Habecker, Aidan	6/30/2019	POSTAL (2019) - Q2

USAWA Record List

CURL, STRICT, REVERSE GRIP	16	M	60	45	Wenzel, Spencer	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	16	M	95	55	Habecker, Aidan	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
CURL, STRICT, REVERSE GRIP	18	M	65	100	O'Neill-Butters, Maverick	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	40	M	85	90	Smith, Abe	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	40	M	90	99	Piper, Tim	10/6/2012	2012 Worlds - Salina
CURL, STRICT, REVERSE GRIP	40	M	95	162	Jones, Dan	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	40	M	100	110	Strangeway, John	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
CURL, STRICT, REVERSE GRIP	40	M	105	95	Ullom, Chad	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
CURL, STRICT, REVERSE GRIP	40	M	110	132	Ullom, Chad	10/6/2012	2012 Worlds - Salina
CURL, STRICT, REVERSE GRIP	40	M	115	145	Todd, Eric	6/30/2019	POSTAL (2019) - Q2
CURL, STRICT, REVERSE GRIP	40	M	120	140	Todd, Eric	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
CURL, STRICT, REVERSE GRIP	40	M	125	100	Todd, Chris	6/30/2019	POSTAL (2019) - Q2
CURL, STRICT, REVERSE GRIP	45	M	100	85	Lansdown, Christopher	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	45	M	105	121	Ullom, Chad	10/6/2019	2019 Worlds - Abilene
CURL, STRICT, REVERSE GRIP	45	M	110	102	Wenzel, Jeff	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	45	M	115	143	Schmidt, Scott	10/11/1998	1998 Art's Birthday Bash
CURL, STRICT, REVERSE GRIP	45	M	120	150	Todd, Eric	6/30/2021	POSTAL (2021) - Q2
CURL, STRICT, REVERSE GRIP	45	M	125+	99	Foster, Lance	10/6/2012	2012 Worlds - Salina
CURL, STRICT, REVERSE GRIP	50	M	75	70	Marchand, Wade	6/30/2021	POSTAL (2021) - Q2
CURL, STRICT, REVERSE GRIP	50	M	80	138	Patterson, Tony	8/15/2016	2016 Frank's BBC RD
CURL, STRICT, REVERSE GRIP	50	M	85	104	Wagman, Dan	10/6/2012	2012 Worlds - Salina
CURL, STRICT, REVERSE GRIP	50	M	90	70	Gupta, Sanjiv	7/13/2023	RD - Colorado
CURL, STRICT, REVERSE GRIP	50	M	95	70	Gupta, Sanjiv	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	50	M	105	99	Myers, Al	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
CURL, STRICT, REVERSE GRIP	50	M	110	105	Myers, Al	6/30/2019	POSTAL (2019) - Q2
CURL, STRICT, REVERSE GRIP	50	M	115	88	Raymond, Mark	7/22/2017	2017 NE Cup RD
CURL, STRICT, REVERSE GRIP	50	M	125+	110	Morrison, Rocky	8/15/2016	2016 Frank's BBC RD
CURL, STRICT, REVERSE GRIP	55	M	75	100	Marchand, Wade	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	55	M	90	118	Bryan, Barry	10/12/2013	2013 Arts Birthday Bash
CURL, STRICT, REVERSE GRIP	55	M	199	65	Frappier, Chris	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	55	M	105	115	Raymond, Mark	7/9/2022	RD - Franks Barbell
CURL, STRICT, REVERSE GRIP	55	M	110	104	Schmidt, Scott	10/14/2012	2012 Arts Birthday Bash
CURL, STRICT, REVERSE GRIP	55	M	115	110	Glasgow, Dave	10/6/2012	2012 Worlds - Salina
CURL, STRICT, REVERSE GRIP	55	M	125+	117	Douglas, John	10/6/2019	2019 Worlds - Abilene
CURL, STRICT, REVERSE GRIP	60	M	80	60	DeForest, Dave	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	60	M	85	60	DeForest, Dave	4/7/2024	Bench press Heptathlon
CURL, STRICT, REVERSE GRIP	60	M	90	70	DeForest, Dave	6/30/2021	POSTAL (2021) - Q2
CURL, STRICT, REVERSE GRIP	60	M	95	70	Locondro, Mike	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	60	M	100	75	Garcia, Joe	11/8/2014	2014 Clarks RD
CURL, STRICT, REVERSE GRIP	60	M	105	120	Raymond, Mark	4/30/2023	2023 Norfolk County Record Day
CURL, STRICT, REVERSE GRIP	60	M	110	137	Schmidt, Scott	10/16/2016	2016 Art's Birthday Bash
CURL, STRICT, REVERSE GRIP	60	M	115	120	Larson, Nils	4/30/2023	2023 Norfolk County Record Day

USAWA Record List

CURL, STRICT, REVERSE GRIP	60	M	125+	77	Ciavattone, Frank	10/6/2019	2019 Worlds - Abilene
CURL, STRICT, REVERSE GRIP	65	M	70	53	Pensyl, Barry	5/6/2017	2017 Lebanon, PA Valley RD
CURL, STRICT, REVERSE GRIP	65	M	75	70	McKean, John	10/14/2012	2012 Arts Birthday Bash
CURL, STRICT, REVERSE GRIP	65	M	85	65	DeForest, Dave	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025) - RD
CURL, STRICT, REVERSE GRIP	65	M	90	88	Bryan, Barry	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	65	M	105	88	Puzin, Carl	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
CURL, STRICT, REVERSE GRIP	65	M	110	120	Puzin, Carl	4/30/2023	2023 Norfolk County Record Day
CURL, STRICT, REVERSE GRIP	65	M	115	99	Myers, LaVerne	10/6/2012	2012 Worlds - Salina
CURL, STRICT, REVERSE GRIP	65	M	120	66	Geib, Bob	10/6/2012	2012 Worlds - Salina
CURL, STRICT, REVERSE GRIP	65	M	125	132	Ciavattone, Frank	12/31/2023	2023 New Years Eve Record Breaker
CURL, STRICT, REVERSE GRIP	65	M	125+	140	Ciavattone, Frank	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	70	M	65	49	Pensyl, Barry	6/30/2021	POSTAL (2021) - Q2
CURL, STRICT, REVERSE GRIP	70	M	70	50	Pensyl, Barry	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
CURL, STRICT, REVERSE GRIP	70	M	80	85	Emslie, David	3/28/2015	2015 Clark's Gym RD
CURL, STRICT, REVERSE GRIP	70	M	85	77	Habecker, Denny	10/6/2012	2012 Worlds - Salina
CURL, STRICT, REVERSE GRIP	70	M	90	77	Habecker, Denny	11/29/2014	2014 New England Gold Cup
CURL, STRICT, REVERSE GRIP	70	M	95	65	Habecker, Denny	10/16/2016	2016 Art's Birthday Bash
CURL, STRICT, REVERSE GRIP	70	M	105	75	Murdock, Mike	7/15/2012	2012 Ledaig Record Breakers
CURL, STRICT, REVERSE GRIP	70	M	110	90	Myers, LaVerne	7/23/2016	2016 Club Championships
CURL, STRICT, REVERSE GRIP	70	M	115	80	Ross, Dean	7/23/2016	2016 Club Championships
CURL, STRICT, REVERSE GRIP	70	M	120	95	Malloy, Jim	10/14/2012	2012 Arts Birthday Bash
CURL, STRICT, REVERSE GRIP	70	M	125	90	Ciavattone, Frank	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CURL, STRICT, REVERSE GRIP	75	M	60	42	Pensyl, Barry	12/14/2024	2024 Memorial Record Day
CURL, STRICT, REVERSE GRIP	75	M	65	44	Pensyl, Barry	5/20/2023	RD - Lebanon, PA '23
CURL, STRICT, REVERSE GRIP	75	M	85	71	Habecker, Denny	10/6/2019	2019 Worlds - Abilene
CURL, STRICT, REVERSE GRIP	75	M	90	61	Habecker, Denny	6/30/2021	POSTAL (2021) - Q2
CURL, STRICT, REVERSE GRIP	75	M	95	65	Crozier, Bill	6/30/2013	2013 Middle Atlantic Postal
CURL, STRICT, REVERSE GRIP	75	M	100	55	Bletscher, Rudy	10/6/2012	2012 Worlds - Salina
CURL, STRICT, REVERSE GRIP	75	M	105	83	Myers, LaVerne	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
CURL, STRICT, REVERSE GRIP	75	M	110	77	Ross, Dean	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
CURL, STRICT, REVERSE GRIP	80	M	70	49	Mitchell, Dennis	10/6/2012	2012 Worlds - Salina
CURL, STRICT, REVERSE GRIP	80	M	80	55	Habecker, Denny	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	80	M	85	55	Habecker, Denny	5/20/2023	RD - Lebanon, PA '23
CURL, STRICT, REVERSE GRIP	85	M	65	33	Mitchell, Dennis	10/6/2019	2019 Worlds - Abilene
CURL, STRICT, REVERSE GRIP	85	M	95	22	Clark, Bill	6/30/2021	POSTAL (2021) - Q2
CURL, STRICT, REVERSE GRIP	ALL	M	30	18	Wenzel, Logan	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	ALL	M	40	20	Todd, Leroy	6/30/2021	POSTAL (2021) - Q2
CURL, STRICT, REVERSE GRIP	ALL	M	50	20	Todd, Everett	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	ALL	M	60	45	Wenzel, Spencer	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	ALL	M	65	100	O'Neill-Butters, Maverick	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	ALL	M	70	90	Rein, Brandon	6/30/2019	POSTAL (2019) - Q2
CURL, STRICT, REVERSE GRIP	ALL	M	75	100	Marchand, Wade	9/30/2024	POSTAL (2024) - Q3

USAWA Record List

CURL, STRICT, REVERSE GRIP	ALL	M	80	161	Wagman, Dan	5/12/2024	Record Day- Clark's Gym 2
CURL, STRICT, REVERSE GRIP	ALL	M	85	153	Wagman, Dan	10/6/2019	2019 Worlds - Abilene
CURL, STRICT, REVERSE GRIP	ALL	M	90	118	Bryan, Barry	10/12/2013	2013 Arts Birthday Bash
CURL, STRICT, REVERSE GRIP	ALL	M	95	162	Jones, Dan	9/30/2024	POSTAL (2024) - Q3
CURL, STRICT, REVERSE GRIP	ALL	M	100	110	Strangeway, John	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
CURL, STRICT, REVERSE GRIP	ALL	M	105	121	Ullom, Chad	10/6/2019	2019 Worlds - Abilene
CURL, STRICT, REVERSE GRIP	ALL	M	110	137	Schmidt, Scott	10/16/2016	2016 Art's Birthday Bash
CURL, STRICT, REVERSE GRIP	ALL	M	115	145	Todd, Eric	6/30/2019	POSTAL (2019) - Q2
CURL, STRICT, REVERSE GRIP	ALL	M	120	150	Todd, Eric	6/30/2021	POSTAL (2021) - Q2
CURL, STRICT, REVERSE GRIP	ALL	M	125	132	Ciavattone, Frank	12/31/2023	2023 New Years Eve Record Breaker
CURL, STRICT, REVERSE GRIP	ALL	M	125+	140	Ciavattone, Frank	9/30/2024	POSTAL (2024) - Q3
CURL, WRIST	40	F	75	80	Durnell, Lynne	10/14/2001	2001 Art's Birthday Bash
CURL, WRIST	50	F	50	115	Jackson, RJ	12/27/2014	2014 Colorado RB
CURL, WRIST	50	F	60	80	Brooner-Lakowsky, Tressa	2/13/2016	2016 Grip Championships
CURL, WRIST	55	F	60	81	VanWagner, Kim	8/3/2024	Clarks Gym RD #4 (2024)
CURL, WRIST	55	F	90	65	Lupo, Allison	5/31/2025	Ledaig Record Day - Topeka, KS
CURL, WRIST	55	F	125+	150	McConnaughey, Mary	2/13/2016	2016 Grip Championships
CURL, WRIST	ALL	F	50	115	Jackson, RJ	12/27/2014	2014 Colorado RB
CURL, WRIST	ALL	F	60	81	VanWagner, Kim	8/3/2024	Clarks Gym RD #4 (2024)
CURL, WRIST	ALL	F	70	170	Burchett, Emily	2/13/2016	2016 Grip Championships
CURL, WRIST	ALL	F	75	80	Durnell, Lynne	10/14/2001	2001 Art's Birthday Bash
CURL, WRIST	ALL	F	90	65	Lupo, Allison	5/31/2025	Ledaig Record Day - Topeka, KS
CURL, WRIST	ALL	F	125+	150	McConnaughey, Mary	2/13/2016	2016 Grip Championships
CURL, WRIST	16	M	75	80	Conley, Elijah	10/12/2024	Clarks Gym RD #5 (2024)
CURL, WRIST	16	M	80	65	Conley, Elijah	8/3/2024	Clarks Gym RD #4 (2024)
CURL, WRIST	16	M	90	195	McKean, Robbie	10/15/1995	95 Art's Birthday Bash
CURL, WRIST	40	M	75	145	McKean, John	10/15/1995	95 Art's Birthday Bash
CURL, WRIST	40	M	95	205	Stearns, Ashley	11/9/2024	Goerner Deadlift Dozen Plus One RD
CURL, WRIST	40	M	100	225	Edwards, Ben	2/13/2016	2016 Grip Championships
CURL, WRIST	40	M	110	215	Myers, Al	2/10/2008	RD - Dino Gym (2008)
CURL, WRIST	40	M	120	220	Myers, Al	2/15/2009	RD - Dino Gym (2009)
CURL, WRIST	40	M	125	215	Barnhart, Darren	2/10/2008	RD - Dino Gym (2008)
CURL, WRIST	40	M	125+	175	Tully, Scott	2/13/2016	2016 Grip Championships
CURL, WRIST	45	M	100	155	Fobes, Jarrod	10/12/2024	Clarks Gym RD #5 (2024)
CURL, WRIST	45	M	105	275	Myers, Al	2/13/2016	2016 Grip Championships
CURL, WRIST	50	M	75	145	Marchand, Wade	4/30/2023	2023 Norfolk County Record Day
CURL, WRIST	50	M	105	95	Hadley, Patrick	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CURL, WRIST	50	M	110	230	Myers, Al	5/4/2019	RD - Spring Dino Gym
CURL, WRIST	50	M	115	185	Poore, Clint	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CURL, WRIST	50	M	125+	151	Foster, Lance	2/13/2016	2016 Grip Championships
CURL, WRIST	55	M	80	115	McKean, John	11/24/2002	Jump Stretch Record Day
CURL, WRIST	55	M	110	150	Lupo, Tony	7/27/2024	Buffville Road to the Century Club #5

USAWA Record List

CURL, WRIST	55	M	115	160	Lupo, Tony	5/31/2025	Ledaig Record Day - Topeka, KS
CURL, WRIST	60	M	80	150	DeForest, Dave	7/27/2024	Buffville Road to the Century Club #5
CURL, WRIST	60	M	85	115	DeForest, Dave	4/14/2024	Record Day- Clark's Gym 1
CURL, WRIST	60	M	90	105	DeForest, Dave	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
CURL, WRIST	60	M	115	180	Myers, LaVerne	2/15/2009	RD - Dino Gym (2009)
CURL, WRIST	60	M	120	180	Glasgow, Dave	2/13/2016	2016 Grip Championships
CURL, WRIST	65	M	85	140	DeForest, Dave	5/31/2025	Ledaig Record Day - Topeka, KS
CURL, WRIST	65	M	115	110	Licini, Jerome	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
CURL, WRIST	70	M	110	210	Myers, LaVerne	2/13/2016	2016 Grip Championships
CURL, WRIST	70	M	120	120	Ross, Dean	2/13/2016	2016 Grip Championships
CURL, WRIST	ALL	M	75	145	McKean, John	10/15/1995	95 Art's Birthday Bash
CURL, WRIST	ALL	M	80	150	DeForest, Dave	7/27/2024	Buffville Road to the Century Club #5
CURL, WRIST	ALL	M	85	300	Wagman, Dan	12/27/2015	RD - Iron Warrior
CURL, WRIST	ALL	M	90	195	McKean, Robbie	10/15/1995	95 Art's Birthday Bash
CURL, WRIST	ALL	M	95	205	Stearns, Ashley	11/9/2024	Goerner Deadlift Dozen Plus One RD
CURL, WRIST	ALL	M	100	225	Edwards, Ben	2/13/2016	2016 Grip Championships
CURL, WRIST	ALL	M	105	275	Myers, Al	2/13/2016	2016 Grip Championships
CURL, WRIST	ALL	M	110	230	Myers, Al	5/4/2019	RD - Spring Dino Gym
CURL, WRIST	ALL	M	115	185	Poore, Clint	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CURL, WRIST	ALL	M	120	220	Myers, Al	2/15/2009	RD - Dino Gym (2009)
CURL, WRIST	ALL	M	125	215	Barnhart, Darren	2/10/2008	RD - Dino Gym (2008)
CURL, WRIST	ALL	M	125+	175	Tully, Scott	2/13/2016	2016 Grip Championships
CYR PRESS	13	F	30	15	Piper, Whitney	7/21/2012	2012 Macomb Record Setter
CYR PRESS	13	F	35	21	Piper, Whitney	10/14/2012	2012 OTSM Championships
CYR PRESS	13	F	60	35	Todd, Phoebe	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
CYR PRESS	14	F	70	45	Todd, Lillian	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
CYR PRESS	40	F	65	30	Piper, Dawn	7/21/2012	2012 Macomb Record Setter
CYR PRESS	40	F	85	45	Todd, Stacy	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
CYR PRESS	55	F	60	45	VanWagner, Kim	10/12/2024	Clarks Gym RD #5
CYR PRESS	55	F	90	25	Lupo, Allison	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
CYR PRESS	55	F	100	50	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge RD
CYR PRESS	ALL	F	30	15	Piper, Whitney	7/21/2012	2012 Macomb Record Setter
CYR PRESS	ALL	F	35	21	Piper, Whitney	10/14/2012	2012 OTSM Championships
CYR PRESS	ALL	F	60	45	VanWagner, Kim	10/12/2024	Clarks Gym RD #5
CYR PRESS	ALL	F	65	40	Valitutti, Selena	8/23/2025	True North True Strength II - RD- Fergus, Ont
CYR PRESS	ALL	F	70	70	Lucht, Jenna	11/1/2014	2014 OTSM Championships
CYR PRESS	ALL	F	85	45	Todd, Stacy	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
CYR PRESS	ALL	F	90	25	Lupo, Allison	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
CYR PRESS	ALL	F	100	60	Tully, Heather	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
CYR PRESS	ALL	F	125+	90	Simms, Felecia	1/15/2011	Dino Gym Strongman (2011)
CYR PRESS	13	M	35	15	Todd, Everett	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
CYR PRESS	13	M	40	19	Todd, Leroy	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO

USAWA Record List

CYR PRESS	16	M	70	80	Heit, Calvin	7/15/2018	POSTAL (2018) - IAWA OTSM CHAMPIONSHIP
CYR PRESS	16	M	75	90	Jenkins, Brian	7/21/2012	2012 Macomb Record Setter
CYR PRESS	16	M	115	75	Berry, Nolan	1/15/2011	Dino Gym Strongman (2011)
CYR PRESS	40	M	80	116	Decker, Vince	10/14/2012	2012 OTSM Championships
CYR PRESS	40	M	85	135	Smith, Abe	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
CYR PRESS	40	M	90	135	Strangeway, John	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
CYR PRESS	40	M	95	121	Stearns, Ashley	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
CYR PRESS	40	M	115	141	Ullom, Chad	10/14/2012	2012 OTSM Championships
CYR PRESS	40	M	120	170	Todd, Eric	7/15/2018	POSTAL (2018) - IAWA OTSM CHAMPIONSHIP
CYR PRESS	40	M	125	141	O'Brien, John	10/14/2012	2012 OTSM Championships
CYR PRESS	40	M	125+	150	O'Brien, John	1/15/2011	Dino Gym Strongman (2011)
CYR PRESS	45	M	75	70	Ortega, Toby	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
CYR PRESS	45	M	100	90	Satterfield, D.J.	1/15/2011	Dino Gym Strongman (2011)
CYR PRESS	45	M	110	120	Ullom, Chad	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
CYR PRESS	45	M	120	165	Todd, Eric	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
CYR PRESS	45	M	125	150	Todd, Eric	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
CYR PRESS	45	M	125+	140	O'Brien, John	5/31/2014	2014 Big T's Bday OTSM
CYR PRESS	50	M	100	84	Hadley, Patrick	9/23/2023	Buffville Push/Pull
CYR PRESS	50	M	105	90	Wenzel, Jeff	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
CYR PRESS	50	M	110	102	Wenzel, Jeff	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
CYR PRESS	50	M	115	105	Poore, Clint	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
CYR PRESS	50	M	120	75	Poore, Clint	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
CYR PRESS	50	M	125	125	Van Vleck, Thom	5/31/2014	2014 Big T's Bday OTSM
CYR PRESS	50	M	125+	95	Douglas, John	7/15/2018	POSTAL (2018) - IAWA OTSM CHAMPIONSHIP
CYR PRESS	55	M	100	105	Garcia, Joe	1/15/2011	Dino Gym Strongman (2011)
CYR PRESS	55	M	110	107	Lupo, Tony	9/14/2025	One Ton Challenge (2025), Columbia, MO - RD
CYR PRESS	55	M	115	102	Lupo, Tony	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
CYR PRESS	55	M	125+	105	Douglas, John	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
CYR PRESS	60	M	85	80	Graham, Don	10/16/2016	2016 Art's Birthday Bash
CYR PRESS	60	M	90	55	DeForest, Dave	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
CYR PRESS	60	M	95	80	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
CYR PRESS	60	M	115	102	Lupo, Tony	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
CYR PRESS	60	M	120	105	Cook, Greg	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
CYR PRESS	65	M	85	60	DeForest, Dave	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
CYR PRESS	65	M	115	70	Cook, Greg	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
CYR PRESS	65	M	125+	80	Ross, Dean	1/15/2011	Dino Gym Strongman (2011)
CYR PRESS	70	M	85	30	Murdock, Mike	5/31/2014	2014 Big T's Bday OTSM
CYR PRESS	70	M	90	85	Habecker, Denny	5/31/2014	2014 Big T's Bday OTSM
CYR PRESS	70	M	110	60	Murdock, Mike	1/15/2011	Dino Gym Strongman (2011)
CYR PRESS	70	M	125	65	Ross, Dean	5/31/2014	2014 Big T's Bday OTSM
CYR PRESS	75	M	90	70	Habecker, Denny	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
CYR PRESS	75	M	95	34	Ross, Dean	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO

USAWA Record List

CYR PRESS	75	M	105	50	Bletscher, Rudy	1/15/2011	Dino Gym Strongman (2011)
CYR PRESS	75	M	115	50	Ross, Dean	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
CYR PRESS	80	M	85	50	Habecker, Denny	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
CYR PRESS	85	M	80	30	Montini, Art	5/31/2014	2014 Big T's Bday OTSM
CYR PRESS	ALL	M	35	15	Todd, Everett	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
CYR PRESS	ALL	M	40	19	Todd, Leroy	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
CYR PRESS	ALL	M	70	80	Heit, Calvin	7/15/2018	POSTAL (2018) - IAWA OTSM CHAMPIONSHIP
CYR PRESS	ALL	M	75	90	Jenkins, Brian	7/21/2012	2012 Macomb Record Setter
CYR PRESS	ALL	M	80	116	Decker, Vince	10/14/2012	2012 OTSM Championships
CYR PRESS	ALL	M	85	135	Smith, Abe	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
CYR PRESS	ALL	M	90	135	Strangeway, John	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
CYR PRESS	ALL	M	95	121	Stearns, Ashley	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
CYR PRESS	ALL	M	100	150	Cox, Sam	1/15/2011	Dino Gym Strongman (2011)
CYR PRESS	ALL	M	105	141	Lucht, Mike	10/14/2012	2012 OTSM Championships
CYR PRESS	ALL	M	110	150	Ullom, Chad	1/15/2011	Dino Gym Strongman (2011)
CYR PRESS	ALL	M	115	170	Anderson, Chris	1/15/2011	Dino Gym Strongman (2011)
CYR PRESS	ALL	M	120	190	Todd, Eric	1/15/2011	Dino Gym Strongman (2011)
CYR PRESS	ALL	M	125	150	Todd, Eric	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
CYR PRESS	ALL	M	125+	150	O'Brien, John	1/15/2011	Dino Gym Strongman (2011)
DEADLIFT BAVARIAN	18	F	50	105	Gardner, Becca	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	40	F	100	400	Losey, Tara	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	55	F	90	160	Lupo, Allison	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
DEADLIFT BAVARIAN	75	F	55	155	McGregor, Alix	9/14/2025	One Ton Challenge (2025), Columbia, MO - RD
DEADLIFT BAVARIAN	ALL	F	50	105	Gardner, Becca	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	ALL	F	55	150	McGregor, Alix	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	ALL	F	60	215	Pinkerton, Kiera	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	ALL	F	65	300	Valitutti, Selena	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	ALL	F	90	315	Dudock, Micki	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	ALL	F	100	400	Losey, Tara	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	13	M	35	106	Wenzel, Logan	5/31/2025	Ledaig Record Day - Topeka, KS
DEADLIFT BAVARIAN	13	M	85	183	Bankens, Isaac	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
DEADLIFT BAVARIAN	14	M	65	210	Cline, Bentley	2/1/2025	Superman Push/Pull, Scottsville, KY
DEADLIFT BAVARIAN	16	M	60	224	Wenzel, Spencer	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
DEADLIFT BAVARIAN	16	M	95	435	Drummond, Max	2/1/2025	Superman Push/Pull, Scottsville, KY
DEADLIFT BAVARIAN	16	M	100	480	Carter, Kaden	2/1/2025	Superman Push/Pull, Scottsville, KY
DEADLIFT BAVARIAN	18	M	70	360	Burbank, William	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	18	M	80	193	Conley, Elijah	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
DEADLIFT BAVARIAN	40	M	85	425	Stearns, Ashley	8/3/2024	Clarks Gym RD #4 (2024)
DEADLIFT BAVARIAN	40	M	90	425	Stearns, Ashley	7/27/2024	Buffville Road to the Century Club #5
DEADLIFT BAVARIAN	40	M	95	500	Stearns, Ashley	2/1/2025	Superman Push/Pull, Scottsville, KY
DEADLIFT BAVARIAN	40	M	120	469	Guerin, Joshua	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT BAVARIAN	40	M	125	505	Millsaps, Holland	8/17/2024	2024 USA Kentucky Open - Somerset, KY

USAWA Record List

DEADLIFT BAVARIAN	45	M	100	345	Fobes, Jarrod	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
DEADLIFT BAVARIAN	45	M	110	401	Wenzel, Jeff	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
DEADLIFT BAVARIAN	45	M	125	435	Law, Jeremy	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	45	M	125+	605	Fagg, Allen	2/1/2025	Superman Push/Pull, Scottsville, KY
DEADLIFT BAVARIAN	50	M	100	475	Gardner, David	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	50	M	105	285	Hadley, Patrick	7/27/2024	Buffville Road to the Century Club #5
DEADLIFT BAVARIAN	50	M	110	485	Poore, Clint	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	50	M	115	455	Poore, Clint	7/27/2024	Buffville Road to the Century Club #5
DEADLIFT BAVARIAN	50	M	120	437	Poore, Clint	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
DEADLIFT BAVARIAN	55	M	100	500	Frappier, Chris	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
DEADLIFT BAVARIAN	55	M	110	342	Lupo, Tony	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
DEADLIFT BAVARIAN	55	M	115	340	Lupo, Tony	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	55	M	125+	406	Beversdorf, Dave	5/31/2025	Ledaig Record Day - Topeka, KS
DEADLIFT BAVARIAN	60	M	80	268	DeForest, Dave	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
DEADLIFT BAVARIAN	60	M	100	560	Frappier, Chris	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	60	M	110	350	Richey, Randy	2/1/2025	Superman Push/Pull, Scottsville, KY
DEADLIFT BAVARIAN	75	M	90	280	Somfay, Joe	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
DEADLIFT BAVARIAN	80	M	90	290	Somfay, Joe	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	ALL	M	35	106	Wenzel, Logan	5/31/2025	Ledaig Record Day - Topeka, KS
DEADLIFT BAVARIAN	ALL	M	60	224	Wenzel, Spencer	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
DEADLIFT BAVARIAN	ALL	M	65	210	Cline, Bentley	2/1/2025	Superman Push/Pull, Scottsville, KY
DEADLIFT BAVARIAN	ALL	M	70	360	Burbank, William	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	ALL	M	75	180	Wenzel, Riley	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
DEADLIFT BAVARIAN	ALL	M	80	268	DeForest, Dave	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
DEADLIFT BAVARIAN	ALL	M	85	485	Walsh, Ben	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	ALL	M	90	500	Ford-Roussel, Jacob	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	ALL	M	95	500	Stearns, Ashley	2/1/2025	Superman Push/Pull, Scottsville, KY
DEADLIFT BAVARIAN	ALL	M	100	560	Frappier, Chris	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	ALL	M	105	350	Frappier, Kyle	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	ALL	M	110	485	Poore, Clint	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	ALL	M	115	455	Poore, Clint	7/27/2024	Buffville Road to the Century Club #5
DEADLIFT BAVARIAN	ALL	M	120	605	Balch, Adam	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT BAVARIAN	ALL	M	125	505	Millsaps, Holland	8/17/2024	2024 USA Kentucky Open - Somerset, KY
DEADLIFT BAVARIAN	ALL	M	125+	645	Hinton, Marshall	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
DEADLIFT, 12" BASE	13	F	30	118	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, 12" BASE	13	F	35	81	Lansdown, Daphne	10/5/2024	Buffville Road to the Century Club #6
DEADLIFT, 12" BASE	13	F	40	121	Ciavattone, Holly	11/7/1992	92 New Englands Strongest
DEADLIFT, 12" BASE	13	F	45	140	Van Vleck, Morgan	11/21/2009	Record Day - Jackson Weightlifting Club
DEADLIFT, 12" BASE	13	F	50	165	Van Vleck, Morgan	10/29/2010	2010 JWC Record Breakers
DEADLIFT, 12" BASE	13	F	55	140	Collins, Olivia	8/31/2019	2019 NE Powerlift Meet
DEADLIFT, 12" BASE	13	F	75	135	Myers, Molly	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, 12" BASE	14	F	40	75	Gupta, Nisha	3/17/2024	Colorado Spring Fling

USAWA Record List

DEADLIFT, 12" BASE	14	F	55	170	Tortorelli, Brooke	9/23/2017	2017 Lift at Lou's
DEADLIFT, 12" BASE	16	F	60	200	LaRosa, Jessica	11/23/2003	2003 Jump Stretch Record
DEADLIFT, 12" BASE	18	F	65	175	Beemer, Stephanie	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	40	F	65	264	Skwarecki, Beth	12/17/2022	Memorial Record Day
DEADLIFT, 12" BASE	40	F	80	275	Ollennuking, Amorkor	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	40	F	120	235	Bartholomew, Heather	8/31/2019	2019 NE Powerlift Meet
DEADLIFT, 12" BASE	45	F	90	210	Sees, Susan	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	50	F	55	187	Phumchaona, Noi	10/16/1994	94 U.S. Inlands
DEADLIFT, 12" BASE	55	F	55	220	Phumchaona, Noi	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
DEADLIFT, 12" BASE	55	F	75	185	Kahn, Helen	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	55	F	90	185	Lupo, Allison	3/22/2025	Great American Bench Press Meet, Buffville, KY
DEADLIFT, 12" BASE	60	F	55	90	Anderson, Carolyn	3/3/2001	2001 Buckeye Record Day
DEADLIFT, 12" BASE	60	F	60	185	LaRosa, Marian	11/23/2003	2003 Jump Stretch Record
DEADLIFT, 12" BASE	60	F	80	304	Habecker, Judy	10/29/2005	IAWA GOLD CUP (2005) - Maui, HI
DEADLIFT, 12" BASE	60	F	90	145	Lupo, Allison	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
DEADLIFT, 12" BASE	65	F	45	243	Gedney, Judith	10/1/2005	Macomb Record Setter
DEADLIFT, 12" BASE	70	F	65	69	Santangelo, Lori	5/5/2024	RD - Buffville 4
DEADLIFT, 12" BASE	ALL	F	30	118	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, 12" BASE	ALL	F	35	81	Lansdown, Daphne	10/5/2024	Buffville Road to the Century Club #6
DEADLIFT, 12" BASE	ALL	F	40	121	Ciavattone, Holly	11/7/1992	92 New Englands Strongest
DEADLIFT, 12" BASE	ALL	F	45	243	Gedney, Judith	10/1/2005	Macomb Record Setter
DEADLIFT, 12" BASE	ALL	F	50	165	Van Vleck, Morgan	10/29/2010	2010 JWC Record Breakers
DEADLIFT, 12" BASE	ALL	F	55	220	Phumchaona, Noi	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
DEADLIFT, 12" BASE	ALL	F	60	200	LaRosa, Jessica	11/23/2003	2003 Jump Stretch Record
DEADLIFT, 12" BASE	ALL	F	65	264	Skwarecki, Beth	12/17/2022	Memorial Record Day
DEADLIFT, 12" BASE	ALL	F	70	198	Schmidt, Kathy	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, 12" BASE	ALL	F	75	205	Gibbons, Sarah	8/31/2019	2019 NE Powerlift Meet
DEADLIFT, 12" BASE	ALL	F	80	304	Habecker, Judy	10/29/2005	IAWA GOLD CUP (2005) - Maui, HI
DEADLIFT, 12" BASE	ALL	F	90	210	Sees, Susan	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	ALL	F	120	235	Bartholomew, Heather	8/31/2019	2019 NE Powerlift Meet
DEADLIFT, 12" BASE	NAT	F	65	255	Glasgow, Amber	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	NAT	F	75	185	Kahn, Helen	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	NAT	F	80	275	Ollennuking, Amorkor	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	NAT	F	90	210	Sees, Susan	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	13	M	30	100	O'Brien, Mike	11/7/1992	92 New Englands Strongest
DEADLIFT, 12" BASE	13	M	35	130	Van Vleck, Dalton	11/21/2009	Record Day - Jackson Weightlifting Club
DEADLIFT, 12" BASE	13	M	40	90	Todd, Everett	12/10/2022	RD - Lift for Leroy '22
DEADLIFT, 12" BASE	13	M	45	145	Van Vleck, Dalton	10/29/2010	2010 JWC Record Breakers
DEADLIFT, 12" BASE	13	M	50	200	Monk, Joshua	8/18/2001	Postal meet
DEADLIFT, 12" BASE	13	M	55	156	Todd, Everett	5/31/2025	Ledaig Record Day - Topeka, KS
DEADLIFT, 12" BASE	13	M	100	210	McKean, Andraes	7/13/2019	2019 Schmidt's RD
DEADLIFT, 12" BASE	14	M	40	121	Geib, Adam	2/22/1997	97 Buckeye Record Breaker

USAWA Record List

DEADLIFT, 12" BASE	14	M	75	275	Lestan, Eric	8/31/2019	2019 NE Powerlift Meet
DEADLIFT, 12" BASE	14	M	85	308	Beck, Steve	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
DEADLIFT, 12" BASE	14	M	90	405	Ciavattone, Joe Jr.	5/25/2008	2008 Middle Atlantic Postal
DEADLIFT, 12" BASE	14	M	110	345	Becklun, John	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	14	M	125+	405	Lee, Kevin	11/24/2002	Jump Stretch Record Day
DEADLIFT, 12" BASE	16	M	75	280	Palac, Steven	11/21/2004	2004 Lethal Lottery
DEADLIFT, 12" BASE	16	M	80	440	Ibrahim, Sammy	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	16	M	85	484	Cookson, Matt	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, 12" BASE	16	M	95	450	Ciavattone, Joe Jr.	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	16	M	100	350	Ciavattone, Jonathan	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	18	M	75	215	Market, Tim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
DEADLIFT, 12" BASE	18	M	80	507	Cookson, Tyeler	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, 12" BASE	18	M	105	560	Ciavattone, Joe Jr.	12/1/2012	RD -New England 2013
DEADLIFT, 12" BASE	18	M	110	500	Reel, Ian	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	18	M	125+	550	Bingham, Ryan	12/7/2019	2019 Memorial Record Day
DEADLIFT, 12" BASE	40	M	70	419	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
DEADLIFT, 12" BASE	40	M	85	281	Waple, John	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, 12" BASE	40	M	90	315	Stearns, Ashley	3/17/2024	Colorado Spring Fling
DEADLIFT, 12" BASE	40	M	110	365	Ciavattone, Joe Sr.	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	40	M	115	617	Myers, Al	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	40	M	125	661	Cookson, Chuck	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, 12" BASE	40	M	125+	475	O'Brien, John	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	45	M	70	353	McKean, John	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, 12" BASE	45	M	75	470	Hirsh, Bob	11/21/2004	2004 Lethal Lottery
DEADLIFT, 12" BASE	45	M	90	350	Burnett, Layne	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	45	M	95	575	Schock, Ed	8/18/2001	Postal meet
DEADLIFT, 12" BASE	45	M	115	353	Geib, Bob	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
DEADLIFT, 12" BASE	45	M	120	314	Schmidt, Scott	10/13/2002	2002 Art's Birthday Bash
DEADLIFT, 12" BASE	45	M	125+	450	Olsavsky, David	11/21/2004	2004 Lethal Lottery
DEADLIFT, 12" BASE	50	M	90	405	Smith, Randy	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	50	M	95	325	Gupta, Sanjiv	3/17/2024	Colorado Spring Fling
DEADLIFT, 12" BASE	50	M	100	365	Ullom, Chad	5/31/2025	Ledaig Record Day - Topeka, KS
DEADLIFT, 12" BASE	50	M	105	226	Hadley, Patrick	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
DEADLIFT, 12" BASE	50	M	110	345	Cotney, Michael	8/17/2024	2024 USA Kentucky Open - Somerset, KY
DEADLIFT, 12" BASE	50	M	115	450	Poore, Clint	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
DEADLIFT, 12" BASE	50	M	125+	573	Mitchell, Mark	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	55	M	80	350	McKean, John	11/21/2004	2004 Lethal Lottery
DEADLIFT, 12" BASE	55	M	85	300	Montini, Art	10/12/2003	2003 Art's Birthday Bash
DEADLIFT, 12" BASE	55	M	90	405	Smith, Randy	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	55	M	95	600	Traub, Larry	4/30/2012	2012 Monster Garage
DEADLIFT, 12" BASE	55	M	105	485	Ganong, Ray	4/30/2012	2012 Monster Garage
DEADLIFT, 12" BASE	55	M	110	360	Lupo, Tony	3/17/2024	Colorado Spring Fling

USAWA Record List

DEADLIFT, 12" BASE	55	M	115	440	Glasgow, Dave	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	60	M	85	350	DeForest, Dave	3/17/2024	Colorado Spring Fling
DEADLIFT, 12" BASE	60	M	90	365	DeForest, Dave	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, 12" BASE	60	M	95	308	Locondro, Mike	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
DEADLIFT, 12" BASE	60	M	100	390	Wilmot, John	5/25/2008	2008 Middle Atlantic Postal
DEADLIFT, 12" BASE	60	M	105	415	Clark, Bill	11/6/1994	RD - Columbia, MO '94
DEADLIFT, 12" BASE	60	M	115	463	Malloy, Jim	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, 12" BASE	60	M	120	475	Malloy, Jim	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, 12" BASE	60	M	125+	450	Beversdorf, Dave	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
DEADLIFT, 12" BASE	65	M	75	253	Kondosch, Klaus	7/13/2019	2019 Schmidt's RD
DEADLIFT, 12" BASE	65	M	80	420	Montini, Art	10/15/1995	95 Art's Birthday Bash
DEADLIFT, 12" BASE	65	M	85	369	Cox, Bob	2/26/1994	94 Buckeye Record Breaker
DEADLIFT, 12" BASE	65	M	90	401	Vuono, Peter	1/20/2018	Record Day- Fall Classic
DEADLIFT, 12" BASE	65	M	95	281	Vernacchio, John	11/4/2002	RD - Powerhouse
DEADLIFT, 12" BASE	65	M	100	346	Prechtel, Howard	10/16/1994	94 U.S. Inlands
DEADLIFT, 12" BASE	65	M	115	450	Malloy, Jim	5/25/2008	2008 Middle Atlantic Postal
DEADLIFT, 12" BASE	65	M	125	320	Geib, Bob	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	65	M	125+	350	Ross, Dean	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	70	M	75	280	Mitchell, Dennis	11/21/2004	2004 Lethal Lottery
DEADLIFT, 12" BASE	70	M	80	354	Montini, Art	12/17/2000	Record Day
DEADLIFT, 12" BASE	70	M	85	376	Montini, Art	2/27/1999	99 Buckeye Record Breaker
DEADLIFT, 12" BASE	70	M	90	265	Habecker, Denny	12/20/2015	2015 John's RD
DEADLIFT, 12" BASE	70	M	100	250	Bletscher, Rudy	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	70	M	105	275	Murdock, Mike	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	70	M	110	265	Murdock, Mike	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	70	M	115	225	Ross, Dean	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
DEADLIFT, 12" BASE	75	M	70	485	Mason, Roy	1/29/1994	94 Texas Deadlift Classic
DEADLIFT, 12" BASE	75	M	75	210	Mitchell, Dennis	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	75	M	80	309	Cox, Bob	5/10/2003	2003 Buckeye Record Break
DEADLIFT, 12" BASE	75	M	85	300	Montini, Art	11/21/2004	2004 Lethal Lottery
DEADLIFT, 12" BASE	75	M	100	457	Miller, Wilbur	2/12/2012	RD - Dino Gym (2012)
DEADLIFT, 12" BASE	75	M	105	450	Miller, Wilbur	1/19/2008	Dino Gym Challenge (2008)
DEADLIFT, 12" BASE	75	M	110	231	Ross, Dean	8/4/2018	PRESIDENTIAL CUP (2018)
DEADLIFT, 12" BASE	80	M	85	242	Habecker, Denny	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
DEADLIFT, 12" BASE	80	M	90	287	Caron, Joe	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
DEADLIFT, 12" BASE	90	M	80	100	Myers, Clyde	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	ALL	M	55	156	Todd, Everett	5/31/2025	Ledaig Record Day - Topeka, KS
DEADLIFT, 12" BASE	ALL	M	65	300	O'Brien, Mike	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	ALL	M	70	485	Mason, Roy	1/29/1994	94 Texas Deadlift Classic
DEADLIFT, 12" BASE	ALL	M	75	470	Hirsh, Bob	11/21/2004	2004 Lethal Lottery
DEADLIFT, 12" BASE	ALL	M	80	507	Cookson, Tyeler	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, 12" BASE	ALL	M	85	557	Ross, Darryl	1/29/1994	94 Texas Deadlift Classic

USAWA Record List

DEADLIFT, 12" BASE	ALL	M	90	429	Goetsch, Troy	2/12/2012	RD - Dino Gym (2012)
DEADLIFT, 12" BASE	ALL	M	95	600	Traub, Larry	4/30/2012	2012 Monster Garage
DEADLIFT, 12" BASE	ALL	M	100	551	Hunt, Kristopher	10/1/2005	Macomb Record Setter
DEADLIFT, 12" BASE	ALL	M	105	600	Ciavattone, Jeff	7/27/2019	2019 Eastern Mass RD
DEADLIFT, 12" BASE	ALL	M	110	562	Popkin, Brady	7/21/2012	2012 Macomb Record Setter
DEADLIFT, 12" BASE	ALL	M	115	617	Myers, Al	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	ALL	M	120	728	Coleman, Ronnie	1/29/1994	94 Texas Deadlift Classic
DEADLIFT, 12" BASE	ALL	M	125	661	Cookson, Chuck	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, 12" BASE	ALL	M	125+	601	Tully, Scott	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	NAT	M	75	260	Mitchell, Dennis	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	NAT	M	80	460	Mather, Dan	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	NAT	M	85	500	Wagman, Dan	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	NAT	M	90	405	Smith, Randy	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	NAT	M	95	560	Traub, Larry	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	NAT	M	100	505	Cox, Sam	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	NAT	M	105	530	Carter, Bret	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	NAT	M	110	500	Reel, Ian	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	NAT	M	115	600	Myers, Al	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 12" BASE	NAT	M	125	320	Geib, Bob	6/25/2011	NATIONALS (2011) - Kirksville, MO
DEADLIFT, 12" BASE	NAT	M	125+	500	Barnhart, Darren	6/17/2006	NATIONALS (2006) - Salina, KS
DEADLIFT, 2 BARS	13	F	30	35	Monk, Elizabeth	4/14/2002	POSTAL (2002) - Q1
DEADLIFT, 2 BARS	13	F	45	70	Todd, Phoebe	3/31/2020	POSTAL (2020) - Q1
DEADLIFT, 2 BARS	13	F	50	170	Holeman, Kayla	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, 2 BARS	13	F	55	140	Todd, Phoebe	3/31/2022	POSTAL (2022) - Q1
DEADLIFT, 2 BARS	13	F	65	110	Todd, Lillian	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, 2 BARS	13	F	75	180	Griffis, Kirstie	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, 2 BARS	14	F	60	190	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, 2 BARS	14	F	70	125	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, 2 BARS	14	F	75	130	Fritz, Misty	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, 2 BARS	14	F	80	160	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, 2 BARS	16	F	75	190	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, 2 BARS	16	F	115	200	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, 2 BARS	18	F	60	200	Burks, Amy	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, 2 BARS	40	F	70	187	Hall, Rita	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	40	F	75	198	Hopps, Jessica	3/31/2026	POSTAL (2026) -Q1
DEADLIFT, 2 BARS	40	F	85	230	Todd, Stacy	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, 2 BARS	40	F	125+	240	McConnaughey, Mary	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, 2 BARS	45	F	125+	230	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, 2 BARS	50	F	50	210	Jackson, RJ	3/31/2014	POSTAL (2014) - Q1
DEADLIFT, 2 BARS	55	F	55	200	Phumchaona, Noi	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 BARS	55	F	75	230	Ollenuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, 2 BARS	55	F	90	180	Lupo, Allison	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)

USAWA Record List

DEADLIFT, 2 BARS	55	F	95	240	Gore, Lisa	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, 2 BARS	60	F	55	132	Phumchaona, Noi	11/23/2003	2003 Jump Stretch Record
DEADLIFT, 2 BARS	60	F	75	150	Thompson, Janet	3/31/2022	POSTAL (2022) - Q1
DEADLIFT, 2 BARS	60	F	105	190	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, 2 BARS	65	F	75	150	Thompson, Janet	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, 2 BARS	ALL	F	30	35	Monk, Elizabeth	4/14/2002	POSTAL (2002) - Q1
DEADLIFT, 2 BARS	ALL	F	45	70	Todd, Phoebe	3/31/2020	POSTAL (2020) - Q1
DEADLIFT, 2 BARS	ALL	F	50	210	Jackson, RJ	3/31/2014	POSTAL (2014) - Q1
DEADLIFT, 2 BARS	ALL	F	55	200	Phumchaona, Noi	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 BARS	ALL	F	60	200	Burks, Amy	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, 2 BARS	ALL	F	65	150	Diggs, Crystal	3/31/2014	POSTAL (2014) - Q1
DEADLIFT, 2 BARS	ALL	F	70	187	Hall, Rita	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	ALL	F	75	350	Ollennuking, Amorkor	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 BARS	ALL	F	80	160	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, 2 BARS	ALL	F	85	230	Todd, Stacy	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, 2 BARS	ALL	F	90	230	Abele, Jessica	6/30/2004	Clarks-W.A. Postal 2004
DEADLIFT, 2 BARS	ALL	F	95	240	Gore, Lisa	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, 2 BARS	ALL	F	100	310	Kressly, Jera	8/29/2015	2015 Club Championships
DEADLIFT, 2 BARS	ALL	F	105	190	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, 2 BARS	ALL	F	110	200	Collins, Cara	12/1/2002	2002 Postal
DEADLIFT, 2 BARS	ALL	F	115	200	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, 2 BARS	ALL	F	125+	298	Goolsby, Carolyn	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	NAT	F	55	200	Phumchaona, Noi	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 BARS	NAT	F	75	350	Ollennuking, Amorkor	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 BARS	13	M	35	94	Wenzel, Logan	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
DEADLIFT, 2 BARS	13	M	40	105	Todd, Leroy	3/31/2022	POSTAL (2022) - Q1
DEADLIFT, 2 BARS	13	M	45	100	Ciavattone, Joe Jr.	12/1/2002	2002 Postal
DEADLIFT, 2 BARS	13	M	50	170	Monk, Joshua	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 BARS	13	M	55	200	Monk, Joshua	4/14/2002	POSTAL (2002) - Q1
DEADLIFT, 2 BARS	13	M	65	231	Monk, Joshua	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	13	M	70	198	McKean, Sean	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, 2 BARS	14	M	55	187	Habecker, Brady	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, 2 BARS	14	M	65	310	Kressly, Draven	8/29/2015	2015 Club Championships
DEADLIFT, 2 BARS	14	M	70	210	Demille, Cale	4/14/2002	POSTAL (2002) - Q1
DEADLIFT, 2 BARS	14	M	75	243	Demille, Cale	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	14	M	80	314	Loewer, James	3/4/2000	2000 Buckeye Record Break
DEADLIFT, 2 BARS	14	M	90	265	Blockston, Jon	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	14	M	95	385	Graham, Tom	8/1/2000	2000 Postal League
DEADLIFT, 2 BARS	16	M	55	270	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, 2 BARS	16	M	60	232	Van Fossan, Matt	10/11/1998	98 Art's Birthday Bash
DEADLIFT, 2 BARS	16	M	65	240	O'Brien, Marc	12/1/2002	2002 Postal
DEADLIFT, 2 BARS	16	M	75	330	McGowan, Andrew	10/17/2004	2004 Art's Birthday Bash

USAWA Record List

DEADLIFT, 2 BARS	16	M	90	400	Holcomb, Seth	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, 2 BARS	16	M	100	410	Ciavattone, Joe Jr.	3/12/2011	2011 Club Challenge
DEADLIFT, 2 BARS	16	M	105	450	Kucera, Elijah	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, 2 BARS	16	M	110	350	Ciavattone, Jonathan	3/12/2011	2011 Club Challenge
DEADLIFT, 2 BARS	16	M	125+	410	Hess, Kohl	3/12/2011	2011 Club Challenge
DEADLIFT, 2 BARS	18	M	75	370	Smith, Abe	8/1/2000	2000 Postal League
DEADLIFT, 2 BARS	18	M	80	370	Smith, Abe	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, 2 BARS	18	M	95	353	Habecker, Aidan	3/31/2022	POSTAL (2022) - Q1
DEADLIFT, 2 BARS	18	M	115	452	Stahnke, Dennis	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	40	M	70	310	Ortega, Toby	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, 2 BARS	40	M	75	420	McKean, John	10/15/1995	95 Art's Birthday Bash
DEADLIFT, 2 BARS	40	M	80	420	Smith, Abe	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, 2 BARS	40	M	85	430	Smith, Abe	3/31/2022	POSTAL (2022) - Q1
DEADLIFT, 2 BARS	40	M	90	380	Jones, Dan	3/31/2026	POSTAL (2026) -Q1
DEADLIFT, 2 BARS	40	M	95	550	Strangeway, John	3/31/2020	POSTAL (2020) - Q1
DEADLIFT, 2 BARS	40	M	100	441	Strangeway, John	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, 2 BARS	40	M	105	310	Garcia, Joe	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, 2 BARS	40	M	110	320	Garcia, Joe	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, 2 BARS	40	M	115	600	Myers, Al	12/6/2008	GOERNER DEADLIFT DOZEN PLUS ONE (2008)
DEADLIFT, 2 BARS	40	M	120	590	Myers, Al	12/5/2009	GOERNER DEADLIFT DOZEN PLUS ONE (2009)
DEADLIFT, 2 BARS	40	M	125	500	Fulton, Kevin	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, 2 BARS	40	M	125+	470	Barnhart, Darren	3/12/2011	2011 Club Challenge
DEADLIFT, 2 BARS	45	M	70	420	McKean, John	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, 2 BARS	45	M	95	200	Fobes, Jarrod	3/31/2026	POSTAL (2026) -Q1
DEADLIFT, 2 BARS	45	M	100	610	Schock, Ed	4/14/2002	POSTAL (2002) - Q1
DEADLIFT, 2 BARS	45	M	105	628	Schock, Ed	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	45	M	110	370	Garcia, Joe	8/1/2000	2000 Postal League
DEADLIFT, 2 BARS	45	M	115	330	Garcia, Joe	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 BARS	45	M	120	407	Todd, Eric	3/31/2022	POSTAL (2022) - Q1
DEADLIFT, 2 BARS	45	M	125	551	Ciavattone, Frank	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	45	M	125+	352	Todd, Eric	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, 2 BARS	50	M	75	400	McKean, John	10/12/1997	97 Art's Birthday Bash
DEADLIFT, 2 BARS	50	M	80	430	McKean, John	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
DEADLIFT, 2 BARS	50	M	85	550	Wagman, Dan	8/18/2013	RD - Dino Days (2013)
DEADLIFT, 2 BARS	50	M	90	380	Smith, Randy	6/20/2009	NATIONALS (2009) - Abilene, KS
DEADLIFT, 2 BARS	50	M	95	220	Springs, Al	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, 2 BARS	50	M	105	452	Myers, Al	1/14/2017	Dino Gym Challenge (2017)
DEADLIFT, 2 BARS	50	M	110	450	Myers, Al	12/8/2019	2019 USAWA Club Championships
DEADLIFT, 2 BARS	50	M	125+	350	McCoy, Joe	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, 2 BARS	55	M	75	280	Marchand, Wade	3/31/2026	POSTAL (2026) -Q1
DEADLIFT, 2 BARS	55	M	80	463	McKean, John	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	55	M	85	380	Habecker, Denny	6/24/2001	NATIONALS (2001) - Columbia, MO

USAWA Record List

DEADLIFT, 2 BARS	55	M	90	370	Habecker, Denny	4/14/2002	POSTAL (2002) - Q1
DEADLIFT, 2 BARS	55	M	95	360	Springs, Al	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 BARS	55	M	100	320	Hose, Tony	3/31/2026	POSTAL (2026) -Q1
DEADLIFT, 2 BARS	55	M	105	441	Myers, Al	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, 2 BARS	55	M	110	360	Lupo, Tony	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, 2 BARS	55	M	115	370	Glasgow, Dave	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, 2 BARS	55	M	120	400	Geib, Bob	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 BARS	55	M	125+	310	Douglas, John	12/8/2019	2019 USAWA Club Championships
DEADLIFT, 2 BARS	60	M	75	360	McKean, John	10/17/2010	2010 Art's Birthday Bash
DEADLIFT, 2 BARS	60	M	85	441	McKean, John	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
DEADLIFT, 2 BARS	60	M	90	400	DeForest, Dave	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, 2 BARS	60	M	100	410	Carter, John	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, 2 BARS	60	M	105	410	Clark, Bill	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
DEADLIFT, 2 BARS	60	M	115	340	Lupo, Tony	3/31/2026	POSTAL (2026) -Q1
DEADLIFT, 2 BARS	60	M	120	270	McCoy, Joe	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, 2 BARS	60	M	125	320	McCoy, Joe	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, 2 BARS	65	M	75	310	McKean, John	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, 2 BARS	65	M	80	370	McKean, John	3/12/2011	2011 Club Challenge
DEADLIFT, 2 BARS	65	M	85	397	Montini, Art	2/22/1997	97 Buckeye Record Breaker
DEADLIFT, 2 BARS	65	M	90	353	Komorny, Andy	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	65	M	95	350	Carter, John	3/31/2026	POSTAL (2026) -Q1
DEADLIFT, 2 BARS	65	M	100	310	Bletscher, Rudy	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
DEADLIFT, 2 BARS	65	M	110	322	Larson, Nils	3/31/2026	POSTAL (2026) -Q1
DEADLIFT, 2 BARS	65	M	115	370	Glasgow, Dave	12/8/2019	2019 USAWA Club Championships
DEADLIFT, 2 BARS	65	M	120	205	McCoy, Joe	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, 2 BARS	65	M	125	300	Ross, Dean	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
DEADLIFT, 2 BARS	70	M	70	264	Pensyl, Barry	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, 2 BARS	70	M	75	260	McKean, John	12/20/2015	2015 John's RD
DEADLIFT, 2 BARS	70	M	80	270	Emslie, David	11/8/2014	2014 Clarks RD
DEADLIFT, 2 BARS	70	M	85	345	Montini, Art	8/1/2000	2000 Postal League
DEADLIFT, 2 BARS	70	M	90	370	Traub, Larry	5/31/2025	Ledaig Record Day - Topeka, KS
DEADLIFT, 2 BARS	70	M	100	280	Bletscher, Rudy	6/20/2009	NATIONALS (2009) - Abilene, KS
DEADLIFT, 2 BARS	70	M	105	320	Clark, Bill	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
DEADLIFT, 2 BARS	70	M	110	350	Clark, Bill	6/30/2004	Clarks-W.A. Postal 2004
DEADLIFT, 2 BARS	70	M	115	320	Ross, Dean	8/29/2015	2015 Club Championships
DEADLIFT, 2 BARS	70	M	125	200	Ciavattone, Frank	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, 2 BARS	75	M	65	231	Pensyl, Barry	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, 2 BARS	75	M	75	200	Mitchell, Dennis	6/20/2009	NATIONALS (2009) - Abilene, KS
DEADLIFT, 2 BARS	75	M	80	265	Cox, Bob	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	75	M	85	287	Montini, Art	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
DEADLIFT, 2 BARS	75	M	90	269	Habecker, Denny	3/31/2022	POSTAL (2022) - Q1
DEADLIFT, 2 BARS	75	M	95	270	Monahan, Rex	6/24/2001	NATIONALS (2001) - Columbia, MO

USAWA Record List

DEADLIFT, 2 BARS	75	M	100	240	Myers, LaVerne	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, 2 BARS	75	M	105	270	Myers, LaVerne	12/8/2019	2019 USAWA Club Championships
DEADLIFT, 2 BARS	75	M	110	270	Ross, Dean	2/11/2018	RD - Dino Gym
DEADLIFT, 2 BARS	80	M	75	200	Stephenson, John	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, 2 BARS	80	M	80	220	Montini, Art	6/20/2009	NATIONALS (2009) - Abilene, KS
DEADLIFT, 2 BARS	80	M	85	253	Habecker, Denny	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, 2 BARS	80	M	100	176	Eberhardinger, Paul	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	85	M	80	163	Montini, Art	8/9/2014	PRESIDENTIAL CUP (2014)
DEADLIFT, 2 BARS	85	M	95	200	Clark, Bill	3/31/2020	POSTAL (2020) - Q1
DEADLIFT, 2 BARS	90	M	90	150	Clark, Bill	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, 2 BARS	90	M	95	150	Clark, Bill	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, 2 BARS	ALL	M	35	94	Wenzel, Logan	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
DEADLIFT, 2 BARS	ALL	M	40	105	Todd, Leroy	3/31/2022	POSTAL (2022) - Q1
DEADLIFT, 2 BARS	ALL	M	55	270	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, 2 BARS	ALL	M	60	270	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, 2 BARS	ALL	M	65	310	Kressly, Draven	8/29/2015	2015 Club Championships
DEADLIFT, 2 BARS	ALL	M	70	440	Frieders, Nicholas	3/31/2022	POSTAL (2022) - Q1
DEADLIFT, 2 BARS	ALL	M	75	441	Monk, John	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	ALL	M	80	522	Wagman, Dan	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, 2 BARS	ALL	M	85	550	Wagman, Dan	8/18/2013	RD - Dino Days (2013)
DEADLIFT, 2 BARS	ALL	M	90	430	Haggin, Josh	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, 2 BARS	ALL	M	95	550	Strangeway, John	3/31/2020	POSTAL (2020) - Q1
DEADLIFT, 2 BARS	ALL	M	100	610	Schock, Ed	4/14/2002	POSTAL (2002) - Q1
DEADLIFT, 2 BARS	ALL	M	105	628	Schock, Ed	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	ALL	M	110	550	Ullom, Chad	3/12/2011	2011 Club Challenge
DEADLIFT, 2 BARS	ALL	M	115	600	Myers, Al	12/6/2008	GOERNER DEADLIFT DOZEN PLUS ONE (2008)
DEADLIFT, 2 BARS	ALL	M	120	590	Myers, Al	12/5/2009	GOERNER DEADLIFT DOZEN PLUS ONE (2009)
DEADLIFT, 2 BARS	ALL	M	125	551	Ciavattone, Frank	9/21/2002	2002 IAWA Championships
DEADLIFT, 2 BARS	ALL	M	125+	470	Barnhart, Darren	3/12/2011	2011 Club Challenge
DEADLIFT, 2 BARS	NAT	M	70	423	Monk, John	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 BARS	NAT	M	75	400	Smith, Abe	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 BARS	NAT	M	80	240	Friesz, Dale	6/20/2009	NATIONALS (2009) - Abilene, KS
DEADLIFT, 2 BARS	NAT	M	85	380	Habecker, Denny	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 BARS	NAT	M	90	380	Smith, Randy	6/20/2009	NATIONALS (2009) - Abilene, KS
DEADLIFT, 2 BARS	NAT	M	95	360	Springs, Al	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 BARS	NAT	M	100	400	Edwards, Ben	6/20/2009	NATIONALS (2009) - Abilene, KS
DEADLIFT, 2 BARS	NAT	M	105	540	Ullom, Chad	6/20/2009	NATIONALS (2009) - Abilene, KS
DEADLIFT, 2 BARS	NAT	M	110	350	Garcia, Joe	6/20/2009	NATIONALS (2009) - Abilene, KS
DEADLIFT, 2 BARS	NAT	M	115	560	Myers, Al	6/20/2009	NATIONALS (2009) - Abilene, KS
DEADLIFT, 2 BARS	NAT	M	120	400	Geib, Bob	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, 2 DUMBBELLS	13	F	30	70	Monk, Elizabeth	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	13	F	40	70	Todd, Phoebe	12/31/2019	POSTAL (2019) - Q4

USAWA Record List

DEADLIFT, 2 DUMBBELLS	13	F	45	180	Monk, Elizabeth	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
DEADLIFT, 2 DUMBBELLS	13	F	50	100	Jobe, Gabby	12/31/2012	POSTAL (2012) - Q4
DEADLIFT, 2 DUMBBELLS	13	F	60	120	Todd, Phoebe	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	13	F	75	150	Myers, Molly	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, 2 DUMBBELLS	14	F	70	172	Todd, Lillian	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	40	F	50	155	Jones, Mary	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
DEADLIFT, 2 DUMBBELLS	40	F	85	202	Todd, Stacy	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	45	F	45	132	Moore, Kim	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
DEADLIFT, 2 DUMBBELLS	45	F	75	159	Schmidt, Kathy	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
DEADLIFT, 2 DUMBBELLS	50	F	55	212	Phumchaona, Noi	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	50	F	75	182	Schmidt, Kathy	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, 2 DUMBBELLS	50	F	110	154	Sees, Susan	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	55	F	85	121	Schmidt, Kathy	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	55	F	90	160	Lupo, Allison	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
DEADLIFT, 2 DUMBBELLS	60	F	50	160	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
DEADLIFT, 2 DUMBBELLS	65	F	105	202	Gore, Lisa	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, 2 DUMBBELLS	65	F	75	160	Thompson, Janet	3/22/2025	Great American Bench Press Meet, Buffville, KY
DEADLIFT, 2 DUMBBELLS	65	F	80	120	Thompson, Janet	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	ALL	F	30	70	Monk, Elizabeth	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	ALL	F	40	70	Todd, Phoebe	12/31/2019	POSTAL (2019) - Q4
DEADLIFT, 2 DUMBBELLS	ALL	F	45	180	Monk, Elizabeth	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
DEADLIFT, 2 DUMBBELLS	ALL	F	50	160	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
DEADLIFT, 2 DUMBBELLS	ALL	F	55	212	Phumchaona, Noi	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	ALL	F	60	120	Todd, Phoebe	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	ALL	F	70	176	Schmidt, Kathy	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	ALL	F	75	287	Cicero, Kasey	12/16/2023	2023 Memorial Record Day
DEADLIFT, 2 DUMBBELLS	ALL	F	80	120	Thompson, Janet	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	ALL	F	85	202	Todd, Stacy	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	ALL	F	90	160	Lupo, Allison	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
DEADLIFT, 2 DUMBBELLS	ALL	F	105	202	Gore, Lisa	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, 2 DUMBBELLS	ALL	F	110	154	Sees, Susan	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	NAT	F	85	121	Schmidt, Kathy	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	NAT	F	110	154	Sees, Susan	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	13	M	30	110	LaPointe, Jackson	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	13	M	35	90	Wenzel, Logan	5/31/2025	Ledaig Record Day - Topeka, KS
DEADLIFT, 2 DUMBBELLS	13	M	45	100	Todd, Everett	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	13	M	50	120	Todd, Leroy	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	13	M	65	198	Habecker, Aidan	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	13	M	80	300	McKean, Robbie	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
DEADLIFT, 2 DUMBBELLS	14	M	65	212	McKean, Sean	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	14	M	90	242	Habecker, Aidan	9/30/2018	POSTAL (2018) - Q3
DEADLIFT, 2 DUMBBELLS	14	M	125+	341	Hess, Kohl	3/31/2010	2010 Eastern Open Postal

USAWA Record List

DEADLIFT, 2 DUMBBELLS	16	M	60	230	Wenzel, Spencer	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	16	M	75	300	Heit, Calvin	9/30/2018	POSTAL (2018) - Q3
DEADLIFT, 2 DUMBBELLS	16	M	95	353	Ciavattone, Joe Jr.	11/6/2010	IAWA GOLD CUP (2010) - Walpole, MA
DEADLIFT, 2 DUMBBELLS	16	M	100	400	Ciavattone, Joe Jr.	3/31/2010	2010 Eastern Open Postal
DEADLIFT, 2 DUMBBELLS	18	M	100	450	Ciavattone, Joe Jr.	12/31/2012	POSTAL (2012) - Q4
DEADLIFT, 2 DUMBBELLS	40	M	70	359	McKean, John	7/25/1993	RD - Ambridge
DEADLIFT, 2 DUMBBELLS	40	M	75	515	Hirsh, Bob	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	40	M	90	440	Strangeway, John	9/30/2018	POSTAL (2018) - Q3
DEADLIFT, 2 DUMBBELLS	40	M	95	480	Strangeway, John	12/31/2019	POSTAL (2019) - Q4
DEADLIFT, 2 DUMBBELLS	40	M	110	504	Fuller, James	11/30/2013	2013 NE Record Breakers
DEADLIFT, 2 DUMBBELLS	40	M	115	578	Myers, Al	3/31/2010	2010 Eastern Open Postal
DEADLIFT, 2 DUMBBELLS	40	M	120	480	Myers, Al	11/22/2009	RD- Clarks Gym '09
DEADLIFT, 2 DUMBBELLS	40	M	125	340	Todd, Chris	12/31/2019	POSTAL (2019) - Q4
DEADLIFT, 2 DUMBBELLS	40	M	125+	320	Todd, Chris	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	45	M	70	354	McKean, John	3/6/1993	93 Winterfest
DEADLIFT, 2 DUMBBELLS	45	M	75	332	McKean, John	10/15/1995	95 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	45	M	95	350	Songster, Tim	12/31/2012	POSTAL (2012) - Q4
DEADLIFT, 2 DUMBBELLS	45	M	105	350	Wenzel, Jeff	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	45	M	115	303	Montgomery, Paul	8/26/2006	RD - Habecker's Gym
DEADLIFT, 2 DUMBBELLS	45	M	125	350	Todd, Eric	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	45	M	125+	424	Mitchell, Mark	3/31/2010	2010 Eastern Open Postal
DEADLIFT, 2 DUMBBELLS	50	M	75	410	McKean, John	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	50	M	80	391	McKean, John	11/17/1999	99 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	50	M	90	360	Bryan, Barry	12/31/2012	POSTAL (2012) - Q4
DEADLIFT, 2 DUMBBELLS	50	M	95	231	Pirn, Peeter	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	50	M	105	441	Myers, Al	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	50	M	110	475	Myers, Al	12/31/2019	POSTAL (2019) - Q4
DEADLIFT, 2 DUMBBELLS	50	M	120	344	Geib, Bob	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	50	M	125+	422	Mitchell, Mark	12/31/2012	POSTAL (2012) - Q4
DEADLIFT, 2 DUMBBELLS	55	M	80	247	McKean, John	10/12/2003	2003 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	55	M	85	347	McKean, John	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	55	M	95	331	Vernacchio, John	11/16/1994	Valley Forge - Mini Meet
DEADLIFT, 2 DUMBBELLS	55	M	110	335	Lupo, Tony	2/25/2024	RD - Clarks Gym
DEADLIFT, 2 DUMBBELLS	55	M	125+	410	Ciavattone, Frank	3/31/2010	2010 Eastern Open Postal
DEADLIFT, 2 DUMBBELLS	60	M	70	265	Waterman, Chris	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	60	M	80	408	McKean, John	10/14/2007	2007 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	60	M	85	350	DeForest, Dave	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	60	M	90	335	DeForest, Dave	4/22/2023	BENCH PRESS DECATHLON
DEADLIFT, 2 DUMBBELLS	60	M	100	300	Wilmot, John	10/1/2008	08 Delaware Postal
DEADLIFT, 2 DUMBBELLS	60	M	110	275	Schmidt, Scott	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	60	M	115	264	Larson, Nils	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	60	M	120	440	Cook, Greg	12/31/2019	POSTAL (2019) - Q4

USAWA Record List

DEADLIFT, 2 DUMBBELLS	65	M	75	324	McKean, John	8/25/2012	PRESIDENTIAL CUP (2012)
DEADLIFT, 2 DUMBBELLS	65	M	80	332	Montini, Art	10/15/1995	95 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	65	M	85	331	Bryan, Barry	12/16/2023	2023 Memorial Record Day
DEADLIFT, 2 DUMBBELLS	65	M	90	252	Vuono, Peter	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, 2 DUMBBELLS	65	M	95	300	Carter, John	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	65	M	100	187	Gesbeck, Lee	3/4/2000	2000 Buckeye Record Break
DEADLIFT, 2 DUMBBELLS	65	M	110	253	Puzin, Carl	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	65	M	115	350	Glasgow, Dave	12/31/2019	POSTAL (2019) - Q4
DEADLIFT, 2 DUMBBELLS	65	M	125	300	Ciavattone, Frank	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	70	M	70	265	McKean, John	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	70	M	80	270	Emslie, David	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
DEADLIFT, 2 DUMBBELLS	70	M	85	246	Montini, Art	10/15/2000	2000 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	70	M	90	294	Habecker, Denny	12/31/2012	POSTAL (2012) - Q4
DEADLIFT, 2 DUMBBELLS	70	M	95	290	Spiegelberg, Bruce	10/1/2008	2008 Delaware Postal
DEADLIFT, 2 DUMBBELLS	70	M	105	344	Prechtel, Howard	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	70	M	110	280	Myers, LaVerne	9/30/2018	POSTAL (2018) - Q3
DEADLIFT, 2 DUMBBELLS	70	M	115	220	Ross, Dean	10/16/2016	2016 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	70	M	120	154	Geib, Bob	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	70	M	125	260	Ross, Dean	8/18/2013	RD - Dino Days (2013)
DEADLIFT, 2 DUMBBELLS	75	M	85	254	Habecker, Denny	12/31/2019	POSTAL (2019) - Q4
DEADLIFT, 2 DUMBBELLS	75	M	90	242	Habecker, Denny	9/30/2018	POSTAL (2018) - Q3
DEADLIFT, 2 DUMBBELLS	75	M	105	280	Myers, LaVerne	12/31/2019	POSTAL (2019) - Q4
DEADLIFT, 2 DUMBBELLS	75	M	110	200	Ross, Dean	12/31/2019	POSTAL (2019) - Q4
DEADLIFT, 2 DUMBBELLS	80	M	80	220	Habecker, Denny	12/16/2023	2023 Memorial Record Day
DEADLIFT, 2 DUMBBELLS	80	M	85	231	Habecker, Denny	11/1/2025	IAWA GOLD CUP (2025) - Derby University, UK
DEADLIFT, 2 DUMBBELLS	85	M	70	154	Mitchell, Dennis	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	85	M	75	154	Montini, Art	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	85	M	80	140	Montini, Art	8/18/2013	RD - Dino Days (2013)
DEADLIFT, 2 DUMBBELLS	90	M	90	160	Clark, Bill	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
DEADLIFT, 2 DUMBBELLS	90	M	95	150	Clark, Bill	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	ALL	M	35	90	Wenzel, Logan	5/31/2025	Ledaig Record Day - Topeka, KS
DEADLIFT, 2 DUMBBELLS	ALL	M	45	100	Todd, Everett	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	ALL	M	50	120	Todd, Leroy	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	ALL	M	60	230	Wenzel, Spencer	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	ALL	M	65	212	McKean, Sean	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	ALL	M	70	377	Monk, John	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	ALL	M	75	515	Hirsh, Bob	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	ALL	M	80	503	Wagman, Dan	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	ALL	M	85	350	DeForest, Dave	12/31/2023	POSTAL (2023) - Q4
DEADLIFT, 2 DUMBBELLS	ALL	M	90	440	Strangeway, John	9/30/2018	POSTAL (2018) - Q3
DEADLIFT, 2 DUMBBELLS	ALL	M	95	480	Strangeway, John	12/31/2019	POSTAL (2019) - Q4
DEADLIFT, 2 DUMBBELLS	ALL	M	100	450	Ciavattone, Joe Jr.	12/31/2012	POSTAL (2012) - Q4

USAWA Record List

DEADLIFT, 2 DUMBBELLS	ALL	M	105	441	Myers, Al	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	ALL	M	110	525	Ciavattone, Jeff	12/1/2012	RD -New England 2013
DEADLIFT, 2 DUMBBELLS	ALL	M	115	578	Myers, Al	3/31/2010	2010 Eastern Open Postal
DEADLIFT, 2 DUMBBELLS	ALL	M	120	520	Todd, Eric	12/31/2012	POSTAL (2012) - Q4
DEADLIFT, 2 DUMBBELLS	ALL	M	125	360	Todd, Chris	12/8/2018	RD - Lift for Leroy '18
DEADLIFT, 2 DUMBBELLS	ALL	M	125+	510	Tully, Scott	12/31/2012	POSTAL (2012) - Q4
DEADLIFT, 2 DUMBBELLS	NAT	M	65	198	Habecker, Aidan	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	NAT	M	70	265	Waterman, Chris	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	NAT	M	75	265	Dunlap, Cale	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	NAT	M	80	352	Lokken, Cody	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	NAT	M	90	331	Smith, Randy	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	NAT	M	95	231	Pirn, Peeter	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	NAT	M	105	441	Myers, Al	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	NAT	M	110	275	Schmidt, Scott	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	NAT	M	120	154	Geib, Bob	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 2 DUMBBELLS	NAT	M	125+	375	Moore, Tim	6/24/2017	NATIONALS (2017) - Cleveland, OH
DEADLIFT, 3" BAR	16	F	40	88	Gupta, Nisha	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, 3" BAR	40	F	65	180	Brooner-Lakowsky, Tressa	9/16/2001	2001 Supergrip Challenge
DEADLIFT, 3" BAR	40	F	125+	230	McConnaughey, Mary	9/16/2001	2001 Supergrip Challenge
DEADLIFT, 3" BAR	50	F	50	153	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, 3" BAR	55	F	60	164	VanWagner, Kim	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, 3" BAR	55	F	90	145	Lupo, Allison	3/22/2025	Great American Bench Press Meet, Buffville, KY
DEADLIFT, 3" BAR	60	F	75	100	Thompson, Janet	7/31/2022	RD - Clark vs Frank
DEADLIFT, 3" BAR	60	F	105	185	Gore, Lisa	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
DEADLIFT, 3" BAR	ALL	F	40	88	Gupta, Nisha	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, 3" BAR	ALL	F	50	153	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, 3" BAR	ALL	F	60	164	VanWagner, Kim	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, 3" BAR	ALL	F	65	180	Brooner-Lakowsky, Tressa	9/16/2001	2001 Supergrip Challenge
DEADLIFT, 3" BAR	ALL	F	75	100	Thompson, Janet	7/31/2022	RD - Clark vs Frank
DEADLIFT, 3" BAR	ALL	F	90	145	Lupo, Allison	3/22/2025	Great American Bench Press Meet, Buffville, KY
DEADLIFT, 3" BAR	ALL	F	105	185	Gore, Lisa	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
DEADLIFT, 3" BAR	ALL	F	125+	280	Simms, Felecia	2/12/2011	2011 Grip Championships
DEADLIFT, 3" BAR	13	M	35	85	Wenzel, Logan	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, 3" BAR	16	M	60	175	Wenzel, Spencer	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
DEADLIFT, 3" BAR	16	M	85	325	Hunter, Joe	9/16/2001	2001 Supergrip Challenge
DEADLIFT, 3" BAR	18	M	75	195	Market, Tim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
DEADLIFT, 3" BAR	18	M	85	380	Kucera, Matt	9/16/2001	2001 Supergrip Challenge
DEADLIFT, 3" BAR	40	M	85	385	Smith, Abe	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, 3" BAR	40	M	115	555	Myers, Al	2/12/2011	2011 Grip Championships
DEADLIFT, 3" BAR	40	M	120	450	Fulton, Kevin	9/16/2001	2001 Supergrip Challenge
DEADLIFT, 3" BAR	45	M	95	305	Fobes, Jarrod	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, 3" BAR	45	M	100	355	Fobes, Jarrod	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA

USAWA Record List

DEADLIFT, 3" BAR	45	M	105	335	Wenzel, Jeff	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
DEADLIFT, 3" BAR	45	M	110	355	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, 3" BAR	45	M	125+	550	Burtzloff, Bob	9/16/2001	2001 Supergrip Challenge
DEADLIFT, 3" BAR	50	M	95	315	Gupta, Sanjiv	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, 3" BAR	50	M	100	255	Gupta, Sanjiv	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, 3" BAR	50	M	105	335	Hose, Tony	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, 3" BAR	50	M	110	325	Wenzel, Jeff	5/31/2025	Ledaig Record Day - Topeka, KS
DEADLIFT, 3" BAR	50	M	125+	450	Mitchell, Mark	2/12/2011	2011 Grip Championships
DEADLIFT, 3" BAR	55	M	110	345	Lupo, Tony	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
DEADLIFT, 3" BAR	55	M	115	360	Glasgow, Dave	2/12/2011	2011 Grip Championships
DEADLIFT, 3" BAR	60	M	90	300	DeForest, Dave	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
DEADLIFT, 3" BAR	60	M	110	300	Lupo, Tony	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, 3" BAR	65	M	80	245	DeForest, Dave	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
DEADLIFT, 3" BAR	65	M	85	265	DeForest, Dave	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
DEADLIFT, 3" BAR	65	M	90	275	Habecker, Denny	2/12/2011	2011 Grip Championships
DEADLIFT, 3" BAR	65	M	115	255	Myers, LaVerne	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, 3" BAR	70	M	80	235	Emslie, David	3/28/2015	2015 Clarks Gym RD
DEADLIFT, 3" BAR	70	M	90	280	Habecker, Denny	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, 3" BAR	70	M	110	235	Myers, LaVerne	2/11/2017	2017 Grip Championships
DEADLIFT, 3" BAR	70	M	125	280	Ross, Dean	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, 3" BAR	75	M	100	250	Bletscher, Rudy	2/12/2011	2011 Grip Championships
DEADLIFT, 3" BAR	90	M	90	135	Clark, Bill	4/7/2024	Bench press Heptathlon
DEADLIFT, 3" BAR	ALL	M	35	85	WEnzel, Logan	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, 3" BAR	ALL	M	60	175	Wenzel, Spencer	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
DEADLIFT, 3" BAR	ALL	M	70	245	Wenzel, Riley	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, 3" BAR	ALL	M	75	195	Market, Tim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
DEADLIFT, 3" BAR	ALL	M	80	365	Luther, Travis	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
DEADLIFT, 3" BAR	ALL	M	85	385	Smith, Abe	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, 3" BAR	ALL	M	90	300	DeForest, Dave	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
DEADLIFT, 3" BAR	ALL	M	95	315	Gupta, Sanjiv	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, 3" BAR	ALL	M	100	355	Fobes, Jarrod	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, 3" BAR	ALL	M	105	335	Hose, Tony	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, 3" BAR	ALL	M	110	355	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, 3" BAR	ALL	M	115	555	Myers, Al	2/12/2011	2011 Grip Championships
DEADLIFT, 3" BAR	ALL	M	120	450	Fulton, Kevin	9/16/2001	2001 Supergrip Challenge
DEADLIFT, 3" BAR	ALL	M	125	600	Graham, Matt	9/16/2001	2001 Supergrip Challenge
DEADLIFT, 3" BAR	ALL	M	125+	550	Burtzloff, Bob	9/16/2001	2001 Supergrip Challenge
DEADLIFT, CIAVATTONE GRIP	13	F	25	25	Wenzel, Dylan	2/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	13	F	30	100	Monk, Elizabeth	10/15/2005	2005 IAWA
DEADLIFT, CIAVATTONE GRIP	13	F	40	134	Monk, Elizabeth	10/14/2007	2007 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	13	F	45	75	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, CIAVATTONE GRIP	13	F	50	165	Van Vleck, Morgan	10/29/2010	2010 JWC Record Breakers

USAWA Record List

DEADLIFT, CIAVATTONE GRIP	13	F	55	159	Collins, Natalie	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, CIAVATTONE GRIP	13	F	60	175	Myers, Molly	12/30/2009	2009 National Postal Meet
DEADLIFT, CIAVATTONE GRIP	13	F	65	222	Jaeschke, Sara	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE GRIP	13	F	75	135	Myers, Molly	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, CIAVATTONE GRIP	14	F	40	65	Gupta, Nisha	4/7/2024	Bench press Heptathlon
DEADLIFT, CIAVATTONE GRIP	14	F	50	155	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	14	F	65	187	Ullom, Brianna	6/30/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, CIAVATTONE GRIP	14	F	70	151	Todd, Lillian	9/30/2023	POSTAL (2023) - Q3
DEADLIFT, CIAVATTONE GRIP	14	F	80	203	Myers, Molly	6/30/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, CIAVATTONE GRIP	16	F	65	242	Hartman, Lindsey	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE GRIP	16	F	80	180	Collins, Natalie	2/25/2023	New England Grip Classic (2023)
DEADLIFT, CIAVATTONE GRIP	18	F	100	285	Kaleshian, Ani	12/28/2019	Anderson Winter Classic
DEADLIFT, CIAVATTONE GRIP	40	F	60	155	Devine, Karen	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	40	F	65	204	Schmidt, Kathy	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
DEADLIFT, CIAVATTONE GRIP	40	F	85	216	Todd, Stacy	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, CIAVATTONE GRIP	40	F	95	220	Hopps, Jessica	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
DEADLIFT, CIAVATTONE GRIP	45	F	55	182	Jones, Mary	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
DEADLIFT, CIAVATTONE GRIP	45	F	70	242	Skwarecki, Beth	2/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	50	F	50	200	Jackson, RJ	9/30/2016	POSTAL (2016) - Q3
DEADLIFT, CIAVATTONE GRIP	50	F	55	165	Phumchaona, Noi	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	50	F	75	184	Schmidt, Kathy	10/12/2008	2008 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	50	F	90	175	Collins, Cara	2/25/2023	New England Grip Classic (2023)
DEADLIFT, CIAVATTONE GRIP	50	F	100	214	Sees, Susan	9/27/2014	2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	50	F	105	209	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
DEADLIFT, CIAVATTONE GRIP	55	F	55	166	Phumchaona, Noi	7/26/1998	NATIONALS (1998) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	55	F	60	175	VanWagner, Kim	2/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	55	F	75	154	Schmidt, Kathy	10/14/2012	2012 Arts Birthday Bash
DEADLIFT, CIAVATTONE GRIP	55	F	80	132	Schmidt, Kathy	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	55	F	90	185	Lupo, Allison	2/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	55	F	95	220	Hopps, Jessica	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
DEADLIFT, CIAVATTONE GRIP	55	F	100	199	Lane, Colleen	10/25/2014	IAWA GOLD CUP (2014) - Burton on Trent, UK
DEADLIFT, CIAVATTONE GRIP	60	F	65	130	Howley, Kate	8/23/2007	2007 Delaware Postal
DEADLIFT, CIAVATTONE GRIP	60	F	70	121	Habecker, Judy	12/1/2001	2001 Inter. Postal
DEADLIFT, CIAVATTONE GRIP	60	F	85	143	Habecker, Judy	11/2/2002	IAWA GOLD CUP (2002) - Leicester, UK
DEADLIFT, CIAVATTONE GRIP	60	F	90	145	Lupo, Allison	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
DEADLIFT, CIAVATTONE GRIP	65	F	55	110	Anderson, Carolyn	8/23/2007	2007 Delaware Postal
DEADLIFT, CIAVATTONE GRIP	65	F	75	165	Thompson, Janet	2/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	65	F	80	133	Habecker, Judy	11/6/2010	IAWA GOLD CUP (2010) - Walpole, MA
DEADLIFT, CIAVATTONE GRIP	70	F	65	69	Santangelo, Lori	5/5/2024	RD - Buffville 4
DEADLIFT, CIAVATTONE GRIP	75	F	70	110	Habecker, Judy	8/6/2016	PRESIDENTIAL CUP (2016)
DEADLIFT, CIAVATTONE GRIP	ALL	F	25	25	Wenzel, Dylan	2/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	ALL	F	30	100	Monk, Elizabeth	10/15/2005	2005 IAWA

USAWA Record List

DEADLIFT, CIAVATTONE GRIP	ALL	F	40	134	Monk, Elizabeth	10/14/2007	2007 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	ALL	F	45	75	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, CIAVATTONE GRIP	ALL	F	50	200	Jackson, RJ	9/30/2016	POSTAL (2016) - Q3
DEADLIFT, CIAVATTONE GRIP	ALL	F	55	182	Jones, Mary	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
DEADLIFT, CIAVATTONE GRIP	ALL	F	60	175	Myers, Molly	12/30/2009	2009 National Postal Meet
DEADLIFT, CIAVATTONE GRIP	ALL	F	65	275	Teseng, Esmie	2/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	ALL	F	70	242	Skwarecki, Beth	2/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	ALL	F	75	303	Cicero, Kasey	9/30/2023	POSTAL (2023) - Q3
DEADLIFT, CIAVATTONE GRIP	ALL	F	80	220	Ciavattone, Cara	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	ALL	F	85	231	Ciavattone, Cara	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
DEADLIFT, CIAVATTONE GRIP	ALL	F	90	231	Collins, Cara	5/15/1999	99 England vs New England
DEADLIFT, CIAVATTONE GRIP	ALL	F	95	209	Collins, Cara	7/26/1998	NATIONALS (1998) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	ALL	F	100	285	Kaleshian, Ani	12/28/2019	Anderson Winter Classic
DEADLIFT, CIAVATTONE GRIP	ALL	F	105	209	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
DEADLIFT, CIAVATTONE GRIP	ALL	F	110	225	Collins, Cara	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE GRIP	ALL	F	115	236	Jobe, Alison	8/18/2013	RD - Dino Days (2013)
DEADLIFT, CIAVATTONE GRIP	NAT	F	40	77	Ciavattone, Dominique	7/26/1998	NATIONALS (1998) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	NAT	F	50	155	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	NAT	F	55	166	Phumchaona, Noi	7/26/1998	NATIONALS (1998) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	NAT	F	60	155	Devine, Karen	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	NAT	F	65	187	Ullom, Brianna	6/30/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, CIAVATTONE GRIP	NAT	F	80	220	Ciavattone, Cara	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	NAT	F	95	209	Collins, Cara	7/26/1998	NATIONALS (1998) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	NAT	F	100	211	Sees, Susan	6/30/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, CIAVATTONE GRIP	NAT	F	105	209	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
DEADLIFT, CIAVATTONE GRIP	13	M	30	96	LaPointe, Jackson	10/16/2016	2016 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	13	M	35	126	O'Brien, Marc	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
DEADLIFT, CIAVATTONE GRIP	13	M	40	148	Triatti, Matt	9/27/2014	2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	13	M	45	145	Van Vleck, Dalton	10/29/2010	2010 JWC Record Breakers
DEADLIFT, CIAVATTONE GRIP	13	M	50	65	Todd, Leroy	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, CIAVATTONE GRIP	13	M	55	115	Habecker, Aidan	6/20/2015	NATIONALS (2015) - York, PA
DEADLIFT, CIAVATTONE GRIP	13	M	60	185	Prior, Theo	1/24/2015	2015 Florida RD
DEADLIFT, CIAVATTONE GRIP	13	M	65	209	Lestan, Eric	1/20/2018	Record Day- Fall Classic
DEADLIFT, CIAVATTONE GRIP	13	M	70	140	Krenzin, Tyler	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, CIAVATTONE GRIP	13	M	75	140	Krenzin, Chris	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, CIAVATTONE GRIP	13	M	80	254	Beck, Steve	10/15/2005	2005 IAWA
DEADLIFT, CIAVATTONE GRIP	14	M	50	175	O'Brien, Mike	3/15/1998	Joe's Gym RBD - Norwood
DEADLIFT, CIAVATTONE GRIP	14	M	55	154	Habecker, Brady	12/17/2022	Memorial Record Day
DEADLIFT, CIAVATTONE GRIP	14	M	60	187	Habecker, Brady	9/30/2023	POSTAL (2023) - Q3
DEADLIFT, CIAVATTONE GRIP	14	M	70	345	Jaeschke, Jon	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE GRIP	14	M	75	310	Loewer, James	10/15/2000	2000 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	14	M	80	265	Loewer, James	6/27/1999	NATIONALS (1999) - Ambridge

USAWA Record List

DEADLIFT, CIAVATTONE GRIP	14	M	85	303	Ciavattone, Jeff	4/4/1995	95 New England Strong Man
DEADLIFT, CIAVATTONE GRIP	14	M	90	255	DeWitt, Bryce	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE GRIP	14	M	95	300	Ciavattone, Jonathan	12/30/2009	2009 National Postal Meet
DEADLIFT, CIAVATTONE GRIP	14	M	115	340	Patrick, Kevin	8/23/2007	2007 Delaware Postal
DEADLIFT, CIAVATTONE GRIP	14	M	120	290	Hess, Kohl	12/6/2009	2009 John's BD Record Day
DEADLIFT, CIAVATTONE GRIP	16	M	55	314	Achenbach, Justin	10/15/2005	2005 IAWA
DEADLIFT, CIAVATTONE GRIP	16	M	60	265	Van Fossan, Matt	10/11/1998	98 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	16	M	65	250	O'Brien, Marc	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE GRIP	16	M	70	320	Hancock, Matt	9/27/2014	2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	16	M	75	353	Kennedy, Tim	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	16	M	80	309	Vernacchio, S.J.	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
DEADLIFT, CIAVATTONE GRIP	16	M	85	385	Jaeschke, Chris	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE GRIP	16	M	90	402	Ciavattone, Jeff	8/3/1997	97 New England Champ.
DEADLIFT, CIAVATTONE GRIP	16	M	95	365	Ciavattone, Joe Jr.	12/30/2009	2009 National Postal Meet
DEADLIFT, CIAVATTONE GRIP	16	M	100	276	Frasso, Tony	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, CIAVATTONE GRIP	16	M	110	253	Ciavattone, Frank III	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, CIAVATTONE GRIP	16	M	125+	319	Hess, Kohl	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, CIAVATTONE GRIP	18	M	60	235	O'Brien, Mike	10/1/2000	2000 New England Champ.
DEADLIFT, CIAVATTONE GRIP	18	M	75	353	Kennedy, Tim	7/26/1998	NATIONALS (1998) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	18	M	80	355	Kennedy, Tim	3/15/1998	Joe's Gym RBD - Norwood
DEADLIFT, CIAVATTONE GRIP	18	M	85	350	Fisher, Carter	12/28/2019	Anderson Winter Classic
DEADLIFT, CIAVATTONE GRIP	18	M	90	390	Ciavattone, Jeff	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, CIAVATTONE GRIP	18	M	95	408	Ciavattone, Jeff	7/26/1998	NATIONALS (1998) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	18	M	100	375	McCarthy, Matthew	3/15/2014	2014 Franks BBC RB
DEADLIFT, CIAVATTONE GRIP	18	M	115	330	Quinn, Sean	7/30/2023	Norwood-Wapole Lifting Classic
DEADLIFT, CIAVATTONE GRIP	18	M	125+	440	Bingham, Ryan	12/28/2019	Anderson Winter Classic
DEADLIFT, CIAVATTONE GRIP	40	M	70	369	Waterman, Chris	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	40	M	75	446	Hirsh, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	40	M	80	474	Hirsh, Bob	2/22/1997	97 Buckeye Record Breaker
DEADLIFT, CIAVATTONE GRIP	40	M	85	445	Smith, Abe	9/30/2023	POSTAL (2023) - Q3
DEADLIFT, CIAVATTONE GRIP	40	M	95	441	Strangeway, John	1/18/2020	Dino Gym Challenge (2020)
DEADLIFT, CIAVATTONE GRIP	40	M	100	330	Ciavattone, Joe Sr.	6/30/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, CIAVATTONE GRIP	40	M	105	350	Garcia, Joe	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	40	M	110	525	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
DEADLIFT, CIAVATTONE GRIP	40	M	115	485	Ullom, Chad	9/27/2014	2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	40	M	120	467	Ullom, Chad	1/17/2015	Dino Gym Challenge (2015)
DEADLIFT, CIAVATTONE GRIP	40	M	125	511	Ciavattone, Frank	12/28/1997	97 Ciavattone Classic
DEADLIFT, CIAVATTONE GRIP	40	M	125+	513	Ciavattone, Frank	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, CIAVATTONE GRIP	45	M	65	265	Pensyl, Barry	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	45	M	70	402	Hirsh, Bob	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	45	M	75	335	Ortega, Toby	2/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	45	M	80	419	Hirsh, Bob	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA

USAWA Record List

DEADLIFT, CIAVATTONE GRIP	45	M	85	425	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
DEADLIFT, CIAVATTONE GRIP	45	M	90	385	Songster, Tim	9/30/2012	2012 Delaware Postal
DEADLIFT, CIAVATTONE GRIP	45	M	100	445	Schock, Ed	12/1/2001	2001 Inter. Postal
DEADLIFT, CIAVATTONE GRIP	45	M	105	451	Ullom, Chad	1/18/2020	Dino Gym Challenge (2020)
DEADLIFT, CIAVATTONE GRIP	45	M	110	430	Myers, Al	9/27/2014	2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	45	M	115	440	Ullom, Chad	2/11/2017	2017 Grip Championships
DEADLIFT, CIAVATTONE GRIP	45	M	120	500	Ciavattone, Frank	12/1/2001	2001 Inter. Postal
DEADLIFT, CIAVATTONE GRIP	45	M	125+	475	Ciavattone, Frank	10/1/2000	2000 New England Champ.
DEADLIFT, CIAVATTONE GRIP	50	M	65	265	Pensyl, Barry	7/26/1998	NATIONALS (1998) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	50	M	75	375	Waterman, Chris	10/15/2005	2005 IAWA
DEADLIFT, CIAVATTONE GRIP	50	M	80	347	Patterson, Tony	11/12/2016	2016 Plymouth, PA Rock RD
DEADLIFT, CIAVATTONE GRIP	50	M	85	320	Habecker, Denny	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	50	M	90	397	Smith, Randy	10/15/2005	2005 IAWA
DEADLIFT, CIAVATTONE GRIP	50	M	95	325	Gupta, Sanjiv	2/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	50	M	100	463	Schock, Ed	10/15/2005	2005 IAWA
DEADLIFT, CIAVATTONE GRIP	50	M	105	407	Myers, Al	9/30/2016	POSTAL (2016) - Q3
DEADLIFT, CIAVATTONE GRIP	50	M	110	402	Ullom, Chad	2/19/2022	Grip Championships
DEADLIFT, CIAVATTONE GRIP	50	M	115	541	Ciavattone, Frank	10/1/2006	RD -New England
DEADLIFT, CIAVATTONE GRIP	50	M	120	407	Patterson, James	11/12/2016	2016 Plymouth, PA Rock RD
DEADLIFT, CIAVATTONE GRIP	50	M	125	457	Ciavattone, Frank	10/15/2005	2005 IAWA
DEADLIFT, CIAVATTONE GRIP	50	M	125+	400	McCoy, Joe	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	55	M	75	287	Friesz, Dale	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, CIAVATTONE GRIP	55	M	80	431	Patterson, Tony	1/20/2018	Record Day- Fall Classic
DEADLIFT, CIAVATTONE GRIP	55	M	85	365	DiCiccio, Bill	10/11/1998	98 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	55	M	90	363	Bryan, Barry	6/20/2015	NATIONALS (2015) - York, PA
DEADLIFT, CIAVATTONE GRIP	55	M	95	320	Vernacchio, John	11/11/1995	IAWA GOLD CUP (1995) - Leicester, UK
DEADLIFT, CIAVATTONE GRIP	55	M	100	325	Vernacchio, John	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	55	M	105	353	Jury, Steve	9/30/2023	POSTAL (2023) - Q3
DEADLIFT, CIAVATTONE GRIP	55	M	110	400	Malloy, Jim	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	55	M	115	407	Schmidt, Scott	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, CIAVATTONE GRIP	55	M	120	419	Malloy, Jim	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, CIAVATTONE GRIP	55	M	125	473	Ciavattone, Frank	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, CIAVATTONE GRIP	55	M	125+	455	Ciavattone, Frank	10/25/2014	IAWA GOLD CUP (2014) - Burton on Trent, UK
DEADLIFT, CIAVATTONE GRIP	60	M	75	322	McKean, John	10/17/2010	2010 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	60	M	80	335	McKean, John	12/6/2009	2009 John's BD Record Day
DEADLIFT, CIAVATTONE GRIP	60	M	85	336	DiCiccio, Bill	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
DEADLIFT, CIAVATTONE GRIP	60	M	90	365	DeForest, Dave	4/22/2023	BENCH PRESS DECATHLON
DEADLIFT, CIAVATTONE GRIP	60	M	95	375	Carter, John	9/30/2023	POSTAL (2023) - Q3
DEADLIFT, CIAVATTONE GRIP	60	M	100	365	Carter, John	5/22/2021	2021 Clark's Record Day
DEADLIFT, CIAVATTONE GRIP	60	M	105	253	Raymond, Mark	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, CIAVATTONE GRIP	60	M	110	308	Schmidt, Scott	6/30/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, CIAVATTONE GRIP	60	M	115	375	Malloy, Jim	10/12/2003	2003 Art's Birthday Bash

USAWA Record List

DEADLIFT, CIAVATTONE GRIP	60	M	120	375	Malloy, Jim	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	60	M	125+	413	Ciavattone, Frank	6/20/2015	NATIONALS (2015) - York, PA
DEADLIFT, CIAVATTONE GRIP	65	M	75	289	McKean, John	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, CIAVATTONE GRIP	65	M	80	330	Bryan, Barry	2/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	65	M	85	332	DeForest, Dave	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
DEADLIFT, CIAVATTONE GRIP	65	M	90	335	Carter, John	2/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	65	M	95	315	Norval, Morgan	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	65	M	110	290	Licini, Jerome	2/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	65	M	115	375	Malloy, Jim	10/14/2007	2007 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	65	M	125	325	Ciavattone, Frank	2/25/2023	New England Grip Classic (2023)
DEADLIFT, CIAVATTONE GRIP	65	M	125+	441	Ciavattone, Frank	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, CIAVATTONE GRIP	70	M	75	250	McKean, John	10/16/2016	2016 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	70	M	80	290	Emslie, David	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
DEADLIFT, CIAVATTONE GRIP	70	M	85	308	Habecker, Denny	6/30/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, CIAVATTONE GRIP	70	M	90	320	Habecker, Denny	9/27/2014	2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	70	M	95	265	Prechtel, Howard	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	70	M	100	287	Prechtel, Howard	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	70	M	105	90	Crozier, Bill	8/23/2007	2007 Delaware Postal
DEADLIFT, CIAVATTONE GRIP	70	M	110	308	Myers, LaVerne	10/8/2016	2016 Worlds - Lebanon, PA
DEADLIFT, CIAVATTONE GRIP	70	M	115	295	Ross, Dean	9/30/2016	POSTAL (2016) - Q3
DEADLIFT, CIAVATTONE GRIP	70	M	120	314	Ross, Dean	1/17/2015	Dino Gym Challenge (2015)
DEADLIFT, CIAVATTONE GRIP	75	M	65	203	Pensyl, Barry	8/5/2023	PRESIDENTIAL CUP (2023)
DEADLIFT, CIAVATTONE GRIP	75	M	75	216	Mitchell, Dennis	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
DEADLIFT, CIAVATTONE GRIP	75	M	80	265	Cox, Bob	4/27/2002	2002 Buckeye Record Break
DEADLIFT, CIAVATTONE GRIP	75	M	85	278	Habecker, Denny	1/18/2020	Dino Gym Challenge (2020)
DEADLIFT, CIAVATTONE GRIP	75	M	90	258	Habecker, Denny	10/15/2017	2017 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	75	M	100	397	Miller, Wilbur	2/12/2012	RD - Dino Gym (2012)
DEADLIFT, CIAVATTONE GRIP	75	M	105	350	Miller, Wilbur	1/19/2008	Dino Gym Challenge (2008)
DEADLIFT, CIAVATTONE GRIP	75	M	110	300	Lano, Jack	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	80	M	70	210	Mitchell, Dennis	9/27/2014	2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	80	M	80	231	Montini, Art	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
DEADLIFT, CIAVATTONE GRIP	80	M	85	254	Habecker, Denny	9/30/2023	POSTAL (2023) - Q3
DEADLIFT, CIAVATTONE GRIP	80	M	95	198	Eberhardinger, Paul	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
DEADLIFT, CIAVATTONE GRIP	80	M	105	165	Clark, Bill	10/10/2016	Clark's Double Decathlon
DEADLIFT, CIAVATTONE GRIP	85	M	80	231	Montini, Art	6/30/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, CIAVATTONE GRIP	90	M	95	184	Clark, Bill	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, CIAVATTONE GRIP	ALL	M	50	65	Todd, Leroy	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, CIAVATTONE GRIP	ALL	M	55	154	Habecker, Brady	12/17/2022	Memorial Record Day
DEADLIFT, CIAVATTONE GRIP	ALL	M	60	314	Achenbach, Justin	10/15/2005	2005 IAWA
DEADLIFT, CIAVATTONE GRIP	ALL	M	65	298	Mabrey, Izzy	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, CIAVATTONE GRIP	ALL	M	70	402	Hirsh, Bob	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	ALL	M	75	446	Hirsh, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA

USAWA Record List

DEADLIFT, CIAVATTONE GRIP	ALL	M	80	474	Hirsh, Bob	2/22/1997	97 Buckeye Record Breaker
DEADLIFT, CIAVATTONE GRIP	ALL	M	85	461	Wagman, Dan	9/30/2023	POSTAL (2023) - Q3
DEADLIFT, CIAVATTONE GRIP	ALL	M	90	429	Goetsch, Troy	2/12/2012	RD - Dino Gym (2012)
DEADLIFT, CIAVATTONE GRIP	ALL	M	95	441	Strangeway, John	1/18/2020	Dino Gym Challenge (2020)
DEADLIFT, CIAVATTONE GRIP	ALL	M	100	463	Schock, Ed	10/15/2005	2005 IAWA
DEADLIFT, CIAVATTONE GRIP	ALL	M	105	500	Wiebe, Kyle	6/28/2026	2026 USAWA Club Championship - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	ALL	M	110	525	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
DEADLIFT, CIAVATTONE GRIP	ALL	M	115	541	Ciavattone, Frank	10/1/2006	RD -New England
DEADLIFT, CIAVATTONE GRIP	ALL	M	120	500	Ciavattone, Frank	12/1/2001	2001 Inter. Postal
DEADLIFT, CIAVATTONE GRIP	ALL	M	125	511	Ciavattone, Frank	12/28/1997	97 Ciavattone Classic
DEADLIFT, CIAVATTONE GRIP	ALL	M	125+	535	Doster, Matthew	10/15/2005	2005 IAWA
DEADLIFT, CIAVATTONE GRIP	NAT	M	60	253	Van Fossan, Matt	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, CIAVATTONE GRIP	NAT	M	65	298	Mabrey, Izzy	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, CIAVATTONE GRIP	NAT	M	70	369	Waterman, Chris	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	NAT	M	75	446	Hirsh, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	NAT	M	80	460	Hirsh, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	NAT	M	85	365	Ellis, Dave	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	NAT	M	90	391	Ciavattone, Jeff	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, CIAVATTONE GRIP	NAT	M	95	408	Ciavattone, Jeff	7/26/1998	NATIONALS (1998) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	NAT	M	100	335	Vernacchio, John	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	NAT	M	105	452	Spayd, Bill	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, CIAVATTONE GRIP	NAT	M	110	441	Ciavattone, Joe Sr.	7/26/1998	NATIONALS (1998) - Mansfield, MA
DEADLIFT, CIAVATTONE GRIP	NAT	M	115	462	Ullom, Chad	6/30/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, CIAVATTONE GRIP	NAT	M	120	419	Schmidt, Scott	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, CIAVATTONE GRIP	NAT	M	125	450	Ciavattone, Frank	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, CIAVATTONE GRIP	NAT	M	125+	513	Ciavattone, Frank	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, CIAVATTONE, LEFT	13	F	55	77	Collins, Natalie	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, CIAVATTONE, LEFT	13	F	60	65	Collins, Olivia	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, CIAVATTONE, LEFT	40	F	65	143	Skwarecki, Beth	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, LEFT	50	F	50	90	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
DEADLIFT, CIAVATTONE, LEFT	55	F	95	110	Lane, Colleen	11/30/2013	2013 NE Record Breakers
DEADLIFT, CIAVATTONE, LEFT	55	F	100	122	Lane, Colleen	3/15/2014	2014 Franks BBC RB
DEADLIFT, CIAVATTONE, LEFT	65	F	75	105	Thompson, Janet	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, LEFT	ALL	F	50	90	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
DEADLIFT, CIAVATTONE, LEFT	ALL	F	55	77	Collins, Natalie	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, CIAVATTONE, LEFT	ALL	F	60	127	Mason, Sue	7/1/2000	2000 USAWA - Lebanon, PA
DEADLIFT, CIAVATTONE, LEFT	ALL	F	65	143	Skwarecki, Beth	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, LEFT	ALL	F	70	154	Skwarecki, Beth	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, LEFT	ALL	F	75	106	Diggs, Crystal	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, LEFT	ALL	F	90	153	Richards, Taylor	3/15/2014	2014 Franks BBC RB
DEADLIFT, CIAVATTONE, LEFT	ALL	F	95	130	Collins, Cara	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, CIAVATTONE, LEFT	ALL	F	100	122	Lane, Colleen	3/15/2014	2014 Franks BBC RB

USAWA Record List

DEADLIFT, CIAVATTONE, LEFT	NAT	F	60	127	Mason, Sue	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, LEFT	13	M	30	50	O'Brien, Marc	12/28/1997	97 Ciavattone Classic
DEADLIFT, CIAVATTONE, LEFT	13	M	35	72	Ciavattone, Frank III	3/13/2005	2005 Frank Gancarz Open
DEADLIFT, CIAVATTONE, LEFT	13	M	55	85	Ciavattone, Frank III	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, CIAVATTONE, LEFT	13	M	60	118	Ciavattone, Frank III	10/1/2006	RD -New England
DEADLIFT, CIAVATTONE, LEFT	14	M	50	90	O'Brien, Mike	12/28/1997	97 Ciavattone Classic
DEADLIFT, CIAVATTONE, LEFT	14	M	70	195	Jaeschke, Jon	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE, LEFT	14	M	80	165	Loewer, James	7/1/2000	2000 USAWA - Lebanon, PA
DEADLIFT, CIAVATTONE, LEFT	16	M	70	110	Shepard, Travis	12/28/1997	97 Ciavattone Classic
DEADLIFT, CIAVATTONE, LEFT	16	M	75	205	Kennedy, Tim	12/30/1996	96 New England Champ.
DEADLIFT, CIAVATTONE, LEFT	16	M	80	132	Marchand, Wade	7/31/2022	RD - Clark vs Frank
DEADLIFT, CIAVATTONE, LEFT	16	M	85	166	McAuliffe, Brenden	3/15/2014	2014 Franks BBC RB
DEADLIFT, CIAVATTONE, LEFT	18	M	70	130	Market, Tim	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
DEADLIFT, CIAVATTONE, LEFT	18	M	85	170	Holcomb, Seth	10/18/2003	2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, LEFT	40	M	75	222	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
DEADLIFT, CIAVATTONE, LEFT	40	M	80	231	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
DEADLIFT, CIAVATTONE, LEFT	40	M	95	230	Strangeway, John	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, LEFT	40	M	100	240	Strangeway, John	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, LEFT	40	M	110	200	Silvestri, Larry	3/13/2005	2005 Frank Gancarz Open
DEADLIFT, CIAVATTONE, LEFT	40	M	115	220	Ullom, Chad	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, LEFT	40	M	120	220	Ciavattone, Frank	9/12/1997	RD -New England Record Breakers
DEADLIFT, CIAVATTONE, LEFT	40	M	125	260	Ciavattone, Frank	12/28/1997	97 Ciavattone Classic
DEADLIFT, CIAVATTONE, LEFT	40	M	125+	180	Todd, Chris	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, LEFT	45	M	75	171	Gorman, Tom	7/1/2000	2000 USAWA - Lebanon, PA
DEADLIFT, CIAVATTONE, LEFT	45	M	85	220	Hirsh, Bob	10/15/2000	2000 Art's Birthday Bash
DEADLIFT, CIAVATTONE, LEFT	45	M	90	202	Brien, Dave	3/4/2017	2017 Iceberg Open RD
DEADLIFT, CIAVATTONE, LEFT	45	M	95	226	Schock, Ed	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, LEFT	45	M	105	235	Ciavattone, Joe Sr.	11/30/2013	2013 NE Record Breakers
DEADLIFT, CIAVATTONE, LEFT	45	M	110	198	Myers, Al	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, CIAVATTONE, LEFT	45	M	115	220	Schmidt, Scott	11/17/1999	99 Art's Birthday Bash
DEADLIFT, CIAVATTONE, LEFT	45	M	120	248	Ciavattone, Frank	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
DEADLIFT, CIAVATTONE, LEFT	45	M	125+	220	Bunch, Dan	8/18/2013	RD - Dino Days (2013)
DEADLIFT, CIAVATTONE, LEFT	50	M	75	178	Waterman, Chris	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
DEADLIFT, CIAVATTONE, LEFT	50	M	80	241	Wagman, Dan	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, LEFT	50	M	85	165	Habecker, Denny	9/12/1997	RD -New England Record Breakers
DEADLIFT, CIAVATTONE, LEFT	50	M	90	187	Driscoll, Mike	4/16/2016	2016 Frank's RD
DEADLIFT, CIAVATTONE, LEFT	50	M	95	165	Gupta, Sanjiv	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, LEFT	50	M	105	195	Wenzel, Jeff	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
DEADLIFT, CIAVATTONE, LEFT	50	M	110	185	Poore, Clint	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, CIAVATTONE, LEFT	50	M	115	312	Ciavattone, Frank	10/1/2006	RD -New England
DEADLIFT, CIAVATTONE, LEFT	50	M	120	275	Ciavattone, Frank	3/13/2005	2005 Frank Gancarz Open
DEADLIFT, CIAVATTONE, LEFT	50	M	125+	203	Morrison, Rocky	4/16/2016	2016 Frank's RD

USAWA Record List

DEADLIFT, CIAVATTONE, LEFT	55	M	75	150	Marchand, Wade	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, LEFT	55	M	80	132	Gago, David	7/22/2017	2017 NE Cup RD
DEADLIFT, CIAVATTONE, LEFT	55	M	85	187	DiCiccio, Bill	10/11/1998	98 Art's Birthday Bash
DEADLIFT, CIAVATTONE, LEFT	55	M	90	145	Habecker, Denny	6/24/2001	NATIONALS (2001) - Columbia, MO
DEADLIFT, CIAVATTONE, LEFT	55	M	100	220	Schock, Ed	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
DEADLIFT, CIAVATTONE, LEFT	55	M	105	200	Raymond, Mark	7/31/2022	RD - Clark vs Frank
DEADLIFT, CIAVATTONE, LEFT	55	M	110	176	Geib, Bob	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, LEFT	55	M	115	209	Malloy, Jim	2/22/1997	97 Buckeye Record Breaker
DEADLIFT, CIAVATTONE, LEFT	55	M	120	165	Morrison, Rocky	7/22/2017	2017 NE Cup RD
DEADLIFT, CIAVATTONE, LEFT	55	M	125+	255	Ciavattone, Frank	12/1/2012	RD -New England 2013
DEADLIFT, CIAVATTONE, LEFT	60	M	80	155	Gago, David	1/20/2018	Record Day- Fall Classic
DEADLIFT, CIAVATTONE, LEFT	60	M	85	180	DiCiccio, Bill	11/23/2003	2003 Jump Stretch Record
DEADLIFT, CIAVATTONE, LEFT	60	M	90	170	DeForest, Dave	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, LEFT	60	M	100	205	Carter, John	7/31/2022	RD - Clark vs Frank
DEADLIFT, CIAVATTONE, LEFT	60	M	125+	243	Ciavattone, Frank	8/15/2016	2016 Frank's BBC RD
DEADLIFT, CIAVATTONE, LEFT	65	M	75	135	McKean, John	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, CIAVATTONE, LEFT	65	M	80	155	Montini, Art	10/15/1995	95 Art's Birthday Bash
DEADLIFT, CIAVATTONE, LEFT	65	M	85	145	DeForest, Dave	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
DEADLIFT, CIAVATTONE, LEFT	65	M	90	205	Smith, Randy	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, LEFT	65	M	110	187	Myers, LaVerne	11/6/2010	IAWA GOLD CUP (2010) - Walpole, MA
DEADLIFT, CIAVATTONE, LEFT	65	M	115	170	Myers, LaVerne	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, CIAVATTONE, LEFT	65	M	125	230	Ciavattone, Frank	7/31/2022	RD - Clark vs Frank
DEADLIFT, CIAVATTONE, LEFT	65	M	125+	242	Ciavattone, Frank	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, CIAVATTONE, LEFT	70	M	80	165	Emslie, David	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
DEADLIFT, CIAVATTONE, LEFT	70	M	110	220	Myers, LaVerne	9/30/2017	POSTAL (2017) - Q3
DEADLIFT, CIAVATTONE, LEFT	70	M	120	210	Ciavattone, Frank	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
DEADLIFT, CIAVATTONE, LEFT	70	M	125	208	Ciavattone, Frank	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, CIAVATTONE, LEFT	75	M	75	110	Mitchell, Dennis	10/12/2008	2008 Art's Birthday Bash
DEADLIFT, CIAVATTONE, LEFT	75	M	80	110	Cox, Bob	11/23/2003	2003 Jump Stretch Record
DEADLIFT, CIAVATTONE, LEFT	75	M	85	137	Habecker, Denny	1/18/2020	Dino Gym Challenge (2020)
DEADLIFT, CIAVATTONE, LEFT	75	M	90	143	Prechtel, Howard	7/1/2000	2000 USAWA - Lebanon, PA
DEADLIFT, CIAVATTONE, LEFT	75	M	95	132	Ross, Dean	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, LEFT	75	M	105	187	Myers, LaVerne	1/18/2020	Dino Gym Challenge (2020)
DEADLIFT, CIAVATTONE, LEFT	80	M	70	95	Mitchell, Dennis	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, LEFT	80	M	85	125	Habecker, Denny	6/29/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, CIAVATTONE, LEFT	80	M	105	148	Eberhardinger, Paul	7/1/2000	2000 USAWA - Lebanon, PA
DEADLIFT, CIAVATTONE, LEFT	85	M	80	121	Montini, Art	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, LEFT	85	M	85	122	Montini, Art	8/10/2013	PRESIDENTIAL CUP (2013)
DEADLIFT, CIAVATTONE, LEFT	ALL	M	60	118	Ciavattone, Frank III	10/1/2006	RD -New England
DEADLIFT, CIAVATTONE, LEFT	ALL	M	65	160	Mabrey, Izzy	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, LEFT	ALL	M	70	195	Jaeschke, Jon	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE, LEFT	ALL	M	75	222	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash

USAWA Record List

DEADLIFT, CIAVATTONE, LEFT	ALL	M	80	241	Wagman, Dan	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, LEFT	ALL	M	85	240	Smith, Abe	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, LEFT	ALL	M	90	205	Smith, Randy	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, LEFT	ALL	M	95	230	Strangeway, John	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, LEFT	ALL	M	100	240	Strangeway, John	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, LEFT	ALL	M	105	235	Ciavattone, Joe Sr.	11/30/2013	2013 NE Record Breakers
DEADLIFT, CIAVATTONE, LEFT	ALL	M	110	240	Ciavattone, Jeff	7/21/2018	2018 NE Record Day
DEADLIFT, CIAVATTONE, LEFT	ALL	M	115	312	Ciavattone, Frank	10/1/2006	RD -New England
DEADLIFT, CIAVATTONE, LEFT	ALL	M	120	275	Ciavattone, Frank	3/13/2005	2005 Frank Gancarz Open
DEADLIFT, CIAVATTONE, LEFT	ALL	M	125	260	Ciavattone, Frank	12/28/1997	97 Ciavattone Classic
DEADLIFT, CIAVATTONE, LEFT	ALL	M	125+	255	Ciavattone, Frank	12/1/2012	RD -New England 2013
DEADLIFT, CIAVATTONE, LEFT	NAT	M	70	95	Mitchell, Dennis	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, LEFT	NAT	M	75	171	Gorman, Tom	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, LEFT	NAT	M	80	160	Loewer, James	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, LEFT	NAT	M	90	143	Prechtel, Howard	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, LEFT	NAT	M	105	149	Eberhardinger, Paul	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, LEFT	NAT	M	115	220	Ullom, Chad	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, LEFT	NAT	M	120	154	Ross, Dean	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, RIGHT	13	F	50	55	Todd, Phoebe	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, RIGHT	13	F	55	85	Collins, Natalie	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, CIAVATTONE, RIGHT	13	F	60	75	Todd, Lillian	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, RIGHT	13	F	65	120	Jaeschke, Sara	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	14	F	65	100	Todd, Phoebe	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	14	F	70	110	Jaeschke, Sara	10/18/2003	2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	16	F	65	110	Hartman, Lindsey	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	16	F	70	80	Ordones, Nalexi	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	16	F	75	130	Paul, Andrea	10/18/2003	2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	40	F	70	108	Schmidt, Kathy	11/17/1999	99 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	40	F	90	120	Todd, Stacy	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	40	F	95	115	Hopps, Jessica	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	40	F	125+	150	McConnaughey, Mary	10/18/2003	2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	50	F	50	90	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
DEADLIFT, CIAVATTONE, RIGHT	50	F	100	99	Sees, Susan	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, RIGHT	55	F	50	101	Jackson, RJ	9/30/2017	POSTAL (2017) - Q3
DEADLIFT, CIAVATTONE, RIGHT	55	F	60	105	VanWagner, Kim	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	55	F	55	88	Phumchaona, Noi	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	55	F	75	155	Ollennuking, Amorkor	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, RIGHT	55	F	90	110	Lupo, Allison	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	55	F	95	110	Lane, Colleen	11/30/2013	2013 NE Record Breakers
DEADLIFT, CIAVATTONE, RIGHT	55	F	100	170	Gore, Lisa	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	60	F	50	111	Jackson, RJ	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	60	F	75	105	Thompson, Janet	7/31/2022	RD - Clark vs Frank

USAWA Record List

DEADLIFT, CIAVATTONE, RIGHT	60	F	80	80	Habecker, Judy	10/29/2005	IAWA GOLD CUP (2005) - Maui, HI
DEADLIFT, CIAVATTONE, RIGHT	60	F	85	110	Thompson, Janet	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	50	111	Jackson, RJ	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	55	88	Phumchaona, Noi	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	60	105	VanWagner, Kim	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	65	120	Jaeschke, Sara	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	70	110	Jaeschke, Sara	10/18/2003	2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	75	155	Ollennuking, Amorkor	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	80	80	Habecker, Judy	10/29/2005	IAWA GOLD CUP (2005) - Maui, HI
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	85	141	Todd, Stacy	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	90	146	Collins, Cara	10/1/2000	2000 New England Champ.
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	95	150	Collins, Cara	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	100	170	Gore, Lisa	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	110	140	Collins, Cara	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	125+	150	McConnaughey, Mary	10/18/2003	2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	NAT	F	55	88	Phumchaona, Noi	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	NAT	F	85	121	Hopps, Jessica	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, RIGHT	NAT	F	90	143	Collins, Cara	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	NAT	F	100	99	Sees, Susan	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, RIGHT	13	M	30	55	O'Brien, Marc	12/28/1997	97 Ciavattone Classic
DEADLIFT, CIAVATTONE, RIGHT	13	M	35	72	Ciavattone, Frank III	3/13/2005	2005 Frank Gancarz Open
DEADLIFT, CIAVATTONE, RIGHT	13	M	40	55	Todd, Leroy	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, RIGHT	13	M	45	55	Ciavattone, Joe Jr.	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	13	M	50	60	Todd, Everett	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	13	M	55	85	Ciavattone, Frank III	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, CIAVATTONE, RIGHT	13	M	60	108	Ciavattone, Frank III	10/1/2006	RD -New England
DEADLIFT, CIAVATTONE, RIGHT	13	M	65	80	Todd, Leroy	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	13	M	75	99	Blockston, Jon	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	14	M	50	121	O'Brien, Mike	3/15/1998	Joe's Gym RBD - Norwood
DEADLIFT, CIAVATTONE, RIGHT	14	M	70	154	Habecker, Aidan	9/30/2017	POSTAL (2017) - Q3
DEADLIFT, CIAVATTONE, RIGHT	14	M	80	176	Loewer, James	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	14	M	90	120	DeWitt, Bryce	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	16	M	60	125	Wenzel, Spencer	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	16	M	65	165	O'Brien, Marc	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	16	M	70	120	Shepard, Travis	12/28/1997	97 Ciavattone Classic
DEADLIFT, CIAVATTONE, RIGHT	16	M	75	132	Morrison, James	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, RIGHT	16	M	80	170	Kennedy, Tim	8/3/1997	97 New England Champ.
DEADLIFT, CIAVATTONE, RIGHT	16	M	85	215	Jaeschke, Chris	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	16	M	100	177	Ciavattone, Jonathan	11/6/2010	IAWA GOLD CUP (2010) - Walpole, MA
DEADLIFT, CIAVATTONE, RIGHT	16	M	105	198	Habecker, Aidan	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, RIGHT	16	M	120	198	Stahnke, Dennis	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	18	M	60	160	O'Brien, Mike	9/2/2000	2000 IAWA Worlds -Mansfld

USAWA Record List

DEADLIFT, CIAVATTONE, RIGHT	18	M	65	125	O'Neill-Butters, Maverick	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	18	M	70	176	O'Brien, Mike	1/5/2002	2002 U.S. Marine Open
DEADLIFT, CIAVATTONE, RIGHT	18	M	80	185	Kennedy, Tim	3/15/1998	Joe's Gym RBD - Norwood
DEADLIFT, CIAVATTONE, RIGHT	18	M	90	240	Jaeschke, Chris	10/18/2003	2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	18	M	95	236	Ciavattone, Jeff	3/15/1998	Joe's Gym RBD - Norwood
DEADLIFT, CIAVATTONE, RIGHT	40	M	75	200	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	40	M	80	226	Hirsh, Bob	10/11/1998	98 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	40	M	85	235	Smith, Abe	7/31/2022	RD - Clark vs Frank
DEADLIFT, CIAVATTONE, RIGHT	40	M	100	145	Larson, Nils	1/5/2002	2002 U.S. Marine Open
DEADLIFT, CIAVATTONE, RIGHT	40	M	110	281	Ciavattone, Jeff	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, RIGHT	40	M	115	237	Fulton, Kevin	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	40	M	120	243	Fulton, Kevin	10/7/2001	2001 IAWA Worlds-Glasgow
DEADLIFT, CIAVATTONE, RIGHT	40	M	125	255	Ciavattone, Frank	12/28/1997	97 Ciavattone Classic
DEADLIFT, CIAVATTONE, RIGHT	40	M	125+	288	Ciavattone, Frank	5/15/1999	99 England vs New England
DEADLIFT, CIAVATTONE, RIGHT	45	M	70	193	Waterman, Chris	7/1/2000	2000 USAWA - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	45	M	75	155	McKenzie, Bob	11/17/1999	99 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	45	M	85	201	Hirsh, Bob	10/15/2000	2000 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	45	M	90	202	Brien, Dave	3/4/2017	2017 Iceberg Open RD
DEADLIFT, CIAVATTONE, RIGHT	45	M	95	220	Schock, Ed	7/1/2000	2000 USAWA - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	45	M	100	205	Lansdown, Christopher	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	45	M	105	225	Ciavattone, Joe Sr.	11/30/2013	2013 NE Record Breakers
DEADLIFT, CIAVATTONE, RIGHT	45	M	110	231	Myers, Al	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, CIAVATTONE, RIGHT	45	M	115	222	Schmidt, Scott	11/17/1999	99 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	45	M	120	304	Ciavattone, Frank	3/9/2002	2002 Frank Gancarz Mem
DEADLIFT, CIAVATTONE, RIGHT	45	M	125	289	Ciavattone, Frank	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	45	M	125+	265	Ciavattone, Frank	10/1/2000	2000 New England Champ.
DEADLIFT, CIAVATTONE, RIGHT	50	M	65	143	Pensyl, Barry	7/1/2000	2000 USAWA - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	50	M	75	194	Waterman, Chris	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	50	M	80	233	Patterson, Tony	11/12/2016	2016 Plymouth, PA Rock RD
DEADLIFT, CIAVATTONE, RIGHT	50	M	85	180	Habecker, Denny	10/13/1996	96 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	50	M	90	176	Driscoll, Mike	4/16/2016	2016 Frank's RD
DEADLIFT, CIAVATTONE, RIGHT	50	M	105	230	Myers, Al	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, RIGHT	50	M	110	200	Garcia, Joe	10/18/2003	2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	50	M	115	352	Ciavattone, Frank	12/1/2007	2007 Walpole, MA Record Day
DEADLIFT, CIAVATTONE, RIGHT	50	M	125+	209	Morrison, Rocky	4/16/2016	2016 Frank's RD
DEADLIFT, CIAVATTONE, RIGHT	55	M	75	165	Gago, David	11/12/2016	2016 Plymouth, PA Rock RD
DEADLIFT, CIAVATTONE, RIGHT	55	M	80	266	Patterson, Tony	1/20/2018	Record Day- Fall Classic
DEADLIFT, CIAVATTONE, RIGHT	55	M	85	190	Habecker, Denny	7/1/2000	2000 USAWA - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	55	M	90	199	Habecker, Denny	3/9/2002	2002 Frank Gancarz Mem
DEADLIFT, CIAVATTONE, RIGHT	55	M	100	220	Schock, Ed	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	55	M	105	225	Hose, Tony	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	55	M	110	177	Lupo, Tony	9/30/2024	POSTAL (2024) - Q3

USAWA Record List

DEADLIFT, CIAVATTONE, RIGHT	55	M	115	220	Malloy, Jim	2/22/1997	97 Buckeye Record Breaker
DEADLIFT, CIAVATTONE, RIGHT	55	M	120	187	Morrison, Rocky	7/22/2017	2017 NE Cup RD
DEADLIFT, CIAVATTONE, RIGHT	55	M	125+	285	Ciavattone, Frank	11/30/2013	2013 NE Record Breakers
DEADLIFT, CIAVATTONE, RIGHT	60	M	80	165	DeForest, Dave	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	60	M	85	180	DiCiccio, Bill	11/23/2003	2003 Jump Stretch Record
DEADLIFT, CIAVATTONE, RIGHT	60	M	90	198	Smith, Randy	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, RIGHT	60	M	95	165	Locondro, Mike	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	60	M	100	225	Carter, John	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, RIGHT	60	M	125+	277	Ciavattone, Frank	9/27/2016	2016 Frank's RD
DEADLIFT, CIAVATTONE, RIGHT	65	M	75	145	McKean, John	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	65	M	80	165	Montini, Art	10/15/1995	95 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	65	M	85	200	Carter, John	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	65	M	90	181	Bryan, Barry	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	65	M	110	165	Larson, Nils	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
DEADLIFT, CIAVATTONE, RIGHT	65	M	115	170	Myers, LaVerne	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, CIAVATTONE, RIGHT	65	M	125	242	Ciavattone, Frank	12/31/2021	New Years Eve Record Breaker 2021
DEADLIFT, CIAVATTONE, RIGHT	65	M	125+	253	Ciavattone, Frank	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, CIAVATTONE, RIGHT	70	M	65	127	Pensyl, Barry	8/6/2022	PRESIDENTIAL CUP (2022)
DEADLIFT, CIAVATTONE, RIGHT	70	M	80	170	Emslie, David	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
DEADLIFT, CIAVATTONE, RIGHT	70	M	85	165	Habecker, Denny	8/10/2013	PRESIDENTIAL CUP (2013)
DEADLIFT, CIAVATTONE, RIGHT	70	M	90	170	Monahan, Rex	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, CIAVATTONE, RIGHT	70	M	95	165	Habecker, Denny	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
DEADLIFT, CIAVATTONE, RIGHT	70	M	110	220	Myers, LaVerne	2/11/2018	RD - Dino Gym
DEADLIFT, CIAVATTONE, RIGHT	70	M	120	220	Ciavattone, Frank	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
DEADLIFT, CIAVATTONE, RIGHT	70	M	125	200	Ciavattone, Frank	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
DEADLIFT, CIAVATTONE, RIGHT	75	M	60	115	Pensyl, Barry	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	75	M	75	110	Mitchell, Dennis	10/12/2008	2008 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	75	M	85	175	Caron, Joe	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, RIGHT	75	M	90	181	Monahan, Rex	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	75	M	105	230	Myers, LaVerne	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, RIGHT	80	M	70	93	Mitchell, Dennis	12/20/2015	2015 John's RD
DEADLIFT, CIAVATTONE, RIGHT	80	M	80	154	Habecker, Denny	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
DEADLIFT, CIAVATTONE, RIGHT	80	M	85	143	Habecker, Denny	12/14/2024	2024 Memorial Record Day
DEADLIFT, CIAVATTONE, RIGHT	85	M	80	154	Montini, Art	10/12/2013	2013 Arts Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	85	M	85	122	Montini, Art	8/10/2013	PRESIDENTIAL CUP (2013)
DEADLIFT, CIAVATTONE, RIGHT	85	M	90	125	Clark, Bill	7/31/2022	RD - Clark vs Frank
DEADLIFT, CIAVATTONE, RIGHT	85	M	95	120	Clark, Bill	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, RIGHT	90	M	95	125	Clark, Bill	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	40	55	Todd, Leroy	9/30/2022	POSTAL (2022) - Q3
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	50	60	Todd, Everett	9/30/2024	POSTAL (2024) - Q3
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	60	160	O'Brien, Mike	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	65	165	O'Brien, Marc	12/1/2002	2002 Postal

USAWA Record List

DEADLIFT, CIAVATTONE, RIGHT	ALL	M	70	193	Waterman, Chris	7/1/2000	2000 USAWA - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	75	200	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	80	266	Patterson, Tony	1/20/2018	Record Day- Fall Classic
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	85	235	Smith, Abe	7/31/2022	RD - Clark vs Frank
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	90	240	Jaeschke, Chris	10/18/2003	2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	95	236	Ciavattone, Jeff	3/15/1998	Joe's Gym RBD - Norwood
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	100	260	Edwards, Ben	12/13/2003	RD - Clark's Gym '03
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	105	253	Marhamo, Zach	12/7/2019	2019 Memorial Record Day
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	110	281	Ciavattone, Jeff	9/30/2020	POSTAL (2020) - Q3
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	115	352	Ciavattone, Frank	12/1/2007	2007 Walpole, MA Record Day
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	120	304	Ciavattone, Frank	3/9/2002	2002 Frank Gancarz Mem
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	125	289	Ciavattone, Frank	9/2/2000	2000 IAWA Worlds - Mansfld
DEADLIFT, CIAVATTONE, RIGHT	ALL	M	125+	288	Ciavattone, Frank	5/15/1999	99 England vs New England
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	60	149	O'Brien, Mike	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	65	160	Mabrey, Izzy	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	70	193	Waterman, Chris	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	75	165	McKean, John	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	80	193	Crowe, Brian	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	85	190	Habecker, Denny	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	90	198	Smith, Randy	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	95	220	Schock, Ed	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	100	209	Ciavattone, Jeff	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	105	220	Spayd, Bill	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	110	198	Ciavattone, Joe Sr.	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	115	220	Fuller, James	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	120	242	Ciavattone, Jeff	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	125	254	Ciavattone, Frank	7/2/2000	NATIONALS (2000) - Lebanon, PA
DEADLIFT, CIAVATTONE, RIGHT	NAT	M	125+	253	Ciavattone, Frank	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, DUMBBELL, LEFT	13	F	25	8	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
DEADLIFT, DUMBBELL, LEFT	13	F	45	50	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, LEFT	13	F	65	95	Todd, Lillian	12/10/2022	RD - Lift for Leroy '22
DEADLIFT, DUMBBELL, LEFT	13	F	75	75	Myers, Molly	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, DUMBBELL, LEFT	40	F	65	187	Skwarecki, Beth	12/17/2022	Memorial Record Day
DEADLIFT, DUMBBELL, LEFT	40	F	70	187	Skwarecki, Beth	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, LEFT	40	F	90	191	Todd, Stacy	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, LEFT	50	F	50	170	Jackson, RJ	12/27/2014	2014 Colorado RB
DEADLIFT, DUMBBELL, LEFT	50	F	75	82	Schmidt, Kathy	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, DUMBBELL, LEFT	50	F	100	95	Sees, Susan	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	55	F	60	92	VanWagner, Kim	4/14/2024	Record Day- Clark's Gym 1
DEADLIFT, DUMBBELL, LEFT	55	F	80	104	Schmidt, Kathy	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	55	F	90	105	Lupo, Allison	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
DEADLIFT, DUMBBELL, LEFT	55	F	95	151	Gore, Lisa	5/12/2024	Record Day- Clark's Gym 2

USAWA Record List

DEADLIFT, DUMBBELL, LEFT	60	F	75	85	Thompson, Janet	8/21/2022	CLARK'S BIRTHDAY WEEKEND
DEADLIFT, DUMBBELL, LEFT	60	F	85	70	Thompson, Janet	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, DUMBBELL, LEFT	65	F	75	100	Thompson, Janet	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, DUMBBELL, LEFT	70	F	65	30	Santangelo, Lori	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, DUMBBELL, LEFT	90	F	55	39	Quinby, Andora	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
DEADLIFT, DUMBBELL, LEFT	ALL	F	25	8	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
DEADLIFT, DUMBBELL, LEFT	ALL	F	45	50	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, LEFT	ALL	F	50	170	Jackson, RJ	12/27/2014	2014 Colorado RB
DEADLIFT, DUMBBELL, LEFT	ALL	F	55	39	Quinby, Andora	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
DEADLIFT, DUMBBELL, LEFT	ALL	F	60	92	VanWagner, Kim	4/14/2024	Record Day- Clark's Gym 1
DEADLIFT, DUMBBELL, LEFT	ALL	F	65	187	Skwarecki, Beth	12/17/2022	Memorial Record Day
DEADLIFT, DUMBBELL, LEFT	ALL	F	70	187	Skwarecki, Beth	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, LEFT	ALL	F	75	100	Thompson, Janet	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, DUMBBELL, LEFT	ALL	F	80	104	Schmidt, Kathy	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	ALL	F	85	150	Todd, Stacy	12/10/2022	RD - Lift for Leroy '22
DEADLIFT, DUMBBELL, LEFT	ALL	F	90	191	Todd, Stacy	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, LEFT	ALL	F	95	151	Gore, Lisa	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, DUMBBELL, LEFT	13	M	30	45	Wenzel, Logan	6/9/2024	RD - Clark's Gym 3
DEADLIFT, DUMBBELL, LEFT	13	M	35	50	Wenzel, Logan	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, DUMBBELL, LEFT	13	M	85	86	McKean, Andraes	10/15/2017	2017 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	16	M	60	155	Wenzel, Spencer	6/9/2024	RD - Stars of Tomorrow on parade
DEADLIFT, DUMBBELL, LEFT	16	M	110	225	Ciavattone, Jonathan	8/14/2011	2011 NE Record Breaker
DEADLIFT, DUMBBELL, LEFT	40	M	90	280	Strangeway, John	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, DUMBBELL, LEFT	40	M	95	320	Strangeway, John	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, LEFT	40	M	100	330	Strangeway, John	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, DUMBBELL, LEFT	40	M	105	320	Myers, Al	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, LEFT	40	M	120	330	Myers, Al	11/22/2009	RD- Clarks Gym '09
DEADLIFT, DUMBBELL, LEFT	40	M	125	200	Todd, Chris	12/11/2021	RD - Lift for Leroy '21
DEADLIFT, DUMBBELL, LEFT	40	M	125+	305	Barnhart, Darren	2/14/2010	RD - Dino Gym (2010)
DEADLIFT, DUMBBELL, LEFT	45	M	100	202	Fobes, Jarrod	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, LEFT	45	M	120	300	Todd, Eric	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, LEFT	45	M	125+	240	Van Vleck, Thom	11/22/2009	RD- Clarks Gym '09
DEADLIFT, DUMBBELL, LEFT	50	M	75	211	Marchand, Wade	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, LEFT	50	M	80	331	Wagman, Dan	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, LEFT	50	M	95	202	Gupta, Sanjiv	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, LEFT	50	M	105	255	Wenzel, Jeff	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, DUMBBELL, LEFT	50	M	110	205	Raymond, Mark	5/27/2017	2017 East Walpole, MA RD
DEADLIFT, DUMBBELL, LEFT	50	M	115	192	Raymond, Mark	1/20/2018	Record Day- Fall Classic
DEADLIFT, DUMBBELL, LEFT	50	M	125+	140	Foster, Lance	12/8/2018	RD - Lift for Leroy '18
DEADLIFT, DUMBBELL, LEFT	55	M	75	110	Friesz, Dale	10/11/1998	98 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	55	M	80	224	McKean, John	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	55	M	85	194	McKean, John	10/23/2005	2005 Art's Birthday Bash

USAWA Record List

DEADLIFT, DUMBBELL, LEFT	55	M	95	176	Vandermark, Dennis	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
DEADLIFT, DUMBBELL, LEFT	55	M	100	200	Ullom, Chad	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, DUMBBELL, LEFT	55	M	105	266	Hose, Tony	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, LEFT	55	M	110	230	Lupo, Tony	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, LEFT	55	M	115	200	Raymond, Mark	7/21/2018	2018 NE Record Day
DEADLIFT, DUMBBELL, LEFT	55	M	120	192	Ciavattone, Frank	8/14/2011	2011 NE Record Breaker
DEADLIFT, DUMBBELL, LEFT	60	M	80	221	DeForest, Dave	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, DUMBBELL, LEFT	60	M	85	226	DeForest, Dave	3/17/2024	Colorado Spring Fling
DEADLIFT, DUMBBELL, LEFT	60	M	90	238	DeForest, Dave	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, LEFT	60	M	100	220	Carter, John	12/17/2022	Memorial Record Day
DEADLIFT, DUMBBELL, LEFT	65	M	75	162	McKean, John	8/25/2012	PRESIDENTIAL CUP (2012)
DEADLIFT, DUMBBELL, LEFT	65	M	85	231	Carter, John	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, DUMBBELL, LEFT	65	M	90	175	Habecker, Denny	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, DUMBBELL, LEFT	65	M	100	94	Gesbeck, Lee	3/4/2000	2000 Buckeye Record Break
DEADLIFT, DUMBBELL, LEFT	65	M	125	127	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, DUMBBELL, LEFT	70	M	70	164	Pensyl, Barry	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, DUMBBELL, LEFT	70	M	80	165	Emslie, David	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
DEADLIFT, DUMBBELL, LEFT	70	M	90	157	Habecker, Denny	8/6/2016	PRESIDENTIAL CUP (2016)
DEADLIFT, DUMBBELL, LEFT	70	M	105	158	Murdock, Mike	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, LEFT	70	M	110	240	Myers, LaVerne	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, LEFT	70	M	115	130	Geib, Bob	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	70	M	120	145	Ross, Dean	2/15/2015	RD - Dino Gym '15
DEADLIFT, DUMBBELL, LEFT	70	M	125	125	Ross, Dean	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, DUMBBELL, LEFT	75	M	85	143	Habecker, Denny	1/18/2020	Dino Gym Challenge (2020)
DEADLIFT, DUMBBELL, LEFT	75	M	90	147	Habecker, Denny	5/4/2019	RD - Spring Dino Gym
DEADLIFT, DUMBBELL, LEFT	75	M	95	100	Ross, Dean	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, LEFT	75	M	100	200	Myers, LaVerne	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, DUMBBELL, LEFT	75	M	105	187	Myers, LaVerne	1/18/2020	Dino Gym Challenge (2020)
DEADLIFT, DUMBBELL, LEFT	80	M	70	130	Mitchell, Dennis	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	80	M	80	132	Montini, Art	8/25/2012	PRESIDENTIAL CUP (2012)
DEADLIFT, DUMBBELL, LEFT	80	M	85	165	Habecker, Denny	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, LEFT	85	M	80	75	Montini, Art	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	90	M	90	100	Clark, Bill	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
DEADLIFT, DUMBBELL, LEFT	90	M	95	105	Clark, Bill	2/25/2024	RD - Clarks Gym
DEADLIFT, DUMBBELL, LEFT	ALL	M	30	45	Wenzel, Logan	6/9/2024	RD - Clark's Gym 3
DEADLIFT, DUMBBELL, LEFT	ALL	M	35	50	Wenzel, Logan	12/31/2024	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, DUMBBELL, LEFT	ALL	M	60	155	Wenzel, Spencer	6/9/2024	RD - Stars of Tomorrow on parade
DEADLIFT, DUMBBELL, LEFT	ALL	M	70	171	Wenzel, Riley	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
DEADLIFT, DUMBBELL, LEFT	ALL	M	75	211	Marchand, Wade	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, LEFT	ALL	M	80	331	Wagman, Dan	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, LEFT	ALL	M	85	350	Wagman, Dan	12/31/2014	POSTAL (2014) - Q4
DEADLIFT, DUMBBELL, LEFT	ALL	M	90	280	Strangeway, John	11/30/2020	POSTAL (2020) - RECORD DAY

USAWA Record List

DEADLIFT, DUMBBELL, LEFT	ALL	M	95	320	Strangeway, John	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, LEFT	ALL	M	100	330	Strangeway, John	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, DUMBBELL, LEFT	ALL	M	105	320	Myers, Al	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, LEFT	ALL	M	110	392	Ciavattone, Jeff	8/14/2011	2011 NE Record Breaker
DEADLIFT, DUMBBELL, LEFT	ALL	M	115	200	Raymond, Mark	7/21/2018	2018 NE Record Day
DEADLIFT, DUMBBELL, LEFT	ALL	M	120	330	Myers, Al	11/22/2009	RD- Clarks Gym '09
DEADLIFT, DUMBBELL, LEFT	ALL	M	125	200	Todd, Chris	12/11/2021	RD - Lift for Leroy '21
DEADLIFT, DUMBBELL, LEFT	ALL	M	125+	305	Barnhart, Darren	2/14/2010	RD - Dino Gym (2010)
DEADLIFT, DUMBBELL, RIGHT	13	F	25	8	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
DEADLIFT, DUMBBELL, RIGHT	13	F	45	50	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, RIGHT	13	F	50	60	Todd, Phoebe	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, RIGHT	13	F	55	120	Todd, Phoebe	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	13	F	60	70	Collins, Olivia	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, RIGHT	13	F	65	115	Todd, Lillian	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	13	F	75	75	Myers, Molly	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, DUMBBELL, RIGHT	16	F	80	140	Myers, Molly	12/31/2014	POSTAL (2014) - Q4
DEADLIFT, DUMBBELL, RIGHT	40	F	95	120	Hopps, Jessica	12/31/2014	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	50	F	50	180	Jackson, RJ	12/31/2014	POSTAL (2014) - Q4
DEADLIFT, DUMBBELL, RIGHT	50	F	60	120	Brooner-Lakowsky, Tressa	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	50	F	75	82	Schmidt, Kathy	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	50	F	100	95	Sees, Susan	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	55	F	90	125	Lupo, Allison	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	55	F	95	151	Gore, Lisa	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, DUMBBELL, RIGHT	55	F	125+	165	McConnaughey, Mary	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	60	F	85	80	Thompson, Janet	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, RIGHT	65	F	75	101	Thompson, Janet	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
DEADLIFT, DUMBBELL, RIGHT	70	F	65	30	Santangelo, Lori	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, DUMBBELL, RIGHT	90	F	55	50	Quinby, Andora	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
DEADLIFT, DUMBBELL, RIGHT	ALL	F	25	8	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
DEADLIFT, DUMBBELL, RIGHT	ALL	F	45	50	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, RIGHT	ALL	F	50	180	Jackson, RJ	12/31/2014	POSTAL (2014) - Q4
DEADLIFT, DUMBBELL, RIGHT	ALL	F	55	120	Todd, Phoebe	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	ALL	F	60	120	Brooner-Lakowsky, Tressa	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	ALL	F	65	115	Todd, Lillian	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	ALL	F	70	205	Burchett, Emily	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	ALL	F	75	101	Thompson, Janet	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
DEADLIFT, DUMBBELL, RIGHT	ALL	F	80	140	Myers, Molly	12/31/2014	POSTAL (2014) - Q4
DEADLIFT, DUMBBELL, RIGHT	ALL	F	85	205	Todd, Stacy	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	ALL	F	90	125	Lupo, Allison	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	ALL	F	95	151	Gore, Lisa	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, DUMBBELL, RIGHT	ALL	F	100	95	Sees, Susan	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	ALL	F	125+	165	McConnaughey, Mary	2/13/2016	2016 Grip Championships

USAWA Record List

DEADLIFT, DUMBBELL, RIGHT		11 M		30	45	Wenzel, Logan	6/9/2024	RD - Clark's Gym 3
DEADLIFT, DUMBBELL, RIGHT	11	M	35		70	Wenzel, Logan	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	13	M	40		70	Todd, Everett	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	13	M	45		90	Todd, Leroy	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	13	M	70		116	McKean, Sean	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, DUMBBELL, RIGHT	13	M	85		102	McKean, Andraes	10/15/2017	2017 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	14	M	65		139	McKean, Sean	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, DUMBBELL, RIGHT	14	M	75		170	Marchand, Michael	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, RIGHT	16	M	60		170	Wenzel, Spencer	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	16	M	100		222	Ciavattone, Joe Jr.	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	16	M	105		243	Habecker, Aidan	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, RIGHT	16	M	110		222	Ciavattone, Jonathan	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	16	M	125+		277	Hess, Kohl	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	18	M	70		180	Dunlap, Cale	12/31/2014	POSTAL (2014) - Q4
DEADLIFT, DUMBBELL, RIGHT	18	M	100		225	Ciavattone, Joe Jr.	8/14/2011	2011 NE Record Breaker
DEADLIFT, DUMBBELL, RIGHT	40	M	80		250	Hirsh, Bob	10/11/1998	98 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	40	M	85		300	Smith, Abe	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	40	M	90		320	Smith, Abe	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	40	M	100		255	Edwards, Ben	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	40	M	110		425	Ciavattone, Jeff	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	40	M	115		395	Myers, Al	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	40	M	120		417	Ullom, Chad	12/31/2014	POSTAL (2014) - Q4
DEADLIFT, DUMBBELL, RIGHT	40	M	125		305	Cookson, Chuck	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	40	M	125+		325	Tully, Scott	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	45	M	70		306	McKean, John	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, DUMBBELL, RIGHT	45	M	75		281	McKean, John	11/12/1994	IABA GOLD CUP (1994) - East Lake, OH
DEADLIFT, DUMBBELL, RIGHT	45	M	105		365	Myers, Al	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	45	M	110		373	Myers, Al	12/31/2014	POSTAL (2014) - Q4
DEADLIFT, DUMBBELL, RIGHT	45	M	120		346	Todd, Eric	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, RIGHT	45	M	125+		240	Van Vleck, Thom	11/22/2009	RD- Clarks Gym '09
DEADLIFT, DUMBBELL, RIGHT	50	M	75		288	McKean, John	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, DUMBBELL, RIGHT	50	M	80		263	McKean, John	11/17/1999	99 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	50	M	95		182	Gupta, Sanjiv	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
DEADLIFT, DUMBBELL, RIGHT	50	M	105		303	Ullom, Chad	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	50	M	110		205	Raymond, Mark	5/27/2017	2017 East Walpole, MA RD
DEADLIFT, DUMBBELL, RIGHT	50	M	115		192	Raymond, Mark	1/20/2018	Record Day- Fall Classic
DEADLIFT, DUMBBELL, RIGHT	50	M	125+		212	Foster, Lance	12/8/2018	RD - Lift for Leroy '18
DEADLIFT, DUMBBELL, RIGHT	55	M	75		171	Marchand, Wade	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	55	M	85		223	McKean, John	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	55	M	90		281	Smith, Randy	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	55	M	100		201	Frappier, Chris	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
DEADLIFT, DUMBBELL, RIGHT	55	M	105		330	Myers, Al	1/21/2023	Dino Gym Challenge (2023)

USAWA Record List

DEADLIFT, DUMBBELL, RIGHT	55	M	110	250	Lupo, Tony	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	55	M	115	200	Raymond, Mark	7/21/2018	2018 NE Record Day
DEADLIFT, DUMBBELL, RIGHT	55	M	120	220	Foster, Lance	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, DUMBBELL, RIGHT	55	M	125+	200	Foster, Lance	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, RIGHT	60	M	80	266	McKean, John	11/6/2010	IAWA GOLD CUP (2010) - Walpole, MA
DEADLIFT, DUMBBELL, RIGHT	60	M	85	230	DeForest, Dave	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
DEADLIFT, DUMBBELL, RIGHT	60	M	90	201	DeForest, Dave	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, RIGHT	60	M	95	231	Locondro, Mike	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	60	M	100	260	Carter, John	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	60	M	120	280	Glasgow, Dave	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	65	M	75	162	McKean, John	8/25/2012	PRESIDENTIAL CUP (2012)
DEADLIFT, DUMBBELL, RIGHT	65	M	80	222	McKean, John	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	65	M	85	266	Carter, John	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	65	M	90	209	Bryan, Barry	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	65	M	100	94	Gesbeck, Lee	3/4/2000	2000 Buckeye Record Break
DEADLIFT, DUMBBELL, RIGHT	65	M	110	170	Puzin, Carl	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	65	M	115	171	Larson, Nils	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	65	M	125	127	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, DUMBBELL, RIGHT	65	M	125+	310	Ciavattone, Frank	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	70	M	70	182	McKean, John	10/15/2017	2017 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	70	M	75	175	McKean, John	12/20/2015	2015 John's RD
DEADLIFT, DUMBBELL, RIGHT	70	M	80	165	Emslie, David	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
DEADLIFT, DUMBBELL, RIGHT	70	M	90	184	Habecker, Denny	12/31/2014	POSTAL (2014) - Q4
DEADLIFT, DUMBBELL, RIGHT	70	M	105	153	Murdock, Mike	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	70	M	110	195	Myers, LaVerne	8/26/2017	2017 Team Championships
DEADLIFT, DUMBBELL, RIGHT	70	M	115	130	Geib, Bob	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	70	M	120	248	Glasgow, Dave	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	70	M	125	125	Ross, Dean	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, DUMBBELL, RIGHT	75	M	85	176	Habecker, Denny	12/7/2019	2019 Memorial Record Day
DEADLIFT, DUMBBELL, RIGHT	75	M	90	189	Habecker, Denny	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, RIGHT	75	M	105	187	Myers, LaVerne	1/18/2020	Dino Gym Challenge (2020)
DEADLIFT, DUMBBELL, RIGHT	80	M	70	130	Mitchell, Dennis	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	80	M	85	176	Habecker, Denny	12/17/2022	Memorial Record Day
DEADLIFT, DUMBBELL, RIGHT	85	M	80	70	Montini, Art	8/18/2013	RD - Dino Days (2013)
DEADLIFT, DUMBBELL, RIGHT	85	M	95	106	Clark, Bill	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, RIGHT	90	M	90	108	Clark, Bill	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	90	M	95	110	Clark, Bill	2/25/2024	RD - Clarks Gym
DEADLIFT, DUMBBELL, RIGHT	ALL	M	30	45	Wenzel, Logan	6/9/2024	RD - Clark's Gym 3
DEADLIFT, DUMBBELL, RIGHT	ALL	M	35	70	Wenzel, Logan	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	ALL	M	40	70	Todd, Everett	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	ALL	M	45	90	Todd, Leroy	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	ALL	M	60	170	Wenzel, Spencer	12/31/2024	POSTAL (2024) - Q4

USAWA Record List

DEADLIFT, DUMBBELL, RIGHT	ALL	M	65	139	McKean, Sean	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, DUMBBELL, RIGHT	ALL	M	70	306	McKean, John	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, DUMBBELL, RIGHT	ALL	M	75	288	McKean, John	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, DUMBBELL, RIGHT	ALL	M	80	266	McKean, John	11/6/2010	IAWA GOLD CUP (2010) - Walpole, MA
DEADLIFT, DUMBBELL, RIGHT	ALL	M	85	350	Wagman, Dan	12/27/2014	2014 Colorado RB
DEADLIFT, DUMBBELL, RIGHT	ALL	M	90	320	Smith, Abe	12/31/2024	POSTAL (2024) - Q4
DEADLIFT, DUMBBELL, RIGHT	ALL	M	95	300	Cathey, Vernon	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	ALL	M	100	275	Kirchman, Adam	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	ALL	M	105	365	Myers, Al	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	ALL	M	110	425	Ciavattone, Jeff	12/31/2022	POSTAL (2022) - Q4
DEADLIFT, DUMBBELL, RIGHT	ALL	M	115	395	Myers, Al	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	ALL	M	120	417	Ullom, Chad	12/31/2014	POSTAL (2014) - Q4
DEADLIFT, DUMBBELL, RIGHT	ALL	M	125	350	Lestan, Chris	12/31/2020	POSTAL (2020) - Q4
DEADLIFT, DUMBBELL, RIGHT	ALL	M	125+	325	Tully, Scott	2/13/2016	2016 Grip Championships
DEADLIFT, FINGERS, INDEX	13	F	50	75	Holeman, Kayla	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, INDEX	13	F	75	70	Griffis, Kirstie	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, FINGERS, INDEX	14	F	60	110	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, INDEX	14	F	70	65	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, INDEX	14	F	75	106	Fritz, Misty	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, FINGERS, INDEX	14	F	80	110	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, INDEX	16	F	75	135	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, FINGERS, INDEX	16	F	115	100	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, FINGERS, INDEX	18	F	60	105	Burks, Amy	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, INDEX	40	F	75	115	Hopps, Jessica	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, INDEX	40	F	90	150	Todd, Stacy	2/17/2024	2024 Grip Championships
DEADLIFT, FINGERS, INDEX	40	F	125+	175	McConnaughey, Mary	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, FINGERS, INDEX	45	F	125+	180	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, INDEX	50	F	50	80	Jackson, RJ	12/27/2015	RD - Iron Warrior
DEADLIFT, FINGERS, INDEX	55	F	50	105	Jackson, RJ	8/27/2017	2017 Iron Warrior RD
DEADLIFT, FINGERS, INDEX	55	F	60	55	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, INDEX	55	F	75	95	Ollennuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, FINGERS, INDEX	55	F	90	85	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, INDEX	55	F	100	90	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, INDEX	60	F	105	121	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, INDEX	65	F	75	80	Thompson, Janet	4/11/2026	2026 Bench Press Heptathlon V and Record Day
DEADLIFT, FINGERS, INDEX	ALL	F	50	105	Jackson, RJ	8/27/2017	2017 Iron Warrior RD
DEADLIFT, FINGERS, INDEX	ALL	F	60	110	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, INDEX	ALL	F	70	65	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, INDEX	ALL	F	75	135	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, FINGERS, INDEX	ALL	F	80	110	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, INDEX	ALL	F	90	150	Todd, Stacy	2/17/2024	2024 Grip Championships
DEADLIFT, FINGERS, INDEX	ALL	F	95	106	Collins, Cara	1/5/2002	2002 U.S. Marine Open

USAWA Record List

DEADLIFT, FINGERS, INDEX	ALL	F	100	90	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, INDEX	ALL	F	105	121	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, INDEX	ALL	F	115	100	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, FINGERS, INDEX	ALL	F	125+	180	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, INDEX	13	M	35	45	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, INDEX	13	M	70	70	Anderson, Jonathan	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, INDEX	13	M	105	235	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, INDEX	14	M	75	190	Kucera, Matt	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, INDEX	14	M	80	155	Kucera, Matt	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, INDEX	14	M	95	115	Calcote, Kyle	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, FINGERS, INDEX	16	M	55	135	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, INDEX	16	M	60	115	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, FINGERS, INDEX	16	M	65	106	O'Brien, Marc	1/5/2002	2002 U.S. Marine Open
DEADLIFT, FINGERS, INDEX	16	M	70	135	Howard, Colby	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, INDEX	16	M	85	120	Janzen, Cole	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FINGERS, INDEX	16	M	90	185	Holcomb, Seth	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, INDEX	16	M	105	210	Kucera, Elijah	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, INDEX	16	M	125+	120	Payne, Jared	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FINGERS, INDEX	18	M	70	101	O'Brien, Mike	1/5/2002	2002 U.S. Marine Open
DEADLIFT, FINGERS, INDEX	18	M	80	170	Smith, Abe	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, INDEX	40	M	70	100	Ortega, Toby	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, FINGERS, INDEX	40	M	80	144	Jones, Dan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, INDEX	40	M	85	135	Smith, Abe	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, INDEX	40	M	90	230	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FINGERS, INDEX	40	M	95	175	Garcia, Joe	11/6/1994	RD - Columbia, MO '94
DEADLIFT, FINGERS, INDEX	40	M	100	225	Edwards, Ben	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FINGERS, INDEX	40	M	105	205	Garcia, Joe	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, INDEX	40	M	110	241	Ciavattone, Jeff	12/31/2022	Frank's Record Breaker
DEADLIFT, FINGERS, INDEX	40	M	115	200	Myers, Al	12/6/2008	GOERNER DEADLIFT DOZEN PLUS ONE (2008)
DEADLIFT, FINGERS, INDEX	40	M	120	245	Fulton, Kevin	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, INDEX	40	M	125	230	Fulton, Kevin	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, INDEX	40	M	125+	200	Barnhart, Darren	2/11/2012	2012 Grip Championships
DEADLIFT, FINGERS, INDEX	45	M	70	100	Ortega, Toby	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, INDEX	45	M	100	95	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, INDEX	45	M	105	205	Edwards, Ben	2/17/2024	2024 Grip Championships
DEADLIFT, FINGERS, INDEX	45	M	110	225	Garcia, Joe	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, INDEX	45	M	115	231	Myers, Al	2/11/2012	2012 Grip Championships
DEADLIFT, FINGERS, INDEX	45	M	120	251	Ciavattone, Frank	1/5/2002	2002 U.S. Marine Open
DEADLIFT, FINGERS, INDEX	45	M	125+	145	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
DEADLIFT, FINGERS, INDEX	50	M	90	185	Caron, Joe	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, INDEX	50	M	95	135	Springs, Al	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, FINGERS, INDEX	50	M	100	75	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym

USAWA Record List

DEADLIFT, FINGERS, INDEX	50	M	105	225	Ullom, Chad	2/17/2024	2024 Grip Championships
DEADLIFT, FINGERS, INDEX	50	M	110	220	Ullom, Chad	2/19/2022	Grip Championships
DEADLIFT, FINGERS, INDEX	50	M	125+	220	Mitchell, Mark	2/11/2012	2012 Grip Championships
DEADLIFT, FINGERS, INDEX	55	M	75	175	Friesz, Dale	10/12/1997	97 Art's Birthday Bash
DEADLIFT, FINGERS, INDEX	55	M	85	160	Friesz, Dale	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, FINGERS, INDEX	55	M	95	185	Garcia, Joe	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
DEADLIFT, FINGERS, INDEX	55	M	100	198	Myers, Al	2/19/2022	Grip Championships
DEADLIFT, FINGERS, INDEX	55	M	105	199	Myers, Al	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, FINGERS, INDEX	55	M	110	175	Lupo, Tony	4/14/2024	Record Day- Clark's Gym 1
DEADLIFT, FINGERS, INDEX	55	M	115	185	Lupo, Tony	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
DEADLIFT, FINGERS, INDEX	55	M	120	170	Foster, Lance	2/11/2023	GRIP CHAMPIONSHIPS
DEADLIFT, FINGERS, INDEX	55	M	125+	95	Payne, Jason	2/17/2024	2024 Grip Championships
DEADLIFT, FINGERS, INDEX	60	M	75	135	Friesz, Dale	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FINGERS, INDEX	60	M	80	165	Friesz, Dale	11/18/2000	RD - Columbia, MO '00
DEADLIFT, FINGERS, INDEX	60	M	85	136	DeForest, Dave	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, FINGERS, INDEX	60	M	90	115	DeForest, Dave	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, FINGERS, INDEX	60	M	100	150	Carter, John	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, FINGERS, INDEX	60	M	105	200	Clark, Bill	11/6/1994	RD - Columbia, MO '94
DEADLIFT, FINGERS, INDEX	60	M	115	165	Lupo, Tony	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
DEADLIFT, FINGERS, INDEX	60	M	120	100	McCoy, Joe	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, FINGERS, INDEX	60	M	125	140	McCoy, Joe	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, FINGERS, INDEX	60	M	125+	175	Fellows, Bill	11/6/1994	RD - Columbia, MO '94
DEADLIFT, FINGERS, INDEX	65	M	75	150	Friesz, Dale	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, FINGERS, INDEX	65	M	80	151	Friesz, Dale	6/26/2010	NATIONALS (2010) - Lebanon, PA
DEADLIFT, FINGERS, INDEX	65	M	85	136	DeForest, Dave	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
DEADLIFT, FINGERS, INDEX	65	M	90	130	DeForest, Dave	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
DEADLIFT, FINGERS, INDEX	65	M	100	100	Bletscher, Rudy	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
DEADLIFT, FINGERS, INDEX	65	M	110	89	Larson, Nils	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, INDEX	65	M	115	185	Clark, Bill	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, INDEX	65	M	125	140	Ross, Dean	2/11/2012	2012 Grip Championships
DEADLIFT, FINGERS, INDEX	70	M	70	95	Pensyl, Barry	8/3/2019	PRESIDENTIAL CUP (2019)
DEADLIFT, FINGERS, INDEX	70	M	75	115	Friesz, Dale	8/25/2012	PRESIDENTIAL CUP (2012)
DEADLIFT, FINGERS, INDEX	70	M	80	145	Emslie, David	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
DEADLIFT, FINGERS, INDEX	70	M	85	205	Monahan, Rex	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, INDEX	70	M	90	180	Monahan, Rex	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, INDEX	70	M	100	135	Bletscher, Rudy	12/5/2009	GOERNER DEADLIFT DOZEN PLUS ONE (2009)
DEADLIFT, FINGERS, INDEX	70	M	105	135	Myers, LaVerne	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FINGERS, INDEX	70	M	110	170	Clark, Bill	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, FINGERS, INDEX	70	M	120	135	Ross, Dean	11/21/2015	2015 Sir Lance A Lot RD
DEADLIFT, FINGERS, INDEX	70	M	125	165	Ciavattone, Frank	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, INDEX	75	M	90	100	Habecker, Denny	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FINGERS, INDEX	75	M	100	160	Myers, LaVerne	2/11/2023	GRIP CHAMPIONSHIPS

USAWA Record List

DEADLIFT, FINGERS, INDEX	75	M	105	95	Myers, LaVerne	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, FINGERS, INDEX	75	M	110	135	Clark, Bill	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
DEADLIFT, FINGERS, INDEX	75	M	115	100	Ross, Dean	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FINGERS, INDEX	80	M	75	80	Stephenson, John	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, INDEX	80	M	85	110	Habecker, Denny	2/11/2023	GRIP CHAMPIONSHIPS
DEADLIFT, FINGERS, INDEX	80	M	100	120	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, INDEX	85	M	80	85	Montini, Art	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, FINGERS, INDEX	85	M	95	75	Clark, Bill	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
DEADLIFT, FINGERS, INDEX	90	M	90	65	Clark, Bill	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, FINGERS, INDEX	90	M	95	70	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, INDEX	ALL	M	35	45	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, INDEX	ALL	M	60	135	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, INDEX	ALL	M	65	110	Donlin, Sam	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
DEADLIFT, FINGERS, INDEX	ALL	M	70	150	Wenzel, Riley	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, INDEX	ALL	M	75	190	Kucera, Matt	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, INDEX	ALL	M	80	216	Wagman, Dan	4/7/2024	Bench press Heptathlon
DEADLIFT, FINGERS, INDEX	ALL	M	85	216	Wagman, Dan	8/27/2017	2017 Iron Warrior RD
DEADLIFT, FINGERS, INDEX	ALL	M	90	230	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FINGERS, INDEX	ALL	M	95	185	Spry, Dale	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, FINGERS, INDEX	ALL	M	100	225	Edwards, Ben	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FINGERS, INDEX	ALL	M	105	235	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, INDEX	ALL	M	110	241	Ciavattone, Jeff	12/31/2022	Frank's Record Breaker
DEADLIFT, FINGERS, INDEX	ALL	M	115	231	Myers, Al	2/11/2012	2012 Grip Championships
DEADLIFT, FINGERS, INDEX	ALL	M	120	251	Ciavattone, Frank	1/5/2002	2002 U.S. Marine Open
DEADLIFT, FINGERS, INDEX	ALL	M	125	230	Fulton, Kevin	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, INDEX	ALL	M	125+	220	Mitchell, Mark	2/11/2012	2012 Grip Championships
DEADLIFT, FINGERS, LITTLE	13	F	50	45	Holeman, Kayla	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, LITTLE	13	F	75	70	Griffis, Kirstie	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, FINGERS, LITTLE	14	F	60	100	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, LITTLE	14	F	70	35	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, LITTLE	14	F	75	76	Fritz, Misty	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, FINGERS, LITTLE	14	F	80	77	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, LITTLE	16	F	75	85	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, FINGERS, LITTLE	16	F	115	45	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, FINGERS, LITTLE	18	F	60	45	Burks, Amy	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, LITTLE	40	F	75	50	Hopps, Jessica	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, LITTLE	40	F	125+	116	McConnaughey, Mary	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, FINGERS, LITTLE	45	F	125+	120	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, LITTLE	55	F	60	15	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, LITTLE	55	F	75	90	Ollennuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, FINGERS, LITTLE	55	F	80	125	Ollennuking, Amorkor	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)
DEADLIFT, FINGERS, LITTLE	55	F	90	40	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym

USAWA Record List

DEADLIFT, FINGERS, LITTLE	55	F	100	40	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, LITTLE	60	F	50	46	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
DEADLIFT, FINGERS, LITTLE	60	F	105	65	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, LITTLE	65	F	75	76	Thompson, Janet	4/11/2026	2026 Bench Press Heptathlon V and Record Day
DEADLIFT, FINGERS, LITTLE	ALL	F	50	46	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
DEADLIFT, FINGERS, LITTLE	ALL	F	60	100	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, LITTLE	ALL	F	70	35	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, LITTLE	ALL	F	75	90	Ollennuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, FINGERS, LITTLE	ALL	F	80	125	Ollennuking, Amorkor	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)
DEADLIFT, FINGERS, LITTLE	ALL	F	90	40	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, LITTLE	ALL	F	100	40	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, LITTLE	ALL	F	105	65	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, LITTLE	ALL	F	115	45	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, FINGERS, LITTLE	ALL	F	125+	120	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, LITTLE	13	M	35	35	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, LITTLE	13	M	70	55	Anderson, Jonathan	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, LITTLE	13	M	105	120	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, LITTLE	14	M	75	135	Kucera, Matt	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, LITTLE	14	M	80	135	Kucera, Matt	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, LITTLE	14	M	95	55	Calcote, Kyle	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, FINGERS, LITTLE	16	M	55	65	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, LITTLE	16	M	60	75	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, FINGERS, LITTLE	16	M	70	85	Howard, Colby	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, LITTLE	16	M	90	155	Holcomb, Seth	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, LITTLE	16	M	105	95	Kucera, Elijah	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, LITTLE	18	M	75	20	Conley, Elijah	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, LITTLE	40	M	70	65	Ortega, Toby	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, FINGERS, LITTLE	40	M	75	113	Monk, John	6/1/2006	U.S. vs U.K. Finger
DEADLIFT, FINGERS, LITTLE	40	M	80	112	Jones, Dan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, LITTLE	40	M	85	85	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, LITTLE	40	M	90	105	Burks, Eddie	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, LITTLE	40	M	95	120	Garcia, Joe	11/6/1994	RD - Columbia, MO '94
DEADLIFT, FINGERS, LITTLE	40	M	100	95	Garcia, Joe	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, FINGERS, LITTLE	40	M	105	135	Carter, John	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, LITTLE	40	M	110	135	Garcia, Joe	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, LITTLE	40	M	115	110	Fuller, James	4/16/2016	2016 Frank's RD
DEADLIFT, FINGERS, LITTLE	40	M	120	190	Fulton, Kevin	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, LITTLE	40	M	125	150	Fulton, Kevin	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, LITTLE	40	M	125+	55	Mitchell, Mark	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
DEADLIFT, FINGERS, LITTLE	45	M	70	75	Ortega, Toby	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, LITTLE	45	M	100	55	Fobes, Jarrod	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, LITTLE	45	M	105	115	Wenzel, Jeff	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)

USAWA Record List

DEADLIFT, FINGERS, LITTLE	45	M	110	135	Garcia, Joe	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, FINGERS, LITTLE	50	M	90	100	Smith, Randy	6/1/2006	U.S. vs U.K. Finger
DEADLIFT, FINGERS, LITTLE	50	M	95	95	Springs, Al	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, FINGERS, LITTLE	50	M	100	45	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, LITTLE	50	M	105	150	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, LITTLE	50	M	110	120	Garcia, Joe	6/1/2006	U.S. vs U.K. Finger
DEADLIFT, FINGERS, LITTLE	50	M	125+	95	McCoy, Joe	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, LITTLE	55	M	75	130	Friesz, Dale	10/12/1997	97 Art's Birthday Bash
DEADLIFT, FINGERS, LITTLE	55	M	85	105	Friesz, Dale	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, FINGERS, LITTLE	55	M	95	135	Springs, Al	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, LITTLE	55	M	105	70	Sisk, Ron	6/1/2006	U.S. vs U.K. Finger
DEADLIFT, FINGERS, LITTLE	55	M	110	100	Lupo, Tony	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, FINGERS, LITTLE	55	M	115	75	Lupo, Tony	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, LITTLE	60	M	75	115	Friesz, Dale	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FINGERS, LITTLE	60	M	80	95	DeForest, Dave	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, LITTLE	60	M	85	105	DeForest, Dave	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, FINGERS, LITTLE	60	M	90	80	DeForest, Dave	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, FINGERS, LITTLE	60	M	100	105	Carter, John	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, FINGERS, LITTLE	60	M	105	120	Clark, Bill	11/6/1994	RD - Columbia, MO '94
DEADLIFT, FINGERS, LITTLE	60	M	115	115	Clark, Bill	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, LITTLE	60	M	120	85	McCoy, Joe	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, FINGERS, LITTLE	60	M	125	65	McCoy, Joe	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, FINGERS, LITTLE	65	M	75	116	Friesz, Dale	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, FINGERS, LITTLE	65	M	80	100	Friesz, Dale	6/26/2010	NATIONALS (2010) - Lebanon, PA
DEADLIFT, FINGERS, LITTLE	65	M	85	105	DeForest, Dave	4/11/2026	2026 Bench Press Heptathlon V and Record Day
DEADLIFT, FINGERS, LITTLE	65	M	100	45	Bletscher, Rudy	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
DEADLIFT, FINGERS, LITTLE	65	M	110	60	Larson, Nils	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, LITTLE	65	M	115	100	Clark, Bill	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, LITTLE	65	M	125	95	Ross, Dean	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
DEADLIFT, FINGERS, LITTLE	70	M	70	73	Friesz, Dale	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, FINGERS, LITTLE	70	M	75	77	Friesz, Dale	6/30/2012	NATIONALS (2012) - Las Vegas, NV
DEADLIFT, FINGERS, LITTLE	70	M	85	130	Monahan, Rex	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, LITTLE	70	M	90	150	Monahan, Rex	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, LITTLE	70	M	100	70	Bletscher, Rudy	12/6/2008	GOERNER DEADLIFT DOZEN PLUS ONE (2008)
DEADLIFT, FINGERS, LITTLE	70	M	105	70	Bletscher, Rudy	2/13/2010	2010 Grip Challenge
DEADLIFT, FINGERS, LITTLE	70	M	110	95	Myers, LaVerne	2/11/2018	RD - Dino Gym
DEADLIFT, FINGERS, LITTLE	70	M	120	95	Ross, Dean	11/21/2015	2015 Sir Lance A Lot RD
DEADLIFT, FINGERS, LITTLE	70	M	125	110	Ciavattone, Frank	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, LITTLE	75	M	85	90	Montini, Art	6/1/2006	U.S. vs U.K. Finger
DEADLIFT, FINGERS, LITTLE	75	M	100	80	Myers, LaVerne	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, FINGERS, LITTLE	75	M	110	95	Ross, Dean	2/11/2018	RD - Dino Gym
DEADLIFT, FINGERS, LITTLE	80	M	75	65	Stephenson, John	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)

USAWA Record List

DEADLIFT, FINGERS, LITTLE	80	M	100	90	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, LITTLE	85	M	95	65	Clark, Bill	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
DEADLIFT, FINGERS, LITTLE	90	M	90	45	Clark, Bill	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, FINGERS, LITTLE	90	M	95	50	Clark, Bill	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, FINGERS, LITTLE	ALL	M	35	35	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, LITTLE	ALL	M	60	75	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, FINGERS, LITTLE	ALL	M	70	130	Frieders, Nicholas	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, FINGERS, LITTLE	ALL	M	75	135	Kucera, Matt	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, LITTLE	ALL	M	80	135	Kucera, Matt	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, LITTLE	ALL	M	85	130	Monahan, Rex	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, LITTLE	ALL	M	90	155	Holcomb, Seth	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, LITTLE	ALL	M	95	135	Springs, Al	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, LITTLE	ALL	M	100	175	Edwards, Ben	2/13/2010	2010 Grip Challenge
DEADLIFT, FINGERS, LITTLE	ALL	M	105	200	Durniat, Andrew	2/13/2010	2010 Grip Challenge
DEADLIFT, FINGERS, LITTLE	ALL	M	110	165	Ullom, Chad	2/13/2010	2010 Grip Challenge
DEADLIFT, FINGERS, LITTLE	ALL	M	115	165	Fulton, Kevin	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, LITTLE	ALL	M	120	195	Fulton, Kevin	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, FINGERS, LITTLE	ALL	M	125	160	Myers, Al	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
DEADLIFT, FINGERS, LITTLE	ALL	M	125+	95	McCoy, Joe	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, MIDDLE	13	F	50	85	Holeman, Kayla	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, MIDDLE	13	F	75	75	Griffis, Kirstie	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, FINGERS, MIDDLE	14	F	60	165	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, MIDDLE	14	F	70	65	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, MIDDLE	14	F	75	101	Fritz, Misty	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, FINGERS, MIDDLE	14	F	80	145	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, MIDDLE	16	F	75	150	Fritz, Misty	5/12/2007	2007 Finger Championships
DEADLIFT, FINGERS, MIDDLE	16	F	115	120	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, FINGERS, MIDDLE	18	F	60	100	Burks, Amy	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, MIDDLE	40	F	75	131	Hopps, Jessica	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, MIDDLE	40	F	125+	226	McConnaughey, Mary	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, FINGERS, MIDDLE	45	F	125+	230	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, MIDDLE	50	F	50	100	Jackson, RJ	2/8/2014	2014 Grip Championships
DEADLIFT, FINGERS, MIDDLE	50	F	60	85	Brooner-Lakowsky, Tressa	2/13/2016	2016 Grip Championships
DEADLIFT, FINGERS, MIDDLE	55	F	50	155	Jackson, RJ	2/11/2017	2017 Grip Championships
DEADLIFT, FINGERS, MIDDLE	55	F	60	120	Brooner-Lakowsky, Tressa	2/11/2017	2017 Grip Championships
DEADLIFT, FINGERS, MIDDLE	55	F	75	105	Ollennuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, FINGERS, MIDDLE	55	F	90	101	Lupo, Allison	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, MIDDLE	55	F	100	75	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, MIDDLE	55	F	125+	200	McConnaughey, Mary	2/13/2016	2016 Grip Championships
DEADLIFT, FINGERS, MIDDLE	60	F	85	95	Thompson, Janet	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, FINGERS, MIDDLE	60	F	105	150	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, MIDDLE	65	F	70	95	Habecker, Judy	5/12/2007	2007 Finger Championships

USAWA Record List

DEADLIFT, FINGERS, MIDDLE	65	F	75	80	Thompson, Janet	4/11/2026	2026 Bench Press Heptathlon V and Record Day
DEADLIFT, FINGERS, MIDDLE	ALL	F	50	155	Jackson, RJ	2/11/2017	2017 Grip Championships
DEADLIFT, FINGERS, MIDDLE	ALL	F	60	165	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, MIDDLE	ALL	F	70	175	Burchett, Emily	2/11/2017	2017 Grip Championships
DEADLIFT, FINGERS, MIDDLE	ALL	F	75	150	Fritz, Misty	5/12/2007	2007 Finger Championships
DEADLIFT, FINGERS, MIDDLE	ALL	F	80	145	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, MIDDLE	ALL	F	85	95	Thompson, Janet	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, FINGERS, MIDDLE	ALL	F	90	101	Lupo, Allison	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, MIDDLE	ALL	F	100	75	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, MIDDLE	ALL	F	105	150	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, MIDDLE	ALL	F	115	120	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, FINGERS, MIDDLE	ALL	F	125+	230	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, MIDDLE	13	M	30	35	O'Brien, Marc	1/4/1998	Norwood Record Breakers
DEADLIFT, FINGERS, MIDDLE	13	M	35	60	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, MIDDLE	13	M	70	65	Anderson, Jonathan	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, MIDDLE	13	M	105	225	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	14	M	50	65	O'Brien, Mike	1/4/1998	Norwood Record Breakers
DEADLIFT, FINGERS, MIDDLE	14	M	65	135	Heit, Calvin	2/11/2017	2017 Grip Championships
DEADLIFT, FINGERS, MIDDLE	14	M	70	115	Shepard, Travis	1/4/1998	Norwood Record Breakers
DEADLIFT, FINGERS, MIDDLE	14	M	75	205	Howard, Colby	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, MIDDLE	14	M	80	195	Kucera, Matt	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, MIDDLE	14	M	95	145	Calcote, Kyle	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, FINGERS, MIDDLE	14	M	120	275	Fulton, Brandon	5/20/2000	2000 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	16	M	55	145	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, MIDDLE	16	M	60	115	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, FINGERS, MIDDLE	16	M	70	245	Howard, Colby	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	16	M	75	192	Heit, Calvin	1/19/2019	Dino Gym Challenge (2019)
DEADLIFT, FINGERS, MIDDLE	16	M	90	235	Holcomb, Seth	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, MIDDLE	16	M	105	230	Kucera, Elijah	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	18	M	70	200	Schimpf, Christian	2/11/2017	2017 Grip Championships
DEADLIFT, FINGERS, MIDDLE	18	M	75	126	Pierre, Kevin	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
DEADLIFT, FINGERS, MIDDLE	18	M	80	235	Smith, Abe	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, MIDDLE	18	M	100	245	Kucera, Elijah	5/20/2000	2000 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	40	M	70	240	Holden, Randy Joe	6/25/1994	94 AI Springs meet
DEADLIFT, FINGERS, MIDDLE	40	M	80	215	Jones, Dan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, MIDDLE	40	M	85	225	Smith, Abe	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, MIDDLE	40	M	90	205	Burks, Eddie	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, MIDDLE	40	M	95	205	Fulton, Doug	5/20/2000	2000 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	40	M	100	315	Edwards, Ben	2/13/2016	2016 Grip Championships
DEADLIFT, FINGERS, MIDDLE	40	M	105	266	Fuller, James	3/16/2013	2013 Franks RB
DEADLIFT, FINGERS, MIDDLE	40	M	110	303	Fuller, James	12/1/2012	RD -New England 2013
DEADLIFT, FINGERS, MIDDLE	40	M	115	275	Myers, Al	2/12/2011	2011 Grip Championships

USAWA Record List

DEADLIFT, FINGERS, MIDDLE	40	M	120	365	Fulton, Kevin	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, MIDDLE	40	M	125	375	Fulton, Kevin	5/20/2000	2000 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	40	M	125+	230	Tully, Scott	2/13/2016	2016 Grip Championships
DEADLIFT, FINGERS, MIDDLE	45	M	70	150	Ortega, Toby	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, MIDDLE	45	M	100	115	Fobes, Jarrod	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, MIDDLE	45	M	105	225	Wenzel, Jeff	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, FINGERS, MIDDLE	45	M	110	310	Ullom, Chad	1/19/2019	Dino Gym Challenge (2019)
DEADLIFT, FINGERS, MIDDLE	45	M	115	285	Ullom, Chad	2/11/2017	2017 Grip Championships
DEADLIFT, FINGERS, MIDDLE	45	M	125+	181	Foster, Lance	2/8/2014	2014 Grip Championships
DEADLIFT, FINGERS, MIDDLE	50	M	90	309	DiCiccio, Bill	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
DEADLIFT, FINGERS, MIDDLE	50	M	95	115	Springs, Al	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, FINGERS, MIDDLE	50	M	100	85	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, MIDDLE	50	M	105	325	Ullom, Chad	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, FINGERS, MIDDLE	50	M	110	275	Garcia, Joe	5/12/2007	2007 Finger Championships
DEADLIFT, FINGERS, MIDDLE	50	M	125+	275	Mitchell, Mark	2/12/2011	2011 Grip Championships
DEADLIFT, FINGERS, MIDDLE	55	M	70	155	Freides, Steve	11/30/2013	2013 NE Record Breakers
DEADLIFT, FINGERS, MIDDLE	55	M	75	224	Friesz, Dale	10/11/1998	98 Art's Birthday Bash
DEADLIFT, FINGERS, MIDDLE	55	M	85	235	Friesz, Dale	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, FINGERS, MIDDLE	55	M	95	250	Garcia, Joe	10/29/2010	2010 JWC Record Breakers
DEADLIFT, FINGERS, MIDDLE	55	M	110	190	Lupo, Tony	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, FINGERS, MIDDLE	55	M	115	200	Lupo, Tony	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, MIDDLE	55	M	125+	205	Foster, Lance	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, FINGERS, MIDDLE	60	M	75	185	Friesz, Dale	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FINGERS, MIDDLE	60	M	80	225	Montini, Art	12/15/1990	RD - Ambridge
DEADLIFT, FINGERS, MIDDLE	60	M	85	201	McKean, John	5/12/2007	2007 Finger Championships
DEADLIFT, FINGERS, MIDDLE	60	M	90	180	Habecker, Denny	5/12/2007	2007 Finger Championships
DEADLIFT, FINGERS, MIDDLE	60	M	100	210	Carter, John	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, FINGERS, MIDDLE	60	M	105	235	Clark, Bill	11/6/1994	RD - Columbia, MO '94
DEADLIFT, FINGERS, MIDDLE	60	M	115	185	Clark, Bill	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, MIDDLE	60	M	120	187	Glasgow, Dave	2/8/2014	2014 Grip Championships
DEADLIFT, FINGERS, MIDDLE	60	M	125	210	McCoy, Joe	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, FINGERS, MIDDLE	60	M	125+	185	Fellows, Bill	11/6/1994	RD - Columbia, MO '94
DEADLIFT, FINGERS, MIDDLE	65	M	75	186	Friesz, Dale	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, FINGERS, MIDDLE	65	M	80	225	Montini, Art	7/25/1993	RD - Ambridge
DEADLIFT, FINGERS, MIDDLE	65	M	85	250	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, MIDDLE	65	M	90	180	Habecker, Denny	2/12/2011	2011 Grip Championships
DEADLIFT, FINGERS, MIDDLE	65	M	95	205	Carter, John	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FINGERS, MIDDLE	65	M	100	115	Bletscher, Rudy	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
DEADLIFT, FINGERS, MIDDLE	65	M	110	127	Larson, Nils	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, MIDDLE	65	M	115	185	Clark, Bill	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, MIDDLE	65	M	125	170	Ross, Dean	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
DEADLIFT, FINGERS, MIDDLE	65	M	125+	150	Ciavattone, Frank	7/30/2023	Norwood-Wapole Lifting Classic

USAWA Record List

DEADLIFT, FINGERS, MIDDLE	70	M	75	166	Friesz, Dale	10/14/2012	2012 Arts Birthday Bash
DEADLIFT, FINGERS, MIDDLE	70	M	80	170	Emslie, David	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
DEADLIFT, FINGERS, MIDDLE	70	M	85	205	Monahan, Rex	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, MIDDLE	70	M	90	195	Monahan, Rex	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, MIDDLE	70	M	100	160	Bletscher, Rudy	12/6/2008	GOERNER DEADLIFT DOZEN PLUS ONE (2008)
DEADLIFT, FINGERS, MIDDLE	70	M	105	172	Myers, LaVerne	1/19/2019	Dino Gym Challenge (2019)
DEADLIFT, FINGERS, MIDDLE	70	M	110	220	Clark, Bill	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, FINGERS, MIDDLE	70	M	115	160	Ross, Dean	2/11/2017	2017 Grip Championships
DEADLIFT, FINGERS, MIDDLE	70	M	120	165	Ross, Dean	2/13/2016	2016 Grip Championships
DEADLIFT, FINGERS, MIDDLE	70	M	125	165	Ross, Dean	2/8/2014	2014 Grip Championships
DEADLIFT, FINGERS, MIDDLE	75	M	70	237	Mason, Roy	4/10/1994	Grapevine, Tx
DEADLIFT, FINGERS, MIDDLE	75	M	85	201	Montini, Art	5/12/2007	2007 Finger Championships
DEADLIFT, FINGERS, MIDDLE	75	M	90	105	Ross, Dean	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, FINGERS, MIDDLE	75	M	100	170	Myers, LaVerne	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, FINGERS, MIDDLE	75	M	105	130	Myers, LaVerne	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, FINGERS, MIDDLE	75	M	110	143	Ross, Dean	8/4/2018	PRESIDENTIAL CUP (2018)
DEADLIFT, FINGERS, MIDDLE	75	M	115	132	Ross, Dean	1/19/2019	Dino Gym Challenge (2019)
DEADLIFT, FINGERS, MIDDLE	80	M	75	115	Stephenson, John	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, MIDDLE	80	M	85	134	Habecker, Denny	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
DEADLIFT, FINGERS, MIDDLE	80	M	100	150	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, MIDDLE	85	M	80	110	Montini, Art	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, FINGERS, MIDDLE	85	M	95	75	Clark, Bill	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
DEADLIFT, FINGERS, MIDDLE	90	M	90	65	Clark, Bill	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, FINGERS, MIDDLE	90	M	95	70	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, MIDDLE	ALL	M	35	60	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, MIDDLE	ALL	M	60	145	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, MIDDLE	ALL	M	65	135	Heit, Calvin	2/11/2017	2017 Grip Championships
DEADLIFT, FINGERS, MIDDLE	ALL	M	70	245	Howard, Colby	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	ALL	M	75	224	Friesz, Dale	10/11/1998	98 Art's Birthday Bash
DEADLIFT, FINGERS, MIDDLE	ALL	M	80	316	Wagman, Dan	4/7/2024	Bench press Heptathlon
DEADLIFT, FINGERS, MIDDLE	ALL	M	85	316	Wagman, Dan	8/27/2017	2017 Iron Warrior RD
DEADLIFT, FINGERS, MIDDLE	ALL	M	90	309	DiCiccio, Bill	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
DEADLIFT, FINGERS, MIDDLE	ALL	M	95	250	Pemberton, Josh	5/20/2000	2000 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	ALL	M	100	315	Edwards, Ben	2/13/2016	2016 Grip Championships
DEADLIFT, FINGERS, MIDDLE	ALL	M	105	325	Ullom, Chad	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, FINGERS, MIDDLE	ALL	M	110	310	Ullom, Chad	1/19/2019	Dino Gym Challenge (2019)
DEADLIFT, FINGERS, MIDDLE	ALL	M	115	335	Fulton, Kevin	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, MIDDLE	ALL	M	120	400	Fulton, Kevin	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	ALL	M	125	375	Fulton, Kevin	5/20/2000	2000 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	ALL	M	125+	275	Mitchell, Mark	2/12/2011	2011 Grip Championships
DEADLIFT, FINGERS, RING	13	F	50	75	Holeman, Kayla	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, RING	13	F	75	45	Griffis, Kirstie	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)

USAWA Record List

DEADLIFT, FINGERS, RING	14	F	60	135	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, RING	14	F	70	68	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, RING	14	F	75	101	Fritz, Misty	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, FINGERS, RING	14	F	80	90	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, RING	16	F	75	135	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, FINGERS, RING	16	F	115	95	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, FINGERS, RING	16	F	65	66	Ordonez, Lexi	4/20/2024	New England Grip Classic (2024)
DEADLIFT, FINGERS, RING	18	F	60	120	Burks, Amy	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, RING	40	F	75	87	Hopps, Jessica	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, RING	40	F	125+	205	McConnaughey, Mary	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, FINGERS, RING	45	F	125+	185	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, RING	50	F	50	80	Jackson, RJ	12/27/2015	RD - Iron Warrior
DEADLIFT, FINGERS, RING	55	F	60	30	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, RING	55	F	65	65	Brooner-Lakowsky, Tressa	2/10/2018	2018 Grip Championships
DEADLIFT, FINGERS, RING	55	F	75	95	Ollennuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, FINGERS, RING	55	F	90	50	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, RING	55	F	100	105	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, RING	55	F	125+	155	McConnaughey, Mary	2/10/2018	2018 Grip Championships
DEADLIFT, FINGERS, RING	60	F	105	120	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, RING	65	F	80	80	Thompson, Janet	4/11/2026	2026 Bench Press Heptathlon V and Record Day
DEADLIFT, FINGERS, RING	ALL	F	50	80	Jackson, RJ	12/27/2015	RD - Iron Warrior
DEADLIFT, FINGERS, RING	ALL	F	60	135	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, RING	ALL	F	65	66	Brooner-Lakowsky, Tressa	2/10/2018	2018 Grip Championships
DEADLIFT, FINGERS, RING	ALL	F	70	68	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, RING	ALL	F	75	135	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, FINGERS, RING	ALL	F	80	90	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, FINGERS, RING	ALL	F	90	50	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, RING	ALL	F	100	105	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, RING	ALL	F	105	120	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, RING	ALL	F	115	95	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, FINGERS, RING	ALL	F	125+	205	McConnaughey, Mary	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, FINGERS, RING	13	M	35	40	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, RING	13	M	70	50	Anderson, Jonathan	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, RING	13	M	105	175	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, RING	14	M	75	175	Howard, Colby	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, RING	14	M	80	175	Kucera, Matt	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, RING	14	M	95	100	Calcote, Kyle	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, FINGERS, RING	16	M	55	120	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, RING	16	M	60	75	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, FINGERS, RING	16	M	70	156	Heit, Calvin	2/10/2018	2018 Grip Championships
DEADLIFT, FINGERS, RING	16	M	80	80	Janzen, Cole	2/10/2018	2018 Grip Championships
DEADLIFT, FINGERS, RING	16	M	90	160	Holcomb, Seth	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)

USAWA Record List

DEADLIFT, FINGERS, RING	16	M	105	150	Kucera, Elijah	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, RING	16	M	125+	95	Payne, Jared	2/10/2018	2018 Grip Championships
DEADLIFT, FINGERS, RING	16	M	65	86	O'Neil-Butters, Mason	4/20/2024	New England Grip Classic (2024)
DEADLIFT, FINGERS, RING	18	M	80	155	Smith, Abe	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, RING	40	M	70	90	Ortega, Toby	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, FINGERS, RING	40	M	80	115	Jones, Dan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, RING	40	M	85	100	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, RING	40	M	90	170	Jones, Dan	4/20/2024	New England Grip Classic (2024)
DEADLIFT, FINGERS, RING	40	M	95	140	Hart, James	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, RING	40	M	100	100	Garcia, Joe	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, FINGERS, RING	40	M	105	200	Carter, John	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, RING	40	M	110	135	Garcia, Joe	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, RING	40	M	115	185	Myers, Al	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, FINGERS, RING	40	M	120	285	Fulton, Kevin	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, RING	40	M	125	220	Fulton, Kevin	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, RING	40	M	125+	155	Tully, Scott	2/10/2018	2018 Grip Championships
DEADLIFT, FINGERS, RING	45	M	70	100	Ortega, Toby	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, RING	45	M	100	85	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, RING	45	M	105	180	Wenzel, Jeff	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, FINGERS, RING	45	M	110	215	Ullom, Chad	2/10/2018	2018 Grip Championships
DEADLIFT, FINGERS, RING	45	M	125+	145	Van Vleck, Thom	11/22/2009	RD- Clarks Gym '09
DEADLIFT, FINGERS, RING	50	M	90	145	Caron, Joe	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, RING	50	M	95	100	Springs, Al	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, FINGERS, RING	50	M	100	55	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, RING	50	M	105	247	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, RING	50	M	125+	165	Van Vleck, Thom	1/27/2018	Dino Gym Challenge (2018)
DEADLIFT, FINGERS, RING	50	M	75	83	Marchand, Wade	4/20/2024	New England Grip Classic (2024)
DEADLIFT, FINGERS, RING	55	M	75	210	Friesz, Dale	10/12/1997	97 Art's Birthday Bash
DEADLIFT, FINGERS, RING	55	M	85	135	Friesz, Dale	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, FINGERS, RING	55	M	95	150	Springs, Al	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, RING	55	M	110	132	Lupo, Tony	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, RING	55	M	115	120	Lupo, Tony	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, RING	60	M	75	165	Friesz, Dale	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FINGERS, RING	60	M	80	190	Friesz, Dale	11/18/2000	RD - Columbia, MO '00
DEADLIFT, FINGERS, RING	60	M	85	150	DeForest, Dave	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, FINGERS, RING	60	M	90	215	Friesz, Dale	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
DEADLIFT, FINGERS, RING	60	M	100	150	Carter, John	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, FINGERS, RING	60	M	115	135	Clark, Bill	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, RING	60	M	120	100	McCoy, Joe	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, FINGERS, RING	60	M	125	140	McCoy, Joe	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, FINGERS, RING	65	M	75	167	Friesz, Dale	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, FINGERS, RING	65	M	80	176	Friesz, Dale	10/14/2007	2007 Art's Birthday Bash

USAWA Record List

DEADLIFT, FINGERS, RING	65	M	85	200	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, RING	65	M	100	95	Bletscher, Rudy	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
DEADLIFT, FINGERS, RING	65	M	110	94	Larson, Nils	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, RING	65	M	115	190	Clark, Bill	11/18/2000	RD - Columbia, MO '00
DEADLIFT, FINGERS, RING	65	M	125	120	Ross, Dean	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
DEADLIFT, FINGERS, RING	65	M	125+	132	Ciavattone, Frank	4/20/2024	New England Grip Classic (2024)
DEADLIFT, FINGERS, RING	70	M	70	122	Friesz, Dale	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, FINGERS, RING	70	M	75	154	Friesz, Dale	8/25/2012	PRESIDENTIAL CUP (2012)
DEADLIFT, FINGERS, RING	70	M	80	145	Emslie, David	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
DEADLIFT, FINGERS, RING	70	M	85	165	Monahan, Rex	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, RING	70	M	90	160	Monahan, Rex	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, FINGERS, RING	70	M	100	115	Bletscher, Rudy	12/5/2009	GOERNER DEADLIFT DOZEN PLUS ONE (2009)
DEADLIFT, FINGERS, RING	70	M	110	171	Myers, LaVerne	2/10/2018	2018 Grip Championships
DEADLIFT, FINGERS, RING	70	M	120	115	Ross, Dean	11/21/2015	2015 Sir Lance A Lot RD
DEADLIFT, FINGERS, RING	70	M	125	150	Ciavattone, Frank	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, FINGERS, RING	75	M	85	130	Montini, Art	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, FINGERS, RING	75	M	100	110	Myers, LaVerne	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, FINGERS, RING	75	M	110	140	Ross, Dean	2/10/2018	2018 Grip Championships
DEADLIFT, FINGERS, RING	80	M	75	75	Stephenson, John	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FINGERS, RING	80	M	100	120	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, RING	85	M	80	99	Montini, Art	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, FINGERS, RING	85	M	95	85	Clark, Bill	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
DEADLIFT, FINGERS, RING	90	M	90	65	Clark, Bill	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, FINGERS, RING	90	M	95	70	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, RING	ALL	M	35	40	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, RING	ALL	M	60	120	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, RING	ALL	M	70	160	Wenzel, Riley	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, RING	ALL	M	75	210	Friesz, Dale	10/12/1997	97 Art's Birthday Bash
DEADLIFT, FINGERS, RING	ALL	M	80	190	Friesz, Dale	11/18/2000	RD - Columbia, MO '00
DEADLIFT, FINGERS, RING	ALL	M	85	200	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
DEADLIFT, FINGERS, RING	ALL	M	90	215	Friesz, Dale	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
DEADLIFT, FINGERS, RING	ALL	M	95	185	Pemberton, Josh	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, FINGERS, RING	ALL	M	100	258	Ciavattone, Joe Jr.	4/16/2016	2016 Frank's RD
DEADLIFT, FINGERS, RING	ALL	M	105	247	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
DEADLIFT, FINGERS, RING	ALL	M	110	215	Ullom, Chad	2/10/2018	2018 Grip Championships
DEADLIFT, FINGERS, RING	ALL	M	115	235	Fulton, Kevin	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, FINGERS, RING	ALL	M	120	285	Fulton, Kevin	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, FINGERS, RING	ALL	M	125	220	Fulton, Kevin	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, FINGERS, RING	ALL	M	125+	165	Van Vleck, Thom	1/27/2018	Dino Gym Challenge (2018)
DEADLIFT, FINGERS, RING	ALL	M	65	86	O'Neil-Butters, Mason	4/20/2024	New England Grip Classic (2024)
DEADLIFT, FULTON BAR	13	F	60	160	Todd, Phoebe	11/18/2023	RD - Lift for Leroy '23
DEADLIFT, FULTON BAR	13	F	75	201	Myers, Molly	8/12/2012	RD - Dino Days (2012)

USAWA Record List

DEADLIFT, FULTON BAR	40	F	75	275	Skwarecki, Beth	6/4/2023	Hackendinnie Classic
DEADLIFT, FULTON BAR	50	F	50	187	Jackson, RJ	2/9/2014	RD - Dino Gym '14
DEADLIFT, FULTON BAR	50	F	100	170	Sees, Susan	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, FULTON BAR	55	F	90	190	Lupo, Allison	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
DEADLIFT, FULTON BAR	55	F	95	180	Lane, Colleen	11/29/2014	2014 New England Gold Cup
DEADLIFT, FULTON BAR	60	F	65	242	Howley, Kate	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	60	F	100	277	Gore, Lisa	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, FULTON BAR	65	F	55	121	Anderson, Carolyn	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	65	F	75	160	Thompson, Janet	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, FULTON BAR	ALL	F	50	187	Jackson, RJ	2/9/2014	RD - Dino Gym '14
DEADLIFT, FULTON BAR	ALL	F	55	121	Anderson, Carolyn	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	ALL	F	60	160	Todd, Phoebe	11/18/2023	RD - Lift for Leroy '23
DEADLIFT, FULTON BAR	ALL	F	65	242	Howley, Kate	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	ALL	F	75	275	Skwarecki, Beth	6/4/2023	Hackendinnie Classic
DEADLIFT, FULTON BAR	ALL	F	90	190	Lupo, Allison	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
DEADLIFT, FULTON BAR	ALL	F	95	202	Hopps, Jessica	11/29/2014	2014 New England Gold Cup
DEADLIFT, FULTON BAR	ALL	F	100	277	Gore, Lisa	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, FULTON BAR	13	M	35	75	Wenzel, Logan	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, FULTON BAR	13	M	40	147	Triatti, Matt	11/29/2014	2014 New England Gold Cup
DEADLIFT, FULTON BAR	13	M	45	34	McKean, Andraes	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, FULTON BAR	13	M	50	125	Ciavattone, Frank III	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	13	M	105	265	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON BAR	14	M	75	325	Kucera, Matt	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON BAR	14	M	80	352	Kressly, Logan	2/9/2014	RD - Dino Gym '14
DEADLIFT, FULTON BAR	14	M	85	375	Holcomb, Seth	7/1/2001	2001 Old Settlers Classic
DEADLIFT, FULTON BAR	14	M	115	352	Patrick, Kevin	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	16	M	70	345	Howard, Colby	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON BAR	16	M	75	330	Howard, Colby	3/18/2000	2000 Nebraskaland Classic
DEADLIFT, FULTON BAR	16	M	80	355	Kucera, Matt	3/18/2000	2000 Nebraskaland Classic
DEADLIFT, FULTON BAR	16	M	85	405	Kucera, Matt	7/1/2001	2001 Old Settlers Classic
DEADLIFT, FULTON BAR	16	M	90	402	Patrick, Dan	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	16	M	100	460	Kucera, Elijah	3/18/2000	2000 Nebraskaland Classic
DEADLIFT, FULTON BAR	16	M	105	475	Kucera, Elijah	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON BAR	18	M	65	319	Clauson, Riley	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	18	M	80	455	Smith, Abe	11/19/2000	2000 Louis Cyr Challenge
DEADLIFT, FULTON BAR	18	M	100	440	Reel, Ian	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	18	M	105	450	Kucera, Elijah	7/1/2001	2001 Old Settlers Classic
DEADLIFT, FULTON BAR	40	M	75	305	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
DEADLIFT, FULTON BAR	40	M	80	310	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
DEADLIFT, FULTON BAR	40	M	85	275	Stearns, Ashley	3/9/2024	RD - Buffville 2
DEADLIFT, FULTON BAR	40	M	90	275	Stearns, Ashley	3/17/2024	Colorado Spring Fling
DEADLIFT, FULTON BAR	40	M	95	345	Fulton, Doug	5/23/1999	99 Super Grip Challenge

USAWA Record List

DEADLIFT, FULTON BAR	40	M	115	573	Myers, Al	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	40	M	120	555	Fulton, Kevin	7/1/2001	2001 Old Settlers Classic
DEADLIFT, FULTON BAR	40	M	125+	320	Todd, Chris	11/18/2023	RD - Lift for Leroy '23
DEADLIFT, FULTON BAR	45	M	100	365	Fobes, Jarrod	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, FULTON BAR	45	M	105	275	Garcia, Joe	11/22/1998	98 Louis Cyr Challenge
DEADLIFT, FULTON BAR	45	M	110	350	Wenzel, Jeff	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
DEADLIFT, FULTON BAR	45	M	115	475	Myers, Al	8/25/2012	PRESIDENTIAL CUP (2012)
DEADLIFT, FULTON BAR	45	M	120	305	Karhan, Bob	10/13/1996	96 Art's Birthday Bash
DEADLIFT, FULTON BAR	45	M	125	460	Olsavsky, David	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	50	M	75	375	Waterman, Chris	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	50	M	80	350	McKean, John	11/17/1999	99 Art's Birthday Bash
DEADLIFT, FULTON BAR	50	M	90	390	Smith, Randy	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	50	M	95	275	Gupta, Sanjiv	4/7/2024	Bench press Heptathlon
DEADLIFT, FULTON BAR	50	M	100	213	Gupta, Sanjiv	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO - RD
DEADLIFT, FULTON BAR	50	M	105	375	Hadley, Patrick	11/9/2024	Goerner Deadlift Dozen Plus One RD
DEADLIFT, FULTON BAR	50	M	110	379	Schmidt, Scott	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, FULTON BAR	50	M	120	440	Schmidt, Scott	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	50	M	125	525	Ciavattone, Frank	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	50	M	125+	403	Mitchell, Mark	2/12/2012	RD - Dino Gym (2012)
DEADLIFT, FULTON BAR	55	M	75	251	Marchand, Wade	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, FULTON BAR	55	M	80	370	McKean, John	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	55	M	85	342	McKean, John	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, FULTON BAR	55	M	90	297	Wynn, Donnie	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	55	M	95	320	Springs, Al	11/19/2000	2000 Louis Cyr Challenge
DEADLIFT, FULTON BAR	55	M	100	425	Sisk, Ron	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	55	M	110	350	Lupo, Tony	6/24/2024	NATIONALS (2023) - Columbia, MO
DEADLIFT, FULTON BAR	55	M	115	310	Lupo, Tony	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
DEADLIFT, FULTON BAR	55	M	120	250	Foster, Lance	12/10/2022	RD - Lift for Leroy '22
DEADLIFT, FULTON BAR	60	M	75	235	Friesz, Dale	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	60	M	80	375	McKean, John	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, FULTON BAR	60	M	85	330	DeForest, Dave	2/25/2024	RD - Clarks Gym
DEADLIFT, FULTON BAR	60	M	90	385	Blockston, Jon	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	60	M	95	300	Wilmot, John	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	60	M	115	430	Malloy, Jim	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	65	M	75	200	McKean, John	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, FULTON BAR	65	M	80	300	McKean, John	3/12/2011	2011 Club Challenge
DEADLIFT, FULTON BAR	65	M	85	300	DeForest, Dave	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
DEADLIFT, FULTON BAR	65	M	90	262	Habecker, Denny	10/17/2010	2010 Art's Birthday Bash
DEADLIFT, FULTON BAR	65	M	105	300	Crozier, Bill	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	65	M	110	250	Licini, Jerome	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
DEADLIFT, FULTON BAR	65	M	115	429	Malloy, Jim	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	70	M	75	235	McKean, John	10/16/2016	2016 Art's Birthday Bash

USAWA Record List

DEADLIFT, FULTON BAR	70	M	85	310	Montini, Art	10/14/2001	2001 Art's Birthday Bash
DEADLIFT, FULTON BAR	70	M	90	313	Komorny, Andy	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	70	M	110	255	Myers, LaVerne	1/27/2018	Dino Gym Challenge (2018)
DEADLIFT, FULTON BAR	70	M	115	198	Ross, Dean	8/6/2016	PRESIDENTIAL CUP (2016)
DEADLIFT, FULTON BAR	70	M	120	270	Geib, Bob	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, FULTON BAR	75	M	75	200	Mitchell, Dennis	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	75	M	85	275	Montini, Art	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	75	M	110	305	Clark, Bill	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	80	M	80	220	Habecker, Denny	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
DEADLIFT, FULTON BAR	80	M	85	230	Habecker, Denny	6/29/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, FULTON BAR	80	M	90	200	Montini, Art	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, FULTON BAR	85	M	75	154	Montini, Art	8/5/2017	PRESIDENTIAL CUP (2017)
DEADLIFT, FULTON BAR	85	M	80	165	Montini, Art	10/14/2012	2012 Arts Birthday Bash
DEADLIFT, FULTON BAR	90	M	95	140	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, FULTON BAR	ALL	M	35	75	Wenzel, Logan	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, FULTON BAR	ALL	M	65	319	Clauson, Riley	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	ALL	M	70	345	Howard, Colby	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON BAR	ALL	M	75	425	Frieders, Nicholas	6/24/2023	NATIONALS (2023) - Columbia, MO
DEADLIFT, FULTON BAR	ALL	M	80	455	Smith, Abe	11/19/2000	2000 Louis Cyr Challenge
DEADLIFT, FULTON BAR	ALL	M	85	405	Kucera, Matt	7/1/2001	2001 Old Settlers Classic
DEADLIFT, FULTON BAR	ALL	M	90	506	Goetsch, Troy	2/12/2012	RD - Dino Gym (2012)
DEADLIFT, FULTON BAR	ALL	M	95	463	Rabich, Michael	5/6/2017	2017 Lebanon, PA Valley RD
DEADLIFT, FULTON BAR	ALL	M	100	500	McBride, Mike	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	ALL	M	105	475	Kucera, Elijah	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON BAR	ALL	M	110	550	McBride, Mike	11/19/2000	2000 Louis Cyr Challenge
DEADLIFT, FULTON BAR	ALL	M	115	573	Myers, Al	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	ALL	M	120	560	Myers, Al	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	ALL	M	125	525	Ciavattone, Frank	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	ALL	M	125+	585	Duran, Mike	10/27/2018	2018 NE Fall Classic
DEADLIFT, FULTON BAR	NAT	M	80	370	McKean, John	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	NAT	M	85	300	Habecker, Denny	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	NAT	M	90	390	Smith, Randy	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	NAT	M	100	500	McBride, Mike	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	NAT	M	105	300	Crozier, Bill	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	NAT	M	110	355	LaRosa, Carl	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	NAT	M	115	430	Malloy, Jim	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	NAT	M	120	560	Myers, Al	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON BAR	NAT	M	125	525	Ciavattone, Frank	6/25/2005	NATIONALS (2005) - Youngstown, OH
DEADLIFT, FULTON DUMBBELL, LEFT	40	F	70	99	Skwarecki, Beth	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, FULTON DUMBBELL, LEFT	50	F	50	67	Jackson, RJ	12/27/2015	RD - Iron Warrior
DEADLIFT, FULTON DUMBBELL, LEFT	55	F	60	81	VanWagner, Kim	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON DUMBBELL, LEFT	60	F	90	40	Lupo, Allison	4/11/2026	2026 Bench Press Heptathlon V and Record Day

USAWA Record List

DEADLIFT, FULTON DUMBBELL, LEFT	65	F	75	86	Thompson, Janet	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	F	50	67	Jackson, RJ	12/27/2015	RD - Iron Warrior
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	F	60	81	VanWagner, Kim	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	F	70	99	Skwarecki, Beth	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	F	75	86	Thompson, Janet	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	F	90	40	Lupo, Allison	4/11/2026	2026 Bench Press Heptathlon V and Record Day
DEADLIFT, FULTON DUMBBELL, LEFT	NAT	F	70	99	Skwarecki, Beth	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, FULTON DUMBBELL, LEFT	11	M	85	63	Bankens, Isaac	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
DEADLIFT, FULTON DUMBBELL, LEFT	14	M	90	91	Habecker, Aidan	3/31/2019	POSTAL (2019) - Q1
DEADLIFT, FULTON DUMBBELL, LEFT	16	M	110	130	Ciavattone, Jonathan	8/14/2011	2011 NE Record Breaker
DEADLIFT, FULTON DUMBBELL, LEFT	40	M	80	134	Jones, Dan	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
DEADLIFT, FULTON DUMBBELL, LEFT	40	M	90	186	Strangeway, John	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, FULTON DUMBBELL, LEFT	40	M	95	180	Strangeway, John	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	40	M	110	165	Ullom, Chad	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	40	M	115	155	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, FULTON DUMBBELL, LEFT	40	M	120	170	Myers, Al	11/22/2009	RD- Clarks Gym '09
DEADLIFT, FULTON DUMBBELL, LEFT	40	M	125+	185	Barnhart, Darren	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	45	M	95	141	Fobes, Jarrod	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON DUMBBELL, LEFT	45	M	120	100	Todd, Eric	12/10/2022	RD - Lift for Leroy '22
DEADLIFT, FULTON DUMBBELL, LEFT	50	M	75	97	Marchand, Wade	7/9/2022	RD - Franks Barbell
DEADLIFT, FULTON DUMBBELL, LEFT	50	M	95	126	Gupta, Sanjiv	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON DUMBBELL, LEFT	50	M	100	115	Gupta, Sanjiv	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
DEADLIFT, FULTON DUMBBELL, LEFT	50	M	105	170	Myers, Al	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, FULTON DUMBBELL, LEFT	50	M	110	165	Myers, Al	3/31/2019	POSTAL (2019) - Q1
DEADLIFT, FULTON DUMBBELL, LEFT	50	M	115	146	Poore, Clint	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, FULTON DUMBBELL, LEFT	50	M	125+	143	Douglas, John	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, FULTON DUMBBELL, LEFT	55	M	75	115	Marchand, Wade	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
DEADLIFT, FULTON DUMBBELL, LEFT	55	M	100	170	Hose, Tony	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON DUMBBELL, LEFT	55	M	110	116	Lupo, Tony	3/17/2024	Colorado Spring Fling
DEADLIFT, FULTON DUMBBELL, LEFT	55	M	115	160	Glasgow, Dave	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	55	M	120	22	Ciavattone, Frank	8/14/2011	2011 NE Record Breaker
DEADLIFT, FULTON DUMBBELL, LEFT	60	M	75	130	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, FULTON DUMBBELL, LEFT	60	M	80	170	DeForest, Dave	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, FULTON DUMBBELL, LEFT	60	M	85	124	Bryan, Barry	3/31/2019	POSTAL (2019) - Q1
DEADLIFT, FULTON DUMBBELL, LEFT	60	M	90	113	DeForest, Dave	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
DEADLIFT, FULTON DUMBBELL, LEFT	60	M	100	157	Garcia, Joe	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
DEADLIFT, FULTON DUMBBELL, LEFT	60	M	105	180	Raymond, Mark	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, LEFT	60	M	110	150	Lupo, Tony	4/11/2026	2026 Bench Press Heptathlon V and Record Day
DEADLIFT, FULTON DUMBBELL, LEFT	65	M	95	150	Carter, John	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON DUMBBELL, LEFT	65	M	110	124	Larson, Nils	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
DEADLIFT, FULTON DUMBBELL, LEFT	65	M	115	165	Myers, LaVerne	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	65	M	125+	187	Ciavattone, Frank	7/9/2022	RD - Franks Barbell

USAWA Record List

DEADLIFT, FULTON DUMBBELL, LEFT	70	M	90	100	Habecker, Denny	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, FULTON DUMBBELL, LEFT	70	M	105	82	Ross, Dean	6/3/2017	2017 KC Strongman RD
DEADLIFT, FULTON DUMBBELL, LEFT	70	M	110	180	Myers, LaVerne	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	70	M	115	165	Myers, LaVerne	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, FULTON DUMBBELL, LEFT	75	M	90	96	Habecker, Denny	3/31/2019	POSTAL (2019) - Q1
DEADLIFT, FULTON DUMBBELL, LEFT	75	M	100	125	Myers, LaVerne	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, FULTON DUMBBELL, LEFT	75	M	105	165	Myers, LaVerne	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, FULTON DUMBBELL, LEFT	75	M	110	95	Ross, Dean	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	75	M	115	71	Ross, Dean	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, FULTON DUMBBELL, LEFT	80	M	100	160	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, FULTON DUMBBELL, LEFT	85	M	80	60	Montini, Art	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, FULTON DUMBBELL, LEFT	90	M	90	65	Clark, Bill	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	M	70	110	Rein, Brandon	3/31/2019	POSTAL (2019) - Q1
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	M	75	130	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	M	80	170	DeForest, Dave	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	M	85	150	Wagman, Dan	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	M	90	186	Strangeway, John	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	M	95	180	Strangeway, John	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	M	100	175	Edwards, Ben	8/28/2011	RD - Dino Days (2011)
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	M	105	180	Raymond, Mark	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	M	110	190	Ciavattone, Jeff	3/16/2013	2013 Franks RB
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	M	115	165	Myers, LaVerne	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	M	120	170	Myers, Al	11/22/2009	RD- Clarks Gym '09
DEADLIFT, FULTON DUMBBELL, LEFT	ALL	M	125+	187	Ciavattone, Frank	7/9/2022	RD - Franks Barbell
DEADLIFT, FULTON DUMBBELL, RIGHT	13	F	30	20	Lansdown, Daphne	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, FULTON DUMBBELL, RIGHT	14	F	80	55	Collins, Olivia	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	16	F	40	61	Gupta, Nisha	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON DUMBBELL, RIGHT	16	F	75	75	De La Vega, Saria	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	16	F	80	75	Collins, Natalie	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	40	F	65	77	Skwarecki, Beth	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
DEADLIFT, FULTON DUMBBELL, RIGHT	50	F	50	77	Jackson, RJ	12/27/2015	RD - Iron Warrior
DEADLIFT, FULTON DUMBBELL, RIGHT	50	F	90	85	Collins, Cara	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	55	F	50	80	Jackson, RJ	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	55	F	60	80	Brooner-Lakowsky, Tressa	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	55	F	125+	95	McConaughy, Mary	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	60	F	90	40	Lupo, Allison	4/11/2026	2026 Bench Press Heptathlon V and Record Day
DEADLIFT, FULTON DUMBBELL, RIGHT	65	F	75	65	Thompson, Janet	3/22/2025	Great American Bench Press Meet, Buffville, KY
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	F	30	20	Lansdown, Daphne	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	F	40	61	Gupta, Nisha	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	F	50	80	Jackson, RJ	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	F	60	80	Brooner-Lakowsky, Tressa	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	F	65	77	Skwarecki, Beth	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA

USAWA Record List

DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	F	70	90	Burchett, Emily	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	F	75	75	De La Vega, Saria	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	F	80	75	Collins, Natalie	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	F	90	85	Collins, Cara	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	F	125+	95	McConnaughey, Mary	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	NAT	F	30	20	Lansdown, Daphne	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, FULTON DUMBBELL, RIGHT	11	M	85	58	Bankens, Isaac	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
DEADLIFT, FULTON DUMBBELL, RIGHT	14	M	65	100	Heit, Calvin	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	14	M	85	104	Habecker, Aidan	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, FULTON DUMBBELL, RIGHT	16	M	65	110	O'Neil-Butters, Maverick	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	16	M	75	105	Marchand, Wade	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	16	M	110	130	Ciavattone, Jonathan	8/14/2011	2011 NE Record Breaker
DEADLIFT, FULTON DUMBBELL, RIGHT	18	M	70	120	Schimpf, Christian	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	18	M	90	132	Habecker, Aidan	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, FULTON DUMBBELL, RIGHT	18	M	125+	130	Payne, Jared	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	40	M	80	124	Jones, Dan	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
DEADLIFT, FULTON DUMBBELL, RIGHT	40	M	90	170	Strangeway, John	12/8/2018	RD - Lift for Leroy '18
DEADLIFT, FULTON DUMBBELL, RIGHT	40	M	95	168	Strangeway, John	3/31/2019	POSTAL (2019) - Q1
DEADLIFT, FULTON DUMBBELL, RIGHT	40	M	105	150	Edwards, Ben	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	40	M	110	205	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	40	M	115	165	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, FULTON DUMBBELL, RIGHT	40	M	120	170	Myers, Al	11/22/2009	RD- Clarks Gym '09
DEADLIFT, FULTON DUMBBELL, RIGHT	40	M	125	146	Dabbs, Noah	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, FULTON DUMBBELL, RIGHT	40	M	125+	185	Barnhart, Darren	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	45	M	100	180	Ullom, Chad	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	45	M	110	181	Ullom, Chad	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, FULTON DUMBBELL, RIGHT	45	M	115	195	Ullom, Chad	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	45	M	120	140	Todd, Eric	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	45	M	125+	115	Van Vleck, Thom	11/22/2009	RD- Clarks Gym '09
DEADLIFT, FULTON DUMBBELL, RIGHT	50	M	75	117	Marchand, Wade	7/9/2022	RD - Franks Barbell
DEADLIFT, FULTON DUMBBELL, RIGHT	50	M	80	105	Marchand, Wade	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	50	M	95	95	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, FULTON DUMBBELL, RIGHT	50	M	100	115	Gupta, Sanjiv	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
DEADLIFT, FULTON DUMBBELL, RIGHT	50	M	105	180	Myers, Al	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	50	M	110	182	Raymond, Mark	3/4/2017	2017 Iceberg Open
DEADLIFT, FULTON DUMBBELL, RIGHT	50	M	115	146	Poore, Clint	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, FULTON DUMBBELL, RIGHT	50	M	125+	180	Mitchell, Mark	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	55	M	75	120	Marchand, Wade	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
DEADLIFT, FULTON DUMBBELL, RIGHT	55	M	80	200	Patterson, Tony	3/4/2017	2017 Iceberg Open RD
DEADLIFT, FULTON DUMBBELL, RIGHT	55	M	100	170	Hose, Tony	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON DUMBBELL, RIGHT	55	M	110	118	Lupo, Tony	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
DEADLIFT, FULTON DUMBBELL, RIGHT	55	M	115	160	Glasgow, Dave	2/11/2012	2012 Grip Championships

USAWA Record List

DEADLIFT, FULTON DUMBBELL, RIGHT	55	M	120	110	Ciavattone, Frank	8/14/2011	2011 NE Record Breaker
DEADLIFT, FULTON DUMBBELL, RIGHT	60	M	75	130	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, FULTON DUMBBELL, RIGHT	60	M	80	170	DeForest, Dave	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, FULTON DUMBBELL, RIGHT	60	M	90	113	DeForest, Dave	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	60	M	105	190	Raymond, Mark	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	60	M	110	140	Lupo. Tony	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON DUMBBELL, RIGHT	60	M	115	125	Larson, Nils	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	65	M	80	58	McKean, John	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, FULTON DUMBBELL, RIGHT	65	M	85	126	DeForest, Dave	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, FULTON DUMBBELL, RIGHT	65	M	95	170	Carter, John	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON DUMBBELL, RIGHT	65	M	110	124	Larson, Nils	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
DEADLIFT, FULTON DUMBBELL, RIGHT	65	M	115	155	Glasgow, Dave	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	65	M	125	200	Ciavattone, Frank	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	65	M	125+	181	Ciavattone, Frank	7/9/2022	RD - Franks Barbell
DEADLIFT, FULTON DUMBBELL, RIGHT	70	M	65	88	Pensyl, Barry	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, FULTON DUMBBELL, RIGHT	70	M	85	100	Caron, Joseph	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	70	M	90	105	Habecker, Denny	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	70	M	105	155	Myers, LaVerne	3/31/2019	POSTAL (2019) - Q1
DEADLIFT, FULTON DUMBBELL, RIGHT	70	M	110	185	Myers, LaVerne	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	70	M	115	187	Myers, LaVerne	10/25/2014	IAWA GOLD CUP (2014) - Burton on Trent, UK
DEADLIFT, FULTON DUMBBELL, RIGHT	75	M	85	125	Habecker, Denny	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	75	M	90	123	Habecker, Denny	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, FULTON DUMBBELL, RIGHT	75	M	100	115	Bletscher, Rudy	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	75	M	105	170	Myers, LaVerne	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	75	M	115	75	Ross, Dean	3/31/2019	POSTAL (2019) - Q1
DEADLIFT, FULTON DUMBBELL, RIGHT	80	M	85	110	Habecker, Denny	8/2/2024	2025 Presidential Cup - Lebanon Valley, PA
DEADLIFT, FULTON DUMBBELL, RIGHT	80	M	100	160	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, FULTON DUMBBELL, RIGHT	85	M	80	60	Montini, Art	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, FULTON DUMBBELL, RIGHT	85	M	100	95	Clark, Bill	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	90	M	90	65	Clark, Bill	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	65	110	O'Neil-Butters, Maverick	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	70	120	Schimpf, Christian	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	75	130	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	80	200	Patterson, Tony	3/4/2017	2017 Iceberg Open RD
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	85	125	Habecker, Denny	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	90	170	Strangeway, John	12/8/2018	RD - Lift for Leroy '18
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	95	170	Carter, John	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	100	185	Edwards, Ben	8/28/2011	RD - Dino Days (2011)
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	105	190	Raymond, Mark	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	110	205	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	115	195	Ullom, Chad	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	120	175	Lucas, Zach	2/11/2017	2017 Grip Championships

USAWA Record List

DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	125	200	Ciavattone, Frank	2/25/2023	New England Grip Classic (2023)
DEADLIFT, FULTON DUMBBELL, RIGHT	ALL	M	125+	192	Tully, Scott	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	NAT	M	65	88	Pensyl, Barry	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, FULTON DUMBBELL, RIGHT	NAT	M	90	132	Habecker, Aidan	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, FULTON DUMBBELL, RIGHT	NAT	M	125+	172	Ciavattone, Frank	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, FULTON DUMBBELLS	50	F	50	130	Jackson, RJ	2/8/2014	2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	ALL	F	50	130	Jackson, RJ	2/8/2014	2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	40	M	95	320	Strangeway, John	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, FULTON DUMBBELLS	40	M	115	290	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, FULTON DUMBBELLS	40	M	120	310	Myers, Al	11/22/2009	RD- Clarks Gym '09
DEADLIFT, FULTON DUMBBELLS	45	M	125+	230	Van Vleck, Thom	11/22/2009	RD- Clarks Gym '09
DEADLIFT, FULTON DUMBBELLS	50	M	100	205	Gupta, Sanjiv	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
DEADLIFT, FULTON DUMBBELLS	50	M	115	232	Poore, Clint	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, FULTON DUMBBELLS	55	M	105	320	Myers, Al	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, FULTON DUMBBELLS	60	M	80	270	DeForest, Dave	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, FULTON DUMBBELLS	60	M	120	290	Glasgow, Dave	2/8/2014	2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	65	M	80	116	McKean, John	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, FULTON DUMBBELLS	65	M	115	280	Myers, LaVerne	2/8/2014	2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	70	M	90	130	Murdock, Mike	2/8/2014	2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	70	M	125	210	Ross, Dean	2/8/2014	2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	75	M	100	250	Myers, LaVerne	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, FULTON DUMBBELLS	85	M	80	120	Montini, Art	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, FULTON DUMBBELLS	90	M	90	130	Clark, Bill	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
DEADLIFT, FULTON DUMBBELLS	ALL	M	80	270	DeForest, Dave	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, FULTON DUMBBELLS	ALL	M	85	290	Wagman, Dan	2/8/2014	2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	ALL	M	90	130	Murdock, Mike	2/8/2014	2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	ALL	M	95	320	Strangeway, John	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, FULTON DUMBBELLS	ALL	M	100	320	Edwards, Ben	8/28/2011	RD - Dino Days (2011)
DEADLIFT, FULTON DUMBBELLS	ALL	M	105	320	Myers, Al	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, FULTON DUMBBELLS	ALL	M	115	290	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, FULTON DUMBBELLS	ALL	M	120	310	Myers, Al	11/22/2009	RD- Clarks Gym '09
DEADLIFT, FULTON DUMBBELLS	ALL	M	125	210	Ross, Dean	2/8/2014	2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	ALL	M	125+	322	Tully, Scott	2/8/2014	2014 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	13	F	45	83	Czira, Jessie	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	13	F	50	80	Todd, Phoebe	3/31/2021	POSTAL (2021) - Q1
DEADLIFT, FULTON, CIAVATTONE GRIP	13	F	55	85	Todd, Phoebe	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	13	F	65	145	Jaeschke, Sara	12/1/2002	2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	13	F	75	151	Myers, Molly	8/12/2012	RD - Dino Days (2012)
DEADLIFT, FULTON, CIAVATTONE GRIP	14	F	65	145	Jaeschke, Sara	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	14	F	70	154	Jaeschke, Sara	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	14	F	75	148	Fritz, Misty	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	14	F	40	75	Gupta, Nisha	7/27/2024	Buffville Road to the Century Club #5

USAWA Record List

DEADLIFT, FULTON, CIAVATTONE GRIP	16	F	40	93	Gupta, Nisha	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
DEADLIFT, FULTON, CIAVATTONE GRIP	16	F	65	145	Hartman, Lindsey	12/1/2002	2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	16	F	70	223	Paul, Andrea	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	18	F	50	143	Hall, Lisa	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	40	F	65	140	Brooner-Lakowsky, Tressa	9/16/2001	2001 Supergrip Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP	40	F	70	190	Skwarecki, Beth	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	40	F	90	173	Todd, Stacy	2/17/2024	2024 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	40	F	125+	215	McConnaughey, Mary	10/19/2002	2002 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	45	F	125+	193	McConnaughey, Mary	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	50	F	50	135	Jackson, RJ	2/9/2013	2013 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	50	F	60	91	Wade, Montia	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	50	F	100	160	Sees, Susan	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	55	F	60	153	VanWagner, Kim	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
DEADLIFT, FULTON, CIAVATTONE GRIP	55	F	75	125	DeRoller, Chris	3/31/2021	POSTAL (2021) - Q1
DEADLIFT, FULTON, CIAVATTONE GRIP	55	F	90	125	Lupo, Allison	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
DEADLIFT, FULTON, CIAVATTONE GRIP	55	F	100	185	Gore, Lisa	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
DEADLIFT, FULTON, CIAVATTONE GRIP	60	F	55	77	Phumchaona, Noi	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	60	F	60	124	LaRosa, Marian	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	60	F	85	120	Thompson, Janet	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, FULTON, CIAVATTONE GRIP	65	F	55	121	Anderson, Carolyn	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	65	F	75	155	Thompson, Janet	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	40	93	Gupta, Nisha	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	45	83	Czira, Jessie	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	50	143	Hall, Lisa	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	55	121	Anderson, Carolyn	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	60	153	VanWagner, Kim	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	65	145	Hartman, Lindsey	12/1/2002	2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	70	223	Paul, Andrea	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	75	155	Thompson, Janet	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	80	143	Schneck, Morgan	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	85	120	Thompson, Janet	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	90	220	Abele, Jessica	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	100	185	Gore, Lisa	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	105	165	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	110	170	Collins, Cara	12/1/2002	2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	125+	215	McConnaughey, Mary	10/19/2002	2002 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	NAT	F	55	85	Todd, Phoebe	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	NAT	F	70	190	Skwarecki, Beth	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	13	M	35	85	Wenzel, Logan	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
DEADLIFT, FULTON, CIAVATTONE GRIP	13	M	40	82	Whetstone, Alex	7/19/2014	2014 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	13	M	45	80	Ciavattone, Joe Jr.	12/1/2002	2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	13	M	60	182	Kressly, Draven	7/19/2014	2014 Club Championships

USAWA Record List

DEADLIFT, FULTON, CIAVATTONE GRIP	13	M	80	160	Beck, Steve	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	13	M	95	238	Patrick, Kevin	4/30/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	70	260	Jaeschke, Jon	12/1/2002	2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	75	195	Goodner, Dexter	10/19/2002	2002 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	80	237	Patrick, Dan	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	85	210	Beck, Steve	4/30/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	90	185	DeWitt, Bryce	12/1/2002	2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	100	231	Blockston, Jon	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	105	255	Becklun, John	4/30/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	120	235	Fulton, Brandon	5/20/2000	2000 Super Grip Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	55	200	Achenbach, Justin	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	65	210	Achenbach, Kyle	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	70	270	Jaeschke, Jon	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	75	259	Jaeschke, Jon	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	80	275	Jaeschke, Chris	10/19/2002	2002 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	85	280	Jaeschke, Chris	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	90	256	Patrick, Dan	4/30/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	95	231	Blockston, Jon	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	100	292	Patrick, John	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	105	307	Patrick, John	4/30/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	18	M	60	220	Achenbach, Justin	4/30/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	18	M	70	235	Achenbach, Kyle	4/30/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	18	M	75	225	Demille, Cale	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	18	M	85	325	Kucera, Matt	9/16/2001	2001 Supergrip Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP	18	M	100	265	Kucera, Elijah	5/20/2000	2000 Super Grip Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	70	185	Monk, John	4/30/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	75	301	Hirsh, Bob	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	80	315	Smith, Abe	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	85	320	Smith, Abe	6/30/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	90	236	Jones, Dan	4/20/2024	New England Grip Classic (2024)
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	95	305	Fulton, Doug	5/20/2000	2000 Super Grip Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	100	300	Strangeway, John	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	105	295	McBride, Mike	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	110	325	Edwards, Ben	12/7/2019	RD - Lift for Leroy '19
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	115	342	Ullom, Chad	7/19/2014	2014 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	120	355	Fulton, Kevin	9/16/2001	2001 Supergrip Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	125	330	Fulton, Kevin	12/1/2002	2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	125+	331	Mitchell, Mark	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	80	270	Hirsh, Bob	10/12/2003	2003 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	90	298	Smith, Randy	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	100	293	English, Robert	11/11/1998	98 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	105	335	Ullom, Chad	3/31/2021	POSTAL (2021) - Q1

USAWA Record List

DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	110	327	Myers, Al	7/19/2014	2014 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	115	352	Myers, Al	11/19/2011	2011 Worlds - Perth
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	120	320	Newton, Rick	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	125	305	Burtzloff, Bob	10/19/2002	2002 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	125+	330	Bunch, Dan	2/9/2013	2013 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	75	211	McKean, John	11/11/1998	98 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	85	280	Wagman, Dan	2/9/2013	2013 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	90	298	Smith, Randy	4/30/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	95	260	Gupta, Sanjiv	6/30/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	100	353	Schock, Ed	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	105	327	Hadley, Patrick	11/9/2024	Goerner Deadlift Dozen Plus One RD
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	110	335	Myers, al	3/31/2021	POSTAL (2021) - Q1
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	115	301	Raymond, Mark	7/22/2017	2017 NE Cup RD
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	120	308	Schmidt, Scott	4/30/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	125	240	Schmidt, Scott	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	125+	330	Mitchell, Mark	2/12/2011	2011 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M	75	201	Marchand, Wade	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M	90	264	Bryan, Barry	12/31/2015	POSTAL (2015) - Q4
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M	95	260	Garcia, Joe	10/24/2010	2010 Clark's Record Day
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M	100	220	Sisk, Ron	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M	105	300	Myers, Al	12/11/2021	RD - Lift for Leroy '21
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M	110	230	Lupo, Tony	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M	115	275	Glasgow, Dave	2/12/2011	2011 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M	120	176	Foster, Lance	2/11/2023	GRIP CHAMPIONSHIPS
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M	125+	253	Payne, Jason	2/17/2024	2024 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M	80	205	DeForest, Dave	6/30/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M	85	251	Habecker, Denny	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M	90	253	Bryan, Barry	3/31/2021	POSTAL (2021) - Q1
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M	95	272	Traub, Larry	7/19/2014	2014 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M	100	270	Carter, John	3/31/2021	POSTAL (2021) - Q1
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M	115	304	Glasgow, Dave	7/19/2014	2014 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M	120	276	Glasgow, Dave	1/17/2015	Dino Gym Challenge (2015)
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M	125+	242	Fulton, Kevin	2/11/2023	GRIP CHAMPIONSHIPS
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M	65	150	Gilsdorf, Robert	3/31/2021	POSTAL (2021) - Q1
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M	75	175	McKean, John	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M	80	200	McKean, John	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M	85	225	Carter, John	6/30/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M	90	280	Smith, Randy	6/29/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M	100	254	Bletscher, Rudy	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M	105	254	Bletscher, Rudy	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M	110	225	Licini, Jerome	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M	115	300	Myers, LaVerne	2/9/2013	2013 Grip Championships

USAWA Record List

DEADLIFT, FULTON, CIAVATTONE GRIP	65	M	125+	325	Ciavattone, Frank	4/20/2024	New England Grip Classic (2024)
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M	70	165	Pensyl, Barry	3/31/2021	POSTAL (2021) - Q1
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M	75	182	Mitchell, Dennis	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M	80	230	Emslie, David	11/8/2014	2014 Clarks RD
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M	85	200	Montini, Art	11/17/1999	99 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M	90	268	Smith, Randy	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M	95	180	Murdock, Mike	2/9/2013	2013 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M	105	201	Murdock, Mike	8/12/2012	RD - Dino Days (2012)
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M	110	282	Myers, LaVerne	7/23/2016	2016 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M	115	275	Myers, LaVerne	12/31/2015	POSTAL (2015) - Q4
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M	120	243	Glasgow, Dave	2/17/2024	2024 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M	125	230	Ross, Dean	2/9/2013	2013 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	75	M	70	154	Mitchell, Dennis	11/19/2011	2011 Worlds - Perth
DEADLIFT, FULTON, CIAVATTONE GRIP	75	M	75	171	Cox, Bob	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	75	M	80	165	Cox, Bob	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	75	M	85	209	Habecker, Denny	11/3/2019	IAWA GOLD CUP (2019) - Perth, AU
DEADLIFT, FULTON, CIAVATTONE GRIP	75	M	90	220	Habecker, Denny	3/31/2021	POSTAL (2021) - Q1
DEADLIFT, FULTON, CIAVATTONE GRIP	75	M	100	263	Myers, LaVerne	2/17/2024	2024 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	75	M	105	270	Myers, LaVerne	3/31/2021	POSTAL (2021) - Q1
DEADLIFT, FULTON, CIAVATTONE GRIP	75	M	110	160	Ross, Dean	2/10/2019	2019 USAWA Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	80	M	75	154	Cox, Bob	8/31/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	80	M	80	203	Habecker, Denny	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
DEADLIFT, FULTON, CIAVATTONE GRIP	80	M	85	210	Habecker, Denny	6/30/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, FULTON, CIAVATTONE GRIP	80	M	90	170	Montini, Art	11/19/2011	2011 Worlds - Perth
DEADLIFT, FULTON, CIAVATTONE GRIP	80	M	95	204	Prechtel, Howard	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	85	M	75	132	Montini, Art	8/5/2017	PRESIDENTIAL CUP (2017)
DEADLIFT, FULTON, CIAVATTONE GRIP	85	M	80	165	Montini, Art	10/12/2013	2013 Arts Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	85	M	95	170	Clark, Bill	3/31/2021	POSTAL (2021) - Q1
DEADLIFT, FULTON, CIAVATTONE GRIP	90	M	90	150	Clark, Bill	4/27/2024	Diamond Jubilee (2024), Columbia, MO
DEADLIFT, FULTON, CIAVATTONE GRIP	90	M	95	125	Clark, Bill	5/14/2023	Diamond Jubilee (2023), Columbia, MO
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	35	85	Wenzel, Logan	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	60	220	Achenbach, Justin	4/30/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	65	210	Achenbach, Kyle	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	70	270	Jaeschke, Jon	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	75	301	Hirsh, Bob	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	80	315	Smith, Abe	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	85	325	Kucera, Matt	9/16/2001	2001 Supergrip Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	90	310	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	95	360	Goetsch, Troy	2/9/2013	2013 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	100	353	Schock, Ed	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	105	335	Ullom, Chad	3/31/2021	POSTAL (2021) - Q1
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	110	382	Ciavattone, Jeff	12/1/2012	RD -New England 2013

USAWA Record List

DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	115	352	Myers, Al	11/19/2011	2011 Worlds - Perth
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	120	455	Graham, Matt	10/19/2002	2002 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	125	540	Graham, Matt	9/16/2001	2001 Supergrip Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M	125+	358	Tully, Scott	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, FULTON, CIAVATTONE GRIP	NAT	M	40	45	Todd, Leroy	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	NAT	M	80	315	Smith, Abe	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	NAT	M	85	320	Smith, Abe	6/30/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, FULTON, CIAVATTONE GRIP	NAT	M	90	270	Smith, Randy	6/30/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, FULTON, CIAVATTONE GRIP	NAT	M	95	260	Gupta, Sanjiv	6/30/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, FULTON, CIAVATTONE GRIP	NAT	M	100	300	Strangeway, John	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	NAT	M	105	295	McBride, Mike	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	NAT	M	110	210	Lupo, Tony	6/30/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, FULTON, CIAVATTONE GRIP	NAT	M	115	230	Todd, Eric	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	NAT	M	120	220	Todd, Chris	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, FULTON, CIAVATTONE GRIP	NAT	M	125+	270	Marlin, Philip	6/30/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, FULTON, LEFT	16	F	65	80	Hartman, Lindsey	12/1/2002	2002 Postal
DEADLIFT, FULTON, LEFT	50	F	50	68	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, FULTON, LEFT	55	F	90	60	Lupo, Allison	6/9/2024	RD - Stars of Tomorrow on parade
DEADLIFT, FULTON, LEFT	ALL	F	50	68	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, FULTON, LEFT	ALL	F	65	80	Hartman, Lindsey	12/1/2002	2002 Postal
DEADLIFT, FULTON, LEFT	ALL	F	90	60	Lupo, Allison	6/9/2024	RD - Stars of Tomorrow on parade
DEADLIFT, FULTON, LEFT	ALL	F	95	78	Collins, Cara	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, FULTON, LEFT	13	M	45	44	Ciavattone, Frank III	10/9/2004	Fulton Apprec Meet
DEADLIFT, FULTON, LEFT	13	M	55	43	Ciavattone, Frank III	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, FULTON, LEFT	13	M	105	120	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON, LEFT	14	M	70	140	Jaeschke, Jon	12/1/2002	2002 Postal
DEADLIFT, FULTON, LEFT	14	M	75	165	Kucera, Matt	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON, LEFT	16	M	60	95	Wenzel, Spencer	4/14/2024	Record Day- Clark's Gym 1
DEADLIFT, FULTON, LEFT	16	M	90	134	Ciavattone, Jeff	8/3/1997	97 New England Champ.
DEADLIFT, FULTON, LEFT	40	M	75	150	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, FULTON, LEFT	40	M	90	160	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FULTON, LEFT	40	M	95	157	Garcia, Joe	11/6/1994	RD - Columbia, MO '94
DEADLIFT, FULTON, LEFT	40	M	105	147	Garcia, Joe	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FULTON, LEFT	40	M	115	165	Myers, Al	2/14/2010	RD - Dino Gym (2010)
DEADLIFT, FULTON, LEFT	40	M	120	165	Myers, Al	7/18/2010	Ledaig Record Day
DEADLIFT, FULTON, LEFT	40	M	125	187	Ciavattone, Frank	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, FULTON, LEFT	40	M	125+	180	Barnhart, Darren	7/18/2010	Ledaig Record Day
DEADLIFT, FULTON, LEFT	45	M	85	150	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
DEADLIFT, FULTON, LEFT	45	M	95	115	Fobes, Jarrod	4/7/2024	Bench press Heptathlon
DEADLIFT, FULTON, LEFT	45	M	100	165	Boyden, David	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, FULTON, LEFT	45	M	105	171	Myers, Al	8/22/2015	PRESIDENTIAL CUP (2015)
DEADLIFT, FULTON, LEFT	45	M	110	165	Ullom, Chad	2/9/2019	2019 USAWA Grip Championships

USAWA Record List

DEADLIFT, FULTON, LEFT	45	M	115	154	Myers, Al	8/25/2012	PRESIDENTIAL CUP (2012)
DEADLIFT, FULTON, LEFT	45	M	120	140	Schmidt, Scott	10/13/2002	2002 Art's Birthday Bash
DEADLIFT, FULTON, LEFT	45	M	125	209	Ciavattone, Frank	10/9/2004	Fulton Apprec Meet
DEADLIFT, FULTON, LEFT	50	M	85	120	Friesz, Dale	10/24/1993	Schmidt's Backbreaker Pentathlon (1993)
DEADLIFT, FULTON, LEFT	50	M	90	137	Caron, Joe	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, FULTON, LEFT	50	M	100	113	Gupta, Sanjiv	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO - RD
DEADLIFT, FULTON, LEFT	50	M	105	190	Garcia, Joe	6/30/2004	Clarks-W.A. Postal 2004
DEADLIFT, FULTON, LEFT	50	M	110	152	Raymond, Mark	8/15/2016	2016 Frank's BBC RD
DEADLIFT, FULTON, LEFT	50	M	115	135	Geib, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, FULTON, LEFT	50	M	120	210	Ciavattone, Frank	3/13/2005	2005 Frank Gancarz Open
DEADLIFT, FULTON, LEFT	50	M	125+	150	McCoy, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, FULTON, LEFT	55	M	75	99	Marchand, Wade	12/31/2024	2024 New Year's Eve RD - Walpole, MA
DEADLIFT, FULTON, LEFT	55	M	80	117	Friesz, Dale	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, FULTON, LEFT	55	M	85	116	DiCiccio, Bill	10/11/1998	98 Art's Birthday Bash
DEADLIFT, FULTON, LEFT	55	M	100	120	Frappier, Chris	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
DEADLIFT, FULTON, LEFT	55	M	105	170	Myers, Al	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, FULTON, LEFT	55	M	110	110	Lupo, Tony	6/9/2024	RD - Stars of Tomorrow on parade
DEADLIFT, FULTON, LEFT	55	M	125	122	Geib, Bob	2/27/1999	99 Buckeye Record Breaker
DEADLIFT, FULTON, LEFT	55	M	125+	166	Ciavattone, Frank	3/15/2014	2014 Franks BBC RB
DEADLIFT, FULTON, LEFT	60	M	80	101	DeForest, Dave	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, FULTON, LEFT	60	M	100	178	Garcia, Joe	11/8/2014	2014 Clarks RD
DEADLIFT, FULTON, LEFT	60	M	105	145	Raymond, Mark	4/30/2023	2023 Norfolk County Record Day
DEADLIFT, FULTON, LEFT	60	M	115	117	Clark, Bill	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FULTON, LEFT	65	M	80	105	Montini, Art	7/25/1993	RD - Ambridge
DEADLIFT, FULTON, LEFT	65	M	90	125	Smith, Randy	8/21/2022	CLARK'S BIRTHDAY WEEKEND
DEADLIFT, FULTON, LEFT	65	M	95	160	Carter, John	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON, LEFT	65	M	110	80	Puzin, Carl	4/30/2023	2023 Norfolk County Record Day
DEADLIFT, FULTON, LEFT	65	M	115	141	Myers, LaVerne	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, FULTON, LEFT	65	M	125	154	Ciavattone, Frank	12/31/2023	2023 New Years Eve Record Breaker
DEADLIFT, FULTON, LEFT	65	M	125+	132	Ciavattone, Frank	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
DEADLIFT, FULTON, LEFT	70	M	80	110	Emslie, David	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
DEADLIFT, FULTON, LEFT	70	M	85	117	Monahan, Rex	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FULTON, LEFT	70	M	90	115	Monahan, Rex	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, FULTON, LEFT	70	M	105	170	Myers, LaVerne	1/19/2019	Dino Gym Challenge (2019)
DEADLIFT, FULTON, LEFT	70	M	110	175	Myers, LaVerne	2/10/2018	2018 Grip Championships
DEADLIFT, FULTON, LEFT	70	M	120	80	Ross, Dean	12/20/2015	2015 John's RD
DEADLIFT, FULTON, LEFT	70	M	125	93	Geib, Bob	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
DEADLIFT, FULTON, LEFT	75	M	85	93	Montini, Art	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, FULTON, LEFT	75	M	90	100	Habecker, Denny	2/10/2019	2019 USAWA Grip Championships
DEADLIFT, FULTON, LEFT	75	M	105	160	Myers, LaVerne	2/19/2022	Grip Championships
DEADLIFT, FULTON, LEFT	75	M	110	117	Lano, Jack	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, FULTON, LEFT	75	M	115	92	Ross, Dean	7/15/2018	2018 Club Championships

USAWA Record List

DEADLIFT, FULTON, LEFT	80	M	85	77	Habecker, Denny	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
DEADLIFT, FULTON, LEFT	80	M	105	90	Clark, Bill	10/10/2016	2016 Clark's Double Decathlon
DEADLIFT, FULTON, LEFT	85	M	80	77	Montini, Art	10/12/2013	2013 Arts Birthday Bash
DEADLIFT, FULTON, LEFT	90	M	90	45	Clark, Bill	4/14/2024	Record Day- Clark's Gym 1
DEADLIFT, FULTON, LEFT	90	M	95	70	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, FULTON, LEFT	ALL	M	60	95	Wenzel, Spencer	4/14/2024	Record Day- Clark's Gym 1
DEADLIFT, FULTON, LEFT	ALL	M	70	146	Rodgers, Dennis	11/7/1992	92 New Englands Strongest
DEADLIFT, FULTON, LEFT	ALL	M	75	165	Kucera, Matt	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON, LEFT	ALL	M	80	121	Barten, Casey	2/15/2009	RD - Dino Gym (2009)
DEADLIFT, FULTON, LEFT	ALL	M	85	150	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
DEADLIFT, FULTON, LEFT	ALL	M	90	160	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FULTON, LEFT	ALL	M	95	160	Carter, John	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON, LEFT	ALL	M	100	178	Garcia, Joe	11/8/2014	2014 Clarks RD
DEADLIFT, FULTON, LEFT	ALL	M	105	190	Garcia, Joe	6/30/2004	Clarks-W.A. Postal 2004
DEADLIFT, FULTON, LEFT	ALL	M	110	175	Myers, LaVerne	2/10/2018	2018 Grip Championships
DEADLIFT, FULTON, LEFT	ALL	M	115	165	Myers, Al	2/14/2010	RD - Dino Gym (2010)
DEADLIFT, FULTON, LEFT	ALL	M	120	210	Ciavattone, Frank	3/13/2005	2005 Frank Gancarz Open
DEADLIFT, FULTON, LEFT	ALL	M	125	209	Ciavattone, Frank	10/9/2004	Fulton Apprec Meet
DEADLIFT, FULTON, LEFT	ALL	M	125+	180	Barnhart, Darren	7/18/2010	Ledaig Record Day
DEADLIFT, FULTON, RIGHT	13	F	65	80	Jaeschke, Sara	12/1/2002	2002 Postal
DEADLIFT, FULTON, RIGHT	50	F	50	68	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, FULTON, RIGHT	55	F	65	75	Brooner-Lakowsky, Tressa	2/10/2018	2018 Grip Championships
DEADLIFT, FULTON, RIGHT	55	F	90	60	Lupo, Allison	6/9/2024	RD - Stars of Tomorrow on parade
DEADLIFT, FULTON, RIGHT	55	F	125+	90	McConnaughey, Mary	2/10/2018	2018 Grip Championships
DEADLIFT, FULTON, RIGHT	ALL	F	50	68	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, FULTON, RIGHT	ALL	F	65	80	Jaeschke, Sara	12/1/2002	2002 Postal
DEADLIFT, FULTON, RIGHT	ALL	F	70	92	Burchett, Emily	7/15/2018	2018 Club Championships
DEADLIFT, FULTON, RIGHT	ALL	F	75	102	Clark, Kerry	11/6/1994	RD - Columbia, MO '94
DEADLIFT, FULTON, RIGHT	ALL	F	85	80	Janzen, Kaela	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FULTON, RIGHT	ALL	F	90	102	Clasen, Marsha	7/15/2018	2018 Club Championships
DEADLIFT, FULTON, RIGHT	ALL	F	95	93	Collins, Cara	3/9/2002	2002 Frank Gancarz Mem
DEADLIFT, FULTON, RIGHT	ALL	F	110	81	Collins, Cara	12/1/2002	2002 Postal
DEADLIFT, FULTON, RIGHT	ALL	F	115	92	Channel, Jamie	7/15/2018	2018 Club Championships
DEADLIFT, FULTON, RIGHT	ALL	F	125+	90	McConnaughey, Mary	2/10/2018	2018 Grip Championships
DEADLIFT, FULTON, RIGHT	13	M	35	34	O'Brien, Marc	8/3/1997	97 New England Champ.
DEADLIFT, FULTON, RIGHT	13	M	45	37	Ciavattone, Frank III	10/9/2004	Fulton Apprec Meet
DEADLIFT, FULTON, RIGHT	13	M	55	43	Ciavattone, Frank III	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, FULTON, RIGHT	13	M	60	55	Habecker, Aidan	12/28/2016	Record Day- Lebanon, PA Valley
DEADLIFT, FULTON, RIGHT	13	M	105	120	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON, RIGHT	14	M	75	150	Kucera, Matt	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON, RIGHT	14	M	90	90	DeWitt, Bryce	12/1/2002	2002 Postal
DEADLIFT, FULTON, RIGHT	14	M	120	130	Fulton, Brandon	5/20/2000	2000 Super Grip Challenge

USAWA Record List

DEADLIFT, FULTON, RIGHT	16	M	55	84	Geib, Adam	2/27/1999	99 Buckeye Record Breaker
DEADLIFT, FULTON, RIGHT	16	M	60	95	Wenzel, Spencer	4/14/2024	Record Day- Clark's Gym 1
DEADLIFT, FULTON, RIGHT	16	M	65	101	O'Brien, Marc	12/1/2002	2002 Postal
DEADLIFT, FULTON, RIGHT	16	M	70	122	Heit, Calvin	7/15/2018	2018 Club Championships
DEADLIFT, FULTON, RIGHT	16	M	75	120	Heit, Calvin	1/19/2019	Dino Gym Challenge (2019)
DEADLIFT, FULTON, RIGHT	16	M	80	151	Janzen, Cole	2/10/2018	2018 Grip Championships
DEADLIFT, FULTON, RIGHT	16	M	85	155	Janzen, Cole	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FULTON, RIGHT	16	M	90	158	Ciavattone, Jeff	8/3/1997	97 New England Champ.
DEADLIFT, FULTON, RIGHT	16	M	105	150	Kucera, Elijah	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON, RIGHT	16	M	125+	130	Payne, Jared	2/10/2018	2018 Grip Championships
DEADLIFT, FULTON, RIGHT	18	M	90	114	Murphy, Mike	8/3/1997	97 New England Champ.
DEADLIFT, FULTON, RIGHT	18	M	100	130	Kucera, Elijah	5/20/2000	2000 Super Grip Challenge
DEADLIFT, FULTON, RIGHT	40	M	70	120	McKean, John	7/25/1993	RD - Ambridge
DEADLIFT, FULTON, RIGHT	40	M	75	135	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, FULTON, RIGHT	40	M	80	155	Hirsh, Bob	10/11/1998	98 Art's Birthday Bash
DEADLIFT, FULTON, RIGHT	40	M	85	155	Montini, Paul	7/25/1993	RD - Ambridge
DEADLIFT, FULTON, RIGHT	40	M	90	185	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FULTON, RIGHT	40	M	95	165	Fulton, Doug	5/20/2000	2000 Super Grip Challenge
DEADLIFT, FULTON, RIGHT	40	M	100	160	Edwards, Ben	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FULTON, RIGHT	40	M	105	160	Edwards, Ben	2/10/2018	2018 Grip Championships
DEADLIFT, FULTON, RIGHT	40	M	115	175	Myers, Al	2/14/2010	RD - Dino Gym (2010)
DEADLIFT, FULTON, RIGHT	40	M	120	166	Ullom, Chad	2/14/2015	2015 Grip Championships
DEADLIFT, FULTON, RIGHT	40	M	125	185	Fulton, Kevin	5/20/2000	2000 Super Grip Challenge
DEADLIFT, FULTON, RIGHT	40	M	125+	180	Tully, Scott	2/10/2018	2018 Grip Championships
DEADLIFT, FULTON, RIGHT	45	M	85	140	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
DEADLIFT, FULTON, RIGHT	45	M	95	125	Fobes, Jarrod	4/7/2024	Bench press Heptathlon
DEADLIFT, FULTON, RIGHT	45	M	100	165	Boyden, David	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, FULTON, RIGHT	45	M	105	171	Myers, Al	8/22/2015	PRESIDENTIAL CUP (2015)
DEADLIFT, FULTON, RIGHT	45	M	110	176	Ullom, Chad	2/10/2018	2018 Grip Championships
DEADLIFT, FULTON, RIGHT	45	M	115	176	Myers, Al	8/25/2012	PRESIDENTIAL CUP (2012)
DEADLIFT, FULTON, RIGHT	45	M	120	140	Schmidt, Scott	10/13/2002	2002 Art's Birthday Bash
DEADLIFT, FULTON, RIGHT	45	M	125	147	Grieshaber, Joey	7/15/2018	2018 Club Championships
DEADLIFT, FULTON, RIGHT	45	M	125+	121	Foster, Lance	2/14/2015	2015 Grip Championships
DEADLIFT, FULTON, RIGHT	50	M	80	190	Patterson, Tony	8/15/2016	2016 Frank's BBC Rd
DEADLIFT, FULTON, RIGHT	50	M	85	130	Friesz, Dale	10/24/1993	Schmidt's Backbreaker Pentathlon (1993)
DEADLIFT, FULTON, RIGHT	50	M	90	132	Bryan, Barry	8/25/2012	PRESIDENTIAL CUP (2012)
DEADLIFT, FULTON, RIGHT	50	M	100	108	Gupta, Sanjiv	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO - RD
DEADLIFT, FULTON, RIGHT	50	M	105	180	Myers, Al	2/11/2017	2017 Grip Championships
DEADLIFT, FULTON, RIGHT	50	M	110	182	Myers, Al	1/19/2019	Dino Gym Challenge (2019)
DEADLIFT, FULTON, RIGHT	50	M	125+	170	McCoy, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, FULTON, RIGHT	55	M	75	99	Marchand, Wade	12/31/2024	2024 New Year's Eve RD - Walpole, MA
DEADLIFT, FULTON, RIGHT	55	M	80	117	Friesz, Dale	6/15/1997	NATIONALS (1997) - Columbia, MO

USAWA Record List

DEADLIFT, FULTON, RIGHT	55	M	85	116	DiCiccio, Bill	10/11/1998	98 Art's Birthday Bash
DEADLIFT, FULTON, RIGHT	55	M	100	125	Frappier, Chris	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
DEADLIFT, FULTON, RIGHT	55	M	105	190	Myers, Al	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, FULTON, RIGHT	55	M	110	110	Lupo, Tony	6/9/2024	RD - Stars of Tomorrow on parade
DEADLIFT, FULTON, RIGHT	55	M	115	148	Myers, Al	11/1/2025	IAWA GOLD CUP (2025) - Derby University, UK
DEADLIFT, FULTON, RIGHT	55	M	125	122	Geib, Bob	2/27/1999	99 Buckeye Record Breaker
DEADLIFT, FULTON, RIGHT	55	M	125+	166	Ciavattone, Frank	3/15/2014	2014 Franks BBC RB
DEADLIFT, FULTON, RIGHT	60	M	80	110	Friesz, Dale	11/18/2000	RD - Columbia, MO '00
DEADLIFT, FULTON, RIGHT	60	M	85	112	Friesz, Dale	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
DEADLIFT, FULTON, RIGHT	60	M	90	100	DeForest, Dave	6/24/2023	NATIONALS (2023) - Columbia, MO
DEADLIFT, FULTON, RIGHT	60	M	105	145	Raymond, Mark	4/30/2023	2023 Norfolk County Record Day
DEADLIFT, FULTON, RIGHT	60	M	115	117	Clark, Bill	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FULTON, RIGHT	60	M	120	143	Glasgow, Dave	2/14/2015	2015 Grip Championships
DEADLIFT, FULTON, RIGHT	60	M	125+	147	Fellows, Bill	11/6/1994	RD - Columbia, MO '94
DEADLIFT, FULTON, RIGHT	65	M	75	139	Friesz, Dale	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, FULTON, RIGHT	65	M	80	120	Montini, Art	7/25/1993	RD - Ambridge
DEADLIFT, FULTON, RIGHT	65	M	85	115	Cox, Bob	7/25/1993	RD - Ambridge
DEADLIFT, FULTON, RIGHT	65	M	90	125	Smith, Randy	8/21/2022	CLARK'S BIRTHDAY WEEKEND
DEADLIFT, FULTON, RIGHT	65	M	95	170	Carter, John	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON, RIGHT	65	M	100	123	Gesbeck, Lee	3/4/2000	2000 Buckeye Record Break
DEADLIFT, FULTON, RIGHT	65	M	110	125	Puzin, Carl	4/30/2023	2023 Norfolk County Record Day
DEADLIFT, FULTON, RIGHT	65	M	115	176	Myers, LaVerne	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
DEADLIFT, FULTON, RIGHT	65	M	125	154	Ciavattone, Frank	12/31/2023	2023 New Years Eve Record Breaker
DEADLIFT, FULTON, RIGHT	65	M	125+	132	Ciavattone, Frank	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
DEADLIFT, FULTON, RIGHT	70	M	80	110	Emslie, David	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
DEADLIFT, FULTON, RIGHT	70	M	85	117	Monahan, Rex	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, FULTON, RIGHT	70	M	90	121	Habecker, Denny	8/6/2016	PRESIDENTIAL CUP (2016)
DEADLIFT, FULTON, RIGHT	70	M	105	170	Myers, LaVerne	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FULTON, RIGHT	70	M	110	182	Myers, LaVerne	2/14/2015	2015 Grip Championships
DEADLIFT, FULTON, RIGHT	70	M	120	113	Ross, Dean	2/14/2015	2015 Grip Championships
DEADLIFT, FULTON, RIGHT	70	M	125	99	Geib, Bob	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
DEADLIFT, FULTON, RIGHT	75	M	85	110	Habecker, Denny	2/10/2018	2018 Grip Championships
DEADLIFT, FULTON, RIGHT	75	M	90	115	Habecker, Denny	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FULTON, RIGHT	75	M	110	117	Lano, Jack	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, FULTON, RIGHT	75	M	115	95	Ross, Dean	1/19/2019	Dino Gym Challenge (2019)
DEADLIFT, FULTON, RIGHT	80	M	100	143	Myers, LaVerne	11/1/2025	IAWA GOLD CUP (2025) - Derby University, UK
DEADLIFT, FULTON, RIGHT	85	M	80	77	Montini, Art	10/12/2013	2013 Arts Birthday Bash
DEADLIFT, FULTON, RIGHT	90	M	95	70	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, FULTON, RIGHT	ALL	M	60	95	Wenzel, Spencer	4/14/2024	Record Day- Clark's Gym 1
DEADLIFT, FULTON, RIGHT	ALL	M	65	101	O'Brien, Marc	12/1/2002	2002 Postal
DEADLIFT, FULTON, RIGHT	ALL	M	70	122	Heit, Calvin	7/15/2018	2018 Club Championships
DEADLIFT, FULTON, RIGHT	ALL	M	75	150	Kucera, Matt	5/23/1999	99 Super Grip Challenge

USAWA Record List

DEADLIFT, FULTON, RIGHT	ALL	M	80	190	Patterson, Tony	8/15/2016	2016 Frank's BBC RD
DEADLIFT, FULTON, RIGHT	ALL	M	85	159	Ellis, Dave	12/30/1996	96 New England Champ.
DEADLIFT, FULTON, RIGHT	ALL	M	90	185	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, FULTON, RIGHT	ALL	M	95	170	Carter, John	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DEADLIFT, FULTON, RIGHT	ALL	M	100	183	Ciavattone, Jeff	10/9/2004	Fulton Apprec Meet
DEADLIFT, FULTON, RIGHT	ALL	M	105	190	Myers, Al	1/21/2023	Dino Gym Challenge (2023)
DEADLIFT, FULTON, RIGHT	ALL	M	110	182	Myers, LaVerne	2/14/2015	2015 Grip Championships
DEADLIFT, FULTON, RIGHT	ALL	M	115	176	Myers, Al	8/25/2012	PRESIDENTIAL CUP (2012)
DEADLIFT, FULTON, RIGHT	ALL	M	120	203	Ciavattone, Jeff	4/16/2016	2016 Frank's RD
DEADLIFT, FULTON, RIGHT	ALL	M	125	185	Fulton, Kevin	5/20/2000	2000 Super Grip Challenge
DEADLIFT, FULTON, RIGHT	ALL	M	125+	180	Tully, Scott	2/10/2018	2018 Grip Championships
DEADLIFT, HEELS TOGETHER	13	F	30	118	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	13	F	35	145	Monk, Elizabeth	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	13	F	45	135	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
DEADLIFT, HEELS TOGETHER	13	F	50	185	Holeman, Kayla	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, HEELS TOGETHER	13	F	55	160	Myers, Molly	2/15/2009	RD - Dino Gym (2009)
DEADLIFT, HEELS TOGETHER	13	F	70	145	Griffis, Kirstie	7/23/2005	Bulldog Record Day
DEADLIFT, HEELS TOGETHER	13	F	75	182	Myers, Molly	8/12/2012	RD - Dino Days (2012)
DEADLIFT, HEELS TOGETHER	14	F	40	85	Gupta, Nisha	6/9/2024	Stars of Tomorrow on parade
DEADLIFT, HEELS TOGETHER	14	F	60	243	Hartman, Lindsey	7/1/2001	2001 Old Settlers Classic
DEADLIFT, HEELS TOGETHER	14	F	65	303	Jaeschke, Sara	6/1/2003	2003 Polish Days
DEADLIFT, HEELS TOGETHER	14	F	70	125	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, HEELS TOGETHER	14	F	75	223	Goodner, Jamie	7/1/2001	2001 Old Settlers Classic
DEADLIFT, HEELS TOGETHER	14	F	80	175	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, HEELS TOGETHER	16	F	40	105	Gupta, Nisha	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, HEELS TOGETHER	16	F	45	75	Gupta, Diya	6/9/2024	Stars of Tomorrow on parade
DEADLIFT, HEELS TOGETHER	16	F	55	243	Drake, Jessica	7/1/2001	2001 Old Settlers Classic
DEADLIFT, HEELS TOGETHER	16	F	60	248	Hartman, Lindsey	6/1/2003	2003 Polish Days
DEADLIFT, HEELS TOGETHER	16	F	65	303	Deaver, Marcy	7/1/2001	2001 Old Settlers Classic
DEADLIFT, HEELS TOGETHER	16	F	75	215	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, HEELS TOGETHER	16	F	115	275	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, HEELS TOGETHER	18	F	50	105	Gupta, Diya	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, HEELS TOGETHER	18	F	60	205	Burks, Amy	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, HEELS TOGETHER	18	F	65	225	McBride, Angela	1/30/1999	ZERCHER STRENGTH CLASSIC (1999)
DEADLIFT, HEELS TOGETHER	40	F	55	204	Hughes, Suree	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, HEELS TOGETHER	40	F	70	210	Hall, Rita	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	40	F	75	315	Ollennuking, Amorkor	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
DEADLIFT, HEELS TOGETHER	40	F	100	90	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
DEADLIFT, HEELS TOGETHER	40	F	125+	265	McConnaughey, Mary	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, HEELS TOGETHER	45	F	50	187	Phumchaona, Noi	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, HEELS TOGETHER	45	F	125+	235	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, HEELS TOGETHER	50	F	50	205	Jackson, RJ	12/1/2012	2012 Gracie Club RD

USAWA Record List

DEADLIFT, HEELS TOGETHER	50	F	55	195	Phumchaona, Noi	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	55	F	75	245	Ollennuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, HEELS TOGETHER	55	F	90	185	Lupo, Allison	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
DEADLIFT, HEELS TOGETHER	60	F	60	145	LaRosa, Marian	11/23/2003	2003 Jump Stretch Record
DEADLIFT, HEELS TOGETHER	60	F	90	145	Lupo, Allison	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
DEADLIFT, HEELS TOGETHER	60	F	105	265	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, HEELS TOGETHER	65	F	45	225	Gedney, Judith	10/1/2005	Macomb Record Setter
DEADLIFT, HEELS TOGETHER	65	F	75	155	Thompson, Janet	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
DEADLIFT, HEELS TOGETHER	65	F	80	155	Thompson, Janet	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
DEADLIFT, HEELS TOGETHER	70	F	65	69	Santangelo, Lori	5/5/2024	RD - Buffville 4
DEADLIFT, HEELS TOGETHER	ALL	F	30	118	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	ALL	F	35	145	Monk, Elizabeth	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	ALL	F	40	105	Gupta, Nisha	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, HEELS TOGETHER	ALL	F	45	225	Gedney, Judith	10/1/2005	Macomb Record Setter
DEADLIFT, HEELS TOGETHER	ALL	F	50	205	Jackson, RJ	12/1/2012	2012 Gracie Club RD
DEADLIFT, HEELS TOGETHER	ALL	F	55	243	Drake, Jessica	7/1/2001	2001 Old Settlers Classic
DEADLIFT, HEELS TOGETHER	ALL	F	60	248	Hartman, Lindsey	6/1/2003	2003 Polish Days
DEADLIFT, HEELS TOGETHER	ALL	F	65	303	Deaver, Marcy	7/1/2001	2001 Old Settlers Classic
DEADLIFT, HEELS TOGETHER	ALL	F	70	310	Barry, Kristen	1/20/2007	Dino Gym Challenge (2007)
DEADLIFT, HEELS TOGETHER	ALL	F	75	350	Ollennuking, Amorkor	2/3/2001	ZERCHER STRENGTH CLASSIC (2001)
DEADLIFT, HEELS TOGETHER	ALL	F	80	355	Ollennuking, Amorkor	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
DEADLIFT, HEELS TOGETHER	ALL	F	90	185	Lupo, Allison	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
DEADLIFT, HEELS TOGETHER	ALL	F	100	90	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
DEADLIFT, HEELS TOGETHER	ALL	F	105	265	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, HEELS TOGETHER	ALL	F	115	275	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, HEELS TOGETHER	ALL	F	125+	265	McConnaughey, Mary	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, HEELS TOGETHER	NAT	F	55	195	Phumchaona, Noi	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	NAT	F	80	225	Clark, Kerry	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	13	M	30	165	Montini, Rocco	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, HEELS TOGETHER	13	M	35	176	Montini, Rocco	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
DEADLIFT, HEELS TOGETHER	13	M	40	150	Schmidt, Jeremiah	12/9/1990	Columbia, MO.
DEADLIFT, HEELS TOGETHER	13	M	45	160	Schmidt, Jeremiah	11/18/1992	Columbia, MO.
DEADLIFT, HEELS TOGETHER	13	M	50	120	Krenzin, Tyler	2/15/2009	RD - Dino Gym (2009)
DEADLIFT, HEELS TOGETHER	13	M	55	198	Myers, Sam	10/1/2005	Macomb Record Setter
DEADLIFT, HEELS TOGETHER	13	M	60	132	Habecker, Aidan	8/6/2016	PRESIDENTIAL CUP (2016)
DEADLIFT, HEELS TOGETHER	13	M	65	231	Vernacchio, S.J.	2/27/1993	Eastern U.S. Chmp.
DEADLIFT, HEELS TOGETHER	13	M	70	243	McKean, Robbie	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, HEELS TOGETHER	13	M	75	303	Achenbach, Justin	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	13	M	80	150	Carter, Jason	12/9/1990	Columbia, MO.
DEADLIFT, HEELS TOGETHER	13	M	85	150	Sauer, Bryan	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	14	M	60	276	Tomsic, Jason	1/12/1991	Collegeville
DEADLIFT, HEELS TOGETHER	14	M	65	275	Monk, Joshua	4/26/2003	2003 Powerzone Challenge

USAWA Record List

DEADLIFT, HEELS TOGETHER	14	M	70	303	Husowitz, Barry	1/12/1991	Collegeville
DEADLIFT, HEELS TOGETHER	14	M	75	325	Howard, Colby	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, HEELS TOGETHER	14	M	80	353	Riley, Ed Jr.	1/12/1991	Collegeville
DEADLIFT, HEELS TOGETHER	14	M	85	315	Beck, Steve	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	14	M	90	446	Riley, Ed Jr.	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, HEELS TOGETHER	14	M	95	275	Calcote, Kyle	1/19/2008	ZERCHER STRENGTH CLASSIC (2008)
DEADLIFT, HEELS TOGETHER	14	M	100	225	Calcote, Kyle	1/20/2007	Dino Gym Challenge (2007)
DEADLIFT, HEELS TOGETHER	14	M	110	300	Bremer, Matt	11/18/1992	Columbia, MO.
DEADLIFT, HEELS TOGETHER	16	M	55	315	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, HEELS TOGETHER	16	M	60	215	Wenzel, Spencer	6/9/2024	Stars of Tomorrow on parade
DEADLIFT, HEELS TOGETHER	16	M	75	280	Demille, Cale	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	16	M	80	200	Quick, Sean	2/5/2000	ZERCHER STRENGTH CLASSIC (2000)
DEADLIFT, HEELS TOGETHER	16	M	90	375	Holcomb, Seth	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, HEELS TOGETHER	16	M	95	400	Heater, Lewis	1/31/2009	ZERCHER STRENGTH CLASSIC (2009)
DEADLIFT, HEELS TOGETHER	16	M	105	425	Reel, Ian	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, HEELS TOGETHER	18	M	60	275	Achenbach, Justin	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	18	M	80	505	Smith, Abe	11/18/2000	RD - Columbia, MO '00
DEADLIFT, HEELS TOGETHER	18	M	95	375	Patterson, Doug	1/20/2007	Dino Gym Challenge (2007)
DEADLIFT, HEELS TOGETHER	40	M	60	419	McKean, John	5/19/1990	All-round Championships (1990) - All-Eastern Open
DEADLIFT, HEELS TOGETHER	40	M	65	400	Holden, Randy Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	40	M	70	420	Waterman, Chris	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	40	M	75	560	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	40	M	80	465	Monk, John	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	40	M	85	440	Smith, Abe	8/21/2022	CLARK'S BIRTHDAY WEEKEND
DEADLIFT, HEELS TOGETHER	40	M	90	375	Burks, Eddie	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, HEELS TOGETHER	40	M	95	445	Hart, James	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, HEELS TOGETHER	40	M	100	408	Wilmot, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, HEELS TOGETHER	40	M	105	520	Carter, John	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
DEADLIFT, HEELS TOGETHER	40	M	110	540	Cookson, Bill	1/20/2007	Dino Gym Challenge (2007)
DEADLIFT, HEELS TOGETHER	40	M	115	575	Myers, Al	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	40	M	120	551	Ullom, Chad	1/17/2015	Dino Gym Challenge (2015)
DEADLIFT, HEELS TOGETHER	40	M	125	525	Fulton, Kevin	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, HEELS TOGETHER	40	M	125+	575	Mitchell, Mark	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
DEADLIFT, HEELS TOGETHER	45	M	60	402	McKean, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, HEELS TOGETHER	45	M	70	452	Hirsh, Bob	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	45	M	75	331	Habecker, Denny	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, HEELS TOGETHER	45	M	80	450	Hirsh, Bob	10/12/2003	2003 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	45	M	85	350	Springs, Al	1/19/1992	ZERCHER STRENGTH CLASSIC (1992)
DEADLIFT, HEELS TOGETHER	45	M	90	375	Eichenberger, Dean	2/4/1996	ZERCHER STRENGTH CLASSIC (1996)
DEADLIFT, HEELS TOGETHER	45	M	95	425	DiCiccio, Bill	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
DEADLIFT, HEELS TOGETHER	45	M	100	450	Sisk, Ron	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	45	M	105	355	Wenzel, Jeff	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)

USAWA Record List

DEADLIFT, HEELS TOGETHER	45	M	110	550	Myers, Al	12/31/2013	2013 National Postal
DEADLIFT, HEELS TOGETHER	45	M	125+	435	Ryan, Tom	2/6/1993	ZERCHER STRENGTH CLASSIC (1993)
DEADLIFT, HEELS TOGETHER	50	M	60	303	Tarlecki, Jim	5/19/1990	All-round Championships (1990) - All-Eastern Open
DEADLIFT, HEELS TOGETHER	50	M	75	335	Habecker, Denny	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	50	M	80	520	Fleischer, Ernie	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, HEELS TOGETHER	50	M	85	425	Caron, Joe	2/4/1996	ZERCHER STRENGTH CLASSIC (1996)
DEADLIFT, HEELS TOGETHER	50	M	90	502	Vernacchio, John	5/19/1990	All-round Championships (1990) - All-Eastern Open
DEADLIFT, HEELS TOGETHER	50	M	95	480	Vernacchio, John	1/20/1990	ZERCHER STRENGTH CLASSIC (1990)
DEADLIFT, HEELS TOGETHER	50	M	100	605	Schock, Ed	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	50	M	105	400	Wenzel, Jeff	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, HEELS TOGETHER	50	M	110	500	Malloy, Jim	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	50	M	115	500	Malloy, Jim	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, HEELS TOGETHER	50	M	125+	455	McCoy, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	55	M	70	303	Quier, Ed	1/12/1991	Collegeville
DEADLIFT, HEELS TOGETHER	55	M	75	340	Friesz, Dale	10/11/1998	98 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	55	M	80	336	Mitchell, Dennis	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, HEELS TOGETHER	55	M	85	365	Friesz, Dale	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, HEELS TOGETHER	55	M	90	441	Vernacchio, John	2/27/1993	Eastern U.S. Chmp.
DEADLIFT, HEELS TOGETHER	55	M	95	400	Wilmot, John	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	55	M	100	315	Garcia, Joe	1/29/2011	ZERCHER STRENGTH CLASSIC (2011)
DEADLIFT, HEELS TOGETHER	55	M	105	400	Wilmot, John	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	55	M	110	415	Clark, Bill	1/19/1992	ZERCHER STRENGTH CLASSIC (1992)
DEADLIFT, HEELS TOGETHER	55	M	115	365	Lupo, Tony	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
DEADLIFT, HEELS TOGETHER	55	M	125+	500	Fellows, Bill	1/20/1990	ZERCHER STRENGTH CLASSIC (1990)
DEADLIFT, HEELS TOGETHER	60	M	75	457	Montini, Art	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, HEELS TOGETHER	60	M	80	457	Montini, Art	1/12/1991	Collegeville
DEADLIFT, HEELS TOGETHER	60	M	85	370	DeForest, Dave	8/21/2022	CLARK'S BIRTHDAY WEEKEND
DEADLIFT, HEELS TOGETHER	60	M	90	375	DeForest, Dave	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, HEELS TOGETHER	60	M	95	325	Habecker, Denny	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	60	M	100	370	Carter, John	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, HEELS TOGETHER	60	M	105	415	Clark, Bill	11/6/1994	RD - Columbia, MO '94
DEADLIFT, HEELS TOGETHER	60	M	110	460	Clark, Bill	2/5/1995	ZERCHER STRENGTH CLASSIC (1995)
DEADLIFT, HEELS TOGETHER	60	M	115	455	Clark, Bill	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	60	M	120	418	Glasgow, Dave	1/17/2015	Dino Gym Challenge (2015)
DEADLIFT, HEELS TOGETHER	60	M	125	300	McCoy, Joe	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, HEELS TOGETHER	60	M	125+	465	Fellows, Bill	11/6/1994	RD - Columbia, MO '94
DEADLIFT, HEELS TOGETHER	65	M	75	224	McKean, John	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	65	M	80	402	Montini, Art	2/26/1994	94 Buckeye Record Breaker
DEADLIFT, HEELS TOGETHER	65	M	85	430	Montini, Art	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	65	M	90	355	Carter, John	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
DEADLIFT, HEELS TOGETHER	65	M	95	265	Skeete, Harrison	5/19/1990	All-round Championships (1990) - All-Eastern Open
DEADLIFT, HEELS TOGETHER	65	M	100	275	Bletscher, Rudy	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)

USAWA Record List

DEADLIFT, HEELS TOGETHER	65	M	105	353	Prechtel, Howard	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, HEELS TOGETHER	65	M	110	301	Larson, Nils	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, HEELS TOGETHER	65	M	115	365	Clark, Bill	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, HEELS TOGETHER	65	M	125	315	Ross, Dean	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
DEADLIFT, HEELS TOGETHER	65	M	125+	275	Ross, Dean	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)
DEADLIFT, HEELS TOGETHER	70	M	75	250	McKean, John	10/16/2016	2016 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	70	M	80	353	Montini, Art	3/7/1998	98 Buckeye Record Breaker
DEADLIFT, HEELS TOGETHER	70	M	85	402	Montini, Art	3/4/2000	2000 Buckeye Record Break
DEADLIFT, HEELS TOGETHER	70	M	90	325	Monahan, Rex	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, HEELS TOGETHER	70	M	95	265	Monahan, Rex	2/5/1995	ZERCHER STRENGTH CLASSIC (1995)
DEADLIFT, HEELS TOGETHER	70	M	100	275	Bletscher, Rudy	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, HEELS TOGETHER	70	M	105	325	Prechtel, Howard	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	70	M	110	350	Clark, Bill	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
DEADLIFT, HEELS TOGETHER	70	M	115	225	Ross, Dean	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
DEADLIFT, HEELS TOGETHER	70	M	120	300	Ciavattone, Frank	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
DEADLIFT, HEELS TOGETHER	75	M	65	209	Pensyl, Barry	5/20/2023	RD - Lebanon, PA '23
DEADLIFT, HEELS TOGETHER	75	M	85	275	Montini, Art	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	75	M	100	419	Miller, Wilbur	2/12/2012	RD - Dino Gym (2012)
DEADLIFT, HEELS TOGETHER	75	M	105	400	Miller, Wilbur	1/19/2008	Dino Gym Challenge (2008)
DEADLIFT, HEELS TOGETHER	75	M	110	231	Ross, Dean	8/4/2018	PRESIDENTIAL CUP (2018)
DEADLIFT, HEELS TOGETHER	80	M	75	175	Stephenson, John	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, HEELS TOGETHER	80	M	85	198	Habecker, Denny	12/17/2022	Memorial Record Day
DEADLIFT, HEELS TOGETHER	80	M	90	175	Zercher I, Ed	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
DEADLIFT, HEELS TOGETHER	80	M	100	185	Clark, Bill	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
DEADLIFT, HEELS TOGETHER	80	M	110	135	Clark, Bill	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
DEADLIFT, HEELS TOGETHER	85	M	75	170	Messer, Jim	10/31/1992	Valley Forge, Pa.
DEADLIFT, HEELS TOGETHER	85	M	95	200	Clark, Bill	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
DEADLIFT, HEELS TOGETHER	90	M	90	175	Clark, Bill	4/27/2024	Diamond Jubilee (2024), Columbia, MO
DEADLIFT, HEELS TOGETHER	90	M	95	175	Clark, Bill	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, HEELS TOGETHER	ALL	M	30	165	Montini, Rocco	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, HEELS TOGETHER	ALL	M	60	419	McKean, John	5/19/1990	All-round Championships (1990) - All-Eastern Open
DEADLIFT, HEELS TOGETHER	ALL	M	65	445	Drainer, Ron	1/20/1991	ZERCHER STRENGTH CLASSIC (1991)
DEADLIFT, HEELS TOGETHER	ALL	M	70	452	Hirsh, Bob	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	ALL	M	75	560	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	ALL	M	80	520	Fleischer, Ernie	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, HEELS TOGETHER	ALL	M	85	475	Blakely, Don	11/23/2003	2003 Jump Stretch Record
DEADLIFT, HEELS TOGETHER	ALL	M	90	590	Anderson, Phil	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
DEADLIFT, HEELS TOGETHER	ALL	M	95	480	Vernacchio, John	1/20/1990	ZERCHER STRENGTH CLASSIC (1990)
DEADLIFT, HEELS TOGETHER	ALL	M	100	605	Schock, Ed	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	ALL	M	105	575	McBride, Mike	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, HEELS TOGETHER	ALL	M	110	550	Myers, Al	12/31/2013	2013 National Postal
DEADLIFT, HEELS TOGETHER	ALL	M	115	575	Myers, Al	1/11/2007	Eastern Open Postal Meet

USAWA Record List

DEADLIFT, HEELS TOGETHER	ALL	M	120	551	Ullom, Chad	1/17/2015	Dino Gym Challenge (2015)
DEADLIFT, HEELS TOGETHER	ALL	M	125	650	Myers, Al	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, HEELS TOGETHER	ALL	M	125+	575	Mitchell, Mark	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
DEADLIFT, HEELS TOGETHER	NAT	M	65	400	Holden, Randy Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	NAT	M	70	420	Waterman, Chris	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	NAT	M	75	560	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	NAT	M	80	400	Caron, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	NAT	M	85	430	Montini, Art	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	NAT	M	90	355	Spry, Dale	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	NAT	M	95	440	Ostermann, Brian	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	NAT	M	100	530	Carter, John	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	NAT	M	105	325	Prechtel, Howard	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	NAT	M	110	500	Malloy, Jim	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	NAT	M	115	455	Clark, Bill	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER	NAT	M	125+	455	McCoy, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, HEELS TOGETHER FULTON	65	F	75	125	Thompson, Janet	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, HEELS TOGETHER FULTON	ALL	F	75	125	Thompson, Janet	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, INCH DUMBBELL, LEFT	18	F	55	30	McDonald, Alexandria	6/28/2025	Home GymCon Push/Pull, Louisville, KY RD
DEADLIFT, INCH DUMBBELL, LEFT	55	F	50	58	Jackson, RJ	2/11/2017	2017 Grip Championships
DEADLIFT, INCH DUMBBELL, LEFT	55	F	90	57	Lupo, Allison	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, INCH DUMBBELL, LEFT	55	F	100	87	Gore, Lisa	10/12/2024	Clarks Gym RD #5 (2024)
DEADLIFT, INCH DUMBBELL, LEFT	60	F	85	57	Thompson, Janet	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, INCH DUMBBELL, LEFT	65	F	75	57	Thompson, Janet	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
DEADLIFT, INCH DUMBBELL, LEFT	ALL	F	50	58	Jackson, RJ	2/11/2017	2017 Grip Championships
DEADLIFT, INCH DUMBBELL, LEFT	ALL	F	55	30	McDonald, Alexandria	6/28/2025	Home GymCon Push/Pull, Louisville, KY RD
DEADLIFT, INCH DUMBBELL, LEFT	ALL	F	75	57	Thompson, Janet	10/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
DEADLIFT, INCH DUMBBELL, LEFT	ALL	F	85	57	Thompson, Janet	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, INCH DUMBBELL, LEFT	ALL	F	90	57	Lupo, Allison	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, INCH DUMBBELL, LEFT	ALL	F	100	87	Gore, Lisa	10/12/2024	Clarks Gym RD #5 (2024)
DEADLIFT, INCH DUMBBELL, LEFT	13	M	35	22	Wenzel, Logan	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, INCH DUMBBELL, LEFT	40	M	90	140	Strangeway, John	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, INCH DUMBBELL, LEFT	40	M	95	132	Strangeway, John	12/7/2019	RD - Lift for Leroy '19
DEADLIFT, INCH DUMBBELL, LEFT	40	M	100	145	Strangeway, John	12/10/2022	RD - Lift for Leroy '22
DEADLIFT, INCH DUMBBELL, LEFT	40	M	115	129	Ullom, Chad	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, LEFT	40	M	120	130	Myers, Al	2/15/2009	RD - Dino Gym (2009)
DEADLIFT, INCH DUMBBELL, LEFT	40	M	125	110	Millsaps, Holland	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, INCH DUMBBELL, LEFT	40	M	125+	147	Djuren, Travis	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, INCH DUMBBELL, LEFT	45	M	100	106	Fobes, Jarrod	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
DEADLIFT, INCH DUMBBELL, LEFT	45	M	105	140	Myers, Al	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, INCH DUMBBELL, LEFT	45	M	110	130	Myers, Al	2/15/2015	RD - Dino Gym '15
DEADLIFT, INCH DUMBBELL, LEFT	50	M	95	101	Gupta, Sanjiv	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
DEADLIFT, INCH DUMBBELL, LEFT	50	M	100	100	Hadley, Patrick	1/27/2024	Omega Force Strength Extravaganza

USAWA Record List

DEADLIFT, INCH DUMBBELL, LEFT	50	M	105	130	Myers, Al	1/27/2018	Dino Gym Challenge (2018)
DEADLIFT, INCH DUMBBELL, LEFT	50	M	110	117	Wenzel, Jeff	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, INCH DUMBBELL, LEFT	50	M	115	120	Poore, Clint	1/27/2024	Omega Force Strength Extravaganza
DEADLIFT, INCH DUMBBELL, LEFT	50	M	125+	80	Foster, Lance	12/7/2019	RD - Lift for Leroy '19
DEADLIFT, INCH DUMBBELL, LEFT	55	M	100	82	Frappier, Chris	10/12/2024	Clarks Gym RD #5 (2024)
DEADLIFT, INCH DUMBBELL, LEFT	55	M	105	135	Myers, Al	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, INCH DUMBBELL, LEFT	55	M	110	92	Lupo, Tony	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, INCH DUMBBELL, LEFT	55	M	115	109	Glasgow, Dave	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, LEFT	60	M	75	101	Santangelo, Stephen	10/16/2016	2016 Art's Birthday Bash
DEADLIFT, INCH DUMBBELL, LEFT	60	M	80	78	DeForest, Dave	7/27/2024	Buffville Road to the Century Club #5
DEADLIFT, INCH DUMBBELL, LEFT	60	M	85	67	DeForest, Dave	4/7/2024	Bench press Heptathlon
DEADLIFT, INCH DUMBBELL, LEFT	60	M	90	77	Deforest, Dave	8/21/2021	2021 SWEET 16/ELITE 8
DEADLIFT, INCH DUMBBELL, LEFT	60	M	95	128	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, LEFT	60	M	100	82	Garcia, Joe	11/8/2014	2014 Clarks RD
DEADLIFT, INCH DUMBBELL, LEFT	60	M	110	85	Richey, Randy	12/7/2024	Old Time Strongman World Championship (2024)
DEADLIFT, INCH DUMBBELL, LEFT	60	M	115	140	Myers, LaVerne	2/15/2009	RD - Dino Gym (2009)
DEADLIFT, INCH DUMBBELL, LEFT	65	M	85	90	Deforest, Dave	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
DEADLIFT, INCH DUMBBELL, LEFT	65	M	115	120	Myers, LaVerne	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, INCH DUMBBELL, LEFT	65	M	125	59	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, LEFT	70	M	80	103	Emslie, David	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, LEFT	70	M	90	50	Habecker, Denny	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, INCH DUMBBELL, LEFT	70	M	110	140	Myers, LaVerne	2/15/2015	RD - Dino Gym '15
DEADLIFT, INCH DUMBBELL, LEFT	70	M	115	140	Myers, LaVerne	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, INCH DUMBBELL, LEFT	75	M	105	135	Myers, LaVerne	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, INCH DUMBBELL, LEFT	80	M	100	120	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, INCH DUMBBELL, LEFT	85	M	80	50	Montini, Art	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, INCH DUMBBELL, LEFT	90	M	90	57	Clark, Bill	4/14/2024	Record Day- Clark's Gym 1
DEADLIFT, INCH DUMBBELL, LEFT	90	M	95	60	Clark, Bill	8/3/2024	Clarks Gym RD #4 (2024)
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	35	22	Wenzel, Logan	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	70	67	Wenzel, Riley	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	75	101	Santangelo, Stephen	10/16/2016	2016 Art's Birthday Bash
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	80	103	Emslie, David	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	85	105	Barten, Casey	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	90	140	Strangeway, John	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	95	132	Strangeway, John	12/7/2019	RD - Lift for Leroy '19
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	100	145	Strangeway, John	12/10/2022	RD - Lift for Leroy '22
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	105	140	Myers, Al	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	110	180	Day, Caleb	6/28/2025	Home GymCon Push/Pull, Louisville, KY RD
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	115	140	Myers, LaVerne	2/15/2009	RD - Dino Gym (2009)
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	120	160	Day, Caleb	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	125	110	Millsaps, Holland	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M	125+	147	Djuren, Travis	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO

USAWA Record List

DEADLIFT, INCH DUMBBELL, RIGHT	16	F	40	41	Gupta, Nisha	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
DEADLIFT, INCH DUMBBELL, RIGHT	18	F	55	30	McDonald, Alexandria	6/28/2025	Home GymCon Push/Pull, Louisville, KY RD
DEADLIFT, INCH DUMBBELL, RIGHT	50	F	60	55	Brooner-Lakowsky, Tressa	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	55	F	50	61	Jackson, RJ	2/11/2017	2017 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	55	F	100	77	Gore, Lisa	10/12/2024	Clarks Gym RD #5 (2024)
DEADLIFT, INCH DUMBBELL, RIGHT	55	F	125+	80	McConnaughey, Mary	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	65	F	75	57	Thompson, Janet	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	F	40	41	Gupta, Nisha	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	F	50	61	Jackson, RJ	2/11/2017	2017 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	F	55	30	McDonald, Alexandria	6/28/2025	Home GymCon Push/Pull, Louisville, KY RD
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	F	60	55	Brooner-Lakowsky, Tressa	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	F	70	75	Burchett, Emily	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	F	75	57	Thompson, Janet	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	F	100	77	Gore, Lisa	10/12/2024	Clarks Gym RD #5 (2024)
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	F	125+	80	McConnaughey, Mary	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	13	M	35	22	Wenzel, Logan	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, INCH DUMBBELL, RIGHT	40	M	85	155	Stearns, Ashley	12/7/2024	Old Time Strongman World Championship (2024)
DEADLIFT, INCH DUMBBELL, RIGHT	40	M	100	136	Strangeway, John	12/10/2022	RD - Lift for Leroy '22
DEADLIFT, INCH DUMBBELL, RIGHT	40	M	115	129	Ullom, Chad	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, RIGHT	40	M	120	140	Myers, Al	2/15/2009	RD - Dino Gym (2009)
DEADLIFT, INCH DUMBBELL, RIGHT	40	M	125	130	Millsaps, Holland	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, INCH DUMBBELL, RIGHT	40	M	125+	147	Djuren, Travis	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, INCH DUMBBELL, RIGHT	45	M	100	121	Edwards, Ben	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
DEADLIFT, INCH DUMBBELL, RIGHT	45	M	105	140	Myers, Al	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, INCH DUMBBELL, RIGHT	45	M	110	140	Myers, Al	2/15/2015	RD - Dino Gym '15
DEADLIFT, INCH DUMBBELL, RIGHT	45	M	125+	140	Gaddis, Jarrod	12/7/2024	Old Time Strongman World Championship (2024)
DEADLIFT, INCH DUMBBELL, RIGHT	50	M	100	120	Hadley, Patrick	1/27/2024	Omega Force Strength Extravaganza
DEADLIFT, INCH DUMBBELL, RIGHT	50	M	105	132	Hadley, Patrick	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
DEADLIFT, INCH DUMBBELL, RIGHT	50	M	110	127	Wenzel, Jeff	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, INCH DUMBBELL, RIGHT	50	M	115	120	Poore, Clint	1/27/2024	Omega Force Strength Extravaganza
DEADLIFT, INCH DUMBBELL, RIGHT	50	M	125+	80	Foster, Lance	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	55	M	100	82	Frappier, Chris	10/12/2024	Clarks Gym RD #5 (2024)
DEADLIFT, INCH DUMBBELL, RIGHT	55	M	105	135	Myers, Al	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, INCH DUMBBELL, RIGHT	55	M	110	90	Lupo, Tony	12/7/2024	Old Time Strongman World Championship (2024) RD
DEADLIFT, INCH DUMBBELL, RIGHT	55	M	115	129	Glasgow, Dave	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, RIGHT	60	M	75	113	Santangelo, Stephen	10/16/2016	2016 Art's Birthday Bash
DEADLIFT, INCH DUMBBELL, RIGHT	60	M	80	88	DeForest, Dave	7/27/2024	Buffville Road to the Century Club #5
DEADLIFT, INCH DUMBBELL, RIGHT	60	M	85	85	DeForest, Dave	12/7/2024	Old Time Strongman World Championship (2024)
DEADLIFT, INCH DUMBBELL, RIGHT	60	M	90	88	DeForest, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
DEADLIFT, INCH DUMBBELL, RIGHT	60	M	95	128	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, RIGHT	60	M	100	87	Garcia, Joe	11/8/2014	2014 Clarks RD
DEADLIFT, INCH DUMBBELL, RIGHT	60	M	110	69	Richey, Randy	12/9/2023	Old Time Strongman World Championship

USAWA Record List

DEADLIFT, INCH DUMBBELL, RIGHT	60	M	115	140	Myers, LaVerne	2/15/2009	RD - Dino Gym (2009)
DEADLIFT, INCH DUMBBELL, RIGHT	60	M	120	115	Glasgow, Dave	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	65	M	85	102	Carter, John	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, INCH DUMBBELL, RIGHT	65	M	115	120	Myers, LaVerne	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, INCH DUMBBELL, RIGHT	65	M	125	59	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, RIGHT	70	M	80	103	Emslie, David	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, RIGHT	70	M	90	85	Habecker, Denny	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, INCH DUMBBELL, RIGHT	70	M	110	140	Myers, LaVerne	2/15/2015	RD - Dino Gym '15
DEADLIFT, INCH DUMBBELL, RIGHT	70	M	115	140	Myers, LaVerne	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, INCH DUMBBELL, RIGHT	70	M	120	80	Ross, Dean	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	75	M	105	135	Myers, LaVerne	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, INCH DUMBBELL, RIGHT	80	M	100	120	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge RD
DEADLIFT, INCH DUMBBELL, RIGHT	80	M	110	57	Clark, Bill	11/8/2014	2014 Clarks RD
DEADLIFT, INCH DUMBBELL, RIGHT	85	M	80	50	Montini, Art	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, INCH DUMBBELL, RIGHT	85	M	95	57	Clark, Bill	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, INCH DUMBBELL, RIGHT	90	M	90	57	Clark, Bill	4/14/2024	Record Day- Clark's Gym 1
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	35	22	Wenzel, Logan	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	55	70	Guffey, Brian	1/27/2024	Omega Force Strength Extravaganza
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	70	67	Wenzel, Riley	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	75	113	Santangelo, Stephen	10/16/2016	2016 Art's Birthday Bash
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	80	103	Emslie, David	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	85	155	Stearns, Ashley	12/7/2024	Old Time Strongman World Championship (2024)
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	90	88	DeForest, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	95	128	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	100	136	Strangeway, John	12/10/2022	RD - Lift for Leroy '22
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	105	140	Myers, Al	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	110	140	Myers, Al	2/15/2015	RD - Dino Gym '15
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	115	140	Myers, LaVerne	2/15/2009	RD - Dino Gym (2009)
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	120	160	Day, Caleb	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	125	130	Millsaps, Holland	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M	125+	147	Djuren, Travis	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, INCH DUMBBELLS	14	F	80	120	Fritz, Misty	1/15/2005	Dino Gym Challenge (2005)
DEADLIFT, INCH DUMBBELLS	45	F	125+	160	McConnaughey, Mary	1/15/2005	Dino Gym Challenge (2005)
DEADLIFT, INCH DUMBBELLS	55	F	90	94	Lupo, Allison	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, INCH DUMBBELLS	55	F	100	154	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, INCH DUMBBELLS	ALL	F	80	120	Fritz, Misty	1/15/2005	Dino Gym Challenge (2005)
DEADLIFT, INCH DUMBBELLS	ALL	F	85	160	Janzen, Kaela	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	ALL	F	90	94	Lupo, Allison	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, INCH DUMBBELLS	ALL	F	100	134	Gore, Lisa	10/12/2024	Clarks Gym RD #5 (2024)
DEADLIFT, INCH DUMBBELLS	ALL	F	125+	160	McConnaughey, Mary	1/15/2005	Dino Gym Challenge (2005)
DEADLIFT, INCH DUMBBELLS	13	M	35	39	Wenzel, Logan	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, INCH DUMBBELLS	16	M	60	90	Wenzel, Spencer	5/12/2024	Record Day- Clark's Gym 2

USAWA Record List

DEADLIFT, INCH DUMBBELLS	16	M	85	190	Janzen, Cole	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	16	M	110	200	Reel, Ian	1/15/2005	Dino Gym Challenge (2005)
DEADLIFT, INCH DUMBBELLS	16	M	125+	220	Payne, Jared	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	18	M	125+	220	Payne, Jared	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	40	M	90	240	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	40	M	95	270	Strangeway, John	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	40	M	100	220	Edwards, Ben	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	40	M	110	240	Edwards, Ben	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	40	M	115	240	Myers, Al	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, INCH DUMBBELLS	40	M	125+	210	Mitchell, Mark	1/15/2005	Dino Gym Challenge (2005)
DEADLIFT, INCH DUMBBELLS	45	M	100	280	Ullom, Chad	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	45	M	105	250	Myers, Al	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, INCH DUMBBELLS	45	M	110	240	Ullom, Chad	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	45	M	120	210	Todd, Eric	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	45	M	125+	190	Maxey, Bob	1/15/2005	Dino Gym Challenge (2005)
DEADLIFT, INCH DUMBBELLS	50	M	105	260	Myers, Al	1/14/2017	Dino Gym Challenge (2017)
DEADLIFT, INCH DUMBBELLS	50	M	110	260	Ullom, Chad	2/19/2022	Grip Championships
DEADLIFT, INCH DUMBBELLS	50	M	125+	230	Payne, Jason	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	55	M	95	230	Traub, Larry	2/13/2010	2010 Grip Challenge
DEADLIFT, INCH DUMBBELLS	55	M	105	260	Myers, Al	2/19/2022	Grip Championships
DEADLIFT, INCH DUMBBELLS	55	M	110	156	Lupo, Tony	7/27/2024	Buffville Road to the Century Club #5
DEADLIFT, INCH DUMBBELLS	55	M	115	200	Glasgow, Dave	2/13/2010	2010 Grip Challenge
DEADLIFT, INCH DUMBBELLS	60	M	80	146	DeForest, Dave	7/27/2024	Buffville Road to the Century Club #5
DEADLIFT, INCH DUMBBELLS	60	M	85	165	DeForest, Dave	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025) - RD
DEADLIFT, INCH DUMBBELLS	60	M	90	135	DeForest, Dave	6/24/2023	NATIONALS (2023) - Columbia, MO
DEADLIFT, INCH DUMBBELLS	60	M	95	236	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELLS	60	M	125+	180	Ross, Dean	1/15/2005	Dino Gym Challenge (2005)
DEADLIFT, INCH DUMBBELLS	65	M	85	170	DeForest, Dave	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, INCH DUMBBELLS	65	M	100	170	Bletscher, Rudy	1/15/2005	Dino Gym Challenge (2005)
DEADLIFT, INCH DUMBBELLS	65	M	115	220	Glasgow, Dave	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	70	M	85	140	Caron, Joseph	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	70	M	105	240	Myers, LaVerne	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	70	M	110	242	Myers, LaVerne	1/14/2017	Dino Gym Challenge (2017)
DEADLIFT, INCH DUMBBELLS	75	M	85	140	Habecker, Denny	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	75	M	90	140	Habecker, Denny	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	75	M	100	240	Myers, LaVerne	2/19/2022	Grip Championships
DEADLIFT, INCH DUMBBELLS	75	M	105	260	Myers, LaVerne	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	75	M	110	130	Ross, Dean	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	75	M	115	120	Ross, Dean	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	85	M	100	120	Clark, Bill	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	ALL	M	35	39	Wenzel, Logan	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
DEADLIFT, INCH DUMBBELLS	ALL	M	60	90	Wenzel, Spencer	5/12/2024	Record Day- Clark's Gym 2

USAWA Record List

DEADLIFT, INCH DUMBBELLS	ALL	M	70	160	Rein, Brandon	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	ALL	M	80	146	DeForest, Dave	7/27/2024	Buffville Road to the Century Club #5
DEADLIFT, INCH DUMBBELLS	ALL	M	85	220	Pinkerton, Tim	1/15/2005	Dino Gym Challenge (2005)
DEADLIFT, INCH DUMBBELLS	ALL	M	90	240	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	ALL	M	95	270	Strangeway, John	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	ALL	M	100	280	Ullom, Chad	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, INCH DUMBBELLS	ALL	M	105	360	Durniat, Andrew	2/13/2010	2010 Grip Challenge
DEADLIFT, INCH DUMBBELLS	ALL	M	110	260	Ullom, Chad	2/19/2022	Grip Championships
DEADLIFT, INCH DUMBBELLS	ALL	M	115	240	Myers, Al	2/13/2011	RD - Dino Gym (2011)
DEADLIFT, INCH DUMBBELLS	ALL	M	120	240	Ullom, Chad	1/15/2005	Dino Gym Challenge (2005)
DEADLIFT, INCH DUMBBELLS	ALL	M	125+	344	Graham, Matt	1/15/2005	Dino Gym Challenge (2005)
DEADLIFT, NO THUMB, LEFT	13	F	45	40	Todd, Phoebe	3/31/2020	POSTAL (2020) - Q1
DEADLIFT, NO THUMB, LEFT	13	F	50	75	Holeman, Kayla	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, NO THUMB, LEFT	13	F	75	85	Griffis, Kirstie	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, NO THUMB, LEFT	14	F	60	95	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, NO THUMB, LEFT	14	F	70	80	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, NO THUMB, LEFT	14	F	75	105	Fritz, Misty	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, NO THUMB, LEFT	14	F	80	120	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, NO THUMB, LEFT	16	F	75	125	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, NO THUMB, LEFT	16	F	115	80	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, NO THUMB, LEFT	18	F	60	65	Burks, Amy	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, NO THUMB, LEFT	40	F	75	88	Hopps, Jessica	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, LEFT	40	F	125+	145	McConnaughey, Mary	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, NO THUMB, LEFT	45	F	125+	147	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, NO THUMB, LEFT	50	F	50	81	Jackson, RJ	12/1/2012	2012 Gracie Club RD
DEADLIFT, NO THUMB, LEFT	55	F	75	125	Ollennuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, NO THUMB, LEFT	55	F	90	90	Lupo, Allison	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, LEFT	60	F	105	145	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, LEFT	65	F	75	95	Thompson, Janet	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
DEADLIFT, NO THUMB, LEFT	ALL	F	45	40	Todd, Phoebe	3/31/2020	POSTAL (2020) - Q1
DEADLIFT, NO THUMB, LEFT	ALL	F	50	81	Jackson, RJ	12/1/2012	2012 Gracie Club RD
DEADLIFT, NO THUMB, LEFT	ALL	F	60	95	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, NO THUMB, LEFT	ALL	F	65	85	Glasgow, Amber	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, NO THUMB, LEFT	ALL	F	70	95	Weaver, Liana	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, LEFT	ALL	F	75	125	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, NO THUMB, LEFT	ALL	F	80	120	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, NO THUMB, LEFT	ALL	F	90	90	Lupo, Allison	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, LEFT	ALL	F	105	145	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, LEFT	ALL	F	115	80	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, NO THUMB, LEFT	ALL	F	125+	147	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, NO THUMB, LEFT	13	M	35	55	Wenzel, Logan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, LEFT	13	M	70	75	Anderson, Jonathan	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)

USAWA Record List

DEADLIFT, NO THUMB, LEFT	14	M	80	145	Kucera, Matt	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, NO THUMB, LEFT	14	M	90	85	Strangeway, John	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, LEFT	14	M	95	65	Calcote, Kyle	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, NO THUMB, LEFT	16	M	55	95	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, NO THUMB, LEFT	16	M	60	115	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, NO THUMB, LEFT	16	M	80	116	Marchand, Wade	7/31/2022	RD - Clark vs Frank
DEADLIFT, NO THUMB, LEFT	16	M	90	135	Holcomb, Seth	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, NO THUMB, LEFT	16	M	105	175	Reel, Ian	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, NO THUMB, LEFT	18	M	75	175	Smith, Abe	8/1/2000	2000 Postal League
DEADLIFT, NO THUMB, LEFT	18	M	80	175	Smith, Abe	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, NO THUMB, LEFT	18	M	125+	160	Payne, Jared	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, NO THUMB, LEFT	40	M	70	145	Ortega, Toby	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, NO THUMB, LEFT	40	M	80	144	Jones, Dan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, LEFT	40	M	85	182	Hirsh, Bob	10/15/2000	2000 Art's Birthday Bash
DEADLIFT, NO THUMB, LEFT	40	M	90	195	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, NO THUMB, LEFT	40	M	95	221	Strangeway, John	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, NO THUMB, LEFT	40	M	100	165	Garcia, Joe	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, NO THUMB, LEFT	40	M	105	155	Garcia, Joe	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, NO THUMB, LEFT	40	M	110	198	Ullom, Chad	2/11/2012	2012 Grip Championships
DEADLIFT, NO THUMB, LEFT	40	M	115	225	Myers, Al	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, NO THUMB, LEFT	40	M	120	250	Myers, Al	12/5/2009	GOERNER DEADLIFT DOZEN PLUS ONE (2009)
DEADLIFT, NO THUMB, LEFT	40	M	125	185	Fulton, Kevin	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, NO THUMB, LEFT	40	M	125+	210	Barnhart, Darren	2/11/2012	2012 Grip Championships
DEADLIFT, NO THUMB, LEFT	45	M	70	170	Ortega, Toby	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, LEFT	45	M	105	185	Wenzel, Jeff	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, NO THUMB, LEFT	45	M	110	200	Myers, Al	8/10/2013	PRESIDENTIAL CUP (2013)
DEADLIFT, NO THUMB, LEFT	45	M	125+	206	Bunch, Dan	8/18/2013	RD - Dino Days (2013)
DEADLIFT, NO THUMB, LEFT	50	M	75	116	Marchand, Wade	7/31/2022	RD - Clark vs Frank
DEADLIFT, NO THUMB, LEFT	50	M	90	170	Caron, Joe	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, NO THUMB, LEFT	50	M	95	145	Gupta, Sanjiv	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
DEADLIFT, NO THUMB, LEFT	50	M	105	225	Hose, Tony	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, LEFT	50	M	115	171	Raymond, Mark	1/20/2018	Record Day- Fall Classic
DEADLIFT, NO THUMB, LEFT	50	M	120	254	Ryan, Tom	2/22/1997	97 Buckeye Record Breaker
DEADLIFT, NO THUMB, LEFT	50	M	125+	175	McCoy, Joe	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, NO THUMB, LEFT	55	M	75	133	Marchand, Wade	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, LEFT	55	M	85	140	DiCiccio, Bill	10/13/1996	96 Art's Birthday Bash
DEADLIFT, NO THUMB, LEFT	55	M	95	205	Garcia, Joe	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
DEADLIFT, NO THUMB, LEFT	55	M	105	200	Myers, Al	12/11/2021	RD - Lift for Leroy '21
DEADLIFT, NO THUMB, LEFT	55	M	110	170	Lupo, Tony	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, NO THUMB, LEFT	55	M	115	198	Glasgow, Dave	2/14/2010	RD - Dino Gym (2010)
DEADLIFT, NO THUMB, LEFT	60	M	80	145	DeForest, Dave	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, NO THUMB, LEFT	60	M	85	150	DeForest, Dave	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)

USAWA Record List

DEADLIFT, NO THUMB, LEFT	60	M	90	170	DeForest, Dave	3/31/2020	POSTAL (2020) - Q1
DEADLIFT, NO THUMB, LEFT	60	M	100	180	Carter, John	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, NO THUMB, LEFT	60	M	105	165	Raymond, Mark	4/30/2023	2023 Norfolk County Record Day
DEADLIFT, NO THUMB, LEFT	60	M	115	135	Clark, Bill	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, NO THUMB, LEFT	60	M	120	185	Glasgow, Dave	7/15/2017	2017 Club Championships
DEADLIFT, NO THUMB, LEFT	60	M	125	170	McCoy, Joe	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, NO THUMB, LEFT	65	M	70	110	Pensyl, Barry	12/16/2017	2017 Vernacchio Memorial
DEADLIFT, NO THUMB, LEFT	65	M	75	110	Mitchell, Dennis	3/3/2001	2001 Buckeye Record Day
DEADLIFT, NO THUMB, LEFT	65	M	80	130	Montini, Art	10/13/1996	96 Art's Birthday Bash
DEADLIFT, NO THUMB, LEFT	65	M	85	145	Carter, John	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, NO THUMB, LEFT	65	M	100	135	Bletscher, Rudy	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
DEADLIFT, NO THUMB, LEFT	65	M	110	144	Larson, Nils	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, LEFT	65	M	115	200	Myers, LaVerne	8/10/2013	PRESIDENTIAL CUP (2013)
DEADLIFT, NO THUMB, LEFT	65	M	125	185	Ciavattone, Frank	7/31/2022	RD - Clark vs Frank
DEADLIFT, NO THUMB, LEFT	70	M	80	145	Emslie, David	11/8/2014	2014 Clarks RD
DEADLIFT, NO THUMB, LEFT	70	M	85	158	Monahan, Rex	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, NO THUMB, LEFT	70	M	90	145	Monahan, Rex	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, NO THUMB, LEFT	70	M	100	155	Bletscher, Rudy	12/5/2009	GOERNER DEADLIFT DOZEN PLUS ONE (2009)
DEADLIFT, NO THUMB, LEFT	70	M	105	105	Ross, Dean	7/15/2017	2017 Club Championships
DEADLIFT, NO THUMB, LEFT	70	M	110	201	Myers, LaVerne	1/27/2018	Dino Gym Challenge (2018)
DEADLIFT, NO THUMB, LEFT	70	M	125	187	Ciavattone, Frank	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, NO THUMB, LEFT	75	M	85	120	Montini, Art	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, NO THUMB, LEFT	75	M	90	100	Habecker, Denny	2/10/2019	2019 USAWA Grip Championships
DEADLIFT, NO THUMB, LEFT	75	M	100	175	Myers, LaVerne	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, NO THUMB, LEFT	75	M	105	175	Myers, LaVerne	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, NO THUMB, LEFT	75	M	110	135	Ross, Dean	1/27/2018	Dino Gym Challenge (2018)
DEADLIFT, NO THUMB, LEFT	75	M	115	120	Ross, Dean	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, NO THUMB, LEFT	80	M	75	110	Stephenson, John	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, NO THUMB, LEFT	80	M	85	104	Habecker, Denny	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
DEADLIFT, NO THUMB, LEFT	85	M	95	100	Clark, Bill	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
DEADLIFT, NO THUMB, LEFT	90	M	90	75	Clark, Bill	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, NO THUMB, LEFT	90	M	95	100	Clark, Bill	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, NO THUMB, LEFT	ALL	M	35	55	Wenzel, Logan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, LEFT	ALL	M	60	115	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, NO THUMB, LEFT	ALL	M	70	170	Frieders, Nicholas	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
DEADLIFT, NO THUMB, LEFT	ALL	M	75	175	Smith, Abe	8/1/2000	2000 Postal League
DEADLIFT, NO THUMB, LEFT	ALL	M	80	246	Wagman, Dan	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, LEFT	ALL	M	85	200	Smith, Abe	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, NO THUMB, LEFT	ALL	M	90	195	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, NO THUMB, LEFT	ALL	M	95	221	Strangeway, John	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, NO THUMB, LEFT	ALL	M	100	230	Edwards, Ben	2/15/2009	RD - Dino Gym (2009)
DEADLIFT, NO THUMB, LEFT	ALL	M	105	308	Durniat, Andrew	2/13/2010	2010 Grip Challenge

USAWA Record List

DEADLIFT, NO THUMB, LEFT	ALL	M	110	205	Ciavattone, Jeff	7/21/2018	2018 NE Record Day
DEADLIFT, NO THUMB, LEFT	ALL	M	115	225	Myers, Al	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, NO THUMB, LEFT	ALL	M	120	254	Ryan, Tom	2/22/1997	97 Buckeye Record Breaker
DEADLIFT, NO THUMB, LEFT	ALL	M	125	225	Graham, Matt	9/16/2001	2001 Supergrip Challenge
DEADLIFT, NO THUMB, LEFT	ALL	M	125+	210	Barnhart, Darren	2/11/2012	2012 Grip Championships
DEADLIFT, NO THUMB, RIGHT	13	F	30	10	Monk, Elizabeth	4/14/2002	POSTAL (2002) - Q1
DEADLIFT, NO THUMB, RIGHT	13	F	50	65	Holeman, Kayla	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, NO THUMB, RIGHT	13	F	55	70	Todd, Phoebe	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	13	F	65	75	Todd, Lillian	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	13	F	75	85	Griffis, Kirstie	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, NO THUMB, RIGHT	14	F	60	95	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, NO THUMB, RIGHT	14	F	70	65	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, NO THUMB, RIGHT	14	F	75	110	Fritz, Misty	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, NO THUMB, RIGHT	14	F	80	135	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, NO THUMB, RIGHT	16	F	75	165	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, NO THUMB, RIGHT	16	F	115	100	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, NO THUMB, RIGHT	16	F	65	66	Ordonez, Lexi	4/20/2024	New England Grip Classic (2024)
DEADLIFT, NO THUMB, RIGHT	18	F	60	85	Burks, Amy	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, NO THUMB, RIGHT	40	F	65	90	Brooner-Lakowsky, Tressa	9/16/2001	2001 Supergrip Challenge
DEADLIFT, NO THUMB, RIGHT	40	F	75	88	Hopps, Jessica	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, RIGHT	40	F	85	115	Todd, Stacy	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	40	F	125+	175	McConnaughey, Mary	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, NO THUMB, RIGHT	45	F	125+	155	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, NO THUMB, RIGHT	50	F	50	97	Jackson, RJ	3/31/2014	POSTAL (2014) - Q1
DEADLIFT, NO THUMB, RIGHT	55	F	75	135	Ollennuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, NO THUMB, RIGHT	55	F	90	95	Lupo, Allison	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
DEADLIFT, NO THUMB, RIGHT	60	F	105	135	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, RIGHT	65	F	75	95	Thompson, Janet	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
DEADLIFT, NO THUMB, RIGHT	ALL	F	30	10	Monk, Elizabeth	4/14/2002	POSTAL (2002) - Q1
DEADLIFT, NO THUMB, RIGHT	ALL	F	50	97	Jackson, RJ	3/31/2014	POSTAL (2014) - Q1
DEADLIFT, NO THUMB, RIGHT	ALL	F	55	70	Todd, Phoebe	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	ALL	F	60	95	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, NO THUMB, RIGHT	ALL	F	65	95	Glasgow, Amber	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, NO THUMB, RIGHT	ALL	F	70	65	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, NO THUMB, RIGHT	ALL	F	75	165	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, NO THUMB, RIGHT	ALL	F	80	135	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, NO THUMB, RIGHT	ALL	F	85	115	Todd, Stacy	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	ALL	F	90	95	Lupo, Allison	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
DEADLIFT, NO THUMB, RIGHT	ALL	F	100	135	Kressly, Jera	7/15/2017	2017 Club Championships
DEADLIFT, NO THUMB, RIGHT	ALL	F	105	135	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, RIGHT	ALL	F	110	135	Channel, Jamie	7/15/2017	2017 Club Championships
DEADLIFT, NO THUMB, RIGHT	ALL	F	115	100	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)

USAWA Record List

DEADLIFT, NO THUMB, RIGHT	ALL	F	125+	175	McConnaughey, Mary	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, NO THUMB, RIGHT	13	M	35	55	Wenzel, Logan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, RIGHT	13	M	40	50	Monk, Joshua	8/1/2000	2000 Postal League
DEADLIFT, NO THUMB, RIGHT	13	M	45	55	Todd, Leroy	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	13	M	55	88	Monk, Joshua	4/14/2002	POSTAL (2002) - Q1
DEADLIFT, NO THUMB, RIGHT	13	M	70	75	Anderson, Jonathan	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, NO THUMB, RIGHT	14	M	55	77	Habecker, Brady	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	14	M	70	150	Heit, Calvin	1/27/2018	Dino Gym Challenge (2018)
DEADLIFT, NO THUMB, RIGHT	14	M	75	135	Howard, Colby	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, NO THUMB, RIGHT	14	M	80	175	Kucera, Matt	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, NO THUMB, RIGHT	14	M	95	140	Graham, Tom	8/1/2000	2000 Postal League
DEADLIFT, NO THUMB, RIGHT	14	M	120	165	Fulton, Brandon	5/20/2000	2000 Super Grip Challenge
DEADLIFT, NO THUMB, RIGHT	16	M	55	95	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, NO THUMB, RIGHT	16	M	60	75	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, NO THUMB, RIGHT	16	M	65	127	O'Neil-Butters, Maverick	4/20/2024	New England Grip Classic (2024)
DEADLIFT, NO THUMB, RIGHT	16	M	80	160	Loewer, James	12/17/2000	Record Day
DEADLIFT, NO THUMB, RIGHT	16	M	85	160	Janzen, Cole	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, NO THUMB, RIGHT	16	M	90	135	Holcomb, Seth	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, NO THUMB, RIGHT	16	M	105	175	Reel, Ian	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, NO THUMB, RIGHT	16	M	125+	145	Payne, Jared	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, NO THUMB, RIGHT	18	M	80	175	Smith, Abe	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, NO THUMB, RIGHT	18	M	85	175	Kucera, Matt	9/16/2001	2001 Supergrip Challenge
DEADLIFT, NO THUMB, RIGHT	18	M	100	165	Kucera, Elijah	5/20/2000	2000 Super Grip Challenge
DEADLIFT, NO THUMB, RIGHT	40	M	70	145	Ortega, Toby	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, NO THUMB, RIGHT	40	M	80	225	Smith, Abe	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	40	M	85	165	Hirsh, Bob	2/27/1999	99 Buckeye Record Breaker
DEADLIFT, NO THUMB, RIGHT	40	M	90	171	Jones, Dan	4/20/2024	New England Grip Classic (2024)
DEADLIFT, NO THUMB, RIGHT	40	M	95	225	Strangeway, John	3/31/2020	POSTAL (2020) - Q1
DEADLIFT, NO THUMB, RIGHT	40	M	100	195	Edwards, Ben	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, NO THUMB, RIGHT	40	M	105	200	Carter, John	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, NO THUMB, RIGHT	40	M	110	210	Ullom, Chad	2/11/2012	2012 Grip Championships
DEADLIFT, NO THUMB, RIGHT	40	M	115	225	Myers, Al	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, NO THUMB, RIGHT	40	M	120	275	Myers, Al	11/22/2009	RD- Clarks Gym '09
DEADLIFT, NO THUMB, RIGHT	40	M	125	215	Fulton, Kevin	5/20/2000	2000 Super Grip Challenge
DEADLIFT, NO THUMB, RIGHT	40	M	125+	209	Barnhart, Darren	2/11/2012	2012 Grip Championships
DEADLIFT, NO THUMB, RIGHT	45	M	70	160	Ortega, Toby	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, RIGHT	45	M	80	149	Caron, Joe	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
DEADLIFT, NO THUMB, RIGHT	45	M	100	204	Schock, Ed	4/14/2002	POSTAL (2002) - Q1
DEADLIFT, NO THUMB, RIGHT	45	M	105	205	Wenzel, Jeff	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, NO THUMB, RIGHT	45	M	110	211	Myers, Al	8/10/2013	PRESIDENTIAL CUP (2013)
DEADLIFT, NO THUMB, RIGHT	45	M	115	220	Myers, Al	2/11/2012	2012 Grip Championships
DEADLIFT, NO THUMB, RIGHT	45	M	120	175	Todd, Eric	3/31/2020	POSTAL (2020) - Q1

USAWA Record List

DEADLIFT, NO THUMB, RIGHT	45	M	125+	165	Van Vleck, Thom	11/22/2009	RD- Clarks Gym '09
DEADLIFT, NO THUMB, RIGHT	50	M	75	116	Marchand, Wade	7/31/2022	RD - Clark vs Frank
DEADLIFT, NO THUMB, RIGHT	50	M	80	140	McKean, John	8/1/2000	2000 Postal League
DEADLIFT, NO THUMB, RIGHT	50	M	90	175	Caron, Joe	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, NO THUMB, RIGHT	50	M	95	145	Gupta, Sanjiv	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
DEADLIFT, NO THUMB, RIGHT	50	M	100	205	Ullom, Chad	5/31/2025	Ledaig Record Day - Topeka, KS
DEADLIFT, NO THUMB, RIGHT	50	M	105	203	Wenzel, Jeff	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, RIGHT	50	M	110	193	Ullom, Chad	2/19/2022	Grip Championships
DEADLIFT, NO THUMB, RIGHT	50	M	115	171	Raymond, Mark	1/20/2018	Record Day- Fall Classic
DEADLIFT, NO THUMB, RIGHT	50	M	120	187	Ryan, Tom	2/22/1997	97 Buckeye Record Breaker
DEADLIFT, NO THUMB, RIGHT	50	M	125+	210	Mitchell, Mark	2/11/2012	2012 Grip Championships
DEADLIFT, NO THUMB, RIGHT	55	M	75	138	Friesz, Dale	10/11/1998	98 Art's Birthday Bash
DEADLIFT, NO THUMB, RIGHT	55	M	85	155	Habecker, Denny	4/8/2001	2001 Postal
DEADLIFT, NO THUMB, RIGHT	55	M	90	187	Bryan, Barry	3/31/2014	POSTAL (2014) - Q1
DEADLIFT, NO THUMB, RIGHT	55	M	95	205	Garcia, Joe	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
DEADLIFT, NO THUMB, RIGHT	55	M	105	204	Myers, Al	2/19/2022	Grip Championships
DEADLIFT, NO THUMB, RIGHT	55	M	110	165	Lupo, Tony	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	55	M	115	209	Glasgow, Dave	2/13/2010	2010 Grip Challenge
DEADLIFT, NO THUMB, RIGHT	55	M	120	131	Foster, Lance	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	55	M	125+	180	Ryan, Tom	12/13/2003	RD - Clark's Gym '03
DEADLIFT, NO THUMB, RIGHT	60	M	80	135	Friesz, Dale	11/18/2000	RD - Columbia, MO '00
DEADLIFT, NO THUMB, RIGHT	60	M	85	171	DiCiccio, Bill	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
DEADLIFT, NO THUMB, RIGHT	60	M	90	145	DeForest, Dave	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, NO THUMB, RIGHT	60	M	100	265	Carter, John	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	60	M	105	165	Raymond, Mark	4/30/2023	2023 Norfolk County Record Day
DEADLIFT, NO THUMB, RIGHT	60	M	115	155	Clark, Bill	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, NO THUMB, RIGHT	60	M	120	195	Glasgow, Dave	7/15/2017	2017 Club Championships
DEADLIFT, NO THUMB, RIGHT	60	M	125	170	McCoy, Joe	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, NO THUMB, RIGHT	60	M	125+	202	Ryan, Tom	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, NO THUMB, RIGHT	65	M	70	116	Pensyl, Barry	12/16/2017	2017 Vernacchio Memorial
DEADLIFT, NO THUMB, RIGHT	65	M	75	110	Mitchell, Dennis	3/3/2001	2001 Buckeye Record Day
DEADLIFT, NO THUMB, RIGHT	65	M	80	135	Montini, Art	10/13/1996	96 Art's Birthday Bash
DEADLIFT, NO THUMB, RIGHT	65	M	85	175	Carter, John	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, NO THUMB, RIGHT	65	M	90	149	Bryan, Barry	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	65	M	100	150	Bletscher, Rudy	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
DEADLIFT, NO THUMB, RIGHT	65	M	110	190	Puzin, Carl	4/30/2023	2023 Norfolk County Record Day
DEADLIFT, NO THUMB, RIGHT	65	M	115	190	Glasgow, Dave	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, NO THUMB, RIGHT	65	M	125	185	Ciavattone, Frank	7/31/2022	RD - Clark vs Frank
DEADLIFT, NO THUMB, RIGHT	65	M	125+	198	Ciavattone, Frank	4/20/2024	New England Grip Classic (2024)
DEADLIFT, NO THUMB, RIGHT	70	M	80	155	Emslie, David	11/8/2014	2014 Clarks RD
DEADLIFT, NO THUMB, RIGHT	70	M	85	160	Monahan, Rex	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, NO THUMB, RIGHT	70	M	90	170	Monahan, Rex	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)

USAWA Record List

DEADLIFT, NO THUMB, RIGHT	70	M	100	155	Bletscher, Rudy	12/5/2009	GOERNER DEADLIFT DOZEN PLUS ONE (2009)
DEADLIFT, NO THUMB, RIGHT	70	M	105	185	Myers, LaVerne	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, NO THUMB, RIGHT	70	M	110	187	Myers, LaVerne	11/4/2017	IAWA GOLD CUP (2017) - Glasgow, UK
DEADLIFT, NO THUMB, RIGHT	70	M	125	187	Ciavattone, Frank	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DEADLIFT, NO THUMB, RIGHT	75	M	65	106	Pensyl, Barry	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	75	M	85	135	Habecker, Denny	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, NO THUMB, RIGHT	75	M	90	125	Habecker, Denny	2/9/2019	2019 USAWA Grip Championships
DEADLIFT, NO THUMB, RIGHT	75	M	100	175	Myers, LaVerne	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, NO THUMB, RIGHT	75	M	105	164	Myers, LaVerne	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, NO THUMB, RIGHT	75	M	110	135	Ross, Dean	2/11/2018	RD - Dino Gym
DEADLIFT, NO THUMB, RIGHT	80	M	75	110	Stephenson, John	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, NO THUMB, RIGHT	80	M	85	132	Habecker, Denny	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	80	M	110	135	Clark, Bill	11/8/2014	2014 Clarks RD
DEADLIFT, NO THUMB, RIGHT	85	M	95	135	Clark, Bill	3/31/2020	POSTAL (2020) - Q1
DEADLIFT, NO THUMB, RIGHT	85	M	100	125	Clark, Bill	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, NO THUMB, RIGHT	90	M	90	75	Clark, Bill	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, NO THUMB, RIGHT	90	M	95	100	Clark, Bill	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	ALL	M	35	55	Wenzel, Logan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, NO THUMB, RIGHT	ALL	M	45	55	Todd, Leroy	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	ALL	M	55	95	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, NO THUMB, RIGHT	ALL	M	60	95	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, NO THUMB, RIGHT	ALL	M	65	127	O'Neil-Butters, Maverick	4/20/2024	New England Grip Classic (2024)
DEADLIFT, NO THUMB, RIGHT	ALL	M	70	170	Frieders, Nicholas	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, NO THUMB, RIGHT	ALL	M	75	155	Zaremba, Pete	10/12/1997	97 Art's Birthday Bash
DEADLIFT, NO THUMB, RIGHT	ALL	M	80	225	Smith, Abe	3/31/2023	POSTAL (2023) - Q1
DEADLIFT, NO THUMB, RIGHT	ALL	M	85	210	Smith, Abe	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, NO THUMB, RIGHT	ALL	M	90	187	Bryan, Barry	3/31/2014	POSTAL (2014) - Q1
DEADLIFT, NO THUMB, RIGHT	ALL	M	95	225	Strangeway, John	3/31/2020	POSTAL (2020) - Q1
DEADLIFT, NO THUMB, RIGHT	ALL	M	100	275	Edwards, Ben	11/22/2009	RD- Clarks Gym '09
DEADLIFT, NO THUMB, RIGHT	ALL	M	105	266	McBride, Mike	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, NO THUMB, RIGHT	ALL	M	110	220	Ciavattone, Jeff	10/27/2018	2018 NE Fall Classic
DEADLIFT, NO THUMB, RIGHT	ALL	M	115	225	Myers, Al	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, NO THUMB, RIGHT	ALL	M	120	275	Myers, Al	11/22/2009	RD- Clarks Gym '09
DEADLIFT, NO THUMB, RIGHT	ALL	M	125	215	Fulton, Kevin	5/20/2000	2000 Super Grip Challenge
DEADLIFT, NO THUMB, RIGHT	ALL	M	125+	225	Tully, Scott	2/11/2012	2012 Grip Championships
DEADLIFT, NO THUMBS	13	F	55	130	Todd, Phoebe	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	14	F	40	65	Gupta, Nisha	4/7/2024	Bench press Heptathlon
DEADLIFT, NO THUMBS	40	F	70	275	Skwarecki, Beth	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
DEADLIFT, NO THUMBS	50	F	50	225	Jackson, RJ	12/1/2012	2012 Gracie Club RD
DEADLIFT, NO THUMBS	50	F	60	185	Brooner-Lakowsky, Tressa	6/30/2016	POSTAL (2016) - Q2
DEADLIFT, NO THUMBS	50	F	100	180	Sees, Susan	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, NO THUMBS	55	F	90	160	Lupo, Allison	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO

USAWA Record List

DEADLIFT, NO THUMBS	60	F	75	150	Thompson, Janet	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	65	F	75	155	Thompson, Janet	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, NO THUMBS	ALL	F	40	65	Gupta, Nisha	4/7/2024	Bench press Heptathlon
DEADLIFT, NO THUMBS	ALL	F	50	225	Jackson, RJ	12/1/2012	2012 Gracie Club RD
DEADLIFT, NO THUMBS	ALL	F	55	130	Todd, Phoebe	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	ALL	F	60	185	Brooner-Lakowsky, Tressa	6/30/2016	POSTAL (2016) - Q2
DEADLIFT, NO THUMBS	ALL	F	70	275	Skwarecki, Beth	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
DEADLIFT, NO THUMBS	ALL	F	75	200	Lydon, Kim	7/27/2019	2019 Eastern Mass RD
DEADLIFT, NO THUMBS	ALL	F	85	200	Todd, Stacy	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	ALL	F	90	160	Lupo, Allison	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, NO THUMBS	ALL	F	95	185	Hopps, Jessica	7/31/2022	RD - Clark vs Frank
DEADLIFT, NO THUMBS	ALL	F	100	180	Sees, Susan	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, NO THUMBS	13	M	30	85	Wenzel, Logan	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, NO THUMBS	13	M	35	100	Todd, Everett	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	13	M	40	110	Todd, Leroy	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	13	M	45	121	Todd, Everett	11/18/2023	RD - Lift for Leroy '23
DEADLIFT, NO THUMBS	13	M	50	95	Todd, Leroy	11/18/2023	RD - Lift for Leroy '23
DEADLIFT, NO THUMBS	13	M	60	127	Habecker, Aidan	6/30/2016	POSTAL (2016) - Q2
DEADLIFT, NO THUMBS	40	M	85	470	Smith, Abe	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	40	M	95	474	Strangeway, John	5/4/2019	RD - Spring Dino Gym
DEADLIFT, NO THUMBS	40	M	115	510	Ullom, Chad	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, NO THUMBS	40	M	125	402	Dabbs, Noah	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, NO THUMBS	40	M	125+	365	Barnhart, Darren	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, NO THUMBS	45	M	90	310	Brien, Dave	3/4/2017	2017 Iceberg Open RD
DEADLIFT, NO THUMBS	45	M	95	355	Fobes, Jarrod	4/14/2024	Record Day- Clark's Gym 1
DEADLIFT, NO THUMBS	45	M	100	236	Fobes, Jarrod	4/11/2026	2026 Bench Press Heptathlon V and Record Day
DEADLIFT, NO THUMBS	45	M	125	357	Todd, Eric	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	50	M	75	242	Marchand, Wade	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	50	M	90	305	Gupta, Sanjiv	7/13/2023	RD - Colorado
DEADLIFT, NO THUMBS	50	M	95	300	Gupta, Sanjiv	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
DEADLIFT, NO THUMBS	50	M	100	325	Gupta, Sanjiv	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
DEADLIFT, NO THUMBS	50	M	105	226	Hadley, Patrick	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
DEADLIFT, NO THUMBS	50	M	110	315	Cotney, Michael	8/17/2024	2024 USA Kentucky Open - Somerset, KY
DEADLIFT, NO THUMBS	50	M	115	205	Poore, Clint	11/9/2024	Buffville Cup V (2024) - Albany, KY
DEADLIFT, NO THUMBS	50	M	125+	275	Foster, Lance	5/4/2019	RD - Spring Dino Gym
DEADLIFT, NO THUMBS	55	M	80	334	Patterson, Tony	3/4/2017	2017 Iceberg Open RD
DEADLIFT, NO THUMBS	55	M	105	375	Myers, Al	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	55	M	110	350	Lupo, Tony	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	55	M	115	325	Lupo, Tony	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, NO THUMBS	55	M	125+	275	Foster, Lance	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, NO THUMBS	60	M	75	280	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, NO THUMBS	60	M	80	305	Santangelo, Stephen	12/20/2015	2015 John's RD

USAWA Record List

DEADLIFT, NO THUMBS	60	M	85	350	DeForest, Dave	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	60	M	90	370	DeForest, Dave	12/17/2022	Memorial Record Day
DEADLIFT, NO THUMBS	60	M	100	400	Carter, John	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	65	M	75	254	McKean, John	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, NO THUMBS	65	M	85	305	DeForest, Dave	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
DEADLIFT, NO THUMBS	65	M	90	286	Habecker, Denny	8/25/2012	PRESIDENTIAL CUP (2012)
DEADLIFT, NO THUMBS	65	M	110	250	Larson, Nils	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
DEADLIFT, NO THUMBS	65	M	115	264	Licini, Jerome	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
DEADLIFT, NO THUMBS	65	M	125	315	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, NO THUMBS	65	M	125+	408	Ciavattone, Frank	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, NO THUMBS	70	M	65	231	Pensyl, Barry	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	70	M	75	210	McKean, John	10/16/2016	2016 Art's Birthday Bash
DEADLIFT, NO THUMBS	70	M	80	265	Emslie, David	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
DEADLIFT, NO THUMBS	70	M	90	270	Habecker, Denny	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, NO THUMBS	70	M	110	242	Myers, LaVerne	6/30/2016	POSTAL (2016) - Q2
DEADLIFT, NO THUMBS	70	M	115	200	Geib, Bob	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, NO THUMBS	70	M	120	220	Ross, Dean	6/30/2016	POSTAL (2016) - Q2
DEADLIFT, NO THUMBS	75	M	70	187	Mitchell, Dennis	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, NO THUMBS	75	M	85	264	Habecker, Denny	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, NO THUMBS	75	M	90	243	Habecker, Denny	5/4/2019	RD - Spring Dino Gym
DEADLIFT, NO THUMBS	75	M	100	265	Myers, LaVerne	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	80	M	70	170	Mitchell, Dennis	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, NO THUMBS	80	M	85	209	Habecker, Denny	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
DEADLIFT, NO THUMBS	85	M	70	154	Mitchell, Dennis	10/15/2017	2017 Art's Birthday Bash
DEADLIFT, NO THUMBS	85	M	95	150	Clark, Bill	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	ALL	M	30	85	Wenzel, Logan	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, NO THUMBS	ALL	M	35	100	Todd, Everett	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	ALL	M	40	110	Todd, Leroy	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	ALL	M	45	121	Todd, Everett	11/18/2023	RD - Lift for Leroy '23
DEADLIFT, NO THUMBS	ALL	M	50	95	Todd, Leroy	11/18/2023	RD - Lift for Leroy '23
DEADLIFT, NO THUMBS	ALL	M	60	127	Habecker, Aidan	6/30/2016	POSTAL (2016) - Q2
DEADLIFT, NO THUMBS	ALL	M	65	231	Pensyl, Barry	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	ALL	M	70	405	Frieders, Nicholas	6/30/2022	POSTAL (2022) - Q2
DEADLIFT, NO THUMBS	ALL	M	75	280	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, NO THUMBS	ALL	M	80	334	Patterson, Tony	3/4/2017	2017 Iceberg Open RD
DEADLIFT, NO THUMBS	ALL	M	85	505	Wagman, Dan	6/30/2016	POSTAL (2016) - Q2
DEADLIFT, NO THUMBS	ALL	M	90	370	DeForest, Dave	12/17/2022	Memorial Record Day
DEADLIFT, NO THUMBS	ALL	M	95	474	Strangeway, John	5/4/2019	RD - Spring Dino Gym
DEADLIFT, NO THUMBS	ALL	M	100	401	Ciavattone, Joe Jr.	4/16/2016	2016 Frank's RD
DEADLIFT, NO THUMBS	ALL	M	105	505	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, NO THUMBS	ALL	M	110	455	Ciavattone, Jeff	10/27/2018	2018 NE Fall Classic
DEADLIFT, NO THUMBS	ALL	M	115	510	Ullom, Chad	7/15/2012	2012 Ledaig Record Breakers

USAWA Record List

DEADLIFT, NO THUMBS	ALL	M	120	454	Ciavattone, Jeff	4/16/2016	2016 Frank's RD
DEADLIFT, NO THUMBS	ALL	M	125	402	Dabbs, Noah	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, NO THUMBS	ALL	M	125+	602	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, NO THUMBS, OVERHAND GRIP	13	F	40	75	Todd, Phoebe	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, NO THUMBS, OVERHAND GRIP	50	F	50	175	Jackson, RJ	12/27/2014	2014 Colorado RB
DEADLIFT, NO THUMBS, OVERHAND GRIP	50	F	120	176	Sees, Susan	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
DEADLIFT, NO THUMBS, OVERHAND GRIP	55	F	50	176	Jackson, RJ	10/6/2019	2019 Worlds - Abilene
DEADLIFT, NO THUMBS, OVERHAND GRIP	55	F	90	155	Lupo, Allison	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, NO THUMBS, OVERHAND GRIP	65	F	75	155	Thompson, Janet	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	F	40	75	Todd, Phoebe	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	F	50	176	Jackson, RJ	10/6/2019	2019 Worlds - Abilene
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	F	60	226	Skwarecki, Beth	10/6/2019	2019 Worlds - Abilene
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	F	70	200	Lydon, Kim	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	F	75	264	Cicero, Kasey	8/5/2023	PRESIDENTIAL CUP (2023)
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	F	90	115	Lupo, Allison	8/16/2025	Walpole Record Day, East Walpole, MA
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	F	115	186	Jobe, Alison	8/18/2013	RD - Dino Days (2013)
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	F	120	176	Sees, Susan	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
DEADLIFT, NO THUMBS, OVERHAND GRIP	13	M	45	74	Montini, Benson	10/14/2012	2012 Arts Birthday Bash
DEADLIFT, NO THUMBS, OVERHAND GRIP	14	M	65	210	Lestan, Eric	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	14	M	70	215	Lestan, Eric	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	14	M	90	220	Habecker, Aidan	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	14	M	95	242	Habecker, Aidan	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	16	M	95	231	Habecker, Aidan	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, NO THUMBS, OVERHAND GRIP	40	M	90	370	Strangeway, John	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	40	M	95	402	Strangeway, John	10/6/2019	2019 Worlds - Abilene
DEADLIFT, NO THUMBS, OVERHAND GRIP	40	M	100	395	Strangeway, John	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, NO THUMBS, OVERHAND GRIP	40	M	115	303	Todd, Eric	10/6/2019	2019 Worlds - Abilene
DEADLIFT, NO THUMBS, OVERHAND GRIP	40	M	120	402	Ullom, Chad	1/17/2015	Dino Gym Challenge (2015)
DEADLIFT, NO THUMBS, OVERHAND GRIP	40	M	125	364	Dabbs, Noah	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, NO THUMBS, OVERHAND GRIP	45	M	100	300	Fobes, Jarrod	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
DEADLIFT, NO THUMBS, OVERHAND GRIP	45	M	105	402	Myers, Al	11/27/2015	IAWA GOLD CUP (2015) - Perth, AU
DEADLIFT, NO THUMBS, OVERHAND GRIP	45	M	110	408	Ullom, Chad	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	45	M	125+	303	Foster, Lance	1/17/2015	Dino Gym Challenge (2015)
DEADLIFT, NO THUMBS, OVERHAND GRIP	50	M	90	275	Gupta, Sanjiv	6/24/2023	NATIONALS (2023) - Columbia, MO
DEADLIFT, NO THUMBS, OVERHAND GRIP	50	M	95	300	Gupta, Sanjiv	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
DEADLIFT, NO THUMBS, OVERHAND GRIP	50	M	100	315	Gupta, Sanjiv	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
DEADLIFT, NO THUMBS, OVERHAND GRIP	50	M	105	397	Myers, Al	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, NO THUMBS, OVERHAND GRIP	50	M	110	375	Myers, Al	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	50	M	115	300	Raymond, Mark	1/20/2018	Record Day- Fall Classic
DEADLIFT, NO THUMBS, OVERHAND GRIP	50	M	125+	270	Foster, Lance	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, NO THUMBS, OVERHAND GRIP	55	M	80	401	Patterson, Tony	1/20/2018	Record Day- Fall Classic
DEADLIFT, NO THUMBS, OVERHAND GRIP	55	M	110	225	Lupo, Tony	8/16/2025	Walpole Record Day, East Walpole, MA

USAWA Record List

DEADLIFT, NO THUMBS, OVERHAND GRIP	55	M	115	286	Raymond, Mark	7/21/2018	2018 NE Record Day
DEADLIFT, NO THUMBS, OVERHAND GRIP	55	M	125+	364	Douglas, John	10/6/2019	2019 Worlds - Abilene
DEADLIFT, NO THUMBS, OVERHAND GRIP	60	M	75	265	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, NO THUMBS, OVERHAND GRIP	60	M	80	285	Santangelo, Stephen	12/20/2015	2015 John's RD
DEADLIFT, NO THUMBS, OVERHAND GRIP	60	M	85	330	Bryan, Barry	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	60	M	90	308	Smith, Randy	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	60	M	125+	375	Ciavattone, Frank	12/28/2019	Anderson Winter Classic
DEADLIFT, NO THUMBS, OVERHAND GRIP	65	M	85	225	DeForest, Dave	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
DEADLIFT, NO THUMBS, OVERHAND GRIP	65	M	115	176	Licini, Jerome	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	70	M	70	200	Pensyl, Barry	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	70	M	105	275	Myers, LaVerne	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	70	M	110	250	Myers, LaVerne	1/27/2018	Dino Gym Challenge (2018)
DEADLIFT, NO THUMBS, OVERHAND GRIP	70	M	120	253	Ross, Dean	1/17/2015	Dino Gym Challenge (2015)
DEADLIFT, NO THUMBS, OVERHAND GRIP	75	M	85	253	Habecker, Denny	10/6/2019	2019 Worlds - Abilene
DEADLIFT, NO THUMBS, OVERHAND GRIP	75	M	90	264	Habecker, Denny	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	75	M	105	286	Myers, LaVerne	10/6/2019	2019 Worlds - Abilene
DEADLIFT, NO THUMBS, OVERHAND GRIP	75	M	110	242	Ross, Dean	10/6/2019	2019 Worlds - Abilene
DEADLIFT, NO THUMBS, OVERHAND GRIP	75	M	115	220	Ross, Dean	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	80	M	70	154	Mitchell, Dennis	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
DEADLIFT, NO THUMBS, OVERHAND GRIP	80	M	85	220	Habecker, Denny	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	85	M	65	156	Mitchell, Dennis	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	65	156	Mitchell, Dennis	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	70	253	Rein, Brandon	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	75	308	Lokken, Cody	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	80	401	Patterson, Tony	1/20/2018	Record Day- Fall Classic
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	85	359	Wagman, Dan	10/6/2019	2019 Worlds - Abilene
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	90	370	Strangeway, John	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	95	402	Strangeway, John	10/6/2019	2019 Worlds - Abilene
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	100	395	Strangeway, John	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	105	402	Myers, Al	11/27/2015	IAWA GOLD CUP (2015) - Perth, AU
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	110	450	Ciavattone, Jeff	12/31/2018	POSTAL (2018) - Q4
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	115	369	Jones, Kyle	1/17/2015	Dino Gym Challenge (2015)
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	120	402	Ullom, Chad	1/17/2015	Dino Gym Challenge (2015)
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	125	424	Lestan, Chris	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	125+	419	Lestan, Chris	10/6/2019	2019 Worlds - Abilene
DEADLIFT, NO THUMBS, OVERHAND GRIP	NAT	M	65	156	Mitchell, Dennis	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	NAT	M	70	215	Lestan, Eric	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	NAT	M	85	242	Habecker, Denny	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	NAT	M	90	308	Smith, Randy	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	NAT	M	95	242	Habecker, Aidan	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	NAT	M	105	375	Myers, Al	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	NAT	M	110	242	Ross, Dean	6/22/2019	NATIONALS (2019) - Lebanon, PA

USAWA Record List

DEADLIFT, NO THUMBS, OVERHAND GRIP	NAT	M	125	424	Lestan, Chris	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, NO THUMBS, OVERHAND GRIP	NAT	M	125+	198	Ciavattone, Frank	6/22/2019	NATIONALS (2019) - Lebanon, PA
DEADLIFT, ONE ARM, LEFT	13	F	50	125	Holeman, Kayla	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, ONE ARM, LEFT	13	F	55	90	Myers, Molly	2/15/2009	RD - Dino Gym (2009)
DEADLIFT, ONE ARM, LEFT	13	F	75	106	Griffis, Kirstie	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, ONE ARM, LEFT	14	F	60	155	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, ONE ARM, LEFT	14	F	70	90	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, ONE ARM, LEFT	14	F	75	136	Fritz, Misty	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, ONE ARM, LEFT	14	F	80	167	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, ONE ARM, LEFT	16	F	75	165	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, ONE ARM, LEFT	16	F	115	150	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, ONE ARM, LEFT	18	F	60	100	Burks, Amy	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, ONE ARM, LEFT	40	F	70	198	Skwarecki, Beth	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
DEADLIFT, ONE ARM, LEFT	40	F	75	135	Hopps, Jessica	9/30/2025	POSTAL (2025) - Q3
DEADLIFT, ONE ARM, LEFT	40	F	125+	165	McConnaughey, Mary	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, ONE ARM, LEFT	45	F	50	77	Phumchaona, Noi	10/12/1991	91 U.S. Inlands
DEADLIFT, ONE ARM, LEFT	45	F	55	110	Phumchaona, Noi	1/30/1993	93 Buckeye Record Breaker
DEADLIFT, ONE ARM, LEFT	45	F	125+	167	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, ONE ARM, LEFT	50	F	50	181	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
DEADLIFT, ONE ARM, LEFT	50	F	55	143	Phumchaona, Noi	2/26/1994	94 Buckeye Record Breaker
DEADLIFT, ONE ARM, LEFT	50	F	100	110	Sees, Susan	9/27/2014	2014 Worlds - Norwood
DEADLIFT, ONE ARM, LEFT	55	F	55	110	Phumchaona, Noi	2/27/1999	99 Buckeye Record Breaker
DEADLIFT, ONE ARM, LEFT	55	F	60	105	VanWagner, Kim	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
DEADLIFT, ONE ARM, LEFT	55	F	75	135	Ollennuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, ONE ARM, LEFT	55	F	90	135	Lupo, Allison	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, ONE ARM, LEFT	55	F	95	125	Gore, Lisa	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, ONE ARM, LEFT	55	F	100	160	Gore, Lisa	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
DEADLIFT, ONE ARM, LEFT	60	F	55	67	Anderson, Carolyn	5/10/2003	2003 Buckeye Record Break
DEADLIFT, ONE ARM, LEFT	60	F	75	100	Thompson, Janet	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, ONE ARM, LEFT	60	F	105	172	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
DEADLIFT, ONE ARM, LEFT	65	F	75	110	Thompson, Janet	6/21/2025	Women's Only Meet, Columbia, MO
DEADLIFT, ONE ARM, LEFT	ALL	F	50	181	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
DEADLIFT, ONE ARM, LEFT	ALL	F	55	143	Phumchaona, Noi	2/26/1994	94 Buckeye Record Breaker
DEADLIFT, ONE ARM, LEFT	ALL	F	60	155	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, ONE ARM, LEFT	ALL	F	65	187	Simonsen, Jacqueline	7/18/1993	93 IAWA - Walpole, MA
DEADLIFT, ONE ARM, LEFT	ALL	F	70	198	Skwarecki, Beth	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
DEADLIFT, ONE ARM, LEFT	ALL	F	75	225	Ollennuking, Amorkor	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
DEADLIFT, ONE ARM, LEFT	ALL	F	80	220	Ollennuking, Amorkor	2/4/1996	ZERCHER STRENGTH CLASSIC (1996)
DEADLIFT, ONE ARM, LEFT	ALL	F	85	160	Schuster, Jo	2/6/1988	RD - Columbia, MO '88
DEADLIFT, ONE ARM, LEFT	ALL	F	90	135	Lupo, Allison	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, ONE ARM, LEFT	ALL	F	95	125	Gore, Lisa	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, ONE ARM, LEFT	ALL	F	100	160	Gore, Lisa	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO

USAWA Record List

DEADLIFT, ONE ARM, LEFT	ALL	F	105	172	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
DEADLIFT, ONE ARM, LEFT	ALL	F	115	150	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, ONE ARM, LEFT	ALL	F	125+	167	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, ONE ARM, LEFT	NAT	F	50	77	Phumchaona, Noi	7/13/1991	NATIONALS (1991) - Plymouth, PA
DEADLIFT, ONE ARM, LEFT	13	M	35	65	Wenzel, Logan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, ONE ARM, LEFT	13	M	40	100	Schmidt, Jeremiah	12/9/1990	Columbia, MO.
DEADLIFT, ONE ARM, LEFT	13	M	45	95	Schmidt, Jeremiah	1/19/1992	ZERCHER STRENGTH CLASSIC (1992)
DEADLIFT, ONE ARM, LEFT	13	M	70	135	Anderson, Jonathan	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, ONE ARM, LEFT	14	M	60	176	Brewer, Austin	9/30/2015	POSTAL (2015) - Q3
DEADLIFT, ONE ARM, LEFT	14	M	65	198	Kressly, Draven	9/30/2015	POSTAL (2015) - Q3
DEADLIFT, ONE ARM, LEFT	14	M	75	200	Howard, Colby	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, ONE ARM, LEFT	14	M	80	241	Loewer, James	11/17/1999	99 Art's Birthday Bash
DEADLIFT, ONE ARM, LEFT	14	M	95	135	Calcote, Kyle	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
DEADLIFT, ONE ARM, LEFT	14	M	125+	165	Montague-Casillas, Tom	8/20/2011	2011 Atomic Athletic Meet
DEADLIFT, ONE ARM, LEFT	16	M	55	125	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, ONE ARM, LEFT	16	M	60	115	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, ONE ARM, LEFT	16	M	70	308	Hancock, Matt	9/27/2014	2014 Worlds - Norwood
DEADLIFT, ONE ARM, LEFT	16	M	75	325	Hancock, Matt	6/20/2015	NATIONALS (2015) - York, PA
DEADLIFT, ONE ARM, LEFT	16	M	80	165	Quick, Sean	2/5/2000	ZERCHER STRENGTH CLASSIC (2000)
DEADLIFT, ONE ARM, LEFT	16	M	85	315	Holcomb, Seth	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, LEFT	16	M	90	315	Holcomb, Seth	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, ONE ARM, LEFT	16	M	105	300	Kucera, Elijah	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, ONE ARM, LEFT	18	M	70	130	Market, Tim	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
DEADLIFT, ONE ARM, LEFT	18	M	80	318	Esquibel, Ray	12/6/1987	Columbia, MO.
DEADLIFT, ONE ARM, LEFT	40	M	65	265	Pensyl, Barry	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, ONE ARM, LEFT	40	M	70	310	Waterman, Chris	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	40	M	75	360	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	40	M	80	441	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
DEADLIFT, ONE ARM, LEFT	40	M	85	400	Hirsh, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	40	M	90	300	Burks, Eddie	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, ONE ARM, LEFT	40	M	95	170	Hart, James	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, ONE ARM, LEFT	40	M	100	200	Strangeway, John	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, ONE ARM, LEFT	40	M	105	300	Carter, John	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, ONE ARM, LEFT	40	M	110	309	Karhan, Bob	10/12/1991	91 U.S. Inlands
DEADLIFT, ONE ARM, LEFT	40	M	115	400	Ullom, Chad	1/14/2012	Dino Gym Challenge (2012)
DEADLIFT, ONE ARM, LEFT	40	M	120	365	Myers, Al	12/5/2009	GOERNER DEADLIFT DOZEN PLUS ONE (2009)
DEADLIFT, ONE ARM, LEFT	40	M	125	315	Fulton, Kevin	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, ONE ARM, LEFT	40	M	125+	352	Campbell, Scott	8/30/2015	POSTAL (2015) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, ONE ARM, LEFT	45	M	65	270	Pensyl, Barry	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, ONE ARM, LEFT	45	M	70	185	Ortega, Toby	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, ONE ARM, LEFT	45	M	90	364	Clark, Bill	12/28/2016	Record Day- Lebanon, PA Valley
DEADLIFT, ONE ARM, LEFT	45	M	100	225	Fobes, Jarrod	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)

USAWA Record List

DEADLIFT, ONE ARM, LEFT	45	M	105	375	Schock, Ed	12/1/2002	2002 Postal Meet
DEADLIFT, ONE ARM, LEFT	45	M	110	315	Garcia, Joe	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, ONE ARM, LEFT	45	M	115	320	Myers, Al	1/14/2012	Dino Gym Challenge (2012)
DEADLIFT, ONE ARM, LEFT	45	M	120	198	Sullivan, Jim	9/21/2002	2002 IAWA Championships
DEADLIFT, ONE ARM, LEFT	45	M	125+	135	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
DEADLIFT, ONE ARM, LEFT	50	M	75	211	Marchand, Wade	12/31/2023	2023 New Years Eve Record Breaker
DEADLIFT, ONE ARM, LEFT	50	M	80	275	Ellis, Dave	9/27/2014	2014 Worlds - Norwood
DEADLIFT, ONE ARM, LEFT	50	M	85	305	Friesz, Dale	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
DEADLIFT, ONE ARM, LEFT	50	M	90	300	Caron, Joe	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, ONE ARM, LEFT	50	M	95	320	Vernacchio, John	10/12/1991	91 U.S. Inlands
DEADLIFT, ONE ARM, LEFT	50	M	100	253	Schock, Ed	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, ONE ARM, LEFT	50	M	105	325	Ullom, Chad	9/30/2025	POSTAL (2025) - Q3
DEADLIFT, ONE ARM, LEFT	50	M	110	350	Malloy, Jim	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	50	M	115	342	Malloy, Jim	3/6/1993	93 Winterfest
DEADLIFT, ONE ARM, LEFT	50	M	125+	310	McCoy, Joe	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
DEADLIFT, ONE ARM, LEFT	55	M	75	276	Friesz, Dale	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
DEADLIFT, ONE ARM, LEFT	55	M	80	305	Friesz, Dale	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	55	M	85	305	Friesz, Dale	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
DEADLIFT, ONE ARM, LEFT	55	M	90	220	Durante, Richard	3/10/1990	All-round Championships (1990) - Valley Forge Open
DEADLIFT, ONE ARM, LEFT	55	M	95	275	Garcia, Joe	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
DEADLIFT, ONE ARM, LEFT	55	M	100	314	Vernacchio, John	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, ONE ARM, LEFT	55	M	110	355	Malloy, Jim	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	55	M	115	300	Glasgow, Dave	1/14/2012	Dino Gym Challenge (2012)
DEADLIFT, ONE ARM, LEFT	55	M	125+	190	Foster, Lance	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, ONE ARM, LEFT	60	M	75	314	Montini, Art	10/12/1991	91 U.S. Inlands
DEADLIFT, ONE ARM, LEFT	60	M	80	228	Mitchell, Dennis	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	60	M	85	270	DeForest, Dave	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, ONE ARM, LEFT	60	M	90	250	DeForest, Dave	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, ONE ARM, LEFT	60	M	95	304	Rice, Chris	5/14/2011	2011 Black Swamp
DEADLIFT, ONE ARM, LEFT	60	M	100	265	Carter, John	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, ONE ARM, LEFT	60	M	105	275	Clark, Bill	11/6/1994	RD - Columbia, MO '94
DEADLIFT, ONE ARM, LEFT	60	M	110	203	Schmidt, Scott	6/20/2015	NATIONALS (2015) - York, PA
DEADLIFT, ONE ARM, LEFT	60	M	115	225	Clark, Bill	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, ONE ARM, LEFT	60	M	120	305	Malloy, Jim	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, ONE ARM, LEFT	60	M	125	215	McCoy, Joe	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, ONE ARM, LEFT	65	M	75	300	Montini, Art	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
DEADLIFT, ONE ARM, LEFT	65	M	80	281	Montini, Art	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, ONE ARM, LEFT	65	M	85	275	Montini, Art	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	65	M	90	280	Smith, Randy	8/21/2022	CLARK'S BIRTHDAY WEEKEND
DEADLIFT, ONE ARM, LEFT	65	M	95	321	Monahan, Rex	7/18/1993	93 IAWA - Walpole, MA
DEADLIFT, ONE ARM, LEFT	65	M	100	325	Monahan, Rex	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
DEADLIFT, ONE ARM, LEFT	65	M	110	223	Larson, Nils	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)

USAWA Record List

DEADLIFT, ONE ARM, LEFT	65	M	115	254	Myers, LaVerne	2/8/2014	2014 Grip Championships
DEADLIFT, ONE ARM, LEFT	65	M	125	185	Ross, Dean	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
DEADLIFT, ONE ARM, LEFT	65	M	125+	185	Ross, Dean	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)
DEADLIFT, ONE ARM, LEFT	70	M	75	209	McKean, John	12/20/2015	2015 John's RD
DEADLIFT, ONE ARM, LEFT	70	M	80	225	Emslie, David	11/8/2014	2014 Clarks RD
DEADLIFT, ONE ARM, LEFT	70	M	85	345	Monahan, Rex	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
DEADLIFT, ONE ARM, LEFT	70	M	90	350	Monahan, Rex	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, ONE ARM, LEFT	70	M	95	342	Monahan, Rex	2/5/1995	ZERCHER STRENGTH CLASSIC (1995)
DEADLIFT, ONE ARM, LEFT	70	M	100	180	Bletscher, Rudy	12/6/2008	GOERNER DEADLIFT DOZEN PLUS ONE (2008)
DEADLIFT, ONE ARM, LEFT	70	M	110	226	Myers, LaVerne	9/30/2015	POSTAL (2015) - Q3
DEADLIFT, ONE ARM, LEFT	70	M	115	240	Glasgow, Dave	9/30/2025	POSTAL (2025) - Q3
DEADLIFT, ONE ARM, LEFT	70	M	120	160	Geib, Bob	9/27/2014	2014 Worlds - Norwood
DEADLIFT, ONE ARM, LEFT	70	M	125	250	Ciavattone, Frank	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, ONE ARM, LEFT	75	M	60	143	Pensyl, Barry	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
DEADLIFT, ONE ARM, LEFT	75	M	70	176	Mitchell, Dennis	6/27/2010	NATIONALS (2010) - Lebanon, PA
DEADLIFT, ONE ARM, LEFT	75	M	75	200	Mitchell, Dennis	8/3/2008	NATIONALS (2008) - Columbus, OH
DEADLIFT, ONE ARM, LEFT	75	M	80	140	Cox, Bob	11/23/2003	2003 Jump Stretch Record
DEADLIFT, ONE ARM, LEFT	75	M	85	300	Monahan, Rex	9/21/2002	2002 IAWA Championships
DEADLIFT, ONE ARM, LEFT	75	M	90	105	Ross, Dean	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, ONE ARM, LEFT	75	M	95	353	Monahan, Rex	10/10/1999	99 IAWA Worlds -Australia
DEADLIFT, ONE ARM, LEFT	75	M	100	200	Myers, LaVerne	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, ONE ARM, LEFT	75	M	105	200	Myers, LaVerne	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, ONE ARM, LEFT	75	M	110	165	Ross, Dean	6/30/2018	POSTAL (2018) - Q2
DEADLIFT, ONE ARM, LEFT	75	M	115	209	Clark, Bill	8/3/2008	NATIONALS (2008) - Columbus, OH
DEADLIFT, ONE ARM, LEFT	80	M	70	138	Mitchell, Dennis	10/10/2015	2015 Worlds - Glasgow
DEADLIFT, ONE ARM, LEFT	80	M	80	154	Habecker, Denny	5/25/2024	RD - Lebanon, PA '24
DEADLIFT, ONE ARM, LEFT	80	M	85	198	Montini, Art	6/27/2010	NATIONALS (2010) - Lebanon, PA
DEADLIFT, ONE ARM, LEFT	80	M	100	150	Clark, Bill	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
DEADLIFT, ONE ARM, LEFT	80	M	110	160	Clark, Bill	11/8/2014	2014 Clarks RD
DEADLIFT, ONE ARM, LEFT	85	M	65	115	Mitchell, Dennis	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
DEADLIFT, ONE ARM, LEFT	85	M	70	132	Mitchell, Dennis	10/15/2017	2017 Art's Birthday Bash
DEADLIFT, ONE ARM, LEFT	85	M	80	176	Montini, Art	9/27/2014	2014 Worlds - Norwood
DEADLIFT, ONE ARM, LEFT	85	M	95	140	Clark, Bill	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
DEADLIFT, ONE ARM, LEFT	90	M	90	75	Clark, Bill	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, ONE ARM, LEFT	90	M	95	135	Clark, Bill	8/21/2022	CLARK'S BIRTHDAY WEEKEND
DEADLIFT, ONE ARM, LEFT	ALL	M	35	65	Wenzel, Logan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, ONE ARM, LEFT	ALL	M	60	309	Quier, Dave	11/23/1991	Lakewood, Oh.
DEADLIFT, ONE ARM, LEFT	ALL	M	65	270	Pensyl, Barry	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, ONE ARM, LEFT	ALL	M	70	325	Frieders, Nicholas	1/30/2022	ZERCHER STRENGTH CLASSIC (2022)
DEADLIFT, ONE ARM, LEFT	ALL	M	75	360	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	ALL	M	80	441	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
DEADLIFT, ONE ARM, LEFT	ALL	M	85	400	Hirsh, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO

USAWA Record List

DEADLIFT, ONE ARM, LEFT	ALL	M	90	364	Clark, Bill	12/28/2016	Record Day- Lebanon, PA Valley
DEADLIFT, ONE ARM, LEFT	ALL	M	95	353	Monahan, Rex	10/10/1999	99 IAWA Worlds -Australia
DEADLIFT, ONE ARM, LEFT	ALL	M	100	410	Venterosa, Don	11/4/1989	New England
DEADLIFT, ONE ARM, LEFT	ALL	M	105	519	Durniat, Andrew	5/14/2011	2011 Black Swamp
DEADLIFT, ONE ARM, LEFT	ALL	M	110	413	Ullom, Chad	2/14/2010	RD - Dino Gym (2010)
DEADLIFT, ONE ARM, LEFT	ALL	M	115	400	Ullom, Chad	1/14/2012	Dino Gym Challenge (2012)
DEADLIFT, ONE ARM, LEFT	ALL	M	120	365	Myers, Al	12/5/2009	GOERNER DEADLIFT DOZEN PLUS ONE (2009)
DEADLIFT, ONE ARM, LEFT	ALL	M	125	345	Myers, Al	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, ONE ARM, LEFT	ALL	M	125+	480	Ciavattone, Frank	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
DEADLIFT, ONE ARM, LEFT	NAT	M	65	270	Pensyl, Barry	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, ONE ARM, LEFT	NAT	M	70	310	Waterman, Chris	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	NAT	M	75	360	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	NAT	M	80	402	Hirsh, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, ONE ARM, LEFT	NAT	M	85	400	Hirsh, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	NAT	M	90	300	Monahan, Rex	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	NAT	M	95	287	Vernacchio, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
DEADLIFT, ONE ARM, LEFT	NAT	M	100	314	Vernacchio, John	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, ONE ARM, LEFT	NAT	M	105	441	Durniat, Andrew	8/3/2008	NATIONALS (2008) - Columbus, OH
DEADLIFT, ONE ARM, LEFT	NAT	M	110	355	Malloy, Jim	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, LEFT	NAT	M	115	209	Clark, Bill	8/3/2008	NATIONALS (2008) - Columbus, OH
DEADLIFT, ONE ARM, LEFT	NAT	M	125+	275	McCoy, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	55	F	90	85	Lupo, Allison	4/14/2024	Record Day- Clark's Gym 1
DEADLIFT, ONE ARM, RIGHT	70	M	65	176	Pensyl, barry	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	13	F	35	44	Ciavattone, Holly	7/18/1993	93 IAWA - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	13	F	40	88	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	13	F	45	85	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
DEADLIFT, ONE ARM, RIGHT	13	F	50	105	Holeman, Kayla	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, ONE ARM, RIGHT	13	F	55	120	Todd, Phoebe	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, ONE ARM, RIGHT	13	F	60	90	Todd, Lillian	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, ONE ARM, RIGHT	13	F	70	85	Griffis, Kirstie	7/23/2005	Bulldog Record Day
DEADLIFT, ONE ARM, RIGHT	13	F	75	85	Griffis, Kirstie	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, ONE ARM, RIGHT	14	F	50	80	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	14	F	60	155	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
DEADLIFT, ONE ARM, RIGHT	14	F	65	135	Jaeschke, Sara	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	14	F	70	90	McConaughy, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, ONE ARM, RIGHT	14	F	75	136	Fritz, Misty	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
DEADLIFT, ONE ARM, RIGHT	14	F	80	167	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, ONE ARM, RIGHT	16	F	40	70	Gupta, Nisha	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
DEADLIFT, ONE ARM, RIGHT	16	F	45	80	Gupta, Diya	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
DEADLIFT, ONE ARM, RIGHT	16	F	75	165	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
DEADLIFT, ONE ARM, RIGHT	16	F	115	160	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, ONE ARM, RIGHT	18	F	50	151	Hall, Lisa	9/18/2003	2003 IAWA Postal Meet

USAWA Record List

DEADLIFT, ONE ARM, RIGHT	18	F	60	155	Burks, Amy	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
DEADLIFT, ONE ARM, RIGHT	18	F	65	135	McBride, Angela	1/30/1999	ZERCHER STRENGTH CLASSIC (1999)
DEADLIFT, ONE ARM, RIGHT	40	F	50	94	Hughes, Suree	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	40	F	55	99	Hughes, Suree	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, ONE ARM, RIGHT	40	F	60	110	Devine, Karen	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	40	F	65	110	Wooten, Chris	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	40	F	70	222	Skwarecki, Beth	10/2/2022	World Championships
DEADLIFT, ONE ARM, RIGHT	40	F	75	265	Ollennuking, Amorkor	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
DEADLIFT, ONE ARM, RIGHT	40	F	85	190	Todd, Stacy	9/30/2025	POSTAL (2025) - Q3
DEADLIFT, ONE ARM, RIGHT	40	F	100	45	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
DEADLIFT, ONE ARM, RIGHT	40	F	125+	196	McConnaughey, Mary	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	45	F	45	88	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	45	F	50	99	Phumchaona, Noi	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, ONE ARM, RIGHT	45	F	55	121	Phumchaona, Noi	3/6/1993	93 Winterfest
DEADLIFT, ONE ARM, RIGHT	45	F	90	99	Sees, Susan	8/20/2011	2011 Atomic Athletic Meet
DEADLIFT, ONE ARM, RIGHT	45	F	125+	167	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
DEADLIFT, ONE ARM, RIGHT	50	F	50	185	Jackson, RJ	2/8/2014	2014 Grip Championships
DEADLIFT, ONE ARM, RIGHT	50	F	60	226	Burchette, Jeanne	7/13/1991	NATIONALS (1991) - Plymouth, PA
DEADLIFT, ONE ARM, RIGHT	50	F	100	132	Sees, Susan	6/29/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	50	F	105	110	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
DEADLIFT, ONE ARM, RIGHT	55	F	55	149	Phumchaona, Noi	2/22/1997	97 Buckeye Record Breakers
DEADLIFT, ONE ARM, RIGHT	55	F	60	110	Phumchaona, Noi	3/4/2000	2000 Buckeye Record Break
DEADLIFT, ONE ARM, RIGHT	55	F	75	190	Ollennuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
DEADLIFT, ONE ARM, RIGHT	55	F	90	135	Lupo, Allison	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, ONE ARM, RIGHT	55	F	95	125	Gore, Lisa	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, ONE ARM, RIGHT	55	F	100	143	Lane, Colleen	6/29/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	55	F	105	165	Gore, Lisa	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
DEADLIFT, ONE ARM, RIGHT	60	F	55	99	Anderson, Carolyn	4/27/2002	2002 Buckeye Record Break
DEADLIFT, ONE ARM, RIGHT	60	F	70	120	DeRoller, Chris	6/30/2021	POSTAL (2021) - Q2
DEADLIFT, ONE ARM, RIGHT	60	F	105	172	Gore, Lisa	9/30/2025	POSTAL (2025) - Q3
DEADLIFT, ONE ARM, RIGHT	65	F	75	115	Thompson, Janet	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
DEADLIFT, ONE ARM, RIGHT	65	F	80	115	Thompson, Janet	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
DEADLIFT, ONE ARM, RIGHT	ALL	F	35	44	Ciavattone, Holly	7/18/1993	93 IAWA - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	ALL	F	40	88	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	ALL	F	45	88	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	ALL	F	50	185	Jackson, RJ	2/8/2014	2014 Grip Championships
DEADLIFT, ONE ARM, RIGHT	ALL	F	55	149	Phumchaona, Noi	2/22/1997	97 Buckeye Record Breaker
DEADLIFT, ONE ARM, RIGHT	ALL	F	60	226	Burchette, Jeanne	7/13/1991	NATIONALS (1991) - Plymouth, PA
DEADLIFT, ONE ARM, RIGHT	ALL	F	65	135	McBride, Angela	1/30/1999	ZERCHER STRENGTH CLASSIC (1999)
DEADLIFT, ONE ARM, RIGHT	ALL	F	70	222	Skwarecki, Beth	10/2/2022	World Championships
DEADLIFT, ONE ARM, RIGHT	ALL	F	75	265	Ollennuking, Amorkor	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
DEADLIFT, ONE ARM, RIGHT	ALL	F	80	275	Ollennuking, Amorkor	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)

USAWA Record List

DEADLIFT, ONE ARM, RIGHT	ALL	F	85	200	Todd, Stacy	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, ONE ARM, RIGHT	ALL	F	90	156	Todd, Stacy	6/30/2021	POSTAL (2021) - Q2
DEADLIFT, ONE ARM, RIGHT	ALL	F	95	125	Gore, Lisa	5/12/2024	Record Day- Clark's Gym 2
DEADLIFT, ONE ARM, RIGHT	ALL	F	100	143	Lane, Colleen	6/29/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	ALL	F	105	172	Gore, Lisa	9/30/2025	POSTAL (2025) - Q3
DEADLIFT, ONE ARM, RIGHT	ALL	F	110	182	McVay, Mary Jo	7/18/1993	93 IAWA - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	ALL	F	115	160	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
DEADLIFT, ONE ARM, RIGHT	ALL	F	125+	198	Goolsby, Carolyn	9/21/2002	2002 IAWA Championships
DEADLIFT, ONE ARM, RIGHT	NAT	F	40	88	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	NAT	F	45	88	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	NAT	F	50	93	Hughes, Suree	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	NAT	F	55	149	Phumchaona, Noi	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, ONE ARM, RIGHT	NAT	F	60	226	Burchette, Jeanne	7/13/1991	NATIONALS (1991) - Plymouth, PA
DEADLIFT, ONE ARM, RIGHT	NAT	F	65	132	Ullom, Brianna	6/29/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	NAT	F	70	210	Skwarecki, Beth	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, ONE ARM, RIGHT	NAT	F	80	176	Ciavattone, Cara	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, ONE ARM, RIGHT	NAT	F	95	121	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	NAT	F	100	143	Lane, Colleen	6/29/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	NAT	F	105	110	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
DEADLIFT, ONE ARM, RIGHT	13	M	30	99	Montini, Rocco	4/11/1992	Middletown, Pa.
DEADLIFT, ONE ARM, RIGHT	13	M	35	80	Wenzel, Logan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, ONE ARM, RIGHT	13	M	40	125	Traietti, Matt	8/31/2014	POSTAL (2014) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, ONE ARM, RIGHT	13	M	45	132	Montini, Jason	7/13/1991	NATIONALS (1991) - Plymouth, PA
DEADLIFT, ONE ARM, RIGHT	13	M	50	127	Kennedy, Tim	7/18/1993	93 IAWA - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	13	M	55	130	Monk, Joshua	6/1/2002	2002 IAWA Postal
DEADLIFT, ONE ARM, RIGHT	13	M	60	160	Ward, Brad	10/12/1991	91 U.S. Inlands
DEADLIFT, ONE ARM, RIGHT	13	M	65	170	Ciavattone, Jeff	7/13/1991	NATIONALS (1991) - Plymouth, PA
DEADLIFT, ONE ARM, RIGHT	13	M	70	204	McKean, Robbie	10/12/1991	91 U.S. Inlands
DEADLIFT, ONE ARM, RIGHT	13	M	75	222	Ciavattone, Jeff	7/18/1993	93 IAWA - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	13	M	80	90	Carter, Jason	12/9/1990	Columbia, MO.
DEADLIFT, ONE ARM, RIGHT	13	M	85	254	McKean, Robbie	3/6/1993	93 Winterfest
DEADLIFT, ONE ARM, RIGHT	13	M	105	155	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
DEADLIFT, ONE ARM, RIGHT	14	M	55	154	Shuba, Frank Jr.	6/26/1989	NATIONALS (1989) - Plymouth, PA
DEADLIFT, ONE ARM, RIGHT	14	M	65	165	Ward, Brad	5/31/1992	NATIONALS (1992) - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	14	M	70	135	Demille, Cale	12/1/2002	2002 Postal Meet
DEADLIFT, ONE ARM, RIGHT	14	M	75	275	Howard, Colby	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
DEADLIFT, ONE ARM, RIGHT	14	M	80	259	Loewer, James	3/4/2000	2000 Buckeye Record Break
DEADLIFT, ONE ARM, RIGHT	14	M	90	231	McKean, Robbie	7/18/1993	93 IAWA - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	14	M	95	250	Calcote, Kyle	1/19/2008	ZERCHER STRENGTH CLASSIC (2008)
DEADLIFT, ONE ARM, RIGHT	14	M	110	160	Bremer, Matt	1/19/1992	ZERCHER STRENGTH CLASSIC (1992)
DEADLIFT, ONE ARM, RIGHT	14	M	125	121	Montague-Casillas, Tom	5/14/2011	2011 Black Swamp
DEADLIFT, ONE ARM, RIGHT	14	M	125+	220	Hess, Kohl	6/27/2010	NATIONALS (2010) - Lebanon, PA

USAWA Record List

DEADLIFT, ONE ARM, RIGHT	16	M	55	145	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
DEADLIFT, ONE ARM, RIGHT	16	M	60	220	Van Fossan, Matt	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, ONE ARM, RIGHT	16	M	65	143	Drake, Dan	5/31/1992	NATIONALS (1992) - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	16	M	70	225	Howard, Colby	5/23/1999	99 Super Grip Challenge
DEADLIFT, ONE ARM, RIGHT	16	M	75	276	Kennedy, Tim	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, ONE ARM, RIGHT	16	M	80	185	Demille, Cale	10/12/2003	2003 Art's Birthday Bash
DEADLIFT, ONE ARM, RIGHT	16	M	85	330	Jaeschke, Chris	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	16	M	90	344	Ciavattone, Jeff	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
DEADLIFT, ONE ARM, RIGHT	16	M	95	200	Heater, Lewis	1/31/2009	ZERCHER STRENGTH CLASSIC (2009)
DEADLIFT, ONE ARM, RIGHT	16	M	100	143	Frasso, Tony	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, ONE ARM, RIGHT	16	M	105	350	Kucera, Elijah	5/23/1999	99 Super Grip Challenge
DEADLIFT, ONE ARM, RIGHT	16	M	110	143	Ciavattone, Frank III	6/27/2010	NATIONALS (2010) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	18	M	60	187	O'Brien, Mike	12/16/2000	Postal Match - Dec 2000
DEADLIFT, ONE ARM, RIGHT	18	M	75	190	Bate, Andy	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	18	M	80	318	Esquibel, Ray	12/6/1987	Columbia, MO.
DEADLIFT, ONE ARM, RIGHT	18	M	90	345	Cox, Sam	2/10/2007	RD - Dino Gym (2007)
DEADLIFT, ONE ARM, RIGHT	18	M	95	353	Ciavattone, Jeff	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, ONE ARM, RIGHT	18	M	115	314	Stahnke, Dennis	9/21/2002	2002 IAWA Championships
DEADLIFT, ONE ARM, RIGHT	40	M	60	309	McKean, John	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	40	M	65	345	Holden, Randy Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	40	M	70	332	Waterman, Chris	10/15/1995	95 Art's Birthday Bash
DEADLIFT, ONE ARM, RIGHT	40	M	75	325	Waterman, Chris	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	40	M	80	301	Jones, Dan	9/30/2025	POSTAL (2025) - Q3
DEADLIFT, ONE ARM, RIGHT	40	M	85	355	Smith, Abe	8/21/2022	CLARK'S BIRTHDAY WEEKEND
DEADLIFT, ONE ARM, RIGHT	40	M	90	330	Burks, Eddie	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
DEADLIFT, ONE ARM, RIGHT	40	M	95	326	Stearns, Ashley	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
DEADLIFT, ONE ARM, RIGHT	40	M	100	303	Ciavattone, Joe Sr.	6/29/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	40	M	105	375	Carter, John	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
DEADLIFT, ONE ARM, RIGHT	40	M	110	369	Fuller, James	6/20/2015	NATIONALS (2015) - York, PA
DEADLIFT, ONE ARM, RIGHT	40	M	115	451	Ullom, Chad	1/14/2012	Dino Gym Challenge (2012)
DEADLIFT, ONE ARM, RIGHT	40	M	120	452	Ciavattone, Frank	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
DEADLIFT, ONE ARM, RIGHT	40	M	125	513	Ciavattone, Frank	12/16/2000	Postal Match - Dec 2000
DEADLIFT, ONE ARM, RIGHT	40	M	125+	441	Ciavattone, Frank	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, ONE ARM, RIGHT	45	M	60	325	McKean, John	5/31/1992	NATIONALS (1992) - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	45	M	65	342	McKean, John	4/11/1992	Middletown, Pa.
DEADLIFT, ONE ARM, RIGHT	45	M	70	369	McKean, John	3/6/1993	93 Winterfest
DEADLIFT, ONE ARM, RIGHT	45	M	75	270	Habecker, Denny	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, ONE ARM, RIGHT	45	M	80	303	Friesz, Dale	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	45	M	85	276	Habecker, Denny	10/12/1991	91 U.S. Inlands
DEADLIFT, ONE ARM, RIGHT	45	M	90	276	Smith, Randy	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	45	M	95	290	DiCiccio, Bill	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
DEADLIFT, ONE ARM, RIGHT	45	M	100	375	Schock, Ed	12/15/2001	4th Round - Postal Meet

USAWA Record List

DEADLIFT, ONE ARM, RIGHT	45	M	105	381	Myers, Al	6/29/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	45	M	110	397	Myers, Al	8/31/2014	POSTAL (2014) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, ONE ARM, RIGHT	45	M	115	418	Ullom, Chad	6/30/2018	POSTAL (2018) - Q2
DEADLIFT, ONE ARM, RIGHT	45	M	120	401	Todd, Eric	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, ONE ARM, RIGHT	45	M	125	452	Ciavattone, Frank	10/14/2000	IAWA GOLD CUP (2000) - Burton upon Trent, UK
DEADLIFT, ONE ARM, RIGHT	45	M	125+	345	Ryan, Tom	2/6/1993	ZERCHER STRENGTH CLASSIC (1993)
DEADLIFT, ONE ARM, RIGHT	50	M	60	176	Tarlecki, Jim	3/10/1990	All-round Championships (1990) - Valley Forge Open
DEADLIFT, ONE ARM, RIGHT	50	M	70	110	Quier, Ed	6/26/1989	NATIONALS (1989) - Plymouth, PA
DEADLIFT, ONE ARM, RIGHT	50	M	75	298	McKean, John	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, ONE ARM, RIGHT	50	M	80	358	McKean, John	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, ONE ARM, RIGHT	50	M	85	354	Friesz, Dale	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
DEADLIFT, ONE ARM, RIGHT	50	M	90	314	DiCiccio, Bill	4/11/1992	Middletown, Pa.
DEADLIFT, ONE ARM, RIGHT	50	M	95	309	Vernacchio, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
DEADLIFT, ONE ARM, RIGHT	50	M	100	364	Schock, Ed	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	50	M	105	400	Ullom, Chad	1/15/2022	Dino Gym Challenge (2022)
DEADLIFT, ONE ARM, RIGHT	50	M	110	336	Malloy, Jim	7/18/1993	93 IAWA - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	50	M	115	426	Ciavattone, Frank	10/1/2006	RD -New England
DEADLIFT, ONE ARM, RIGHT	50	M	120	170	Geib, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	50	M	125+	562	Ciavattone, Frank	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, ONE ARM, RIGHT	55	M	75	304	Friesz, Dale	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, ONE ARM, RIGHT	55	M	80	336	McKean, John	9/21/2002	2002 IAWA Championships
DEADLIFT, ONE ARM, RIGHT	55	M	85	325	Habecker, Denny	9/21/2002	2002 IAWA Championships
DEADLIFT, ONE ARM, RIGHT	55	M	90	303	Smith, Randy	6/29/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	55	M	95	275	Garcia, Joe	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
DEADLIFT, ONE ARM, RIGHT	55	M	100	275	Garcia, Joe	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)
DEADLIFT, ONE ARM, RIGHT	55	M	105	308	Myers, Al	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, ONE ARM, RIGHT	55	M	110	308	Clark, Bill	12/6/1988	Columbia, MO.
DEADLIFT, ONE ARM, RIGHT	55	M	115	315	Glasgow, Dave	1/14/2012	Dino Gym Challenge (2012)
DEADLIFT, ONE ARM, RIGHT	55	M	120	353	Malloy, Jim	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, ONE ARM, RIGHT	55	M	125	352	Ciavattone, Frank	11/6/2010	IAWA GOLD CUP (2010) - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	55	M	125+	404	Ciavattone, Frank	11/29/2014	2014 New England Gold Cup
DEADLIFT, ONE ARM, RIGHT	60	M	75	353	Montini, Art	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	60	M	80	336	Montini, Art	4/11/1992	Middletown, Pa.
DEADLIFT, ONE ARM, RIGHT	60	M	85	256	Friesz, Dale	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	60	M	90	297	Smith, Randy	6/20/2015	NATIONALS (2015) - York, PA
DEADLIFT, ONE ARM, RIGHT	60	M	95	304	Rice, Chris	5/14/2011	2011 Black Swamp
DEADLIFT, ONE ARM, RIGHT	60	M	100	312	Carter, John	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, ONE ARM, RIGHT	60	M	105	275	Clark, Bill	11/6/1994	RD - Columbia, MO '94
DEADLIFT, ONE ARM, RIGHT	60	M	110	275	Clark, Bill	2/5/1995	ZERCHER STRENGTH CLASSIC (1995)
DEADLIFT, ONE ARM, RIGHT	60	M	115	275	Clark, Bill	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	60	M	120	314	Glasgow, Dave	1/17/2015	Dino Gym Challenge (2015)
DEADLIFT, ONE ARM, RIGHT	60	M	125	215	McCoy, Joe	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)

USAWA Record List

DEADLIFT, ONE ARM, RIGHT	60	M	125+	402	Ciavattone, Frank	6/20/2015	NATIONALS (2015) - York, PA
DEADLIFT, ONE ARM, RIGHT	65	M	75	325	Montini, Art	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
DEADLIFT, ONE ARM, RIGHT	65	M	80	336	Montini, Art	3/6/1993	93 Winterfest
DEADLIFT, ONE ARM, RIGHT	65	M	85	330	Montini, Art	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	65	M	90	275	Habecker, Denny	5/14/2011	2011 Black Swamp
DEADLIFT, ONE ARM, RIGHT	65	M	100	265	Prechtel, Howard	7/18/1993	93 IAWA - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	65	M	105	281	Prechtel, Howard	10/12/1991	91 U.S. Inlands
DEADLIFT, ONE ARM, RIGHT	65	M	110	220	Prechtel, Howard	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	65	M	115	303	Malloy, Jim	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	65	M	120	154	Geib, Bob	8/20/2011	2011 Atomic Athletic Meet
DEADLIFT, ONE ARM, RIGHT	65	M	125	185	Ross, Dean	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
DEADLIFT, ONE ARM, RIGHT	65	M	125+	220	Harris, Buck	6/26/1989	NATIONALS (1989) - Plymouth, PA
DEADLIFT, ONE ARM, RIGHT	70	M	75	209	McKean, John	12/20/2015	2015 John's RD
DEADLIFT, ONE ARM, RIGHT	70	M	80	235	Emslie, David	11/8/2014	2014 Clarks RD
DEADLIFT, ONE ARM, RIGHT	70	M	85	276	Montini, Art	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, ONE ARM, RIGHT	70	M	90	266	Habecker, Denny	9/27/2014	2014 Worlds - Norwood
DEADLIFT, ONE ARM, RIGHT	70	M	95	255	Prechtel, Howard	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	70	M	100	254	Prechtel, Howard	6/22/1996	NATIONALS (1996) - Mansfield, MA
DEADLIFT, ONE ARM, RIGHT	70	M	105	250	Prechtel, Howard	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	70	M	110	250	Clark, Bill	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	70	M	115	250	Glasgow, Dave	5/31/2025	Ledaig Record Day - Topeka, KS
DEADLIFT, ONE ARM, RIGHT	70	M	120	165	Geib, Bob	6/29/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	70	M	125	250	Ciavattone, Frank	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, ONE ARM, RIGHT	75	M	60	145	Pensyl, Barry	9/30/2025	POSTAL (2025) - Q3
DEADLIFT, ONE ARM, RIGHT	75	M	75	176	Mitchell, Dennis	8/17/2007	2007 Worlds Christchurch
DEADLIFT, ONE ARM, RIGHT	75	M	80	182	Cox, Bob	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	75	M	85	222	Habecker, Denny	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
DEADLIFT, ONE ARM, RIGHT	75	M	90	320	Monahan, Rex	10/9/1999	99 IAWA Worlds -Australia
DEADLIFT, ONE ARM, RIGHT	75	M	95	220	Prechtel, Howard	9/21/2002	2002 IAWA Championships
DEADLIFT, ONE ARM, RIGHT	75	M	100	200	Myers, LaVerne	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
DEADLIFT, ONE ARM, RIGHT	75	M	105	195	Myers, LaVerne	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, ONE ARM, RIGHT	75	M	110	175	Lano, Jack	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	75	M	115	143	Ross, Dean	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
DEADLIFT, ONE ARM, RIGHT	80	M	70	136	Mitchell, Dennis	10/16/2016	2016 Art's Birthday Bash
DEADLIFT, ONE ARM, RIGHT	80	M	75	135	Stephenson, John	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
DEADLIFT, ONE ARM, RIGHT	80	M	80	187	Habecker, Denny	5/25/2024	RD - Lebanon, PA '24
DEADLIFT, ONE ARM, RIGHT	80	M	85	222	Habecker, Denny	12/14/2024	2024 Memorial Record Day
DEADLIFT, ONE ARM, RIGHT	80	M	90	176	Montini, Art	8/20/2011	2011 Atomic Athletic Meet
DEADLIFT, ONE ARM, RIGHT	80	M	100	150	Clark, Bill	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
DEADLIFT, ONE ARM, RIGHT	80	M	110	160	Clark, Bill	11/8/2014	2014 Clarks RD
DEADLIFT, ONE ARM, RIGHT	85	M	70	132	Mitchell, Dennis	10/15/2017	2017 Art's Birthday Bash
DEADLIFT, ONE ARM, RIGHT	85	M	80	176	Montini, Art	6/29/2013	NATIONALS (2013) - Lebanon, PA

USAWA Record List

DEADLIFT, ONE ARM, RIGHT	85	M	95	140	Clark, Bill	6/30/2021	POSTAL (2021) - Q2
DEADLIFT, ONE ARM, RIGHT	90	M	90	75	Clark, Bill	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
DEADLIFT, ONE ARM, RIGHT	90	M	95	61	Clark, Bill	8/31/2022	POSTAL (2022) - IAWA WORLD CHAMPIONSHIP
DEADLIFT, ONE ARM, RIGHT	ALL	M	35	80	Wenzel, Logan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
DEADLIFT, ONE ARM, RIGHT	ALL	M	55	303	Quier, Dave	3/10/1990	All-round Championships (1990) - Valley Forge Open
DEADLIFT, ONE ARM, RIGHT	ALL	M	60	325	McKean, John	5/31/1992	NATIONALS (1992) - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	ALL	M	65	345	Holden, Randy Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	ALL	M	70	369	McKean, John	3/6/1993	93 Winterfest
DEADLIFT, ONE ARM, RIGHT	ALL	M	75	353	Montini, Art	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	ALL	M	80	365	Ellis, Dave	8/29/1991	East Walpole, Mass
DEADLIFT, ONE ARM, RIGHT	ALL	M	85	355	Ellis, Dave	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	ALL	M	90	375	Anderson, Phil	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
DEADLIFT, ONE ARM, RIGHT	ALL	M	95	358	Bufalini, Jim	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	ALL	M	100	402	Ullom, Chad	8/3/2008	NATIONALS (2008) - Columbus, OH
DEADLIFT, ONE ARM, RIGHT	ALL	M	105	451	Durniat, Andrew	5/14/2011	2011 Black Swamp
DEADLIFT, ONE ARM, RIGHT	ALL	M	110	419	Ullom, Chad	2/14/2010	RD - Dino Gym (2010)
DEADLIFT, ONE ARM, RIGHT	ALL	M	115	451	Ullom, Chad	1/14/2012	Dino Gym Challenge (2012)
DEADLIFT, ONE ARM, RIGHT	ALL	M	120	452	Ciavattone, Frank	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
DEADLIFT, ONE ARM, RIGHT	ALL	M	125	513	Ciavattone, Frank	12/16/2000	Postal Match - Dec 2000
DEADLIFT, ONE ARM, RIGHT	ALL	M	125+	562	Ciavattone, Frank	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, ONE ARM, RIGHT	NAT	M	40	35	Todd, Leroy	6/19/2021	NATIONALS (2021) - Abilene, KS
DEADLIFT, ONE ARM, RIGHT	NAT	M	60	325	McKean, John	5/31/1992	NATIONALS (1992) - Walpole, MA
DEADLIFT, ONE ARM, RIGHT	NAT	M	65	345	Holden, Randy Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	NAT	M	70	336	Waterman, Chris	7/13/1991	NATIONALS (1991) - Plymouth, PA
DEADLIFT, ONE ARM, RIGHT	NAT	M	75	353	Montini, Art	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	NAT	M	80	342	Zaremba, Pete	6/27/1999	NATIONALS (1999) - Ambridge
DEADLIFT, ONE ARM, RIGHT	NAT	M	85	355	Ellis, Dave	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	NAT	M	90	350	Anderson, Phil	7/10/1988	NATIONALS (1988) - Plymouth, PA
DEADLIFT, ONE ARM, RIGHT	NAT	M	95	358	Bufalini, Jim	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE ARM, RIGHT	NAT	M	100	402	Ullom, Chad	8/3/2008	NATIONALS (2008) - Columbus, OH
DEADLIFT, ONE ARM, RIGHT	NAT	M	105	430	Durniat, Andrew	8/3/2008	NATIONALS (2008) - Columbus, OH
DEADLIFT, ONE ARM, RIGHT	NAT	M	110	408	Ullom, Chad	6/26/2010	NATIONALS (2010) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	NAT	M	115	418	Ullom, Chad	6/29/2013	NATIONALS (2013) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	NAT	M	120	375	Myers, Al	6/26/2010	NATIONALS (2010) - Lebanon, PA
DEADLIFT, ONE ARM, RIGHT	NAT	M	125	510	Ciavattone, Frank	6/15/1997	NATIONALS (1997) - Columbia, MO
DEADLIFT, ONE ARM, RIGHT	NAT	M	125+	457	Ciavattone, Frank	7/16/1990	NATIONALS (1990) - Akron, OH
DEADLIFT, ONE LEG, LEFT	40	F	70	121	Hall, Rita	8/16/2003	Lebanon, PA County Record Day
DEADLIFT, ONE LEG, LEFT	50	F	50	95	Jackson, RJ	12/27/2015	RD - Iron Warrior
DEADLIFT, ONE LEG, LEFT	55	F	90	50	Lupo, Allison	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, ONE LEG, LEFT	ALL	F	50	95	Jackson, RJ	12/27/2015	RD - Iron Warrior
DEADLIFT, ONE LEG, LEFT	ALL	F	60	110	Maye, Dawn	4/15/2006	2006 Macomb Tax Day
DEADLIFT, ONE LEG, LEFT	ALL	F	65	110	Maye, Dawn	10/1/2005	Macomb Record Setter

USAWA Record List

DEADLIFT, ONE LEG, LEFT	ALL	F	70	121	Hall, Rita	8/16/2003	Lebanon, PA County Record Day
DEADLIFT, ONE LEG, LEFT	ALL	F	90	50	Lupo, Allison	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, ONE LEG, LEFT	13	M	35	28	Wenzel, Logan	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, ONE LEG, LEFT	13	M	55	121	Myers, Sam	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, LEFT	16	M	60	143	Clauson, Riley	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, LEFT	16	M	65	198	Frantz, Nate	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, LEFT	18	M	60	155	Achenbach, Justin	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, ONE LEG, LEFT	40	M	70	95	Ortega, Toby	11/9/2024	Goerner Deadlift Dozen Plus One RD
DEADLIFT, ONE LEG, LEFT	40	M	80	136	Jones, Dan	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
DEADLIFT, ONE LEG, LEFT	40	M	90	55	Jones, Dan	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
DEADLIFT, ONE LEG, LEFT	40	M	110	155	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
DEADLIFT, ONE LEG, LEFT	45	M	70	125	Ortega, Toby	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
DEADLIFT, ONE LEG, LEFT	45	M	100	115	Fobes, Jarrod	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, ONE LEG, LEFT	45	M	110	150	Wenzel, Jeff	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
DEADLIFT, ONE LEG, LEFT	45	M	125+	135	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
DEADLIFT, ONE LEG, LEFT	50	M	105	135	Hadley, Patrick	11/9/2024	Buffville Cup V (2024) - Albany, KY
DEADLIFT, ONE LEG, LEFT	55	M	110	100	Lupo, Tony	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
DEADLIFT, ONE LEG, LEFT	60	M	95	135	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
DEADLIFT, ONE LEG, LEFT	65	M	80	143	Montini, Art	10/15/1995	95 Art's Birthday Bash
DEADLIFT, ONE LEG, LEFT	ALL	M	35	28	Wenzel, Logan	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, ONE LEG, LEFT	ALL	M	60	155	Achenbach, Justin	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, ONE LEG, LEFT	ALL	M	65	198	Frantz, Nate	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, LEFT	ALL	M	70	125	Ortega, Toby	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
DEADLIFT, ONE LEG, LEFT	ALL	M	80	225	Luther, Travis	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
DEADLIFT, ONE LEG, LEFT	ALL	M	85	225	Luther, Travis	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
DEADLIFT, ONE LEG, LEFT	ALL	M	90	55	Jones, Dan	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
DEADLIFT, ONE LEG, LEFT	ALL	M	95	176	Piper, Tim	4/15/2006	2006 Macomb Tax Day
DEADLIFT, ONE LEG, LEFT	ALL	M	100	115	Fobes, Jarrod	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, ONE LEG, LEFT	ALL	M	105	185	Jobe, Jesse	5/20/2012	2012 Jobs Steel Jungle RD
DEADLIFT, ONE LEG, LEFT	ALL	M	110	155	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
DEADLIFT, ONE LEG, LEFT	ALL	M	125+	205	Benzel, Bryan	5/20/2012	2012 Jobs Steel Jungle RD
DEADLIFT, ONE LEG, RIGHT	13	F	35	69	Monk, Elizabeth	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	40	F	70	121	Hall, Rita	8/16/2003	Lebanon, PA County Record Day
DEADLIFT, ONE LEG, RIGHT	50	F	50	105	Jackson, RJ	12/27/2015	RD - Iron Warrior
DEADLIFT, ONE LEG, RIGHT	55	F	90	50	Lupo, Allison	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, ONE LEG, RIGHT	ALL	F	35	69	Monk, Elizabeth	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	ALL	F	50	105	Jackson, RJ	12/27/2015	RD - Iron Warrior
DEADLIFT, ONE LEG, RIGHT	ALL	F	60	110	Maye, Dawn	4/15/2006	2006 Macomb Tax Day
DEADLIFT, ONE LEG, RIGHT	ALL	F	65	110	Maye, Dawn	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, RIGHT	ALL	F	70	121	Hall, Rita	8/16/2003	Lebanon, PA County Record Day
DEADLIFT, ONE LEG, RIGHT	ALL	F	90	50	Lupo, Allison	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DEADLIFT, ONE LEG, RIGHT	13	M	45	44	Montini, Benson	10/14/2012	2012 Arts Birthday Bash

USAWA Record List

DEADLIFT, ONE LEG, RIGHT	13	M	55	132	Myers, Sam	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, RIGHT	14	M	85	143	Sears, Austin	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, RIGHT	14	M	125	121	Hall, Josh	8/16/2003	Lebanon, PA County Record Day
DEADLIFT, ONE LEG, RIGHT	16	M	60	187	Clauson, Riley	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, RIGHT	16	M	65	198	Clauson, Riley	4/14/2007	2007 Macomb Record Day
DEADLIFT, ONE LEG, RIGHT	16	M	90	149	McKean, Robbie	10/15/1995	95 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	18	M	60	175	Achenbach, Justin	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	18	M	75	99	Pierre, Kevin	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
DEADLIFT, ONE LEG, RIGHT	18	M	80	185	Muzzy, James	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	40	M	70	95	Ortega, Toby	11/9/2024	Goerner Deadlift Dozen Plus One RD
DEADLIFT, ONE LEG, RIGHT	40	M	75	248	Monk, John	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
DEADLIFT, ONE LEG, RIGHT	40	M	80	136	Jones, Dan	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
DEADLIFT, ONE LEG, RIGHT	40	M	90	154	Jones, Dan	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
DEADLIFT, ONE LEG, RIGHT	40	M	125	250	Ciavattone, Frank	1/4/1998	Norwood Record Breakers
DEADLIFT, ONE LEG, RIGHT	45	M	65	143	McKean, John	12/15/1990	RD - Ambridge
DEADLIFT, ONE LEG, RIGHT	45	M	70	235	Hirsh, Bob	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	45	M	75	149	McKean, John	10/15/1995	95 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	45	M	105	242	Myers, Al	8/22/2015	PRESIDENTIAL CUP (2015)
DEADLIFT, ONE LEG, RIGHT	45	M	110	95	Wenzel, Jeff	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
DEADLIFT, ONE LEG, RIGHT	45	M	115	232	Ullom, Chad	2/11/2018	RD - Dino Gym
DEADLIFT, ONE LEG, RIGHT	45	M	125+	135	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
DEADLIFT, ONE LEG, RIGHT	50	M	75	174	McKean, John	10/12/1997	97 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	50	M	105	95	Hadley, Patrick	10/5/2024	Buffville Road to the Century Club #6
DEADLIFT, ONE LEG, RIGHT	55	M	80	125	McKean, John	11/23/2003	2003 Jump Stretch Record
DEADLIFT, ONE LEG, RIGHT	55	M	90	187	Wynn, Donnie	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, RIGHT	55	M	110	230	Clark, Bill	12/6/1988	Columbia, MO.
DEADLIFT, ONE LEG, RIGHT	65	M	80	148	Montini, Art	10/15/1995	95 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	ALL	M	60	220	Quier, Dave	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
DEADLIFT, ONE LEG, RIGHT	ALL	M	65	198	Clauson, Riley	4/14/2007	2007 Macomb Record Day
DEADLIFT, ONE LEG, RIGHT	ALL	M	70	235	Hirsh, Bob	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	ALL	M	75	248	Monk, John	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
DEADLIFT, ONE LEG, RIGHT	ALL	M	80	260	Smith, Abe	12/8/2001	2001 RD - Col
DEADLIFT, ONE LEG, RIGHT	ALL	M	85	225	Luther, Travis	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
DEADLIFT, ONE LEG, RIGHT	ALL	M	90	197	Dickson, Bob	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	ALL	M	95	176	Piper, Tim	4/15/2006	2006 Macomb Tax Day
DEADLIFT, ONE LEG, RIGHT	ALL	M	100	295	Overfelt, Eric	12/10/1989	Columbia, MO.
DEADLIFT, ONE LEG, RIGHT	ALL	M	105	275	Schmidt, Steve	12/10/1989	Columbia, MO.
DEADLIFT, ONE LEG, RIGHT	ALL	M	110	253	Lucas, Zach	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
DEADLIFT, ONE LEG, RIGHT	ALL	M	115	232	Ullom, Chad	2/11/2018	RD - Dino Gym
DEADLIFT, ONE LEG, RIGHT	ALL	M	125	309	Myers, Al	2/20/2005	RD - Dino Gym (2005)
DEADLIFT, ONE LEG, RIGHT	ALL	M	125+	225	Marlin, Philip	6/29/2024	NATIONALS (2024) - Columbia, MO
DEADLIFT, STIFF LEGGED	13	F	40	132	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA

USAWA Record List

DEADLIFT, STIFF LEGGED	13	F	55	85	Todd, Phoebe	9/30/2021	POSTAL (2021) - Q3
DEADLIFT, STIFF LEGGED	40	F	70	180	Hall, Rita	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	40	F	95	154	Hopps, Jessica	12/31/2024	2024 New Year's Eve RD - Walpole, MA
DEADLIFT, STIFF LEGGED	50	F	55	154	Phumchaona, Noi	3/7/1998	98 Buckeye Record Breaker
DEADLIFT, STIFF LEGGED	50	F	70	87	Wade, Montia	5/10/2003	2003 Buckeye Record Break
DEADLIFT, STIFF LEGGED	55	F	55	143	Phumchaona, Noi	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	55	F	90	165	Lupo, Allison	6/21/2025	Women's Only Meet, Columbia, MO
DEADLIFT, STIFF LEGGED	60	F	60	170	LaRosa, Marian	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	60	F	105	150	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
DEADLIFT, STIFF LEGGED	70	F	65	70	Santangelo, Lori	5/5/2024	RD - Buffville 4
DEADLIFT, STIFF LEGGED	ALL	F	40	132	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	ALL	F	45	154	Fosco, Michelle	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
DEADLIFT, STIFF LEGGED	ALL	F	55	154	Phumchaona, Noi	3/7/1998	98 Buckeye Record Breaker
DEADLIFT, STIFF LEGGED	ALL	F	60	209	DePallo, Melissa	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
DEADLIFT, STIFF LEGGED	ALL	F	65	70	Santangelo, Lori	5/5/2024	RD - Buffville 4
DEADLIFT, STIFF LEGGED	ALL	F	70	265	McKenzie, Shannon	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, STIFF LEGGED	ALL	F	85	173	Todd, Stacy	9/30/2021	POSTAL (2021) - Q3
DEADLIFT, STIFF LEGGED	ALL	F	90	145	Lupo, Allison	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, STIFF LEGGED	ALL	F	95	154	Hopps, Jessica	12/31/2024	2024 New Year's Eve RD - Walpole, MA
DEADLIFT, STIFF LEGGED	ALL	F	105	150	Gore, Lisa	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
DEADLIFT, STIFF LEGGED	ALL	F	125+	243	Goolsby, Carolyn	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	NAT	F	40	132	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	NAT	F	55	143	Phumchaona, Noi	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	NAT	F	60	170	LaRosa, Marian	6/7/2003	NATIONALS (2003) - Youngstown
DEADLIFT, STIFF LEGGED	NAT	F	70	180	Hall, Rita	6/7/2003	NATIONALS (2003) - Youngstown
DEADLIFT, STIFF LEGGED	NAT	F	125+	243	Goolsby, Carolyn	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	13	M	30	65	Todd, Everett	9/30/2021	POSTAL (2021) - Q3
DEADLIFT, STIFF LEGGED	13	M	55	115	Gilligan, James	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	13	M	60	176	Monk, Joshua	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	14	M	60	220	Schmidt, Alan	1/30/1993	93 Buckeye Record Breaker
DEADLIFT, STIFF LEGGED	14	M	65	225	Monk, Joshua	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	14	M	75	237	Demille, Cale	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	14	M	80	260	Loewer, James	11/17/1999	99 Art's Birthday Bash
DEADLIFT, STIFF LEGGED	16	M	75	270	Demille, Cale	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	16	M	80	309	Loewer, James	12/17/2000	Record Day
DEADLIFT, STIFF LEGGED	16	M	90	350	Hunter, Joe	10/14/2001	2001 Art's Birthday Bash
DEADLIFT, STIFF LEGGED	16	M	95	375	Hunter, Joe	11/24/2002	Jump Stretch Record Day
DEADLIFT, STIFF LEGGED	16	M	125+	400	Kincaid, Kiff	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	18	M	90	400	Cox, Sam	2/10/2007	RD - Dino Gym (2007)
DEADLIFT, STIFF LEGGED	18	M	100	350	Hunter, Joe	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	40	M	70	353	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
DEADLIFT, STIFF LEGGED	40	M	75	364	Waterman, Chris	3/7/1998	98 Buckeye Record Breaker

USAWA Record List

DEADLIFT, STIFF LEGGED	40	M	80	341	Monk, John	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	40	M	90	231	Larson, Nils	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	40	M	105	195	Kopnisky, Paul III	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	40	M	115	507	Myers, Al	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	40	M	120	375	Ullom, Chad	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, STIFF LEGGED	40	M	125	275	Dabbs, Noah	3/16/2024	RD - Iron Palaces strongest man
DEADLIFT, STIFF LEGGED	45	M	70	300	Waterman, Chris	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	45	M	80	310	Hirsh, Bob	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	45	M	90	325	Smith, Randy	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	45	M	105	255	Wenzel, Jeff	7/27/2024	Buffville Road to the Century Club #5
DEADLIFT, STIFF LEGGED	45	M	110	245	Wenzel, Jeff	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
DEADLIFT, STIFF LEGGED	45	M	115	303	Montgomery, Paul	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	45	M	120	502	Ciavattone, Frank	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	45	M	125+	396	Bunch, Dan	8/18/2013	RD - Dino Days (2013)
DEADLIFT, STIFF LEGGED	50	M	80	324	McKean, John	10/15/2000	2000 Art's Birthday Bash
DEADLIFT, STIFF LEGGED	50	M	90	358	Smith, Randy	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	50	M	100	507	Schock, Ed	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
DEADLIFT, STIFF LEGGED	50	M	105	400	Myers, Al	8/26/2017	2017 Team Championships
DEADLIFT, STIFF LEGGED	50	M	110	364	Ullom, Chad	2/19/2022	Grip Championships
DEADLIFT, STIFF LEGGED	50	M	125+	350	Morrison, Rocky	8/15/2016	2016 Frank's BBC RD
DEADLIFT, STIFF LEGGED	55	M	80	205	McKean, John	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	55	M	90	287	Habecker, Denny	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	55	M	95	336	Vernacchio, John	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
DEADLIFT, STIFF LEGGED	55	M	105	305	Lupo, Tony	9/30/2021	POSTAL (2021) - Q3
DEADLIFT, STIFF LEGGED	55	M	110	340	Lupo, Tony	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
DEADLIFT, STIFF LEGGED	55	M	115	325	Lupo, Tony	6/14/2024	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, STIFF LEGGED	55	M	125+	250	Foster, Lance	9/30/2021	POSTAL (2021) - Q3
DEADLIFT, STIFF LEGGED	60	M	85	280	DeForest, Dave	5/5/2022	2022 Bench Press Decathlon I and Record Day
DEADLIFT, STIFF LEGGED	60	M	90	330	DeForest, Dave	9/30/2021	POSTAL (2021) - Q3
DEADLIFT, STIFF LEGGED	60	M	100	320	Carter, John	9/30/2021	POSTAL (2021) - Q3
DEADLIFT, STIFF LEGGED	60	M	120	405	Cook, Greg	12/7/2019	RD - Lift for Leroy '19
DEADLIFT, STIFF LEGGED	65	M	75	220	Mitchell, Dennis	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
DEADLIFT, STIFF LEGGED	65	M	80	198	Friesz, Dale	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	65	M	85	402	Montini, Art	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
DEADLIFT, STIFF LEGGED	65	M	90	310	Komorny, Andy	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	65	M	95	275	D'Angelo, Bob	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	65	M	115	330	Malloy, Jim	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	70	M	70	204	Pensyl, Barry	8/15/2021	PRESIDENTIAL CUP (2021)
DEADLIFT, STIFF LEGGED	70	M	75	223	Mitchell, Dennis	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	70	M	80	309	Montini, Art	12/17/2000	Record Day
DEADLIFT, STIFF LEGGED	70	M	85	325	Montini, Art	2/27/1999	99 Buckeye Record Breaker
DEADLIFT, STIFF LEGGED	70	M	90	270	Habecker, Denny	10/12/2014	2014 Art's Birthday Bash

USAWA Record List

DEADLIFT, STIFF LEGGED	70	M	110	210	Myers, LaVerne	8/26/2017	2017 Team Championships
DEADLIFT, STIFF LEGGED	70	M	115	255	Ross, Dean	10/16/2016	2016 Art's Birthday Bash
DEADLIFT, STIFF LEGGED	70	M	120	300	Ciavattone, Frank	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
DEADLIFT, STIFF LEGGED	70	M	125	154	Geib, Bob	10/16/2016	2016 Art's Birthday Bash
DEADLIFT, STIFF LEGGED	75	M	65	242	Amendalaro, Joe	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	75	M	70	190	Mitchell, Dennis	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, STIFF LEGGED	75	M	75	220	Mitchell, Dennis	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	75	M	80	245	Cox, Bob	11/23/2003	2003 Jump Stretch Record
DEADLIFT, STIFF LEGGED	75	M	85	275	Montini, Art	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	80	M	70	187	Mitchell, Dennis	10/14/2012	2012 Arts Birthday Bash
DEADLIFT, STIFF LEGGED	80	M	85	222	Habecker, Denny	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
DEADLIFT, STIFF LEGGED	80	M	105	175	Lano, Jack	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	85	M	65	132	Mitchell, Dennis	7/13/2019	2019 Schmidt's RD
DEADLIFT, STIFF LEGGED	85	M	95	150	Clark, Bill	9/30/2021	POSTAL (2021) - Q3
DEADLIFT, STIFF LEGGED	ALL	M	30	65	Todd, Everett	9/30/2021	POSTAL (2021) - Q3
DEADLIFT, STIFF LEGGED	ALL	M	60	350	Drainer, Ron	12/10/1989	Columbia, MO.
DEADLIFT, STIFF LEGGED	ALL	M	65	242	Amendalaro, Joe	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	ALL	M	70	424	Aldan, Brandon	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	ALL	M	75	408	Aldan, Brandon	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	ALL	M	80	475	Dickson, Bob	10/15/1995	95 Art's Birthday Bash
DEADLIFT, STIFF LEGGED	ALL	M	85	402	Montini, Art	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
DEADLIFT, STIFF LEGGED	ALL	M	90	490	Dickson, Bob	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, STIFF LEGGED	ALL	M	95	375	Hunter, Joe	11/24/2002	Jump Stretch Record Day
DEADLIFT, STIFF LEGGED	ALL	M	100	507	Schock, Ed	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
DEADLIFT, STIFF LEGGED	ALL	M	105	475	Spayd, Bill	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	ALL	M	110	425	LaRosa, Carl	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	ALL	M	115	507	Myers, Al	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	ALL	M	120	502	Ciavattone, Frank	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	ALL	M	125	500	Myers, Al	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED	ALL	M	125+	512	Tully, Scott	8/28/2011	RD - Dino Days (2011)
DEADLIFT, STIFF LEGGED	NAT	M	60	176	Monk, Joshua	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	NAT	M	65	242	Amendalaro, Joe	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	NAT	M	70	424	Aldan, Brandon	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	NAT	M	75	408	Aldan, Brandon	6/7/2003	NATIONALS (2003) - Youngstown
DEADLIFT, STIFF LEGGED	NAT	M	80	341	Monk, John	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	NAT	M	85	303	Montini, Art	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	NAT	M	90	358	Smith, Randy	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	NAT	M	95	364	Hunter, Joe	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	NAT	M	100	463	Schock, Ed	7/7/2007	NATIONALS (2007) - Lebanon, PA
DEADLIFT, STIFF LEGGED	NAT	M	105	475	Spayd, Bill	6/7/2003	NATIONALS (2003) - Youngstown
DEADLIFT, STIFF LEGGED	NAT	M	110	425	LaRosa, Carl	6/7/2003	NATIONALS (2003) - Youngstown
DEADLIFT, STIFF LEGGED	NAT	M	115	507	Myers, Al	7/7/2007	NATIONALS (2007) - Lebanon, PA

USAWA Record List

DEADLIFT, STIFF LEGGED	NAT	M	120	502	Ciavattone, Frank	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, STIFF LEGGED	NAT	M	125	500	Myers, Al	6/7/2003	NATIONALS (2003) - Youngstown
DEADLIFT, STIFF LEGGED	NAT	M	125+	502	Doster, Matthew	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	13	F	30	134	Monk, Elizabeth	10/17/2005	2005 IAWA Record Day
DEADLIFT, TRAP BAR	13	F	35	150	Monk, Elizabeth	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, TRAP BAR	13	F	45	170	Myers, Katie	2/20/2005	RD - Dino Gym (2005)
DEADLIFT, TRAP BAR	13	F	50	175	Van Vleck, Morgan	10/29/2010	2010 JWC Record Breakers
DEADLIFT, TRAP BAR	13	F	60	185	Myers, Molly	2/14/2010	RD - Dino Gym (2010)
DEADLIFT, TRAP BAR	13	F	85	165	Montini, Annabelle	10/15/2017	2017 Art's Birthday Bash
DEADLIFT, TRAP BAR	16	F	60	210	Todd, Lillian	3/31/2025	POSTALS (2025) - Q1
DEADLIFT, TRAP BAR	16	F	85	175	Montini, Robyn	10/15/2017	2017 Art's Birthday Bash
DEADLIFT, TRAP BAR	40	F	65	300	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	40	F	70	305	Skwarecki, Beth	8/25/2024	TRUE NORTH, TRUE STRENGTH OPEN, Fergus, Ont, CA
DEADLIFT, TRAP BAR	40	F	75	286	Skwarecki, Beth	8/5/2023	PRESIDENTIAL CUP (2023)
DEADLIFT, TRAP BAR	40	F	80	200	Guglielmo, Terry	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	40	F	85	193	Guglielmo, Terry	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
DEADLIFT, TRAP BAR	40	F	90	225	Todd, Stacy	3/31/2025	POSTALS (2025) - Q1
DEADLIFT, TRAP BAR	45	F	65	132	Burger, Diane	10/13/1996	96 Art's Birthday Bash
DEADLIFT, TRAP BAR	45	F	75	215	Elder, Amber	3/9/2024	Dino Gym Challenge (2024)
DEADLIFT, TRAP BAR	45	F	90	220	Sees, Susan	8/20/2011	2011 Atomic Athletic Meet
DEADLIFT, TRAP BAR	50	F	50	207	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, TRAP BAR	50	F	60	182	Faucher, Yvonne	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
DEADLIFT, TRAP BAR	50	F	75	182	Schmidt, Kathy	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, TRAP BAR	50	F	90	225	Inglis, Laura	1/20/2018	Record Day- Fall Classic
DEADLIFT, TRAP BAR	50	F	100	220	Sees, Susan	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, TRAP BAR	50	F	120	242	Sees, Susan	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
DEADLIFT, TRAP BAR	55	F	55	220	Phumchaona, Noi	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	55	F	60	174	VanWagner, Kim	3/31/2025	POSTALS (2025) - Q1
DEADLIFT, TRAP BAR	55	F	75	170	Schmidt, Kathy	10/14/2012	2012 Arts Birthday Bash
DEADLIFT, TRAP BAR	55	F	90	205	Lupo, Allison	3/31/2025	POSTALS (2025) - Q1
DEADLIFT, TRAP BAR	55	F	95	285	Gore, Lisa	3/31/2025	POSTALS (2025) - Q1
DEADLIFT, TRAP BAR	55	F	125+	220	McConnaughey, Mary	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, TRAP BAR	60	F	60	155	LaRosa, Marian	11/24/2002	Jump Stretch Record Day
DEADLIFT, TRAP BAR	60	F	80	132	Habecker, Judy	10/17/2005	2005 IAWA Record Day
DEADLIFT, TRAP BAR	60	F	90	185	Lane-Richards, Colleen	1/20/2018	Record Day- Fall Classic
DEADLIFT, TRAP BAR	60	F	105	230	Gore, Lisa	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
DEADLIFT, TRAP BAR	65	F	75	155	Thompson, Janet	3/31/2025	POSTALS (2025) - Q1
DEADLIFT, TRAP BAR	70	F	80	110	Habecker, Judy	10/25/2014	IAWA GOLD CUP (2014) - Burton on Trent, UK
DEADLIFT, TRAP BAR	85	F	60	99	Quinby, Andora	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
DEADLIFT, TRAP BAR	ALL	F	30	134	Monk, Elizabeth	10/17/2005	2005 IAWA Record Day
DEADLIFT, TRAP BAR	ALL	F	35	150	Monk, Elizabeth	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, TRAP BAR	ALL	F	45	170	Myers, Katie	2/20/2005	RD - Dino Gym (2005)

USAWA Record List

DEADLIFT, TRAP BAR	ALL	F	50	207	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
DEADLIFT, TRAP BAR	ALL	F	55	220	Phumchaona, Noi	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	ALL	F	60	210	Todd, Lillian	3/31/2025	POSTALS (2025) - Q1
DEADLIFT, TRAP BAR	ALL	F	65	300	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	ALL	F	70	305	Skwarecki, Beth	8/25/2024	TRUE NORTH, TRUE STRENGTH OPEN, Fergus, Ont, CA
DEADLIFT, TRAP BAR	ALL	F	75	286	Skwarecki, Beth	8/5/2023	PRESIDENTIAL CUP (2023)
DEADLIFT, TRAP BAR	ALL	F	80	286	Watkins, Shannon	8/20/2011	2011 Atomic Athletic Meet
DEADLIFT, TRAP BAR	ALL	F	85	193	Guglielmo, Terry	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
DEADLIFT, TRAP BAR	ALL	F	90	264	Morrison, Cassie	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, TRAP BAR	ALL	F	95	285	Gore, Lisa	3/31/2025	POSTALS (2025) - Q1
DEADLIFT, TRAP BAR	ALL	F	100	220	Sees, Susan	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, TRAP BAR	ALL	F	105	230	Gore, Lisa	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
DEADLIFT, TRAP BAR	ALL	F	110	350	Kressly, Jera	7/19/2014	2014 Club Championships
DEADLIFT, TRAP BAR	ALL	F	120	242	Sees, Susan	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
DEADLIFT, TRAP BAR	ALL	F	125+	298	Goolsby, Carolyn	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	NAT	F	30	66	Lansdown, Daphne	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, TRAP BAR	NAT	F	55	220	Phumchaona, Noi	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	NAT	F	60	185	Guaret, Maria	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	NAT	F	65	300	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	NAT	F	70	250	Rudisell, Tammie	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	NAT	F	80	200	Guglielmo, Terry	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	NAT	F	85	187	Hopps, Jessica	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, TRAP BAR	NAT	F	90	264	Morrison, Cassie	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, TRAP BAR	NAT	F	100	220	Sees, Susan	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, TRAP BAR	NAT	F	125+	298	Goolsby, Carolyn	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	13	M	30	105	LaPointe, Jackson	10/16/2016	2016 Art's Birthday Bash
DEADLIFT, TRAP BAR	13	M	35	105	Wenzel, Logan	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, TRAP BAR	13	M	40	110	Whetstone, Alex	7/19/2014	2014 Club Championships
DEADLIFT, TRAP BAR	13	M	45	150	Van Vleck, Dalton	10/29/2010	2010 JWC Record Breakers
DEADLIFT, TRAP BAR	13	M	55	168	Blockston, Jon	10/11/1998	98 Art's Birthday Bash
DEADLIFT, TRAP BAR	13	M	60	250	Kressly, Draven	7/19/2014	2014 Club Championships
DEADLIFT, TRAP BAR	13	M	80	314	Beck, Steve	10/16/2005	2005 IAWA
DEADLIFT, TRAP BAR	13	M	95	275	Montini, Benson	10/15/2017	2017 Art's Birthday Bash
DEADLIFT, TRAP BAR	14	M	55	218	Van Fossan, Matt	10/13/1996	96 Art's Birthday Bash
DEADLIFT, TRAP BAR	14	M	75	358	Demille, Cale	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	14	M	80	325	Loewer, James	3/4/2000	2000 Buckeye Record Break
DEADLIFT, TRAP BAR	14	M	85	314	Beck, Steve	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
DEADLIFT, TRAP BAR	14	M	125+	518	Hess, Kohl	6/26/2010	NATIONALS (2010) - Lebanon, PA
DEADLIFT, TRAP BAR	16	M	55	342	Achenbach, Justin	10/16/2005	2005 IAWA
DEADLIFT, TRAP BAR	16	M	60	265	Van Fossan, Matt	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
DEADLIFT, TRAP BAR	16	M	75	405	McGowan, Andrew	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, TRAP BAR	16	M	80	419	Monk, Joshua	10/16/2005	2005 IAWA

USAWA Record List

DEADLIFT, TRAP BAR	16	M	90	355	Hunter, Joe	10/14/2001	2001 Art's Birthday Bash
DEADLIFT, TRAP BAR	16	M	95	380	Hunter, Joe	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	16	M	100	375	Blockston, Jon	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	16	M	105	441	Habecker, Aidan	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, TRAP BAR	16	M	110	231	Ciavattone, Frank III	6/26/2010	NATIONALS (2010) - Lebanon, PA
DEADLIFT, TRAP BAR	18	M	85	396	Habecker, Aidan	12/17/2022	Memorial Record Day
DEADLIFT, TRAP BAR	18	M	90	419	Habecker, Aidan	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, TRAP BAR	40	M	70	451	Monk, John	10/14/2006	2006 Worlds Glasgow
DEADLIFT, TRAP BAR	40	M	75	545	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
DEADLIFT, TRAP BAR	40	M	80	600	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
DEADLIFT, TRAP BAR	40	M	85	475	Hirsh, Bob	11/17/1999	99 Art's Birthday Bash
DEADLIFT, TRAP BAR	40	M	90	303	Larson, Nils	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	40	M	95	550	Strangeway, John	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, TRAP BAR	40	M	105	500	Silvestri, Larry	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	40	M	110	518	Silvestri, Larry	10/16/2005	2005 IAWA
DEADLIFT, TRAP BAR	40	M	115	661	Myers, Al	10/14/2006	2006 Worlds Glasgow
DEADLIFT, TRAP BAR	40	M	120	562	Ullom, Chad	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, TRAP BAR	40	M	125	435	Law, Jeremy	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, TRAP BAR	45	M	90	400	Smith, Randy	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	45	M	105	529	Myers, Al	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, TRAP BAR	45	M	100	384	Fobes, Jarrod	3/31/2025	POSTALS (2025) - Q1
DEADLIFT, TRAP BAR	45	M	110	420	Myers, Al	7/19/2014	2014 Club Championships
DEADLIFT, TRAP BAR	45	M	115	518	Ullom, Chad	12/31/2017	POSTAL (2017) - Q4
DEADLIFT, TRAP BAR	45	M	120	557	Ciavattone, Frank	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	45	M	125	525	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	45	M	125+	525	Rgby, Jeff	12/7/2024	RD - Lift for Leroy VI (2024)
DEADLIFT, TRAP BAR	50	M	75	427	McKean, John	10/13/1996	96 Art's Birthday Bash
DEADLIFT, TRAP BAR	50	M	80	415	McKean, John	10/15/2000	2000 Art's Birthday Bash
DEADLIFT, TRAP BAR	50	M	90	463	Blockston, Larry	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
DEADLIFT, TRAP BAR	50	M	95	364	Gupta, Sanjiv	3/31/2025	POSTALS (2025) - Q1
DEADLIFT, TRAP BAR	50	M	100	635	Schock, Ed	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	50	M	105	485	Myers, Al	12/31/2017	POSTAL (2017) - Q4
DEADLIFT, TRAP BAR	50	M	110	460	Ullom, Chad	3/9/2024	Dino Gym Challenge (2024)
DEADLIFT, TRAP BAR	50	M	115	475	Poore, Clint	8/25/2024	TRUE NORTH, TRUE STRENGTH OPEN, Fergus, Ont, CA
DEADLIFT, TRAP BAR	50	M	120	463	Schmidt, Scott	10/16/2005	2005 IAWA
DEADLIFT, TRAP BAR	50	M	125	457	Ciavattone, Frank	10/16/2005	2005 IAWA
DEADLIFT, TRAP BAR	50	M	125+	473	Morrison, Rocky	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, TRAP BAR	55	M	75	295	Marchand, Wade	3/31/2025	POSTALS (2025) - Q1
DEADLIFT, TRAP BAR	55	M	80	480	Patterson, Tony	12/31/2017	POSTAL (2017) - Q4
DEADLIFT, TRAP BAR	55	M	85	415	McKean, John	10/15/2005	2005 IAWA Worlds
DEADLIFT, TRAP BAR	55	M	90	442	Frappier, Chris	6/4/2023	Hackendinnie Classic
DEADLIFT, TRAP BAR	55	M	95	472	Frappier, Chris	8/25/2024	TRUE NORTH, TRUE STRENGTH OPEN, Fergus, Ont, CA

USAWA Record List

DEADLIFT, TRAP BAR	55	M	105	400	Wilmot, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	55	M	110	413	Jury, Steve	5/20/2023	RD - Lebanon, PA '23
DEADLIFT, TRAP BAR	55	M	115	530	Malloy, Jim	2/27/1999	99 Buckeye Record Breaker
DEADLIFT, TRAP BAR	55	M	120	446	Schmidt, Scott	6/26/2010	NATIONALS (2010) - Lebanon, PA
DEADLIFT, TRAP BAR	55	M	125	455	Geib, Bob	2/27/1999	99 Buckeye Record Breaker
DEADLIFT, TRAP BAR	55	M	125+	501	Douglas, John	5/4/2019	RD - Spring Dino Gym
DEADLIFT, TRAP BAR	60	M	70	331	Freides, Steve	12/16/2017	2017 Vernacchio Memorial
DEADLIFT, TRAP BAR	60	M	75	365	McKean, John	10/17/2010	2010 Art's Birthday Bash
DEADLIFT, TRAP BAR	60	M	80	405	McKean, John	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, TRAP BAR	60	M	85	385	Habecker, Denny	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	60	M	90	355	DeForest, Dave	12/17/2022	Memorial Record Day
DEADLIFT, TRAP BAR	60	M	95	500	Traub, Larry	7/19/2014	2014 Club Championships
DEADLIFT, TRAP BAR	60	M	100	456	Frappier, Chris	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, TRAP BAR	60	M	115	490	Malloy, Jim	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, TRAP BAR	60	M	120	500	Malloy, Jim	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, TRAP BAR	60	M	125+	415	Beverdsdorf, Dave	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, TRAP BAR	65	M	70	286	Pensyl, Barry	12/31/2017	POSTAL (2017) - Q4
DEADLIFT, TRAP BAR	65	M	75	341	McKean, John	8/20/2011	2011 Atomic Athletic Meet
DEADLIFT, TRAP BAR	65	M	80	402	Montini, Art	10/13/1996	96 Art's Birthday Bash
DEADLIFT, TRAP BAR	65	M	85	375	DeForest, Dave	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
DEADLIFT, TRAP BAR	65	M	90	374	Bryan, Barry	3/31/2025	POSTALS (2025) - Q1
DEADLIFT, TRAP BAR	65	M	115	440	Malloy, Jim	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
DEADLIFT, TRAP BAR	65	M	120	424	Malloy, Jim	10/12/2008	2008 Art's Birthday Bash
DEADLIFT, TRAP BAR	65	M	125	317	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
DEADLIFT, TRAP BAR	70	M	65	242	Pensyl, Barry	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, TRAP BAR	70	M	75	300	McKean, John	12/20/2015	2015 John's RD
DEADLIFT, TRAP BAR	70	M	80	360	Montini, Art	3/7/1998	98 Buckeye Record Breaker
DEADLIFT, TRAP BAR	70	M	85	405	Montini, Art	10/11/1998	98 Art's Birthday Bash
DEADLIFT, TRAP BAR	70	M	90	500	Traub, Larry	3/9/2024	Dino Gym Challenge (2024)
DEADLIFT, TRAP BAR	70	M	105	270	Murdock, Mike	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, TRAP BAR	70	M	110	308	Myers, LaVerne	12/31/2017	POSTAL (2017) - Q4
DEADLIFT, TRAP BAR	70	M	120	358	Ross, Dean	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, TRAP BAR	70	M	125	352	Ross, Dean	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
DEADLIFT, TRAP BAR	70	M	125+	300	Ciavattone, Frank	3/31/2025	POSTALS (2025) - Q1
DEADLIFT, TRAP BAR	75	M	75	225	Mitchell, Dennis	10/3/2010	2010 Worlds - Glasgow
DEADLIFT, TRAP BAR	75	M	80	285	Cox, Bob	11/23/2003	2003 Jump Stretch Record
DEADLIFT, TRAP BAR	75	M	85	292	Monahan, Rex	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	75	M	90	303	Montini, Art	10/16/2005	2005 IAWA
DEADLIFT, TRAP BAR	75	M	100	303	Myers, LaVerne	3/9/2024	Dino Gym Challenge (2024)
DEADLIFT, TRAP BAR	80	M	70	198	Mitchell, Dennis	6/25/2016	NATIONALS (2016) - Norwood, MA
DEADLIFT, TRAP BAR	80	M	80	250	Habecker, Denny	3/9/2024	Dino Gym Challenge (2024)
DEADLIFT, TRAP BAR	80	M	85	259	Habecker, Denny	3/31/2025	POSTALS (2025) - Q1

USAWA Record List

DEADLIFT, TRAP BAR	80	M	90	242	Montini, Art	8/20/2011	2011 Atomic Athletic Meet
DEADLIFT, TRAP BAR	85	M	80	210	Montini, Art	7/19/2014	2014 Club Championships
DEADLIFT, TRAP BAR	90	M	90	155	Clark, Bill	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
DEADLIFT, TRAP BAR	ALL	M	35	105	Wenzel, Logan	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
DEADLIFT, TRAP BAR	ALL	M	60	342	Achenbach, Justin	10/16/2005	2005 IAWA
DEADLIFT, TRAP BAR	ALL	M	65	364	Mabrey, Izzy	10/14/2000	IAWA GOLD CUP (2000) - Burton upon Trent, UK
DEADLIFT, TRAP BAR	ALL	M	70	465	Monk, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	ALL	M	75	545	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
DEADLIFT, TRAP BAR	ALL	M	80	600	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
DEADLIFT, TRAP BAR	ALL	M	85	500	Dissinger, Matthew	8/28/2004	2004 Heavylift
DEADLIFT, TRAP BAR	ALL	M	90	520	Dickson, Bob	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, TRAP BAR	ALL	M	95	550	Strangeway, John	2/8/2020	2020 USAWA Grip Championships
DEADLIFT, TRAP BAR	ALL	M	100	635	Schock, Ed	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	ALL	M	105	529	Myers, Al	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, TRAP BAR	ALL	M	110	617	Spayd, Bill	10/16/2005	2005 IAWA
DEADLIFT, TRAP BAR	ALL	M	115	661	Myers, Al	10/14/2006	2006 Worlds Glasgow
DEADLIFT, TRAP BAR	ALL	M	120	562	Ullom, Chad	1/16/2016	Dino Gym Challenge (2016)
DEADLIFT, TRAP BAR	ALL	M	125	535	Lestan, Chris	11/30/2020	POSTAL (2020) - RECORD DAY
DEADLIFT, TRAP BAR	ALL	M	125+	705	Doster, Matthew	10/16/2005	2005 IAWA
DEADLIFT, TRAP BAR	NAT	M	60	237	Monk, Joshua	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	NAT	M	65	242	Pensyl, Barry	6/25/2022	NATIONALS (2022) - Lebanon, PA
DEADLIFT, TRAP BAR	NAT	M	70	465	Monk, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	NAT	M	75	375	Demille, Cale	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	NAT	M	80	408	McKean, John	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	NAT	M	85	365	Habecker, Denny	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	NAT	M	90	441	Blockston, Larry	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	NAT	M	95	470	Blockston, Larry	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	NAT	M	100	635	Schock, Ed	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	NAT	M	105	500	Silvestri, Larry	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	NAT	M	110	600	Spayd, Bill	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	NAT	M	115	650	Myers, Al	6/26/2010	NATIONALS (2010) - Lebanon, PA
DEADLIFT, TRAP BAR	NAT	M	120	557	Ciavattone, Frank	6/29/2002	NATIONALS (2002) - Ambridge
DEADLIFT, TRAP BAR	NAT	M	125	525	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
DEADLIFT, TRAP BAR	NAT	M	125+	700	Doster, Matthew	6/29/2002	NATIONALS (2002) - Ambridge
DEANNA LIFT	ALL	F	60	405	McBride, Angela	3/31/2001	2001 Deanna Springs Mem
DEANNA LIFT	ALL	F	90	355	Abele, Jessica	4/4/2004	2004 Deanna Springs
DEANNA LIFT	13	M	60	262	Monk, Joshua	12/1/2002	2002 Postal Meet
DEANNA LIFT	14	M	75	352	Demille, Cale	12/1/2002	2002 Postal Meet
DEANNA LIFT	14	M	100	435	Calcote, Kyle	3/25/2007	2007 Deanna Springs
DEANNA LIFT	16	M	80	400	Loewer, James	12/17/2000	Record Day
DEANNA LIFT	16	M	90	440	Hunter, Joe	10/13/2002	2002 Art's Birthday Bash
DEANNA LIFT	18	M	80	500	Smith, Abe	11/19/2000	2000 Louis Cyr Challenge

USAWA Record List

DEANNA LIFT	40	M	110	685	Myers, Al	4/6/2008	2008 Deanna Springs
DEANNA LIFT	40	M	115	800	Myers, Al	3/27/2011	2011 Deanna
DEANNA LIFT	45	M	100	640	Schmidt, Steve	5/6/2003	2003 Deanna Springs Mem
DEANNA LIFT	45	M	105	552	Schock, Ed	12/1/2002	2002 Postal Meet
DEANNA LIFT	45	M	110	700	Garcia, Joe	3/28/1999	99 Deanna Springs Mem
DEANNA LIFT	45	M	115	805	Myers, Al	3/24/2012	2012 Deanna Meet
DEANNA LIFT	45	M	125+	525	Van Vleck, Thom	3/27/2011	2011 Deanna
DEANNA LIFT	50	M	95	340	Gupta, Sanjiv	4/14/2024	Record Day- Clark's Gym 1
DEANNA LIFT	50	M	105	475	Garcia, Joe	4/4/2004	2004 Deanna Springs
DEANNA LIFT	50	M	115	600	Garcia, Joe	3/26/2006	2006 Deanna
DEANNA LIFT	55	M	75	230	Marchand, Wade	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
DEANNA LIFT	55	M	90	575	Spring, Al	3/26/2000	2000 Deanna Springs Mem
DEANNA LIFT	55	M	95	600	Garcia, Joe	3/27/2011	2011 Deanna
DEANNA LIFT	55	M	100	575	Garcia, Joe	3/28/2010	2010 Deanna Springs
DEANNA LIFT	55	M	110	575	Garcia, Joe	3/28/2009	2009 Deanna Springs
DEANNA LIFT	55	M	115	320	Lupo, Tony	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
DEANNA LIFT	60	M	80	400	DeForest, Dave	10/5/2024	Buffville Road to the Century Club #6
DEANNA LIFT	60	M	85	410	DeForest, Dave	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
DEANNA LIFT	60	M	90	405	DeForest, Dave	5/22/2021	2021 Clark's Record Day
DEANNA LIFT	60	M	95	405	Spring, Al	4/4/2004	2004 Deanna Springs
DEANNA LIFT	60	M	100	430	Garcia, Joe	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
DEANNA LIFT	65	M	80	400	DeForest, Dave	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
DEANNA LIFT	65	M	85	400	DeForest, Dave	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
DEANNA LIFT	65	M	90	375	DeForest, Dave	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
DEANNA LIFT	65	M	95	335	Spring, Al	3/27/2011	2011 Deanna
DEANNA LIFT	65	M	100	235	Spring, Al	3/28/2009	2009 Deanna Springs
DEANNA LIFT	65	M	115	405	Clark, Bill	3/31/2001	2001 Deanna Springs Mem
DEANNA LIFT	65	M	120	405	Ross, Dean	3/24/2012	2012 Deanna Meet
DEANNA LIFT	65	M	125	455	Ross, Dean	3/27/2011	2011 Deanna
DEANNA LIFT	70	M	80	430	Emslie, David	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
DEANNA LIFT	70	M	85	350	Montini, Art	10/14/2001	2001 Art's Birthday Bash
DEANNA LIFT	70	M	90	325	Spring, Al	3/23/2013	2013 Deanna Meet
DEANNA LIFT	70	M	105	400	Bletscher, Rudy	3/26/2008	2006 Deanna
DEANNA LIFT	70	M	110	405	Murdock, Mike	3/27/2011	2011 Deanna
DEANNA LIFT	70	M	120	355	Ross, Dean	3/23/2013	2013 Deanna Meet
DEANNA LIFT	75	M	100	405	Bletscher, Rudy	3/27/2011	2011 Deanna
DEANNA LIFT	75	M	105	405	Bletscher, Rudy	3/24/2012	2012 Deanna Meet
DEANNA LIFT	80	M	105	235	Clark, Bill	10/10/2016	2016 Clark's Double Decathlon
DEANNA LIFT	80	M	110	235	Clark, Bill	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
DEANNA LIFT	ALL	M	60	262	Monk, Joshua	12/1/2002	2002 Postal Meet
DEANNA LIFT	ALL	M	70	480	Aldan, Brandon	10/14/2001	2001 Art's Birthday Bash
DEANNA LIFT	ALL	M	75	705	Smith, Abe	4/2/2005	2005 Deanna Springs Mem

USAWA Record List

DEANNA LIFT	ALL	M	80	655	Smith, Abe	3/25/2007	2007 Deanna Springs
DEANNA LIFT	ALL	M	85	400	DeForest, Dave	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
DEANNA LIFT	ALL	M	90	575	Springs, Al	3/26/2000	2000 Deanna
DEANNA LIFT	ALL	M	95	600	Garcia, Joe	3/27/2011	2011 Deanna
DEANNA LIFT	ALL	M	100	800	McBride, Mike	4/2/2005	2005 Deanna Springs Mem
DEANNA LIFT	ALL	M	105	705	DeSignore, Antonio	10/14/2001	2001 Art's Birthday Bash
DEANNA LIFT	ALL	M	110	800	Todd, Eric	4/2/2005	2005 Deanna Springs Mem
DEANNA LIFT	ALL	M	115	805	Myers, Al	3/24/2012	2012 Deanna Meet
DEANNA LIFT	ALL	M	120	750	Myers, Al	3/26/2006	2006 Deanna
DEANNA LIFT	ALL	M	125	850	Huff, Sam	4/2/2005	2005 Deanna Springs Mem
DEANNA LIFT	ALL	M	125+	700	Huff, Sam	4/4/2004	2004 Deanna Springs
DINNIE LIFT	65	M	90	400	Dickerson, Ricky	6/2/2024	HackenDINNIE Classic II
DINNIE LIFT	ALL	M	60	362	Guffey, Brian	6/2/2024	HackenDINNIE Classic II
DINNIE LIFT	13	F	40	120	Todd, Phoebe	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
DINNIE LIFT	13	F	55	245	Todd, Phoebe	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
DINNIE LIFT	13	F	65	210	Todd, Lillian	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
DINNIE LIFT	16	F	40	150	Gupta, Nisha	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	16	F	45	175	Gupta, Nisha	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
DINNIE LIFT	16	F	55	317	McDonald, Alexandria	6/1/2024	HackenDINNIE Classic II
DINNIE LIFT	18	F	50	165	Gupta, Diya	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	40	F	65	450	Skwarecki, Beth	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	40	F	75	510	Skwarecki, Beth	6/4/2023	Hackendinnie Classic
DINNIE LIFT	40	F	80	350	Hopps, Jessica	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	50	F	60	302	Gardner, Wendy	12/9/2023	Old Time Strongman World Championship
DINNIE LIFT	55	F	60	251	VanWagner, Kim	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
DINNIE LIFT	55	F	90	260	Lupo, Allison	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	55	F	100	306	Gore, Lisa	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DINNIE LIFT	60	F	60	200	Homan, Lynne	3/22/2025	Great American Bench Press Meet, Buffville, KY
DINNIE LIFT	60	F	105	292	Gore, Lisa	8/16/2025	Walpole Record Day, East Walpole, MA
DINNIE LIFT	65	F	75	200	Thompson, Janet	6/21/2025	Women's Only Meet, Columbia, MO
DINNIE LIFT	ALL	F	40	150	Gupta, Nisha	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	ALL	F	50	165	Gupta, Diya	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	ALL	F	55	311	McDonald, Alexandria	3/16/2024	Iron Palaces strongest man
DINNIE LIFT	ALL	F	60	420	Lucht, Jenna	11/1/2014	2014 OTSM Championships
DINNIE LIFT	ALL	F	65	450	Skwarecki, Beth	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	ALL	F	70	474	Halvorson, Jenn	3/3/2012	2012 Minnesota Meet
DINNIE LIFT	ALL	F	75	510	Skwarecki, Beth	6/4/2023	Hackendinnie Classic
DINNIE LIFT	ALL	F	80	350	Hopps, Jessica	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	ALL	F	85	360	Todd, Stacy	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
DINNIE LIFT	ALL	F	90	260	Lupo, Allison	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	ALL	F	100	480	Gardner, Heather	9/10/2016	2016 OTSM Championships
DINNIE LIFT	ALL	F	105	292	Gore, Lisa	8/16/2025	Walpole Record Day, East Walpole, MA

USAWA Record List

DINNIE LIFT	ALL	F	125+	375	Simms, Felecia	1/15/2011	Dino Gym Strongman (2011)
DINNIE LIFT	NAT	F	40	150	Gupta, Nisha	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	NAT	F	50	165	Gupta, Diya	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	NAT	F	65	450	Skwarecki, Beth	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	NAT	F	80	350	Hopps, Jessica	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	NAT	F	90	260	Lupo, Allison	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	13	M	85	265	Bankens, Isaac	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
DINNIE LIFT	13	M	90	361	Bankens, Isaac	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
DINNIE LIFT	13	M	35	110	Todd, Leroy	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
DINNIE LIFT	13	M	40	175	Todd, Everett	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
DINNIE LIFT	13	M	45	200	Todd, Leroy	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
DINNIE LIFT	13	M	95	300	Bankens, Isaac	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	14	M	80	550	Kressly, Logan	2/9/2014	RD - Dino Gym '14
DINNIE LIFT	16	M	70	355	Lokken, Cody	1/15/2011	Dino Gym Strongman (2011)
DINNIE LIFT	16	M	115	355	Berry, Nolan	1/15/2011	Dino Gym Strongman (2011)
DINNIE LIFT	40	M	70	425	Ortega, Toby	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	40	M	85	702	Stearns, Ashley	12/7/2024	Old Time Strongman World Championship (2024)
DINNIE LIFT	40	M	90	700	Strangeway, John	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DINNIE LIFT	40	M	95	740	Strangeway, John	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
DINNIE LIFT	40	M	105	527	Culbert, John	8/23/2025	True North True Strength II - RD- Fergus, Ont
DINNIE LIFT	40	M	115	700	Todd, Eric	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
DINNIE LIFT	40	M	120	700	Todd, Eric	9/10/2016	2016 OTSM Championships
DINNIE LIFT	40	M	125	700	Millsaps, Holland	12/9/2023	Old Time Strongman World Championship
DINNIE LIFT	40	M	125+	635	O'Brien, John	10/16/2011	2011 OTSM Championships
DINNIE LIFT	45	M	100	506	Fobes, Jarrod	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
DINNIE LIFT	45	M	105	800	Ullom, Chad	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
DINNIE LIFT	45	M	110	825	Ullom, Chad	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DINNIE LIFT	45	M	115	705	Myers, Al	10/16/2011	2011 OTSM Championships
DINNIE LIFT	45	M	125+	620	Bankens, Jeff	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
DINNIE LIFT	50	M	95	405	Gupta, Sanjiv	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	50	M	100	733	Ullom, Chad	11/4/2022	IAWA GOLD CUP (2022) - Belfast, IE
DINNIE LIFT	50	M	105	800	Ullom, Chad	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
DINNIE LIFT	50	M	110	575	Poore, Clint	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	50	M	115	550	Poore, Clint	12/7/2024	Old Time Strongman World Championship (2024)
DINNIE LIFT	50	M	125+	485	Foster, Lance	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
DINNIE LIFT	55	M	75	420	Marchand, Wade	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	55	M	90	470	Wilson, Jerry	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	55	M	100	600	Garcia, Joe	1/15/2011	Dino Gym Strongman (2011)
DINNIE LIFT	55	M	110	420	Lupo, Tony	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
DINNIE LIFT	55	M	115	650	Cook, Greg	11/1/2014	2014 OTSM Championships
DINNIE LIFT	55	M	120	600	Cook, Greg	9/10/2016	2016 OTSM Championships
DINNIE LIFT	55	M	125	585	Gardner, Brian	12/9/2023	Old Time Strongman World Championship

USAWA Record List

DINNIE LIFT	55	M	125+	600	Mitchell, Mark	11/2/2013	2013 OTSM Championships
DINNIE LIFT	60	M	80	430	DeForest, Dave	1/25/2025	ZERCHER STRENGTH CLASSIC (2025) - RD
DINNIE LIFT	60	M	85	450	DeForest, Dave	12/7/2024	Old Time Strongman World Championship (2024)
DINNIE LIFT	60	M	90	407	DeForest, Dave	12/9/2023	Old Time Strongman World Championship
DINNIE LIFT	60	M	100	560	Frappier, Chris	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	60	M	105	420	Richey, Randy	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	60	M	110	410	Richey, Randy	12/7/2024	Old Time Strongman World Championship (2024)
DINNIE LIFT	60	M	120	550	Cook, Greg	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DINNIE LIFT	60	M	125+	416	Beversdorf, Dave	8/16/2025	Walpole Record Day, East Walpole, MA
DINNIE LIFT	65	M	75	320	McKean, John	10/18/2015	2015 Art's Birthday Bash
DINNIE LIFT	65	M	85	460	DeForest, Dave	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	65	M	90	416	Carter, John	8/16/2025	Walpole Record Day, East Walpole, MA
DINNIE LIFT	65	M	115	550	Cook, Greg	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
DINNIE LIFT	65	M	125+	440	Ross, Dean	10/16/2011	2011 OTSM Championships
DINNIE LIFT	70	M	85	237	Hultquist, Chip	9/23/2023	Buffville Push/Pull
DINNIE LIFT	70	M	90	575	Traub, Larry	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	70	M	110	410	Murdock, Mike	10/16/2011	2011 OTSM Championships
DINNIE LIFT	70	M	115	400	Ross, Dean	9/10/2016	2016 OTSM Championships
DINNIE LIFT	70	M	120	309	Geib, Bob	10/18/2015	2015 Art's Birthday Bash
DINNIE LIFT	70	M	125	435	Ross, Dean	10/19/2013	2013 Battle in the Barn II
DINNIE LIFT	75	M	90	400	Habecker, Denny	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DINNIE LIFT	75	M	100	410	Bletscher, Rudy	10/16/2011	2011 OTSM Championships
DINNIE LIFT	75	M	105	275	Bletscher, Rudy	1/15/2011	Dino Gym Strongman (2011)
DINNIE LIFT	75	M	115	400	Ross, Dean	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DINNIE LIFT	80	M	85	300	Habecker, Denny	6/4/2023	Hackendinnie Classic
DINNIE LIFT	80	M	90	312	Somfay, Joe	8/23/2025	True North True Strength II - RD- Fergus, Ont
DINNIE LIFT	80	M	105	253	Clark, Bill	10/10/2016	2016 Clark's Double Decathlon
DINNIE LIFT	85	M	80	283	Montini, Art	10/18/2015	2015 Art's Birthday Bash
DINNIE LIFT	ALL	M	40	175	Todd, Everett	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
DINNIE LIFT	ALL	M	45	200	Todd, Leroy	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
DINNIE LIFT	ALL	M	55	355	Guffey, Brian	12/9/2023	Old Time Strongman World Championship
DINNIE LIFT	ALL	M	70	525	Hanlein, Michael	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	ALL	M	75	420	Marchand, Wade	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	ALL	M	80	550	Kressly, Logan	2/9/2014	RD - Dino Gym '14
DINNIE LIFT	ALL	M	85	702	Stearns, Ashley	12/7/2024	Old Time Strongman World Championship (2024)
DINNIE LIFT	ALL	M	90	700	Strangeway, John	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DINNIE LIFT	ALL	M	95	740	Strangeway, John	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
DINNIE LIFT	ALL	M	100	733	Ullom, Chad	11/4/2022	IAWA GOLD CUP (2022) - Belfast, IE
DINNIE LIFT	ALL	M	105	822	Glass, Adam	3/3/2012	2012 Minnesota Meet
DINNIE LIFT	ALL	M	110	825	Ullom, Chad	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DINNIE LIFT	ALL	M	115	735	Anderson, Chris	1/15/2011	Dino Gym Strongman (2011)
DINNIE LIFT	ALL	M	120	800	Day Caleb	6/2/2024	HackenDINNIE Classic II

USAWA Record List

DINNIE LIFT	ALL	M	125	700	Millsaps, Holland	12/9/2023	Old Time Strongman World Championship
DINNIE LIFT	ALL	M	125+	710	McIntyre, Mike	11/2/2013	2013 OTSM Championships
DINNIE LIFT	NAT	M	70	525	Hanlein, Michael	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	NAT	M	75	420	Marchand, Wade	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	NAT	M	85	460	DeForest, Dave	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	NAT	M	95	405	Gupta, Sanjiv	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	NAT	M	100	725	Ullom, Chad	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	NAT	M	105	420	Richey, Randy	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	NAT	M	110	575	Poore, Clint	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	NAT	M	115	405	Lupo, Tony	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	NAT	M	125	275	Ciavattone, Frank	7/19/2025	NATIONALS (2025) - Albany, KY
DINNIE LIFT	NAT	M	125+	600	Gaddis, Jarrod	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	13	F	25	10	Wenzel, Dylan	2/7/2025	Bayou Beast Bash (2026) - Lake Charles, LA
DUMBBELL TO SHOULDER	13	F	40	28	Piper, Whitney	7/27/2013	2013 Joe the Turk OTSM
DUMBBELL TO SHOULDER	16	F	40	50	Gupta, Nisha	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	18	F	50	75	Gupta, Diya	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	40	F	65	110	Skwarecki, Beth	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
DUMBBELL TO SHOULDER	40	F	80	75	Hopps, Jessica	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	50	F	60	80	Gardner, Wendy	12/9/2023	Old Time Strongman World Championship
DUMBBELL TO SHOULDER	55	F	50	75	Jackson, RJ	8/27/2017	2017 Iron Warrior RD
DUMBBELL TO SHOULDER	55	F	60	82	VanWagner, Kim	10/12/2024	Clarks Gym RD #5
DUMBBELL TO SHOULDER	55	F	90	63	Lupo, Allison	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
DUMBBELL TO SHOULDER	55	F	100	80	Gore, Lisa	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
DUMBBELL TO SHOULDER	60	F	60	53	Homan, Lynne	3/22/2025	Great American Bench Press Meet, Buffville, KY
DUMBBELL TO SHOULDER	60	F	105	90	Gore, Lisa	8/16/2025	Walpole Record Day, East Walpole, MA
DUMBBELL TO SHOULDER	65	F	75	65	Thompson, Janet	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
DUMBBELL TO SHOULDER	75	F	55	40	McGregor, Alix	8/23/2025	True North True Strength II - RD- Fergus, Ont
DUMBBELL TO SHOULDER	ALL	F	25	10	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
DUMBBELL TO SHOULDER	ALL	F	40	50	Gupta, Nisha	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	ALL	F	50	75	Jackson, RJ	8/27/2017	2017 Iron Warrior RD
DUMBBELL TO SHOULDER	ALL	F	55	40	McGregor, Alix	8/23/2025	True North True Strength II - RD- Fergus, Ont
DUMBBELL TO SHOULDER	ALL	F	60	82	VanWagner, Kim	10/12/2024	Clarks Gym RD #5
DUMBBELL TO SHOULDER	ALL	F	65	110	Skwarecki, Beth	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
DUMBBELL TO SHOULDER	ALL	F	75	65	Thompson, Janet	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
DUMBBELL TO SHOULDER	ALL	F	80	75	Hopps, Jessica	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	ALL	F	90	63	Lupo, Allison	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
DUMBBELL TO SHOULDER	ALL	F	100	110	Tully, Heather	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DUMBBELL TO SHOULDER	ALL	F	105	90	Gore, Lisa	8/16/2025	Walpole Record Day, East Walpole, MA
DUMBBELL TO SHOULDER	NAT	F	40	50	Gupta, Nisha	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	NAT	F	50	75	Gupta, Diya	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	NAT	F	80	75	Hopps, Jessica	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	NAT	F	90	60	Lupo, Allison	7/19/2025	NATIONALS (2025) - Albany, KY

USAWA Record List

DUMBBELL TO SHOULDER	13	M	35	32	Todd, Leroy	11/30/2020	POSTAL (2020) - RECORD DAY
DUMBBELL TO SHOULDER	13	M	45	55	Todd, Everett	11/18/2023	RD - Lift for Leroy '23
DUMBBELL TO SHOULDER	13	M	90	102	Bankens, Isaac	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
DUMBBELL TO SHOULDER	13	M	95	80	Bankens, Isaac	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	16	M	80	101	Conley, Elijah	8/3/2024	Clarks Gym RD #4 (2024)
DUMBBELL TO SHOULDER	40	M	70	151	Ortega, Toby	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	40	M	85	180	Stearns, Ashley	12/9/2023	Old Time Strongman World Championship
DUMBBELL TO SHOULDER	40	M	90	230	Strangeway, John	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DUMBBELL TO SHOULDER	40	M	95	188	Piper, Tim	7/27/2013	2013 Joe the Turk OTSM
DUMBBELL TO SHOULDER	40	M	110	150	Edwards, Ben	9/9/2017	2017 OTSM Championships
DUMBBELL TO SHOULDER	40	M	115	313	Todd, Eric	9/9/2017	2017 OTSM Championships
DUMBBELL TO SHOULDER	40	M	120	132	Guerin, Joshua	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
DUMBBELL TO SHOULDER	40	M	125	250	Millsaps, Holland	12/9/2023	Old Time Strongman World Championship
DUMBBELL TO SHOULDER	40	M	125+	270	O'Brien, John	10/16/2011	2011 OTSM Championships
DUMBBELL TO SHOULDER	45	M	110	240	Ullom, Chad	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DUMBBELL TO SHOULDER	45	M	115	270	Myers, Al	10/16/2011	2011 OTSM Championships
DUMBBELL TO SHOULDER	45	M	125+	300	O'Brien, John	5/31/2014	2014 Big T's Bday OTSM
DUMBBELL TO SHOULDER	50	M	95	132	Gupta, Sanjiv	12/13/2025	OTSM WORLD Championship. Postal (2025)
DUMBBELL TO SHOULDER	50	M	100	176	Ullom, Chad	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	50	M	105	225	Hadley, Patrick	11/9/2024	Goerner Deadlift Dozen Plus One RD
DUMBBELL TO SHOULDER	50	M	110	130	Poore, Clint	12/9/2023	Old Time Strongman World Championship
DUMBBELL TO SHOULDER	50	M	125	235	Van Vleck, Thom	5/31/2014	2014 Big T's Bday OTSM
DUMBBELL TO SHOULDER	50	M	125+	200	Douglas, John	9/9/2017	2017 OTSM Championships
DUMBBELL TO SHOULDER	55	M	75	105	Marchand, Wade	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	55	M	90	161	Wilson, Jerry	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	55	M	110	130	Lupo, Tony	12/9/2023	Old Time Strongman World Championship
DUMBBELL TO SHOULDER	55	M	115	142	Lupo, Tony	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
DUMBBELL TO SHOULDER	55	M	125	175	Van Vleck, Thom	12/9/2023	Old Time Strongman World Championship
DUMBBELL TO SHOULDER	55	M	125+	240	Douglas, John	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DUMBBELL TO SHOULDER	60	M	85	132	DeForest, Dave	7/31/2022	RD - Clark vs Frank
DUMBBELL TO SHOULDER	60	M	90	132	Deforest, Dave	8/21/2021	2021 SWEET 16/ELITE 8
DUMBBELL TO SHOULDER	60	M	100	131	Frappier, Chris	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	60	M	105	121	Richey, Randy	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	60	M	110	100	Richey, Randy	12/9/2023	Old Time Strongman World Championship
DUMBBELL TO SHOULDER	60	M	115	175	Cook, Greg	9/9/2017	2017 OTSM Championships
DUMBBELL TO SHOULDER	60	M	120	180	Cook, Greg	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DUMBBELL TO SHOULDER	65	M	80	125	Bryan, Barry	12/13/2025	OTSM WORLD Championship. Postal (2025)
DUMBBELL TO SHOULDER	65	M	85	140	Dickerson, Ricky	12/9/2023	Old Time Strongman World Championship
DUMBBELL TO SHOULDER	65	M	115	136	Larson, Nils	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	65	M	125+	150	Ross, Dean	10/16/2011	2011 OTSM Championships
DUMBBELL TO SHOULDER	70	M	75	75	Santangelo, Stephen	4/14/2024	Buffville Cup 3
DUMBBELL TO SHOULDER	70	M	85	111	Habecker, Denny	7/27/2013	2013 Joe the Turk OTSM

USAWA Record List

DUMBBELL TO SHOULDER	70	M	90	176	Traub, Larry	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	70	M	105	90	Ross, Dean	9/9/2017	2017 OTSM Championships
DUMBBELL TO SHOULDER	70	M	110	120	Murdock, Mike	10/16/2011	2011 OTSM Championships
DUMBBELL TO SHOULDER	70	M	115	121	Glasgow, Dave	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	70	M	125	130	Ross, Dean	5/31/2014	2014 Big T's Bday OTSM
DUMBBELL TO SHOULDER	75	M	60	70	Pensyl, Barry	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
DUMBBELL TO SHOULDER	75	M	90	90	Habecker, Denny	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DUMBBELL TO SHOULDER	75	M	100	120	Bletscher, Rudy	10/16/2011	2011 OTSM Championships
DUMBBELL TO SHOULDER	75	M	105	99	Myers, LaVerne	12/8/2019	2019 USAWA Club Championships
DUMBBELL TO SHOULDER	75	M	110	80	Ross, Dean	12/8/2019	2019 USAWA Club Championships
DUMBBELL TO SHOULDER	75	M	115	80	Ross, Dean	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DUMBBELL TO SHOULDER	80	M	85	81	Habecker, Denny	12/13/2025	OTSM WORLD Championship. Postal (2025)
DUMBBELL TO SHOULDER	85	M	80	60	Montini, Art	5/31/2014	2014 Big T's Bday OTSM
DUMBBELL TO SHOULDER	ALL	M	35	32	Todd, Leroy	11/30/2020	POSTAL (2020) - RECORD DAY
DUMBBELL TO SHOULDER	ALL	M	45	55	Todd, Everett	11/18/2023	RD - Lift for Leroy '23
DUMBBELL TO SHOULDER	ALL	M	55	125	Guffey, Brian	12/9/2023	Old Time Strongman World Championship
DUMBBELL TO SHOULDER	ALL	M	70	176	Hanlein, Michael	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	ALL	M	75	105	Marchand, Wade	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	ALL	M	80	225	Pringle, Mike	10/19/2013	2013 Battle in the Barn II
DUMBBELL TO SHOULDER	ALL	M	85	200	Smith, Abe	9/9/2017	2017 OTSM Championships
DUMBBELL TO SHOULDER	ALL	M	90	230	Strangeway, John	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DUMBBELL TO SHOULDER	ALL	M	95	188	Piper, Tim	7/27/2013	2013 Joe the Turk OTSM
DUMBBELL TO SHOULDER	ALL	M	100	221	Henderson, Chris	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	ALL	M	105	225	Hadley, Patrick	11/9/2024	Goerner Deadlift Dozen Plus One RD
DUMBBELL TO SHOULDER	ALL	M	110	240	Ullom, Chad	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
DUMBBELL TO SHOULDER	ALL	M	115	313	Todd, Eric	9/9/2017	2017 OTSM Championships
DUMBBELL TO SHOULDER	ALL	M	120	305	Todd, Eric	5/31/2014	2014 Big T's Bday OTSM
DUMBBELL TO SHOULDER	ALL	M	125	252	Marlin, Philip	12/9/2023	Old Time Strongman World Championship
DUMBBELL TO SHOULDER	ALL	M	125+	300	Anderson, Chris	10/16/2011	2011 OTSM Championships
DUMBBELL TO SHOULDER	NAT	M	70	176	Hanlein, Michael	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	NAT	M	75	105	Marchand, Wade	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	NAT	M	85	140	Jones, Dan	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	NAT	M	95	126	Gupta, Sanjiv	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	NAT	M	100	221	Henderson, Chris	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	NAT	M	105	126	Richey, Randy	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	NAT	M	110	130	Poore, Clint	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	NAT	M	115	136	Lupo, Tony	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	NAT	M	125	50	Ciavattone, Frank	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL TO SHOULDER	NAT	M	125+	269	Bankens, Jeff	7/19/2025	NATIONALS (2025) - Albany, KY
DUMBBELL WALK	45	F	70	48	Jividen, Grace	11/5/2011	2011 Welcome Mat
DUMBBELL WALK	50	F	50	52	Jackson, RJ	12/27/2015	RD - Iron Warrior
DUMBBELL WALK	55	F	90	40	Lupo, Allison	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD

USAWA Record List

DUMBBELL WALK	ALL	F	50	52	Jackson, RJ	12/27/2015	RD - Iron Warrior
DUMBBELL WALK	ALL	F	70	48	Jividen, Grace	11/5/2011	2011 Welcome Mat
DUMBBELL WALK	ALL	F	80	58	Fobes, Karena	11/5/2011	2011 Welcome Mat
DUMBBELL WALK	ALL	F	85	47	Janzen, Kaela	2/9/2019	2019 USAWA Grip Championships
DUMBBELL WALK	ALL	F	90	40	Lupo, Allison	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
DUMBBELL WALK	13	M	65	40	Habecker, Aidan	5/6/2017	2017 Lebanon, PA Valley RD
DUMBBELL WALK	14	M	60	38	Policky, Frank	11/5/2011	2011 Welcome Mat
DUMBBELL WALK	16	M	85	102	Janzen, Cole	2/9/2019	2019 USAWA Grip Championships
DUMBBELL WALK	16	M	95	55	Habecker, Aidan	8/3/2019	PRESIDENTIAL CUP (2019)
DUMBBELL WALK	16	M	125+	102	Payne, Jared	2/9/2019	2019 USAWA Grip Championships
DUMBBELL WALK	40	M	90	123	Stearns, Ashley	4/14/2024	Record Day- Clark's Gym 1
DUMBBELL WALK	40	M	100	112	Edwards, Ben	2/9/2019	2019 USAWA Grip Championships
DUMBBELL WALK	40	M	110	102	Ullom, Chad	2/11/2012	2012 Grip Championships
DUMBBELL WALK	40	M	115	95	Myers, Al	2/14/2010	RD - Dino Gym (2010)
DUMBBELL WALK	40	M	125+	122	Barnhart, Darren	2/11/2012	2012 Grip Championships
DUMBBELL WALK	45	M	110	107	Myers, Al	8/9/2014	PRESIDENTIAL CUP (2014)
DUMBBELL WALK	45	M	115	122	Myers, Al	2/11/2012	2012 Grip Championships
DUMBBELL WALK	45	M	120	117	Myers, Al	8/28/2011	RD - Dino Days (2011)
DUMBBELL WALK	45	M	125+	73	Foster, Lance	2/8/2014	2014 Grip Championships
DUMBBELL WALK	50	M	95	83	Gupta, Sanjiv	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DUMBBELL WALK	50	M	110	126	Wenzel, Jeff	3/22/2025	Great American Bench Press Meet, Buffville, KY
DUMBBELL WALK	50	M	115	73	Poore, Clint	4/14/2024	Record Day- Clark's Gym 1
DUMBBELL WALK	50	M	125+	92	Mitchell, Mark	2/11/2012	2012 Grip Championships
DUMBBELL WALK	55	M	105	113	Myers, Al	2/19/2022	Grip Championships
DUMBBELL WALK	55	M	110	83	Lupo, Tony	3/22/2025	Great American Bench Press Meet, Buffville, KY
DUMBBELL WALK	55	M	115	92	Glasgow, Dave	2/11/2012	2012 Grip Championships
DUMBBELL WALK	60	M	75	76	Santangelo, Stephen	1/24/2015	2015 Florida RD
DUMBBELL WALK	60	M	80	77	Santangelo, Stephen	12/20/2015	2015 John's RD
DUMBBELL WALK	60	M	120	98	Glasgow, Dave	2/8/2014	2014 Grip Championships
DUMBBELL WALK	65	M	80	26	McKean, John	10/12/2014	2014 Art's Birthday Bash
DUMBBELL WALK	65	M	85	52	Habecker, Denny	2/11/2012	2012 Grip Championships
DUMBBELL WALK	65	M	115	123	Myers, LaVerne	2/8/2014	2014 Grip Championships
DUMBBELL WALK	65	M	125	77	Ross, Dean	2/11/2012	2012 Grip Championships
DUMBBELL WALK	70	M	75	65	Santangelo, Stephen	5/12/2024	Record Day- Clark's Gym 2
DUMBBELL WALK	70	M	90	48	Murdock, Mike	2/8/2014	2014 Grip Championships
DUMBBELL WALK	70	M	105	97	Myers, LaVerne	2/9/2019	2019 USAWA Grip Championships
DUMBBELL WALK	70	M	110	110	Myers, LaVerne	10/22/2016	IABA GOLD CUP (2016) - Abilene, KS
DUMBBELL WALK	70	M	125	63	Ross, Dean	2/8/2014	2014 Grip Championships
DUMBBELL WALK	75	M	90	37	Habecker, Denny	2/9/2019	2019 USAWA Grip Championships
DUMBBELL WALK	75	M	100	113	Myers, LaVerne	2/19/2022	Grip Championships
DUMBBELL WALK	75	M	115	57	Ross, Dean	2/9/2019	2019 USAWA Grip Championships
DUMBBELL WALK	90	M	95	40	Clark, Bill	2/25/2024	RD - Clarks Gym

USAWA Record List

DUMBBELL WALK	ALL	M	60	38	Policky, Frank	11/5/2011	2011 Welcome Mat
DUMBBELL WALK	ALL	M	65	40	Habecker, Aidan	5/6/2017	2017 Lebanon, PA Valley RD
DUMBBELL WALK	ALL	M	70	77	Rein, Brandon	2/9/2019	2019 USAWA Grip Championships
DUMBBELL WALK	ALL	M	75	100	Cadwallader, Mike	11/5/2011	2011 Welcome Mat
DUMBBELL WALK	ALL	M	80	80	Luther, Travis	3/22/2025	Great American Bench Press Meet, Buffville, KY
DUMBBELL WALK	ALL	M	85	103	Wagman, Dan	2/8/2014	2014 Grip Championships
DUMBBELL WALK	ALL	M	90	123	Stearns, Ashley	4/14/2024	Record Day- Clark's Gym 1
DUMBBELL WALK	ALL	M	95	83	Gupta, Sanjiv	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
DUMBBELL WALK	ALL	M	100	112	Edwards, Ben	2/9/2019	2019 USAWA Grip Championships
DUMBBELL WALK	ALL	M	105	118	Thompson, Keith	2/8/2014	2014 Grip Championships
DUMBBELL WALK	ALL	M	110	126	Wenzel, Jeff	3/22/2025	Great American Bench Press Meet, Buffville, KY
DUMBBELL WALK	ALL	M	115	123	Myers, LaVerne	2/8/2014	2014 Grip Championships
DUMBBELL WALK	ALL	M	120	117	Myers, Al	8/28/2011	RD - Dino Days (2011)
DUMBBELL WALK	ALL	M	125	106	Hess, Kohl	5/6/2017	2017 Lebanon, PA Valley RD
DUMBBELL WALK	ALL	M	125+	122	Barnhart, Darren	2/11/2012	2012 Grip Championships
FINGER LIFT, LEFT INDEX	13	F	60	27	Jones, Liliana	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, LEFT INDEX	18	F	90	82	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX	40	F	75	64	Hopps, Jessica	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
FINGER LIFT, LEFT INDEX	40	F	80	57	Hopps, Jessica	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, LEFT INDEX	45	F	125+	75	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX	50	F	50	70	Jackson, RJ	12/27/2015	RD - Iron Warrior
FINGER LIFT, LEFT INDEX	55	F	60	52.5	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT INDEX	55	F	90	61	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT INDEX	55	F	100	60	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT INDEX	55	F	125+	90	McConnaughey, Mary	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX	60	F	105	66	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT INDEX	65	F	75	56	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT INDEX	ALL	F	50	70	Jackson, RJ	12/27/2015	RD - Iron Warrior
FINGER LIFT, LEFT INDEX	ALL	F	60	50	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT INDEX	ALL	F	75	64	Hopps, Jessica	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
FINGER LIFT, LEFT INDEX	ALL	F	80	57	Hopps, Jessica	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, LEFT INDEX	ALL	F	90	82	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX	ALL	F	100	60	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT INDEX	ALL	F	105	79	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER LIFT, LEFT INDEX	ALL	F	125+	90	McConnaughey, Mary	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX	13	M	35	21	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT INDEX	13	M	60	55	Heit, Calvin	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX	16	M	70	80	Schimpf, Christian	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX	16	M	80	60	Marchand, Wade	7/9/2022	RD - Franks Barbell
FINGER LIFT, LEFT INDEX	40	M	85	116	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT INDEX	40	M	90	151	Strangeway, John	11/30/2020	POSTAL (2020) - RECORD DAY
FINGER LIFT, LEFT INDEX	40	M	95	135	Strangeway, John	5/4/2019	RD - Spring Dino Gym

USAWA Record List

FINGER LIFT, LEFT INDEX	40	M	115	120	Todd, Eric	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
FINGER LIFT, LEFT INDEX	40	M	120	100	Ullom, Chad	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX	40	M	125+	85	Mitchell, Mark	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, LEFT INDEX	45	M	100	125	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT INDEX	45	M	110	85	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT INDEX	45	M	115	95	Stone, Dwayne	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX	45	M	125+	90	Foster, Lance	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX	50	M	90	100	DiCiccio, Bill	7/25/1993	RD - Ambridge
FINGER LIFT, LEFT INDEX	50	M	95	60	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT INDEX	50	M	100	55	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT INDEX	50	M	105	131	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT INDEX	50	M	110	118	Ullom, Chad	2/19/2022	Grip Championships
FINGER LIFT, LEFT INDEX	50	M	115	95	Powell, Tom	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX	55	M	55	77	Marchand, Wade	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, LEFT INDEX	55	M	110	111	Lupo, Tony	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT INDEX	55	M	115	80	Raymond, Mark	10/27/2018	2018 NE Fall Classic
FINGER LIFT, LEFT INDEX	60	M	80	85	Deforest, Dave	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT INDEX	60	M	85	88	Habecker, Denny	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, LEFT INDEX	60	M	90	53	Raymond, Mark	8/16/2025	Walpole Record Day, East Walpole, MA
FINGER LIFT, LEFT INDEX	60	M	120	105	Glasgow, Dave	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX	60	M	125+	100	Ciavattone, Frank	10/27/2018	2018 NE Fall Classic
FINGER LIFT, LEFT INDEX	65	M	80	100	Friesz, Dale	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX	65	M	85	75	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT INDEX	65	M	90	45	Habecker, Denny	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX	65	M	95	92	Habecker, Denny	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, LEFT INDEX	65	M	115	81	Larson, Nils	12/31/2024	2024 New Year's Eve RD - Walpole, MA
FINGER LIFT, LEFT INDEX	70	M	75	105	Santangelo, Stephen	9/23/2023	Buffville Push/Pull
FINGER LIFT, LEFT INDEX	70	M	80	90	Emslie, David	11/8/2014	2014 Clarks RD
FINGER LIFT, LEFT INDEX	70	M	85	93	Montini, Art	10/11/1998	98 Art's Birthday Bash
FINGER LIFT, LEFT INDEX	70	M	90	61	Habecker, Denny	12/28/2016	Record Day- Lebanon, PA Valley
FINGER LIFT, LEFT INDEX	70	M	105	95	Myers, LaVerne	2/9/2019	2019 USAWA Grip Championships
FINGER LIFT, LEFT INDEX	70	M	110	110	Myers, LaVerne	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX	70	M	115	72	Ross, Dean	10/18/2015	2015 Art's Birthday Bash
FINGER LIFT, LEFT INDEX	70	M	120	75	Ross, Dean	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX	70	M	125	160	Ciavattone, Frank	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
FINGER LIFT, LEFT INDEX	75	M	100	76	Myers, LaVerne	3/9/2024	Dino Gym Challenge (2024)
FINGER LIFT, LEFT INDEX	75	M	105	95	Myers, LaVerne	9/8/2019	2019 Team Champs
FINGER LIFT, LEFT INDEX	75	M	110	90	Myers, LaVerne	5/4/2019	RD - Spring Dino Gym
FINGER LIFT, LEFT INDEX	80	M	85	55	Habecker, Denny	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
FINGER LIFT, LEFT INDEX	80	M	100	91	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT INDEX	80	M	110	70	Clark, Bill	11/8/2014	2014 Clarks RD
FINGER LIFT, LEFT INDEX	90	M	95	45	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym

USAWA Record List

FINGER LIFT, LEFT INDEX	ALL	M	35	21	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT INDEX	ALL	M	60	55	Heit, Calvin	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX	ALL	M	70	106	Wenzel, Riley	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT INDEX	ALL	M	75	105	Santangelo, Stephen	9/23/2023	Buffville Push/Pull
FINGER LIFT, LEFT INDEX	ALL	M	80	100	Smith, Abe	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, LEFT INDEX	ALL	M	85	137	Wagman, Dan	12/27/2015	RD - Iron Warrior
FINGER LIFT, LEFT INDEX	ALL	M	90	151	Strangeway, John	11/30/2020	POSTAL (2020) - RECORD DAY
FINGER LIFT, LEFT INDEX	ALL	M	95	135	Strangeway, John	5/4/2019	RD - Spring Dino Gym
FINGER LIFT, LEFT INDEX	ALL	M	100	125	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT INDEX	ALL	M	105	131	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT INDEX	ALL	M	110	118	Ullom, Chad	2/19/2022	Grip Championships
FINGER LIFT, LEFT INDEX	ALL	M	115	120	Todd, Eric	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
FINGER LIFT, LEFT INDEX	ALL	M	120	105	Glasgow, Dave	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX	ALL	M	125	160	Ciavattone, Frank	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
FINGER LIFT, LEFT INDEX	ALL	M	125+	100	Tully, Scott	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT LITTLE	13	F	60	17	Jones, Liliana	8/16/2025	Walpole Record Day, East Walpole, MA
FINGER LIFT, LEFT LITTLE	18	F	90	71	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT LITTLE	40	F	75	39	Hopps, Jessica	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
FINGER LIFT, LEFT LITTLE	45	F	125+	60	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT LITTLE	50	F	50	28	Jackson, RJ	12/27/2014	2014 Colorado RB
FINGER LIFT, LEFT LITTLE	55	F	60	28	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT LITTLE	55	F	90	31	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT LITTLE	55	F	100	35	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT LITTLE	55	F	105	27	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
FINGER LIFT, LEFT LITTLE	60	F	105	51	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT LITTLE	65	F	75	46	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT LITTLE	ALL	F	50	28	Jackson, RJ	12/27/2014	2014 Colorado RB
FINGER LIFT, LEFT LITTLE	ALL	F	60	28	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT LITTLE	ALL	F	75	46	Thompson, Janet	9/27/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
FINGER LIFT, LEFT LITTLE	ALL	F	80	40	Jordan, Diana	10/12/2024	Clarks Gym RD #5 (2024)
FINGER LIFT, LEFT LITTLE	ALL	F	90	71	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT LITTLE	ALL	F	100	35	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT LITTLE	ALL	F	105	54	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER LIFT, LEFT LITTLE	ALL	F	125+	60	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT LITTLE	13	M	35	36	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT LITTLE	16	M	80	50	Marchand, Wade	7/9/2022	RD - Franks Barbell
FINGER LIFT, LEFT LITTLE	18	M	70	26	Market, Tim	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
FINGER LIFT, LEFT LITTLE	40	M	70	56	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
FINGER LIFT, LEFT LITTLE	40	M	85	81	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT LITTLE	40	M	90	56	Jones, Dan	12/31/2024	2024 New Year's Eve RD - Walpole, MA
FINGER LIFT, LEFT LITTLE	40	M	115	85	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, LEFT LITTLE	40	M	120	110	Todd, Eric	12/8/2018	RD - Lift for Leroy '18

USAWA Record List

FINGER LIFT, LEFT LITTLE	40	M	125+	60	Mitchell, Mark	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, LEFT LITTLE	45	M	95	54	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
FINGER LIFT, LEFT LITTLE	45	M	100	82	Fobes, Jarrod	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
FINGER LIFT, LEFT LITTLE	45	M	110	90	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT LITTLE	45	M	115	85	Stone, Dwayne	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT LITTLE	45	M	125+	102	Bankens, Jeff	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
FINGER LIFT, LEFT LITTLE	50	M	90	70	DiCiccio, Bill	7/25/1993	RD - Ambridge
FINGER LIFT, LEFT LITTLE	50	M	95	30	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT LITTLE	50	M	100	30	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT LITTLE	50	M	105	86	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT LITTLE	50	M	110	96	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
FINGER LIFT, LEFT LITTLE	50	M	115	100	Powell, Tom	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT LITTLE	55	M	75	78	Friesz, Dale	10/11/1998	98 Art's Birthday Bash
FINGER LIFT, LEFT LITTLE	55	M	100	81	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
FINGER LIFT, LEFT LITTLE	55	M	110	85	Clark, Bill	12/6/1988	Columbia, MO.
FINGER LIFT, LEFT LITTLE	55	M	115	71	Lupo, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
FINGER LIFT, LEFT LITTLE	60	M	80	71	Deforest, Dave	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT LITTLE	60	M	125+	100	Ciavattone, Frank	10/27/2018	2018 NE Fall Classic
FINGER LIFT, LEFT LITTLE	65	M	75	105	Santangelo, Stephen	12/15/2018	2018 Vernacchio RD
FINGER LIFT, LEFT LITTLE	65	M	80	70	Montini, Art	3/6/1993	93 Winterfest
FINGER LIFT, LEFT LITTLE	65	M	85	55	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT LITTLE	65	M	90	55	Habecker, Denny	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT LITTLE	65	M	115	48	Myers, LaVerne	2/12/2012	RD - Dino Gym (2012)
FINGER LIFT, LEFT LITTLE	70	M	80	45	Emslie, David	11/8/2014	2014 Clarks RD
FINGER LIFT, LEFT LITTLE	70	M	85	63	Montini, Art	10/11/1998	98 Art's Birthday Bash
FINGER LIFT, LEFT LITTLE	70	M	90	39	Habecker, Denny	12/28/2016	Record Day- Lebanon, PA Valley
FINGER LIFT, LEFT LITTLE	70	M	110	64	Myers, LaVerne	2/15/2015	RD - Dino Gym '15
FINGER LIFT, LEFT LITTLE	70	M	115	57	Ross, Dean	10/18/2015	2015 Art's Birthday Bash
FINGER LIFT, LEFT LITTLE	70	M	125	75	Ciavattone, Frank	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, LEFT LITTLE	75	M	100	46	Myers, LaVerne	3/9/2024	Dino Gym Challenge (2024)
FINGER LIFT, LEFT LITTLE	75	M	105	58	Myers, LaVerne	2/19/2022	Grip Championships
FINGER LIFT, LEFT LITTLE	75	M	110	65	Myers, LaVerne	5/4/2019	RD - Spring Dino Gym
FINGER LIFT, LEFT LITTLE	80	M	85	63	Montini, Art	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT LITTLE	80	M	100	61	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT LITTLE	80	M	110	45	Clark, Bill	11/8/2014	2014 Clarks RD
FINGER LIFT, LEFT LITTLE	90	M	95	35	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT LITTLE	ALL	M	35	36	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT LITTLE	ALL	M	70	71	Wenzel, Riley	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT LITTLE	ALL	M	75	105	Santangelo, Stephen	12/15/2018	2018 Vernacchio RD
FINGER LIFT, LEFT LITTLE	ALL	M	80	96	Luther, Travis	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
FINGER LIFT, LEFT LITTLE	ALL	M	85	81	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT LITTLE	ALL	M	90	70	DiCiccio, Bill	7/25/1993	RD - Ambridge

USAWA Record List

FINGER LIFT, LEFT LITTLE	ALL	M	95	54	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
FINGER LIFT, LEFT LITTLE	ALL	M	100	82	Fobes, Jarrod	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
FINGER LIFT, LEFT LITTLE	ALL	M	105	90	Foster, James	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT LITTLE	ALL	M	110	96	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
FINGER LIFT, LEFT LITTLE	ALL	M	115	100	Powell, Tom	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT LITTLE	ALL	M	120	110	Todd, Eric	12/8/2018	RD - Lift for Leroy '18
FINGER LIFT, LEFT LITTLE	ALL	M	125	75	Ciavattone, Frank	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, LEFT LITTLE	ALL	M	125+	102	Bankens, Jeff	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
FINGER LIFT, LEFT MIDDLE	13	F	60	32	Jones, Liliana	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, LEFT MIDDLE	18	F	90	121	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	40	F	75	77	Hopps, Jessica	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
FINGER LIFT, LEFT MIDDLE	40	F	80	75	Hopps, Jessica	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, LEFT MIDDLE	40	F	95	70	Hopps, Jessica	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
FINGER LIFT, LEFT MIDDLE	45	F	125+	100	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	50	F	50	68	Jackson, RJ	12/27/2014	2014 Colorado RB
FINGER LIFT, LEFT MIDDLE	55	F	60	50	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT MIDDLE	55	F	90	61	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT MIDDLE	55	F	100	60	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT MIDDLE	60	F	105	81	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT MIDDLE	65	F	75	66	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT MIDDLE	ALL	F	50	68	Jackson, RJ	12/27/2014	2014 Colorado RB
FINGER LIFT, LEFT MIDDLE	ALL	F	60	50	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT MIDDLE	ALL	F	75	77	Hopps, Jessica	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
FINGER LIFT, LEFT MIDDLE	ALL	F	80	75	Hopps, Jessica	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, LEFT MIDDLE	ALL	F	90	121	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	ALL	F	95	70	Hopps, Jessica	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
FINGER LIFT, LEFT MIDDLE	ALL	F	100	60	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT MIDDLE	ALL	F	105	81	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT MIDDLE	ALL	F	125+	100	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	13	M	35	41	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT MIDDLE	16	M	55	75	Tichenor, Chris	5/7/1994	94 - Joe Caron
FINGER LIFT, LEFT MIDDLE	16	M	80	85	Marchand, Wade	7/9/2022	RD - Franks Barbell
FINGER LIFT, LEFT MIDDLE	40	M	85	166	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT MIDDLE	40	M	90	221	Strangeway, John	11/30/2020	POSTAL (2020) - RECORD DAY
FINGER LIFT, LEFT MIDDLE	40	M	95	230	Strangeway, John	12/7/2019	RD - Lift for Leroy '19
FINGER LIFT, LEFT MIDDLE	40	M	115	150	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, LEFT MIDDLE	40	M	120	190	Todd, Eric	12/8/2018	RD - Lift for Leroy '18
FINGER LIFT, LEFT MIDDLE	40	M	125+	140	Mitchell, Mark	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, LEFT MIDDLE	45	M	100	150	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT MIDDLE	45	M	105	95	Ullom, Chad	9/8/2019	2019 Team Champs
FINGER LIFT, LEFT MIDDLE	45	M	110	120	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT MIDDLE	45	M	115	105	Stone, Dwayne	5/14/2008	2008 Finger Postal

USAWA Record List

FINGER LIFT, LEFT MIDDLE	45	M	125	142	Todd, Eric	11/18/2023	RD - Lift for Leroy '23
FINGER LIFT, LEFT MIDDLE	45	M	125+	113	Todd, Chris	12/7/2024	RD - Lift for Leroy VI (2024)
FINGER LIFT, LEFT MIDDLE	50	M	90	135	DiCiccio, Bill	7/25/1993	RD - Ambridge
FINGER LIFT, LEFT MIDDLE	50	M	95	70	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT MIDDLE	50	M	100	65	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT MIDDLE	50	M	105	141	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT MIDDLE	50	M	110	162	Poore, Clint	3/9/2024	RD - Buffville 2
FINGER LIFT, LEFT MIDDLE	50	M	115	162	Poore, Clint	3/17/2024	Colorado Spring Fling
FINGER LIFT, LEFT MIDDLE	50	M	125+	190	McCoy, Joe	5/7/1994	94 - Joe Caron
FINGER LIFT, LEFT MIDDLE	55	M	75	97	Marchand, Wade	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, LEFT MIDDLE	55	M	110	116	Lupo, Tony	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT MIDDLE	55	M	115	102	Raymond, Mark	7/27/2019	2019 Eastern Mass RD
FINGER LIFT, LEFT MIDDLE	60	M	80	114	Montini, Art	12/15/1990	RD - Ambridge
FINGER LIFT, LEFT MIDDLE	60	M	90	73	Raymond, Mark	8/16/2025	Walpole Record Day, East Walpole, MA
FINGER LIFT, LEFT MIDDLE	60	M	105	80	Raymond, Mark	2/25/2023	New England Grip Classic (2023)
FINGER LIFT, LEFT MIDDLE	60	M	125+	100	Ciavattone, Frank	10/27/2018	2018 NE Fall Classic
FINGER LIFT, LEFT MIDDLE	65	M	75	119	Santangelo, Stephen	2/11/2018	RD - Dino Gym
FINGER LIFT, LEFT MIDDLE	65	M	80	126	Friesz, Dale	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	65	M	85	150	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT MIDDLE	65	M	90	113	Habecker, Denny	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	65	M	95	102	Habecker, Denny	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, LEFT MIDDLE	65	M	110	201	Larson, Nils	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
FINGER LIFT, LEFT MIDDLE	65	M	115	187	Larson, Nils	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
FINGER LIFT, LEFT MIDDLE	70	M	80	100	Emslie, David	11/8/2014	2014 Clarks RD
FINGER LIFT, LEFT MIDDLE	70	M	85	153	Montini, Art	10/11/1998	98 Art's Birthday Bash
FINGER LIFT, LEFT MIDDLE	70	M	90	61	Habecker, Denny	12/28/2016	Record Day- Lebanon, PA Valley
FINGER LIFT, LEFT MIDDLE	70	M	105	105	Myers, LaVerne	2/9/2019	2019 USAWA Grip Championships
FINGER LIFT, LEFT MIDDLE	70	M	110	110	Myers, LaVerne	1/14/2017	Dino Gym Challenge (2017)
FINGER LIFT, LEFT MIDDLE	70	M	115	72	Ross, Dean	10/18/2015	2015 Art's Birthday Bash
FINGER LIFT, LEFT MIDDLE	70	M	125	180	Ciavattone, Frank	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
FINGER LIFT, LEFT MIDDLE	75	M	80	126	Montini, Art	11/24/2002	Jump Stretch Record Day
FINGER LIFT, LEFT MIDDLE	75	M	100	86	Myers, LaVerne	3/9/2024	Dino Gym Challenge (2024)
FINGER LIFT, LEFT MIDDLE	75	M	105	95	Myers, LaVerne	9/8/2019	2019 Team Champs
FINGER LIFT, LEFT MIDDLE	75	M	110	131	Ross, Dean	9/8/2019	2019 Team Champs
FINGER LIFT, LEFT MIDDLE	80	M	80	76	Habecker, Denny	3/9/2024	Dino Gym Challenge (2024)
FINGER LIFT, LEFT MIDDLE	80	M	85	125	Montini, Art	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	80	M	100	101	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT MIDDLE	80	M	110	70	Clark, Bill	11/8/2014	2014 Clarks RD
FINGER LIFT, LEFT MIDDLE	85	M	80	113	Montini, Art	8/9/2014	PRESIDENTIAL CUP (2014)
FINGER LIFT, LEFT MIDDLE	90	M	95	45	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT MIDDLE	ALL	M	35	41	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT MIDDLE	ALL	M	70	91	Wenzel, Riley	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym

USAWA Record List

FINGER LIFT, LEFT MIDDLE	ALL	M	75	119	Santangelo, Stephen	2/11/2018	RD - Dino Gym
FINGER LIFT, LEFT MIDDLE	ALL	M	80	126	Montini, Art	11/24/2002	Jump Stretch Record Day
FINGER LIFT, LEFT MIDDLE	ALL	M	85	201	Wagman, Dan	12/27/2015	RD - Iron Warrior
FINGER LIFT, LEFT MIDDLE	ALL	M	90	221	Strangeway, John	11/30/2020	POSTAL (2020) - RECORD DAY
FINGER LIFT, LEFT MIDDLE	ALL	M	95	230	Strangeway, John	12/7/2019	RD - Lift for Leroy '19
FINGER LIFT, LEFT MIDDLE	ALL	M	100	150	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT MIDDLE	ALL	M	105	141	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT MIDDLE	ALL	M	110	201	Larson, Nils	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
FINGER LIFT, LEFT MIDDLE	ALL	M	115	187	Larson, Nils	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
FINGER LIFT, LEFT MIDDLE	ALL	M	120	190	Todd, Eric	12/8/2018	RD - Lift for Leroy '18
FINGER LIFT, LEFT MIDDLE	ALL	M	125	180	Ciavattone, Frank	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
FINGER LIFT, LEFT MIDDLE	ALL	M	125+	190	McCoy, Joe	5/7/1994	94 - Joe Caron
FINGER LIFT, LEFT RING	14	F	80	30	Fritz, Misty	12/10/2005	2005 No-Weight Strongman
FINGER LIFT, LEFT RING	16	F	60	19	Jones, Liliana	8/16/2025	Walpole Record Day, East Walpole, MA
FINGER LIFT, LEFT RING	18	F	90	77	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT RING	40	F	65	40	Skwarecki, Beth	10/12/2024	Clarks Gym RD #5 (2024)
FINGER LIFT, LEFT RING	40	F	75	67	Hopps, Jessica	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
FINGER LIFT, LEFT RING	40	F	80	55	Hopps, Jessica	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, LEFT RING	40	F	95	39	Hopps, Jessica	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
FINGER LIFT, LEFT RING	45	F	125+	80	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT RING	50	F	50	48	Jackson, RJ	12/27/2014	2014 Colorado RB
FINGER LIFT, LEFT RING	55	F	60	43	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT RING	55	F	90	41	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT RING	55	F	100	45	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT RING	60	F	105	71	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT RING	65	F	75	56	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT RING	ALL	F	50	48	Jackson, RJ	12/27/2014	2014 Colorado RB
FINGER LIFT, LEFT RING	ALL	F	60	43	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT RING	ALL	F	65	40	Skwarecki, Beth	10/12/2024	Clarks Gym RD #5 (2024)
FINGER LIFT, LEFT RING	ALL	F	75	67	Hopps, Jessica	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
FINGER LIFT, LEFT RING	ALL	F	80	55	Hopps, Jessica	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, LEFT RING	ALL	F	90	77	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT RING	ALL	F	95	39	Hopps, Jessica	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
FINGER LIFT, LEFT RING	ALL	F	100	45	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT RING	ALL	F	105	71	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT RING	ALL	F	125+	80	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT RING	13	M	35	36	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT RING	13	M	95	80	Calcote, Kyle	11/11/2008	2006 No Wt Strongman
FINGER LIFT, LEFT RING	16	M	80	85	Marchand, Wade	7/9/2022	RD - Franks Barbell
FINGER LIFT, LEFT RING	40	M	85	135	Smith, Abe	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT RING	40	M	90	81	Jones, Dan	12/31/2024	2024 New Year's Eve RD - Walpole, MA
FINGER LIFT, LEFT RING	40	M	115	115	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD

USAWA Record List

FINGER LIFT, LEFT RING	40	M	125+	80	Mitchell, Mark	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, LEFT RING	45	M	100	125	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT RING	45	M	110	115	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT RING	45	M	115	110	Stone, Dwayne	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT RING	45	M	125+	100	Maxey, Bob	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, LEFT RING	50	M	90	120	DiCiccio, Bill	7/25/1993	RD - Ambridge
FINGER LIFT, LEFT RING	50	M	95	40	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT RING	50	M	100	40	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT RING	50	M	105	130	Garcia, Joe	11/11/2006	2006 No Wt Strongman
FINGER LIFT, LEFT RING	50	M	110	118	Ullom, Chad	2/19/2022	Grip Championships
FINGER LIFT, LEFT RING	50	M	115	150	Powell, Tom	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT RING	55	M	110	105	Clark, Bill	12/6/1988	Columbia, MO.
FINGER LIFT, LEFT RING	55	M	115	62	Raymond, Mark	7/27/2019	2019 Eastern Mass RD
FINGER LIFT, LEFT RING	60	M	80	104	Montini, Art	12/15/1990	RD - Ambridge
FINGER LIFT, LEFT RING	60	M	85	103	Habecker, Denny	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, LEFT RING	60	M	125+	100	Ciavattone, Frank	10/27/2018	2018 NE Fall Classic
FINGER LIFT, LEFT RING	65	M	80	107	Friesz, Dale	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT RING	65	M	85	110	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT RING	65	M	90	78	Habecker, Denny	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT RING	65	M	95	82	Habecker, Denny	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, LEFT RING	65	M	105	67	Puzin, Carl	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, LEFT RING	65	M	115	81	Larson, Nils	12/31/2024	2024 New Year's Eve RD - Walpole, MA
FINGER LIFT, LEFT RING	70	M	75	111	Friesz, Dale	10/14/2012	2012 Arts Birthday Bash
FINGER LIFT, LEFT RING	70	M	80	90	Emslie, David	11/8/2014	2014 Clarks RD
FINGER LIFT, LEFT RING	70	M	85	138	Montini, Art	10/11/1998	98 Art's Birthday Bash
FINGER LIFT, LEFT RING	70	M	90	55	Habecker, Denny	12/28/2016	Record Day- Lebanon, PA Valley
FINGER LIFT, LEFT RING	70	M	105	100	Myers, LaVerne	1/19/2019	Dino Gym Challenge (2019)
FINGER LIFT, LEFT RING	70	M	110	100	Clark, Bill	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, LEFT RING	70	M	115	67	Ross, Dean	10/18/2015	2015 Art's Birthday Bash
FINGER LIFT, LEFT RING	70	M	125	150	Ciavattone, Frank	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
FINGER LIFT, LEFT RING	75	M	80	91	Montini, Art	11/24/2002	Jump Stretch Record Day
FINGER LIFT, LEFT RING	75	M	100	56	Myers, LaVerne	3/9/2024	Dino Gym Challenge (2024)
FINGER LIFT, LEFT RING	75	M	105	85	Myers, LaVerne	9/8/2019	2019 Team Champs
FINGER LIFT, LEFT RING	75	M	110	135	Clark, Bill	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT RING	75	M	115	84	Ross, Dean	1/19/2019	Dino Gym Challenge (2019)
FINGER LIFT, LEFT RING	80	M	85	103	Montini, Art	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT RING	80	M	100	91	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT RING	80	M	110	70	Clark, Bill	11/8/2014	2014 Clarks RD
FINGER LIFT, LEFT RING	85	M	80	113	Montini, Art	8/9/2014	PRESIDENTIAL CUP (2014)
FINGER LIFT, LEFT RING	90	M	95	45	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT RING	ALL	M	35	36	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT RING	ALL	M	75	111	Friesz, Dale	10/14/2012	2012 Arts Birthday Bash

USAWA Record List

FINGER LIFT, LEFT RING	ALL	M	80	113	Montini, Art	8/9/2014	PRESIDENTIAL CUP (2014)
FINGER LIFT, LEFT RING	ALL	M	85	138	Montini, Art	10/11/1998	98 Art's Birthday Bash
FINGER LIFT, LEFT RING	ALL	M	90	120	DiCiccio, Bill	7/25/1993	RD - Ambridge
FINGER LIFT, LEFT RING	ALL	M	95	84	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
FINGER LIFT, LEFT RING	ALL	M	100	125	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT RING	ALL	M	105	130	Garcia, Joe	11/11/2006	2006 No Wt Strongman
FINGER LIFT, LEFT RING	ALL	M	110	135	Clark, Bill	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT RING	ALL	M	115	150	Powell, Tom	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT RING	ALL	M	125	150	Ciavattone, Frank	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
FINGER LIFT, LEFT RING	ALL	M	125+	100	Maxey, Bob	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, LEFT THUMB	45	F	125+	20	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB	50	F	50	23	Jackson, RJ	12/1/2012	2012 Gracie Club RD
FINGER LIFT, LEFT THUMB	55	F	60	29	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT THUMB	55	F	90	26	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	55	F	100	35	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT THUMB	60	F	105	31	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	65	F	75	31	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	ALL	F	50	23	Jackson, RJ	12/1/2012	2012 Gracie Club RD
FINGER LIFT, LEFT THUMB	ALL	F	60	28	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT THUMB	ALL	F	75	31	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	ALL	F	90	26	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	ALL	F	100	35	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT THUMB	ALL	F	105	31	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	ALL	F	125+	20	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB	13	M	35	19	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	16	M	80	35	Conley, Elijah	8/3/2024	Clarks Gym RD #4 (2024)
FINGER LIFT, LEFT THUMB	18	M	75	30	Conley, Elijah	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	40	M	85	71	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	40	M	110	80	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
FINGER LIFT, LEFT THUMB	40	M	115	85	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, LEFT THUMB	45	M	100	67	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	45	M	110	65	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT THUMB	45	M	115	60	Stone, Dwayne	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB	45	M	125+	30	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
FINGER LIFT, LEFT THUMB	50	M	90	62	Smith, Randy	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB	50	M	95	35	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT THUMB	50	M	100	30	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	50	M	105	75	Myers, Al	1/14/2017	Dino Gym Challenge (2017)
FINGER LIFT, LEFT THUMB	50	M	115	50	Powell, Tom	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB	55	M	110	56	Lupo, Tony	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	60	M	80	45	DeForest, Dave	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT THUMB	65	M	75	106	Santangelo, Stephen	12/15/2018	2018 Vernacchio RD

USAWA Record List

FINGER LIFT, LEFT THUMB	65	M	80	50	Friesz, Dale	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB	65	M	85	35	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT THUMB	65	M	115	48	Myers, LaVerne	2/12/2012	RD - Dino Gym (2012)
FINGER LIFT, LEFT THUMB	70	M	105	40	Ross, Dean	6/3/2017	2017 KC Strongman RD
FINGER LIFT, LEFT THUMB	70	M	110	75	Myers, LaVerne	1/14/2017	Dino Gym Challenge (2017)
FINGER LIFT, LEFT THUMB	75	M	105	58	Myers, LaVerne	2/19/2022	Grip Championships
FINGER LIFT, LEFT THUMB	75	M	110	71	Myers, LaVerne	5/4/2019	RD - Spring Dino Gym
FINGER LIFT, LEFT THUMB	80	M	100	61	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT THUMB	90	M	95	25	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT THUMB	ALL	M	35	19	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	ALL	M	70	41	Wenzel, Riley	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	ALL	M	75	106	Santangelo, Stephen	12/15/2018	2018 Vernacchio RD
FINGER LIFT, LEFT THUMB	ALL	M	80	50	Friesz, Dale	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB	ALL	M	85	71	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	ALL	M	90	62	Smith, Randy	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB	ALL	M	95	35	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, LEFT THUMB	ALL	M	100	67	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, LEFT THUMB	ALL	M	105	75	Myers, Al	1/14/2017	Dino Gym Challenge (2017)
FINGER LIFT, LEFT THUMB	ALL	M	110	80	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
FINGER LIFT, LEFT THUMB	ALL	M	115	85	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, LEFT THUMB	ALL	M	125+	30	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
FINGER LIFT, RIGHT INDEX	13	F	60	27	Jones, Liliana	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, RIGHT INDEX	18	F	90	82	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT INDEX	40	F	75	67	Hopps, Jessica	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
FINGER LIFT, RIGHT INDEX	45	F	125+	70	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT INDEX	50	F	50	77	Jackson, RJ	12/27/2015	RD - Iron Warrior
FINGER LIFT, RIGHT INDEX	55	F	60	52.5	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT INDEX	55	F	90	71	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT INDEX	55	F	100	60	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT INDEX	55	F	125+	75	McConnaughey, Mary	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	60	F	105	71	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT INDEX	65	F	75	56	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT INDEX	65	F	80	62	Habecker, Judy	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, RIGHT INDEX	ALL	F	50	77	Jackson, RJ	12/27/2015	RD - Iron Warrior
FINGER LIFT, RIGHT INDEX	ALL	F	75	67	Hopps, Jessica	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
FINGER LIFT, RIGHT INDEX	ALL	F	80	62	Habecker, Judy	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, RIGHT INDEX	ALL	F	60	50	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT INDEX	ALL	F	90	89	Ciavattone, Cara	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT INDEX	ALL	F	100	60	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT INDEX	ALL	F	105	79	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER LIFT, RIGHT INDEX	ALL	F	125+	75	McConnaughey, Mary	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	13	M	35	41	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym

USAWA Record List

FINGER LIFT, RIGHT INDEX	13	M	45	38	Monk, Joshua	10/15/2000	2000 Art's Birthday Bash
FINGER LIFT, RIGHT INDEX	13	M	60	55	Heit, Calvin	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	16	M	70	80	Schimpf, Christian	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	16	M	80	85	Monk, Joshua	10/23/2005	2005 Art's Birthday Bash
FINGER LIFT, RIGHT INDEX	40	M	75	123	Monk, John	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT INDEX	40	M	85	116	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT INDEX	40	M	90	125	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
FINGER LIFT, RIGHT INDEX	40	M	95	135	Strangeway, John	5/4/2019	RD - Spring Dino Gym
FINGER LIFT, RIGHT INDEX	40	M	110	90	Foster, James	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT INDEX	40	M	115	135	Todd, Eric	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
FINGER LIFT, RIGHT INDEX	40	M	120	110	Ullom, Chad	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	40	M	125+	108	Mitchell, Mark	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, RIGHT INDEX	45	M	100	115	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT INDEX	45	M	110	130	Myers, Al	8/9/2014	PRESIDENTIAL CUP (2014)
FINGER LIFT, RIGHT INDEX	45	M	115	105	Stone, Dwayne	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT INDEX	45	M	125	104	Ciavattone, Frank	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT INDEX	45	M	125+	90	Foster, Lance	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	50	M	90	100	DiCiccio, Bill	7/25/1993	RD - Ambridge
FINGER LIFT, RIGHT INDEX	50	M	95	60	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT INDEX	50	M	100	55	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT INDEX	50	M	105	131	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT INDEX	50	M	110	115	Garcia, Joe	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT INDEX	50	M	115	95	Powell, Tom	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT INDEX	50	M	125+	95	Foster, Lance	12/7/2019	RD - Lift for Leroy '19
FINGER LIFT, RIGHT INDEX	55	M	75	77	Marchand, Wade	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, RIGHT INDEX	55	M	90	79	Habecker, Denny	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT INDEX	55	M	95	62	Wynn, Donnie	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT INDEX	55	M	105	128	Myers, Al	2/19/2022	Grip Championships
FINGER LIFT, RIGHT INDEX	55	M	110	101	Lupo, Tony	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT INDEX	55	M	115	100	Raymond, Mark	10/27/2018	2018 NE Fall Classic
FINGER LIFT, RIGHT INDEX	60	M	80	112	McKean, John	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, RIGHT INDEX	60	M	90	58	Raymond, Mark	8/16/2025	Walpole Record Day, East Walpole, MA
FINGER LIFT, RIGHT INDEX	60	M	105	65	Raymond, Mark	2/25/2023	New England Grip Classic (2023)
FINGER LIFT, RIGHT INDEX	60	M	120	110	Glasgow, Dave	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	60	M	125+	65	Ciavattone, Frank	7/21/2018	2018 NE Record Day
FINGER LIFT, RIGHT INDEX	65	M	80	125	Friesz, Dale	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT INDEX	65	M	85	120	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT INDEX	65	M	90	68	Habecker, Denny	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT INDEX	65	M	115	81	Larson, Nils	12/31/2024	2024 New Year's Eve RD - Walpole, MA
FINGER LIFT, RIGHT INDEX	70	M	75	146	Santangelo, Stephen	12/16/2023	2023 Memorial Record Day
FINGER LIFT, RIGHT INDEX	70	M	80	90	Emslie, David	11/8/2014	2014 Clarks RD
FINGER LIFT, RIGHT INDEX	70	M	85	103	Montini, Art	10/11/1998	98 Art's Birthday Bash

USAWA Record List

FINGER LIFT, RIGHT INDEX	70	M	105	95	Myers, LaVerne	2/9/2019	2019 USAWA Grip Championships
FINGER LIFT, RIGHT INDEX	70	M	110	116	Myers, LaVerne	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	70	M	120	65	Ross, Dean	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	70	M	125	100	Ciavattone, Frank	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, RIGHT INDEX	75	M	85	108	Montini, Art	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT INDEX	75	M	105	95	Myers, LaVerne	9/8/2019	2019 Team Champs
FINGER LIFT, RIGHT INDEX	75	M	110	111	Myers, LaVerne	5/4/2019	RD - Spring Dino Gym
FINGER LIFT, RIGHT INDEX	80	M	80	66	Habecker, Denny	3/9/2024	Dino Gym Challenge (2024)
FINGER LIFT, RIGHT INDEX	80	M	85	112	Montini, Art	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, RIGHT INDEX	80	M	100	91	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT INDEX	80	M	110	70	Clark, Bill	11/8/2014	2014 Clarks RD
FINGER LIFT, RIGHT INDEX	85	M	80	69	Montini, Art	6/6/2017	2017 Lebanon, PA Valley RD
FINGER LIFT, RIGHT INDEX	90	M	95	45	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT INDEX	ALL	M	35	41	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT INDEX	ALL	M	60	55	Heit, Calvin	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	ALL	M	70	86	Wenzel, Riley	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT INDEX	ALL	M	75	146	Santangelo, Stephen	12/16/2023	2023 Memorial Record Day
FINGER LIFT, RIGHT INDEX	ALL	M	80	152	Wagman, Dan	10/12/2024	Clarks Gym RD #5 (2024)
FINGER LIFT, RIGHT INDEX	ALL	M	85	132	Wagman, Dan	12/27/2015	RD - Iron Warrior
FINGER LIFT, RIGHT INDEX	ALL	M	90	125	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
FINGER LIFT, RIGHT INDEX	ALL	M	95	135	Strangeway, John	5/4/2019	RD - Spring Dino Gym
FINGER LIFT, RIGHT INDEX	ALL	M	100	115	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT INDEX	ALL	M	105	131	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT INDEX	ALL	M	110	130	Myers, Al	8/9/2014	PRESIDENTIAL CUP (2014)
FINGER LIFT, RIGHT INDEX	ALL	M	115	135	Todd, Eric	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
FINGER LIFT, RIGHT INDEX	ALL	M	120	110	Glasgow, Dave	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	ALL	M	125	105	Myers, Al	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, RIGHT INDEX	ALL	M	125+	110	Tully, Scott	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT LITTLE	16	F	60	17	Jones, Liliana	8/16/2025	Walpole Record Day, East Walpole, MA
FINGER LIFT, RIGHT LITTLE	18	F	80	71	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE	40	F	65	35	Skwarecki, Beth	10/12/2024	Clarks Gym RD #5 (2024)
FINGER LIFT, RIGHT LITTLE	45	F	125+	60	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE	50	F	50	33	Jackson, RJ	12/27/2014	2014 Colorado RB
FINGER LIFT, RIGHT LITTLE	55	F	50	36	Jackson, RJ	2/11/2017	2017 Grip Championships
FINGER LIFT, RIGHT LITTLE	55	F	60	28	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT LITTLE	55	F	90	41	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT LITTLE	55	F	100	35	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT LITTLE	55	F	105	50	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
FINGER LIFT, RIGHT LITTLE	60	F	105	66	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT LITTLE	65	F	75	46	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT LITTLE	ALL	F	50	36	Jackson, RJ	2/11/2017	2017 Grip Championships
FINGER LIFT, RIGHT LITTLE	ALL	F	60	28	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym

USAWA Record List

FINGER LIFT, RIGHT LITTLE	ALL	F	65	35	Skwarecki, Beth	10/12/2024	Clarks Gym RD #5 (2024)
FINGER LIFT, RIGHT LITTLE	ALL	F	75	46	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT LITTLE	ALL	F	80	71	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE	ALL	F	90	51	Ciavattone, Cara	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT LITTLE	ALL	F	100	35	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT LITTLE	ALL	F	105	56	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT LITTLE	ALL	F	125+	60	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE	13	M	35	36	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT LITTLE	18	M	70	26	Market, Tim	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
FINGER LIFT, RIGHT LITTLE	40	M	80	81	Jones, Dan	8/16/2025	Walpole Record Day, East Walpole, MA
FINGER LIFT, RIGHT LITTLE	40	M	85	81	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT LITTLE	40	M	115	85	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT LITTLE	40	M	120	110	Todd, Eric	12/8/2018	RD - Lift for Leroy '18
FINGER LIFT, RIGHT LITTLE	40	M	125+	70	Mitchell, Mark	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, RIGHT LITTLE	45	M	95	54	Songster, Tim	5/20/2012	2012 Jobs Steel Jungle RD
FINGER LIFT, RIGHT LITTLE	45	M	100	87	Fobes, Jarrod	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
FINGER LIFT, RIGHT LITTLE	45	M	110	90	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT LITTLE	45	M	115	100	Stone, Dwayne	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE	45	M	125	104	Ciavattone, Frank	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT LITTLE	45	M	125+	97	Bankens, Jeff	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
FINGER LIFT, RIGHT LITTLE	50	M	90	70	DiCiccio, Bill	7/25/1993	RD - Ambridge
FINGER LIFT, RIGHT LITTLE	50	M	95	30	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT LITTLE	50	M	100	36	Gupta, Sanjiv	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
FINGER LIFT, RIGHT LITTLE	50	M	105	97	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT LITTLE	50	M	110	96	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
FINGER LIFT, RIGHT LITTLE	50	M	115	100	Powell, Tom	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE	55	M	75	78	Friesz, Dale	10/11/1998	98 Art's Birthday Bash
FINGER LIFT, RIGHT LITTLE	55	M	90	54	Habecker, Denny	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT LITTLE	55	M	105	88	Myers, Al	2/19/2022	Grip Championships
FINGER LIFT, RIGHT LITTLE	55	M	110	85	Clark, Bill	12/6/1988	Columbia, MO.
FINGER LIFT, RIGHT LITTLE	55	M	115	70	Raymond, Mark	10/27/2018	2018 NE Fall Classic
FINGER LIFT, RIGHT LITTLE	60	M	80	65	DeForest, Dave	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT LITTLE	60	M	125+	65	Ciavattone, Frank	7/21/2018	2018 NE Record Day
FINGER LIFT, RIGHT LITTLE	65	M	75	105	Santangelo, Stephen	12/15/2018	2018 Vernacchio RD
FINGER LIFT, RIGHT LITTLE	65	M	80	70	Montini, Art	3/6/1993	93 Winterfest
FINGER LIFT, RIGHT LITTLE	65	M	85	75	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT LITTLE	65	M	90	66	Carter, John	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
FINGER LIFT, RIGHT LITTLE	65	M	105	52	Puzin, Carl	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, RIGHT LITTLE	65	M	115	56	Larson, Nils	12/31/2024	2024 New Year's Eve RD - Walpole, MA
FINGER LIFT, RIGHT LITTLE	70	M	80	45	Emslie, David	11/8/2014	2014 Clarks RD
FINGER LIFT, RIGHT LITTLE	70	M	85	63	Montini, Art	10/11/1998	98 Art's Birthday Bash
FINGER LIFT, RIGHT LITTLE	70	M	110	105	Clark, Bill	12/15/2002	RD - Columbia, MO '02

USAWA Record List

FINGER LIFT, RIGHT LITTLE	70	M	115	57	Ross, Dean	10/18/2015	2015 Art's Birthday Bash
FINGER LIFT, RIGHT LITTLE	70	M	125	80	Ciavattone, Frank	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, RIGHT LITTLE	75	M	80	41	Montini, Art	11/24/2002	Jump Stretch Record Day
FINGER LIFT, RIGHT LITTLE	75	M	105	58	Myers, LaVerne	2/19/2022	Grip Championships
FINGER LIFT, RIGHT LITTLE	75	M	110	90	Clark, Bill	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE	80	M	80	46	Habecker, Denny	3/9/2024	Dino Gym Challenge (2024)
FINGER LIFT, RIGHT LITTLE	80	M	85	55	Montini, Art	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE	80	M	100	61	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT LITTLE	80	M	110	45	Clark, Bill	11/8/2014	2014 Clarks RD
FINGER LIFT, RIGHT LITTLE	90	M	95	45	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT LITTLE	ALL	M	35	36	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT LITTLE	ALL	M	70	86	Wenzel, Riley	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT LITTLE	ALL	M	75	105	Santangelo, Stephen	12/15/2018	2018 Vernacchio RD
FINGER LIFT, RIGHT LITTLE	ALL	M	80	71	DeForest, Dave	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT LITTLE	ALL	M	85	81	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT LITTLE	ALL	M	90	70	DiCiccio, Bill	7/25/1993	RD - Ambridge
FINGER LIFT, RIGHT LITTLE	ALL	M	95	54	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
FINGER LIFT, RIGHT LITTLE	ALL	M	100	87	Fobes, Jarrod	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
FINGER LIFT, RIGHT LITTLE	ALL	M	105	97	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT LITTLE	ALL	M	110	105	Clark, Bill	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, RIGHT LITTLE	ALL	M	115	100	Stone, Dwayne	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE	ALL	M	120	110	Todd, Eric	12/8/2018	RD - Lift for Leroy '18
FINGER LIFT, RIGHT LITTLE	ALL	M	125	110	Myers, Al	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, RIGHT LITTLE	ALL	M	125+	97	Bankens, Jeff	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
FINGER LIFT, RIGHT MIDDLE	13	F	60	32	Jones, Liliana	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, RIGHT MIDDLE	18	F	90	138	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	40	F	75	49	Skwarecki, Beth	8/5/2023	PRESIDENTIAL CUP (2023)
FINGER LIFT, RIGHT MIDDLE	40	F	80	75	Hopps, Jessica	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, RIGHT MIDDLE	40	F	95	70	Hopps, Jessica	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
FINGER LIFT, RIGHT MIDDLE	45	F	125+	110	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	50	F	50	78	Jackson, RJ	12/27/2014	2014 Colorado RB
FINGER LIFT, RIGHT MIDDLE	55	F	60	50	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	55	F	90	76	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	55	F	100	65	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	60	F	85	84	Habecker, Judy	11/4/2002	RD - Powerhouse
FINGER LIFT, RIGHT MIDDLE	60	F	105	86	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	65	F	75	66	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	65	F	80	73	Habecker, Judy	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, RIGHT MIDDLE	ALL	F	50	78	Jackson, RJ	12/27/2014	2014 Colorado RB
FINGER LIFT, RIGHT MIDDLE	ALL	F	60	52.5	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	ALL	F	75	66	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	ALL	F	80	75	Hopps, Jessica	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO

USAWA Record List

FINGER LIFT, RIGHT MIDDLE	ALL	F	85	84	Habecker, Judy	11/4/2002	RD - Powerhouse
FINGER LIFT, RIGHT MIDDLE	ALL	F	90	138	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	ALL	F	95	70	Hopps, Jessica	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
FINGER LIFT, RIGHT MIDDLE	ALL	F	100	65	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	ALL	F	105	115	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER LIFT, RIGHT MIDDLE	ALL	F	125+	110	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	13	M	35	46	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	13	M	45	27	Montini, Benson	10/14/2012	2012 Arts Birthday Bash
FINGER LIFT, RIGHT MIDDLE	14	M	80	105	Kressly, Logan	1/18/2014	Dino Gym Challenge (2014)
FINGER LIFT, RIGHT MIDDLE	16	M	55	75	Tichenor, Chris	5/7/1994	94 - Joe Caron
FINGER LIFT, RIGHT MIDDLE	16	M	60	95	Achenbach, Justin	10/23/2005	2005 Art's Birthday Bash
FINGER LIFT, RIGHT MIDDLE	18	M	60	98	Achenbach, Justin	10/22/2006	2006 Art's Birthday Bash
FINGER LIFT, RIGHT MIDDLE	18	M	75	55	Conley, Elijah	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	18	M	100	75	McDonald, Mac	5/7/1994	94 - Joe Caron
FINGER LIFT, RIGHT MIDDLE	40	M	85	166	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	40	M	90	160	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
FINGER LIFT, RIGHT MIDDLE	40	M	125+	153	Mitchell, Mark	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, RIGHT MIDDLE	45	M	100	150	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	45	M	105	95	Ullom, Chad	9/8/2019	2019 Team Champs
FINGER LIFT, RIGHT MIDDLE	45	M	110	155	Myers, Al	1/18/2014	Dino Gym Challenge (2014)
FINGER LIFT, RIGHT MIDDLE	45	M	115	120	Stone, Dwayne	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	45	M	125	179	Ciavattone, Frank	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT MIDDLE	45	M	125+	170	Foster, Lance	1/18/2014	Dino Gym Challenge (2014)
FINGER LIFT, RIGHT MIDDLE	50	M	90	135	DiCiccio, Bill	7/25/1993	RD - Ambridge
FINGER LIFT, RIGHT MIDDLE	50	M	95	70	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	50	M	100	65	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	50	M	105	156	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	50	M	110	156	Poore, Clint	3/9/2024	RD - Buffville 2
FINGER LIFT, RIGHT MIDDLE	50	M	115	156	Poore, Clint	3/17/2024	Colorado Spring Fling
FINGER LIFT, RIGHT MIDDLE	50	M	125+	190	McCoy, Joe	5/7/1994	94 - Joe Caron
FINGER LIFT, RIGHT MIDDLE	55	M	75	102	Marchand, Wade	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, RIGHT MIDDLE	55	M	85	114	Habecker, Denny	5/15/1999	99 England vs New England
FINGER LIFT, RIGHT MIDDLE	55	M	90	104	Habecker, Denny	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT MIDDLE	55	M	105	143	Myers, Al	2/19/2022	Grip Championships
FINGER LIFT, RIGHT MIDDLE	55	M	110	131	Foster, Lance	11/18/2023	RD - Lift for Leroy '23
FINGER LIFT, RIGHT MIDDLE	55	M	115	100	Raymond, Mark	10/27/2018	2018 NE Fall Classic
FINGER LIFT, RIGHT MIDDLE	55	M	120	101	Foster, Lance	12/10/2022	RD - Lift for Leroy '22
FINGER LIFT, RIGHT MIDDLE	60	M	80	127	McKean, John	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, RIGHT MIDDLE	60	M	90	73	Raymond, Mark	8/16/2025	Walpole Record Day, East Walpole, MA
FINGER LIFT, RIGHT MIDDLE	60	M	95	170	Traub, Larry	1/18/2014	Dino Gym Challenge (2014)
FINGER LIFT, RIGHT MIDDLE	60	M	105	80	Raymond, Mark	2/25/2023	New England Grip Classic (2023)
FINGER LIFT, RIGHT MIDDLE	60	M	120	160	Glasgow, Dave	1/18/2014	Dino Gym Challenge (2014)

USAWA Record List

FINGER LIFT, RIGHT MIDDLE	65	M	75	162	Santangelo, Stephen	12/15/2018	2018 Vernacchio RD
FINGER LIFT, RIGHT MIDDLE	65	M	80	156	Friesz, Dale	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	65	M	85	140	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	65	M	90	118	Habecker, Denny	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	65	M	105	97	Puzin, Carl	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, RIGHT MIDDLE	65	M	110	212	Larson, Nils	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
FINGER LIFT, RIGHT MIDDLE	65	M	115	187	Larson, Nils	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
FINGER LIFT, RIGHT MIDDLE	70	M	70	98	Friesz, Dale	10/16/2011	2011 Arts Birthday Bash
FINGER LIFT, RIGHT MIDDLE	70	M	75	129	Friesz, Dale	8/25/2012	PRESIDENTIAL CUP (2012)
FINGER LIFT, RIGHT MIDDLE	70	M	80	90	Emslie, David	11/8/2014	2014 Clarks RD
FINGER LIFT, RIGHT MIDDLE	70	M	85	153	Montini, Art	10/11/1998	98 Art's Birthday Bash
FINGER LIFT, RIGHT MIDDLE	70	M	105	105	Myers, LaVerne	2/9/2019	2019 USAWA Grip Championships
FINGER LIFT, RIGHT MIDDLE	70	M	110	125	Myers, LaVerne	12/17/2016	2016 Team Championships
FINGER LIFT, RIGHT MIDDLE	70	M	120	85	Ross, Dean	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT MIDDLE	70	M	125	125	Ross, Dean	1/18/2014	Dino Gym Challenge (2014)
FINGER LIFT, RIGHT MIDDLE	75	M	100	86	Myers, LaVerne	3/9/2024	Dino Gym Challenge (2024)
FINGER LIFT, RIGHT MIDDLE	75	M	105	95	Myers, LaVerne	9/8/2019	2019 Team Champs
FINGER LIFT, RIGHT MIDDLE	75	M	110	131	Ross, Dean	9/8/2019	2019 Team Champs
FINGER LIFT, RIGHT MIDDLE	80	M	80	76	Habecker, Denny	3/9/2024	Dino Gym Challenge (2024)
FINGER LIFT, RIGHT MIDDLE	80	M	85	162	Montini, Art	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, RIGHT MIDDLE	80	M	100	101	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	80	M	110	70	Clark, Bill	11/8/2014	2014 Clarks RD
FINGER LIFT, RIGHT MIDDLE	85	M	80	113	Montini, Art	8/9/2014	PRESIDENTIAL CUP (2014)
FINGER LIFT, RIGHT MIDDLE	90	M	95	45	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	ALL	M	35	46	Wenzel, Logan	9/27/2025	
FINGER LIFT, RIGHT MIDDLE	ALL	M	60	98	Achenbach, Justin	10/22/2006	2006 Art's Birthday Bash
FINGER LIFT, RIGHT MIDDLE	ALL	M	70	106	Wenzel, Riley	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	ALL	M	75	162	Santangelo, Stephen	12/15/2018	2018 Vernacchio RD
FINGER LIFT, RIGHT MIDDLE	ALL	M	80	210	Wagman, Dan	8/10/2024	2024 Two-Fisted Challenge RD
FINGER LIFT, RIGHT MIDDLE	ALL	M	85	201	Wagman, Dan	12/27/2015	RD - Iron Warrior
FINGER LIFT, RIGHT MIDDLE	ALL	M	90	160	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
FINGER LIFT, RIGHT MIDDLE	ALL	M	95	170	Traub, Larry	1/18/2014	Dino Gym Challenge (2014)
FINGER LIFT, RIGHT MIDDLE	ALL	M	100	150	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	ALL	M	105	156	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT MIDDLE	ALL	M	110	212	Larson, Nils	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
FINGER LIFT, RIGHT MIDDLE	ALL	M	115	187	Larson, Nils	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
FINGER LIFT, RIGHT MIDDLE	ALL	M	120	200	Todd, Eric	1/18/2014	Dino Gym Challenge (2014)
FINGER LIFT, RIGHT MIDDLE	ALL	M	125	179	Ciavattone, Frank	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT MIDDLE	ALL	M	125+	190	McCoy, Joe	5/7/1994	94 - Joe Caron
FINGER LIFT, RIGHT RING	13	F	60	19	Jones, Liliana	8/16/2025	Walpole Record Day, East Walpole, MA
FINGER LIFT, RIGHT RING	14	F	80	65	Fritz, Misty	12/10/2005	2005 No-Weight Strongman
FINGER LIFT, RIGHT RING	18	F	90	77	Fritz, Misty	5/14/2008	2008 Finger Postal

USAWA Record List

FINGER LIFT, RIGHT RING	40	F	80	55	Hopps, Jessica	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, RIGHT RING	40	F	95	39	Hopps, Jessica	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
FINGER LIFT, RIGHT RING	45	F	125+	85	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT RING	50	F	50	48	Jackson, RJ	12/27/2014	2014 Colorado RB
FINGER LIFT, RIGHT RING	55	F	60	45	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT RING	55	F	90	46	Lupo, Allison	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT RING	55	F	100	45	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT RING	60	F	105	71	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT RING	65	F	75	56	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT RING	65	F	80	72	Habecker, Judy	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, RIGHT RING	ALL	F	50	48	Jackson, RJ	12/27/2014	2014 Colorado RB
FINGER LIFT, RIGHT RING	ALL	F	60	48	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT RING	ALL	F	75	56	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT RING	ALL	F	80	72	Habecker, Judy	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, RIGHT RING	ALL	F	90	90	Ciavattone, Cara	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT RING	ALL	F	95	39	Hopps, Jessica	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
FINGER LIFT, RIGHT RING	ALL	F	100	45	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT RING	ALL	F	105	71	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT RING	ALL	F	125+	85	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT RING	13	M	35	41	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT RING	13	M	95	125	Calcote, Kyle	11/11/2006	2006 No Wt Strongman
FINGER LIFT, RIGHT RING	16	M	75	100	Heit, Calvin	1/19/2019	Dino Gym Challenge (2019)
FINGER LIFT, RIGHT RING	40	M	75	136	Monk, John	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	40	M	85	121	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT RING	40	M	90	150	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
FINGER LIFT, RIGHT RING	40	M	95	205	Strangeway, John	12/7/2019	RD - Lift for Leroy '19
FINGER LIFT, RIGHT RING	40	M	110	85	Foster, James	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	40	M	115	155	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT RING	40	M	120	115	Todd, Eric	12/8/2018	RD - Lift for Leroy '18
FINGER LIFT, RIGHT RING	40	M	125+	115	Todd, Chris	11/18/2023	RD - Lift for Leroy '23
FINGER LIFT, RIGHT RING	45	M	100	125	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT RING	45	M	110	115	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT RING	45	M	115	120	Stone, Dwayne	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT RING	45	M	125	139	Ciavattone, Frank	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT RING	45	M	125+	125	Maxey, Bob	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, RIGHT RING	50	M	90	120	DiCiccio, Bill	7/25/1993	RD - Ambridge
FINGER LIFT, RIGHT RING	50	M	95	40	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT RING	50	M	100	101	Hadley, Patrick	2/10/2024	RD - Buffville
FINGER LIFT, RIGHT RING	50	M	105	150	Garcia, Joe	11/11/2006	2006 No Wt Strongman
FINGER LIFT, RIGHT RING	50	M	110	167	Garcia, Joe	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	50	M	115	140	Garcia, Joe	12/10/2005	2005 No-Weight Strongman
FINGER LIFT, RIGHT RING	50	M	125+	95	Foster, Lance	12/7/2019	RD - Lift for Leroy '19

USAWA Record List

FINGER LIFT, RIGHT RING	55	M	75	77	Marchand, Wade	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, RIGHT RING	55	M	90	90	Habecker, Denny	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT RING	55	M	95	100	Wynn, Donnie	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	55	M	105	118	Myers, Al	2/19/2022	Grip Championships
FINGER LIFT, RIGHT RING	55	M	110	106	Lupo, Tony	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT RING	55	M	115	90	Raymond, Mark	10/27/2018	2018 NE Fall Classic
FINGER LIFT, RIGHT RING	55	M	120	95	Foster, Lance	12/10/2022	RD - Lift for Leroy '22
FINGER LIFT, RIGHT RING	60	M	80	123	McKean, John	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	60	M	90	58	Raymond, Mark	8/16/2025	Walpole Record Day, East Walpole, MA
FINGER LIFT, RIGHT RING	60	M	105	62	Schwieter, Herb	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	60	M	125+	65	Ciavattone, Frank	7/21/2018	2018 NE Record Day
FINGER LIFT, RIGHT RING	65	M	80	107	Friesz, Dale	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT RING	65	M	85	150	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT RING	65	M	90	88	Habecker, Denny	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT RING	65	M	115	81	Larson, Nils	12/31/2024	2024 New Year's Eve RD - Walpole, MA
FINGER LIFT, RIGHT RING	70	M	75	146	Santangelo, Stephen	12/16/2023	2023 Memorial Record Day
FINGER LIFT, RIGHT RING	70	M	80	90	Emslie, David	11/8/2014	2014 Clarks RD
FINGER LIFT, RIGHT RING	70	M	85	138	Montini, Art	10/11/1998	98 Art's Birthday Bash
FINGER LIFT, RIGHT RING	70	M	105	100	Myers, LaVerne	1/19/2019	Dino Gym Challenge (2019)
FINGER LIFT, RIGHT RING	70	M	110	156	Clark, Bill	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	70	M	120	65	Ross, Dean	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT RING	70	M	125	80	Ciavattone, Frank	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FINGER LIFT, RIGHT RING	75	M	80	126	Montini, Art	11/24/2002	Jump Stretch Record Day
FINGER LIFT, RIGHT RING	75	M	85	123	Montini, Art	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	75	M	105	100	Myers, LaVerne	11/30/2020	POSTAL (2020) - RECORD DAY
FINGER LIFT, RIGHT RING	75	M	110	165	Clark, Bill	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT RING	80	M	80	51	Habecker, Denny	3/9/2024	Dino Gym Challenge (2024)
FINGER LIFT, RIGHT RING	80	M	85	127	Montini, Art	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, RIGHT RING	80	M	100	91	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT RING	80	M	110	70	Clark, Bill	11/8/2014	2014 Clarks RD
FINGER LIFT, RIGHT RING	85	M	80	113	Montini, Art	8/9/2014	PRESIDENTIAL CUP (2014)
FINGER LIFT, RIGHT RING	90	M	95	45	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT RING	ALL	M	35	41	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT RING	ALL	M	70	86	Wenzel, Riley	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT RING	ALL	M	75	146	Santangelo, Stephen	12/16/2023	2023 Memorial Record Day
FINGER LIFT, RIGHT RING	ALL	M	80	126	Montini, Art	11/24/2002	Jump Stretch Record Day
FINGER LIFT, RIGHT RING	ALL	M	85	150	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT RING	ALL	M	90	150	Strangeway, John	2/9/2019	2019 USAWA Grip Championships
FINGER LIFT, RIGHT RING	ALL	M	95	205	Strangeway, John	12/7/2019	RD - Lift for Leroy '19
FINGER LIFT, RIGHT RING	ALL	M	100	125	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT RING	ALL	M	105	150	Garcia, Joe	11/11/2006	2006 No Wt Strongman
FINGER LIFT, RIGHT RING	ALL	M	110	167	Garcia, Joe	6/1/2006	U.S. vs U.K. Finger

USAWA Record List

FINGER LIFT, RIGHT RING	ALL	M	115	155	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT RING	ALL	M	120	115	Todd, Eric	12/8/2018	RD - Lift for Leroy '18
FINGER LIFT, RIGHT RING	ALL	M	125	140	Myers, Al	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, RIGHT RING	ALL	M	125+	125	Maxey, Bob	12/15/2002	RD - Columbia, MO '02
FINGER LIFT, RIGHT THUMB	45	F	125+	20	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT THUMB	50	F	50	23	Jackson, RJ	12/1/2012	2012 Gracie Club RD
FINGER LIFT, RIGHT THUMB	55	F	60	35	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT THUMB	55	F	90	35	Lupo, Allison	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT THUMB	55	F	100	35	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT THUMB	60	F	105	41	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT THUMB	65	F	75	31	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT THUMB	ALL	F	50	23	Jackson, RJ	12/1/2012	2012 Gracie Club RD
FINGER LIFT, RIGHT THUMB	ALL	F	60	33	VanWagner, Kim	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT THUMB	ALL	F	75	31	Thompson, Janet	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT THUMB	ALL	F	90	35	Lupo, Allison	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT THUMB	ALL	F	100	35	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT THUMB	ALL	F	105	41	Gore, Lisa	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT THUMB	ALL	F	125+	20	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT THUMB	13	M	35	19	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT THUMB	16	M	80	35	Conley, Elijah	8/3/2024	Clarks Gym RD #4 (2024)
FINGER LIFT, RIGHT THUMB	18	M	75	30	Conley, Elijah	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT THUMB	40	M	85	71	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT THUMB	40	M	110	80	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
FINGER LIFT, RIGHT THUMB	40	M	115	85	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT THUMB	45	M	95	54	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
FINGER LIFT, RIGHT THUMB	45	M	100	67	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT THUMB	45	M	110	60	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT THUMB	45	M	115	60	Stone, Dwayne	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT THUMB	45	M	125+	30	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
FINGER LIFT, RIGHT THUMB	50	M	90	52	Smith, Randy	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT THUMB	50	M	95	35	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT THUMB	50	M	100	30	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT THUMB	50	M	105	75	Myers, Al	1/14/2017	Dino Gym Challenge (2017)
FINGER LIFT, RIGHT THUMB	50	M	115	50	Powell, Tom	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT THUMB	55	M	105	83	Myers, Al	2/19/2022	Grip Championships
FINGER LIFT, RIGHT THUMB	55	M	110	60	Lupo, Tony	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT THUMB	60	M	80	45	DeForest, Dave	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT THUMB	65	M	75	109	Santangelo, Stephen	12/15/2018	2018 Vernacchio RD
FINGER LIFT, RIGHT THUMB	65	M	80	95	Friesz, Dale	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT THUMB	65	M	85	45	Carter, John	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT THUMB	65	M	115	38	Myers, LaVerne	2/12/2012	RD - Dino Gym (2012)
FINGER LIFT, RIGHT THUMB	70	M	105	40	Ross, Dean	6/3/2017	2017 KC Strongman RD

USAWA Record List

FINGER LIFT, RIGHT THUMB	70	M	110	75	Myers, LaVerne	1/14/2017	Dino Gym Challenge (2017)
FINGER LIFT, RIGHT THUMB	75	M	105	58	Myers, LaVerne	2/19/2022	Grip Championships
FINGER LIFT, RIGHT THUMB	75	M	110	71	Myers, LaVerne	5/4/2019	RD - Spring Dino Gym
FINGER LIFT, RIGHT THUMB	80	M	100	61	Myers, LaVerne	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT THUMB	90	M	95	20	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge, Clark's Gym
FINGER LIFT, RIGHT THUMB	ALL	M	35	19	Wenzel, Logan	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT THUMB	ALL	M	70	41	Wenzel, Riley	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT THUMB	ALL	M	75	109	Santangelo, Stephen	12/15/2018	2018 Vernacchio RD
FINGER LIFT, RIGHT THUMB	ALL	M	80	95	Friesz, Dale	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT THUMB	ALL	M	85	71	Smith, Abe	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT THUMB	ALL	M	90	52	Smith, Randy	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT THUMB	ALL	M	95	54	Songster, Tim	5/20/2012	2012 Jobs Steel Jungle RD
FINGER LIFT, RIGHT THUMB	ALL	M	100	67	Fobes, Jarrod	9/27/2025	2025 Two-Fisted Challenge II, Clark's Gym
FINGER LIFT, RIGHT THUMB	ALL	M	105	83	Myers, Al	2/19/2022	Grip Championships
FINGER LIFT, RIGHT THUMB	ALL	M	110	80	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
FINGER LIFT, RIGHT THUMB	ALL	M	115	85	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT THUMB	ALL	M	125+	30	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
FOOT PRESS	16	F	55	830	McDonald, Alexandria	6/3/2024	2024 Hackendinnie Cup, Albany, KY
FOOT PRESS	40	F	75	700	Skwarecki, Beth	6/4/2023	Hackendinnie Classic
FOOT PRESS	55	F	90	550	Lupo, Allison	10/12/2024	Clarks Gym RD #5 (2024)
FOOT PRESS	55	F	100	840	Gore, Lisa	10/5/2024	Buffville Road to the Century Club #6
FOOT PRESS	ALL	F	55	830	McDonald, Alexandria	6/3/2024	2024 Hackendinnie Cup, Albany, KY
FOOT PRESS	ALL	F	75	700	Skwarecki, Beth	6/4/2023	Hackendinnie Classic
FOOT PRESS	ALL	F	90	550	Lupo, Allison	10/12/2024	Clarks Gym RD #5 (2024)
FOOT PRESS	ALL	F	100	840	Gore, Lisa	10/5/2024	Buffville Road to the Century Club #6
FOOT PRESS	13	M	35	230	Wenzel, Logan	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FOOT PRESS	14	M	65	300	Cline, Bentley	2/1/2025	Superman Push/Pull, Scottsville, KY
FOOT PRESS	40	M	85	580	Stearns, Ashley	6/4/2023	Hackendinnie Classic
FOOT PRESS	40	M	90	830	Stearns, Ashley	9/28/2024	2024 Apple Festival World Record Breakers, Albany KY
FOOT PRESS	40	M	120	825	Millsaps, Holland	6/4/2023	Hackendinnie Classic
FOOT PRESS	40	M	125+	1435	Djuren, Travis	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FOOT PRESS	45	M	110	1700	Wenzel, Jeff	11/9/2024	Buffville Cup V (2024) - Albany, KY
FOOT PRESS	45	M	115	1213	Poore, Clint	1/15/2022	Dino Gym Challenge (2022)
FOOT PRESS	45	M	125+	1220	Fagg, Allen	2/1/2025	Superman Push/Pull, Scottsville, KY
FOOT PRESS	50	M	95	600	Hadley, Patrick	3/17/2024	Colorado Spring Fling
FOOT PRESS	50	M	100	530	Hadley, Patrick	6/4/2023	Hackendinnie Classic
FOOT PRESS	50	M	105	1710	Wenzel, Jeff	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FOOT PRESS	50	M	110	1607	Poore, Clint	11/9/2024	Goerner Deadlift Dozen Plus One RD
FOOT PRESS	50	M	115	1705	Wenzel, Jeff	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
FOOT PRESS	50	M	120	1107	Poore, Clint	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
FOOT PRESS	55	M	105	1050	Myers, Al	2/11/2023	GRIP CHAMPIONSHIPS
FOOT PRESS	55	M	110	1235	Lupo, Tony	10/12/2024	Clarks Gym RD #5 (2024)

USAWA Record List

FOOT PRESS	55	M	115	1335	Lupo, Tony	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FOOT PRESS	60	M	105	601	Richey, Randy	3/9/2024	RD - Buffville 2
FOOT PRESS	60	M	110	930	Richey, Randy	2/1/2025	Superman Push/Pull, Scottsville, KY
FOOT PRESS	65	M	85	1600	Carter, John	10/12/2024	Clarks Gym RD #5 (2024)
FOOT PRESS	80	M	85	600	Habecker, Denny	6/4/2023	Hackendinnie Classic
FOOT PRESS	ALL	M	35	230	Wenzel, Logan	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FOOT PRESS	ALL	M	65	1175	Wenzel, Riley	5/31/2025	Ledaig Record Day - Topeka, KS
FOOT PRESS	ALL	M	75	1180	Wenzel, Riley	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FOOT PRESS	ALL	M	80	1650	Luther, Travis	11/9/2024	Buffville Cup V (2024) - Albany, KY
FOOT PRESS	ALL	M	85	1600	Carter, John	10/12/2024	Clarks Gym RD #5 (2024)
FOOT PRESS	ALL	M	90	830	Stearns, Ashley	9/28/2024	2024 Apple Festival World Record Breakers, Albany KY
FOOT PRESS	ALL	M	95	600	Hadley, Patrick	3/17/2024	Colorado Spring Fling
FOOT PRESS	ALL	M	100	530	Hadley, Patrick	6/4/2023	Hackendinnie Classic
FOOT PRESS	ALL	M	105	1710	Wenzel, Jeff	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FOOT PRESS	ALL	M	110	1700	Wenzel, Jeff	11/9/2024	Buffville Cup V (2024) - Albany, KY
FOOT PRESS	ALL	M	115	1705	Wenzel, Jeff	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
FOOT PRESS	ALL	M	120	1107	Poore, Clint	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
FOOT PRESS	ALL	M	125+	1435	Djuren, Travis	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
FRENCH PRESS	13	F	45	10	Myers, Molly	2/10/2008	RD - Dino Gym (2008)
FRENCH PRESS	50	F	50	25	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
FRENCH PRESS	ALL	F	45	10	Myers, Molly	2/10/2008	RD - Dino Gym (2008)
FRENCH PRESS	ALL	F	50	25	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
FRENCH PRESS	ALL	F	80	35	Landis, Kari	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	13	M	50	29	Ciavattone, Frank III	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	14	M	90	80	Ciavattone, Jonathan	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	14	M	95	120	Ciavattone, Joe Jr.	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	16	M	80	80	Loudon, Andrew	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	16	M	95	95	Heater, Lewis	2/22/2009	RD - Clark's Gym '09
FRENCH PRESS	18	M	100	145	Ciavattone, Joe Jr.	8/14/2011	2011 NE Record Breaker
FRENCH PRESS	40	M	80	100	Monk, John	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	40	M	115	155	Ciavattone, Joe Sr.	8/14/2011	2011 NE Record Breaker
FRENCH PRESS	40	M	125+	207	Cookson, Chuck	2/12/2012	RD - Dino Gym (2012)
FRENCH PRESS	45	M	70	78	Ortega, Toby	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
FRENCH PRESS	45	M	75	75	Ortega, Toby	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
FRENCH PRESS	45	M	85	121	Hirsh, Bob	3/3/2001	2001 Buckeye Record Day
FRENCH PRESS	45	M	95	75	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
FRENCH PRESS	45	M	105	138	Barnett, Orie	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	45	M	125	125	Olsavsky, David	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	45	M	125+	65	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
FRENCH PRESS	50	M	90	125	Smith, Randy	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	50	M	105	105	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
FRENCH PRESS	50	M	110	132	Schmidt, Scott	10/22/2006	2006 Art's Birthday Bash

USAWA Record List

FRENCH PRESS	50	M	120	120	Schmidt, Scott	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	50	M	125	85	Ciavattone, Frank	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	55	M	80	75	McKean, John	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	55	M	95	60	Vandermark, Dennis	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	60	M	75	39	Friesz, Dale	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	60	M	85	80	Habecker, Denny	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	60	M	100	80	Wilmot, John	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	60	M	105	121	Schmidt, Scott	12/20/2015	2015 John's RD
FRENCH PRESS	60	M	110	88	Schmidt, Scott	10/18/2015	2015 Art's Birthday Bash
FRENCH PRESS	60	M	115	105	Malloy, Jim	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	65	M	75	45	McKean, John	10/14/2012	2012 Arts Birthday Bash
FRENCH PRESS	65	M	85	80	Habecker, Denny	10/12/2008	2008 Art's Birthday Bash
FRENCH PRESS	65	M	90	75	Habecker, Denny	10/14/2007	2007 Art's Birthday Bash
FRENCH PRESS	65	M	105	88	Schmidt, Scott	8/4/2018	PRESIDENTIAL CUP (2018)
FRENCH PRESS	65	M	115	110	Malloy, Jim	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	65	M	125+	99	Ciavattone, Frank	12/31/2024	2024 New Year's Eve RD - Walpole, MA
FRENCH PRESS	70	M	75	44	Mitchell, Dennis	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	70	M	80	65	Emslie, David	3/28/2015	2015 Clark's Gym RD
FRENCH PRESS	70	M	90	53	Habecker, Denny	8/9/2014	PRESIDENTIAL CUP (2014)
FRENCH PRESS	75	M	70	40	Mitchell, Dennis	10/16/2011	2011 Arts Birthday Bash
FRENCH PRESS	75	M	75	37	Mitchell, Dennis	10/12/2008	2008 Art's Birthday Bash
FRENCH PRESS	75	M	85	60	Montini, Art	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	80	M	70	37	Mitchell, Dennis	10/14/2012	2012 Arts Birthday Bash
FRENCH PRESS	ALL	M	70	78	Ortega, Toby	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
FRENCH PRESS	ALL	M	75	55	Dunlap, Cale	8/5/2017	PRESIDENTIAL CUP (2017)
FRENCH PRESS	ALL	M	80	100	Monk, John	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	ALL	M	85	121	Hirsh, Bob	3/3/2001	2001 Buckeye Record Day
FRENCH PRESS	ALL	M	90	125	Smith, Randy	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	ALL	M	95	120	Ciavattone, Joe Jr.	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	ALL	M	100	145	Ciavattone, Joe Jr.	8/14/2011	2011 NE Record Breaker
FRENCH PRESS	ALL	M	105	138	Barnett, Orie	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	ALL	M	110	132	Schmidt, Scott	10/22/2006	2006 Art's Birthday Bash
FRENCH PRESS	ALL	M	115	155	Ciavattone, Joe Sr.	8/14/2011	2011 NE Record Breaker
FRENCH PRESS	ALL	M	120	125	Myers, Al	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	ALL	M	125	125	Olsavsky, David	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	ALL	M	125+	207	Cookson, Chuck	2/12/2012	RD - Dino Gym (2012)
FRENCH PRESS	NAT	M	75	50	McKean, Sean	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	NAT	M	80	80	Loudon, Andrew	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	NAT	M	85	80	Habecker, Denny	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	NAT	M	90	95	Smith, Randy	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	NAT	M	100	100	McBride, Mike	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	NAT	M	105	45	Crozier, Bill	6/25/2005	NATIONALS (2005) - Youngstown, OH

USAWA Record List

FRENCH PRESS	NAT	M	110	105	LaRosa, Carl	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	NAT	M	115	105	Malloy, Jim	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	NAT	M	120	125	Myers, Al	6/25/2005	NATIONALS (2005) - Youngstown, OH
FRENCH PRESS	NAT	M	125	125	Olsavsky, David	6/25/2005	NATIONALS (2005) - Youngstown, OH
GARDNER, FULL	40	F	70	55	Skwarecki, Beth	8/15/2021	PRESIDENTIAL CUP (2021)
GARDNER, FULL	50	F	50	15	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
GARDNER, FULL	65	F	75	10	Thompson, Janet	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GARDNER, FULL	ALL	F	50	15	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
GARDNER, FULL	ALL	F	70	55	Skwarecki, Beth	8/15/2021	PRESIDENTIAL CUP (2021)
GARDNER, FULL	ALL	F	75	10	Thompson, Janet	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GARDNER, FULL	ALL	F	90	30	Collins, Cara	10/1/2000	2000 New England Champ.
GARDNER, FULL	13	M	55	15	Todd, Everett	12/7/2024	RD - Lift for Leroy VI (2024)
GARDNER, FULL	13	M	65	30	Monk, Joshua	12/1/2002	2002 Postal Meet
GARDNER, FULL	14	M	75	44	Demille, Cale	12/1/2002	2002 Postal Meet
GARDNER, FULL	16	M	75	45	Quick, Sean	10/30/1999	99 NoWeight Dozen
GARDNER, FULL	18	M	60	45	O'Brien, Mike	10/1/2000	2000 New England Champ.
GARDNER, FULL	40	M	70	65	Ortega, Toby	11/9/2024	Buffville Cup V (2024) - Albany, KY
GARDNER, FULL	40	M	75	110	Monk, John	10/22/2006	2006 Art's Birthday Bash
GARDNER, FULL	40	M	85	110	Monk, John	10/12/2008	2008 Art's Birthday Bash
GARDNER, FULL	40	M	115	95	Ullom, Chad	7/15/2012	2012 Ledaig Record Breakers
GARDNER, FULL	40	M	125+	115	Rigby, Jeff	12/7/2019	RD - Lift for Leroy '19
GARDNER, FULL	45	M	65	65	Pensyl, Barry	10/15/1995	95 Art's Birthday Bash
GARDNER, FULL	45	M	75	75	Ortega, Toby	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GARDNER, FULL	45	M	100	80	Schock, Ed	9/1/2001	2001 Postal Meet
GARDNER, FULL	45	M	105	110	Schock, Ed	12/1/2002	2002 Postal Meet
GARDNER, FULL	45	M	125+	70	Rogers, Bill	11/4/2000	2000 No-Weight Dozen
GARDNER, FULL	50	M	80	65	Habecker, Denny	10/15/1995	95 Art's Birthday Bash
GARDNER, FULL	50	M	85	72	Habecker, Denny	11/25/1995	Valley Forge
GARDNER, FULL	50	M	90	40	Gupta, Sanjiv	6/24/2023	NATIONALS (2023) - Columbia, MO
GARDNER, FULL	50	M	105	65	Wenzel, Jeff	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GARDNER, FULL	55	M	70	45	Freides, Steve	11/30/2013	2013 NE Record Breakers
GARDNER, FULL	55	M	85	77	Habecker, Denny	10/11/2000	RD - Powerhouse
GARDNER, FULL	55	M	90	61	Habecker, Denny	9/1/2001	2001 Postal Meet
GARDNER, FULL	60	M	90	66	Habecker, Denny	11/2/2002	IAWA GOLD CUP (2002) - Leicester, UK
GARDNER, FULL	60	M	100	75	Garcia, Joe	11/8/2014	2014 Clarks RD
GARDNER, FULL	60	M	115	22	Lupo, Tony	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GARDNER, FULL	65	M	85	22	DeForest, Dave	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GARDNER, FULL	65	M	90	45	Smith, Randy	6/29/2024	NATIONALS (2024) - Columbia, MO
GARDNER, FULL	ALL	M	55	15	Todd, Everett	12/7/2024	RD - Lift for Leroy VI (2024)
GARDNER, FULL	ALL	M	60	45	O'Brien, Mike	10/1/2000	2000 New England Champ.
GARDNER, FULL	ALL	M	65	65	Pensyl, Barry	10/15/1995	95 Art's Birthday Bash
GARDNER, FULL	ALL	M	70	111	Monk, John	9/1/2001	2001 Postal Meet

USAWA Record List

GARDNER, FULL	ALL	M	75	110	Monk, John	10/22/2006	2006 Art's Birthday Bash
GARDNER, FULL	ALL	M	80	95	Smith, Abe	12/8/2001	2001 RD - Col
GARDNER, FULL	ALL	M	85	110	Monk, John	10/12/2008	2008 Art's Birthday Bash
GARDNER, FULL	ALL	M	90	68	Piper, Tim	4/14/2007	2007 Macomb Record Day
GARDNER, FULL	ALL	M	95	100	Pruznick, Miles	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
GARDNER, FULL	ALL	M	100	100	Spayd, Bill	9/1/2001	2001 Postal Meet
GARDNER, FULL	ALL	M	105	110	Schock, Ed	12/1/2002	2002 Postal Meet
GARDNER, FULL	ALL	M	110	100	Ullom, Chad	2/14/2010	RD - Dino Gym (2010)
GARDNER, FULL	ALL	M	115	95	Ullom, Chad	7/15/2012	2012 Ledaig Record Breakers
GARDNER, FULL	ALL	M	125	70	Davis, Demetrius	11/19/2005	2005 Bill Fellows Mem
GARDNER, FULL	ALL	M	125+	115	Rigby, Jeff	12/7/2019	RD - Lift for Leroy '19
GARDNER, HALF	13	F	55	22	Ciavattone, Dominique	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF	50	F	50	45	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
GARDNER, HALF	55	F	50	38	Jackson, RJ	9/30/2017	POSTAL (2017) - Q3
GARDNER, HALF	55	F	55	39	Phumchaona, Noi	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF	60	F	70	11	Habecker, Judy	12/1/2001	2001 Inter. Postal
GARDNER, HALF	ALL	F	50	45	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
GARDNER, HALF	ALL	F	55	39	Phumchaona, Noi	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF	ALL	F	65	45	Glasgow, Amber	7/31/2011	2011 Ledaig Record Breaker
GARDNER, HALF	ALL	F	70	11	Habecker, Judy	12/1/2001	2001 Inter. Postal
GARDNER, HALF	ALL	F	75	13	Diggs, Crystal	9/30/2017	POSTAL (2017) - Q3
GARDNER, HALF	ALL	F	90	61	Collins, Cara	10/1/2000	2000 New England Champ.
GARDNER, HALF	13	M	40	25	O'Brien, Mike	12/12/1998	Norwood Championships
GARDNER, HALF	13	M	55	15	Todd, Everett	12/7/2024	RD - Lift for Leroy VI (2024)
GARDNER, HALF	13	M	60	27	Blockston, Jon	11/17/1999	99 Art's Birthday Bash
GARDNER, HALF	13	M	75	39	Blockston, Jon	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF	14	M	70	45	Habecker, Aidan	9/30/2017	POSTAL (2017) - Q3
GARDNER, HALF	14	M	80	83	Loewer, James	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF	16	M	55	45	O'Brien, Mike	12/12/1998	Norwood Championships
GARDNER, HALF	16	M	60	65	O'Brien, Matt	12/12/1998	Norwood Championships
GARDNER, HALF	16	M	75	69	Shepard, Travis	12/12/1998	Norwood Championships
GARDNER, HALF	16	M	120	110	Stahnke, Dennis	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF	18	M	60	71	O'Brien, Mike	10/1/2000	2000 New England Champ.
GARDNER, HALF	18	M	80	83	Vernacchio, S.J.	12/19/1997	Postal International Meet
GARDNER, HALF	18	M	90	65	Ciavattone, Jeff	12/12/1998	Norwood Championships
GARDNER, HALF	18	M	105	110	Cirafesi, Ralph	12/19/1997	Postal International Meet
GARDNER, HALF	40	M	80	143	Monk, John	10/14/2007	2007 Art's Birthday Bash
GARDNER, HALF	40	M	85	143	Monk, John	10/12/2008	2008 Art's Birthday Bash
GARDNER, HALF	40	M	115	110	Ullom, Chad	2/12/2012	RD - Dino Gym (2012)
GARDNER, HALF	40	M	120	122	Fulton, Kevin	10/7/2001	2001 IAWA Worlds-Glasgow
GARDNER, HALF	40	M	125	132	Ciavattone, Frank	12/12/1998	Norwood Championships
GARDNER, HALF	45	M	65	83	Pensyl, Barry	12/19/1997	Postal International Meet

USAWA Record List

GARDNER, HALF	45	M	95	110	Schock, Ed	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF	45	M	100	143	Schock, Ed	12/1/2001	2001 Inter. Postal
GARDNER, HALF	45	M	120	75	Ciavattone, Frank	12/1/2001	2001 Inter. Postal
GARDNER, HALF	45	M	125	110	Ciavattone, Frank	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF	45	M	125+	96	Ciavattone, Frank	10/1/2000	2000 New England Champ.
GARDNER, HALF	50	M	80	77	McKean, John	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF	50	M	105	45	Myers, Al	9/30/2017	POSTAL (2017) - Q3
GARDNER, HALF	50	M	115	50	Raymond, Mark	9/30/2017	POSTAL (2017) - Q3
GARDNER, HALF	50	M	125+	100	Douglas, John	9/30/2017	POSTAL (2017) - Q3
GARDNER, HALF	55	M	80	88	Habecker, Denny	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF	55	M	85	99	Habecker, Denny	12/19/1997	Postal International Meet
GARDNER, HALF	55	M	90	101	Habecker, Denny	10/7/2001	2001 IAWA Worlds-Glasgow
GARDNER, HALF	60	M	80	51	Friesz, Dale	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF	60	M	90	66	Habecker, Denny	11/2/2002	IAWA GOLD CUP (2002) - Leicester, UK
GARDNER, HALF	65	M	85	22	DeForest, Dave	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GARDNER, HALF	70	M	110	20	Myers, LaVerne	9/30/2017	POSTAL (2017) - Q3
GARDNER, HALF	70	M	115	17	Glasgow, Dave	5/31/2025	Ledaig Record Day - Topeka, KS
GARDNER, HALF	75	M	75	28	Mitchell, Dennis	10/5/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
GARDNER, HALF	80	M	80	39	Montini, Art	10/5/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
GARDNER, HALF	ALL	M	55	15	Todd, Everett	12/7/2024	RD - Lift for Leroy VI (2024)
GARDNER, HALF	ALL	M	60	71	O'Brien, Mike	10/1/2000	2000 New England Champ.
GARDNER, HALF	ALL	M	65	88	Mabrey, Izzy	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF	ALL	M	70	154	Monk, John	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
GARDNER, HALF	ALL	M	75	70	Monk, John	12/1/2001	2001 Inter. Postal
GARDNER, HALF	ALL	M	80	165	Monk, John	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
GARDNER, HALF	ALL	M	85	143	Monk, John	10/12/2008	2008 Art's Birthday Bash
GARDNER, HALF	ALL	M	90	101	Habecker, Denny	10/7/2001	2001 IAWA Worlds-Glasgow
GARDNER, HALF	ALL	M	95	110	Schock, Ed	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF	ALL	M	100	143	Schock, Ed	12/1/2001	2001 Inter. Postal
GARDNER, HALF	ALL	M	105	130	Ciavattone, Jeff	7/27/2019	2019 Eastern Mass RD
GARDNER, HALF	ALL	M	110	143	Weigle, Jason	12/1/2001	2001 Inter. Postal
GARDNER, HALF	ALL	M	115	110	Ullom, Chad	2/12/2012	RD - Dino Gym (2012)
GARDNER, HALF	ALL	M	120	122	Fulton, Kevin	10/7/2001	2001 IAWA Worlds-Glasgow
GARDNER, HALF	ALL	M	125	132	Ciavattone, Frank	12/12/1998	Norwood Championships
GARDNER, HALF	ALL	M	125+	100	Douglas, John	9/30/2017	POSTAL (2017) - Q3
GOERNER STROLL	40	F	70	198	Skwarecki, Beth	8/15/2021	PRESIDENTIAL CUP (2021)
GOERNER STROLL	55	F	90	100	Lupo, Allison	8/3/2024	Clarks Gym RD #4 (2024)
GOERNER STROLL	55	F	100	140	Gore, Lisa	8/3/2024	Clarks Gym RD #4 (2024)
GOERNER STROLL	65	F	75	130	Thompson, Janet	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GOERNER STROLL	ALL	F	70	198	Skwarecki, Beth	8/15/2021	PRESIDENTIAL CUP (2021)
GOERNER STROLL	ALL	F	75	130	Thompson, Janet	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GOERNER STROLL	ALL	F	90	100	Lupo, Allison	8/3/2024	Clarks Gym RD #4 (2024)

USAWA Record List

GOERNER STROLL	ALL	F	100	140	Gore, Lisa	8/3/2024	Clarks Gym RD #4 (2024)
GOERNER STROLL	ALL	F	125+	190	Simms, Felecia	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	16	M	70	270	Lokken, Cody	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	16	M	115	270	Berry, Nolan	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	40	M	85	378	Stearns, Ashley	8/3/2024	Clarks Gym RD #4 (2024)
GOERNER STROLL	40	M	90	378	Stearns, Ashley	7/27/2024	Buffville Road to the Century Club #5
GOERNER STROLL	40	M	115	550	Myers, Al	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	40	M	125+	470	Barnhart, Darren	3/25/2012	2012 Battle in the Barn
GOERNER STROLL	45	M	75	330	Ortega, Toby	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GOERNER STROLL	45	M	100	310	Satterfield, D.J.	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	45	M	105	350	Wenzel, Jeff	8/3/2024	Clarks Gym RD #4 (2024)
GOERNER STROLL	45	M	125+	310	Foster, Lance	3/25/2012	2012 Battle in the Barn
GOERNER STROLL	50	M	100	270	Gupta, Sanjiv	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
GOERNER STROLL	50	M	105	410	Wenzel, Jeff	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GOERNER STROLL	50	M	110	455	Poore, Clint	8/3/2024	Clarks Gym RD #4 (2024)
GOERNER STROLL	50	M	115	455	Poore, Clint	7/27/2024	Buffville Road to the Century Club #5
GOERNER STROLL	55	M	100	340	Garcia, Joe	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	55	M	110	300	Lupo, Tony	2/25/2024	RD - Clarks Gym
GOERNER STROLL	55	M	115	380	Glasgow, Dave	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	60	M	80	300	DeForest, Dave	8/3/2024	Clarks Gym RD #4 (2024)
GOERNER STROLL	60	M	115	310	Lupo, Tony	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GOERNER STROLL	65	M	85	330	DeForest, Dave	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GOERNER STROLL	65	M	125	270	Ross, Dean	3/25/2012	2012 Battle in the Barn
GOERNER STROLL	65	M	125+	270	Ross, Dean	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	70	M	70	198	Pensyl, Barry	8/15/2021	PRESIDENTIAL CUP (2021)
GOERNER STROLL	70	M	75	200	Santangelo, Stephen	5/11/2024	Buffville Cup 4
GOERNER STROLL	70	M	110	230	Murdock, Mike	3/25/2012	2012 Battle in the Barn
GOERNER STROLL	75	M	90	220	Habecker, Denny	8/15/2021	PRESIDENTIAL CUP (2021)
GOERNER STROLL	75	M	105	190	Bletscher, Rudy	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	ALL	M	70	310	Wenzel, Riley	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GOERNER STROLL	ALL	M	75	330	Ortega, Toby	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GOERNER STROLL	ALL	M	80	300	DeForest, Dave	8/3/2024	Clarks Gym RD #4 (2024)
GOERNER STROLL	ALL	M	85	390	Luther, Travis	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GOERNER STROLL	ALL	M	90	378	Stearns, Ashley	7/27/2024	Buffville Road to the Century Club #5
GOERNER STROLL	ALL	M	95	410	Walter, Chris	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	ALL	M	100	520	Cox, Sam	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	ALL	M	105	470	Jobe, Jesse	3/25/2012	2012 Battle in the Barn
GOERNER STROLL	ALL	M	110	560	Ullom, Chad	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	ALL	M	115	550	Myers, Al	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	ALL	M	120	520	Todd, Eric	1/15/2011	Dino Gym Strongman (2011)
GOERNER STROLL	ALL	M	125	270	Ross, Dean	3/25/2012	2012 Battle in the Barn
GOERNER STROLL	ALL	M	125+	520	Benzel, Bryan	3/25/2012	2012 Battle in the Barn

USAWA Record List

GOOD MORNING	40	F	60	98	Devine, Karen	3/7/1998	98 Buckeye Record Breaker
GOOD MORNING	45	F	125+	115	Bulebosh, Beth	10/16/2016	2016 Art's Birthday Bash
GOOD MORNING	50	F	50	101	Jackson, RJ	12/1/2012	2012 Gracie Club RD
GOOD MORNING	55	F	90	65	Lupo, Allison	8/3/2024	Clarks Gym RD #4 (2024)
GOOD MORNING	55	F	100	80	Gore, Lisa	8/3/2024	Clarks Gym RD #4 (2024)
GOOD MORNING	60	F	60	60	Homan, Lynne	11/9/2024	Buffville Cup V (2024) - Albany, KY
GOOD MORNING	ALL	F	50	101	Jackson, RJ	12/1/2012	2012 Gracie Club RD
GOOD MORNING	ALL	F	60	98	Devine, Karen	3/7/1998	98 Buckeye Record Breaker
GOOD MORNING	ALL	F	70	132	Lydon, Kim	11/12/2016	2016 Plymouth, PA Rock RD
GOOD MORNING	ALL	F	90	65	Lupo, Allison	8/3/2024	Clarks Gym RD #4 (2024)
GOOD MORNING	ALL	F	100	80	Gore, Lisa	8/3/2024	Clarks Gym RD #4 (2024)
GOOD MORNING	ALL	F	125+	115	Bulebosh, Beth	10/16/2016	2016 Art's Birthday Bash
GOOD MORNING	14	M	75	165	Loewer, James	10/15/2000	2000 Art's Birthday Bash
GOOD MORNING	14	M	80	134	Loewer, James	3/4/2000	2000 Buckeye Record Break
GOOD MORNING	16	M	60	45	Wenzel, Spencer	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
GOOD MORNING	40	M	70	198	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
GOOD MORNING	40	M	75	154	Waterman, Chris	3/7/1998	98 Buckeye Record Breaker
GOOD MORNING	40	M	95	250	Stearns, Ashley	11/9/2024	Buffville Cup V (2024) - Albany, KY
GOOD MORNING	45	M	85	205	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
GOOD MORNING	45	M	95	135	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
GOOD MORNING	45	M	105	235	Wenzel, Jeff	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
GOOD MORNING	45	M	110	235	Wenzel, Jeff	4/14/2024	Record Day- Clark's Gym 1
GOOD MORNING	45	M	125+	175	Gaddis, Jarrod	6/2/2024	Hackendinnie Classic II Record Day
GOOD MORNING	50	M	70	115	Marchand, Wade	11/30/2020	POSTAL (2020) - RECORD DAY
GOOD MORNING	50	M	95	75	Gupta, Sanjiv	4/14/2024	Record Day- Clark's Gym 1
GOOD MORNING	50	M	105	255	Wenzel, Jeff	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
GOOD MORNING	55	M	95	130	Vandermark, Dennis	10/12/2008	2008 Art's Birthday Bash
GOOD MORNING	55	M	105	110	Jury, Steve	8/5/2023	PRESIDENTIAL CUP (2023)
GOOD MORNING	55	M	110	135	Lupo, Tony	4/14/2024	Record Day- Clark's Gym 1
GOOD MORNING	55	M	115	140	Lupo, Tony	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
GOOD MORNING	60	M	90	121	Habecker, Denny	10/22/2006	2006 Art's Birthday Bash
GOOD MORNING	60	M	95	151	Locondro, Mike	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
GOOD MORNING	60	M	100	88	Locondro, Mike	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
GOOD MORNING	60	M	115	220	Larson, Nils	12/31/2023	2023 New Years Eve Record Breaker
GOOD MORNING	65	M	85	140	DeForest, Dave	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
GOOD MORNING	65	M	110	95	Puzin, Carl	12/31/2024	2024 New Year's Eve RD - Walpole, MA
GOOD MORNING	70	M	70	110	Pensyl, Barry	12/7/2019	2019 Memorial Record Day
GOOD MORNING	70	M	80	100	Emslie, David	3/28/2015	2015 Clark's Gym RD
GOOD MORNING	70	M	85	110	Montini, Art	10/14/2001	2001 Art's Birthday Bash
GOOD MORNING	70	M	110	115	Ross, Dean	10/15/2017	2017 Art's Birthday Bash
GOOD MORNING	80	M	85	110	Habecker, Denny	11/4/2022	IAWA GOLD CUP (2022) - Belfast, IE
GOOD MORNING	ALL	M	60	45	Wenzel, Spencer	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)

USAWA Record List

GOOD MORNING	ALL	M	70	225	Jones, Tom	8/29/1991	East Walpole, MA
GOOD MORNING	ALL	M	75	225	Aldan, Brandon	11/23/2003	2003 Jump Stretch Record
GOOD MORNING	ALL	M	80	185	Aldan, Brandon	10/13/2002	2002 Art's Birthday Bash
GOOD MORNING	ALL	M	85	205	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
GOOD MORNING	ALL	M	90	121	Habecker, Denny	10/22/2006	2006 Art's Birthday Bash
GOOD MORNING	ALL	M	95	250	Stearns, Ashley	11/9/2024	Buffville Cup V (2024) - Albany, KY
GOOD MORNING	ALL	M	100	176	Urbanski, Chuck	10/15/1995	95 Art's Birthday Bash
GOOD MORNING	ALL	M	105	255	Wenzel, Jeff	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
GOOD MORNING	ALL	M	110	235	Wenzel, Jeff	4/14/2024	Record Day- Clark's Gym 1
GOOD MORNING	ALL	M	115	220	Larson, Nils	12/31/2023	2023 New Years Eve Record Breaker
GOOD MORNING	ALL	M	125+	175	Gaddis, Jarrod	6/2/2024	Hackendinnie Classic II Record Day
HABECKER LIFT	13	F	55	95	Todd, Phoebe	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	13	F	60	100	Todd, Phoebe	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HABECKER LIFT	14	F	65	150	Todd, Phoebe	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
HABECKER LIFT	16	F	75	215	Todd, Lillian	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
HABECKER LIFT	40	F	90	190	Todd, Stacy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
HABECKER LIFT	55	F	90	145	Lupo, Allison	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
HABECKER LIFT	60	F	75	125	Thompson, Janet	8/21/2022	CLARK'S BIRTHDAY WEEKEND
HABECKER LIFT	65	F	75	150	Thompson, Janet	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
HABECKER LIFT	ALL	F	55	95	Todd, Phoebe	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	ALL	F	60	100	Todd, Phoebe	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HABECKER LIFT	ALL	F	65	150	Todd, Phoebe	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
HABECKER LIFT	ALL	F	75	264	Cicero, Kasey	12/16/2023	2023 Memorial Record Day
HABECKER LIFT	ALL	F	90	190	Todd, Stacy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
HABECKER LIFT	13	M	35	70	Todd, Everett	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HABECKER LIFT	13	M	40	45	Todd, Leroy	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HABECKER LIFT	13	M	45	80	Todd, Everett	11/18/2023	RD - Lift for Leroy '23
HABECKER LIFT	13	M	50	110	Todd, Everett	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
HABECKER LIFT	13	M	65	135	Todd, Leroy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
HABECKER LIFT	16	M	95	204	Habecker, Aidan	8/3/2019	PRESIDENTIAL CUP (2019)
HABECKER LIFT	18	M	125+	154	Bingham, Ryan	12/7/2019	2019 Memorial Record Day
HABECKER LIFT	40	M	85	345	Smith, Abe	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	40	M	95	425	Strangeway, John	1/18/2020	Dino Gym Challenge (2020)
HABECKER LIFT	40	M	120	265	Todd, Chris	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HABECKER LIFT	40	M	125	265	Todd, Chris	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	45	M	75	275	Ortega, Toby	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
HABECKER LIFT	45	M	105	405	Ullom, Chad	1/18/2020	Dino Gym Challenge (2020)
HABECKER LIFT	45	M	110	335	Poore, Clint	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	45	M	120	320	Todd, Eric	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HABECKER LIFT	45	M	125	225	Todd, Eric	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	45	M	125+	270	Todd, Chris	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
HABECKER LIFT	50	M	85	366	Wagman, Dan	12/31/2021	POSTAL (2021) - Q4

USAWA Record List

HABECKER LIFT	50	M	100	265	Gupta, Sanjiv	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
HABECKER LIFT	50	M	105	405	Ullom, Chad	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
HABECKER LIFT	50	M	110	320	Myers, Al	5/4/2019	RD - Spring Dino Gym
HABECKER LIFT	50	M	125	260	Janzen, John	1/18/2020	Dino Gym Challenge (2020)
HABECKER LIFT	50	M	125+	275	Payne, Jason	1/18/2020	Dino Gym Challenge (2020)
HABECKER LIFT	55	M	110	260	Lupo, Tony	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	55	M	115	185	Foster, Lance	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
HABECKER LIFT	55	M	125+	375	Douglas, John	1/18/2020	Dino Gym Challenge (2020)
HABECKER LIFT	60	M	80	275	DeForest, Dave	8/3/2024	Clarks Gym RD #4 (2024)
HABECKER LIFT	60	M	85	265	DeForest, Dave	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
HABECKER LIFT	60	M	90	275	DeForest, Dave	5/22/2021	2021 Clark's Record Day
HABECKER LIFT	60	M	100	350	Carter, John	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	60	M	115	315	Cook, Greg	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HABECKER LIFT	65	M	85	275	DeForest, Dave	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
HABECKER LIFT	65	M	115	290	Glasgow, Dave	1/18/2020	Dino Gym Challenge (2020)
HABECKER LIFT	70	M	65	209	Pensyl, Barry	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	70	M	70	198	Pensyl, Barry	8/3/2019	PRESIDENTIAL CUP (2019)
HABECKER LIFT	70	M	105	185	Myers, LaVerne	2/10/2019	2019 USAWA Grip Championships
HABECKER LIFT	75	M	65	176	Pensyl, Barry	12/16/2023	2023 Memorial Record Day
HABECKER LIFT	75	M	85	225	Habecker, Denny	1/18/2020	Dino Gym Challenge (2020)
HABECKER LIFT	75	M	90	204	Habecker, Denny	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	75	M	95	135	Ross, Dean	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HABECKER LIFT	75	M	110	205	Ross, Dean	1/18/2020	Dino Gym Challenge (2020)
HABECKER LIFT	80	M	80	176	Habecker, Denny	12/16/2023	2023 Memorial Record Day
HABECKER LIFT	80	M	85	176	Habecker, Denny	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
HABECKER LIFT	85	M	95	175	Clark, Bill	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	90	M	90	135	Clark, Bill	8/3/2024	Clarks Gym RD #4 (2024)
HABECKER LIFT	ALL	M	35	70	Todd, Everett	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HABECKER LIFT	ALL	M	40	45	Todd, Leroy	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HABECKER LIFT	ALL	M	45	80	Todd, Everett	11/18/2023	RD - Lift for Leroy '23
HABECKER LIFT	ALL	M	50	110	Todd, Everett	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
HABECKER LIFT	ALL	M	65	209	Pensyl, Barry	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	ALL	M	70	325	Wenzel, Riley	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
HABECKER LIFT	ALL	M	75	275	Ortega, Toby	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
HABECKER LIFT	ALL	M	80	275	DeForest, Dave	8/3/2024	Clarks Gym RD #4 (2024)
HABECKER LIFT	ALL	M	85	375	Walsh, Ben	8/23/2025	True North True Strength II - RD- Fergus, Ont
HABECKER LIFT	ALL	M	90	275	DeForest, Dave	5/22/2021	2021 Clark's Record Day
HABECKER LIFT	ALL	M	95	425	Strangeway, John	1/18/2020	Dino Gym Challenge (2020)
HABECKER LIFT	ALL	M	105	405	Ullom, Chad	1/18/2020	Dino Gym Challenge (2020)
HABECKER LIFT	ALL	M	110	335	Poore, Clint	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	ALL	M	115	315	Cook, Greg	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HABECKER LIFT	ALL	M	120	430	Displenter, Tyler	8/23/2025	True North True Strength II - RD- Fergus, Ont

USAWA Record List

HABECKER LIFT	ALL	M	125	265	Todd, Chris	12/31/2021	POSTAL (2021) - Q4
HABECKER LIFT	ALL	M	125+	375	Douglas, John	1/18/2020	Dino Gym Challenge (2020)
HACK LIFT	13	F	45	150	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
HACK LIFT	13	F	50	185	Holeman, Kayla	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
HACK LIFT	13	F	65	140	Todd, Phoebe	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	13	F	75	155	Griffis, Kirstie	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
HACK LIFT	14	F	60	185	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
HACK LIFT	14	F	70	95	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
HACK LIFT	14	F	75	175	Todd, Lillian	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	14	F	80	157	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
HACK LIFT	16	F	75	260	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
HACK LIFT	18	F	60	225	Burks, Amy	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
HACK LIFT	18	F	65	185	McBride, Angela	1/30/1999	ZERCHER STRENGTH CLASSIC (1999)
HACK LIFT	40	F	55	176	Hughes, Suree	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	40	F	65	135	Springs, Deanna	2/6/1993	ZERCHER STRENGTH CLASSIC (1993)
HACK LIFT	40	F	70	295	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	40	F	75	300	Ollennuking, Amorkor	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HACK LIFT	40	F	80	154	Guglielmo, Terry	10/9/2004	IAWA GOLD CUP (2004) - Glasgow, UK
HACK LIFT	40	F	90	200	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	40	F	100	90	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HACK LIFT	40	F	125+	136	McConnaughey, Mary	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
HACK LIFT	45	F	45	176	Gedney, Judith	10/1/2005	Macomb Record Setter
HACK LIFT	45	F	50	231	Phumchaona, Noi	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
HACK LIFT	45	F	125+	145	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
HACK LIFT	50	F	55	237	Phumchaona, Noi	2/26/1994	94 Buckeye Record Breaker
HACK LIFT	50	F	60	171	Burchette, Jeanne	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	55	F	55	226	Phumchaona, Noi	3/3/2001	2001 Buckeye Record Day
HACK LIFT	55	F	75	225	Ollennuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
HACK LIFT	55	F	90	140	Lupo, Allison	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	55	F	100	132	Lane, Colleen	10/25/2014	IAWA GOLD CUP (2014) - Burton on Trent, UK
HACK LIFT	55	F	105	185	Gore, Lisa	6/21/2025	Women's Only Meet, Columbia, MO
HACK LIFT	60	F	50	146	Jackson, RJ	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
HACK LIFT	60	F	55	175	Phumchaona, Noi	11/23/2003	2003 Jump Stretch Record
HACK LIFT	60	F	60	145	LaRosa, Marian	6/7/2003	2003 USAWA Championships
HACK LIFT	60	F	105	185	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
HACK LIFT	65	F	75	135	Thompson, Janet	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
HACK LIFT	65	F	80	100	Thompson, Janet	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
HACK LIFT	ALL	F	45	176	Gedney, Judith	10/1/2005	Macomb Record Setter
HACK LIFT	ALL	F	50	231	Phumchaona, Noi	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
HACK LIFT	ALL	F	55	237	Phumchaona, Noi	2/26/1994	94 Buckeye Record Breaker
HACK LIFT	ALL	F	60	331	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
HACK LIFT	ALL	F	65	353	Caron, Jacqueline	9/13/1992	92 IAWA - England

USAWA Record List

HACK LIFT	ALL	F	70	295	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	ALL	F	75	315	Ollennuking, Amorkor	2/3/2001	ZERCHER STRENGTH CLASSIC (2001)
HACK LIFT	ALL	F	80	340	Ollennuking, Amorkor	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
HACK LIFT	ALL	F	85	250	Schuster, Jo	2/6/1988	RD - Columbia, MO '88
HACK LIFT	ALL	F	90	200	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	ALL	F	100	132	Lane, Colleen	10/25/2014	IAWA GOLD CUP (2014) - Burton on Trent, UK
HACK LIFT	ALL	F	105	185	Gore, Lisa	6/21/2025	Women's Only Meet, Columbia, MO
HACK LIFT	ALL	F	125+	170	Kennedy, Wendy	12/6/1987	Columbia, MO.
HACK LIFT	NAT	F	50	182	Phumchaona, Noi	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	NAT	F	55	220	Phumchaona, Noi	7/2/2000	NATIONALS (2000) - Lebanon, PA
HACK LIFT	NAT	F	60	198	Mason, Sue	7/2/2000	NATIONALS (2000) - Lebanon, PA
HACK LIFT	NAT	F	65	140	Todd, Phoebe	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	NAT	F	70	295	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	NAT	F	75	175	Todd, Lillian	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	NAT	F	90	200	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	13	M	30	176	Montini, Rocco	11/23/1991	Lakewood, Oh.
HACK LIFT	13	M	35	106	Sauer, Zack	5/18/2002	2002 Powerzone Challenge
HACK LIFT	13	M	40	170	Schmidt, Jeremiah	1/20/1991	ZERCHER STRENGTH CLASSIC (1991)
HACK LIFT	13	M	45	209	Montini, Jason	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	13	M	50	190	Monk, Joshua	7/1/2001	2001 Postal - Round 2
HACK LIFT	13	M	55	240	Monk, Joshua	5/18/2002	2002 Powerzone Challenge
HACK LIFT	13	M	60	245	Monk, Joshua	12/1/2002	2002 Postal Meet
HACK LIFT	13	M	65	259	McKean, Robbie	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	13	M	70	185	Anderson, Jonathan	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
HACK LIFT	13	M	75	170	Sauer, Bryan	5/18/2002	2002 Powerzone Challenge
HACK LIFT	14	M	40	143	Geib, Adam	2/22/1997	97 Buckeye Record Breaker
HACK LIFT	14	M	55	176	Geib, Adam	3/7/1998	98 Buckeye Record Breaker
HACK LIFT	14	M	60	265	Schmidt, Alan	1/30/1993	93 Buckeye Record Breaker
HACK LIFT	14	M	65	305	Monk, Joshua	6/7/2003	2003 USAWA Championships
HACK LIFT	14	M	75	285	Howard, Colby	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
HACK LIFT	14	M	80	281	Loewer, James	7/1/2000	2000 USAWA - Lebanon, PA
HACK LIFT	14	M	85	287	Sears, Austin	10/1/2005	Macomb Record Setter
HACK LIFT	14	M	95	225	Calcote, Kyle	1/19/2008	ZERCHER STRENGTH CLASSIC (2008)
HACK LIFT	14	M	110	225	Bremer, Matt	1/19/1992	ZERCHER STRENGTH CLASSIC (1992)
HACK LIFT	16	M	55	300	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
HACK LIFT	16	M	60	265	Clauson, Riley	10/1/2005	Macomb Record Setter
HACK LIFT	16	M	65	300	O'Brien, Marc	12/1/2002	2002 Postal
HACK LIFT	16	M	75	335	Howard, Colby	3/18/2000	2000 Nebraskaland Classic
HACK LIFT	16	M	80	335	Kucera, Matt	3/18/2000	2000 Nebraskaland Classic
HACK LIFT	16	M	90	315	Holcomb, Seth	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
HACK LIFT	16	M	95	225	Heater, Lewis	1/31/2009	ZERCHER STRENGTH CLASSIC (2009)
HACK LIFT	16	M	100	410	Kucera, Elijah	3/18/2000	2000 Nebraskaland Classic

USAWA Record List

HACK LIFT	16	M	105	405	Kucera, Elijah	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
HACK LIFT	16	M	110	441	Stahnke, Dennis	3/4/2000	2000 Buckeye Record Break
HACK LIFT	16	M	125+	390	Kincaid, Kiff	6/7/2003	2003 USAWA Championships
HACK LIFT	18	M	60	270	O'Brien, Mike	7/1/2000	2000 USAWA - Lebanon, PA
HACK LIFT	18	M	70	135	Conley, Elijah	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
HACK LIFT	18	M	80	460	Zercher III, Ed	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
HACK LIFT	18	M	100	300	Hunter, Joe	6/7/2003	2003 USAWA Championships
HACK LIFT	40	M	60	330	McKean, John	7/10/1988	NATIONALS (1988) - Plymouth, PA
HACK LIFT	40	M	65	353	McKean, John	10/13/1990	Ambridge, Pa.
HACK LIFT	40	M	70	480	Waterman, Chris	10/16/1994	94 U.S. Inlands
HACK LIFT	40	M	75	614	Hirsh, Bob	3/25/1995	Record Day
HACK LIFT	40	M	80	670	Hirsh, Bob	2/22/1997	97 Buckeye Record Breaker
HACK LIFT	40	M	85	375	Smith, Abe	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	40	M	90	402	Montini, Rob	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	40	M	95	397	Montini, Paul	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	40	M	100	402	Kurtz, John	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	40	M	105	460	Carter, John	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
HACK LIFT	40	M	110	365	Garcia, Joe	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
HACK LIFT	40	M	115	595	Myers, Al	10/5/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
HACK LIFT	40	M	120	573	Myers, Al	6/30/2009	2009 Atlantic Postal
HACK LIFT	40	M	125	475	Fulton, Kevin	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
HACK LIFT	40	M	125+	502	McCoy, Joe	11/7/1987	Wichita, Ks.
HACK LIFT	45	M	60	342	McKean, John	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	45	M	65	353	Pensyl, Barry	11/20/1996	Team Match
HACK LIFT	45	M	70	397	Waterman, Chris	3/4/2000	2000 Buckeye Record Break
HACK LIFT	45	M	75	265	Gorman, Tom	7/1/2000	2000 USAWA - Lebanon, PA
HACK LIFT	45	M	80	525	Hirsh, Bob	6/7/2003	2003 USAWA Championships
HACK LIFT	45	M	85	305	Springs, Al	1/19/1992	ZERCHER STRENGTH CLASSIC (1992)
HACK LIFT	45	M	90	375	Smith, Randy	6/7/2003	2003 USAWA Championships
HACK LIFT	45	M	95	405	DiCiccio, Bill	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
HACK LIFT	45	M	100	615	Schock, Ed	5/18/2002	2002 Powerzone Challenge
HACK LIFT	45	M	105	620	Schock, Ed	12/1/2002	2002 Postal Meet
HACK LIFT	45	M	110	370	Wenzel, Jeff	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	45	M	115	540	Myers, Al	3/10/2012	2012 Club Challenge
HACK LIFT	45	M	125	551	Ciavattone, Frank	7/1/2000	2000 USAWA - Lebanon, PA
HACK LIFT	45	M	125+	255	Ryan, Tom	2/6/1993	ZERCHER STRENGTH CLASSIC (1993)
HACK LIFT	50	M	65	314	Pensyl, Barry	7/1/2000	2000 USAWA - Lebanon, PA
HACK LIFT	50	M	75	405	McKean, John	7/1/2000	2000 USAWA - Lebanon, PA
HACK LIFT	50	M	80	330	Hahn, Dave	1/20/1991	ZERCHER STRENGTH CLASSIC (1991)
HACK LIFT	50	M	85	380	Friesz, Dale	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
HACK LIFT	50	M	90	424	DiCiccio, Bill	10/13/1990	Ambridge, Pa.
HACK LIFT	50	M	95	360	Harris, Phil	1/30/1999	ZERCHER STRENGTH CLASSIC (1999)

USAWA Record List

HACK LIFT	50	M	100	375	Zercher II, Ed	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
HACK LIFT	50	M	105	435	Malloy, Jim	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	50	M	110	474	Malloy, Jim	10/16/1994	94 U.S. Inlands
HACK LIFT	50	M	115	309	Geib, Bob	1/30/1993	93 Buckeye Record Breaker
HACK LIFT	50	M	125+	400	McCoy, Joe	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
HACK LIFT	55	M	60	225	Tarwater, Art	10/18/1999	Clarks - Postal Meet
HACK LIFT	55	M	75	310	Friesz, Dale	10/11/1998	98 Art's Birthday Bash
HACK LIFT	55	M	80	310	McKean, John	6/7/2003	2003 USAWA Championships
HACK LIFT	55	M	85	325	Friesz, Dale	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
HACK LIFT	55	M	90	450	Rosenstern, Phil	3/12/2011	2011 Club Challenge
HACK LIFT	55	M	95	320	Springs, Al	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
HACK LIFT	55	M	100	275	Garcia, Joe	1/29/2011	ZERCHER STRENGTH CLASSIC (2011)
HACK LIFT	55	M	105	331	Jury, Steve	8/5/2023	PRESIDENTIAL CUP (2023)
HACK LIFT	55	M	110	480	Clark, Bill	7/10/1988	NATIONALS (1988) - Plymouth, PA
HACK LIFT	55	M	115	253	Schmidt, Scott	3/10/2012	2012 Club Challenge
HACK LIFT	55	M	125+	455	Clark, Bill	1/21/1990	Columbia, MO.
HACK LIFT	60	M	70	298	Freides, Steve	12/16/2017	2017 Vernacchio Memorial
HACK LIFT	60	M	75	413	Montini, Art	10/13/1990	Ambridge, Pa.
HACK LIFT	60	M	80	375	Montini, Art	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
HACK LIFT	60	M	85	315	DeForest, Dave	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
HACK LIFT	60	M	90	320	DeForest, Dave	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
HACK LIFT	60	M	95	285	Garcia, Joe	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
HACK LIFT	60	M	100	460	Carter, John	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
HACK LIFT	60	M	105	415	Clark, Bill	11/6/1994	RD - Columbia, MO '94
HACK LIFT	60	M	110	405	Clark, Bill	2/5/1995	ZERCHER STRENGTH CLASSIC (1995)
HACK LIFT	60	M	115	225	Clark, Bill	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
HACK LIFT	60	M	120	205	McCoy, Joe	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
HACK LIFT	60	M	125	250	McCoy, Joe	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
HACK LIFT	65	M	75	274	McKean, John	10/14/2012	2012 Arts Birthday Bash
HACK LIFT	65	M	80	358	Montini, Art	10/16/1994	94 U.S. Inlands
HACK LIFT	65	M	85	347	Cox, Bob	2/26/1994	94 Buckeye Record Breaker
HACK LIFT	65	M	90	330	Smith, Randy	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	65	M	95	364	Monahan, Rex	9/13/1992	92 IAWA - England
HACK LIFT	65	M	100	369	Monahan, Rex	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
HACK LIFT	65	M	105	310	Clark, Bill	2/2/2002	ZERCHER STRENGTH CLASSIC (2002)
HACK LIFT	65	M	110	303	Clark, Bill	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
HACK LIFT	65	M	115	275	Clark, Bill	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
HACK LIFT	65	M	125	185	Ross, Dean	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
HACK LIFT	65	M	125+	165	Ross, Dean	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)
HACK LIFT	70	M	75	263	Mitchell, Dennis	6/7/2003	2003 USAWA Championships
HACK LIFT	70	M	80	325	Montini, Art	10/12/1997	97 Art's Birthday Bash
HACK LIFT	70	M	85	342	Montini, Art	7/1/2000	2000 USAWA - Lebanon, PA

USAWA Record List

HACK LIFT	70	M	90	331	Monahan, Rex	10/8/1994	94 IAWA - England
HACK LIFT	70	M	95	310	Monahan, Rex	2/5/1995	ZERCHER STRENGTH CLASSIC (1995)
HACK LIFT	70	M	100	225	Bletscher, Rudy	12/5/2009	GOERNER DEADLIFT DOZEN PLUS ONE (2009)
HACK LIFT	70	M	110	350	Clark, Bill	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HACK LIFT	70	M	125	250	Ciavattone, Frank	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
HACK LIFT	75	M	75	231	Mitchell, Dennis	10/5/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
HACK LIFT	75	M	80	254	Cox, Bob	7/1/2000	2000 USAWA - Lebanon, PA
HACK LIFT	75	M	85	275	Montini, Art	6/7/2003	2003 USAWA Championships
HACK LIFT	75	M	90	209	Prechtel, Howard	7/1/2000	2000 USAWA - Lebanon, PA
HACK LIFT	75	M	95	175	Crozier, Bill	6/30/2013	2013 Middle Atlantic Postal
HACK LIFT	75	M	100	220	Bletscher, Rudy	3/10/2012	2012 Club Challenge
HACK LIFT	75	M	110	185	Clark, Bill	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)
HACK LIFT	80	M	70	198	Mitchell, Dennis	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
HACK LIFT	80	M	75	135	Stephenson, John	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
HACK LIFT	80	M	80	220	Montini, Art	10/5/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
HACK LIFT	80	M	85	200	Zercher I, Ed	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
HACK LIFT	80	M	90	200	Zercher I, Ed	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
HACK LIFT	80	M	100	165	Clark, Bill	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
HACK LIFT	80	M	105	100	Lano, Jack	6/7/2003	2003 USAWA Championships
HACK LIFT	80	M	110	185	Clark, Bill	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
HACK LIFT	85	M	75	110	Montini, Art	8/5/2017	PRESIDENTIAL CUP (2017)
HACK LIFT	85	M	85	154	Montini, Art	8/10/2013	PRESIDENTIAL CUP (2013)
HACK LIFT	85	M	95	150	Clark, Bill	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
HACK LIFT	90	M	90	100	Clark, Bill	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
HACK LIFT	90	M	95	125	Clark, Bill	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
HACK LIFT	ALL	M	50	125	Todd, Everett	6/29/2024	NATIONALS (2024) - Columbia, MO
HACK LIFT	ALL	M	60	342	McKean, John	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	ALL	M	65	440	Drainer, Ron	1/21/1990	Columbia, MO.
HACK LIFT	ALL	M	70	550	Hirsh, Bob	10/12/1991	91 U.S. Inlands
HACK LIFT	ALL	M	75	614	Hirsh, Bob	3/25/1995	Record Day
HACK LIFT	ALL	M	80	670	Hirsh, Bob	2/22/1997	97 Buckeye Record Breaker
HACK LIFT	ALL	M	85	510	Root, Andy	3/10/2012	2012 Club Challenge
HACK LIFT	ALL	M	90	605	Anderson, Phil	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
HACK LIFT	ALL	M	95	540	Schock, Ed	7/1/2000	2000 USAWA - Lebanon, PA
HACK LIFT	ALL	M	100	615	Schock, Ed	5/18/2002	2002 Powerzone Challenge
HACK LIFT	ALL	M	105	620	Schock, Ed	12/1/2002	2002 Postal Meet
HACK LIFT	ALL	M	110	510	Ullom, Chad	11/21/2009	Record Day - Jackson Weightlifting Club
HACK LIFT	ALL	M	115	595	Myers, Al	10/4/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
HACK LIFT	ALL	M	120	601	Moore, Bob	9/13/1992	92 IAWA - England
HACK LIFT	ALL	M	125	565	Marlin, Philip	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
HACK LIFT	ALL	M	125+	507	Benzel, Bryan	2/12/2012	RD - Dino Gym (2012)
HACK LIFT	NAT	M	50	125	Todd, Everett	6/29/2024	NATIONALS (2024) - Columbia, MO

USAWA Record List

HACK LIFT	NAT	M	60	342	McKean, John	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	NAT	M	65	391	Lynch, Roger	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	NAT	M	70	440	Monk, John	6/7/2003	NATIONALS (2003) - Youngstown
HACK LIFT	NAT	M	75	441	Jones, Tom	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	NAT	M	80	525	Hirsh, Bob	6/7/2003	NATIONALS (2003) - Youngstown
HACK LIFT	NAT	M	85	502	Bryan, Barry	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	NAT	M	90	419	DiCiccio, Bill Sr.	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	NAT	M	95	540	Schock, Ed	7/2/2000	NATIONALS (2000) - Lebanon, PA
HACK LIFT	NAT	M	100	507	Schmidt, Steve	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT	NAT	M	105	515	Spayd, Bill	6/7/2003	NATIONALS (2003) - Youngstown
HACK LIFT	NAT	M	110	408	Ciavattone, Joe Sr.	7/2/2000	NATIONALS (2000) - Lebanon, PA
HACK LIFT	NAT	M	115	243	Geib, Bob	7/2/2000	NATIONALS (2000) - Lebanon, PA
HACK LIFT	NAT	M	120	340	Olsavsky, David	6/7/2003	NATIONALS (2003) - Youngstown
HACK LIFT	NAT	M	125	551	Ciavattone, Frank	7/2/2000	NATIONALS (2000) - Lebanon, PA
HACK LIFT	NAT	M	125+	502	Ciavattone, Frank	7/14/2019	NATIONALS (1991) - Ambridge, PA
HACK LIFT, FULTON BAR	16	F	40	83	Gupta, Nisha	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
HACK LIFT, FULTON BAR	16	F	75	200	De La Vega, Saria	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	55	F	50	190	Jackson, RJ	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	55	F	60	145	VanWagner, Kim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
HACK LIFT, FULTON BAR	ALL	F	40	83	Gupta, Nisha	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
HACK LIFT, FULTON BAR	ALL	F	50	190	Jackson, RJ	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	ALL	F	60	145	VanWagner, Kim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
HACK LIFT, FULTON BAR	ALL	F	70	200	Burchett, Emily	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	ALL	F	75	200	De La Vega, Saria	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	ALL	F	85	115	Morrison, Cassie	4/16/2016	2016 Frank's RD
HACK LIFT, FULTON BAR	ALL	F	95	176	Hopps, Jessica	11/29/2014	2014 New England Gold Cup
HACK LIFT, FULTON BAR	13	M	45	105	Todd, Everett	11/18/2023	RD - Lift for Leroy '23
HACK LIFT, FULTON BAR	13	M	85	108	McKean, Andraes	10/15/2017	2017 Art's Birthday Bash
HACK LIFT, FULTON BAR	14	M	65	245	Heit, Calvin	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	16	M	70	279	Hancock, Matt	11/29/2014	2014 New England Gold Cup
HACK LIFT, FULTON BAR	18	M	70	250	Schimpf, Christian	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	40	M	85	310	Smith, Abe	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
HACK LIFT, FULTON BAR	40	M	105	325	Edwards, Ben	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	45	M	75	220	LaPointe, Roger	10/16/2016	2016 Art's Birthday Bash
HACK LIFT, FULTON BAR	45	M	105	320	Wenzel, Jeff	8/3/2024	Clarks Gym RD #4 (2024)
HACK LIFT, FULTON BAR	45	M	100	303	Edwards, Ben	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
HACK LIFT, FULTON BAR	45	M	115	450	Ullom, Chad	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	50	M	90	313	Driscoll, Mike	4/16/2016	2016 Frank's RD
HACK LIFT, FULTON BAR	50	M	95	233	Gupta, Sanjiv	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
HACK LIFT, FULTON BAR	50	M	105	405	Myers, Al	11/30/2020	POSTAL (2020) - RECORD DAY
HACK LIFT, FULTON BAR	50	M	110	180	Raymond, Mark	5/27/2017	2017 East Walpole, MA RD
HACK LIFT, FULTON BAR	50	M	125+	185	Douglas, John	2/11/2017	2017 Grip Championships

USAWA Record List

HACK LIFT, FULTON BAR	55	M	75	165	Marchand, Wade	12/31/2024	2024 New Year's Eve RD - Walpole, MA
HACK LIFT, FULTON BAR	60	M	80	275	McKean, John	12/6/2009	2009 John's BD Record Day
HACK LIFT, FULTON BAR	60	M	90	250	DeForest, Dave	6/24/2023	NATIONALS (2023) - Columbia, MO
HACK LIFT, FULTON BAR	65	M	80	195	McKean, John	3/12/2011	2011 Club Challenge
HACK LIFT, FULTON BAR	65	M	85	215	DeForest, Dave	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
HACK LIFT, FULTON BAR	65	M	90	275	Carter, John	8/16/2025	Walpole Record Day, East Walpole, MA
HACK LIFT, FULTON BAR	65	M	110	225	Licini, Jerome	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
HACK LIFT, FULTON BAR	65	M	115	83	Larson, Nils	8/16/2025	Walpole Record Day, East Walpole, MA
HACK LIFT, FULTON BAR	70	M	70	178	McKean, John	10/15/2017	2017 Art's Birthday Bash
HACK LIFT, FULTON BAR	70	M	75	210	McKean, John	12/20/2015	2015 John's RD
HACK LIFT, FULTON BAR	70	M	80	220	Emslie, David	11/8/2014	2014 Clarks RD
HACK LIFT, FULTON BAR	70	M	90	110	Habecker, Denny	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	70	M	110	190	Myers, LaVerne	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	70	M	115	150	Ross, Dean	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	75	M	105	205	Myers, LaVerne	11/30/2020	POSTAL (2020) - RECORD DAY
HACK LIFT, FULTON BAR	80	M	85	200	Montini, Art	10/14/2007	2007 Art's Birthday Bash
HACK LIFT, FULTON BAR	85	M	80	176	Montini, Art	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
HACK LIFT, FULTON BAR	ALL	M	45	105	Todd, Everett	11/18/2023	RD - Lift for Leroy '23
HACK LIFT, FULTON BAR	ALL	M	65	245	Heit, Calvin	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	ALL	M	70	279	Hancock, Matt	11/29/2014	2014 New England Gold Cup
HACK LIFT, FULTON BAR	ALL	M	75	220	LaPointe, Roger	10/16/2016	2016 Art's Birthday Bash
HACK LIFT, FULTON BAR	ALL	M	80	395	Luther, Travis	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
HACK LIFT, FULTON BAR	ALL	M	85	345	Luther, Travis	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
HACK LIFT, FULTON BAR	ALL	M	90	427	Rabich, Michael	7/21/2018	2018 NE Record Day
HACK LIFT, FULTON BAR	ALL	M	100	357	Ciavattone, Joe Jr.	4/16/2016	2016 Frank's RD
HACK LIFT, FULTON BAR	ALL	M	105	435	Wiebe, Kyle	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
HACK LIFT, FULTON BAR	ALL	M	110	190	Myers, LaVerne	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	ALL	M	115	450	Ullom, Chad	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	ALL	M	120	325	Lucas, Zach	2/11/2017	2017 Grip Championships
HACK LIFT, FULTON BAR	ALL	M	125	320	Marlin, Philip	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
HACK LIFT, FULTON BAR	ALL	M	125+	185	Douglas, John	2/11/2017	2017 Grip Championships
HACK LIFT, MIDDLE FINGER	55	M	75	107	Marchand, Wade	8/16/2025	Walpole Record Day, East Walpole, MA
HACK LIFT, MIDDLE FINGER	ALL	M	75	107	Marchand, Wade	8/16/2025	Walpole Record Day, East Walpole, MA
HACK LIFT, RING FINGER	40	M	85	97	Jones, Dan	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
HACK LIFT, RING FINGER	ALL	M	85	97	Jones, Dan	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
HACK, ONE ARM, LEFT	40	F	65	99	Piper, Dawn	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, LEFT	40	F	75	82	Patrick, Lovely	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
HACK, ONE ARM, LEFT	40	F	85	150	Todd, Stacy	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, LEFT	40	F	95	135	Hopps, Jessica	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, LEFT	50	F	50	148	Jackson, RJ	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, LEFT	50	F	55	138	Phumchaona, Noi	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT	ALL	F	35	33	Jackson, Phoenix	6/30/2024	POSTAL (2024) - Q2

USAWA Record List

HACK, ONE ARM, LEFT	ALL	F	35	33	Jackson, Phoenix	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, LEFT	ALL	F	50	148	Jackson, RJ	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, LEFT	ALL	F	55	138	Phumchaona, Noi	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT	ALL	F	60	132	Simonsen, Jacqueline	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, LEFT	ALL	F	65	99	Piper, Dawn	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, LEFT	ALL	F	75	101	Diggs, Crystal	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, LEFT	ALL	F	85	150	Todd, Stacy	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, LEFT	ALL	F	95	135	Hopps, Jessica	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, LEFT	NAT	F	55	134	Phumchaona, Noi	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, LEFT	NAT	F	60	132	Simonsen, Jacqueline	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, LEFT	16	M	80	75	Conley, Elijah	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, LEFT	18	M	80	195	Smith, Abe	6/24/2001	NATIONALS (2001) - Columbia, MO
HACK, ONE ARM, LEFT	40	M	75	303	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT	40	M	80	154	Beekman, Stanley	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT	40	M	85	177	Jones, Dan	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, LEFT	40	M	90	143	Larson, Nils	6/29/2002	NATIONALS (2002) - Ambridge
HACK, ONE ARM, LEFT	40	M	95	251	Strangeway, John	3/31/2019	POSTAL (2019) - Q1
HACK, ONE ARM, LEFT	40	M	100	309	Venterosa, Don	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT	40	M	120	235	Myers, Al	11/22/2009	RD- Clarks Gym '09
HACK, ONE ARM, LEFT	45	M	65	187	Pensyl, Barry	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT	45	M	100	205	Fobes, Jarrod	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, LEFT	45	M	125+	145	Van Vleck, Thom	11/22/2009	RD- Clarks Gym '09
HACK, ONE ARM, LEFT	50	M	85	275	Wagman, Dan	12/1/2012	2012 Gracie Club RD
HACK, ONE ARM, LEFT	50	M	90	220	DiCiccio, Bill	2/26/1994	94 Buckeye Record Breaker
HACK, ONE ARM, LEFT	50	M	95	248	DiCiccio, Bill	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, LEFT	50	M	100	185	Gupta, Sanjiv	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, LEFT	50	M	110	176	Raymond, Mark	6/30/2017	POSTAL (2017) - Q2
HACK, ONE ARM, LEFT	50	M	125+	151	Foster, Lance	3/31/2019	POSTAL (2019) - Q1
HACK, ONE ARM, LEFT	55	M	75	77	Marchand, Wade	12/31/2024	2024 New Year's Eve RD - Walpole, MA
HACK, ONE ARM, LEFT	55	M	80	174	McKean, John	10/17/2004	2004 Art's Birthday Bash
HACK, ONE ARM, LEFT	55	M	85	250	DiCiccio, Bill	10/15/1995	95 Art's Birthday Bash
HACK, ONE ARM, LEFT	55	M	90	154	Blockston, Larry	6/29/2002	NATIONALS (2002) - Ambridge
HACK, ONE ARM, LEFT	55	M	95	165	Vandermark, Dennis	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
HACK, ONE ARM, LEFT	55	M	100	200	Hose, Tony	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, LEFT	55	M	105	150	Lupo, Tony	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, LEFT	55	M	110	250	Clark, Bill	2/6/1988	RD - Columbia, MO '88
HACK, ONE ARM, LEFT	55	M	115	220	Glasgow, Dave	6/30/2012	NATIONALS (2012) - Las Vegas, NV
HACK, ONE ARM, LEFT	55	M	125+	253	Ciavattone, Frank	10/25/2014	IAWA GOLD CUP (2014) - Burton on Trent, UK
HACK, ONE ARM, LEFT	60	M	80	200	DeForest, Dave	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, LEFT	60	M	90	165	DeForest, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
HACK, ONE ARM, LEFT	60	M	105	215	Clark, Bill	11/6/1994	RD - Columbia, MO '94
HACK, ONE ARM, LEFT	60	M	120	135	Geib, Bob	6/5/2004	NATIONALS (2004) - Lansdale, PA

USAWA Record List

HACK, ONE ARM, LEFT	65	M	75	128	Mitchell, Dennis	6/24/2001	NATIONALS (2001) - Columbia, MO
HACK, ONE ARM, LEFT	65	M	80	190	Montini, Art	7/25/1993	RD - Ambridge
HACK, ONE ARM, LEFT	65	M	85	198	Monahan, Rex	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, LEFT	65	M	100	220	Prechtel, Howard	10/16/1994	94 U.S. Inlands
HACK, ONE ARM, LEFT	65	M	115	198	Myers, LaVerne	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, LEFT	65	M	125+	231	Ciavattone, Frank	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
HACK, ONE ARM, LEFT	70	M	75	140	Mitchell, Dennis	6/26/2005	NATIONALS (2005) - Youngstown, OH
HACK, ONE ARM, LEFT	70	M	80	170	Montini, Art	10/12/1997	97 Art's Birthday Bash
HACK, ONE ARM, LEFT	70	M	85	154	Montini, Art	10/11/1998	98 Art's Birthday Bash
HACK, ONE ARM, LEFT	70	M	90	198	Monahan, Rex	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT	70	M	105	154	Myers, LaVerne	3/31/2019	POSTAL (2019) - Q1
HACK, ONE ARM, LEFT	70	M	110	80	Ross, Dean	10/15/2017	2017 Art's Birthday Bash
HACK, ONE ARM, LEFT	75	M	75	110	Mitchell, Dennis	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
HACK, ONE ARM, LEFT	75	M	85	143	Monahan, Rex	6/29/2002	NATIONALS (2002) - Ambridge
HACK, ONE ARM, LEFT	75	M	95	150	Monahan, Rex	6/24/2001	NATIONALS (2001) - Columbia, MO
HACK, ONE ARM, LEFT	75	M	100	125	Myers, LaVerne	2/11/2023	GRIP CHAMPIONSHIPS
HACK, ONE ARM, LEFT	75	M	115	75	Ross, Dean	3/31/2019	POSTAL (2019) - Q1
HACK, ONE ARM, LEFT	80	M	70	111	Mitchell, Dennis	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, LEFT	80	M	80	121	Montini, Art	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, LEFT	80	M	85	98	Montini, Art	10/17/2010	2010 Art's Birthday Bash
HACK, ONE ARM, LEFT	80	M	90	70	Dorylis, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, LEFT	ALL	M	65	187	Pensyl, Barry	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT	ALL	M	70	205	Monk, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, LEFT	ALL	M	75	303	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT	ALL	M	80	215	Luther, Travis	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, LEFT	ALL	M	85	300	Wagman, Dan	3/31/2016	POSTAL (2016) - Q1
HACK, ONE ARM, LEFT	ALL	M	90	220	DiCiccio, Bill	2/26/1994	94 Buckeye Record Breaker
HACK, ONE ARM, LEFT	ALL	M	95	251	Strangeway, John	3/31/2019	POSTAL (2019) - Q1
HACK, ONE ARM, LEFT	ALL	M	100	309	Venterosa, Don	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT	ALL	M	105	225	Larosa, Carl	10/13/2002	2002 Art's Birthday Bash
HACK, ONE ARM, LEFT	ALL	M	110	250	Clark, Bill	2/6/1988	RD - Columbia, MO '88
HACK, ONE ARM, LEFT	ALL	M	115	220	Glasgow, Dave	6/30/2012	NATIONALS (2012) - Las Vegas, NV
HACK, ONE ARM, LEFT	ALL	M	120	235	Myers, Al	11/22/2009	RD- Clarks Gym '09
HACK, ONE ARM, LEFT	ALL	M	125+	253	Ciavattone, Frank	10/25/2014	IAWA GOLD CUP (2014) - Burton on Trent, UK
HACK, ONE ARM, LEFT	NAT	M	70	205	Monk, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, LEFT	NAT	M	75	195	Smith, Abe	6/24/2001	NATIONALS (2001) - Columbia, MO
HACK, ONE ARM, LEFT	NAT	M	80	176	Mitchell, Dennis	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, LEFT	NAT	M	85	254	Friesz, Dale	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, LEFT	NAT	M	90	160	Cirafesi, Ralph	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, LEFT	NAT	M	95	248	DiCiccio, Bill Sr.	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, LEFT	NAT	M	100	275	McBride, Mike	6/25/2005	NATIONALS (2005) - Youngstown, OH
HACK, ONE ARM, LEFT	NAT	M	110	225	Larosa, Carl	6/25/2005	NATIONALS (2005) - Youngstown, OH

USAWA Record List

HACK, ONE ARM, LEFT	NAT	M	115	220	Glasgow, Dave	6/30/2012	NATIONALS (2012) - Las Vegas, NV
HACK, ONE ARM, LEFT	NAT	M	120	135	Geib, Bob	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	13	F	60	95	Todd, Phoebe	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	14	F	40	35	Gupta, Nisha	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	14	F	70	115	Todd, Lillian	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	16	F	45	40	Gupta, Diya	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	16	F	60	112	Todd, Lillian	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	40	F	65	85	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	40	F	70	83	Springs, Deanna	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	40	F	80	80	Guglielmo, Terry	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	40	F	85	121	Hopps, Jessica	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	40	F	90	155	Todd, Stacy	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	45	F	45	77	Gedney, Judith	10/1/2005	Macomb Record Setter
HACK, ONE ARM, RIGHT	45	F	100	104	Sees, Susan	6/30/2012	NATIONALS (2012) - Las Vegas, NV
HACK, ONE ARM, RIGHT	50	F	55	154	Phumchaona, Noi	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
HACK, ONE ARM, RIGHT	50	F	60	95	Brooner-Lakowsky, Tressa	3/31/2016	POSTAL (2016) - Q1
HACK, ONE ARM, RIGHT	55	F	50	134	Jackson, RJ	6/30/2017	POSTAL (2017) - Q2
HACK, ONE ARM, RIGHT	55	F	55	118	Phumchaona, Noi	6/24/2001	NATIONALS (2001) - Columbia, MO
HACK, ONE ARM, RIGHT	55	F	60	60	VanWagner, Kim	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	55	F	90	90	Lupo, Allison	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	55	F	95	115	Gore, Lisa	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	55	F	105	100	Gore, Lisa	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	60	F	50	146	Jackson, RJ	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	65	F	75	85	Thompson, Janet	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	ALL	F	45	77	Gedney, Judith	10/1/2005	Macomb Record Setter
HACK, ONE ARM, RIGHT	ALL	F	50	146	Jackson, RJ	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	ALL	F	55	154	Phumchaona, Noi	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
HACK, ONE ARM, RIGHT	ALL	F	60	112	Todd, Lillian	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	ALL	F	65	116	Schmidt, Kathy	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	ALL	F	70	115	Todd, Lillian	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	ALL	F	75	220	Ollennuking, Amorkor	6/24/2001	NATIONALS (2001) - Columbia, MO
HACK, ONE ARM, RIGHT	ALL	F	80	80	Guglielmo, Terry	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	ALL	F	85	121	Hopps, Jessica	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	ALL	F	90	155	Todd, Stacy	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	ALL	F	95	115	Gore, Lisa	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	ALL	F	100	154	Kressly, Jera	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	ALL	F	105	100	Gore, Lisa	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	ALL	F	125+	138	Goolsby, Carolyn	6/29/2002	NATIONALS (2002) - Ambridge
HACK, ONE ARM, RIGHT	NAT	F	55	118	Phumchaona, Noi	6/24/2001	NATIONALS (2001) - Columbia, MO
HACK, ONE ARM, RIGHT	NAT	F	65	85	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	NAT	F	70	90	Rudisell, Tammie	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	NAT	F	75	220	Ollennuking, Amorkor	6/24/2001	NATIONALS (2001) - Columbia, MO

USAWA Record List

HACK, ONE ARM, RIGHT	NAT	F	80	80	Guglielmo, Terry	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	NAT	F	100	104	Sees, Susan	6/30/2012	NATIONALS (2012) - Las Vegas, NV
HACK, ONE ARM, RIGHT	NAT	F	125+	138	Goolsby, Carolyn	6/29/2002	NATIONALS (2002) - Ambridge
HACK, ONE ARM, RIGHT	13	M	30	45	Wenzel, Logan	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	13	M	35	70	Wenzel, Logan	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	11	M	45	80	Todd, Everett	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	13	M	35	77	Geib, Adam	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	13	M	40	55	Geib, Adam	2/24/1996	96 Buckeye Record Breaker
HACK, ONE ARM, RIGHT	13	M	50	77	Urbanski, Ryan	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	13	M	55	105	Todd, Everett	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	13	M	60	121	Monk, Joshua	6/29/2002	NATIONALS (2002) - Ambridge
HACK, ONE ARM, RIGHT	13	M	65	121	Habecker, Aidan	6/30/2017	POSTAL (2017) - Q2
HACK, ONE ARM, RIGHT	13	M	70	132	McKean, Sean	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	14	M	65	132	Schmidt, Alan	10/10/1993	U.S. Inlands
HACK, ONE ARM, RIGHT	14	M	75	143	Demille, Cale	6/29/2002	NATIONALS (2002) - Ambridge
HACK, ONE ARM, RIGHT	14	M	85	222	Ciavattone, Jeff	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	14	M	90	187	Habecker, Aidan	3/31/2019	POSTAL (2019) - Q1
HACK, ONE ARM, RIGHT	14	M	120	181	Hess, Kohl	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
HACK, ONE ARM, RIGHT	14	M	125+	200	Hess, Kohl	6/30/2010	Middle Atlantic Postal
HACK, ONE ARM, RIGHT	16	M	60	145	Wenzel, Spencer	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	16	M	65	143	Schmidt, Alan	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	16	M	70	187	Kennedy, Tim	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	16	M	75	200	Demille, Cale	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	16	M	80	200	Loudon, Andrew	6/26/2005	NATIONALS (2005) - Youngstown, OH
HACK, ONE ARM, RIGHT	16	M	85	231	McKean, Robbie	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	16	M	95	182	Hunter, Joe	6/29/2002	NATIONALS (2002) - Ambridge
HACK, ONE ARM, RIGHT	16	M	100	150	Blockston, Jon	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	18	M	105	235	Reel, Ian	6/26/2005	NATIONALS (2005) - Youngstown, OH
HACK, ONE ARM, RIGHT	40	M	65	154	Tichenor, Glen	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	40	M	70	243	Waterman, Chris	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	40	M	80	220	Monk, John	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
HACK, ONE ARM, RIGHT	40	M	85	195	Smith, Abe	6/24/2001	NATIONALS (2001) - Columbia, MO
HACK, ONE ARM, RIGHT	40	M	90	231	Piper, Tim	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	40	M	100	154	Lano, Jack	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	40	M	105	250	Silvestri, Larry	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	40	M	110	222	Cookson, Bill	2/10/2007	RD - Dino Gym (2007)
HACK, ONE ARM, RIGHT	40	M	115	330	Myers, Al	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
HACK, ONE ARM, RIGHT	40	M	120	352	Myers, Al	6/30/2010	Middle Atlantic Postal
HACK, ONE ARM, RIGHT	40	M	125+	331	Ciavattone, Frank	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	45	M	70	248	McKean, John	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	45	M	75	254	McKean, John	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	45	M	90	230	Smith, Randy	6/5/2004	NATIONALS (2004) - Lansdale, PA

USAWA Record List

HACK, ONE ARM, RIGHT	45	M	100	254	Kurtz, John	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	45	M	105	250	Wenzel, Jeff	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	45	M	110	331	Myers, Al	6/30/2012	NATIONALS (2012) - Las Vegas, NV
HACK, ONE ARM, RIGHT	45	M	115	243	Karhan, Bob	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	45	M	125	325	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	45	M	125+	220	Foster, Lance	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	50	M	75	209	Habecker, Denny	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	50	M	80	226	McKean, John	3/4/2000	2000 Buckeye Record Break
HACK, ONE ARM, RIGHT	50	M	85	275	Wagman, Dan	12/1/2012	2012 Gracie Club RD
HACK, ONE ARM, RIGHT	50	M	90	254	DiCiccio, Bill	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	50	M	95	248	DiCiccio, Bill	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	50	M	100	330	Schock, Ed	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	50	M	105	287	Myers, Al	9/30/2017	2017 IAWA Worlds - Perth
HACK, ONE ARM, RIGHT	50	M	110	280	Myers, Al	3/31/2019	POSTAL (2019) - Q1
HACK, ONE ARM, RIGHT	50	M	115	309	Malloy, Jim	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	50	M	120	235	Schmidt, Scott	6/26/2005	NATIONALS (2005) - Youngstown, OH
HACK, ONE ARM, RIGHT	50	M	125+	350	Ciavattone, Frank	6/26/2005	NATIONALS (2005) - Youngstown, OH
HACK, ONE ARM, RIGHT	55	M	75	150	Marchand, Wade	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	55	M	80	259	McKean, John	6/29/2002	NATIONALS (2002) - Ambridge
HACK, ONE ARM, RIGHT	55	M	85	254	Friesz, Dale	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	55	M	90	220	Habecker, Denny	6/29/2002	NATIONALS (2002) - Ambridge
HACK, ONE ARM, RIGHT	55	M	95	225	Traub, Larry	6/30/2012	NATIONALS (2012) - Las Vegas, NV
HACK, ONE ARM, RIGHT	55	M	105	176	Jury, Steve	8/5/2023	PRESIDENTIAL CUP (2023)
HACK, ONE ARM, RIGHT	55	M	110	250	Clark, Bill	2/6/1988	RD - Columbia, MO '88
HACK, ONE ARM, RIGHT	55	M	115	220	Glasgow, Dave	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	55	M	120	220	Schmidt, Scott	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
HACK, ONE ARM, RIGHT	55	M	125+	253	Ciavattone, Frank	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	60	M	75	205	Friesz, Dale	6/26/2005	NATIONALS (2005) - Youngstown, OH
HACK, ONE ARM, RIGHT	60	M	80	215	McKean, John	12/6/2009	2009 John's BD Record Day
HACK, ONE ARM, RIGHT	60	M	85	230	Habecker, Denny	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	60	M	90	215	Habecker, Denny	6/26/2005	NATIONALS (2005) - Youngstown, OH
HACK, ONE ARM, RIGHT	60	M	95	192	Locondro, Mike	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	60	M	100	200	Carter, John	12/17/2022	Memorial Record Day
HACK, ONE ARM, RIGHT	60	M	105	185	Clark, Bill	11/6/1994	RD - Columbia, MO '94
HACK, ONE ARM, RIGHT	60	M	115	250	Malloy, Jim	6/26/2005	NATIONALS (2005) - Youngstown, OH
HACK, ONE ARM, RIGHT	60	M	125+	67	Ciavattone, Frank	6/30/2017	POSTAL (2017) - Q2
HACK, ONE ARM, RIGHT	65	M	75	204	McKean, John	10/14/2012	2012 Arts Birthday Bash
HACK, ONE ARM, RIGHT	65	M	80	248	Montini, Art	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	65	M	85	231	Montini, Art	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	65	M	90	200	Smith, Randy	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	65	M	100	243	Prechtel, Howard	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	65	M	110	118	Woods, Jim	6/24/2001	NATIONALS (2001) - Columbia, MO

USAWA Record List

HACK, ONE ARM, RIGHT	65	M	115	240	Malloy, Jim	5/25/2008	2008 Middle Atlantic Postal
HACK, ONE ARM, RIGHT	65	M	125	148	Geib, Bob	6/30/2012	NATIONALS (2012) - Las Vegas, NV
HACK, ONE ARM, RIGHT	65	M	125+	253	Ciavattone, Frank	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
HACK, ONE ARM, RIGHT	70	M	75	138	Mitchell, Dennis	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	70	M	80	180	Montini, Art	10/12/1997	97 Art's Birthday Bash
HACK, ONE ARM, RIGHT	70	M	85	198	Habecker, Denny	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	70	M	90	200	Habecker, Denny	11/29/2014	2014 New England Gold Cup
HACK, ONE ARM, RIGHT	70	M	95	121	Springs, Al	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	70	M	105	198	Prechtel, Howard	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	70	M	110	185	Myers, LaVerne	3/31/2016	POSTAL (2016) - Q1
HACK, ONE ARM, RIGHT	70	M	115	145	Glasgow, Dave	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	70	M	120	135	Ross, Dean	3/31/2016	POSTAL (2016) - Q1
HACK, ONE ARM, RIGHT	70	M	125	155	Ciavattone, Frank	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	75	M	65	150	Amendalaro, Joe	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	75	M	75	110	Mitchell, Dennis	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
HACK, ONE ARM, RIGHT	75	M	85	175	Montini, Art	6/26/2005	NATIONALS (2005) - Youngstown, OH
HACK, ONE ARM, RIGHT	75	M	90	176	Habecker, Denny	9/30/2017	2017 IAWA Worlds - Perth
HACK, ONE ARM, RIGHT	75	M	100	132	Bletscher, Rudy	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	80	M	70	111	Mitchell, Dennis	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	80	M	80	132	Montini, Art	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
HACK, ONE ARM, RIGHT	80	M	85	137	Habecker, Denny	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	ALL	M	30	45	Wenzel, Logan	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	ALL	M	35	70	Wenzel, Logan	6/30/2025	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	ALL	M	45	80	Todd, Everett	6/30/2024	POSTAL (2024) - Q2
HACK, ONE ARM, RIGHT	ALL	M	55	105	Todd, Everett	6/30/2024	POSTAL (2025) - Q2
HACK, ONE ARM, RIGHT	ALL	M	60	198	Gazda, Goeff	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	ALL	M	65	154	Tichenor, Glen	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	ALL	M	70	248	McKean, John	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	ALL	M	75	263	Zaremba, Pete	10/12/1997	97 Art's Birthday Bash
HACK, ONE ARM, RIGHT	ALL	M	80	264	Zaremba, Pete	10/11/1998	98 Art's Birthday Bash
HACK, ONE ARM, RIGHT	ALL	M	85	275	Wagman, Dan	12/1/2012	2012 Gracie Club RD
HACK, ONE ARM, RIGHT	ALL	M	90	254	DiCiccio, Bill	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	ALL	M	95	248	DiCiccio, Bill	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	ALL	M	100	330	Schock, Ed	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	ALL	M	105	308	Ullom, Chad	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
HACK, ONE ARM, RIGHT	ALL	M	110	331	Myers, Al	6/30/2012	NATIONALS (2012) - Las Vegas, NV
HACK, ONE ARM, RIGHT	ALL	M	115	330	Myers, Al	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
HACK, ONE ARM, RIGHT	ALL	M	120	402	Ciavattone, Frank	6/29/2002	NATIONALS (2002) - Ambridge
HACK, ONE ARM, RIGHT	ALL	M	125	325	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	ALL	M	125+	350	Ciavattone, Frank	6/26/2005	NATIONALS (2005) - Youngstown, OH
HACK, ONE ARM, RIGHT	NAT	M	60	176	Gazda, Goeff	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	NAT	M	65	154	Tichenor, Glen	6/4/1994	NATIONALS (1994) - Cleveland, OH

USAWA Record List

HACK, ONE ARM, RIGHT	NAT	M	70	248	McKean, John	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	NAT	M	75	243	Hirsh, Bob	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	NAT	M	80	259	McKean, John	6/29/2002	NATIONALS (2002) - Ambridge
HACK, ONE ARM, RIGHT	NAT	M	85	248	DiCiccio, Bill Jr.	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	NAT	M	90	250	Smith, Randy	6/25/2005	NATIONALS (2005) - Youngstown, OH
HACK, ONE ARM, RIGHT	NAT	M	95	248	DiCiccio, Bill Sr.	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	NAT	M	100	330	Schock, Ed	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	NAT	M	105	259	Locondro, Mike	6/4/1994	NATIONALS (1994) - Cleveland, OH
HACK, ONE ARM, RIGHT	NAT	M	110	331	Myers, Al	6/30/2012	NATIONALS (2012) - Las Vegas, NV
HACK, ONE ARM, RIGHT	NAT	M	115	320	Ullom, Chad	6/30/2012	NATIONALS (2012) - Las Vegas, NV
HACK, ONE ARM, RIGHT	NAT	M	120	402	Ciavattone, Frank	6/29/2002	NATIONALS (2002) - Ambridge
HACK, ONE ARM, RIGHT	NAT	M	125	325	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
HACK, ONE ARM, RIGHT	NAT	M	125+	350	Ciavattone, Frank	6/25/2005	NATIONALS (2005) - Youngstown, OH
HACKENSCHMIDT FLOOR PRESS	13	F	40	55	Todd, Phoebe	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
HACKENSCHMIDT FLOOR PRESS	13	F	60	75	Todd, Phoebe	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HACKENSCHMIDT FLOOR PRESS	16	F	40	65	Gupta, Nisha	12/13/2025	OTSM WORLD Championship. Postal (2025)
HACKENSCHMIDT FLOOR PRESS	16	F	55	140	McDonald, Alexandria	8/17/2024	2024 USA Kentucky Open - Somerset, KY
HACKENSCHMIDT FLOOR PRESS	18	F	50	65	Gupta, Diya	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	18	F	55	130	McDonald, Alexandria	6/28/2025	Home GymCon Push/Pull, Louisville, KY
HACKENSCHMIDT FLOOR PRESS	40	F	65	225	Skwarecki, Beth	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	40	F	70	245	Skwarecki, Beth	8/25/2024	TRUE NORTH, TRUE STRENGTH OPEN, Fergus, Ont, CA
HACKENSCHMIDT FLOOR PRESS	40	F	75	200	Skwarecki, Beth	6/4/2023	Hackendinnie Classic
HACKENSCHMIDT FLOOR PRESS	40	F	80	110	Hopps, Jessica	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	40	F	100	195	Losey, Tara	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
HACKENSCHMIDT FLOOR PRESS	50	F	50	180	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
HACKENSCHMIDT FLOOR PRESS	50	F	60	135	Gardner, Wendy	12/9/2023	Old Time Strongman World Championship
HACKENSCHMIDT FLOOR PRESS	55	F	60	125	VanWagner, Kim	12/13/2025	OTSM WORLD Championship. Postal (2025)
HACKENSCHMIDT FLOOR PRESS	55	F	90	80	Lupo, Allison	6/2/2024	HackenDINNIE Classic II
HACKENSCHMIDT FLOOR PRESS	55	F	100	135	Gore, Lisa	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
HACKENSCHMIDT FLOOR PRESS	60	F	60	155	Homan, Lynn	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
HACKENSCHMIDT FLOOR PRESS	60	F	105	140	Gore, Lisa	9/14/2025	One Ton Challenge (2025), Columbia, MO
HACKENSCHMIDT FLOOR PRESS	65	F	75	75	Thompson, Janet	9/14/2025	One Ton Challenge (2025), Columbia, MO
HACKENSCHMIDT FLOOR PRESS	65	F	125+	135	McConnaughey, Mary	9/14/2025	One Ton Challenge (2025), Columbia, MO
HACKENSCHMIDT FLOOR PRESS	75	F	55	48	McGregor, Alix	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
HACKENSCHMIDT FLOOR PRESS	ALL	F	40	65	Gupta, Nisha	12/13/2025	OTSM WORLD Championship. Postal (2025)
HACKENSCHMIDT FLOOR PRESS	ALL	F	50	180	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
HACKENSCHMIDT FLOOR PRESS	ALL	F	55	140	McDonald, Alexandria	8/17/2024	2024 USA Kentucky Open - Somerset, KY
HACKENSCHMIDT FLOOR PRESS	ALL	F	60	155	Homan, Lynn	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
HACKENSCHMIDT FLOOR PRESS	ALL	F	65	225	Skwarecki, Beth	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	ALL	F	70	245	Skwarecki, Beth	8/25/2024	TRUE NORTH, TRUE STRENGTH OPEN, Fergus, Ont, CA
HACKENSCHMIDT FLOOR PRESS	ALL	F	75	200	Skwarecki, Beth	6/4/2023	Hackendinnie Classic
HACKENSCHMIDT FLOOR PRESS	ALL	F	80	175	Jordan, Diana	10/12/2024	Clarks Gym RD #5 (2024)

USAWA Record List

HACKENSCHMIDT FLOOR PRESS	ALL	F	90	80	Lupo, Allison	6/2/2024	HackenDINNIE Classic II
HACKENSCHMIDT FLOOR PRESS	ALL	F	100	195	Losey, Tara	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
HACKENSCHMIDT FLOOR PRESS	ALL	F	105	140	Gore, Lisa	9/14/2025	One Ton Challenge (2025), Columbia, MO
HACKENSCHMIDT FLOOR PRESS	ALL	F	125+	135	McConnaughey, Mary	9/14/2025	One Ton Challenge (2025), Columbia, MO
HACKENSCHMIDT FLOOR PRESS	NAT	F	40	60	Gupta, Nisha	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	NAT	F	50	65	Gupta, Diya	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	NAT	F	65	225	Skwarecki, Beth	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	NAT	F	80	110	Hopps, Jessica	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	NAT	F	90	75	Lupo, Allison	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	13	M	35	65	Todd, Leroy	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
HACKENSCHMIDT FLOOR PRESS	13	M	40	70	Todd, Leroy	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HACKENSCHMIDT FLOOR PRESS	13	M	60	85	Todd, Everett	9/14/2025	One Ton Challenge (2025), Columbia, MO
HACKENSCHMIDT FLOOR PRESS	13	M	85	80	Bankens, Isaac	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
HACKENSCHMIDT FLOOR PRESS	13	M	95	80	Bankens, Isaac	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	16	M	60	170	Wenzel, Spencer	2/25/2024	RD - Clarks Gym
HACKENSCHMIDT FLOOR PRESS	16	M	75	85	Lasure, Sam	9/23/2023	Buffville Push/Pull
HACKENSCHMIDT FLOOR PRESS	18	M	70	205	Burbank, William	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
HACKENSCHMIDT FLOOR PRESS	18	M	75	285	Agre, Kyle	6/28/2025	Home GymCon Push/Pull, Louisville, KY
HACKENSCHMIDT FLOOR PRESS	18	M	80	165	Conley, Elijah	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
HACKENSCHMIDT FLOOR PRESS	40	M	70	250	Ortega, Toby	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	40	M	85	350	Stearns, Ashley	12/7/2024	Old Time Strongman World Championship (2024)
HACKENSCHMIDT FLOOR PRESS	40	M	90	325	Stearns, Ashley	3/17/2024	Colorado Spring Fling
HACKENSCHMIDT FLOOR PRESS	40	M	95	300	Strangeway, John	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
HACKENSCHMIDT FLOOR PRESS	40	M	105	245	Edwards, Ben	9/10/2016	2016 OTSM Championships
HACKENSCHMIDT FLOOR PRESS	40	M	110	250	Edwards, Ben	9/9/2017	2017 OTSM Championships
HACKENSCHMIDT FLOOR PRESS	40	M	115	385	Todd, Eric	9/9/2017	2017 OTSM Championships
HACKENSCHMIDT FLOOR PRESS	40	M	120	400	Todd, Eric	9/10/2016	2016 OTSM Championships
HACKENSCHMIDT FLOOR PRESS	40	M	125	385	Millsaps, Holland	12/9/2023	Old Time Strongman World Championship
HACKENSCHMIDT FLOOR PRESS	40	M	125+	385	Newcomb, Bret	6/28/2025	Home GymCon Push/Pull, Louisville, KY
HACKENSCHMIDT FLOOR PRESS	45	M	90	265	Clark, Bill	12/28/2016	Record Day - Lebanon Valley, PA
HACKENSCHMIDT FLOOR PRESS	45	M	95	405	Stearns, Ashley	6/28/2025	Home GymCon Push/Pull, Louisville, KY
HACKENSCHMIDT FLOOR PRESS	45	M	100	325	Fobes, Jarrod	12/13/2025	OTSM WORLD Championship. Postal (2025)
HACKENSCHMIDT FLOOR PRESS	45	M	105	280	Wenzel, Jeff	2/25/2024	RD - Clarks Gym
HACKENSCHMIDT FLOOR PRESS	45	M	110	450	Poore, Clint	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HACKENSCHMIDT FLOOR PRESS	45	M	115	425	Poore, Clint	6/4/2023	Hackendinnie Classic
HACKENSCHMIDT FLOOR PRESS	45	M	125	275	Law, Jeremy	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
HACKENSCHMIDT FLOOR PRESS	45	M	125+	440	Gaddis, Jarrod	12/7/2024	Old Time Strongman World Championship (2024)
HACKENSCHMIDT FLOOR PRESS	50	M	85	435	Wagman, Dan	1/19/2013	Dino Gym Challenge (2013)
HACKENSCHMIDT FLOOR PRESS	50	M	90	400	Hall, James	8/17/2024	2024 USA Kentucky Open - Somerset, KY
HACKENSCHMIDT FLOOR PRESS	50	M	95	301	Hadley, Patrick	3/9/2024	RD - Buffville 2
HACKENSCHMIDT FLOOR PRESS	50	M	100	315	Hadley, Patrick	9/23/2023	Buffville Push/Pull
HACKENSCHMIDT FLOOR PRESS	50	M	105	350	Wenzel, Jeff	9/14/2025	One Ton Challenge (2025), Columbia, MO

USAWA Record List

HACKENSCHMIDT FLOOR PRESS	50	M	110	435	Poore, Clint	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	50	M	115	440	Poore, Clint	12/7/2024	Old Time Strongman World Championship (2024)
HACKENSCHMIDT FLOOR PRESS	50	M	120	445	Poore, Clint	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
HACKENSCHMIDT FLOOR PRESS	50	M	125+	365	Mitchell, Mark	1/19/2013	Dino Gym Challenge (2013)
HACKENSCHMIDT FLOOR PRESS	55	M	75	195	Marchand, Wade	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	55	M	90	250	Wilson, Jerry	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	55	M	100	275	Frappier, Chris	6/2/2024	HackenDINNIE Classic II
HACKENSCHMIDT FLOOR PRESS	55	M	110	330	Lupo, Tony	12/9/2023	Old Time Strongman World Championship
HACKENSCHMIDT FLOOR PRESS	55	M	115	305	Lupo, Tony	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
HACKENSCHMIDT FLOOR PRESS	55	M	120	225	Cook, Greg	9/10/2016	2016 OTSM Championships
HACKENSCHMIDT FLOOR PRESS	55	M	125	365	Gardner, Brian	9/23/2023	Buffville Push/Pull
HACKENSCHMIDT FLOOR PRESS	55	M	125+	315	Trent, Jeff	8/17/2024	2024 USA Kentucky Open - Somerset, KY
HACKENSCHMIDT FLOOR PRESS	60	M	75	185	Santangelo, Stephen	10/16/2016	2016 Art's Birthday Bash
HACKENSCHMIDT FLOOR PRESS	60	M	85	200	DeForest, Dave	12/7/2024	Old Time Strongman World Championship (2024)
HACKENSCHMIDT FLOOR PRESS	60	M	90	225	DeForest, Dave	12/9/2023	Old Time Strongman World Championship
HACKENSCHMIDT FLOOR PRESS	60	M	100	260	Frappier, Chris	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
HACKENSCHMIDT FLOOR PRESS	60	M	105	205	Richey, Randy	6/2/2024	HackenDINNIE Classic II
HACKENSCHMIDT FLOOR PRESS	60	M	110	225	Richey, Randy	6/28/2025	Home GymCon Push/Pull, Louisville, KY
HACKENSCHMIDT FLOOR PRESS	60	M	115	282	Lupo, Tony	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
HACKENSCHMIDT FLOOR PRESS	60	M	120	259	Cook, Greg	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
HACKENSCHMIDT FLOOR PRESS	60	M	125+	155	Paul, Tim	8/17/2024	2024 USA Kentucky Open - Somerset, KY
HACKENSCHMIDT FLOOR PRESS	65	M	65	200	Evans, Mark	6/28/2025	Home GymCon Push/Pull, Louisville, KY
HACKENSCHMIDT FLOOR PRESS	65	M	70	187	Pensyl, Barry	5/6/2017	2017 Lebanon, PA Valley RD
HACKENSCHMIDT FLOOR PRESS	65	M	80	253	Brayn, Barry	12/13/2025	OTSM WORLD Championship. Postal (2025)
HACKENSCHMIDT FLOOR PRESS	65	M	85	250	Dickerson, Ricky	12/9/2023	Old Time Strongman World Championship
HACKENSCHMIDT FLOOR PRESS	65	M	90	280	Dickerson, Ricky	6/2/2024	HackenDINNIE Classic II
HACKENSCHMIDT FLOOR PRESS	65	M	110	105	Licini, Jerome	9/14/2025	One Ton Challenge (2025), Columbia, MO
HACKENSCHMIDT FLOOR PRESS	65	M	115	245	Larson, Nils	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	65	M	125+	185	Paul, Tim	6/28/2025	Home GymCon Push/Pull, Louisville, KY
HACKENSCHMIDT FLOOR PRESS	70	M	70	160	Pensyl, Barry	12/15/2018	2018 Vernacchio RD
HACKENSCHMIDT FLOOR PRESS	70	M	75	125	McKean, John	10/16/2016	2016 Art's Birthday Bash
HACKENSCHMIDT FLOOR PRESS	70	M	85	225	Hultquist, Chip	9/23/2023	Buffville Push/Pull
HACKENSCHMIDT FLOOR PRESS	70	M	90	250	Traub, Larry	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	70	M	105	210	Ross, Dean	9/9/2017	2017 OTSM Championships
HACKENSCHMIDT FLOOR PRESS	70	M	115	225	Ross, Dean	9/10/2016	2016 OTSM Championships
HACKENSCHMIDT FLOOR PRESS	70	M	125	180	Ross, Dean	1/19/2013	Dino Gym Challenge (2013)
HACKENSCHMIDT FLOOR PRESS	75	M	60	115	Pensyl, Barry	12/13/2025	OTSM WORLD Championship. Postal (2025)
HACKENSCHMIDT FLOOR PRESS	75	M	85	187	Habecker, Denny	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
HACKENSCHMIDT FLOOR PRESS	75	M	90	155	Somfay, Joe	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
HACKENSCHMIDT FLOOR PRESS	75	M	95	135	Ross, Dean	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HACKENSCHMIDT FLOOR PRESS	75	M	105	110	Myers, LaVerne	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
HACKENSCHMIDT FLOOR PRESS	75	M	110	176	Ross, Dean	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP

USAWA Record List

HACKENSCHMIDT FLOOR PRESS	80	M	85	158	Habecker, Denny	12/13/2025	OTSM WORLD Championship. Postal (2025)
HACKENSCHMIDT FLOOR PRESS	80	M	90	155	Somfay, Joe	8/23/2025	TRUE NORTH, TRUE STRENGTH OPEN II, Fergus, ON
HACKENSCHMIDT FLOOR PRESS	85	M	80	120	Montini, Art	1/19/2013	Dino Gym Challenge (2013)
HACKENSCHMIDT FLOOR PRESS	ALL	M	40	70	Todd, Leroy	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HACKENSCHMIDT FLOOR PRESS	ALL	M	55	210	Guffey, Brian	12/9/2023	Old Time Strongman World Championship
HACKENSCHMIDT FLOOR PRESS	ALL	M	60	200	Guffey, Brian	9/23/2023	Buffville Push/Pull
HACKENSCHMIDT FLOOR PRESS	ALL	M	70	365	Hanlein, Michael	6/28/2025	Home GymCon Push/Pull, Louisville, KY
HACKENSCHMIDT FLOOR PRESS	ALL	M	75	285	Agre, Kyle	6/28/2025	Home GymCon Push/Pull, Louisville, KY
HACKENSCHMIDT FLOOR PRESS	ALL	M	80	285	Hegel, Francis	9/23/2023	Buffville Push/Pull
HACKENSCHMIDT FLOOR PRESS	ALL	M	85	435	Wagman, Dan	1/19/2013	Dino Gym Challenge (2013)
HACKENSCHMIDT FLOOR PRESS	ALL	M	90	400	Hall, James	8/17/2024	2024 USA Kentucky Open - Somerset, KY
HACKENSCHMIDT FLOOR PRESS	ALL	M	95	405	Stearns, Ashley	6/28/2025	Home GymCon Push/Pull, Louisville, KY
HACKENSCHMIDT FLOOR PRESS	ALL	M	100	375	Henderson, Chris	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	ALL	M	105	350	Wenzel, Jeff	9/14/2025	One Ton Challenge (2025), Columbia, MO
HACKENSCHMIDT FLOOR PRESS	ALL	M	110	450	Poore, Clint	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
HACKENSCHMIDT FLOOR PRESS	ALL	M	115	440	Poore, Clint	12/7/2024	Old Time Strongman World Championship (2024)
HACKENSCHMIDT FLOOR PRESS	ALL	M	120	445	Poore, Clint	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
HACKENSCHMIDT FLOOR PRESS	ALL	M	125	410	McIntyre, Mike	1/19/2013	Dino Gym Challenge (2013)
HACKENSCHMIDT FLOOR PRESS	ALL	M	125+	440	Gaddis, Jarrod	12/7/2024	Old Time Strongman World Championship (2024)
HACKENSCHMIDT FLOOR PRESS	NAT	M	70	345	Hanlein, Michael	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	NAT	M	75	195	Marchand, Wade	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	NAT	M	85	250	Jones, Dan	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	NAT	M	95	190	Gupta, Sanjiv	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	NAT	M	100	375	Henderson, Chris	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	NAT	M	105	200	Richey, Randy	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	NAT	M	110	435	Poore, Clint	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	NAT	M	115	245	Larson, Nils	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	NAT	M	125	45	Ciavattone, Frank	7/19/2025	NATIONALS (2025) - Albany, KY
HACKENSCHMIDT FLOOR PRESS	NAT	M	125+	405	Gaddis, Jarrod	7/19/2025	NATIONALS (2025) - Albany, KY
HAND AND THIGH LIFT	13	F	35	225	Gordon, Emily	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
HAND AND THIGH LIFT	13	F	45	325	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
HAND AND THIGH LIFT	13	F	85	160	Montini, Annabelle	10/15/2017	2017 Art's Birthday Bash
HAND AND THIGH LIFT	14	F	50	350	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
HAND AND THIGH LIFT	16	F	40	170	Gupta, Nisha	5/2/2026	HEAVY LIFT CHAMPIONSHIP (2026) - USAWA
HAND AND THIGH LIFT	16	F	70	275	Ordonez, Lexi	8/3/2024	2024 NEW ENGLAND HEAVY LIFT CLASSIC - Walpole
HAND AND THIGH LIFT	16	F	85	180	Montini, Robyn	10/15/2017	2017 Art's Birthday Bash
HAND AND THIGH LIFT	18	F	60	600	Burks, Amy	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
HAND AND THIGH LIFT	18	F	65	400	McBride, Angela	1/30/1999	ZERCHER STRENGTH CLASSIC (1999)
HAND AND THIGH LIFT	40	F	50	320	Hughes, Suree	7/16/1990	NATIONALS (1990) - Akron, OH
HAND AND THIGH LIFT	40	F	55	450	Hughes, Suree	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
HAND AND THIGH LIFT	40	F	60	500	Devine, Karen	6/15/1997	NATIONALS (1997) - Columbia, MO
HAND AND THIGH LIFT	40	F	65	400	Springs, Deanna	2/6/1993	ZERCHER STRENGTH CLASSIC (1993)

USAWA Record List

HAND AND THIGH LIFT	40	F	70	592	Hall, Rita	5/18/2002	2002 Powerzone Challenge
HAND AND THIGH LIFT	40	F	75	905	Ollennuking, Amorkor	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HAND AND THIGH LIFT	40	F	90	710	Hopps, Jessica	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
HAND AND THIGH LIFT	40	F	95	620	Hopps, Jessica	3/1/2025	New England Winter Heavy Lift Classic (2025), Walpole, MA
HAND AND THIGH LIFT	40	F	100	200	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HAND AND THIGH LIFT	45	F	45	320	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
HAND AND THIGH LIFT	45	F	50	463	Phumchaona, Noi	5/31/1992	NATIONALS (1992) - Walpole, MA
HAND AND THIGH LIFT	45	F	55	522	Phumchaona, Noi	5/22/1993	NATIONALS (1993) - Middletown, PA
HAND AND THIGH LIFT	50	F	55	565	Phumchaona, Noi	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	50	F	60	700	Burchette, Jeanne	7/13/1991	NATIONALS (1991) - Plymouth, PA
HAND AND THIGH LIFT	55	F	55	500	Phumchaona, Noi	6/24/2001	NATIONALS (2001) - Columbia, MO
HAND AND THIGH LIFT	55	F	80	705	Ollennuking, Amorkor	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)
HAND AND THIGH LIFT	55	F	90	315	Lupo, Allison	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
HAND AND THIGH LIFT	55	F	95	450	Lane, Colleen	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
HAND AND THIGH LIFT	55	F	125+	500	McConnaughey, Mary	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
HAND AND THIGH LIFT	60	F	75	190	Thompson, Janet	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
HAND AND THIGH LIFT	60	F	105	360	Gore, Lisa	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HAND AND THIGH LIFT	65	F	70	302	Habecker, Judy	9/7/2008	2008 World Heavylift- Walpole, MA
HAND AND THIGH LIFT	65	F	75	300	Thompson, Janet	11/30/2024	Schmidt's Backbreaker Pentathlon (2024)
HAND AND THIGH LIFT	65	F	80	305	Thompson, Janet	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
HAND AND THIGH LIFT	65	F	125+	350	McConnaughey, Mary	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
HAND AND THIGH LIFT	ALL	F	35	225	Gordon, Emily	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
HAND AND THIGH LIFT	ALL	F	40	170	Gupta, Nisha	5/2/2026	HEAVY LIFT CAHMPTIONSHIP (2026) - USAWA
HAND AND THIGH LIFT	ALL	F	45	325	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
HAND AND THIGH LIFT	ALL	F	50	463	Phumchaona, Noi	5/31/1992	NATIONALS (1992) - Walpole, MA
HAND AND THIGH LIFT	ALL	F	55	565	Phumchaona, Noi	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	ALL	F	60	810	Simonsen, Jacqueline	6/4/1994	NATIONALS (1994) - Cleveland, OH
HAND AND THIGH LIFT	ALL	F	65	805	Caron, Jacqueline	7/17/1993	93 IAWA - Walpole, MA
HAND AND THIGH LIFT	ALL	F	70	600	Lucht, Jenna	11/1/2014	2014 OTSM Championships
HAND AND THIGH LIFT	ALL	F	75	1005	Ollennuking, Amorkor	2/3/2001	ZERCHER STRENGTH CLASSIC (2001)
HAND AND THIGH LIFT	ALL	F	80	1100	Ollennuking, Amorkor	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
HAND AND THIGH LIFT	ALL	F	85	702	Ciavattone, Cara	12/30/1996	96 New England Champ.
HAND AND THIGH LIFT	ALL	F	90	710	Hopps, Jessica	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
HAND AND THIGH LIFT	ALL	F	95	620	Hopps, Jessica	3/1/2025	New England Winter Heavy Lift Classic (2025), Walpole, MA
HAND AND THIGH LIFT	ALL	F	100	200	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HAND AND THIGH LIFT	ALL	F	105	360	Gore, Lisa	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HAND AND THIGH LIFT	ALL	F	110	605	McVay, Mary Jo	7/17/1993	93 IAWA - Walpole, MA
HAND AND THIGH LIFT	ALL	F	125+	500	McConnaughey, Mary	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
HAND AND THIGH LIFT	NAT	F	45	320	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
HAND AND THIGH LIFT	NAT	F	50	463	Phumchaona, Noi	5/31/1992	NATIONALS (1992) - Walpole, MA
HAND AND THIGH LIFT	NAT	F	55	560	Phumchaona, Noi	6/4/1994	NATIONALS (1994) - Cleveland, OH
HAND AND THIGH LIFT	NAT	F	60	810	Simonsen, Jacqueline	6/4/1994	NATIONALS (1994) - Cleveland, OH

USAWA Record List

HAND AND THIGH LIFT	NAT	F	65	728	Caron, Jacqueline	5/22/1993	NATIONALS (1993) - Middletown, PA
HAND AND THIGH LIFT	NAT	F	70	510	Springs, Deanna	6/4/1994	NATIONALS (1994) - Cleveland, OH
HAND AND THIGH LIFT	NAT	F	75	900	Ollennuking, Amorkor	6/24/2001	NATIONALS (2001) - Columbia, MO
HAND AND THIGH LIFT	NAT	F	95	353	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
HAND AND THIGH LIFT	13	M	30	352	Montini, Rocco	5/31/1992	NATIONALS (1992) - Walpole, MA
HAND AND THIGH LIFT	13	M	35	400	Montini, Rocco	5/22/1993	NATIONALS (1993) - Middletown, PA
HAND AND THIGH LIFT	13	M	40	307	Schmidt, Jeremiah	10/20/1991	Schmidt's Backbreaker Pentathlon (1991)
HAND AND THIGH LIFT	13	M	45	375	Montini, Jason	7/13/1991	NATIONALS (1991) - Plymouth, PA
HAND AND THIGH LIFT	13	M	50	555	Monk, Joshua	6/24/2001	NATIONALS (2001) - Columbia, MO
HAND AND THIGH LIFT	13	M	55	602	Monk, Joshua	5/18/2002	2002 Powerzone Challenge
HAND AND THIGH LIFT	13	M	60	515	McKean, Robbie	12/1/1990	All-round Championships (1990) - Northeastern Open
HAND AND THIGH LIFT	13	M	65	750	Ciavattone, Jeff	5/31/1992	NATIONALS (1992) - Walpole, MA
HAND AND THIGH LIFT	13	M	70	705	McKean, Robbie	10/12/1991	91 U.S. Inlands
HAND AND THIGH LIFT	13	M	75	805	McKean, Robbie	5/31/1992	NATIONALS (1992) - Walpole, MA
HAND AND THIGH LIFT	13	M	85	815	McKean, Robbie	5/22/1993	NATIONALS (1993) - Middletown, PA
HAND AND THIGH LIFT	13	M	95	615	Calcote, Kyle	11/12/2006	HEAVY LIFT CHAMPIONSHIP (2006) - Columbia, MO
HAND AND THIGH LIFT	14	M	50	352	Schmidt, Jeremiah	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
HAND AND THIGH LIFT	14	M	60	377	LaPlant, Rusty	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
HAND AND THIGH LIFT	14	M	65	500	Ward, Brad	5/31/1992	NATIONALS (1992) - Walpole, MA
HAND AND THIGH LIFT	14	M	70	700	Vernacchio, S.J.	7/17/1993	93 IAWA - Walpole, MA
HAND AND THIGH LIFT	14	M	75	517	Demille, Cale	5/18/2002	2002 Powerzone Challenge
HAND AND THIGH LIFT	14	M	85	1010	Ciavattone, Jeff	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	14	M	90	950	Riley, Ed Jr.	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
HAND AND THIGH LIFT	14	M	95	505	Calcote, Kyle	1/19/2008	ZERCHER STRENGTH CLASSIC (2008)
HAND AND THIGH LIFT	14	M	100	705	Calcote, Kyle	3/25/2007	2007 Deanna Springs
HAND AND THIGH LIFT	14	M	105	785	Calcote, Kyle	11/9/2007	2007 Heavy Meet
HAND AND THIGH LIFT	14	M	110	502	Bremer, Matt	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
HAND AND THIGH LIFT	14	M	125+	700	Montague-Casillas, Tom	5/12/2012	HEAVY LIFT CHAMPIONSHIP (2012) - Bowling Green, OH
HAND AND THIGH LIFT	16	M	55	600	Tichenor, Chris	5/7/1994	94 - Joe Caron
HAND AND THIGH LIFT	16	M	60	725	O'Brien, Mike	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
HAND AND THIGH LIFT	16	M	65	605	Schmidt, Alan	6/4/1994	NATIONALS (1994) - Cleveland, OH
HAND AND THIGH LIFT	16	M	70	800	Kennedy, Tim	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	16	M	75	500	Hartwig, Jason	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
HAND AND THIGH LIFT	16	M	80	700	Quick, Sean	2/5/2000	ZERCHER STRENGTH CLASSIC (2000)
HAND AND THIGH LIFT	16	M	85	930	McKean, Robbie	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	16	M	90	1200	Ciavattone, Jeff	9/12/1997	RD -New England Record Breakers
HAND AND THIGH LIFT	16	M	95	900	Almond, Brad	5/7/1994	94 - Joe Caron
HAND AND THIGH LIFT	18	M	75	1000	Smith, Abe	6/24/2001	NATIONALS (2001) - Columbia, MO
HAND AND THIGH LIFT	18	M	80	820	Breitenfield, Randy	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
HAND AND THIGH LIFT	18	M	90	1000	Ciavattone, Jeff	12/5/1998	HEAVY LIFT CHAMPIONSHIP (1998) - Walpole, MA
HAND AND THIGH LIFT	18	M	95	1210	Ciavattone, Jeff	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
HAND AND THIGH LIFT	18	M	100	800	McDonald, Mac	5/7/1994	94 - Joe Caron

USAWA Record List

HAND AND THIGH LIFT	18	M	105	1400	Ciavattone, Joe Jr.	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
HAND AND THIGH LIFT	18	M	125+	700	Bingham, Ryan	12/7/2019	2019 Memorial Record Day
HAND AND THIGH LIFT	40	M	60	717	McKean, John	7/16/1990	NATIONALS (1990) - Akron, OH
HAND AND THIGH LIFT	40	M	65	980	Pensyl, Barry	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
HAND AND THIGH LIFT	40	M	70	910	Waterman, Chris	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	40	M	75	1125	Hirsh, Bob	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	40	M	80	1085	Jones, Dan	3/1/2025	New England Winter Heavy Lift Classic (2025), Walpole, MA
HAND AND THIGH LIFT	40	M	85	1355	Smith, Abe	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
HAND AND THIGH LIFT	40	M	90	1250	Garcia, Joe	6/25/1994	94 Al Springs meet
HAND AND THIGH LIFT	40	M	95	1600	Garcia, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
HAND AND THIGH LIFT	40	M	100	1620	Garcia, Joe	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
HAND AND THIGH LIFT	40	M	105	1725	Garcia, Joe	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
HAND AND THIGH LIFT	40	M	110	1910	Garcia, Joe	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
HAND AND THIGH LIFT	40	M	115	1510	Todd, Eric	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
HAND AND THIGH LIFT	40	M	120	1360	Todd, Eric	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
HAND AND THIGH LIFT	40	M	125	1610	Ciavattone, Frank	4/4/1995	95 New England Strong Man
HAND AND THIGH LIFT	40	M	125+	1400	Ciavattone, Frank	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
HAND AND THIGH LIFT	45	M	60	860	McKean, John	5/31/1992	NATIONALS (1992) - Walpole, MA
HAND AND THIGH LIFT	45	M	65	1004	Pensyl, Barry	5/22/1993	NATIONALS (1993) - Middletown, PA
HAND AND THIGH LIFT	45	M	70	863	McKean, John	7/17/1993	93 IAWA - Walpole, MA
HAND AND THIGH LIFT	45	M	75	900	Habecker, Denny	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
HAND AND THIGH LIFT	45	M	80	800	Habecker, Denny	7/13/1991	NATIONALS (1991) - Plymouth, PA
HAND AND THIGH LIFT	45	M	85	800	Habecker, Denny	5/31/1992	NATIONALS (1992) - Walpole, MA
HAND AND THIGH LIFT	45	M	90	910	Eichenberger, Dean	2/4/1996	ZERCHER STRENGTH CLASSIC (1996)
HAND AND THIGH LIFT	45	M	95	1300	Schmidt, Steve	11/9/2003	Schmidt's Backbreaker Pentathlon (2003)
HAND AND THIGH LIFT	45	M	100	1400	Schmidt, Steve	11/14/2004	Schmidt's Backbreaker Pentathlon (2004)
HAND AND THIGH LIFT	45	M	105	1129	Kurtz, John	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
HAND AND THIGH LIFT	45	M	110	1685	Garcia, Joe	3/28/1999	99 Deanna Springs Mem
HAND AND THIGH LIFT	45	M	115	1500	Garcia, Joe	6/24/2001	NATIONALS (2001) - Columbia, MO
HAND AND THIGH LIFT	45	M	120	1300	Todd, Eric	11/13/2021	HEAVY LIFT CHAMPIONSHIP (2021) - Turney, MO
HAND AND THIGH LIFT	45	M	125	1325	Ciavattone, Frank	11/9/2003	Schmidt's Backbreaker Pentathlon (2003)
HAND AND THIGH LIFT	45	M	125+	900	Gaddis, Jarrod	1/27/2024	Omega Force Strength Extravaganza
HAND AND THIGH LIFT	50	M	75	824	Habecker, Denny	7/17/1993	93 IAWA - Walpole, MA
HAND AND THIGH LIFT	50	M	80	920	Habecker, Denny	6/4/1994	NATIONALS (1994) - Cleveland, OH
HAND AND THIGH LIFT	50	M	85	1015	Caron, Joe	10/27/1996	HEAVY LIFT CHAMPIONSHIP (1996) - Columbia, MO
HAND AND THIGH LIFT	50	M	90	1200	DiCiccio, Bill	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	50	M	95	1105	DiCiccio, Bill	6/4/1994	NATIONALS (1994) - Cleveland, OH
HAND AND THIGH LIFT	50	M	100	1300	Schmidt, Steve	11/13/2005	Schmidt's Backbreaker Pentathlon (2005)
HAND AND THIGH LIFT	50	M	105	1410	Garcia, Joe	4/4/2004	2004 Deanna Springs
HAND AND THIGH LIFT	50	M	110	1500	Garcia, Joe	11/9/2003	Schmidt's Backbreaker Pentathlon (2003)
HAND AND THIGH LIFT	50	M	115	1415	Garcia, Joe	11/13/2005	Schmidt's Backbreaker Pentathlon (2005)
HAND AND THIGH LIFT	50	M	120	700	Geib, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO

USAWA Record List

HAND AND THIGH LIFT	50	M	125	1200	Ciavattone, Frank	8/27/2005	2005 Heavylift
HAND AND THIGH LIFT	50	M	125+	1000	Douglas, John	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
HAND AND THIGH LIFT	55	M	55	378	Berkheimer, Jim	9/17/2000	2000 Angels Camp Picnic
HAND AND THIGH LIFT	55	M	75	620	Marchand, Wade	5/2/2026	HEAVY LIFT CAHMPIONSHIP (2026) - USAWA
HAND AND THIGH LIFT	55	M	80	835	Friesz, Dale	6/15/1997	NATIONALS (1997) - Columbia, MO
HAND AND THIGH LIFT	55	M	85	1104	DiCiccio, Bill	10/15/1995	95 Art's Birthday Bash
HAND AND THIGH LIFT	55	M	90	917	Habecker, Denny	5/18/2002	2002 Powerzone Challenge
HAND AND THIGH LIFT	55	M	95	1400	Garcia, Joe	3/27/2011	2011 Deanna
HAND AND THIGH LIFT	55	M	100	1400	Garcia, Joe	5/21/2011	HEAVY LIFT CHAMPIONSHIP (2011) - York, PA
HAND AND THIGH LIFT	55	M	105	1105	Schmidt, Steve	11/6/2010	Schmidt's Backbreaker Pentathlon (2010)
HAND AND THIGH LIFT	55	M	110	1300	Malloy, Jim	6/15/1997	NATIONALS (1997) - Columbia, MO
HAND AND THIGH LIFT	55	M	115	1005	Schmidt, Scott	5/12/2012	HEAVY LIFT CHAMPIONSHIP (2012) - Bowling Green, OH
HAND AND THIGH LIFT	55	M	120	865	Geib, Bob	6/24/2001	NATIONALS (2001) - Columbia, MO
HAND AND THIGH LIFT	55	M	125	1004	Schmidt, Scott	5/16/2009	HEAVY LIFT CHAMPIONSHIP (2009) - Lebanon, PA
HAND AND THIGH LIFT	55	M	125+	800	Ciavattone, Frank	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
HAND AND THIGH LIFT	60	M	75	930	Montini, Art	10/12/1991	91 U.S. Inlands
HAND AND THIGH LIFT	60	M	80	815	Mitchell, Dennis	3/30/1996	96 Deanna Springs Mem
HAND AND THIGH LIFT	60	M	85	800	DeForest, Dave	8/21/2022	CLARK'S BIRTHDAY WEEKEND
HAND AND THIGH LIFT	60	M	90	855	DeForest, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
HAND AND THIGH LIFT	60	M	95	1270	Garcia, Joe	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
HAND AND THIGH LIFT	60	M	100	1175	Garcia, Joe	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
HAND AND THIGH LIFT	60	M	105	765	Raymond, Mark	5/13/2023	HEAVY LIFT CHAMPIONSHIP (2023) - Walpole, MA
HAND AND THIGH LIFT	60	M	110	820	Clark, Bill	4/8/1995	95 Al Springs
HAND AND THIGH LIFT	60	M	115	810	Larson, Nils	5/13/2023	HEAVY LIFT CHAMPIONSHIP (2023) - Walpole, MA
HAND AND THIGH LIFT	60	M	120	100	Cook, Greg	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
HAND AND THIGH LIFT	60	M	125	550	Foster, Lance	5/2/2026	HEAVY LIFT CAHMPIONSHIP (2026) - USAWA
HAND AND THIGH LIFT	60	M	125+	802	Ciavattone, Frank	5/7/2016	HEAVY LIFT CHAMPIONSHIP (2016) - Lebanon, PA
HAND AND THIGH LIFT	65	M	75	731	Mitchell, Dennis	10/15/2000	2000 Art's Birthday Bash
HAND AND THIGH LIFT	65	M	80	953	Montini, Art	5/22/1993	NATIONALS (1993) - Middletown, PA
HAND AND THIGH LIFT	65	M	85	811	Monahan, Rex	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	65	M	90	710	DeForest, Dave	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HAND AND THIGH LIFT	65	M	95	750	Carter, John	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
HAND AND THIGH LIFT	65	M	100	955	Prechtel, Howard	6/4/1994	NATIONALS (1994) - Cleveland, OH
HAND AND THIGH LIFT	65	M	105	1050	Prechtel, Howard	10/12/1991	91 U.S. Inlands
HAND AND THIGH LIFT	65	M	110	1003	Prechtel, Howard	7/16/1990	NATIONALS (1990) - Akron, OH
HAND AND THIGH LIFT	65	M	115	850	Larson, Nils	3/1/2025	New England Winter Heavy Lift Classic (2025), Walpole, MA
HAND AND THIGH LIFT	65	M	120	600	Clark, Bill	10/19/1999	99 Angels Camp
HAND AND THIGH LIFT	65	M	125	850	Ciavattone, Frank	5/18/2024	HEAVY LIFT CHAMPIONSHIP (2024) - Walpole, MA
HAND AND THIGH LIFT	65	M	125+	881	Ciavattone, Frank	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
HAND AND THIGH LIFT	70	M	75	722	Mitchell, Dennis	5/18/2002	2002 Powerzone Challenge
HAND AND THIGH LIFT	70	M	80	768	Montini, Art	10/12/1997	97 Art's Birthday Bash
HAND AND THIGH LIFT	70	M	85	730	Montini, Art	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA

USAWA Record List

HAND AND THIGH LIFT	70	M	90	775	Habecker, Denny	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
HAND AND THIGH LIFT	70	M	95	750	Prechtel, Howard	6/15/1997	NATIONALS (1997) - Columbia, MO
HAND AND THIGH LIFT	70	M	100	904	Prechtel, Howard	10/15/1995	95 Art's Birthday Bash
HAND AND THIGH LIFT	70	M	105	1000	Prechtel, Howard	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	70	M	110	605	Clark, Bill	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HAND AND THIGH LIFT	70	M	115	700	Ross, Dean	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
HAND AND THIGH LIFT	70	M	120	775	Ciavattone, Frank	5/2/2026	HEAVY LIFT CHAMPIONSHIP (2026) - USAWA
HAND AND THIGH LIFT	70	M	125	720	Ross, Dean	11/1/2014	2014 OTSM Championships
HAND AND THIGH LIFT	70	M	125+	510	Ciavattone, Frank	3/1/2025	New England Winter Heavy Lift Classic (2025), Walpole, MA
HAND AND THIGH LIFT	75	M	70	520	Hahn, Dave	5/3/2014	HEAVY LIFT CHAMPIONSHIP (2014) - Holland, KS
HAND AND THIGH LIFT	75	M	75	425	Mitchell, Dennis	5/21/2011	HEAVY LIFT CHAMPIONSHIP (2011) - York, PA
HAND AND THIGH LIFT	75	M	85	610	Montini, Art	8/27/2005	2005 Heavylift
HAND AND THIGH LIFT	75	M	90	650	Habecker, Denny	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
HAND AND THIGH LIFT	75	M	95	661	Monahan, Rex	10/10/1999	99 IAWA Worlds -Australia
HAND AND THIGH LIFT	75	M	100	516	Kitchell, Jim, Sr.	9/17/2000	2000 Angels Camp Picnic
HAND AND THIGH LIFT	75	M	105	485	Bletscher, Rudy	3/24/2012	2012 Deanna Meet
HAND AND THIGH LIFT	75	M	110	610	Ross, Dean	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
HAND AND THIGH LIFT	80	M	65	500	Hahn, Dave	11/13/2021	HEAVY LIFT CHAMPIONSHIP (2021) - Turney, MO
HAND AND THIGH LIFT	80	M	70	550	Hahn, Dave	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
HAND AND THIGH LIFT	80	M	80	350	Montini, Art	10/12/2008	2008 Art's Birthday Bash
HAND AND THIGH LIFT	80	M	85	450	Montini, Art	5/21/2011	HEAVY LIFT CHAMPIONSHIP (2011) - York, PA
HAND AND THIGH LIFT	80	M	90	375	Caron, Joe	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
HAND AND THIGH LIFT	80	M	100	425	Clark, Bill	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
HAND AND THIGH LIFT	80	M	110	325	Clark, Bill	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
HAND AND THIGH LIFT	85	M	80	430	Montini, Art	10/14/2012	2012 Arts Birthday Bash
HAND AND THIGH LIFT	85	M	85	450	Montini, Art	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
HAND AND THIGH LIFT	90	M	85	300	Montini, Art	10/15/2017	2017 Art's Birthday Bash
HAND AND THIGH LIFT	ALL	M	55	430	Guffey, Brian	1/27/2024	Omega Force Strength Extravaganza
HAND AND THIGH LIFT	ALL	M	60	870	Gazda, Goeff	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	ALL	M	65	1108	Lynch, Roger	8/29/1991	East Walpole, MA
HAND AND THIGH LIFT	ALL	M	70	1065	Monk, John	6/24/2001	NATIONALS (2001) - Columbia, MO
HAND AND THIGH LIFT	ALL	M	75	1275	Smith, Abe	4/2/2005	2005 Deanna Springs Mem
HAND AND THIGH LIFT	ALL	M	80	1300	Smith, Abe	11/13/2005	Schmidt's Backbreaker Pentathlon (2005)
HAND AND THIGH LIFT	ALL	M	85	1355	Smith, Abe	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
HAND AND THIGH LIFT	ALL	M	90	1450	Garcia, Joe	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
HAND AND THIGH LIFT	ALL	M	95	1600	Garcia, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
HAND AND THIGH LIFT	ALL	M	100	1620	Garcia, Joe	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
HAND AND THIGH LIFT	ALL	M	105	1725	Garcia, Joe	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
HAND AND THIGH LIFT	ALL	M	110	1910	Garcia, Joe	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
HAND AND THIGH LIFT	ALL	M	115	1510	Todd, Eric	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
HAND AND THIGH LIFT	ALL	M	120	1552	Ciavattone, Frank	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
HAND AND THIGH LIFT	ALL	M	125	1610	Ciavattone, Frank	4/4/1995	95 New England Strong Man

USAWA Record List

HAND AND THIGH LIFT	ALL	M	125+	1550	Ciavattone, Frank	5/31/1992	NATIONALS (1992) - Walpole, MA
HAND AND THIGH LIFT	NAT	M	60	865	Gazda, Goeff	6/4/1994	NATIONALS (1994) - Cleveland, OH
HAND AND THIGH LIFT	NAT	M	65	1003	Lynch, Roger	7/13/1991	NATIONALS (1991) - Plymouth, PA
HAND AND THIGH LIFT	NAT	M	70	1065	Monk, John	6/24/2001	NATIONALS (2001) - Columbia, MO
HAND AND THIGH LIFT	NAT	M	75	1050	Hirsh, Bob	6/4/1994	NATIONALS (1994) - Cleveland, OH
HAND AND THIGH LIFT	NAT	M	80	1200	DiCiccio, Bill Jr.	7/13/1991	NATIONALS (1991) - Plymouth, PA
HAND AND THIGH LIFT	NAT	M	85	1350	DiCiccio, Bill Jr.	6/4/1994	NATIONALS (1994) - Cleveland, OH
HAND AND THIGH LIFT	NAT	M	90	1200	Garcia, Joe	6/4/1994	NATIONALS (1994) - Cleveland, OH
HAND AND THIGH LIFT	NAT	M	95	1500	Garcia, Joe	7/13/1991	NATIONALS (1991) - Plymouth, PA
HAND AND THIGH LIFT	NAT	M	100	1510	Garcia, Joe	5/31/1992	NATIONALS (1992) - Walpole, MA
HAND AND THIGH LIFT	NAT	M	105	1565	Garcia, Joe	6/15/1997	NATIONALS (1997) - Columbia, MO
HAND AND THIGH LIFT	NAT	M	110	1305	Malloy, Jim	6/4/1994	NATIONALS (1994) - Cleveland, OH
HAND AND THIGH LIFT	NAT	M	115	1500	Garcia, Joe	6/24/2001	NATIONALS (2001) - Columbia, MO
HAND AND THIGH LIFT	NAT	M	120	1100	Moore, Bob	5/31/1992	NATIONALS (1992) - Walpole, MA
HAND AND THIGH LIFT	NAT	M	125	1000	Ciavattone, Frank	6/15/1997	NATIONALS (1997) - Columbia, MO
HAND AND THIGH LIFT	NAT	M	125+	1550	Ciavattone, Frank	5/31/1992	NATIONALS (1992) - Walpole, MA
HARNESS LIFT	13	F	35	500	Gordon, Emily	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
HARNESS LIFT	13	F	45	730	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
HARNESS LIFT	14	F	50	735	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
HARNESS LIFT	18	F	60	1085	Burks, Amy	11/1/1997	HEAVY LIFT CHAMPIONSHIP (1997) - Columbia, MO
HARNESS LIFT	18	F	65	1000	McBride, Angela	1/30/1999	ZERCHER STRENGTH CLASSIC (1999)
HARNESS LIFT	40	F	65	1000	Springs, Deanna	2/6/1993	ZERCHER STRENGTH CLASSIC (1993)
HARNESS LIFT	40	F	70	1050	Springs, Deanna	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
HARNESS LIFT	40	F	75	1700	Ollennuking, Amorkor	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HARNESS LIFT	40	F	80	1705	Ollennuking, Amorkor	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	40	F	100	400	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HARNESS LIFT	55	F	80	1075	Ollennuking, Amorkor	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)
HARNESS LIFT	55	F	90	605	Lupo, Allison	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
HARNESS LIFT	60	F	75	705	Thompson, Janet	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
HARNESS LIFT	60	F	105	600	Gore, Lisa	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HARNESS LIFT	65	F	75	640	Thompson, Janet	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HARNESS LIFT	65	F	80	600	Thompson, Janet	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
HARNESS LIFT	ALL	F	35	500	Gordon, Emily	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
HARNESS LIFT	ALL	F	45	730	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
HARNESS LIFT	ALL	F	50	735	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
HARNESS LIFT	ALL	F	55	860	Thrasher, RJ	10/16/1988	Schmidt's Backbreaker Pentathlon (1988)
HARNESS LIFT	ALL	F	60	1085	Burks, Amy	11/1/1997	HEAVY LIFT CHAMPIONSHIP (1997) - Columbia, MO
HARNESS LIFT	ALL	F	65	1000	Springs, Deanna	2/6/1993	ZERCHER STRENGTH CLASSIC (1993)
HARNESS LIFT	ALL	F	70	1050	Springs, Deanna	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
HARNESS LIFT	ALL	F	75	1700	Ollennuking, Amorkor	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HARNESS LIFT	ALL	F	80	1705	Ollennuking, Amorkor	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	ALL	F	85	1101	Collins, Cara	12/5/1998	HEAVY LIFT CHAMPIONSHIP (1998) - Walpole, MA

USAWA Record List

HARNESS LIFT	ALL	F	90	605	Lupo, Allison	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
HARNESS LIFT	ALL	F	95	920	Collins, Cara	8/27/2005	2005 Heavylift
HARNESS LIFT	ALL	F	100	400	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HARNESS LIFT	ALL	F	105	600	Gore, Lisa	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HARNESS LIFT	NAT	F	65	800	Beemer, Stephanie	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	NAT	F	80	1705	Ollennuking, Amorkor	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	13	M	30	600	Schmidt, Jeremiah	10/16/1988	Schmidt's Backbreaker Pentathlon (1988)
HARNESS LIFT	13	M	35	585	Schmidt, Jeremiah	10/22/1989	Schmidt's Backbreaker Pentathlon (1989)
HARNESS LIFT	13	M	40	719	Schmidt, Jeremiah	10/20/1991	Schmidt's Backbreaker Pentathlon (1991)
HARNESS LIFT	13	M	45	725	Schmidt, Jeremiah	11/18/1992	Columbia, MO.
HARNESS LIFT	13	M	55	1100	McClain, Chris	11/5/2000	HEAVY LIFT CHAMPIONSHIP (2000) - Columbia, MO
HARNESS LIFT	13	M	60	567	Blockston, Jon	11/17/1999	99 Art's Birthday Bash
HARNESS LIFT	13	M	70	770	Ciavattone, Joe Jr.	8/27/2005	2005 Heavylift
HARNESS LIFT	13	M	95	1165	Calcote, Kyle	11/12/2006	HEAVY LIFT CHAMPIONSHIP (2006) - Columbia, MO
HARNESS LIFT	14	M	50	800	Schmidt, Jeremiah	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
HARNESS LIFT	14	M	60	745	LaPlant, Rusty	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
HARNESS LIFT	14	M	80	1300	Kressly, Logan	1/18/2014	Dino Gym Challenge (2014)
HARNESS LIFT	14	M	95	1400	Calcote, Kyle	1/19/2008	ZERCHER STRENGTH CLASSIC (2008)
HARNESS LIFT	14	M	105	1335	Calcote, Kyle	11/9/2007	2007 Heavy Meet
HARNESS LIFT	14	M	110	1200	Becklun, John	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	16	M	60	1000	O'Brien, Mike	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
HARNESS LIFT	16	M	75	1200	Quick, Sean	10/31/1999	Schmidt's Backbreaker Pentathlon (1999)
HARNESS LIFT	16	M	80	1500	Quick, Sean	2/5/2000	ZERCHER STRENGTH CLASSIC (2000)
HARNESS LIFT	16	M	95	2000	Heater, Lewis	1/31/2009	ZERCHER STRENGTH CLASSIC (2009)
HARNESS LIFT	18	M	80	1755	Zercher III, Ed	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
HARNESS LIFT	18	M	90	1400	Ciavattone, Jeff	12/5/1998	HEAVY LIFT CHAMPIONSHIP (1998) - Walpole, MA
HARNESS LIFT	18	M	95	2000	Ciavattone, Jeff	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
HARNESS LIFT	18	M	110	2800	Reel, Ian	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	40	M	70	1000	Ortega, Toby	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
HARNESS LIFT	40	M	85	2205	Smith, Abe	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
HARNESS LIFT	40	M	90	2005	Spry, Dale	11/10/2001	HEAVY LIFT CHAMPIONSHIP (2001) - Columbia, MO
HARNESS LIFT	40	M	95	2715	Schmidt, Steve	12/8/2001	2001 RD - Col
HARNESS LIFT	40	M	100	2600	Garcia, Joe	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
HARNESS LIFT	40	M	105	3005	Carter, John	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
HARNESS LIFT	40	M	110	2505	Carter, John	2/5/2000	ZERCHER STRENGTH CLASSIC (2000)
HARNESS LIFT	40	M	125	2350	Ciavattone, Frank	12/5/1998	HEAVY LIFT CHAMPIONSHIP (1998) - Walpole, MA
HARNESS LIFT	40	M	125+	2400	Ciavattone, Frank	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
HARNESS LIFT	45	M	80	1305	Caron, Joe	10/30/1994	HEAVY LIFT CHAMPIONSHIP (1994) - Columbia, MO
HARNESS LIFT	45	M	85	1890	Springs, Al	10/16/1988	Schmidt's Backbreaker Pentathlon (1988)
HARNESS LIFT	45	M	90	1845	Eichenberger, Dean	2/4/1996	ZERCHER STRENGTH CLASSIC (1996)
HARNESS LIFT	45	M	95	2900	Schmidt, Steve	11/9/2003	Schmidt's Backbreaker Pentathlon (2003)
HARNESS LIFT	45	M	100	3110	Schmidt, Steve	11/14/2004	Schmidt's Backbreaker Pentathlon (2004)

USAWA Record List

HARNESS LIFT	45	M	105	1075	Wenzel, Jeff	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
HARNESS LIFT	45	M	110	2500	Garcia, Joe	12/8/2001	2001 RD - Col
HARNESS LIFT	45	M	115	1400	Sink, William	10/19/1999	99 Angels Camp
HARNESS LIFT	45	M	125	2160	Ciavattone, Frank	11/9/2003	Schmidt's Backbreaker Pentathlon (2003)
HARNESS LIFT	45	M	125+	1605	Foster, Lance	1/18/2014	Dino Gym Challenge (2014)
HARNESS LIFT	50	M	80	1550	Hahn, Dave	1/20/1991	ZERCHER STRENGTH CLASSIC (1991)
HARNESS LIFT	50	M	85	1715	Caron, Joe	10/27/1996	HEAVY LIFT CHAMPIONSHIP (1996) - Columbia, MO
HARNESS LIFT	50	M	90	2020	Springs, Al	2/4/1996	ZERCHER STRENGTH CLASSIC (1996)
HARNESS LIFT	50	M	95	1905	Springs, Al	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
HARNESS LIFT	50	M	100	3010	Schmidt, Steve	11/13/2005	Schmidt's Backbreaker Pentathlon (2005)
HARNESS LIFT	50	M	105	2885	Schmidt, Steve	11/9/2007	2007 Heavy Meet
HARNESS LIFT	50	M	110	2800	Schmidt, Steve	11/15/2008	2008 Heavy Meet
HARNESS LIFT	50	M	115	2515	Ciavattone, Frank	12/1/2007	2007 Walpole, MA Record Day
HARNESS LIFT	50	M	125	2200	Ciavattone, Frank	8/27/2005	2005 Heavylift
HARNESS LIFT	50	M	125+	1500	McCoy, Joe	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
HARNESS LIFT	55	M	55	603	Berkheimer, Jim	9/17/2000	2000 Angels Camp Picnic
HARNESS LIFT	55	M	60	500	Berkheimer, Jim	10/19/1999	99 Angels Camp
HARNESS LIFT	55	M	75	1020	Marchand, Wade	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HARNESS LIFT	55	M	80	770	McKean, John	8/27/2005	2005 Heavylift
HARNESS LIFT	55	M	85	1480	Habecker, Denny	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
HARNESS LIFT	55	M	90	1205	Clark, Jim	1/20/1991	ZERCHER STRENGTH CLASSIC (1991)
HARNESS LIFT	55	M	95	2415	Garcia, Joe	11/6/2010	Schmidt's Backbreaker Pentathlon (2010)
HARNESS LIFT	55	M	100	2445	Garcia, Joe	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)
HARNESS LIFT	55	M	105	2705	Schmidt, Steve	11/6/2010	Schmidt's Backbreaker Pentathlon (2010)
HARNESS LIFT	55	M	110	2520	Garcia, Joe	11/15/2008	2008 Heavy Meet
HARNESS LIFT	55	M	115	1505	Lupo, Tony	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HARNESS LIFT	55	M	125+	1800	Clark, Bill	1/20/1991	ZERCHER STRENGTH CLASSIC (1991)
HARNESS LIFT	60	M	75	894	Seymour, Jim	9/17/2000	2000 Angels Camp Picnic
HARNESS LIFT	60	M	80	1005	DeForest, Dave	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
HARNESS LIFT	60	M	85	1205	DeForest, Dave	8/21/2022	CLARK'S BIRTHDAY WEEKEND
HARNESS LIFT	60	M	90	1500	DeForest, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
HARNESS LIFT	60	M	95	2020	Garcia, Joe	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
HARNESS LIFT	60	M	100	2215	Carter, John	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
HARNESS LIFT	60	M	105	1705	Clark, Bill	10/30/1994	HEAVY LIFT CHAMPIONSHIP (1994) - Columbia, MO
HARNESS LIFT	60	M	110	2055	Clark, Bill	2/5/1995	ZERCHER STRENGTH CLASSIC (1995)
HARNESS LIFT	60	M	115	2000	Clark, Bill	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
HARNESS LIFT	60	M	120	1200	Glasgow, Dave	1/18/2014	Dino Gym Challenge (2014)
HARNESS LIFT	60	M	125	1300	McCoy, Joe	11/9/2003	Schmidt's Backbreaker Pentathlon (2003)
HARNESS LIFT	60	M	125+	900	Brown, Thom	10/19/1999	99 Angels Camp
HARNESS LIFT	65	M	75	1350	Friesz, Dale	8/27/2005	2005 Heavylift
HARNESS LIFT	65	M	85	1902	Carter, John	11/30/2024	Schmidt's Backbreaker Pentathlon (2024)
HARNESS LIFT	65	M	90	1800	Carter, John	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)

USAWA Record List

HARNESS LIFT	65	M	95	2000	Carter, John	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
HARNESS LIFT	65	M	100	2195	Prechtel, Howard	10/10/1993	U.S. Inlands
HARNESS LIFT	65	M	105	2218	Prechtel, Howard	11/6/1993	IAWA GOLD CUP (1993) - Burton upon Trent, UK
HARNESS LIFT	65	M	110	1800	Larson, Nils	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HARNESS LIFT	65	M	115	1500	Clark, Bill	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
HARNESS LIFT	65	M	120	1200	Clark, Bill	10/19/1999	99 Angels Camp
HARNESS LIFT	65	M	125	1600	Ciavattone, Frank	12/31/2023	2023 New Years Eve Record Breaker
HARNESS LIFT	65	M	125+	1005	Ross, Dean	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)
HARNESS LIFT	70	M	75	1120	Mitchell, Dennis	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	70	M	80	1233	Emslie, David	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
HARNESS LIFT	70	M	85	1400	Montini, Art	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
HARNESS LIFT	70	M	90	875	Springs, Al	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
HARNESS LIFT	70	M	95	1700	Prechtel, Howard	10/12/1997	97 Art's Birthday Bash
HARNESS LIFT	70	M	100	1863	Prechtel, Howard	2/18/1995	95 Buckeye Record Breaker
HARNESS LIFT	70	M	105	1015	Lano, Jack	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
HARNESS LIFT	70	M	110	1555	Clark, Bill	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HARNESS LIFT	70	M	120	1010	Ross, Dean	11/21/2015	2015 Sir Lance A Lot RD
HARNESS LIFT	70	M	125	1500	Ciavattone, Frank	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HARNESS LIFT	75	M	85	770	Montini, Art	8/27/2005	2005 Heavylift
HARNESS LIFT	75	M	100	1300	Kitchell, Jim, Sr.	9/17/2000	2000 Angels Camp Picnic
HARNESS LIFT	75	M	110	1010	Ross, Dean	5/4/2019	RD - Spring Dino Gym
HARNESS LIFT	80	M	65	1125	Hahn, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
HARNESS LIFT	80	M	85	700	Zercher I, Ed	10/11/1987	Schmidt's Backbreaker Pentathlon (1987)
HARNESS LIFT	80	M	100	1005	Clark, Bill	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
HARNESS LIFT	80	M	105	1078	Clark, Bill	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
HARNESS LIFT	80	M	110	1120	Clark, Bill	11/8/2014	2014 Clark RD
HARNESS LIFT	90	M	90	755	Clark, Bill	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
HARNESS LIFT	90	M	95	800	Clark, Bill	8/21/2022	CLARK'S BIRTHDAY WEEKEND
HARNESS LIFT	ALL	M	60	1000	O'Brien, Mike	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
HARNESS LIFT	ALL	M	65	1125	Hahn, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
HARNESS LIFT	ALL	M	70	1805	Monk, John	11/5/2000	HEAVY LIFT CHAMPIONSHIP (2000) - Columbia, MO
HARNESS LIFT	ALL	M	75	2100	Luther, Travis	1/30/2022	ZERCHER STRENGTH CLASSIC (2022)
HARNESS LIFT	ALL	M	80	2060	Smith, Abe	11/13/2005	Schmidt's Backbreaker Pentathlon (2005)
HARNESS LIFT	ALL	M	85	2205	Smith, Abe	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
HARNESS LIFT	ALL	M	90	2300	Garcia, Joe	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
HARNESS LIFT	ALL	M	95	3315	Schmidt, Steve	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
HARNESS LIFT	ALL	M	100	3515	Schmidt, Steve	10/20/1991	Schmidt's Backbreaker Pentathlon (1991)
HARNESS LIFT	ALL	M	105	3500	Schmidt, Steve	10/16/1988	Schmidt's Backbreaker Pentathlon (1988)
HARNESS LIFT	ALL	M	110	2800	Reel, Ian	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	ALL	M	115	2800	Myers, Al	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	ALL	M	120	2560	Todd, Eric	11/1/2014	2014 OTSM Championships
HARNESS LIFT	ALL	M	125	2750	Myers, Al	11/14/2004	Schmidt's Backbreaker Pentathlon (2004)

USAWA Record List

HARNESS LIFT	ALL	M	125+	2400	Ciavattone, Frank	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
HARNESS LIFT	NAT	M	75	1120	Mitchell, Dennis	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	NAT	M	80	1550	Mather, Dan	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	NAT	M	85	1800	Wagman, Dan	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	NAT	M	90	1750	Burnett, Layne	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	NAT	M	100	1000	Bletscher, Rudy	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	NAT	M	105	2500	Carter, Bret	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	NAT	M	110	2800	Reel, Ian	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	NAT	M	115	2800	Myers, Al	6/17/2006	NATIONALS (2006) - Salina, KS
HARNESS LIFT	NAT	M	125+	2000	Barnhart, Darren	6/17/2006	NATIONALS (2006) - Salina, KS
HIP LIFT	13	F	35	400	Gordon, Emily	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
HIP LIFT	13	F	45	655	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
HIP LIFT	13	F	60	275	Todd, Phoebe	6/24/2023	NATIONALS (2023) - Columbia, MO
HIP LIFT	14	F	80	550	Ciavattone, Cara	6/1/1990	Norwood, Mass
HIP LIFT	16	F	40	209	Gupta, Nisha	5/2/2026	HEAVY LIFT CHAMPIONSHIP (2026) - USAWA
HIP LIFT	16	F	70	600	Ordenez, Lexi	8/3/2024	2024 NEW ENGLAND HEAVY LIFT CLASSIC - Walpole
HIP LIFT	18	F	60	885	Burks, Amy	11/1/1997	HEAVY LIFT CHAMPIONSHIP (1997) - Columbia, MO
HIP LIFT	18	F	65	700	McBride, Angela	1/30/1999	ZERCHER STRENGTH CLASSIC (1999)
HIP LIFT	40	F	55	800	Hughes, Suree	11/23/1991	Lakewood, Oh.
HIP LIFT	40	F	65	701	Springs, Deanna	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
HIP LIFT	40	F	70	800	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
HIP LIFT	40	F	75	1126	Hopps, Jessica	5/2/2026	HEAVY LIFT CHAMPIONSHIP (2026) - USAWA
HIP LIFT	40	F	90	910	Hopps, Jessica	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
HIP LIFT	40	F	95	1125	Hopps, Jessica	3/1/2025	New England Winter Heavy Lift Classic (2025), Walpole, MA
HIP LIFT	40	F	100	300	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HIP LIFT	45	F	50	810	Phumchaona, Noi	2/15/1992	Ambridge, Pa.
HIP LIFT	45	F	55	854	Phumchaona, Noi	5/22/1993	NATIONALS (1993) - Middletown, PA
HIP LIFT	50	F	55	910	Phumchaona, Noi	6/4/1995	NATIONALS (1995) - Columbia, MO
HIP LIFT	50	F	60	950	Burchette, Jeanne	2/15/1992	Ambridge, Pa.
HIP LIFT	55	F	55	917	Phumchaona, Noi	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
HIP LIFT	55	F	80	765	Ollennuking, Amorkor	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)
HIP LIFT	55	F	90	450	Lupo, Allison	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
HIP LIFT	55	F	95	500	Lane, Colleen	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
HIP LIFT	55	F	125+	810	McConnaughey, Mary	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
HIP LIFT	60	F	75	445	Thompson, Janet	7/31/2022	RD - Clark vs Frank
HIP LIFT	60	F	80	515	Thompson, Janet	8/21/2021	2021 SWEET 16/ELITE 8
HIP LIFT	60	F	105	460	Gore, Lisa	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HIP LIFT	65	F	70	402	Habecker, Judy	9/7/2008	2008 World Heavylift- Walpole, MA
HIP LIFT	65	F	75	475	Thompson, Janet	11/30/2024	Schmidt's Backbreaker Pentathlon (2024)
HIP LIFT	65	F	80	500	Thompson, Janet	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
HIP LIFT	65	F	125+	400	McConnaughey, Mary	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
HIP LIFT	ALL	F	35	400	Gordon, Emily	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO

USAWA Record List

HIP LIFT	ALL	F	40	209	Gupta, Nisha	5/2/2026	HEAVY LIFT CAHMPIONSHIP (2026) - USAWA
HIP LIFT	ALL	F	45	655	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
HIP LIFT	ALL	F	50	810	Phumchaona, Noi	2/15/1992	Ambridge, Pa.
HIP LIFT	ALL	F	55	917	Phumchaona, Noi	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
HIP LIFT	ALL	F	60	950	Burchette, Jeanne	2/15/1992	Ambridge, Pa.
HIP LIFT	ALL	F	65	1250	Caron, Jacqueline	5/22/1993	NATIONALS (1993) - Middletown, PA
HIP LIFT	ALL	F	70	849	DeLaRosa, Doris	8/29/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
HIP LIFT	ALL	F	75	1150	Clark, Kerry	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
HIP LIFT	ALL	F	80	1310	Ollennuking, Amorkor	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
HIP LIFT	ALL	F	85	800	Collins, Cara	12/5/1998	HEAVY LIFT CHAMPIONSHIP (1998) - Walpole, MA
HIP LIFT	ALL	F	90	910	Hopps, Jessica	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
HIP LIFT	ALL	F	95	1125	Hopps, Jessica	3/1/2025	New England Winter Heavy Lift Classic (2025), Walpole, MA
HIP LIFT	ALL	F	100	300	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
HIP LIFT	ALL	F	105	460	Gore, Lisa	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HIP LIFT	ALL	F	125+	1000	Goolsby, Carolyn	6/29/2002	NATIONALS (2002) - Ambridge
HIP LIFT	NAT	F	50	805	Phumchaona, Noi	5/31/1992	NATIONALS (1992) - Walpole, MA
HIP LIFT	NAT	F	55	912	Phumchaona, Noi	6/27/1999	NATIONALS (1999) - Ambridge
HIP LIFT	NAT	F	60	750	Burchette, Jeanne	7/13/1991	NATIONALS (1991) - Plymouth, PA
HIP LIFT	NAT	F	65	1250	Caron, Jacqueline	5/22/1993	NATIONALS (1993) - Middletown, PA
HIP LIFT	NAT	F	70	800	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
HIP LIFT	NAT	F	75	1100	Clark, Kerry	5/22/1993	NATIONALS (1993) - Middletown, PA
HIP LIFT	NAT	F	80	1300	Clark, Kerry	6/4/1995	NATIONALS (1995) - Columbia, MO
HIP LIFT	NAT	F	125+	1000	Goolsby, Carolyn	6/29/2002	NATIONALS (2002) - Ambridge
HIP LIFT	13	M	30	497	Montini, Rocco	10/17/1992	U.S. Inlands
HIP LIFT	13	M	35	600	Montini, Rocco	5/22/1993	NATIONALS (1993) - Middletown, PA
HIP LIFT	13	M	40	629	Schmidt, Jeremiah	10/20/1991	Schmidt's Backbreaker Pentathlon (1991)
HIP LIFT	13	M	45	600	Schmidt, Jeremiah	1/19/1992	ZERCHER STRENGTH CLASSIC (1992)
HIP LIFT	13	M	50	447	McKean, Sean	10/17/1992	U.S. Inlands
HIP LIFT	13	M	55	800	McClain, Chris	11/5/2000	HEAVY LIFT CHAMPIONSHIP (2000) - Columbia, MO
HIP LIFT	13	M	60	652	Monk, Joshua	6/29/2002	NATIONALS (2002) - Ambridge
HIP LIFT	13	M	65	1000	Ciavattone, Jeff	5/31/1992	NATIONALS (1992) - Walpole, MA
HIP LIFT	13	M	70	1103	Ciavattone, Jeff	11/7/1992	92 New Englands Strongest
HIP LIFT	13	M	75	1302	McKean, Robbie	5/31/1992	NATIONALS (1992) - Walpole, MA
HIP LIFT	13	M	80	1305	McKean, Robbie	10/17/1992	U.S. Inlands
HIP LIFT	13	M	85	1400	McKean, Robbie	5/22/1993	NATIONALS (1993) - Middletown, PA
HIP LIFT	13	M	95	1005	Calcote, Kyle	11/12/2006	HEAVY LIFT CHAMPIONSHIP (2006) - Columbia, MO
HIP LIFT	14	M	50	701	Schmidt, Jeremiah	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
HIP LIFT	14	M	55	350	Shuba, Frank Jr.	6/26/1989	NATIONALS (1989) - Plymouth, PA
HIP LIFT	14	M	60	1000	Schmidt, Alan	1/30/1993	93 Buckeye Record Breaker
HIP LIFT	14	M	65	1100	Ward, Brad	10/17/1992	U.S. Inlands
HIP LIFT	14	M	70	980	Jurado, Felix	5/22/1993	NATIONALS (1993) - Middletown, PA
HIP LIFT	14	M	75	1002	Graham, Tom	6/27/1999	NATIONALS (1999) - Ambridge

USAWA Record List

HIP LIFT	14	M	80	1102	Loewer, James	6/27/1999	NATIONALS (1999) - Ambridge
HIP LIFT	14	M	85	1300	Ciavattone, Jeff	4/4/1995	95 New England Strong Man
HIP LIFT	14	M	95	905	Calcote, Kyle	1/19/2008	ZERCHER STRENGTH CLASSIC (2008)
HIP LIFT	14	M	100	1010	Calcote, Kyle	3/25/2007	2007 Deanna Springs
HIP LIFT	14	M	105	1005	Calcote, Kyle	11/9/2007	2007 Heavy Meet
HIP LIFT	14	M	110	805	Bremer, Matt	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
HIP LIFT	16	M	55	805	Tichenor, Chris	5/7/1994	94 - Joe Caron
HIP LIFT	16	M	60	1002	Van Fossan, Matt	6/27/1999	NATIONALS (1999) - Ambridge
HIP LIFT	16	M	65	1100	O'Neil-Butters, Maverick	8/3/2024	2024 NEW ENGLAND HEAVY LIFT CLASSIC - Walpole
HIP LIFT	16	M	70	1204	McKean, Sean	10/11/1998	98 Art's Birthday Bash
HIP LIFT	16	M	75	1500	Marchand, Wade	5/13/2023	HEAVY LIFT CHAMPIONSHIP (2023) - Walpole, MA
HIP LIFT	16	M	80	1600	Marchand, Wade	7/30/2023	Norwood-Wapole Lifting Classic
HIP LIFT	16	M	85	1200	McAuliffe, Brenden	3/15/2014	2014 Franks BBC RB
HIP LIFT	16	M	95	1350	Hunter, Joe	6/29/2002	NATIONALS (2002) - Ambridge
HIP LIFT	16	M	100	899	Frasso, Tony	6/27/1999	NATIONALS (1999) - Ambridge
HIP LIFT	18	M	80	1300	Breitenfield, Randy	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
HIP LIFT	18	M	90	1640	Ciavattone, Jeff	5/15/1999	99 England vs New England
HIP LIFT	18	M	95	1700	Ciavattone, Jeff	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
HIP LIFT	18	M	100	1200	McCarthy, Matthew	3/15/2014	2014 Franks BBC RB
HIP LIFT	18	M	105	1750	Ciavattone, Joe Jr.	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
HIP LIFT	18	M	115	1700	Quinn, Sean	7/30/2023	Norwood-Wapole Lifting Classic
HIP LIFT	18	M	125+	1022	Bingham, Ryan	12/7/2019	2019 Memorial Record Day
HIP LIFT	40	M	60	1400	McKean, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
HIP LIFT	40	M	65	1210	Holden, Randy Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
HIP LIFT	40	M	70	1050	Holden, Randy Joe	6/25/1994	94 Al Springs meet
HIP LIFT	40	M	80	1820	Jones, Dan	3/1/2025	New England Winter Heavy Lift Classic (2025), Walpole, MA
HIP LIFT	40	M	85	1800	Jones, Dan	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HIP LIFT	40	M	90	1822	Jones, Dan	5/2/2026	HEAVY LIFT CHAMPIONSHIP (2026) - USAWA
HIP LIFT	40	M	95	1905	Garcia, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
HIP LIFT	40	M	100	1800	Garcia, Joe	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
HIP LIFT	40	M	105	2300	Carter, John	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
HIP LIFT	40	M	110	2015	Garcia, Joe	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
HIP LIFT	40	M	115	2270	Todd, Eric	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
HIP LIFT	40	M	120	2280	Todd, Eric	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
HIP LIFT	40	M	125	1800	Ciavattone, Frank	4/4/1995	95 New England Strong Man
HIP LIFT	40	M	125+	1804	Knauer, Paul	3/10/1990	All-round Championships (1990) - Valley Forge Open
HIP LIFT	45	M	60	1200	McKean, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
HIP LIFT	45	M	65	1250	Pensyl, Barry	5/22/1993	NATIONALS (1993) - Middletown, PA
HIP LIFT	45	M	70	1350	McKean, John	5/22/1993	NATIONALS (1993) - Middletown, PA
HIP LIFT	45	M	80	1430	Habecker, Denny	7/13/1991	NATIONALS (1991) - Plymouth, PA
HIP LIFT	45	M	85	1435	Habecker, Denny	5/31/1992	NATIONALS (1992) - Walpole, MA
HIP LIFT	45	M	90	1601	Larson, Nils	8/28/2004	2004 Heavylift

USAWA Record List

HIP LIFT	45	M	95	2000	Schmidt, Steve	11/9/2003	Schmidt's Backbreaker Pentathlon (2003)
HIP LIFT	45	M	100	2105	Schmidt, Steve	11/14/2004	Schmidt's Backbreaker Pentathlon (2004)
HIP LIFT	45	M	105	1230	Wenzel, Jeff	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
HIP LIFT	45	M	110	2049	Garcia, Joe	6/27/1999	NATIONALS (1999) - Ambridge
HIP LIFT	45	M	115	1805	Myers, Al	3/24/2012	2012 Deanna Meet
HIP LIFT	45	M	120	2000	Todd, Eric	11/13/2021	HEAVY LIFT CHAMPIONSHIP (2021) - Turney, MO
HIP LIFT	45	M	125	2140	Todd, Eric	5/7/2022	HEAVY LIFT CHAMPIONSHIP (2022) - Turney, MO
HIP LIFT	45	M	125+	1800	Todd, Eric	6/24/2023	NATIONALS (2023) - Columbia, MO
HIP LIFT	50	M	60	501	Tarlecki, Jim	3/10/1990	All-round Championships (1990) - Valley Forge Open
HIP LIFT	50	M	70	500	Quier, Ed	6/26/1989	NATIONALS (1989) - Plymouth, PA
HIP LIFT	50	M	75	1104	McKean, John	10/11/1998	98 Art's Birthday Bash
HIP LIFT	50	M	80	1455	Habecker, Denny	6/4/1995	NATIONALS (1995) - Columbia, MO
HIP LIFT	50	M	85	1550	Habecker, Denny	10/13/1996	96 Art's Birthday Bash
HIP LIFT	50	M	90	2011	DiCiccio, Bill	10/10/1993	U.S. Inlands
HIP LIFT	50	M	95	1500	Zercher II, Ed	10/11/1987	Schmidt's Backbreaker Pentathlon (1987)
HIP LIFT	50	M	100	1900	Schmidt, Steve	11/13/2005	Schmidt's Backbreaker Pentathlon (2005)
HIP LIFT	50	M	105	2100	Schmidt, Steve	11/12/2006	HEAVY LIFT CHAMPIONSHIP (2006) - Columbia, MO
HIP LIFT	50	M	110	2075	Garcia, Joe	2/3/2007	ZERCHER STRENGTH CLASSIC (2007)
HIP LIFT	50	M	115	2515	Ciavattone, Frank	12/1/2007	2007 Walpole, MA Record Day
HIP LIFT	50	M	120	2362	Ciavattone, Frank	3/13/2005	2005 Frank Gancarz Open
HIP LIFT	50	M	125	1900	Ciavattone, Frank	8/27/2005	2005 Heavylift
HIP LIFT	50	M	125+	1350	Douglas, John	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
HIP LIFT	55	M	70	1020	Freides, Steve	10/12/2014	2014 Art's Birthday Bash
HIP LIFT	55	M	75	1299	Friesz, Dale	6/27/1999	NATIONALS (1999) - Ambridge
HIP LIFT	55	M	80	1100	McKean, John	6/29/2002	NATIONALS (2002) - Ambridge
HIP LIFT	55	M	85	2030	DiCiccio, Bill	10/12/1997	97 Art's Birthday Bash
HIP LIFT	55	M	90	1325	Habecker, Denny	6/29/2002	NATIONALS (2002) - Ambridge
HIP LIFT	55	M	95	1700	Garcia, Joe	3/27/2011	2011 Deanna
HIP LIFT	55	M	100	1900	Garcia, Joe	5/21/2011	HEAVY LIFT CHAMPIONSHIP (2011) - York, PA
HIP LIFT	55	M	105	1915	Schmidt, Steve	11/6/2010	Schmidt's Backbreaker Pentathlon (2010)
HIP LIFT	55	M	110	1875	Garcia, Joe	1/31/2009	ZERCHER STRENGTH CLASSIC (2009)
HIP LIFT	55	M	115	1602	Ciavattone, Frank	9/7/2008	2008 World Heavylift- Walpole, MA
HIP LIFT	55	M	120	2000	Schmidt, Scott	10/12/2008	2008 Art's Birthday Bash
HIP LIFT	55	M	125	1581	Schmidt, Scott	5/16/2009	HEAVY LIFT CHAMPIONSHIP (2009) - Lebanon, PA
HIP LIFT	55	M	125+	1410	Clark, Bill	1/21/1990	Columbia, MO.
HIP LIFT	60	M	75	1601	Montini, Art	5/31/1992	NATIONALS (1992) - Walpole, MA
HIP LIFT	60	M	80	1750	Montini, Art	2/15/1992	Ambridge, Pa.
HIP LIFT	60	M	85	1750	DiCiccio, Bill	10/12/2003	2003 Art's Birthday Bash
HIP LIFT	60	M	90	1250	DeForest, Dave	6/24/2023	NATIONALS (2023) - Columbia, MO
HIP LIFT	60	M	95	1670	Garcia, Joe	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
HIP LIFT	60	M	100	1905	Carter, John	7/31/2022	RD - Clark vs Frank
HIP LIFT	60	M	105	1435	Clark, Bill	10/30/1994	HEAVY LIFT CHAMPIONSHIP (1994) - Columbia, MO

USAWA Record List

HIP LIFT	60	M	110	1620	Clark, Bill	4/8/1995	95 Al Springs
HIP LIFT	60	M	115	1800	Larson, Nils	4/20/2024	New England Grip Classic (2024)
HIP LIFT	60	M	120	1225	Cook, Greg	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
HIP LIFT	60	M	125	900	McCoy, Joe	11/9/2003	Schmidt's Backbreaker Pentathlon (2003)
HIP LIFT	60	M	125+	1206	Ciavattone, Frank	5/7/2016	HEAVY LIFT CHAMPIONSHIP (2016) - Lebanon, PA
HIP LIFT	65	M	75	1600	Montini, Art	10/17/1992	U.S. Inlands
HIP LIFT	65	M	80	1702	Montini, Art	10/10/1993	U.S. Inlands
HIP LIFT	65	M	85	1607	Carter, John	11/30/2024	Schmidt's Backbreaker Pentathlon (2024)
HIP LIFT	65	M	90	1600	Carter, John	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
HIP LIFT	65	M	95	1610	Carter, John	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
HIP LIFT	65	M	100	1500	Prechtel, Howard	7/25/1993	RD - Ambridge
HIP LIFT	65	M	105	1331	Prechtel, Howard	1/11/1992	Cleveland, Oh.
HIP LIFT	65	M	110	1614	Larson, Nils	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HIP LIFT	65	M	115	1710	Larson, Nils	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
HIP LIFT	65	M	120	1200	Malloy, Jim	8/3/2008	NATIONALS (2008) - Columbus, OH
HIP LIFT	65	M	125	1525	Ciavattone, Frank	8/3/2024	2024 NEW ENGLAND HEAVY LIFT CLASSIC - Walpole
HIP LIFT	65	M	125+	1910	Ciavattone, Frank	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
HIP LIFT	70	M	75	1031	Mitchell, Dennis	8/28/2004	2004 Heavylift
HIP LIFT	70	M	80	1424	Montini, Art	10/12/1997	97 Art's Birthday Bash
HIP LIFT	70	M	85	1200	Montini, Art	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
HIP LIFT	70	M	90	1000	Habecker, Denny	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
HIP LIFT	70	M	95	1001	Prechtel, Howard	6/27/1999	NATIONALS (1999) - Ambridge
HIP LIFT	70	M	100	550	Eberhardinger, Paul	12/1/1990	All-round Championships (1990) - Northeastern Open
HIP LIFT	70	M	105	1450	Prechtel, Howard	6/4/1995	NATIONALS (1995) - Columbia, MO
HIP LIFT	70	M	110	1160	Clark, Bill	5/6/2003	2003 Deanna Springs Mem
HIP LIFT	70	M	115	760	Ross, Dean	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
HIP LIFT	70	M	120	1510	Ciavattone, Frank	5/2/2026	HEAVY LIFT CHAMPIONSHIP (2026) - USAWA
HIP LIFT	70	M	125	1500	Ciavattone, Frank	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
HIP LIFT	70	M	125+	1000	Ciavattone, Frank	3/1/2025	New England Winter Heavy Lift Classic (2025), Walpole, MA
HIP LIFT	75	M	70	900	Hahn, Dave	5/3/2014	HEAVY LIFT CHAMPIONSHIP (2014) - Holland, KS
HIP LIFT	75	M	75	940	Mitchell, Dennis	8/3/2008	NATIONALS (2008) - Columbus, OH
HIP LIFT	75	M	85	950	Montini, Art	8/27/2005	2005 Heavylift
HIP LIFT	75	M	90	800	Habecker, Denny	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
HIP LIFT	75	M	95	900	Ross, Dean	11/30/2020	POSTAL (2020) - RECORD DAY
HIP LIFT	75	M	100	750	Bletscher, Rudy	3/27/2011	2011 Deanna
HIP LIFT	75	M	105	785	Bletscher, Rudy	3/24/2012	2012 Deanna Meet
HIP LIFT	75	M	110	670	Ross, Dean	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
HIP LIFT	75	M	115	960	Clark, Bill	8/3/2008	NATIONALS (2008) - Columbus, OH
HIP LIFT	80	M	65	950	Hahn, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
HIP LIFT	80	M	70	900	Hahn, Dave	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
HIP LIFT	80	M	80	801	Montini, Art	10/12/2008	2008 Art's Birthday Bash
HIP LIFT	80	M	85	895	Montini, Art	5/16/2009	HEAVY LIFT CHAMPIONSHIP (2009) - Lebanon, PA

USAWA Record List

HIP LIFT	80	M	90	425	Zercher I, Ed	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
HIP LIFT	80	M	100	705	Clark, Bill	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
HIP LIFT	80	M	105	771	Clark, Bill	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
HIP LIFT	80	M	110	907	Clark, Bill	11/8/2014	2014 Clark RD
HIP LIFT	85	M	80	703	Montini, Art	5/7/2016	HEAVY LIFT CHAMPIONSHIP (2016) - Lebanon, PA
HIP LIFT	85	M	85	700	Montini, Art	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
HIP LIFT	85	M	90	495	Clark, Bill	7/31/2022	RD - Clark vs Frank
HIP LIFT	85	M	95	565	Clark, Bill	8/21/2021	2021 SWEET 16/ELITE 8
HIP LIFT	90	M	85	450	Montini, Art	10/15/2017	2017 Art's Birthday Bash
HIP LIFT	90	M	90	535	Clark, Bill	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
HIP LIFT	90	M	95	545	Clark, Bill	2/25/2024	RD - Clarks Gym
HIP LIFT	ALL	M	55	1002	Quier, Dave	3/10/1990	All-round Championships (1990) - Valley Forge Open
HIP LIFT	ALL	M	60	1400	McKean, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
HIP LIFT	ALL	M	65	1310	McKean, John	2/15/1992	Ambridge, Pa.
HIP LIFT	ALL	M	70	1640	Hirsh, Bob	1/30/1993	93 Buckeye Record Breaker
HIP LIFT	ALL	M	75	1885	Smith, Abe	4/2/2005	2005 Deanna Springs Mem
HIP LIFT	ALL	M	80	1820	Jones, Dan	3/1/2025	New England Winter Heavy Lift Classic (2025), Walpole, MA
HIP LIFT	ALL	M	85	2030	DiCiccio, Bill	10/12/1997	97 Art's Birthday Bash
HIP LIFT	ALL	M	90	2011	DiCiccio, Bill	10/10/1993	U.S. Inlands
HIP LIFT	ALL	M	95	2390	Schmidt, Steve	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
HIP LIFT	ALL	M	100	2525	Carter, John	10/30/1994	HEAVY LIFT CHAMPIONSHIP (1994) - Columbia, MO
HIP LIFT	ALL	M	105	2300	Carter, John	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
HIP LIFT	ALL	M	110	2075	Garcia, Joe	2/3/2007	ZERCHER STRENGTH CLASSIC (2007)
HIP LIFT	ALL	M	115	2515	Ciavattone, Frank	12/1/2007	2007 Walpole, MA Record Day
HIP LIFT	ALL	M	120	2362	Ciavattone, Frank	3/13/2005	2005 Frank Gancarz Open
HIP LIFT	ALL	M	125	2140	Todd, Eric	5/7/2022	HEAVY LIFT CHAMPIONSHIP (2022) - Turney, MO
HIP LIFT	ALL	M	125+	2200	Huff, Sam	2/4/2006	ZERCHER STRENGTH CLASSIC (2006)
HIP LIFT	NAT	M	50	200	Todd, Everett	6/24/2023	NATIONALS (2023) - Columbia, MO
HIP LIFT	NAT	M	60	1400	McKean, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
HIP LIFT	NAT	M	65	1250	Pensyl, Barry	5/22/1993	NATIONALS (1993) - Middletown, PA
HIP LIFT	NAT	M	70	1430	Monk, John	6/29/2002	NATIONALS (2002) - Ambridge
HIP LIFT	NAT	M	75	1601	Montini, Art	5/31/1992	NATIONALS (1992) - Walpole, MA
HIP LIFT	NAT	M	80	1700	Luther, Travis	6/24/2023	NATIONALS (2023) - Columbia, MO
HIP LIFT	NAT	M	85	1775	Smith, Abe	6/24/2023	NATIONALS (2023) - Columbia, MO
HIP LIFT	NAT	M	90	2007	DiCiccio, Bill Sr.	5/31/1992	NATIONALS (1992) - Walpole, MA
HIP LIFT	NAT	M	95	2005	Garcia, Joe	7/13/1991	NATIONALS (1991) - Plymouth, PA
HIP LIFT	NAT	M	100	2400	Schmidt, Steve	6/26/1989	NATIONALS (1989) - Plymouth, PA
HIP LIFT	NAT	M	105	2000	Carter, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
HIP LIFT	NAT	M	110	2049	Garcia, Joe	6/27/1999	NATIONALS (1999) - Ambridge
HIP LIFT	NAT	M	115	1800	Myers, Al	8/3/2008	NATIONALS (2008) - Columbus, OH
HIP LIFT	NAT	M	120	2027	Moore, Bob	5/31/1992	NATIONALS (1992) - Walpole, MA
HIP LIFT	NAT	M	125	1300	Ciavattone, Frank	6/26/1989	NATIONALS (1989) - Plymouth, PA

USAWA Record List

HIP LIFT	NAT	M	125+	1935	Ciavattone, Frank	7/13/1991	NATIONALS (1991) - Plymouth, PA
HOLDOUT, LOWERED	13	F	60	22	Todd, Phoebe	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	14	F	70	30	Todd, Lillian	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	40	F	85	35	Todd, Stacy	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	50	F	50	33	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
HOLDOUT, LOWERED	55	F	90	30	Lupo, Allison	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	60	F	60	28	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
HOLDOUT, LOWERED	65	F	75	22	Thompson, Janet	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	ALL	F	50	33	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
HOLDOUT, LOWERED	ALL	F	60	20	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
HOLDOUT, LOWERED	ALL	F	70	30	Todd, Lillian	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	ALL	F	75	44	Cicero, Kasey	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	ALL	F	85	35	Todd, Stacy	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	ALL	F	90	30	Lupo, Allison	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	13	M	45	30	Todd, Everett	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	13	M	50	20	Todd, Leroy	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	14	M	60	33	Habecker, Brady	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	14	M	70	18	Demille, Cale	12/1/2002	2002 Postal Meet
HOLDOUT, LOWERED	14	M	95	42	Calcote, Kyle	2/9/2006	RD - Clark's Gym '06
HOLDOUT, LOWERED	16	M	60	45	Wenzel, Spencer	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	16	M	75	30	Quick, Sean	10/30/1999	99 NoWeight Dozen
HOLDOUT, LOWERED	40	M	85	90	Smith, Abe	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	40	M	115	95	Todd, Eric	6/3/2017	2017 KC Strongman RD
HOLDOUT, LOWERED	40	M	125	65	Todd, Chris	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	45	M	100	65	Schock, Ed	12/15/2001	4th Round - Postal Meet
HOLDOUT, LOWERED	45	M	105	70	Schock, Ed	12/1/2002	2002 Postal Meet
HOLDOUT, LOWERED	45	M	120	85	Todd, Eric	12/11/2021	RD - Lift for Leroy '21
HOLDOUT, LOWERED	45	M	125+	85	Todd, Eric	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	50	M	90	45	Gupta, Sanjiv	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	50	M	105	75	Wenzel, Jeff	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
HOLDOUT, LOWERED	50	M	110	50	Poore, Clint	3/22/2025	Great American Bench Press Meet, Buffville, KY
HOLDOUT, LOWERED	55	M	90	50	Habecker, Denny	12/15/2001	4th Round - Postal Meet
HOLDOUT, LOWERED	55	M	105	61	Jury, Steve	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	55	M	110	62	Jury, Steve	5/25/2024	RD - Lebanon, PA '24
HOLDOUT, LOWERED	55	M	120	60	Jury, Steve	12/14/2024	2024 Memorial Record Day
HOLDOUT, LOWERED	60	M	90	51	DeForest, Dave	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	60	M	95	45	Carter, John	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	65	M	85	45	DeForest, Dave	6/21/2025	Women's Only Meet, Columbia, MO
HOLDOUT, LOWERED	65	M	90	61	Bryan, Barry	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	65	M	115	30	Myers, LaVerne	2/13/2011	RD - Dino Gym (2011)
HOLDOUT, LOWERED	70	M	90	45	Habecker, Denny	8/6/2016	PRESIDENTIAL CUP (2016)
HOLDOUT, LOWERED	70	M	110	35	Clark, Bill	12/1/2002	2002 Postal Meet

USAWA Record List

HOLDOUT, LOWERED	75	M	90	45	Habecker, Denny	2/11/2018	RD - Dino Gym
HOLDOUT, LOWERED	75	M	105	25	Ross, Dean	12/7/2019	RD - Lift for Leroy '19
HOLDOUT, LOWERED	80	M	85	39	Habecker, Denny	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	90	M	95	11	Clark, Bill	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	ALL	M	45	30	Todd, Everett	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	ALL	M	50	20	Todd, Leroy	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	ALL	M	60	45	Wenzel, Spencer	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	ALL	M	70	65	Wenzel, Riley	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
HOLDOUT, LOWERED	ALL	M	75	60	Monk, John	12/15/2001	4th Round - Postal Meet
HOLDOUT, LOWERED	ALL	M	80	71	Wagman, Dan	6/9/2024	RD - Clark's Gym 3
HOLDOUT, LOWERED	ALL	M	85	90	Smith, Abe	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	ALL	M	90	61	Bryan, Barry	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	ALL	M	95	55	Pemberton, Josh	10/30/1999	99 NoWeight Dozen
HOLDOUT, LOWERED	ALL	M	100	65	Schock, Ed	12/15/2001	4th Round - Postal Meet
HOLDOUT, LOWERED	ALL	M	105	75	Wenzel, Jeff	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
HOLDOUT, LOWERED	ALL	M	110	65	McBride, Mike	11/4/2000	2000 No-Weight Dozen
HOLDOUT, LOWERED	ALL	M	115	95	Todd, Eric	6/3/2017	2017 KC Strongman RD
HOLDOUT, LOWERED	ALL	M	120	85	Todd, Eric	12/11/2021	RD - Lift for Leroy '21
HOLDOUT, LOWERED	ALL	M	125	65	Todd, Chris	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, LOWERED	ALL	M	125+	85	Todd, Eric	9/30/2023	POSTAL (2023) - Q3
HOLDOUT, RAISED	13	F	55	20	Todd, Phoebe	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	50	F	50	33	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
HOLDOUT, RAISED	50	F	60	40	Brooner-Lakowsky, Tressa	3/31/2016	POSTAL (2016) - Q1
HOLDOUT, RAISED	60	F	60	28	Homan, Lynne	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
HOLDOUT, RAISED	60	F	75	22	Thompson, Janet	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	65	F	75	25	Thompson, Janet	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
HOLDOUT, RAISED	ALL	F	50	33	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
HOLDOUT, RAISED	ALL	F	55	20	Todd, Phoebe	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	ALL	F	60	40	Brooner-Lakowsky, Tressa	3/31/2016	POSTAL (2016) - Q1
HOLDOUT, RAISED	ALL	F	65	28	Diggs, Crystal	9/30/2014	POSTAL (2014) - Q3
HOLDOUT, RAISED	ALL	F	75	30	Diggs, Crystal	3/31/2016	POSTAL (2016) - Q1
HOLDOUT, RAISED	ALL	F	85	45	Todd, Stacy	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	13	M	35	17	Todd, Everett	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	13	M	40	17	Todd, Leroy	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	13	M	50	20	Monk, Joshua	7/1/2001	2001 Postal - Round 2
HOLDOUT, RAISED	13	M	60	20	Monk, Joshua	12/1/2002	2002 Postal Meet
HOLDOUT, RAISED	14	M	75	30	Demille, Cale	12/1/2002	2002 Postal Meet
HOLDOUT, RAISED	14	M	95	37	Calcote, Kyle	2/9/2006	RD - Clark's Gym '06
HOLDOUT, RAISED	16	M	75	30	Quick, Sean	10/30/1999	99 NoWeight Dozen
HOLDOUT, RAISED	18	M	95	44	Habecker, Aidan	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	40	M	115	85	Todd, Eric	6/3/2017	2017 KC Strongman RD
HOLDOUT, RAISED	40	M	120	85	Todd, Eric	3/31/2016	POSTAL (2016) - Q1

USAWA Record List

HOLDOUT, RAISED	40	M	125	75	Millsaps, Holland	9/23/2023	Buffville Push/Pull
HOLDOUT, RAISED	45	M	75	45	Ortega, Toby	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
HOLDOUT, RAISED	45	M	100	70	Schock, Ed	7/1/2001	2001 Postal - Round 2
HOLDOUT, RAISED	45	M	105	77	Schock, Ed	12/1/2002	2002 Postal Meet
HOLDOUT, RAISED	45	M	110	65	Myers, Al	3/31/2016	POSTAL (2016) - Q1
HOLDOUT, RAISED	45	M	120	90	Todd, Eric	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	45	M	125+	55	Rogers, Bill	11/4/2000	2000 No-Weight Dozen
HOLDOUT, RAISED	50	M	105	70	Hose, Tony	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	50	M	110	55	Poore, Clint	3/22/2025	Great American Bench Press Meet, Buffville, KY
HOLDOUT, RAISED	50	M	125+	45	Foster, Lance	3/31/2016	POSTAL (2016) - Q1
HOLDOUT, RAISED	55	M	90	71	Bryan, Barry	9/30/2014	POSTAL (2014) - Q3
HOLDOUT, RAISED	55	M	105	50	Myers, Al	2/11/2023	GRIP CHAMPIONSHIPS
HOLDOUT, RAISED	55	M	110	55	Jury, Steve	5/20/2023	RD - Lebanon, PA '23
HOLDOUT, RAISED	55	M	120	55	Jury, Steve	12/14/2024	2024 Memorial Record Day
HOLDOUT, RAISED	55	M	125+	45	Foster, Lance	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	60	M	90	50	DeForest, Dave	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	60	M	100	55	Carter, John	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	60	M	115	35	Lupo, Tony	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
HOLDOUT, RAISED	65	M	85	45	DeForest, Dave	6/21/2025	Women's Only Meet, Columbia, MO
HOLDOUT, RAISED	65	M	115	30	Myers, LaVerne	2/13/2011	RD - Dino Gym (2011)
HOLDOUT, RAISED	70	M	65	12	pensyl, Barry	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	70	M	90	50	Habecker, Denny	9/30/2014	POSTAL (2014) - Q3
HOLDOUT, RAISED	70	M	110	40	Murdock, Mike	2/13/2011	RD - Dino Gym (2011)
HOLDOUT, RAISED	70	M	120	35	Ross, Dean	3/31/2016	POSTAL (2016) - Q1
HOLDOUT, RAISED	75	M	90	38	Habecker, Denny	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	85	M	95	22	Clark, Bill	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	ALL	M	35	17	Todd, Everett	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	ALL	M	40	17	Todd, Leroy	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	ALL	M	60	20	Monk, Joshua	12/1/2002	2002 Postal Meet
HOLDOUT, RAISED	ALL	M	65	12	pensyl, Barry	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	ALL	M	70	60	Wenzel, Riley	4/26/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
HOLDOUT, RAISED	ALL	M	75	50	Monk, John	12/1/2002	2002 Postal Meet
HOLDOUT, RAISED	ALL	M	80	75	Wagman, Dan	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	ALL	M	85	75	Smith, Abe	3/31/2022	POSTAL (2022) - Q1
HOLDOUT, RAISED	ALL	M	90	71	Bryan, Barry	9/30/2014	POSTAL (2014) - Q3
HOLDOUT, RAISED	ALL	M	95	50	Foster, James	10/30/1999	99 NoWeight Dozen
HOLDOUT, RAISED	ALL	M	100	70	Schock, Ed	7/1/2001	2001 Postal - Round 2
HOLDOUT, RAISED	ALL	M	105	77	Schock, Ed	12/1/2002	2002 Postal Meet
HOLDOUT, RAISED	ALL	M	110	75	Thompson, Keith	9/30/2014	POSTAL (2014) - Q3
HOLDOUT, RAISED	ALL	M	115	85	Todd, Eric	6/3/2017	2017 KC Strongman RD
HOLDOUT, RAISED	ALL	M	120	95	Todd, Eric	9/30/2014	POSTAL (2014) - Q3
HOLDOUT, RAISED	ALL	M	125	75	Millsaps, Holland	9/23/2023	Buffville Push/Pull

USAWA Record List

HOLDOUT, RAISED	ALL	M	125+	71	Benzel, Bryan	2/12/2012	RD - Dino Gym (2012)
JACKSON PRESS	13	F	55	40	Todd, Phoebe	12/10/2022	RD - Lift for Leroy '22
JACKSON PRESS	13	F	60	45	Todd, Phoebe	11/18/2023	RD - Lift for Leroy '23
JACKSON PRESS	13	F	75	45	Myers, Molly	8/12/2012	RD - Dino Days (2012)
JACKSON PRESS	14	F	70	55	Todd, Lillian	11/18/2023	RD - Lift for Leroy '23
JACKSON PRESS	45	F	125+	75	Bulebosh, Beth	10/15/2017	2017 Art's Birthday Bash
JACKSON PRESS	50	F	50	75	Jackson, RJ	2/9/2014	RD - Dino Gym '14
JACKSON PRESS	55	F	60	65	VanWagner, Kim	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	55	F	90	50	Lupo, Allison	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	65	F	75	50	Thompson, Janet	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
JACKSON PRESS	ALL	F	50	75	Jackson, RJ	2/9/2014	RD - Dino Gym '14
JACKSON PRESS	ALL	F	55	40	Todd, Phoebe	12/10/2022	RD - Lift for Leroy '22
JACKSON PRESS	ALL	F	60	65	VanWagner, Kim	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	ALL	F	70	55	Todd, Lillian	11/18/2023	RD - Lift for Leroy '23
JACKSON PRESS	ALL	F	75	45	Myers, Molly	8/12/2012	RD - Dino Days (2012)
JACKSON PRESS	ALL	F	90	50	Lupo, Allison	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	ALL	F	125+	75	Bulebosh, Beth	10/15/2017	2017 Art's Birthday Bash
JACKSON PRESS	13	M	35	22	Wenzel, Logan	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	13	M	45	40	Todd, Everett	4/14/2024	Record Day- Clark's Gym 1
JACKSON PRESS	16	M	60	85	Wenzel, Spencer	6/9/2024	RD - Clark's Gym 3
JACKSON PRESS	18	M	75	105	Conley, Elijah	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	40	M	70	115	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	40	M	85	205	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	40	M	110	155	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
JACKSON PRESS	40	M	115	210	Todd, Eric	12/7/2019	RD - Lift for Leroy '19
JACKSON PRESS	40	M	120	180	Todd, Eric	12/8/2018	RD - Lift for Leroy '18
JACKSON PRESS	40	M	125	130	Todd, Chris	12/11/2021	RD - Lift for Leroy '21
JACKSON PRESS	45	M	95	160	Songster, Tim	8/12/2012	RD - Dino Days (2012)
JACKSON PRESS	45	M	100	135	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	45	M	105	175	Wenzel, Jeff	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
JACKSON PRESS	45	M	110	180	Wenzel, Jeff	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
JACKSON PRESS	45	M	125+	125	Todd, Chris	12/7/2024	RD - Lift for Leroy VI (2024)
JACKSON PRESS	50	M	105	185	Wenzel, Jeff	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
JACKSON PRESS	50	M	110	185	Wenzel, Jeff	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	50	M	125+	95	Foster, Lance	12/8/2018	RD - Lift for Leroy '18
JACKSON PRESS	55	M	75	140	Marchand, Wade	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
JACKSON PRESS	55	M	100	175	Hose, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	55	M	110	125	Lupo, Tony	6/4/2023	Hackendinnie Classic
JACKSON PRESS	55	M	115	130	Lupo, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	60	M	85	100	DeForest, Dave	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
JACKSON PRESS	60	M	90	122	DeForest, Dave	4/22/2023	BENCH PRESS DECATHLON
JACKSON PRESS	65	M	85	100	DeForest, Dave	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO

USAWA Record List

JACKSON PRESS	65	M	115	75	Myers, LaVerne	8/12/2012	RD - Dino Days (2012)
JACKSON PRESS	65	M	125	95	Ross, Dean	8/12/2012	RD - Dino Days (2012)
JACKSON PRESS	70	M	90	121	Habecker, Denny	8/9/2014	PRESIDENTIAL CUP (2014)
JACKSON PRESS	70	M	105	115	Murdock, Mike	8/12/2012	RD - Dino Days (2012)
JACKSON PRESS	ALL	M	35	22	Wenzel, Logan	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	ALL	M	45	40	Todd, Everett	4/14/2024	Record Day- Clark's Gym 1
JACKSON PRESS	ALL	M	60	85	Wenzel, Spencer	6/9/2024	RD - Clark's Gym 3
JACKSON PRESS	ALL	M	65	112	Wenzel, Riley	5/31/2025	Ledaig Record Day - Topeka, KS
JACKSON PRESS	ALL	M	70	120	Wenzel, Riley	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
JACKSON PRESS	ALL	M	75	125	Wenzel, Riley	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	ALL	M	80	95	Luther, Travis	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
JACKSON PRESS	ALL	M	85	205	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	ALL	M	90	122	DeForest, Dave	4/22/2023	BENCH PRESS DECATHLON
JACKSON PRESS	ALL	M	95	160	Songster, Tim	8/12/2012	RD - Dino Days (2012)
JACKSON PRESS	ALL	M	100	135	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	ALL	M	105	185	Wenzel, Jeff	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
JACKSON PRESS	ALL	M	110	185	Wenzel, Jeff	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JACKSON PRESS	ALL	M	115	210	Todd, Eric	12/7/2019	RD - Lift for Leroy '19
JACKSON PRESS	ALL	M	120	180	Todd, Eric	12/8/2018	RD - Lift for Leroy '18
JACKSON PRESS	ALL	M	125	140	Todd, Chris	12/8/2018	RD - Lift for Leroy '18
JACKSON PRESS	ALL	M	125+	125	Todd, Chris	12/7/2024	RD - Lift for Leroy VI (2024)
JAMES LIFT	13	F	35	16	Lansdown, Daphne	10/5/2024	Buffville Road to the Century Club #6
JAMES LIFT	13	F	45	15	Jobe, Gabby	5/20/2012	2012 Jobs Steel Jungle RD
JAMES LIFT	40	F	65	82	Skwarecki, Beth	12/17/2022	Memorial Record Day
JAMES LIFT	40	F	70	80	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
JAMES LIFT	40	F	75	85	Skwarecki, Beth	6/4/2023	Hackendinnie Classic
JAMES LIFT	ALL	F	13	16	Lansdown, Daphne	10/5/2024	Buffville Road to the Century Club #6
JAMES LIFT	ALL	F	45	15	Jobe, Gabby	5/20/2012	2012 Jobs Steel Jungle RD
JAMES LIFT	ALL	F	65	82	Skwarecki, Beth	12/17/2022	Memorial Record Day
JAMES LIFT	ALL	F	70	80	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
JAMES LIFT	ALL	F	75	85	Skwarecki, Beth	6/4/2023	Hackendinnie Classic
JAMES LIFT	13	M	65	55	Monk, Joshua	12/1/2002	2002 Postal Meet
JAMES LIFT	14	M	70	20	Demille, Cale	12/1/2002	2002 Postal Meet
JAMES LIFT	16	M	95	45	Habecker, Aidan	8/3/2019	PRESIDENTIAL CUP (2019)
JAMES LIFT	40	M	70	65	Ortega, Toby	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
JAMES LIFT	40	M	115	85	Myers, Al	1/17/2009	Dino Gym Challenge (2009)
JAMES LIFT	45	M	100	150	Schock, Ed	12/15/2001	4th Round - Postal Meet
JAMES LIFT	45	M	105	160	Schock, Ed	12/1/2002	2002 Postal Meet
JAMES LIFT	45	M	110	135	Wenzel, Jeff	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
JAMES LIFT	50	M	105	125	Wenzel, Jeff	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
JAMES LIFT	50	M	110	120	Wenzel, Jeff	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
JAMES LIFT	55	M	110	40	Lupo, Tony	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD

USAWA Record List

JAMES LIFT	55	M	115	47	Lupo, Tony	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
JAMES LIFT	60	M	110	28	Lupo, Tony	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
JAMES LIFT	70	M	105	55	Blotscher, Rudy	1/17/2009	Dino Gym Challenge (2009)
JAMES LIFT	ALL	M	65	55	Monk, Joshua	12/1/2002	2002 Postal Meet
JAMES LIFT	ALL	M	70	70	Wenzel, Riley	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
JAMES LIFT	ALL	M	75	140	Monk, John	12/1/2002	2002 Postal Meet
JAMES LIFT	ALL	M	85	87	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
JAMES LIFT	ALL	M	95	45	Habecker, Aidan	8/3/2019	PRESIDENTIAL CUP (2019)
JAMES LIFT	ALL	M	100	150	Schock, Ed	12/15/2001	4th Round - Postal Meet
JAMES LIFT	ALL	M	105	160	Schock, Ed	12/1/2002	2002 Postal Meet
JAMES LIFT	ALL	M	110	150	Weigle, Jason	12/15/2001	4th Round - Postal Meet
JAMES LIFT	ALL	M	115	85	Myers, Al	1/17/2009	Dino Gym Challenge (2009)
JAMES LIFT	ALL	M	125+	202	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
JEFFERSON LIFT	13	F	30	108	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
JEFFERSON LIFT	13	F	35	154	Monk, Elizabeth	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
JEFFERSON LIFT	13	F	40	173	Monk, Elizabeth	10/14/2007	2007 Art's Birthday Bash
JEFFERSON LIFT	13	F	45	115	Jobe, Gabby	2/12/2012	RD - Dino Gym (2012)
JEFFERSON LIFT	13	F	50	185	Holeman, Kayla	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
JEFFERSON LIFT	13	F	55	160	Myers, Molly	2/15/2009	RD - Dino Gym (2009)
JEFFERSON LIFT	13	F	75	210	Griffis, Kirstie	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
JEFFERSON LIFT	13	F	85	225	Griffis, Kirstie	1/21/2006	Dino Gym Challenge (2006)
JEFFERSON LIFT	14	F	60	225	Hartman, Lindsey	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
JEFFERSON LIFT	14	F	70	105	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
JEFFERSON LIFT	14	F	75	155	Fritz, Misty	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
JEFFERSON LIFT	14	F	80	160	Fritz, Misty	1/21/2006	Dino Gym Challenge (2006)
JEFFERSON LIFT	16	F	75	235	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
JEFFERSON LIFT	16	F	115	200	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
JEFFERSON LIFT	18	F	60	230	Burks, Amy	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
JEFFERSON LIFT	40	F	65	165	Piper, Dawn	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT	40	F	70	215	Schmidt, Kathy	11/17/1999	99 Art's Birthday Bash
JEFFERSON LIFT	40	F	75	185	Springs, Deanna	4/8/1995	95 Al Springs
JEFFERSON LIFT	40	F	110	165	Docherty, Anna	8/31/2025	IAWA World Championship Postal 2025
JEFFERSON LIFT	40	F	125+	240	McConnaughey, Mary	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
JEFFERSON LIFT	45	F	50	209	Phumchaona, Noi	2/15/1992	Ambridge, Pa.
JEFFERSON LIFT	45	F	55	220	Phumchaona, Noi	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	45	F	100	198	Sees, Susan	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT	45	F	125+	235	McConnaughey, Mary	1/21/2006	Dino Gym Challenge (2006)
JEFFERSON LIFT	50	F	50	242	Jackson, RJ	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT	50	F	55	243	Phumchaona, Noi	7/17/1993	93 IAWA - Walpole, MA
JEFFERSON LIFT	50	F	60	209	Burchette, Jeanne	2/15/1992	Ambridge, Pa.
JEFFERSON LIFT	50	F	110	110	Sees, Susan	6/24/2017	NATIONALS (2017) - Cleveland, OH
JEFFERSON LIFT	55	F	55	220	Phumchaona, Noi	9/2/2000	2000 IAWA Worlds - Mansfld

USAWA Record List

JEFFERSON LIFT	55	F	60	175	VanWagner, Kim	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
JEFFERSON LIFT	55	F	75	225	Ollennuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
JEFFERSON LIFT	55	F	85	110	Sees, Susan	6/24/2017	NATIONALS (2017) - Cleveland, OH
JEFFERSON LIFT	55	F	90	176	Lupo, Allison	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
JEFFERSON LIFT	60	F	55	200	Phumchaona, Noi	11/23/2003	2003 Jump Stretch Record
JEFFERSON LIFT	60	F	80	149	Habecker, Judy	10/9/2004	IAWA GOLD CUP (2004) - Glasgow, UK
JEFFERSON LIFT	60	F	85	114	Schmidt, Kathy	7/13/2019	2019 Schmidt's RD
JEFFERSON LIFT	60	F	105	240	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
JEFFERSON LIFT	65	F	50	165	Gedney, Judith	4/14/2007	2007 Macomb Record Day
JEFFERSON LIFT	65	F	75	155	Stockall, Sylvia	8/31/2025	IAWA World Championship Postal 2025
JEFFERSON LIFT	65	F	80	147	Habecker, Judy	10/14/2007	2007 Art's Birthday Bash
JEFFERSON LIFT	70	F	65	70	Santangelo, Lori	5/5/2024	Buffville Cup 2
JEFFERSON LIFT	ALL	F	30	108	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
JEFFERSON LIFT	ALL	F	35	154	Monk, Elizabeth	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
JEFFERSON LIFT	ALL	F	40	173	Monk, Elizabeth	10/14/2007	2007 Art's Birthday Bash
JEFFERSON LIFT	ALL	F	45	115	Jobe, Gabby	2/12/2012	RD - Dino Gym (2012)
JEFFERSON LIFT	ALL	F	50	242	Jackson, RJ	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT	ALL	F	55	243	Phumchaona, Noi	7/17/1993	93 IAWA - Walpole, MA
JEFFERSON LIFT	ALL	F	60	309	Simonsen, Jacqueline	6/4/1994	NATIONALS (1994) - Cleveland, OH
JEFFERSON LIFT	ALL	F	65	347	Simonsen, Jacqueline	7/17/1993	93 IAWA - Walpole, MA
JEFFERSON LIFT	ALL	F	70	300	Sinkler, Jen	3/3/2012	2012 Minnesota Meet
JEFFERSON LIFT	ALL	F	75	297	Cicero, Kasey	8/5/2023	PRESIDENTIAL CUP (2023)
JEFFERSON LIFT	ALL	F	80	375	Ollennuking, Amorkor	3/30/1996	96 Deanna Springs Mem
JEFFERSON LIFT	ALL	F	85	230	Schuster, Jo	2/6/1988	RD - Columbia, MO '88
JEFFERSON LIFT	ALL	F	90	243	Collins, Cara	9/2/2000	2000 IAWA Worlds - Mansfld
JEFFERSON LIFT	ALL	F	100	308	Kressly, Jera	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT	ALL	F	105	240	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
JEFFERSON LIFT	ALL	F	110	298	McVay, Mary Jo	7/17/1993	93 IAWA - Walpole, MA
JEFFERSON LIFT	ALL	F	115	200	Sipes, Jordan	12/12/1999	GOERNER DEADLIFT DOZEN PLUS ONE (1999)
JEFFERSON LIFT	ALL	F	125+	240	McConnaughey, Mary	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
JEFFERSON LIFT	NAT	F	50	182	Phumchaona, Noi	5/31/1992	NATIONALS (1992) - Walpole, MA
JEFFERSON LIFT	NAT	F	55	220	Phumchaona, Noi	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	NAT	F	60	309	Simonsen, Jacqueline	6/4/1994	NATIONALS (1994) - Cleveland, OH
JEFFERSON LIFT	NAT	F	65	342	Caron, Jacqueline	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	NAT	F	70	193	Spring, Deanna	6/4/1994	NATIONALS (1994) - Cleveland, OH
JEFFERSON LIFT	NAT	F	75	265	Clark, Kerry	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	NAT	F	85	110	Schmidt, Kathy	6/24/2017	NATIONALS (2017) - Cleveland, OH
JEFFERSON LIFT	NAT	F	100	176	Sees, Susan	6/30/2012	NATIONALS (2012) - Las Vegas, NV
JEFFERSON LIFT	NAT	F	110	110	Sees, Susan	6/24/2017	NATIONALS (2017) - Cleveland, OH
JEFFERSON LIFT	13	M	30	198	Montini, Rocco	2/15/1992	Ambridge, Pa.
JEFFERSON LIFT	13	M	35	209	Montini, Rocco	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	13	M	40	175	Schmidt, Jeremiah	12/10/1989	Columbia, MO.

USAWA Record List

JEFFERSON LIFT	13	M	50	205	Monk, Joshua	6/24/2001	NATIONALS (2001) - Columbia, MO
JEFFERSON LIFT	13	M	55	220	Urbanski, Ryan	2/22/1997	97 Buckeye Record Breaker
JEFFERSON LIFT	13	M	60	230	McKean, Robbie	12/1/1990	All-round Championships (1990) - Northeastern Open
JEFFERSON LIFT	13	M	65	222	Habecker, Aidan	6/24/2017	NATIONALS (2017) - Cleveland, OH
JEFFERSON LIFT	13	M	70	243	McKean, Sean	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	13	M	75	276	McKean, Robbie	5/31/1992	NATIONALS (1992) - Walpole, MA
JEFFERSON LIFT	13	M	80	325	McKean, Robbie	10/17/1992	U.S. Inlands
JEFFERSON LIFT	13	M	85	325	McKean, Robbie	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	14	M	40	143	Geib, Adam	2/22/1997	97 Buckeye Record Breaker
JEFFERSON LIFT	14	M	55	177	Geib, Adam	3/7/1998	98 Buckeye Record Breaker
JEFFERSON LIFT	14	M	60	259	Schmidt, Alan	10/17/1992	U.S. Inlands
JEFFERSON LIFT	14	M	65	276	Ward, Brad	5/31/1992	NATIONALS (1992) - Walpole, MA
JEFFERSON LIFT	14	M	70	350	Longbine, Kent	1/21/2006	Dino Gym Challenge (2006)
JEFFERSON LIFT	14	M	75	343	Loewer, James	9/2/2000	2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	14	M	80	385	Kucera, Matt	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
JEFFERSON LIFT	14	M	85	380	Ciavattone, Jeff	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	14	M	90	336	McKean, Robbie	7/17/1993	93 IAWA - Walpole, MA
JEFFERSON LIFT	14	M	95	455	Ciavattone, Joe Jr.	3/30/2009	2009 Eastern Open Postal
JEFFERSON LIFT	16	M	50	220	Geib, Adam	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
JEFFERSON LIFT	16	M	55	350	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
JEFFERSON LIFT	16	M	60	225	O'Brien, Matt	12/12/1998	Norwood Championships
JEFFERSON LIFT	16	M	65	325	Drake, Dan	10/17/1992	U.S. Inlands
JEFFERSON LIFT	16	M	70	412	Kennedy, Tim	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
JEFFERSON LIFT	16	M	75	301	Shepard, Travis	12/12/1998	Norwood Championships
JEFFERSON LIFT	16	M	80	431	Kennedy, Tim	8/3/1997	97 New England Champ.
JEFFERSON LIFT	16	M	85	364	McKean, Robbie	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	16	M	90	452	Ciavattone, Jeff	9/21/1996	96 IAWA Worlds
JEFFERSON LIFT	16	M	100	502	Ciavattone, Joe Jr.	3/31/2011	POSTAL (2011) - Andy Goddard
JEFFERSON LIFT	16	M	105	435	Kucera, Elijah	12/13/1998	GOERNER DEADLIFT DOZEN PLUS ONE (1998)
JEFFERSON LIFT	16	M	110	405	Ciavattone, Jonathan	3/31/2011	POSTAL (2011) - Andy Goddard
JEFFERSON LIFT	16	M	120	430	Stahnke, Dennis	9/2/2000	2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	16	M	125	440	Hess, Kohl	10/17/2010	2010 Art's Birthday Bash
JEFFERSON LIFT	16	M	125+	465	Hess, Kohl	3/31/2011	POSTAL (2011) - Andy Goddard
JEFFERSON LIFT	18	M	60	408	Lauer, Garret	8/15/1999	99 Moore Muscle Classic
JEFFERSON LIFT	18	M	80	455	Smith, Abe	12/10/2000	GOERNER DEADLIFT DOZEN PLUS ONE (2000)
JEFFERSON LIFT	18	M	90	403	Ciavattone, Jeff	12/12/1998	Norwood Championships
JEFFERSON LIFT	18	M	100	550	Ciavattone, Joe Jr.	1/1/2012	2011 National Postal
JEFFERSON LIFT	18	M	105	430	Cirafesi, Ralph	12/19/1997	Postal International Meet
JEFFERSON LIFT	40	M	60	350	McKean, John	7/10/1988	NATIONALS (1988) - Plymouth, PA
JEFFERSON LIFT	40	M	65	375	McKean, John	12/1/1990	All-round Championships (1990) - Northeastern Open
JEFFERSON LIFT	40	M	70	474	Waterman, Chris	6/4/1994	NATIONALS (1994) - Cleveland, OH
JEFFERSON LIFT	40	M	75	650	Hirsh, Bob	8/13/1995	95 IAWA - Eastlake

USAWA Record List

JEFFERSON LIFT	40	M	80	702	Hirsh, Bob	2/24/1996	96 Buckeye Record Breaker
JEFFERSON LIFT	40	M	85	408	Montini, Paul	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	40	M	90	452	Montini, Rob	2/15/1992	Ambridge, Pa.
JEFFERSON LIFT	40	M	95	463	Montini, Paul	5/31/1992	NATIONALS (1992) - Walpole, MA
JEFFERSON LIFT	40	M	100	551	Venterosa, Don	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	40	M	105	455	Carter, John	12/14/1997	GOERNER DEADLIFT DOZEN PLUS ONE (1997)
JEFFERSON LIFT	40	M	110	605	Ciavattone, Jeff	12/31/2022	Frank's Record Breaker
JEFFERSON LIFT	40	M	115	601	Myers, Al	3/31/2011	POSTAL (2011) - Andy Goddard
JEFFERSON LIFT	40	M	120	551	Myers, Al	8/31/2009	2009 World Team Postal
JEFFERSON LIFT	40	M	125	622	Cookson, Chuck	3/31/2011	POSTAL (2011) - Andy Goddard
JEFFERSON LIFT	40	M	125+	474	Knauer, Paul	12/1/1990	All-round Championships (1990) - Northeastern Open
JEFFERSON LIFT	45	M	60	408	McKean, John	11/23/1991	Lakewood, Oh.
JEFFERSON LIFT	45	M	65	413	McKean, John	2/15/1992	Ambridge, Pa.
JEFFERSON LIFT	45	M	70	408	McKean, John	7/17/1993	93 IAWA - Walpole, MA
JEFFERSON LIFT	45	M	75	375	McKean, John	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	45	M	85	353	Guerriero, Bill	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	45	M	90	441	Montini, Rob	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	45	M	95	601	Schock, Ed	9/2/2000	2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	45	M	100	605	Schock, Ed	5/19/2001	2001 Powerzone Challenge
JEFFERSON LIFT	45	M	105	475	Suttle, David	1/21/2006	Dino Gym Challenge (2006)
JEFFERSON LIFT	45	M	110	551	Myers, Al	6/30/2012	NATIONALS (2012) - Las Vegas, NV
JEFFERSON LIFT	45	M	115	584	Myers, Al	1/1/2012	2011 National Postal
JEFFERSON LIFT	45	M	120	425	Newton, Rick	1/21/2006	Dino Gym Challenge (2006)
JEFFERSON LIFT	45	M	125	529	Ciavattone, Frank	9/2/2000	2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	45	M	125+	360	Foster, Lance	8/18/2013	RD - Dino Days (2013)
JEFFERSON LIFT	50	M	75	397	McKean, John	9/2/2000	2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	50	M	80	408	McKean, John	3/4/2000	2000 Buckeye Record Break
JEFFERSON LIFT	50	M	85	542	Wagman, Dan	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT	50	M	90	441	DiCiccio, Bill	5/31/1992	NATIONALS (1992) - Walpole, MA
JEFFERSON LIFT	50	M	95	424	DiCiccio, Bill	6/4/1994	NATIONALS (1994) - Cleveland, OH
JEFFERSON LIFT	50	M	100	460	Zercher II, Ed	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
JEFFERSON LIFT	50	M	105	468	Malloy, Jim	5/31/1992	NATIONALS (1992) - Walpole, MA
JEFFERSON LIFT	50	M	110	485	Malloy, Jim	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	50	M	115	474	Malloy, Jim	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	50	M	125+	450	McCoy, Joe	6/25/1994	94 Al Springs meet
JEFFERSON LIFT	55	M	70	315	Freides, Steve	10/12/2014	2014 Art's Birthday Bash
JEFFERSON LIFT	55	M	75	315	Friesz, Dale	10/12/1997	97 Art's Birthday Bash
JEFFERSON LIFT	55	M	80	335	McKean, John	10/12/2003	2003 Art's Birthday Bash
JEFFERSON LIFT	55	M	85	364	Friesz, Dale	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	55	M	90	410	Blockston, Larry	9/2/2000	2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	55	M	95	529	Traub, Larry	6/30/2012	NATIONALS (2012) - Las Vegas, NV
JEFFERSON LIFT	55	M	100	354	Vernacchio, John	9/21/1996	96 IAWA Worlds

USAWA Record List

JEFFERSON LIFT	55	M	110	419	Geib, Bob	9/2/2000	2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	55	M	115	402	Glasgow, Dave	6/30/2012	NATIONALS (2012) - Las Vegas, NV
JEFFERSON LIFT	55	M	120	401	Schmidt, Scott	8/31/2009	2009 World Team Postal
JEFFERSON LIFT	55	M	125+	352	Ciavattone, Frank	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT	60	M	70	331	Freides, Steve	12/16/2017	2017 Vernacchio Memorial
JEFFERSON LIFT	60	M	75	419	Montini, Art	9/13/1992	92 IAWA - England
JEFFERSON LIFT	60	M	80	402	Montini, Art	2/15/1992	Ambridge, Pa.
JEFFERSON LIFT	60	M	85	355	DiCiccio, Bill	11/23/2003	2003 Jump Stretch Record
JEFFERSON LIFT	60	M	90	375	DeForest, Dave	2/22/2020	2020 Deadlift Dozen Plus One
JEFFERSON LIFT	60	M	95	336	Habecker, Denny	10/4/2003	2003 IAWA - Australia
JEFFERSON LIFT	60	M	100	355	Carter, John	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
JEFFERSON LIFT	60	M	105	408	Clark, Bill	6/4/1994	NATIONALS (1994) - Cleveland, OH
JEFFERSON LIFT	60	M	110	408	Clark, Bill	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	60	M	115	330	Lupo, Tony	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
JEFFERSON LIFT	60	M	120	419	Geib, Bob	10/2/2004	2004 IAWA - Burton, Eng
JEFFERSON LIFT	60	M	125	225	McCoy, Joe	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
JEFFERSON LIFT	60	M	125+	405	Ross, Dean	1/21/2006	Dino Gym Challenge (2006)
JEFFERSON LIFT	65	M	75	402	Montini, Art	10/17/1992	U.S. Inlands
JEFFERSON LIFT	65	M	80	408	Montini, Art	6/4/1994	NATIONALS (1994) - Cleveland, OH
JEFFERSON LIFT	65	M	85	402	Montini, Art	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	65	M	90	350	Smith, Randy	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT	65	M	95	353	Monahan, Rex	9/13/1992	92 IAWA - England
JEFFERSON LIFT	65	M	100	375	Monahan, Rex	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
JEFFERSON LIFT	65	M	105	375	Prechtel, Howard	9/13/1992	92 IAWA - England
JEFFERSON LIFT	65	M	110	353	Prechtel, Howard	2/15/1992	Ambridge, Pa.
JEFFERSON LIFT	65	M	115	350	Malloy, Jim	3/30/2009	2009 Eastern Open Postal
JEFFERSON LIFT	65	M	125	341	Ross, Dean	6/30/2012	NATIONALS (2012) - Las Vegas, NV
JEFFERSON LIFT	65	M	125+	250	Ciavattone, Frank	7/30/2023	Norwood-Wapole Lifting Classic
JEFFERSON LIFT	70	M	70	265	McKean, John	6/24/2017	NATIONALS (2017) - Cleveland, OH
JEFFERSON LIFT	70	M	75	259	McKean, John	12/20/2015	2015 John's RD
JEFFERSON LIFT	70	M	80	336	Montini, Art	3/7/1998	98 Buckeye Record Breaker
JEFFERSON LIFT	70	M	85	353	Montini, Art	9/2/2000	2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	70	M	90	400	Traub, Larry	5/31/2025	Ledaig Record Day - Topeka, KS
JEFFERSON LIFT	70	M	95	209	Springs, Al	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT	70	M	100	331	Prechtel, Howard	9/21/1996	96 IAWA Worlds
JEFFERSON LIFT	70	M	105	303	Prechtel, Howard	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	70	M	110	300	Clark, Bill	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
JEFFERSON LIFT	70	M	120	305	Geib, Bob	10/18/2015	2015 Art's Birthday Bash
JEFFERSON LIFT	70	M	125	300	Ciavattone, Frank	8/31/2025	IAWA World Championship Postal 2025
JEFFERSON LIFT	75	M	75	242	Mitchell, Dennis	8/17/2007	2007 Worlds Christchurch
JEFFERSON LIFT	75	M	80	287	Cox, Bob	9/2/2000	2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	75	M	85	276	Montini, Art	10/2/2004	2004 IAWA - Burton, Eng

USAWA Record List

JEFFERSON LIFT	75	M	90	298	Monahan, Rex	9/2/2000	2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	75	M	95	254	Prechtel, Howard	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
JEFFERSON LIFT	75	M	100	220	Bletscher, Rudy	4/30/2012	2012 World Postal Leg One
JEFFERSON LIFT	75	M	110	243	Ross, Dean	8/4/2018	PRESIDENTIAL CUP (2018)
JEFFERSON LIFT	80	M	70	198	Mitchell, Dennis	6/30/2012	NATIONALS (2012) - Las Vegas, NV
JEFFERSON LIFT	80	M	75	155	Stephenson, John	12/15/1996	GOERNER DEADLIFT DOZEN PLUS ONE (1996)
JEFFERSON LIFT	80	M	80	220	Montini, Art	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
JEFFERSON LIFT	80	M	85	231	Habecker, Denny	10/4/2025	IAWA WORLD CHAMPIONSHIPS (2025) - Lurgan, NI
JEFFERSON LIFT	85	M	70	154	Mitchell, Dennis	6/24/2017	NATIONALS (2017) - Cleveland, OH
JEFFERSON LIFT	85	M	75	165	Montini, Art	6/24/2017	NATIONALS (2017) - Cleveland, OH
JEFFERSON LIFT	85	M	80	187	Montini, Art	10/10/2015	2015 Worlds - Glasgow
JEFFERSON LIFT	85	M	95	275	Clark, Bill	11/30/2020	POSTAL (2020) - RECORD DAY
JEFFERSON LIFT	90	M	90	150	Clark, Bill	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
JEFFERSON LIFT	90	M	95	175	Clark, Bill	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
JEFFERSON LIFT	ALL	M	30	198	Montini, Rocco	2/15/1992	Ambridge, Pa.
JEFFERSON LIFT	ALL	M	60	468	Gazda, Goeff	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	ALL	M	65	419	Monk, John	8/15/1999	99 Moore Muscle Classic
JEFFERSON LIFT	ALL	M	70	634	Hirsh, Bob	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
JEFFERSON LIFT	ALL	M	75	650	Hirsh, Bob	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	ALL	M	80	702	Hirsh, Bob	2/24/1996	96 Buckeye Record Breaker
JEFFERSON LIFT	ALL	M	85	542	Wagman, Dan	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT	ALL	M	90	575	Anderson, Phil	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
JEFFERSON LIFT	ALL	M	95	605	Dellanave, David	3/3/2012	2012 Minnesota Meet
JEFFERSON LIFT	ALL	M	100	605	Schock, Ed	5/19/2001	2001 Powerzone Challenge
JEFFERSON LIFT	ALL	M	105	575	Spayd, Bill	5/19/2001	2001 Powerzone Challenge
JEFFERSON LIFT	ALL	M	110	605	Ciavattone, Jeff	12/31/2022	Frank's Record Breaker
JEFFERSON LIFT	ALL	M	115	601	Myers, Al	3/31/2011	POSTAL (2011) - Andy Goddard
JEFFERSON LIFT	ALL	M	120	623	Moore, Bob	5/31/1992	NATIONALS (1992) - Walpole, MA
JEFFERSON LIFT	ALL	M	125	622	Cookson, Chuck	3/31/2011	POSTAL (2011) - Andy Goddard
JEFFERSON LIFT	ALL	M	125+	606	Ciavattone, Frank	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	NAT	M	60	430	Gazda, Goeff	6/4/1994	NATIONALS (1994) - Cleveland, OH
JEFFERSON LIFT	NAT	M	65	347	Pensyl, Barry	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	NAT	M	70	474	Waterman, Chris	6/4/1994	NATIONALS (1994) - Cleveland, OH
JEFFERSON LIFT	NAT	M	75	634	Hirsh, Bob	6/4/1994	NATIONALS (1994) - Cleveland, OH
JEFFERSON LIFT	NAT	M	80	480	Ellis, Dave	6/4/1994	NATIONALS (1994) - Cleveland, OH
JEFFERSON LIFT	NAT	M	85	496	DiCiccio, Bill Jr.	6/4/1994	NATIONALS (1994) - Cleveland, OH
JEFFERSON LIFT	NAT	M	90	441	DiCiccio, Bill Sr.	5/31/1992	NATIONALS (1992) - Walpole, MA
JEFFERSON LIFT	NAT	M	95	529	Traub, Larry	6/30/2012	NATIONALS (2012) - Las Vegas, NV
JEFFERSON LIFT	NAT	M	100	452	Ciavattone, Joe Sr.	5/31/1992	NATIONALS (1992) - Walpole, MA
JEFFERSON LIFT	NAT	M	105	485	Locondro, Mike	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT	NAT	M	110	551	Myers, Al	6/30/2012	NATIONALS (2012) - Las Vegas, NV
JEFFERSON LIFT	NAT	M	115	551	Ullom, Chad	6/30/2012	NATIONALS (2012) - Las Vegas, NV

USAWA Record List

JEFFERSON LIFT	NAT	M	120	623	Moore, Bob	5/31/1992	NATIONALS (1992) - Walpole, MA
JEFFERSON LIFT	NAT	M	125	341	Ross, Dean	6/30/2012	NATIONALS (2012) - Las Vegas, NV
JEFFERSON LIFT	NAT	M	125+	606	Ciavattone, Frank	5/22/1993	NATIONALS (1993) - Middletown, PA
JEFFERSON LIFT, FULTON BAR	55	F	50	176	Jackson, RJ	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	55	F	90	165	Lupo, Allison	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JEFFERSON LIFT, FULTON BAR	55	F	95	125	Lupo, Allison	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT, FULTON BAR	60	F	100	225	Gore, Lisa	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
JEFFERSON LIFT, FULTON BAR	65	F	75	125	Thompson, Janet	8/16/2025	Walpole Record Day, East Walpole, MA
JEFFERSON LIFT, FULTON BAR	ALL	F	50	176	Jackson, RJ	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	ALL	F	65	220	Skwarecki, Beth	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	ALL	F	75	125	Thompson, Janet	8/16/2025	Walpole Record Day, East Walpole, MA
JEFFERSON LIFT, FULTON BAR	ALL	F	90	165	Lupo, Allison	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JEFFERSON LIFT, FULTON BAR	ALL	F	95	125	Lupo, Allison	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT, FULTON BAR	ALL	F	100	225	Gore, Lisa	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
JEFFERSON LIFT, FULTON BAR	13	M	45	34	McKean, Andraes	10/16/2011	2011 Arts Birthday Bash
JEFFERSON LIFT, FULTON BAR	13	M	85	128	McKean, Andraes	10/15/2017	2017 Art's Birthday Bash
JEFFERSON LIFT, FULTON BAR	14	M	125	407	Hess, Kohl	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR	16	M	80	352	Kressly, Logan	6/21/2014	NATIONALS (2014) - Macomb, IL
JEFFERSON LIFT, FULTON BAR	18	M	105	505	Ciavattone, Joe Jr.	12/1/2012	RD -New England 2013
JEFFERSON LIFT, FULTON BAR	40	M	80	303	LaPointe, Roger	8/12/2012	2012 Tractor Pull Meet
JEFFERSON LIFT, FULTON BAR	40	M	85	435	Smith, Abe	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
JEFFERSON LIFT, FULTON BAR	40	M	90	410	Strangeway, John	12/8/2018	RD - Lift for Leroy '18
JEFFERSON LIFT, FULTON BAR	40	M	95	441	Strangeway, John	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	40	M	110	534	Fuller, James	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
JEFFERSON LIFT, FULTON BAR	40	M	115	533	Myers, Al	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR	40	M	120	353	Todd, Eric	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	40	M	125	297	Todd, Chris	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	45	M	105	464	Ullom, Chad	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	45	M	125+	331	Foster, Lance	6/21/2014	NATIONALS (2014) - Macomb, IL
JEFFERSON LIFT, FULTON BAR	50	M	95	255	Gupta, Sanjiv	4/7/2024	Bench press Heptathlon
JEFFERSON LIFT, FULTON BAR	50	M	100	305	Gupta, Sanjiv	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
JEFFERSON LIFT, FULTON BAR	50	M	105	463	Myers, Al	9/30/2017	2017 IAWA Worlds - Perth
JEFFERSON LIFT, FULTON BAR	50	M	125+	290	Morrison, Rocky	8/15/2016	2016 Frank's BBC RD
JEFFERSON LIFT, FULTON BAR	55	M	70	280	Freides, Steve	10/12/2014	2014 Art's Birthday Bash
JEFFERSON LIFT, FULTON BAR	55	M	90	341	Smith, Randy	6/21/2014	NATIONALS (2014) - Macomb, IL
JEFFERSON LIFT, FULTON BAR	55	M	110	295	Lupo, Tony	6/9/2024	RD - Clark's Gym 3
JEFFERSON LIFT, FULTON BAR	55	M	115	305	Lupo, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JEFFERSON LIFT, FULTON BAR	55	M	120	303	Schmidt, Scott	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR	55	M	125+	308	Douglas, John	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	60	M	75	302	McKean, John	10/17/2010	2010 Art's Birthday Bash
JEFFERSON LIFT, FULTON BAR	60	M	80	353	McKean, John	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR	60	M	85	285	DeForest, Dave	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY

USAWA Record List

JEFFERSON LIFT, FULTON BAR	60	M	90	300	DeForest, Dave	8/21/2021	2021 SWEET 16/ELITE 8
JEFFERSON LIFT, FULTON BAR	60	M	100	402	Polzin, Dave	8/12/2012	2012 Tractor Pull Meet
JEFFERSON LIFT, FULTON BAR	60	M	125+	253	Ciavattone, Frank	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	65	M	75	303	McKean, John	8/12/2012	2012 Tractor Pull Meet
JEFFERSON LIFT, FULTON BAR	65	M	80	300	McKean, John	3/12/2011	2011 Club Challenge
JEFFERSON LIFT, FULTON BAR	65	M	85	215	DeForest, Dave	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
JEFFERSON LIFT, FULTON BAR	65	M	90	255	Carter, John	8/16/2025	Walpole Record Day, East Walpole, MA
JEFFERSON LIFT, FULTON BAR	65	M	115	165	Licini, Jerome	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
JEFFERSON LIFT, FULTON BAR	70	M	70	258	McKean, John	10/15/2017	2017 Art's Birthday Bash
JEFFERSON LIFT, FULTON BAR	70	M	75	260	McKean, John	12/20/2015	2015 John's RD
JEFFERSON LIFT, FULTON BAR	70	M	80	230	Emslie, David	11/8/2014	2014 Clarks RD
JEFFERSON LIFT, FULTON BAR	70	M	90	253	Habecker, Denny	6/21/2014	NATIONALS (2014) - Macomb, IL
JEFFERSON LIFT, FULTON BAR	70	M	105	255	Bletscher, Rudy	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR	70	M	110	255	Myers, LaVerne	1/27/2018	Dino Gym Challenge (2018)
JEFFERSON LIFT, FULTON BAR	70	M	120	300	Ciavattone, Frank	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
JEFFERSON LIFT, FULTON BAR	70	M	125	286	Ross, Dean	6/21/2014	NATIONALS (2014) - Macomb, IL
JEFFERSON LIFT, FULTON BAR	75	M	85	253	Habecker, Denny	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	75	M	90	242	Habecker, Denny	9/30/2017	2017 IAWA Worlds - Perth
JEFFERSON LIFT, FULTON BAR	75	M	105	264	Myers, LaVerne	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	75	M	110	264	Ross, Dean	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	80	M	70	176	Mitchell, Dennis	6/21/2014	NATIONALS (2014) - Macomb, IL
JEFFERSON LIFT, FULTON BAR	80	M	80	210	Montini, Art	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR	80	M	85	250	Montini, Art	10/14/2007	2007 Art's Birthday Bash
JEFFERSON LIFT, FULTON BAR	85	M	65	154	Mitchell, Dennis	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	85	M	80	198	Montini, Art	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
JEFFERSON LIFT, FULTON BAR	90	M	90	170	Clark, Bill	4/27/2024	Diamond Jubilee (2024), Columbia, MO
JEFFERSON LIFT, FULTON BAR	90	M	95	125	Clark, Bill	5/14/2023	Diamond Jubilee (2023), Columbia, MO
JEFFERSON LIFT, FULTON BAR	ALL	M	65	154	Mitchell, Dennis	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	ALL	M	70	320	Wenzel, Riley	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
JEFFERSON LIFT, FULTON BAR	ALL	M	75	385	Allen, Jay	7/21/2012	2012 Macomb Record Setter
JEFFERSON LIFT, FULTON BAR	ALL	M	80	425	Luther, Travis	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
JEFFERSON LIFT, FULTON BAR	ALL	M	85	503	Wagman, Dan	12/27/2015	RD - Iron Warrior
JEFFERSON LIFT, FULTON BAR	ALL	M	90	410	Strangeway, John	12/8/2018	RD - Lift for Leroy '18
JEFFERSON LIFT, FULTON BAR	ALL	M	95	441	Strangeway, John	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	ALL	M	100	402	Polzin, Dave	8/12/2012	2012 Tractor Pull Meet
JEFFERSON LIFT, FULTON BAR	ALL	M	105	505	Ciavattone, Joe Jr.	12/1/2012	RD -New England 2013
JEFFERSON LIFT, FULTON BAR	ALL	M	110	534	Fuller, James	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
JEFFERSON LIFT, FULTON BAR	ALL	M	115	533	Myers, Al	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR	ALL	M	120	441	Todd, Eric	6/21/2014	NATIONALS (2014) - Macomb, IL
JEFFERSON LIFT, FULTON BAR	ALL	M	125	440	Marlin, Philip	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
JEFFERSON LIFT, FULTON BAR	ALL	M	125+	529	Lestan, Chris	10/6/2019	2019 Worlds - Abilene
JEFFERSON LIFT, FULTON BAR	NAT	M	70	176	Mitchell, Dennis	6/21/2014	NATIONALS (2014) - Macomb, IL

USAWA Record List

JEFFERSON LIFT, FULTON BAR	NAT	M	80	352	Kressly, Logan	6/21/2014	NATIONALS (2014) - Macomb, IL
JEFFERSON LIFT, FULTON BAR	NAT	M	90	341	Smith, Randy	6/21/2014	NATIONALS (2014) - Macomb, IL
JEFFERSON LIFT, FULTON BAR	NAT	M	115	507	Ullom, Chad	6/21/2014	NATIONALS (2014) - Macomb, IL
JEFFERSON LIFT, FULTON BAR	NAT	M	120	441	Todd, Eric	6/21/2014	NATIONALS (2014) - Macomb, IL
JEFFERSON LIFT, FULTON BAR	NAT	M	125	286	Ross, Dean	6/21/2014	NATIONALS (2014) - Macomb, IL
JEFFERSON LIFT, FULTON BAR	NAT	M	125+	331	Foster, Lance	6/21/2014	NATIONALS (2014) - Macomb, IL
JEFFERSON LIFT, INDEX FINGERS	55	F	95	65	Lupo, Allison	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT, INDEX FINGERS	60	F	100	95	Gore, Lisa	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
JEFFERSON LIFT, INDEX FINGERS	ALL	F	95	65	Lupo, Allison	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT, INDEX FINGERS	ALL	F	100	95	Gore, Lisa	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
JEFFERSON LIFT, INDEX FINGERS	40	M	85	158	Jones, Dan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
JEFFERSON LIFT, INDEX FINGERS	40	M	90	225	Stearns, Ashley	10/5/2024	Buffville Road to the Century Club #6
JEFFERSON LIFT, INDEX FINGERS	40	M	120	115	Guerin, Joshua	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
JEFFERSON LIFT, INDEX FINGERS	45	M	95	135	Fobes, Jarrod	3/17/2024	Colorado Spring Fling
JEFFERSON LIFT, INDEX FINGERS	45	M	100	140	Fobes, Jarrod	7/27/2024	Buffville Road to the Century Club #5
JEFFERSON LIFT, INDEX FINGERS	45	M	110	155	Wenzel, Jeff	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT, INDEX FINGERS	50	M	95	115	Gupta, Sanjiv	3/17/2024	Colorado Spring Fling
JEFFERSON LIFT, INDEX FINGERS	50	M	105	135	Hadley, Patrick	10/5/2024	Buffville Road to the Century Club #6
JEFFERSON LIFT, INDEX FINGERS	50	M	110	226	Wenzel, Jeff	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JEFFERSON LIFT, INDEX FINGERS	55	M	75	104	Marchand, Wade	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
JEFFERSON LIFT, INDEX FINGERS	55	M	110	130	Lupo, Tony	8/10/2024	2024 Two-Fisted Challenge RD
JEFFERSON LIFT, INDEX FINGERS	55	M	115	135	Lupo, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JEFFERSON LIFT, INDEX FINGERS	60	M	80	95	DeForest, Dave	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT, INDEX FINGERS	60	M	85	115	DeForest, Dave	3/17/2024	Colorado Spring Fling
JEFFERSON LIFT, INDEX FINGERS	65	M	85	117	DeForest, Dave	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JEFFERSON LIFT, INDEX FINGERS	70	M	75	106	Santangelo, Stephen	10/5/2024	Buffville Road to the Century Club #6
JEFFERSON LIFT, INDEX FINGERS	70	M	125	170	Ciavattone, Frank	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
JEFFERSON LIFT, INDEX FINGERS	ALL	M	75	120	Wenzel, Riley	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
JEFFERSON LIFT, INDEX FINGERS	ALL	M	80	221	Wagman, Dan	5/12/2024	Record Day- Clark's Gym 2
JEFFERSON LIFT, INDEX FINGERS	ALL	M	85	158	Jones, Dan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
JEFFERSON LIFT, INDEX FINGERS	ALL	M	90	225	Stearns, Ashley	10/5/2024	Buffville Road to the Century Club #6
JEFFERSON LIFT, INDEX FINGERS	ALL	M	95	135	Fobes, Jarrod	3/17/2024	Colorado Spring Fling
JEFFERSON LIFT, INDEX FINGERS	ALL	M	100	140	Fobes, Jarrod	7/27/2024	Buffville Road to the Century Club #5
JEFFERSON LIFT, INDEX FINGERS	ALL	M	105	135	Hadley, Patrick	10/5/2024	Buffville Road to the Century Club #6
JEFFERSON LIFT, INDEX FINGERS	ALL	M	110	226	Wenzel, Jeff	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JEFFERSON LIFT, INDEX FINGERS	ALL	M	115	135	Lupo, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JEFFERSON LIFT, INDEX FINGERS	ALL	M	120	115	Guerin, Joshua	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
JEFFERSON LIFT, INDEX FINGERS	ALL	M	125	170	Ciavattone, Frank	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
JEFFERSON LIFT, LITTLE FINGERS	55	F	90	30	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	55	F	105	65	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	65	F	75	50	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	ALL	F	75	50	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO

USAWA Record List

JEFFERSON LIFT, LITTLE FINGERS	ALL	F	90	30	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	ALL	F	105	65	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	13	M	35	20	Wenzel, Logan	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	18	M	70	45	Market, Tim	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	40	M	70	120	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	40	M	80	88	Jones, Dan	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
JEFFERSON LIFT, LITTLE FINGERS	40	M	85	77	Jones, Dan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
JEFFERSON LIFT, LITTLE FINGERS	40	M	90	55	Jones, Dan	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
JEFFERSON LIFT, LITTLE FINGERS	40	M	120	75	Guerin, Joshua	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
JEFFERSON LIFT, LITTLE FINGERS	45	M	100	54	Fobes, Jarrod	6/28/2024	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	45	M	110	100	Wenzel, Jeff	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	50	M	100	65	Gupta, Sanjiv	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	50	M	110	135	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	55	M	110	65	Lupo, Tony	8/10/2024	2024 Two-Fisted Challenge RD
JEFFERSON LIFT, LITTLE FINGERS	55	M	115	75	Lupo, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	60	M	80	85	DeForest, Dave	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	60	M	85	86	DeForest, Dave	3/22/2025	Great American Bench Press Meet, Buffville, KY
JEFFERSON LIFT, LITTLE FINGERS	60	M	100	100	Frapier, Chris	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	65	M	85	90	DeForest, Dave	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
JEFFERSON LIFT, LITTLE FINGERS	65	M	90	95	Carter, John	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	70	M	125	115	Ciavattone, Frank	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
JEFFERSON LIFT, LITTLE FINGERS	75	M	90	75	Somfay, Joe	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	80	M	85	85	Somfay, Joe	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	ALL	M	35	20	Wenzel, Logan	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	ALL	M	70	120	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	ALL	M	80	95	Luther, Travis	6/29/2024	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	ALL	M	85	90	DeForest, Dave	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
JEFFERSON LIFT, LITTLE FINGERS	ALL	M	90	95	Carter, John	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	ALL	M	100	100	Frappier, Chris	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	ALL	M	110	135	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	ALL	M	115	75	Lupo, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
JEFFERSON LIFT, LITTLE FINGERS	ALL	M	120	75	Guerin, Joshua	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
JEFFERSON LIFT, LITTLE FINGERS	ALL	M	125	115	Ciavattone, Frank	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
JEFFERSON LIFT, MIDDLE FINGERS	55	F	95	65	Lupo, Allison	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT, MIDDLE FINGERS	60	F	100	95	Gore, Lisa	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
JEFFERSON LIFT, MIDDLE FINGERS	ALL	F	95	65	Lupo, Allison	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT, MIDDLE FINGERS	ALL	F	100	95	Gore, Lisa	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
JEFFERSON LIFT, MIDDLE FINGERS	40	M	85	215	Jones, Dan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
JEFFERSON LIFT, MIDDLE FINGERS	40	M	120	125	Guerin, Joshua	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
JEFFERSON LIFT, MIDDLE FINGERS	45	M	100	150	Fobes, Jarrod	7/27/2024	Buffville Road to the Century Club #5
JEFFERSON LIFT, MIDDLE FINGERS	45	M	110	215	Wenzel, Jeff	6/9/2024	RD - Clark's Gym 3
JEFFERSON LIFT, MIDDLE FINGERS	50	M	75	156	Marchand, Wade	7/9/2022	RD - Franks Barbell

USAWA Record List

JEFFERSON LIFT, MIDDLE FINGERS	50	M	95	115	Gupta, Sanjiv	3/17/2024	Colorado Spring Fling
JEFFERSON LIFT, MIDDLE FINGERS	50	M	105	310	Ullom, Chad	11/1/2025	IAWA GOLD CUP (2025) - Derby University, UK
JEFFERSON LIFT, MIDDLE FINGERS	55	M	110	130	Lupo, Tony	8/10/2024	2024 Two-Fisted Challenge RD
JEFFERSON LIFT, MIDDLE FINGERS	55	M	115	135	Lupo, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JEFFERSON LIFT, MIDDLE FINGERS	60	M	80	145	DeForest, Dave	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT, MIDDLE FINGERS	60	M	85	125	DeForest, Dave	3/17/2024	Colorado Spring Fling
JEFFERSON LIFT, MIDDLE FINGERS	65	M	85	155	DeForest, Dave	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JEFFERSON LIFT, MIDDLE FINGERS	70	M	75	145	Santangelo, Stephen	10/5/2024	Buffville Road to the Century Club #6
JEFFERSON LIFT, MIDDLE FINGERS	70	M	125	155	Ciavattone, Frank	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
JEFFERSON LIFT, MIDDLE FINGERS	ALL	M	75	156	Marchand, Wade	7/9/2022	RD - Franks Barbell
JEFFERSON LIFT, MIDDLE FINGERS	ALL	M	80	301	Wagman, Dan	4/7/2024	Bench press Heptathlon
JEFFERSON LIFT, MIDDLE FINGERS	ALL	M	85	215	Jones, Dan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
JEFFERSON LIFT, MIDDLE FINGERS	ALL	M	95	115	Gupta, Sanjiv	3/17/2024	Colorado Spring Fling
JEFFERSON LIFT, MIDDLE FINGERS	ALL	M	100	150	Fobes, Jarrod	7/27/2024	Buffville Road to the Century Club #5
JEFFERSON LIFT, MIDDLE FINGERS	ALL	M	105	310	Ullom, Chad	11/1/2025	IAWA GOLD CUP (2025) - Derby University, UK
JEFFERSON LIFT, MIDDLE FINGERS	ALL	M	110	215	Wenzel, Jeff	6/9/2024	RD - Clark's Gym 3
JEFFERSON LIFT, MIDDLE FINGERS	ALL	M	115	135	Lupo, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JEFFERSON LIFT, MIDDLE FINGERS	ALL	M	120	125	Guerin, Joshua	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
JEFFERSON LIFT, MIDDLE FINGERS	ALL	M	125	155	Ciavattone, Frank	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
JEFFERSON LIFT, RING FINGERS	60	F	100	95	Gore, Lisa	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
JEFFERSON LIFT, RING FINGERS	ALL	F	100	95	Gore, Lisa	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
JEFFERSON LIFT, RING FINGERS	40	M	80	117	Jones, Dan	8/16/2025	Walpole Record Day, East Walpole, MA
JEFFERSON LIFT, RING FINGERS	40	M	85	158	Jones, Dan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
JEFFERSON LIFT, RING FINGERS	40	M	90	55	Jones, Dan	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
JEFFERSON LIFT, RING FINGERS	40	M	120	115	Guerin, Joshua	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
JEFFERSON LIFT, RING FINGERS	45	M	100	231	Hallam, Paul	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
JEFFERSON LIFT, RING FINGERS	45	M	110	145	Wenzel, Jeff	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT, RING FINGERS	50	M	95	55	Gupta, Sanjiv	7/27/2024	Buffville Road to the Century Club #5
JEFFERSON LIFT, RING FINGERS	50	M	110	155	Wenzel, Jeff	3/22/2025	Great American Bench Press Meet, Buffville, KY
JEFFERSON LIFT, RING FINGERS	55	M	110	100	Lupo, Tony	8/10/2024	2024 Two-Fisted Challenge RD
JEFFERSON LIFT, RING FINGERS	60	M	80	115	DeForest, Dave	6/29/2024	NATIONALS (2024) - Columbia, MO
JEFFERSON LIFT, RING FINGERS	60	M	85	115	DeForest, Dave	3/17/2024	Colorado Spring Fling
JEFFERSON LIFT, RING FINGERS	65	M	85	127	DeForest, Dave	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
JEFFERSON LIFT, RING FINGERS	70	M	125	155	Ciavattone, Frank	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
JEFFERSON LIFT, RING FINGERS	ALL	M	80	117	Jones, Dan	8/16/2025	Walpole Record Day, East Walpole, MA
JEFFERSON LIFT, RING FINGERS	ALL	M	85	158	Jones, Dan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
JEFFERSON LIFT, RING FINGERS	ALL	M	90	55	Jones, Dan	10/12/2024	Walpole Record Breaker Day (2024) - E Walpole, MA
JEFFERSON LIFT, RING FINGERS	ALL	M	95	55	Gupta, Sanjiv	7/27/2024	Buffville Road to the Century Club #5
JEFFERSON LIFT, RING FINGERS	ALL	M	100	100	Fobes, Jarrod	7/27/2024	Buffville Road to the Century Club #5
JEFFERSON LIFT, RING FINGERS	ALL	M	110	155	Wenzel, Jeff	3/22/2025	Great American Bench Press Meet, Buffville, KY
JEFFERSON LIFT, RING FINGERS	ALL	M	120	115	Guerin, Joshua	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
JEFFERSON LIFT, RING FINGERS	ALL	M	125	155	Ciavattone, Frank	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO

USAWA Record List

JERK, FROM RACK	13	F	45	73	Harris, Emily	2/12/2006	RD - Dino Gym (2006)
JERK, FROM RACK	13	F	50	33	Wilde, Aldyn	2/12/2006	RD - Dino Gym (2006)
JERK, FROM RACK	14	F	40	45	Gupta, Nisha	6/9/2024	Stars of Tomorrow on parade
JERK, FROM RACK	16	F	40	45	Gupta, Nisha	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
JERK, FROM RACK	16	F	45	45	Gupta, Diya	6/9/2024	Stars of Tomorrow on parade
JERK, FROM RACK	18	F	50	50	Gupta, Diya	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
JERK, FROM RACK	40	F	55	99	Hughes, Suree	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	45	F	50	105	Phumchaona, Noi	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	50	F	55	110	Phumchaona, Noi	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	55	F	90	45	Lupo, Allison	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
JERK, FROM RACK	60	F	105	45	Gore, Lisa	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
JERK, FROM RACK	ALL	F	40	45	Gupta, Nisha	6/9/2024	Stars of Tomorrow on parade
JERK, FROM RACK	ALL	F	45	73	Harris, Emily	2/12/2006	RD - Dino Gym (2006)
JERK, FROM RACK	ALL	F	50	105	Phumchaona, Noi	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	ALL	F	55	110	Phumchaona, Noi	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	ALL	F	65	165	Simonsen, Jacqueline	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	ALL	F	70	66	Schmidt, Kathy	2/18/1995	95 Buckeye Record Breaker
JERK, FROM RACK	ALL	F	90	88	Ciavattone, Cara	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	ALL	F	105	45	Gore, Lisa	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
JERK, FROM RACK	ALL	F	110	182	McVay, Mary Jo	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	13	M	30	33	Geib, Adam	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	13	M	35	39	O'Brien, Mike	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	13	M	50	77	Kennedy, Tim	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	13	M	55	61	McKean, Robbie	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	13	M	60	55	McKean, Sean	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	14	M	70	154	Vernacchio, S.J.	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	14	M	90	154	McKean, Robbie	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	14	M	125+	185	Hess, Kohl	6/30/2010	Middle Atlantic Postal
JERK, FROM RACK	16	M	60	120	Van Fossan, Matt	10/11/1998	98 Art's Birthday Bash
JERK, FROM RACK	16	M	70	155	Heit, Calvin	2/11/2018	RD - Dino Gym
JERK, FROM RACK	16	M	80	75	Conley, Elijah	6/9/2024	Stars of Tomorrow on parade
JERK, FROM RACK	18	M	60	95	Wenzel, Spencer	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
JERK, FROM RACK	18	M	80	225	Smith, Abe	11/18/2000	RD - Columbia, MO '00
JERK, FROM RACK	18	M	100	198	Cirafesi, Ralph	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	40	M	60	143	McKean, John	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	40	M	70	281	Waterman, Chris	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	40	M	75	265	Waterman, Chris	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
JERK, FROM RACK	40	M	80	243	Hirsh, Bob	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	40	M	95	245	Strangeway, John	3/31/2019	POSTAL (2019) - Q1
JERK, FROM RACK	40	M	100	176	Wilmot, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
JERK, FROM RACK	40	M	105	270	Karhan, Bob	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	40	M	110	335	Schmidt, Scott	1/30/1993	93 Buckeye Record Breaker

USAWA Record List

JERK, FROM RACK	40	M	115	332	Schmidt, Scott	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
JERK, FROM RACK	40	M	120	300	Myers, Al	6/30/2010	Middle Atlantic Postal
JERK, FROM RACK	40	M	125	220	Ciavattone, Frank	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	40	M	125+	353	McClain, Ken	11/7/1987	Wichita, Ks.
JERK, FROM RACK	45	M	65	220	Pensyl, Barry	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	45	M	70	220	Waterman, Chris	3/4/2000	2000 Buckeye Record Break
JERK, FROM RACK	45	M	85	243	Habecker, Denny	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	45	M	110	325	Schmidt, Scott	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	45	M	120	305	Schmidt, Scott	12/17/2000	Record Day
JERK, FROM RACK	45	M	125+	240	Mitchell, Mark	6/30/2010	Middle Atlantic Postal
JERK, FROM RACK	50	M	60	127	Tarlecki, Jim	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	50	M	75	220	Habecker, Denny	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	50	M	80	225	Habecker, Denny	10/15/1995	95 Art's Birthday Bash
JERK, FROM RACK	50	M	85	254	Habecker, Denny	5/14/1994	94 Intercontinental Meet
JERK, FROM RACK	50	M	90	237	Vernacchio, John	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	50	M	95	243	Vernacchio, John	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
JERK, FROM RACK	50	M	100	220	Kurtz, John	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	50	M	110	292	Malloy, Jim	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	50	M	115	176	Geib, Bob	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	50	M	125+	120	Foster, Lance	3/31/2019	POSTAL (2019) - Q1
JERK, FROM RACK	55	M	70	132	Quier, Ed	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	55	M	80	243	Habecker, Denny	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	55	M	85	226	Habecker, Denny	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
JERK, FROM RACK	55	M	95	165	Vernacchio, John	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	55	M	110	120	Lupo, Tony	4/7/2024	Bench press Heptathlon
JERK, FROM RACK	55	M	115	281	Malloy, Jim	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	55	M	125+	176	Drybread, Bill	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	60	M	80	182	Montini, Art	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	60	M	85	165	Bryan, Barry	3/31/2019	POSTAL (2019) - Q1
JERK, FROM RACK	60	M	90	159	Habecker, Denny	10/22/2006	2006 Art's Birthday Bash
JERK, FROM RACK	60	M	105	176	Prechtel, Howard	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
JERK, FROM RACK	65	M	75	116	Mitchell, Dennis	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	65	M	85	110	DeForest, Dave	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
JERK, FROM RACK	65	M	90	176	Durante, Richard	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	65	M	95	243	Skeete, Harrison	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	65	M	100	187	Prechtel, Howard	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	65	M	110	176	Prechtel, Howard	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	70	M	85	138	Cox, Bob	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	70	M	90	132	Monahan, Rex	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	70	M	95	154	Prechtel, Howard	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	70	M	105	115	Eberhardinger, Paul	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	75	M	90	99	Habecker, Denny	3/31/2019	POSTAL (2019) - Q1

USAWA Record List

JERK, FROM RACK	75	M	115	45	Ross, Dean	3/31/2019	POSTAL (2019) - Q1
JERK, FROM RACK	ALL	M	30	33	Geib, Adam	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	ALL	M	60	187	Quier, Dave	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	ALL	M	65	220	Pensyl, Barry	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	ALL	M	70	281	Waterman, Chris	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	ALL	M	75	265	Waterman, Chris	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
JERK, FROM RACK	ALL	M	80	243	Hirsh, Bob	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	ALL	M	85	353	Bryan, Barry	5/19/1990	All-round Championships (1990) - All-Eastern Open
JERK, FROM RACK	ALL	M	90	242	Pinkerton, Tim	1/20/2007	Dino Gym Challenge (2007)
JERK, FROM RACK	ALL	M	95	320	Moore, Drue	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	ALL	M	100	331	Venterosa, Don	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK	ALL	M	105	397	Oliver, Clay	11/8/1987	Wichita, Ks.
JERK, FROM RACK	ALL	M	110	335	Schmidt, Scott	1/30/1993	93 Buckeye Record Breaker
JERK, FROM RACK	ALL	M	115	342	Dundon, John	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK	ALL	M	120	310	Ullom, Chad	2/10/2007	RD - Dino Gym (2007)
JERK, FROM RACK	ALL	M	125	330	Myers, Al	2/20/2005	RD - Dino Gym (2005)
JERK, FROM RACK	ALL	M	125+	406	Beath, Ernie	12/6/2009	2009 John's BD Record Day
JERK, FROM RACK, BEHIND NECK	50	F	55	98	Phumchaona, Noi	10/12/1997	97 Art's Birthday Bash
JERK, FROM RACK, BEHIND NECK	ALL	F	55	98	Phumchaona, Noi	10/12/1997	97 Art's Birthday Bash
JERK, FROM RACK, BEHIND NECK	ALL	F	70	99	DeLaRosa, Doris	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
JERK, FROM RACK, BEHIND NECK	13	M	55	25	Montini, Jason II	10/15/2017	2017 Art's Birthday Bash
JERK, FROM RACK, BEHIND NECK	13	M	60	99	McKean, Robbie	12/15/1990	RD - Ambridge
JERK, FROM RACK, BEHIND NECK	13	M	95	50	Montini, Benson	10/15/2017	2017 Art's Birthday Bash
JERK, FROM RACK, BEHIND NECK	16	M	75	215	Howard, Colby	3/18/2000	2000 Nebraskaland Classic
JERK, FROM RACK, BEHIND NECK	16	M	80	205	Kucera, Matt	3/18/2000	2000 Nebraskaland Classic
JERK, FROM RACK, BEHIND NECK	16	M	95	132	Habecker, Aidan	8/3/2019	PRESIDENTIAL CUP (2019)
JERK, FROM RACK, BEHIND NECK	16	M	100	255	Kucera, Elijah	3/18/2000	2000 Nebraskaland Classic
JERK, FROM RACK, BEHIND NECK	40	M	70	276	Waterman, Chris	2/18/1995	95 Buckeye Record Breaker
JERK, FROM RACK, BEHIND NECK	40	M	75	254	Waterman, Chris	3/7/1998	98 Buckeye Record Breaker
JERK, FROM RACK, BEHIND NECK	40	M	80	245	Monk, John	10/14/2007	2007 Art's Birthday Bash
JERK, FROM RACK, BEHIND NECK	40	M	90	265	Montini, Rob	2/15/1992	Ambridge, Pa.
JERK, FROM RACK, BEHIND NECK	40	M	120	305	Fulton, Kevin	3/18/2000	2000 Nebraskaland Classic
JERK, FROM RACK, BEHIND NECK	45	M	120	225	Schmidt, Scott	10/13/2002	2002 Art's Birthday Bash
JERK, FROM RACK, BEHIND NECK	45	M	125+	225	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
JERK, FROM RACK, BEHIND NECK	50	M	75	182	Vernacchio, Sal	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
JERK, FROM RACK, BEHIND NECK	50	M	95	135	Gupta, Sanjiv	6/9/2024	RD - Stars of Tomorrow on parade
JERK, FROM RACK, BEHIND NECK	50	M	105	140	Wenzel, Jeff	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
JERK, FROM RACK, BEHIND NECK	55	M	115	100	Lupo, Tony	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
JERK, FROM RACK, BEHIND NECK	60	M	80	137	Mitchell, Dennis	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK, BEHIND NECK	60	M	85	105	DeForest, Dave	12/7/2024	Old Time Strongman World Championship (2024) RD
JERK, FROM RACK, BEHIND NECK	60	M	110	154	Schmidt, Scott	10/16/2016	2016 Art's Birthday Bash
JERK, FROM RACK, BEHIND NECK	65	M	105	135	Montini, Rob	10/14/2012	2012 Arts Birthday Bash

USAWA Record List

JERK, FROM RACK, BEHIND NECK	70	M	80	137	Montini, Art	10/18/1997	97 IAWA - Collegeville
JERK, FROM RACK, BEHIND NECK	ALL	M	60	99	McKean, Robbie	12/15/1990	RD - Ambridge
JERK, FROM RACK, BEHIND NECK	ALL	M	70	298	Waterman, Chris	7/18/1993	93 IAWA - Walpole, MA
JERK, FROM RACK, BEHIND NECK	ALL	M	75	254	Waterman, Chris	3/7/1998	98 Buckeye Record Breaker
JERK, FROM RACK, BEHIND NECK	ALL	M	80	245	Monk, John	10/14/2007	2007 Art's Birthday Bash
JERK, FROM RACK, BEHIND NECK	ALL	M	85	135	Luther, Travis	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
JERK, FROM RACK, BEHIND NECK	ALL	M	90	265	Montini, Rob	2/15/1992	Ambridge, Pa.
JERK, FROM RACK, BEHIND NECK	ALL	M	95	132	Habecker, Aidan	8/3/2019	PRESIDENTIAL CUP (2019)
JERK, FROM RACK, BEHIND NECK	ALL	M	100	255	Kucera, Elijah	3/18/2000	2000 Nebraskaland Classic
JERK, FROM RACK, BEHIND NECK	ALL	M	105	140	Wenzel, Jeff	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
JERK, FROM RACK, BEHIND NECK	ALL	M	110	275	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
JERK, FROM RACK, BEHIND NECK	ALL	M	115	100	Lupo, Tony	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
JERK, FROM RACK, BEHIND NECK	ALL	M	120	305	Fulton, Kevin	3/18/2000	2000 Nebraskaland Classic
JERK, FROM RACK, BEHIND NECK	ALL	M	125	225	Marlin, Philip	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
JERK, FROM RACK, BEHIND NECK	ALL	M	125+	225	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
JUDD CLEAN & JERK	40	F	65	77	Skwarecki, Beth	10/12/2024	Clarks Gym RD #5 (2024)
JUDD CLEAN & JERK	ALL	F	65	77	Skwarecki, Beth	10/12/2024	Clarks Gym RD #5 (2024)
JUDD CLEAN & JERK	ALL	F	75	88	Trimble, Nicole	10/12/2024	Clarks Gym RD #5 (2024)
JUDD CLEAN & JERK	ALL	F	80	77	Jordan, Diana	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
JUDD CLEAN & JERK	16	M	95	44	Habecker, Aidan	12/7/2019	2019 Memorial Record Day
JUDD CLEAN & JERK	40	M	85	105	Smith, Abe	6/24/2023	NATIONALS (2023) - Columbia, MO
JUDD CLEAN & JERK	40	M	115	100	Myers, Al	1/17/2009	Dino Gym Challenge (2009)
JUDD CLEAN & JERK	45	M	75	75	Ortega, Toby	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
JUDD CLEAN & JERK	45	M	100	77	Lansdown, Christopher	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
JUDD CLEAN & JERK	50	M	105	85	Wenzel, Jeff	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
JUDD CLEAN & JERK	55	M	110	35	Lupo, Tony	6/29/2024	NATIONALS (2024) - Columbia, MO
JUDD CLEAN & JERK	70	M	105	50	Bletscher, Rudy	1/17/2009	Dino Gym Challenge (2009)
JUDD CLEAN & JERK	ALL	M	70	77	Laquerre, Pierre-Francois	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
JUDD CLEAN & JERK	ALL	M	75	75	Ortega, Toby	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
JUDD CLEAN & JERK	ALL	M	80	115	Luther, Travis	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
JUDD CLEAN & JERK	ALL	M	85	110	Smith, Abe	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
JUDD CLEAN & JERK	ALL	M	95	44	Habecker, Aidan	12/7/2019	2019 Memorial Record Day
JUDD CLEAN & JERK	ALL	M	100	77	Lansdown, Christopher	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
JUDD CLEAN & JERK	ALL	M	105	150	Ullom, Chad	1/17/2009	Dino Gym Challenge (2009)
JUDD CLEAN & JERK	ALL	M	110	155	Ullom, Chad	7/18/2010	Ledaig Record Day
JUDD CLEAN & JERK	ALL	M	115	100	Myers, Al	1/17/2009	Dino Gym Challenge (2009)
JUDD CLEAN & JERK	ALL	M	125+	120	Campbell, Scott	1/17/2009	Dino Gym Challenge (2009)
KENNEDY LIFT	13	F	55	250	Todd, Phoebe	12/10/2022	RD - Lift for Leroy '22
KENNEDY LIFT	13	F	60	220	Todd, Phoebe	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
KENNEDY LIFT	14	F	65	280	Todd, Phoebe	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
KENNEDY LIFT	16	F	75	300	Todd, Lillian	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
KENNEDY LIFT	40	F	70	419	Skwarecki, Beth	8/6/2022	PRESIDENTIAL CUP (2022)

USAWA Record List

KENNEDY LIFT	40	F	90	450	Todd, Stacy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
KENNEDY LIFT	55	F	90	275	Lupo, Allison	9/14/2025	One Ton Challenge (2025), Columbia, MO
KENNEDY LIFT	55	F	95	250	Gore, Lisa	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
KENNEDY LIFT	60	F	50	376	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
KENNEDY LIFT	60	F	75	200	Thompson, Janet	8/21/2022	CLARK'S BIRTHDAY WEEKEND
KENNEDY LIFT	60	F	105	190	Gore, Lisa	9/14/2025	One Ton Challenge (2025), Columbia, MO
KENNEDY LIFT	65	F	75	200	Thompson, Janet	9/14/2025	One Ton Challenge (2025), Columbia, MO
KENNEDY LIFT	65	F	125+	245	McConnaughey, Mary	9/14/2025	One Ton Challenge (2025), Columbia, MO
KENNEDY LIFT	70	F	65	65	Santangelo, Lori	5/12/2024	Record Day- Clark's Gym 2
KENNEDY LIFT	ALL	F	50	376	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
KENNEDY LIFT	ALL	F	55	250	Todd, Phoebe	12/10/2022	RD - Lift for Leroy '22
KENNEDY LIFT	ALL	F	60	220	Todd, Phoebe	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
KENNEDY LIFT	ALL	F	65	280	Todd, Phoebe	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
KENNEDY LIFT	ALL	F	70	419	Skwarecki, Beth	8/6/2022	PRESIDENTIAL CUP (2022)
KENNEDY LIFT	ALL	F	75	300	Todd, Lillian	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
KENNEDY LIFT	ALL	F	90	450	Todd, Stacy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
KENNEDY LIFT	ALL	F	95	250	Gore, Lisa	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
KENNEDY LIFT	ALL	F	100	400	Tully, Heather	9/9/2017	2017 OTSM Championships
KENNEDY LIFT	ALL	F	105	190	Gore, Lisa	9/14/2025	One Ton Challenge (2025), Columbia, MO
KENNEDY LIFT	ALL	F	125+	245	McConnaughey, Mary	9/14/2025	One Ton Challenge (2025), Columbia, MO
KENNEDY LIFT	13	M	30	145	Wenzel, Logan	5/12/2024	Record Day- Clark's Gym 2
KENNEDY LIFT	13	M	35	165	Wenzel, Logan	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
KENNEDY LIFT	13	M	40	200	Wenzel, Logan	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
KENNEDY LIFT	13	M	50	250	Todd, Everett	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
KENNEDY LIFT	13	M	60	300	Todd, Everett	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
KENNEDY LIFT	13	M	65	290	Todd, Leroy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
KENNEDY LIFT	13	M	90	300	Bankens, Isaac	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
KENNEDY LIFT	14	M	80	500	Kressly, Logan	1/18/2014	Dino Gym Challenge (2014)
KENNEDY LIFT	16	M	60	405	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
KENNEDY LIFT	40	M	85	635	Smith, Abe	4/7/2024	Bench press Heptathlon
KENNEDY LIFT	40	M	95	705	Strangeway, John	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
KENNEDY LIFT	40	M	100	711	Strangeway, John	1/21/2023	Dino Gym Challenge (2023)
KENNEDY LIFT	40	M	105	525	Culbert, John	8/23/2025	True North True Strength II - RD- Fergus, Ont
KENNEDY LIFT	40	M	110	752	Ciavattone, Jeff	11/30/2020	POSTAL (2020) - RECORD DAY
KENNEDY LIFT	40	M	115	650	Todd, Eric	9/9/2017	2017 OTSM Championships
KENNEDY LIFT	40	M	120	500	Millsaps, Holland	6/4/2023	Hackendinnie Classic
KENNEDY LIFT	40	M	125+	660	Tully, Scott	9/9/2017	2017 OTSM Championships
KENNEDY LIFT	45	M	105	455	Wenzel, Jeff	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
KENNEDY LIFT	45	M	110	750	Myers, Al	1/18/2014	Dino Gym Challenge (2014)
KENNEDY LIFT	45	M	115	755	Ullom, Chad	9/9/2017	2017 OTSM Championships
KENNEDY LIFT	45	M	125+	500	Foster, Lance	1/18/2014	Dino Gym Challenge (2014)
KENNEDY LIFT	50	M	100	380	Gupta, Sanjiv	9/14/2025	One Ton Challenge (2025), Columbia, MO

USAWA Record List

KENNEDY LIFT	50	M	105	725	Ullom, Chad	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
KENNEDY LIFT	50	M	110	661	Myers, Al	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
KENNEDY LIFT	50	M	125+	500	Douglas, John	9/9/2017	2017 OTSM Championships
KENNEDY LIFT	55	M	70	405	Freides, Steve	10/12/2014	2014 Art's Birthday Bash
KENNEDY LIFT	55	M	105	711	Myers, Al	1/21/2023	Dino Gym Challenge (2023)
KENNEDY LIFT	55	M	110	400	Lupo, Tony	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
KENNEDY LIFT	55	M	115	410	Lupo, Tony	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
KENNEDY LIFT	55	M	120	400	Foster, Lance	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
KENNEDY LIFT	55	M	125+	551	Douglas, John	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
KENNEDY LIFT	60	M	80	420	DeForest, Dave	6/9/2024	RD - Clark's Gym 3
KENNEDY LIFT	60	M	85	450	DeForest, Dave	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
KENNEDY LIFT	60	M	90	405	Deforest, Dave	8/21/2021	2021 SWEET 16/ELITE 8
KENNEDY LIFT	60	M	95	675	Traub, Larry	1/18/2014	Dino Gym Challenge (2014)
KENNEDY LIFT	60	M	100	455	Carter, John	12/17/2022	Memorial Record Day
KENNEDY LIFT	60	M	115	755	Cook, Greg	9/9/2017	2017 OTSM Championships
KENNEDY LIFT	60	M	120	804	Cook, Greg	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
KENNEDY LIFT	65	M	80	430	Deforest, Dave	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
KENNEDY LIFT	65	M	85	500	Deforest, Dave	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
KENNEDY LIFT	65	M	110	360	Licini, Jerome	9/14/2025	One Ton Challenge (2025), Columbia, MO
KENNEDY LIFT	65	M	115	242	Licini, Jerome	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
KENNEDY LIFT	70	M	70	410	McKean, John	10/15/2017	2017 Art's Birthday Bash
KENNEDY LIFT	70	M	90	325	Habecker, Denny	9/9/2017	2017 OTSM Championships
KENNEDY LIFT	70	M	105	365	Ross, Dean	9/9/2017	2017 OTSM Championships
KENNEDY LIFT	70	M	115	365	Glasgow, Dave	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
KENNEDY LIFT	70	M	125	400	Ross, Dean	1/18/2014	Dino Gym Challenge (2014)
KENNEDY LIFT	75	M	60	270	Pensyl, Barry	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
KENNEDY LIFT	75	M	85	303	Habecker, Denny	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
KENNEDY LIFT	75	M	95	205	Ross, Dean	9/11/2021	OTSM CHAMPIONSHIP (2021) - Turney, MO
KENNEDY LIFT	75	M	100	280	Myers, LaVerne	1/21/2023	Dino Gym Challenge (2023)
KENNEDY LIFT	75	M	105	352	Myers, LaVerne	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
KENNEDY LIFT	75	M	110	309	Ross, Dean	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
KENNEDY LIFT	80	M	80	225	Durante, Richard	10/12/2014	2014 Art's Birthday Bash
KENNEDY LIFT	80	M	85	300	Habecker, Denny	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
KENNEDY LIFT	80	M	105	315	Clark, Bill	10/10/2016	2016 Clark's Double Decathlon
KENNEDY LIFT	85	M	95	275	Clark, Bill	5/22/2021	2021 Clark's Record Day
KENNEDY LIFT	90	M	90	295	Clark, Bill	4/7/2024	Bench press Heptathlon
KENNEDY LIFT	90	M	95	205	Clark, Bill	8/3/2024	Clarks Gym RD #4 (2024)
KENNEDY LIFT	ALL	M	30	145	Wenzel, Logan	5/12/2024	Record Day- Clark's Gym 2
KENNEDY LIFT	ALL	M	35	165	Wenzel, Logan	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
KENNEDY LIFT	ALL	M	40	200	Wenzel, Logan	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
KENNEDY LIFT	ALL	M	50	250	Todd, Everett	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
KENNEDY LIFT	ALL	M	60	405	Wenzel, Spencer	4/7/2024	Bench press Heptathlon

USAWA Record List

KENNEDY LIFT	ALL	M	65	290	Todd, Leroy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
KENNEDY LIFT	ALL	M	70	495	Wenzel, Riley	9/14/2025	One Ton Challenge (2025), Columbia, MO
KENNEDY LIFT	ALL	M	75	535	Frieders, Nicholas	5/22/2021	2021 Clark's Record Day
KENNEDY LIFT	ALL	M	80	575	Luther, Travis	9/14/2025	One Ton Challenge (2025), Columbia, MO
KENNEDY LIFT	ALL	M	85	726	Wagman, Dan	8/27/2017	2017 Iron Warrior RD
KENNEDY LIFT	ALL	M	90	545	Ford-Roussel, Jacob	8/23/2025	True North True Strength II - RD- Fergus, Ont
KENNEDY LIFT	ALL	M	95	705	Strangeway, John	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
KENNEDY LIFT	ALL	M	100	711	Strangeway, John	1/21/2023	Dino Gym Challenge (2023)
KENNEDY LIFT	ALL	M	105	725	Ullom, Chad	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
KENNEDY LIFT	ALL	M	110	752	Ciavattone, Jeff	11/30/2020	POSTAL (2020) - RECORD DAY
KENNEDY LIFT	ALL	M	115	755	Cook, Greg	9/9/2017	2017 OTSM Championships
KENNEDY LIFT	ALL	M	120	804	Cook, Greg	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
KENNEDY LIFT	ALL	M	125	405	Todd, Chris	9/9/2017	2017 OTSM Championships
KENNEDY LIFT	ALL	M	125+	660	Tully, Scott	9/9/2017	2017 OTSM Championships
LANO LIFT	16	F	55	44	McDonald, Alexandria	3/16/2024	RD - Iron Palaces strongest man
LANO LIFT	ALL	F	55	44	McDonald, Alexandria	3/16/2024	RD - Iron Palaces strongest man
LANO LIFT	ALL	F	75	51	Diggs, Crystal	6/13/2024	Mini Meet - Colorado Springs, CO
LANO LIFT	14	M	75	22	Habecker, Aidan	12/16/2017	2017 Vernacchio Memorial
LANO LIFT	16	M	95	22	Habecker, Aidan	12/7/2019	2019 Memorial Record Day
LANO LIFT	40	M	70	135	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LANO LIFT	40	M	85	135	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LANO LIFT	ALL	M	70	135	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LANO LIFT	ALL	M	75	22	Habecker, Aidan	12/16/2017	2017 Vernacchio Memorial
LANO LIFT	ALL	M	80	100	Root, Andy	10/16/2011	2011 Arts Birthday Bash
LANO LIFT	ALL	M	85	135	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LANO LIFT	ALL	M	95	22	Habecker, Aidan	12/7/2019	2019 Memorial Record Day
LANO LIFT	ALL	M	125+	105	Scourtas, Brandon	3/16/2024	RD - Iron Palaces strongest man
LATERAL RAISE, LYING	13	F	50	16	Todd, Phoebe	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	50	F	50	32	Jackson, RJ	12/1/2012	2012 Gracie Club RD
LATERAL RAISE, LYING	55	F	60	30	VanWagner, Kim	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, LYING	55	F	75	60	Ollenuking, Amorkor	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	55	F	90	30	Lupo, Allison	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, LYING	55	F	105	40	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
LATERAL RAISE, LYING	60	F	85	40	Thompson, Janet	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	65	F	75	20	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
LATERAL RAISE, LYING	ALL	F	50	32	Jackson, RJ	12/1/2012	2012 Gracie Club RD
LATERAL RAISE, LYING	ALL	F	60	30	VanWagner, Kim	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, LYING	ALL	F	70	40	Skwarecki, Beth	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	ALL	F	75	60	Ollenuking, Amorkor	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	ALL	F	85	40	Thompson, Janet	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	ALL	F	90	30	Lupo, Allison	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, LYING	ALL	F	105	40	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO

USAWA Record List

LATERAL RAISE, LYING	13	M	30	14	Wenzel, Logan	6/9/2024	RD - Clark's Gym 3
LATERAL RAISE, LYING	13	M	35	15	Wenzel, Logan	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
LATERAL RAISE, LYING	13	M	45	16	Todd, Everett	4/14/2024	Record Day- Clark's Gym 1
LATERAL RAISE, LYING	14	M	65	40	Lestan, Eric	12/31/2018	POSTAL (2018) - Q4
LATERAL RAISE, LYING	14	M	90	30	Habecker, Aidan	12/31/2018	POSTAL (2018) - Q4
LATERAL RAISE, LYING	16	M	60	40	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
LATERAL RAISE, LYING	16	M	80	35	Conley, Elijah	6/9/2024	RD - Stars of Tomorrow on parade
LATERAL RAISE, LYING	16	M	90	60	McKean, Robbie	10/15/1995	95 Art's Birthday Bash
LATERAL RAISE, LYING	16	M	105	40	Habecker, Aidan	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	18	M	70	30	Market, Tim	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
LATERAL RAISE, LYING	18	M	75	40	Conley, Elijah	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, LYING	40	M	70	62	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, LYING	40	M	75	60	McKean, John	10/15/1995	95 Art's Birthday Bash
LATERAL RAISE, LYING	40	M	85	82	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, LYING	40	M	90	130	Stearns, Ashley	10/12/2024	Clarks Gym RD #5 (2024)
LATERAL RAISE, LYING	40	M	95	96	Strangeway, John	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	40	M	110	130	Ciavattone, Jeff	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	40	M	115	132	Todd, Eric	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
LATERAL RAISE, LYING	40	M	120	130	Todd, Eric	12/31/2018	POSTAL (2018) - Q4
LATERAL RAISE, LYING	40	M	125	72	Law, Jeremy	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
LATERAL RAISE, LYING	45	M	95	80	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
LATERAL RAISE, LYING	45	M	100	80	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, LYING	45	M	105	90	Wenzel, Jeff	4/7/2024	Bench press Heptathlon
LATERAL RAISE, LYING	45	M	110	110	Wenzel, Jeff	6/9/2024	RD - Stars of Tomorrow on parade
LATERAL RAISE, LYING	45	M	115	70	Myers, Al	2/12/2012	RD - Dino Gym (2012)
LATERAL RAISE, LYING	45	M	120	90	Myers, Al	8/28/2011	RD - Dino Days (2011)
LATERAL RAISE, LYING	45	M	125+	100	Todd, Eric	12/7/2024	RD - Lift for Leroy VI (2024)
LATERAL RAISE, LYING	50	M	70	102	Marchand, Wade	11/30/2020	POSTAL (2020) - RECORD DAY
LATERAL RAISE, LYING	50	M	75	100	Marchand, Wade	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	50	M	80	60	Habecker, Denny	10/15/1995	95 Art's Birthday Bash
LATERAL RAISE, LYING	50	M	95	50	Gupta, Sanjiv	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, LYING	50	M	100	55	Gupta, Sanjiv	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
LATERAL RAISE, LYING	50	M	105	110	Wenzel, Jeff	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
LATERAL RAISE, LYING	50	M	110	126	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
LATERAL RAISE, LYING	50	M	115	122	Wenzel, Jeff	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
LATERAL RAISE, LYING	50	M	125+	40	Foster, Lance	12/31/2018	POSTAL (2018) - Q4
LATERAL RAISE, LYING	55	M	85	70	Habecker, Denny	10/12/1997	97 Art's Birthday Bash
LATERAL RAISE, LYING	55	M	100	126	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
LATERAL RAISE, LYING	55	M	105	110	Hose, Tony	2/25/2024	RD - Clark's Gym
LATERAL RAISE, LYING	55	M	110	70	Lupo, Tony	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
LATERAL RAISE, LYING	55	M	115	60	Lupo, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, LYING	60	M	85	66	Bryan, Barry	12/31/2018	POSTAL (2018) - Q4

USAWA Record List

LATERAL RAISE, LYING	60	M	90	72	DeForest, Dave	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	60	M	100	70	Carter, John	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	60	M	125+	40	Ciavattone, Frank	12/31/2018	POSTAL (2018) - Q4
LATERAL RAISE, LYING	65	M	85	60	DeForest, Dave	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, LYING	65	M	90	50	Carter, John	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
LATERAL RAISE, LYING	65	M	125+	60	Ciavattone, Frank	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	70	M	65	54	Pensyl, Barry	8/6/2022	PRESIDENTIAL CUP (2022)
LATERAL RAISE, LYING	70	M	70	54	Pensyl, Barry	12/31/2018	POSTAL (2018) - Q4
LATERAL RAISE, LYING	70	M	75	11	Santangelo, Stephen	4/7/2024	RD - Buffville 3
LATERAL RAISE, LYING	70	M	90	60	Smith, Randy	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, LYING	70	M	105	52	Ross, Dean	6/3/2017	2017 KC Strongman RD
LATERAL RAISE, LYING	70	M	110	70	Murdock, Mike	8/28/2011	RD - Dino Days (2011)
LATERAL RAISE, LYING	75	M	60	50	Pensyl, Barry	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
LATERAL RAISE, LYING	75	M	65	48	Pensyl, Barry	5/25/2024	RD - Lebanon, PA '24
LATERAL RAISE, LYING	75	M	90	40	Habecker, Denny	12/31/2018	POSTAL (2018) - Q4
LATERAL RAISE, LYING	75	M	95	50	Ross, Dean	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	75	M	105	40	Myers, LaVerne	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	75	M	115	50	Ross, Dean	12/31/2018	POSTAL (2018) - Q4
LATERAL RAISE, LYING	80	M	80	44	Habecker, Denny	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
LATERAL RAISE, LYING	85	M	95	20	Clark, Bill	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	ALL	M	30	14	Wenzel, Logan	6/9/2024	RD - Clark's Gym 3
LATERAL RAISE, LYING	ALL	M	35	15	Wenzel, Logan	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
LATERAL RAISE, LYING	ALL	M	45	16	Todd, Everett	4/14/2024	Record Day- Clark's Gym 1
LATERAL RAISE, LYING	ALL	M	60	50	Pensyl, Barry	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
LATERAL RAISE, LYING	ALL	M	65	54	Pensyl, Barry	8/6/2022	PRESIDENTIAL CUP (2022)
LATERAL RAISE, LYING	ALL	M	70	102	Marchand, Wade	11/30/2020	POSTAL (2020) - RECORD DAY
LATERAL RAISE, LYING	ALL	M	75	100	Marchand, Wade	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	ALL	M	80	70	Morrison, James	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	ALL	M	85	90	Barcia, Draven	12/31/2018	POSTAL (2018) - Q4
LATERAL RAISE, LYING	ALL	M	90	130	Stearns, Ashley	10/12/2024	Clarks Gym RD #5 (2024)
LATERAL RAISE, LYING	ALL	M	95	96	Strangeway, John	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	ALL	M	100	126	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
LATERAL RAISE, LYING	ALL	M	105	110	Hose, Tony	2/25/2024	RD - Clarks Gym
LATERAL RAISE, LYING	ALL	M	110	130	Ciavattone, Jeff	9/30/2020	POSTAL (2020) - Q3
LATERAL RAISE, LYING	ALL	M	115	132	Todd, Eric	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
LATERAL RAISE, LYING	ALL	M	120	130	Todd, Eric	12/31/2018	POSTAL (2018) - Q4
LATERAL RAISE, LYING	ALL	M	125	144	Lestan, Chris	12/31/2018	POSTAL (2018) - Q4
LATERAL RAISE, LYING	ALL	M	125+	100	Todd, Eric	12/7/2024	RD - Lift for Leroy VI (2024)
LATERAL RAISE, STANDING	50	F	50	22	Jackson, RJ	12/1/2012	2012 Gracie Club RD
LATERAL RAISE, STANDING	55	F	90	20	Lupo, Allison	6/9/2024	RD - Clark's Gym 3
LATERAL RAISE, STANDING	ALL	F	50	22	Jackson, RJ	12/1/2012	2012 Gracie Club RD
LATERAL RAISE, STANDING	ALL	F	75	30	Diggs, Crystal	9/30/2018	POSTAL (2018) - Q3

USAWA Record List

LATERAL RAISE, STANDING	ALL	F	90	20	Lupo, Allison	6/9/2024	RD - Clark's Gym 3
LATERAL RAISE, STANDING	13	M	30	14	Wenzel, Logan	6/9/2024	RD - Clark's Gym 3
LATERAL RAISE, STANDING	13	M	35	10	Todd, Leroy	11/30/2020	POSTAL (2020) - RECORD DAY
LATERAL RAISE, STANDING	14	M	90	30	Habecker, Aidan	9/30/2018	POSTAL (2018) - Q3
LATERAL RAISE, STANDING	16	M	75	25	Heit, Calvin	9/30/2018	POSTAL (2018) - Q3
LATERAL RAISE, STANDING	40	M	70	50	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, STANDING	40	M	85	90	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, STANDING	40	M	90	65	Strangeway, John	9/30/2018	POSTAL (2018) - Q3
LATERAL RAISE, STANDING	40	M	115	100	Todd, Eric	6/3/2017	2017 KC Strongman RD
LATERAL RAISE, STANDING	40	M	120	105	Todd, Eric	9/30/2018	POSTAL (2018) - Q3
LATERAL RAISE, STANDING	40	M	125	65	Todd, Chris	12/11/2021	RD - Lift for Leroy '21
LATERAL RAISE, STANDING	45	M	100	55	Fobes, Jarrod	10/12/2024	Clarks Gym RD #5 (2024)
LATERAL RAISE, STANDING	45	M	105	80	Wenzel, Jeff	4/7/2024	Bench press Heptathlon
LATERAL RAISE, STANDING	45	M	110	80	Wenzel, Jeff	6/9/2024	RD - Stars of Tomorrow on parade
LATERAL RAISE, STANDING	45	M	125+	85	Todd, Eric	12/7/2024	RD - Lift for Leroy VI (2024)
LATERAL RAISE, STANDING	50	M	95	40	Gupta, Sanjiv	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
LATERAL RAISE, STANDING	50	M	100	90	Hadley, Patrick	10/12/2024	Clarks Gym RD #5 (2024)
LATERAL RAISE, STANDING	50	M	105	90	Hadley, Patrick	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
LATERAL RAISE, STANDING	50	M	110	90	Poore, Clint	10/12/2024	Clarks Gym RD #5 (2024)
LATERAL RAISE, STANDING	50	M	115	90	Poore, Clint	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
LATERAL RAISE, STANDING	50	M	125+	50	Foster, Lance	9/30/2018	POSTAL (2018) - Q3
LATERAL RAISE, STANDING	55	M	110	30	Lupo, Tony	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
LATERAL RAISE, STANDING	60	M	90	60	Bryan, Barry	9/30/2018	POSTAL (2018) - Q3
LATERAL RAISE, STANDING	60	M	100	50	Frappier, Chris	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, STANDING	65	M	85	44	DeForest, Dave	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
LATERAL RAISE, STANDING	70	M	90	50	Habecker, Denny	2/11/2017	2017 Grip Championships
LATERAL RAISE, STANDING	70	M	105	42	Ross, Dean	6/3/2017	2017 KC Strongman RD
LATERAL RAISE, STANDING	70	M	110	60	Murdock, Mike	2/13/2011	RD - Dino Gym (2011)
LATERAL RAISE, STANDING	75	M	90	50	Habecker, Denny	9/30/2018	POSTAL (2018) - Q3
LATERAL RAISE, STANDING	ALL	M	30	14	Wenzel, Logan	6/9/2024	RD - Clark's Gym 3
LATERAL RAISE, STANDING	ALL	M	35	10	Todd, Leroy	11/30/2020	POSTAL (2020) - RECORD DAY
LATERAL RAISE, STANDING	ALL	M	70	60	Wenzel, Riley	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
LATERAL RAISE, STANDING	ALL	M	75	50	Wenzel, Riley	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, STANDING	ALL	M	80	50	Luther, Travis	3/22/2025	Great American Bench Press Meet, Buffville, KY
LATERAL RAISE, STANDING	ALL	M	85	90	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
LATERAL RAISE, STANDING	ALL	M	90	65	Strangeway, John	9/30/2018	POSTAL (2018) - Q3
LATERAL RAISE, STANDING	ALL	M	95	40	Gupta, Sanjiv	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
LATERAL RAISE, STANDING	ALL	M	100	90	Hadley, Patrick	10/12/2024	Clarks Gym RD #5 (2024)
LATERAL RAISE, STANDING	ALL	M	105	90	Hadley, Patrick	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
LATERAL RAISE, STANDING	ALL	M	110	90	Poore, Clint	10/12/2024	Clarks Gym RD #5 (2024)
LATERAL RAISE, STANDING	ALL	M	115	100	Todd, Eric	6/3/2017	2017 KC Strongman RD
LATERAL RAISE, STANDING	ALL	M	120	105	Todd, Eric	9/30/2018	POSTAL (2018) - Q3

USAWA Record List

LATERAL RAISE, STANDING	ALL	M	125	70	Todd, Chris	12/8/2018	RD - Lift for Leroy '18
LATERAL RAISE, STANDING	ALL	M	125+	85	Todd, Eric	12/7/2024	RD - Lift for Leroy VI (2024)
LEG PRESS, SELF LOADED	ALL	F	75	51	Diggs, Crystal	6/13/2024	Mini Meet - Colorado Springs, CO
LEG PRESS, SELF LOADED	45	M	75	105	Ortega, Toby	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
LEG PRESS, SELF LOADED	45	M	120	298	Fuller, James	11/4/2017	IAWA GOLD CUP (2017) - Glasgow, UK
LEG PRESS, SELF LOADED	ALL	M	75	105	Ortega, Toby	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
LEG PRESS, SELF LOADED	ALL	M	120	298	Fuller, James	11/4/2017	IAWA GOLD CUP (2017) - Glasgow, UK
LEG PRESS, UNSUPPORTED	ALL	F	70	200	Clark, Kerry	6/15/1997	NATIONALS (1997) - Columbia, MO
LEG PRESS, UNSUPPORTED	ALL	F	80	200	Clark, Kerry	6/4/1995	NATIONALS (1995) - Columbia, MO
LEG PRESS, UNSUPPORTED	18	M	80	225	Smith, Abe	11/19/2000	2000 Louis Cyr Challenge
LEG PRESS, UNSUPPORTED	40	M	70	165	Ortega, Toby	4/7/2024	Bench press Heptathlon
LEG PRESS, UNSUPPORTED	50	M	100	135	Hadley, Patrick	6/4/2023	Hackendinnie Classic
LEG PRESS, UNSUPPORTED	50	M	105	225	Wenzel, Jeff	8/16/2025	Walpole Record Day, East Walpole, MA
LEG PRESS, UNSUPPORTED	55	M	95	135	Springs, Al	11/19/2000	2000 Louis Cyr Challenge
LEG PRESS, UNSUPPORTED	80	M	85	200	Zercher I, Ed	8/29/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
LEG PRESS, UNSUPPORTED	ALL	M	70	165	Ortega, Toby	4/7/2024	Bench press Heptathlon
LEG PRESS, UNSUPPORTED	ALL	M	80	225	Smith, Abe	11/19/2000	2000 Louis Cyr Challenge
LEG PRESS, UNSUPPORTED	ALL	M	85	200	Zercher I, Ed	8/29/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
LEG PRESS, UNSUPPORTED	ALL	M	95	135	Springs, Al	11/19/2000	2000 Louis Cyr Challenge
LEG PRESS, UNSUPPORTED	ALL	M	100	135	Hadley, Patrick	6/4/2023	Hackendinnie Classic
LEG PRESS, UNSUPPORTED	ALL	M	105	225	Wenzel, Jeff	8/16/2025	Walpole Record Day, East Walpole, MA
LEG PRESS, UNSUPPORTED	ALL	M	110	455	McBride, Mike	11/19/2000	2000 Louis Cyr Challenge
LURICH LIFT	13	F	55	225	Todd, Phoebe	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
LURICH LIFT	13	F	65	200	Todd, Lillian	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
LURICH LIFT	55	F	90	150	Lupo, Allison	4/7/2024	Bench press Heptathlon
LURICH LIFT	55	F	95	250	Gore, Lisa	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
LURICH LIFT	60	F	75	145	Thompson, Janet	8/21/2022	CLARK'S BIRTHDAY WEEKEND
LURICH LIFT	ALL	F	55	225	Todd, Phoebe	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
LURICH LIFT	ALL	F	65	205	Valitutti, Salina	8/23/2025	True North True Strength II - RD- Fergus, Ont
LURICH LIFT	ALL	F	75	145	Thompson, Janet	8/21/2022	CLARK'S BIRTHDAY WEEKEND
LURICH LIFT	ALL	F	85	360	Todd, Stacy	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
LURICH LIFT	ALL	F	90	150	Lupo, Allison	4/7/2024	Bench press Heptathlon
LURICH LIFT	ALL	F	95	250	Gore, Lisa	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
LURICH LIFT	13	M	30	115	Wenzel, Logan	5/12/2024	Record Day- Clark's Gym 2
LURICH LIFT	13	M	35	165	Wenzel. Logan	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
LURICH LIFT	13	M	40	190	Todd, Everett	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
LURICH LIFT	13	M	45	165	Todd, Leroy	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
LURICH LIFT	40	M	110	405	Edwards, Ben	9/9/2017	2017 OTSM Championships
LURICH LIFT	40	M	125	340	Todd, Chris	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
LURICH LIFT	45	M	105	455	Wenzel, Jeff	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
LURICH LIFT	45	M	110	365	Wenzel, Jeff	12/7/2024	Old Time Strongman World Championship (2024) RD
LURICH LIFT	45	M	115	605	Ullom, Chad	9/9/2017	2017 OTSM Championships

USAWA Record List

LURICH LIFT	50	M	100	335	Gupta, Sanjiv	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
LURICH LIFT	50	M	105	610	Ullom, Chad	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
LURICH LIFT	50	M	110	579	Myers, Al	5/4/2019	RD - Spring Dino Gym
LURICH LIFT	50	M	125+	315	Foster, Lance	9/9/2017	2017 OTSM Championships
LURICH LIFT	55	M	110	250	Lupo, Tony	5/14/2023	Diamond Jubilee (2023), Columbia, MO - RD
LURICH LIFT		55 M	115	410	Gaber, Don	12/7/2024	Old Time Strongman World Championship (2024) RD
LURICH LIFT		60 M	80	340	DeForest, Dave	6/9/2024	RD - Clark's Gym 3
LURICH LIFT	60	M	85	410	DeForest, Dave	12/7/2024	Old Time Strongman World Championship (2024) RD
LURICH LIFT	60	M	90	430	DeForest, Dave	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
LURICH LIFT	60	M	95	215	Locondro, Mike	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
LURICH LIFT	60	M	100	405	Carter, John	12/17/2022	Memorial Record Day
LURICH LIFT	65	M	80	385	DeForest, Dave	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
LURICH LIFT	65	M	85	390	DeForest, Dave	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
LURICH LIFT	65	M	115	495	Cook, Greg	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
LURICH LIFT	70	M	70	304	McKean, John	7/13/2019	2019 Schmidt's RD
LURICH LIFT	70	M	75	135	Santangelo, Stephen	4/14/2024	Record Day- Clark's Gym 1
LURICH LIFT	70	M	90	185	Habecker, Denny	9/9/2017	2017 OTSM Championships
LURICH LIFT	70	M	105	205	Ross, Dean	9/9/2017	2017 OTSM Championships
LURICH LIFT	75	M	110	220	Ross, Dean	2/10/2019	2019 USAWA Grip Championships
LURICH LIFT	85	M	95	275	Clark, Bill	11/30/2020	POSTAL (2020) - RECORD DAY
LURICH LIFT	90	M	90	265	Clark, Bill	4/7/2024	Bench press Heptathlon
LURICH LIFT	90	M	95	205	Clark, Bill	8/3/2024	Clarks Gym RD #4 (2024)
LURICH LIFT	ALL	M	30	115	Wenzel, Logan	5/12/2024	Record Day- Clark's Gym 2
LURICH LIFT	ALL	M	35	165	Wenzel, Logan	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
LURICH LIFT	ALL	M	40	190	Todd, Everett	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
LURICH LIFT	ALL	M	45	165	Todd, Leroy	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
LURICH LIFT	ALL	M	70	304	McKean, John	7/13/2019	2019 Schmidt's RD
LURICH LIFT	ALL	M	75	135	Santangelo, Stephen	4/14/2024	Record Day- Clark's Gym 1
LURICH LIFT	ALL	M	80	385	DeForest, Dave	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
LURICH LIFT	ALL	M	85	460	Luther, Travis	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
LURICH LIFT	ALL	M	90	460	Ford-Roussel, Jacob	8/23/2025	True North True Strength II - RD- Fergus, Ont
LURICH LIFT	ALL	M	95	275	Clark, Bill	11/30/2020	POSTAL (2020) - RECORD DAY
LURICH LIFT	ALL	M	100	405	Carter, John	12/17/2022	Memorial Record Day
LURICH LIFT	ALL	M	105	610	Ullom, Chad	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
LURICH LIFT	ALL	M	110	579	Myers, Al	5/4/2019	RD - Spring Dino Gym
LURICH LIFT	ALL	M	115	605	Ullom, Chad	9/9/2017	2017 OTSM Championships
LURICH LIFT	ALL	M	125	405	Marlin, Philip	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
LURICH LIFT	ALL	M	125+	315	Foster, Lance	9/9/2017	2017 OTSM Championships
MANSFIELD LIFT	13	F	30	51	Monk, Elizabeth	10/17/2004	2004 Art's Birthday Bash
MANSFIELD LIFT	13	F	55	70	Myers, Molly	2/15/2009	RD - Dino Gym (2009)
MANSFIELD LIFT	55	F	90	65	Lupo, Allison	11/9/2024	Goerner Deadlift Dozen Plus One RD
MANSFIELD LIFT	ALL	F	30	51	Monk, Elizabeth	10/17/2004	2004 Art's Birthday Bash

USAWA Record List

MANSFIELD LIFT	ALL	F	55	70	Myers, Molly	2/15/2009	RD - Dino Gym (2009)
MANSFIELD LIFT	ALL	F	60	143	Maye, Dawn	4/15/2006	2006 Macomb Tax Day
MANSFIELD LIFT	ALL	F	65	154	Maye, Dawn	10/1/2005	Macomb Record Setter
MANSFIELD LIFT	ALL	F	75	156	Trimble, Nicole	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
MANSFIELD LIFT	ALL	F	90	65	Lupo, Allison	11/9/2024	Goerner Deadlift Dozen Plus One RD
MANSFIELD LIFT	40	M	70	65	Ortega, Toby	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
MANSFIELD LIFT	50	M	95	232	Schock, Ed	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
MANSFIELD LIFT	50	M	105	150	Wenzel, Jeff	9/14/2025	One Ton Challenge (2025), Columbia, MO - RD
MANSFIELD LIFT	55	M	100	243	Schock, Ed	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
MANSFIELD LIFT	ALL	M	70	65	Ortega, Toby	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
MANSFIELD LIFT	ALL	M	95	264	Pruznick, Miles	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
MANSFIELD LIFT	ALL	M	100	243	Schock, Ed	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
MANSFIELD LIFT	ALL	M	105	150	WEnzel, Jeff	9/14/2025	One Ton Challenge (2025), Columbia, MO - RD
MAXEY PRESS	13	F	45	38	Jobe, Gabby	2/12/2012	RD - Dino Gym (2012)
MAXEY PRESS	13	F	55	40	Myers, Molly	2/15/2009	RD - Dino Gym (2009)
MAXEY PRESS	13	F	85	50	Griffis, Kirstie	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	14	F	80	75	Fritz, Misty	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	45	F	125+	110	McConnaughey, Mary	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	50	F	50	73	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
MAXEY PRESS	50	F	125+	77	Bulebosh, Beth	12/15/2018	2018 Vernacchio RD
MAXEY PRESS	55	F	60	70	VanWagner, Kim	8/3/2024	Clarks Gym RD #4 (2024)
MAXEY PRESS	ALL	F	45	38	Jobe, Gabby	2/12/2012	RD - Dino Gym (2012)
MAXEY PRESS	ALL	F	50	73	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
MAXEY PRESS	ALL	F	55	40	Myers, Molly	2/15/2009	RD - Dino Gym (2009)
MAXEY PRESS	ALL	F	60	70	VanWagner, Kim	8/3/2024	Clarks Gym RD #4 (2024)
MAXEY PRESS	ALL	F	80	75	Fritz, Misty	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	ALL	F	85	50	Griffis, Kirstie	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	ALL	F	125+	110	McConnaughey, Mary	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	14	M	70	145	Longbine, Kent	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	16	M	60	85	Wenzel, Spencer	6/9/2024	RD - Clark's Gym 3
MAXEY PRESS	40	M	90	215	Smith, Abe	12/7/2024	RD - Lift for Leroy VI (2024)
MAXEY PRESS	40	M	120	190	Myers, Al	7/18/2010	Ledaig Record Day
MAXEY PRESS	40	M	125+	160	Barnhart, Darren	7/18/2010	Ledaig Record Day
MAXEY PRESS	45	M	95	170	Burnett, Layne	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	45	M	105	185	Wenzel, Jeff	5/12/2024	Record Day- Clark's Gym 2
MAXEY PRESS	45	M	110	185	Wenzel, Jeff	6/9/2024	RD - Clark's Gym 3
MAXEY PRESS	45	M	120	240	Todd, Eric	11/30/2020	POSTAL (2020) - RECORD DAY
MAXEY PRESS	45	M	125+	205	Todd, Eric	12/7/2024	RD - Lift for Leroy VI (2024)
MAXEY PRESS	50	M	95	115	Gupta, Sanjiv	8/3/2024	Clarks Gym RD #4 (2024)
MAXEY PRESS	50	M	105	185	Wenzel, Jeff	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
MAXEY PRESS	50	M	110	165	Garcia, Joe	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	50	M	125+	272	Mitchell, Mark	2/12/2012	RD - Dino Gym (2012)

USAWA Record List

MAXEY PRESS	55	M	75	110	Marchand, Wade	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
MAXEY PRESS	55	M	110	140	Lupo, Tony	5/14/2023	Diamond Jubilee (2023), Columbia, MO - RD
MAXEY PRESS	55	M	115	170	Glasgow, Dave	2/14/2010	RD - Dino Gym (2010)
MAXEY PRESS	60	M	90	120	DeForest, Dave	5/14/2023	Diamond Jubilee (2023), Columbia, MO - RD
MAXEY PRESS	60	M	125+	135	Ross, Dean	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	65	M	85	110	DeForest, Dave	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
MAXEY PRESS	65	M	110	43	Licini, Jerome	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
MAXEY PRESS	65	M	125	112	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
MAXEY PRESS	70	M	90	143	Habecker, Denny	8/9/2014	PRESIDENTIAL CUP (2014)
MAXEY PRESS	70	M	105	117	Murdock, Mike	7/15/2012	2012 Ledaig Record Breakers
MAXEY PRESS	ALL	M	60	85	Wenzel, Spencer	6/9/2024	RD - Clark's Gym 3
MAXEY PRESS	ALL	M	70	145	Longbine, Kent	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	ALL	M	75	135	Wenzel, Riley	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
MAXEY PRESS	ALL	M	80	125	Luther, Travis	3/22/2025	Great American Bench Press Meet, Buffville, KY
MAXEY PRESS	ALL	M	85	170	Pinkerton, Tim	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	ALL	M	90	215	Smith, Abe	12/7/2024	RD - Lift for Leroy VI (2024)
MAXEY PRESS	ALL	M	95	203	Kenkel, Corey	2/12/2012	RD - Dino Gym (2012)
MAXEY PRESS	ALL	M	100	210	Carter, Bret	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	ALL	M	105	185	Wenzel, Jeff	5/12/2024	Record Day- Clark's Gym 2
MAXEY PRESS	ALL	M	110	245	Todd, Eric	2/10/2008	RD - Dino Gym (2008)
MAXEY PRESS	ALL	M	115	275	Todd, Eric	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	ALL	M	120	240	Todd, Eric	11/30/2020	POSTAL (2020) - RECORD DAY
MAXEY PRESS	ALL	M	125	225	Moore, Ben	1/21/2006	Dino Gym Challenge (2006)
MAXEY PRESS	ALL	M	125+	272	Mitchell, Mark	2/12/2012	RD - Dino Gym (2012)
MILLER CLEAN & JERK	16	F	75	54	Fritz, Misty	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	40	F	70	50	Hall, Rita	8/16/2003	Lebanon, PA County Record Day
MILLER CLEAN & JERK	45	F	125+	85	McConnaughey, Mary	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	ALL	F	70	50	Hall, Rita	8/16/2003	Lebanon, PA County Record Day
MILLER CLEAN & JERK	ALL	F	125+	85	McConnaughey, Mary	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	16	M	95	44	Habecker, Aidan	12/7/2019	2019 Memorial Record Day
MILLER CLEAN & JERK	40	M	85	125	Smith, Abe	8/21/2022	CLARK'S BIRTHDAY WEEKEND
MILLER CLEAN & JERK	40	M	95	130	Strangeway, John	1/18/2020	Dino Gym Challenge (2020)
MILLER CLEAN & JERK	40	M	100	143	Schock, Ed	8/16/2003	Lebanon, PA County Record Day
MILLER CLEAN & JERK	40	M	115	110	Ullom, Chad	2/12/2012	RD - Dino Gym (2012)
MILLER CLEAN & JERK	45	M	105	100	Ullom, Chad	1/18/2020	Dino Gym Challenge (2020)
MILLER CLEAN & JERK	45	M	125+	95	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
MILLER CLEAN & JERK	50	M	90	100	Smith, Randy	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	50	M	100	75	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
MILLER CLEAN & JERK	50	M	105	78	Wenzel, Jeff	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
MILLER CLEAN & JERK	50	M	110	115	Garcia, Joe	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	50	M	125	65	Janzen, John	1/18/2020	Dino Gym Challenge (2020)
MILLER CLEAN & JERK	50	M	125+	80	Payne, Jason	1/18/2020	Dino Gym Challenge (2020)

USAWA Record List

MILLER CLEAN & JERK	55	M	110	85	Lupo, Tony	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
MILLER CLEAN & JERK	55	M	125+	80	Douglas, John	1/18/2020	Dino Gym Challenge (2020)
MILLER CLEAN & JERK	60	M	85	75	McKean, John	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	60	M	90	75	Habecker, Denny	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	65	M	80	75	Montini, Art	10/13/1996	96 Art's Birthday Bash
MILLER CLEAN & JERK	65	M	85	58	DeForest, Dave	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
MILLER CLEAN & JERK	65	M	90	85	Smith, Randy	8/21/2022	CLARK'S BIRTHDAY WEEKEND
MILLER CLEAN & JERK	65	M	115	95	Glasgow, Dave	1/18/2020	Dino Gym Challenge (2020)
MILLER CLEAN & JERK	70	M	80	75	Emslie, David	3/28/2015	2015 Clarks RD
MILLER CLEAN & JERK	70	M	110	60	Myers, LaVerne	1/14/2017	Dino Gym Challenge (2017)
MILLER CLEAN & JERK	75	M	85	75	Habecker, Denny	1/18/2020	Dino Gym Challenge (2020)
MILLER CLEAN & JERK	75	M	110	35	Ross, Dean	1/18/2020	Dino Gym Challenge (2020)
MILLER CLEAN & JERK	ALL	M	70	28	Wenzel, Riley	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
MILLER CLEAN & JERK	ALL	M	75	85	Frieders, Nicholas	8/21/2022	CLARK'S BIRTHDAY WEEKEND
MILLER CLEAN & JERK	ALL	M	80	115	Aldan, Brandon	10/13/2002	2002 Art's Birthday Bash
MILLER CLEAN & JERK	ALL	M	85	125	Smith, Abe	8/21/2022	CLARK'S BIRTHDAY WEEKEND
MILLER CLEAN & JERK	ALL	M	90	115	Fobes, Jarrod	12/1/2012	2012 Gracie Club RD
MILLER CLEAN & JERK	ALL	M	95	130	Strangeway, John	1/18/2020	Dino Gym Challenge (2020)
MILLER CLEAN & JERK	ALL	M	100	143	Schock, Ed	8/16/2003	Lebanon, PA County Record Day
MILLER CLEAN & JERK	ALL	M	105	120	Lucht, Mike	1/18/2020	Dino Gym Challenge (2020)
MILLER CLEAN & JERK	ALL	M	110	125	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
MILLER CLEAN & JERK	ALL	M	115	110	Ullom, Chad	2/12/2012	RD - Dino Gym (2012)
MILLER CLEAN & JERK	ALL	M	125	65	Janzen, John	1/18/2020	Dino Gym Challenge (2020)
MILLER CLEAN & JERK	ALL	M	125+	110	Benzel, Bryan	2/12/2012	RD - Dino Gym (2012)
NECK LIFT	13	F	35	85	Gordon, Emily	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
NECK LIFT	13	F	45	135	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
NECK LIFT	13	F	55	187	Ciavattone, Dominique	9/2/2000	2000 IAWA Worlds -Mansfld
NECK LIFT	14	F	50	160	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
NECK LIFT	14	F	80	168	Ciavattone, Cara	6/1/1990	Norwood, Mass
NECK LIFT	16	F	40	90	Gupta, Nisha	5/2/2026	HEAVY LIFT CAHMPIONSHIP (2026) - USAWA
NECK LIFT	16	F	70	150	Ordonez, Lexi	8/3/2024	2024 NEW ENGLAND HEAVY LIFT CLASSIC - Walpole
NECK LIFT	18	F	60	175	Burks, Amy	11/1/1997	HEAVY LIFT CHAMPIONSHIP (1997) - Columbia, MO
NECK LIFT	18	F	65	300	McBride, Angela	1/30/1999	ZERCHER STRENGTH CLASSIC (1999)
NECK LIFT	40	F	60	150	Devine, Karen	6/15/1997	NATIONALS (1997) - Columbia, MO
NECK LIFT	40	F	65	185	Springs, Deanna	2/6/1993	ZERCHER STRENGTH CLASSIC (1993)
NECK LIFT	40	F	70	175	Springs, Deanna	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
NECK LIFT	40	F	75	265	Ollennuking, Amorkor	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
NECK LIFT	40	F	90	210	Hopps, Jessica	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
NECK LIFT	40	F	95	255	Hopps, Jessica	3/1/2025	New England Winter Heavy Lift Classic (2025), Walpole, MA
NECK LIFT	40	F	100	75	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
NECK LIFT	50	F	60	220	Burchette, Jeanne	7/13/1991	NATIONALS (1991) - Plymouth, PA
NECK LIFT	55	F	80	200	Ollennuking, Amorkor	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)

USAWA Record List

NECK LIFT	55	F	90	140	Lupo, Allison	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
NECK LIFT	55	F	95	175	Lane, Colleen	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
NECK LIFT	55	F	125+	180	McConnaughey, Mary	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
NECK LIFT	60	F	75	120	Thompson, Janet	7/31/2022	RD - Clark vs Frank
NECK LIFT	60	F	105	170	Gore, Lisa	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
NECK LIFT	65	F	70	200	Habecker, Judy	9/7/2008	2008 World Heavylift- Walpole, MA
NECK LIFT	65	F	75	175	Thompson, Janet	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
NECK LIFT	65	F	80	135	Thompson, Janet	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
NECK LIFT	65	F	125+	140	McConnaughey, Mary	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
NECK LIFT	ALL	F	35	85	Gordon, Emily	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
NECK LIFT	ALL	F	40	90	Gupta, Nisha	5/2/2026	HEAVY LIFT CAHMPIONSHIP (2026) - USAWA
NECK LIFT	ALL	F	45	135	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
NECK LIFT	ALL	F	50	160	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
NECK LIFT	ALL	F	55	215	Thrasher, RJ	10/16/1988	Schmidt's Backbreaker Pentathlon (1988)
NECK LIFT	ALL	F	60	276	Mason, Sue	7/2/2000	2000 USAWA - Lebanon, PA
NECK LIFT	ALL	F	65	400	Caron, Jacqueline	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
NECK LIFT	ALL	F	70	505	Clark, Kerry	6/15/1997	NATIONALS (1997) - Columbia, MO
NECK LIFT	ALL	F	75	350	Clark, Kerry	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
NECK LIFT	ALL	F	80	555	Clark, Kerry	6/4/1995	NATIONALS (1995) - Columbia, MO
NECK LIFT	ALL	F	85	275	Collins, Cara	12/5/1998	HEAVY LIFT CHAMPIONSHIP (1998) - Walpole, MA
NECK LIFT	ALL	F	90	325	Morrison, Cassie	5/7/2016	HEAVY LIFT CHAMPIONSHIP (2016) - Lebanon, PA
NECK LIFT	ALL	F	95	255	Hopps, Jessica	3/1/2025	New England Winter Heavy Lift Classic (2025), Walpole, MA
NECK LIFT	ALL	F	100	75	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
NECK LIFT	ALL	F	105	170	Gore, Lisa	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
NECK LIFT	ALL	F	110	225	Collins, Cara	12/1/2002	2002 Postal Meet
NECK LIFT	ALL	F	125+	180	McConnaughey, Mary	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
NECK LIFT	NAT	F	50	160	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
NECK LIFT	NAT	F	60	276	Mason, Sue	7/2/2000	NATIONALS (2000) - Lebanon, PA
NECK LIFT	NAT	F	70	187	Garcia, Cindy	6/26/1989	NATIONALS (1989) - Plymouth, PA
NECK LIFT	NAT	F	80	555	Clark, Kerry	6/4/1995	NATIONALS (1995) - Columbia, MO
NECK LIFT	NAT	F	90	220	Collins, Cara	7/2/2000	NATIONALS (2000) - Lebanon, PA
NECK LIFT	NAT	F	95	198	Collins, Cara	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	13	M	30	200	Montini, Rocco	5/31/1992	NATIONALS (1992) - Walpole, MA
NECK LIFT	13	M	35	160	Schmidt, Jeremiah	10/22/1989	Schmidt's Backbreaker Pentathlon (1989)
NECK LIFT	13	M	40	227	Schmidt, Jeremiah	10/20/1991	Schmidt's Backbreaker Pentathlon (1991)
NECK LIFT	13	M	45	180	Montini, Jason	7/13/1991	NATIONALS (1991) - Plymouth, PA
NECK LIFT	13	M	50	160	McKean, Sean	5/31/1992	NATIONALS (1992) - Walpole, MA
NECK LIFT	13	M	55	352	Monk, Joshua	4/14/2002	POSTAL (2002) - Q1
NECK LIFT	13	M	60	310	Ciavattone, Frank III	10/1/2006	RD -New England
NECK LIFT	13	M	65	300	Todd, Everett	5/2/2026	HEAVY LIFT CAHMPIONSHIP (2026) - USAWA
NECK LIFT	13	M	70	220	Ciavattone, Joe Jr.	8/27/2005	2005 Heavylift
NECK LIFT	13	M	75	300	McKean, Robbie	5/31/1992	NATIONALS (1992) - Walpole, MA

USAWA Record List

NECK LIFT	13	M	80	270	McKean, Robbie	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
NECK LIFT	13	M	95	305	Calcote, Kyle	11/12/2006	HEAVY LIFT CHAMPIONSHIP (2006) - Columbia, MO
NECK LIFT	14	M	50	232	Schmidt, Jeremiah	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
NECK LIFT	14	M	60	202	LaPlant, Rusty	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
NECK LIFT	14	M	65	302	Ward, Brad	5/31/1992	NATIONALS (1992) - Walpole, MA
NECK LIFT	14	M	70	402	Ciavattone, Frank III	9/7/2008	2008 World Heavylift- Walpole, MA
NECK LIFT	14	M	80	303	Loewer, James	7/2/2000	2000 USAWA - Lebanon, PA
NECK LIFT	14	M	95	250	Graham, Tom	8/1/2000	2000 Postal League
NECK LIFT	14	M	105	310	Calcote, Kyle	11/9/2007	2007 Heavy Meet
NECK LIFT	14	M	110	202	Bremer, Matt	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
NECK LIFT	16	M	55	154	O'Brien, Mike	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	16	M	60	300	O'Brien, Mike	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
NECK LIFT	16	M	65	302	Drake, Dan	5/31/1992	NATIONALS (1992) - Walpole, MA
NECK LIFT	16	M	70	331	McKean, Sean	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	16	M	75	276	Kennedy, Tim	6/22/1996	NATIONALS (1996) - Mansfield, MA
NECK LIFT	16	M	80	475	Loudon, Andrew	6/26/2005	NATIONALS (2005) - Youngstown, OH
NECK LIFT	16	M	90	402	Ciavattone, Jeff	6/22/1996	NATIONALS (1996) - Mansfield, MA
NECK LIFT	16	M	95	375	Heater, Lewis	1/31/2009	ZERCHER STRENGTH CLASSIC (2009)
NECK LIFT	16	M	100	550	Ciavattone, Joe Jr.	3/12/2011	2011 Club Challenge
NECK LIFT	16	M	110	550	Ciavattone, Jonathan	3/12/2011	2011 Club Challenge
NECK LIFT	16	M	125+	400	Hess, Kohl	5/21/2011	HEAVY LIFT CHAMPIONSHIP (2011) - York, PA
NECK LIFT	18	M	60	364	O'Brien, Mike	9/2/2000	2000 IAWA Worlds -Mansfld
NECK LIFT	18	M	65	474	Wiriya, Chi	1/12/1991	Collegeville
NECK LIFT	18	M	75	336	Kennedy, Tim	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	18	M	80	470	Breitenfield, Randy	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
NECK LIFT	18	M	90	510	Ciavattone, Jeff	12/5/1998	HEAVY LIFT CHAMPIONSHIP (1998) - Walpole, MA
NECK LIFT	18	M	95	510	Ciavattone, Jeff	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
NECK LIFT	18	M	105	700	Ciavattone, Joe Jr.	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
NECK LIFT	40	M	60	402	McKean, John	7/16/1990	NATIONALS (1990) - Akron, OH
NECK LIFT	40	M	65	325	Pensyl, Barry	7/13/1991	NATIONALS (1991) - Plymouth, PA
NECK LIFT	40	M	70	250	Waterman, Chris	6/4/1995	NATIONALS (1995) - Columbia, MO
NECK LIFT	40	M	75	370	Waterman, Chris	6/15/1997	NATIONALS (1997) - Columbia, MO
NECK LIFT	40	M	80	480	Hirsh, Bob	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	40	M	85	400	Smith, Abe	8/21/2022	CLARK'S BIRTHDAY WEEKEND
NECK LIFT	40	M	90	555	Smith, Abe	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
NECK LIFT	40	M	95	623	Garcia, Joe	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	40	M	100	805	Ciavattone, Joe Sr.	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
NECK LIFT	40	M	105	520	Garcia, Joe	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
NECK LIFT	40	M	110	560	Garcia, Joe	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
NECK LIFT	40	M	115	1010	Ullom, Chad	10/7/2012	2012 Neck Challenge
NECK LIFT	40	M	120	1020	Ullom, Chad	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
NECK LIFT	40	M	125	550	Ciavattone, Frank	12/5/1998	HEAVY LIFT CHAMPIONSHIP (1998) - Walpole, MA

USAWA Record List

NECK LIFT	40	M	125+	650	Ciavattone, Frank	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
NECK LIFT	45	M	60	425	McKean, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
NECK LIFT	45	M	65	353	Pensyl, Barry	6/22/1996	NATIONALS (1996) - Mansfield, MA
NECK LIFT	45	M	70	360	McKean, John	10/17/1992	U.S. Inlands
NECK LIFT	45	M	75	357	McKean, John	10/16/1994	94 U.S. Inlands
NECK LIFT	45	M	80	325	Habecker, Denny	7/13/1991	NATIONALS (1991) - Plymouth, PA
NECK LIFT	45	M	85	375	Habecker, Denny	5/31/1992	NATIONALS (1992) - Walpole, MA
NECK LIFT	45	M	90	603	Larson, Nils	8/28/2004	2004 Heavylift
NECK LIFT	45	M	95	450	Larson, Nils	8/27/2005	2005 Heavylift
NECK LIFT	45	M	100	502	Schock, Ed	4/14/2002	POSTAL (2002) - Q1
NECK LIFT	45	M	105	305	Wenzel, Jeff	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
NECK LIFT	45	M	110	780	Myers, Al	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
NECK LIFT	45	M	115	690	Myers, Al	8/12/2012	RD - Dino Days (2012)
NECK LIFT	45	M	120	900	Todd, Eric	11/13/2021	HEAVY LIFT CHAMPIONSHIP (2021) - Turney, MO
NECK LIFT	45	M	125	950	Todd, Eric	5/7/2022	HEAVY LIFT CHAMPIONSHIP (2022) - Turney, MO
NECK LIFT	45	M	125+	355	Gaddis, Jarrod	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
NECK LIFT	50	M	60	175	Tarlecki, Jim	5/19/1990	All-round Championships (1990) - All-Eastern Open
NECK LIFT	50	M	65	226	Pensyl, Barry	7/2/2000	2000 USAWA - Lebanon, PA
NECK LIFT	50	M	70	154	Quier, Ed	6/26/1989	NATIONALS (1989) - Plymouth, PA
NECK LIFT	50	M	75	502	McKean, John	7/2/2000	2000 USAWA - Lebanon, PA
NECK LIFT	50	M	80	440	McKean, John	10/11/1999	HEAVY LIFT CHAMPIONSHIP (1999) - Walpole, MA
NECK LIFT	50	M	85	500	Friesz, Dale	6/4/1995	NATIONALS (1995) - Columbia, MO
NECK LIFT	50	M	90	455	Caron, Joe	6/15/1997	NATIONALS (1997) - Columbia, MO
NECK LIFT	50	M	95	430	Springs, Al	10/29/1995	HEAVY LIFT CHAMPIONSHIP (1995) - Columbia, MO
NECK LIFT	50	M	100	810	Ullom, Chad	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
NECK LIFT	50	M	105	455	Garcia, Joe	11/12/2006	HEAVY LIFT CHAMPIONSHIP (2006) - Columbia, MO
NECK LIFT	50	M	110	900	Ullom, Chad	5/7/2022	HEAVY LIFT CHAMPIONSHIP (2022) - Turney, MO
NECK LIFT	50	M	115	602	Ciavattone, Frank	9/7/2008	2008 Heavylift Walpole, MA
NECK LIFT	50	M	120	325	Schmidt, Scott	6/26/2005	NATIONALS (2005) - Youngstown, OH
NECK LIFT	50	M	125	702	Ciavattone, Frank	8/27/2005	2005 Heavylift
NECK LIFT	50	M	125+	600	Ciavattone, Frank	6/26/2005	NATIONALS (2005) - Youngstown, OH
NECK LIFT	55	M	75	507	Friesz, Dale	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	55	M	80	475	McKean, John	8/27/2005	2005 Heavylift
NECK LIFT	55	M	85	605	Friesz, Dale	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
NECK LIFT	55	M	90	400	Smith, Randy	5/21/2011	HEAVY LIFT CHAMPIONSHIP (2011) - York, PA
NECK LIFT	55	M	95	433	Vernacchio, John	5/31/1992	NATIONALS (1992) - Walpole, MA
NECK LIFT	55	M	100	600	Garcia, Joe	5/21/2011	HEAVY LIFT CHAMPIONSHIP (2011) - York, PA
NECK LIFT	55	M	105	335	Schmidt, Steve	11/6/2010	Schmidt's Backbreaker Pentathlon (2010)
NECK LIFT	55	M	110	455	Malloy, Jim	6/15/1997	NATIONALS (1997) - Columbia, MO
NECK LIFT	55	M	115	602	Ciavattone, Frank	9/7/2008	2008 World Heavylift- Walpole, MA
NECK LIFT	55	M	120	402	Morrison, Rocky	5/13/2017	HEAVY LIFT CHAMPIONSHIP (2017) - Walpole, MA
NECK LIFT	55	M	125	249	Schmidt, Scott	5/16/2009	HEAVY LIFT CHAMPIONSHIP (2009) - Lebanon, PA

USAWA Record List

NECK LIFT	55	M	125+	410	Douglas, John	5/4/2019	RD - Spring Dino Gym
NECK LIFT	60	M	75	353	Montini, Art	7/16/1990	NATIONALS (1990) - Akron, OH
NECK LIFT	60	M	80	400	Friesz, Dale	11/18/2000	RD - Columbia, MO '00
NECK LIFT	60	M	85	400	DeForest, Dave	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
NECK LIFT	60	M	90	505	DeForest, Dave	5/7/2022	HEAVY LIFT CHAMPIONSHIP (2022) - Turney, MO
NECK LIFT	60	M	95	550	Garcia, Joe	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
NECK LIFT	60	M	100	425	Garcia, Joe	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
NECK LIFT	60	M	105	260	Clark, Bill	10/30/1994	HEAVY LIFT CHAMPIONSHIP (1994) - Columbia, MO
NECK LIFT	60	M	110	207	Clark, Bill	10/25/1992	Schmidt's Backbreaker Pentathlon (1992)
NECK LIFT	60	M	115	565	Larson, Nils	7/30/2023	Norwood-Wapole Lifting Classic
NECK LIFT	60	M	120	500	Cook, Greg	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
NECK LIFT	60	M	125	200	Foster, Lance	5/2/2026	HEAVY LIFT CHAMPIONSHIP (2026) - USAWA
NECK LIFT	60	M	125+	300	Ciavattone, Frank	5/7/2016	HEAVY LIFT CHAMPIONSHIP (2016) - Lebanon, PA
NECK LIFT	65	M	75	335	Friesz, Dale	8/27/2005	2005 Heavylift
NECK LIFT	65	M	80	375	DeForest, Dave	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
NECK LIFT	65	M	85	405	Friesz, Dale	5/16/2009	HEAVY LIFT CHAMPIONSHIP (2009) - Lebanon, PA
NECK LIFT	65	M	90	380	DeForest, Dave	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
NECK LIFT	65	M	95	241	Vernacchio, John	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
NECK LIFT	65	M	100	350	Puzin, Carl	5/2/2026	HEAVY LIFT CHAMPIONSHIP (2026) - USAWA
NECK LIFT	65	M	105	250	Prechtel, Howard	7/13/1991	NATIONALS (1991) - Plymouth, PA
NECK LIFT	65	M	110	637	Larson, Nils	5/2/2026	HEAVY LIFT CHAMPIONSHIP (2026) - USAWA
NECK LIFT	65	M	115	450	Larson, Nils	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
NECK LIFT	65	M	125	375	Ciavattone, Frank	8/3/2024	2024 NEW ENGLAND HEAVY LIFT CLASSIC - Walpole
NECK LIFT	65	M	125+	350	Ciavattone, Frank	5/13/2023	HEAVY LIFT CHAMPIONSHIP (2023) - Walpole, MA
NECK LIFT	70	M	75	350	Mitchell, Dennis	6/26/2005	NATIONALS (2005) - Youngstown, OH
NECK LIFT	70	M	80	235	Emslie, David	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
NECK LIFT	70	M	85	441	Montini, Art	7/2/2000	2000 USAWA - Lebanon, PA
NECK LIFT	70	M	90	270	Habecker, Denny	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
NECK LIFT	70	M	95	314	Prechtel, Howard	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
NECK LIFT	70	M	100	408	Prechtel, Howard	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	70	M	105	260	Myers, LaVerne	1/19/2019	Dino Gym Challenge (2019)
NECK LIFT	70	M	110	200	Murdock, Mike	11/6/2010	Schmidt's Backbreaker Pentathlon (2010)
NECK LIFT	70	M	115	240	Ross, Dean	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
NECK LIFT	70	M	120	380	Ciavattone, Frank	5/2/2026	HEAVY LIFT CHAMPIONSHIP (2026) - USAWA
NECK LIFT	70	M	125	380	Ciavattone, Frank	12/6/2025	Schmidt's Backbreaker Pentathlon (2025)
NECK LIFT	70	M	125+	300	Ciavattone, Frank	3/1/2025	New England Winter Heavy Lift Classic (2025), Walpole, MA
NECK LIFT	75	M	70	350	Hahn, Dave	5/3/2014	HEAVY LIFT CHAMPIONSHIP (2014) - Holland, KS
NECK LIFT	75	M	75	250	Mitchell, Dennis	5/21/2011	HEAVY LIFT CHAMPIONSHIP (2011) - York, PA
NECK LIFT	75	M	85	350	Montini, Art	8/27/2005	2005 Heavylift
NECK LIFT	75	M	90	210	Habecker, Denny	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
NECK LIFT	75	M	110	210	Ross, Dean	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
NECK LIFT	75	M	115	240	Ross, Dean	1/19/2019	Dino Gym Challenge (2019)

USAWA Record List

NECK LIFT	80	M	65	400	Hahn, Dave	11/13/2021	HEAVY LIFT CHAMPIONSHIP (2021) - Turney, MO
NECK LIFT	80	M	70	400	Hahn, Dave	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
NECK LIFT	80	M	80	250	Montini, Art	10/12/2008	2008 Art's Birthday Bash
NECK LIFT	80	M	85	310	Montini, Art	5/16/2009	HEAVY LIFT CHAMPIONSHIP (2009) - Lebanon, PA
NECK LIFT	80	M	90	170	Zercher I, Ed	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
NECK LIFT	80	M	105	127	Eberhardinger, Paul	7/2/2000	2000 USAWA - Lebanon, PA
NECK LIFT	80	M	110	100	Clark, Bill	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
NECK LIFT	85	M	80	180	Montini, Art	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
NECK LIFT	85	M	85	200	Montini, Art	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
NECK LIFT	ALL	M	60	425	McKean, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
NECK LIFT	ALL	M	65	513	Monk, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	ALL	M	70	600	Monk, John	11/5/2000	HEAVY LIFT CHAMPIONSHIP (2000) - Columbia, MO
NECK LIFT	ALL	M	75	507	Friesz, Dale	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	ALL	M	80	480	Smith, Abe	11/10/2001	HEAVY LIFT CHAMPIONSHIP (2001) - Columbia, MO
NECK LIFT	ALL	M	85	605	Friesz, Dale	12/9/1995	GOERNER DEADLIFT DOZEN PLUS ONE (1995)
NECK LIFT	ALL	M	90	603	Larson, Nils	8/28/2004	2004 Heavylift
NECK LIFT	ALL	M	95	623	Garcia, Joe	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	ALL	M	100	805	Ciavattone, Joe Sr.	5/4/2013	HEAVY LIFT CHAMPIONSHIP (2013) - Walpole, MA
NECK LIFT	ALL	M	105	717	Ciavattone, Joe Sr.	6/22/1996	NATIONALS (1996) - Mansfield, MA
NECK LIFT	ALL	M	110	810	Ullom, Chad	5/10/2025	2025 Heavy Lift Championship, Turney, MO, Walpole, MA
NECK LIFT	ALL	M	115	1080	Todd, Eric	5/3/2014	HEAVY LIFT CHAMPIONSHIP (2014) - Holland, KS
NECK LIFT	ALL	M	120	1040	Todd, Eric	8/18/2013	RD - Dino Days (2013)
NECK LIFT	ALL	M	125	950	Todd, Eric	5/7/2022	HEAVY LIFT CHAMPIONSHIP (2022) - Turney, MO
NECK LIFT	ALL	M	125+	711	Ciavattone, Frank	5/31/1992	NATIONALS (1992) - Walpole, MA
NECK LIFT	NAT	M	60	425	McKean, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
NECK LIFT	NAT	M	65	513	Monk, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	NAT	M	70	501	Monk, John	7/2/2000	NATIONALS (2000) - Lebanon, PA
NECK LIFT	NAT	M	75	507	Friesz, Dale	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	NAT	M	80	479	Hirsh, Bob	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	NAT	M	85	500	Friesz, Dale	6/4/1995	NATIONALS (1995) - Columbia, MO
NECK LIFT	NAT	M	90	501	Anderson, Phil	6/26/1989	NATIONALS (1989) - Plymouth, PA
NECK LIFT	NAT	M	95	623	Garcia, Joe	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	NAT	M	100	676	Ciavattone, Joe Sr.	5/31/1992	NATIONALS (1992) - Walpole, MA
NECK LIFT	NAT	M	105	717	Ciavattone, Joe Sr.	6/22/1996	NATIONALS (1996) - Mansfield, MA
NECK LIFT	NAT	M	110	733	Ciavattone, Joe Sr.	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	NAT	M	115	513	Cirafesi, Ralph	7/26/1998	NATIONALS (1998) - Mansfield, MA
NECK LIFT	NAT	M	120	433	Moore, Bob	5/31/1992	NATIONALS (1992) - Walpole, MA
NECK LIFT	NAT	M	125	606	Ciavattone, Frank	7/2/2000	NATIONALS (2000) - Lebanon, PA
NECK LIFT	NAT	M	125+	711	Ciavattone, Frank	5/31/1992	NATIONALS (1992) - Walpole, MA
PEOPLES DEADLIFT	13	F	25	28	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
PEOPLES DEADLIFT	13	F	30	88	Piper, Whitney	7/21/2012	2012 Macomb Record Setter
PEOPLES DEADLIFT	13	F	35	160	Piper, Whitney	10/14/2012	2012 OTSM Championships

PEOPLES DEADLIFT	13	F	40	165	Piper, Whitney	7/27/2013	2013 Joe the Turk OTSM
PEOPLES DEADLIFT	13	F	55	176	Jobe, Gabby	8/18/2013	RD - Dino Days (2013)
PEOPLES DEADLIFT	13	F	60	220	Todd, Phoebe	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
PEOPLES DEADLIFT	14	F	65	220	Todd, Phoebe	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	14	F	70	235	Todd, Lillian	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
PEOPLES DEADLIFT	14	F	75	250	Todd, Lillian	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	16	F	40	115	Gupta, Nisha	12/13/2025	OTSM WORLD Championship. Postal (2025)
PEOPLES DEADLIFT	16	F	55	200	McDonald, Alexandria	8/17/2024	2024 USA Kentucky Open - Somerset, KY
PEOPLES DEADLIFT	16	F	70	185	Ordonez, Nalexi	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	18	F	55	230	McDonald, Alexandria	6/28/2025	Home GymCon Push/Pull, Louisville, KY RD
PEOPLES DEADLIFT	40	F	65	352	Skwarecki, Beth	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	40	F	70	185	Patrick, Lovely	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	40	F	75	209	Hopps, Jessica	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
PEOPLES DEADLIFT	40	F	80	250	Burns, Lynda	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
PEOPLES DEADLIFT	40	F	85	300	Todd, Stacy	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
PEOPLES DEADLIFT	40	F	90	300	Todd, Stacy	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	40	F	95	255	Hopps, Jessica	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	50	F	50	319	Jackson, RJ	1/19/2013	Dino Gym Challenge (2013)
PEOPLES DEADLIFT	55	F	60	210	VanWagner, Kim	12/13/2025	OTSM WORLD Championship. Postal (2025)
PEOPLES DEADLIFT	55	F	90	280	Lupo, Allison	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
PEOPLES DEADLIFT	55	F	100	295	Gore, Lisa	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	60	F	50	326	Jackson, RJ	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	60	F	60	300	Homan, Lynne	6/28/2025	Home GymCon Push/Pull, Louisville, KY
PEOPLES DEADLIFT	60	F	75	200	Thompson, Janet	8/21/2022	CLARK'S BIRTHDAY WEEKEND
PEOPLES DEADLIFT	60	F	105	300	Gore, Lisa	9/14/2025	One Ton Challenge (2025), Columbia, MO
PEOPLES DEADLIFT	65	F	75	255	Thompson, Janet	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
PEOPLES DEADLIFT	65	F	125+	275	McConnaughey, Mary	9/14/2025	One Ton Challenge (2025), Columbia, MO
PEOPLES DEADLIFT	ALL	F	25	28	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
PEOPLES DEADLIFT	ALL	F	30	88	Piper, Whitney	7/21/2012	2012 Macomb Record Setter
PEOPLES DEADLIFT	ALL	F	35	160	Piper, Whitney	10/14/2012	2012 OTSM Championships
PEOPLES DEADLIFT	ALL	F	40	165	Piper, Whitney	7/27/2013	2013 Joe the Turk OTSM
PEOPLES DEADLIFT	ALL	F	50	326	Jackson, RJ	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	ALL	F	55	230	McDonald, Alexandria	6/28/2025	Home GymCon Push/Pull, Louisville, KY RD
PEOPLES DEADLIFT	ALL	F	60	300	Homan, Lynne	6/28/2025	Home GymCon Push/Pull, Louisville, KY
PEOPLES DEADLIFT	ALL	F	65	352	Skwarecki, Beth	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	ALL	F	70	335	Haste, Mindy	8/17/2024	2024 USA Kentucky Open - Somerset, KY
PEOPLES DEADLIFT	ALL	F	75	255	Thompson, Janet	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
PEOPLES DEADLIFT	ALL	F	80	250	Burns, Lynda	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
PEOPLES DEADLIFT	ALL	F	85	300	Todd, Stacy	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
PEOPLES DEADLIFT	ALL	F	90	300	Todd, Stacy	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	ALL	F	95	255	Hopps, Jessica	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	ALL	F	100	399	Kressly, Jera	1/19/2013	Dino Gym Challenge (2013)

USAWA Record List

PEOPLES DEADLIFT	ALL	F	105	405	Kressly, Jera	7/14/2013	2013 Club Championships
PEOPLES DEADLIFT	ALL	F	125+	275	Rowland, January	3/19/2014	2014 Joe the Turk OTSM
PEOPLES DEADLIFT	13	M	30	165	Wenzel, Logan	5/12/2024	Record Day- Clark's Gym 2
PEOPLES DEADLIFT	13	M	35	145	Wenzel, Logan	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
PEOPLES DEADLIFT	13	M	50	200	Todd, Everett	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	13	M	60	225	Todd, Everett	9/14/2025	One Ton Challenge (2025), Columbia, MO
PEOPLES DEADLIFT	13	M	65	200	Todd, Leroy	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	13	M	90	240	Bankens, Isaac	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
PEOPLES DEADLIFT	14	M	80	395	Kressly, Logan	7/14/2013	2013 Club Championships
PEOPLES DEADLIFT	16	M	60	325	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
PEOPLES DEADLIFT	16	M	75	135	Lasure, Sam	9/23/2023	Buffville Push/Pull
PEOPLES DEADLIFT	18	M	65	235	O'Neil-Butters, Maverick	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	18	M	75	600	Agre, Kyle	6/28/2025	Home GymCon Push/Pull, Louisville, KY
PEOPLES DEADLIFT	40	M	70	315	Ortega, Toby	8/17/2024	2024 USA Kentucky Open - Somerset, KY
PEOPLES DEADLIFT	40	M	80	535	Decker, Vince	10/14/2012	2012 OTSM Championships
PEOPLES DEADLIFT	40	M	85	635	Smith, Abe	4/7/2024	Bench press Heptathlon
PEOPLES DEADLIFT	40	M	90	500	Stearns, Ashley	4/7/2024	RD - Buffville 3
PEOPLES DEADLIFT	40	M	95	800	Strangeway, John	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
PEOPLES DEADLIFT	40	M	100	711	Strangeway, John	1/21/2023	Dino Gym Challenge (2023)
PEOPLES DEADLIFT	40	M	110	650	Ciavattone, Jeff	11/30/2020	POSTAL (2020) - RECORD DAY
PEOPLES DEADLIFT	40	M	115	639	Ullom, Chad	7/27/2013	2013 Joe the Turk OTSM
PEOPLES DEADLIFT	40	M	120	554	O'Brien, John	1/19/2013	Dino Gym Challenge (2013)
PEOPLES DEADLIFT	40	M	125	800	Cookson, Chuck	1/19/2013	Dino Gym Challenge (2013)
PEOPLES DEADLIFT	40	M	125+	700	Dabbs, Noah	8/17/2024	2024 USA Kentucky Open - Somerset, KY
PEOPLES DEADLIFT	45	M	90	501	Clark, Bill	4/11/2015	2015 Lebanon, PA Co RD
PEOPLES DEADLIFT	45	M	95	555	Stearns, Ashley	6/28/2025	Home GymCon Push/Pull, Louisville, KY
PEOPLES DEADLIFT	45	M	100	425	Lansdown, Christopher	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	45	M	105	515	Ullom, Chad	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
PEOPLES DEADLIFT	45	M	110	455	Wenzel, Jeff	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	45	M	125+	710	Fagg, Allen	6/28/2025	Home GymCon Push/Pull, Louisville, KY
PEOPLES DEADLIFT	50	M	85	707	Wagman, Dan	1/19/2013	Dino Gym Challenge (2013)
PEOPLES DEADLIFT	50	M	90	300	Hall, James	8/17/2024	2024 USA Kentucky Open - Somerset, KY
PEOPLES DEADLIFT	50	M	95	405	Gupta, Sanjiv	12/13/2025	OTSM WORLD Championship. Postal (2025)
PEOPLES DEADLIFT	50	M	100	450	Hadley, Patrick	9/23/2023	Buffville Push/Pull
PEOPLES DEADLIFT	50	M	105	475	Wenzel, Jeff	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
PEOPLES DEADLIFT	50	M	110	520	Wenzel, Jeff	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
PEOPLES DEADLIFT	50	M	115	505	Poore, Clint	8/17/2024	2024 USA Kentucky Open - Somerset, KY
PEOPLES DEADLIFT	50	M	125+	624	Mitchell, Mark	1/19/2013	Dino Gym Challenge (2013)
PEOPLES DEADLIFT	55	M	75	285	Marchand, Wade	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	55	M	90	440	Bryan, Barry	10/12/2013	2013 Arts Birthday Bash
PEOPLES DEADLIFT	55	M	95	640	Traub, Larry	7/14/2013	2013 Club Championships
PEOPLES DEADLIFT	55	M	100	335	Garcia, Joe	3/25/2012	2012 Battle in the Barn

USAWA Record List

PEOPLES DEADLIFT	55	M	105	355	Hose, Tony	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	55	M	110	475	Lupo, Tony	9/14/2025	One Ton Challenge (2025), Columbia, MO
PEOPLES DEADLIFT	55	M	115	504	Glasgow, Dave	1/19/2013	Dino Gym Challenge (2013)
PEOPLES DEADLIFT	55	M	125	500	Gardner, Brian	9/23/2023	Buffville Push/Pull
PEOPLES DEADLIFT	55	M	125+	625	Trent, Jeff	8/17/2024	2024 USA Kentucky Open - Somerset, KY
PEOPLES DEADLIFT	60	M	80	405	DeForest, Dave	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	60	M	85	410	DeForest, Dave	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
PEOPLES DEADLIFT	60	M	90	435	DeForest, Dave	5/22/2021	2021 Clark's Record Day
PEOPLES DEADLIFT	60	M	95	396	Locondro, Mike	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
PEOPLES DEADLIFT	60	M	100	407	Locondro, Mike	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
PEOPLES DEADLIFT	60	M	105	405	Richey, Randy	9/23/2023	Buffville Push/Pull
PEOPLES DEADLIFT	60	M	110	420	Richey, Randy	8/17/2024	2024 USA Kentucky Open - Somerset, KY
PEOPLES DEADLIFT	60	M	115	480	Lupo, Tony	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
PEOPLES DEADLIFT	60	M	120	625	Cook, Greg	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
PEOPLES DEADLIFT	60	M	125+	505	Beverdors, Dave	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PEOPLES DEADLIFT	65	M	80	374	Bryan, Barry	12/13/2025	OTSM WORLD Championship. Postal (2025)
PEOPLES DEADLIFT	65	M	85	440	DeForest, Dave	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
PEOPLES DEADLIFT	65	M	90	405	Dickerson, Ricky	8/17/2024	2024 USA Kentucky Open - Somerset, KY
PEOPLES DEADLIFT	65	M	110	325	Licini, Jerome	9/14/2025	One Ton Challenge (2025), Columbia, MO
PEOPLES DEADLIFT	65	M	115	565	Cook, Greg	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
PEOPLES DEADLIFT	65	M	125	385	Ross, Dean	3/25/2012	2012 Battle in the Barn
PEOPLES DEADLIFT	65	M	125+	500	Ciavattone, Frank	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	70	M	70	304	McKean, John	7/13/2019	2019 Schmidt's RD
PEOPLES DEADLIFT	70	M	85	374	Habecker, Denny	7/27/2013	2013 Joe the Turk OTSM
PEOPLES DEADLIFT	70	M	90	375	Habecker, Denny	9/26/2015	2015 OTSM Championships
PEOPLES DEADLIFT	70	M	110	275	Murdock, Mike	3/25/2012	2012 Battle in the Barn
PEOPLES DEADLIFT	70	M	115	385	Glasgow, Dave	5/31/2025	Ledaig Record Day - Topeka, KS
PEOPLES DEADLIFT	70	M	120	365	Malloy, Jim	10/12/2013	2013 Arts Birthday Bash
PEOPLES DEADLIFT	70	M	125	405	Ross, Dean	7/14/2013	2013 Club Championships
PEOPLES DEADLIFT	75	M	60	253	Pensyl, Barry	12/13/2025	OTSM WORLD Championship. Postal (2025)
PEOPLES DEADLIFT	75	M	100	345	Glasgow, Ken	7/14/2013	2013 Club Championships
PEOPLES DEADLIFT	80	M	80	275	Habecker, Denny	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	80	M	85	335	Habecker, Denny	9/9/2023	OTSM CHAMPIONSHIP (2023) - Turney, MO
PEOPLES DEADLIFT	80	M	105	275	Clark, Bill	10/10/2016	2016 Clark's Double Decathlon
PEOPLES DEADLIFT	85	M	80	320	Montini, Art	9/26/2015	2015 OTSM Championships
PEOPLES DEADLIFT	85	M	95	225	Clark, Bill	11/30/2020	POSTAL (2020) - RECORD DAY
PEOPLES DEADLIFT	90	M	90	205	Clark, Bill	4/7/2024	Bench press Heptathlon
PEOPLES DEADLIFT	90	M	95	205	Clark, Bill	8/3/2024	Clarks Gym RD #4 (2024)
PEOPLES DEADLIFT	ALL	M	30	165	Wenzel, Logan	5/12/2024	Record Day- Clark's Gym 2
PEOPLES DEADLIFT	ALL	M	35	145	Wenzel, Logan	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
PEOPLES DEADLIFT	ALL	M	50	200	Todd, Everett	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	ALL	M	60	325	Wenzel, Spencer	4/7/2024	Bench press Heptathlon

USAWA Record List

PEOPLES DEADLIFT	ALL	M	65	235	O'Neil-Butters, Maverick	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	ALL	M	70	535	Hanlein, Michael	6/28/2025	Home GymCon Push/Pull, Louisville, KY
PEOPLES DEADLIFT	ALL	M	75	600	Agre, Kyle	6/28/2025	Home GymCon Push/Pull, Louisville, KY
PEOPLES DEADLIFT	ALL	M	80	666	Wagman, Dan	9/30/2024	POSTAL (2024) - Q3
PEOPLES DEADLIFT	ALL	M	85	707	Wagman, Dan	1/19/2013	Dino Gym Challenge (2013)
PEOPLES DEADLIFT	ALL	M	90	550	Ford-Roussel, Jacob	8/23/2025	True North True Strength II - RD- Fergus, Ont
PEOPLES DEADLIFT	ALL	M	95	800	Strangeway, John	9/7/2019	OTSM CHAMPIONSHIP (2019) - Turney, MO
PEOPLES DEADLIFT	ALL	M	100	711	Strangeway, John	1/21/2023	Dino Gym Challenge (2023)
PEOPLES DEADLIFT	ALL	M	105	702	English, Alan	1/19/2013	Dino Gym Challenge (2013)
PEOPLES DEADLIFT	ALL	M	110	650	Ciavattone, Jeff	11/30/2020	POSTAL (2020) - RECORD DAY
PEOPLES DEADLIFT	ALL	M	115	639	Ullom, Chad	7/27/2013	2013 Joe the Turk OTSM
PEOPLES DEADLIFT	ALL	M	120	717	Todd, Eric	1/19/2013	Dino Gym Challenge (2013)
PEOPLES DEADLIFT	ALL	M	125	800	Cookson, Chuck	1/19/2013	Dino Gym Challenge (2013)
PEOPLES DEADLIFT	ALL	M	125+	710	Fagg, Allen	6/28/2025	Home GymCon Push/Pull, Louisville, KY
PHUMCHAONA LIFT	55	F	90	355	Lupo, Allison	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
PHUMCHAONA LIFT	ALL	F	90	355	Lupo, Allison	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
PHUMCHAONA LIFT	50	M	105	1155	Wenzel, Jeff	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PHUMCHAONA LIFT	50	M	110	1115	Wenzel, Jeff	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
PHUMCHAONA LIFT	55	M	110	910	Lupo, Tony	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
PHUMCHAONA LIFT	55	M	115	945	Lupo, Tony	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PHUMCHAONA LIFT	65	M	90	1227	Carter, John	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PHUMCHAONA LIFT	ALL	M	80	1145	Luther, Travis	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PHUMCHAONA LIFT	ALL	M	90	1227	Carter, John	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PHUMCHAONA LIFT	ALL	M	105	1155	Wenzel, Jeff	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PHUMCHAONA LIFT	ALL	M	110	1115	Wenzel, Jeff	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
PHUMCHAONA LIFT	ALL	M	115	945	Lupo, Tony	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PINCH GRIP DEADLIFT	13	F	65	85	Jaeschke, Sara	10/19/2002	2002 SuperGrip
PINCH GRIP DEADLIFT	14	F	70	75	Jaeschke, Sara	10/18/2003	2003 Super Grip Challenge
PINCH GRIP DEADLIFT	14	F	80	45	Collins, Olivia	2/25/2023	New England Grip Classic (2023)
PINCH GRIP DEADLIFT	16	F	75	112	De La Vega, Saria	2/11/2017	2017 Grip Championships
PINCH GRIP DEADLIFT	16	F	80	85	Collins, Natalie	2/25/2023	New England Grip Classic (2023)
PINCH GRIP DEADLIFT	40	F	65	75	Brooner-Lakowsky, Tressa	9/16/2001	2001 Supergrip Challenge
PINCH GRIP DEADLIFT	40	F	125+	125	McConnaughey, Mary	10/18/2003	2003 Super Grip Challenge
PINCH GRIP DEADLIFT	45	F	125+	80	Bulebosh, Beth	10/16/2016	2016 Art's Birthday Bash
PINCH GRIP DEADLIFT	50	F	50	117	Jackson, RJ	12/1/2012	2012 Gracie Club RD
PINCH GRIP DEADLIFT	50	F	90	90	Collins, Cara	2/25/2023	New England Grip Classic (2023)
PINCH GRIP DEADLIFT	55	F	50	161	Jackson, RJ	2/11/2017	2017 Grip Championships
PINCH GRIP DEADLIFT	55	F	60	178	VanWagner, Kim	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PINCH GRIP DEADLIFT	55	F	65	175	Brooner-Lakowsky, Tressa	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	55	F	90	201	Lupo, Allison	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PINCH GRIP DEADLIFT	55	F	95	233	Gore, Lisa	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
PINCH GRIP DEADLIFT	55	F	125+	200	McConnaughey, Mary	2/10/2018	2018 Grip Championships

USAWA Record List

PINCH GRIP DEADLIFT	ALL	F	50	161	Jackson, RJ	2/11/2017	2017 Grip Championships
PINCH GRIP DEADLIFT	ALL	F	60	178	VanWagner, Kim	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PINCH GRIP DEADLIFT	ALL	F	65	175	Brooner-Lakowsky, Tressa	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	ALL	F	70	201	Burchett, Emily	2/11/2017	2017 Grip Championships
PINCH GRIP DEADLIFT	ALL	F	75	112	De La Vega, Saria	2/11/2017	2017 Grip Championships
PINCH GRIP DEADLIFT	ALL	F	80	85	Collins, Natalie	2/25/2023	New England Grip Classic (2023)
PINCH GRIP DEADLIFT	ALL	F	90	201	Lupo, Allison	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PINCH GRIP DEADLIFT	ALL	F	95	233	Gore, Lisa	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
PINCH GRIP DEADLIFT	ALL	F	125+	200	McConnaughey, Mary	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	13	M	35	106	Wenzel, Logan	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PINCH GRIP DEADLIFT	13	M	105	100	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
PINCH GRIP DEADLIFT	14	M	60	67	Heit, Calvin	12/31/2016	POSTAL (2016) - Q4
PINCH GRIP DEADLIFT	14	M	65	166	Heit, Calvin	2/11/2017	2017 Grip Championships
PINCH GRIP DEADLIFT	14	M	75	120	Kucera, Matt	5/23/1999	99 Super Grip Challenge
PINCH GRIP DEADLIFT	14	M	120	120	Fulton, Brandon	5/20/2000	2000 Super Grip Challenge
PINCH GRIP DEADLIFT	16	M	60	245	Wenzel, Spencer	5/12/2024	Record Day- Clark's Gym 2
PINCH GRIP DEADLIFT	16	M	65	115	O'Neil-Butters, Maverick	2/25/2023	New England Grip Classic (2023)
PINCH GRIP DEADLIFT	16	M	70	300	Heit, Calvin	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	16	M	75	135	Jaeschke, Jon	10/18/2003	2003 Super Grip Challenge
PINCH GRIP DEADLIFT	16	M	80	330	Janzen, Cole	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	16	M	85	135	Holcomb, Seth	10/19/2002	2002 SuperGrip
PINCH GRIP DEADLIFT	16	M	105	150	Kucera, Elijah	5/23/1999	99 Super Grip Challenge
PINCH GRIP DEADLIFT	16	M	110	88	Ciavattone, Frank III	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
PINCH GRIP DEADLIFT	16	M	125+	280	Payne, Jared	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	18	M	70	201	Schimpf, Christian	2/11/2017	2017 Grip Championships
PINCH GRIP DEADLIFT	18	M	75	178	Conley, Elijah	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PINCH GRIP DEADLIFT	18	M	85	160	Kucera, Matt	9/16/2001	2001 Supergrip Challenge
PINCH GRIP DEADLIFT	18	M	90	160	Jaeschke, Chris	10/18/2003	2003 Super Grip Challenge
PINCH GRIP DEADLIFT	18	M	100	160	Kucera, Elijah	5/20/2000	2000 Super Grip Challenge
PINCH GRIP DEADLIFT	40	M	85	505	Stearns, Ashley	6/3/2024	2024 Hackendinnie Cup, Albany, KY
PINCH GRIP DEADLIFT	40	M	90	495	Stearns, Ashley	5/11/2024	Buffville Cup 4
PINCH GRIP DEADLIFT	40	M	95	170	Fulton, Doug	5/23/1999	99 Super Grip Challenge
PINCH GRIP DEADLIFT	40	M	105	400	Edwards, Ben	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	40	M	110	260	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
PINCH GRIP DEADLIFT	40	M	115	200	Ullom, Chad	2/9/2013	2013 Grip Championships
PINCH GRIP DEADLIFT	40	M	120	190	Fulton, Kevin	10/19/2002	2002 SuperGrip
PINCH GRIP DEADLIFT	40	M	125	180	Fulton, Kevin	5/20/2000	2000 Super Grip Challenge
PINCH GRIP DEADLIFT	40	M	125+	500	Tully, Scott	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	45	M	95	160	Schock, Ed	8/18/2001	Postal meet
PINCH GRIP DEADLIFT	45	M	100	345	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PINCH GRIP DEADLIFT	45	M	105	370	Wenzel, Jeff	5/12/2024	Record Day- Clark's Gym 2
PINCH GRIP DEADLIFT	45	M	110	450	Ullom, Chad	2/10/2018	2018 Grip Championships

USAWA Record List

PINCH GRIP DEADLIFT	45	M	115	226	Ullom, Chad	2/11/2017	2017 Grip Championships
PINCH GRIP DEADLIFT	45	M	125	170	Burtzloff, Bob	10/19/2002	2002 SuperGrip
PINCH GRIP DEADLIFT	45	M	125+	409	Gaddis, Jarrod	6/3/2024	2024 Hackendinnie Cup, Albany, KY
PINCH GRIP DEADLIFT	50	M	80	150	Marchand, Wade	2/25/2023	New England Grip Classic (2023)
PINCH GRIP DEADLIFT	50	M	85	215	Wagman, Dan	2/9/2013	2013 Grip Championships
PINCH GRIP DEADLIFT	50	M	105	475	Myers, Al	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	50	M	110	393	Wenzel, Jeff	5/31/2025	Ledaig Record Day - Topeka, KS
PINCH GRIP DEADLIFT	50	M	115	405	Poore, Clint	5/5/2024	RD - Buffville 4
PINCH GRIP DEADLIFT	50	M	125	156	Morrison, Rocky	12/31/2016	POSTAL (2016) - Q4
PINCH GRIP DEADLIFT	50	M	125+	420	Payne, Jason	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	55	M	85	70	DiCiccio, Bill	10/13/1996	96 Art's Birthday Bash
PINCH GRIP DEADLIFT	55	M	90	165	Bryan, Barry	12/28/2016	Record Day- Lebanon, PA Valley
PINCH GRIP DEADLIFT	55	M	110	365	Lupo, Tony	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
PINCH GRIP DEADLIFT	55	M	115	350	Lupo, Tony	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
PINCH GRIP DEADLIFT	55	M	125	170	Ciavattone, Frank	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
PINCH GRIP DEADLIFT	60	M	75	141	Santangelo, Stephen	1/24/2015	2015 Florida RD
PINCH GRIP DEADLIFT	60	M	80	300	DeForest, Dave	5/12/2024	Record Day- Clark's Gym 2
PINCH GRIP DEADLIFT	60	M	85	277	DeForest, Dave	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
PINCH GRIP DEADLIFT	60	M	90	135	DeForest, Dave	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
PINCH GRIP DEADLIFT	60	M	95	130	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
PINCH GRIP DEADLIFT	60	M	100	100	Garcia, Joe	10/10/2016	2016 Clark's Double Decathlon
PINCH GRIP DEADLIFT	60	M	105	155	Raymond, Mark	2/25/2023	New England Grip Classic (2023)
PINCH GRIP DEADLIFT	60	M	110	301	Lupo, Tony	4/11/2026	2026 Bench Press Heptathlon V and Record Day
PINCH GRIP DEADLIFT	60	M	115	160	Larson, Nils	2/25/2023	New England Grip Classic (2023)
PINCH GRIP DEADLIFT	65	M	70	116	Pensyl, Barry	5/6/2017	2017 Lebanon, PA Valley RD
PINCH GRIP DEADLIFT	65	M	75	310	Santangelo, Stephen	7/13/2019	2019 Schmidt's RD
PINCH GRIP DEADLIFT	65	M	85	350	Carter, John	5/12/2024	Record Day- Clark's Gym 2
PINCH GRIP DEADLIFT	65	M	90	110	Habecker, Denny	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
PINCH GRIP DEADLIFT	65	M	100	80	Bletscher, Rudy	12/15/2002	RD - Columbia, MO '02
PINCH GRIP DEADLIFT	65	M	115	200	Myers, LaVerne	2/9/2013	2013 Grip Championships
PINCH GRIP DEADLIFT	65	M	125	210	Ciavattone, Frank	2/25/2023	New England Grip Classic (2023)
PINCH GRIP DEADLIFT	70	M	80	120	Emslie, David	3/28/2015	2015 Clark's Gym RD
PINCH GRIP DEADLIFT	70	M	90	176	Habecker, Denny	2/11/2017	2017 Grip Championships
PINCH GRIP DEADLIFT	70	M	95	100	Murdock, Mike	2/9/2013	2013 Grip Championships
PINCH GRIP DEADLIFT	70	M	100	97	Bletscher, Rudy	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
PINCH GRIP DEADLIFT	70	M	110	335	Myers, LaVerne	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	70	M	115	112	Ross, Dean	2/11/2017	2017 Grip Championships
PINCH GRIP DEADLIFT	70	M	125	150	Ross, Dean	2/9/2013	2013 Grip Championships
PINCH GRIP DEADLIFT	75	M	85	220	Habecker, Denny	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	75	M	100	100	Glasgow, Ken	2/9/2013	2013 Grip Championships
PINCH GRIP DEADLIFT	75	M	110	230	Ross, Dean	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	80	M	85	198	Habecker, Denny	8/5/2023	PRESIDENTIAL CUP (2023)

USAWA Record List

PINCH GRIP DEADLIFT	80	M	105	60	Clark, Bill	10/10/2016	2016 Clark's Double Decathlon
PINCH GRIP DEADLIFT	90	M	85	66	Myers, Clyde	2/12/2006	RD - Dino Gym (2006)
PINCH GRIP DEADLIFT	ALL	M	35	106	Wenzel, Logan	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PINCH GRIP DEADLIFT	ALL	M	60	245	Wenzel, Spencer	5/12/2024	Record Day- Clark's Gym 2
PINCH GRIP DEADLIFT	ALL	M	65	166	Heit, Calvin	2/11/2017	2017 Grip Championships
PINCH GRIP DEADLIFT	ALL	M	70	355	Wenzel, Riley	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
PINCH GRIP DEADLIFT	ALL	M	75	310	Santangelo, Stephen	7/13/2019	2019 Schmidt's RD
PINCH GRIP DEADLIFT	ALL	M	80	330	Janzen, Cole	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	ALL	M	85	505	Stearns, Ashley	6/3/2024	2024 Hackendinnie Cup, Albany, KY
PINCH GRIP DEADLIFT	ALL	M	90	460	Stearns, Ashley	5/11/2024	Buffville Cup 4
PINCH GRIP DEADLIFT	ALL	M	95	255	Goetsch, Troy	2/9/2013	2013 Grip Championships
PINCH GRIP DEADLIFT	ALL	M	100	345	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PINCH GRIP DEADLIFT	ALL	M	105	476	Myers, Al	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	ALL	M	110	450	Ullom, Chad	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT	ALL	M	115	405	Poore, Clint	5/5/2024	RD - Buffville 4
PINCH GRIP DEADLIFT	ALL	M	120	200	Graham, Matt	10/19/2002	2002 SuperGrip
PINCH GRIP DEADLIFT	ALL	M	125	210	Ciavattone, Frank	2/25/2023	New England Grip Classic (2023)
PINCH GRIP DEADLIFT	ALL	M	125+	500	Tully, Scott	2/10/2018	2018 Grip Championships
PINCH GRIP DEADLIFT, LEFT	50	F	50	50	Jackson, RJ	12/27/2014	2014 Colorado RB
PINCH GRIP DEADLIFT, LEFT	ALL	F	50	50	Jackson, RJ	12/27/2014	2014 Colorado RB
PINCH GRIP DEADLIFT, LEFT	40	M	85	74	Hirsh, Bob	2/27/1999	99 Buckeye Record Breaker
PINCH GRIP DEADLIFT, LEFT	40	M	90	165	Stearns, Ashley	5/5/2024	RD - Buffville 4
PINCH GRIP DEADLIFT, LEFT	40	M	110	130	Ciavattone, Jeff	12/31/2021	New Years Eve Record Breaker 2021
PINCH GRIP DEADLIFT, LEFT	40	M	120	50	Millsaps, Holland	6/4/2023	Hackendinnie Classic
PINCH GRIP DEADLIFT, LEFT	45	M	100	158	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PINCH GRIP DEADLIFT, LEFT	45	M	110	159	Wenzel, Jeff	12/7/2024	Old Time Strongman World Championship (2024) RD
PINCH GRIP DEADLIFT, LEFT	45	M	115	35	Poore, Clint	6/4/2023	Hackendinnie Classic
PINCH GRIP DEADLIFT, LEFT	45	M	125+	204	Gaddis, Jarrod	12/7/2024	Old Time Strongman World Championship (2024) RD
PINCH GRIP DEADLIFT, LEFT	50	M	90	45	Blockston, Larry	10/15/1995	95 Art's Birthday Bash
PINCH GRIP DEADLIFT, LEFT	50	M	95	120	Gupta, Sanjiv	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP DEADLIFT, LEFT	50	M	100	39	Gupta, Sanjiv	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP DEADLIFT, LEFT	50	M	105	80	Myers, Al	12/17/2016	2016 Team Championships
PINCH GRIP DEADLIFT, LEFT	50	M	110	185	Poore, Clint	5/12/2024	Record Day- Clark's Gym 2
PINCH GRIP DEADLIFT, LEFT	50	M	115	185	Poore, Clint	5/5/2024	RD - Buffville 4
PINCH GRIP DEADLIFT, LEFT	55	M	85	35	DiCiccio, Bill	10/13/1996	96 Art's Birthday Bash
PINCH GRIP DEADLIFT, LEFT	55	M	105	165	Myers, Al	1/15/2022	Dino Gym Challenge (2022)
PINCH GRIP DEADLIFT, LEFT	55	M	110	111	Lupo, Tony	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
PINCH GRIP DEADLIFT, LEFT	55	M	115	114	Gaber, Don	12/7/2024	Old Time Strongman World Championship (2024) RD
PINCH GRIP DEADLIFT, LEFT	60	M	85	43	DeForest, Dave	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
PINCH GRIP DEADLIFT, LEFT	60	M	110	114	Richey, Randy	12/7/2024	Old Time Strongman World Championship (2024) RD
PINCH GRIP DEADLIFT, LEFT	60	M	125+	60	Ciavattone, Frank	10/27/2018	2018 NE Fall Classic
PINCH GRIP DEADLIFT, LEFT	65	M	75	142	Santangelo, Stephen	7/13/2019	2019 Schmidt's RD

USAWA Record List

PINCH GRIP DEADLIFT, LEFT	65	M	85	56	DeForest, Dave	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
PINCH GRIP DEADLIFT, LEFT	65	M	115	77	Myers, LaVerne	2/13/2011	RD - Dino Gym (2011)
PINCH GRIP DEADLIFT, LEFT	70	M	75	195	Santangelo, Stephen	9/23/2023	Buffville Push/Pull
PINCH GRIP DEADLIFT, LEFT	70	M	105	125	Myers, LaVerne	1/19/2019	Dino Gym Challenge (2019)
PINCH GRIP DEADLIFT, LEFT	70	M	110	70	Myers, LaVerne	12/17/2016	2016 Team Championships
PINCH GRIP DEADLIFT, LEFT	ALL	M	70	87	Wenzel, Riley	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PINCH GRIP DEADLIFT, LEFT	ALL	M	75	195	Santangelo, Stephen	9/23/2023	Buffville Push/Pull
PINCH GRIP DEADLIFT, LEFT	ALL	M	80	65	Smith, Abe	12/8/2001	2001 RD - Col
PINCH GRIP DEADLIFT, LEFT	ALL	M	85	74	Hirsh, Bob	2/27/1999	99 Buckeye Record Breaker
PINCH GRIP DEADLIFT, LEFT	ALL	M	90	165	Stearns, Ashley	5/5/2024	RD - Buffville 4
PINCH GRIP DEADLIFT, LEFT	ALL	M	95	120	Gupta, Sanjiv	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP DEADLIFT, LEFT	ALL	M	100	158	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PINCH GRIP DEADLIFT, LEFT	ALL	M	105	165	Myers, Al	1/15/2022	Dino Gym Challenge (2022)
PINCH GRIP DEADLIFT, LEFT	ALL	M	110	185	Poore, Clint	5/12/2024	Record Day- Clark's Gym 2
PINCH GRIP DEADLIFT, LEFT	ALL	M	115	185	Poore, Clint	5/5/2024	RD - Buffville 4
PINCH GRIP DEADLIFT, LEFT	ALL	M	120	50	Millsaps, Holland	6/4/2023	Hackendinnie Classic
PINCH GRIP DEADLIFT, LEFT	ALL	M	125+	204	Gaddis, Jarrod	12/7/2024	Old Time Strongman World Championship (2024) RD
PINCH GRIP DEADLIFT, RIGHT	16	F	65	30	Ordonez, Lexi	4/20/2024	New England Grip Classic (2024)
PINCH GRIP DEADLIFT, RIGHT	50	F	50	55	Jackson, RJ	12/27/2014	2014 Colorado RB
PINCH GRIP DEADLIFT, RIGHT	ALL	F	50	55	Jackson, RJ	12/27/2014	2014 Colorado RB
PINCH GRIP DEADLIFT, RIGHT	ALL	F	65	90	Garcia, Cindy	2/6/1988	RD - Columbia, MO '88
PINCH GRIP DEADLIFT, RIGHT	ALL	F	85	90	Schuster, Jo	2/6/1988	RD - Columbia, MO '88
PINCH GRIP DEADLIFT, RIGHT	ALL	F	125+	77	Kennedy, Wendy	12/6/1987	Columbia, MO.
PINCH GRIP DEADLIFT, RIGHT	16	M	65	50	O'Neil-Butters, Mason	4/20/2024	New England Grip Classic (2024)
PINCH GRIP DEADLIFT, RIGHT	40	M	85	74	Hirsh, Bob	2/27/1999	99 Buckeye Record Breaker
PINCH GRIP DEADLIFT, RIGHT	40	M	90	200	Stearns, Ashley	5/5/2024	Buffville Cup 2
PINCH GRIP DEADLIFT, RIGHT	40	M	120	120	Guerin, Joshua	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP DEADLIFT, RIGHT	40	M	125+	85	Mitchell, Mark	12/15/2002	RD - Columbia, MO '02
PINCH GRIP DEADLIFT, RIGHT	45	M	95	100	Fobes, Jarrod	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP DEADLIFT, RIGHT	45	M	100	168	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PINCH GRIP DEADLIFT, RIGHT	45	M	110	194	Wenzel, Jeff	12/7/2024	Old Time Strongman World Championship (2024) RD
PINCH GRIP DEADLIFT, RIGHT	45	M	115	35	Poore, Clint	6/4/2023	Hackendinnie Classic
PINCH GRIP DEADLIFT, RIGHT	45	M	125+	204	Gaddis, Jarrod	12/7/2024	Old Time Strongman World Championship (2024) RD
PINCH GRIP DEADLIFT, RIGHT	50	M	75	55	Marchand, Wade	4/20/2024	New England Grip Classic (2024)
PINCH GRIP DEADLIFT, RIGHT	50	M	90	72	DiCiccio, Bill	10/10/1993	U.S. Inlands
PINCH GRIP DEADLIFT, RIGHT	50	M	95	45	Gupta, Sanjiv	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
PINCH GRIP DEADLIFT, RIGHT	50	M	100	41	Gupta, Sanjiv	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP DEADLIFT, RIGHT	50	M	105	80	Myers, Al	12/17/2016	2016 Team Championships
PINCH GRIP DEADLIFT, RIGHT	50	M	110	185	Poore, Clint	5/12/2024	Record Day- Clark's Gym 2
PINCH GRIP DEADLIFT, RIGHT	50	M	115	165	Poore, Clint	5/5/2024	RD - Buffville 4
PINCH GRIP DEADLIFT, RIGHT	55	M	85	35	DiCiccio, Bill	10/13/1996	96 Art's Birthday Bash
PINCH GRIP DEADLIFT, RIGHT	55	M	105	165	Myers, Al	1/15/2022	Dino Gym Challenge (2022)

USAWA Record List

PINCH GRIP DEADLIFT, RIGHT	55	M	110	116	Lupo, Tony	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
PINCH GRIP DEADLIFT, RIGHT	55	M	115	159	Gaber, Don	12/7/2024	Old Time Strongman World Championship (2024) RD
PINCH GRIP DEADLIFT, RIGHT	60	M	85	43	DeForest, Dave	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
PINCH GRIP DEADLIFT, RIGHT	60	M	100	50	Garcia, Joe	10/10/2016	2016 Clark's Double Decathlon
PINCH GRIP DEADLIFT, RIGHT	60	M	110	114	Richey, Randy	12/7/2024	Old Time Strongman World Championship (2024) RD
PINCH GRIP DEADLIFT, RIGHT	60	M	115	49	Larson, Nils	4/20/2024	New England Grip Classic (2024)
PINCH GRIP DEADLIFT, RIGHT	65	M	75	142	Santangelo, Stephen	7/13/2019	2019 Schmidt's RD
PINCH GRIP DEADLIFT, RIGHT	65	M	80	72	Montini, Art	10/10/1993	U.S. Inlands
PINCH GRIP DEADLIFT, RIGHT	65	M	85	76	DeForest, Dave	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
PINCH GRIP DEADLIFT, RIGHT	65	M	115	62	Myers, LaVerne	2/13/2011	RD - Dino Gym (2011)
PINCH GRIP DEADLIFT, RIGHT	65	M	125+	89	Ciavattone, Frank	4/20/2024	New England Grip Classic (2024)
PINCH GRIP DEADLIFT, RIGHT	70	M	75	195	Santangelo, Stephen	9/23/2023	Buffville Push/Pull
PINCH GRIP DEADLIFT, RIGHT	70	M	105	125	Myers, LaVerne	1/19/2019	Dino Gym Challenge (2019)
PINCH GRIP DEADLIFT, RIGHT	70	M	110	88	Myers, LaVerne	2/15/2015	RD - Dino Gym '15
PINCH GRIP DEADLIFT, RIGHT	80	M	105	30	Clark, Bill	10/10/2016	2016 Clark's Double Decathlon
PINCH GRIP DEADLIFT, RIGHT	ALL	M	70	87	Wenzel, Riley	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PINCH GRIP DEADLIFT, RIGHT	ALL	M	75	195	Santangelo, Stephen	9/23/2023	Buffville Push/Pull
PINCH GRIP DEADLIFT, RIGHT	ALL	M	80	72	Montini, Art	10/10/1993	U.S. Inlands
PINCH GRIP DEADLIFT, RIGHT	ALL	M	85	76	DeForest, Dave	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
PINCH GRIP DEADLIFT, RIGHT	ALL	M	90	200	Stearns, Ashley	5/5/2024	Buffville Cup 2
PINCH GRIP DEADLIFT, RIGHT	ALL	M	95	100	Fobes, Jarrod	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP DEADLIFT, RIGHT	ALL	M	100	168	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PINCH GRIP DEADLIFT, RIGHT	ALL	M	105	165	Myers, Al	1/15/2022	Dino Gym Challenge (2022)
PINCH GRIP DEADLIFT, RIGHT	ALL	M	110	194	Wenzel, Jeff	12/7/2024	Old Time Strongman World Championship (2024) RD
PINCH GRIP DEADLIFT, RIGHT	ALL	M	115	165	Poore, Clint	5/5/2024	RD - Buffville 4
PINCH GRIP DEADLIFT, RIGHT	ALL	M	120	120	Guerin, Joshua	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP DEADLIFT, RIGHT	ALL	M	125	60	Myers, Al	12/15/2002	RD - Columbia, MO '02
PINCH GRIP DEADLIFT, RIGHT	ALL	M	125+	204	Gaddis, Jarrod	12/7/2024	Old Time Strongman World Championship (2024) RD
PINCH GRIP DEADLIFT, RIGHT	ALL	M	65	50	O'Neil-Butters, Mason	4/20/2024	New England Grip Classic (2024)
PINCH GRIP, STRICT	13	F	65	85	Jaeschke, Sara	10/19/2002	2002 SuperGrip Challenge
PINCH GRIP, STRICT	14	F	70	75	Jaeschke, Sara	10/18/2003	2003 Super Grip Challenge
PINCH GRIP, STRICT	16	F	40	36	Gupta, Nisha	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
PINCH GRIP, STRICT	16	F	75	110	Paul, Andrea	10/18/2003	2003 Super Grip Challenge
PINCH GRIP, STRICT	40	F	90	80	Todd, Stacy	2/17/2024	2024 Grip Championships
PINCH GRIP, STRICT	40	F	125+	125	McConnaughey, Mary	10/18/2003	2003 Super Grip Challenge
PINCH GRIP, STRICT	55	F	65	52	Brooner-Lakowsky, Tressa	2/10/2018	2018 Grip Championships
PINCH GRIP, STRICT	55	F	100	60	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
PINCH GRIP, STRICT	55	F	125+	62	McConnaughey, Mary	2/10/2018	2018 Grip Championships
PINCH GRIP, STRICT	ALL	F	40	36	Gupta, Nisha	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
PINCH GRIP, STRICT	ALL	F	65	85	Jaeschke, Sara	10/19/2002	2002 Super Grip Challenge
PINCH GRIP, STRICT	ALL	F	70	75	Jaeschke, Sara	10/18/2003	2003 Super Grip Challenge
PINCH GRIP, STRICT	ALL	F	75	110	Paul, Andrea	10/18/2003	2003 Super Grip Challenge

USAWA Record List

PINCH GRIP, STRICT	ALL	F	100	60	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
PINCH GRIP, STRICT	ALL	F	125+	125	McConnaughey, Mary	10/18/2003	2003 Super Grip Challenge
PINCH GRIP, STRICT	13	M	105	100	Fulton, Brandon	5/23/1999	1999 Super Grip Challenge
PINCH GRIP, STRICT	14	M	75	120	Kucera, Matt	5/23/1999	1999 Super Grip Challenge
PINCH GRIP, STRICT	14	M	120	120	Fulton, Brandon	5/20/2000	2000 Super Grip Challenge
PINCH GRIP, STRICT	16	M	70	102	Heit, Calvin	2/10/2018	2018 Grip Championships
PINCH GRIP, STRICT	16	M	75	135	Jaeschke, Jon	10/18/2003	2003 Super Grip Challenge
PINCH GRIP, STRICT	16	M	80	150	Jaeschke, Chris	10/19/2002	2002 Super Grip Challenge
PINCH GRIP, STRICT	16	M	85	135	Holcomb, Seth	10/19/2002	2002 Super Grip Challenge
PINCH GRIP, STRICT	16	M	105	150	Kucera, Elijah	5/23/1999	1999 Super Grip Challenge
PINCH GRIP, STRICT	16	M	125+	112	Payne, Jared	2/10/2018	2018 Grip Championships
PINCH GRIP, STRICT	18	M	85	125	Holcomb, Seth	10/18/2003	2003 Super Grip Challenge
PINCH GRIP, STRICT	18	M	90	160	Jaeschke, Chris	10/18/2003	2003 Super Grip Challenge
PINCH GRIP, STRICT	18	M	100	160	Kucera, Elijah	5/20/2000	2000 Super Grip Challenge
PINCH GRIP, STRICT	40	M	85	126	Stearns, Ashley	9/23/2023	Buffville Push/Pull
PINCH GRIP, STRICT	40	M	95	170	Fulton, Doug	5/23/1999	1999 Super Grip Challenge
PINCH GRIP, STRICT	40	M	105	142	Edwards, Ben	2/10/2018	2018 Grip Championships
PINCH GRIP, STRICT	40	M	115	132	Myers, Al	2/12/2011	2011 Grip Championships
PINCH GRIP, STRICT	40	M	120	190	Fulton, Kevin	10/19/2002	2002 Super Grip Challenge
PINCH GRIP, STRICT	40	M	125	180	Fulton, Kevin	5/20/2000	2000 Super Grip Challenge
PINCH GRIP, STRICT	40	M	125+	162	Tully, Scott	2/10/2018	2018 Grip Championships
PINCH GRIP, STRICT	45	M	100	125	Fobes, Jarrod	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
PINCH GRIP, STRICT	45	M	105	100	Edwards, Ben	2/17/2024	2024 Grip Championships
PINCH GRIP, STRICT	45	M	110	140	Garcia, Joe	5/23/1999	1999 Super Grip Challenge
PINCH GRIP, STRICT	45	M	125+	175	Burtzloff, Bob	10/18/2003	2003 Super Grip Challenge
PINCH GRIP, STRICT	50	M	95	106	Gupta, Sanjiv	12/13/2025	2025 TEAM CHAMPIONSHIPS - RD, Lakewood, CO
PINCH GRIP, STRICT	50	M	105	167	Wenzel, Jeff	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP, STRICT	50	M	110	150	Garcia, Joe	10/18/2003	2003 Super Grip Challenge
PINCH GRIP, STRICT	50	M	125+	174	Mitchell, Mark	2/12/2011	2011 Grip Championships
PINCH GRIP, STRICT	55	M	110	106	Lupo, Tony	5/12/2024	Record Day- Clark's Gym 2
PINCH GRIP, STRICT	55	M	115	132	Glasgow, Dave	2/12/2011	2011 Grip Championships
PINCH GRIP, STRICT	55	M	120	117	Foster, Lance	2/11/2023	GRIP CHAMPIONSHIPS
PINCH GRIP, STRICT	55	M	125+	125	Payne, Jason	2/17/2024	2024 Grip Championships
PINCH GRIP, STRICT	60	M	75	141	Santangelo, Stephen	1/24/2015	2015 Florida RD
PINCH GRIP, STRICT	60	M	110	111	Lupo, Tony	4/11/2026	2026 Bench Press Heptathlon V and Record Day
PINCH GRIP, STRICT	60	M	125+	137	Fulton, Kevin	2/11/2023	GRIP CHAMPIONSHIPS
PINCH GRIP, STRICT	65	M	85	107	DeForest, Dave	4/11/2026	2026 Bench Press Heptathlon V and Record Day
PINCH GRIP, STRICT	65	M	90	110	Smith, Randy	2/17/2024	2024 Grip Championships
PINCH GRIP, STRICT	70	M	110	112	Myers, LaVerne	2/10/2018	2018 Grip Championships
PINCH GRIP, STRICT	70	M	120	90	Glasgow, Dave	2/17/2024	2024 Grip Championships
PINCH GRIP, STRICT	75	M	85	67	Habecker, Denny	2/10/2018	2018 Grip Championships
PINCH GRIP, STRICT	75	M	100	107	Myers, LaVerne	2/11/2023	GRIP CHAMPIONSHIPS

USAWA Record List

PINCH GRIP, STRICT	75	M	110	67	Ross, Dean	2/10/2018	2018 Grip Championships
PINCH GRIP, STRICT	80	M	85	78	Habecker, Denny	2/11/2023	GRIP CHAMPIONSHIPS
PINCH GRIP, STRICT	ALL	M	70	102	Heit, Calvin	2/10/2018	2018 Grip Championships
PINCH GRIP, STRICT	ALL	M	75	141	Santangelo, Stephen	1/24/2015	2015 Florida RD
PINCH GRIP, STRICT	ALL	M	80	150	Jaeschke, Chris	10/19/2002	2002 Super Grip Challenge
PINCH GRIP, STRICT	ALL	M	85	135	Holcomb, Seth	10/19/2002	2002 Super Grip Challenge
PINCH GRIP, STRICT	ALL	M	90	160	Wagman, Dan	10/19/2002	2002 Super Grip Challenge
PINCH GRIP, STRICT	ALL	M	95	170	Fulton, Doug	5/23/1999	1999 Super Grip Challenge
PINCH GRIP, STRICT	ALL	M	100	162	Edwards, Ben	2/12/2011	2011 Grip Championships
PINCH GRIP, STRICT	ALL	M	105	167	Wenzel, Jeff	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP, STRICT	ALL	M	110	150	Garcia, Joe	10/18/2003	2003 Super Grip Challenge
PINCH GRIP, STRICT	ALL	M	115	132	Myers, Al	2/12/2011	2011 Grip Championships
PINCH GRIP, STRICT	ALL	M	120	200	Graham, Matt	10/19/2002	2002 Super Grip Challenge
PINCH GRIP, STRICT	ALL	M	125	200	Graham, Matt	10/18/2003	2003 Super Grip Challenge
PINCH GRIP, STRICT	ALL	M	125+	175	Burtzloff, Bob	10/18/2003	2003 Super Grip Challenge
PINCH GRIP, STRICT, LEFT	40	F	75	36	Hopps, Jessica	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
PINCH GRIP, STRICT, LEFT	55	F	90	24	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP, STRICT, LEFT	55	F	105	31	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP, STRICT, LEFT	65	F	75	24	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP, STRICT, LEFT	ALL	F	75	36	Hopps, Jessica	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
PINCH GRIP, STRICT, LEFT	ALL	F	90	24	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP, STRICT, LEFT	ALL	F	105	31	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP, STRICT, LEFT	18	M	70	26	Market, Tim	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP, STRICT, LEFT	40	M	70	70	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP, STRICT, LEFT	40	M	85	42	Stearns, Ashley	9/23/2023	Buffville Push/Pull
PINCH GRIP, STRICT, LEFT	45	M	100	60	Fobes, Jarrod	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
PINCH GRIP, STRICT, LEFT	45	M	110	60	Wenzel, Jeff	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
PINCH GRIP, STRICT, LEFT	50	M	95	41	Gupta, Sanjiv	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
PINCH GRIP, STRICT, LEFT	50	M	100	56	Hadley, Patrick	9/23/2023	Buffville Push/Pull
PINCH GRIP, STRICT, LEFT	50	M	105	67	Wenzel, Jeff	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP, STRICT, LEFT	50	M	110	70	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP, STRICT, LEFT	50	M	115	35	Poore, Clint	5/6/2024	Buffville Cup II
PINCH GRIP, STRICT, LEFT	55	M	100	90	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP, STRICT, LEFT	55	M	110	56	Lupo, Tony	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
PINCH GRIP, STRICT, LEFT	55	M	115	51	Lupo, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, LEFT	60	M	110	46	Lupo, Tony	4/11/2026	2026 Bench Press Heptathlon V and Record Day
PINCH GRIP, STRICT, LEFT	65	M	75	52	Santangelo, Stephen	7/13/2019	2019 Schmidt's RD
PINCH GRIP, STRICT, LEFT	65	M	85	42	DeForest, Dave	4/11/2026	2026 Bench Press Heptathlon V and Record Day
PINCH GRIP, STRICT, LEFT	65	M	90	62	Carter, John	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, LEFT	70	M	105	55	Myers, LaVerne	1/19/2019	Dino Gym Challenge (2019)
PINCH GRIP, STRICT, LEFT	ALL	M	70	70	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP, STRICT, LEFT	ALL	M	75	52	Santangelo, Stephen	7/13/2019	2019 Schmidt's RD

USAWA Record List

PINCH GRIP, STRICT, LEFT	ALL	M	80	65	Wagman, Dan	10/12/2024	Clarks Gym RD #5 (2024)
PINCH GRIP, STRICT, LEFT	ALL	M	85	42	Stearns, Ashley	9/23/2023	Buffville Push/Pull
PINCH GRIP, STRICT, LEFT	ALL	M	90	62	Carter, John	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, LEFT	ALL	M	95	41	Gupta, Sanjiv	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
PINCH GRIP, STRICT, LEFT	ALL	M	100	90	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP, STRICT, LEFT	ALL	M	105	67	Wenzel, Jeff	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP, STRICT, LEFT	ALL	M	110	70	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
PINCH GRIP, STRICT, LEFT	ALL	M	115	51	Lupo, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	16	F	40	22	Gupta, Nisha	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP, STRICT, RIGHT	40	F	75	38	Hopps, Jessica	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
PINCH GRIP, STRICT, RIGHT	55	F	60	30	VanWagner, Kim	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP, STRICT, RIGHT	55	F	90	26	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	55	F	95	36	Gore, Lisa	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
PINCH GRIP, STRICT, RIGHT	55	F	105	36	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	65	F	75	26	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	ALL	F	40	22	Gupta, Nisha	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP, STRICT, RIGHT	ALL	F	60	30	VanWagner, Kim	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP, STRICT, RIGHT	ALL	F	75	38	Hopps, Jessica	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
PINCH GRIP, STRICT, RIGHT	ALL	F	90	26	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	ALL	F	95	36	Gore, Lisa	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
PINCH GRIP, STRICT, RIGHT	ALL	F	105	36	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	13	M	35	17	Wenzel, Logan	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	18	M	70	41	Market, Tim	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	40	M	70	75	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	40	M	85	42	Stearns, Ashley	9/23/2023	Buffville Push/Pull
PINCH GRIP, STRICT, RIGHT	45	M	100	60	Fobes, Jarrod	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
PINCH GRIP, STRICT, RIGHT	45	M	110	63	Wenzel, Jeff	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
PINCH GRIP, STRICT, RIGHT	50	M	95	41	Gupta, Sanjiv	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
PINCH GRIP, STRICT, RIGHT	50	M	100	56	Hadley, Patrick	9/23/2023	Buffville Push/Pull
PINCH GRIP, STRICT, RIGHT	50	M	105	87	Wenzel, Jeff	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP, STRICT, RIGHT	50	M	110	90	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	55	M	100	80	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	55	M	110	46	Lupo, Tony	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
PINCH GRIP, STRICT, RIGHT	60	M	110	51	Lupo, Tony	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP, STRICT, RIGHT	65	M	75	62	Santangelo, Stephen	7/13/2019	2019 Schmidt's RD
PINCH GRIP, STRICT, RIGHT	65	M	85	42	DeForest, Dave	4/11/2026	2026 Bench Press Heptathlon V and Record Day
PINCH GRIP, STRICT, RIGHT	70	M	85	47	Hegel, Francis	9/23/2023	Buffville Push/Pull
PINCH GRIP, STRICT, RIGHT	70	M	105	55	Myers, LaVerne	1/19/2019	Dino Gym Challenge (2019)
PINCH GRIP, STRICT, RIGHT	ALL	M	35	17	Wenzel, Logan	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	ALL	M	70	75	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	ALL	M	75	62	Santangelo, Stephen	7/13/2019	2019 Schmidt's RD
PINCH GRIP, STRICT, RIGHT	ALL	M	80	65	Wagman, Dan	10/12/2024	Clarks Gym RD #5 (2024)

USAWA Record List

PINCH GRIP, STRICT, RIGHT	ALL	M	85	42	Stearns, Ashley	9/23/2023	Buffville Push/Pull
PINCH GRIP, STRICT, RIGHT	ALL	M	95	41	Gupta, Sanjiv	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
PINCH GRIP, STRICT, RIGHT	ALL	M	100	80	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP, STRICT, RIGHT	ALL	M	105	87	Wenzel, Jeff	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP, STRICT, RIGHT	ALL	M	110	90	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
PINCH GRIP CLEAN &PRESS, ONE H R (E)	16	F	40	17	Gupta, Nisha	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP CLEAN &PRESS, ONE H R (E)	55	F	60	24	VanWagner, Kim	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP CLEAN &PRESS, ONE H R (E)	ALL	F	40	17	Gupta, Nisha	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP CLEAN &PRESS, ONE H R (E)	ALL	F	60	24	VanWagner, Kim	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP CLEAN &PRESS, ONE H R (E)	40	M	120	35	Guerin, Joshua	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP CLEAN &PRESS, ONE H R (E)	45	M	95	28	Fobes, Jarrod	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP CLEAN &PRESS, ONE H R (E)	50	M	95	28	Gupta, Sanjiv	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP CLEAN &PRESS, ONE H R (E)	ALL	M	95	28	Gupta, Sanjiv	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PINCH GRIP CLEAN &PRESS, ONE H R (E)	ALL	M	120	35	Guerin, Joshua	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PIPER SQUAT	13	F	30	22	Piper, Whitney	7/21/2012	2012 Macomb Record Setter
PIPER SQUAT	40	F	65	132	Skwarecki, Beth	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
PIPER SQUAT	40	F	80	155	Ollennuking, Amorkor	11/19/2005	2005 Bill Fellows Mem
PIPER SQUAT	50	F	50	167	Jackson, RJ	8/18/2013	RD - Dino Days (2013)
PIPER SQUAT	55	F	60	80	VanWagner, Kim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PIPER SQUAT	ALL	F	30	22	Piper, Whitney	7/21/2012	2012 Macomb Record Setter
PIPER SQUAT	ALL	F	50	167	Jackson, RJ	8/18/2013	RD - Dino Days (2013)
PIPER SQUAT	ALL	F	60	80	VanWagner, Kim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PIPER SQUAT	ALL	F	65	132	Skwarecki, Beth	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
PIPER SQUAT	ALL	F	80	155	Ollennuking, Amorkor	11/19/2005	2005 Bill Fellows Mem
PIPER SQUAT	13	M	35	28	Wenzel, Logan	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
PIPER SQUAT	16	M	60	83	Clauson, Riley	4/15/2006	2006 Macomb Tax Day
PIPER SQUAT	40	M	115	230	Ullom, Chad	2/12/2012	RD - Dino Gym (2012)
PIPER SQUAT	45	M	95	245	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
PIPER SQUAT	45	M	100	155	Fobes, Jarrod	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PIPER SQUAT	45	M	105	275	Wenzel, Jeff	8/3/2024	Clarks Gym RD #4 (2024)
PIPER SQUAT	45	M	110	250	Wenzel, Jeff	10/12/2024	Clarks Gym RD #5 (2024)
PIPER SQUAT	45	M	125+	275	Rigby, Jeff	12/10/2022	RD - Lift for Leroy '22
PIPER SQUAT	50	M	100	115	Gupta, Sanjiv	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PIPER SQUAT	50	M	105	320	Wenzel, Jeff	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PIPER SQUAT	50	M	110	300	Wenzel, Jeff	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
PIPER SQUAT	55	M	110	187	Jury, Steve	12/16/2023	2023 Memorial Record Day
PIPER SQUAT	55	M	115	160	Lupo, Tony	2/14/2026	High Country Vigour Ground to Overhead, Lakewood, CO
PIPER SQUAT	60	M	100	132	Locondro, Mike	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
PIPER SQUAT	65	M	85	140	DeForest, Dave	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
PIPER SQUAT	70	M	75	30	Santangelo, Stephen	4/14/2024	Record Day- Clark's Gym 1
PIPER SQUAT	75	M	110	121	Ross, Dean	8/3/2019	PRESIDENTIAL CUP (2019)
PIPER SQUAT	ALL	M	35	28	Wenzel, Logan	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO

USAWA Record List

PIPER SQUAT	ALL	M	60	83	Clauson, Riley	4/15/2006	2006 Macomb Tax Day
PIPER SQUAT	ALL	M	70	135	Wenzel, Riley	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
PIPER SQUAT	ALL	M	75	135	Wenzel, Riley	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
PIPER SQUAT	ALL	M	85	315	Walsh, Ben	8/23/2025	True North True Strength II - RD- Fergus, Ont
PIPER SQUAT	ALL	M	90	226	Piper, Tim	10/28/2006	Macomb Record Setter
PIPER SQUAT	ALL	M	95	245	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
PIPER SQUAT	ALL	M	100	155	Fobes, Jarrod	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PIPER SQUAT	ALL	M	105	320	Wenzel, Jeff	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
PIPER SQUAT	ALL	M	110	300	Wenzel, Jeff	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
PIPER SQUAT	ALL	M	115	230	Ullom, Chad	2/12/2012	RD - Dino Gym (2012)
PIPER SQUAT	ALL	M	125	225	Davis, Demetrius	11/19/2005	2005 Bill Fellows Mem
PIPER SQUAT	ALL	M	125+	275	Rigby, Jeff	12/10/2022	RD - Lift for Leroy '22
PRESS, DUMBBELL, LEFT	13	F	25	8	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
PRESS, DUMBBELL, LEFT	13	F	50	13	Todd, Phoebe	11/30/2020	POSTAL (2020) - RECORD DAY
PRESS, DUMBBELL, LEFT	13	F	65	20	Todd, Lillian	12/10/2022	RD - Lift for Leroy '22
PRESS, DUMBBELL, LEFT	40	F	75	31	Schmidt, Kathy	3/3/2001	2001 Buckeye Record Day
PRESS, DUMBBELL, LEFT	40	F	90	35	Todd, Stacy	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, LEFT	40	F	95	30	Hopps, Jessica	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, LEFT	45	F	125+	35	Bulebosh, Beth	10/15/2017	2017 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	50	F	50	40	Jackson, RJ	12/27/2014	2014 Colorado RB
PRESS, DUMBBELL, LEFT	50	F	125+	30	Bulebosh, Beth	12/15/2018	2018 Vernacchio RD
PRESS, DUMBBELL, LEFT	55	F	90	25	Lupo, Allison	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, LEFT	60	F	75	20	Thompson, Janet	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, LEFT	65	F	55	25	Anderson, Carolyn	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, LEFT	ALL	F	25	8	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
PRESS, DUMBBELL, LEFT	ALL	F	50	40	Jackson, RJ	12/27/2014	2014 Colorado RB
PRESS, DUMBBELL, LEFT	ALL	F	55	25	Anderson, Carolyn	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, LEFT	ALL	F	65	35	Glasgow, Amber	7/18/2010	Ledaig Record Day
PRESS, DUMBBELL, LEFT	ALL	F	75	31	Schmidt, Kathy	3/3/2001	2001 Buckeye Record Day
PRESS, DUMBBELL, LEFT	ALL	F	90	35	Todd, Stacy	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, LEFT	ALL	F	95	30	Hopps, Jessica	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, LEFT	ALL	F	125+	35	Bulebosh, Beth	10/15/2017	2017 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	13	M	45	20	Todd, Everett	4/14/2024	Record Day- Clark's Gym 1
PRESS, DUMBBELL, LEFT	13	M	55	20	Montini, Jason II	10/15/2017	2017 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	16	M	60	35	Wenzel, Spencer	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
PRESS, DUMBBELL, LEFT	16	M	75	56	Kennedy, Tim	12/30/1996	96 New England Champ.
PRESS, DUMBBELL, LEFT	16	M	90	65	Patrick, Dan	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, LEFT	40	M	70	66	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
PRESS, DUMBBELL, LEFT	40	M	80	105	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	40	M	85	105	Smith, Abe	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, LEFT	40	M	90	85	Stearns, Ashley	4/14/2024	Record Day- Clark's Gym 1
PRESS, DUMBBELL, LEFT	40	M	95	105	Strangeway, John	12/31/2019	POSTAL (2019) - Q4

USAWA Record List

PRESS, DUMBBELL, LEFT	40	M	115	100	Todd, Eric	12/7/2019	RD - Lift for Leroy '19
PRESS, DUMBBELL, LEFT	40	M	120	100	Ullom, Chad	1/16/2016	Dino Gym Challenge (2016)
PRESS, DUMBBELL, LEFT	40	M	125	70	Todd, Chris	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, LEFT	45	M	80	85	Hirsh, Bob	11/23/2003	2003 Jump Stretch Record
PRESS, DUMBBELL, LEFT	45	M	100	72	Fobes, Jarrod	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, LEFT	45	M	105	90	Kurtz, John	10/15/1995	95 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	45	M	110	85	Poore, Clint	12/11/2021	RD - Lift for Leroy '21
PRESS, DUMBBELL, LEFT	45	M	120	90	Todd, Eric	12/10/2022	RD - Lift for Leroy '22
PRESS, DUMBBELL, LEFT	45	M	125+	95	Todd, Eric	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, LEFT	50	M	105	80	Hose, Tony	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, LEFT	50	M	110	65	Poore, Clint	11/9/2024	Goerner Deadlift Dozen Plus One RD
PRESS, DUMBBELL, LEFT	50	M	115	80	Poore, Clint	3/16/2024	RD - Iron Palaces strongest man
PRESS, DUMBBELL, LEFT	50	M	120	60	Geib, Bob	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
PRESS, DUMBBELL, LEFT	55	M	105	80	Hose, Tony	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, LEFT	55	M	110	90	Lupo, Tony	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, LEFT	55	M	115	90	Lupo, Tony	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
PRESS, DUMBBELL, LEFT	55	M	120	55	Jury, Steve	12/14/2024	2024 Memorial Record Day
PRESS, DUMBBELL, LEFT	60	M	80	45	DeForest, Dave	6/9/2024	RD - Clark's Gym 3
PRESS, DUMBBELL, LEFT	60	M	85	50	DeForest, Dave	4/14/2024	Record Day- Clark's Gym 1
PRESS, DUMBBELL, LEFT	60	M	90	65	Habecker, Denny	10/13/2002	2002 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	60	M	95	50	Wilmot, John	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, LEFT	60	M	110	60	Jury, Steve	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
PRESS, DUMBBELL, LEFT	60	M	115	82	Lupo, Tony	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
PRESS, DUMBBELL, LEFT	65	M	85	66	Habecker, Denny	10/3/2010	2010 Worlds - Glasgow
PRESS, DUMBBELL, LEFT	65	M	90	60	Habecker, Denny	2/13/2011	RD - Dino Gym (2011)
PRESS, DUMBBELL, LEFT	65	M	115	75	Glasgow, Dave	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, LEFT	65	M	125	50	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
PRESS, DUMBBELL, LEFT	70	M	75	30	Mitchell, Dennis	10/23/2005	2005 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	70	M	90	50	Habecker, Denny	10/12/2014	2014 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	70	M	95	50	Habecker, Denny	10/16/2016	2016 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	70	M	110	55	Murdock, Mike	7/18/2010	Ledaig Record Day
PRESS, DUMBBELL, LEFT	70	M	120	58	Glasgow, Dave	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, LEFT	75	M	90	45	Habecker, Denny	10/15/2017	2017 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	75	M	105	30	Myers, LaVerne	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, LEFT	75	M	110	35	Ross, Dean	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, LEFT	ALL	M	45	20	Todd, Everett	4/14/2024	Record Day- Clark's Gym 1
PRESS, DUMBBELL, LEFT	ALL	M	60	35	Wenzel, Jeff	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
PRESS, DUMBBELL, LEFT	ALL	M	70	66	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
PRESS, DUMBBELL, LEFT	ALL	M	75	56	Kennedy, Tim	12/30/1996	96 New England Champ.
PRESS, DUMBBELL, LEFT	ALL	M	80	105	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	ALL	M	85	106	Smith, Abe	11/30/2020	POSTAL (2020) - RECORD DAY
PRESS, DUMBBELL, LEFT	ALL	M	90	85	Stearns, Ashley	4/14/2024	Record Day- Clark's Gym 1

USAWA Record List

PRESS, DUMBBELL, LEFT	ALL	M	95	105	Strangeway, John	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, LEFT	ALL	M	100	72	Fobes, Jarrod	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, LEFT	ALL	M	105	90	Kurtz, John	10/15/1995	95 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	ALL	M	110	110	Ullom, Chad	10/3/2010	2010 Worlds - Glasgow
PRESS, DUMBBELL, LEFT	ALL	M	115	100	Todd, Eric	12/7/2019	RD - Lift for Leroy '19
PRESS, DUMBBELL, LEFT	ALL	M	120	100	Ullom, Chad	1/16/2016	Dino Gym Challenge (2016)
PRESS, DUMBBELL, LEFT	ALL	M	125	70	Todd, Chris	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, LEFT	ALL	M	125+	135	Beath, Ernie	10/17/2010	2010 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	13	F	25	8	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
PRESS, DUMBBELL, RIGHT	13	F	40	13	Todd, Phoebe	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, RIGHT	13	F	50	15	Todd, Phoebe	11/30/2020	POSTAL (2020) - RECORD DAY
PRESS, DUMBBELL, RIGHT	13	F	55	17	Todd, Phoebe	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, RIGHT	13	F	65	20	Todd, Lillian	12/10/2022	RD - Lift for Leroy '22
PRESS, DUMBBELL, RIGHT	40	F	70	50	Skwarecki, Beth	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
PRESS, DUMBBELL, RIGHT	45	F	125+	35	Bulebosh, Beth	10/15/2017	2017 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	50	F	50	36	Jackson, RJ	12/1/2012	2012 Gracie Club RD
PRESS, DUMBBELL, RIGHT	50	F	125+	30	Bulebosh, Beth	12/15/2018	2018 Vernacchio RD
PRESS, DUMBBELL, RIGHT	55	F	90	25	Lupo, Allison	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
PRESS, DUMBBELL, RIGHT	60	F	65	26	Howley, Kate	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, RIGHT	65	F	55	25	Anderson, Carolyn	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, RIGHT	65	F	75	20	Thompson, Janet	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, RIGHT	ALL	F	25	8	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
PRESS, DUMBBELL, RIGHT	ALL	F	40	13	Todd, Phoebe	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, RIGHT	ALL	F	50	36	Jackson, RJ	12/1/2012	2012 Gracie Club RD
PRESS, DUMBBELL, RIGHT	ALL	F	55	25	Anderson, Carolyn	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, RIGHT	ALL	F	65	35	Glasgow, Amber	7/18/2010	Ledaig Record Day
PRESS, DUMBBELL, RIGHT	ALL	F	70	50	Skwarecki, Beth	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
PRESS, DUMBBELL, RIGHT	ALL	F	75	20	Diggs, Crystal	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, RIGHT	ALL	F	85	37	Todd, Stacy	12/10/2022	RD - Lift for Leroy '22
PRESS, DUMBBELL, RIGHT	ALL	F	90	42	Todd, Stacy	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, RIGHT	ALL	F	125+	35	Bulebosh, Beth	10/15/2017	2017 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	11	M	35	12	Wenzel, Logan	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, RIGHT	13	M	30	15	Lucht, Nikolai	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, RIGHT	13	M	35	15	Todd, Everett	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, RIGHT	13	M	40	18	Todd, Everett	12/10/2022	RD - Lift for Leroy '22
PRESS, DUMBBELL, RIGHT	13	M	45	20	Todd, Everett	4/14/2024	Record Day- Clark's Gym 1
PRESS, DUMBBELL, RIGHT	13	M	70	35	McKean, Sean	2/18/1995	95 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT	13	M	95	25	Montini, Benson	10/15/2017	2017 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	14	M	65	45	McKean, Sean	2/24/1996	96 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT	14	M	115	65	Patrick, Kevin	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, RIGHT	16	M	60	35	Wenzel, Spencer	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, RIGHT	16	M	90	56	Ciavattone, Jeff	12/30/1996	96 New England Champ.

USAWA Record List

PRESS, DUMBBELL, RIGHT	18	M	120	99	Stahnke, Dennis	3/3/2001	2001 Buckeye Record Day
PRESS, DUMBBELL, RIGHT	40	M	70	66	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT	40	M	80	100	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	40	M	85	115	Smith, Abe	4/7/2024	Bench press Heptathlon
PRESS, DUMBBELL, RIGHT	40	M	90	115	Smith, Abe	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, RIGHT	40	M	110	95	Cookson, Bill	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, RIGHT	40	M	115	120	Todd, Eric	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, RIGHT	40	M	120	100	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
PRESS, DUMBBELL, RIGHT	40	M	125	70	Todd, Chris	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, RIGHT	40	M	125+	135	Mitchell, Mark	2/20/2005	RD - Dino Gym (2005)
PRESS, DUMBBELL, RIGHT	45	M	75	65	McKean, John	10/16/1994	94 U.S. Inlands
PRESS, DUMBBELL, RIGHT	45	M	100	72	Fobes, Jarrod	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
PRESS, DUMBBELL, RIGHT	45	M	105	114	Kurtz, John	2/24/1996	96 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT	45	M	110	112	Poore, Clint	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, RIGHT	45	M	115	114	Karhan, Bob	2/24/1996	96 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT	45	M	125	132	Karhan, Bob	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
PRESS, DUMBBELL, RIGHT	45	M	125+	85	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
PRESS, DUMBBELL, RIGHT	50	M	75	70	McKean, John	10/12/1997	97 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	50	M	85	107	Wagman, Dan	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, RIGHT	50	M	90	68	Smith, Randy	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, RIGHT	50	M	95	57	Gupta, Sanjiv	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, RIGHT	50	M	105	80	Garcia, Joe	11/10/2004	Postal Meet
PRESS, DUMBBELL, RIGHT	50	M	110	80	Myers, Al	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, RIGHT	50	M	115	70	Poore, Clint	3/16/2024	RD - Iron Palaces strongest man
PRESS, DUMBBELL, RIGHT	50	M	125	133	Karhan, Bob	11/17/1999	99 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	50	M	125+	50	Foster, Lance	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, RIGHT	55	M	75	40	Marchand, Wade	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, RIGHT	55	M	85	80	Habecker, Denny	10/12/1997	97 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	55	M	100	65	Frappier, Chris	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
PRESS, DUMBBELL, RIGHT	55	M	110	50	Lupo, Tony	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
PRESS, DUMBBELL, RIGHT	55	M	115	62	Lupo, Tony	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
PRESS, DUMBBELL, RIGHT	55	M	120	60	Jury, Steve	12/14/2024	2024 Memorial Record Day
PRESS, DUMBBELL, RIGHT	55	M	125	60	Hockemeyer, James	11/10/2004	Postal Meet
PRESS, DUMBBELL, RIGHT	55	M	125+	55	Foster, Lance	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, RIGHT	60	M	80	45	DeForest, Dave	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, RIGHT	60	M	85	77	Bryan, Barry	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, RIGHT	60	M	90	80	Habecker, Denny	10/13/2002	2002 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	60	M	95	83	Habecker, Denny	10/4/2003	2003 IAWA - Australia
PRESS, DUMBBELL, RIGHT	60	M	100	65	Carter, John	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, RIGHT	60	M	105	90	Crozier, Bill	3/3/2001	2001 Buckeye Record Day
PRESS, DUMBBELL, RIGHT	60	M	115	40	Larson, Nils	4/30/2023	2023 Norfolk County Record Day
PRESS, DUMBBELL, RIGHT	60	M	120	55	Cook, Greg	12/31/2019	POSTAL (2019) - Q4

USAWA Record List

PRESS, DUMBBELL, RIGHT	65	M	85	55	DeForest, Dave	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
PRESS, DUMBBELL, RIGHT	65	M	90	71	Vuono, Peter	7/21/2018	2018 NE Record Day
PRESS, DUMBBELL, RIGHT	65	M	105	74	Crozier, Bill	10/17/2004	2004 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	65	M	110	81	Crozier, Bill	5/10/2003	2003 Buckeye Record Break
PRESS, DUMBBELL, RIGHT	65	M	115	45	Myers, LaVerne	2/10/2013	RD - Dino Gym (2013)
PRESS, DUMBBELL, RIGHT	65	M	125	55	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
PRESS, DUMBBELL, RIGHT	65	M	125+	22	Ciavattone, Frank	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, RIGHT	70	M	65	40	Pensyl, Barry	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, RIGHT	70	M	70	40	Pensyl, Barry	12/7/2019	2019 Memorial Record Day
PRESS, DUMBBELL, RIGHT	70	M	75	30	Mitchell, Dennis	10/23/2005	2005 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	70	M	85	70	Habecker, Denny	10/12/2013	2013 Arts Birthday Bash
PRESS, DUMBBELL, RIGHT	70	M	90	80	Habecker, Denny	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
PRESS, DUMBBELL, RIGHT	70	M	95	60	Habecker, Denny	10/16/2016	2016 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	70	M	105	70	Crozier, Bill	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, RIGHT	70	M	110	55	Murdock, Mike	7/18/2010	Ledaig Record Day
PRESS, DUMBBELL, RIGHT	75	M	75	27	Mitchell, Dennis	10/3/2010	2010 Worlds - Glasgow
PRESS, DUMBBELL, RIGHT	75	M	85	61	Habecker, Denny	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, RIGHT	75	M	90	55	Habecker, Denny	11/4/2017	IAWA GOLD CUP (2017) - Glasgow, UK
PRESS, DUMBBELL, RIGHT	80	M	85	45	Habecker, Denny	2/11/2023	GRIP CHAMPIONSHIPS
PRESS, DUMBBELL, RIGHT	85	M	95	10	Clark, Bill	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, RIGHT	ALL	M	30	15	Lucht, Nikolai	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, RIGHT	ALL	M	35	15	Todd, Everett	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, RIGHT	ALL	M	40	18	Todd, Everett	12/10/2022	RD - Lift for Leroy '22
PRESS, DUMBBELL, RIGHT	ALL	M	45	20	Todd, Everett	4/14/2024	Record Day- Clark's Gym 1
PRESS, DUMBBELL, RIGHT	ALL	M	60	35	Wenzel, Spencer	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, RIGHT	ALL	M	65	45	McKean, Sean	2/24/1996	96 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT	ALL	M	70	66	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT	ALL	M	75	100	Smith, Abe	11/10/2004	Postal Meet
PRESS, DUMBBELL, RIGHT	ALL	M	80	100	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	ALL	M	85	115	Smith, Abe	4/7/2024	Bench press Heptathlon
PRESS, DUMBBELL, RIGHT	ALL	M	90	115	Smith, Abe	12/31/2024	POSTAL (2024) - Q4
PRESS, DUMBBELL, RIGHT	ALL	M	95	91	Rowe, Dan	7/21/2018	2018 NE Record Day
PRESS, DUMBBELL, RIGHT	ALL	M	100	120	McBride, Mike	11/10/2004	Postal Meet
PRESS, DUMBBELL, RIGHT	ALL	M	105	120	McBride, Mike	12/12/1998	98 Gordon Strain Classic
PRESS, DUMBBELL, RIGHT	ALL	M	110	112	Poore, Clint	12/31/2021	POSTAL (2021) - Q4
PRESS, DUMBBELL, RIGHT	ALL	M	115	120	Todd, Eric	12/31/2019	POSTAL (2019) - Q4
PRESS, DUMBBELL, RIGHT	ALL	M	120	130	Todd, Eric	8/18/2013	RD - Dino Days (2013)
PRESS, DUMBBELL, RIGHT	ALL	M	125	133	Karhan, Bob	11/17/1999	99 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	ALL	M	125+	150	Beath, Ernie	10/17/2010	2010 Art's Birthday Bash
PRESS, FROM RACK	13	F	55	45	Todd, Phoebe	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	13	F	60	50	Todd, Lillian	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	13	F	75	45	Myers, Molly	8/12/2012	RD - Dino Days (2012)

USAWA Record List

PRESS, FROM RACK	14	F	40	35	Gupta, Nisha	5/12/2024	Record Day- Clark's Gym 2
PRESS, FROM RACK	45	F	125+	75	Bulebosh, Beth	10/16/2016	2016 Art's Birthday Bash
PRESS, FROM RACK	55	F	50	80	Jackson, RJ	9/30/2017	POSTAL (2017) - Q3
PRESS, FROM RACK	55	F	60	70	VanWagner, Kim	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PRESS, FROM RACK	55	F	90	55	Lupo, Allison	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PRESS, FROM RACK	65	F	75	28	Thompson, Janet	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	ALL	F	40	35	Gupta, Nisha	5/12/2024	Record Day- Clark's Gym 2
PRESS, FROM RACK	ALL	F	50	80	Jackson, RJ	9/30/2017	POSTAL (2017) - Q3
PRESS, FROM RACK	ALL	F	55	45	Todd, Phoebe	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	ALL	F	60	70	VanWagner, Kim	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PRESS, FROM RACK	ALL	F	65	70	Glasgow, Amber	7/31/2011	2011 Ledaig Record Breaker
PRESS, FROM RACK	ALL	F	75	50	Diggs, Crystal	9/30/2017	POSTAL (2017) - Q3
PRESS, FROM RACK	ALL	F	85	65	Todd, Stacy	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	ALL	F	90	55	Lupo, Allison	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PRESS, FROM RACK	ALL	F	125+	75	Bulebosh, Beth	10/16/2016	2016 Art's Birthday Bash
PRESS, FROM RACK	13	M	35	22	Wenzel, Logan	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PRESS, FROM RACK	13	M	40	30	Todd, Everett	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	14	M	55	60	Habecker, Brady	12/17/2022	Memorial Record Day
PRESS, FROM RACK	14	M	70	61	Habecker, Aidan	9/30/2017	POSTAL (2017) - Q3
PRESS, FROM RACK	18	M	75	105	Conley, Elijah	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PRESS, FROM RACK	40	M	70	115	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PRESS, FROM RACK	40	M	85	220	Smith, Abe	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	40	M	100	175	Strangeway, John	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	40	M	115	245	Todd, Eric	9/30/2017	POSTAL (2017) - Q3
PRESS, FROM RACK	40	M	120	205	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
PRESS, FROM RACK	40	M	125	245	Cookson, Chuck	2/13/2011	RD - Dino Gym (2011)
PRESS, FROM RACK	40	M	125+	210	O'Brien, John	10/29/2010	2010 JWC Record Breakers
PRESS, FROM RACK	45	M	100	135	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PRESS, FROM RACK	45	M	125	200	Todd, Eric	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	50	M	95	125	Gupta, Sanjiv	11/9/2024	Buffville Cup V (2024) - Albany, KY
PRESS, FROM RACK	50	M	105	165	Hose, Tony	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	50	M	110	180	Wenzel, Jeff	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
PRESS, FROM RACK	50	M	115	105	Raymond, Mark	9/30/2017	POSTAL (2017) - Q3
PRESS, FROM RACK	50	M	125+	175	Douglas, John	9/30/2017	POSTAL (2017) - Q3
PRESS, FROM RACK	55	M	100	170	Hose, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PRESS, FROM RACK	55	M	105	165	Lupo, Tony	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	55	M	115	130	Lupo, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PRESS, FROM RACK	60	M	85	160	Graham, Don	10/16/2016	2016 Art's Birthday Bash
PRESS, FROM RACK	60	M	100	120	Carter, John	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	65	M	80	105	DeForest, Dave	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
PRESS, FROM RACK	65	M	85	115	DeForest, Dave	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PRESS, FROM RACK	65	M	90	135	Habecker, Denny	2/13/2011	RD - Dino Gym (2011)

USAWA Record List

PRESS, FROM RACK	70	M	85	143	Habecker, Denny	6/30/2013	2013 Middle Atlantic Postal
PRESS, FROM RACK	70	M	90	150	Habecker, Denny	8/18/2013	RD - Dino Days (2013)
PRESS, FROM RACK	70	M	110	85	Myers, LaVerne	9/30/2017	POSTAL (2017) - Q3
PRESS, FROM RACK	75	M	90	100	Habecker, Denny	5/4/2019	RD - Spring Dino Gym
PRESS, FROM RACK	75	M	95	60	Crozier, Bill	6/30/2013	2013 Middle Atlantic Postal
PRESS, FROM RACK	90	M	95	28	Clark, Bill	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	ALL	M	35	22	Wenzel, Logan	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PRESS, FROM RACK	ALL	M	40	30	Todd, Everett	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	ALL	M	55	60	Habecker, Brady	12/17/2022	Memorial Record Day
PRESS, FROM RACK	ALL	M	70	120	Wenzel, Riley	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
PRESS, FROM RACK	ALL	M	75	125	Wenzel, Riley	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PRESS, FROM RACK	ALL	M	80	105	DeForest, Dave	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
PRESS, FROM RACK	ALL	M	85	220	Smith, Abe	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	ALL	M	90	185	Goetsch, Troy	2/12/2012	RD - Dino Gym (2012)
PRESS, FROM RACK	ALL	M	95	185	Kenkel, Corey	2/12/2012	RD - Dino Gym (2012)
PRESS, FROM RACK	ALL	M	100	175	Strangeway, John	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	ALL	M	105	165	Hose, Tony	9/30/2022	POSTAL (2022) - Q3
PRESS, FROM RACK	ALL	M	110	230	Jobe, Jesse	8/18/2013	RD - Dino Days (2013)
PRESS, FROM RACK	ALL	M	115	245	Todd, Eric	9/30/2017	POSTAL (2017) - Q3
PRESS, FROM RACK	ALL	M	120	260	Todd, Eric	8/18/2013	RD - Dino Days (2013)
PRESS, FROM RACK	ALL	M	125	245	Cookson, Chuck	2/13/2011	RD - Dino Gym (2011)
PRESS, FROM RACK	ALL	M	125+	250	Tully, Scott	2/13/2011	RD - Dino Gym (2011)
PRESS, FROM RACK, BEHIND NECK	14	F	40	25	Gupta, Nisha	5/12/2024	Record Day- Clark's Gym 2
PRESS, FROM RACK, BEHIND NECK	16	F	60	60	Todd, Lillian	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	40	F	70	81	Skwarecki, Beth	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	40	F	90	65	Todd, Stacy	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	55	F	60	60	VanWagner, Kim	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	55	F	90	55	Lupo, Allison	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	55	F	95	90	Gore, Lisa	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	65	F	75	30	Thompson, Janet	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	ALL	F	40	25	Gupta, Nisha	5/12/2024	Record Day- Clark's Gym 2
PRESS, FROM RACK, BEHIND NECK	ALL	F	60	60	VanWagner, Kim	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	ALL	F	70	81	Skwarecki, Beth	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	ALL	F	75	30	Thompson, Janet	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	ALL	F	90	65	Todd, Stacy	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	ALL	F	95	90	Gore, Lisa	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	13	M	35	22	Wenzel, Logan	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	13	M	55	50	Todd, Everett	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	13	M	75	88	McKean, Robbie	2/15/1992	Ambridge, Pa.
PRESS, FROM RACK, BEHIND NECK	40	M	80	215	Hirsh, Bob	2/22/1997	97 Buckeye Record Breaker
PRESS, FROM RACK, BEHIND NECK	40	M	85	185	Hirsh, Bob	11/17/1999	99 Art's Birthday Bash
PRESS, FROM RACK, BEHIND NECK	40	M	125	225	Cookson, Chuck	2/13/2011	RD - Dino Gym (2011)

USAWA Record List

PRESS, FROM RACK, BEHIND NECK	45	M	75	154	McKenzie, Bob	3/4/2000	2000 Buckeye Record Break
PRESS, FROM RACK, BEHIND NECK	45	M	85	165	Hirsh, Bob	3/3/2001	2001 Buckeye Record Day
PRESS, FROM RACK, BEHIND NECK	45	M	100	125	Fobes, Jarrod	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	45	M	105	150	Wenzel, Jeff	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
PRESS, FROM RACK, BEHIND NECK	45	M	120	175	Todd, Eric	12/11/2021	RD - Lift for Leroy '21
PRESS, FROM RACK, BEHIND NECK	45	M	125+	150	Todd, Chris	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	50	M	85	155	Habecker, Denny	10/13/1996	96 Art's Birthday Bash
PRESS, FROM RACK, BEHIND NECK	50	M	95	115	Gupta, Sanjiv	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	50	M	105	155	Wenzel, Jeff	8/16/2025	Walpole Record Day, East Walpole, MA
PRESS, FROM RACK, BEHIND NECK	50	M	110	167	Wenzel, Jeff	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	50	M	125	195	Todd, Eric	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	55	M	75	100	Marchand, Wade	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	55	M	110	165	Schmidt, Scott	10/16/2011	2011 Arts Birthday Bash
PRESS, FROM RACK, BEHIND NECK	55	M	115	130	Lupo, Tony	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
PRESS, FROM RACK, BEHIND NECK	55	M	120	65	Foster, Lance	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	55	M	125+	145	Ryan, Tom	12/11/2004	RD - Clark's Gym '04
PRESS, FROM RACK, BEHIND NECK	60	M	85	105	DeForest, Dave	7/31/2022	RD - Clark vs Frank
PRESS, FROM RACK, BEHIND NECK	60	M	95	143	Habecker, Denny	11/4/2002	RD - Powerhouse
PRESS, FROM RACK, BEHIND NECK	65	M	80	90	DeForest, Dave	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
PRESS, FROM RACK, BEHIND NECK	65	M	85	100	DeForest, Dave	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	65	M	90	143	Bryan, Barry	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	65	M	115	105	Larson, Nils	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	70	M	90	110	Habecker, Denny	2/11/2017	2017 Grip Championships
PRESS, FROM RACK, BEHIND NECK	70	M	125+	20	Ciavattone, Frank	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	75	M	60	60	Pensyl, Barry	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
PRESS, FROM RACK, BEHIND NECK	75	M	90	110	Habecker, Denny	10/15/2017	2017 Art's Birthday Bash
PRESS, FROM RACK, BEHIND NECK	80	M	70	35	Mitchell, Dennis	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
PRESS, FROM RACK, BEHIND NECK	80	M	85	93	Habeker, Denny	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	ALL	M	35	22	Wenzel, Logan	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	ALL	M	55	50	Todd, Everett	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	ALL	M	60	60	Pensyl, Barry	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
PRESS, FROM RACK, BEHIND NECK	ALL	M	65	115	Wenzel, Riley	5/31/2025	Ledaig Record Day - Topeka, KS
PRESS, FROM RACK, BEHIND NECK	ALL	M	70	138	Zaremba, Pete	3/25/1995	Record Day
PRESS, FROM RACK, BEHIND NECK	ALL	M	75	154	McKenzie, Bob	3/4/2000	2000 Buckeye Record Break
PRESS, FROM RACK, BEHIND NECK	ALL	M	80	215	Hirsh, Bob	2/22/1997	97 Buckeye Record Breaker
PRESS, FROM RACK, BEHIND NECK	ALL	M	85	185	Hirsh, Bob	11/17/1999	99 Art's Birthday Bash
PRESS, FROM RACK, BEHIND NECK	ALL	M	90	155	Goetsch, Troy	2/12/2012	RD - Dino Gym (2012)
PRESS, FROM RACK, BEHIND NECK	ALL	M	95	143	Habecker, Denny	11/4/2002	RD - Powerhouse
PRESS, FROM RACK, BEHIND NECK	ALL	M	100	185	Coreas, Jessie	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	ALL	M	105	155	Wenzel, Jeff	8/16/2025	Walpole Record Day, East Walpole, MA
PRESS, FROM RACK, BEHIND NECK	ALL	M	110	167	Wenzel, Jeff	3/31/2025	POSTALS (2025) - Q1
PRESS, FROM RACK, BEHIND NECK	ALL	M	115	105	Larson, Nils	3/31/2025	POSTALS (2025) - Q1

USAWA Record List

PRESS, FROM RACK, BEHIND NECK	ALL	M	120	175	Todd, Eric	12/11/2021	RD - Lift for Leroy '21
PRESS, FROM RACK, BEHIND NECK	ALL	M	125	225	Cookson, Chuck	2/13/2011	RD - Dino Gym (2011)
PRESS, FROM RACK, BEHIND NECK	ALL	M	125+	271	Beath, Ernie	10/11/2009	2009 Art's Birthday Bash
PULL UP	45	F	70	34	Skwarecki, Beth	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
PULL UP	50	F	50	25	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
PULL UP	60	F	60	23	Homan, Lynne	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
PULL UP	ALL	F	50	25	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
PULL UP	ALL	F	60	23	Homan, Lynne	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
PULL UP	ALL	F	65	80	Tseng, Esmie	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
PULL UP	ALL	F	70	34	Skwarecki, Beth	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
PULL UP	18	M	70	20	Conley, Elijah	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PULL UP	40	M	90	56	Stearns, Ashley	10/12/2024	Clarks Gym RD #5 (2024)
PULL UP	40	M	95	56	Stearns, Ashley	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
PULL UP	45	M	95	45	Fobes, Jarrod	4/14/2024	Record Day- Clark's Gym 1
PULL UP	45	M	100	40	Fobes, Jarrod	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PULL UP	45	M	105	25	Wenzel, Jeff	7/27/2024	Buffville Road to the Century Club #5
PULL UP	50	M	85	120	Wagman, Dan	2/10/2013	RD - Dino Gym (2013)
PULL UP	50	M	105	30	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
PULL UP	50	M	110	25	Wenzel, Jeff	5/31/2025	Ledaig Record Day - Topeka, KS
PULL UP	65	M	115	5	Myers, LaVerne	2/10/2013	RD - Dino Gym (2013)
PULL UP	ALL	M	65	45	Wenzel, Riley	5/31/2025	Ledaig Record Day - Topeka, KS
PULL UP	ALL	M	70	95	Jackson, Daryl	8/27/2017	2017 Iron Warrior RD
PULL UP	ALL	M	75	45	Luther, Travis	7/28/2024	Buffville Road to the Century Club #5
PULL UP	ALL	M	80	30	Luther, Travis	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
PULL UP	ALL	M	85	120	Wagman, Dan	2/10/2013	RD - Dino Gym (2013)
PULL UP	ALL	M	90	56	Stearns, Ashley	10/12/2024	Clarks Gym RD #5 (2024)
PULL UP	ALL	M	95	56	Stearns, Ashley	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
PULL UP	ALL	M	100	40	Fobes, Jarrod	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
PULL UP	ALL	M	105	30	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
PULL UP	ALL	M	110	45	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
PULL UP	ALL	M	115	5	Myers, LaVerne	2/10/2013	RD - Dino Gym (2013)
PULLOVER & PRESS	13	F	30	55	Monk, Elizabeth	10/15/2005	2005 IAWA
PULLOVER & PRESS	13	F	45	90	Monk, Elizabeth	10/12/2008	2008 Art's Birthday Bash
PULLOVER & PRESS	13	F	50	44	Ciavattone, Holly	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	13	F	55	45	Todd, Phoebe	6/30/2021	POSTAL (2021) - Q2
PULLOVER & PRESS	13	F	60	55	Todd, Phoebe	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	13	F	65	65	Todd, Phoebe	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	14	F	75	100	Todd, Lillian	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	40	F	65	83	Scowden, Tonia	10/15/2005	2005 IAWA
PULLOVER & PRESS	40	F	70	132	Skwarecki, Beth	6/25/2022	NATIONALS (2022) - Lebanon, PA
PULLOVER & PRESS	40	F	85	120	Todd, Stacy	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	40	F	90	125	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO

USAWA Record List

PULLOVER & PRESS	45	F	55	61	Phumchaona, Noi	9/13/1992	92 IAWA - England
PULLOVER & PRESS	45	F	95	88	Sees, Susan	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	45	F	100	88	Sees, Susan	6/30/2012	NATIONALS (2012) - Las Vegas, NV
PULLOVER & PRESS	50	F	50	121	Jackson, RJ	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	50	F	55	77	Phumchaona, Noi	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	50	F	100	104	Sees, Susan	9/27/2014	2014 Worlds - Norwood
PULLOVER & PRESS	55	F	50	107	Jackson, RJ	6/30/2017	POSTAL (2017) - Q2
PULLOVER & PRESS	55	F	55	72	Phumchaona, Noi	7/26/1998	NATIONALS (1998) - Mansfield, MA
PULLOVER & PRESS	55	F	90	65	Lupo, Allison	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	55	F	95	44	Lane, Colleen	9/27/2014	2014 Worlds - Norwood
PULLOVER & PRESS	55	F	100	95	Gore, Lisa	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	60	F	70	55	DeRoller, Chris	6/30/2021	POSTAL (2021) - Q2
PULLOVER & PRESS	65	F	80	45	Thompson, Janet	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	ALL	F	30	55	Monk, Elizabeth	10/15/2005	2005 IAWA
PULLOVER & PRESS	ALL	F	45	90	Monk, Elizabeth	10/12/2008	2008 Art's Birthday Bash
PULLOVER & PRESS	ALL	F	50	121	Jackson, RJ	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	ALL	F	55	77	Phumchaona, Noi	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	ALL	F	60	94	Kraiger, Maryann	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	ALL	F	65	132	Caron, Jacqueline	9/13/1992	92 IAWA - England
PULLOVER & PRESS	ALL	F	70	132	Skwarecki, Beth	6/25/2022	NATIONALS (2022) - Lebanon, PA
PULLOVER & PRESS	ALL	F	75	132	Cicero, Kasey	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	ALL	F	80	66	Ciavattone, Cara	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	ALL	F	85	120	Todd, Stacy	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	ALL	F	90	125	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	ALL	F	95	88	Sees, Susan	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	ALL	F	100	137	Kressly, Jera	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	NAT	F	30	27	Lansdown, Daphne	6/25/2022	NATIONALS (2022) - Lebanon, PA
PULLOVER & PRESS	NAT	F	40	28	Ciavattone, Dominique	7/26/1998	NATIONALS (1998) - Mansfield, MA
PULLOVER & PRESS	NAT	F	50	44	Ciavattone, Holly	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	NAT	F	55	72	Phumchaona, Noi	7/26/1998	NATIONALS (1998) - Mansfield, MA
PULLOVER & PRESS	NAT	F	65	65	Todd, Phoebe	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	NAT	F	70	132	Skwarecki, Beth	6/25/2022	NATIONALS (2022) - Lebanon, PA
PULLOVER & PRESS	NAT	F	75	100	Todd, Lillian	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	NAT	F	80	66	Ciavattone, Cara	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	NAT	F	85	82	Hopps, Jessica	6/25/2016	NATIONALS (2016) - Norwood, MA
PULLOVER & PRESS	NAT	F	90	125	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	NAT	F	95	77	Collins, Cara	7/26/1998	NATIONALS (1998) - Mansfield, MA
PULLOVER & PRESS	NAT	F	100	99	Sees, Susan	6/25/2016	NATIONALS (2016) - Norwood, MA
PULLOVER & PRESS	13	M	35	55	Geib, Adam	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	13	M	40	60	Traietti, Matt	8/31/2014	POSTAL (2014) - IAWA WORLD CHAMPIONSHIP
PULLOVER & PRESS	13	M	45	55	Todd, Everett	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	13	M	50	66	Urbanski, Ryan	8/12/1995	95 IAWA - Eastlake

USAWA Record List

PULLOVER & PRESS	13	M	60	60	Todd, Leroy	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	13	M	65	116	Vernacchio, S.J.	10/31/1992	Valley Forge - Record Day
PULLOVER & PRESS	13	M	70	110	McKean, Sean	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	13	M	80	110	Beck, Steve	10/15/2005	2005 IAWA
PULLOVER & PRESS	14	M	70	154	Jurado, Felix	10/31/1992	Valley Forge - Record Day
PULLOVER & PRESS	14	M	85	154	Ciavattone, Jeff	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	14	M	90	187	McKean, Robbie	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
PULLOVER & PRESS	14	M	120	132	Hess, Kohl	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER & PRESS	16	M	55	193	Achenbach, Justin	10/15/2005	2005 IAWA
PULLOVER & PRESS	16	M	60	135	Wenzel, Spencer	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	16	M	70	181	Hancock, Matt	9/27/2014	2014 Worlds - Norwood
PULLOVER & PRESS	16	M	75	154	Kennedy, Tim	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	16	M	80	215	Monk, Joshua	10/15/2005	2005 IAWA
PULLOVER & PRESS	16	M	85	198	McKean, Robbie	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	16	M	90	165	Ciavattone, Jeff	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	16	M	95	132	Habecker, Aidan	9/30/2019	POSTAL (2019) - Q3
PULLOVER & PRESS	18	M	75	176	Kennedy, Tim	7/26/1998	NATIONALS (1998) - Mansfield, MA
PULLOVER & PRESS	18	M	90	185	Ciavattone, Jeff	12/12/1998	Norwood Championships
PULLOVER & PRESS	18	M	95	187	Ciavattone, Jeff	7/26/1998	NATIONALS (1998) - Mansfield, MA
PULLOVER & PRESS	40	M	70	215	Waterman, Chris	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	40	M	75	281	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	40	M	80	287	Hirsh, Bob	2/24/1996	96 Buckeye Record Breaker
PULLOVER & PRESS	40	M	85	295	Smith, Abe	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	40	M	90	275	English, Robert	10/10/1993	U.S. Inlands
PULLOVER & PRESS	40	M	95	220	Garcia, Joe	7/26/1998	NATIONALS (1998) - Mansfield, MA
PULLOVER & PRESS	40	M	100	244	Strangeway, John	9/30/2019	POSTAL (2019) - Q3
PULLOVER & PRESS	40	M	110	332	Silvestri, Larry	10/15/2005	2005 IAWA
PULLOVER & PRESS	40	M	115	365	Todd, Eric	6/30/2017	POSTAL (2017) - Q2
PULLOVER & PRESS	40	M	120	381	Todd, Eric	3/30/2015	POSTAL (2015) - Q1
PULLOVER & PRESS	40	M	125	276	Ciavattone, Frank	12/12/1998	Norwood Championships
PULLOVER & PRESS	40	M	125+	336	Ciavattone, Frank	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	45	M	65	220	Pensyl, Barry	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	45	M	75	187	McKean, John	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	45	M	95	235	Fobes, Jarrod	3/17/2024	Colorado Spring Fling
PULLOVER & PRESS	45	M	100	281	English, Robert	10/11/1998	98 Art's Birthday Bash
PULLOVER & PRESS	45	M	105	275	English, Robert	11/17/1999	99 Art's Birthday Bash
PULLOVER & PRESS	45	M	110	320	Myers, Al	6/30/2012	NATIONALS (2012) - Las Vegas, NV
PULLOVER & PRESS	45	M	115	320	Myers, Al	3/10/2012	2012 Club Challenge
PULLOVER & PRESS	45	M	120	318	Todd, Eric	6/30/2021	POSTAL (2021) - Q2
PULLOVER & PRESS	45	M	125	319	Todd, Eric	6/25/2022	NATIONALS (2022) - Lebanon, PA
PULLOVER & PRESS	45	M	125+	204	Fulton, Kevin	10/15/2005	2005 IAWA
PULLOVER & PRESS	50	M	75	209	Habecker, Denny	8/12/1995	95 IAWA - Eastlake

USAWA Record List

PULLOVER & PRESS	50	M	80	226	Habecker, Denny	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	50	M	85	248	Wagman, Dan	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	50	M	90	205	Smith, Randy	6/20/2009	NATIONALS (2009) - Abilene, KS
PULLOVER & PRESS	50	M	95	154	Gupta, Sanjiv	10/4/2025	IAWA WORLD CHAMPIONSHIPS (2025) - Lurgan, NI
PULLOVER & PRESS	50	M	100	265	Schock, Ed	10/15/2005	2005 IAWA
PULLOVER & PRESS	50	M	105	230	Hose, Tony	6/30/2021	POSTAL (2021) - Q2
PULLOVER & PRESS	50	M	110	230	Myers, Al	9/30/2019	POSTAL (2019) - Q3
PULLOVER & PRESS	50	M	115	132	Malloy, Jim	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	50	M	120	231	Schmidt, Scott	10/15/2005	2005 IAWA
PULLOVER & PRESS	50	M	125	110	Ciavattone, Frank	10/15/2005	2005 IAWA
PULLOVER & PRESS	50	M	125+	176	Morrison, Rocky	6/25/2016	NATIONALS (2016) - Norwood, MA
PULLOVER & PRESS	55	M	75	127	Friesz, Dale	7/26/1998	NATIONALS (1998) - Mansfield, MA
PULLOVER & PRESS	55	M	80	209	Habecker, Denny	10/3/1998	Liechester, England
PULLOVER & PRESS	55	M	85	237	Habecker, Denny	7/26/1998	NATIONALS (1998) - Mansfield, MA
PULLOVER & PRESS	55	M	90	243	Vernacchio, John	9/13/1992	92 IAWA - England
PULLOVER & PRESS	55	M	95	231	Traub, Larry	6/30/2012	NATIONALS (2012) - Las Vegas, NV
PULLOVER & PRESS	55	M	100	220	Vernacchio, John	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	55	M	110	250	Lupo, Tony	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	55	M	115	242	Glasgow, Dave	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	55	M	120	203	Schmidt, Scott	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER & PRESS	55	M	125	176	Ciavattone, Frank	9/27/2014	2014 Worlds - Norwood
PULLOVER & PRESS	55	M	125+	220	Douglas, John	9/30/2019	POSTAL (2019) - Q3
PULLOVER & PRESS	60	M	75	160	Montini, Art	9/13/1992	92 IAWA - England
PULLOVER & PRESS	60	M	80	146	Mitchell, Dennis	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	60	M	85	165	DeForest, Dave	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	60	M	90	220	Vernacchio, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
PULLOVER & PRESS	60	M	100	165	Carter, John	6/30/2021	POSTAL (2021) - Q2
PULLOVER & PRESS	60	M	115	214	Larson, Nils	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	60	M	120	55	Geib, Bob	10/15/2005	2005 IAWA
PULLOVER & PRESS	65	M	75	121	Mitchell, Dennis	7/26/1998	NATIONALS (1998) - Mansfield, MA
PULLOVER & PRESS	65	M	80	182	Montini, Art	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	65	M	85	209	Bryan, Barry	12/16/2023	2023 Memorial Record Day
PULLOVER & PRESS	65	M	90	216	Habecker, Denny	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER & PRESS	65	M	95	140	Carter, John	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	65	M	105	182	Prechtel, Howard	9/13/1992	92 IAWA - England
PULLOVER & PRESS	65	M	110	121	Puzin, Carl	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	65	M	115	143	Myers, LaVerne	6/30/2012	NATIONALS (2012) - Las Vegas, NV
PULLOVER & PRESS	65	M	120	88	Geib, Bob	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	65	M	125	154	Ross, Dean	6/30/2012	NATIONALS (2012) - Las Vegas, NV
PULLOVER & PRESS	65	M	125+	143	Ciavattone, Frank	6/25/2022	NATIONALS (2022) - Lebanon, PA
PULLOVER & PRESS	70	M	65	126	Pensyl, Barry	6/30/2021	POSTAL (2021) - Q2
PULLOVER & PRESS	70	M	70	127	Pensyl, Barry	9/30/2019	POSTAL (2019) - Q3

USAWA Record List

PULLOVER & PRESS	70	M	75	105	Mitchell, Dennis	10/15/2005	2005 IAWA
PULLOVER & PRESS	70	M	80	135	Emslie, David	3/28/2015	2015 Clarks Gym RD
PULLOVER & PRESS	70	M	85	203	Habecker, Denny	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	70	M	90	198	Habecker, Denny	9/27/2014	2014 Worlds - Norwood
PULLOVER & PRESS	70	M	95	176	Habecker, Denny	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
PULLOVER & PRESS	70	M	100	187	Prechtel, Howard	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	70	M	105	187	Prechtel, Howard	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	70	M	110	132	Myers, LaVerne	3/30/2015	POSTAL (2015) - Q1
PULLOVER & PRESS	70	M	115	176	Ross, Dean	8/30/2015	POSTAL (2015) - IAWA WORLD CHAMPIONSHIP
PULLOVER & PRESS	70	M	120	154	Ross, Dean	6/25/2016	NATIONALS (2016) - Norwood, MA
PULLOVER & PRESS	75	M	75	77	Mitchell, Dennis	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER & PRESS	75	M	85	176	Habecker, Denny	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
PULLOVER & PRESS	75	M	90	171	Habecker, Denny	10/13/2018	IAWA GOLD CUP (2018) - Eastbourne, UK
PULLOVER & PRESS	75	M	100	110	Bletscher, Rudy	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	75	M	105	100	Myers, LaVerne	9/30/2019	POSTAL (2019) - Q3
PULLOVER & PRESS	75	M	110	130	Ross, Dean	9/30/2019	POSTAL (2019) - Q3
PULLOVER & PRESS	75	M	115	154	Ross, Dean	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
PULLOVER & PRESS	80	M	70	83	Mitchell, Dennis	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	80	M	80	132	Montini, Art	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER & PRESS	80	M	85	150	Habecker, Denny	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	85	M	65	51	Mitchell, Dennis	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
PULLOVER & PRESS	85	M	80	110	Montini, Art	10/10/2015	2015 Worlds - Glasgow
PULLOVER & PRESS	90	M	95	22	Clark, Bill	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	ALL	M	45	55	Todd, Everett	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	ALL	M	50	66	Urbanski, Ryan	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	ALL	M	60	198	Gazda, Goeff	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	ALL	M	65	254	Monk, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
PULLOVER & PRESS	ALL	M	70	265	Monk, John	10/15/2005	2005 IAWA
PULLOVER & PRESS	ALL	M	75	281	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	ALL	M	80	291	Wagman, Dan	12/31/2023	POSTAL (2023) - Q4
PULLOVER & PRESS	ALL	M	85	295	Smith, Abe	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	ALL	M	90	275	English, Robert	10/10/1993	U.S. Inlands
PULLOVER & PRESS	ALL	M	95	275	Ciavattone, Joe Jr.	9/27/2014	2014 Worlds - Norwood
PULLOVER & PRESS	ALL	M	100	281	English, Robert	10/11/1998	98 Art's Birthday Bash
PULLOVER & PRESS	ALL	M	105	319	Ullom, Chad	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER & PRESS	ALL	M	110	332	Silvestri, Larry	10/15/2005	2005 IAWA
PULLOVER & PRESS	ALL	M	115	365	Todd, Eric	6/30/2017	POSTAL (2017) - Q2
PULLOVER & PRESS	ALL	M	120	381	Todd, Eric	3/30/2015	POSTAL (2015) - Q1
PULLOVER & PRESS	ALL	M	125	319	Todd, Eric	6/25/2022	NATIONALS (2022) - Lebanon, PA
PULLOVER & PRESS	ALL	M	125+	336	Ciavattone, Frank	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	NAT	M	50	60	Todd, Everett	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	NAT	M	60	83	O'Brien, Mike	7/26/1998	NATIONALS (1998) - Mansfield, MA

USAWA Record List

PULLOVER & PRESS	NAT	M	65	254	Monk, John	7/26/1998	NATIONALS (1998) - Mansfield, MA
PULLOVER & PRESS	NAT	M	70	215	Waterman, Chris	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	NAT	M	75	254	Hirsh, Bob	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	NAT	M	80	226	Habecker, Denny	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS	NAT	M	85	295	Smith, Abe	6/29/2024	NATIONALS (2024) - Columbia, MO
PULLOVER & PRESS	NAT	M	90	225	Piper, Tim	6/30/2012	NATIONALS (2012) - Las Vegas, NV
PULLOVER & PRESS	NAT	M	95	231	Traub, Larry	6/30/2012	NATIONALS (2012) - Las Vegas, NV
PULLOVER & PRESS	NAT	M	100	275	Ciavattone, Joe Jr.	6/25/2016	NATIONALS (2016) - Norwood, MA
PULLOVER & PRESS	NAT	M	105	311	Ullom, Chad	6/20/2009	NATIONALS (2009) - Abilene, KS
PULLOVER & PRESS	NAT	M	110	320	Myers, Al	6/30/2012	NATIONALS (2012) - Las Vegas, NV
PULLOVER & PRESS	NAT	M	115	358	Todd, Eric	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
PULLOVER & PRESS	NAT	M	120	209	Ciavattone, Jeff	6/25/2016	NATIONALS (2016) - Norwood, MA
PULLOVER & PRESS	NAT	M	125	319	Todd, Eric	6/25/2022	NATIONALS (2022) - Lebanon, PA
PULLOVER & PRESS	NAT	M	125+	336	Ciavattone, Frank	6/22/1996	NATIONALS (1996) - Mansfield, MA
PULLOVER & PRESS, BRIDGE	14	M	60	115	Jones, Victor	12/6/1987	Columbia, MO.
PULLOVER & PRESS, BRIDGE	40	M	70	65	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PULLOVER & PRESS, BRIDGE	40	M	85	105	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PULLOVER & PRESS, BRIDGE	40	M	120	85	Ullom, Chad	1/24/2015	2015 Florida RD
PULLOVER & PRESS, BRIDGE	60	M	75	80	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
PULLOVER & PRESS, BRIDGE	65	M	105	45	Puzin, Carl	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
PULLOVER & PRESS, BRIDGE	65	M	110	45	Puzin, Carl	12/31/2024	2024 New Year's Eve RD - Walpole, MA
PULLOVER & PRESS, BRIDGE	70	M	80	65	Emslie, David	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
PULLOVER & PRESS, BRIDGE	ALL	M	60	115	Jones, Victor	12/6/1987	Columbia, MO.
PULLOVER & PRESS, BRIDGE	ALL	M	70	65	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PULLOVER & PRESS, BRIDGE	ALL	M	75	80	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
PULLOVER & PRESS, BRIDGE	ALL	M	80	95	Smith, Abe	12/8/2001	2001 RD - Col
PULLOVER & PRESS, BRIDGE	ALL	M	85	105	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
PULLOVER & PRESS, BRIDGE	ALL	M	90	177	Rabich, Michael	7/21/2018	2018 NE Record Day
PULLOVER & PRESS, BRIDGE	ALL	M	95	155	Pruznick, Miles	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
PULLOVER & PRESS, BRIDGE	ALL	M	100	270	Schmidt, Steve	12/6/1987	Columbia, MO.
PULLOVER & PRESS, BRIDGE	ALL	M	105	45	Puzin, Carl	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
PULLOVER & PRESS, BRIDGE	ALL	M	110	45	Puzin, Carl	12/31/2024	2024 New Year's Eve RD - Walpole, MA
PULLOVER & PRESS, BRIDGE	ALL	M	120	85	Ullom, Chad	1/24/2015	2015 Florida RD
PULLOVER & PUSH	13	F	40	82	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
PULLOVER & PUSH	13	F	50	50	Todd, Phoebe	12/31/2020	POSTAL (2020) - Q4
PULLOVER & PUSH	13	F	55	70	Myers, Molly	2/15/2009	RD - Dino Gym (2009)
PULLOVER & PUSH	13	F	60	66	Collins, Olivia	12/31/2020	POSTAL (2020) - Q4
PULLOVER & PUSH	14	F	50	55	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
PULLOVER & PUSH	14	F	65	88	Ullom, Brianna	6/30/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER & PUSH	14	F	80	110	Myers, Molly	6/30/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER & PUSH	16	F	80	93	Myers, Molly	12/31/2014	POSTAL (2014) - Q4
PULLOVER & PUSH	40	F	50	66	Hughes, Suree	7/16/1990	NATIONALS (1990) - Akron, OH

USAWA Record List

PULLOVER & PUSH	40	F	55	88	Hughes, Suree	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
PULLOVER & PUSH	40	F	60	80	Devine, Karen	6/15/1997	NATIONALS (1997) - Columbia, MO
PULLOVER & PUSH	40	F	65	94	Wooten, Chris	7/16/1990	NATIONALS (1990) - Akron, OH
PULLOVER & PUSH	40	F	70	187	Skwarecki, Beth	10/2/2022	World Championships
PULLOVER & PUSH	40	F	110	99	Docherty, Anna	8/31/2025	IAWA World Championship Postal 2025
PULLOVER & PUSH	45	F	45	66	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
PULLOVER & PUSH	45	F	50	77	Phumchaona, Noi	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
PULLOVER & PUSH	45	F	90	90	Sees, Susan	6/25/2011	NATIONALS (2011) - Kirksville, MO
PULLOVER & PUSH	50	F	50	115	Jackson, RJ	12/31/2014	POSTAL (2014) - Q4
PULLOVER & PUSH	50	F	55	88	Phumchaona, Noi	9/22/1996	96 IAWA Worlds
PULLOVER & PUSH	50	F	60	127	Burchette, Jeanne	7/13/1991	NATIONALS (1991) - Plymouth, PA
PULLOVER & PUSH	50	F	100	95	Sees, Susan	6/30/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER & PUSH	50	F	105	99	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
PULLOVER & PUSH	55	F	50	116	Jackson, RJ	10/6/2019	2019 Worlds - Abilene
PULLOVER & PUSH	55	F	60	85	VanWagner, Kim	8/31/2025	IAWA World Championship Postal 2025
PULLOVER & PUSH	55	F	55	83	Phumchaona, Noi	7/1/2000	2000 USAWA - Lebanon, PA
PULLOVER & PUSH	55	F	75	55	Kahn, Helen	6/25/2011	NATIONALS (2011) - Kirksville, MO
PULLOVER & PUSH	55	F	85	38	Schmidt, Kathy	6/24/2017	NATIONALS (2017) - Cleveland, OH
PULLOVER & PUSH	55	F	90	60	Lupo, Allison	8/31/2025	IAWA World Championship Postal 2025
PULLOVER & PUSH	55	F	100	79	Lane, Colleen	7/31/2013	POSTAL (2013) - IAWA WORLD CHAMPIONSHIP
PULLOVER & PUSH	60	F	85	65	Thompson, Janet	12/31/2020	POSTAL (2020) - Q4
PULLOVER & PUSH	60	F	105	100	Gore, Lisa	8/31/2025	IAWA World Championship Postal 2025
PULLOVER & PUSH	65	F	75	160	Stockall, Sylvia	8/31/2025	IAWA World Championship Postal 2025
PULLOVER & PUSH	75	F	75	42	Habecker, Judy	8/31/2016	POSTAL (2016) - IAWA WORLD CHAMPIONSHIP
PULLOVER & PUSH	ALL	F	40	82	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
PULLOVER & PUSH	ALL	F	45	66	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
PULLOVER & PUSH	ALL	F	50	116	Jackson, RJ	10/6/2019	2019 Worlds - Abilene
PULLOVER & PUSH	ALL	F	55	88	Hughes, Suree	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
PULLOVER & PUSH	ALL	F	60	132	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
PULLOVER & PUSH	ALL	F	65	165	Skwarecki, Beth	10/6/2019	2019 Worlds - Abilene
PULLOVER & PUSH	ALL	F	70	187	Skwarecki, Beth	10/2/2022	World Championships
PULLOVER & PUSH	ALL	F	75	55	Kahn, Helen	6/25/2011	NATIONALS (2011) - Kirksville, MO
PULLOVER & PUSH	ALL	F	80	135	Clark, Kerry	6/4/1995	NATIONALS (1995) - Columbia, MO
PULLOVER & PUSH	ALL	F	85	77	Schneck, Morgan	10/2/2004	2004 IAWA - Burton, Eng
PULLOVER & PUSH	ALL	F	90	105	Abele, Jessica	1/17/2004	RD - Dino Days (2004)
PULLOVER & PUSH	ALL	F	95	99	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
PULLOVER & PUSH	ALL	F	100	95	Sees, Susan	6/30/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER & PUSH	ALL	F	105	100	Gore, Lisa	8/31/2025	IAWA World Championship Postal 2025
PULLOVER & PUSH	ALL	F	110	143	McVay, Mary Jo	7/17/1993	93 IAWA - Walpole, MA
PULLOVER & PUSH	ALL	F	125+	143	Goolsby, Carolyn	9/21/2002	2002 IAWA Championships
PULLOVER & PUSH	NAT	F	40	82	Monk, Elizabeth	7/7/2007	NATIONALS (2007) - Lebanon, PA
PULLOVER & PUSH	NAT	F	45	66	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH

USAWA Record List

PULLOVER & PUSH	NAT	F	50	66	Phumchaona, Noi	6/26/1989	NATIONALS (1989) - Plymouth, PA
PULLOVER & PUSH	NAT	F	55	83	Phumchaona, Noi	7/2/2000	NATIONALS (2000) - Lebanon, PA
PULLOVER & PUSH	NAT	F	60	127	Burchette, Jeanne	7/13/1991	NATIONALS (1991) - Plymouth, PA
PULLOVER & PUSH	NAT	F	65	138	Caron, Jacqueline	5/31/1992	NATIONALS (1992) - Walpole, MA
PULLOVER & PUSH	NAT	F	70	88	Garcia, Cindy	6/26/1989	NATIONALS (1989) - Plymouth, PA
PULLOVER & PUSH	NAT	F	75	55	Kahn, Helen	6/25/2011	NATIONALS (2011) - Kirksville, MO
PULLOVER & PUSH	NAT	F	80	135	Clark, Kerry	6/4/1995	NATIONALS (1995) - Columbia, MO
PULLOVER & PUSH	NAT	F	85	38	Schmidt, Kathy	6/24/2017	NATIONALS (2017) - Cleveland, OH
PULLOVER & PUSH	NAT	F	90	90	Sees, Susan	6/25/2011	NATIONALS (2011) - Kirksville, MO
PULLOVER & PUSH	NAT	F	95	99	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
PULLOVER & PUSH	NAT	F	100	95	Sees, Susan	6/30/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER & PUSH	NAT	F	105	99	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
PULLOVER & PUSH	13	M	30	72	Montini, Rocco	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
PULLOVER & PUSH	13	M	35	55	Geib, Adam	6/4/1995	NATIONALS (1995) - Columbia, MO
PULLOVER & PUSH	13	M	45	77	Montini, Jason	7/13/1991	NATIONALS (1991) - Plymouth, PA
PULLOVER & PUSH	13	M	50	66	Kennedy, Tim	7/17/1993	93 IAWA - Walpole, MA
PULLOVER & PUSH	13	M	55	88	McKean, Robbie	7/16/1990	NATIONALS (1990) - Akron, OH
PULLOVER & PUSH	13	M	60	121	McKean, Robbie	10/13/1990	Ambridge, Pa.
PULLOVER & PUSH	13	M	65	138	Monk, Joshua	9/22/2002	2002 IAWA Championships
PULLOVER & PUSH	13	M	70	143	McKean, Robbie	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
PULLOVER & PUSH	13	M	75	160	McKean, Robbie	5/31/1992	NATIONALS (1992) - Walpole, MA
PULLOVER & PUSH	14	M	55	88	Shuba, Frank Jr.	6/26/1989	NATIONALS (1989) - Plymouth, PA
PULLOVER & PUSH	14	M	65	94	Ward, Brad	5/31/1992	NATIONALS (1992) - Walpole, MA
PULLOVER & PUSH	14	M	70	154	Vernacchio, S.J.	7/17/1993	93 IAWA - Walpole, MA
PULLOVER & PUSH	14	M	75	176	Jurado, Felix	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
PULLOVER & PUSH	14	M	80	176	Vernacchio, S.J.	12/10/1994	Team Match
PULLOVER & PUSH	14	M	90	187	McKean, Robbie	7/17/1993	93 IAWA - Walpole, MA
PULLOVER & PUSH	14	M	95	154	Habecker, Aidan	6/22/2019	NATIONALS (2019) - Lebanon, PA
PULLOVER & PUSH	14	M	100	100	Calcote, Kyle	1/20/2007	Dino Gym Challenge (2007)
PULLOVER & PUSH	14	M	125+	236	Hess, Kohl	6/26/2010	NATIONALS (2010) - Lebanon, PA
PULLOVER & PUSH	16	M	60	194	Achenbach, Justin	10/23/2005	2005 Art's Birthday Bash
PULLOVER & PUSH	16	M	65	132	Drake, Dan	5/31/1992	NATIONALS (1992) - Walpole, MA
PULLOVER & PUSH	16	M	75	220	Hancock, Matt	6/20/2015	NATIONALS (2015) - York, PA
PULLOVER & PUSH	16	M	80	300	Ibrahim, Sammy	6/25/2011	NATIONALS (2011) - Kirksville, MO
PULLOVER & PUSH	16	M	90	224	McKean, Robbie	10/15/1995	95 Art's Birthday Bash
PULLOVER & PUSH	16	M	105	198	Habecker, Aidan	12/31/2020	POSTAL (2020) - Q4
PULLOVER & PUSH	16	M	110	110	Ciavattone, Frank III	6/26/2010	NATIONALS (2010) - Lebanon, PA
PULLOVER & PUSH	16	M	120	220	Stahnke, Dennis	9/2/2000	2000 IAWA Worlds -Mansfld
PULLOVER & PUSH	18	M	60	127	O'Brien, Mike	9/2/2000	2000 IAWA Worlds -Mansfld
PULLOVER & PUSH	18	M	70	143	Dunlap, Cale	12/31/2014	POSTAL (2014) - Q4
PULLOVER & PUSH	18	M	75	105	Bate, Andy	6/15/1997	NATIONALS (1997) - Columbia, MO
PULLOVER & PUSH	18	M	95	225	Patterson, Doug	1/20/2007	Dino Gym Challenge (2007)

USAWA Record List

PULLOVER & PUSH	18	M	115	231	Stahnke, Dennis	9/21/2002	2002 IAWA Championships
PULLOVER & PUSH	40	M	60	204	McKean, John	7/16/1990	NATIONALS (1990) - Akron, OH
PULLOVER & PUSH	40	M	65	225	Holden, Randy Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
PULLOVER & PUSH	40	M	70	297	Monk, John	10/14/2006	2006 Worlds Glasgow
PULLOVER & PUSH	40	M	75	275	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
PULLOVER & PUSH	40	M	80	303	Monk, John	7/7/2007	NATIONALS (2007) - Lebanon, PA
PULLOVER & PUSH	40	M	85	280	Hirsh, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO
PULLOVER & PUSH	40	M	90	255	Garcia, Joe	6/25/1994	94 Al Springs meet
PULLOVER & PUSH	40	M	95	265	Montini, Paul	7/13/1991	NATIONALS (1991) - Plymouth, PA
PULLOVER & PUSH	40	M	100	277	Ciavattone, Joe Sr.	6/30/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER & PUSH	40	M	105	225	Garcia, Joe	6/15/1997	NATIONALS (1997) - Columbia, MO
PULLOVER & PUSH	40	M	110	355	Cookson, Bill	1/20/2007	Dino Gym Challenge (2007)
PULLOVER & PUSH	40	M	115	429	Todd, Eric	6/20/2015	NATIONALS (2015) - York, PA
PULLOVER & PUSH	40	M	120	430	Todd, Eric	8/31/2016	POSTAL (2016) - IAWA WORLD CHAMPIONSHIP
PULLOVER & PUSH	40	M	125	364	Ciavattone, Frank	9/22/1996	96 IAWA Worlds
PULLOVER & PUSH	45	M	60	198	McKean, John	5/31/1992	NATIONALS (1992) - Walpole, MA
PULLOVER & PUSH	45	M	65	231	Pensyl, Barry	11/20/1996	Team Match
PULLOVER & PUSH	45	M	70	220	Waterman, Chris	7/1/2000	2000 USAWA - Lebanon, PA
PULLOVER & PUSH	45	M	75	237	Habecker, Denny	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
PULLOVER & PUSH	45	M	80	231	Habecker, Denny	7/13/1991	NATIONALS (1991) - Plymouth, PA
PULLOVER & PUSH	45	M	85	243	Habecker, Denny	5/31/1992	NATIONALS (1992) - Walpole, MA
PULLOVER & PUSH	45	M	95	287	Schock, Ed	9/2/2000	2000 IAWA Worlds -Mansfld
PULLOVER & PUSH	45	M	100	250	Sisk, Ron	6/4/1995	NATIONALS (1995) - Columbia, MO
PULLOVER & PUSH	45	M	105	352	Myers, Al	6/30/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER & PUSH	45	M	110	340	Myers, Al	12/31/2014	POSTAL (2014) - Q4
PULLOVER & PUSH	45	M	115	374	Myers, Al	4/30/2012	2012 World Postal Leg One
PULLOVER & PUSH	45	M	120	401	Todd, Eric	12/31/2020	POSTAL (2020) - Q4
PULLOVER & PUSH	45	M	125	353	Ciavattone, Frank	7/1/2000	2000 USAWA - Lebanon, PA
PULLOVER & PUSH	45	M	125+	400	Burtzloff, Bob	1/17/2004	RD - Dino Days (2004)
PULLOVER & PUSH	50	M	70	130	Marchand, Wade	12/31/2020	POSTAL (2020) - Q4
PULLOVER & PUSH	50	M	75	240	Habecker, Denny	6/4/1995	NATIONALS (1995) - Columbia, MO
PULLOVER & PUSH	50	M	80	254	Habecker, Denny	11/20/1996	Team Match
PULLOVER & PUSH	50	M	85	265	Habecker, Denny	6/15/1997	NATIONALS (1997) - Columbia, MO
PULLOVER & PUSH	50	M	90	248	DiCiccio, Bill	7/16/1990	NATIONALS (1990) - Akron, OH
PULLOVER & PUSH	50	M	95	281	Vernacchio, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
PULLOVER & PUSH	50	M	100	275	Schock, Ed	7/7/2007	NATIONALS (2007) - Lebanon, PA
PULLOVER & PUSH	50	M	105	309	Myers, Al	6/24/2017	NATIONALS (2017) - Cleveland, OH
PULLOVER & PUSH	50	M	110	310	Malloy, Jim	6/4/1995	NATIONALS (1995) - Columbia, MO
PULLOVER & PUSH	50	M	115	300	Garcia, Joe	1/17/2004	RD - Dino Days (2004)
PULLOVER & PUSH	50	M	120	165	Geib, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO
PULLOVER & PUSH	50	M	125+	255	McCoy, Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
PULLOVER & PUSH	55	M	75	143	Marchand, Wade	8/31/2025	IAWA World Championship Postal 2025

USAWA Record List

PULLOVER & PUSH	55	M	80	243	Habecker, Denny	9/2/2000	2000 IAWA Worlds -Mansfield
PULLOVER & PUSH	55	M	85	254	Habecker, Denny	7/1/2000	2000 USAWA - Lebanon, PA
PULLOVER & PUSH	55	M	90	254	Habecker, Denny	10/7/2001	2001 IAWA Worlds-Glasgow
PULLOVER & PUSH	55	M	95	270	Vernacchio, John	5/11/1994	94 Intercontinental Meet
PULLOVER & PUSH	55	M	100	243	Vernacchio, John	9/22/1996	96 IAWA Worlds
PULLOVER & PUSH	55	M	105	204	Wilmot, John	9/22/2002	2002 IAWA Championships
PULLOVER & PUSH	55	M	110	270	Malloy, Jim	6/15/1997	NATIONALS (1997) - Columbia, MO
PULLOVER & PUSH	55	M	115	245	Glasgow, Dave	6/25/2011	NATIONALS (2011) - Kirksville, MO
PULLOVER & PUSH	55	M	120	242	Schmidt, Scott	8/3/2008	NATIONALS (2008) - Columbus, OH
PULLOVER & PUSH	55	M	125+	253	Douglas, John	10/6/2019	2019 Worlds - Abilene
PULLOVER & PUSH	60	M	70	176	Waterman, Chris	6/24/2017	NATIONALS (2017) - Cleveland, OH
PULLOVER & PUSH	60	M	75	215	Montini, Art	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
PULLOVER & PUSH	60	M	80	187	McKean, John	7/7/2007	NATIONALS (2007) - Lebanon, PA
PULLOVER & PUSH	60	M	85	204	Habecker, Denny	10/2/2004	2004 IAWA - Burton, Eng
PULLOVER & PUSH	60	M	90	259	Habecker, Denny	9/29/2002	2002 Team Match
PULLOVER & PUSH	60	M	95	242	Habecker, Denny	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
PULLOVER & PUSH	60	M	100	265	Vernacchio, John	6/15/1997	NATIONALS (1997) - Columbia, MO
PULLOVER & PUSH	60	M	105	182	Prechtel, Howard	6/26/1989	NATIONALS (1989) - Plymouth, PA
PULLOVER & PUSH	60	M	110	198	Schmidt, Scott	6/30/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER & PUSH	60	M	125+	187	Ciavattone, Frank	10/6/2019	2019 Worlds - Abilene
PULLOVER & PUSH	65	M	75	145	Mitchell, Dennis	6/15/1997	NATIONALS (1997) - Columbia, MO
PULLOVER & PUSH	65	M	80	209	Habecker, Denny	8/3/2008	NATIONALS (2008) - Columbus, OH
PULLOVER & PUSH	65	M	85	242	Habecker, Denny	6/26/2010	NATIONALS (2010) - Lebanon, PA
PULLOVER & PUSH	65	M	90	245	Habecker, Denny	6/25/2011	NATIONALS (2011) - Kirksville, MO
PULLOVER & PUSH	65	M	95	143	D'Angelo, Bob	7/7/2007	NATIONALS (2007) - Lebanon, PA
PULLOVER & PUSH	65	M	100	198	Prechtel, Howard	7/17/1993	93 IAWA - Walpole, MA
PULLOVER & PUSH	65	M	105	243	Prechtel, Howard	7/13/1991	NATIONALS (1991) - Plymouth, PA
PULLOVER & PUSH	65	M	110	220	Prechtel, Howard	7/16/1990	NATIONALS (1990) - Akron, OH
PULLOVER & PUSH	65	M	115	232	Larson, Nils	8/31/2025	IAWA World Championship Postal 2025
PULLOVER & PUSH	65	M	120	242	Malloy, Jim	8/3/2008	NATIONALS (2008) - Columbus, OH
PULLOVER & PUSH	65	M	125	135	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
PULLOVER & PUSH	65	M	125+	176	Harris, Buck	6/26/1989	NATIONALS (1989) - Plymouth, PA
PULLOVER & PUSH	70	M	65	132	Pensyl, Barry	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
PULLOVER & PUSH	70	M	70	127	Pensyl, Barry	6/22/2019	NATIONALS (2019) - Lebanon, PA
PULLOVER & PUSH	70	M	75	122	Mitchell, Dennis	9/22/2002	2002 IAWA Championships
PULLOVER & PUSH	70	M	80	150	Emslie, David	3/28/2015	2015 Clarks Gym RD
PULLOVER & PUSH	70	M	85	225	Habecker, Denny	6/30/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER & PUSH	70	M	90	211	Habecker, Denny	10/8/2016	2016 Worlds - Lebanon, PA
PULLOVER & PUSH	70	M	95	209	Habecker, Denny	10/25/2014	IAWA GOLD CUP (2014) - Burton on Trent, UK
PULLOVER & PUSH	70	M	100	209	Prechtel, Howard	9/22/1996	96 IAWA Worlds
PULLOVER & PUSH	70	M	105	205	Prechtel, Howard	6/4/1995	NATIONALS (1995) - Columbia, MO
PULLOVER & PUSH	70	M	110	121	Myers, LaVerne	6/24/2017	NATIONALS (2017) - Cleveland, OH

USAWA Record List

PULLOVER & PUSH	70	M	115	176	Ross, Dean	6/20/2015	NATIONALS (2015) - York, PA
PULLOVER & PUSH	70	M	120	101	Geib, Bob	6/30/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER & PUSH	70	M	125	135	Ciavattone, Frank	8/31/2025	IAWA World Championship Postal 2025
PULLOVER & PUSH	75	M	75	110	Mitchell, Dennis	7/7/2007	NATIONALS (2007) - Lebanon, PA
PULLOVER & PUSH	75	M	80	132	Cox, Bob	9/2/2000	2000 IAWA Worlds -Mansfld
PULLOVER & PUSH	75	M	85	189	Habecker, Denny	10/6/2019	2019 Worlds - Abilene
PULLOVER & PUSH	75	M	90	187	Habecker, Denny	10/13/2018	IAWA GOLD CUP (2018) - Eastbourne, UK
PULLOVER & PUSH	75	M	95	133	Ross, Dean	12/31/2020	POSTAL (2020) - Q4
PULLOVER & PUSH	75	M	100	120	Bletscher, Rudy	4/30/2012	2012 World Postal Leg One
PULLOVER & PUSH	75	M	105	132	Myers, LaVerne	10/6/2019	2019 Worlds - Abilene
PULLOVER & PUSH	75	M	110	154	Ross, Dean	6/22/2019	NATIONALS (2019) - Lebanon, PA
PULLOVER & PUSH	80	M	70	83	Mitchell, Dennis	6/30/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER & PUSH	80	M	80	159	Habecker, Denny	10/6/2024	IAWA WORLD CHAMPIONSHIPS (2024) - England, UK
PULLOVER & PUSH	80	M	85	160	Habecker, Denny	10/2/2022	World Championships
PULLOVER & PUSH	80	M	105	88	Eberhardinger, Paul	7/1/2000	2000 USAWA - Lebanon, PA
PULLOVER & PUSH	85	M	65	60	Mitchell, Dennis	10/6/2019	2019 Worlds - Abilene
PULLOVER & PUSH	85	M	70	55	Mitchell, Dennis	6/24/2017	NATIONALS (2017) - Cleveland, OH
PULLOVER & PUSH	85	M	75	94	Montini, Art	6/24/2017	NATIONALS (2017) - Cleveland, OH
PULLOVER & PUSH	85	M	80	132	Montini, Art	6/30/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER & PUSH	ALL	M	60	204	McKean, John	7/16/1990	NATIONALS (1990) - Akron, OH
PULLOVER & PUSH	ALL	M	65	259	Monk, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
PULLOVER & PUSH	ALL	M	70	297	Monk, John	10/14/2006	2006 Worlds Glasgow
PULLOVER & PUSH	ALL	M	75	303	Monk, John	9/21/2002	2002 IAWA Championships
PULLOVER & PUSH	ALL	M	80	331	Crowe, Brian	7/1/2000	2000 USAWA - Lebanon, PA
PULLOVER & PUSH	ALL	M	85	369	Bryan, Barry	7/13/1991	NATIONALS (1991) - Plymouth, PA
PULLOVER & PUSH	ALL	M	90	446	Anderson, Phil	6/26/1989	NATIONALS (1989) - Plymouth, PA
PULLOVER & PUSH	ALL	M	95	331	Lasky, Howard	9/22/2002	2002 IAWA Championships
PULLOVER & PUSH	ALL	M	100	363	Schmidt, Steve	6/26/1989	NATIONALS (1989) - Plymouth, PA
PULLOVER & PUSH	ALL	M	105	441	Anderson, Phil	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
PULLOVER & PUSH	ALL	M	110	474	Burtzloff, Bob	11/8/1987	Wichita, Ks.
PULLOVER & PUSH	ALL	M	115	429	Todd, Eric	6/20/2015	NATIONALS (2015) - York, PA
PULLOVER & PUSH	ALL	M	120	450	Myers, Al	1/17/2004	RD - Dino Days (2004)
PULLOVER & PUSH	ALL	M	125	402	Lestan, Chris	12/31/2020	POSTAL (2020) - Q4
PULLOVER & PUSH	ALL	M	125+	450	Todd, Eric	1/17/2004	RD - Dino Days (2004)
PULLOVER & PUSH	NAT	M	60	204	McKean, John	7/16/1990	NATIONALS (1990) - Akron, OH
PULLOVER & PUSH	NAT	M	65	243	Monk, John	7/13/1991	NATIONALS (1991) - Plymouth, PA
PULLOVER & PUSH	NAT	M	70	276	Monk, John	7/2/2000	NATIONALS (2000) - Lebanon, PA
PULLOVER & PUSH	NAT	M	75	275	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
PULLOVER & PUSH	NAT	M	80	331	Crowe, Brian	7/2/2000	NATIONALS (2000) - Lebanon, PA
PULLOVER & PUSH	NAT	M	85	369	Bryan, Barry	7/13/1991	NATIONALS (1991) - Plymouth, PA
PULLOVER & PUSH	NAT	M	90	446	Anderson, Phil	6/26/1989	NATIONALS (1989) - Plymouth, PA
PULLOVER & PUSH	NAT	M	95	303	Bufalini, Jim	7/16/1990	NATIONALS (1990) - Akron, OH

USAWA Record List

PULLOVER & PUSH	NAT	M	100	363	Schmidt, Steve	6/26/1989	NATIONALS (1989) - Plymouth, PA
PULLOVER & PUSH	NAT	M	105	352	Myers, Al	6/30/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER & PUSH	NAT	M	110	320	Ullom, Chad	6/26/2010	NATIONALS (2010) - Lebanon, PA
PULLOVER & PUSH	NAT	M	115	429	Todd, Eric	6/20/2015	NATIONALS (2015) - York, PA
PULLOVER & PUSH	NAT	M	120	242	Schmidt, Scott	8/3/2008	NATIONALS (2008) - Columbus, OH
PULLOVER & PUSH	NAT	M	125	353	Ciavattone, Frank	7/2/2000	NATIONALS (2000) - Lebanon, PA
PULLOVER & PUSH	NAT	M	125+	402	Ciavattone, Frank	7/16/1990	NATIONALS (1990) - Akron, OH
PULLOVER, BENT ARM	9	F	35	10	Jackson, Phoenix	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	13	F	60	40	Todd, Phoebe	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	14	F	40	20	Gupta, Nisha	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	14	F	70	50	Todd, Lillian	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	16	F	45	25	Gupta, Diya	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	40	F	90	75	Todd, Stacy	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	50	F	50	63	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
PULLOVER, BENT ARM	55	F	90	40	Lupo, Allison	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	55	F	95	55	Gore, Lisa	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	60	F	50	56	Jackson, RJ	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	65	F	75	25	Thompson, Janet	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	F	35	10	Jackson, Phoenix	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	F	40	40	Gupta, Nisha	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	F	45	25	Gupta, Diya	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	F	50	63	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
PULLOVER, BENT ARM	ALL	F	60	40	Todd, Phoebe	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	F	70	50	Todd, Lillian	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	F	75	46	Diggs, Crystal	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	F	90	75	Todd, Stacy	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	F	95	55	Gore, Lisa	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	9	M	30	15	Wenzel, Logan	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	11	M	45	35	Todd, Everett	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	14	M	80	55	Habecker, Aidan	6/30/2018	POSTAL (2018) - Q2
PULLOVER, BENT ARM	16	M	60	65	Wenzel, Spencer	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	16	M	80	75	Conley, Elijah	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	40	M	85	135	Smith, Abe	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	40	M	90	170	Stearns, Ashley	5/12/2024	Record Day- Clark's Gym 2
PULLOVER, BENT ARM	40	M	120	165	Todd, Eric	6/30/2018	POSTAL (2018) - Q2
PULLOVER, BENT ARM	40	M	125	125	Todd, Chris	12/10/2022	RD - Lift for Leroy '22
PULLOVER, BENT ARM	40	M	125+	195	Cookson, Chuck	2/12/2012	RD - Dino Gym (2012)
PULLOVER, BENT ARM	45	M	100	135	Fobes, Jarrod	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	45	M	105	135	Wenzel, Jeff	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	45	M	115	145	Myers, Al	2/12/2012	RD - Dino Gym (2012)
PULLOVER, BENT ARM	45	M	125+	125	Todd, Chris	12/7/2024	RD - Lift for Leroy VI (2024)
PULLOVER, BENT ARM	50	M	90	155	Frieders, Jeffrey	6/30/2024	POSTAL (2024) - Q2

USAWA Record List

PULLOVER, BENT ARM	50	M	95	90	Gupta, Sanjiv	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	50	M	100	129	Hadley, Patrick	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	50	M	105	120	Myers, Al	8/26/2017	2017 Team Championships
PULLOVER, BENT ARM	50	M	110	159	Poore, Clint	5/11/2024	Buffville Cup 4
PULLOVER, BENT ARM	50	M	115	155	Poore, Clint	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	50	M	125+	95	Foster, Lance	6/30/2018	POSTAL (2018) - Q2
PULLOVER, BENT ARM	55	M	100	140	Hose, Tony	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	55	M	105	140	Lupo, Tony	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	55	M	110	125	Lupo, Tony	2/25/2024	RD - Clarks Gym
PULLOVER, BENT ARM	60	M	80	75	DeForest, Dave	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	60	M	90	143	Bryan, Barry	6/30/2018	POSTAL (2018) - Q2
PULLOVER, BENT ARM	65	M	70	84	Pensyl, Barry	12/16/2017	2017 Vernacchio Memorial
PULLOVER, BENT ARM	65	M	80	80	McKean, John	3/10/2012	2012 Club Challenge
PULLOVER, BENT ARM	65	M	85	138	Bryan, Barry	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	65	M	90	95	Smith, Randy	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	70	M	70	77	Pensyl, Barry	11/30/2020	POSTAL (2020) - RECORD DAY
PULLOVER, BENT ARM	70	M	75	60	Santangelo, Stephen	5/12/2024	Record Day- Clark's Gym 2
PULLOVER, BENT ARM	70	M	110	100	Myers, LaVerne	6/30/2018	POSTAL (2018) - Q2
PULLOVER, BENT ARM	75	M	65	73	Pensyl, Barry	12/16/2023	2023 Memorial Record Day
PULLOVER, BENT ARM	75	M	85	77	Habecker, Denny	11/30/2020	POSTAL (2020) - RECORD DAY
PULLOVER, BENT ARM	75	M	110	75	Ross, Dean	6/30/2018	POSTAL (2018) - Q2
PULLOVER, BENT ARM	80	M	85	72	Habecker, Denny	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	M	30	15	Wenzel, Logan	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	M	45	35	Todd, Everett	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	M	60	65	Wenzel, Spencer	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	M	65	73	Pensyl, Barry	12/16/2023	2023 Memorial Record Day
PULLOVER, BENT ARM	ALL	M	70	85	Rein, Brandon	6/30/2018	POSTAL (2018) - Q2
PULLOVER, BENT ARM	ALL	M	75	105	Wenzel, Riley	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
PULLOVER, BENT ARM	ALL	M	80	135	Luther, Travis	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	M	85	135	Smith, Abe	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	M	90	170	Stearns, Ashley	5/12/2024	Record Day- Clark's Gym 2
PULLOVER, BENT ARM	ALL	M	95	90	Gupta, Sanjiv	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	M	100	140	Hose, Tony	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	M	105	140	Lupo, Tony	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	M	110	159	Poore, Clint	5/11/2024	Buffville Cup 4
PULLOVER, BENT ARM	ALL	M	115	155	Poore, Clint	6/30/2024	POSTAL (2024) - Q2
PULLOVER, BENT ARM	ALL	M	120	165	Todd, Eric	6/30/2018	POSTAL (2018) - Q2
PULLOVER, BENT ARM	ALL	M	125	135	Todd, Chris	6/30/2018	POSTAL (2018) - Q2
PULLOVER, BENT ARM	ALL	M	125+	195	Cookson, Chuck	2/12/2012	RD - Dino Gym (2012)
PULLOVER, STRAIGHT ARM	14	F	65	33	Ullom, Brianna	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	14	F	80	33	Myers, Molly	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	40	F	65	45	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA

USAWA Record List

PULLOVER, STRAIGHT ARM	40	F	80	30	Guglielmo, Terry	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	50	F	50	35	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
PULLOVER, STRAIGHT ARM	50	F	55	27	Phumchaona, Noi	9/21/1996	96 IAWA Worlds
PULLOVER, STRAIGHT ARM	50	F	100	33	Sees, Susan	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	55	F	100	22	Lane, Colleen	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	65	F	75	10	Thompson, Janet	4/11/2026	2026 Bench Press Heptathlon V and Record Day
PULLOVER, STRAIGHT ARM	ALL	F	50	35	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
PULLOVER, STRAIGHT ARM	ALL	F	55	27	Phumchaona, Noi	9/21/1996	96 IAWA Worlds
PULLOVER, STRAIGHT ARM	ALL	F	60	30	Guaret, Maria	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	ALL	F	65	45	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	ALL	F	70	40	Rudisell, Tammie	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	ALL	F	75	10	Thompson, Janet	4/11/2026	2026 Bench Press Heptathlon V and Record Day
PULLOVER, STRAIGHT ARM	ALL	F	80	33	Myers, Molly	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	ALL	F	100	33	Sees, Susan	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	NAT	F	60	30	Guaret, Maria	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	NAT	F	65	45	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	NAT	F	70	40	Rudisell, Tammie	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	NAT	F	80	33	Myers, Molly	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	NAT	F	100	33	Sees, Susan	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	14	M	120	62	Hess, Kohl	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	16	M	75	75	Demille, Cale	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	16	M	90	64	McKean, Robbie	10/15/1995	95 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	40	M	70	99	Monk, John	10/14/2006	2006 Worlds Glasgow
PULLOVER, STRAIGHT ARM	40	M	75	110	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	40	M	80	110	Monk, John	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	40	M	90	45	Smith, Randy	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	40	M	100	66	Ciavattone, Joe Sr.	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	40	M	105	115	Silvestri, Larry	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	40	M	110	121	Fuller, James	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	40	M	115	132	Myers, Al	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	40	M	125	75	Todd, Chris	12/7/2019	RD - Lift for Leroy '19
PULLOVER, STRAIGHT ARM	45	M	95	67	Fobes, Jarrod	4/14/2024	Record Day- Clark's Gym 1
PULLOVER, STRAIGHT ARM	45	M	105	121	Myers, Al	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	45	M	110	85	Wenzel, Jeff	11/9/2024	Goerner Deadlift Dozen Plus One RD
PULLOVER, STRAIGHT ARM	45	M	125	100	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	45	M	125+	55	Todd, Chris	12/7/2024	RD - Lift for Leroy VI (2024)
PULLOVER, STRAIGHT ARM	50	M	75	65	McKean, John	10/13/1996	96 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	50	M	80	77	Habecker, Denny	9/21/1996	96 IAWA Worlds
PULLOVER, STRAIGHT ARM	50	M	85	75	Habecker, Denny	10/13/1996	96 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	50	M	95	44	Gupta, Sanjiv	4/14/2024	Record Day- Clark's Gym 1
PULLOVER, STRAIGHT ARM	50	M	100	105	Schock, Ed	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	50	M	105	49	Hadley, Patrick	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY

USAWA Record List

PULLOVER, STRAIGHT ARM	50	M	110	104	Poore, Clint	6/3/2024	2024 Hackendinnie Cup, Albany, KY
PULLOVER, STRAIGHT ARM	55	M	80	75	McKean, John	11/24/2002	Jump Stretch Record Day
PULLOVER, STRAIGHT ARM	55	M	90	77	Smith, Randy	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	55	M	95	66	Vandermark, Dennis	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	55	M	100	88	Vernacchio, John	9/21/1996	96 IAWA Worlds
PULLOVER, STRAIGHT ARM	55	M	105	45	Wilmot, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	55	M	110	70	Lupo, Tony	2/25/2024	RD - Clarks Gym
PULLOVER, STRAIGHT ARM	55	M	120	88	Schmidt, Scott	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	55	M	125+	33	Ciavattone, Frank	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	60	M	75	61	Mitchell, Dennis	9/21/1996	96 IAWA Worlds
PULLOVER, STRAIGHT ARM	60	M	80	65	Friesz, Dale	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	60	M	85	60	Habecker, Denny	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	60	M	90	70	D'Angelo, Bob	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	60	M	110	44	Schmidt, Scott	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	60	M	120	45	Geib, Bob	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	65	M	70	72	Pensyl, Barry	12/16/2017	2017 Vernacchio Memorial
PULLOVER, STRAIGHT ARM	65	M	75	61	Mitchell, Dennis	2/22/1997	97 Buckeye Record Breaker
PULLOVER, STRAIGHT ARM	65	M	80	65	Montini, Art	10/13/1996	96 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	65	M	85	43	DeForest, Dave	4/11/2026	2026 Bench Press Heptathlon V and Record Day
PULLOVER, STRAIGHT ARM	65	M	90	71	Habecker, Denny	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	70	M	75	60	Mitchell, Dennis	11/24/2002	Jump Stretch Record Day
PULLOVER, STRAIGHT ARM	70	M	80	65	Emslie, David	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
PULLOVER, STRAIGHT ARM	70	M	85	88	Habecker, Denny	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	70	M	90	60	Habecker, Denny	8/22/2015	PRESIDENTIAL CUP (2015)
PULLOVER, STRAIGHT ARM	70	M	100	55	Prechtel, Howard	9/21/1996	96 IAWA Worlds
PULLOVER, STRAIGHT ARM	70	M	110	55	Ross, Dean	10/15/2017	2017 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	70	M	120	33	Geib, Bob	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	75	M	75	49	Mitchell, Dennis	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	75	M	85	66	Montini, Art	10/14/2006	2006 Worlds Glasgow
PULLOVER, STRAIGHT ARM	80	M	70	55	Mitchell, Dennis	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	80	M	80	60	Montini, Art	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	80	M	85	48	Habecker, Denny	8/5/2023	PRESIDENTIAL CUP (2023)
PULLOVER, STRAIGHT ARM	80	M	90	35	Dorylis, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	85	M	70	42	Mitchell, Dennis	10/15/2017	2017 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	85	M	80	50	Montini, Art	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	ALL	M	70	100	Monk, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	ALL	M	75	110	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	ALL	M	80	110	Monk, John	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	ALL	M	85	88	Habecker, Denny	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	ALL	M	90	77	Smith, Randy	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	ALL	M	95	67	Fobes, Jarrod	4/14/2024	Record Day- Clark's Gym 1
PULLOVER, STRAIGHT ARM	ALL	M	100	110	Succarotte, Tony	6/5/2004	NATIONALS (2004) - Lansdale, PA

USAWA Record List

PULLOVER, STRAIGHT ARM	ALL	M	105	121	Ullom, Chad	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	ALL	M	110	121	Spayd, Bill	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	ALL	M	115	132	Myers, Al	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	ALL	M	120	95	Todd, Eric	8/18/2013	RD - Dino Days (2013)
PULLOVER, STRAIGHT ARM	ALL	M	125	100	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	ALL	M	125+	33	Ciavattone, Frank	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
PULLOVER, STRAIGHT ARM	NAT	M	70	100	Monk, John	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	NAT	M	75	75	Demille, Cale	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	NAT	M	80	65	Friesz, Dale	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	NAT	M	85	88	Habecker, Denny	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	NAT	M	90	77	Smith, Randy	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	NAT	M	100	110	Succarotte, Tony	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	NAT	M	105	121	Myers, Al	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	NAT	M	110	121	Fuller, James	6/29/2013	NATIONALS (2013) - Lebanon, PA
PULLOVER, STRAIGHT ARM	NAT	M	120	45	Geib, Bob	6/5/2004	NATIONALS (2004) - Lansdale, PA
PULLOVER, STRAIGHT ARM	NAT	M	125	100	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
PUSH PRESS, FROM RACK	9	F	35	20	Jackson, Phoenix	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	13	F	35	49	Monk, Elizabeth	10/22/2006	2006 Art's Birthday Bash
PUSH PRESS, FROM RACK	13	F	40	30	Todd, Phoebe	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	13	F	45	45	Jobe, Gabby	2/12/2012	RD - Dino Gym (2012)
PUSH PRESS, FROM RACK	13	F	55	52	Todd, Phoebe	9/30/2021	POSTAL (2021) - Q3
PUSH PRESS, FROM RACK	14	F	40	45	Gupta, Nisha	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	14	F	55	50	Tortorelli, Brooke	9/23/2017	2017 Lift at Lou's
PUSH PRESS, FROM RACK	14	F	60	75	Todd, Phoebe	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	14	F	70	78	Todd, Lillian	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	16	F	45	40	Gupta, Diya	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	40	F	90	89	Todd, Stacy	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	40	F	95	85	Hopps, Jessica	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	55	F	90	55	Lupo, Allison	6/21/2025	Women's Only Meet, Columbia, MO
PUSH PRESS, FROM RACK	55	F	95	80	Gore, Lisa	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	55	F	105	80	Gore, Lisa	6/21/2025	Women's Only Meet, Columbia, MO
PUSH PRESS, FROM RACK	60	F	50	96	Jackson, RJ	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	60	F	75	37	Thompson, Janet	9/30/2021	POSTAL (2021) - Q3
PUSH PRESS, FROM RACK	65	F	75	45	Thompson, Janet	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	ALL	F	35	49	Monk, Elizabeth	10/22/2006	2006 Art's Birthday Bash
PUSH PRESS, FROM RACK	ALL	F	40	45	Gupta, Nisha	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	ALL	F	45	45	Jobe, Gabby	2/12/2012	RD - Dino Gym (2012)
PUSH PRESS, FROM RACK	ALL	F	50	96	Jackson, RJ	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	ALL	F	55	52	Todd, Phoebe	9/30/2021	POSTAL (2021) - Q3
PUSH PRESS, FROM RACK	ALL	F	65	100	Glasgow, Amber	7/18/2010	Ledaig Record Day
PUSH PRESS, FROM RACK	ALL	F	70	135	Burchett, Emily	7/15/2018	2018 Club Championships
PUSH PRESS, FROM RACK	ALL	F	75	76	Diggs, Crystal	6/30/2024	POSTAL (2024) - Q2

USAWA Record List

PUSH PRESS, FROM RACK	ALL	F	85	80	Todd, Stacy	9/30/2021	POSTAL (2021) - Q3
PUSH PRESS, FROM RACK	ALL	F	90	160	Clasen, Marsha	7/15/2018	2018 Club Championships
PUSH PRESS, FROM RACK	ALL	F	95	85	Hopps, Jessica	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	ALL	F	100	160	Kressly, Jera	8/29/2015	2015 Club Championships
PUSH PRESS, FROM RACK	ALL	F	105	80	Gore, Lisa	6/21/2025	Women's Only Meet, Columbia, MO
PUSH PRESS, FROM RACK	ALL	F	115	135	Channel, Jamie	7/15/2018	2018 Club Championships
PUSH PRESS, FROM RACK	9	M	30	25	Wenzel, Logan	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	11	M	45	50	Todd, Everett	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	13	M	30	35	Lucht, Nikolai	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	13	M	35	25	Todd, Leroy	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	14	M	55	88	Myers, Sam	10/28/2006	Macomb Record Setter
PUSH PRESS, FROM RACK	14	M	65	130	Kressly, Draven	8/29/2015	2015 Club Championships
PUSH PRESS, FROM RACK	16	M	60	85	Wenzel, Spencer	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	16	M	65	143	Clauson, Riley	10/28/2006	Macomb Record Setter
PUSH PRESS, FROM RACK	16	M	70	170	Heit, Calvin	7/15/2018	2018 Club Championships
PUSH PRESS, FROM RACK	16	M	80	100	Conley, Elijah	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	18	M	75	85	Market, Tim	6/21/2025	Women's Only Meet, Columbia, MO
PUSH PRESS, FROM RACK	18	M	95	121	Habecker, Aidan	9/30/2021	POSTAL (2021) - Q3
PUSH PRESS, FROM RACK	40	M	80	265	Smith, Abe	9/30/2021	POSTAL (2021) - Q3
PUSH PRESS, FROM RACK	40	M	85	235	Smith, Abe	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	40	M	90	185	Stearns, Ashley	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	40	M	95	230	Strangeway, John	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	40	M	115	270	Todd, Eric	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	40	M	120	300	Myers, Al	8/31/2010	Straight Weight Postal
PUSH PRESS, FROM RACK	40	M	125	225	Cookson, Chuck	2/13/2011	RD - Dino Gym (2011)
PUSH PRESS, FROM RACK	40	M	125+	300	O'Brien, John	8/31/2010	Straight Weight Postal
PUSH PRESS, FROM RACK	45	M	85	209	Hirsh, Bob	3/3/2001	2001 Buckeye Record Day
PUSH PRESS, FROM RACK	45	M	100	135	Fobes, Jarrod	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	45	M	105	205	Wenzel, Jeff	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	45	M	115	275	Myers, Al	11/19/2011	2011 Worlds - Perth
PUSH PRESS, FROM RACK	45	M	120	300	Myers, Al	9/30/2011	2011 Delaware Postal
PUSH PRESS, FROM RACK	45	M	125	175	Grieshaber, Joey	7/15/2018	2018 Club Championships
PUSH PRESS, FROM RACK	45	M	125+	255	Van Vleck, Thom	8/31/2010	Straight Weight Postal
PUSH PRESS, FROM RACK	50	M	90	135	Frieders, Jeffrey	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	50	M	95	125	Gupta, Sanjiv	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	50	M	100	140	Hadley, Patrick	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	50	M	105	215	Hose, Tony	9/30/2021	POSTAL (2021) - Q3
PUSH PRESS, FROM RACK	50	M	110	150	Myers, Al	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	50	M	115	286	Schmidt, Scott	3/3/2001	2001 Buckeye Record Day
PUSH PRESS, FROM RACK	50	M	125+	200	Douglas, John	7/15/2018	2018 Club Championships
PUSH PRESS, FROM RACK	55	M	90	220	Bryan, Barry	10/12/2013	2013 Arts Birthday Bash
PUSH PRESS, FROM RACK	55	M	95	135	Garcia, Joe	10/29/2010	2010 JWC Record Breakers

USAWA Record List

PUSH PRESS, FROM RACK	55	M	100	200	Hose, Tony	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	55	M	105	170	Lupo, Tony	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	55	M	115	210	Glasgow, Dave	2/14/2010	RD - Dino Gym (2010)
PUSH PRESS, FROM RACK	55	M	120	231	Schmidt, Scott	10/11/2009	2009 Art's Birthday Bash
PUSH PRESS, FROM RACK	55	M	125+	125	Foster, Lance	9/30/2021	POSTAL (2021) - Q3
PUSH PRESS, FROM RACK	60	M	80	120	DeForest, Dave	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	60	M	85	165	Habecker, Denny	10/2/2004	2004 IAWA - Burton, Eng
PUSH PRESS, FROM RACK	60	M	90	140	DeForest, Dave	9/30/2021	POSTAL (2021) - Q3
PUSH PRESS, FROM RACK	60	M	100	120	Carter, John	9/30/2021	POSTAL (2021) - Q3
PUSH PRESS, FROM RACK	60	M	120	185	Cook, Greg	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	65	M	85	165	Bryan, Barry	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	65	M	90	155	Habecker, Denny	10/16/2011	2011 Arts Birthday Bash
PUSH PRESS, FROM RACK	65	M	115	170	Glasgow, Dave	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	70	M	70	94	Pensyl, Barry	8/15/2021	PRESIDENTIAL CUP (2021)
PUSH PRESS, FROM RACK	70	M	75	93	Mitchell, Dennis	10/2/2004	2004 IAWA - Burton, Eng
PUSH PRESS, FROM RACK	70	M	85	160	Habecker, Denny	10/12/2013	2013 Arts Birthday Bash
PUSH PRESS, FROM RACK	70	M	90	150	Habecker, Denny	8/29/2015	2015 Club Championships
PUSH PRESS, FROM RACK	70	M	110	135	Murdock, Mike	10/29/2010	2010 JWC Record Breakers
PUSH PRESS, FROM RACK	70	M	115	140	Glasgow, Dave	5/31/2025	Ledaig Record Day - Topeka, KS
PUSH PRESS, FROM RACK	75	M	70	55	Mitchell, Dennis	11/19/2011	2011 Worlds - Perth
PUSH PRESS, FROM RACK	75	M	85	110	Habecker, Denny	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	75	M	90	100	Habecker, Denny	5/4/2019	RD - Spring Dino Gym
PUSH PRESS, FROM RACK	75	M	105	70	Myers, LaVerne	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	75	M	110	75	Ross, Dean	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	75	M	115	85	Ross, Dean	7/15/2018	2018 Club Championships
PUSH PRESS, FROM RACK	80	M	85	72	Habecker, Denny	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	80	M	90	77	Montini, Art	11/19/2011	2011 Worlds - Perth
PUSH PRESS, FROM RACK	85	M	95	22	Clark, Bill	9/30/2021	POSTAL (2021) - Q3
PUSH PRESS, FROM RACK	ALL	M	30	35	Lucht, Nikolai	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	ALL	M	35	25	Todd, Leroy	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	ALL	M	60	88	Myers, Sam	10/28/2006	Macomb Record Setter
PUSH PRESS, FROM RACK	ALL	M	65	143	Clauson, Riley	10/28/2006	Macomb Record Setter
PUSH PRESS, FROM RACK	ALL	M	70	193	Monk, John	10/2/2004	2004 IAWA - Burton, Eng
PUSH PRESS, FROM RACK	ALL	M	75	93	Mitchell, Dennis	10/2/2004	2004 IAWA - Burton, Eng
PUSH PRESS, FROM RACK	ALL	M	80	265	Smith, Abe	9/30/2021	POSTAL (2021) - Q3
PUSH PRESS, FROM RACK	ALL	M	85	250	Smith, Abe	2/22/2020	2020 Deadlift Dozen Plus One
PUSH PRESS, FROM RACK	ALL	M	90	220	Bryan, Barry	10/12/2013	2013 Arts Birthday Bash
PUSH PRESS, FROM RACK	ALL	M	95	230	Strangeway, John	12/31/2019	POSTAL (2019) - Q4
PUSH PRESS, FROM RACK	ALL	M	100	135	Fobes, Jarrod	6/30/2024	POSTAL (2024) - Q2
PUSH PRESS, FROM RACK	ALL	M	105	225	Lucht, Mike	2/22/2020	2020 Deadlift Dozen Plus One
PUSH PRESS, FROM RACK	ALL	M	110	287	Spayd, Bill	10/2/2004	2004 IAWA - Burton, Eng
PUSH PRESS, FROM RACK	ALL	M	115	286	Schmidt, Scott	3/3/2001	2001 Buckeye Record Day

USAWA Record List

PUSH PRESS, FROM RACK	ALL	M	120	300	Myers, Al	8/31/2010	Straight Weight Postal
PUSH PRESS, FROM RACK	ALL	M	125	340	Myers, Al	2/20/2005	RD - Dino Gym (2005)
PUSH PRESS, FROM RACK	ALL	M	125+	386	Beath, Ernie	12/6/2009	2009 John's BD Record Day
RECTANGULAR FIX	13	F	65	45	Jaeschke, Sara	10/19/2002	2002 SuperGrip
RECTANGULAR FIX	16	F	60	35	Todd, Lillian	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	40	F	65	50	Brooner-Lakowsky, Tressa	9/16/2001	2001 Supergrip Challenge
RECTANGULAR FIX	40	F	85	60	Todd, Stacy	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	40	F	125+	70	McConnaughey, Mary	9/16/2001	2001 Supergrip Challenge
RECTANGULAR FIX	50	F	50	50	Jackson, RJ	12/1/2012	2012 Gracie Club RD
RECTANGULAR FIX	50	F	60	35	Brooner-Lakowsky, Tressa	1/16/2016	Dino Gym Challenge (2016)
RECTANGULAR FIX	55	F	60	40	VanWagner, Kim	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	55	F	90	35	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	55	F	105	55	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	55	F	125+	55	McConnaughey, Mary	1/16/2016	Dino Gym Challenge (2016)
RECTANGULAR FIX	60	F	60	28	Homan, Lynne	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	65	F	75	40	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	ALL	F	50	50	Jackson, RJ	12/1/2012	2012 Gracie Club RD
RECTANGULAR FIX	ALL	F	60	40	VanWagner, Kim	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	ALL	F	65	50	Brooner-Lakowsky, Tressa	9/16/2001	2001 Supergrip Challenge
RECTANGULAR FIX	ALL	F	70	60	Burchett, Emily	1/16/2016	Dino Gym Challenge (2016)
RECTANGULAR FIX	ALL	F	75	40	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	ALL	F	85	60	Todd, Stacy	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	ALL	F	90	35	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	ALL	F	105	55	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	ALL	F	125+	70	McConnaughey, Mary	9/16/2001	2001 Supergrip Challenge
RECTANGULAR FIX	13	M	35	22	Wenzel, Logan	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	13	M	55	27	Todd, Everett	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	14	M	70	80	Heit, Calvin	1/27/2018	Dino Gym Challenge (2018)
RECTANGULAR FIX	14	M	95	57	Calcote, Kyle	2/9/2006	RD - Clark's Gym '06
RECTANGULAR FIX	16	M	60	45	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
RECTANGULAR FIX	16	M	80	80	Jaeschke, Chris	10/19/2002	2002 SuperGrip
RECTANGULAR FIX	16	M	85	65	Hunter, Joe	9/16/2001	2001 Supergrip Challenge
RECTANGULAR FIX	18	M	70	55	Market, Tim	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	18	M	85	80	Kucera, Matt	9/16/2001	2001 Supergrip Challenge
RECTANGULAR FIX	40	M	70	82	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	40	M	85	99	Jones, Dan	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	40	M	115	100	Myers, Al	2/14/2010	RD - Dino Gym (2010)
RECTANGULAR FIX	40	M	120	120	Fulton, Kevin	9/16/2001	2001 Supergrip Challenge
RECTANGULAR FIX	40	M	125	65	Law, Jeremy	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	40	M	125+	132	Barnhart, Darren	2/14/2010	RD - Dino Gym (2010)
RECTANGULAR FIX	45	M	85	99	Hirsh, Bob	3/3/2001	2001 Buckeye Record Day
RECTANGULAR FIX	45	M	95	75	Fobes, Jarrod	4/14/2024	Record Day- Clark's Gym 1

USAWA Record List

RECTANGULAR FIX	45	M	105	85	Myers, Al	1/16/2016	Dino Gym Challenge (2016)
RECTANGULAR FIX	45	M	110	75	Wenzel, Jeff	6/29/2024	NATIONALS (2024) - Columbia, MO
RECTANGULAR FIX	45	M	115	120	Ullom, Chad	1/27/2018	Dino Gym Challenge (2018)
RECTANGULAR FIX	45	M	125	105	Burtzloff, Bob	10/19/2002	2002 SuperGrip
RECTANGULAR FIX	45	M	125+	100	Burtzloff, Bob	9/16/2001	2001 Supergrip Challenge
RECTANGULAR FIX	50	M	95	70	Gupta, Sanjiv	4/14/2024	Record Day- Clark's Gym 1
RECTANGULAR FIX	50	M	100	105	Ullom, Chad	5/31/2025	Ledaig Record Day - Topeka, KS
RECTANGULAR FIX	50	M	105	100	Wenzel, Jeff	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
RECTANGULAR FIX	50	M	110	100	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	50	M	125+	100	Todd, Eric	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	55	M	75	78	Marchand, Wade	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	55	M	90	88	Bryan, Barry	6/30/2015	POSTAL (2015) - Q2
RECTANGULAR FIX	55	M	100	120	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	55	M	105	95	Raymond, Mark	7/9/2022	RD - Franks Barbell
RECTANGULAR FIX	55	M	110	65	Lupo, Tony	2/25/2024	RD - Clarks Gym
RECTANGULAR FIX	55	M	115	95	Raymond, Mark	7/21/2018	2018 NE Record Day
RECTANGULAR FIX	55	M	125+	93	Ryan, Tom	12/11/2004	RD - Clark's Gym '04
RECTANGULAR FIX	60	M	75	85	Santangelo, Stephen	10/16/2016	2016 Art's Birthday Bash
RECTANGULAR FIX	60	M	80	65	DeForest, Dave	10/12/2024	Clarks Gym RD #5 (2024)
RECTANGULAR FIX	60	M	85	62	DeForest, Dave	12/7/2024	Old Time Strongman World Championship (2024) RD
RECTANGULAR FIX	60	M	90	65	DeForest, Dave	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
RECTANGULAR FIX	60	M	95	71	Locondro, Mike	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	60	M	100	70	Frappier, Chris	6/21/2025	Women's Only Meet, Columbia, MO
RECTANGULAR FIX	60	M	105	85	Richey, Randy	3/9/2024	RD - Buffville 2
RECTANGULAR FIX	60	M	110	85	Richey, Randy	3/17/2024	Colorado Spring Fling
RECTANGULAR FIX	60	M	120	105	Glasgow, Dave	1/16/2016	Dino Gym Challenge (2016)
RECTANGULAR FIX	60	M	125+	95	Ryan, Tom	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
RECTANGULAR FIX	65	M	75	65	McKean, John	10/18/2015	2015 Art's Birthday Bash
RECTANGULAR FIX	65	M	85	71	Bryan, Barry	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	65	M	90	60	Carter, John	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	65	M	115	99	Larson, Nils	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	65	M	125	95	Ciavattone, Frank	7/31/2022	RD - Clark vs Frank
RECTANGULAR FIX	65	M	125+	99	Ciavattone, Frank	12/31/2024	2024 New Year's Eve RD - Walpole, MA
RECTANGULAR FIX	70	M	80	85	Emslie, David	3/28/2015	2015 Clark's Gym RD
RECTANGULAR FIX	70	M	85	72	Habecker, Denny	6/30/2015	POSTAL (2015) - Q2
RECTANGULAR FIX	70	M	90	70	Habecker, Denny	1/16/2016	Dino Gym Challenge (2016)
RECTANGULAR FIX	70	M	105	75	Murdock, Mike	7/31/2011	2011 Ledaig Record Breaker
RECTANGULAR FIX	70	M	110	76	Myers, LaVerne	1/27/2018	Dino Gym Challenge (2018)
RECTANGULAR FIX	70	M	115	95	Glasgow, Dave	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	70	M	120	70	Ross, Dean	1/16/2016	Dino Gym Challenge (2016)
RECTANGULAR FIX	70	M	125	89	Ciavattone, Frank	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	75	M	60	40	Pensyl, Barry	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA

USAWA Record List

RECTANGULAR FIX	75	M	90	65	Somfay, Joe	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	75	M	110	70	Ross, Dean	1/27/2018	Dino Gym Challenge (2018)
RECTANGULAR FIX	80	M	85	66	Habecker, Denny	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	85	M	80	35	Montini, Art	1/16/2016	Dino Gym Challenge (2016)
RECTANGULAR FIX	ALL	M	35	22	Wenzel, Logan	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	ALL	M	55	27	Todd, Everett	6/30/2025	POSTAL (2025) - Q2
RECTANGULAR FIX	ALL	M	60	45	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
RECTANGULAR FIX	ALL	M	65	75	Jackson, Daryl	6/30/2015	POSTAL (2015) - Q2
RECTANGULAR FIX	ALL	M	70	82	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	ALL	M	75	85	Santangelo, Stephen	10/16/2016	2016 Art's Birthday Bash
RECTANGULAR FIX	ALL	M	80	125	Wagman, Dan	8/10/2024	2024 Two-Fisted Challenge RD
RECTANGULAR FIX	ALL	M	85	99	Hirsh, Bob	3/3/2001	2001 Buckeye Record Day
RECTANGULAR FIX	ALL	M	90	90	Wagman, Dan	10/19/2002	2002 SuperGrip
RECTANGULAR FIX	ALL	M	95	75	Fobes, Jarrod	4/14/2024	Record Day- Clark's Gym 1
RECTANGULAR FIX	ALL	M	100	120	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
RECTANGULAR FIX	ALL	M	105	100	Wenzel, Jeff	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
RECTANGULAR FIX	ALL	M	110	100	Ullom, Chad	2/14/2010	RD - Dino Gym (2010)
RECTANGULAR FIX	ALL	M	115	120	Ullom, Chad	1/27/2018	Dino Gym Challenge (2018)
RECTANGULAR FIX	ALL	M	120	130	Graham, Matt	10/19/2002	2002 SuperGrip
RECTANGULAR FIX	ALL	M	125	125	Graham, Matt	9/16/2001	2001 Supergrip Challenge
RECTANGULAR FIX	ALL	M	125+	132	Barnhart, Darren	2/14/2010	RD - Dino Gym (2010)
RECTANGULAR FIX, FULTON BAR	50	F	50	38	Jackson, RJ	8/18/2013	RD - Dino Days (2013)
RECTANGULAR FIX, FULTON BAR	55	F	90	30	Lupo, Allison	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
RECTANGULAR FIX, FULTON BAR	ALL	F	50	38	Jackson, RJ	8/18/2013	RD - Dino Days (2013)
RECTANGULAR FIX, FULTON BAR	ALL	F	90	30	Lupo, Allison	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
RECTANGULAR FIX, FULTON BAR	13	M	105	55	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	14	M	75	60	Kucera, Matt	5/23/1999	99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	16	M	70	50	Howard, Colby	5/23/1999	99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	16	M	105	65	Kucera, Elijah	5/23/1999	99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	40	M	95	65	Fulton, Doug	5/23/1999	99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	40	M	125+	95	Barnhart, Darren	7/18/2010	Ledaig Record Day
RECTANGULAR FIX, FULTON BAR	45	M	95	66	Fobes, Jarrod	4/14/2024	Record Day- Clark's Gym 1
RECTANGULAR FIX, FULTON BAR	45	M	110	70	Garcia, Joe	5/23/1999	99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	45	M	120	92	Todd, Eric	11/30/2020	POSTAL (2020) - RECORD DAY
RECTANGULAR FIX, FULTON BAR	50	M	95	55	Gupta, Sanjiv	4/14/2024	Record Day- Clark's Gym 1
RECTANGULAR FIX, FULTON BAR	50	M	100	45	Hadley, Patrick	1/27/2024	Omega Force Strength Extravaganza
RECTANGULAR FIX, FULTON BAR	50	M	105	70	Myers, Al	1/14/2017	Dino Gym Challenge (2017)
RECTANGULAR FIX, FULTON BAR	50	M	110	80	Raymond, Mark	5/27/2017	2017 East Walpole, MA RD
RECTANGULAR FIX, FULTON BAR	50	M	115	45	Poore, Clint	1/27/2024	Omega Force Strength Extravaganza
RECTANGULAR FIX, FULTON BAR	55	M	115	80	Glasgow, Dave	7/18/2010	Ledaig Record Day
RECTANGULAR FIX, FULTON BAR	55	M	125+	83	Ryan, Tom	12/11/2004	RD - Clark's Gym '04
RECTANGULAR FIX, FULTON BAR	60	M	100	70	Garcia, Joe	10/10/2016	2016 Clark's Double Decathlon

USAWA Record List

RECTANGULAR FIX, FULTON BAR	60	M	105	75	Richey, Randy	3/9/2024	RD - Buffville 2
RECTANGULAR FIX, FULTON BAR	60	M	110	75	Richey, Randy	3/17/2024	Colorado Spring Fling
RECTANGULAR FIX, FULTON BAR	65	M	75	40	McKean, John	10/18/2015	2015 Art's Birthday Bash
RECTANGULAR FIX, FULTON BAR	65	M	85	55	Dickerson, Ricky	1/27/2024	Omega Force Strength Extravaganza
RECTANGULAR FIX, FULTON BAR	65	M	110	43	Licini, Jerome	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
RECTANGULAR FIX, FULTON BAR	70	M	110	70	Myers, LaVerne	1/14/2017	Dino Gym Challenge (2017)
RECTANGULAR FIX, FULTON BAR	70	M	120	50	Ross, Dean	12/20/2015	2015 John's RD
RECTANGULAR FIX, FULTON BAR	80	M	105	28	Clark, Bill	10/10/2016	2016 Clark's Double Decathlon
RECTANGULAR FIX, FULTON BAR	ALL	M	70	50	Howard, Colby	5/23/1999	99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	ALL	M	75	60	Kucera, Matt	5/23/1999	99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	ALL	M	80	90	Wagman, Dan	8/3/2024	Clarks Gym RD #4 (2024)
RECTANGULAR FIX, FULTON BAR	ALL	M	85	55	Dickerson, Ricky	1/27/2024	Omega Force Strength Extravaganza
RECTANGULAR FIX, FULTON BAR	ALL	M	95	66	Fobes, Jarrod	4/14/2024	Record Day- Clark's Gym 1
RECTANGULAR FIX, FULTON BAR	ALL	M	100	81	Edwards, Ben	12/13/2003	RD - Clark's Gym '03
RECTANGULAR FIX, FULTON BAR	ALL	M	105	75	Richey, Randy	3/9/2024	RD - Buffville 2
RECTANGULAR FIX, FULTON BAR	ALL	M	110	95	Ullom, Chad	7/18/2010	Ledaig Record Day
RECTANGULAR FIX, FULTON BAR	ALL	M	115	80	Glasgow, Dave	7/18/2010	Ledaig Record Day
RECTANGULAR FIX, FULTON BAR	ALL	M	120	92	Todd, Eric	11/30/2020	POSTAL (2020) - RECORD DAY
RECTANGULAR FIX, FULTON BAR	ALL	M	125+	95	Tully, Scott	7/18/2010	Ledaig Record Day
REEVES DEADLIFT	13	F	75	65	Griffis, Kirstie	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
REEVES DEADLIFT	14	F	70	65	McConnaughey, Amber	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
REEVES DEADLIFT	14	F	75	125	Fritz, Misty	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
REEVES DEADLIFT	14	F	80	135	Fritz, Misty	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
REEVES DEADLIFT	16	F	75	155	Paul, Andrea	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
REEVES DEADLIFT	16	F	80	165	Collins, Natalie	2/25/2023	New England Grip Classic (2023)
REEVES DEADLIFT	40	F	75	165	Hopps, Jessica	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
REEVES DEADLIFT	40	F	125+	215	McConnaughey, Mary	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
REEVES DEADLIFT	45	F	125+	205	McConnaughey, Mary	12/10/2005	GOERNER DEADLIFT DOZEN PLUS ONE (2005)
REEVES DEADLIFT	50	F	50	75	Jackson, RJ	8/18/2013	RD - Dino Days (2013)
REEVES DEADLIFT	50	F	60	75	Brooner-Lakowsky, Tressa	2/13/2016	2016 Grip Championships
REEVES DEADLIFT	50	F	90	165	Collins, Cara	2/25/2023	New England Grip Classic (2023)
REEVES DEADLIFT	55	F	60	100	VanWagner, Kim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
REEVES DEADLIFT	55	F	75	180	Ollenuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One
REEVES DEADLIFT	55	F	90	65	Lupo, Allison	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
REEVES DEADLIFT	55	F	125+	175	McConnaughey, Mary	2/13/2016	2016 Grip Championships
REEVES DEADLIFT	60	F	105	185	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
REEVES DEADLIFT	70	F	65	70	Santangelo, Lori	5/5/2024	RD - Buffville 4
REEVES DEADLIFT	ALL	F	50	75	Jackson, RJ	8/8/2013	RD - Dino Days (2013)
REEVES DEADLIFT	ALL	F	60	100	VanWagner, Kim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
REEVES DEADLIFT	ALL	F	65	70	Santangelo, Lori	5/5/2024	RD - Buffville 4
REEVES DEADLIFT	ALL	F	70	170	Burchett, Emily	2/13/2016	2016 Grip Championships
REEVES DEADLIFT	ALL	F	75	180	Ollenuking, Amorkor	2/22/2020	2020 Deadlift Dozen Plus One

REEVES DEADLIFT	ALL	F	80	165	Collins, Natalie	2/25/2023	New England Grip Classic (2023)
REEVES DEADLIFT	ALL	F	90	165	Collins, Cara	2/25/2023	New England Grip Classic (2023)
REEVES DEADLIFT	ALL	F	105	185	Gore, Lisa	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
REEVES DEADLIFT	ALL	F	125+	215	McConaughy, Mary	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
REEVES DEADLIFT	14	M	70	180	Heit, Calvin	1/27/2018	Dino Gym Challenge (2018)
REEVES DEADLIFT	14	M	80	155	Kressly, Logan	2/9/2014	RD - Dino Gym '14
REEVES DEADLIFT	14	M	95	155	Calcote, Kyle	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
REEVES DEADLIFT	16	M	55	135	Hafenbrock, Mike	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
REEVES DEADLIFT	16	M	60	145	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
REEVES DEADLIFT	16	M	65	125	O'Neil-Butters, Maverick	2/25/2023	New England Grip Classic (2023)
REEVES DEADLIFT	16	M	75	225	Marchand, Wade	2/25/2023	New England Grip Classic (2023)
REEVES DEADLIFT	16	M	90	275	Holcomb, Seth	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
REEVES DEADLIFT	16	M	105	235	Reel, Ian	12/12/2004	GOERNER DEADLIFT DOZEN PLUS ONE (2004)
REEVES DEADLIFT	16	M	125+	281	Hess, Kohl	11/6/2010	IAWA GOLD CUP (2010) - Walpole, MA
REEVES DEADLIFT	18	M	70	120	Conley, Elijah	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
REEVES DEADLIFT	40	M	70	185	Ortega, Toby	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
REEVES DEADLIFT	40	M	80	325	Jones, Dan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
REEVES DEADLIFT	40	M	85	355	Stearns, Ashley	3/9/2024	RD - Buffville 2
REEVES DEADLIFT	40	M	90	355	Stearns, Ashley	3/17/2024	Colorado Spring Fling
REEVES DEADLIFT	40	M	95	275	Hart, James	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
REEVES DEADLIFT	40	M	100	255	Edwards, Ben	2/13/2016	2016 Grip Championships
REEVES DEADLIFT	40	M	110	355	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
REEVES DEADLIFT	40	M	115	300	Myers, Al	12/6/2008	GOERNER DEADLIFT DOZEN PLUS ONE (2008)
REEVES DEADLIFT	40	M	120	335	Myers, Al	12/5/2009	GOERNER DEADLIFT DOZEN PLUS ONE (2009)
REEVES DEADLIFT	40	M	125	335	Fulton, Kevin	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
REEVES DEADLIFT	40	M	125+	405	Djuren, Travis	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
REEVES DEADLIFT	45	M	70	205	Ortega, Toby	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
REEVES DEADLIFT	45	M	100	281	Fobes, Jarrod	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
REEVES DEADLIFT	45	M	105	330	Myers, Al	2/13/2016	2016 Grip Championships
REEVES DEADLIFT	45	M	110	260	Wenzel, Jeff	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
REEVES DEADLIFT	45	M	115	300	Ullom, Chad	1/27/2018	Dino Gym Challenge (2018)
REEVES DEADLIFT	45	M	125+	300	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
REEVES DEADLIFT	50	M	80	195	Marchand, Wade	2/25/2023	New England Grip Classic (2023)
REEVES DEADLIFT	50	M	100	280	Gupta, Sanjiv	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
REEVES DEADLIFT	50	M	105	287	Wenzel, Jeff	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
REEVES DEADLIFT	50	M	110	405	Poore, Clint	3/9/2024	RD - Buffville 2
REEVES DEADLIFT	50	M	115	405	Poore, Clint	3/17/2024	Colorado Spring Fling
REEVES DEADLIFT	50	M	120	375	Poore, Clint	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
REEVES DEADLIFT	50	M	125+	300	Douglas, John	1/27/2018	Dino Gym Challenge (2018)
REEVES DEADLIFT	55	M	75	266	Marchand, Wade	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
REEVES DEADLIFT	55	M	90	355	Rosenstern, Phil	3/10/2012	2012 Club Challenge
REEVES DEADLIFT	55	M	95	225	Garcia, Joe	11/26/2011	GOERNER DEADLIFT DOZEN PLUS ONE (2011)

REEVES DEADLIFT	55	M	110	200	Lupo, Tony	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
REEVES DEADLIFT	55	M	115	230	Raymond, Mark	7/27/2019	2019 Eastern Mass RD
REEVES DEADLIFT	60	M	80	235	Santangelo, Stephen	10/12/2014	2014 Art's Birthday Bash
REEVES DEADLIFT	60	M	85	185	DeForest, Dave	10/30/2021	GOERNER DEADLIFT DOZEN PLUS ONE (2021)
REEVES DEADLIFT	60	M	90	200	DeForest, Dave	2/22/2020	2020 Deadlift Dozen Plus One
REEVES DEADLIFT	60	M	95	241	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
REEVES DEADLIFT	60	M	100	275	Carter, John	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
REEVES DEADLIFT	60	M	105	225	Raymond, Mark	2/25/2023	New England Grip Classic (2023)
REEVES DEADLIFT	60	M	115	245	Larson, Nils	2/25/2023	New England Grip Classic (2023)
REEVES DEADLIFT	60	M	120	290	Glasgow, Dave	2/13/2016	2016 Grip Championships
REEVES DEADLIFT	60	M	125	230	McCoy, Joe	12/14/2003	GOERNER DEADLIFT DOZEN PLUS ONE (2003)
REEVES DEADLIFT	60	M	125+	230	Ryan, Tom	2/10/2006	GOERNER DEADLIFT DOZEN PLUS ONE (2006)
REEVES DEADLIFT	65	M	85	230	Carter, John	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
REEVES DEADLIFT	65	M	90	205	Carter, John	8/16/2025	Walpole Record Day, East Walpole, MA
REEVES DEADLIFT	65	M	100	225	Bletscher, Rudy	12/15/2002	GOERNER DEADLIFT DOZEN PLUS ONE (2002)
REEVES DEADLIFT	65	M	110	301	Larson, Nils	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
REEVES DEADLIFT	65	M	115	185	Myers, LaVerne	2/10/2013	RD - Dino Gym (2013)
REEVES DEADLIFT	65	M	125	300	Ciavattone, Frank	2/25/2023	New England Grip Classic (2023)
REEVES DEADLIFT	70	M	80	226	Emslie, David	3/28/2015	2015 Clark's Gym RD
REEVES DEADLIFT	70	M	90	340	Traub, Larry	5/31/2025	Ledaig Record Day - Topeka, KS
REEVES DEADLIFT	70	M	100	200	Bletscher, Rudy	12/6/2008	GOERNER DEADLIFT DOZEN PLUS ONE (2008)
REEVES DEADLIFT	70	M	110	255	Myers, LaVerne	2/13/2016	2016 Grip Championships
REEVES DEADLIFT	70	M	115	205	Ross, Dean	5/2/2015	HEAVY LIFT CHAMPIONSHIP (2015) - Turney, MO
REEVES DEADLIFT	70	M	120	225	Ross, Dean	2/13/2016	2016 Grip Championships
REEVES DEADLIFT	70	M	125	250	Ciavattone, Frank	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
REEVES DEADLIFT	75	M	100	210	Myers, LaVerne	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
REEVES DEADLIFT	75	M	110	200	Ross, Dean	1/27/2018	Dino Gym Challenge (2018)
REEVES DEADLIFT	80	M	105	165	Clark, Bill	10/10/2016	2016 Clarks Double Decathlon
REEVES DEADLIFT	90	M	90	65	Clark, Bill	11/9/2024	GOERNER DEADLIFT DOZEN PLUS ONE (2024)
REEVES DEADLIFT	90	M	95	65	Clark, Bill	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
REEVES DEADLIFT	ALL	M	60	145	Wenzel, Spencer	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
REEVES DEADLIFT	ALL	M	65	125	O'Neil-Butters, Maverick	2/25/2023	New England Grip Classic (2023)
REEVES DEADLIFT	ALL	M	70	285	Frieders, Nicholas	10/29/2022	GOERNER DEADLIFT DOZEN PLUS ONE (2022)
REEVES DEADLIFT	ALL	M	75	275	Frieders, Nicholas	5/22/2021	2021 Clark's Record Day
REEVES DEADLIFT	ALL	M	80	325	Jones, Dan	10/25/2025	GOERNER DEADLIFT DOZEN PLUS ONE (2025)
REEVES DEADLIFT	ALL	M	85	355	Stearns, Ashley	3/9/2024	RD - Buffville 2
REEVES DEADLIFT	ALL	M	90	355	Rosenstern, Phil	3/10/2012	2012 Club Challenge
REEVES DEADLIFT	ALL	M	95	275	Hart, James	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
REEVES DEADLIFT	ALL	M	100	281	Fobes, Jarrod	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
REEVES DEADLIFT	ALL	M	105	330	Myers, Al	2/13/2016	2016 Grip Championships
REEVES DEADLIFT	ALL	M	110	405	Poore, Clint	3/9/2024	RD - Buffville 2
REEVES DEADLIFT	ALL	M	115	405	Poore, Clint	3/17/2024	Colorado Spring Fling

USAWA Record List

REEVES DEADLIFT	ALL	M	120	375	Poore, Clint	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
REEVES DEADLIFT	ALL	M	125	335	Fulton, Kevin	12/9/2001	GOERNER DEADLIFT DOZEN PLUS ONE (2001)
REEVES DEADLIFT	ALL	M	125+	405	Djuren, Travis	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
REFLEX CLEAN & JERK	40	F	70	135	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
REFLEX CLEAN & JERK	ALL	F	70	135	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
REFLEX CLEAN & JERK	16	M	105	154	Kelsey, John	3/3/2001	2001 Buckeye Record Day
REFLEX CLEAN & JERK	18	M	75	198	Paul, Trenton	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & JERK	40	M	80	187	Monk, John	10/14/2007	2007 Art's Birthday Bash
REFLEX CLEAN & JERK	40	M	90	180	Piper, Tim	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & JERK	40	M	115	265	Myers, Al	10/5/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
REFLEX CLEAN & JERK	50	M	80	154	McKean, John	10/15/2000	2000 Art's Birthday Bash
REFLEX CLEAN & JERK	50	M	100	135	Gupta, Sanjiv	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
REFLEX CLEAN & JERK	50	M	105	170	Wenzel, Jeff	8/16/2025	Walpole Record Day, East Walpole, MA
REFLEX CLEAN & JERK	50	M	115	110	Poore, Clint	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
REFLEX CLEAN & JERK	55	M	110	130	Lupo, Tony	8/16/2025	Walpole Record Day, East Walpole, MA
REFLEX CLEAN & JERK	60	M	80	110	DeForest, Dave	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
REFLEX CLEAN & JERK	65	M	85	121	Habecker, Denny	10/5/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
REFLEX CLEAN & JERK	75	M	75	50	Mitchell, Dennis	10/5/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
REFLEX CLEAN & JERK	80	M	80	77	Montini, Art	10/5/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
REFLEX CLEAN & JERK	ALL	M	70	140	Wenzel, Riley	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
REFLEX CLEAN & JERK	ALL	M	75	198	Paul, Trenton	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & JERK	ALL	M	80	187	Monk, John	10/14/2007	2007 Art's Birthday Bash
REFLEX CLEAN & JERK	ALL	M	85	140	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
REFLEX CLEAN & JERK	ALL	M	90	180	Piper, Tim	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & JERK	ALL	M	100	254	Ullom, Chad	10/5/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
REFLEX CLEAN & JERK	ALL	M	105	170	Wenzel, Jeff	8/16/2025	Walpole Record Day, East Walpole, MA
REFLEX CLEAN & JERK	ALL	M	110	255	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
REFLEX CLEAN & JERK	ALL	M	115	265	Myers, Al	10/5/2008	IAWA WORLD CHAMPIONSHIPS (2008) - England, UK
REFLEX CLEAN & PUSH PRESS	40	F	70	115	Skwarecki, Beth	8/25/2024	TRUE NORTH, TRUE STRENGTH OPEN, Fergus, Ont, CA
REFLEX CLEAN & PUSH PRESS	ALL	F	70	115	Skwarecki, Beth	8/25/2024	TRUE NORTH, TRUE STRENGTH OPEN, Fergus, Ont, CA
REFLEX CLEAN & PUSH PRESS	14	M	125	138	Hess, Kohl	3/13/2010	2010 Club Challenge
REFLEX CLEAN & PUSH PRESS	16	M	105	132	Kelsey, John	3/3/2001	2001 Buckeye Record Day
REFLEX CLEAN & PUSH PRESS	18	M	75	180	Paul, Trenton	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & PUSH PRESS	18	M	120	231	Stahnke, Dennis	3/3/2001	2001 Buckeye Record Day
REFLEX CLEAN & PUSH PRESS	40	M	80	176	Monk, John	10/14/2007	2007 Art's Birthday Bash
REFLEX CLEAN & PUSH PRESS	40	M	85	185	Smith, Abe	6/24/2023	NATIONALS (2023) - Columbia, MO
REFLEX CLEAN & PUSH PRESS	40	M	90	176	Piper, Tim	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & PUSH PRESS	40	M	95	185	Stearns, Ashley	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
REFLEX CLEAN & PUSH PRESS	40	M	115	250	Myers, Al	3/13/2010	2010 Club Challenge
REFLEX CLEAN & PUSH PRESS	40	M	125	161	Todd, Chris	12/10/2022	RD - Lift for Leroy '22
REFLEX CLEAN & PUSH PRESS	45	M	95	155	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
REFLEX CLEAN & PUSH PRESS	50	M	80	143	McKean, John	10/15/2000	2000 Art's Birthday Bash

USAWA Record List

REFLEX CLEAN & PUSH PRESS	50	M	100	145	Gupta, Sanjiv	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
REFLEX CLEAN & PUSH PRESS	50	M	115	135	Poore, Clint	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
REFLEX CLEAN & PUSH PRESS	55	M	110	130	Lupo, Tony	8/16/2025	Walpole Record Day, East Walpole, MA
REFLEX CLEAN & PUSH PRESS	55	M	120	198	Schmidt, Scott	3/13/2010	2010 Club Challenge
REFLEX CLEAN & PUSH PRESS	60	M	75	95	McKean, John	10/17/2010	2010 Art's Birthday Bash
REFLEX CLEAN & PUSH PRESS	60	M	80	108	McKean, John	10/14/2007	2007 Art's Birthday Bash
REFLEX CLEAN & PUSH PRESS	70	M	105	105	Murdock, Mike	7/31/2011	2011 Ledaig Record Breaker
REFLEX CLEAN & PUSH PRESS	80	M	80	75	Montini, Art	3/13/2010	2010 Club Challenge
REFLEX CLEAN & PUSH PRESS	ALL	M	75	180	Paul, Trenton	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & PUSH PRESS	ALL	M	80	176	Monk, John	10/14/2007	2007 Art's Birthday Bash
REFLEX CLEAN & PUSH PRESS	ALL	M	85	185	Smith, Abe	6/24/2023	NATIONALS (2023) - Columbia, MO
REFLEX CLEAN & PUSH PRESS	ALL	M	90	176	Piper, Tim	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & PUSH PRESS	ALL	M	95	185	Stearns, Ashley	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
REFLEX CLEAN & PUSH PRESS	ALL	M	100	145	Gupta, Sanjiv	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
REFLEX CLEAN & PUSH PRESS	ALL	M	105	205	Jobe, Jesse	5/20/2012	2012 Jobs Steel Jungle RD
REFLEX CLEAN & PUSH PRESS	ALL	M	110	265	Ullom, Chad	3/13/2010	2010 Club Challenge
REFLEX CLEAN & PUSH PRESS	ALL	M	115	250	Myers, Al	3/13/2010	2010 Club Challenge
REFLEX CLEAN & PUSH PRESS	ALL	M	120	231	Stahnke, Dennis	3/3/2001	2001 Buckeye Record Day
REFLEX CLEAN & PUSH PRESS	ALL	M	125	161	Todd, Chris	12/10/2022	RD - Lift for Leroy '22
REFLEX CLEAN & PUSH PRESS	ALL	M	125+	251	Beath, Ernie	3/13/2010	2010 Club Challenge
REG PARK BENCH PRESS	55	F	90	56	Lupo, Allison	3/22/2025	Great American Bench Press Meet, Buffville, KY
REG PARK BENCH PRESS	55	F	100	90	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
REG PARK BENCH PRESS	65	F	75	44	Thompson, Janet	4/11/2026	2026 Bench Press Heptathlon V and Record Day
REG PARK BENCH PRESS	ALL	F	75	44	Thompson, Janet	4/11/2026	2026 Bench Press Heptathlon V and Record Day
REG PARK BENCH PRESS	ALL	F	90	56	Lupo, Allison	3/22/2025	Great American Bench Press Meet, Buffville, KY
REG PARK BENCH PRESS	ALL	F	100	90	Gore, Lisa	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
REG PARK BENCH PRESS	16	M	60	90	Wenzel, Spencer	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
REG PARK BENCH PRESS	45	M	100	130	Fobes, Jarrod	4/11/2026	2026 Bench Press Heptathlon V and Record Day
REG PARK BENCH PRESS	45	M	105	210	Wenzel, Jeff	4/22/2023	BENCH PRESS DECATHLON
REG PARK BENCH PRESS	45	M	115	210	Poore, Clint	1/15/2022	Dino Gym Challenge (2022)
REG PARK BENCH PRESS	50	M	100	156	Hadley, Patrick	5/12/2024	Record Day- Clark's Gym 2
REG PARK BENCH PRESS	50	M	105	270	Hose, Tony	4/22/2023	BENCH PRESS DECATHLON
REG PARK BENCH PRESS	50	M	110	270	Wenzel, Jeff	3/22/2025	Great American Bench Press Meet, Buffville, KY
REG PARK BENCH PRESS	55	M	100	270	Hose, Tony	3/22/2025	Great American Bench Press Meet, Buffville, KY
REG PARK BENCH PRESS	55	M	110	160	Lupo, Tony	4/22/2023	BENCH PRESS DECATHLON
REG PARK BENCH PRESS	55	M	125+	270	Beversdorf, Dave	4/22/2023	BENCH PRESS DECATHLON
REG PARK BENCH PRESS	60	M	85	130	DeForest, Dave	5/5/2022	2022 Bench Press Decathlon I and Record Day
REG PARK BENCH PRESS	60	M	90	130	DeForest, Dave	4/22/2023	BENCH PRESS DECATHLON
REG PARK BENCH PRESS	60	M	110	150	Lupo, Tony	4/11/2026	2026 Bench Press Heptathlon V and Record Day
REG PARK BENCH PRESS	65	M	85	120	DeForest, Dave	4/11/2026	2026 Bench Press Heptathlon V and Record Day
REG PARK BENCH PRESS	70	M	110	66	Myers, LaVerne	1/14/2017	Dino Gym Challenge (2017)
REG PARK BENCH PRESS	85	M	95	44	Clark, Bill	5/5/2022	2022 Bench Press Decathlon I and Record Day

USAWA Record List

REG PARK BENCH PRESS	90	M	95	40	Clark, Bill	4/22/2023	BENCH PRESS DECATHLON
REG PARK BENCH PRESS	ALL	M	60	90	Wenzel, Spencer	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
REG PARK BENCH PRESS	ALL	M	70	180	Wenzel, Riley	4/11/2026	2026 Bench Press Heptathlon V and Record Day
REG PARK BENCH PRESS	ALL	M	75	200	Sawyers, Wyatt	4/22/2023	BENCH PRESS DECATHLON
REG PARK BENCH PRESS	ALL	M	85	130	DeForest, Dave	5/5/2022	2022 Bench Press Decathlon I and Record Day
REG PARK BENCH PRESS	ALL	M	95	44	Clark, Bill	5/5/2022	2022 Bench Press Decathlon I and Record Day
REG PARK BENCH PRESS	ALL	M	100	270	Hose, Tony	3/22/2025	Great American Bench Press Meet, Buffville, KY
REG PARK BENCH PRESS	ALL	M	105	270	Hose, Tony	4/22/2023	BENCH PRESS DECATHLON
REG PARK BENCH PRESS	ALL	M	110	270	Wenzel, Jeff	3/22/2025	Great American Bench Press Meet, Buffville, KY
REG PARK BENCH PRESS	ALL	M	115	210	Poore, Clint	1/15/2022	Dino Gym Challenge (2022)
REG PARK BENCH PRESS	ALL	M	125+	270	Beversdorf, Dave	4/22/2023	BENCH PRESS DECATHLON
RIM LIFT	40	F	70	279	Skwarecki, Beth	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
RIM LIFT	40	F	90	180	Todd, Stacy	2/17/2024	2024 Grip Championships
RIM LIFT	55	F	60	157	VanWagner, Kim	8/3/2024	Clarks Gym RD #4 (2024)
RIM LIFT	55	F	90	160	Lupo, Allison	4/7/2024	Bench press Heptathlon
RIM LIFT	55	F	100	205	Gore, Lisa	10/5/2024	Buffville Road to the Century Club #6
RIM LIFT	60	F	105	210	Gore, Lisa	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
RIM LIFT	ALL	F	60	157	VanWagner, Kim	8/3/2024	Clarks Gym RD #4 (2024)
RIM LIFT	ALL	F	70	279	Skwarecki, Beth	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
RIM LIFT	ALL	F	90	180	Todd, Stacy	2/17/2024	2024 Grip Championships
RIM LIFT	ALL	F	95	155	Hopps, Jessica	7/31/2022	RD - Clark vs Frank
RIM LIFT	ALL	F	100	205	Gore, Lisa	10/5/2024	Buffville Road to the Century Club #6
RIM LIFT	ALL	F	105	210	Gore, Lisa	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
RIM LIFT	16	M	60	225	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
RIM LIFT	16	M	80	215	Marchand, Wade	7/31/2022	RD - Clark vs Frank
RIM LIFT	40	M	85	415	Smith, Abe	4/7/2024	Bench press Heptathlon
RIM LIFT	40	M	90	315	Stearns, Ashley	9/28/2024	2024 Apple Festival World Record Breakers, Albany KY
RIM LIFT	40	M	100	340	Strangeway, John	12/10/2022	RD - Lift for Leroy '22
RIM LIFT	40	M	125	354	Millsaps, Holland	6/3/2024	2024 Hackendinnie Cup, Albany, KY
RIM LIFT	40	M	125+	250	Todd, Chris	2/17/2024	2024 Grip Championships
RIM LIFT	45	M	105	365	Wenzel, Jeff	4/7/2024	Bench press Heptathlon
RIM LIFT	45	M	110	355	Wenzel, Jeff	4/14/2024	Record Day- Clark's Gym 1
RIM LIFT	45	M	120	300	Todd, Eric	12/10/2022	RD - Lift for Leroy '22
RIM LIFT	45	M	125+	416	Fagg, Allen	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
RIM LIFT	50	M	75	215	Marchand, Wade	7/31/2022	RD - Clark vs Frank
RIM LIFT	50	M	95	250	Gupta, Sanjiv	2/17/2024	2024 Grip Championships
RIM LIFT	50	M	100	205	Hadley, Patrick	12/9/2023	Old Time Strongman World Championship
RIM LIFT	50	M	105	370	Wenzel, Jeff	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
RIM LIFT	50	M	110	365	Poore, Clint	9/28/2024	2024 Apple Festival World Record Breakers, Albany KY
RIM LIFT	50	M	115	315	Poore, Clint	3/17/2024	Colorado Spring Fling
RIM LIFT	55	M	105	325	Myers, Al	2/11/2023	GRIP CHAMPIONSHIPS
RIM LIFT	55	M	110	300	Lupo, Tony	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)

USAWA Record List

RIM LIFT	55	M	115	285	Lupo, Tony	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
RIM LIFT	55	M	120	220	Foster, Lance	12/10/2022	RD - Lift for Leroy '22
RIM LIFT	55	M	125+	260	Payne, Jason	2/17/2024	2024 Grip Championships
RIM LIFT	60	M	80	250	DeForest, Dave	10/5/2024	Buffville Road to the Century Club #6
RIM LIFT	60	M	85	275	DeForest, Dave	2/25/2024	RD - Clarks Gym
RIM LIFT	60	M	90	250	DeForest, Dave	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
RIM LIFT	60	M	110	115	Richey, Randy	12/9/2023	Old Time Strongman World Championship
RIM LIFT	60	M	125+	245	Fulton, Kevin	2/11/2023	GRIP CHAMPIONSHIPS
RIM LIFT	65	M	85	255	DeForest, Dave	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
RIM LIFT	65	M	90	235	Smith, Randy	2/17/2024	2024 Grip Championships
RIM LIFT	70	M	75	225	Santangelo, Stephen	5/12/2024	Record Day- Clark's Gym 2
RIM LIFT	70	M	120	235	Glasgow, Dave	2/17/2024	2024 Grip Championships
RIM LIFT	75	M	100	275	Myers, LaVerne	2/11/2023	GRIP CHAMPIONSHIPS
RIM LIFT	80	M	85	195	Habecker, Denny	2/11/2023	GRIP CHAMPIONSHIPS
RIM LIFT	90	M	90	135	Clark, Bill	4/7/2024	Bench press Heptathlon
RIM LIFT	90	M	95	140	Clark, Bill	8/10/2024	2024 Two-Fisted Challenge RD
RIM LIFT	ALL	M	60	225	Wenzel, Spencer	4/7/2024	Bench press Heptathlon
RIM LIFT	ALL	M	75	225	Santangelo, Stephen	5/12/2024	Record Day- Clark's Gym 2
RIM LIFT	ALL	M	80	380	Wagman, Dan	8/3/2024	Clarks Gym RD #4 (2024)
RIM LIFT	ALL	M	85	415	Smith, Abe	4/7/2024	Bench press Heptathlon
RIM LIFT	ALL	M	90	315	Stearns, Ashley	9/28/2024	2024 Apple Festival World Record Breakers, Albany KY
RIM LIFT	ALL	M	95	250	Gupta, Sanjiv	2/17/2024	2024 Grip Championships
RIM LIFT	ALL	M	100	340	Strangeway, John	12/10/2022	RD - Lift for Leroy '22
RIM LIFT	ALL	M	105	370	Wenzel, Jeff	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
RIM LIFT	ALL	M	110	365	Poore, Clint	9/28/2024	2024 Apple Festival World Record Breakers, Albany KY
RIM LIFT	ALL	M	115	315	Poore, Clint	3/17/2024	Colorado Spring Fling
RIM LIFT	ALL	M	125	354	Millsaps, Holland	6/3/2024	2024 Hackendinnie Cup, Albany, KY
RIM LIFT	ALL	M	125+	416	Fagg, Allen	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
ROMAN CHAIR SITUP	55	F	60	93	VanWagner, Kim	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	55	F	90	60	Lupo, Allison	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
ROMAN CHAIR SITUP	ALL	F	60	93	VanWagner, Kim	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	ALL	F	90	60	Lupo, Allison	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
ROMAN CHAIR SITUP	13	M	35	25	Wenzel, Logan	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	16	M	60	35	Wenzel, Spencer	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
ROMAN CHAIR SITUP	16	M	75	30	Quick, Sean	10/30/1999	99 NoWeight Dozen
ROMAN CHAIR SITUP	16	M	95	100	Heater, Lewis	2/22/2009	RD - Clark's Gym '09
ROMAN CHAIR SITUP	40	M	70	100	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	40	M	85	110	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	40	M	120	1000	Myers, Al	2/15/2009	RD - Dino Gym (2009)
ROMAN CHAIR SITUP	45	M	100	208	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	45	M	105	135	Wenzel, Jeff	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
ROMAN CHAIR SITUP	45	M	110	145	Wenzel, Jeff	4/14/2024	Record Day- Clark's Gym 1

USAWA Record List

ROMAN CHAIR SITUP	45	M	115	90	Ullom, Chad	2/11/2018	RD - Dino Gym
ROMAN CHAIR SITUP	45	M	125+	55	Rogers, Bill	11/4/2000	2000 No-Weight Dozen
ROMAN CHAIR SITUP	50	M	95	78	Gupta, Sanjiv	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	50	M	110	235	Wenzel, Jeff	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	55	M	100	100	Hose, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	55	M	110	125	Lupo, Tony	3/22/2025	Great American Bench Press Meet, Buffville, KY
ROMAN CHAIR SITUP	55	M	115	110	Lupo, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	65	M	75	110	Mitchell, Dennis	10/15/2000	2000 Art's Birthday Bash
ROMAN CHAIR SITUP	65	M	85	110	DeForest, Dave	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	65	M	90	155	Carter, John	8/16/2025	Walpole Record Day, East Walpole, MA
ROMAN CHAIR SITUP	65	M	110	738	Prechtel, Howard	5/19/1990	All-round Championships (1990) - All-Eastern Open
ROMAN CHAIR SITUP	65	M	115	45	Clark, Bill	11/4/2000	2000 No-Weight Dozen
ROMAN CHAIR SITUP	70	M	75	110	Mitchell, Dennis	4/27/2002	2002 Buckeye Record Break
ROMAN CHAIR SITUP	70	M	80	90	Emslie, David	3/28/2015	2015 Clark's Gym RD
ROMAN CHAIR SITUP	70	M	90	130	Smith, Randy	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	90	M	90	135	Clark, Bill	6/28/2025	Lightweight Decathlon Challenge - RD, Columbia, MO
ROMAN CHAIR SITUP	90	M	95	200	Clark, Bill	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
ROMAN CHAIR SITUP	ALL	M	35	25	Wenzel, Logan	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	ALL	M	60	35	Wenzel, Spencer	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
ROMAN CHAIR SITUP	ALL	M	70	100	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	ALL	M	75	125	Wenzel, Riley	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	ALL	M	80	90	Emslie, David	3/28/2015	2015 Clark's Gym RD
ROMAN CHAIR SITUP	ALL	M	85	110	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	ALL	M	90	155	Carter, John	8/16/2025	Walpole Record Day, East Walpole, MA
ROMAN CHAIR SITUP	ALL	M	95	200	Clark, Bill	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
ROMAN CHAIR SITUP	ALL	M	100	208	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	ALL	M	105	135	Wenzel, Jeff	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
ROMAN CHAIR SITUP	ALL	M	110	235	Wenzel, Jeff	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	ALL	M	115	110	Lupo, Tony	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
ROMAN CHAIR SITUP	ALL	M	120	1000	Myers, Al	2/15/2009	RD - Dino Gym (2009)
ROMAN CHAIR SITUP	ALL	M	125	905	Myers, Al	2/20/2005	RD - Dino Gym (2005)
ROMAN CHAIR SITUP	ALL	M	125+	65	Clark, Casey	11/4/2000	2000 No-Weight Dozen
SAXON DEADLIFT	16	F	40	38	Gupta, Nisha	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	16	F	45	50	Gupta, Diya	7/27/2024	Buffville Road to the Century Club #5
SAXON DEADLIFT	16	F	55	45	McDonald, Alexandria	8/17/2024	2024 USA Kentucky Open - Somerset, KY
SAXON DEADLIFT	18	F	50	48	Gupta, Diya	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	40	F	65	88	Skwarecki, Beth	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	40	F	80	65	Hopps, Jessica	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	55	F	60	80	VanWagner, Kim	7/27/2024	Buffville Road to the Century Club #5
SAXON DEADLIFT	55	F	90	60	Lupo, Allison	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	55	F	100	85	Gore, Lisa	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
SAXON DEADLIFT	60	F	60	48	Homan, Lynne	3/22/2025	Great American Bench Press Meet, Buffville, KY

USAWA Record List

SAXON DEADLIFT	75	F	55	45	McGregor, Alix	9/14/2025	One Ton Challenge (2025), Columbia, MO - RD
SAXON DEADLIFT	ALL	F	40	38	Gupta, Nisha	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	ALL	F	45	50	Gupta, Diya	7/27/2024	Buffville Road to the Century Club #5
SAXON DEADLIFT	ALL	F	50	48	Gupta, Diya	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	ALL	F	55	45	McDonald, Alexandria	8/17/2024	2024 USA Kentucky Open - Somerset, KY
SAXON DEADLIFT	ALL	F	60	80	VanWagner, Kim	7/27/2024	Buffville Road to the Century Club #5
SAXON DEADLIFT	ALL	F	65	88	Skwarecki, Beth	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	ALL	F	80	65	Hopps, Jessica	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	ALL	F	90	60	Lupo, Allison	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	ALL	F	100	90	Hutchinson, Leah	8/23/2025	True North True Strength II - RD- Fergus, Ont
SAXON DEADLIFT	NAT	F	40	38	Gupta, Nisha	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	F	50	48	Gupta, Diya	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	F	65	88	Skwarecki, Beth	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	F	80	65	Hopps, Jessica	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	F	90	60	Lupo, Allison	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	13	M	85	60	Bankens, Isaac	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
SAXON DEADLIFT	13	M	95	65	Bankens, Isaac	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	18	M	75	70	Market, Tim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
SAXON DEADLIFT	40	M	70	115	Ortega, Toby	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	40	M	85	145	Stearns, Ashley	8/3/2024	Clarks Gym RD #4 (2024)
SAXON DEADLIFT	40	M	90	145	Stearns, Ashley	7/27/2024	Buffville Road to the Century Club #5
SAXON DEADLIFT	40	M	95	163	Stearns, Ashley	3/22/2025	Great American Bench Press Meet, Buffville, KY
SAXON DEADLIFT	40	M	125	165	Millsaps, Holland	8/17/2024	2024 USA Kentucky Open - Somerset, KY
SAXON DEADLIFT	45	M	100	116	Fobes, Jarrod	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
SAXON DEADLIFT	45	M	110	135	Wenzel, Jeff	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
SAXON DEADLIFT	45	M	125+	180	Fagg, Allen	8/17/2024	2024 USA Kentucky Open - Somerset, KY
SAXON DEADLIFT	50	M	95	103	Gupta, Sanjiv	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	50	M	100	160	Ullom, Chad	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	50	M	105	135	Wenzel, Jeff	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
SAXON DEADLIFT	50	M	110	143	Poore, Clint	3/22/2025	Great American Bench Press Meet, Buffville, KY
SAXON DEADLIFT	50	M	115	130	Poore, Clint	7/27/2024	Buffville Road to the Century Club #5
SAXON DEADLIFT	50	M	120	150	Poore, Clint	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
SAXON DEADLIFT	55	M	75	120	Marchand, Wade	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	55	M	90	110	Wilson, Jerry	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	55	M	110	110	Lupo, Tony	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
SAXON DEADLIFT	55	M	115	110	Lupo, Tony	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	60	M	100	110	Frappier, Chris	6/21/2025	Women's Only Meet, Columbia, MO
SAXON DEADLIFT	60	M	105	115	Richey, Randy	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	60	M	110	100	Richey, Randy	8/17/2024	2024 USA Kentucky Open - Somerset, KY
SAXON DEADLIFT	65	M	85	88	DeForest, Dave	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	65	M	115	110	Larson, Nils	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	70	M	90	140	Smith, Randy	7/19/2025	NATIONALS (2025) - Albany, KY

USAWA Record List

SAXON DEADLIFT	70	M	115	115	Glasgow, Dave	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	70	M	125	110	Ciavattone, Frank	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	80	M	85	90	Habecker, Denny	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	80	M	90	95	Somfay, Joe	8/23/2025	True North True Strength II - RD- Fergus, Ont
SAXON DEADLIFT	ALL	M	70	115	Hanlein, Michael	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	ALL	M	75	120	Marchand, Wade	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	ALL	M	85	145	Stearns, Ashley	8/3/2024	Clarks Gym RD #4 (2024)
SAXON DEADLIFT	ALL	M	90	145	Stearns, Ashley	7/27/2024	Buffville Road to the Century Club #5
SAXON DEADLIFT	ALL	M	95	163	Stearns, Ashley	3/22/2025	Great American Bench Press Meet, Buffville, KY
SAXON DEADLIFT	ALL	M	100	160	Ullom, Chad	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	ALL	M	105	135	Wenzel, Jeff	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
SAXON DEADLIFT	ALL	M	110	143	Poore, Clint	3/22/2025	Great American Bench Press Meet, Buffville, KY
SAXON DEADLIFT	ALL	M	115	130	Poore, Clint	7/27/2024	Buffville Road to the Century Club #5
SAXON DEADLIFT	ALL	M	120	200	Day, Caleb	8/17/2024	2024 USA Kentucky Open - Somerset, KY
SAXON DEADLIFT	ALL	M	125	165	Millsaps, Holland	8/17/2024	2024 USA Kentucky Open - Somerset, KY
SAXON DEADLIFT	ALL	M	125+	180	Fagg, Allen	8/17/2024	2024 USA Kentucky Open - Somerset, KY
SAXON DEADLIFT	NAT	M	70	115	Hanlein, Michael	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	M	75	120	Marchand, Wade	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	M	85	125	Jones, Dan	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	M	90	140	Smith, Randy	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	M	95	103	Gupta, Sanjiv	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	M	100	160	Ullom, Chad	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	M	105	115	Richey, Randy	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	M	110	135	Poore, Clint	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	M	115	115	Glasgow, Dave	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	M	125	110	Ciavattone, Frank	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT	NAT	M	125+	165	Gaddis, Jarrod	7/19/2025	NATIONALS (2025) - Albany, KY
SAXON DEADLIFT (2" x 5") (E)	16	F	45	45	Gupta, Nisha	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
SAXON DEADLIFT (2" x 5") (E)	55	F	60	80	VanWagner, Kim	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
SAXON DEADLIFT (2" x 5") (E)	ALL	F	45	45	Gupta, Nisha	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
SAXON DEADLIFT (2" x 5") (E)	ALL	F	60	80	VanWagner, Kim	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
SAXON DEADLIFT (2" x 5") (E)	45	M	100	115	Fobes, Jarrod	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
SAXON DEADLIFT (2" x 5") (E)	50	M	100	115	Gupta, Sanjiv	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
SAXON DEADLIFT (2" x 5") (E)	ALL	M	100	115	Gupta, Sanjiv	9/13/2025	2025 Colorado OTSM Classic, Aurora, CO
SAXON SNATCH	14	F	65	35	Todd, Phoebe	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	16	F	75	40	Todd, Lillian	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	40	F	70	47	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
SAXON SNATCH	40	F	90	60	Todd, Stacy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	50	F	50	25	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
SAXON SNATCH	55	F	50	35	Jackson, RJ	2/11/2017	2017 Grip Championships
SAXON SNATCH	55	F	90	25	Lupo, Allison	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	55	F	100	40	Gore, Lisa	8/3/2024	Clarks Gym RD #4 (2024)

USAWA Record List

SAXON SNATCH	ALL	F	50	35	Jackson, RJ	2/11/2017	2017 Grip Championships
SAXON SNATCH	ALL	F	65	35	Todd, Phoebe	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	ALL	F	70	47	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
SAXON SNATCH	ALL	F	75	40	Todd, Lillian	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	ALL	F	90	60	Todd, Stacy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	ALL	F	100	70	Tully, Heather	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
SAXON SNATCH	ALL	F	125+	70	Simms, Felecia	1/15/2011	Dino Gym Strongman (2011)
SAXON SNATCH	13	M	50	30	Todd, Everett	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	13	M	60	35	Todd, Everett	9/6/2024	OTSM CHAMPIONSHIP (2025) - Turney, MO
SAXON SNATCH	13	M	65	45	Todd, Leroy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	16	M	70	65	Lokken, Cody	1/15/2011	Dino Gym Strongman (2011)
SAXON SNATCH	16	M	115	65	Berry, Nolan	1/15/2011	Dino Gym Strongman (2011)
SAXON SNATCH	18	M	75	50	Market, Tim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
SAXON SNATCH	40	M	85	87	Smith, Abe	6/29/2024	NATIONALS (2024) - Columbia, MO
SAXON SNATCH	40	M	90	100	Strangeway, John	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
SAXON SNATCH	40	M	100	80	Satterfield, D.J.	1/15/2011	Dino Gym Strongman (2011)
SAXON SNATCH	40	M	105	80	Edwards, Ben	9/10/2016	2016 OTSM Championships
SAXON SNATCH	40	M	115	90	Myers, Al	1/15/2011	Dino Gym Strongman (2011)
SAXON SNATCH	40	M	120	105	Todd, Eric	9/10/2016	2016 OTSM Championships
SAXON SNATCH	40	M	125+	110	Tully, Scott	9/10/2016	2016 OTSM Championships
SAXON SNATCH	45	M	110	100	Ullom, Chad	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
SAXON SNATCH	45	M	125+	95	Gaddis, Jarrod	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
SAXON SNATCH	50	M	95	57	Gupta, Sanjiv	6/29/2024	NATIONALS (2024) - Columbia, MO
SAXON SNATCH	50	M	100	34	Hadley, Patrick	8/3/2024	Clarks Gym RD #4 (2024)
SAXON SNATCH	50	M	105	90	Ullom, Chad	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	50	M	110	64	Poore, Clint	8/3/2024	Clarks Gym RD #4 (2024)
SAXON SNATCH	50	M	115	64	Poore, Clint	7/27/2024	Buffville Road to the Century Club #5
SAXON SNATCH	50	M	125+	107	Mitchell, Mark	2/12/2012	RD - Dino Gym (2012)
SAXON SNATCH	55	M	100	90	Garcia, Joe	1/15/2011	Dino Gym Strongman (2011)
SAXON SNATCH	55	M	110	70	Lupo, Tony	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	55	M	115	83	Lupo, Tony	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
SAXON SNATCH	55	M	120	70	Cook, Greg	9/10/2016	2016 OTSM Championships
SAXON SNATCH	55	M	125+	80	Douglas, John	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
SAXON SNATCH	60	M	75	60	Santangelo, Stephen	2/15/2015	RD - Dino Gym '15
SAXON SNATCH	60	M	80	80	Santangelo, Stephen	12/20/2015	2015 John's RD
SAXON SNATCH	60	M	85	60	DeForest, Dave	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	60	M	100	75	Garcia, Joe	10/10/2016	2016 Clark's Double Decathlon
SAXON SNATCH	60	M	120	95	Cook, Greg	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
SAXON SNATCH	65	M	85	65	DeForest, Dave	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
SAXON SNATCH	65	M	90	77	Smith, Randy	6/29/2024	NATIONALS (2024) - Columbia, MO
SAXON SNATCH	65	M	125+	55	Ross, Dean	1/15/2011	Dino Gym Strongman (2011)
SAXON SNATCH	70	M	90	60	Habecker, Denny	9/26/2015	2015 OTSM Championships

USAWA Record List

SAXON SNATCH	70	M	110	70	Murdock, Mike	1/15/2011	Dino Gym Strongman (2011)
SAXON SNATCH	70	M	115	70	Glasgow, Dave	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
SAXON SNATCH	70	M	125	60	Ross, Dean	11/1/2014	2014 OTSM Championships
SAXON SNATCH	75	M	90	60	Habecker, Denny	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
SAXON SNATCH	75	M	105	45	Bletscher, Rudy	1/15/2011	Dino Gym Strongman (2011)
SAXON SNATCH	75	M	115	50	Ross, Dean	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
SAXON SNATCH	80	M	85	45	Habecker, Denny	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
SAXON SNATCH	85	M	80	30	Montini, Art	9/10/2016	2016 OTSM Championships
SAXON SNATCH	ALL	M	50	30	Todd, Everett	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	ALL	M	60	35	Todd, Everett	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
SAXON SNATCH	ALL	M	65	45	Todd, Leroy	9/7/2024	OTSM CHAMPIONSHIP (2024) - Turney, MO
SAXON SNATCH	ALL	M	70	65	Lokken, Cody	1/15/2011	Dino Gym Strongman (2011)
SAXON SNATCH	ALL	M	75	60	Santangelo, Stephen	2/15/2015	RD - Dino Gym '15
SAXON SNATCH	ALL	M	80	100	Wagman, Dan	6/9/2024	RD - Clark's Gym 3
SAXON SNATCH	ALL	M	85	110	Wagman, Dan	2/11/2017	2017 Grip Championships
SAXON SNATCH	ALL	M	90	100	Strangeway, John	9/8/2018	OTSM CHAMPIONSHIP (2018) - Turney, MO
SAXON SNATCH	ALL	M	95	85	Walter, Chris	1/15/2011	Dino Gym Strongman (2011)
SAXON SNATCH	ALL	M	100	95	Cox, Sam	1/15/2011	Dino Gym Strongman (2011)
SAXON SNATCH	ALL	M	105	90	Lucht, Mike	11/1/2014	2014 OTSM Championships
SAXON SNATCH	ALL	M	110	105	Thompson, Keith	11/1/2014	2014 OTSM Championships
SAXON SNATCH	ALL	M	115	105	Anderson, Chris	1/15/2011	Dino Gym Strongman (2011)
SAXON SNATCH	ALL	M	120	105	Todd, Eric	11/1/2014	2014 OTSM Championships
SAXON SNATCH	ALL	M	125	85	Todd, Chris	12/8/2018	RD - Lift for Leroy '18
SAXON SNATCH	ALL	M	125+	110	Tully, Scott	9/10/2016	2016 OTSM Championships
SCOTT LIFT	40	F	70	155	Skwarecki, Beth	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
SCOTT LIFT	ALL	F	70	155	Skwarecki, Beth	6/2/2024	HACKENDINNIE RECORD DAY, Albany, KY
SCOTT LIFT	13	M	55	35	Todd, Everett	12/7/2024	RD - Lift for Leroy VI (2024)
SCOTT LIFT	18	M	75	150	Market, Tim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
SCOTT LIFT	18	M	80	250	Smith, Abe	11/19/2000	2000 Louis Cyr Challenge
SCOTT LIFT	40	M	115	254	Myers, Al	2/14/2010	RD - Dino Gym (2010)
SCOTT LIFT	45	M	100	135	Fobes, Jarrod	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
SCOTT LIFT	45	M	105	135	Garcia, Joe	11/22/1998	98 Louis Cyr Challenge
SCOTT LIFT	50	M	90	135	Gupta, Sanjiv	6/24/2023	NATIONALS (2023) - Columbia, MO
SCOTT LIFT	50	M	95	115	Gupta, Sanjiv	12/13/2025	2025 TEAM CHAMPIONSHIPS - RD, Lakewood, CO
SCOTT LIFT	55	M	95	155	Springs, Al	11/19/2000	2000 Louis Cyr Challenge
SCOTT LIFT	55	M	115	154	Glasgow, Dave	2/14/2010	RD - Dino Gym (2010)
SCOTT LIFT	60	M	90	85	DeForest, Dave	5/14/2023	Diamond Jubilee (2023), Columbia, MO - RD
SCOTT LIFT	65	M	85	150	DeForest, Dave	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
SCOTT LIFT	70	M	75	30	Santangelo, Stephen	4/14/2024	Record Day- Clark's Gym 1
SCOTT LIFT	70	M	110	70	Myers, LaVerne	1/27/2018	Dino Gym Challenge (2018)
SCOTT LIFT	ALL	M	55	35	Todd, Everett	12/7/2024	RD - Lift for Leroy VI (2024)
SCOTT LIFT	ALL	M	70	170	Wenzel, Riley	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO

USAWA Record List

SCOTT LIFT	ALL	M	75	150	Market, Tim	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
SCOTT LIFT	ALL	M	80	250	Smith, Abe	11/19/2000	2000 Louis Cyr Challenge
SCOTT LIFT	ALL	M	85	150	DeForest, Dave	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
SCOTT LIFT	ALL	M	90	237	Rabich, Michael	7/21/2018	2018 NE Record Day
SCOTT LIFT	ALL	M	95	205	Foster, James	11/22/1998	98 Louis Cyr Challenge
SCOTT LIFT	ALL	M	100	135	Fobes, Jarrod	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
SCOTT LIFT	ALL	M	105	135	Garcia, Joe	11/22/1998	98 Louis Cyr Challenge
SCOTT LIFT	ALL	M	110	254	Ullom, Chad	2/14/2010	RD - Dino Gym (2010)
SCOTT LIFT	ALL	M	115	254	Myers, Al	2/14/2010	RD - Dino Gym (2010)
SEATED PRESS, FROM RACK	14	F	40	35	Gupta, Nisha	5/12/2024	Record Day- Clark's Gym 2
SEATED PRESS, FROM RACK	45	F	125+	80	Bulebosh, Beth	10/16/2016	2016 Art's Birthday Bash
SEATED PRESS, FROM RACK	55	F	50	70	Jackson, RJ	8/27/2017	2017 Iron Warrior RD
SEATED PRESS, FROM RACK	55	F	90	40	Lupo, Allison	10/5/2024	Buffville Road to the Century Club #6
SEATED PRESS, FROM RACK	55	F	100	90	Gore, Lisa	10/5/2024	Buffville Road to the Century Club #6
SEATED PRESS, FROM RACK	ALL	F	40	35	Gupta, Nisha	5/12/2024	Record Day- Clark's Gym 2
SEATED PRESS, FROM RACK	ALL	F	50	70	Jackson, RJ	8/27/2017	2017 Iron Warrior RD
SEATED PRESS, FROM RACK	ALL	F	75	45	Diggs, Crystal	7/13/2023	RD - Colorado
SEATED PRESS, FROM RACK	ALL	F	90	40	Lupo, Allison	10/5/2024	Buffville Road to the Century Club #6
SEATED PRESS, FROM RACK	ALL	F	100	90	Gore, Lisa	10/5/2024	Buffville Road to the Century Club #6
SEATED PRESS, FROM RACK	ALL	F	125+	80	Bulebosh, Beth	10/16/2016	2016 Art's Birthday Bash
SEATED PRESS, FROM RACK	40	M	90	138	Stearns, Ashley	9/28/2024	2024 Apple Festival World Record Breakers, Albany KY
SEATED PRESS, FROM RACK	40	M	95	155	Stearns, Ashley	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
SEATED PRESS, FROM RACK	40	M	115	175	Todd, Eric	12/7/2019	RD - Lift for Leroy '19
SEATED PRESS, FROM RACK	45	M	110	176	Wenzel, Jeff	10/5/2024	Buffville Road to the Century Club #6
SEATED PRESS, FROM RACK	45	M	125	165	Todd, Eric	11/18/2023	RD - Lift for Leroy '23
SEATED PRESS, FROM RACK	50	M	95	95	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge RD
SEATED PRESS, FROM RACK	50	M	100	135	Hadley, Patrick	10/12/2024	Clarks Gym RD #5 (2024)
SEATED PRESS, FROM RACK	50	M	105	165	Wenzel, Jeff	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SEATED PRESS, FROM RACK	50	M	110	105	Poore, Clint	9/28/2024	2024 Apple Festival World Record Breakers, Albany KY
SEATED PRESS, FROM RACK	55	M	110	115	Lupo, Tony	10/5/2024	Buffville Road to the Century Club #6
SEATED PRESS, FROM RACK	60	M	90	110	DeForest, Dave	5/14/2023	Diamond Jubilee (2023), Columbia, MO - RD
SEATED PRESS, FROM RACK	65	M	85	95	DeForest, Dave	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
SEATED PRESS, FROM RACK	70	M	120	100	Ciavattone, Frank	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SEATED PRESS, FROM RACK	75	M	105	55	Ross, Dean	12/7/2019	RD - Lift for Leroy '19
SEATED PRESS, FROM RACK	90	M	90	22	Clark, Bill	4/27/2024	Diamond Jubilee (2024), Columbia, MO
SEATED PRESS, FROM RACK	ALL	M	70	160	James, George	10/22/2006	2006 Art's Birthday Bash
SEATED PRESS, FROM RACK	ALL	M	75	95	Wenzel, Riley	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
SEATED PRESS, FROM RACK	ALL	M	80	135	Luther, Travis	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
SEATED PRESS, FROM RACK	ALL	M	85	135	Luther, Travis	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SEATED PRESS, FROM RACK	ALL	M	90	138	Stearns, Ashley	9/28/2024	2024 Apple Festival World Record Breakers, Albany KY
SEATED PRESS, FROM RACK	ALL	M	95	155	Stearns, Ashley	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
SEATED PRESS, FROM RACK	ALL	M	100	135	Hadley, Patrick	10/12/2024	Clarks Gym RD #5 (2024)

USAWA Record List

SEATED PRESS, FROM RACK	ALL	M	105	165	Wenzel, Jeff	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SEATED PRESS, FROM RACK	ALL	M	110	176	Wenzel, Jeff	10/5/2024	Buffville Road to the Century Club #6
SEATED PRESS, FROM RACK	ALL	M	115	175	Todd, Eric	12/7/2019	RD - Lift for Leroy '19
SEATED PRESS, FROM RACK	ALL	M	120	100	Ciavattone, Frank	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SEATED PRESS, FROM RACK	ALL	M	125	165	Todd, Eric	11/18/2023	RD - Lift for Leroy '23
SEATED PRESS, RACK, BEHIND NECK	ALL	F	70	90	Lydon, Kim	8/15/2016	2016 Frank's BBC RD
SEATED PRESS, RACK, BEHIND NECK	16	M	90	105	Hunter, Joe	10/14/2001	2001 Art's Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	45	M	85	175	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
SEATED PRESS, RACK, BEHIND NECK	45	M	120	155	Todd, Eric	12/11/2021	RD - Lift for Leroy '21
SEATED PRESS, RACK, BEHIND NECK	45	M	125	145	Todd, Eric	11/18/2023	RD - Lift for Leroy '23
SEATED PRESS, RACK, BEHIND NECK	50	M	70	100	Marchand, Wade	11/30/2020	POSTAL (2020) - RECORD DAY
SEATED PRESS, RACK, BEHIND NECK	50	M	90	110	Pirn, Peeter	4/16/2016	2016 Frank's RD
SEATED PRESS, RACK, BEHIND NECK	50	M	95	85	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge RD
SEATED PRESS, RACK, BEHIND NECK	50	M	105	140	Wenzel, Jeff	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
SEATED PRESS, RACK, BEHIND NECK	55	M	80	105	McKean, John	10/14/2001	2001 Art's Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	55	M	110	154	Schmidt, Scott	10/16/2011	2011 Arts Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	60	M	80	90	DeForest, Dave	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
SEATED PRESS, RACK, BEHIND NECK	60	M	85	95	DeForest, Dave	7/31/2022	RD - Clark vs Frank
SEATED PRESS, RACK, BEHIND NECK	60	M	110	143	Schmidt, Scott	10/12/2013	2013 Arts Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	65	M	85	85	DeForest, Dave	3/1/2025	Colorado Single-Arm Challenge RD, Lakewood, CO
SEATED PRESS, RACK, BEHIND NECK	70	M	85	105	Habecker, Denny	10/12/2013	2013 Arts Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	75	M	105	55	Ross, Dean	12/7/2019	RD - Lift for Leroy '19
SEATED PRESS, RACK, BEHIND NECK	80	M	70	40	Mitchell, Dennis	10/12/2014	2014 Art's Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	90	M	90	22	Clark, Bill	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
SEATED PRESS, RACK, BEHIND NECK	ALL	M	70	135	Aldan, Brandon	10/14/2001	2001 Art's Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	ALL	M	75	95	Wenzel, Riley	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
SEATED PRESS, RACK, BEHIND NECK	ALL	M	80	105	McKean, John	10/14/2001	2001 Art's Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	ALL	M	85	175	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
SEATED PRESS, RACK, BEHIND NECK	ALL	M	90	110	Pirn, Peeter	4/16/2016	2016 Frank's RD
SEATED PRESS, RACK, BEHIND NECK	ALL	M	105	160	Larosa, Carl	10/14/2001	2001 Art's Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	ALL	M	110	154	Schmidt, Scott	10/16/2011	2011 Arts Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	ALL	M	115	174	Todd, Eric	11/5/2006	2006 Record Day
SEATED PRESS, RACK, BEHIND NECK	ALL	M	120	155	Todd, Eric	12/11/2021	RD - Lift for Leroy '21
SEATED PRESS, RACK, BEHIND NECK	ALL	M	125	145	Todd, Eric	11/18/2023	RD - Lift for Leroy '23
SEATED PRESS, RACK, BEHIND NECK	ALL	M	125+	174	Tully, Scott	11/5/2006	2006 Record Day
SHOULDER DROP	14	M	75	77	Habecker, Aidan	12/16/2017	2017 Vernacchio Memorial
SHOULDER DROP	16	M	75	30	Quick, Sean	10/30/1999	99 NoWeight Dozen
SHOULDER DROP	16	M	125	88	Hess, Kohl	10/17/2010	2010 Art's Birthday Bash
SHOULDER DROP	18	M	95	110	Habecker, Aidan	8/15/2021	PRESIDENTIAL CUP (2021)
SHOULDER DROP	40	M	70	75	Ortega, Toby	11/9/2024	Goerner Deadlift Dozen Plus One RD
SHOULDER DROP	40	M	120	45	Myers, Al	8/31/2010	Straight Weight Postal
SHOULDER DROP	40	M	125+	95	O'Brien, John	8/31/2010	Straight Weight Postal

USAWA Record List

SHOULDER DROP	45	M	75	125	Ortega, Toby	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SHOULDER DROP	45	M	115	50	Ullom, Chad	2/11/2018	RD - Dino Gym
SHOULDER DROP	45	M	125+	95	Rogers, Bill	11/4/2000	2000 No-Weight Dozen
SHOULDER DROP	60	M	100	65	Garcia, Joe	10/10/2016	2016 Clark's Double Decathlon
SHOULDER DROP	65	M	85	45	DeForest, Dave	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SHOULDER DROP	65	M	115	45	Clark, Bill	11/4/2000	2000 No-Weight Dozen
SHOULDER DROP	70	M	110	35	Myers, LaVerne	2/11/2018	RD - Dino Gym
SHOULDER DROP	75	M	105	110	Lano, Jack	10/10/1999	99 IAWA Worlds - Aust
SHOULDER DROP	ALL	M	70	75	Ortega, Toby	11/9/2024	Goerner Deadlift Dozen Plus One RD
SHOULDER DROP	ALL	M	75	125	Ortega, Toby	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SHOULDER DROP	ALL	M	80	100	Root, Andy	10/16/2011	2011 Arts Birthday Bash
SHOULDER DROP	ALL	M	85	45	DeForest, Dave	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SHOULDER DROP	ALL	M	95	110	Habecker, Aidan	8/15/2021	PRESIDENTIAL CUP (2021)
SHOULDER DROP	ALL	M	100	65	Garcia, Joe	10/10/2016	2016 Clark's Double Decathlon
SHOULDER DROP	ALL	M	105	145	Ciavattone, Jeff	7/27/2019	2019 Eastern Mass RD
SHOULDER DROP	ALL	M	110	135	Ciavattone, Jeff	10/27/2018	2018 NE Fall Classic
SHOULDER DROP	ALL	M	115	50	Ullom, Chad	2/11/2018	RD - Dino Gym
SHOULDER DROP	ALL	M	120	45	Myers, Al	8/31/2010	Straight Weight Postal
SHOULDER DROP	ALL	M	125	88	Hess, Kohl	10/17/2010	2010 Art's Birthday Bash
SHOULDER DROP	ALL	M	125+	100	Hettinger, Josh	11/21/2009	Record Day - Jackson Weightlifting Club
SIDE PRESS, BAR, LEFT	40	F	70	45	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
SIDE PRESS, BAR, LEFT	55	F	100	30	Gore, Lisa	6/29/2024	NATIONALS (2024) - Columbia, MO
SIDE PRESS, BAR, LEFT	60	F	50	35	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
SIDE PRESS, BAR, LEFT	65	F	75	15	Thompson, Janet	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
SIDE PRESS, BAR, LEFT	ALL	F	50	35	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
SIDE PRESS, BAR, LEFT	ALL	F	70	45	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
SIDE PRESS, BAR, LEFT	ALL	F	75	25	Diggs, Crystal	6/13/2024	Mini Meet - Colorado Springs, CO
SIDE PRESS, BAR, LEFT	ALL	F	100	30	Gore, Lisa	6/29/2024	NATIONALS (2024) - Columbia, MO
SIDE PRESS, BAR, LEFT	18	M	80	85	Smith, Abe	12/9/2000	2000 Gordon Strain
SIDE PRESS, BAR, LEFT	40	M	70	65	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
SIDE PRESS, BAR, LEFT	40	M	115	95	Ullom, Chad	1/14/2012	Dino Gym Challenge (2012)
SIDE PRESS, BAR, LEFT	45	M	100	65	Fobes, Jarrod	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
SIDE PRESS, BAR, LEFT	45	M	105	75	Wenzel, Jeff	7/27/2024	Buffville Road to the Century Club #5
SIDE PRESS, BAR, LEFT	45	M	110	85	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge RD
SIDE PRESS, BAR, LEFT	45	M	115	80	Myers, Al	1/14/2012	Dino Gym Challenge (2012)
SIDE PRESS, BAR, LEFT	50	M	90	65	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
SIDE PRESS, BAR, LEFT	50	M	100	45	Gupta, Sanjiv	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SIDE PRESS, BAR, LEFT	55	M	110	90	Lupo, Tony	10/12/2024	Clarks Gym RD #5 (2024)
SIDE PRESS, BAR, LEFT	55	M	115	80	Lupo, Tony	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
SIDE PRESS, BAR, LEFT	65	M	85	50	DeForest, Dave	8/20/2025	Clark's Gym RD - 2025 - Columbia, MO
SIDE PRESS, BAR, LEFT	65	M	125	35	Ross, Dean	1/14/2012	Dino Gym Challenge (2012)
SIDE PRESS, BAR, LEFT	65	M	125+	33	Ciavattone, Frank	12/31/2024	2024 New Year's Eve RD - Walpole, MA

USAWA Record List

SIDE PRESS, BAR, LEFT	75	M	100	30	Bletscher, Rudy	1/14/2012	Dino Gym Challenge (2012)
SIDE PRESS, BAR, LEFT	ALL	M	70	65	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
SIDE PRESS, BAR, LEFT	ALL	M	80	85	Smith, Abe	12/9/2000	2000 Gordon Strain
SIDE PRESS, BAR, LEFT	ALL	M	85	115	Smith, Abe	11/30/2020	POSTAL (2020) - RECORD DAY
SIDE PRESS, BAR, LEFT	ALL	M	90	65	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
SIDE PRESS, BAR, LEFT	ALL	M	100	65	Fobes, Jarrod	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
SIDE PRESS, BAR, LEFT	ALL	M	105	75	Wenzel, Jeff	7/27/2024	Buffville Road to the Century Club #5
SIDE PRESS, BAR, LEFT	ALL	M	110	90	Lupo, Tony	10/12/2024	Clarks Gym RD #5 (2024)
SIDE PRESS, BAR, LEFT	ALL	M	115	95	Ullom, Chad	1/14/2012	Dino Gym Challenge (2012)
SIDE PRESS, BAR, LEFT	ALL	M	125	35	Ross, Dean	1/14/2012	Dino Gym Challenge (2012)
SIDE PRESS, BAR, LEFT	ALL	M	125+	33	Ciavattone, Frank	12/31/2024	2024 New Year's Eve RD - Walpole, MA
SIDE PRESS, BAR, RIGHT	40	F	70	45	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
SIDE PRESS, BAR, RIGHT	55	F	90	22	Lupo, Allison	10/12/2024	Clarks Gym RD #5 (2024)
SIDE PRESS, BAR, RIGHT	55	F	100	35	Gore, Lisa	6/29/2024	NATIONALS (2024) - Columbia, MO
SIDE PRESS, BAR, RIGHT	60	F	50	40	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
SIDE PRESS, BAR, RIGHT	65	F	75	15	Thompson, Janet	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
SIDE PRESS, BAR, RIGHT	ALL	F	50	40	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
SIDE PRESS, BAR, RIGHT	ALL	F	70	45	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
SIDE PRESS, BAR, RIGHT	ALL	F	75	30	Diggs, Crystal	6/13/2024	Mini Meet - Colorado Springs, CO
SIDE PRESS, BAR, RIGHT	ALL	F	90	22	Lupo, Allison	10/12/2024	Clarks Gym RD #5 (2024)
SIDE PRESS, BAR, RIGHT	ALL	F	100	35	Gore, Lisa	6/29/2024	NATIONALS (2024) - Columbia, MO
SIDE PRESS, BAR, RIGHT	40	M	70	65	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
SIDE PRESS, BAR, RIGHT	40	M	115	100	Ullom, Chad	1/14/2012	Dino Gym Challenge (2012)
SIDE PRESS, BAR, RIGHT	45	M	105	100	Wenzel, Jeff	7/27/2024	Buffville Road to the Century Club #5
SIDE PRESS, BAR, RIGHT	45	M	110	95	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge RD
SIDE PRESS, BAR, RIGHT	45	M	115	110	Myers, Al	1/14/2012	Dino Gym Challenge (2012)
SIDE PRESS, BAR, RIGHT	50	M	90	70	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
SIDE PRESS, BAR, RIGHT	50	M	100	45	Gupta, Sanjiv	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SIDE PRESS, BAR, RIGHT	55	M	110	45	Lupo, Tony	6/29/2024	NATIONALS (2024) - Columbia, MO
SIDE PRESS, BAR, RIGHT	55	M	115	55	Glasgow, Dave	1/14/2012	Dino Gym Challenge (2012)
SIDE PRESS, BAR, RIGHT	65	M	85	50	DeForest, Dave	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
SIDE PRESS, BAR, RIGHT	65	M	125	40	Ross, Dean	1/14/2012	Dino Gym Challenge (2012)
SIDE PRESS, BAR, RIGHT	65	M	125+	33	Ciavattone, Frank	12/31/2024	2024 New Year's Eve RD - Walpole, MA
SIDE PRESS, BAR, RIGHT	75	M	100	40	Bletscher, Rudy	1/14/2012	Dino Gym Challenge (2012)
SIDE PRESS, BAR, RIGHT	ALL	M	70	65	Ortega, Toby	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
SIDE PRESS, BAR, RIGHT	ALL	M	80	84	Lucero, Markus	12/27/2014	2014 Colorado RB
SIDE PRESS, BAR, RIGHT	ALL	M	85	106	Smith, Abe	11/30/2020	POSTAL (2020) - RECORD DAY
SIDE PRESS, BAR, RIGHT	ALL	M	90	70	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
SIDE PRESS, BAR, RIGHT	ALL	M	95	75	Pemberton, Josh	12/11/1999	99 Gordon Strain
SIDE PRESS, BAR, RIGHT	ALL	M	100	45	Gupta, Sanjiv	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SIDE PRESS, BAR, RIGHT	ALL	M	105	100	Wenzel, Jeff	7/27/2024	Buffville Road to the Century Club #5
SIDE PRESS, BAR, RIGHT	ALL	M	110	95	Ullom, Chad	10/29/2010	2010 JWC Record Breakers

USAWA Record List

SIDE PRESS, BAR, RIGHT	ALL	M	115	110	Myers, Al	1/14/2012	Dino Gym Challenge (2012)
SIDE PRESS, BAR, RIGHT	ALL	M	125	40	Ross, Dean	1/14/2012	Dino Gym Challenge (2012)
SIDE PRESS, BAR, RIGHT	ALL	M	125+	33	Ciavattone, Frank	12/31/2024	2024 New Year's Eve RD - Walpole, MA
SIDE PRESS, DUMBBELL, LEFT	55	F	50	35	Jackson, RJ	8/27/2017	2017 Iron Warrior RD
SIDE PRESS, DUMBBELL, LEFT	55	F	90	20	Lupo, Allison	7/27/2024	Buffville Road to the Century Club #5
SIDE PRESS, DUMBBELL, LEFT	55	F	105	30	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	65	F	75	20	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	ALL	F	50	35	Jackson, RJ	8/27/2017	2017 Iron Warrior RD
SIDE PRESS, DUMBBELL, LEFT	ALL	F	75	20	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	ALL	F	90	20	Lupo, Allison	7/27/2024	Buffville Road to the Century Club #5
SIDE PRESS, DUMBBELL, LEFT	ALL	F	105	30	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	13	M	35	10	Wenzel, Logan	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
SIDE PRESS, DUMBBELL, LEFT	18	M	70	40	Markel, Tim	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	18	M	80	90	Smith, Abe	12/9/2000	2000 Gordon Strain
SIDE PRESS, DUMBBELL, LEFT	40	M	70	66	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	40	M	85	105	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	40	M	90	55	Stearns, Ashley	10/12/2024	Clarks Gym RD #5 (2024)
SIDE PRESS, DUMBBELL, LEFT	40	M	95	80	Stearns, Ashley	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
SIDE PRESS, DUMBBELL, LEFT	40	M	120	80	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
SIDE PRESS, DUMBBELL, LEFT	40	M	125+	75	O'Brien, John	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, DUMBBELL, LEFT	45	M	75	55	Ortega, Toby	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	45	M	100	68	Fobes, Jarrod	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	45	M	110	80	Garcia, Joe	12/11/1999	99 Gordon Strain
SIDE PRESS, DUMBBELL, LEFT	45	M	125+	80	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
SIDE PRESS, DUMBBELL, LEFT	50	M	95	52	Gupta, Sanjiv	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
SIDE PRESS, DUMBBELL, LEFT	50	M	100	45	Hadley, Patrick	10/12/2024	Clarks Gym RD #5 (2024)
SIDE PRESS, DUMBBELL, LEFT	50	M	105	75	Wenzel, Jeff	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
SIDE PRESS, DUMBBELL, LEFT	50	M	110	60	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	50	M	115	55	Poore, Clint	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
SIDE PRESS, DUMBBELL, LEFT	50	M	120	75	Poore, Clint	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
SIDE PRESS, DUMBBELL, LEFT	55	M	100	85	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	55	M	110	85	Lupo, Tony	7/27/2024	Buffville Road to the Century Club #5
SIDE PRESS, DUMBBELL, LEFT	55	M	115	91	Lupo, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	60	M	115	100	Lupo, Tony	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	65	M	85	50	DeForest, Dave	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
SIDE PRESS, DUMBBELL, LEFT	75	M	110	10	Ross, Dean	8/3/2019	PRESIDENTIAL CUP (2019)
SIDE PRESS, DUMBBELL, LEFT	ALL	M	70	66	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	ALL	M	75	55	Ortega, Toby	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	ALL	M	80	90	Smith, Abe	12/9/2000	2000 Gordon Strain
SIDE PRESS, DUMBBELL, LEFT	ALL	M	85	105	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	ALL	M	90	55	Stearns, Ashley	10/12/2024	Clarks Gym RD #5 (2024)
SIDE PRESS, DUMBBELL, LEFT	ALL	M	95	80	Foster, James	12/11/1999	99 Gordon Strain

USAWA Record List

SIDE PRESS, DUMBBELL, LEFT	ALL	M	100	85	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	ALL	M	105	90	McBride, Mike	12/11/1999	99 Gordon Strain
SIDE PRESS, DUMBBELL, LEFT	ALL	M	110	90	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, DUMBBELL, LEFT	ALL	M	115	100	Lupo, Tony	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SIDE PRESS, DUMBBELL, LEFT	ALL	M	120	80	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
SIDE PRESS, DUMBBELL, LEFT	ALL	M	125+	134	Beath, Ernie	12/6/2009	2009 John's BD Record Day
SIDE PRESS, DUMBBELL, RIGHT	55	F	50	40	Jackson, RJ	8/27/2017	2017 Iron Warrior RD
SIDE PRESS, DUMBBELL, RIGHT	55	F	90	35	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	55	F	105	40	Gore, Lisa	6/28/2024	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	65	F	75	20	Thompson, Janet	6/28/2024	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	ALL	F	50	40	Jackson, RJ	8/27/2017	2017 Iron Warrior RD
SIDE PRESS, DUMBBELL, RIGHT	ALL	F	75	20	Thompson, Janet	6/28/2024	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	ALL	F	90	35	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	ALL	F	105	40	Gore, Lisa	6/28/2024	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	13	M	35	10	Wenzel, Logan	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	18	M	80	85	Smith, Abe	12/9/2000	2000 Gordon Strain
SIDE PRESS, DUMBBELL, RIGHT	40	M	70	55	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	40	M	85	120	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	40	M	90	65	Stearns, Ashley	10/12/2024	Clarks Gym RD #5 (2024)
SIDE PRESS, DUMBBELL, RIGHT	40	M	95	100	Stearns, Ashley	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
SIDE PRESS, DUMBBELL, RIGHT	40	M	120	90	Ridout, Mitch	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, DUMBBELL, RIGHT	40	M	125+	75	O'Brien, John	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, DUMBBELL, RIGHT	45	M	75	55	Ortega, Toby	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	45	M	110	95	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge RD
SIDE PRESS, DUMBBELL, RIGHT	45	M	125+	85	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, DUMBBELL, RIGHT	50	M	95	62	Gupta, Sanjiv	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
SIDE PRESS, DUMBBELL, RIGHT	50	M	100	57	Gupta, Sanjiv	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	50	M	105	75	Wenzel, Jeff	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
SIDE PRESS, DUMBBELL, RIGHT	50	M	110	95	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	50	M	115	55	Poore, Clint	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
SIDE PRESS, DUMBBELL, RIGHT	50	M	120	75	Poore, Clint	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
SIDE PRESS, DUMBBELL, RIGHT	55	M	110	55	Lupo, Tony	7/27/2024	Buffville Road to the Century Club #5
SIDE PRESS, DUMBBELL, RIGHT	55	M	115	67	Lupo, Tony	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
SIDE PRESS, DUMBBELL, RIGHT	60	M	115	62	Lupo, Tony	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	65	M	85	55	DeForest, Dave	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
SIDE PRESS, DUMBBELL, RIGHT	65	M	90	50	Caron, Joe	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	75	M	110	10	Ross, Dean	8/3/2019	PRESIDENTIAL CUP (2019)
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	35	10	Wenzel, Logan	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	70	60	Wenzel, Riley	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	75	55	Ortega, Toby	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	80	85	Smith, Abe	12/9/2000	2000 Gordon Strain
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	85	120	Smith, Abe	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO

USAWA Record List

SIDE PRESS, DUMBBELL, RIGHT	ALL	M	90	65	Stearns, Ashley	10/12/2024	Clarks Gym RD #5 (2024)
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	95	100	Stearns, Ashley	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	100	57	Gupta, Sanjiv	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	105	100	McBride, Mike	12/11/1999	99 Gordon Strain
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	110	95	Wenzel, Jeff	8/10/2024	2024 Two-Fisted Challenge RD
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	115	67	Lupo, Tony	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	120	90	Ridout, Mitch	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	125+	154	Beath, Ernie	12/6/2009	2009 John's BD Record Day
SNATCH, 2 DUMBBELLS	13	F	50	30	Jobe, Gabby	9/30/2012	2012 Delaware Postal
SNATCH, 2 DUMBBELLS	50	F	50	50	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
SNATCH, 2 DUMBBELLS	55	F	90	30	Lupo, Allison	6/9/2024	RD - Clark's Gym 3
SNATCH, 2 DUMBBELLS	ALL	F	50	50	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
SNATCH, 2 DUMBBELLS	ALL	F	75	30	Diggs, Crystal	9/30/2018	POSTAL (2018) - Q3
SNATCH, 2 DUMBBELLS	ALL	F	90	30	Lupo, Allison	6/9/2024	RD - Clark's Gym 3
SNATCH, 2 DUMBBELLS	13	M	35	20	Wenzel, Logan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
SNATCH, 2 DUMBBELLS	14	M	90	60	Habecker, Aidan	9/30/2018	POSTAL (2018) - Q3
SNATCH, 2 DUMBBELLS	16	M	75	80	Heit, Calvin	9/30/2018	POSTAL (2018) - Q3
SNATCH, 2 DUMBBELLS	40	M	90	140	Strangeway, John	9/30/2018	POSTAL (2018) - Q3
SNATCH, 2 DUMBBELLS	40	M	115	160	Ullom, Chad	9/30/2012	2012 Delaware Postal
SNATCH, 2 DUMBBELLS	40	M	120	160	Todd, Eric	9/30/2018	POSTAL (2018) - Q3
SNATCH, 2 DUMBBELLS	45	M	90	120	Songster, Tim	9/30/2012	2012 Delaware Postal
SNATCH, 2 DUMBBELLS	50	M	90	132	Bryan, Barry	9/30/2012	2012 Delaware Postal
SNATCH, 2 DUMBBELLS	50	M	100	80	Hadley, Patrick	5/12/2024	Record Day- Clark's Gym 2
SNATCH, 2 DUMBBELLS	50	M	105	130	Wenzel, Jeff	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
SNATCH, 2 DUMBBELLS	50	M	110	100	Poore, Clint	5/12/2024	Record Day- Clark's Gym 2
SNATCH, 2 DUMBBELLS	50	M	115	80	Poore, Clint	4/14/2024	Record Day- Clark's Gym 1
SNATCH, 2 DUMBBELLS	50	M	125+	70	Foster, Lance	9/30/2018	POSTAL (2018) - Q3
SNATCH, 2 DUMBBELLS	55	M	110	70	Lupo, Tony	6/9/2024	RD - Clark's Gym 3
SNATCH, 2 DUMBBELLS	60	M	80	90	DeForest, Dave	10/12/2024	Clarks Gym RD #5 (2024)
SNATCH, 2 DUMBBELLS	60	M	90	100	DeForest, Dave	5/14/2023	Diamond Jubilee (2023), Columbia, MO - RD
SNATCH, 2 DUMBBELLS	65	M	85	90	DeForest, Dave	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
SNATCH, 2 DUMBBELLS	65	M	90	88	Habecker, Denny	9/30/2012	2012 Delaware Postal
SNATCH, 2 DUMBBELLS	70	M	110	70	Myers, LaVerne	9/30/2018	POSTAL (2018) - Q3
SNATCH, 2 DUMBBELLS	75	M	90	60	Habecker, Denny	9/30/2018	POSTAL (2018) - Q3
SNATCH, 2 DUMBBELLS	ALL	M	35	20	Wenzel, Logan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
SNATCH, 2 DUMBBELLS	ALL	M	70	80	Wenzel, Riley	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
SNATCH, 2 DUMBBELLS	ALL	M	75	80	Heit, Calvin	9/30/2018	POSTAL (2018) - Q3
SNATCH, 2 DUMBBELLS	ALL	M	80	90	DeForest, Dave	10/12/2024	Clarks Gym RD #5 (2024)
SNATCH, 2 DUMBBELLS	ALL	M	85	100	Luther, Travis	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
SNATCH, 2 DUMBBELLS	ALL	M	90	140	Strangeway, John	9/30/2018	POSTAL (2018) - Q3
SNATCH, 2 DUMBBELLS	ALL	M	95	140	Pruznick, Miles	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
SNATCH, 2 DUMBBELLS	ALL	M	100	80	Hadley, Patrick	5/12/2024	Record Day- Clark's Gym 2

USAWA Record List

SNATCH, 2 DUMBBELLS	ALL	M	105	130	Wenzel, Jeff	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
SNATCH, 2 DUMBBELLS	ALL	M	110	100	Poore, Clint	5/12/2024	Record Day- Clark's Gym 2
SNATCH, 2 DUMBBELLS	ALL	M	115	160	Ullom, Chad	9/30/2012	2012 Delaware Postal
SNATCH, 2 DUMBBELLS	ALL	M	120	160	Todd, Eric	9/30/2018	POSTAL (2018) - Q3
SNATCH, 2 DUMBBELLS	ALL	M	125+	120	Tully, Scott	8/18/2013	RD - Dino Days (2013)
SNATCH, DUMBBELL, LEFT	13	F	60	30	Myers, Molly	2/14/2010	RD - Dino Gym (2010)
SNATCH, DUMBBELL, LEFT	40	F	75	35	Hopps, Jessica	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
SNATCH, DUMBBELL, LEFT	50	F	50	45	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
SNATCH, DUMBBELL, LEFT	55	F	55	35	Phumchaona, Noi	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, LEFT	55	F	60	32	VanWagner, Kim	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
SNATCH, DUMBBELL, LEFT	55	F	100	30	Gore, Lisa	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
SNATCH, DUMBBELL, LEFT	ALL	F	50	45	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
SNATCH, DUMBBELL, LEFT	ALL	F	55	35	Phumchaona, Noi	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, LEFT	ALL	F	60	32	VanWagner, Kim	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
SNATCH, DUMBBELL, LEFT	ALL	F	70	25	Diggs, Crystal	12/31/2015	POSTAL (2015) - Q4
SNATCH, DUMBBELL, LEFT	ALL	F	75	35	Hopps, Jessica	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
SNATCH, DUMBBELL, LEFT	ALL	F	100	60	Kressly, Jera	8/29/2015	2015 Club Championships
SNATCH, DUMBBELL, LEFT	13	M	35	10	Wenzel, Logan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
SNATCH, DUMBBELL, LEFT	14	M	65	55	Kressly, Draven	8/29/2015	2015 Club Championships
SNATCH, DUMBBELL, LEFT	16	M	75	100	McGowan, Andrew	10/17/2004	2004 Art's Birthday Bash
SNATCH, DUMBBELL, LEFT	16	M	80	110	Ibrahim, Sammy	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, LEFT	40	M	70	88	Waterman, Chris	2/24/1996	96 Buckeye Record Breaker
SNATCH, DUMBBELL, LEFT	40	M	80	115	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
SNATCH, DUMBBELL, LEFT	40	M	85	120	Smith, Abe	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, LEFT	40	M	90	110	English, Robert	7/25/1993	RD - Ambridge
SNATCH, DUMBBELL, LEFT	40	M	95	120	Strangeway, John	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, LEFT	40	M	110	120	Ciavattone, Jeff	12/31/2021	New Years Eve Record Breaker 2021
SNATCH, DUMBBELL, LEFT	40	M	115	125	Ullom, Chad	8/29/2015	2015 Club Championships
SNATCH, DUMBBELL, LEFT	40	M	120	85	Ullom, Chad	1/24/2015	2015 Florida RD
SNATCH, DUMBBELL, LEFT	40	M	125	75	Todd, Chris	12/11/2021	RD - Lift for Leroy '21
SNATCH, DUMBBELL, LEFT	40	M	125+	110	O'Brien, John	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, LEFT	45	M	75	90	Ortega, Toby	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, LEFT	45	M	80	95	Hirsh, Bob	11/23/2003	2003 Jump Stretch Record
SNATCH, DUMBBELL, LEFT	45	M	95	75	Fobes, Jarrod	3/31/2026	POSTAL (2026) -Q1
SNATCH, DUMBBELL, LEFT	45	M	100	87	Fobes, Jarrod	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
SNATCH, DUMBBELL, LEFT	45	M	110	110	Ullom, Chad	8/31/2017	POSTAL (2017) - IAWA WORLD CHAMPIONSHIP
SNATCH, DUMBBELL, LEFT	45	M	125+	100	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
SNATCH, DUMBBELL, LEFT	50	M	50	25	Hook, Thong	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, LEFT	50	M	85	110	Wagman, Dan	2/10/2013	RD - Dino Gym (2013)
SNATCH, DUMBBELL, LEFT	50	M	95	72	Gupta, Sanjiv	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, LEFT	50	M	110	65	Poore, Clint	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
SNATCH, DUMBBELL, LEFT	50	M	115	60	Poore, Clint	4/7/2024	RD - Buffville 3

USAWA Record List

SNATCH, DUMBBELL, LEFT	50	M	120	75	Poore, Clint	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
SNATCH, DUMBBELL, LEFT	50	M	125+	95	Van Vleck, Thom	1/27/2018	Dino Gym Challenge (2018)
SNATCH, DUMBBELL, LEFT	55	M	75	45	Marchand, Wade	3/31/2026	POSTAL (2026) -Q1
SNATCH, DUMBBELL, LEFT	55	M	100	85	Hose, Tony	3/31/2026	POSTAL (2026) -Q1
SNATCH, DUMBBELL, LEFT	55	M	110	81	Lupo, Tony	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
SNATCH, DUMBBELL, LEFT	55	M	115	95	Glasgow, Dave	7/31/2011	2011 Ledaig Record Breaker
SNATCH, DUMBBELL, LEFT	60	M	80	56	DeForest, Dave	6/9/2024	RD - Stars of Tomorrow on parade
SNATCH, DUMBBELL, LEFT	60	M	85	60	Graham, Don	10/16/2016	2016 Art's Birthday Bash
SNATCH, DUMBBELL, LEFT	60	M	90	65	DeForest, Dave	4/22/2023	BENCH PRESS DECATHLON
SNATCH, DUMBBELL, LEFT	60	M	110	85	Lupo, Tony	3/31/2026	POSTAL (2026) -Q1
SNATCH, DUMBBELL, LEFT	65	M	70	51	Pensyl, Barry	5/6/2017	2017 Lebanon, PA Valley RD
SNATCH, DUMBBELL, LEFT	65	M	75	54	Mitchell, Dennis	2/27/1999	99 Buckeye Record Breaker
SNATCH, DUMBBELL, LEFT	65	M	85	65	DeForest, Dave	3/31/2026	POSTAL (2026) -Q1
SNATCH, DUMBBELL, LEFT	65	M	90	55	Habecker, Denny	10/16/2011	2011 Arts Birthday Bash
SNATCH, DUMBBELL, LEFT	65	M	110	50	Licini, Jerome	3/31/2026	POSTAL (2026) -Q1
SNATCH, DUMBBELL, LEFT	65	M	125	60	Geib, Bob	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, LEFT	70	M	70	51	Pensyl, Barry	8/4/2018	PRESIDENTIAL CUP (2018)
SNATCH, DUMBBELL, LEFT	70	M	90	68	Smith, Randy	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
SNATCH, DUMBBELL, LEFT	70	M	105	45	Ross, Dean	7/15/2017	2017 Club Championships
SNATCH, DUMBBELL, LEFT	70	M	110	57	Myers, LaVerne	8/31/2017	POSTAL (2017) - IAWA WORLD CHAMPIONSHIP
SNATCH, DUMBBELL, LEFT	70	M	115	60	Ross, Dean	8/29/2015	2015 Club Championships
SNATCH, DUMBBELL, LEFT	70	M	125	55	Ross, Dean	2/10/2013	RD - Dino Gym (2013)
SNATCH, DUMBBELL, LEFT	75	M	60	35	Pensyl, Barry	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
SNATCH, DUMBBELL, LEFT	75	M	65	45	Pensyl, Barry	5/20/2023	RD - Lebanon, PA '23
SNATCH, DUMBBELL, LEFT	75	M	75	27	Mitchell, Dennis	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, LEFT	75	M	90	55	Prechtel, Howard	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, LEFT	75	M	100	40	Ross, Dean	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, LEFT	75	M	105	45	Myers, LaVerne	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, LEFT	80	M	80	35	Montini, Art	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, LEFT	ALL	M	35	10	Wenzel, Logan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
SNATCH, DUMBBELL, LEFT	ALL	M	50	25	Hook, Thong	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, LEFT	ALL	M	60	35	Pensyl, Barry	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
SNATCH, DUMBBELL, LEFT	ALL	M	65	55	Kressly, Draven	8/29/2015	2015 Club Championships
SNATCH, DUMBBELL, LEFT	ALL	M	70	88	Waterman, Chris	2/24/1996	96 Buckeye Record Breaker
SNATCH, DUMBBELL, LEFT	ALL	M	75	100	McGowan, Andrew	10/17/2004	2004 Art's Birthday Bash
SNATCH, DUMBBELL, LEFT	ALL	M	80	115	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
SNATCH, DUMBBELL, LEFT	ALL	M	85	131	Smith, Abe	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, LEFT	ALL	M	90	110	English, Robert	7/25/1993	RD - Ambridge
SNATCH, DUMBBELL, LEFT	ALL	M	95	120	Strangeway, John	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, LEFT	ALL	M	100	117	Cortez, Collin	8/5/2017	PRESIDENTIAL CUP (2017)
SNATCH, DUMBBELL, LEFT	ALL	M	105	90	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
SNATCH, DUMBBELL, LEFT	ALL	M	110	120	Ciavattone, Jeff	12/31/2021	New Years Eve Record Breaker 2021

USAWA Record List

SNATCH, DUMBBELL, LEFT	ALL	M	115	125	Ullom, Chad	8/29/2015	2015 Club Championships
SNATCH, DUMBBELL, LEFT	ALL	M	120	85	Ullom, Chad	1/24/2015	2015 Florida RD
SNATCH, DUMBBELL, LEFT	ALL	M	125	75	Todd, Chris	12/11/2021	RD - Lift for Leroy '21
SNATCH, DUMBBELL, LEFT	ALL	M	125+	110	O'Brien, John	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, LEFT	NAT	M	75	27	Mitchell, Dennis	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, LEFT	NAT	M	80	110	Ibrahim, Sammy	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, LEFT	NAT	M	115	110	Ullom, Chad	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, LEFT	NAT	M	125	60	Geib, Bob	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, LEFT	NAT	M	125+	110	O'Brien, John	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	13	F	25	7	Wenzel, Dylan	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, RIGHT	13	F	45	18	Todd, Phoebe	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, RIGHT	13	F	60	30	Myers, Molly	2/14/2010	RD - Dino Gym (2010)
SNATCH, DUMBBELL, RIGHT	13	F	70	20	Smith, Kylie	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, RIGHT	16	F	40	22	Gupta, Nisha	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
SNATCH, DUMBBELL, RIGHT	40	F	75	41	Hopps, Jessica	3/31/2026	POSTAL (2026) -Q1
SNATCH, DUMBBELL, RIGHT	45	F	70	50	Skwarecki, Beth	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, RIGHT	45	F	90	40	Sees, Susan	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	45	F	125+	70	McConnaughey, Mary	7/23/2005	Bulldog Record Day
SNATCH, DUMBBELL, RIGHT	50	F	50	45	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
SNATCH, DUMBBELL, RIGHT	55	F	50	50	Jackson, RJ	8/31/2017	POSTAL (2017) - IAWA WORLD CHAMPIONSHIP
SNATCH, DUMBBELL, RIGHT	55	F	55	36	Phumchaona, Noi	5/10/2003	2003 Buckeye Record Break
SNATCH, DUMBBELL, RIGHT	55	F	60	27	VanWagner, Kim	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, RIGHT	55	F	75	40	Hopps, Jessica	11/8/2025	2025 High Country Vigour Cup and RD. Lakewood, CO
SNATCH, DUMBBELL, RIGHT	55	F	90	30	Lupo, Allison	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, RIGHT	60	F	85	20	Thompson, Janet	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, RIGHT	65	F	75	25	Thompson, Janet	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, RIGHT	ALL	F	25	7	Wenzel, Dylan	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, RIGHT	ALL	F	40	22	Gupta, Nisha	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
SNATCH, DUMBBELL, RIGHT	ALL	F	45	18	Todd, Phoebe	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, RIGHT	ALL	F	50	50	Jackson, RJ	8/31/2017	POSTAL (2017) - IAWA WORLD CHAMPIONSHIP
SNATCH, DUMBBELL, RIGHT	ALL	F	55	36	Phumchaona, Noi	5/10/2003	2003 Buckeye Record Break
SNATCH, DUMBBELL, RIGHT	ALL	F	60	30	Myers, Molly	2/14/2010	RD - Dino Gym (2010)
SNATCH, DUMBBELL, RIGHT	ALL	F	65	60	Tseng, Esmie	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, RIGHT	ALL	F	70	75	Sinkler, Jen	3/3/2012	2012 Minnesota Meet
SNATCH, DUMBBELL, RIGHT	ALL	F	75	30	Diggs, Crystal	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, RIGHT	ALL	F	85	45	Todd, Stacy	12/10/2022	RD - Lift for Leroy '22
SNATCH, DUMBBELL, RIGHT	ALL	F	90	40	Sees, Susan	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	ALL	F	100	65	Kressly, Jera	7/15/2017	2017 Club Championships
SNATCH, DUMBBELL, RIGHT	ALL	F	110	70	Channel, Jamie	7/15/2017	2017 Club Championships
SNATCH, DUMBBELL, RIGHT	ALL	F	125+	70	McConnaughey, Mary	7/23/2005	Bulldog Record Day
SNATCH, DUMBBELL, RIGHT	NAT	F	65	45	Glasgow, Amber	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	NAT	F	75	25	Kahn, Helen	6/25/2011	NATIONALS (2011) - Kirksville, MO

USAWA Record List

SNATCH, DUMBBELL, RIGHT	NAT	F	90	40	Sees, Susan	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	13	M	35	15	Todd, Leroy	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, RIGHT	13	M	40	18	Wenzel, Logan	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, RIGHT	13	M	50	27	Todd, Leroy	11/18/2023	RD - Lift for Leroy '23
SNATCH, DUMBBELL, RIGHT	14	M	70	47	Habecker, Aidan	9/23/2017	2017 Lift at Lou's
SNATCH, DUMBBELL, RIGHT	14	M	75	44	Habecker, Aidan	12/16/2017	2017 Vernacchio Memorial
SNATCH, DUMBBELL, RIGHT	14	M	125	96	Hess, Kohl	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, RIGHT	16	M	75	100	McGowan, Andrew	10/17/2004	2004 Art's Birthday Bash
SNATCH, DUMBBELL, RIGHT	16	M	100	70	Habecker, Aidan	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, RIGHT	18	M	70	45	Market, Tim	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
SNATCH, DUMBBELL, RIGHT	40	M	70	105	Waterman, Chris	2/24/1996	96 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	40	M	80	115	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	40	M	90	110	English, Robert	7/25/1993	RD - Ambridge
SNATCH, DUMBBELL, RIGHT	40	M	115	146	Myers, Al	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, RIGHT	40	M	120	120	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
SNATCH, DUMBBELL, RIGHT	40	M	125	95	Todd, Chris	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, RIGHT	40	M	125+	140	O'Brien, John	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	45	M	65	90	Pensyl, Barry	10/15/1995	95 Art's Birthday Bash
SNATCH, DUMBBELL, RIGHT	45	M	100	100	Ullom, Chad	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, RIGHT	45	M	105	120	Myers, Al	12/31/2015	POSTAL (2015) - Q4
SNATCH, DUMBBELL, RIGHT	45	M	115	130	Myers, Al	3/3/2012	2012 Minnesota Meet
SNATCH, DUMBBELL, RIGHT	45	M	125+	105	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
SNATCH, DUMBBELL, RIGHT	50	M	50	30	Hook, Thong	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, RIGHT	50	M	80	93	McKean, John	2/27/1999	99 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	50	M	85	110	Wagman, Dan	2/10/2013	RD - Dino Gym (2013)
SNATCH, DUMBBELL, RIGHT	50	M	95	77	Gupta, Sanjiv	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
SNATCH, DUMBBELL, RIGHT	50	M	105	110	Myers, Al	9/30/2017	2017 IAWA Worlds - Perth
SNATCH, DUMBBELL, RIGHT	50	M	110	95	Wenzel, Jeff	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
SNATCH, DUMBBELL, RIGHT	50	M	115	80	Poore, Clint	4/7/2024	RD - Buffville 3
SNATCH, DUMBBELL, RIGHT	50	M	120	100	Schmidt, Scott	10/14/2007	2007 Art's Birthday Bash
SNATCH, DUMBBELL, RIGHT	50	M	125+	105	Van Vleck, Thom	1/27/2018	Dino Gym Challenge (2018)
SNATCH, DUMBBELL, RIGHT	55	M	85	95	Habecker, Denny	3/7/1998	98 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	55	M	90	90	Smith, Randy	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	55	M	95	90	Traub, Larry	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	55	M	110	30	Lupo, Tony	12/7/2024	Old Time Strongman World Championship (2024) RD
SNATCH, DUMBBELL, RIGHT	55	M	115	90	Glasgow, Dave	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	55	M	120	92	Schmidt, Scott	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, RIGHT	55	M	125+	50	Foster, Lance	11/30/2020	POSTAL (2020) - RECORD DAY
SNATCH, DUMBBELL, RIGHT	60	M	80	68	DeForest, Dave	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
SNATCH, DUMBBELL, RIGHT	60	M	85	75	Graham, Don	10/16/2016	2016 Art's Birthday Bash
SNATCH, DUMBBELL, RIGHT	60	M	90	85	DeForest, Dave	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, RIGHT	60	M	95	88	Habecker, Denny	10/4/2003	2003 IAWA - Australia

USAWA Record List

SNATCH, DUMBBELL, RIGHT	60	M	100	65	Wilmot, John	10/1/2008	08 Delaware Postal
SNATCH, DUMBBELL, RIGHT	60	M	120	85	Glasgow, Dave	7/15/2017	2017 Club Championships
SNATCH, DUMBBELL, RIGHT	65	M	70	54	Pensyl, Barry	5/6/2017	2017 Lebanon, PA Valley RD
SNATCH, DUMBBELL, RIGHT	65	M	75	54	Mitchell, Dennis	2/27/1999	99 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	65	M	80	84	Bryan, Barry	3/31/2026	POSTAL (2026) -Q1
SNATCH, DUMBBELL, RIGHT	65	M	85	60	DeForest, Dave	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
SNATCH, DUMBBELL, RIGHT	65	M	90	75	Habecker, Denny	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	65	M	95	65	Carter, John	3/31/2026	POSTAL (2026) -Q1
SNATCH, DUMBBELL, RIGHT	65	M	110	55	Larson, Nils	3/31/2026	POSTAL (2026) -Q1
SNATCH, DUMBBELL, RIGHT	65	M	125	60	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
SNATCH, DUMBBELL, RIGHT	65	M	125+	70	Ross, Dean	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	70	M	70	41	Pensyl, Barry	8/15/2021	PRESIDENTIAL CUP (2021)
SNATCH, DUMBBELL, RIGHT	70	M	90	50	Habecker, Denny	7/15/2017	2017 Club Championships
SNATCH, DUMBBELL, RIGHT	70	M	95	50	Spiegelberg, Bruce	10/1/2008	08 Delaware Postal
SNATCH, DUMBBELL, RIGHT	70	M	105	50	Bletscher, Rudy	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, RIGHT	70	M	110	55	Murdock, Mike	2/13/2011	RD - Dino Gym (2011)
SNATCH, DUMBBELL, RIGHT	70	M	120	55	Ross, Dean	12/31/2015	POSTAL (2015) - Q4
SNATCH, DUMBBELL, RIGHT	70	M	125	55	Ross, Dean	2/10/2013	RD - Dino Gym (2013)
SNATCH, DUMBBELL, RIGHT	75	M	75	27	Mitchell, Dennis	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	75	M	90	57	Habecker, Denny	9/30/2017	2017 IAWA Worlds - Perth
SNATCH, DUMBBELL, RIGHT	75	M	100	45	Bletscher, Rudy	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	80	M	80	33	Habecker, Denny	3/31/2026	POSTAL (2026) -Q1
SNATCH, DUMBBELL, RIGHT	80	M	85	35	Habecker, Denny	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, RIGHT	ALL	M	35	15	Todd, Leroy	6/30/2020	POSTAL (2020) - Q2
SNATCH, DUMBBELL, RIGHT	ALL	M	40	18	Wenzel, Logan	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, RIGHT	ALL	M	50	30	Hook, Thong	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, RIGHT	ALL	M	65	90	Pensyl, Barry	10/15/1995	95 Art's Birthday Bash
SNATCH, DUMBBELL, RIGHT	ALL	M	70	105	Waterman, Chris	2/24/1996	96 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	ALL	M	75	105	Zaremba, Pete	3/7/1998	98 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	ALL	M	80	115	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	ALL	M	85	121	Smith, Abe	11/30/2020	POSTAL (2020) - RECORD DAY
SNATCH, DUMBBELL, RIGHT	ALL	M	90	110	English, Robert	7/25/1993	RD - Ambridge
SNATCH, DUMBBELL, RIGHT	ALL	M	95	120	Dellanave, David	3/3/2012	2012 Minnesota Meet
SNATCH, DUMBBELL, RIGHT	ALL	M	100	130	Cox, Sam	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	ALL	M	105	135	Glass, Adam	3/3/2012	2012 Minnesota Meet
SNATCH, DUMBBELL, RIGHT	ALL	M	110	138	Spayd, Bill	10/4/2003	2003 IAWA - Australia
SNATCH, DUMBBELL, RIGHT	ALL	M	115	146	Myers, Al	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, RIGHT	ALL	M	120	120	Myers, Al	11/21/2009	Record Day - Jackson Weightlifting Club
SNATCH, DUMBBELL, RIGHT	ALL	M	125	130	Marlin, Philip	2/28/2026	2026 USAWA Club Championship - Columbia, MO
SNATCH, DUMBBELL, RIGHT	ALL	M	125+	140	O'Brien, John	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	NAT	M	75	27	Mitchell, Dennis	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	NAT	M	90	90	Smith, Randy	6/25/2011	NATIONALS (2011) - Kirksville, MO

USAWA Record List

SNATCH, DUMBBELL, RIGHT	NAT	M	95	90	Garcia, Joe	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	NAT	M	100	130	Cox, Sam	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	NAT	M	105	50	Murdock, Mike	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	NAT	M	115	140	Ullom, Chad	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	NAT	M	125	50	Geib, Bob	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, DUMBBELL, RIGHT	NAT	M	125+	140	O'Brien, John	6/25/2011	NATIONALS (2011) - Kirksville, MO
SNATCH, FROM HANG	13	F	30	26	Monk, Elizabeth	10/16/2005	2005 IAWA
SNATCH, FROM HANG	13	F	45	41	Van Vleck, Morgan	11/21/2009	Record Day - Jackson Weightlifting Club
SNATCH, FROM HANG	13	F	50	25	Todd, Phoebe	12/31/2020	POSTAL (2020) - Q4
SNATCH, FROM HANG	13	F	55	60	Collins, Natalie	12/31/2020	POSTAL (2020) - Q4
SNATCH, FROM HANG	13	F	60	50	Todd, Phoebe	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	13	F	75	75	Myers, Molly	6/30/2012	2012 Middle Atlantic Postal
SNATCH, FROM HANG	14	F	65	45	Ullom, Brianna	6/30/2012	2012 Middle Atlantic Postal
SNATCH, FROM HANG	14	F	70	60	Todd, Lillian	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	16	F	80	83	Myers, Molly	12/31/2014	POSTAL (2014) - Q4
SNATCH, FROM HANG	40	F	65	50	Scowden, Tonia	10/16/2005	2005 IAWA
SNATCH, FROM HANG	40	F	70	120	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
SNATCH, FROM HANG	40	F	85	80	Todd, Stacy	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	40	F	105	115	Jones, Joanna	7/13/2019	2019 Schmidt's RD
SNATCH, FROM HANG	50	F	50	65	Jackson, RJ	12/31/2014	POSTAL (2014) - Q4
SNATCH, FROM HANG	55	F	50	70	Jackson, RJ	6/30/2017	POSTAL (2017) - Q2
SNATCH, FROM HANG	55	F	90	37	Lupo, Allison	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	60	F	85	22	Thompson, Janet	12/31/2020	POSTAL (2020) - Q4
SNATCH, FROM HANG	65	F	80	35	Thompson, Janet	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	ALL	F	30	26	Monk, Elizabeth	10/16/2005	2005 IAWA
SNATCH, FROM HANG	ALL	F	45	41	Van Vleck, Morgan	11/21/2009	Record Day - Jackson Weightlifting Club
SNATCH, FROM HANG	ALL	F	50	70	Jackson, RJ	6/30/2017	POSTAL (2017) - Q2
SNATCH, FROM HANG	ALL	F	55	60	Collins, Natalie	12/31/2020	POSTAL (2020) - Q4
SNATCH, FROM HANG	ALL	F	60	88	Skwarecki, Beth	10/6/2019	2019 Worlds - Abilene
SNATCH, FROM HANG	ALL	F	65	88	Skwarecki, Beth	12/7/2019	2019 Memorial Record Day
SNATCH, FROM HANG	ALL	F	70	120	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
SNATCH, FROM HANG	ALL	F	75	88	Cicero, Kasey	12/16/2023	2023 Memorial Record Day
SNATCH, FROM HANG	ALL	F	80	83	Myers, Molly	12/31/2014	POSTAL (2014) - Q4
SNATCH, FROM HANG	ALL	F	85	80	Todd, Stacy	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	ALL	F	90	37	Lupo, Allison	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	ALL	F	105	115	Jones, Joanna	7/13/2019	2019 Schmidt's RD
SNATCH, FROM HANG	13	M	35	25	WEnzel, Logan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
SNATCH, FROM HANG	13	M	45	30	Todd, Everett	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	13	M	50	40	Todd, Leroy	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	13	M	65	61	Habecker, Aidan	6/30/2017	POSTAL (2017) - Q2
SNATCH, FROM HANG	13	M	80	88	Beck, Steve	10/16/2005	2005 IAWA
SNATCH, FROM HANG	14	M	70	77	Lestan, Eric	6/22/2019	NATIONALS (2019) - Lebanon, PA

USAWA Record List

SNATCH, FROM HANG	14	M	75	80	Marchand, Michael	12/31/2020	POSTAL (2020) - Q4
SNATCH, FROM HANG	14	M	95	99	Habecker, Aidan	6/22/2019	NATIONALS (2019) - Lebanon, PA
SNATCH, FROM HANG	14	M	125+	132	Hess, Kohl	6/27/2010	NATIONALS (2010) - Lebanon, PA
SNATCH, FROM HANG	16	M	55	99	Achenbach, Justin	10/16/2005	2005 IAWA
SNATCH, FROM HANG	16	M	60	75	Wenzel, Spencer	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	16	M	70	95	Heit, Calvin	3/31/2018	POSTAL (2018) - Q1
SNATCH, FROM HANG	16	M	80	121	Monk, Joshua	10/16/2005	2005 IAWA
SNATCH, FROM HANG	16	M	95	99	Habecker, Aidan	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
SNATCH, FROM HANG	16	M	105	121	Habecker, Aidan	12/31/2020	POSTAL (2020) - Q4
SNATCH, FROM HANG	16	M	110	44	Ciavattone, Frank III	6/27/2010	NATIONALS (2010) - Lebanon, PA
SNATCH, FROM HANG	18	M	70	95	Dunlap, Cale	12/31/2014	POSTAL (2014) - Q4
SNATCH, FROM HANG	40	M	75	152	LaPointe, Roger	3/10/2012	2012 Club Challenge
SNATCH, FROM HANG	40	M	95	171	Strangeway, John	10/6/2019	2019 Worlds - Abilene
SNATCH, FROM HANG	40	M	100	175	Strangeway, John	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
SNATCH, FROM HANG	40	M	110	132	Silvestri, Larry	10/16/2005	2005 IAWA
SNATCH, FROM HANG	40	M	115	198	Ullom, Chad	6/30/2012	2012 Middle Atlantic Postal
SNATCH, FROM HANG	40	M	120	192	Myers, Al	6/27/2010	NATIONALS (2010) - Lebanon, PA
SNATCH, FROM HANG	40	M	125	149	Todd, Chris	10/6/2019	2019 Worlds - Abilene
SNATCH, FROM HANG	40	M	125+	154	Barnhart, Darren	6/30/2012	2012 Middle Atlantic Postal
SNATCH, FROM HANG	45	M	85	132	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
SNATCH, FROM HANG	45	M	100	135	Songster, Tim	6/30/2012	2012 Middle Atlantic Postal
SNATCH, FROM HANG	45	M	105	135	Wenzel, Jeff	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	45	M	110	157	Wenzel, Jeff	10/5/2024	Buffville Road to the Century Club #6
SNATCH, FROM HANG	45	M	115	95	Ullom, Chad	3/31/2018	POSTAL (2018) - Q1
SNATCH, FROM HANG	45	M	120	154	Schmidt, Scott	10/13/2002	2002 Art's Birthday Bash
SNATCH, FROM HANG	45	M	125	131	Todd, Eric	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	45	M	125+	198	Fulton, Kevin	10/16/2005	2005 IAWA
SNATCH, FROM HANG	50	M	70	75	Marchand, Wade	12/31/2020	POSTAL (2020) - Q4
SNATCH, FROM HANG	50	M	75	149	Waterman, Chris	10/16/2005	2005 IAWA
SNATCH, FROM HANG	50	M	90	143	Smith, Randy	10/16/2005	2005 IAWA
SNATCH, FROM HANG	50	M	95	105	Gupta, Sanjiv	4/7/2024	Bench press Heptathlon
SNATCH, FROM HANG	50	M	100	171	Schock, Ed	10/16/2005	2005 IAWA
SNATCH, FROM HANG	50	M	105	130	Wenzel, Jeff	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
SNATCH, FROM HANG	50	M	110	120	Myers, Al	6/30/2019	POSTAL (2019) - Q2
SNATCH, FROM HANG	50	M	120	182	Schmidt, Scott	10/16/2005	2005 IAWA
SNATCH, FROM HANG	50	M	125	55	Ciavattone, Frank	10/16/2005	2005 IAWA
SNATCH, FROM HANG	50	M	125+	95	Foster, Lance	6/30/2017	POSTAL (2017) - Q2
SNATCH, FROM HANG	55	M	60	125	Tarwater, Art	10/18/1999	Clarks - Postal Meet
SNATCH, FROM HANG	55	M	80	95	McKean, John	11/23/2003	2003 Jump Stretch Record
SNATCH, FROM HANG	55	M	85	110	McKean, John	10/16/2005	2005 IAWA
SNATCH, FROM HANG	55	M	90	127	Bryan, Barry	12/31/2014	POSTAL (2014) - Q4
SNATCH, FROM HANG	55	M	110	127	Jury, Steve	12/16/2023	2023 Memorial Record Day

USAWA Record List

SNATCH, FROM HANG	55	M	115	100	Raymond, Mark	6/30/2019	POSTAL (2019) - Q2
SNATCH, FROM HANG	55	M	120	154	Schmidt, Scott	6/27/2010	NATIONALS (2010) - Lebanon, PA
SNATCH, FROM HANG	55	M	125+	154	Douglas, John	10/6/2019	2019 Worlds - Abilene
SNATCH, FROM HANG	60	M	80	95	DeForest, Dave	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
SNATCH, FROM HANG	60	M	85	105	DeForest, Dave	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	60	M	90	138	Habecker, Denny	10/13/2002	2002 Art's Birthday Bash
SNATCH, FROM HANG	60	M	115	154	Malloy, Jim	10/16/2005	2005 IAWA
SNATCH, FROM HANG	60	M	120	55	Geib, Bob	10/16/2005	2005 IAWA
SNATCH, FROM HANG	60	M	125+	44	Ciavattone, Frank	10/6/2019	2019 Worlds - Abilene
SNATCH, FROM HANG	65	M	75	99	Kondosch, Klaus	7/13/2019	2019 Schmidt's RD
SNATCH, FROM HANG	65	M	80	27	Friesz, Dale	6/27/2010	NATIONALS (2010) - Lebanon, PA
SNATCH, FROM HANG	65	M	85	112	Bryan, Barry	12/16/2023	2023 Memorial Record Day
SNATCH, FROM HANG	65	M	90	99	Habecker, Denny	6/30/2012	2012 Middle Atlantic Postal
SNATCH, FROM HANG	65	M	95	100	Carter, John	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	65	M	100	132	Prechtel, Howard	10/16/1994	94 U.S. Inlands
SNATCH, FROM HANG	65	M	105	110	Montini, Rob	10/14/2012	2012 Arts Birthday Bash
SNATCH, FROM HANG	65	M	110	66	Puzin, Carl	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	65	M	115	154	Malloy, Jim	10/14/2007	2007 Art's Birthday Bash
SNATCH, FROM HANG	65	M	125	110	Ciavattone, Frank	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	70	M	70	74	Pensyl, Barry	8/31/2019	POSTAL (2019) - IAWA WORLD CHAMPIONSHIP
SNATCH, FROM HANG	70	M	75	66	Mitchell, Dennis	10/16/2005	2005 IAWA
SNATCH, FROM HANG	70	M	90	110	Durante, Richard	10/16/2005	2005 IAWA
SNATCH, FROM HANG	70	M	110	95	Murdock, Mike	2/13/2011	RD - Dino Gym (2011)
SNATCH, FROM HANG	75	M	60	44	Pensyl, Barry	5/17/2025	Lebanon Valley RD 2025, Lebanon, PA
SNATCH, FROM HANG	75	M	70	44	Mitchell, Dennis	6/27/2010	NATIONALS (2010) - Lebanon, PA
SNATCH, FROM HANG	75	M	85	82	Habecker, Denny	10/6/2019	2019 Worlds - Abilene
SNATCH, FROM HANG	75	M	90	83	Habecker, Denny	8/4/2018	PRESIDENTIAL CUP (2018)
SNATCH, FROM HANG	75	M	95	45	Ross, Dean	12/31/2020	POSTAL (2020) - Q4
SNATCH, FROM HANG	75	M	105	77	Myers, LaVerne	6/22/2019	NATIONALS (2019) - Lebanon, PA
SNATCH, FROM HANG	75	M	110	75	Myers, LaVerne	6/30/2019	POSTAL (2019) - Q2
SNATCH, FROM HANG	80	M	80	61	Habecker, Denny	12/16/2023	2023 Memorial Record Day
SNATCH, FROM HANG	80	M	85	66	Montini, Art	6/27/2010	NATIONALS (2010) - Lebanon, PA
SNATCH, FROM HANG	85	M	65	22	Mitchell, Dennis	10/6/2019	2019 Worlds - Abilene
SNATCH, FROM HANG	90	M	95	22	Clark, Bill	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	ALL	M	35	25	Wenzel, Logan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
SNATCH, FROM HANG	ALL	M	45	30	Todd, Everett	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	ALL	M	50	40	Todd, Leroy	12/31/2023	POSTAL (2023) - Q4
SNATCH, FROM HANG	ALL	M	60	125	Tarwater, Art	10/18/1999	Clarks - Postal Meet
SNATCH, FROM HANG	ALL	M	65	61	Habecker, Aidan	6/30/2017	POSTAL (2017) - Q2
SNATCH, FROM HANG	ALL	M	70	165	Monk, John	10/16/2005	2005 IAWA
SNATCH, FROM HANG	ALL	M	75	187	James, George	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
SNATCH, FROM HANG	ALL	M	80	151	Wagman, Dan	12/31/2023	POSTAL (2023) - Q4

USAWA Record List

SNATCH, FROM HANG	ALL	M	85	185	Smith, Abe	12/31/2020	POSTAL (2020) - Q4
SNATCH, FROM HANG	ALL	M	90	187	Pinkerton, Tim	1/20/2007	Dino Gym Challenge (2007)
SNATCH, FROM HANG	ALL	M	95	185	Sawyers, Wyatt	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
SNATCH, FROM HANG	ALL	M	100	205	McBride, Mike	10/18/1999	Clarks - Postal Meet
SNATCH, FROM HANG	ALL	M	105	170	Lucht, Mike	11/1/2014	2014 OTSM Championships
SNATCH, FROM HANG	ALL	M	110	204	Spayd, Bill	10/16/2005	2005 IAWA
SNATCH, FROM HANG	ALL	M	115	198	Ullom, Chad	6/30/2012	2012 Middle Atlantic Postal
SNATCH, FROM HANG	ALL	M	120	220	Fulton, Kevin	10/18/1999	Clarks - Postal Meet
SNATCH, FROM HANG	ALL	M	125	220	Lestan, Chris	12/31/2020	POSTAL (2020) - Q4
SNATCH, FROM HANG	ALL	M	125+	210	Lestan, Chris	10/6/2019	2019 Worlds - Abilene
SNATCH, FROM HANG	NAT	M	70	77	Lestan, Eric	6/22/2019	NATIONALS (2019) - Lebanon, PA
SNATCH, FROM HANG	NAT	M	80	27	Friesz, Dale	6/26/2010	NATIONALS (2010) - Lebanon, PA
SNATCH, FROM HANG	NAT	M	85	110	Habecker, Denny	6/26/2010	NATIONALS (2010) - Lebanon, PA
SNATCH, FROM HANG	NAT	M	90	132	Smith, Randy	6/26/2010	NATIONALS (2010) - Lebanon, PA
SNATCH, FROM HANG	NAT	M	95	99	Habecker, Aidan	6/22/2019	NATIONALS (2019) - Lebanon, PA
SNATCH, FROM HANG	NAT	M	105	127	Myers, Al	6/22/2019	NATIONALS (2019) - Lebanon, PA
SNATCH, FROM HANG	NAT	M	110	193	Ullom, Chad	6/26/2010	NATIONALS (2010) - Lebanon, PA
SNATCH, FROM HANG	NAT	M	120	193	Myers, Al	6/26/2010	NATIONALS (2010) - Lebanon, PA
SNATCH, FROM HANG	NAT	M	125	198	Lestan, Chris	6/22/2019	NATIONALS (2019) - Lebanon, PA
SNATCH, FROM HANG	NAT	M	125+	132	Hess, Kohl	6/26/2010	NATIONALS (2010) - Lebanon, PA
SNATCH, FULTON BAR	14	F	80	60	Fritz, Misty	1/15/2005	Dino Gym Challenge (2005)
SNATCH, FULTON BAR	40	F	65	44	Piper, Dawn	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	40	F	70	88	Skwarecki, Beth	8/6/2022	PRESIDENTIAL CUP (2022)
SNATCH, FULTON BAR	45	F	100	44	Sees, Susan	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	45	F	125+	65	McConnaughey, Mary	1/15/2005	Dino Gym Challenge (2005)
SNATCH, FULTON BAR	50	F	50	56	Jackson, RJ	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	ALL	F	50	56	Jackson, RJ	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	ALL	F	65	44	Piper, Dawn	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	ALL	F	70	88	Skwarecki, Beth	8/6/2022	PRESIDENTIAL CUP (2022)
SNATCH, FULTON BAR	ALL	F	80	60	Fritz, Misty	1/15/2005	Dino Gym Challenge (2005)
SNATCH, FULTON BAR	ALL	F	100	77	Kressly, Jera	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	ALL	F	125+	65	McConnaughey, Mary	1/15/2005	Dino Gym Challenge (2005)
SNATCH, FULTON BAR	16	M	95	121	Habecker, Aidan	12/7/2019	2019 Memorial Record Day
SNATCH, FULTON BAR	16	M	110	145	Reel, Ian	1/15/2005	Dino Gym Challenge (2005)
SNATCH, FULTON BAR	18	M	60	66	O'Brien, Mike	12/16/2000	Postal Match - Dec 2000
SNATCH, FULTON BAR	40	M	75	99	LaPointe, Roger	3/10/2012	2012 Club Challenge
SNATCH, FULTON BAR	40	M	85	165	Smith, Abe	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
SNATCH, FULTON BAR	40	M	90	132	Piper, Tim	10/6/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	40	M	115	187	Ullom, Chad	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	40	M	125+	120	Mitchell, Mark	1/15/2005	Dino Gym Challenge (2005)
SNATCH, FULTON BAR	45	M	105	171	English, Robert	11/17/1999	99 Art's Birthday Bash
SNATCH, FULTON BAR	45	M	110	115	McAllister, Kevin	1/15/2005	Dino Gym Challenge (2005)

USAWA Record List

SNATCH, FULTON BAR	45	M	125	110	Ciavattone, Frank	12/16/2000	Postal Match - Dec 2000
SNATCH, FULTON BAR	45	M	125+	110	Maxey, Bob	1/15/2005	Dino Gym Challenge (2005)
SNATCH, FULTON BAR	50	M	85	156	Wagman, Dan	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	50	M	95	95	Gupta, Sanjiv	7/27/2024	Buffville Road to the Century Club #5
SNATCH, FULTON BAR	50	M	100	103	Gupta, Sanjiv	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
SNATCH, FULTON BAR	50	M	105	145	Wenzel, Jeff	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
SNATCH, FULTON BAR	50	M	110	140	Garcia, Joe	1/15/2005	Dino Gym Challenge (2005)
SNATCH, FULTON BAR	55	M	85	128	Habecker, Denny	12/16/2000	Postal Match - Dec 2000
SNATCH, FULTON BAR	55	M	115	137	Glasgow, Dave	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	60	M	80	85	Santangelo, Stephen	12/20/2015	2015 John's RD
SNATCH, FULTON BAR	60	M	125+	115	Ross, Dean	1/15/2005	Dino Gym Challenge (2005)
SNATCH, FULTON BAR	65	M	90	88	Habecker, Denny	8/25/2012	PRESIDENTIAL CUP (2012)
SNATCH, FULTON BAR	65	M	100	85	Bletscher, Rudy	1/15/2005	Dino Gym Challenge (2005)
SNATCH, FULTON BAR	65	M	115	88	Myers, LaVerne	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	65	M	125	44	Geib, Bob	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	70	M	85	99	Habecker, Denny	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	70	M	95	44	Springs, Al	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	75	M	100	66	Bletscher, Rudy	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	80	M	70	35	Mitchell, Dennis	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	80	M	80	49	Montini, Art	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	80	M	90	55	Montini, Art	10/16/2011	2011 Arts Birthday Bash
SNATCH, FULTON BAR	ALL	M	60	66	O'Brien, Mike	12/16/2000	Postal Match - Dec 2000
SNATCH, FULTON BAR	ALL	M	70	142	James, George	10/22/2006	2006 Art's Birthday Bash
SNATCH, FULTON BAR	ALL	M	75	99	LaPointe, Roger	3/10/2012	2012 Club Challenge
SNATCH, FULTON BAR	ALL	M	80	140	Wagman, Dan	10/12/2024	Clarks Gym RD #5 (2024)
SNATCH, FULTON BAR	ALL	M	85	165	Smith, Abe	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
SNATCH, FULTON BAR	ALL	M	90	145	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
SNATCH, FULTON BAR	ALL	M	95	121	Habecker, Aidan	12/7/2019	2019 Memorial Record Day
SNATCH, FULTON BAR	ALL	M	100	141	Edwards, Ben	12/13/2003	RD - Clark's Gym '03
SNATCH, FULTON BAR	ALL	M	105	171	English, Robert	11/17/1999	99 Art's Birthday Bash
SNATCH, FULTON BAR	ALL	M	110	170	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
SNATCH, FULTON BAR	ALL	M	115	187	Ullom, Chad	10/6/2012	2012 Worlds - Salina
SNATCH, FULTON BAR	ALL	M	120	205	Ullom, Chad	1/15/2005	Dino Gym Challenge (2005)
SNATCH, FULTON BAR	ALL	M	125	145	Marlin, Philip	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
SNATCH, FULTON BAR	ALL	M	125+	200	Campbell, Scott	1/15/2005	Dino Gym Challenge (2005)
SNATCH, KELLY	40	F	65	63	Skwarecki, Beth	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
SNATCH, KELLY	40	F	80	55	Ollennuking, Amorkor	11/19/2005	2005 Bill Fellows Mem
SNATCH, KELLY	50	F	50	40	Jackson, RJ	12/27/2015	RD - Iron Warrior
SNATCH, KELLY	ALL	F	50	40	Jackson, RJ	12/27/2015	RD - Iron Warrior
SNATCH, KELLY	ALL	F	60	37	Maye, Dawn	4/15/2006	2006 Macomb Tax Day
SNATCH, KELLY	ALL	F	65	63	Skwarecki, Beth	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
SNATCH, KELLY	ALL	F	75	35	Trimble, Nicole	10/12/2024	Clarks Gym RD #5 (2024)

USAWA Record List

SNATCH, KELLY	ALL	F	80	55	Ollennuking, Amorkor	11/19/2005	2005 Bill Fellows Mem
SNATCH, KELLY	16	M	75	30	Quick, Sean	10/30/1999	99 NoWeight Dozen
SNATCH, KELLY	40	M	70	65	Ortega, Toby	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
SNATCH, KELLY	40	M	105	108	Fuller, James	3/16/2013	2013 Franks RB
SNATCH, KELLY	40	M	110	113	Fuller, James	10/12/2013	2013 Arts Birthday Bash
SNATCH, KELLY	40	M	115	50	Myers, Al	1/17/2009	Dino Gym Challenge (2009)
SNATCH, KELLY	45	M	100	52	Lansdown, Christopher	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
SNATCH, KELLY	45	M	125+	22	Rogers, Bill	11/4/2000	2000 No-Weight Dozen
SNATCH, KELLY	60	M	75	40	Santangelo, Stephen	2/15/2015	RD - Dino Gym '15
SNATCH, KELLY	65	M	115	35	Myers, LaVerne	8/28/2011	RD - Dino Days (2011)
SNATCH, KELLY	70	M	105	25	Bletscher, Rudy	1/17/2009	Dino Gym Challenge (2009)
SNATCH, KELLY	ALL	M	70	65	Ortega, Toby	11/9/2024	Buffville Road to the Century VII (2024) -Albany, KY
SNATCH, KELLY	ALL	M	75	40	Santangelo, Stephen	2/15/2015	RD - Dino Gym '15
SNATCH, KELLY	ALL	M	80	88	Woodward, Ryan	10/1/2005	Macomb Record Setter
SNATCH, KELLY	ALL	M	85	103	Woodward, Ryan	4/15/2006	2006 Macomb Tax Day
SNATCH, KELLY	ALL	M	90	82	Piper, Tim	10/28/2006	Macomb Record Setter
SNATCH, KELLY	ALL	M	95	84	Piper, Tim	4/15/2006	2006 Macomb Tax Day
SNATCH, KELLY	ALL	M	100	57	Edwards, Ben	8/28/2011	RD - Dino Days (2011)
SNATCH, KELLY	ALL	M	105	108	Fuller, James	3/16/2013	2013 Franks RB
SNATCH, KELLY	ALL	M	110	113	Fuller, James	10/12/2013	2013 Arts Birthday Bash
SNATCH, KELLY	ALL	M	115	50	Myers, Al	1/17/2009	Dino Gym Challenge (2009)
SNATCH, KELLY	ALL	M	125+	45	Clark, Casey	11/4/2000	2000 No-Weight Dozen
SNATCH, ON KNEES	16	F	55	34	McDonald, Alexandria	3/16/2024	RD - Iron Palaces strongest man
SNATCH, ON KNEES	40	F	70	61	Hall, Rita	8/16/2003	Lebanon, PA County Record Day
SNATCH, ON KNEES	40	F	80	70	Ollennuking, Amorkor	11/19/2005	2005 Bill Fellows Mem
SNATCH, ON KNEES	50	F	50	45	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
SNATCH, ON KNEES	ALL	F	50	45	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
SNATCH, ON KNEES	ALL	F	55	34	McDonald, Alexandria	3/16/2024	RD - Iron Palaces strongest man
SNATCH, ON KNEES	ALL	F	70	61	Hall, Rita	8/16/2003	Lebanon, PA County Record Day
SNATCH, ON KNEES	ALL	F	80	70	Ollennuking, Amorkor	11/19/2005	2005 Bill Fellows Mem
SNATCH, ON KNEES	14	M	125	66	Hall, Josh	8/16/2003	Lebanon, PA County Record Day
SNATCH, ON KNEES	40	M	85	127	Smith, Abe	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
SNATCH, ON KNEES	40	M	105	108	Fuller, James	3/16/2013	2013 Franks RB
SNATCH, ON KNEES	40	M	115	133	Ciavattone, Joe Sr.	11/6/2010	IAWA GOLD CUP (2010) - Walpole, MA
SNATCH, ON KNEES	40	M	120	115	Ullom, Chad	2/9/2014	RD - Dino Gym '14
SNATCH, ON KNEES	40	M	125	85	Todd, Chris	12/10/2022	RD - Lift for Leroy '22
SNATCH, ON KNEES	45	M	95	87	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SNATCH, ON KNEES	45	M	120	130	Todd, Eric	11/30/2020	POSTAL (2020) - RECORD DAY
SNATCH, ON KNEES	45	M	125+	100	Van Vleck, Thom	11/21/2009	Record Day - Jackson Weightlifting Club
SNATCH, ON KNEES	50	M	95	85	Gupta, Sanjiv	8/10/2024	2024 Two-Fisted Challenge RD
SNATCH, ON KNEES	50	M	100	132	Schock, Ed	8/16/2003	Lebanon, PA County Record Day
SNATCH, ON KNEES	50	M	105	127	Wenzel, Jeff	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO

USAWA Record List

SNATCH, ON KNEES	55	M	110	50	Lupo, Tony	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
SNATCH, ON KNEES	55	M	115	75	Lupo, Tony	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
SNATCH, ON KNEES	60	M	80	70	DeForest, Dave	6/9/2024	RD - Clark's Gym 3
SNATCH, ON KNEES	60	M	85	90	DeForest, Dave	5/5/2022	2022 Bench Press Decathlon I and Record Day
SNATCH, ON KNEES	60	M	90	80	DeForest, Dave	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)
SNATCH, ON KNEES	65	M	85	75	DeForest, Dave	3/1/2025	Colorado Single Arm Challenge RD, Lakewood, CO
SNATCH, ON KNEES	ALL	M	80	70	DeForest, Dave	6/9/2024	RD - Clark's Gym 3
SNATCH, ON KNEES	ALL	M	85	127	Smith, Abe	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
SNATCH, ON KNEES	ALL	M	90	80	DeForest, Dave	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)
SNATCH, ON KNEES	ALL	M	95	87	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SNATCH, ON KNEES	ALL	M	100	132	Schock, Ed	8/16/2003	Lebanon, PA County Record Day
SNATCH, ON KNEES	ALL	M	105	127	Wenzel, Jeff	2/28/2026	2026 USAWA Club Championship and RD- Columbia, MO
SNATCH, ON KNEES	ALL	M	110	115	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
SNATCH, ON KNEES	ALL	M	115	135	Ullom, Chad	7/31/2011	2011 Ledaig Record Breaker
SNATCH, ON KNEES	ALL	M	120	130	Todd, Eric	11/30/2020	POSTAL (2020) - RECORD DAY
SNATCH, ON KNEES	ALL	M	125	85	Todd, Chris	12/10/2022	RD - Lift for Leroy '22
SNATCH, ON KNEES	ALL	M	125+	154	Beath, Ernie	11/6/2010	IAWA GOLD CUP (2010) - Walpole, MA
SNATCH, ONE ARM LEFT	55	F	90	20	Lupo, Allison	6/29/2024	NATIONALS (2024) - Columbia, MO
SNATCH, ONE ARM LEFT	ALL	F	90	50	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO
SNATCH, ONE ARM LEFT	ALL	F	90	50	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO
SNATCH, ONE ARM, LEFT	40	F	70	66	Skwarecki, Beth	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
SNATCH, ONE ARM, LEFT	40	F	90	50	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO
SNATCH, ONE ARM, LEFT	50	F	50	62	Jackson, RJ	6/30/2014	POSTAL (2014) - Q2
SNATCH, ONE ARM, LEFT	50	F	55	50	Phumchaona, Noi	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, LEFT	55	F	55	44	Phumchaona, Noi	7/1/2000	2000 USAWA - Lebanon, PA
SNATCH, ONE ARM, LEFT	55	F	60	38	VanWagner, Kim	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
SNATCH, ONE ARM, LEFT	60	F	75	33	Thompson, Janet	12/31/2021	POSTAL (2021) - Q4
SNATCH, ONE ARM, LEFT	ALL	F	50	62	Jackson, RJ	6/30/2014	POSTAL (2014) - Q2
SNATCH, ONE ARM, LEFT	ALL	F	55	50	Phumchaona, Noi	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, LEFT	ALL	F	60	61	Simonsen, Jacqueline	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, LEFT	ALL	F	65	25	Diggs, Crystal	6/30/2014	POSTAL (2014) - Q2
SNATCH, ONE ARM, LEFT	ALL	F	70	66	Skwarecki, Beth	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
SNATCH, ONE ARM, LEFT	ALL	F	75	33	Thompson, Janet	12/31/2021	POSTAL (2021) - Q4
SNATCH, ONE ARM, LEFT	NAT	F	55	44	Phumchaona, Noi	7/2/2000	NATIONALS (2000) - Lebanon, PA
SNATCH, ONE ARM, LEFT	NAT	F	60	61	Simonsen, Jacqueline	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, LEFT	NAT	F	70	33	Springs, Deanna	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, LEFT	13	M	35	22	Geib, Adam	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, LEFT	13	M	80	35	Lansdown, Ajax	6/30/2023	POSTAL (2023) - Q2
SNATCH, ONE ARM, LEFT	16	M	70	80	Jaeschke, Jon	6/1/2003	2003 Polish Days
SNATCH, ONE ARM, LEFT	16	M	75	66	Hancock, Matt	6/20/2015	NATIONALS (2015) - York, PA
SNATCH, ONE ARM, LEFT	16	M	85	110	Holcomb, Seth	6/1/2003	2003 Polish Days
SNATCH, ONE ARM, LEFT	18	M	75	115	Smith, Abe	6/24/2001	NATIONALS (2001) - Columbia, MO

USAWA Record List

SNATCH, ONE ARM, LEFT	18	M	80	100	Smith, Abe	12/9/2000	2000 Gordon Strain
SNATCH, ONE ARM, LEFT	40	M	70	99	Waterman, Chris	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, LEFT	40	M	80	110	Hirsh, Bob	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, LEFT	40	M	85	130	Smith, Abe	6/29/2024	NATIONALS (2024) - Columbia, MO
SNATCH, ONE ARM, LEFT	40	M	100	100	Strangeway, John	6/19/2021	NATIONALS (2021) - Abilene, KS
SNATCH, ONE ARM, LEFT	40	M	105	105	McBride, Mike	6/19/2021	NATIONALS (2021) - Abilene, KS
SNATCH, ONE ARM, LEFT	40	M	110	143	Fuller, James	6/30/2013	NATIONALS (2013) - Lebanon, PA
SNATCH, ONE ARM, LEFT	40	M	115	150	Ullom, Chad	1/14/2012	Dino Gym Challenge (2012)
SNATCH, ONE ARM, LEFT	40	M	125	127	Ciavattone, Frank	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, LEFT	40	M	125+	138	McCoy, Joe	11/7/1987	Wichita, Ks.
SNATCH, ONE ARM, LEFT	45	M	65	100	Pensyl, Barry	10/15/1995	95 Art's Birthday Bash
SNATCH, ONE ARM, LEFT	45	M	70	90	Waterman, Chris	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, LEFT	45	M	75	88	Gorman, Tom	8/15/1999	99 Moore Muscle Classic
SNATCH, ONE ARM, LEFT	45	M	90	95	Smith, Randy	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, LEFT	45	M	95	110	Schock, Ed	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, LEFT	45	M	100	65	Fobes, Jarrod	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
SNATCH, ONE ARM, LEFT	45	M	110	132	Ullom, Chad	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
SNATCH, ONE ARM, LEFT	45	M	115	120	Myers, Al	1/14/2012	Dino Gym Challenge (2012)
SNATCH, ONE ARM, LEFT	45	M	120	110	Karhan, Bob	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, LEFT	45	M	125+	115	Van Vleck, Thom	7/31/2011	2011 Ledaig Record Breaker
SNATCH, ONE ARM, LEFT	50	M	80	85	Habecker, Denny	10/15/1995	95 Art's Birthday Bash
SNATCH, ONE ARM, LEFT	50	M	85	126	Wagman, Dan	12/31/2021	POSTAL (2021) - Q4
SNATCH, ONE ARM, LEFT	50	M	90	105	Smith, Randy	6/17/2006	NATIONALS (2006) - Salina, KS
SNATCH, ONE ARM, LEFT	50	M	95	121	Vernacchio, John	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, LEFT	50	M	100	83	Wilmot, John	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, LEFT	50	M	105	106	Hose, Tony	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
SNATCH, ONE ARM, LEFT	50	M	115	83	Geib, Bob	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, LEFT	55	M	80	66	Mitchell, Dennis	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
SNATCH, ONE ARM, LEFT	55	M	90	116	Vernacchio, John	9/13/1992	92 IAWA - England
SNATCH, ONE ARM, LEFT	55	M	100	85	Hose, Tony	3/31/2026	POSTAL (2026) - Q1
SNATCH, ONE ARM, LEFT	55	M	110	87	Lupo, Tony	6/30/2023	POSTAL (2023) - Q2
SNATCH, ONE ARM, LEFT	55	M	115	105	Glasgow, Dave	1/14/2012	Dino Gym Challenge (2012)
SNATCH, ONE ARM, LEFT	55	M	120	88	Schmidt, Scott	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
SNATCH, ONE ARM, LEFT	60	M	75	88	Montini, Art	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, LEFT	60	M	80	66	Mitchell, Dennis	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, LEFT	60	M	85	66	Mitchell, Dennis	9/13/1992	92 IAWA - England
SNATCH, ONE ARM, LEFT	60	M	90	78	Habecker, Denny	8/16/2003	Lebanon, PA County Record Day
SNATCH, ONE ARM, LEFT	60	M	110	55	Schmidt, Scott	6/20/2015	NATIONALS (2015) - York, PA
SNATCH, ONE ARM, LEFT	60	M	115	85	Lupo, Tony	3/31/2026	POSTAL (2026) - Q1
SNATCH, ONE ARM, LEFT	65	M	75	50	Mitchell, Dennis	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, LEFT	65	M	80	83	Montini, Art	2/24/1996	96 Buckeye Record Breaker
SNATCH, ONE ARM, LEFT	65	M	85	65	DeForest, Dave	3/31/2026	POSTAL (2026) - Q1

USAWA Record List

SNATCH, ONE ARM, LEFT	65	M	90	85	Smith, Randy	6/29/2024	NATIONALS (2024) - Columbia, MO
SNATCH, ONE ARM, LEFT	65	M	105	88	Prechtel, Howard	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, LEFT	65	M	110	88	Prechtel, Howard	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
SNATCH, ONE ARM, LEFT	65	M	115	55	Myers, LaVerne	2/13/2011	RD - Dino Gym (2011)
SNATCH, ONE ARM, LEFT	65	M	125	55	Ross, Dean	1/14/2012	Dino Gym Challenge (2012)
SNATCH, ONE ARM, LEFT	70	M	65	49	Pensyl, barry	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
SNATCH, ONE ARM, LEFT	70	M	70	55	Pensyl, Barry	12/7/2019	2019 Memorial Record Day
SNATCH, ONE ARM, LEFT	70	M	75	48	Mitchell, Dennis	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, LEFT	70	M	80	72	Montini, Art	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, LEFT	70	M	85	66	Montini, Art	9/2/2000	2000 IAWA Worlds - Mansfld
SNATCH, ONE ARM, LEFT	70	M	110	66	Myers, LaVerne	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
SNATCH, ONE ARM, LEFT	75	M	65	43	Pensyl, Barry	6/30/2023	POSTAL (2023) - Q2
SNATCH, ONE ARM, LEFT	75	M	75	33	Mitchell, Dennis	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
SNATCH, ONE ARM, LEFT	75	M	90	30	Ross, Dean	6/19/2021	NATIONALS (2021) - Abilene, KS
SNATCH, ONE ARM, LEFT	75	M	100	45	Bletscher, Rudy	1/14/2012	Dino Gym Challenge (2012)
SNATCH, ONE ARM, LEFT	75	M	105	45	Myers, LaVerne	6/19/2021	NATIONALS (2021) - Abilene, KS
SNATCH, ONE ARM, LEFT	75	M	115	55	Ross, Dean	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
SNATCH, ONE ARM, LEFT	80	M	70	22	Mitchell, Dennis	6/21/2014	NATIONALS (2014) - Macomb, IL
SNATCH, ONE ARM, LEFT	80	M	80	35	Montini, Art	6/20/2009	NATIONALS (2009) - Abilene, KS
SNATCH, ONE ARM, LEFT	80	M	85	40	Montini, Art	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
SNATCH, ONE ARM, LEFT	80	M	105	55	Lano, Jack	6/8/2003	2003 USAWA Championships
SNATCH, ONE ARM, LEFT	85	M	65	16	Mitchell, Dennis	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
SNATCH, ONE ARM, LEFT	85	M	80	27	Montini, Art	6/20/2015	NATIONALS (2015) - York, PA
SNATCH, ONE ARM, LEFT	ALL	M	65	100	Pensyl, Barry	10/15/1995	95 Art's Birthday Bash
SNATCH, ONE ARM, LEFT	ALL	M	70	99	Waterman, Chris	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, LEFT	ALL	M	75	116	Hirsh, Bob	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, LEFT	ALL	M	80	149	Ellis, Dave	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, LEFT	ALL	M	85	130	Smith, Abe	6/29/2024	NATIONALS (2024) - Columbia, MO
SNATCH, ONE ARM, LEFT	ALL	M	90	116	Vernacchio, John	9/13/1992	92 IAWA - England
SNATCH, ONE ARM, LEFT	ALL	M	95	171	Inclendon, Thomas	8/15/1999	99 Moore Muscle Classic
SNATCH, ONE ARM, LEFT	ALL	M	100	160	Venterosa, Don	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
SNATCH, ONE ARM, LEFT	ALL	M	105	166	Durniat, Andrew	5/12/2012	HEAVY LIFT CHAMPIONSHIP (2012) - Bowling Green, OH
SNATCH, ONE ARM, LEFT	ALL	M	110	143	Fuller, James	6/30/2013	NATIONALS (2013) - Lebanon, PA
SNATCH, ONE ARM, LEFT	ALL	M	115	150	Ullom, Chad	1/14/2012	Dino Gym Challenge (2012)
SNATCH, ONE ARM, LEFT	ALL	M	120	143	Ullom, Chad	1/20/2007	Dino Gym Challenge (2007)
SNATCH, ONE ARM, LEFT	ALL	M	125	127	Ciavattone, Frank	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, LEFT	ALL	M	125+	160	Campbell, Scott	1/19/2008	Dino Gym Challenge (2008)
SNATCH, ONE ARM, LEFT	NAT	M	65	16	Mitchell, Dennis	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
SNATCH, ONE ARM, LEFT	NAT	M	70	99	Waterman, Chris	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, LEFT	NAT	M	75	116	Hirsh, Bob	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, LEFT	NAT	M	80	120	Smith, Abe	6/19/2021	NATIONALS (2021) - Abilene, KS
SNATCH, ONE ARM, LEFT	NAT	M	85	130	Smith, Abe	6/29/2024	NATIONALS (2024) - Columbia, MO

USAWA Record List

SNATCH, ONE ARM, LEFT	NAT	M	90	105	Smith, Randy	6/17/2006	NATIONALS (2006) - Salina, KS
SNATCH, ONE ARM, LEFT	NAT	M	100	100	Strangeway, John	6/19/2021	NATIONALS (2021) - Abilene, KS
SNATCH, ONE ARM, LEFT	NAT	M	105	135	McBride, Mike	6/20/2009	NATIONALS (2009) - Abilene, KS
SNATCH, ONE ARM, LEFT	NAT	M	110	143	Fuller, James	6/30/2013	NATIONALS (2013) - Lebanon, PA
SNATCH, ONE ARM, LEFT	NAT	M	115	77	Geib, Bob	7/2/2000	NATIONALS (2000) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	13	F	50	20	Jobe, Gabby	3/31/2013	2013 Eastern Postal
SNATCH, ONE ARM, RIGHT	13	F	55	28	Ciavattone, Dominique	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	13	F	60	30	Todd, Phoebe	6/30/2023	POSTAL (2023) - Q2
SNATCH, ONE ARM, RIGHT	13	F	65	35	Todd, Lillian	6/30/2023	POSTAL (2023) - Q2
SNATCH, ONE ARM, RIGHT	14	F	65	44	Ullom, Brianna	6/30/2013	NATIONALS (2013) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	14	F	75	35	Todd, Lillian	6/29/2024	NATIONALS (2024) - Columbia, MO
SNATCH, ONE ARM, RIGHT	14	F	80	55	Myers, Molly	6/30/2013	NATIONALS (2013) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	16	F	40	22	Gupta, Nisha	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
SNATCH, ONE ARM, RIGHT	16	F	45	25	Gupta, Diya	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
SNATCH, ONE ARM, RIGHT	18	F	65	45	Beemer, Stephanie	6/17/2006	NATIONALS (2006) - Salina, KS
SNATCH, ONE ARM, RIGHT	18	F	80	50	Fritz, Misty	10/1/2008	2008 Delaware Postal
SNATCH, ONE ARM, RIGHT	40	F	50	39	Hughes, Suree	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	40	F	55	55	Hughes, Suree	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	40	F	65	44	Wooten, Chris	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	40	F	70	75	Skwarecki, Beth	6/19/2021	NATIONALS (2021) - Abilene, KS
SNATCH, ONE ARM, RIGHT	40	F	80	80	Ollennuking, Amorkor	6/17/2006	NATIONALS (2006) - Salina, KS
SNATCH, ONE ARM, RIGHT	40	F	85	55	Todd, Stacy	6/30/2023	POSTAL (2023) - Q2
SNATCH, ONE ARM, RIGHT	45	F	45	39	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	45	F	50	50	Phumchaona, Noi	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
SNATCH, ONE ARM, RIGHT	45	F	55	44	Phumchaona, Noi	9/13/1992	92 IAWA - England
SNATCH, ONE ARM, RIGHT	45	F	125+	55	McConnaughey, Mary	10/1/2008	2008 Delaware Postal
SNATCH, ONE ARM, RIGHT	50	F	50	57	Jackson, RJ	8/18/2013	RD - Dino Days (2013)
SNATCH, ONE ARM, RIGHT	50	F	55	72	Phumchaona, Noi	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, RIGHT	50	F	60	39	Burchette, Jeanne	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	50	F	100	44	Sees, Susan	6/30/2013	NATIONALS (2013) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	50	F	105	44	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
SNATCH, ONE ARM, RIGHT	55	F	55	50	Phumchaona, Noi	10/9/1999	99 IAWA Worlds -Australia
SNATCH, ONE ARM, RIGHT	55	F	90	26	Lupo, Allison	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
SNATCH, ONE ARM, RIGHT	55	F	100	40	Lane, Colleen	7/31/2013	POSTAL (2013) - IAWA WORLD CHAMPIONSHIP
SNATCH, ONE ARM, RIGHT	55	F	105	35	Gore, Lisa	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
SNATCH, ONE ARM, RIGHT	60	F	60	20	LaRosa, Marian	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	ALL	F	40	22	Gupta, Nisha	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
SNATCH, ONE ARM, RIGHT	ALL	F	45	39	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	ALL	F	50	57	Jackson, RJ	8/18/2013	RD - Dino Days (2013)
SNATCH, ONE ARM, RIGHT	ALL	F	55	72	Phumchaona, Noi	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, RIGHT	ALL	F	60	61	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, RIGHT	ALL	F	65	66	Caron, Jacqueline	9/13/1992	92 IAWA - England

USAWA Record List

SNATCH, ONE ARM, RIGHT	ALL	F	70	75	Skwarecki, Beth	6/19/2021	NATIONALS (2021) - Abilene, KS
SNATCH, ONE ARM, RIGHT	ALL	F	75	70	Ollennuking, Amorkor	6/24/2001	NATIONALS (2001) - Columbia, MO
SNATCH, ONE ARM, RIGHT	ALL	F	80	80	Ollennuking, Amorkor	6/17/2006	NATIONALS (2006) - Salina, KS
SNATCH, ONE ARM, RIGHT	ALL	F	85	55	Todd, Stacy	6/30/2023	POSTAL (2023) - Q2
SNATCH, ONE ARM, RIGHT	ALL	F	90	57	Todd, Stacy	12/31/2021	POSTAL (2021) - Q4
SNATCH, ONE ARM, RIGHT	ALL	F	95	44	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	ALL	F	100	44	Sees, Susan	6/30/2013	NATIONALS (2013) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	ALL	F	105	44	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
SNATCH, ONE ARM, RIGHT	ALL	F	125+	55	McConnaughey, Mary	10/1/2008	2008 Delaware Postal
SNATCH, ONE ARM, RIGHT	NAT	F	45	38	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	NAT	F	50	38	Hughes, Suree	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	NAT	F	55	55	Phumchaona, Noi	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, RIGHT	NAT	F	60	38	Burchette, Jeanne	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	NAT	F	65	45	Beemer, Stephanie	6/17/2006	NATIONALS (2006) - Salina, KS
SNATCH, ONE ARM, RIGHT	NAT	F	70	75	Skwarecki, Beth	6/19/2021	NATIONALS (2021) - Abilene, KS
SNATCH, ONE ARM, RIGHT	NAT	F	75	70	Ollennuking, Amorkor	6/24/2001	NATIONALS (2001) - Columbia, MO
SNATCH, ONE ARM, RIGHT	NAT	F	80	80	Ollennuking, Amorkor	6/17/2006	NATIONALS (2006) - Salina, KS
SNATCH, ONE ARM, RIGHT	NAT	F	90	50	Collins, Cara	7/2/2000	NATIONALS (2000) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	NAT	F	95	44	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	NAT	F	100	44	Sees, Susan	6/30/2013	NATIONALS (2013) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	NAT	F	105	44	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
SNATCH, ONE ARM, RIGHT	13	M	30	28	Montini, Rocco	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	13	M	35	22	Karhan, Steve	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	13	M	45	25	Ciavattone, Joe Jr.	12/1/2002	2002 Postal Meet
SNATCH, ONE ARM, RIGHT	13	M	50	38	Monk, Joshua	6/24/2001	NATIONALS (2001) - Columbia, MO
SNATCH, ONE ARM, RIGHT	13	M	55	44	McKean, Robbie	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	13	M	60	57	Monk, Joshua	12/1/2002	2002 Postal Meet
SNATCH, ONE ARM, RIGHT	13	M	65	33	Ciavattone, Jeff	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	13	M	70	61	McKean, Robbie	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	13	M	75	46	Blockston, Jon	7/1/2000	2000 USAWA - Lebanon, PA
SNATCH, ONE ARM, RIGHT	14	M	55	44	Shuba, Frank Jr.	6/26/1989	NATIONALS (1989) - Plymouth, PA
SNATCH, ONE ARM, RIGHT	14	M	65	80	Monk, Joshua	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	14	M	75	83	Loewer, James	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	14	M	80	88	Vernacchio, S.J.	12/10/1994	Team Match
SNATCH, ONE ARM, RIGHT	14	M	85	100	Holcomb, Seth	7/1/2001	2001 Old Settlers Classic
SNATCH, ONE ARM, RIGHT	14	M	90	88	Riley, Ed Jr.	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	14	M	105	110	Stahnke, Dennis	11/7/1998	IAWA GOLD CUP (1998) - Cleveland, OH
SNATCH, ONE ARM, RIGHT	14	M	110	65	Becklun, John	6/17/2006	NATIONALS (2006) - Salina, KS
SNATCH, ONE ARM, RIGHT	14	M	120	66	Hess, Kohl	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	16	M	65	75	O'Brien, Marc	12/1/2002	2002 Postal
SNATCH, ONE ARM, RIGHT	16	M	70	45	Market, Tim	3/1/2025	Colorado Single Arm Challenge, Lakewood, CO
SNATCH, ONE ARM, RIGHT	16	M	75	90	Howard, Colby	3/18/2000	2000 Nebraskaland Classic

USAWA Record List

SNATCH, ONE ARM, RIGHT	16	M	80	85	Kucera, Matt	3/18/2000	2000 Nebraskaland Classic
SNATCH, ONE ARM, RIGHT	16	M	85	110	Kucera, Matt	7/1/2001	2001 Old Settlers Classic
SNATCH, ONE ARM, RIGHT	16	M	90	85	Horvath, Anthony	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	16	M	100	115	Kucera, Elijah	3/18/2000	2000 Nebraskaland Classic
SNATCH, ONE ARM, RIGHT	16	M	110	121	Stahnke, Dennis	3/4/2000	2000 Buckeye Record Break
SNATCH, ONE ARM, RIGHT	16	M	120	127	Stahnke, Dennis	9/2/2000	2000 IAWA Worlds - Mansfld
SNATCH, ONE ARM, RIGHT	16	M	125+	110	Kincaid, Kiff	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	18	M	60	77	Lauer, Garret	8/15/1999	99 Moore Muscle Classic
SNATCH, ONE ARM, RIGHT	18	M	80	100	Smith, Abe	12/9/2000	2000 Gordon Strain
SNATCH, ONE ARM, RIGHT	18	M	95	77	Habecker, Aidan	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	18	M	100	110	Gruver, Timothy	8/15/1999	99 Moore Muscle Classic
SNATCH, ONE ARM, RIGHT	18	M	105	110	Kucera, Elijah	7/1/2001	2001 Old Settlers Classic
SNATCH, ONE ARM, RIGHT	18	M	110	135	Reel, Ian	6/17/2006	NATIONALS (2006) - Salina, KS
SNATCH, ONE ARM, RIGHT	18	M	120	137	Stahnke, Dennis	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
SNATCH, ONE ARM, RIGHT	40	M	60	88	McKean, John	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	40	M	65	121	Pensyl, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	40	M	70	116	Waterman, Chris	2/18/1995	95 Buckeye Record Breaker
SNATCH, ONE ARM, RIGHT	40	M	75	99	Haynes, John	11/7/1987	Wichita, Ks.
SNATCH, ONE ARM, RIGHT	40	M	80	121	Monk, John	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	40	M	85	85	DeForest, Dave	6/24/2001	NATIONALS (2001) - Columbia, MO
SNATCH, ONE ARM, RIGHT	40	M	90	120	Strangeway, John	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
SNATCH, ONE ARM, RIGHT	40	M	95	121	Montini, Paul	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	40	M	100	110	Shuba, Frank Sr.	6/26/1989	NATIONALS (1989) - Plymouth, PA
SNATCH, ONE ARM, RIGHT	40	M	105	138	Schmidt, Scott	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, RIGHT	40	M	110	150	Myers, Al	2/10/2008	RD - Dino Gym (2008)
SNATCH, ONE ARM, RIGHT	40	M	115	156	Ullom, Chad	6/21/2014	NATIONALS (2014) - Macomb, IL
SNATCH, ONE ARM, RIGHT	40	M	120	160	Myers, Al	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
SNATCH, ONE ARM, RIGHT	40	M	125	138	Ciavattone, Frank	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, RIGHT	40	M	125+	165	McClain, Ken	11/7/1987	Wichita, Ks.
SNATCH, ONE ARM, RIGHT	45	M	60	88	McKean, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	45	M	65	105	Pensyl, Barry	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
SNATCH, ONE ARM, RIGHT	45	M	70	94	Bonacci, Italo	6/26/1989	NATIONALS (1989) - Plymouth, PA
SNATCH, ONE ARM, RIGHT	45	M	75	99	Habecker, Denny	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	45	M	80	95	Hirsh, Bob	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	45	M	85	110	Caron, Joe	6/1/1990	Norwood, Mass
SNATCH, ONE ARM, RIGHT	45	M	90	105	Smith, Randy	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	45	M	95	121	Schock, Ed	7/1/2000	2000 USAWA - Lebanon, PA
SNATCH, ONE ARM, RIGHT	45	M	100	121	Malloy, Jim	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	45	M	105	143	Myers, Al	6/30/2013	NATIONALS (2013) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	45	M	110	150	Myers, Al	3/31/2013	2013 Eastern Postal
SNATCH, ONE ARM, RIGHT	45	M	115	172	Myers, Al	1/14/2012	Dino Gym Challenge (2012)
SNATCH, ONE ARM, RIGHT	45	M	120	120	Todd, Eric	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP

USAWA Record List

SNATCH, ONE ARM, RIGHT	45	M	125	132	Ciavattone, Frank	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	45	M	125+	115	Van Vleck, Thom	7/31/2011	2011 Ledaig Record Breaker
SNATCH, ONE ARM, RIGHT	50	M	65	99	Pensyl, Barry	7/1/2000	2000 USAWA - Lebanon, PA
SNATCH, ONE ARM, RIGHT	50	M	75	99	McKean, John	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	50	M	80	110	Habecker, Denny	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, RIGHT	50	M	85	110	Habecker, Denny	5/11/1994	94 Intercontinental Meet
SNATCH, ONE ARM, RIGHT	50	M	90	121	DiCiccio, Bill	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	50	M	95	121	Vernacchio, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	50	M	100	99	Kurtz, John	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, RIGHT	50	M	105	122	Myers, Al	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
SNATCH, ONE ARM, RIGHT	50	M	110	127	Malloy, Jim	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, RIGHT	50	M	115	83	Geib, Bob	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, RIGHT	50	M	125+	121	Douglas, John	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
SNATCH, ONE ARM, RIGHT	55	M	70	66	Quier, Ed	11/11/1989	All-round Championships (1989) - Valley Forge Open
SNATCH, ONE ARM, RIGHT	55	M	75	66	Quier, Ed	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	55	M	80	99	Habecker, Denny	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, RIGHT	55	M	85	105	Habecker, Denny	8/15/1998	98 Moore Muscle Classic
SNATCH, ONE ARM, RIGHT	55	M	90	104	Bryan, Barry	6/20/2015	NATIONALS (2015) - York, PA
SNATCH, ONE ARM, RIGHT	55	M	95	105	Vernacchio, John	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, RIGHT	55	M	105	90	Myers, Al	8/31/2021	POSTAL (2021) - IAWA WORLD CHAMPIONSHIP
SNATCH, ONE ARM, RIGHT	55	M	110	95	Garcia, Joe	6/20/2009	NATIONALS (2009) - Abilene, KS
SNATCH, ONE ARM, RIGHT	55	M	115	121	Malloy, Jim	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, RIGHT	55	M	120	85	Geib, Bob	6/24/2001	NATIONALS (2001) - Columbia, MO
SNATCH, ONE ARM, RIGHT	55	M	125	88	Ciavattone, Frank	9/30/2010	POSTAL (2010) - IAWA WORLD CHAMPIONSHIP
SNATCH, ONE ARM, RIGHT	55	M	125+	55	Foster, Lance	12/31/2021	POSTAL (2021) - Q4
SNATCH, ONE ARM, RIGHT	60	M	75	88	Montini, Art	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	60	M	80	66	Mitchell, Dennis	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, RIGHT	60	M	85	72	Ridgeway, Norm	6/26/1989	NATIONALS (1989) - Plymouth, PA
SNATCH, ONE ARM, RIGHT	60	M	90	93	Smith, Randy	6/20/2015	NATIONALS (2015) - York, PA
SNATCH, ONE ARM, RIGHT	60	M	100	80	Carter, John	6/30/2023	POSTAL (2023) - Q2
SNATCH, ONE ARM, RIGHT	60	M	105	99	Prechtel, Howard	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
SNATCH, ONE ARM, RIGHT	60	M	110	88	Prechtel, Howard	11/11/1989	All-round Championships (1989) - Valley Forge Open
SNATCH, ONE ARM, RIGHT	65	M	75	61	Stark, Robert	6/26/1989	NATIONALS (1989) - Plymouth, PA
SNATCH, ONE ARM, RIGHT	65	M	80	77	Montini, Art	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, RIGHT	65	M	85	94	Bryan, Barry	6/30/2023	POSTAL (2023) - Q2
SNATCH, ONE ARM, RIGHT	65	M	90	88	Durante, Richard	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, RIGHT	65	M	95	83	Monahan, Rex	9/13/1992	92 IAWA - England
SNATCH, ONE ARM, RIGHT	65	M	100	88	Prechtel, Howard	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, RIGHT	65	M	105	99	Prechtel, Howard	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	65	M	110	88	Prechtel, Howard	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	65	M	115	55	Myers, LaVerne	2/13/2011	RD - Dino Gym (2011)
SNATCH, ONE ARM, RIGHT	65	M	125	70	Ross, Dean	1/14/2012	Dino Gym Challenge (2012)

USAWA Record List

SNATCH, ONE ARM, RIGHT	65	M	125+	66	Harris, Buck	6/26/1989	NATIONALS (1989) - Plymouth, PA
SNATCH, ONE ARM, RIGHT	70	M	70	50	Scott, Charlie	6/20/2009	NATIONALS (2009) - Abilene, KS
SNATCH, ONE ARM, RIGHT	70	M	75	48	Mitchell, Dennis	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	70	M	85	77	Habecker, Denny	6/30/2013	NATIONALS (2013) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	70	M	90	79	Habecker, Denny	6/21/2014	NATIONALS (2014) - Macomb, IL
SNATCH, ONE ARM, RIGHT	70	M	95	83	Prechtel, Howard	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, RIGHT	70	M	100	83	Prechtel, Howard	3/7/1998	98 Buckeye Record Breaker
SNATCH, ONE ARM, RIGHT	70	M	105	55	Eberhardinger, Paul	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	70	M	110	56	Myers, LaVerne	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
SNATCH, ONE ARM, RIGHT	70	M	115	66	Ross, Dean	6/20/2015	NATIONALS (2015) - York, PA
SNATCH, ONE ARM, RIGHT	70	M	120	55	Geib, Bob	6/30/2013	NATIONALS (2013) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	70	M	125	55	Ross, Dean	6/21/2014	NATIONALS (2014) - Macomb, IL
SNATCH, ONE ARM, RIGHT	75	M	75	33	Mitchell, Dennis	10/2/2010	2010 Worlds - Glasgow
SNATCH, ONE ARM, RIGHT	75	M	80	50	Cox, Bob	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	75	M	85	60	Montini, Art	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	75	M	90	72	Monahan, Rex	10/9/1999	99 IAWA Worlds -Australia
SNATCH, ONE ARM, RIGHT	75	M	95	55	Prechtel, Howard	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	75	M	100	55	Bletscher, Rudy	4/30/2012	2012 World Postal Leg One
SNATCH, ONE ARM, RIGHT	75	M	105	77	Lano, Jack	10/9/1999	99 IAWA Worlds -Australia
SNATCH, ONE ARM, RIGHT	75	M	115	60	Ross, Dean	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
SNATCH, ONE ARM, RIGHT	80	M	70	27	Mitchell, Dennis	6/30/2013	NATIONALS (2013) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	80	M	80	44	Montini, Art	10/3/2009	IAWA WORLD CHAMPIONSHIPS (2009) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	80	M	85	39	Habecker, Denny	6/30/2023	POSTAL (2023) - Q2
SNATCH, ONE ARM, RIGHT	80	M	105	55	Lano, Jack	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	85	M	80	33	Montini, Art	6/30/2013	NATIONALS (2013) - Lebanon, PA
SNATCH, ONE ARM, RIGHT	90	M	80	15	Myers, Clyde	6/17/2006	NATIONALS (2006) - Salina, KS
SNATCH, ONE ARM, RIGHT	90	M	95	22	Clark, Bill	6/30/2023	POSTAL (2023) - Q2
SNATCH, ONE ARM, RIGHT	ALL	M	45	25	Ciavattone, Joe Jr.	12/1/2002	2002 Postal Meet
SNATCH, ONE ARM, RIGHT	ALL	M	55	89	Quier, Dave	11/11/1989	All-round Championships (1989) - Valley Forge Open
SNATCH, ONE ARM, RIGHT	ALL	M	60	104	Gazda, Goeff	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, RIGHT	ALL	M	65	121	Pensyl, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	ALL	M	70	127	Waterman, Chris	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	ALL	M	75	110	Aldan, Brandon	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	ALL	M	80	132	Haley, Bob	6/26/1989	NATIONALS (1989) - Plymouth, PA
SNATCH, ONE ARM, RIGHT	ALL	M	85	160	Bryan, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	ALL	M	90	154	Naylor, John	11/8/1987	Wichita, Ks.
SNATCH, ONE ARM, RIGHT	ALL	M	95	121	Vernacchio, John	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	ALL	M	100	165	Venterosa, Don	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	ALL	M	105	165	Oliver, Clay	11/8/1987	Wichita, Ks.
SNATCH, ONE ARM, RIGHT	ALL	M	110	171	Burtzloff, Bob	11/8/1987	Wichita, Ks.
SNATCH, ONE ARM, RIGHT	ALL	M	115	172	Myers, Al	1/14/2012	Dino Gym Challenge (2012)
SNATCH, ONE ARM, RIGHT	ALL	M	120	170	Ullom, Chad	1/20/2007	Dino Gym Challenge (2007)

USAWA Record List

SNATCH, ONE ARM, RIGHT	ALL	M	125	155	Myers, Al	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	ALL	M	125+	165	Ciavattone, Frank	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SNATCH, ONE ARM, RIGHT	NAT	M	40	15	Todd, Leroy	6/19/2021	NATIONALS (2021) - Abilene, KS
SNATCH, ONE ARM, RIGHT	NAT	M	60	104	Gazda, Goeff	6/4/1994	NATIONALS (1994) - Cleveland, OH
SNATCH, ONE ARM, RIGHT	NAT	M	65	121	Pensyl, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	NAT	M	70	121	Waterman, Chris	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	NAT	M	75	110	Aldan, Brandon	6/7/2003	NATIONALS (2003) - Youngstown
SNATCH, ONE ARM, RIGHT	NAT	M	80	132	Haley, Bob	6/26/1989	NATIONALS (1989) - Plymouth, PA
SNATCH, ONE ARM, RIGHT	NAT	M	85	160	Bryan, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	NAT	M	90	137	Anderson, Phil	6/26/1989	NATIONALS (1989) - Plymouth, PA
SNATCH, ONE ARM, RIGHT	NAT	M	95	121	Vernacchio, John	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	NAT	M	100	165	Venterosa, Don	7/16/1990	NATIONALS (1990) - Akron, OH
SNATCH, ONE ARM, RIGHT	NAT	M	105	155	Ullom, Chad	6/20/2009	NATIONALS (2009) - Abilene, KS
SNATCH, ONE ARM, RIGHT	NAT	M	110	148	Fuller, James	6/20/2015	NATIONALS (2015) - York, PA
SNATCH, ONE ARM, RIGHT	NAT	M	115	156	Ullom, Chad	6/21/2014	NATIONALS (2014) - Macomb, IL
SNATCH, ONE ARM, RIGHT	NAT	M	120	126	Todd, Eric	6/21/2014	NATIONALS (2014) - Macomb, IL
SNATCH, ONE ARM, RIGHT	NAT	M	125	155	Myers, Al	6/7/2003	NATIONALS (2003) - Youngstown
SNATCH, ONE ARM, RIGHT	NAT	M	125+	154	Ciavattone, Frank	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, 12" BASE	13	F	45	80	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, 12" BASE	13	F	50	90	Jobe, Gabby	12/31/2012	POSTAL (2012) - Q4
SQUAT, 12" BASE	13	F	55	71	Collins, Olivia	8/31/2019	2019 NE Powerlift Meet
SQUAT, 12" BASE	13	F	60	100	Myers, Molly	2/14/2010	RD - Dino Gym (2010)
SQUAT, 12" BASE	13	F	75	130	Myers, Molly	8/12/2012	RD - Dino Days (2012)
SQUAT, 12" BASE	14	F	60	195	Hartman, Lindsey	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE	14	F	75	160	Goodner, Jamie	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE	16	F	55	145	Drake, Jessica	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE	16	F	65	195	Deaver, Marcy	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE	40	F	70	255	Skwarecki, Beth	6/3/2024	2024 Hackendinnie Cup, Albany, KY
SQUAT, 12" BASE	40	F	95	154	Hopps, Jessica	12/31/2024	2024 New Year's Eve RD - Walpole, MA
SQUAT, 12" BASE	40	F	120	185	Bartholomew, Heather	8/31/2019	2019 NE Powerlift Meet
SQUAT, 12" BASE	45	F	50	198	Phumchaona, Noi	1/11/1992	Cleveland, Oh.
SQUAT, 12" BASE	65	F	50	204	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
SQUAT, 12" BASE	ALL	F	45	80	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, 12" BASE	ALL	F	50	204	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
SQUAT, 12" BASE	ALL	F	55	145	Drake, Jessica	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE	ALL	F	60	195	Hartman, Lindsey	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE	ALL	F	65	195	Deaver, Marcy	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE	ALL	F	70	255	Skwarecki, Beth	6/3/2024	2024 Hackendinnie Cup, Albany, KY
SQUAT, 12" BASE	ALL	F	75	160	Goodner, Jamie	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE	ALL	F	80	100	Landis, Kari	9/30/2009	2009 Delaware Valley Open
SQUAT, 12" BASE	ALL	F	95	154	Hopps, Jessica	12/31/2024	2024 New Year's Eve RD - Walpole, MA
SQUAT, 12" BASE	ALL	F	120	185	Bartholomew, Heather	8/31/2019	2019 NE Powerlift Meet

USAWA Record List

SQUAT, 12" BASE	13	M	30	88	Montini, Rocco	10/12/1991	91 U.S. Inlands
SQUAT, 12" BASE	13	M	35	66	Geib, Adam	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
SQUAT, 12" BASE	13	M	45	88	Urbanski, Ryan	2/18/1995	95 Buckeye Record Breaker
SQUAT, 12" BASE	13	M	50	77	McKean, Sean	10/12/1991	91 U.S. Inlands
SQUAT, 12" BASE	13	M	55	100	Todd, Everett	5/31/2025	Ledaig Record Day - Topeka, KS
SQUAT, 12" BASE	13	M	60	143	Ward, Brad	10/12/1991	91 U.S. Inlands
SQUAT, 12" BASE	13	M	65	248	Vernacchio, S.J.	2/27/1993	Eastern U.S. Chmp.
SQUAT, 12" BASE	13	M	70	176	McKean, Robbie	10/12/1991	91 U.S. Inlands
SQUAT, 12" BASE	14	M	60	204	Tomsic, Jason	1/12/1991	Collegeville
SQUAT, 12" BASE	14	M	70	281	Vernacchio, S.J.	11/6/1993	IAWA GOLD CUP (1993) - Burton upon Trent, UK
SQUAT, 12" BASE	14	M	75	195	Lestan, Eric	8/31/2019	2019 NE Powerlift Meet
SQUAT, 12" BASE	14	M	80	320	Vernacchio, S.J.	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
SQUAT, 12" BASE	14	M	125+	315	Lee, Kevin	11/24/2002	Jump Stretch Record Day
SQUAT, 12" BASE	16	M	70	309	Kim, Dan	4/15/2006	2006 Macomb Tax Day
SQUAT, 12" BASE	16	M	80	331	Vernacchio, S.J.	5/20/1995	IAWA - Invitational
SQUAT, 12" BASE	16	M	90	287	Sorgini, Nick	1/12/1991	Collegeville
SQUAT, 12" BASE	16	M	100	385	Ciavattone, Joe Jr.	3/31/2011	2011 Eastern Open Postal
SQUAT, 12" BASE	16	M	105	220	Kelsey, John	3/3/2001	2001 Buckeye Record Day
SQUAT, 12" BASE	16	M	110	255	Ciavattone, Jonathan	3/31/2011	2011 Eastern Open Postal
SQUAT, 12" BASE	16	M	125+	385	Hess, Kohl	3/31/2011	2011 Eastern Open Postal
SQUAT, 12" BASE	18	M	90	220	Habecker, Aidan	8/6/2022	PRESIDENTIAL CUP (2022)
SQUAT, 12" BASE	18	M	100	450	Ciavattone, Joe Jr.	12/31/2012	POSTAL (2012) - Q4
SQUAT, 12" BASE	18	M	125+	315	Bingham, Ryan	8/31/2019	2019 NE Powerlift Meet
SQUAT, 12" BASE	40	M	65	342	Pensyl, Barry	1/12/1991	Collegeville
SQUAT, 12" BASE	40	M	70	353	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
SQUAT, 12" BASE	40	M	80	424	Hirsh, Bob	2/24/1996	96 Buckeye Record Breaker
SQUAT, 12" BASE	40	M	85	320	Waple, John	2/24/1996	96 Buckeye Record Breaker
SQUAT, 12" BASE	40	M	95	320	Montini, Paul	10/12/1991	91 U.S. Inlands
SQUAT, 12" BASE	40	M	110	352	Cookson, Bill	2/10/2007	RD - Dino Gym (2007)
SQUAT, 12" BASE	40	M	115	507	Myers, Al	3/31/2011	2011 Eastern Open Postal
SQUAT, 12" BASE	40	M	120	315	Ciavattone, Joe Sr.	3/31/2011	2011 Eastern Open Postal
SQUAT, 12" BASE	40	M	125	600	Cookson, Chuck	3/31/2011	2011 Eastern Open Postal
SQUAT, 12" BASE	40	M	125+	505	Mitchell, Mark	12/15/2002	RD - Columbia, MO '02
SQUAT, 12" BASE	45	M	65	303	McKean, John	10/12/1991	91 U.S. Inlands
SQUAT, 12" BASE	45	M	85	364	Habecker, Denny	1/12/1991	Collegeville
SQUAT, 12" BASE	45	M	95	345	Songster, Tim	12/31/2012	POSTAL (2012) - Q4
SQUAT, 12" BASE	45	M	125+	545	Rigby, Jeff	12/10/2022	RD - Lift for Leroy '22
SQUAT, 12" BASE	50	M	80	364	Habecker, Denny	12/10/1994	Team Match
SQUAT, 12" BASE	50	M	85	364	Habecker, Denny	12/16/1995	Collegeville
SQUAT, 12" BASE	50	M	90	425	Blockston, Larry	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
SQUAT, 12" BASE	50	M	95	474	Vernacchio, John	1/12/1991	Collegeville
SQUAT, 12" BASE	50	M	100	235	Gupta, Sanjiv	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym

USAWA Record List

SQUAT, 12" BASE	50	M	105	315	Wenzel, Jeff	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
SQUAT, 12" BASE	50	M	110	468	Malloy, Jim	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH
SQUAT, 12" BASE	50	M	115	441	Malloy, Jim	3/6/1993	93 Winterfest
SQUAT, 12" BASE	50	M	125+	451	Mitchell, Mark	12/31/2012	POSTAL (2012) - Q4
SQUAT, 12" BASE	55	M	70	220	Quier, Ed	1/12/1991	Collegeville
SQUAT, 12" BASE	55	M	80	358	Habecker, Denny	10/19/1997	97 IAWA - Collegeville
SQUAT, 12" BASE	55	M	85	386	Gonzalez, Gonzalo	1/12/1991	Collegeville
SQUAT, 12" BASE	55	M	90	441	Vernacchio, John	2/27/1993	Eastern U.S. Chmp.
SQUAT, 12" BASE	55	M	95	500	Traub, Larry	4/30/2012	2012 Monster Garage
SQUAT, 12" BASE	55	M	100	402	Vernacchio, John	11/6/1993	IAWA GOLD CUP (1993) - Burton upon Trent, UK
SQUAT, 12" BASE	55	M	105	380	Ganong, Ray	4/30/2012	2012 Monster Garage
SQUAT, 12" BASE	55	M	115	250	Lupo, Tony	1/25/2026	ZERCHER STRENGTH CLASSIC (2026)
SQUAT, 12" BASE	55	M	120	480	Malloy, Jim	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
SQUAT, 12" BASE	60	M	75	342	Gorman, Tom	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
SQUAT, 12" BASE	60	M	80	342	Montini, Art	1/12/1991	Collegeville
SQUAT, 12" BASE	60	M	85	309	Gonzalez, Gonzalo	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
SQUAT, 12" BASE	60	M	90	303	Durante, Richard	2/27/1993	Eastern U.S. Chmp.
SQUAT, 12" BASE	60	M	95	386	Habecker, Denny	11/4/2002	RD - Powerhouse
SQUAT, 12" BASE	65	M	75	204	Mitchell, Dennis	2/27/1999	99 Buckeye Record Breaker
SQUAT, 12" BASE	65	M	80	175	McKean, John	3/31/2011	2011 Eastern Open Postal
SQUAT, 12" BASE	65	M	90	265	Habecker, Denny	3/31/2011	2011 Eastern Open Postal
SQUAT, 12" BASE	65	M	95	265	Vernacchio, John	11/4/2002	RD - Powerhouse
SQUAT, 12" BASE	65	M	105	386	Prechtel, Howard	1/11/1992	Cleveland, Oh.
SQUAT, 12" BASE	65	M	110	185	Puzin, Carl	12/31/2024	2024 New Year's Eve RD - Walpole, MA
SQUAT, 12" BASE	65	M	125	145	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
SQUAT, 12" BASE	70	M	90	295	Cramer, Les	4/30/2012	2012 Monster Garage
SQUAT, 12" BASE	70	M	105	220	Murdock, Mike	3/31/2011	2011 Eastern Open Postal
SQUAT, 12" BASE	75	M	80	243	Cox, Bob	5/10/2003	2003 Buckeye Record Break
SQUAT, 12" BASE	75	M	100	320	Miller, Wilbur	2/12/2012	RD - Dino Gym (2012)
SQUAT, 12" BASE	80	M	85	135	Montini, Art	3/31/2011	2011 Eastern Open Postal
SQUAT, 12" BASE	ALL	M	55	100	Todd, Everett	5/31/2025	Ledaig Record Day - Topeka, KS
SQUAT, 12" BASE	ALL	M	60	276	Quier, Dave	1/12/1991	Collegeville
SQUAT, 12" BASE	ALL	M	65	342	Pensyl, Barry	1/12/1991	Collegeville
SQUAT, 12" BASE	ALL	M	70	386	Hirsh, Bob	1/11/1992	Cleveland, Oh.
SQUAT, 12" BASE	ALL	M	75	342	Gorman, Tom	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
SQUAT, 12" BASE	ALL	M	80	424	Hirsh, Bob	2/24/1996	96 Buckeye Record Breaker
SQUAT, 12" BASE	ALL	M	85	419	Bryan, Barry	1/12/1991	Collegeville
SQUAT, 12" BASE	ALL	M	90	455	Habecker, Aidan	8/6/2022	PRESIDENTIAL CUP (2022)
SQUAT, 12" BASE	ALL	M	95	500	Traub, Larry	4/30/2012	2012 Monster Garage
SQUAT, 12" BASE	ALL	M	100	450	Ciavattone, Joe Jr.	12/31/2012	POSTAL (2012) - Q4
SQUAT, 12" BASE	ALL	M	105	474	Locondro, Mike	2/27/1993	Eastern U.S. Chmp.
SQUAT, 12" BASE	ALL	M	110	468	Malloy, Jim	11/12/1994	IAWA GOLD CUP (1994) - East Lake, OH

USAWA Record List

SQUAT, 12" BASE	ALL	M	115	507	Myers, Al	3/31/2011	2011 Eastern Open Postal
SQUAT, 12" BASE	ALL	M	120	480	Malloy, Jim	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
SQUAT, 12" BASE	ALL	M	125	600	Cookson, Chuck	3/31/2011	2011 Eastern Open Postal
SQUAT, 12" BASE	ALL	M	125+	545	Rigby, Jeff	12/10/2022	RD - Lift for Leroy '22
SQUAT, FRONT	13	F	40	110	Wilson, Janay	2/12/2006	RD - Dino Gym (2006)
SQUAT, FRONT	13	F	45	110	Harris, Emily	2/12/2006	RD - Dino Gym (2006)
SQUAT, FRONT	13	F	50	123	Myers, Katie	2/12/2006	RD - Dino Gym (2006)
SQUAT, FRONT	13	F	55	125	Harris, Emily	2/10/2007	RD - Dino Gym (2007)
SQUAT, FRONT	13	F	60	135	Myers, Katie	2/10/2007	RD - Dino Gym (2007)
SQUAT, FRONT	13	F	85	90	Griffis, Kirstie	1/21/2006	Dino Gym Challenge (2006)
SQUAT, FRONT	14	F	65	155	Jaeschke, Sara	6/1/2003	2003 Polish Days
SQUAT, FRONT	14	F	80	75	Fritz, Misty	1/21/2006	Dino Gym Challenge (2006)
SQUAT, FRONT	16	F	60	155	Hartman, Lindsey	6/1/2003	2003 Polish Days
SQUAT, FRONT	16	F	85	204	Myers, Molly	11/27/2015	IAWA GOLD CUP (2015) - Perth, AU
SQUAT, FRONT	40	F	50	99	Hughes, Suree	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	40	F	55	132	Hughes, Suree	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	40	F	65	55	Wooten, Chris	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	40	F	70	205	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
SQUAT, FRONT	45	F	45	116	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	45	F	50	132	Phumchaona, Noi	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	45	F	125+	100	McConnaughey, Mary	1/21/2006	Dino Gym Challenge (2006)
SQUAT, FRONT	50	F	50	120	Jackson, RJ	2/9/2014	RD - Dino Gym '14
SQUAT, FRONT	50	F	60	143	Burchette, Jeanne	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	55	F	75	75	Kahn, Helen	9/30/2010	2010 Delaware Postal
SQUAT, FRONT	60	F	65	100	Howley, Kate	8/23/2007	2007 Delaware Postal
SQUAT, FRONT	65	F	55	75	Anderson, Carolyn	8/23/2007	2007 Delaware Postal
SQUAT, FRONT	ALL	F	40	110	Wilson, Janay	2/12/2006	RD - Dino Gym (2006)
SQUAT, FRONT	ALL	F	45	116	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	ALL	F	50	132	Phumchaona, Noi	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	ALL	F	55	132	Hughes, Suree	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	ALL	F	60	155	Hartman, Lindsey	6/1/2003	2003 Polish Days
SQUAT, FRONT	ALL	F	65	155	Jaeschke, Sara	6/1/2003	2003 Polish Days
SQUAT, FRONT	ALL	F	70	205	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
SQUAT, FRONT	ALL	F	75	198	Cicero, Kasey	8/5/2023	PRESIDENTIAL CUP (2023)
SQUAT, FRONT	ALL	F	80	75	Fritz, Misty	1/21/2006	Dino Gym Challenge (2006)
SQUAT, FRONT	ALL	F	85	204	Myers, Molly	11/27/2015	IAWA GOLD CUP (2015) - Perth, AU
SQUAT, FRONT	ALL	F	90	155	Abele, Jessica	6/30/2004	Clarks-W.A. Postal 2004
SQUAT, FRONT	ALL	F	95	154	LaPointe, Joy	3/7/1998	98 Buckeye Record Breaker
SQUAT, FRONT	ALL	F	125+	100	McConnaughey, Mary	1/21/2006	Dino Gym Challenge (2006)
SQUAT, FRONT	NAT	F	45	115	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	NAT	F	50	115	Phumchaona, Noi	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	NAT	F	60	143	Burchette, Jeanne	7/16/1990	NATIONALS (1990) - Akron, OH

USAWA Record List

SQUAT, FRONT	NAT	F	65	55	Wooten, Chris	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	NAT	F	70	205	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
SQUAT, FRONT	NAT	F	95	121	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	13	M	30	66	Montini, Rocco	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	13	M	35	58	Monk, Joshua	8/15/1998	98 Moore Muscle Classic
SQUAT, FRONT	13	M	40	82	Triatti, Matt	11/29/2014	2014 New England Gold Cup
SQUAT, FRONT	13	M	50	50	Todd, Everett	6/24/2023	NATIONALS (2023) - Columbia, MO
SQUAT, FRONT	13	M	55	99	McKean, Robbie	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	13	M	65	116	Ciavattone, Jeff	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	13	M	70	132	McKean, Robbie	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	13	M	85	85	Sauer, Bryan	4/26/2003	2003 Powerzone Challenge
SQUAT, FRONT	14	M	55	143	Shuba, Frank Jr.	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	14	M	65	165	Monk, Joshua	4/26/2003	2003 Powerzone Challenge
SQUAT, FRONT	14	M	70	190	Longbine, Kent	1/21/2006	Dino Gym Challenge (2006)
SQUAT, FRONT	14	M	80	300	Kressly, Logan	2/9/2014	RD - Dino Gym '14
SQUAT, FRONT	14	M	85	121	Habecker, Aidan	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
SQUAT, FRONT	14	M	90	275	Ciavattone, Joe Jr.	12/31/2008	2008 National Postal
SQUAT, FRONT	14	M	115	240	Patrick, Kevin	8/23/2007	2007 Delaware Postal
SQUAT, FRONT	16	M	75	230	Howard, Colby	3/18/2000	2000 Nebraskaland Classic
SQUAT, FRONT	16	M	80	245	Kucera, Matt	3/18/2000	2000 Nebraskaland Classic
SQUAT, FRONT	16	M	90	220	Patrick, Dan	8/23/2007	2007 Delaware Postal
SQUAT, FRONT	16	M	100	285	Kucera, Elijah	3/18/2000	2000 Nebraskaland Classic
SQUAT, FRONT	16	M	125+	242	Hess, Kohl	9/30/2010	2010 Delaware Postal
SQUAT, FRONT	18	M	60	187	Lauer, Garret	8/15/1999	99 Moore Muscle Classic
SQUAT, FRONT	18	M	80	330	Smith, Abe	11/18/2000	RD - Columbia, MO '00
SQUAT, FRONT	18	M	100	276	Gruver, Timothy	8/15/1999	99 Moore Muscle Classic
SQUAT, FRONT	18	M	105	380	Cirafesi, Ralph	12/19/1997	Postal International Meet
SQUAT, FRONT	40	M	60	259	McKean, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	40	M	65	281	Pensyl, Barry	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	40	M	70	292	Waterman, Chris	2/26/1994	94 Buckeye Record Breaker
SQUAT, FRONT	40	M	75	303	Waterman, Chris	3/7/1998	98 Buckeye Record Breaker
SQUAT, FRONT	40	M	80	300	Monk, John	12/31/2008	2008 National Postal
SQUAT, FRONT	40	M	85	340	Smith, Abe	7/31/2022	RD - Clark vs Frank
SQUAT, FRONT	40	M	90	420	Strangeway, John	9/8/2018	OTS CHAMPIONSHIP (2018) - Turney, MO
SQUAT, FRONT	40	M	95	470	Strangeway, John	12/7/2019	RD - Lift for Leroy '19
SQUAT, FRONT	40	M	100	475	Strangeway, John	12/10/2022	RD - Lift for Leroy '22
SQUAT, FRONT	40	M	105	287	Karhan, Bob	11/11/1989	All-round Championships (1989) - Valley Forge Open
SQUAT, FRONT	40	M	115	452	Ullom, Chad	3/30/2012	2012 Eastern Postal
SQUAT, FRONT	40	M	120	465	Ullom, Chad	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
SQUAT, FRONT	45	M	60	265	McKean, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	45	M	65	265	Pensyl, Barry	11/20/1996	Team Match
SQUAT, FRONT	45	M	70	281	Bonacci, Italo	6/26/1989	NATIONALS (1989) - Plymouth, PA

USAWA Record List

SQUAT, FRONT	45	M	75	243	Habecker, Denny	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	45	M	80	265	Hirsh, Bob	10/12/2003	2003 Art's Birthday Bash
SQUAT, FRONT	45	M	85	305	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
SQUAT, FRONT	45	M	95	300	DiCiccio, Bill	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
SQUAT, FRONT	45	M	100	375	Malloy, Jim	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	45	M	105	303	Barnett, Orie	12/31/2008	2008 National Postal
SQUAT, FRONT	45	M	110	407	Ullom, Chad	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
SQUAT, FRONT	45	M	115	396	Ullom, Chad	2/11/2017	2017 Grip Championships
SQUAT, FRONT	45	M	120	250	Newton, Rick	1/21/2006	Dino Gym Challenge (2006)
SQUAT, FRONT	45	M	125+	320	McCoy, Joe	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	50	M	70	187	Quier, Ed	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	50	M	80	355	Fleischer, Ernie	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	50	M	85	287	Habecker, Denny	5/7/1994	94 Intercontinental Meet
SQUAT, FRONT	50	M	90	325	Vernacchio, John	11/11/1989	All-round Championships (1989) - Valley Forge Open
SQUAT, FRONT	50	M	95	342	Vernacchio, John	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	50	M	100	365	Schock, Ed	4/26/2003	2003 Powerzone Challenge
SQUAT, FRONT	50	M	105	369	Malloy, Jim	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	50	M	110	391	Malloy, Jim	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
SQUAT, FRONT	50	M	115	276	Geib, Bob	1/30/1993	93 Buckeye Record Breaker
SQUAT, FRONT	50	M	120	331	Schmidt, Scott	10/23/2005	2005 Art's Birthday Bash
SQUAT, FRONT	50	M	125+	341	Douglas, John	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
SQUAT, FRONT	55	M	70	176	Quier, Ed	11/11/1989	All-round Championships (1989) - Valley Forge Open
SQUAT, FRONT	55	M	75	176	Quier, Ed	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	55	M	80	187	Mitchell, Dennis	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	55	M	85	314	Gonzalez, Gonzalo	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	55	M	95	298	Vernacchio, John	5/7/1994	94 Intercontinental Meet
SQUAT, FRONT	55	M	100	200	Vandermark, Dennis	12/31/2008	2008 National Postal
SQUAT, FRONT	55	M	105	235	Wilmot, John	4/26/2003	2003 Powerzone Challenge
SQUAT, FRONT	55	M	110	227	Jury, Steve	5/25/2024	RD - Lebanon, PA '24
SQUAT, FRONT	55	M	115	315	Malloy, Jim	3/7/1998	98 Buckeye Record Breaker
SQUAT, FRONT	55	M	120	300	Geib, Bob	3/7/1998	98 Buckeye Record Breaker
SQUAT, FRONT	55	M	125+	350	Douglas, John	5/4/2019	RD - Spring Dino Gym
SQUAT, FRONT	60	M	70	176	Freides, Steve	12/16/2017	2017 Vernacchio Memorial
SQUAT, FRONT	60	M	75	259	Montini, Art	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	60	M	80	275	Montini, Art	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
SQUAT, FRONT	60	M	85	248	Habecker, Denny	10/2/2004	2004 IAWA - Burton, Eng
SQUAT, FRONT	60	M	90	210	DeForest, Dave	6/24/2023	NATIONALS (2023) - Columbia, MO
SQUAT, FRONT	60	M	95	200	Wilmot, John	8/23/2007	2007 Delaware Postal
SQUAT, FRONT	60	M	100	205	Wilmot, John	12/31/2008	2008 National Postal
SQUAT, FRONT	60	M	105	281	Prechtel, Howard	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	60	M	110	303	Malloy, Jim	11/3/2001	IAWA GOLD CUP (2001) - Cleveland, OH
SQUAT, FRONT	60	M	120	303	Mitchell, Dennis	10/2/2004	2004 IAWA - Burton, Eng

USAWA Record List

SQUAT, FRONT	60	M	125+	225	Ross, Dean	1/21/2006	Dino Gym Challenge (2006)
SQUAT, FRONT	65	M	75	165	Stark, Robert	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	65	M	90	220	Monahan, Rex	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	65	M	95	135	Briggs, Brian	12/31/2008	2008 National Postal
SQUAT, FRONT	65	M	105	281	Prechtel, Howard	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	65	M	110	276	Prechtel, Howard	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	65	M	125	145	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
SQUAT, FRONT	65	M	125+	198	Harris, Buck	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	70	M	75	133	Mitchell, Dennis	10/2/2004	2004 IAWA - Burton, Eng
SQUAT, FRONT	70	M	95	135	Spiegelberg, Bruce	12/31/2008	2008 National Postal
SQUAT, FRONT	70	M	105	170	Murdock, Mike	7/15/2012	2012 Ledaig Record Breakers
SQUAT, FRONT	70	M	110	170	Myers, LaVerne	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
SQUAT, FRONT	75	M	85	121	Montini, Art	10/2/2004	2004 IAWA - Burton, Eng
SQUAT, FRONT	75	M	115	170	Ross, Dean	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
SQUAT, FRONT	80	M	85	80	Zercher I, Ed	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
SQUAT, FRONT	80	M	90	80	Zercher I, Ed	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
SQUAT, FRONT	80	M	100	60	Eberhardinger, Paul	4/26/2003	2003 Powerzone Challenge
SQUAT, FRONT	ALL	M	50	50	Todd, Everett	6/24/2023	NATIONALS (2023) - Columbia, MO
SQUAT, FRONT	ALL	M	60	265	McKean, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	ALL	M	65	281	Pensyl, Barry	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
SQUAT, FRONT	ALL	M	70	315	James, George	10/22/2006	2006 Art's Birthday Bash
SQUAT, FRONT	ALL	M	75	331	Crowe, Brian	8/15/1999	99 Moore Muscle Classic
SQUAT, FRONT	ALL	M	80	355	Fleischer, Ernie	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	ALL	M	85	380	Bryan, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	ALL	M	90	420	Strangeway, John	9/8/2018	OTSCHAMPIONSHIP (2018) - Turney, MO
SQUAT, FRONT	ALL	M	95	470	Strangeway, John	12/7/2019	RD - Lift for Leroy '19
SQUAT, FRONT	ALL	M	100	475	Strangeway, John	12/10/2022	RD - Lift for Leroy '22
SQUAT, FRONT	ALL	M	105	410	Ullom, Chad	12/31/2008	2008 National Postal
SQUAT, FRONT	ALL	M	110	407	Ullom, Chad	8/31/2018	POSTAL (2018) - IAWA WORLD CHAMPIONSHIP
SQUAT, FRONT	ALL	M	115	452	Ullom, Chad	3/30/2012	2012 Eastern Postal
SQUAT, FRONT	ALL	M	120	465	Ullom, Chad	11/2/2013	IAWA GOLD CUP (2013) - Lebanon, PA
SQUAT, FRONT	ALL	M	125	400	O'Brien, John	1/21/2006	Dino Gym Challenge (2006)
SQUAT, FRONT	ALL	M	125+	400	Knauer, Paul	7/10/1988	NATIONALS (1988) - Plymouth, PA
SQUAT, FRONT	NAT	M	50	50	Todd, Everett	6/24/2023	NATIONALS (2023) - Columbia, MO
SQUAT, FRONT	NAT	M	60	259	McKean, John	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	NAT	M	65	275	Pensyl, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	NAT	M	70	281	Bonacci, Italo	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	NAT	M	75	253	Montini, Art	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	NAT	M	80	330	Haley, Bob	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	NAT	M	85	380	Bryan, Barry	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	NAT	M	90	370	Anderson, Phil	7/10/1988	NATIONALS (1988) - Plymouth, PA
SQUAT, FRONT	NAT	M	95	342	Vernacchio, John	7/16/1990	NATIONALS (1990) - Akron, OH

USAWA Record List

SQUAT, FRONT	NAT	M	100	380	Venterosa, Don	7/16/1990	NATIONALS (1990) - Akron, OH
SQUAT, FRONT	NAT	M	105	363	Alacchi, Atillio	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	NAT	M	110	350	Ciccarelli, Dan	7/10/1988	NATIONALS (1988) - Plymouth, PA
SQUAT, FRONT	NAT	M	125	363	Ciavattone, Frank	6/26/1989	NATIONALS (1989) - Plymouth, PA
SQUAT, FRONT	NAT	M	125+	400	Knauer, Paul	7/10/1988	NATIONALS (1988) - Plymouth, PA
SQUAT, LUNGE	13	F	55	50	Todd, Phoebe	12/11/2021	RD - Lift for Leroy '21
SQUAT, LUNGE	40	F	70	95	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
SQUAT, LUNGE	40	F	95	66	Hopps, Jessica	12/31/2024	2024 New Year's Eve RD - Walpole, MA
SQUAT, LUNGE	50	F	50	106	Jackson, RJ	12/1/2012	2012 Gracie Club RD
SQUAT, LUNGE	ALL	F	50	106	Jackson, RJ	12/1/2012	2012 Gracie Club RD
SQUAT, LUNGE	ALL	F	55	50	Todd, Phoebe	12/11/2021	RD - Lift for Leroy '21
SQUAT, LUNGE	ALL	F	70	95	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
SQUAT, LUNGE	ALL	F	95	66	Hopps, Jessica	12/31/2024	2024 New Year's Eve RD - Walpole, MA
SQUAT, LUNGE	13	M	35	28	WEnzel, Logan	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
SQUAT, LUNGE	13	M	45	35	Todd, Everett	11/18/2023	RD - Lift for Leroy '23
SQUAT, LUNGE	45	M	95	225	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, LUNGE	45	M	125+	205	Rigby, Jeff	12/7/2024	RD - Lift for Leroy VI (2024)
SQUAT, LUNGE	50	M	95	95	Gupta, Sanjiv	6/29/2024	NATIONALS (2024) - Columbia, MO
SQUAT, LUNGE	50	M	100	95	Gupta, Sanjiv	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
SQUAT, LUNGE	50	M	105	235	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
SQUAT, LUNGE	50	M	110	241	Wenzel, Jeff	6/14/2024	2nd Stars of Tomorrow Championship, Columbia, MO
SQUAT, LUNGE	55	M	110	154	Jury, Steve	5/20/2023	RD - Lebanon, PA '23
SQUAT, LUNGE	55	M	115	130	Lupo, Tony	6/21/2025	Women's Only Meet, Columbia, MO
SQUAT, LUNGE	65	M	110	57	Puzin, Carl	12/31/2024	2024 New Year's Eve RD - Walpole, MA
SQUAT, LUNGE	70	M	95	154	Monahan, Rex	2/24/1996	96 Buckeye Record Breaker
SQUAT, LUNGE	ALL	M	45	35	Todd, Everett	11/18/2023	RD - Lift for Leroy '23
SQUAT, LUNGE	ALL	M	60	200	Wenzel, Riley	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
SQUAT, LUNGE	ALL	M	70	145	Wenzel, Riley	4/25/2026	Diamond Jubilee IV (2026) and RD, Columbia, MO
SQUAT, LUNGE	ALL	M	80	210	Wagman, Dan	8/10/2024	2024 Two-Fisted Challenge RD
SQUAT, LUNGE	ALL	M	90	240	Rabich, Michael	5/11/2019	HEAVY LIFT CHAMPIONSHIP (2019) - Walpole, MA
SQUAT, LUNGE	ALL	M	95	225	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, LUNGE	ALL	M	100	95	Gupta, Sanjiv	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
SQUAT, LUNGE	ALL	M	105	235	Wenzel, Jeff	9/27/2025	2025 Two-Fisted Challenge II - RD, Clark's Gym
SQUAT, LUNGE	ALL	M	110	241	Wenzel, Jeff	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
SQUAT, LUNGE	ALL	M	115	130	Lupo, Tony	6/21/2025	Women's Only Meet, Columbia, MO
SQUAT, LUNGE	ALL	M	125+	205	Rigby, Jeff	12/7/2024	RD - Lift for Leroy VI (2024)
SQUAT, ONE LEG, RIGHT	ALL	F	75	10	Diggs, Crystal	6/13/2024	Mini Meet - Colorado Springs, CO
SQUAT, ONE LEG, RIGHT	50	M	100	132	Schock, Ed	8/16/2003	Lebanon, PA County Record Day
SQUAT, ONE LEG, RIGHT	ALL	M	100	132	Schock, Ed	8/16/2003	Lebanon, PA County Record Day
SQUAT, OVERHEAD	13	F	40	80	Wilson, Janay	2/12/2006	RD - Dino Gym (2006)
SQUAT, OVERHEAD	13	F	45	85	Harris, Emily	2/12/2006	RD - Dino Gym (2006)
SQUAT, OVERHEAD	13	F	50	85	Myers, Katie	2/12/2006	RD - Dino Gym (2006)

USAWA Record List

SQUAT, OVERHEAD	13	F	55	75	Harris, Emily	2/10/2007	RD - Dino Gym (2007)
SQUAT, OVERHEAD	13	F	60	75	Myers, Katie	2/10/2007	RD - Dino Gym (2007)
SQUAT, OVERHEAD	ALL	F	40	80	Wilson, Janay	2/12/2006	RD - Dino Gym (2006)
SQUAT, OVERHEAD	ALL	F	45	85	Harris, Emily	2/12/2006	RD - Dino Gym (2006)
SQUAT, OVERHEAD	ALL	F	50	85	Myers, Katie	2/12/2006	RD - Dino Gym (2006)
SQUAT, OVERHEAD	ALL	F	55	75	Harris, Emily	2/10/2007	RD - Dino Gym (2007)
SQUAT, OVERHEAD	ALL	F	60	75	Myers, Katie	2/10/2007	RD - Dino Gym (2007)
SQUAT, OVERHEAD	ALL	F	65	85	Glasgow, Amber	7/18/2010	Ledaig Record Day
SQUAT, OVERHEAD	ALL	F	75	75	Clark, Kerry	11/6/1994	RD - Columbia, MO '94
SQUAT, OVERHEAD	13	M	50	55	Monk, Joshua	7/1/2001	2001 Postal - Round 2
SQUAT, OVERHEAD	13	M	60	72	Monk, Joshua	12/1/2002	2002 Postal Meet
SQUAT, OVERHEAD	14	M	75	50	Demille, Cale	12/1/2002	2002 Postal Meet
SQUAT, OVERHEAD	16	M	75	155	Howard, Colby	3/18/2000	2000 Nebraskaland Classic
SQUAT, OVERHEAD	16	M	80	135	Kucera, Matt	3/18/2000	2000 Nebraskaland Classic
SQUAT, OVERHEAD	16	M	100	175	Kucera, Elijah	3/18/2000	2000 Nebraskaland Classic
SQUAT, OVERHEAD	40	M	70	220	Waterman, Chris	2/18/1995	95 Buckeye Record Breaker
SQUAT, OVERHEAD	40	M	80	166	Monk, John	10/14/2007	2007 Art's Birthday Bash
SQUAT, OVERHEAD	40	M	90	65	Stearns, Ashley	10/12/2024	Clarks Gym RD #5 (2024)
SQUAT, OVERHEAD	40	M	95	135	Garcia, Joe	11/6/1994	RD - Columbia, MO '94
SQUAT, OVERHEAD	40	M	120	215	Fulton, Kevin	3/18/2000	2000 Nebraskaland Classic
SQUAT, OVERHEAD	40	M	125+	140	O'Brien, John	10/29/2010	2010 JWC Record Breakers
SQUAT, OVERHEAD	45	M	95	87	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, OVERHEAD	45	M	100	199	Schock, Ed	7/1/2001	2001 Postal - Round 2
SQUAT, OVERHEAD	45	M	105	220	Schock, Ed	12/1/2002	2002 Postal Meet
SQUAT, OVERHEAD	45	M	110	145	Wenzel, Jeff	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
SQUAT, OVERHEAD	50	M	100	65	Hadley, Patrick	10/12/2024	Clarks Gym RD #5 (2024)
SQUAT, OVERHEAD	50	M	105	175	Wenzel, Jeff	8/16/2025	Walpole Record Day, East Walpole, MA
SQUAT, OVERHEAD	50	M	110	165	Wenzel, Jeff	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
SQUAT, OVERHEAD	55	M	115	160	Glasgow, Dave	2/14/2010	RD - Dino Gym (2010)
SQUAT, OVERHEAD	65	M	105	45	Puzin, Carl	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
SQUAT, OVERHEAD	65	M	110	57	Puzin, Carl	12/31/2024	2024 New Year's Eve RD - Walpole, MA
SQUAT, OVERHEAD	ALL	M	60	72	Monk, Joshua	12/1/2002	2002 Postal Meet
SQUAT, OVERHEAD	ALL	M	70	220	Waterman, Chris	2/18/1995	95 Buckeye Record Breaker
SQUAT, OVERHEAD	ALL	M	75	236	James, George	11/4/2006	IAWA GOLD CUP (2006) - Lebanon, PA
SQUAT, OVERHEAD	ALL	M	80	166	Monk, John	10/14/2007	2007 Art's Birthday Bash
SQUAT, OVERHEAD	ALL	M	85	165	Smith, Abe	2/22/2020	2020 Deadlift Dozen Plus One
SQUAT, OVERHEAD	ALL	M	90	220	Pinkerton, Tim	1/20/2007	Dino Gym Challenge (2007)
SQUAT, OVERHEAD	ALL	M	95	185	Sawyers, Wyatt	12/2/2023	Schmidt's Backbreaker Pentathlon (2023)
SQUAT, OVERHEAD	ALL	M	100	199	Schock, Ed	7/1/2001	2001 Postal - Round 2
SQUAT, OVERHEAD	ALL	M	105	220	Schock, Ed	12/1/2002	2002 Postal Meet
SQUAT, OVERHEAD	ALL	M	110	277	English, Alan	8/18/2013	RD - Dino Days (2013)
SQUAT, OVERHEAD	ALL	M	115	303	Locondro, Mike	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA

USAWA Record List

SQUAT, OVERHEAD	ALL	M	120	215	Fulton, Kevin	3/18/2000	2000 Nebraskaland Classic
SQUAT, OVERHEAD	ALL	M	125+	251	Beath, Ernie	12/6/2009	2009 John's BD Record Day
STEINBORN LIFT	13	F	30	59	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
STEINBORN LIFT	13	F	45	70	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
STEINBORN LIFT	13	F	60	60	Todd, Phoebe	6/24/2023	NATIONALS (2023) - Columbia, MO
STEINBORN LIFT	14	F	50	80	Gordon, Emily	6/15/1997	NATIONALS (1997) - Columbia, MO
STEINBORN LIFT	14	F	75	105	Fritz, Misty	7/23/2005	Bulldog Record Day
STEINBORN LIFT	14	F	80	105	Fritz, Misty	1/15/2005	Dino Gym Challenge (2005)
STEINBORN LIFT	16	F	40	44	Gupta, Nisha	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
STEINBORN LIFT	18	F	60	95	Burks, Amy	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
STEINBORN LIFT	18	F	65	125	McBride, Angela	1/30/1999	ZERCHER STRENGTH CLASSIC (1999)
STEINBORN LIFT	40	F	55	121	Hughes, Suree	7/14/2019	NATIONALS (1991) - Ambridge, PA
STEINBORN LIFT	40	F	60	143	Devine, Karen	3/7/1998	98 Buckeye Record Breaker
STEINBORN LIFT	40	F	65	88	Piper, Dawn	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	40	F	70	195	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
STEINBORN LIFT	40	F	75	195	Ollennuking, Amorkor	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
STEINBORN LIFT	40	F	80	200	Ollennuking, Amorkor	6/17/2006	NATIONALS (2006) - Salina, KS
STEINBORN LIFT	40	F	100	45	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
STEINBORN LIFT	45	F	50	143	Phumchaona, Noi	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	45	F	55	160	Phumchaona, Noi	5/22/1993	NATIONALS (1993) - Middletown, PA
STEINBORN LIFT	45	F	95	88	Sees, Susan	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	45	F	125+	140	McConnaughey, Mary	7/23/2005	Bulldog Record Day
STEINBORN LIFT	50	F	50	144	Jackson, RJ	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	50	F	55	177	Phumchaona, Noi	2/24/1996	96 Buckeye Record Breaker
STEINBORN LIFT	50	F	60	138	Burchette, Jeanne	7/14/2019	NATIONALS (1991) - Ambridge, PA
STEINBORN LIFT	55	F	55	165	Phumchaona, Noi	10/14/2000	IAWA GOLD CUP (2000) - Burton upon Trent, UK
STEINBORN LIFT	55	F	90	35	Lupo, Allison	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
STEINBORN LIFT	60	F	55	176	Phumchaona, Noi	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
STEINBORN LIFT	65	F	75	45	Thompson, Janet	1/24/2026	ZERCHER STRENGTH CLASSIC (2026)
STEINBORN LIFT	65	F	80	30	Thompson, Janet	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
STEINBORN LIFT	ALL	F	30	59	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
STEINBORN LIFT	ALL	F	40	44	Gupta, Nisha	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
STEINBORN LIFT	ALL	F	45	70	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
STEINBORN LIFT	ALL	F	50	144	Jackson, RJ	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	ALL	F	55	177	Phumchaona, Noi	2/24/1996	96 Buckeye Record Breaker
STEINBORN LIFT	ALL	F	60	143	Devine, Karen	3/7/1998	98 Buckeye Record Breaker
STEINBORN LIFT	ALL	F	65	188	Simonsen, Jacqueline	7/18/1993	93 IAWA - Walpole, MA
STEINBORN LIFT	ALL	F	70	195	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
STEINBORN LIFT	ALL	F	75	245	Ollennuking, Amorkor	6/24/2001	NATIONALS (2001) - Columbia, MO
STEINBORN LIFT	ALL	F	80	275	Ollennuking, Amorkor	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
STEINBORN LIFT	ALL	F	90	125	Abele, Jessica	1/17/2004	RD - Dino Days (2004)
STEINBORN LIFT	ALL	F	95	88	Sees, Susan	10/6/2012	2012 Worlds - Salina

USAWA Record List

STEINBORN LIFT	ALL	F	100	198	Kressly, Jera	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	ALL	F	110	204	McVay, Mary Jo	7/18/1993	93 IAWA - Walpole, MA
STEINBORN LIFT	ALL	F	125+	176	Goolsby, Carolyn	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	NAT	F	50	143	Phumchaona, Noi	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	NAT	F	55	160	Phumchaona, Noi	5/22/1993	NATIONALS (1993) - Middletown, PA
STEINBORN LIFT	NAT	F	60	138	Burchette, Jeanne	7/14/2019	NATIONALS (1991) - Ambridge, PA
STEINBORN LIFT	NAT	F	65	187	Caron, Jacqueline	5/22/1993	NATIONALS (1993) - Middletown, PA
STEINBORN LIFT	NAT	F	70	195	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
STEINBORN LIFT	NAT	F	75	245	Ollennuking, Amorkor	6/24/2001	NATIONALS (2001) - Columbia, MO
STEINBORN LIFT	NAT	F	80	200	Ollennuking, Amorkor	6/17/2006	NATIONALS (2006) - Salina, KS
STEINBORN LIFT	NAT	F	125+	154	Goolsby, Carolyn	6/29/2002	NATIONALS (2002) - Ambridge
STEINBORN LIFT	13	M	30	66	Montini, Rocco	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	13	M	35	121	Montini, Rocco	5/22/1993	NATIONALS (1993) - Middletown, PA
STEINBORN LIFT	13	M	40	77	Monk, Joshua	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	13	M	45	132	Montini, Jason	7/14/2019	NATIONALS (1991) - Ambridge, PA
STEINBORN LIFT	13	M	50	115	Monk, Joshua	6/24/2001	NATIONALS (2001) - Columbia, MO
STEINBORN LIFT	13	M	55	80	Blockston, Jon	10/11/1998	98 Art's Birthday Bash
STEINBORN LIFT	13	M	60	143	Monk, Joshua	6/29/2002	NATIONALS (2002) - Ambridge
STEINBORN LIFT	13	M	65	165	Monk, Joshua	12/1/2002	2002 Postal Meet
STEINBORN LIFT	13	M	75	127	McKean, Robbie	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	13	M	85	204	McKean, Robbie	5/22/1993	NATIONALS (1993) - Middletown, PA
STEINBORN LIFT	14	M	65	121	Ward, Brad	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	14	M	70	177	Vernacchio, S.J.	7/18/1993	93 IAWA - Walpole, MA
STEINBORN LIFT	14	M	75	160	Demille, Cale	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	14	M	80	138	Loewer, James	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	14	M	85	45	Ciavattone, Jeff	4/4/1995	95 New England Strong Man
STEINBORN LIFT	14	M	90	206	McKean, Robbie	7/18/1993	93 IAWA - Walpole, MA
STEINBORN LIFT	14	M	95	125	Calcote, Kyle	1/19/2008	ZERCHER STRENGTH CLASSIC (2008)
STEINBORN LIFT	14	M	100	165	Calcote, Kyle	1/20/2007	Dino Gym Challenge (2007)
STEINBORN LIFT	14	M	110	205	Becklun, John	6/17/2006	NATIONALS (2006) - Salina, KS
STEINBORN LIFT	16	M	60	132	O'Brien, Mike	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	16	M	65	182	Drake, Dan	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	16	M	75	275	McGowan, Andrew	10/17/2004	2004 Art's Birthday Bash
STEINBORN LIFT	16	M	80	115	Demille, Cale	10/12/2003	2003 Art's Birthday Bash
STEINBORN LIFT	16	M	90	185	Longbine, Kent	6/17/2006	NATIONALS (2006) - Salina, KS
STEINBORN LIFT	16	M	95	235	Heater, Lewis	1/31/2009	ZERCHER STRENGTH CLASSIC (2009)
STEINBORN LIFT	16	M	100	154	Frasso, Tony	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	16	M	110	300	Reel, Ian	1/15/2005	Dino Gym Challenge (2005)
STEINBORN LIFT	18	M	80	255	Smith, Abe	6/24/2001	NATIONALS (2001) - Columbia, MO
STEINBORN LIFT	18	M	90	198	Ciavattone, Jeff	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	18	M	95	250	Patterson, Doug	1/20/2007	Dino Gym Challenge (2007)
STEINBORN LIFT	18	M	110	330	Reel, Ian	6/17/2006	NATIONALS (2006) - Salina, KS

USAWA Record List

STEINBORN LIFT	18	M	115	265	Stahnke, Dennis	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	40	M	65	265	Pensyl, Barry	11/23/1991	Lakewood, Oh.
STEINBORN LIFT	40	M	70	259	Waterman, Chris	2/24/1996	96 Buckeye Record Breaker
STEINBORN LIFT	40	M	75	280	Waterman, Chris	6/15/1997	NATIONALS (1997) - Columbia, MO
STEINBORN LIFT	40	M	80	330	Hirsh, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO
STEINBORN LIFT	40	M	85	300	Smith, Abe	1/29/2023	ZERCHER STRENGTH CLASSIC (2023)
STEINBORN LIFT	40	M	90	320	Montini, Rob	7/14/2019	NATIONALS (1991) - Ambridge, PA
STEINBORN LIFT	40	M	95	276	Montini, Paul	7/14/2019	NATIONALS (1991) - Ambridge, PA
STEINBORN LIFT	40	M	100	276	Kurtz, John	7/14/2019	NATIONALS (1991) - Ambridge, PA
STEINBORN LIFT	40	M	105	240	Carter, John	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
STEINBORN LIFT	40	M	110	446	Ullom, Chad	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	40	M	115	405	Myers, Al	1/20/2007	Dino Gym Challenge (2007)
STEINBORN LIFT	40	M	120	353	Fulton, Kevin	10/7/2001	2001 IAWA Worlds-Glasgow
STEINBORN LIFT	40	M	125	165	Ciavattone, Frank	4/4/1995	95 New England Strong Man
STEINBORN LIFT	45	M	60	226	McKean, John	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	45	M	65	243	Pensyl, Barry	5/22/1993	NATIONALS (1993) - Middletown, PA
STEINBORN LIFT	45	M	70	248	McKean, John	7/18/1993	93 IAWA - Walpole, MA
STEINBORN LIFT	45	M	80	198	Habecker, Denny	7/14/2019	NATIONALS (1991) - Ambridge, PA
STEINBORN LIFT	45	M	85	220	Habecker, Denny	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	45	M	90	331	Montini, Rob	5/22/1993	NATIONALS (1993) - Middletown, PA
STEINBORN LIFT	45	M	95	250	Burnett, Layne	1/20/2007	Dino Gym Challenge (2007)
STEINBORN LIFT	45	M	100	330	Schock, Ed	9/1/2001	2001 Postal Meet
STEINBORN LIFT	45	M	105	331	Schock, Ed	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	45	M	110	341	Myers, Al	7/31/2012	2012 World Postal Leg 2
STEINBORN LIFT	45	M	115	235	Garcia, Joe	6/24/2001	NATIONALS (2001) - Columbia, MO
STEINBORN LIFT	45	M	120	287	Schmidt, Scott	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	45	M	125	99	Ciavattone, Frank	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	45	M	125+	370	Maxey, Bob	1/15/2005	Dino Gym Challenge (2005)
STEINBORN LIFT	50	M	75	216	McKean, John	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	50	M	80	231	Habecker, Denny	5/22/1993	NATIONALS (1993) - Middletown, PA
STEINBORN LIFT	50	M	85	359	Wagman, Dan	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	50	M	90	287	DiCiccio, Bill	7/14/2019	NATIONALS (1991) - Ambridge, PA
STEINBORN LIFT	50	M	95	309	Vernacchio, John	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
STEINBORN LIFT	50	M	100	250	Springs, Al	2/5/1995	ZERCHER STRENGTH CLASSIC (1995)
STEINBORN LIFT	50	M	105	331	Malloy, Jim	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	50	M	110	336	Malloy, Jim	5/22/1993	NATIONALS (1993) - Middletown, PA
STEINBORN LIFT	50	M	115	235	Garcia, Joe	1/17/2004	RD - Dino Days (2004)
STEINBORN LIFT	50	M	120	190	Geib, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO
STEINBORN LIFT	50	M	125+	305	McCoy, Joe	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
STEINBORN LIFT	55	M	70	176	Freides, Steve	10/12/2014	2014 Art's Birthday Bash
STEINBORN LIFT	55	M	75	165	Friesz, Dale	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	55	M	80	254	Habecker, Denny	6/27/1999	NATIONALS (1999) - Ambridge

USAWA Record List

STEINBORN LIFT	55	M	85	265	Habecker, Denny	10/11/2000	RD - Powerhouse
STEINBORN LIFT	55	M	90	276	Habecker, Denny	10/7/2001	2001 IAWA Worlds-Glasgow
STEINBORN LIFT	55	M	95	200	Springs, Al	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
STEINBORN LIFT	55	M	100	195	Garcia, Joe	1/29/2011	ZERCHER STRENGTH CLASSIC (2011)
STEINBORN LIFT	55	M	105	220	Wilmot, John	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	55	M	110	350	Malloy, Jim	6/15/1997	NATIONALS (1997) - Columbia, MO
STEINBORN LIFT	55	M	115	292	Glasgow, Dave	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	55	M	120	331	Malloy, Jim	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	60	M	75	292	Montini, Art	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	60	M	80	303	Montini, Art	11/23/1991	Lakewood, Oh.
STEINBORN LIFT	60	M	85	254	DiCiccio, Bill	6/29/2002	NATIONALS (2002) - Ambridge
STEINBORN LIFT	60	M	90	205	DeForest, Dave	6/24/2023	NATIONALS (2023) - Columbia, MO
STEINBORN LIFT	60	M	95	125	Garcia, Joe	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
STEINBORN LIFT	60	M	100	145	Garcia, Joe	3/29/2014	ZERCHER STRENGTH CLASSIC (2014)
STEINBORN LIFT	60	M	105	204	Prechtel, Howard	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
STEINBORN LIFT	60	M	110	121	Crozier, Bill	3/4/2000	2000 Buckeye Record Break
STEINBORN LIFT	60	M	125+	225	Ross, Dean	1/15/2005	Dino Gym Challenge (2005)
STEINBORN LIFT	65	M	75	155	Mitchell, Dennis	10/7/2001	2001 IAWA Worlds-Glasgow
STEINBORN LIFT	65	M	80	303	Montini, Art	5/22/1993	NATIONALS (1993) - Middletown, PA
STEINBORN LIFT	65	M	85	244	Habecker, Denny	10/2/2010	2010 Worlds - Glasgow
STEINBORN LIFT	65	M	90	220	Komorny, Andy	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	65	M	95	176	Monahan, Rex	7/18/1993	93 IAWA - Walpole, MA
STEINBORN LIFT	65	M	100	243	Prechtel, Howard	7/18/1993	93 IAWA - Walpole, MA
STEINBORN LIFT	65	M	105	259	Prechtel, Howard	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	65	M	110	198	Prechtel, Howard	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
STEINBORN LIFT	65	M	115	121	Myers, LaVerne	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	65	M	120	159	Geib, Bob	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	65	M	125+	145	Ross, Dean	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)
STEINBORN LIFT	70	M	75	146	Mitchell, Dennis	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	70	M	80	209	Montini, Art	3/7/1998	98 Buckeye Record Breaker
STEINBORN LIFT	70	M	85	226	Montini, Art	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	70	M	90	165	Habecker, Denny	8/5/2017	PRESIDENTIAL CUP (2017)
STEINBORN LIFT	70	M	95	187	Prechtel, Howard	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	70	M	100	140	Bletscher, Rudy	6/17/2006	NATIONALS (2006) - Salina, KS
STEINBORN LIFT	70	M	105	99	Eberhardinger, Paul	5/22/1993	NATIONALS (1993) - Middletown, PA
STEINBORN LIFT	70	M	110	145	Murdock, Mike	1/28/2012	ZERCHER STRENGTH CLASSIC (2012)
STEINBORN LIFT	70	M	115	143	Ross, Dean	8/6/2016	PRESIDENTIAL CUP (2016)
STEINBORN LIFT	75	M	75	93	Mitchell, Dennis	10/2/2010	2010 Worlds - Glasgow
STEINBORN LIFT	75	M	80	121	Cox, Bob	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	75	M	85	202	Montini, Art	10/29/2005	IAWA GOLD CUP (2005) - Maui, HI
STEINBORN LIFT	75	M	90	132	Prechtel, Howard	6/29/2002	NATIONALS (2002) - Ambridge
STEINBORN LIFT	75	M	95	90	Monahan, Rex	6/24/2001	NATIONALS (2001) - Columbia, MO

USAWA Record List

STEINBORN LIFT	75	M	100	121	Bletscher, Rudy	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	75	M	110	125	Lano, Jack	6/15/1997	NATIONALS (1997) - Columbia, MO
STEINBORN LIFT	80	M	70	77	Mitchell, Dennis	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	80	M	80	110	Montini, Art	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	80	M	85	143	Montini, Art	10/2/2010	2010 Worlds - Glasgow
STEINBORN LIFT	80	M	90	120	Zercher I, Ed	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
STEINBORN LIFT	85	M	80	66	Montini, Art	12/28/2016	Record Day- Lebanon, PA Valley
STEINBORN LIFT	90	M	80	15	Myers, Clyde	6/17/2006	NATIONALS (2006) - Salina, KS
STEINBORN LIFT	ALL	M	50	115	Monk, Joshua	6/24/2001	NATIONALS (2001) - Columbia, MO
STEINBORN LIFT	ALL	M	60	276	Doucette, Tim	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	ALL	M	65	287	Monk, John	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	ALL	M	70	325	Monk, John	6/29/2002	NATIONALS (2002) - Ambridge
STEINBORN LIFT	ALL	M	75	320	Monk, John	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	ALL	M	80	330	Hirsh, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO
STEINBORN LIFT	ALL	M	85	359	Wagman, Dan	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	ALL	M	90	342	Anderson, Phil	8/28/1988	IAWA WORLD CHAMPIONSHIPS (1988) - Leicester, UK
STEINBORN LIFT	ALL	M	95	336	Lasky, Howard	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	ALL	M	100	375	Schmidt, Steve	1/22/1989	ZERCHER STRENGTH CLASSIC (1989)
STEINBORN LIFT	ALL	M	105	385	McBride, Mike	1/29/2005	ZERCHER STRENGTH CLASSIC (2005)
STEINBORN LIFT	ALL	M	110	446	Ullom, Chad	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	ALL	M	115	405	Myers, Al	1/20/2007	Dino Gym Challenge (2007)
STEINBORN LIFT	ALL	M	120	430	Ullom, Chad	1/20/2007	Dino Gym Challenge (2007)
STEINBORN LIFT	ALL	M	125	305	Marlin, Philip	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
STEINBORN LIFT	ALL	M	125+	425	Campbell, Scott	1/15/2005	Dino Gym Challenge (2005)
STEINBORN LIFT	NAT	M	50	115	Monk, Joshua	6/24/2001	NATIONALS (2001) - Columbia, MO
STEINBORN LIFT	NAT	M	60	276	Doucette, Tim	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	NAT	M	65	287	Monk, John	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	NAT	M	70	325	Monk, John	6/29/2002	NATIONALS (2002) - Ambridge
STEINBORN LIFT	NAT	M	75	292	Montini, Art	5/31/1992	NATIONALS (1992) - Walpole, MA
STEINBORN LIFT	NAT	M	80	330	Hirsh, Bob	6/15/1997	NATIONALS (1997) - Columbia, MO
STEINBORN LIFT	NAT	M	85	340	Wagman, Dan	6/17/2006	NATIONALS (2006) - Salina, KS
STEINBORN LIFT	NAT	M	90	331	Montini, Rob	5/22/1993	NATIONALS (1993) - Middletown, PA
STEINBORN LIFT	NAT	M	95	331	Vernacchio, John	7/14/2019	NATIONALS (1991) - Ambridge, PA
STEINBORN LIFT	NAT	M	100	342	Schmidt, Steve	7/14/2019	NATIONALS (1991) - Ambridge, PA
STEINBORN LIFT	NAT	M	105	353	Locondro, Mike	5/22/1993	NATIONALS (1993) - Middletown, PA
STEINBORN LIFT	NAT	M	110	375	Goviannini, Jim	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	NAT	M	115	360	Myers, Al	6/17/2006	NATIONALS (2006) - Salina, KS
STEINBORN LIFT	NAT	M	120	331	Malloy, Jim	6/27/1999	NATIONALS (1999) - Ambridge
STEINBORN LIFT	NAT	M	125+	402	Doster, Matthew	6/29/2002	NATIONALS (2002) - Ambridge
SWING, 2 DUMBBELLS	13	F	60	50	Todd, Phoebe	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	40	F	70	90	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	40	F	75	90	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO

USAWA Record List

SWING, 2 DUMBBELLS	45	F	65	30	Burger, Diane	10/13/1996	96 Art's Birthday Bash
SWING, 2 DUMBBELLS	50	F	50	60	Jackson, RJ	12/27/2015	RD - Iron Warrior
SWING, 2 DUMBBELLS	55	F	50	60	Jackson, RJ	3/31/2017	POSTAL (2017) - Q1
SWING, 2 DUMBBELLS	55	F	55	50	Phumchaona, Noi	4/27/2002	2002 Buckeye Record Break
SWING, 2 DUMBBELLS	ALL	F	50	60	Jackson, RJ	12/27/2015	RD - Iron Warrior
SWING, 2 DUMBBELLS	ALL	F	55	50	Phumchaona, Noi	4/27/2002	2002 Buckeye Record Break
SWING, 2 DUMBBELLS	ALL	F	60	50	Todd, Phoebe	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	ALL	F	65	30	Burger, Diane	10/13/1996	96 Art's Birthday Bash
SWING, 2 DUMBBELLS	ALL	F	70	90	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	ALL	F	75	90	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	NAT	F	60	50	Todd, Phoebe	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	NAT	F	70	90	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	NAT	F	75	90	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	13	M	50	30	Todd, Everett	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	13	M	55	19	Blockston, Jon	10/11/1998	98 Art's Birthday Bash
SWING, 2 DUMBBELLS	13	M	60	50	Habecker, Aidan	3/31/2017	POSTAL (2017) - Q1
SWING, 2 DUMBBELLS	14	M	55	60	Van Fossan, Matt	10/13/1996	96 Art's Birthday Bash
SWING, 2 DUMBBELLS	14	M	65	70	Heit, Calvin	3/31/2017	POSTAL (2017) - Q1
SWING, 2 DUMBBELLS	14	M	100	50	Calcote, Kyle	2/9/2006	RD - Clark's Gym '06
SWING, 2 DUMBBELLS	16	M	60	60	Wenzel, Spencer	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
SWING, 2 DUMBBELLS	16	M	95	100	Heater, Lewis	2/22/2009	RD - Clark's Gym '09
SWING, 2 DUMBBELLS	18	M	80	120	Smith, Abe	12/9/2000	2000 Gordon Strain
SWING, 2 DUMBBELLS	40	M	85	150	Smith, Abe	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	40	M	90	130	Stearns, Ashley	4/7/2024	RD - Buffville 3
SWING, 2 DUMBBELLS	40	M	120	160	Todd, Eric	3/31/2017	POSTAL (2017) - Q1
SWING, 2 DUMBBELLS	45	M	95	130	Songster, Tim	8/12/2012	RD - Dino Days (2012)
SWING, 2 DUMBBELLS	45	M	100	100	Fobes, Jarrod	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
SWING, 2 DUMBBELLS	45	M	110	130	Garcia, Joe	12/11/1999	99 Gordon Strain
SWING, 2 DUMBBELLS	45	M	125+	120	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
SWING, 2 DUMBBELLS	50	M	50	30	Hook, Thong	4/27/2002	2002 Buckeye Record Break
SWING, 2 DUMBBELLS	50	M	75	114	McKean, John	10/12/1997	97 Art's Birthday Bash
SWING, 2 DUMBBELLS	50	M	90	120	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
SWING, 2 DUMBBELLS	50	M	95	80	Hadley, Patrick	3/17/2024	Colorado Spring Fling
SWING, 2 DUMBBELLS	50	M	105	100	Wenzel, Jeff	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
SWING, 2 DUMBBELLS	50	M	110	80	Raymond, Mark	3/31/2017	POSTAL (2017) - Q1
SWING, 2 DUMBBELLS	50	M	115	80	Poore, Clint	4/7/2024	RD - Buffville 3
SWING, 2 DUMBBELLS	50	M	125+	90	Foster, Lance	3/31/2017	POSTAL (2017) - Q1
SWING, 2 DUMBBELLS	55	M	80	109	McKean, John	12/17/2000	Record Day
SWING, 2 DUMBBELLS	55	M	90	104	Bryan, Barry	3/31/2017	POSTAL (2017) - Q1
SWING, 2 DUMBBELLS	55	M	95	110	Garcia, Joe	10/29/2010	2010 JWC Record Breakers
SWING, 2 DUMBBELLS	55	M	110	100	Lupo, Tony	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	55	M	115	90	Lupo, Tony	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO

USAWA Record List

SWING, 2 DUMBBELLS	55	M	120	100	Morrison, Rocky	3/31/2017	POSTAL (2017) - Q1
SWING, 2 DUMBBELLS	60	M	80	90	DeForest, Dave	10/12/2024	Clarks Gym RD #5 (2024)
SWING, 2 DUMBBELLS	60	M	85	80	DeForest, Dave	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
SWING, 2 DUMBBELLS	60	M	90	90	DeForest, Dave	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	60	M	95	120	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
SWING, 2 DUMBBELLS	60	M	100	60	Carter, John	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	65	M	85	90	DeForest, Dave	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
SWING, 2 DUMBBELLS	65	M	90	100	Smith, Randy	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	65	M	95	90	Garcia, Joe	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	65	M	125+	100	Ross, Dean	8/28/2011	RD - Dino Days (2011)
SWING, 2 DUMBBELLS	70	M	80	70	Emslie, David	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
SWING, 2 DUMBBELLS	70	M	90	80	Habecker, Denny	3/31/2017	POSTAL (2017) - Q1
SWING, 2 DUMBBELLS	75	M	60	50	Pensyl, Barry	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
SWING, 2 DUMBBELLS	75	M	65	50	Pensyl, Barry	5/25/2024	RD - Lebanon, PA '24
SWING, 2 DUMBBELLS	80	M	85	70	Habecker, Denny	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	ALL	M	50	30	Todd, Everett	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	ALL	M	60	60	Wenzel, Spencer	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
SWING, 2 DUMBBELLS	ALL	M	65	70	Heit, Calvin	3/31/2017	POSTAL (2017) - Q1
SWING, 2 DUMBBELLS	ALL	M	70	130	Jackson, Daryl	3/31/2017	POSTAL (2017) - Q1
SWING, 2 DUMBBELLS	ALL	M	75	120	Frieders, Nicholas	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	ALL	M	80	140	Luther, Travis	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	ALL	M	85	150	Smith, Abe	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	ALL	M	90	130	Stearns, Ashley	4/7/2024	RD - Buffville 3
SWING, 2 DUMBBELLS	ALL	M	95	130	Songster, Tim	8/12/2012	RD - Dino Days (2012)
SWING, 2 DUMBBELLS	ALL	M	100	60	Carter, John	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	ALL	M	105	180	McBride, Mike	12/11/1999	99 Gordon Strain
SWING, 2 DUMBBELLS	ALL	M	110	150	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
SWING, 2 DUMBBELLS	ALL	M	115	80	Poore, Clint	4/7/2024	RD - Buffville 3
SWING, 2 DUMBBELLS	ALL	M	120	160	Todd, Eric	3/31/2017	POSTAL (2017) - Q1
SWING, 2 DUMBBELLS	ALL	M	125	120	Hess, Kohl	3/31/2017	POSTAL (2017) - Q1
SWING, 2 DUMBBELLS	ALL	M	125+	120	Hettinger, Josh	10/29/2010	2010 JWC Record Breakers
SWING, 2 DUMBBELLS	NAT	M	50	30	Todd, Everett	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	NAT	M	75	120	Frieders, Nicholas	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	NAT	M	80	140	Luther, Travis	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	NAT	M	85	150	Smith, Abe	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	NAT	M	90	100	Smith, Randy	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	NAT	M	95	120	Sawyers, Wyatt	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	NAT	M	100	60	Carter, John	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	NAT	M	105	60	Ullom, Chad	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	NAT	M	110	100	Lupo, Tony	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, 2 DUMBBELLS	NAT	M	125+	60	Todd, Eric	6/24/2023	NATIONALS (2023) - Columbia, MO
SWING, DUMBBELL, LEFT	13	F	60	30	Myers, Molly	2/14/2010	RD - Dino Gym (2010)

USAWA Record List

SWING, DUMBBELL, LEFT	40	F	70	45	Hall, Rita	5/18/2002	2002 Powerzone Challenge
SWING, DUMBBELL, LEFT	40	F	85	57	Todd, Stacy	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, LEFT	50	F	50	48	Jackson, RJ	12/1/2012	2012 Gracie Club RD
SWING, DUMBBELL, LEFT	55	F	55	30	Phumchaona, Noi	4/27/2002	2002 Buckeye Record Break
SWING, DUMBBELL, LEFT	55	F	90	30	Lupo, Allison	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
SWING, DUMBBELL, LEFT	60	F	75	30	Thompson, Janet	7/31/2022	RD - Clark vs Frank
SWING, DUMBBELL, LEFT	65	F	75	30	Thompson, Janet	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, LEFT	ALL	F	50	48	Jackson, RJ	12/1/2012	2012 Gracie Club RD
SWING, DUMBBELL, LEFT	ALL	F	55	30	Phumchaona, Noi	4/27/2002	2002 Buckeye Record Break
SWING, DUMBBELL, LEFT	ALL	F	60	30	Myers, Molly	2/14/2010	RD - Dino Gym (2010)
SWING, DUMBBELL, LEFT	ALL	F	70	45	Hall, Rita	5/18/2002	2002 Powerzone Challenge
SWING, DUMBBELL, LEFT	ALL	F	75	30	Thompson, Janet	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, LEFT	ALL	F	85	57	Todd, Stacy	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, LEFT	ALL	F	90	30	Lupo, Allison	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
SWING, DUMBBELL, LEFT	13	M	35	15	Wenzel, Logan	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
SWING, DUMBBELL, LEFT	14	M	90	100	Smith, Harry	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, LEFT	14	M	100	35	Calcote, Kyle	2/9/2006	RD - Clark's Gym '06
SWING, DUMBBELL, LEFT	14	M	125	50	Hall, Josh	8/16/2003	Lebanon, PA County Record Day
SWING, DUMBBELL, LEFT	16	M	60	50	Wenzel, Spencer	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
SWING, DUMBBELL, LEFT	16	M	95	75	Heater, Lewis	2/22/2009	RD - Clark's Gym '09
SWING, DUMBBELL, LEFT	18	M	75	80	Smith, Abe	8/1/2000	2000 Postal League
SWING, DUMBBELL, LEFT	18	M	80	100	Smith, Abe	12/9/2000	2000 Gordon Strain
SWING, DUMBBELL, LEFT	40	M	75	100	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
SWING, DUMBBELL, LEFT	40	M	85	130	Smith, Abe	7/31/2022	RD - Clark vs Frank
SWING, DUMBBELL, LEFT	40	M	90	100	English, Robert	7/25/1993	RD - Ambridge
SWING, DUMBBELL, LEFT	40	M	95	110	Strangeway, John	3/31/2020	POSTAL (2020) - Q1
SWING, DUMBBELL, LEFT	40	M	115	121	Myers, Al	8/17/2007	2007 Worlds Christchurch
SWING, DUMBBELL, LEFT	40	M	120	125	Ullom, Chad	1/16/2016	Dino Gym Challenge (2016)
SWING, DUMBBELL, LEFT	40	M	125	85	Todd, Chris	3/31/2022	POSTAL (2022) - Q1
SWING, DUMBBELL, LEFT	40	M	125+	85	Todd, Chris	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, LEFT	45	M	70	80	Waterman, Chris	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, LEFT	45	M	75	89	Gorman, Tom	10/13/1996	96 Art's Birthday Bash
SWING, DUMBBELL, LEFT	45	M	80	89	Hirsh, Bob	10/12/2003	2003 Art's Birthday Bash
SWING, DUMBBELL, LEFT	45	M	95	85	Songster, Tim	8/12/2012	RD - Dino Days (2012)
SWING, DUMBBELL, LEFT	45	M	100	102	Fobes, Jarrod	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, LEFT	45	M	110	100	Garcia, Joe	12/11/1999	99 Gordon Strain
SWING, DUMBBELL, LEFT	45	M	120	115	Todd, Eric	3/31/2020	POSTAL (2020) - Q1
SWING, DUMBBELL, LEFT	45	M	125+	85	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
SWING, DUMBBELL, LEFT	50	M	50	25	Hook, Thong	4/27/2002	2002 Buckeye Record Break
SWING, DUMBBELL, LEFT	50	M	85	125	Wagman, Dan	8/18/2013	RD - Dino Days (2013)
SWING, DUMBBELL, LEFT	50	M	90	75	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
SWING, DUMBBELL, LEFT	50	M	95	40	Hadley, Patrick	3/17/2024	Colorado Spring Fling

USAWA Record List

SWING, DUMBBELL, LEFT	50	M	100	45	Hadley, Patrick	1/27/2024	Omega Force Strength Extravaganza
SWING, DUMBBELL, LEFT	50	M	105	100	Hose, Tony	3/31/2022	POSTAL (2022) - Q1
SWING, DUMBBELL, LEFT	50	M	110	55	Poore, Clint	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
SWING, DUMBBELL, LEFT	50	M	115	83	Geib, Bob	2/18/1995	95 Buckeye Record Breaker
SWING, DUMBBELL, LEFT	50	M	125+	45	Foster, Lance	3/31/2020	POSTAL (2020) - Q1
SWING, DUMBBELL, LEFT	55	M	75	65	Friesz, Dale	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, LEFT	55	M	100	77	Vernacchio, John	9/21/1996	96 IAWA Worlds
SWING, DUMBBELL, LEFT	55	M	105	93	Jury, Steve	8/5/2023	PRESIDENTIAL CUP (2023)
SWING, DUMBBELL, LEFT	55	M	110	88	Jury, Steve	5/25/2024	RD - Lebanon, PA '24
SWING, DUMBBELL, LEFT	55	M	115	88	Jury, Steve	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
SWING, DUMBBELL, LEFT	55	M	120	88	Jury, Steve	12/14/2024	2024 Memorial Record Day
SWING, DUMBBELL, LEFT	55	M	125+	80	Payne, Jason	3/9/2024	Dino Gym Challenge (2024)
SWING, DUMBBELL, LEFT	60	M	75	55	Mitchell, Dennis	9/21/1996	96 IAWA Worlds
SWING, DUMBBELL, LEFT	60	M	80	61	DeForest, Dave	6/9/2024	RD - Clark's Gym 3
SWING, DUMBBELL, LEFT	60	M	85	65	DeForest, Dave	7/31/2022	RD - Clark vs Frank
SWING, DUMBBELL, LEFT	60	M	90	50	DeForest, Dave	3/31/2020	POSTAL (2020) - Q1
SWING, DUMBBELL, LEFT	60	M	95	70	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
SWING, DUMBBELL, LEFT	60	M	110	82	Jury, Steve	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
SWING, DUMBBELL, LEFT	60	M	120	95	Glasgow, Dave	1/16/2016	Dino Gym Challenge (2016)
SWING, DUMBBELL, LEFT	65	M	75	57	Mitchell, Dennis	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, LEFT	65	M	80	64	Montini, Art	10/13/1996	96 Art's Birthday Bash
SWING, DUMBBELL, LEFT	65	M	85	60	DeForest, Dave	6/14/2024	2nd Stars of Tomorrow Championship, Columbia, MO
SWING, DUMBBELL, LEFT	65	M	110	62	Larson, Nils	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, LEFT	65	M	125+	70	Ross, Dean	8/28/2011	RD - Dino Days (2011)
SWING, DUMBBELL, LEFT	70	M	70	50	Pensyl, Barry	12/15/2018	2018 Vernacchio RD
SWING, DUMBBELL, LEFT	70	M	75	50	Mitchell, Dennis	11/24/2002	Jump Stretch Record Day
SWING, DUMBBELL, LEFT	70	M	80	50	Emslie, David	3/28/2015	2015 Clark's Gym RD
SWING, DUMBBELL, LEFT	70	M	85	40	Montini, Art	5/18/2002	2002 Powerzone Challenge
SWING, DUMBBELL, LEFT	70	M	90	55	Habecker, Denny	2/10/2013	RD - Dino Gym (2013)
SWING, DUMBBELL, LEFT	70	M	110	65	Myers, LaVerne	3/31/2016	POSTAL (2016) - Q1
SWING, DUMBBELL, LEFT	70	M	115	45	Ross, Dean	8/22/2015	PRESIDENTIAL CUP (2015)
SWING, DUMBBELL, LEFT	70	M	120	65	Glasgow, Dave	3/9/2024	Dino Gym Challenge (2024)
SWING, DUMBBELL, LEFT	75	M	60	45	Pensyl, Barry	12/14/2024	2024 Memorial Record Day
SWING, DUMBBELL, LEFT	75	M	65	45	Pensyl, Barry	8/5/2023	PRESIDENTIAL CUP (2023)
SWING, DUMBBELL, LEFT	75	M	70	33	Mitchell, Dennis	11/19/2011	2011 Worlds - Perth
SWING, DUMBBELL, LEFT	75	M	75	44	Mitchell, Dennis	8/17/2007	2007 Worlds Christchurch
SWING, DUMBBELL, LEFT	75	M	100	40	Myers, LaVerne	3/9/2024	Dino Gym Challenge (2024)
SWING, DUMBBELL, LEFT	75	M	110	40	Ross, Dean	3/31/2020	POSTAL (2020) - Q1
SWING, DUMBBELL, LEFT	80	M	85	35	Montini, Art	3/10/2012	2012 Club Challenge
SWING, DUMBBELL, LEFT	80	M	100	35	Eberhardinger, Paul	5/18/2002	2002 Powerzone Challenge
SWING, DUMBBELL, LEFT	85	M	65	25	Mitchell, Dennis	7/13/2019	2019 Schmidt's RD
SWING, DUMBBELL, LEFT	85	M	80	30	Montini, Art	1/16/2016	Dino Gym Challenge (2016)

USAWA Record List

SWING, DUMBBELL, LEFT	85	M	90	5	Clark, Bill	7/31/2022	RD - Clark vs Frank
SWING, DUMBBELL, LEFT	90	M	95	20	Clark, Bill	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
SWING, DUMBBELL, LEFT	ALL	M	35	15	Wenzel, Logan	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
SWING, DUMBBELL, LEFT	ALL	M	60	50	Wenzel, Spencer	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
SWING, DUMBBELL, LEFT	ALL	M	65	45	Pensyl, Barry	8/5/2023	PRESIDENTIAL CUP (2023)
SWING, DUMBBELL, LEFT	ALL	M	70	85	Frieders, Nicholas	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, LEFT	ALL	M	75	100	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
SWING, DUMBBELL, LEFT	ALL	M	80	110	Wagman, Dan	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, LEFT	ALL	M	85	130	Smith, Abe	7/31/2022	RD - Clark vs Frank
SWING, DUMBBELL, LEFT	ALL	M	90	100	English, Robert	7/25/1993	RD - Ambridge
SWING, DUMBBELL, LEFT	ALL	M	95	110	Strangeway, John	3/31/2020	POSTAL (2020) - Q1
SWING, DUMBBELL, LEFT	ALL	M	100	102	Fobes, Jarrod	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, LEFT	ALL	M	105	140	McBride, Mike	12/11/1999	99 Gordon Strain
SWING, DUMBBELL, LEFT	ALL	M	110	110	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
SWING, DUMBBELL, LEFT	ALL	M	115	121	Myers, Al	8/17/2007	2007 Worlds Christchurch
SWING, DUMBBELL, LEFT	ALL	M	120	125	Ullom, Chad	1/16/2016	Dino Gym Challenge (2016)
SWING, DUMBBELL, LEFT	ALL	M	125	50	Hall, Josh	8/16/2003	Lebanon, PA County Record Day
SWING, DUMBBELL, LEFT	ALL	M	125+	100	Tully, Scott	2/13/2011	RD - Dino Gym (2011)
SWING, DUMBBELL, LEFT	NAT	M	70	80	Waterman, Chris	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, LEFT	NAT	M	75	65	Friesz, Dale	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, LEFT	NAT	M	90	100	Ciavattone, Jeff	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	13	F	30	7	Monk, Elizabeth	4/14/2002	POSTAL (2002) - Q1
SWING, DUMBBELL, RIGHT	13	F	35	20	Monk, Elizabeth	10/22/2006	2006 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	13	F	45	35	Monk, Elizabeth	10/12/2008	2008 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	13	F	55	30	Todd, Phoebe	3/31/2022	POSTAL (2022) - Q1
SWING, DUMBBELL, RIGHT	13	F	60	40	Todd, Phoebe	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
SWING, DUMBBELL, RIGHT	13	F	65	35	Todd, Lillian	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, RIGHT	14	F	70	35	Todd, Lillian	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
SWING, DUMBBELL, RIGHT	16	F	40	25	Gupta, Nisha	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	18	F	55	40	Gupta, Diya	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	40	F	75	45	Hopps, Jessica	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	40	F	85	60	Todd, Stacy	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	45	F	75	55	Elder, Amber	3/9/2024	Dino Gym Challenge (2024)
SWING, DUMBBELL, RIGHT	50	F	50	55	Jackson, RJ	3/31/2014	POSTAL (2014) - Q1
SWING, DUMBBELL, RIGHT	50	F	55	44	Phumchaona, Noi	9/21/1996	96 IAWA Worlds
SWING, DUMBBELL, RIGHT	50	F	60	45	Brooner-Lakowsky, Tressa	3/31/2016	POSTAL (2016) - Q1
SWING, DUMBBELL, RIGHT	55	F	55	40	Phumchaona, Noi	4/27/2002	2002 Buckeye Record Break
SWING, DUMBBELL, RIGHT	55	F	90	30	Lupo, Allison	6/21/2025	Women's Only Meet, Columbia, MO
SWING, DUMBBELL, RIGHT	55	F	105	40	Gore, Lisa	6/21/2025	Women's Only Meet, Columbia, MO
SWING, DUMBBELL, RIGHT	55	F	125+	55	McConnaughey, Mary	1/16/2016	Dino Gym Challenge (2016)
SWING, DUMBBELL, RIGHT	60	F	105	45	Gore, Lisa	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	65	F	75	35	Thompson, Janet	12/31/2025	POSTAL (2025) - Q4

USAWA Record List

SWING, DUMBBELL, RIGHT	ALL	F	30	7	Monk, Elizabeth	4/14/2002	POSTAL (2002) - Q1
SWING, DUMBBELL, RIGHT	ALL	F	35	20	Monk, Elizabeth	10/22/2006	2006 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	ALL	F	45	35	Monk, Elizabeth	10/12/2008	2008 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	ALL	F	50	55	Jackson, RJ	3/31/2014	POSTAL (2014) - Q1
SWING, DUMBBELL, RIGHT	ALL	F	55	44	Phumchaona, Noi	9/21/1996	96 IAWA Worlds
SWING, DUMBBELL, RIGHT	ALL	F	60	45	Brooner-Lakowsky, Tressa	3/31/2016	POSTAL (2016) - Q1
SWING, DUMBBELL, RIGHT	ALL	F	65	35	Todd, Lillian	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, RIGHT	ALL	F	70	80	Burchett, Emily	1/16/2016	Dino Gym Challenge (2016)
SWING, DUMBBELL, RIGHT	ALL	F	75	55	Elder, Amber	3/9/2024	Dino Gym Challenge (2024)
SWING, DUMBBELL, RIGHT	ALL	F	80	50	Ciavattone, Cara	9/21/1996	96 IAWA Worlds
SWING, DUMBBELL, RIGHT	ALL	F	85	60	Todd, Stacy	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	ALL	F	90	30	Lupo, Allison	6/21/2025	Women's Only Meet, Columbia, MO
SWING, DUMBBELL, RIGHT	ALL	F	95	45	Hopps, Jessica	7/31/2022	RD - Clark vs Frank
SWING, DUMBBELL, RIGHT	ALL	F	105	45	Gore, Lisa	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	ALL	F	110	45	Collins, Cara	12/1/2002	2002 Postal
SWING, DUMBBELL, RIGHT	ALL	F	125+	55	McConnaughey, Mary	1/16/2016	Dino Gym Challenge (2016)
SWING, DUMBBELL, RIGHT	NAT	F	55	30	Phumchaona, Noi	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	13	M	30	20	LaPointe, Jackson	10/16/2016	2016 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	13	M	35	23	Sauer, Zack	5/18/2002	2002 Powerzone Challenge
SWING, DUMBBELL, RIGHT	13	M	40	30	O'Brien, Marc	12/12/1998	Norwood Championships
SWING, DUMBBELL, RIGHT	13	M	45	30	Ciavattone, Joe Jr.	12/1/2002	2002 Postal
SWING, DUMBBELL, RIGHT	13	M	50	33	McKean, Sean	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
SWING, DUMBBELL, RIGHT	13	M	55	40	Monk, Joshua	5/18/2002	2002 Powerzone Challenge
SWING, DUMBBELL, RIGHT	13	M	60	35	Blockston, Jon	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	13	M	75	40	Sauer, Bryan	5/18/2002	2002 Powerzone Challenge
SWING, DUMBBELL, RIGHT	13	M	85	62	McKean, Robbie	3/6/1993	93 Winterfest
SWING, DUMBBELL, RIGHT	14	M	55	40	Habecker, Brady	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, RIGHT	14	M	70	45	Demille, Cale	4/14/2002	POSTAL (2002) - Q1
SWING, DUMBBELL, RIGHT	14	M	75	65	Graham, Tom	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	14	M	80	70	Loewer, James	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	14	M	95	83	Graham, Tom	8/1/2000	2000 Postal League
SWING, DUMBBELL, RIGHT	16	M	55	44	O'Brien, Mike	12/12/1998	Norwood Championships
SWING, DUMBBELL, RIGHT	16	M	60	55	Van Fossan, Matt	10/11/1998	98 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	16	M	65	66	Butters, Maverick	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
SWING, DUMBBELL, RIGHT	16	M	70	75	McKean, Sean	10/11/1998	98 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	16	M	75	70	McKean, Sean	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	16	M	80	80	Marchand, Wade	7/31/2022	RD - Clark vs Frank
SWING, DUMBBELL, RIGHT	16	M	90	88	Ciavattone, Jeff	9/21/1996	96 IAWA Worlds
SWING, DUMBBELL, RIGHT	16	M	95	80	Heater, Lewis	2/22/2009	RD - Clark's Gym '09
SWING, DUMBBELL, RIGHT	16	M	100	60	Frasso, Tony	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	18	M	80	90	Smith, Abe	12/9/2000	2000 Gordon Strain
SWING, DUMBBELL, RIGHT	18	M	90	100	Ciavattone, Jeff	6/27/1999	NATIONALS (1999) - Ambridge

USAWA Record List

SWING, DUMBBELL, RIGHT	18	M	95	77	Habecker, Aidan	3/31/2022	POSTAL (2022) - Q1
SWING, DUMBBELL, RIGHT	40	M	70	74	McKean, John	7/25/1993	RD - Ambridge
SWING, DUMBBELL, RIGHT	40	M	75	80	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	40	M	80	115	Smith, Abe	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, RIGHT	40	M	85	125	Smith, Abe	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	40	M	90	110	English, Robert	7/25/1993	RD - Ambridge
SWING, DUMBBELL, RIGHT	40	M	110	120	Goviannini, Jim	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	40	M	115	140	Myers, Al	2/13/2011	RD - Dino Gym (2011)
SWING, DUMBBELL, RIGHT	40	M	120	150	Ullom, Chad	3/10/2012	2012 Club Challenge
SWING, DUMBBELL, RIGHT	40	M	125	132	Ciavattone, Frank	10/9/1999	99 IAWA Worlds -Australia
SWING, DUMBBELL, RIGHT	40	M	125+	140	Ciavattone, Frank	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	45	M	65	66	McKean, John	12/15/1990	RD - Ambridge
SWING, DUMBBELL, RIGHT	45	M	75	83	LaPointe, Roger	10/16/2016	2016 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	45	M	90	65	Harris, Phil	9/5/1997	97 Australia - Clark Meet
SWING, DUMBBELL, RIGHT	45	M	95	85	Songster, Tim	8/12/2012	RD - Dino Days (2012)
SWING, DUMBBELL, RIGHT	45	M	100	120	Schock, Ed	5/18/2002	2002 Powerzone Challenge
SWING, DUMBBELL, RIGHT	45	M	105	120	English, Robert	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	45	M	110	110	Myers, Al	3/31/2016	POSTAL (2016) - Q1
SWING, DUMBBELL, RIGHT	45	M	115	140	Myers, Al	3/10/2012	2012 Club Challenge
SWING, DUMBBELL, RIGHT	45	M	120	140	Myers, Al	9/30/2011	2011 Delaware Postal
SWING, DUMBBELL, RIGHT	45	M	125	100	Todd, Eric	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
SWING, DUMBBELL, RIGHT	45	M	125+	110	Todd, Eric	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, RIGHT	50	M	50	35	Hook, Thong	4/27/2002	2002 Buckeye Record Break
SWING, DUMBBELL, RIGHT	50	M	75	90	McKean, John	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	50	M	80	93	McKean, John	2/27/1999	99 Buckeye Record Breaker
SWING, DUMBBELL, RIGHT	50	M	85	125	Wagman, Dan	8/18/2013	RD - Dino Days (2013)
SWING, DUMBBELL, RIGHT	50	M	90	97	Smith, Randy	2/1/2008	2008 Eastern Postal
SWING, DUMBBELL, RIGHT	50	M	95	57	Gupta, Sanjiv	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	50	M	100	55	Hadley, Patrick	1/27/2024	Omega Force Strength Extravaganza
SWING, DUMBBELL, RIGHT	50	M	105	110	Myers, Al	12/31/2017	POSTAL (2017) - Q4
SWING, DUMBBELL, RIGHT	50	M	110	105	Ullom, Chad	3/9/2024	Dino Gym Challenge (2024)
SWING, DUMBBELL, RIGHT	50	M	115	70	Poore, Clint	4/14/2024	Record Day- Clark's Gym 1
SWING, DUMBBELL, RIGHT	50	M	125+	75	Todd, Eric	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	55	M	75	57	Marchand, Wade	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	55	M	80	120	Patterson, Tony	12/31/2017	POSTAL (2017) - Q4
SWING, DUMBBELL, RIGHT	55	M	85	88	Habecker, Denny	12/12/1998	Norwood Championships
SWING, DUMBBELL, RIGHT	55	M	90	90	Habecker, Denny	4/14/2002	POSTAL (2002) - Q1
SWING, DUMBBELL, RIGHT	55	M	105	65	Raymond, Mark	7/31/2022	RD - Clark vs Frank
SWING, DUMBBELL, RIGHT	55	M	110	93	Jury, Steve	5/20/2023	RD - Lebanon, PA '23
SWING, DUMBBELL, RIGHT	55	M	115	91	Jury, Steve	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
SWING, DUMBBELL, RIGHT	55	M	120	110	Malloy, Jim	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	55	M	125+	50	Foster, Lance	3/31/2022	POSTAL (2022) - Q1

USAWA Record List

SWING, DUMBBELL, RIGHT	60	M	75	30	Gago, David	12/31/2017	POSTAL (2017) - Q4
SWING, DUMBBELL, RIGHT	60	M	80	65	DeForest, Dave	6/9/2024	RD - Clark's Gym 3
SWING, DUMBBELL, RIGHT	60	M	85	65	DeForest, Dave	2/25/2024	RD - Clarks Gym
SWING, DUMBBELL, RIGHT	60	M	90	75	DeForest, Dave	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, RIGHT	60	M	95	85	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
SWING, DUMBBELL, RIGHT	60	M	100	80	Carter, John	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, RIGHT	60	M	105	66	Raymond, Mark	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
SWING, DUMBBELL, RIGHT	60	M	110	88	Jury, Steve	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
SWING, DUMBBELL, RIGHT	60	M	125	45	Foster, Lance	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	60	M	125+	22	Ciavattone, Frank	12/31/2017	POSTAL (2017) - Q4
SWING, DUMBBELL, RIGHT	65	M	70	55	Pensyl, Barry	10/15/2017	2017 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	65	M	75	57	Mitchell, Dennis	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	65	M	80	66	Bryan, Barry	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	65	M	85	77	Habecker, Denny	11/19/2011	2011 Worlds - Perth
SWING, DUMBBELL, RIGHT	65	M	90	75	Habecker, Denny	3/10/2012	2012 Club Challenge
SWING, DUMBBELL, RIGHT	65	M	105	80	Prechtel, Howard	10/17/1992	U.S. Inlands
SWING, DUMBBELL, RIGHT	65	M	110	66	Puzin, Carl	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
SWING, DUMBBELL, RIGHT	65	M	115	55	Myers, LaVerne	9/30/2011	2011 Delaware Postal
SWING, DUMBBELL, RIGHT	65	M	125	45	Ciavattone, Frank	7/31/2022	RD - Clark vs Frank
SWING, DUMBBELL, RIGHT	65	M	125+	70	Ross, Dean	8/28/2011	RD - Dino Days (2011)
SWING, DUMBBELL, RIGHT	70	M	65	48	pensyl, Barry	3/31/2022	POSTAL (2022) - Q1
SWING, DUMBBELL, RIGHT	70	M	70	50	Pensyl, Barry	12/15/2018	2018 Vernacchio RD
SWING, DUMBBELL, RIGHT	70	M	75	50	Mitchell, Dennis	11/24/2002	Jump Stretch Record Day
SWING, DUMBBELL, RIGHT	70	M	80	50	Emslie, David	3/28/2015	2015 Clark's Gym RD
SWING, DUMBBELL, RIGHT	70	M	85	73	Montini, Art	8/1/2000	2000 Postal League
SWING, DUMBBELL, RIGHT	70	M	90	80	Traub, Larry	3/9/2024	Dino Gym Challenge (2024)
SWING, DUMBBELL, RIGHT	70	M	95	65	Prechtel, Howard	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	70	M	100	77	Prechtel, Howard	9/21/1996	96 IAWA Worlds
SWING, DUMBBELL, RIGHT	70	M	110	60	Murdock, Mike	2/13/2011	RD - Dino Gym (2011)
SWING, DUMBBELL, RIGHT	70	M	115	55	Ross, Dean	8/22/2015	PRESIDENTIAL CUP (2015)
SWING, DUMBBELL, RIGHT	70	M	120	55	Ross, Dean	3/31/2016	POSTAL (2016) - Q1
SWING, DUMBBELL, RIGHT	70	M	125	77	Ciavattone, Frank	12/31/2025	POSTAL (2025) - Q4
SWING, DUMBBELL, RIGHT	75	M	60	45	Pensyl, Barry	12/14/2024	2024 Memorial Record Day
SWING, DUMBBELL, RIGHT	75	M	65	50	Pensyl, Barry	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, RIGHT	75	M	75	44	Mitchell, Dennis	8/17/2007	2007 Worlds Christchurch
SWING, DUMBBELL, RIGHT	75	M	85	55	Habecker, Denny	12/31/2017	POSTAL (2017) - Q4
SWING, DUMBBELL, RIGHT	75	M	90	55	Monahan, Rex	10/9/1999	99 IAWA Worlds -Australia
SWING, DUMBBELL, RIGHT	75	M	100	55	Bletscher, Rudy	3/10/2012	2012 Club Challenge
SWING, DUMBBELL, RIGHT	75	M	105	66	Lano, Jack	10/9/1999	99 IAWA Worlds -Australia
SWING, DUMBBELL, RIGHT	80	M	80	50	Habecker, Denny	3/9/2024	Dino Gym Challenge (2024)
SWING, DUMBBELL, RIGHT	80	M	85	45	Habecker, Denny	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
SWING, DUMBBELL, RIGHT	80	M	90	33	Montini, Art	11/19/2011	2011 Worlds - Perth

USAWA Record List

SWING, DUMBBELL, RIGHT	85	M	65	25	Mitchell, Dennis	7/13/2019	2019 Schmidt's RD
SWING, DUMBBELL, RIGHT	85	M	95	10	Clark, Bill	3/31/2020	POSTAL (2020) - Q1
SWING, DUMBBELL, RIGHT	90	M	95	20	Clark, Bill	3/31/2023	POSTAL (2023) - Q1
SWING, DUMBBELL, RIGHT	ALL	M	50	33	McKean, Sean	11/28/1992	IAWA GOLD CUP (1992) - Collegeville, PA
SWING, DUMBBELL, RIGHT	ALL	M	55	40	Monk, Joshua	5/18/2002	2002 Powerzone Challenge
SWING, DUMBBELL, RIGHT	ALL	M	60	55	Van Fossan, Matt	10/11/1998	98 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	ALL	M	65	75	Monk, John	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	ALL	M	70	90	Zaremba, Pete	10/13/1996	96 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	ALL	M	75	120	Smith, Abe	11/10/2004	Postal Meet
SWING, DUMBBELL, RIGHT	ALL	M	80	120	Patterson, Tony	12/31/2017	POSTAL (2017) - Q4
SWING, DUMBBELL, RIGHT	ALL	M	85	131	Wagman, Dan	3/31/2016	POSTAL (2016) - Q1
SWING, DUMBBELL, RIGHT	ALL	M	90	110	English, Robert	7/25/1993	RD - Ambridge
SWING, DUMBBELL, RIGHT	ALL	M	95	100	Foster, James	12/11/1999	99 Gordon Strain
SWING, DUMBBELL, RIGHT	ALL	M	100	120	Schock, Ed	5/18/2002	2002 Powerzone Challenge
SWING, DUMBBELL, RIGHT	ALL	M	105	140	McBride, Mike	12/11/1999	99 Gordon Strain
SWING, DUMBBELL, RIGHT	ALL	M	110	150	Ullom, Chad	1/16/2010	Dino Gym Challenge (2010)
SWING, DUMBBELL, RIGHT	ALL	M	115	140	Myers, Al	2/13/2011	RD - Dino Gym (2011)
SWING, DUMBBELL, RIGHT	ALL	M	120	150	Ullom, Chad	3/10/2012	2012 Club Challenge
SWING, DUMBBELL, RIGHT	ALL	M	125	132	Ciavattone, Frank	10/9/1999	99 IAWA Worlds -Australia
SWING, DUMBBELL, RIGHT	ALL	M	125+	140	Ciavattone, Frank	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	60	55	Van Fossan, Matt	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	65	75	Monk, John	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	75	90	McKean, John	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	80	90	Habecker, Denny	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	85	70	Montini, Art	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	90	65	Blockston, Larry	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	95	70	McKean, Robbie	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	100	60	Frasso, Tony	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	105	120	English, Robert	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	110	120	Goviannini, Jim	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	115	110	Ciavattone, Joe Sr.	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	120	115	Schmidt, Scott	6/27/1999	NATIONALS (1999) - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	125+	140	Ciavattone, Frank	6/27/1999	NATIONALS (1999) - Ambridge
TEETH LIFT	45	F	125+	130	McConnaughey, Mary	12/10/2005	2005 No-Weight Strongman
TEETH LIFT	50	F	50	52	Jackson, RJ	12/27/2014	2014 Colorado RB
TEETH LIFT	55	F	50	54	Jackson, RJ	2/11/2017	2017 Grip Championships
TEETH LIFT	55	F	90	52	Lupo, Allison	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TEETH LIFT	ALL	F	50	54	Jackson, RJ	2/11/2017	2017 Grip Championships
TEETH LIFT	ALL	F	90	52	Lupo, Allison	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TEETH LIFT	ALL	F	125+	130	McConnaughey, Mary	12/10/2005	2005 No-Weight Strongman
TEETH LIFT	13	M	55	25	Montini, Jason II	10/15/2017	2017 Art's Birthday Bash
TEETH LIFT	14	M	80	115	Kressly, Logan	1/18/2014	Dino Gym Challenge (2014)

USAWA Record List

TEETH LIFT	40	M	90	13	Stearns, Ashley	4/14/2024	Record Day- Clark's Gym 1
TEETH LIFT	40	M	120	260	Todd, Eric	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
TEETH LIFT	45	M	100	370	Schmidt, Steve	12/11/2004	RD - Clark's Gym '04
TEETH LIFT	45	M	110	203	Myers, Al	10/25/2014	IAWA GOLD CUP (2014) - Burton on Trent, UK
TEETH LIFT	45	M	125	300	Todd, Eric	11/18/2023	RD - Lift for Leroy '23
TEETH LIFT	45	M	125+	110	Bankens, Jeff	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TEETH LIFT	50	M	80	100	McKean, John	11/17/1999	99 Art's Birthday Bash
TEETH LIFT	50	M	95	75	Gupta, Sanjiv	6/29/2024	NATIONALS (2024) - Columbia, MO
TEETH LIFT	50	M	100	390	Schmidt, Steve	12/10/2005	2005 No-Weight Strongman
TEETH LIFT	50	M	105	120	Myers, Al	11/30/2020	POSTAL (2020) - RECORD DAY
TEETH LIFT	55	M	115	100	Lupo, Tony	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TEETH LIFT	60	M	95	95	Traub, Larry	1/18/2014	Dino Gym Challenge (2014)
TEETH LIFT	60	M	120	105	Glasgow, Dave	1/18/2014	Dino Gym Challenge (2014)
TEETH LIFT	70	M	75	85	Santangelo, Stephen	4/7/2024	Buffville Cup
TEETH LIFT	70	M	85	140	Montini, Art	3/4/2000	2000 Buckeye Record Break
TEETH LIFT	70	M	125	75	Ross, Dean	1/18/2014	Dino Gym Challenge (2014)
TEETH LIFT	75	M	80	100	Montini, Art	10/13/2002	2002 Art's Birthday Bash
TEETH LIFT	75	M	85	138	Montini, Art	10/22/2006	2006 Art's Birthday Bash
TEETH LIFT	75	M	90	39	Ross, Dean	1/15/2022	Dino Gym Challenge (2022)
TEETH LIFT	80	M	80	128	Montini, Art	10/11/2009	2009 Art's Birthday Bash
TEETH LIFT	80	M	85	113	Montini, Art	10/17/2010	2010 Art's Birthday Bash
TEETH LIFT	85	M	80	114	Montini, Art	10/22/2016	IAWA GOLD CUP (2016) - Abilene, KS
TEETH LIFT	85	M	85	107	Montini, Art	8/10/2013	PRESIDENTIAL CUP (2013)
TEETH LIFT	90	M	85	130	Montini, Art	10/15/2017	2017 Art's Birthday Bash
TEETH LIFT	ALL	M	75	85	Santangelo, Stephen	4/7/2024	Buffville Cup
TEETH LIFT	ALL	M	80	128	McKean, John	10/11/2009	2009 Art's Birthday Bash
TEETH LIFT	ALL	M	85	140	Montini, Art	3/4/2000	2000 Buckeye Record Break
TEETH LIFT	ALL	M	90	13	Stearns, Ashley	4/14/2024	Record Day- Clark's Gym 1
TEETH LIFT	ALL	M	95	95	Traub, Larry	1/18/2014	Dino Gym Challenge (2014)
TEETH LIFT	ALL	M	100	390	Schmidt, Steve	12/10/2005	2005 No-Weight Strongman
TEETH LIFT	ALL	M	105	120	Myers, Al	11/30/2020	POSTAL (2020) - RECORD DAY
TEETH LIFT	ALL	M	110	203	Myers, Al	10/25/2014	IAWA GOLD CUP (2014) - Burton on Trent, UK
TEETH LIFT	ALL	M	115	100	Lupo, Tony	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TEETH LIFT	ALL	M	120	260	Todd, Eric	5/5/2018	HEAVY LIFT CHAMPIONSHIP (2018) - Turney, MO
TEETH LIFT	ALL	M	125	300	Todd, Eric	11/18/2023	RD - Lift for Leroy '23
TEETH LIFT	ALL	M	125+	179	Kressly, Doug	2/9/2014	RD - Dino Gym '14
THORS HAMMER	13	F	55	10	Todd, Phoebe	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
THORS HAMMER	13	F	65	10	Todd, Lillian	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
THORS HAMMER	50	F	50	20	Jackson, RJ	12/27/2014	2014 Colorado RB
THORS HAMMER	55	F	60	25	VanWagner, Kim	4/14/2024	Record Day- Clark's Gym 1
THORS HAMMER	55	F	90	18	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	55	F	95	22	Gore, Lisa	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD

USAWA Record List

THORS HAMMER	55	F	105	26	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	65	F	75	18	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	ALL	F	50	20	Jackson, RJ	12/27/2014	2014 Colorado RB
THORS HAMMER	ALL	F	55	10	Todd, Phoebe	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
THORS HAMMER	ALL	F	60	25	VanWagner, Kim	4/14/2024	Record Day- Clark's Gym 1
THORS HAMMER	ALL	F	65	10	Todd, Lillian	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
THORS HAMMER	ALL	F	75	18	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	ALL	F	85	20	Todd, Stacy	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
THORS HAMMER	ALL	F	90	18	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	ALL	F	95	22	Gore, Lisa	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
THORS HAMMER	ALL	F	100	25	Gardner, Heather	9/10/2016	2016 OTSM Championships
THORS HAMMER	ALL	F	105	26	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	13	M	35	7	WEnzel, Logan	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
THORS HAMMER	13	M	40	7	Todd, Everett	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
THORS HAMMER	13	M	45	7	Todd, Leroy	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
THORS HAMMER	13	M	60	14	Todd, Everett	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
THORS HAMMER	18	M	70	21	Market, Tim	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	40	M	70	41	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	40	M	90	42	Stearns, Ashley	4/7/2024	Buffville Cup
THORS HAMMER	40	M	95	55	Strangeway, John	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
THORS HAMMER	40	M	105	55	Edwards, Ben	9/10/2016	2016 OTSM Championships
THORS HAMMER	40	M	110	55	Edwards, Ben	9/9/2017	2017 OTSM Championships
THORS HAMMER	40	M	115	60	Todd, Eric	9/9/2017	2017 OTSM Championships
THORS HAMMER	40	M	120	60	Todd, Eric	9/10/2016	2016 OTSM Championships
THORS HAMMER	40	M	125	35	Todd, Chris	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
THORS HAMMER	40	M	125+	45	Tully, Scott	9/9/2017	2017 OTSM Championships
THORS HAMMER	45	M	100	18	Fobes, Jarrod	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	45	M	110	36	Wenzel, Jeff	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
THORS HAMMER	45	M	115	40	Ullom, Chad	9/9/2017	2017 OTSM Championships
THORS HAMMER	45	M	125+	35	O'Brien, John	5/31/2014	2014 Big T's Dday OTSM
THORS HAMMER	50	M	100	20	Gupta, Sanjiv	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	50	M	105	45	Myers, Al	11/12/2016	2016 Team Championships
THORS HAMMER	50	M	110	44	Myers, Al	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
THORS HAMMER	50	M	125	45	Van Vleck, Thom	5/31/2014	2014 Big T's Dday OTSM
THORS HAMMER	50	M	125+	51	Van Vleck, Thom	1/27/2018	Dino Gym Challenge (2018)
THORS HAMMER	55	M	100	46	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	55	M	110	41	Lupo, Tony	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
THORS HAMMER	55	M	115	41	Lupo, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	55	M	120	40	Cook, Greg	9/10/2016	2016 OTSM Championships
THORS HAMMER	55	M	125	40	Van Vleck, Thom	12/9/2023	Old Time Strongman World Championship
THORS HAMMER	55	M	125+	55	Douglas, John	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
THORS HAMMER	60	M	75	50	Santangelo, Stephen	2/15/2015	RD - Dino Gym '15

USAWA Record List

THORS HAMMER	60	M	80	26	DeForest, Dave	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
THORS HAMMER	60	M	85	24	DeForest, Dave	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
THORS HAMMER	60	M	90	27	DeForest, Dave	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
THORS HAMMER	60	M	100	52	Garcia, Joe	11/8/2014	2014 Clarks RD
THORS HAMMER	60	M	115	40	Cook, Greg	9/9/2017	2017 OTSM Championships
THORS HAMMER	60	M	120	57	Cook, Greg	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
THORS HAMMER	65	M	70	24	Pensyl, Barry	10/15/2017	2017 Art's Birthday Bash
THORS HAMMER	65	M	85	28	DeForest, Dave	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
THORS HAMMER	65	M	90	42	Smith, Randy	8/21/2022	CLARK'S BIRTHDAY WEEKEND
THORS HAMMER	65	M	115	52	Cook, Greg	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
THORS HAMMER	70	M	70	30	Pensyl, Barry	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
THORS HAMMER	70	M	85	20	Murdock, Mike	5/31/2014	2014 Big T's Dday OTSM
THORS HAMMER	70	M	90	25	Habecker, Denny	5/31/2014	2014 Big T's Dday OTSM
THORS HAMMER	70	M	105	25	Ross, Dean	9/9/2017	2017 OTSM Championships
THORS HAMMER	70	M	110	20	Myers, LaVerne	12/17/2016	2016 Team Championships
THORS HAMMER	70	M	115	30	Ross, Dean	9/10/2016	2016 OTSM Championships
THORS HAMMER	70	M	125	22	Ross, Dean	5/31/2014	2014 Big T's Dday OTSM
THORS HAMMER	75	M	85	30	Habecker, Denny	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
THORS HAMMER	75	M	105	39	Myers, LaVerne	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
THORS HAMMER	75	M	110	30	Ross, Dean	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
THORS HAMMER	80	M	85	23	Habecker, Denny	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
THORS HAMMER	85	M	80	15	Montini, Art	5/31/2014	2014 Big T's Dday OTSM
THORS HAMMER	ALL	M	35	7	WEnzel, Logan	6/14/2025	2nd Stars of Tomorrow Championship, Columbia, MO
THORS HAMMER	ALL	M	40	7	Todd, Everett	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
THORS HAMMER	ALL	M	45	7	Todd, Leroy	9/10/2022	OTSM CHAMPIONSHIP (2022) - Turney, MO
THORS HAMMER	ALL	M	60	14	Todd, Everett	9/6/2025	OTSM CHAMPIONSHIP (2025) - Turney, MO
THORS HAMMER	ALL	M	70	41	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	ALL	M	75	50	Santangelo, Stephen	2/15/2015	RD - Dino Gym '15
THORS HAMMER	ALL	M	80	36	Luther, Travis	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
THORS HAMMER	ALL	M	85	30	Smith, Abe	9/10/2016	2016 OTSM Championships
THORS HAMMER	ALL	M	90	42	Smith, Randy	8/21/2022	CLARK'S BIRTHDAY WEEKEND
THORS HAMMER	ALL	M	95	55	Strangeway, John	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
THORS HAMMER	ALL	M	100	52	Garcia, Joe	11/8/2014	2014 Clarks RD
THORS HAMMER	ALL	M	105	55	Edwards, Ben	9/10/2016	2016 OTSM Championships
THORS HAMMER	ALL	M	110	55	Edwards, Ben	9/9/2017	2017 OTSM Championships
THORS HAMMER	ALL	M	115	60	Todd, Eric	9/9/2017	2017 OTSM Championships
THORS HAMMER	ALL	M	120	60	Todd, Eric	9/10/2016	2016 OTSM Championships
THORS HAMMER	ALL	M	125	45	Van Vleck, Thom	5/31/2014	2014 Big T's Dday OTSM
THORS HAMMER	ALL	M	125+	55	Douglas, John	7/21/2019	POSTAL (2019) - IAWA OTSM CHAMPIONSHIP
TRAVIS LIFT	13	F	85	520	Griffis, Kirstie	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	14	F	80	520	Fritz, Misty	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	45	F	125+	740	McConnaughey, Mary	1/21/2006	Dino Gym Challenge (2006)

USAWA Record List

TRAVIS LIFT	ALL	F	80	520	Fritz, Misty	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	ALL	F	85	520	Griffis, Kirstie	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	ALL	F	125+	740	McConnaughey, Mary	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	13	M	60	705	Prior, Theo	1/24/2015	2015 Florida RD
TRAVIS LIFT	14	M	70	880	Longbine, Kent	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	40	M	120	1000	Janzen, John	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	45	M	85	585	Prior, Derek	1/24/2015	2015 Florida RD
TRAVIS LIFT	45	M	95	1200	Burnett, Layne	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	45	M	105	1200	Suttle, David	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	45	M	120	1200	Newton, Rick	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	50	M	110	2000	Garcia, Joe	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	60	M	125+	1200	Ross, Dean	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	65	M	105	1815	Prechtel, Howard	12/15/1990	RD - Ambridge
TRAVIS LIFT	70	M	105	740	Bletscher, Rudy	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	ALL	M	60	705	Prior, Theo	1/24/2015	2015 Florida RD
TRAVIS LIFT	ALL	M	70	880	Longbine, Kent	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	ALL	M	85	1200	Pinkerton, Tim	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	ALL	M	90	1000	Pohlman, Kurt	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	ALL	M	95	1200	Burnett, Layne	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	ALL	M	100	1600	Carter, Bret	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	ALL	M	105	1815	Prechtel, Howard	12/15/1990	RD - Ambridge
TRAVIS LIFT	ALL	M	110	2000	Garcia, Joe	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	ALL	M	115	2000	Todd, Eric	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	ALL	M	120	1200	Newton, Rick	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	ALL	M	125	1600	O'Brien, John	1/21/2006	Dino Gym Challenge (2006)
TRAVIS LIFT	ALL	M	125+	1200	Hettinger, Josh	1/21/2006	Dino Gym Challenge (2006)
TURKISH GET UP	13	F	25	5	Wenzel, Dylan	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	16	F	40	15	Gupta, Nisha	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
TURKISH GET UP	40	F	70	50	Skwarecki, Beth	8/25/2024	TRUE NORTH, TRUE STRENGTH OPEN, Fergus, Ont, CA
TURKISH GET UP	45	F	70	65	Skwarecki, Beth	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	55	F	60	53	VanWagner, Kim	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	55	F	90	5	Lupo, Allison	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
TURKISH GET UP	55	F	100	25	Gore, Lisa	4/5/2025	2025 USAWA Club Championship - Lakewood CO
TURKISH GET UP	65	F	75	10	Thompson, Janet	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	ALL	F	25	5	Wenzel, Dylan	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	ALL	F	40	15	Gupta, Nisha	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
TURKISH GET UP	ALL	F	60	53	VanWagner, Kim	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	ALL	F	65	55	Tseng, Esmie	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	ALL	F	70	80	Burchett, Emily	7/15/2018	2018 Club Championships
TURKISH GET UP	ALL	F	75	10	Thompson, Janet	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	ALL	F	80	45	Fobes, Karena	11/5/2011	2011 Welcome Mat
TURKISH GET UP	ALL	F	90	70	Clasen, Marsha	7/15/2018	2018 Club Championships

USAWA Record List

TURKISH GET UP	ALL	F	100	25	Gore, Lisa	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
TURKISH GET UP	ALL	F	115	25	Channel, Jamie	7/15/2018	2018 Club Championships
TURKISH GET UP	13	M	35	10	Wenzel, Logan	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
TURKISH GET UP	13	M	40	10	Wenzel, Logan	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	14	M	60	45	Policky, Frank	11/5/2011	2011 Welcome Mat
TURKISH GET UP	16	M	70	80	Heit, Calvin	7/15/2018	2018 Club Championships
TURKISH GET UP	16	M	80	53	Conley, Elijah	8/3/2024	Clarks Gym RD #4 (2024)
TURKISH GET UP	16	M	105	25	Habecker, Aidan	11/30/2020	POSTAL (2020) - RECORD DAY
TURKISH GET UP	18	M	70	40	Market, Tim	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
TURKISH GET UP	40	M	85	131	Smith, Abe	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	40	M	105	70	Culbert, John	8/23/2025	True North True Strength II - RD- Fergus, Ont
TURKISH GET UP	40	M	110	123	Fuller, James	11/29/2014	2014 New England Gold Cup
TURKISH GET UP	40	M	115	71	Ullom, Chad	8/12/2012	RD - Dino Days (2012)
TURKISH GET UP	40	M	120	53	Myers, Al	7/18/2010	Ledaig Record Day
TURKISH GET UP	40	M	125+	135	Rigby, Jeff	12/7/2019	RD - Lift for Leroy '19
TURKISH GET UP	45	M	75	91	Ortega, Toby	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	45	M	95	83	Fobes, Jarrod	3/17/2024	Colorado Spring Fling
TURKISH GET UP	45	M	100	102	Fobes, Jarrod	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
TURKISH GET UP	45	M	110	25	Myers, Al	7/23/2016	2016 Club Championships
TURKISH GET UP	45	M	115	80	Ullom, Chad	7/15/2018	2018 Club Championships
TURKISH GET UP	45	M	125	70	Grieshaber, Joey	7/15/2018	2018 Club Championships
TURKISH GET UP	50	M	75	40	Marchand, Wade	12/31/2023	2023 New Years Eve Record Breaker
TURKISH GET UP	50	M	95	53	Gupta, Sanjiv	3/17/2024	Colorado Spring Fling
TURKISH GET UP	50	M	105	100	Wenzel, Jeff	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	50	M	110	60	Wenzel, Jeff	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
TURKISH GET UP	50	M	125+	60	Douglas, John	7/15/2018	2018 Club Championships
TURKISH GET UP	55	M	70	42	Freides, Steve	11/30/2013	2013 NE Record Breakers
TURKISH GET UP	55	M	110	26	Lupo, Tony	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
TURKISH GET UP	55	M	115	53	Glasgow, Dave	7/18/2010	Ledaig Record Day
TURKISH GET UP	60	M	85	27	DeForest, Dave	3/17/2024	Colorado Spring Fling
TURKISH GET UP	60	M	115	53	Glasgow, Dave	7/23/2016	2016 Club Championships
TURKISH GET UP	65	M	80	35	Bryan, Barry	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	65	M	90	10	Carter, John	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	65	M	125	35	Ross, Dean	8/12/2012	RD - Dino Days (2012)
TURKISH GET UP	70	M	90	35	Smith, Randy	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
TURKISH GET UP	70	M	110	12	Myers, LaVerne	7/23/2016	2016 Club Championships
TURKISH GET UP	70	M	115	34	Ross, Dean	7/23/2016	2016 Club Championships
TURKISH GET UP	75	M	115	20	Ross, Dean	7/15/2018	2018 Club Championships
TURKISH GET UP	ALL	M	35	10	Wenzel, Logan	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
TURKISH GET UP	ALL	M	40	10	Wenzel, Logan	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	ALL	M	60	45	Policky, Frank	11/5/2011	2011 Welcome Mat
TURKISH GET UP	ALL	M	65	55	Donlin, Sam	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA

USAWA Record List

TURKISH GET UP	ALL	M	70	80	Heit, Calvin	7/15/2018	2018 Club Championships
TURKISH GET UP	ALL	M	75	91	Ortega, Toby	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	ALL	M	80	119	Lucero, Markus	12/27/2014	2014 Colorado RB
TURKISH GET UP	ALL	M	85	131	Smith, Abe	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	ALL	M	90	35	Smith, Randy	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
TURKISH GET UP	ALL	M	95	102	Pruznick, Miles	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	ALL	M	100	105	Rains, Aaron	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
TURKISH GET UP	ALL	M	105	110	Wiebe, Kyle	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	ALL	M	110	123	Fuller, James	11/29/2014	2014 New England Gold Cup
TURKISH GET UP	ALL	M	115	80	Ullom, Chad	7/15/2018	2018 Club Championships
TURKISH GET UP	ALL	M	120	102	Lucas, Zach	7/15/2018	2018 Club Championships
TURKISH GET UP	ALL	M	125	136	Marlin, Philip	2/28/2026	2026 USAWA Club Championship - Columbia, MO
TURKISH GET UP	ALL	M	125+	135	Rigby, Jeff	12/7/2019	RD - Lift for Leroy '19
TWO HANDS ANYHOW	13	F	25	6	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TWO HANDS ANYHOW	13	F	30	21	Monk, Elizabeth	10/17/2004	2004 Art's Birthday Bash
TWO HANDS ANYHOW	13	F	80	50	Griffis, Kirstie	12/5/2005	Monday Night Mayhem
TWO HANDS ANYHOW	14	F	80	70	Fritz, Misty	12/5/2005	Monday Night Mayhem
TWO HANDS ANYHOW	40	F	70	70	Hall, Rita	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	40	F	105	80	Jones, Joanna	7/13/2019	2019 Schmidt's RD
TWO HANDS ANYHOW	45	F	50	55	Phumchaona, Noi	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
TWO HANDS ANYHOW	45	F	125+	80	McConnaughey, Mary	12/5/2005	Monday Night Mayhem
TWO HANDS ANYHOW	50	F	55	66	Phumchaona, Noi	9/22/1996	96 IAWA Worlds
TWO HANDS ANYHOW	55	F	55	65	Phumchaona, Noi	6/24/2001	NATIONALS (2001) - Columbia, MO
TWO HANDS ANYHOW	55	F	90	45	Lupo, Allison	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TWO HANDS ANYHOW	55	F	100	90	Gore, Lisa	10/5/2024	Buffville Road to the Century Club #6
TWO HANDS ANYHOW	60	F	50	65	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
TWO HANDS ANYHOW	65	F	75	50	Thompson, Janet	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TWO HANDS ANYHOW	ALL	F	25	6	Wenzel, Dylan	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TWO HANDS ANYHOW	ALL	F	30	21	Monk, Elizabeth	10/17/2004	2004 Art's Birthday Bash
TWO HANDS ANYHOW	ALL	F	50	65	Jackson, RJ	6/13/2024	Mini Meet - Colorado Springs, CO
TWO HANDS ANYHOW	ALL	F	55	66	Phumchaona, Noi	9/22/1996	96 IAWA Worlds
TWO HANDS ANYHOW	ALL	F	65	70	Glasgow, Amber	7/31/2011	2011 Ledaig Record Breaker
TWO HANDS ANYHOW	ALL	F	70	70	Hall, Rita	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	ALL	F	75	110	Ollennuking, Amorkor	6/24/2001	NATIONALS (2001) - Columbia, MO
TWO HANDS ANYHOW	ALL	F	80	70	Fritz, Misty	12/5/2005	Monday Night Mayhem
TWO HANDS ANYHOW	ALL	F	90	45	Lupo, Allison	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TWO HANDS ANYHOW	ALL	F	100	90	Gore, Lisa	10/5/2024	Buffville Road to the Century Club #6
TWO HANDS ANYHOW	ALL	F	105	80	Jones, Joanna	7/13/2019	2019 Schmidt's RD
TWO HANDS ANYHOW	ALL	F	125+	80	McConnaughey, Mary	12/5/2005	Monday Night Mayhem
TWO HANDS ANYHOW	NAT	F	55	65	Phumchaona, Noi	6/24/2001	NATIONALS (2001) - Columbia, MO
TWO HANDS ANYHOW	NAT	F	75	110	Ollennuking, Amorkor	6/24/2001	NATIONALS (2001) - Columbia, MO
TWO HANDS ANYHOW	13	M	35	33	Sauer, Zack	5/18/2002	2002 Powerzone Challenge

USAWA Record List

TWO HANDS ANYHOW	13	M	50	53	Monk, Joshua	6/24/2001	NATIONALS (2001) - Columbia, MO
TWO HANDS ANYHOW	13	M	55	80	Monk, Joshua	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	13	M	75	50	Sauer, Bryan	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	13	M	90	55	Bankens, Isaac	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TWO HANDS ANYHOW	14	M	55	53	Hurley, Josh	12/5/2005	Monday Night Mayhem
TWO HANDS ANYHOW	14	M	75	105	Demille, Cale	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	14	M	80	110	Vernacchio, S.J.	12/10/1994	Team Match
TWO HANDS ANYHOW	16	M	80	135	Loudon, Andrew	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	16	M	90	88	Ciavattone, Jeff	9/22/1996	96 IAWA Worlds
TWO HANDS ANYHOW	18	M	60	77	O'Brien, Mike	12/16/2000	Postal Match - Dec 2000
TWO HANDS ANYHOW	18	M	80	235	Smith, Abe	11/19/2000	2000 Louis Cyr Challenge
TWO HANDS ANYHOW	18	M	100	155	Reel, Ian	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	40	M	70	154	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
TWO HANDS ANYHOW	40	M	75	185	Monk, John	10/22/2006	2006 Art's Birthday Bash
TWO HANDS ANYHOW	40	M	80	225	Monk, John	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
TWO HANDS ANYHOW	40	M	85	219	Monk, John	10/12/2008	2008 Art's Birthday Bash
TWO HANDS ANYHOW	40	M	90	170	Stearns, Ashley	4/14/2024	Buffville Cup 3
TWO HANDS ANYHOW	40	M	120	180	Myers, Al	1/16/2010	Dino Gym Challenge (2010)
TWO HANDS ANYHOW	40	M	125	150	Todd, Chris	11/30/2020	POSTAL (2020) - RECORD DAY
TWO HANDS ANYHOW	40	M	125+	160	Barnhart, Darren	1/16/2010	Dino Gym Challenge (2010)
TWO HANDS ANYHOW	45	M	75	125	Gorman, Tom	10/13/1996	96 Art's Birthday Bash
TWO HANDS ANYHOW	45	M	100	195	Schock, Ed	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	45	M	105	150	Garcia, Joe	11/22/1998	98 Louis Cyr Challenge
TWO HANDS ANYHOW	45	M	110	140	Wenzel, Jeff	10/12/2024	Clarks Gym RD #5 (2024)
TWO HANDS ANYHOW	45	M	115	145	Garcia, Joe	6/24/2001	NATIONALS (2001) - Columbia, MO
TWO HANDS ANYHOW	45	M	125	110	Olsavsky, David	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	45	M	125+	188	Bankens, Jeff	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TWO HANDS ANYHOW	50	M	80	149	Habecker, Denny	12/10/1994	Team Match
TWO HANDS ANYHOW	50	M	85	138	Habecker, Denny	9/22/1996	96 IAWA Worlds
TWO HANDS ANYHOW	50	M	90	165	Smith, Randy	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	50	M	95	110	Vernacchio, John	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
TWO HANDS ANYHOW	50	M	105	160	Wenzel, Jeff	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TWO HANDS ANYHOW	50	M	110	120	Poore, Clint	11/9/2024	Buffville Road to the Century Club 7 - Albany, KY
TWO HANDS ANYHOW	50	M	115	110	Poore, Clint	4/14/2024	Record Day- Clark's Gym 1
TWO HANDS ANYHOW	50	M	120	170	Schmidt, Scott	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	50	M	125	90	Ciavattone, Frank	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	55	M	80	110	McKean, John	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	55	M	85	141	Habecker, Denny	12/16/2000	Postal Match - Dec 2000
TWO HANDS ANYHOW	55	M	90	140	Habecker, Denny	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	55	M	95	135	Springs, Al	11/19/2000	2000 Louis Cyr Challenge
TWO HANDS ANYHOW	55	M	100	99	Vernacchio, John	9/22/1996	96 IAWA Worlds
TWO HANDS ANYHOW	55	M	110	140	Lupo, Tony	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA

USAWA Record List

TWO HANDS ANYHOW	55	M	115	124	Lupo, Tony	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TWO HANDS ANYHOW	55	M	120	150	Glasgow, Dave	1/16/2010	Dino Gym Challenge (2010)
TWO HANDS ANYHOW	60	M	75	132	Montini, Art	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
TWO HANDS ANYHOW	60	M	85	120	Habecker, Denny	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	60	M	115	125	Malloy, Jim	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	65	M	75	60	Mitchell, Dennis	6/24/2001	NATIONALS (2001) - Columbia, MO
TWO HANDS ANYHOW	65	M	85	105	DeForest, Dave	2/7/2026	Bayou Beast Bash (2026) - Lake Charles, LA
TWO HANDS ANYHOW	65	M	105	80	Crozier, Bill	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	65	M	110	127	Prechtel, Howard	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
TWO HANDS ANYHOW	65	M	115	70	Myers, LaVerne	8/28/2011	RD - Dino Days (2011)
TWO HANDS ANYHOW	65	M	125	80	Ross, Dean	2/12/2012	RD - Dino Gym (2012)
TWO HANDS ANYHOW	70	M	75	73	Mitchell, Dennis	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	70	M	85	95	Montini, Art	10/15/2000	2000 Art's Birthday Bash
TWO HANDS ANYHOW	70	M	90	110	Habecker, Denny	10/10/2015	2015 Worlds - Glasgow
TWO HANDS ANYHOW	70	M	100	110	Prechtel, Howard	9/22/1996	96 IAWA Worlds
TWO HANDS ANYHOW	70	M	110	100	Murdock, Mike	8/28/2011	RD - Dino Days (2011)
TWO HANDS ANYHOW	75	M	85	77	Montini, Art	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	75	M	95	35	Monahan, Rex	6/24/2001	NATIONALS (2001) - Columbia, MO
TWO HANDS ANYHOW	80	M	85	63	Habecker, Denny	8/5/2023	PRESIDENTIAL CUP (2023)
TWO HANDS ANYHOW	85	M	80	44	Montini, Art	10/10/2015	2015 Worlds - Glasgow
TWO HANDS ANYHOW	ALL	M	60	80	Monk, Joshua	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	ALL	M	70	200	Monk, John	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	ALL	M	75	202	Monk, John	10/17/2004	2004 Art's Birthday Bash
TWO HANDS ANYHOW	ALL	M	80	235	Smith, Abe	11/19/2000	2000 Louis Cyr Challenge
TWO HANDS ANYHOW	ALL	M	85	219	Monk, John	10/12/2008	2008 Art's Birthday Bash
TWO HANDS ANYHOW	ALL	M	90	165	Smith, Randy	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	ALL	M	95	170	Foster, James	11/22/1998	98 Louis Cyr Challenge
TWO HANDS ANYHOW	ALL	M	100	200	McBride, Mike	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	ALL	M	105	180	Secord, Joe	12/5/2005	Monday Night Mayhem
TWO HANDS ANYHOW	ALL	M	110	220	Ullom, Chad	1/16/2010	Dino Gym Challenge (2010)
TWO HANDS ANYHOW	ALL	M	115	200	Weigle, Jason	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	ALL	M	120	190	Myers, Al	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	ALL	M	125	150	Todd, Chris	11/30/2020	POSTAL (2020) - RECORD DAY
TWO HANDS ANYHOW	ALL	M	125+	163	Bankens, Jeff	1/18/2025	Bayou Beast Bash (2025) - Lake Charles, LA
TWO HANDS ANYHOW	NAT	M	70	185	Monk, John	6/24/2001	NATIONALS (2001) - Columbia, MO
TWO HANDS ANYHOW	NAT	M	75	135	Smith, Abe	6/24/2001	NATIONALS (2001) - Columbia, MO
TWO HANDS ANYHOW	NAT	M	80	135	Loudon, Andrew	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	NAT	M	85	135	Habecker, Denny	6/24/2001	NATIONALS (2001) - Columbia, MO
TWO HANDS ANYHOW	NAT	M	90	165	Smith, Randy	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	NAT	M	95	105	Springs, Al	6/24/2001	NATIONALS (2001) - Columbia, MO
TWO HANDS ANYHOW	NAT	M	100	200	McBride, Mike	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	NAT	M	105	80	Crozier, Bill	6/25/2005	NATIONALS (2005) - Youngstown, OH

USAWA Record List

TWO HANDS ANYHOW	NAT	M	110	150	Larosa, Carl	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	NAT	M	115	145	Garcia, Joe	6/24/2001	NATIONALS (2001) - Columbia, MO
TWO HANDS ANYHOW	NAT	M	120	190	Myers, Al	6/25/2005	NATIONALS (2005) - Youngstown, OH
TWO HANDS ANYHOW	NAT	M	125	110	Olsavsky, David	6/25/2005	NATIONALS (2005) - Youngstown, OH
VAN DAM LIFT	16	F	55	45	McDonald, Alexandria	8/17/2024	2024 USA Kentucky Open - Somerset, KY
VAN DAM LIFT	ALL	F	55	45	McDonald, Alexandria	8/17/2024	2024 USA Kentucky Open - Somerset, KY
VAN DAM LIFT	40	M	110	150	Fuller, James	11/30/2013	2013 NE Record Breakers
VAN DAM LIFT	55	M	70	81	Freides, Steve	11/30/2013	2013 NE Record Breakers
VAN DAM LIFT	ALL	M	70	81	Freides, Steve	11/30/2013	2013 NE Record Breakers
VAN DAM LIFT	ALL	M	110	150	Fuller, James	11/30/2013	2013 NE Record Breakers
VERTICAL BAR, 1 BAR, 1" LEFT	13	F	25	17	Wenzel, Dylan	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", LEFT	13	F	40	65	Todd, Phoebe	12/7/2019	RD - Lift for Leroy '19
VERTICAL BAR, 1 BAR, 1", LEFT	13	F	45	54	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", LEFT	13	F	50	80	Van Vleck, Morgan	10/29/2010	2010 JWC Record Breakers
VERTICAL BAR, 1 BAR, 1", LEFT	18	F	55	96	Gupta, Diya	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
VERTICAL BAR, 1 BAR, 1", LEFT	18	F	70	79	Ordonez, Nalexi	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
VERTICAL BAR, 1 BAR, 1", LEFT	40	F	70	147	Skwarecki, Beth	8/6/2022	PRESIDENTIAL CUP (2022)
VERTICAL BAR, 1 BAR, 1", LEFT	40	F	80	131	Hopps, Jessica	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 1 BAR, 1", LEFT	40	F	90	200	Todd, Stacy	2/17/2024	2024 Grip Championships
VERTICAL BAR, 1 BAR, 1", LEFT	50	F	50	117	Jackson, RJ	12/1/2012	2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 1", LEFT	55	F	60	96	VanWagner, Kim	4/14/2024	Record Day- Clark's Gym 1
VERTICAL BAR, 1 BAR, 1", LEFT	55	F	80	104	Schmidt, Kathy	10/18/2015	2015 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 1", LEFT	55	F	90	92	Lupo, Allison	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", LEFT	55	F	95	102	Gore, Lisa	3/22/2025	Great American Bench Press Meet, Buffville, KY
VERTICAL BAR, 1 BAR, 1", LEFT	55	F	100	123	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge RD
VERTICAL BAR, 1 BAR, 1", LEFT	60	F	75	82	Thompson, Janet	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 1", LEFT	65	F	75	107	Thompson, Janet	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", LEFT	70	F	65	73	Santangelo, Lori	10/5/2024	Buffville Road to the Century Club #6
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	40	65	Todd, Phoebe	12/7/2019	RD - Lift for Leroy '19
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	45	54	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	50	117	Jackson, RJ	12/1/2012	2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	55	96	Gupta, Diya	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	60	96	VanWagner, Kim	4/14/2024	Record Day- Clark's Gym 1
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	65	73	Santangelo, Lori	10/5/2024	Buffville Road to the Century Club #6
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	70	147	Skwarecki, Beth	8/6/2022	PRESIDENTIAL CUP (2022)
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	75	107	Thompson, Janet	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	80	131	Hopps, Jessica	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	90	200	Todd, Stacy	2/17/2024	2024 Grip Championships
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	95	125	Hopps, Jessica	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	100	123	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge RD
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	105	129	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	115	130	Jobe, Alison	8/18/2013	RD - Dino Days (2013)

USAWA Record List

VERTICAL BAR, 1 BAR, 1", LEFT	13	M	35	77	Wenzel, Logan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
VERTICAL BAR, 1 BAR, 1", LEFT	13	M	40	82	Wenzel, Logan	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", LEFT	13	M	45	55	Van Vleck, Dalton	10/29/2010	2010 JWC Record Breakers
VERTICAL BAR, 1 BAR, 1", LEFT	14	M	95	135	Calcote, Kyle	2/9/2006	RD - Clark's Gym '06
VERTICAL BAR, 1 BAR, 1", LEFT	16	M	70	114	Heit, Calvin	2/11/2018	RD - Dino Gym
VERTICAL BAR, 1 BAR, 1", LEFT	16	M	80	115	Marchand, Wade	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 1", LEFT	18	M	75	105	Conley, Elijah	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
VERTICAL BAR, 1 BAR, 1", LEFT	40	M	90	235	Stearns, Ashley	10/5/2024	Buffville Road to the Century Club #6
VERTICAL BAR, 1 BAR, 1", LEFT	40	M	110	220	Ciavattone, Jeff	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", LEFT	45	M	100	180	Schmidt, Steve	12/11/2004	RD - Clark's Gym '04
VERTICAL BAR, 1 BAR, 1", LEFT	45	M	105	192	Wenzel, Jeff	2/25/2024	RD - Clarks Gym
VERTICAL BAR, 1 BAR, 1", LEFT	45	M	120	115	Todd, Eric	12/10/2022	RD - Lift for Leroy '22
VERTICAL BAR, 1 BAR, 1", LEFT	45	M	125+	185	Gaddis, Jarrod	12/7/2024	Old Time Strongman World Championship (2024) RD
VERTICAL BAR, 1 BAR, 1", LEFT	50	M	75	145	Marchand, Wade	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 1", LEFT	50	M	85	217	Wagman, Dan	1/19/2013	Dino Gym Challenge (2013)
VERTICAL BAR, 1 BAR, 1", LEFT	50	M	95	170	Gupta, Sanjiv	2/17/2024	2024 Grip Championships
VERTICAL BAR, 1 BAR, 1", LEFT	50	M	100	141	Gupta, Sanjiv	4/11/2026	2026 Bench Press Heptathlon V and Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	50	M	105	210	Myers, Al	1/27/2018	Dino Gym Challenge (2018)
VERTICAL BAR, 1 BAR, 1", LEFT	50	M	110	280	Garcia, Joe	12/11/2004	RD - Clark's Gym '04
VERTICAL BAR, 1 BAR, 1", LEFT	55	M	75	130	Marchand, Wade	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
VERTICAL BAR, 1 BAR, 1", LEFT	55	M	80	131	McKean, John	10/17/2004	2004 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 1", LEFT	55	M	95	225	Garcia, Joe	10/24/2010	2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	55	M	100	222	Hose, Tony	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
VERTICAL BAR, 1 BAR, 1", LEFT	55	M	105	172	Raymond, Mark	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 1", LEFT	55	M	110	128	Lupo, Tony	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
VERTICAL BAR, 1 BAR, 1", LEFT	55	M	120	203	Schmidt, Scott	12/6/2009	2009 John's BD Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	60	M	75	180	Santangelo, Stephen	1/24/2015	2015 Florida RD
VERTICAL BAR, 1 BAR, 1", LEFT	60	M	80	167	DeForest, Dave	6/9/2024	RD - Stars of Tomorrow on parade
VERTICAL BAR, 1 BAR, 1", LEFT	60	M	85	182	DeForest, Dave	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 1", LEFT	60	M	90	182	DeForest, Dave	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)
VERTICAL BAR, 1 BAR, 1", LEFT	60	M	100	185	Carter, John	11/30/2020	POSTAL (2020) - RECORD DAY
VERTICAL BAR, 1 BAR, 1", LEFT	60	M	105	190	Raymond, Mark	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", LEFT	60	M	115	132	Lupo, Tony	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", LEFT	65	M	80	157	DeForest, Dave	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
VERTICAL BAR, 1 BAR, 1", LEFT	65	M	85	157	Carter, John	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
VERTICAL BAR, 1 BAR, 1", LEFT	65	M	90	207	Carter, John	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", LEFT	65	M	115	125	Myers, LaVerne	8/28/2011	RD - Dino Days (2011)
VERTICAL BAR, 1 BAR, 1", LEFT	70	M	80	165	Emslie, David	11/8/2014	2014 Clarks RD
VERTICAL BAR, 1 BAR, 1", LEFT	70	M	90	91	Habecker, Denny	2/11/2017	2017 Grip Championships
VERTICAL BAR, 1 BAR, 1", LEFT	70	M	110	255	Clark, Bill	12/11/2004	RD - Clark's Gym '04
VERTICAL BAR, 1 BAR, 1", LEFT	70	M	115	106	Ross, Dean	2/11/2017	2017 Grip Championships
VERTICAL BAR, 1 BAR, 1", LEFT	70	M	125	147	Ciavattone, Frank	8/16/2025	Walpole Record Day, East Walpole, MA

USAWA Record List

VERTICAL BAR, 1 BAR, 1", LEFT	75	M	85	93	Habecker, Denny	8/6/2022	PRESIDENTIAL CUP (2022)
VERTICAL BAR, 1 BAR, 1", LEFT	75	M	115	175	Clark, Bill	10/24/2010	2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	80	M	70	56	Mitchell, Dennis	12/20/2015	2015 John's RD
VERTICAL BAR, 1 BAR, 1", LEFT	80	M	85	115	Somfay, Joe	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
VERTICAL BAR, 1 BAR, 1", LEFT	80	M	105	180	Clark, Bill	10/10/2016	2016 Clark's Double Decathlon
VERTICAL BAR, 1 BAR, 1", LEFT	80	M	110	105	Clark, Bill	11/8/2014	2014 Clarks RD
VERTICAL BAR, 1 BAR, 1", LEFT	85	M	65	66	Mitchell, Dennis	7/13/2019	2019 Schmidt's RD
VERTICAL BAR, 1 BAR, 1", LEFT	85	M	90	82	Clark, Bill	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 1", LEFT	85	M	95	132	Clark, Bill	5/22/2021	2021 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	35	77	Wenzel, Logan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	40	82	Wenzel, Logan	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	65	66	Mitchell, Dennis	7/13/2019	2019 Schmidt's RD
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	70	157	Wenzel, Riley	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	75	192	Frieders, Nicholas	5/22/2021	2021 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	80	217	Wagman, Dan	10/12/2024	Clarks Gym RD #5 (2024)
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	85	232	Luther, Travis	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	90	235	Stearns, Ashley	10/5/2024	Buffville Road to the Century Club #6
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	95	225	Garcia, Joe	10/24/2010	2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	100	315	Edwards, Ben	11/22/2009	RD- Clarks Gym '09
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	105	255	Foster, James	12/11/2004	RD - Clark's Gym '04
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	110	280	Garcia, Joe	12/11/2004	RD - Clark's Gym '04
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	115	175	Clark, Bill	10/24/2010	2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	120	203	Schmidt, Scott	12/6/2009	2009 John's BD Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	125	147	Ciavattone, Frank	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	125+	215	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT	13	F	25	17	Wenzel, Dylan	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", RIGHT	13	F	30	28	Lansdown, Daphne	8/6/2022	PRESIDENTIAL CUP (2022)
VERTICAL BAR, 1 BAR, 1", RIGHT	13	F	40	65	Todd, Phoebe	12/7/2019	RD - Lift for Leroy '19
VERTICAL BAR, 1 BAR, 1", RIGHT	13	F	45	54	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT	13	F	50	80	Van Vleck, Morgan	10/29/2010	2010 JWC Record Breakers
VERTICAL BAR, 1 BAR, 1", RIGHT	13	F	55	90	Todd, Phoebe	12/10/2022	RD - Lift for Leroy '22
VERTICAL BAR, 1 BAR, 1", RIGHT	14	F	80	115	Collins, Olivia	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	16	F	40	86	Gupta, Nisha	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
VERTICAL BAR, 1 BAR, 1", RIGHT	16	F	80	135	Collins, Natalie	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	18	F	55	101	Gupta, Diya	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
VERTICAL BAR, 1 BAR, 1", RIGHT	18	F	70	79	Ordonez, Nalexi	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
VERTICAL BAR, 1 BAR, 1", RIGHT	40	F	70	147	Skwarecki, Beth	8/6/2022	PRESIDENTIAL CUP (2022)
VERTICAL BAR, 1 BAR, 1", RIGHT	40	F	80	126	Hopps, Jessica	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 1 BAR, 1", RIGHT	50	F	50	117	Jackson, RJ	12/1/2012	2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 1", RIGHT	50	F	90	135	Collins, Cara	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	55	F	60	101	VanWagner, Kim	4/14/2024	Record Day- Clark's Gym 1
VERTICAL BAR, 1 BAR, 1", RIGHT	55	F	90	92	Lupo, Allison	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026

USAWA Record List

VERTICAL BAR, 1 BAR, 1", RIGHT	55	F	95	102	Gore, Lisa	3/22/2025	Great American Bench Press Meet, Buffville, KY
VERTICAL BAR, 1 BAR, 1", RIGHT	55	F	100	123	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge RD
VERTICAL BAR, 1 BAR, 1", RIGHT	60	F	75	82	Thompson, Janet	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 1", RIGHT	60	F	85	110	Habecker, Judy	11/4/2002	RD - Powerhouse
VERTICAL BAR, 1 BAR, 1", RIGHT	65	F	75	107	Thompson, Janet	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", RIGHT	70	F	65	83	Santangelo, Lori	10/5/2024	Buffville Road to the Century Club #6
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	25	17	Wenzel, Dylan	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	30	28	Lansdown, Daphne	8/6/2022	PRESIDENTIAL CUP (2022)
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	40	86	Gupta, Nisha	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	45	54	Jobe, Gabby	5/20/2012	2012 Jobs Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	50	117	Jackson, RJ	12/1/2012	2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	55	101	Gupta, Diya	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	60	101	VanWagner, Kim	4/14/2024	Record Day- Clark's Gym 1
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	65	83	Santangelo, Lori	10/5/2024	Buffville Road to the Century Club #6
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	70	147	Skwarecki, Beth	8/6/2022	PRESIDENTIAL CUP (2022)
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	75	148	Cicero, Kasey	8/5/2023	PRESIDENTIAL CUP (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	80	135	Collins, Natalie	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	85	110	Habecker, Judy	11/4/2002	RD - Powerhouse
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	90	135	Collins, Cara	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	95	125	Hopps, Jessica	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	100	123	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	105	129	Jobe, Alison	5/20/2012	2012 Jobs Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	115	144	Jobe, Alison	8/18/2013	RD - Dino Days (2013)
VERTICAL BAR, 1 BAR, 1", RIGHT	13	M	35	89	Wenzel, Logan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
VERTICAL BAR, 1 BAR, 1", RIGHT	13	M	40	92	Wenzel, Logan	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", RIGHT	13	M	45	55	Van Vleck, Dalton	10/29/2010	2010 JWC Record Breakers
VERTICAL BAR, 1 BAR, 1", RIGHT	14	M	70	126	Habecker, Aidan	8/5/2017	PRESIDENTIAL CUP (2017)
VERTICAL BAR, 1 BAR, 1", RIGHT	14	M	95	135	Calcote, Kyle	2/9/2006	RD - Clark's Gym '06
VERTICAL BAR, 1 BAR, 1", RIGHT	16	M	65	155	O'Neil-Butters, Maverick	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	16	M	75	190	Marchand, Wade	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	16	M	80	115	Marchand, Wade	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 1", RIGHT	16	M	95	198	Habecker, Aidan	12/7/2019	2019 Memorial Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	18	M	75	103	Conley, Elijah	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
VERTICAL BAR, 1 BAR, 1", RIGHT	40	M	90	235	Stearns, Ashley	10/5/2024	Buffville Road to the Century Club #6
VERTICAL BAR, 1 BAR, 1", RIGHT	40	M	115	160	Todd, Eric	12/7/2019	RD - Lift for Leroy '19
VERTICAL BAR, 1 BAR, 1", RIGHT	40	M	120	186	Guerin, Joshua	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", RIGHT	40	M	125	125	Law, Jeremy	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
VERTICAL BAR, 1 BAR, 1", RIGHT	40	M	125+	180	Todd, Chris	2/17/2024	2024 Grip Championships
VERTICAL BAR, 1 BAR, 1", RIGHT	45	M	95	161	Fobes, Jarrod	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
VERTICAL BAR, 1 BAR, 1", RIGHT	45	M	100	183	Fobes, Jarrod	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
VERTICAL BAR, 1 BAR, 1", RIGHT	45	M	105	225	Edwards, Ben	2/17/2024	2024 Grip Championships
VERTICAL BAR, 1 BAR, 1", RIGHT	45	M	110	305	Carter, John	12/11/2004	RD - Clark's Gym '04

USAWA Record List

VERTICAL BAR, 1 BAR, 1", RIGHT	45	M	125+	185	Gaddis, Jarrod	12/7/2024	Old Time Strongman World Championship (2024) RD
VERTICAL BAR, 1 BAR, 1", RIGHT	50	M	75	145	Marchand, Wade	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 1", RIGHT	50	M	80	165	Marchand, Wade	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	50	M	85	217	Wagman, Dan	1/19/2013	Dino Gym Challenge (2013)
VERTICAL BAR, 1 BAR, 1", RIGHT	50	M	95	131	Gupta, Sanjiv	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", RIGHT	50	M	100	141	Gupta, Sanjiv	4/11/2026	2026 Bench Press Heptathlon V and Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	50	M	105	200	Ullom, Chad	2/17/2024	2024 Grip Championships
VERTICAL BAR, 1 BAR, 1", RIGHT	50	M	110	275	Garcia, Joe	12/11/2004	RD - Clark's Gym '04
VERTICAL BAR, 1 BAR, 1", RIGHT	50	M	115	180	Collins, Jim	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	50	M	120	165	Schmidt, Scott	10/14/2007	2007 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 1", RIGHT	55	M	75	145	Marchand, Wade	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
VERTICAL BAR, 1 BAR, 1", RIGHT	55	M	95	200	Garcia, Joe	10/24/2010	2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	55	M	100	182	Hose, Tony	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
VERTICAL BAR, 1 BAR, 1", RIGHT	55	M	105	172	Raymond, Mark	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 1", RIGHT	55	M	110	170	Foster, Lance	2/17/2024	2024 Grip Championships
VERTICAL BAR, 1 BAR, 1", RIGHT	55	M	120	170	Foster, Lance	2/11/2023	GRIP CHAMPIONSHIPS
VERTICAL BAR, 1 BAR, 1", RIGHT	55	M	125+	255	Ryan, Tom	12/11/2004	RD - Clark's Gym '04
VERTICAL BAR, 1 BAR, 1", RIGHT	60	M	75	190	Santangelo, Stephen	1/24/2015	2015 Florida RD
VERTICAL BAR, 1 BAR, 1", RIGHT	60	M	80	167	DeForest, Dave	6/9/2024	RD - Stars of Tomorrow on parade
VERTICAL BAR, 1 BAR, 1", RIGHT	60	M	90	182	DeForest, Dave	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)
VERTICAL BAR, 1 BAR, 1", RIGHT	60	M	100	215	Carter, John	11/30/2020	POSTAL (2020) - RECORD DAY
VERTICAL BAR, 1 BAR, 1", RIGHT	60	M	105	190	Raymond, Mark	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	60	M	110	142	Lupo, Tony	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
VERTICAL BAR, 1 BAR, 1", RIGHT	60	M	115	155	Larson, Nils	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	60	M	125+	205	Fulton, Kevin	2/11/2023	GRIP CHAMPIONSHIPS
VERTICAL BAR, 1 BAR, 1", RIGHT	65	M	80	157	DeForest, Dave	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
VERTICAL BAR, 1 BAR, 1", RIGHT	65	M	85	207	Carter, John	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
VERTICAL BAR, 1 BAR, 1", RIGHT	65	M	90	232	Carter, John	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", RIGHT	65	M	115	125	Myers, LaVerne	8/28/2011	RD - Dino Days (2011)
VERTICAL BAR, 1 BAR, 1", RIGHT	65	M	125	175	Ciavattone, Frank	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	70	M	80	180	Emslie, David	11/8/2014	2014 Clarks RD
VERTICAL BAR, 1 BAR, 1", RIGHT	70	M	90	106	Habecker, Denny	2/11/2017	2017 Grip Championships
VERTICAL BAR, 1 BAR, 1", RIGHT	70	M	110	255	Clark, Bill	12/11/2004	RD - Clark's Gym '04
VERTICAL BAR, 1 BAR, 1", RIGHT	70	M	115	106	Ross, Dean	2/11/2017	2017 Grip Championships
VERTICAL BAR, 1 BAR, 1", RIGHT	70	M	120	178	Malloy, Jim	10/12/2013	2013 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 1", RIGHT	70	M	125	182	Ciavattone, Frank	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 1 BAR, 1", RIGHT	75	M	65	109	Pensyl, Barry	8/5/2023	PRESIDENTIAL CUP (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	75	M	85	105	Habecker, Denny	12/7/2019	2019 Memorial Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	75	M	100	160	Myers, LaVerne	2/17/2024	2024 Grip Championships
VERTICAL BAR, 1 BAR, 1", RIGHT	75	M	115	105	Clark, Bill	10/24/2010	2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	80	M	70	56	Mitchell, Dennis	12/20/2015	2015 John's RD
VERTICAL BAR, 1 BAR, 1", RIGHT	80	M	85	120	Somfay, Joe	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO

USAWA Record List

VERTICAL BAR, 1 BAR, 1", RIGHT	80	M	105	180	Clark, Bill	10/10/2016	2016 Clark's Double Decathlon
VERTICAL BAR, 1 BAR, 1", RIGHT	80	M	110	105	Clark, Bill	11/8/2014	2014 Clarks RD
VERTICAL BAR, 1 BAR, 1", RIGHT	85	M	65	66	Mitchell, Dennis	7/13/2019	2019 Schmidt's RD
VERTICAL BAR, 1 BAR, 1", RIGHT	85	M	90	82	Clark, Bill	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 1", RIGHT	85	M	95	107	Clark, Bill	5/22/2021	2021 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	35	89	Wenzel, Logan	12/7/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	40	92	Wenzel, Logan	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	65	155	O'Neil-Butters, Maverick	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	70	157	Wenzel, Riley	12/6/2025	Schmidt's Backbreaker Pentathlon (2025) - RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	75	192	Frieders, Nicholas	5/22/2021	2021 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	80	185	Barten, Casey	2/15/2009	RD - Dino Gym (2009)
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	85	261	Wagman, Dan	2/11/2017	2017 Grip Championships
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	90	235	Stearns, Ashley	10/5/2024	Buffville Road to the Century Club #6
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	95	200	Garcia, Joe	10/24/2010	2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	100	255	Edwards, Ben	11/22/2009	RD- Clarks Gym '09
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	105	225	Edwards, Ben	2/17/2024	2024 Grip Championships
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	110	305	Carter, John	12/11/2004	RD - Clark's Gym '04
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	115	180	Collins, Jim	2/25/2023	New England Grip Classic (2023)
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	120	186	Guerin, Joshua	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	125	182	Ciavattone, Frank	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	125+	255	Ryan, Tom	12/11/2004	RD - Clark's Gym '04
VERTICAL BAR, 1 BAR, 2", LEFT	13	F	40	53	Todd, Phoebe	12/7/2019	RD - Lift for Leroy '19
VERTICAL BAR, 1 BAR, 2", LEFT	13	F	45	37	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	13	F	50	53	Todd, Phoebe	11/30/2020	POSTAL (2020) - RECORD DAY
VERTICAL BAR, 1 BAR, 2", LEFT	13	F	55	68	Todd, Phoebe	12/11/2021	RD - Lift for Leroy '21
VERTICAL BAR, 1 BAR, 2", LEFT	16	F	40	60	Gupta, Nisha	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", LEFT	18	F	55	90	Gupta, Diya	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
VERTICAL BAR, 1 BAR, 2", LEFT	40	F	75	97	Hopps, Jessica	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", LEFT	40	F	80	102	Hopps, Jessica	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 1 BAR, 2", LEFT	45	F	125+	114	Bulebosh, Beth	10/15/2017	2017 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	50	F	50	116	Jackson, RJ	12/1/2012	2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 2", LEFT	50	F	90	90	Inglis, Laura	1/20/2018	Record Day- Fall Classic
VERTICAL BAR, 1 BAR, 2", LEFT	50	F	110	66	Sees, Susan	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", LEFT	55	F	90	71	Lupo, Allison	8/10/2024	2024 Two-Fisted Challenge RD
VERTICAL BAR, 1 BAR, 2", LEFT	55	F	95	109	Lane, Colleen	11/29/2014	2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", LEFT	55	F	100	114	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge RD
VERTICAL BAR, 1 BAR, 2", LEFT	60	F	75	78	Thompson, Janet	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 2", LEFT	65	F	75	85	Thompson, Janet	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	40	60	Gupta, Nisha	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	45	37	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	50	116	Jackson, RJ	12/1/2012	2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	55	90	Gupta, Diya	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA

USAWA Record List

VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	65	77	Scowden, Tonia	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	70	88	Lydon, Kim	8/15/2016	Frank's BBC RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	75	97	Hopps, Jessica	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	80	102	Hopps, Jessica	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	90	90	Inglis, Laura	1/20/2018	Record Day- Fall Classic
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	95	109	Hopps, Jessica	11/29/2014	2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	100	114	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	105	110	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	110	66	Sees, Susan	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	125+	114	Bulebosh, Beth	10/15/2017	2017 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	F	110	66	Sees, Susan	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", LEFT	13	M	35	46	Wenzel, Logan	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
VERTICAL BAR, 1 BAR, 2", LEFT	13	M	70	82	Krenzin, Tyler	2/13/2011	RD - Dino Gym (2011)
VERTICAL BAR, 1 BAR, 2", LEFT	13	M	75	92	Krenzin, Chris	2/13/2011	RD - Dino Gym (2011)
VERTICAL BAR, 1 BAR, 2", LEFT	14	M	80	88	Ciavattone, Frank III	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
VERTICAL BAR, 1 BAR, 2", LEFT	16	M	60	125	Wenzel, Spencer	2/25/2024	RD - Clarks Gym
VERTICAL BAR, 1 BAR, 2", LEFT	16	M	70	155	Heit, Calvin	2/10/2018	2018 Grip Championships
VERTICAL BAR, 1 BAR, 2", LEFT	16	M	80	159	Loudon, Andrew	6/26/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", LEFT	16	M	110	175	Ciavattone, Jonathan	8/14/2011	2011 NE Record Breaker
VERTICAL BAR, 1 BAR, 2", LEFT	18	M	70	88	O'Neil-Butters, Maverick	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
VERTICAL BAR, 1 BAR, 2", LEFT	18	M	75	158	Welsh, Jim	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", LEFT	18	M	100	100	Ciavattone, Joe Jr.	8/14/2011	2011 NE Record Breaker
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	80	187	Jones, Dan	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	85	182	Smith, Abe	8/21/2022	CLARK'S BIRTHDAY WEEKEND
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	95	190	Strangeway, John	2/8/2020	2020 USAWA Grip Championships
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	100	191	Strangeway, John	1/21/2023	Dino Gym Challenge (2023)
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	110	215	Edwards, Ben	2/8/2020	2020 USAWA Grip Championships
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	115	177	Ciavattone, Joe Sr.	8/14/2011	2011 NE Record Breaker
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	120	142	Ullom, Chad	1/16/2016	Dino Gym Challenge (2016)
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	125	192	Barnhart, Darren	2/10/2008	RD - Dino Gym (2008)
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	125+	146	Todd, Chris	11/18/2023	RD - Lift for Leroy '23
VERTICAL BAR, 1 BAR, 2", LEFT	45	M	80	185	Hirsh, Bob	11/23/2003	2003 Jump Stretch Record
VERTICAL BAR, 1 BAR, 2", LEFT	45	M	95	112	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	45	M	100	170	Edwards, Ben	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
VERTICAL BAR, 1 BAR, 2", LEFT	45	M	105	193	Myers, Al	8/22/2015	PRESIDENTIAL CUP (2015)
VERTICAL BAR, 1 BAR, 2", LEFT	45	M	125	174	Olsavsky, David	6/26/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", LEFT	45	M	125+	180	Bunch, Dan	2/9/2013	2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	75	150	Marchand, Wade	7/9/2022	RD - Franks Barbell
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	80	190	Patterson, Tony	8/15/2016	2016 Frank's BBC RD
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	85	180	Wagman, Dan	1/19/2013	Dino Gym Challenge (2013)
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	90	154	Bryan, Barry	10/16/2011	2011 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	95	154	Gupta, Sanjiv	10/5/2025	IAWA WORLD CHAMPIONSHIPS (2025) - Lurgan, NI

USAWA Record List

VERTICAL BAR, 1 BAR, 2", LEFT	50	M	100	200	Schock, Ed	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	105	195	Myers, Al	2/10/2018	2018 Grip Championships
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	110	178	Raymond, Mark	9/27/2016	2016 Frank's RD
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	120	224	Schmidt, Scott	6/26/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	125+	228	Ciavattone, Frank	10/10/2005	2005 Frank Sr. Mem Day
VERTICAL BAR, 1 BAR, 2", LEFT	55	M	80	100	Gago, David	5/27/2017	2017 East Walpole, MA RD
VERTICAL BAR, 1 BAR, 2", LEFT	55	M	95	170	Garcia, Joe	10/24/2010	2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 2", LEFT	55	M	105	200	Myers, Al	12/11/2021	RD - Lift for Leroy '21
VERTICAL BAR, 1 BAR, 2", LEFT	55	M	110	192	Schmidt, Scott	10/14/2012	2012 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	55	M	115	175	Raymond, Mark	7/21/2018	2018 NE Record Day
VERTICAL BAR, 1 BAR, 2", LEFT	55	M	120	145	Ciavattone, Frank	8/14/2011	2011 NE Record Breaker
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	70	132	Waterman, Chris	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	80	126	DeForest, Dave	8/3/2024	Clarks Gym RD #4 (2024)
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	90	135	DeForest, Dave	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	95	147	Garcia, Joe	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	100	161	Garcia, Joe	11/8/2014	2014 Clarks RD
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	105	187	Schmidt, Scott	12/20/2015	2015 John's RD
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	110	165	Schmidt, Scott	10/18/2015	2015 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	115	167	Myers, LaVerne	2/15/2009	RD - Dino Gym (2009)
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	125+	155	Ciavattone, Frank	8/15/2016	2016 Frank's BBC RD
VERTICAL BAR, 1 BAR, 2", LEFT	65	M	75	124	McKean, John	10/16/2011	2011 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	65	M	85	135	Carter, John	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
VERTICAL BAR, 1 BAR, 2", LEFT	65	M	90	152	Smith, Randy	8/21/2022	CLARK'S BIRTHDAY WEEKEND
VERTICAL BAR, 1 BAR, 2", LEFT	65	M	105	154	Schmidt, Scott	7/13/2019	2019 Schmidt's RD
VERTICAL BAR, 1 BAR, 2", LEFT	65	M	110	132	Larson, Nils	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", LEFT	65	M	115	177	Myers, LaVerne	2/13/2010	2010 Grip Challenge
VERTICAL BAR, 1 BAR, 2", LEFT	65	M	120	143	Malloy, Jim	10/12/2008	2008 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	65	M	125	200	Ciavattone, Frank	12/31/2021	New Years Eve Record Breaker 2021
VERTICAL BAR, 1 BAR, 2", LEFT	70	M	75	166	Santangelo, Stephen	12/16/2023	2023 Memorial Record Day
VERTICAL BAR, 1 BAR, 2", LEFT	70	M	80	125	Emslie, David	3/28/2015	2015 Clarks Gym RD
VERTICAL BAR, 1 BAR, 2", LEFT	70	M	90	130	Durante, Richard	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", LEFT	70	M	110	165	Myers, LaVerne	2/11/2017	2017 Grip Championships
VERTICAL BAR, 1 BAR, 2", LEFT	70	M	115	165	Myers, LaVerne	10/25/2014	IAWA GOLD CUP (2014) - Burton on Trent, UK
VERTICAL BAR, 1 BAR, 2", LEFT	70	M	120	141	Malloy, Jim	10/12/2013	2013 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	70	M	125	187	Ciavattone, Frank	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 1 BAR, 2", LEFT	75	M	75	91	Mitchell, Dennis	6/26/2010	NATIONALS (2010) - Lebanon, PA
VERTICAL BAR, 1 BAR, 2", LEFT	75	M	85	132	Caron, Joseph	8/21/2022	CLARK'S BIRTHDAY WEEKEND
VERTICAL BAR, 1 BAR, 2", LEFT	75	M	100	135	Myers, LaVerne	1/21/2023	Dino Gym Challenge (2023)
VERTICAL BAR, 1 BAR, 2", LEFT	75	M	110	125	Ross, Dean	2/10/2018	2018 Grip Championships
VERTICAL BAR, 1 BAR, 2", LEFT	75	M	115	120	Clark, Bill	10/24/2010	2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 2", LEFT	80	M	85	88	Habecker, Denny	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", LEFT	80	M	90	70	Dorylis, John	6/5/2004	NATIONALS (2004) - Lansdale, PA

USAWA Record List

VERTICAL BAR, 1 BAR, 2", LEFT	80	M	110	91	Clark, Bill	11/8/2014	2014 Clarks RD
VERTICAL BAR, 1 BAR, 2", LEFT	85	M	70	66	Mitchell, Dennis	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", LEFT	85	M	80	59	Montini, Art	10/12/2014	2014 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	85	M	90	71	Clark, Bill	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 2", LEFT	85	M	95	82	Clark, Bill	5/22/2021	2021 Clark's Record Day
VERTICAL BAR, 1 BAR, 2", LEFT	85	M	100	82	Clark, Bill	2/8/2020	2020 USAWA Grip Championships
VERTICAL BAR, 1 BAR, 2", LEFT	90	M	95	85	Clark, Bill	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	35	46	Wenzel, Logan	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	60	125	Wenzel, Spencer	2/25/2024	RD - Clarks Gym
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	70	155	Heit, Calvin	2/10/2018	2018 Grip Championships
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	75	166	Santangelo, Stephen	12/16/2023	2023 Memorial Record Day
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	80	190	Patterson, Tony	8/15/2016	2016 Frank's BBC RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	85	200	Smith, Abe	2/22/2020	2020 Deadlift Dozen Plus One
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	90	235	Goetsch, Troy	5/20/2012	2012 Jobs Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	95	242	Edwards, Ben	7/15/2012	2012 Ledaig Record Breakers
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	100	240	Edwards, Ben	8/28/2011	RD - Dino Days (2011)
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	105	200	Myers, Al	12/11/2021	RD - Lift for Leroy '21
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	110	215	Edwards, Ben	2/8/2020	2020 USAWA Grip Championships
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	115	177	Myers, LaVerne	2/13/2010	2010 Grip Challenge
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	120	224	Schmidt, Scott	6/26/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	125	200	Ciavattone, Frank	12/31/2021	New Years Eve Record Breaker 2021
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	125+	228	Ciavattone, Frank	10/10/2005	2005 Frank Sr. Mem Day
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	M	70	132	Waterman, Chris	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	M	75	114	Mitchell, Dennis	6/25/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	M	80	159	Loudon, Andrew	6/25/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	M	85	207	Carter, John	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	M	90	165	Cirafesi, Ralph	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	M	95	100	Blockston, Larry	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	M	100	200	Schock, Ed	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	M	110	169	Larosa, Carl	6/25/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	M	115	154	Myers, Al	6/26/2010	NATIONALS (2010) - Lebanon, PA
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	M	120	224	Schmidt, Scott	6/25/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	M	125	174	Olsavsky, David	6/25/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	M	125+	110	Ciavattone, Frank	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	13	F	45	37	Jobe, Gabby	5/20/2012	2012 Jobs Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT	13	F	50	58	Todd, Phoebe	11/30/2020	POSTAL (2020) - RECORD DAY
VERTICAL BAR, 1 BAR, 2", RIGHT	13	F	55	88	Myers, Molly	2/15/2009	RD - Dino Gym (2009)
VERTICAL BAR, 1 BAR, 2", RIGHT	13	F	60	90	Todd, Phoebe	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	14	F	70	64	Todd, Lillian	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	16	F	40	80	Gupta, Nisha	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
VERTICAL BAR, 1 BAR, 2", RIGHT	16	F	65	66	Ordonez, Lexi	4/20/2024	New England Grip Classic (2024)
VERTICAL BAR, 1 BAR, 2", RIGHT	18	F	55	110	Gupta, Diya	12/31/2025	POSTAL (2025) - Q4

USAWA Record List

VERTICAL BAR, 1 BAR, 2", RIGHT	40	F	65	75	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	40	F	80	92	Hopps, Jessica	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 1 BAR, 2", RIGHT	40	F	85	131	Todd, Stacy	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	45	F	125+	114	Bulebosh, Beth	10/15/2017	2017 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	50	F	50	120	Jackson, RJ	2/9/2013	2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	50	F	125+	92	Bulebosh, Beth	12/15/2018	2018 Vernacchio RD
VERTICAL BAR, 1 BAR, 2", RIGHT	55	F	50	120	Jackson, RJ	8/31/2017	POSTAL (2017) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	55	F	65	85	Brooner-Lakowsky, Tressa	2/10/2018	2018 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	55	F	90	80	Lupo, Allison	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	55	F	95	109	Lane, Colleen	11/29/2014	2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", RIGHT	55	F	100	114	Gore, Lisa	8/10/2024	2024 Two-Fisted Challenge RD
VERTICAL BAR, 1 BAR, 2", RIGHT	55	F	125+	80	McConnaughey, Mary	2/10/2018	2018 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	60	F	90	80	Lane-Richards, Colleen	1/20/2018	Record Day- Fall Classic
VERTICAL BAR, 1 BAR, 2", RIGHT	60	F	105	136	Gore, Lisa	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	65	F	75	86	Thompson, Janet	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	40	80	Gupta, Nisha	5/3/2025	2025 USAWA Grip Championship - Lakewood, CO
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	45	37	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	50	120	Jackson, RJ	2/9/2013	2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	55	90	Gupta, Diya	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	60	90	Todd, Phoebe	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	65	88	Scowden, Tonia	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	70	110	Lydon, Kim	12/31/2017	POSTAL (2017) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	75	86	Thompson, Janet	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	80	92	Hopps, Jessica	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	85	131	Todd, Stacy	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	90	80	Lane-Richards, Colleen	1/20/2018	Record Day- Fall Classic
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	95	109	Lane, Colleen	11/29/2014	2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	100	137	Kressly, Jera	8/29/2015	2015 Club Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	105	136	Gore, Lisa	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	125+	132	Simms, Felecia	2/12/2011	2011 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	F	60	60	Guaret, Maria	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	F	65	75	Maciolek, Pam	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	F	70	80	Rudisell, Tammie	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	F	80	70	Guglielmo, Terry	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	13	M	30	55	LaPointe, Roger	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	13	M	35	61	Wenzel, Logan	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	13	M	45	46	Todd, LeRoy	12/10/2022	RD - Lift for Leroy '22
VERTICAL BAR, 1 BAR, 2", RIGHT	13	M	50	73	Todd, Leroy	11/18/2023	RD - Lift for Leroy '23
VERTICAL BAR, 1 BAR, 2", RIGHT	13	M	60	110	Habecker, Aidan	12/28/2016	Record Day- Lebanon, PA Valley
VERTICAL BAR, 1 BAR, 2", RIGHT	13	M	65	132	Habecker, Aidan	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	13	M	70	100	Krenzin, Tyler	2/13/2011	RD - Dino Gym (2011)
VERTICAL BAR, 1 BAR, 2", RIGHT	13	M	75	97	Krenzin, Chris	2/13/2011	RD - Dino Gym (2011)

USAWA Record List

VERTICAL BAR, 1 BAR, 2", RIGHT	14	M	65	176	Habecker, Aidan	8/31/2017	POSTAL (2017) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	14	M	75	160	Habecker, Aidan	12/31/2017	POSTAL (2017) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	14	M	80	88	Ciavattone, Frank III	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	14	M	125+	176	Hess, Kohl	6/26/2010	NATIONALS (2010) - Lebanon, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	16	M	60	116	Wenzel, Spencer	2/25/2024	RD - Clarks Gym
VERTICAL BAR, 1 BAR, 2", RIGHT	16	M	65	170	Butters, Maverick	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	16	M	70	153	Hancock, Matt	11/29/2014	2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", RIGHT	16	M	75	130	Demille, Cale	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	16	M	80	140	Janzen, Cole	2/10/2018	2018 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	16	M	100	125	Blockston, Jon	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	16	M	110	200	Ciavattone, Jonathan	8/14/2011	2011 NE Record Breaker
VERTICAL BAR, 1 BAR, 2", RIGHT	16	M	125+	160	Payne, Jared	2/10/2018	2018 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	18	M	75	169	Welsh, Jim	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	18	M	85	209	Habecker, Aidan	12/17/2022	Memorial Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT	18	M	90	215	Habecker, Aidan	8/6/2022	PRESIDENTIAL CUP (2022)
VERTICAL BAR, 1 BAR, 2", RIGHT	18	M	105	184	Reel, Ian	6/26/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	18	M	125+	187	Payne, Jared	2/8/2020	2020 USAWA Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	80	187	Jones, Dan	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	85	215	Smith, Abe	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	105	185	Edwards, Ben	2/10/2018	2018 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	110	197	Fuller, James	11/29/2014	2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	115	200	Ullom, Chad	2/9/2013	2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	120	128	Ridout, Mitch	10/29/2010	2010 JWC Record Breakers
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	125	147	Todd, Chris	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	125+	200	Tully, Scott	2/10/2018	2018 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	90	209	Jones, Dan	4/20/2024	New England Grip Classic (2024)
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	75	115	LaPointe, Roger	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	90	175	Smith, Randy	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	95	112	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	100	195	Ullom, Chad	2/8/2020	2020 USAWA Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	105	193	Myers, Al	8/22/2015	PRESIDENTIAL CUP (2015)
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	110	205	Ullom, Chad	8/31/2017	POSTAL (2017) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	115	187	Ullom, Chad	12/31/2017	POSTAL (2017) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	120	132	Todd, Eric	2/8/2020	2020 USAWA Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	125	200	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	125+	205	Barnhart, Darren	2/9/2013	2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	75	150	Marchand, Wade	7/9/2022	RD - Franks Barbell
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	80	203	Patterson, Tony	11/12/2016	2016 Plymouth, PA Rock RD
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	85	189	Wagman, Dan	12/1/2012	2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	90	199	Smith, Randy	6/26/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	95	160	Pirn, Peeter	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	105	198	Myers, Al	8/31/2017	POSTAL (2017) - IAWA WORLD CHAMPIONSHIP

USAWA Record List

VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	110	178	Raymond, Mark	9/27/2016	2016 Frank's RD
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	115	170	Raymond, Mark	12/31/2017	POSTAL (2017) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	120	176	Ciavattone, Frank	11/8/2008	IAWA GOLD CUP (2008) - Lebanon, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	125+	231	Ciavattone, Frank	10/10/2005	2005 Frank Sr. Mem Day
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	75	147	Marchand, Wade	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	80	215	Patterson, Tony	1/20/2018	Record Day- Fall Classic
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	90	176	Smith, Randy	6/26/2010	NATIONALS (2010) - Lebanon, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	95	187	Traub, Larry	2/13/2010	2010 Grip Challenge
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	105	200	Myers, Al	12/11/2021	RD - Lift for Leroy '21
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	110	247	Carney, Eric	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	115	209	Schmidt, Scott	10/17/2010	2010 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	120	231	Schmidt, Scott	10/11/2009	2009 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	125+	198	Ciavattone, Frank	6/26/2010	NATIONALS (2010) - Lebanon, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	75	145	Santangelo, Stephen	1/24/2015	2015 Florida RD
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	80	116	DeForest, Dave	8/3/2024	Clarks Gym RD #4 (2024)
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	85	131	DeForest, Dave	2/25/2024	RD - Clarks Gym
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	90	176	Smith, Randy	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	95	150	Carter, John	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	100	171	Garcia, Joe	11/8/2014	2014 Clarks RD
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	105	198	Raymond, Mark	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	110	165	Schmidt, Scott	10/18/2015	2015 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	115	184	Malloy, Jim	6/26/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	120	165	Geib, Bob	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	125	130	Foster, Lance	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	125+	159	Ciavattone, Frank	8/6/2016	PRESIDENTIAL CUP (2016)
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	70	101	Pensyl, Barry	12/31/2017	POSTAL (2017) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	75	139	McKean, John	10/16/2011	2011 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	80	129	Bryan, Barry	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	85	145	Carter, John	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	90	152	Smith, Randy	8/21/2022	CLARK'S BIRTHDAY WEEKEND
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	105	170	Schmidt, Scott	8/4/2018	PRESIDENTIAL CUP (2018)
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	110	154	Puzin, Carl	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	115	182	Myers, LaVerne	8/28/2011	RD - Dino Days (2011)
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	120	182	Malloy, Jim	10/12/2008	2008 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	125	200	Ciavattone, Frank	12/31/2021	New Years Eve Record Breaker 2021
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	125+	176	Ciavattone, Frank	4/20/2024	New England Grip Classic (2024)
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	70	132	McKean, John	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	75	166	Santangelo, Stephen	12/16/2023	2023 Memorial Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	80	125	Emslie, David	3/28/2015	2015 Clarks Gym RD
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	85	126	Habecker, Denny	10/6/2013	IAWA WORLD CHAMPIONSHIP (2013) - Lancashire, UK
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	90	139	Komorny, Andy	6/26/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	95	110	Murdock, Mike	2/9/2013	2013 Grip Championships

USAWA Record List

VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	105	112	Bletscher, Rudy	2/13/2010	2010 Grip Challenge
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	110	182	Myers, LaVerne	8/29/2015	2015 Club Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	115	177	Myers, LaVerne	1/16/2016	Dino Gym Challenge (2016)
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	120	178	Malloy, Jim	10/12/2013	2013 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	125	198	Ciavattone, Frank	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	75	M	60	85	Pensyl, Barry	11/22/2025	2025 MEMORIAL RECORD DAY, Lebanon, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	75	M	65	88	Pensyl, Barry	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	75	M	85	120	Habecker, Denny	2/10/2018	2018 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	75	M	90	110	Habecker, Denny	9/30/2017	2017 IAWA Worlds - Perth
VERTICAL BAR, 1 BAR, 2", RIGHT	75	M	100	135	Glasgow, Ken	2/9/2013	2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	75	M	105	162	Myers, LaVerne	2/8/2020	2020 USAWA Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	75	M	110	87	Ross, Dean	2/8/2020	2020 USAWA Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	80	M	85	110	Habecker, Denny	10/5/2025	IAWA WORLD CHAMPIONSHIPS (2025) - Lurgan, NI
VERTICAL BAR, 1 BAR, 2", RIGHT	80	M	110	91	Clark, Bill	11/8/2014	2014 Clarks RD
VERTICAL BAR, 1 BAR, 2", RIGHT	85	M	75	66	Montini, Art	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	85	M	80	88	Montini, Art	10/6/2013	IAWA WORLD CHAMPIONSHIP (2013) - Lancashire, UK
VERTICAL BAR, 1 BAR, 2", RIGHT	85	M	90	71	Clark, Bill	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 1 BAR, 2", RIGHT	85	M	95	82	Clark, Bill	5/22/2021	2021 Clark's Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT	90	M	85	118	Myers, Clyde	2/12/2006	RD - Dino Gym (2006)
VERTICAL BAR, 1 BAR, 2", RIGHT	90	M	90	86	Clark, Bill	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	35	56	Wenzel, Logan	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	45	46	Todd, LeRoy	12/10/2022	RD - Lift for Leroy '22
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	50	73	Todd, Leroy	11/18/2023	RD - Lift for Leroy '23
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	60	116	Wenzel, Spencer	2/25/2024	RD - Clarks Gym
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	65	176	Habecker, Aidan	8/31/2017	POSTAL (2017) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	70	153	Hancock, Matt	11/29/2014	2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	75	215	Habecker, Aidan	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	80	220	Habecker, Aidan	8/5/2023	PRESIDENTIAL CUP (2023)
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	85	215	Smith, Abe	12/31/2025	POSTAL (2025) - Q4
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	90	255	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	95	260	Goetsch, Troy	2/9/2013	2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	100	251	Edwards, Ben	8/28/2011	RD - Dino Days (2011)
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	105	253	Glass, Adam	3/3/2012	2012 Minnesota Meet
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	110	247	Carney, Eric	8/31/2023	POSTAL (2023) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	115	209	Schmidt, Scott	10/17/2010	2010 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	120	231	Schmidt, Scott	10/11/2009	2009 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	125	204	Hess, Kohl	5/6/2017	2017 Lebanon, PA Valley RD
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	125+	232	Tully, Scott	2/13/2011	RD - Dino Gym (2011)
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	65	132	Habecker, Aidan	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	70	132	McKean, John	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	75	130	Demille, Cale	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	80	160	Lokken, Cody	6/24/2017	NATIONALS (2017) - Cleveland, OH

USAWA Record List

VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	85	132	Habecker, Denny	6/26/2010	NATIONALS (2010) - Lebanon, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	90	199	Smith, Randy	6/25/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	95	160	Pirn, Peeter	6/24/2017	NATIONALS (2017) - Cleveland, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	100	174	McBride, Mike	6/25/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	105	184	Reel, Ian	6/25/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	110	176	Ullom, Chad	6/26/2010	NATIONALS (2010) - Lebanon, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	115	184	Malloy, Jim	6/25/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	120	199	Myers, Al	6/25/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	125	200	Ciavattone, Frank	6/5/2004	NATIONALS (2004) - Lansdale, PA
VERTICAL BAR, 1 BAR, 2", RIGHT	NAT	M	125+	209	Ciavattone, Frank	6/25/2005	NATIONALS (2005) - Youngstown, OH
VERTICAL BAR, 2 BARS, 1"	13	F	25	37	Wenzel, Dylan	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 2 BARS, 1"	13	F	60	170	Todd, Phoebe	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	40	F	70	330	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	40	F	75	330	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	50	F	50	202	Jackson, RJ	2/9/2014	RD - Dino Gym '14
VERTICAL BAR, 2 BARS, 1"	55	F	90	169	Lupo, Allison	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 2 BARS, 1"	55	F	95	204	Gore, Lisa	3/22/2025	Great American Bench Press Meet, Buffville, KY
VERTICAL BAR, 2 BARS, 1"	60	F	75	184	Thompson, Janet	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	65	F	75	174	Thompson, Janet	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 2 BARS, 1"	70	F	65	110	Santangelo, Lori	10/5/2024	Buffville Road to the Century Club #6
VERTICAL BAR, 2 BARS, 1"	ALL	F	25	37	Wenzel, Dylan	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 2 BARS, 1"	ALL	F	50	202	Jackson, RJ	2/9/2014	RD - Dino Gym '14
VERTICAL BAR, 2 BARS, 1"	ALL	F	60	170	Todd, Phoebe	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	ALL	F	65	110	Santangelo, Lori	10/5/2024	Buffville Road to the Century Club #6
VERTICAL BAR, 2 BARS, 1"	ALL	F	70	330	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	ALL	F	75	330	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	ALL	F	90	169	Lupo, Allison	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 2 BARS, 1"	ALL	F	95	240	Hopps, Jessica	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 2 BARS, 1"	NAT	F	60	170	Todd, Phoebe	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	NAT	F	70	330	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	NAT	F	75	330	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	13	M	35	114	Wenzel, Logan	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
VERTICAL BAR, 2 BARS, 1"	13	M	40	116	Wenzel, Logan	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 2 BARS, 1"	13	M	50	150	Todd, Everett	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	16	M	80	240	Marchand, Wade	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 2 BARS, 1"	16	M	90	300	Hunter, Joe	10/13/2002	2002 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 1"	40	M	85	505	Smith, Abe	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	40	M	115	265	Todd, Eric	12/7/2019	RD - Lift for Leroy '19
VERTICAL BAR, 2 BARS, 1"	40	M	120	400	Myers, Al	8/31/2010	Straight Weight Postal
VERTICAL BAR, 2 BARS, 1"	40	M	125+	380	O'Brien, John	8/31/2010	Straight Weight Postal
VERTICAL BAR, 2 BARS, 1"	45	M	100	310	Schmidt, Steve	12/11/2004	RD - Clark's Gym '04
VERTICAL BAR, 2 BARS, 1"	45	M	105	354	Wenzel, Jeff	4/7/2024	Bench press Heptathlon

USAWA Record List

VERTICAL BAR, 2 BARS, 1"	45	M	110	510	Carter, John	12/11/2004	RD - Clark's Gym '04
VERTICAL BAR, 2 BARS, 1"	45	M	125	220	Law, Jeremy	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	45	M	125+	368	Gaddis, Jarrod	12/7/2024	Old Time Strongman World Championship (2024) RD
VERTICAL BAR, 2 BARS, 1"	50	M	75	240	Marchand, Wade	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 2 BARS, 1"	50	M	90	270	Gupta, Sanjiv	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	50	M	100	262	Gupta, Sanjiv	4/11/2026	2026 Bench Press Heptathlon V and Record Day
VERTICAL BAR, 2 BARS, 1"	50	M	105	400	Ullom, Chad	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	50	M	110	364	Wenzel, Jeff	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 2 BARS, 1"	55	M	100	285	Hose, Tony	4/4/2026	2026 USAWA Grip Championship and RD, Lakewood, CO
VERTICAL BAR, 2 BARS, 1"	55	M	105	240	Raymond, Mark	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 2 BARS, 1"	55	M	110	255	Lupo, Tony	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 2 BARS, 1"	60	M	75	305	Santangelo, Stephen	2/15/2015	RD - Dino Gym '15
VERTICAL BAR, 2 BARS, 1"	60	M	80	290	DeForest, Dave	6/9/2024	RD - Stars of Tomorrow on parade
VERTICAL BAR, 2 BARS, 1"	60	M	85	285	DeForest, Dave	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 2 BARS, 1"	60	M	90	314	DeForest, Dave	3/21/2020	Schmidt's Backbreaker Pentathlon (2020)
VERTICAL BAR, 2 BARS, 1"	60	M	100	425	Carter, John	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	60	M	115	264	Lupo, Tony	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 2 BARS, 1"	65	M	80	266	DeForest, Dave	4/12/2025	2025 Bench Press Heptathlon, Columbia, MO
VERTICAL BAR, 2 BARS, 1"	65	M	85	314	Carter, John	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
VERTICAL BAR, 2 BARS, 1"	65	M	90	364	Carter, John	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 2 BARS, 1"	65	M	95	315	Garcia, Joe	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	65	M	125	320	Ciavattone, Frank	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 2 BARS, 1"	70	M	80	280	Emslie, David	11/8/2014	2014 Clarks RD
VERTICAL BAR, 2 BARS, 1"	70	M	90	182	Habecker, Denny	2/11/2017	2017 Grip Championships
VERTICAL BAR, 2 BARS, 1"	70	M	110	400	Clark, Bill	12/11/2004	RD - Clark's Gym '04
VERTICAL BAR, 2 BARS, 1"	70	M	115	212	Ross, Dean	2/11/2017	2017 Grip Championships
VERTICAL BAR, 2 BARS, 1"	70	M	125	341	Ciavattone, Frank	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
VERTICAL BAR, 2 BARS, 1"	80	M	85	215	Habecker, Denny	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	80	M	90	210	Somfay, Joe	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	80	M	105	215	Clark, Bill	10/10/2016	2016 Clark's Double Decathlon
VERTICAL BAR, 2 BARS, 1"	85	M	90	165	Clark, Bill	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 2 BARS, 1"	ALL	M	35	114	Wenzel, Logan	3/8/2025	Jeff Wenzel's Big 50 Birthday Bash, Columbia, MO
VERTICAL BAR, 2 BARS, 1"	ALL	M	40	116	Wenzel, Logan	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 2 BARS, 1"	ALL	M	50	150	Todd, Everett	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	ALL	M	75	440	Frieders, Nicholas	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	ALL	M	80	465	Luther, Travis	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	ALL	M	85	505	Smith, Abe	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	ALL	M	90	364	Carter, John	3/14/2026	Tony and Allison's 60th Birthday Bash and RD 2026
VERTICAL BAR, 2 BARS, 1"	ALL	M	95	400	Sawyers, Wyatt	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	ALL	M	100	425	Carter, John	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	ALL	M	105	400	Ullom, Chad	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	ALL	M	110	510	Carter, John	12/11/2004	RD - Clark's Gym '04

USAWA Record List

VERTICAL BAR, 2 BARS, 1"	ALL	M	115	265	Todd, Eric	12/7/2019	RD - Lift for Leroy '19
VERTICAL BAR, 2 BARS, 1"	ALL	M	120	400	Myers, Al	8/31/2010	Straight Weight Postal
VERTICAL BAR, 2 BARS, 1"	ALL	M	125	341	Ciavattone, Frank	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
VERTICAL BAR, 2 BARS, 1"	ALL	M	125+	500	Conner, John	8/31/2010	Straight Weight Postal
VERTICAL BAR, 2 BARS, 1"	NAT	M	50	150	Todd, Everett	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	NAT	M	75	440	Frieders, Nicholas	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	NAT	M	80	465	Luther, Travis	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	NAT	M	85	505	Smith, Abe	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	NAT	M	90	340	Smith, Randy	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	NAT	M	95	400	Sawyers, Wyatt	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	NAT	M	100	425	Carter, John	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	NAT	M	105	400	Ullom, Chad	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	NAT	M	110	215	Lupo, Tony	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 1"	NAT	M	125+	280	Todd, Eric	6/24/2023	NATIONALS (2023) - Columbia, MO
VERTICAL BAR, 2 BARS, 2"	13	F	60	137	Todd, Phoebe	11/18/2023	RD - Lift for Leroy '23
VERTICAL BAR, 2 BARS, 2"	40	F	65	178	Schmidt, Kathy	10/11/1998	98 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	40	F	70	221	Skwarecki, Beth	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	40	F	75	188	Durnell, Lynne	10/14/2001	2001 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	40	F	80	174	Hopps, Jessica	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 2 BARS, 2"	40	F	95	209	Hopps, Jessica	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
VERTICAL BAR, 2 BARS, 2"	50	F	50	176	Jackson, RJ	2/9/2014	RD - Dino Gym '14
VERTICAL BAR, 2 BARS, 2"	50	F	75	150	Schmidt, Kathy	10/12/2008	2008 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	55	F	90	102	Lupo, Allison	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
VERTICAL BAR, 2 BARS, 2"	55	F	100	176	Gore, Lisa	8/3/2024	Clarks Gym RD #4 (2024)
VERTICAL BAR, 2 BARS, 2"	55	F	125+	184	McConnaughey, Mary	2/14/2015	2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	60	F	60	150	LaRosa, Marian	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	65	F	75	142	Thompson, Janet	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
VERTICAL BAR, 2 BARS, 2"	75	F	75	110	Habecker, Judy	8/31/2016	POSTAL (2016) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 2 BARS, 2"	ALL	F	50	176	Jackson, RJ	2/9/2014	RD - Dino Gym '14
VERTICAL BAR, 2 BARS, 2"	ALL	F	100	176	Gore, Lisa	8/3/2024	Clarks Gym RD #4 (2024)
VERTICAL BAR, 2 BARS, 2"	ALL	F	60	150	LaRosa, Marian	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	ALL	F	65	178	Schmidt, Kathy	10/11/1998	98 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	ALL	F	70	221	Skwarecki, Beth	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	ALL	F	75	188	Durnell, Lynne	10/14/2001	2001 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	ALL	F	80	174	Hopps, Jessica	8/16/2025	Walpole Record Day, East Walpole, MA
VERTICAL BAR, 2 BARS, 2"	ALL	F	90	102	Lupo, Allison	10/26/2025	GOERNER DEADLIFT DOZEN PLUS ONE - RD (2025)
VERTICAL BAR, 2 BARS, 2"	ALL	F	95	209	Hopps, Jessica	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
VERTICAL BAR, 2 BARS, 2"	ALL	F	125+	184	McConnaughey, Mary	2/14/2015	2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	NAT	F	60	150	LaRosa, Marian	6/7/2003	NATIONALS (2003) - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	F	70	180	Hall, Rita	6/7/2003	NATIONALS (2003) - Youngstown
VERTICAL BAR, 2 BARS, 2"	13	M	35	77	Todd, Everett	12/11/2021	RD - Lift for Leroy '21
VERTICAL BAR, 2 BARS, 2"	13	M	45	48	McKean, Andraes	10/16/2011	2011 Arts Birthday Bash

USAWA Record List

VERTICAL BAR, 2 BARS, 2"	13	M	60	209	Habecker, Aidan	10/8/2016	2016 Worlds - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	13	M	65	220	Habecker, Aidan	5/6/2017	2017 Lebanon, PA Valley RD
VERTICAL BAR, 2 BARS, 2"	14	M	70	231	Habecker, Aidan	8/5/2017	PRESIDENTIAL CUP (2017)
VERTICAL BAR, 2 BARS, 2"	14	M	95	264	Habecker, Aidan	6/30/2019	POSTAL (2019) - Q2
VERTICAL BAR, 2 BARS, 2"	14	M	125	313	Hess, Kohl	3/13/2010	2010 Club Challenge
VERTICAL BAR, 2 BARS, 2"	14	M	125+	309	Lee, Kevin	11/24/2002	Jump Stretch Record Day
VERTICAL BAR, 2 BARS, 2"	16	M	60	230	Wenzel, Jeff	2/25/2024	RD - Clarks Gym
VERTICAL BAR, 2 BARS, 2"	16	M	70	254	Schimpf, Christian	2/14/2015	2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	16	M	75	230	Demille, Cale	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	16	M	80	259	Grist, Jonathan	11/24/2002	Jump Stretch Record Day
VERTICAL BAR, 2 BARS, 2"	16	M	90	285	Horvath, Anthony	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	16	M	95	259	Hunter, Joe	11/24/2002	Jump Stretch Record Day
VERTICAL BAR, 2 BARS, 2"	16	M	105	314	Reel, Ian	2/20/2005	RD - Dino Gym (2005)
VERTICAL BAR, 2 BARS, 2"	16	M	125+	400	Kincaid, Kiff	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	18	M	70	165	O'Neil-Butters, Maverick	11/2/2024	IAWA GOLD CUP (2024) - Walpole, MA
VERTICAL BAR, 2 BARS, 2"	18	M	95	330	Habecker, Aidan	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	18	M	100	275	Hunter, Joe	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	40	M	95	337	Strangeway, John	6/30/2019	POSTAL (2019) - Q2
VERTICAL BAR, 2 BARS, 2"	40	M	105	210	Kopnisky, Paul III	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	40	M	110	370	Cookson, Bill	2/20/2005	RD - Dino Gym (2005)
VERTICAL BAR, 2 BARS, 2"	40	M	115	374	Myers, Al	2/10/2007	RD - Dino Gym (2007)
VERTICAL BAR, 2 BARS, 2"	40	M	120	364	Ullom, Chad	2/14/2015	2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	40	M	125	304	Barnhart, Darren	2/10/2008	RD - Dino Gym (2008)
VERTICAL BAR, 2 BARS, 2"	40	M	125+	354	Barnhart, Darren	2/11/2012	2012 Grip Championships
VERTICAL BAR, 2 BARS, 2"	45	M	70	290	Waterman, Chris	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	45	M	80	340	Hirsh, Bob	11/23/2003	2003 Jump Stretch Record
VERTICAL BAR, 2 BARS, 2"	45	M	90	320	Smith, Randy	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	45	M	105	264	Ciavattone, Joe Sr.	4/16/2016	2016 Frank's RD
VERTICAL BAR, 2 BARS, 2"	45	M	115	407	Myers, Al	11/19/2011	2011 Worlds - Perth
VERTICAL BAR, 2 BARS, 2"	45	M	125	225	Law, Jeremy	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
VERTICAL BAR, 2 BARS, 2"	45	M	125+	274	Foster, Lance	2/14/2015	2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	50	M	75	278	McKean, John	10/11/1998	98 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	50	M	80	275	Patterson, Tony	10/8/2016	2016 Worlds - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	50	M	90	275	Pirn, Peeter	4/16/2016	2016 Frank's RD
VERTICAL BAR, 2 BARS, 2"	50	M	95	200	Gupta, Sanjiv	10/12/2024	Clarks Gym RD #5 (2024)
VERTICAL BAR, 2 BARS, 2"	50	M	105	385	Myers, Al	8/31/2016	POSTAL (2016) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 2 BARS, 2"	50	M	110	375	Myers, Al	6/30/2019	POSTAL (2019) - Q2
VERTICAL BAR, 2 BARS, 2"	50	M	125+	334	Mitchell, Mark	2/11/2012	2012 Grip Championships
VERTICAL BAR, 2 BARS, 2"	55	M	75	218	Friesz, Dale	10/11/1998	98 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	55	M	80	285	McKean, John	10/14/2001	2001 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	55	M	85	268	McKean, John	10/23/2005	2005 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	55	M	100	275	Frappier, Chris	11/9/2024	Buffville Road to the Century VII (2024) - Albany, KY

USAWA Record List

VERTICAL BAR, 2 BARS, 2"	55	M	105	231	Myers, Al	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	55	M	110	241	Lupo, Tony	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 2 BARS, 2"	55	M	115	294	Glasgow, Dave	2/11/2012	2012 Grip Championships
VERTICAL BAR, 2 BARS, 2"	55	M	120	358	Schmidt, Scott	3/13/2010	2010 Club Challenge
VERTICAL BAR, 2 BARS, 2"	60	M	75	292	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	60	M	80	283	McKean, John	3/13/2010	2010 Club Challenge
VERTICAL BAR, 2 BARS, 2"	60	M	85	285	Hartzell, Dick	10/14/2001	2001 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	60	M	90	250	DeForest, Dave	5/22/2021	2021 Clark's Record Day
VERTICAL BAR, 2 BARS, 2"	60	M	100	250	Frappier, Chris	12/28/2024	Buffville's GoodBye 2024 - RD, Albany, KY
VERTICAL BAR, 2 BARS, 2"	60	M	105	297	Schmidt, Scott	12/20/2015	2015 John's RD
VERTICAL BAR, 2 BARS, 2"	60	M	110	292	Schmidt, Scott	10/16/2016	2016 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	60	M	120	294	Glasgow, Dave	2/14/2015	2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	60	M	125+	253	Ciavattone, Frank	10/8/2016	2016 Worlds - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	65	M	85	250	Carter, John	10/12/2024	Clarks Gym RD #5 (2024)
VERTICAL BAR, 2 BARS, 2"	65	M	90	330	Smith, Randy	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	65	M	105	297	Schmidt, Scott	8/4/2018	PRESIDENTIAL CUP (2018)
VERTICAL BAR, 2 BARS, 2"	65	M	115	259	Myers, LaVerne	2/11/2012	2012 Grip Championships
VERTICAL BAR, 2 BARS, 2"	65	M	125	234	Ross, Dean	2/11/2012	2012 Grip Championships
VERTICAL BAR, 2 BARS, 2"	65	M	125+	231	Ciavattone, Frank	10/2/2022	World Championships
VERTICAL BAR, 2 BARS, 2"	70	M	65	165	Pensyl, Barry	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	70	M	75	261	Santangelo, Stephen	12/16/2023	2023 Memorial Record Day
VERTICAL BAR, 2 BARS, 2"	70	M	80	232	Emslie, David	11/8/2014	2014 Clarks RD
VERTICAL BAR, 2 BARS, 2"	70	M	85	208	Montini, Art	10/11/1998	98 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	70	M	90	242	Habecker, Denny	8/31/2016	POSTAL (2016) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 2 BARS, 2"	70	M	105	258	Bletscher, Rudy	3/13/2010	2010 Club Challenge
VERTICAL BAR, 2 BARS, 2"	70	M	110	330	Myers, LaVerne	10/8/2016	2016 Worlds - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	70	M	115	242	Ross, Dean	10/8/2016	2016 Worlds - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	70	M	120	254	Ross, Dean	2/14/2015	2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	70	M	125	341	Ciavattone, Frank	12/31/2025	Frank's Gym New Year's Eve RD (2025), Walpole, MA
VERTICAL BAR, 2 BARS, 2"	75	M	70	143	Mitchell, Dennis	11/19/2011	2011 Worlds - Perth
VERTICAL BAR, 2 BARS, 2"	75	M	80	121	Cox, Bob	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
VERTICAL BAR, 2 BARS, 2"	75	M	85	231	Habecker, Denny	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	75	M	90	220	Habecker, Denny	8/15/2021	PRESIDENTIAL CUP (2021)
VERTICAL BAR, 2 BARS, 2"	75	M	100	224	Bletscher, Rudy	2/11/2012	2012 Grip Championships
VERTICAL BAR, 2 BARS, 2"	75	M	110	284	Myers, LaVerne	6/30/2019	POSTAL (2019) - Q2
VERTICAL BAR, 2 BARS, 2"	80	M	70	110	Mitchell, Dennis	10/8/2016	2016 Worlds - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	80	M	80	178	Montini, Art	3/13/2010	2010 Club Challenge
VERTICAL BAR, 2 BARS, 2"	80	M	85	193	Habecker, Denny	10/2/2022	World Championships
VERTICAL BAR, 2 BARS, 2"	80	M	90	140	Somfay, Joe	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
VERTICAL BAR, 2 BARS, 2"	80	M	105	160	Lano, Jack	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	80	M	110	132	Clark, Bill	11/8/2014	2014 Clarks RD
VERTICAL BAR, 2 BARS, 2"	85	M	80	134	Myers, Clyde	2/20/2005	RD - Dino Gym (2005)

USAWA Record List

VERTICAL BAR, 2 BARS, 2"	85	M	90	115	Clark, Bill	7/31/2022	RD - Clark vs Frank
VERTICAL BAR, 2 BARS, 2"	90	M	90	132	Clark, Bill	4/26/2025	Diamond Jubilee (2025), Columbia, MO - RD
VERTICAL BAR, 2 BARS, 2"	ALL	M	35	77	Todd, Everett	12/11/2021	RD - Lift for Leroy '21
VERTICAL BAR, 2 BARS, 2"	ALL	M	60	230	Wenzel, Jeff	2/25/2024	RD - Clarks Gym
VERTICAL BAR, 2 BARS, 2"	ALL	M	65	220	Habecker, Aidan	5/6/2017	2017 Lebanon, PA Valley RD
VERTICAL BAR, 2 BARS, 2"	ALL	M	70	290	Waterman, Chris	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	ALL	M	75	342	Habecker, Aidan	8/10/2024	2024 PRESIDENTIAL CUP - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	ALL	M	80	385	Habecker, Aidan	8/5/2023	PRESIDENTIAL CUP (2023)
VERTICAL BAR, 2 BARS, 2"	ALL	M	85	375	Habecker, Aidan	10/2/2022	World Championships
VERTICAL BAR, 2 BARS, 2"	ALL	M	90	330	Smith, Randy	10/3/2021	IAWA WORLD CHAMPIONSHIP (2021) - Lebanon, PA
VERTICAL BAR, 2 BARS, 2"	ALL	M	95	337	Strangeway, John	6/30/2019	POSTAL (2019) - Q2
VERTICAL BAR, 2 BARS, 2"	ALL	M	100	366	Edwards, Ben	11/22/2009	RD- Clarks Gym '09
VERTICAL BAR, 2 BARS, 2"	ALL	M	105	385	Myers, Al	8/31/2016	POSTAL (2016) - IAWA WORLD CHAMPIONSHIP
VERTICAL BAR, 2 BARS, 2"	ALL	M	110	375	Myers, Al	6/30/2019	POSTAL (2019) - Q2
VERTICAL BAR, 2 BARS, 2"	ALL	M	115	407	Myers, Al	11/19/2011	2011 Worlds - Perth
VERTICAL BAR, 2 BARS, 2"	ALL	M	120	364	Ullom, Chad	2/14/2015	2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	ALL	M	125	400	Myers, Al	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	ALL	M	125+	414	Tully, Scott	2/13/2011	RD - Dino Gym (2011)
VERTICAL BAR, 2 BARS, 2"	NAT	M	70	290	Waterman, Chris	6/7/2003	NATIONALS (2003) - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	75	275	Groves, Jason	6/7/2003	NATIONALS (2003) - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	80	300	Hirsh, Bob	6/7/2003	NATIONALS (2003) - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	85	175	Montini, Art	6/7/2003	NATIONALS (2003) - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	90	320	Smith, Randy	6/7/2003	NATIONALS (2003) - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	100	350	Wojtowicz, Gary	6/7/2003	NATIONALS (2003) - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	105	380	DeSignore, Antonio	6/7/2003	NATIONALS (2003) - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	110	305	Larosa, Carl	6/7/2003	NATIONALS (2003) - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	120	330	Olsavsky, David	6/7/2003	NATIONALS (2003) - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	125	400	Myers, Al	6/7/2003	NATIONALS (2003) - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	125+	400	Kincaid, Kiff	6/7/2003	NATIONALS (2003) - Youngstown
WEAVER STICK, BACK	55	F	90	2.5	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
WEAVER STICK, BACK	55	F	105	3.75	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
WEAVER STICK, BACK	65	F	75	3.5	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
WEAVER STICK, BACK	ALL	F	75	3.5	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
WEAVER STICK, BACK	ALL	F	90	2.5	Lupo, Allison	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
WEAVER STICK, BACK	ALL	F	105	3.75	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
WEAVER STICK, BACK	16	M	60	3	Wenzel, Spencer	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
WEAVER STICK, BACK	18	M	70	3.5	Market, Tim	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
WEAVER STICK, BACK	40	M	70	2.5	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO
WEAVER STICK, BACK	40	M	90	5	Stearns, Ashley	10/5/2024	Buffville Road to the Century Club #6
WEAVER STICK, BACK	45	M	110	6	Wenzel, Jeff	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
WEAVER STICK, BACK	50	M	105	3.5	Hadley, Patrick	10/5/2024	Buffville Road to the Century Club #6
WEAVER STICK, BACK	50	M	110	6	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge - RD, Columbia, MO

USAWA Record List

WEAVER STICK, BACK	55	M	110	4.5	Lupo, Tony	10/5/2024	Buffville Road to the Century Club #6
WEAVER STICK, BACK	55	M	115	5	Poore, Clint	10/5/2024	Buffville Road to the Century Club #6
WEAVER STICK, BACK	60	M	80	3	DeForest, Dave	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
WEAVER STICK, BACK	65	M	90	5	Carter, John	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
WEAVER STICK, BACK	65	M	100	7	Puzin, Carl	8/16/2025	Walpole Record Day, East Walpole, MA
WEAVER STICK, BACK	65	M	110	1	Licini, Jerome	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
WEAVER STICK, BACK	ALL	M	60	3	Wenzel, Spencer	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
WEAVER STICK, BACK	ALL	M	70	4	Wenzel, Riley	4/25/2026	Diaper Day Meet and Record Day (2026), Columbia, MO
WEAVER STICK, BACK	ALL	M	80	6	Wagman, Dan	8/3/2024	Clarks Gym RD #4 (2024)
WEAVER STICK, BACK	ALL	M	90	5	Streans, Ashley	10/5/2024	Buffville Road to the Century Club #6
WEAVER STICK, BACK	ALL	M	100	7	Puzin, Carl	8/16/2025	Walpole Record Day, East Walpole, MA
WEAVER STICK, BACK	ALL	M	105	3.5	Hadley, Patrick	10/5/2024	Buffville Road to the Century Club #6
WEAVER STICK, BACK	ALL	M	110	6	Wenzel, Jeff	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
WEAVER STICK, BACK	ALL	M	115	5	Poore, Clint	10/5/2024	Buffville Road to the Century Club #6
WEAVER STICK, FRONT	13	F	55	3	Collins, Natalie	11/30/2020	POSTAL (2020) - RECORD DAY
WEAVER STICK, FRONT	13	F	60	1	Collins, Olivia	11/30/2020	POSTAL (2020) - RECORD DAY
WEAVER STICK, FRONT	14	F	75	1	Todd, Lillian	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	40	F	70	2.5	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	40	F	90	2.5	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	45	F	125+	4	McConnaughey, Mary	12/10/2005	2005 No-Weight Strongman
WEAVER STICK, FRONT	50	F	50	1	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
WEAVER STICK, FRONT	55	F	90	2	Lupo, Allison	10/12/2024	Clarks Gym RD #5 (2024)
WEAVER STICK, FRONT	55	F	100	2	Gore, Lisa	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	55	F	105	2.5	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
WEAVER STICK, FRONT	60	F	90	2	Lane-Richards, Colleen	1/20/2018	Record Day- Fall Classic
WEAVER STICK, FRONT	65	F	75	2.5	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
WEAVER STICK, FRONT	ALL	F	50	1	Jackson, RJ	2/10/2013	RD - Dino Gym (2013)
WEAVER STICK, FRONT	ALL	F	55	3	Collins, Natalie	11/30/2020	POSTAL (2020) - RECORD DAY
WEAVER STICK, FRONT	ALL	F	60	1	Collins, Olivia	11/30/2020	POSTAL (2020) - RECORD DAY
WEAVER STICK, FRONT	ALL	F	70	2.5	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	ALL	F	75	2.5	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
WEAVER STICK, FRONT	ALL	F	90	2.5	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	ALL	F	100	2	Gore, Lisa	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	ALL	F	105	2.5	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
WEAVER STICK, FRONT	ALL	F	125+	4	McConnaughey, Mary	12/10/2005	2005 No-Weight Strongman
WEAVER STICK, FRONT	NAT	F	70	2.5	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	NAT	F	75	1	Todd, Lillian	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	NAT	F	90	2.5	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	NAT	F	100	2	Gore, Lisa	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	13	M	35	1	Wenzel, Logan	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
WEAVER STICK, FRONT	13	M	95	1	Calcote, Kyle	11/11/2006	2006 No Wt Strongman
WEAVER STICK, FRONT	14	M	70	3	Heit, Calvin	1/27/2018	Dino Gym Challenge (2018)

USAWA Record List

WEAVER STICK, FRONT	16	M	60	2.5	Wenzel, Spencer	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
WEAVER STICK, FRONT	16	M	80	2	Conley, Elijah	6/9/2024	RD - Stars of Tomorrow on parade
WEAVER STICK, FRONT	18	M	70	3	Market, Tim	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
WEAVER STICK, FRONT	40	M	70	2.5	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
WEAVER STICK, FRONT	40	M	80	4.5	Jones, Dan	8/16/2025	Walpole Record Day, East Walpole, MA
WEAVER STICK, FRONT	40	M	110	7	Ciavattone, Jeff	11/30/2020	POSTAL (2020) - RECORD DAY
WEAVER STICK, FRONT	40	M	115	3	Payne, Jason	2/13/2010	2010 Grip Challenge
WEAVER STICK, FRONT	40	M	120	4	Ullom, Chad	1/16/2016	Dino Gym Challenge (2016)
WEAVER STICK, FRONT	40	M	125+	7	Mitchell, Mark	12/14/2002	RD - Clark's Gym '02
WEAVER STICK, FRONT	45	M	100	3.5	Fobes, Jarrod	6/9/2024	RD - Stars of Tomorrow on parade
WEAVER STICK, FRONT	45	M	105	5	Wenzel, Jeff	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
WEAVER STICK, FRONT	45	M	110	4.5	Wenzel, Jeff	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	45	M	115	5	Ullom, Chad	1/27/2018	Dino Gym Challenge (2018)
WEAVER STICK, FRONT	50	M	70	5.25	Marchand, Wade	11/30/2020	POSTAL (2020) - RECORD DAY
WEAVER STICK, FRONT	50	M	75	7.5	Marchand, Wade	12/31/2022	Frank's Record Breaker
WEAVER STICK, FRONT	50	M	95	2.5	Gupta, Sanjiv	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	50	M	100	2.5	Gupta, Sanjiv	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
WEAVER STICK, FRONT	50	M	105	5	Myers, Al	1/27/2018	Dino Gym Challenge (2018)
WEAVER STICK, FRONT	50	M	110	6	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
WEAVER STICK, FRONT	50	M	125+	5	Douglas, John	1/27/2018	Dino Gym Challenge (2018)
WEAVER STICK, FRONT	55	M	80	4	Patterson, Tony	1/20/2018	Record Day- Fall Classic
WEAVER STICK, FRONT	55	M	95	4	Traub, Larry	2/13/2010	2010 Grip Challenge
WEAVER STICK, FRONT	55	M	100	6.25	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
WEAVER STICK, FRONT	55	M	105	7.5	Raymond, Mark	12/31/2022	Frank's Record Breaker
WEAVER STICK, FRONT	55	M	110	4	Lupo, Tony	10/5/2024	Buffville Road to the Century Club #6
WEAVER STICK, FRONT	55	M	115	7	Ryan, Tom	12/14/2002	RD - Clark's Gym '02
WEAVER STICK, FRONT	55	M	125+	5	Ryan, Tom	12/13/2003	RD - Clark's Gym '03
WEAVER STICK, FRONT	60	M	75	2	Santangelo, Stephen	2/15/2015	RD - Dino Gym '15
WEAVER STICK, FRONT	60	M	80	2	DeForest, Dave	8/3/2024	Clarks Gym RD #4 (2024)
WEAVER STICK, FRONT	60	M	85	3	DeForest, Dave	1/27/2024	ZERCHER STRENGTH CLASSIC (2024)
WEAVER STICK, FRONT	60	M	90	2.5	DeForest, Dave	10/21/2023	GOERNER DEADLIFT DOZEN PLUS ONE (2023)
WEAVER STICK, FRONT	60	M	100	4	Garcia, Joe	10/10/2016	2016 Clark's Double Decathlon
WEAVER STICK, FRONT	60	M	125+	8	Ciavattone, Frank	1/20/2018	Record Day- Fall Classic
WEAVER STICK, FRONT	65	M	85	3.5	Carter, John	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	65	M	90	4	Vuono, Peter	11/30/2020	POSTAL (2020) - RECORD DAY
WEAVER STICK, FRONT	65	M	95	1.9	Vuono, Peter	12/31/2021	New Years Eve Record Breaker 2021
WEAVER STICK, FRONT	65	M	100	3.5	Puzin, Carl	8/16/2025	Walpole Record Day, East Walpole, MA
WEAVER STICK, FRONT	65	M	110	2	Licini, Jerome	11/8/2025	2025 High Country Vigour Cup and RD, Lakewood, CO
WEAVER STICK, FRONT	65	M	115	6	Myers, LaVerne	2/13/2010	2010 Grip Challenge
WEAVER STICK, FRONT	65	M	125	6.75	Ciavattone, Frank	12/31/2021	New Years Eve Record Breaker 2021
WEAVER STICK, FRONT	65	M	125+	9	Ciavattone, Frank	12/31/2022	Frank's Record Breaker
WEAVER STICK, FRONT	70	M	75	2	Santangelo, Stephen	5/12/2024	Record Day- Clark's Gym 2

USAWA Record List

WEAVER STICK, FRONT	70	M	80	3	Emslie, David	1/24/2015	ZERCHER STRENGTH CLASSIC (2015)
WEAVER STICK, FRONT	70	M	90	2	Habecker, Denny	1/16/2016	Dino Gym Challenge (2016)
WEAVER STICK, FRONT	70	M	105	2	Bletscher, Rudy	2/13/2010	2010 Grip Challenge
WEAVER STICK, FRONT	70	M	110	6	Myers, LaVerne	1/27/2018	Dino Gym Challenge (2018)
WEAVER STICK, FRONT	70	M	115	5	Myers, LaVerne	1/16/2016	Dino Gym Challenge (2016)
WEAVER STICK, FRONT	70	M	125	5	Ciavattone, Frank	8/16/2025	Walpole Record Day, East Walpole, MA
WEAVER STICK, FRONT	75	M	60	2	Pensyl, Barry	8/2/2025	2025 Presidential Cup - Lebanon Valley, PA
WEAVER STICK, FRONT	75	M	65	2.5	Pensyl, Barry	5/25/2024	RD - Lebanon, PA '24
WEAVER STICK, FRONT	75	M	110	3	Ross, Dean	1/27/2018	Dino Gym Challenge (2018)
WEAVER STICK, FRONT	80	M	80	3	Habecker, Denny	5/25/2024	RD - Lebanon, PA '24
WEAVER STICK, FRONT	80	M	105	2	Clark, Bill	10/10/2016	2016 Clark's Double Decathlon
WEAVER STICK, FRONT	90	M	95	2.5	Clark, Bill	2/25/2024	RD - Clarks Gym
WEAVER STICK, FRONT	ALL	M	35	1	WEnzel, Logan	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
WEAVER STICK, FRONT	ALL	M	60	2.5	Wenzel, Spencer	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
WEAVER STICK, FRONT	ALL	M	65	2.5	Pensyl, Barry	5/25/2024	RD - Lebanon, PA '24
WEAVER STICK, FRONT	ALL	M	70	5.25	Marchand, Wade	11/30/2020	POSTAL (2020) - RECORD DAY
WEAVER STICK, FRONT	ALL	M	75	7.5	Marchand, Wade	12/31/2022	Frank's Record Breaker
WEAVER STICK, FRONT	ALL	M	80	6	Wagman, Dan	8/10/2024	2024 Two-Fisted Challenge RD
WEAVER STICK, FRONT	ALL	M	85	4	Barten, Casey	2/12/2006	RD - Dino Gym (2006)
WEAVER STICK, FRONT	ALL	M	90	5	Jones, Dan	7/30/2023	Norwood-Wapole Lifting Classic
WEAVER STICK, FRONT	ALL	M	95	4	Traub, Larry	2/13/2010	2010 Grip Challenge
WEAVER STICK, FRONT	ALL	M	100	6.25	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
WEAVER STICK, FRONT	ALL	M	105	7.5	Raymond, Mark	12/31/2022	Frank's Record Breaker
WEAVER STICK, FRONT	ALL	M	110	7	Ciavattone, Jeff	11/30/2020	POSTAL (2020) - RECORD DAY
WEAVER STICK, FRONT	ALL	M	115	7	Ryan, Tom	12/14/2002	RD - Clark's Gym '02
WEAVER STICK, FRONT	ALL	M	125	6.75	Ciavattone, Frank	12/31/2021	New Years Eve Record Breaker 2021
WEAVER STICK, FRONT	ALL	M	125+	9	Ciavattone, Frank	12/31/2022	Frank's Record Breaker
WEAVER STICK, FRONT	NAT	M	85	3.5	Carter, John	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	NAT	M	95	2.5	Gupta, Sanjiv	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	NAT	M	110	4.5	Wenzel, Jeff	6/29/2024	NATIONALS (2024) - Columbia, MO
WEAVER STICK, FRONT	NAT	M	125+	3.5	Marlin, Phillip	6/29/2024	NATIONALS (2024) - Columbia, MO
ZERCHER LIFT	13	F	25	10	Wenzel, Dylan	2/28/2026	2026 USAWA Club Championship - Columbia, MO
ZERCHER LIFT	13	F	30	63	Monk, Elizabeth	3/15/2005	2005 IAWA Postal
ZERCHER LIFT	13	F	35	88	Ciavattone, Holly	7/18/1993	93 IAWA - Walpole, MA
ZERCHER LIFT	13	F	45	103	Gordon, Emily	2/2/1997	ZERCHER STRENGTH CLASSIC (1997)
ZERCHER LIFT	13	F	50	110	Ciavattone, Holly	6/22/1996	NATIONALS (1996) - Mansfield, MA
ZERCHER LIFT	13	F	55	70	Todd, Phoebe	12/31/2022	POSTAL (2022) - Q4
ZERCHER LIFT	13	F	60	85	Myers, Molly	12/30/2009	2009 National Postal Meet
ZERCHER LIFT	13	F	65	120	Todd, Phoebe	6/29/2024	NATIONALS (2024) - Columbia, MO
ZERCHER LIFT	13	F	75	115	Griffis, Kirstie	3/15/2005	2005 IAWA Postal
ZERCHER LIFT	14	F	65	172	Jaeschke, Sara	9/18/2003	2003 IAWA Postal Meet
ZERCHER LIFT	14	F	70	220	Jaeschke, Sara	4/15/2004	2004 IAWA Postal Meet

USAWA Record List

ZERCHER LIFT	14	F	75	175	Todd, Lillian	6/29/2024	NATIONALS (2024) - Columbia, MO
ZERCHER LIFT	16	F	40	50	Gupta, Nisha	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
ZERCHER LIFT	16	F	55	121	McDonald, Alexandria	3/16/2024	Iron Palaces strongest man
ZERCHER LIFT	16	F	70	205	Paul, Andrea	4/15/2004	2004 IAWA Postal Meet
ZERCHER LIFT	18	F	50	96	Hall, Lisa	9/18/2003	2003 IAWA Postal Meet
ZERCHER LIFT	18	F	60	150	Burks, Amy	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
ZERCHER LIFT	18	F	65	165	McBride, Angela	1/30/1999	ZERCHER STRENGTH CLASSIC (1999)
ZERCHER LIFT	40	F	50	132	Hughes, Suree	7/16/1990	NATIONALS (1990) - Akron, OH
ZERCHER LIFT	40	F	55	171	Hughes, Suree	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
ZERCHER LIFT	40	F	65	222	Skwarecki, Beth	12/17/2022	Memorial Record Day
ZERCHER LIFT	40	F	70	225	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
ZERCHER LIFT	40	F	75	225	Ollennuking, Amorkor	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
ZERCHER LIFT	40	F	80	225	Ollennuking, Amorkor	11/13/2004	2004 Bill Fellows Mem
ZERCHER LIFT	40	F	90	210	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO
ZERCHER LIFT	40	F	100	45	Ollennu, Amerly	2/1/2003	ZERCHER STRENGTH CLASSIC (2003)
ZERCHER LIFT	40	F	125+	155	McConnaughey, Mary	4/15/2004	2004 IAWA Postal Meet
ZERCHER LIFT	45	F	45	132	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
ZERCHER LIFT	45	F	50	171	Phumchaona, Noi	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
ZerCHER LIFT	45	F	70	198	Skwarecki, Beth	2/28/2026	2026 USAWA Club Championship - Columbia, MO
ZERCHER LIFT	45	F	75	160	Elder, Amber	3/31/2024	POSTAL (2024) - Q1
ZERCHER LIFT	45	F	90	100	Sees, Susan	6/25/2011	NATIONALS (2011) - Kirksville, MO
ZERCHER LIFT	45	F	125+	155	McConnaughey, Mary	3/15/2005	2005 IAWA Postal
ZERCHER LIFT	50	F	55	188	Phumchaona, Noi	6/22/1996	NATIONALS (1996) - Mansfield, MA
ZERCHER LIFT	50	F	60	165	Burchette, Jeanne	7/14/2019	NATIONALS (1991) - Ambridge, PA
ZERCHER LIFT	50	F	105	88	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
ZERCHER LIFT	55	F	55	171	Phumchaona, Noi	7/2/2000	2000 USAWA - Lebanon, PA
ZERCHER LIFT	55	F	60	106	VanWagner, Kim	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
ZERCHER LIFT	55	F	75	95	Kahn, Helen	6/25/2011	NATIONALS (2011) - Kirksville, MO
ZERCHER LIFT	55	F	90	95	Lupo, Allison	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
ZERCHER LIFT	55	F	100	155	Gore, Lisa	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
ZERCHER LIFT	60	F	55	176	Phumchaona, Noi	3/15/2005	2005 IAWA Postal
ZERCHER LIFT	60	F	60	100	LaRosa, Marian	4/15/2004	2004 IAWA Postal Meet
ZERCHER LIFT	60	F	65	125	Howley, Kate	9/23/2007	2007 IAWA Postal Meet
ZERCHER LIFT	60	F	75	85	Thompson, Janet	4/5/2025	2025 USAWA Club Championship - Lakewood, CO
ZERCHER LIFT	65	F	50	149	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
ZERCHER LIFT	65	F	55	99	Anderson, Carolyn	4/15/2004	2004 IAWA Postal Meet
ZERCHER LIFT	65	F	75	100	Thompson, Janet	2/28/2026	2026 USAWA Club Championship - Columbia, MO
ZERCHER LIFT	65	F	80	80	Thompson, Janet	1/25/2025	ZERCHER STRENGTH CLASSIC (2025)
ZERCHER LIFT	ALL	F	25	10	Wenzel, Dylan	2/28/2026	2026 USAWA Club Championship - Columbia, MO
ZERCHER LIFT	ALL	F	30	63	Monk, Elizabeth	3/15/2005	2005 IAWA Postal
ZERCHER LIFT	ALL	F	35	88	Ciavattone, Holly	7/18/1993	93 IAWA - Walpole, MA
ZERCHER LIFT	ALL	F	40	40	Gupta, Nisha	4/5/2025	2025 USAWA Club Championship - Lakewood, CO

USAWA Record List

ZERCHER LIFT	ALL	F	45	132	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
ZERCHER LIFT	ALL	F	50	171	Phumchaona, Noi	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
ZERCHER LIFT	ALL	F	55	188	Phumchaona, Noi	6/22/1996	NATIONALS (1996) - Mansfield, MA
ZERCHER LIFT	ALL	F	60	198	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
ZERCHER LIFT	ALL	F	65	250	Tseng, Esmie	2/28/2026	2026 USAWA Club Championship - Columbia, MO
ZERCHER LIFT	ALL	F	70	225	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
ZERCHER LIFT	ALL	F	75	315	Ollennuking, Amorkor	2/3/2001	ZERCHER STRENGTH CLASSIC (2001)
ZERCHER LIFT	ALL	F	80	350	Ollennuking, Amorkor	2/4/1996	ZERCHER STRENGTH CLASSIC (1996)
ZERCHER LIFT	ALL	F	85	170	Todd, Stacy	12/31/2022	POSTAL (2022) - Q4
ZERCHER LIFT	ALL	F	90	225	Abele, Jessica	11/8/2003	2003 Bill Fellows
ZERCHER LIFT	ALL	F	95	110	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
ZERCHER LIFT	ALL	F	100	90	Gore, Lisa	6/29/2024	NATIONALS (2024) - Columbia, MO
ZERCHER LIFT	ALL	F	105	250	Kressly, Jera	7/14/2013	2013 Club Championships
ZERCHER LIFT	ALL	F	110	220	McVay, Mary Jo	7/18/1993	93 IAWA - Walpole, MA
ZERCHER LIFT	ALL	F	125+	155	McConnaughey, Mary	3/15/2005	2005 IAWA Postal
ZERCHER LIFT	NAT	F	45	132	Phumchaona, Noi	7/16/1990	NATIONALS (1990) - Akron, OH
ZERCHER LIFT	NAT	F	50	132	Hughes, Suree	7/16/1990	NATIONALS (1990) - Akron, OH
ZERCHER LIFT	NAT	F	55	188	Phumchaona, Noi	6/22/1996	NATIONALS (1996) - Mansfield, MA
ZERCHER LIFT	NAT	F	60	176	Simonsen, Jacqueline	6/4/1994	NATIONALS (1994) - Cleveland, OH
ZERCHER LIFT	NAT	F	65	220	Caron, Jacqueline	5/31/1992	NATIONALS (1992) - Walpole, MA
ZERCHER LIFT	NAT	F	70	225	Skwarecki, Beth	6/29/2024	NATIONALS (2024) - Columbia, MO
ZERCHER LIFT	NAT	F	75	176	Clark, Kerry	5/22/1993	NATIONALS (1993) - Middletown, PA
ZERCHER LIFT	NAT	F	80	200	Clark, Kerry	6/4/1995	NATIONALS (1995) - Columbia, MO
ZERCHER LIFT	NAT	F	90	210	Todd, Stacy	6/29/2024	NATIONALS (2024) - Columbia, MO
ZERCHER LIFT	NAT	F	95	110	Williams, Cynthia	7/16/1990	NATIONALS (1990) - Akron, OH
ZERCHER LIFT	NAT	F	105	88	Sees, Susan	6/20/2015	NATIONALS (2015) - York, PA
ZERCHER LIFT	13	M	30	110	Montini, Rocco	5/31/1992	NATIONALS (1992) - Walpole, MA
ZERCHER LIFT	13	M	35	122	Geib, Adam	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT	13	M	40	110	Schmidt, Jeremiah	1/20/1991	ZERCHER STRENGTH CLASSIC (1991)
ZERCHER LIFT	13	M	45	138	Montini, Jason	7/14/2019	NATIONALS (1991) - Ambridge, PA
ZERCHER LIFT	13	M	50	139	Urbanski, Ryan	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT	13	M	55	135	Monk, Joshua	6/1/2002	2002 IAWA Postal
ZERCHER LIFT	13	M	60	143	McKean, Robbie	12/15/1990	RD - Ambridge
ZERCHER LIFT	13	M	65	165	McKean, Robbie	7/14/2019	NATIONALS (1991) - Ambridge, PA
ZERCHER LIFT	13	M	70	172	McKean, Sean	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT	13	M	75	220	Ciavattone, Jeff	7/18/1993	93 IAWA - Walpole, MA
ZERCHER LIFT	13	M	80	200	Beck, Steve	3/15/2005	2005 IAWA Postal
ZERCHER LIFT	13	M	85	209	McKean, Robbie	5/22/1993	NATIONALS (1993) - Middletown, PA
ZERCHER LIFT	13	M	95	225	Patrick, Kevin	4/30/2006	2006 IAWA Postal Meet
ZERCHER LIFT	14	M	55	154	Shuba, Frank Jr.	6/26/1989	NATIONALS (1989) - Plymouth, PA
ZERCHER LIFT	14	M	65	171	Ward, Brad	5/31/1992	NATIONALS (1992) - Walpole, MA
ZERCHER LIFT	14	M	70	243	Vernacchio, S.J.	5/22/1993	NATIONALS (1993) - Middletown, PA

USAWA Record List

ZERCHER LIFT	14	M	75	185	Demille, Cale	6/1/2002	2002 IAWA Postal
ZERCHER LIFT	14	M	80	271	Loewer, James	7/2/2000	2000 USAWA - Lebanon, PA
ZERCHER LIFT	14	M	85	303	Ciavattone, Jeff	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT	14	M	90	231	Riley, Ed Jr.	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
ZERCHER LIFT	14	M	95	230	Ciavattone, Jonathan	12/30/2009	2009 National Postal Meet
ZERCHER LIFT	14	M	100	251	Blockston, Jon	4/15/2004	2004 IAWA Postal Meet
ZERCHER LIFT	14	M	105	287	Becklun, John	4/30/2006	2006 IAWA Postal Meet
ZERCHER LIFT	14	M	110	185	Bremer, Matt	11/18/1992	Columbia, MO.
ZERCHER LIFT	14	M	115	275	Patrick, Kevin	9/23/2007	2007 IAWA Postal Meet
ZERCHER LIFT	14	M	120	215	Hess, Kohl	12/6/2009	2009 John's BD Record Day
ZERCHER LIFT	14	M	125+	352	Hess, Kohl	6/27/2010	NATIONALS (2010) - Lebanon, PA
ZERCHER LIFT	16	M	55	240	Achenbach, Justin	3/15/2005	2005 IAWA Postal
ZERCHER LIFT	16	M	60	302	Clauson, Riley	4/15/2006	2006 Macomb Tax Day
ZERCHER LIFT	16	M	65	341	Clauson, Riley	10/28/2006	Macomb Record Setter
ZERCHER LIFT	16	M	70	287	Jaeschke, Jon	9/18/2003	2003 IAWA Postal Meet
ZERCHER LIFT	16	M	75	331	Jaeschke, Jon	4/15/2004	2004 IAWA Postal Meet
ZERCHER LIFT	16	M	80	345	Ibrahim, Sammy	6/25/2011	NATIONALS (2011) - Kirksville, MO
ZERCHER LIFT	16	M	85	330	Holcomb, Seth	9/18/2003	2003 IAWA Postal Meet
ZERCHER LIFT	16	M	90	380	Ciavattone, Jeff	6/22/1996	NATIONALS (1996) - Mansfield, MA
ZERCHER LIFT	16	M	95	420	Almond, Brad	5/7/1994	94 - Joe Caron
ZERCHER LIFT	16	M	100	303	Kelsey, John	4/27/2002	2002 Buckeye Record Break
ZERCHER LIFT	16	M	105	355	Patrick, John	4/30/2006	2006 IAWA Postal Meet
ZERCHER LIFT	16	M	110	110	Ciavattone, Frank III	6/27/2010	NATIONALS (2010) - Lebanon, PA
ZERCHER LIFT	16	M	125+	280	Kincaid, Kiff	6/8/2003	2003 USAWA Championships
ZERCHER LIFT	18	M	60	255	Achenbach, Justin	4/30/2006	2006 IAWA Postal Meet
ZERCHER LIFT	18	M	65	352	Clauson, Riley	9/23/2007	2007 IAWA Postal Meet
ZERCHER LIFT	18	M	70	350	Achenbach, Kyle	4/30/2006	2006 IAWA Postal Meet
ZERCHER LIFT	18	M	75	365	Agre, Kyle	6/28/2025	Home GymCon Push/Pull, Louisville, KY RD
ZERCHER LIFT	18	M	80	350	Zercher III, Ed	1/24/1988	ZERCHER STRENGTH CLASSIC (1988)
ZERCHER LIFT	18	M	85	342	Jaeschke, Chris	4/15/2004	2004 IAWA Postal Meet
ZERCHER LIFT	18	M	100	290	McDonald, Mac	5/7/1994	94 - Joe Caron
ZERCHER LIFT	18	M	115	404	Stahnke, Dennis	4/27/2002	2002 Buckeye Record Break
ZERCHER LIFT	18	M	125+	300	Clark, Casey	7/10/1988	NATIONALS (1988) - Plymouth, PA
ZERCHER LIFT	40	M	60	309	McKean, John	7/16/1990	NATIONALS (1990) - Akron, OH
ZERCHER LIFT	40	M	65	315	Holden, Randy Joe	6/4/1995	NATIONALS (1995) - Columbia, MO
ZERCHER LIFT	40	M	70	358	Waterman, Chris	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT	40	M	75	485	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT	40	M	80	504	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
ZERCHER LIFT	40	M	85	370	Smith, Abe	12/31/2022	POSTAL (2022) - Q4
ZERCHER LIFT	40	M	90	353	Montini, Rob	7/14/2019	NATIONALS (1991) - Ambridge, PA
ZERCHER LIFT	40	M	95	342	Montini, Paul	5/31/1992	NATIONALS (1992) - Walpole, MA
ZERCHER LIFT	40	M	100	354	Venterosa, Don	8/12/1995	95 IAWA - Eastlake

USAWA Record List

ZERCHER LIFT	40	M	105	405	Carter, John	1/31/1998	ZERCHER STRENGTH CLASSIC (1998)
ZERCHER LIFT	40	M	110	450	Ciavattone, Jeff	12/31/2022	POSTAL (2022) - Q4
ZERCHER LIFT	40	M	115	445	Ullom, Chad	7/31/2012	2012 World Postal Leg 2
ZERCHER LIFT	40	M	120	429	Myers, Al	6/27/2010	NATIONALS (2010) - Lebanon, PA
ZERCHER LIFT	40	M	125	226	Dabbs, Noah	3/16/2024	Iron Palaces strongest man
ZERCHER LIFT	45	M	60	303	McKean, John	7/14/2019	NATIONALS (1991) - Ambridge, PA
ZERCHER LIFT	45	M	65	314	McKean, John	4/11/1992	Middletown, Pa.
ZERCHER LIFT	45	M	70	335	Waterman, Chris	6/8/2003	2003 USAWA Championships
ZERCHER LIFT	45	M	75	303	McKean, John	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT	45	M	80	375	Hirsh, Bob	6/8/2003	2003 USAWA Championships
ZERCHER LIFT	45	M	85	309	Habecker, Denny	5/31/1992	NATIONALS (1992) - Walpole, MA
ZERCHER LIFT	45	M	90	375	Montini, Rob	5/22/1993	NATIONALS (1993) - Middletown, PA
ZERCHER LIFT	45	M	95	364	Schock, Ed	7/2/2000	2000 USAWA - Lebanon, PA
ZERCHER LIFT	45	M	100	405	Schock, Ed	9/1/2001	2001 Postal Meet
ZERCHER LIFT	45	M	105	415	Schock, Ed	12/1/2002	2002 Postal Meet
ZERCHER LIFT	45	M	110	445	Myers, Al	7/31/2012	2012 World Postal Leg 2
ZERCHER LIFT	45	M	115	451	Myers, Al	11/19/2011	2011 Worlds - Perth
ZERCHER LIFT	45	M	120	420	Myers, Al	9/30/2011	2011 Delaware Postal
ZERCHER LIFT	45	M	125	441	Ciavattone, Frank	7/2/2000	2000 USAWA - Lebanon, PA
ZERCHER LIFT	45	M	125+	379	Fagg, Allen	3/16/2024	Iron Palaces strongest man
ZERCHER LIFT	50	M	65	277	Pensyl, Barry	7/2/2000	2000 USAWA - Lebanon, PA
ZERCHER LIFT	50	M	70	149	Quier, Ed	6/26/1989	NATIONALS (1989) - Plymouth, PA
ZERCHER LIFT	50	M	75	315	Waterman, Chris	9/23/2007	2007 IAWA Postal Meet
ZERCHER LIFT	50	M	80	314	Habecker, Denny	6/4/1994	NATIONALS (1994) - Cleveland, OH
ZERCHER LIFT	50	M	85	342	Friesz, Dale	6/4/1994	NATIONALS (1994) - Cleveland, OH
ZERCHER LIFT	50	M	90	369	DiCiccio, Bill	8/26/1990	IAWA WORLD CHAMPIONSHIPS (1990) - Glasgow, UK
ZERCHER LIFT	50	M	95	375	Vernacchio, John	7/14/2019	NATIONALS (1991) - Ambridge, PA
ZERCHER LIFT	50	M	100	445	Schock, Ed	3/15/2005	2005 IAWA Postal
ZERCHER LIFT	50	M	105	391	Malloy, Jim	5/31/1992	NATIONALS (1992) - Walpole, MA
ZERCHER LIFT	50	M	110	408	Malloy, Jim	6/4/1994	NATIONALS (1994) - Cleveland, OH
ZERCHER LIFT	50	M	115	419	Malloy, Jim	6/22/1996	NATIONALS (1996) - Mansfield, MA
ZERCHER LIFT	50	M	120	308	Schmidt, Scott	9/23/2007	2007 IAWA Postal Meet
ZERCHER LIFT	50	M	125+	305	McCoy, Joe	2/6/1994	ZERCHER STRENGTH CLASSIC (1994)
ZERCHER LIFT	55	M	65	292	Pensyl, Barry	11/2/2003	IAWA GOLD CUP (2003) - Lansdale, PA
ZERCHER LIFT	55	M	80	287	Friesz, Dale	6/22/1996	NATIONALS (1996) - Mansfield, MA
ZERCHER LIFT	55	M	85	336	Friesz, Dale	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT	55	M	90	353	Vernacchio, John	9/13/1992	92 IAWA - England
ZERCHER LIFT	55	M	95	375	Traub, Larry	7/14/2013	2013 Club Championships
ZERCHER LIFT	55	M	100	300	Sisk, Ron	9/23/2007	2007 IAWA Postal Meet
ZERCHER LIFT	55	M	105	350	Bodamer, Nick	4/15/2004	2004 IAWA Postal Meet
ZERCHER LIFT	55	M	110	365	Clark, Bill	7/10/1988	NATIONALS (1988) - Plymouth, PA
ZERCHER LIFT	55	M	115	300	Glasgow, Dave	6/25/2011	NATIONALS (2011) - Kirksville, MO

USAWA Record List

ZERCHER LIFT	55	M	120	353	Schmidt, Scott	8/3/2008	NATIONALS (2008) - Columbus, OH
ZERCHER LIFT	55	M	125+	375	Fellows, Bill	1/20/1990	ZERCHER STRENGTH CLASSIC (1990)
ZERCHER LIFT	60	M	75	325	Montini, Art	5/31/1992	NATIONALS (1992) - Walpole, MA
ZERCHER LIFT	60	M	80	309	Montini, Art	4/11/1992	Middletown, Pa.
ZERCHER LIFT	60	M	85	265	DeForest, Dave	8/21/2022	CLARK'S BIRTHDAY WEEKEND
ZERCHER LIFT	60	M	90	292	Smith, Randy	6/20/2015	NATIONALS (2015) - York, PA
ZERCHER LIFT	60	M	95	265	Garcia, Joe	4/23/2016	ZERCHER STRENGTH CLASSIC (2016)
ZERCHER LIFT	60	M	100	300	Carter, John	12/31/2022	POSTAL (2022) - Q4
ZERCHER LIFT	60	M	105	310	Clark, Bill	11/6/1994	RD - Columbia, MO '94
ZERCHER LIFT	60	M	110	309	Clark, Bill	5/22/1993	NATIONALS (1993) - Middletown, PA
ZERCHER LIFT	60	M	115	363	Malloy, Jim	4/30/2006	2006 IAWA Postal Meet
ZERCHER LIFT	60	M	120	275	Geib, Bob	10/29/2005	IAWA GOLD CUP (2005) - Maui, HI
ZERCHER LIFT	60	M	125+	88	Ciavattone, Frank	10/27/2018	2018 NE Fall Classic
ZERCHER LIFT	65	M	75	224	McKean, John	10/14/2012	2012 Arts Birthday Bash
ZERCHER LIFT	65	M	80	321	Montini, Art	6/22/1996	NATIONALS (1996) - Mansfield, MA
ZERCHER LIFT	65	M	85	303	Montini, Art	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT	65	M	90	335	Smith, Randy	8/21/2022	CLARK'S BIRTHDAY WEEKEND
ZERCHER LIFT	65	M	95	254	Monahan, Rex	7/18/1993	93 IAWA - Walpole, MA
ZERCHER LIFT	65	M	100	303	Prechtel, Howard	7/18/1993	93 IAWA - Walpole, MA
ZERCHER LIFT	65	M	105	331	Prechtel, Howard	7/14/2019	NATIONALS (1991) - Ambridge, PA
ZERCHER LIFT	65	M	110	287	Prechtel, Howard	7/16/1990	NATIONALS (1990) - Akron, OH
ZERCHER LIFT	65	M	115	314	Malloy, Jim	9/23/2007	2007 IAWA Postal Meet
ZERCHER LIFT	65	M	120	309	Malloy, Jim	8/3/2008	NATIONALS (2008) - Columbus, OH
ZERCHER LIFT	65	M	125	225	Geib, Bob	6/25/2011	NATIONALS (2011) - Kirksville, MO
ZERCHER LIFT	65	M	125+	240	Ross, Dean	6/25/2011	NATIONALS (2011) - Kirksville, MO
ZERCHER LIFT	70	M	75	220	Mitchell, Dennis	4/15/2004	2004 IAWA Postal Meet
ZERCHER LIFT	70	M	80	265	Montini, Art	10/12/1997	97 Art's Birthday Bash
ZERCHER LIFT	70	M	85	276	Montini, Art	7/2/2000	2000 USAWA - Lebanon, PA
ZERCHER LIFT	70	M	90	305	Smith, Randy	4/5/2024	2025 USAWA Club Championship - Lakewood, CO
ZERCHER LIFT	70	M	95	225	Monahan, Rex	2/5/1995	ZERCHER STRENGTH CLASSIC (1995)
ZERCHER LIFT	70	M	100	255	Prechtel, Howard	6/22/1996	NATIONALS (1996) - Mansfield, MA
ZERCHER LIFT	70	M	105	254	Prechtel, Howard	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT	70	M	110	255	Clark, Bill	9/18/2003	2003 IAWA Postal Meet
ZERCHER LIFT	70	M	115	220	Ross, Dean	6/20/2015	NATIONALS (2015) - York, PA
ZERCHER LIFT	70	M	120	110	Geib, Bob	6/20/2015	NATIONALS (2015) - York, PA
ZERCHER LIFT	70	M	125	250	Ross, Dean	7/14/2013	2013 Club Championships
ZERCHER LIFT	75	M	70	187	Mitchell, Dennis	11/19/2011	2011 Worlds - Perth
ZERCHER LIFT	75	M	75	201	Mitchell, Dennis	8/3/2008	NATIONALS (2008) - Columbus, OH
ZERCHER LIFT	75	M	80	226	Cox, Bob	4/15/2004	2004 IAWA Postal Meet
ZERCHER LIFT	75	M	85	250	Montini, Art	6/8/2003	2003 USAWA Championships
ZERCHER LIFT	75	M	90	187	Prechtel, Howard	7/2/2000	2000 USAWA - Lebanon, PA
ZERCHER LIFT	75	M	100	225	Glasgow, Ken	7/14/2013	2013 Club Championships

USAWA Record List

ZERCHER LIFT	75	M	110	198	Ross, Dean	8/4/2018	PRESIDENTIAL CUP (2018)
ZERCHER LIFT	75	M	115	198	Ross, Dean	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
ZERCHER LIFT	80	M	70	132	Mitchell, Dennis	6/21/2014	NATIONALS (2014) - Macomb, IL
ZERCHER LIFT	80	M	75	176	Cox, Bob	8/31/2006	2006 IAWA Postal Meet
ZERCHER LIFT	80	M	80	176	Habecker, Denny	3/31/2024	POSTAL (2024) - Q1
ZERCHER LIFT	80	M	85	190	Habecker, Denny	6/29/2024	NATIONALS (2024) - Columbia, MO
ZERCHER LIFT	80	M	90	176	Montini, Art	11/19/2011	2011 Worlds - Perth
ZERCHER LIFT	80	M	95	198	Prechtel, Howard	3/15/2005	2005 IAWA Postal
ZERCHER LIFT	85	M	65	126	Mitchell, Dennis	6/23/2018	NATIONALS (2018) - Cocoa Beach, FL
ZERCHER LIFT	85	M	80	154	Montini, Art	10/14/2012	2012 Arts Birthday Bash
ZERCHER LIFT	90	M	85	120	Montini, Art	10/15/2017	2017 Art's Birthday Bash
ZERCHER LIFT	ALL	M	50	139	Urbanski, Ryan	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT	ALL	M	60	353	Gazda, Goeff	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT	ALL	M	65	358	Monk, John	8/18/1991	IAWA WORLD CHAMPIONSHIPS (1991) - Collegeville, PA
ZERCHER LIFT	ALL	M	70	408	Hirsh, Bob	1/30/1993	93 Buckeye Record Breaker
ZERCHER LIFT	ALL	M	75	485	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT	ALL	M	80	504	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
ZERCHER LIFT	ALL	M	85	391	Beffort, Lon	3/15/2005	2005 IAWA Postal
ZERCHER LIFT	ALL	M	90	500	Anderson, Phil	7/10/1988	NATIONALS (1988) - Plymouth, PA
ZERCHER LIFT	ALL	M	95	420	Almond, Brad	5/17/1994	94 - Joe Caron
ZERCHER LIFT	ALL	M	100	465	McBride, Mike	2/5/2000	ZERCHER STRENGTH CLASSIC (2000)
ZERCHER LIFT	ALL	M	105	475	McBride, Mike	4/30/2006	2006 IAWA Postal Meet
ZERCHER LIFT	ALL	M	110	475	Spayd, Bill	4/30/2006	2006 IAWA Postal Meet
ZERCHER LIFT	ALL	M	115	451	Myers, Al	11/19/2011	2011 Worlds - Perth
ZERCHER LIFT	ALL	M	120	529	Moore, Bob	5/31/1992	NATIONALS (1992) - Walpole, MA
ZERCHER LIFT	ALL	M	125	455	Marlin, Philip	2/28/2026	2026 USAWA Club Championship - Columbia, MO
ZERCHER LIFT	ALL	M	125+	515	Moore, Bob	7/14/2019	NATIONALS (1991) - Ambridge, PA
ZERCHER LIFT	NAT	M	50	100	Todd, Everett	6/29/2024	NATIONALS (2024) - Columbia, MO
ZERCHER LIFT	NAT	M	60	347	Gazda, Goeff	6/4/1994	NATIONALS (1994) - Cleveland, OH
ZERCHER LIFT	NAT	M	65	336	Lynch, Roger	7/14/2019	NATIONALS (1991) - Ambridge, PA
ZERCHER LIFT	NAT	M	70	375	Waterman, Chris	6/22/1996	NATIONALS (1996) - Mansfield, MA
ZERCHER LIFT	NAT	M	75	470	Hirsh, Bob	6/4/1995	NATIONALS (1995) - Columbia, MO
ZERCHER LIFT	NAT	M	80	375	Hirsh, Bob	6/7/2003	NATIONALS (2003) - Youngstown
ZERCHER LIFT	NAT	M	85	375	Ellis, Dave	6/22/1996	NATIONALS (1996) - Mansfield, MA
ZERCHER LIFT	NAT	M	90	500	Anderson, Phil	7/10/1988	NATIONALS (1988) - Plymouth, PA
ZERCHER LIFT	NAT	M	95	375	Vernacchio, John	7/14/2019	NATIONALS (1991) - Ambridge, PA
ZERCHER LIFT	NAT	M	100	450	Schmidt, Steve	7/10/1988	NATIONALS (1988) - Plymouth, PA
ZERCHER LIFT	NAT	M	105	462	Alacchi, Atillio	6/26/1989	NATIONALS (1989) - Plymouth, PA
ZERCHER LIFT	NAT	M	110	441	Ullom, Chad	6/26/2010	NATIONALS (2010) - Lebanon, PA
ZERCHER LIFT	NAT	M	115	445	Ullom, Chad	6/25/2011	NATIONALS (2011) - Kirksville, MO
ZERCHER LIFT	NAT	M	120	529	Moore, Bob	5/31/1992	NATIONALS (1992) - Walpole, MA
ZERCHER LIFT	NAT	M	125	441	Ciavattone, Frank	7/2/2000	NATIONALS (2000) - Lebanon, PA

USAWA Record List

ZERCHER LIFT	NAT	M	125+	424	Ciavattone, Frank	5/31/1992	NATIONALS (1992) - Walpole, MA
ZERCHER, ONE ARM, LEFT	65	F	50	88	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, LEFT	ALL	F	50	88	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, LEFT	ALL	F	80	75	Monk, Victoria	10/14/2007	2007 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	16	M	60	110	Clauson, Riley	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, LEFT	40	M	75	308	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	40	M	80	276	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
ZERCHER, ONE ARM, LEFT	40	M	95	255	Strangeway, John	1/18/2020	Dino Gym Challenge (2020)
ZERCHER, ONE ARM, LEFT	40	M	110	285	Ciavattone, Jeff	11/30/2020	POSTAL (2020) - RECORD DAY
ZERCHER, ONE ARM, LEFT	40	M	115	264	Ullom, Chad	10/10/2015	2015 Worlds - Glasgow
ZERCHER, ONE ARM, LEFT	45	M	100	165	Fobes, Jarrod	8/2/2025	Clark's Gym RD - 2025 - Columbia, MO
ZERCHER, ONE ARM, LEFT	45	M	110	205	Wenzel, Jeff	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
ZERCHER, ONE ARM, LEFT	50	M	90	220	DiCiccio, Bill	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, LEFT	50	M	95	143	Gupta, Sanjiv	10/6/2024	IAWA WORLD CHAMPIONSHIPS (2024) - England, UK
ZERCHER, ONE ARM, LEFT	50	M	115	176	Geib, Bob	3/25/1995	Record Day
ZERCHER, ONE ARM, LEFT	55	M	95	154	Wynn, Donnie	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, LEFT	55	M	100	226	Vernacchio, John	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, LEFT	55	M	110	110	Lupo, Tony	11/9/2024	Goerner Deadlift Dozen Plus One RD
ZERCHER, ONE ARM, LEFT	60	M	85	140	DeForest, Dave	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
ZERCHER, ONE ARM, LEFT	60	M	90	175	DeForest, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
ZERCHER, ONE ARM, LEFT	60	M	105	225	Clark, Bill	11/6/1994	RD - Columbia, MO '94
ZERCHER, ONE ARM, LEFT	60	M	125+	135	Ciavattone, Frank	7/27/2019	2019 Eastern Mass RD
ZERCHER, ONE ARM, LEFT	65	M	80	209	Montini, Art	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, LEFT	65	M	85	140	DeForest, Dave	8/16/2025	Walpole Record Day, East Walpole, MA
ZERCHER, ONE ARM, LEFT	70	M	75	125	Mitchell, Dennis	11/23/2003	2003 Jump Stretch Record
ZERCHER, ONE ARM, LEFT	70	M	80	160	Montini, Art	10/12/1997	97 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	70	M	85	172	Montini, Art	10/15/2000	2000 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	70	M	100	220	Prechtel, Howard	11/16/1996	IAWA GOLD CUP (1996) - Valley Forge, PA
ZERCHER, ONE ARM, LEFT	70	M	115	143	Ross, Dean	8/22/2015	PRESIDENTIAL CUP (2015)
ZERCHER, ONE ARM, LEFT	75	M	85	155	Montini, Art	10/23/2005	2005 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	75	M	110	95	Ross, Dean	1/18/2020	Dino Gym Challenge (2020)
ZERCHER, ONE ARM, LEFT	80	M	70	55	Mitchell, Dennis	10/10/2015	2015 Worlds - Glasgow
ZERCHER, ONE ARM, LEFT	80	M	80	110	Montini, Art	10/11/2009	2009 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	80	M	85	98	Montini, Art	10/17/2010	2010 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	85	M	80	93	Montini, Art	10/10/2015	2015 Worlds - Glasgow
ZERCHER, ONE ARM, LEFT	ALL	M	60	110	Clauson, Riley	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, LEFT	ALL	M	70	244	Monk, John	10/23/2005	2005 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	ALL	M	75	308	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	ALL	M	80	276	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
ZERCHER, ONE ARM, LEFT	ALL	M	85	265	DiCiccio, Bill Jr.	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, LEFT	ALL	M	90	220	DiCiccio, Bill	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, LEFT	ALL	M	95	255	Strangeway, John	1/18/2020	Dino Gym Challenge (2020)

USAWA Record List

ZERCHER, ONE ARM, LEFT	ALL	M	100	260	Schmidt, Steve	12/6/1987	Columbia, MO.
ZERCHER, ONE ARM, LEFT	ALL	M	105	277	Lucht, Mike	1/18/2020	Dino Gym Challenge (2020)
ZERCHER, ONE ARM, LEFT	ALL	M	110	285	Ciavattone, Jeff	11/30/2020	POSTAL (2020) - RECORD DAY
ZERCHER, ONE ARM, LEFT	ALL	M	115	264	Ullom, Chad	10/10/2015	2015 Worlds - Glasgow
ZERCHER, ONE ARM, LEFT	ALL	M	125+	143	Lestan, Chris	12/7/2019	2019 Memorial Record Day
ZERCHER, ONE ARM, RIGHT	50	F	55	127	Phumchaona, Noi	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	65	F	50	77	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, RIGHT	ALL	F	50	77	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, RIGHT	ALL	F	55	127	Phumchaona, Noi	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	ALL	F	80	132	Ciavattone, Cara	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	13	M	70	110	McKean, Sean	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	14	M	75	203	Loewer, James	10/15/2000	2000 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	16	M	60	110	Clauson, Riley	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, RIGHT	16	M	90	220	Ciavattone, Jeff	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	18	M	80	200	Esquibel, Ray	12/6/1987	Columbia, MO.
ZERCHER, ONE ARM, RIGHT	40	M	70	226	Waterman, Chris	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	40	M	80	259	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
ZERCHER, ONE ARM, RIGHT	40	M	110	285	Ciavattone, Jeff	11/30/2020	POSTAL (2020) - RECORD DAY
ZERCHER, ONE ARM, RIGHT	40	M	115	200	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
ZERCHER, ONE ARM, RIGHT	40	M	120	243	Fulton, Kevin	10/6/2001	2001 IAWA Worlds-Glasgow
ZERCHER, ONE ARM, RIGHT	40	M	125	198	Ciavattone, Frank	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	45	M	105	250	Ullom, Chad	1/18/2020	Dino Gym Challenge (2020)
ZERCHER, ONE ARM, RIGHT	45	M	110	205	Wenzel, Jeff	11/30/2024	Schmidt's Backbreaker Pentathlon (2024) RD
ZERCHER, ONE ARM, RIGHT	45	M	115	275	Myers, Al	11/3/2012	IAWA GOLD CUP (2012) - Glasgow, UK
ZERCHER, ONE ARM, RIGHT	50	M	80	165	Habecker, Denny	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	50	M	90	220	DiCiccio, Bill	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	50	M	95	85	Gupta, Sanjiv	6/9/2024	RD - Stars of Tomorrow on parade
ZERCHER, ONE ARM, RIGHT	50	M	110	276	Malloy, Jim	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	50	M	125	110	Janzen, John	1/18/2020	Dino Gym Challenge (2020)
ZERCHER, ONE ARM, RIGHT	50	M	125+	110	Payne, Jason	1/18/2020	Dino Gym Challenge (2020)
ZERCHER, ONE ARM, RIGHT	55	M	90	143	Habecker, Denny	10/6/2001	2001 IAWA Worlds-Glasgow
ZERCHER, ONE ARM, RIGHT	55	M	95	209	Wynn, Donnie	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, RIGHT	55	M	110	260	Clark, Bill	12/6/1988	Columbia, MO.
ZERCHER, ONE ARM, RIGHT	55	M	125+	202	Douglas, John	1/18/2020	Dino Gym Challenge (2020)
ZERCHER, ONE ARM, RIGHT	60	M	75	132	Mitchell, Dennis	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	60	M	85	140	DeForest, Dave	4/27/2024	Diamond Jubilee (2024), Columbia, MO - RD
ZERCHER, ONE ARM, RIGHT	60	M	90	165	DeForest, Dave	12/4/2021	Schmidt's Backbreaker Pentathlon (2021)
ZERCHER, ONE ARM, RIGHT	60	M	100	250	Carter, John	12/17/2022	Memorial Record Day
ZERCHER, ONE ARM, RIGHT	60	M	105	225	Clark, Bill	11/6/1994	RD - Columbia, MO '94
ZERCHER, ONE ARM, RIGHT	65	M	75	143	Mitchell, Dennis	10/6/2001	2001 IAWA Worlds-Glasgow
ZERCHER, ONE ARM, RIGHT	65	M	80	215	Montini, Art	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	65	M	85	140	DeForest, Dave	8/16/2025	Walpole Record Day, East Walpole, MA

USAWA Record List

ZERCHER, ONE ARM, RIGHT	65	M	115	177	Glasgow, Dave	1/18/2020	Dino Gym Challenge (2020)
ZERCHER, ONE ARM, RIGHT	70	M	75	125	Mitchell, Dennis	11/23/2003	2003 Jump Stretch Record
ZERCHER, ONE ARM, RIGHT	70	M	80	160	Montini, Art	10/12/1997	97 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	70	M	85	176	Montini, Art	10/6/2001	2001 IAWA Worlds-Glasgow
ZERCHER, ONE ARM, RIGHT	70	M	100	209	Prechtel, Howard	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	70	M	110	155	Clark, Bill	10/13/2002	2002 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	70	M	115	160	Ross, Dean	8/22/2015	PRESIDENTIAL CUP (2015)
ZERCHER, ONE ARM, RIGHT	75	M	85	155	Montini, Art	10/23/2005	2005 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	80	M	80	110	Montini, Art	10/11/2009	2009 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	80	M	85	98	Montini, Art	10/17/2010	2010 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	ALL	M	60	110	Clauson, Riley	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, RIGHT	ALL	M	70	261	Monk, John	10/23/2005	2005 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	ALL	M	75	250	Monk, John	10/17/2004	2004 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	ALL	M	80	259	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
ZERCHER, ONE ARM, RIGHT	ALL	M	85	265	DiCiccio, Bill Jr.	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	ALL	M	90	220	DiCiccio, Bill	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	ALL	M	95	231	Piper, Tim	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, RIGHT	ALL	M	100	260	Schmidt, Steve	12/6/1987	Columbia, MO.
ZERCHER, ONE ARM, RIGHT	ALL	M	105	250	Ullom, Chad	1/18/2020	Dino Gym Challenge (2020)
ZERCHER, ONE ARM, RIGHT	ALL	M	110	285	Ciavattone, Jeff	11/30/2020	POSTAL (2020) - RECORD DAY
ZERCHER, ONE ARM, RIGHT	ALL	M	115	275	Myers, Al	11/3/2012	IAWA GOLD CUP (2012) - Glasgow, UK
ZERCHER, ONE ARM, RIGHT	ALL	M	120	243	Fulton, Kevin	10/6/2001	2001 IAWA Worlds-Glasgow
ZERCHER, ONE ARM, RIGHT	ALL	M	125	198	Ciavattone, Frank	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	ALL	M	125+	202	Douglas, John	1/18/2020	Dino Gym Challenge (2020)
ZIEGLER CLEAN	16	F	55	34	McDonald, Alexandria	3/16/2024	RD - Iron Palaces strongest man
ZIEGLER CLEAN	40	F	65	52	Skwarecki, Beth	10/12/2024	Clarks Gym RD #5 (2024)
ZIEGLER CLEAN	40	F	70	65	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
ZIEGLER CLEAN	55	F	90	40	Lupo, Allison	7/27/2024	Buffville Road to the Century Club #5
ZIEGLER CLEAN	55	F	105	55	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	65	F	75	38	Thompson, Janet	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	ALL	F	55	34	McDonald, Alexandria	3/16/2024	RD - Iron Palaces strongest man
ZIEGLER CLEAN	ALL	F	65	52	Skwarecki, Beth	10/12/2024	Clarks Gym RD #5 (2024)
ZIEGLER CLEAN	ALL	F	70	65	Skwarecki, Beth	6/24/2023	NATIONALS (2023) - Columbia, MO
ZIEGLER CLEAN	ALL	F	75	52	Trimble, Nicole	10/12/2024	Clarks Gym RD #5 (2024)
ZIEGLER CLEAN	ALL	F	80	52	Jordan, Diana	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
ZIEGLER CLEAN	ALL	F	90	40	Lupo, Allison	7/27/2024	Buffville Road to the Century Club #5
ZIEGLER CLEAN	ALL	F	105	55	Gore, Lisa	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	13	M	35	15	Wenzel, Logan	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	13	M	55	15	Todd, Everett	12/7/2024	RD - Lift for Leroy VI (2024)
ZIEGLER CLEAN	18	M	70	30	Market, Tim	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	40	M	70	42	Ortega, Toby	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	40	M	115	100	Myers, Al	1/17/2009	Dino Gym Challenge (2009)

USAWA Record List

ZIEGLER CLEAN	40	M	120	182	Ullom, Chad	2/9/2014	RD - Dino Gym '14
ZIEGLER CLEAN	40	M	125	65	Law, Jeremy	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	40	M	125+	75	O'Brien, John	10/29/2010	2010 JWC Record Breakers
ZIEGLER CLEAN	45	M	100	66	Lansdown, Christopher	10/12/2024	Heavy Gym Garage Record Day - Pittsburgh - PA
ZIEGLER CLEAN	50	M	75	55	Marchand, Wade	12/31/2023	2023 New Years Eve Record Breaker
ZIEGLER CLEAN	50	M	100	85	Gupta, Sanjiv	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	50	M	105	135	Ullom, Chad	6/24/2023	NATIONALS (2023) - Columbia, MO
ZIEGLER CLEAN	50	M	110	105	Wenzel, Jeff	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	55	M	100	150	Hose, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	55	M	110	65	Lupo, Tony	6/29/2024	NATIONALS (2024) - Columbia, MO
ZIEGLER CLEAN	55	M	115	65	Lupo, Tony	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	60	M	80	60	DeForest, Dave	6/29/2024	NATIONALS (2024) - Columbia, MO
ZIEGLER CLEAN	60	M	85	75	DeForest, Dave	2/25/2024	RD - Clarks Gym
ZIEGLER CLEAN	60	M	90	45	DeForest, Dave	6/24/2023	NATIONALS (2023) - Columbia, MO
ZIEGLER CLEAN	60	M	100	85	Garcia, Joe	10/10/2016	2016 Clark's Double Decathlon
ZIEGLER CLEAN	65	M	85	65	DeForest, Dave	8/16/2025	Walpole Record Day, East Walpole, MA
ZIEGLER CLEAN	65	M	90	105	Carter, John	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	65	M	110	66	Puzin, Carl	12/31/2023	2023 New Years Eve Record Breaker
ZIEGLER CLEAN	70	M	75	30	Santangelo, Stephen	4/7/2024	RD - Buffville 3
ZIEGLER CLEAN	70	M	105	85	Bletscher, Rudy	1/17/2009	Dino Gym Challenge (2009)
ZIEGLER CLEAN	70	M	110	95	Murdock, Mike	10/29/2010	2010 JWC Record Breakers
ZIEGLER CLEAN	70	M	115	93	Ross, Dean	8/22/2015	PRESIDENTIAL CUP (2015)
ZIEGLER CLEAN	75	M	90	65	Somfay, Joe	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	ALL	M	35	15	Wenzel, Logan	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	ALL	M	55	15	Todd, Everett	12/7/2024	RD - Lift for Leroy VI (2024)
ZIEGLER CLEAN	ALL	M	70	75	Wenzel, Riley	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	ALL	M	75	55	Marchand, Wade	12/31/2023	2023 New Years Eve Record Breaker
ZIEGLER CLEAN	ALL	M	80	90	Luther, Travis	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	ALL	M	85	95	Traxler, Jacob	3/16/2024	RD - Iron Palaces strongest man
ZIEGLER CLEAN	ALL	M	90	128	Jones, Dan	12/31/2023	2023 New Years Eve Record Breaker
ZIEGLER CLEAN	ALL	M	100	150	Hose, Tony	6/28/2025	2016 Clark's Double Decathlon
ZIEGLER CLEAN	ALL	M	105	200	Ullom, Chad	1/17/2009	Dino Gym Challenge (2009)
ZIEGLER CLEAN	ALL	M	110	135	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
ZIEGLER CLEAN	ALL	M	115	100	Myers, Al	1/17/2009	Dino Gym Challenge (2009)
ZIEGLER CLEAN	ALL	M	120	182	Ullom, Chad	2/9/2014	RD - Dino Gym '14
ZIEGLER CLEAN	ALL	M	125	65	Law, Jeremy	6/28/2025	Light Weight Decathlon Challenge, Columbia, MO
ZIEGLER CLEAN	ALL	M	125+	75	O'Brien, John	10/29/2010	2010 JWC Record Breakers