

2026 USAWA NATIONAL CHAMPIONSHIPS

(USAWA Membership Required of all Contestants)

- MEET DIRECTOR:** Bill Clark
- DATE:** June 26-28, 2026
- LOCATION:** OUR LADY OF LOURDES INTERPARISH SCHOOL GYMNASIUM, COLUMBIA, MO 65202
- WEIGH-INS:** (June 27-28) - 8:00-9:00
- RULES MEETING:** (Both days) - 9:30
- LIFTING BEGINS:** (Both days) – 10 a.m.
- EVENTS: FIRST DAY:** Deadlift No Thumbs, Clean and Press, Heels Together, Lateral Raise Lying, Jefferson Lift.
- SECOND DAY:** Record Day – at Clark’s Gym
- Fourth attempts for record will be allowed on June 27.**
- ENTRY FEE:** \$40 (Includes record day on site and remote.) Please pay by check – payable to Clark’s Gym.
- RECORD DAY:** Will be allowed either day at remote sites with proper officials. Remote results must be received by 10 p.m., Tuesday, June 30.

Entries Deadline - 5:00 PM, June 16th, 2026.

Address: Bill Clark
3906 Grace Ellen Drive
Columbia, Mo. 65202-1739

Email: yeoldclark@gmail.com

Phone: 573-474-4510

ENTRY FORM

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the USAWA National Championship, Bill Clark, Eric Todd, USAWA, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the 2026 USAWA National championship and its related events, I hereby grant USAWA., and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to USAWA, and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that **USAWA** and/or any other approved video or

entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to **USAWA** and/or any other approved video or entertainment organization hereunder. Therefore, I affix my signature below:

NAME: _____ **AGE:** _____ **Weight:** _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

PHONE: _____ **DATE OF BIRTH:** _____

Email _____ **#**

DINNER RESERVATIONS: (\$30 for those age 12 and over)

Number: _____.

SIGNATURE: _____

(PARENT OR GUARDIAN SIGNATURE REQUIRED IF CONTESTANT IS UNDER 18 YEARS OF AGE)

ANNUAL MEMBERSHIP/EXECUTIVE BOARD JOINT MEETING

D. ROWE'S RESTAURANT AND BAR

1005 Club Village Drive

(The same place used in both 2023-24 for annual meetings.)

Doors open at 4 p.m. and seating is limited to 50. A buffet dinner with pulled pork, etc., will open the evening at 5 p.m.

The cost of the buffet is \$30. The bar is not included.

You may pay both meet entry fee and annual meeting dinner with one check.

You must be registered to attend the annual meeting and can do so by using the meet registration form above.