

## 2026 Club Championship and Record Day

Clark's Gym, Columbia, MO

28 February – 1 March 2026

### Club Results

Team	Lifters	Total 1	Total 2	Total 3	Team Total
<b>Men</b>					
<b>Clark's Gym 1</b>	Smith/Luther/Marlin	1003.76	880.18	877.06	2761.00
<b>Clark's Gym 2</b>	Ortega/Wenzel/Wenzel	865.04	847.68	794.25	2506.97
<b>Habecker's Gym</b>	Bryan/Pruznick/ Habecker	859.73	790.42	658.00	2308.15
<b>Clark's Gym 3</b>	Carter/Lupo/Wenzel	766.69	579.92	411.22	1757.83
<b>Mixed</b>					
<b>Per Aspera Strength</b>	Wiebe/Mykel/Tseng	997.90	819.90	713.60	2531.40
<b>High Country Vigour</b>	Gupta/Williams/VanWagner	700.46	650.49	470.07	1821.02
<b>Habecker's Gym</b>	Skwarecki/Locondro/Licini	642.72	548.28	493.21	1684.21
<b>Women</b>					
<b>Clark's Gym</b>	Thompson /Lupo/ Wenzel	397.66	339.29	177.84	914.80

#### Referees:

**High Country Vigour:** Sanjiv Gupta, Jarrod Fobes

**Clark's Gym:** Bill Clark, Allison Lupo, Tony Lupo, Abe Smith, John Carter, Jeff Wenzel

**Habecker's Gym:** Denny Habecker, Beth Skwarecki, Barry Bryan

## Individual Results

\*USAWA age / weight record, \*\*USAWA ALL weight record, t = tied record

Name	Age / Class	Weight (lb)	Weight (kg)	Lynch	Age Concern	Snatch - One Hand
<b>Women</b>						
Esmie Tseng	37	140	63.6	1.1150	1.00	60**
Beth Skwarecki	45	144	65.5	1.0925	1.06	50*
Kim VanWagner	58	127.3	57.9	1.1934	1.19	27*
Janet Thompson	68	164	74.5	1.0042	1.32	25*
Allison Lupo	59	198	90.0	0.8976	1.20	30*
Dylan Wenzel	6	50	22.7	2.8450	1.33	7**
<b>Men</b>						
Abe Smith	44	176.5	80.2	0.9598	1.05	120* L
Kyle Wiebe	28	227	103.2	0.8831	1.00	115
Travis Luther	33	173	78.6	0.9715	1.00	90
Philip Marlin	30	273	124.1	0.7587	1.00	130*
Toby Ortega	45	157	71.4	1.0317	1.06	90* L
Barry Bryan	68	175	79.5	0.9649	1.32	68*
Jeff Wenzel	50	231	105.0	0.8256	1.11	100
Andrew Mykel	37	234	106.4	0.8199	1.00	100
Riley Wenzel	21	151	68.6	1.0590	1.00	65
Miles Pruznick	33	205	93.2	0.8802	1.00	91
John Carter	67	197	89.5	0.9004	1.30	60
Sanjiv Gupta	54	205	93.2	0.8802	1.15	72* L
Denny Habecker	83	182	82.7	0.9424	1.62	35*
Josh Williams	34	186	84.5	0.9306	1.00	72 L
Tony Lupo	59	243	110.5	0.8041	1.20	80 L
Mike Locondro	63	217	98.6	0.8536	1.24	50
Jerome Licini	67	236.3	107.4	0.8159	1.30	40
Logan Wenzel	11	80	36.4	1.8404	1.33	18**

Name	Zercher	Turkish Get-up	Deadlift - Ciavattone	total (lb)	Points (lb)	Rank
Esmie Tseng	250**	55**	275**	640	713.60	1
Beth Skwarecki	198*	65*	242**	555	642.72	2
Kim VanWagner	85	44*	175*	331	470.07	3
Janet Thompson	100*	10**	165*	300	397.66	4
Allison Lupo	95t	5t	185*	315	339.29	5
Dylan Wenzel	10**	5**	25**	47	177.84	6
Abe Smith	340	131**	405	996	1003.76	1
Kyle Wiebe	405	110**	500**	1130	997.90	2
Travis Luther	340	91	385	906	880.18	3
Philip Marlin	455**	136**	435	1156	877.06	4
Toby Ortega	275	91**	335*	791	865.04	5
Barry Bryan	242	35*	330*	675	859.73	6
Jeff Wenzel	340	100*	385	925	847.69	7
Andrew Mykel	405	90	405	1000	819.90	8
Riley Wenzel	300	65	320	750	794.25	9
Miles Pruznick	330	102**	375	898	790.42	10
John Carter	250	10*	335*	655	766.69	11
Sanjiv Gupta	245	50	325*	692	700.46	12
Denny Habecker	154	0	242	431	658.00	13
Josh Williams	225	72	330	699	650.49	14
Tony Lupo	170	31	320	601	579.92	15
Mike Locondro	176	0	292	518	548.28	16
Jerome Licini	135	0	290*	465	493.21	17
Logan Wenzel	55	10**	85	168	411.22	18

### Individual Lifters (Women)

Dylan Wenzel	1 <sup>st</sup> 13 y	1 <sup>st</sup> 25 kg
Esmie Tseng	1 <sup>st</sup> ALL	1 <sup>st</sup> 65 kg
Beth Skwarecki	1 <sup>st</sup> 45 y	1 <sup>st</sup> 70 kg
Kim VanWagner	1 <sup>st</sup> 55 y	1 <sup>st</sup> 60 kg
Allison Lupo	2 <sup>nd</sup> 55 y	1 <sup>st</sup> 90 kg
Janet Thompson	1 <sup>st</sup> 65 y	1 <sup>st</sup> 75 kg

### **Individual Lifters (Men)**

Logan Wenzel	1 <sup>st</sup> 13 y	1 <sup>st</sup> 40 kg
Kyle Wiebe	1 <sup>st</sup> ALL	1 <sup>st</sup> 105 kg
Travis Luther	2 <sup>nd</sup> ALL	1 <sup>st</sup> 80 kg
Philip Marlin	3 <sup>rd</sup> ALL	1 <sup>st</sup> 125 kg
Andrew Mykel	4 <sup>th</sup> ALL	1 <sup>st</sup> 110 kg
Riley Wenzel	5 <sup>th</sup> ALL	1 <sup>st</sup> 70 kg
Miles Pruznick	6 <sup>th</sup> ALL	1 <sup>st</sup> 95 kg
Josh Williams	7 <sup>th</sup> ALL	3 <sup>rd</sup> 85 kg
Abe Smith	1 <sup>st</sup> 40 y	1 <sup>st</sup> 85 kg
Toby Ortega	1 <sup>st</sup> 45 y	1 <sup>st</sup> 75 kg
Jeff Wenzel	1 <sup>st</sup> 50 y	2 <sup>nd</sup> 105 kg
Sanjiv Gupta	2 <sup>nd</sup> 50 y	2 <sup>nd</sup> 95 kg
Tony Lupo	1 <sup>st</sup> 55 y	1 <sup>st</sup> 115 kg
Mike Locondro	1 <sup>st</sup> 60 y	1 <sup>st</sup> 100 kg
Barry Bryan	1 <sup>st</sup> 65 y	2 <sup>nd</sup> 80 kg
John Carter	2 <sup>nd</sup> 65 y	1 <sup>st</sup> 90 kg
Jerome Licni	3 <sup>rd</sup> 65 y	2 <sup>nd</sup> 110 kg
Denny Habecker	1 <sup>st</sup> 80 y	2 <sup>nd</sup> 85 kg

### **Record Day – Clark’s Gym**

**TOBY ORTEGA. AGE – 45. BWT – 75 kg.**

Dumbbell Bent press – left - 75.

Dumbbell Bent press - right - 75.

Dumbbell side press – left – 55.

Dumbbell side press – right - 55.

Self-loaded leg press – 105.

**PHIL MARLIN. AGE – 30. BWT – 125 kg.**

Back extension – 235.

Carter lift – 1010.

Roman chair abdominal raise – 45.

Snatch – Fulton bar – 145.

Clean and press – reverse grip – 165.

**ABE SMITH. AGE – 44. BWT – 85 kg,**

Jefferson lift – Fulton bar – 435.

Anderson Press – 260.

Clean and press behind neck – 185.

Clean and press – alternate grip – 200.

Snatch on knees – 127.

**JEFF WENZEL. AGE - 50. BWT – 105 kg.**

Roman chair abdominal raise – 45.

Snatch – Fulton Bar – 145.

Snatch on knees – 127.

Cean and press on knees - 167.

Jackson press – 185.

**TRAVIS LUTHER. AGE – 33. BWT – 80 kg.**

Pull-up – 30.

Back extension - 235.

Push press from rack – 135.

Hack lift – Fulton bar – 395.

Jefferson – Fulton bar – 425.

**LOGAN WENZEL. AGE 11. BWT – 40 kg**

Kennedy Lift – 200.

**ESMIE TSENG AGE – 37. BWT - 65 kg.**

Pull-up – 80.

**KYLE WIEBE AGE – 28. BWT - 105 kg.**

Hack lift – Fulton bar – 435.

**TONY LUPO AGE – 59 BWT - 115 kg**

Pinch Grip Deadlift 350 lbs

Good Morning Lift 140 lbs

Bench Press, Hands Together 190 lb

Clean and Press 2 DB 100 lbs

Bench Press, 2 DB 100 lbs

### **Record Day – Habecker’s Gym**

**MILES PRUZNICK AGE – 33 90 kg**

Mansfield Lift 264 lbs

**BETH SKWARECKI Age - 45 70 kg**

Pull-up 34 lbs

**JEROME LICINI Age 67 110 kg**

Deadlift, Fulton, Ciavattone 225 lbs

Continental to Belt: 165 lbs

Continental to Chest, Fulton: 100 lbs

## **Record Day – High Country Vigour**

**KIM VAN WAGNER**    **Age: 58**        **60 kg**

Turkish Get-up        53 lb