

2026 Ed Zercher Strength Classic

Clark's Gym, Columbia, MO

24 – 25 January 2026 (Extended Due to Snow)

*USAWA Age and Weight Record ** ALL Record t = tied their own or previous record

Name	Age / Class	Weight (lb)	Weight (kg)	Lynch	Age Concern	Deadlift Heels Together
Janet Thompson	68	162.0	73.6	1.0128	1.32	155*
Allison Lupo	59	196.0	89.1	0.9027	1.20	185**
Jeff Wenzel	50	230.5	104.8	0.8264	1.11	385
Travis Luther	33	175	79.5	0.9649	1.00	350
John Carter	67	197	89.5	0.9004	1.30	315
Tony Lupo	59	243.5	110.7	0.8033	1.2	365*

Name	Hack Lift	Steinborn	Leg Press	DL One Hand	DL One Hand No Thumb	Hip Lift
Janet Thompson	135*	45*	200	115*	95Rt	450
Allison Lupo	120	35*	250	120	95R**	450*
Jeff Wenzel	350	225	605	335	195	1350
Travis Luther	405	135	500	215	145	1600
John Carter	275	0	300	255	145	1600*
Tony Lupo	150	120	450	247	130	1203

Name	Harness Lift	Hand and Thigh	Neck Lift	Bench Press Feet in Air	Zercher
Janet Thompson	705*	250	155	65	65t
Allison Lupo	605**	235	140*	65	65
Jeff Wenzel	2000	1025	335	335*	300
Travis Luther	2000	735	185	215	300
John Carter	1717	0	0	135	225
Tony Lupo	1417	566	185	240*	135

Name	total (lb)	Points (lb)	Rank
Janet Thompson	2435	3255.34	1
Allison Lupo	2365	2561.86	2
Jeff Wenzel	7440	6824.74	1
Travis Luther	6785	6546.85	2
John Carter	4967	5813.97	3
Tony Lupo	5208	5015.93	4

Referees

Clark's Gym: Bill Clark, Jeff Wenzel, Tony Lupo, Allison Lupo, David DeForest, John Carter

Record Day – Clark's Gym

David DeForest – Age 65 – Wgt 85 kg

Side Press, Dumbbell, Left	50 lb
Side Press, Dumbbell, Right	55 lb
Jerk, From Rack	110 lb
3" Bar Deadlift	260 lb
Jefferson, Little Fingers	90 lb

Tony Lupo – Age 59 – Wgt 115

Side Press, Bar, Left	80 lb
Side Press, Dumb Bell, Right	67 lb
Jerk From Rack, Behind Neck	100 lb
Clean and Seated Press	120 lb
Squat, 12 inch Base	250 lb

Jeff Wenzel – Age 50 – Wgt – 105 kg

Squat 12" Base	315 lb
Clean and Seated Press, 2 DB	150 lb
Clean and Press, Fulton Bar	125 lb
Clean and Jerk, Fulton Bar	145 lb
Clean and Push Press, Fulton Bar	165 lb

Riley Wenzel – Age 21 – Wgt - 70 kg

Cheat Curl, Reverse Grip	130 lb
Bench Press, 2 DB	180 lb
Bench Press, Fulton Bar	200 lb
Jefferson, Index Fingers	120 lb
Jefferson, Middle Fingers	135 lb