

2026 USAWA Heavy Lift CHAMPIONSHIPS

(USAWA Membership Required of all lifters)

PROMTER: JESSICA HOPPS, FRANK'S BARBELL CLUB

DATE: MAY 2, 2026

TIME: 10:30AM

NORTHEAST LOATION: 204 East Street, East Walpole, MA 02032, FRANK'S BARBELL CLUB

MIDWEST LOCATION: 10978 SW Pueblo Dr, Turney, MO, KCSTRONGMAN

WESTERN LOCATION: Lakewood CO, High Country Vigor

WEIGH-INS: 9:00AM

RULES: 10:00AM

THE LIFTS: NECK LIFT, HAND AND THIGH LIFT, HIP LIFT

COST: \$35.00, can be paid to Jessica Hopps. Please email jessicahopps1@gmail.com for payment details (check, PayPal or Venmo)

ENTRIES DUE BY: APRIL 18, 2026

EMAIL: jessicahopps1@gmail.com

ENTRY FORM

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the USAWA Heavy Lift Championship, its promoters any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the 2026 USAWA Heavy Lift Championship and its related events, I hereby grant USAWA., and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to USAWA, and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that USAWA. and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to USAWA. and/or any other approved video or entertainment organization hereunder. Therefore, I affix my signature below:

NAME: _____ **AGE:** _____ **WEIGHT:** _____

LOCATION I WILL BE COMPETING IN (CIRCLE ONE): **NORTHEAST** **MIDWEST** **WESTERN**

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____ **DATE OF BIRTH:** _____

EMAIL: _____

SIGNATURE: _____

PARENT OF GUARDIAN SIGNATURE REQUIRED IF LIFTER IS UNDER 18 YEARS OF AGE