

2025 Steve Schmidt Backbreaker Pentathlon

Clark's Gym, Columbia, MO

6 – 7 December 2025

*USAWA Age and Weight Record ** ALL Record

Name	Age	Weight (lb)	Weight (kg)	Lynch	Age Concern	Back Lift (lb)
Lisa Gore	60	225	102.3	0.837	1.21	1006**
Janet Thompson	68	164	74.5	1.0042	1.32	400
Allison Lupo	59	196.2	89.2	0.9027	1.2	700*
Nils Larsen	66	238	108.2	0.8128	1.28	1800*
Dan Jones	41	181	82.3	0.9451	1.02	1800*
Frank Ciavattone	70	272	123.6	0.7602	1.36	1500*
Jeff Wenzel	50	225	102.3	0.837	1.11	1855
David DeForest	65	188	85.5	0.9249	1.26	1100
Tony Lupo	59	244	110.9	0.8026	1.2	1310*
Wade Marchand	56	164	74.5	1.0042	1.17	1020*
Sanjiv Gupta	54	206.4	93.8	0.8771	1.15	0

	Hip Lift (lb)	Harness Lift (lb)	Hand & Thigh (lb)	Neck Lift (lb)	total (lb)	Points (lb)	Rank
Lisa Gore	460**	600**	360**	170**	2596	2629.2	1
Janet Thompson	455	640*	300	175*	1970	2611.3	2
Allison Lupo	435*	600**	310	135*	2180	2361.5	3
Nils Larson	1614*	1800*	720	610*	6544	6808.3	1
Dan Jones	1800*	1800	1050	310	6760	6516.7	2
Frank Ciavattone	1500*	1500*	710	380*	5590	5779.3	3
Jeff Wenzel	1265	1645	1015	335	6115	5681.3	4
Dave DeForest	1165	1165	710*	380*	4520	5267.5	5
Tony Lupo	1215	1505*	560	210	4800	4623.0	6
Wade Marchand	1040	1020*	580*	0	3660	4300.2	7
Sanjiv Gupta	570	570	460	190	1790	1805.5	8

Referees: Clark's Bill Clark, Jeff Wenzel, Allison Lupo, Tony Lupo

High Country Vigour: Nisha Gupta

Frank's Gym: Frank Ciavattone, Nils Larson, Wade Marchand, Dan Jones (in training)

Record Day - Clark's Gym

Riley Wenzel Age 21 Wt 70 kg

Pullover and Press Wrestler's Bridge:	50 lb
Vertical Bar 1 in Left:	157 lb
Vertical Bar 1 in Right:	157 lb
Reflex Clean and Jerk:	140 lb
Snatch 2 DB:	80 lb

Logan Wenzel Age 10 Wt. 35 kg

Vertical Bar 1 in Left:	77 lb
Vertical Bar 1 in Right:	89 lb
Snatch 2 DB:	20 lb
Snatch DB Left:	10 lb
Snatch (Bar) from the Hang:-	25 lb

Jeff Wenzel Age 50 Wt. 105 kg

Snatch 2 DB:	110 lb
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David DeForest Age 65 Wt. 90 kg

Deanna Lift:	375 lb
Cheat Curl, DB Left:	65 lb
Cheat Curl, DB Right:	65 lb
Curl, Bar, Strict:	80 lb
Deadlift, Index Finger:	130 lb

Tony Lupo Age 59 Wt. 115 kg

Clean and Press, Fulton:	125 lb
Clean and Jerk, Fulton:	130 lb
Clean and Press, 12-inch base:	142 lb
Piper Squat:	150 lb
Cyr Press:	102 lb

Record Day - High Country Vigour

Sanjiv Gupta Age 54 Wt. 95 kg

Deadlift, No Thumbs:	300 lb
Deadlift, No Thumbs, Overhand Grip:	300 lb
Lateral Raise, Standing:	40 lb
Pinch Grip, Strict, Left:	41 lb
Pinch Grip, Strict, Right:	41 lb

Record Day Frank's Gym

Dan Jones Age 41 Wt. 85 Kg

Hacklift ring fingers:	97lbs/44k
Straddle lift little fingers:	77lbs/34.9k
Straddle index fingers:	158lbs/71.7k
Straddle ring fingers:	158lbs/71.7k
Straddle middle fingers:	215lbs/97.5k

Wade Marchand Age 56 Wt. 75 Kg

Clean and Press heels together:	112lbs/50.9k
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Deanna Lift: 230 lbs/104.5k

Jackson Press: 140lbs/63.6k

Vertical Bar Deadlift 1" Left: 130lbs/59k

Vertical Bar Deadlift 1"Right: 143lbs/65k

Nils Larson Age 66 Wt. 110 Kg

Cheat Curl: 145lbs/65.9k

Deadlift No Thumbs: 250lbs/113.6k

Strict Curl: 111lbs/50.4k

Reverse Cheat Curl: 120lbs/54.5k

One Hand Ciavattone Deadlift- Right Hand: 165lbs/75k

Frank Ciavattone Age 70 125 Kg

Cheat Curl: 100lbs/45.4k

Revere Curl: 90lbs/40.9k

Strict Curl: 90lbs/40.9k

One Hand Ciavattone Deadlift- Left Hand: 200lbs/90.9k

One Hand Ciavattone Deadlift- Right Hand: 200lbs/90.9k