



Old Time Strongman - 13 December 2025 - World Postal Championship

Scored using Total, Age & Sex%, Lynch								
Hackenschmidt Floor Press			Peoples Deadlift			Dumbbell to Shoulder		

Name	Country	Sex	Age & Sex %	Age Group	Weight Class	Max	4th	Amend	Max	4th	Amend	Max	4th	Amend	Amend	Total	Lynch	Amended
Chloe Brennan	ENG	F	33	Open	80KG	120		120.00	260		260.00	90		90.00	0.00	470.00	0.9807	613.03
Mark Haydock	ENG	M	11	50+	110KG	155		155.00	410	425	410.00	92.5		92.50	0.00	657.50	0.8128	593.19
David Reeve	AUS	M	56	80+	75KG	90		90.00	202		202.00	57.5		57.50	0.00	349.50	1.0154	553.62
Olivia Clarksmith	ENG	F	33	Open	80KG	100		100.00	190		190.00	75		75.00	0.00	365.00	0.9934	482.25
Joshua Davidson	ENG	M	0	Open	95KG	160		160.00	280		280.00	100		100.00	0.00	540.00	0.8746	472.26
Barry Bryan	USA	M	30	65+	80KG	115		115.00	170		170.00	56.7		56.70	0.00	341.70	0.9730	432.23
Emily Haydock	ENG	F	66	13 & Under	60KG	55		55.00	120	125	120.00	32.5	35	32.50	0.00	207.50	1.2378	426.35
Jamie Oates	ENG	M	1	40+	110KG	125		125.00	280	290	280.00	110		110.00	0.00	515.00	0.8116	422.17
Paul Hallam	ENG	M	7	45+	100KG	125	132.5	125.00	230	240	230.00	105		105.00	0.00	460.00	0.8531	419.90
Matt Jones	ENG	M	0	Open	115KG	125		125.00	240	260	240.00	140		140.00	0.00	505.00	0.7985	403.26
Steve Sherwood	ENG	M	44	70+	80KG	60		60.00	160	180	160.00	60		60.00	0.00	280.00	0.9846	396.99
Claire Vize Cowper	ENG	F	40	45+	100KG	75		75.00	175		175.00	65		65.00	0.00	315.00	0.8564	377.67
Paul Barette	ENG	M	10	45+	75KG	90		90.00	190	200	190.00	55		55.00	0.00	335.00	1.0017	369.12
Denny Habecker	USA	M	62	80+	85KG	72		72.00	130		130.00	36.7		36.70	0.00	238.70	0.9472	366.26
Charlie Carrabott	AUS	M	38	70+	95KG	70		70.00	182		182.00	42.5		42.50	0.00	294.50	0.8931	362.97
Barry Pensyl	USA	M	50	75+	60KG	52.5		52.50	115		115.00	31.7		31.70	0.00	199.20	1.2060	360.34
Gary Ell	ENG	M	15	50+	95KG	92.5		92.50	190	200	190.00	65		65.00	0.00	347.50	0.8948	357.58
Peter Phillips	AUS	M	40	70+	100KG	100		100.00	152		152.00	42.5		42.50	0.00	294.50	0.8626	355.66
Hamish Dobie	AUS	M	38	70+	80KG	72.5		72.50	147		147.00	42.5		42.50	0.00	262.00	0.9823	355.14
Kim Van Wagner	USA	F	52	55+	60KG	56.8		56.80	95.5		95.50	37.3		37.30	0.00	189.60	1.1842	341.28
Sanjiv Gupta	USA	M	15	50+	95KG	90.9		90.90	184		184.00	60		60.00	0.00	334.90	0.8839	340.43
Leo Moss	ENG	M	25	13 & Under	55KG	57.5	62.5	57.50	95		95.00	45		45.00	0.00	197.50	1.3025	321.55
Mike Locondro	USA	M	24	60+	100KG	65		65.00	175		175.00	56.7		56.70	0.00	296.70	0.8569	315.25
Tom Davies	AUS	M	60	80+	80KG	55		55.00	112		112.00	30		30.00	0.00	197.00	0.9910	312.36
Owen Webb	AUS	M	46	75+	70KG	60		60.00	102		102.00	35		35.00	0.00	197.00	1.0490	301.71
Melanie Deighton	AUS	F	47	50+	95KG	65		65.00	120		120.00	42.5		42.50	0.00	227.50	0.8715	291.45
Kayleigh Lamb	ENG	F	33	Open	115KG	65		65.00	160		160.00	50		50.00	0.00	275.00	0.7914	289.46
Carseem Vlam	AUS	M	7	45+	110KG	90		90.00	162		162.00	62.5		62.50	0.00	314.50	0.8136	273.78
Nisha Gupta	USA	F	43	16-17	40KG	29.5		29.50	52.3		52.30	22.7		22.70	0.00	104.50	1.7323	258.87
Julia Phillips	AUS	F	73	70+	70KG	40		40.00	70		70.00	27.5		27.50	0.00	137.50	1.0880	258.80
Jarrold Fobes	USA	M	9	45+	100KG	147.7		147.70	0		0.00	0		0.00	0.00	147.70	0.8513	137.05