



## Old Time Strongman - 13 December 2025 - World Postal Championship

Scored using Total, Age & Sex%, Lynch

Hackenschmidt Floor Press

Peoples Deadlift

Dumbbell to Shoulder

Name	Country	Sex	Age & Sex %	Age Group	Weight Class	Max	4th	Amend	Max	4th	Amend	Max	4th	Amend	Amend	Total	Lynch	Amended
Dolores McGuckin (Guest Lifter)	NI	F	45	50+	90KG	60		60.00	210		210.00	81.5		81.50	0.00	351.50	0.9085	463.03
Stanley Hamilton (Guest Lifter)	NI	M	8	45+	90KG	100		100.00	255		255.00	104		104.00	0.00	459.00	0.9044	448.33
Samuel Arbuthnot (Guest Lifter)	NI	M	13	50+	95KG	90		90.00	230		230.00	94		94.00	0.00	414.00	0.8937	418.08
Martin Gallagher (Guest Lifter)	NI	M	9	45+	105KG	90		90.00	230		230.00	94		94.00	0.00	414.00	0.8352	376.91
Sam McMullan (Guest Lifter)	NI	M	0	Open	90KG	110		110.00	210		210.00	81.5		81.50	0.00	401.50	0.9085	364.76
Ruby Hamilton (Guest Lifter)	NI	F	66	13 & Under	55KG	35		35.00	90		90.00	30		30.00	0.00	155.00	1.3238	340.60
Ruby Meakin (Guest Lifter)	NI	F	66	13 & Under	35KG	22		22.00	60		60.00	15		15.00	0.00	97.00	2.0491	329.94
Cai Arbuthnot (Guest Lifter)	NI	M	25	13 & Under	65KG	50		50.00	132.5		132.50	50		50.00	0.00	232.50	1.1274	327.66
Grace Hamilton (Guest Lifter)	NI	F	58	13 & Under	60KG	43		43.00	80		80.00	36		36.00	0.00	159.00	1.1768	295.62
Lois McNally (Guest Lifter)	NI	F	33	Open	115KG	55		55.00	150		150.00	60		60.00	0.00	265.00	0.8000	281.96
Jude Meakin (Guest Lifter)	NI	F	38	40+	110KG	50		50.00	115		115.00	40		40.00	0.00	205.00	0.8167	231.05