

**The 2<sup>nd</sup> Annual Two – Fisted Challenge Meet and Record Day**

**September 27 – 28 2025**

**Clarks' Gym – Columbia, MO USA**

Name	Age / Class	Weight (lb)	Weight (kg)	Lynch	Age Concern	Finger Thumb L (lb)	Finger Thumb R (lb)
Janet Thompson	68	164	74.5	1.0042	1.32	31**	31**
Lisa Gore	60	226	102.7	0.8352	1.21	31**	41**
Mary McConnaughey	65	301	136.5	0.721	1.26	31	31
Allison Lupo	59	195	88.6	0.9056	1.20	26**	31
Jeff Wenzel	50	225	102.3	0.837	1.11	56	61
Abe Smith	44	182	82.7	0.9424	1.05	71**	71**
Riley Wenzel	20	150	68.2	1.0632	1.00	41**	41**
Tony Lupo	59	238	108.2	0.8128	1.20	56*	51
Logan Wenzel	10	75	34.1	1.9897	1.33	19**	19**
Jarrold Fobes	48	218.6	99.4	0.8499	1.09	67**	67**
Jerome Licini	67	234.3	105.5	0.8195	1.30	46	47
Sanjiv Gupta	54	209.6	95.3	0.8695	1.15	30*	30*
Elijah Conley	18	154.2	70.1	1.0441	1.03	30*	30*

Name	Finger Index L (lb)	Finger Index R (lb)	Finger Middle L (lb)	Finger Middle R (lb)	Finger Ring L (lb)	Finger Ring R (lb)
Janet Thompson	56**	56**	66**	66**	56**	56
Lisa Gore	66*	71*	81**	86*	71**	71
Mary McConnaughey	76	76	116	116	76	76
Allison Lupo	61*	61*	61*	76*	41*	46
Jeff Wenzel	131**	131**	141**	156**	111	136
Abe Smith	116*	116*	166*	166*	121	121*
Riley Wenzel	106**	86**	91**	106**	86	86**
Tony Lupo	111*	101*	116*	101	86	106*
Logan Wenzel	21**	41*	41**	46**	36**	41**
Jarrold Fobes	125**	115**	150**	150**	125**	125**
Jerome Licini	51	58	54	58	34	38
Sanjiv Gupta	55*	55*	65*	65*	40*	40
Elijah Conley				55*		

Name	Finger Little L (lb)	Finger Little R (lb)	Deadlift, Little (lb)	Deadlift, Ring (lb)	Deadlift, Middle (lb)	Deadlift Index (lb)
Janet Thompson	46**	46**	75*	75*	75*	75*
Lisa Gore	51*	66**	50**	100*	150**	100*
Mary McConnaughey	56	56	65	115	135	115
Allison Lupo	31*	41*	40**	50**	100**	85*
Jeff Wenzel	86*	97**	150*	247**	230	200
Abe Smith	81**	81**	85*	100*	175	100
Riley Wenzel	71**	86**	105	160**	150	150**
Tony Lupo	61	71	60	132*	180	170
Logan Wenzel	36*	36**	35**	40**	60**	45**
Jarrold Fobes	67	67		85*	115	95*
Jerome Licini	30	31	50	65	90	95
Sanjiv Gupta	30*	30	45*	55*	85*	75*
Elijah Conley			20*			

Name	total (lb)	Points (lb)	Rank
Janet Thompson	810	1073.69	1
Lisa Gore	1035	1045.96	2
Mary McConnaughey	1140	1040.10	3
Allison Lupo	750	815.04	4
Jeff Wenzel	1933	1795.89	1
Abe Smith	1570	1553.55	2
Riley Wenzel	1365	1451.27	3
Tony Lupo	1402	1367.45	4
Logan Wenzel	516	1365.49	5
Jarrold Fobes	1353	1253.41	6
Jerome Licini	747	795.82	7
Sanjiv Gupta	700	699.95	8
Elijah Conley	135	145.18	9

\*USAWA Age / Weight Record

\*\*USAWA ALL

**Referees:**

**Clark's Gym:** Bill Clark, Allison Lupo, Tony Lupo, Abe Smith, Jeff Wenzel

**High Country Vigour:** Jarrod Fobes, Sanjiv Gupta

**Record Day Lifts:**

**Clark's Gym**

**Allison Lupo - Age 59, Wgt 90 kg**

Curl, Cheat L 25 lb

Deadlift, One Hand L 110 lb

**Lisa Gore - Age 60, Wgt 105 kg**

Curl, Cheat L 35 lb

Deadlift, One Hand L 172 lb

Back Extension 100 lb

**Tony Lupo – Age 59, Wght 110 kg**

Back Extension 100 lb

Curl, Cheat R 50 lb

Miller Clean and Jerk 85 lb

**Jeff Wenzel, Age 50, Wgt 105 kg**

Squat Lunge 235 lb

French Press 105 lb

Strict Curl 135 lb

Chin up 30 lb

Pull-up 30 lb

## High Country Vigour

### Sanjiv Gupta – Age 54, Wgt 100 kg

Bear Hug 128 lb

Squat, 12" Base 235 lb

Clean and Press Middle Fingers 75 lb

Miller Clean and Jerk 75 lb