

2025 IAWA World Postal Championship "The Andy Goddard Memorial" August 31st 2025

Lifts: One Hand Clean & Jerk, Clean & Puch Press, Pullover & Press, Straddle (Jefferson) Deadlift

Results Compiled and Report by Paul Barette

This year we had 43 lifters compete from England, United States, Australia and Canada. This World Postal Championships is one of three (with the World Championships and the Gold Cup being the other two) promoted by the International All-Round Weightlifting Association. I would personally like to thank everyone that participated and supported the memorial event in memory of our IAWA friend, Andy Goddard. As has been the tradition for the past few years, day one lifts of the forthcoming World Championships were contested.

Listed below is the main scoresheet (in results received order), individual rankings, 3 person team rankings and club rankings.

The Overall Best Lifter was Chloe Brennan (Eng), followed by Josh Davidson (Eng) and David Reeve (Aus).
 The Overall Best 3-Person Team Went to Steve Gardner's Powerhouse Team - Chloe Brennan, Josh Davidson & Matt Jones
 The Overall Best Club went to Powerhouse Team with 9 Lifters.
 The Overall Best Association went to IAWA(UK), with USAWA second and AWFA third.

The youngest lifters was Logan Wenzel at 10 years old. The oldest lifter was David Reeve at 79 years old.

The highest total weight lifted was by Josh Davidson with 492.5kg!

If anyone notices any errors or omissions, please let me know so corrections can be made.
 Thank you once again for supporting this great event!



World Postal - The Andy Goddard Memorial - 31 August 2025 -

Scored using Total, Age & Sex%, Lynch			
One Hand Clean and Jerk	Clean and Push Press	Pullover and Press on Floor	Straddle Deadlift (Jefferson)

Name	Club/Team	Organisation	Officials	Sex	Age & Sex %	Age Group	Weight Class	Max	Max	Max	Max	Total	Lynch	Amended
Sam Bonar	MetamorFIT	IAWA(UK)	1	M	0	Open	90KG	55R	87.5	105	180	427.50	0.8976	383.71
Paul Barette	MetamorFIT	IAWA(UK)	1	M	10	45+	80KG	35R	60	72.5	142.5	310.00	0.9934	338.75
Matt Ashdown	MetamorFIT	IAWA(UK)	2	M	0	Open	105KG	45R	80	100	155	380.00	0.8297	315.29
Jay Webb	MetamorFIT	IAWA(UK)	2	M	0	Open	85KG	37.5R	70	80	170	357.50	0.9492	339.35
Trevor Egglestone	MetamorFIT	IAWA(UK)	2	M	44	70+	105KG	20R ^{BR}	50	50 ^{BR}	130 ^{BR}	250.00	0.8431	303.52
Natalie Voce	MetamorFIT	IAWA(UK)	1	F	37	40+	85KG	30R	45	60	87.5	222.50	0.9299	283.47
Sanjiv Gupta	High Country Vigour	USAWA	1	M	15	50+	100KG	34R	61	56.5	147.5	299.00	0.8695	298.98
Julia Phillips	The Shed	AWFA	3	F	40	70+	70KG	12.5R▲	27.5▲	25▲	75▲	140.00	1.0759	210.87
Katja Maennel	The Shed	AWFA	3	F	34	40+	55KG	20R	35	40	90	185.00	1.2784	316.91
Owen Webb	The Shed	AWFA	3	M	46	75+	70KG	15R▲	30	35	80	160.00	1.0480	244.81
David Reeve	The Shed	AWFA	2	M	54	75+	75KG	25R▲	45▲	50	145▲	265.00	1.0154	414.39
Peter Phillips	The Shed	AWFA	2	M	38	70+	95KG	0	0	50	100	150.00	0.8766	181.46
Larry Graham	The Shed	AWFA	3	M	44	70+	110KG	20L	40▲	42.5	0	102.50	0.8067	119.07
Hamish Dobie	The Shed	AWFA	3	M	38	70+	80KG	20R	30	40	100	190.00	0.9761	255.93
Chloe Brennan	Powerhouse	IAWA(UK)	3	F	33	Open	80KG	45R●	75	70●	150●	340.00	0.9854	445.60
Joshua Davidson	Powerhouse	IAWA(UK)	3	M	0	Open	95KG	62.5R	90	120	220	492.50	0.8834	435.07
Matt Jones	Powerhouse	IAWA(UK)	3	M	0	Open	125KG	80R●	100	100	200	480.00	0.7590	364.34
Paul Hallam	Powerhouse	IAWA(UK)	3	M	7	45+	100KG	47.5R	82.5	70	160	360.00	0.8471	326.32
Leo Moss	Powerhouse	IAWA(UK)	3	M	25	13 & Under	55KG	23R▲	35	30▲	85 ^{BR}	173.00	1.3348	288.66
Chris Jones	Powerhouse	IAWA(UK)	3	M	2	40+	110KG	40R	80	60	180	360.00	0.8105	297.61
Steve Moss	Powerhouse	IAWA(UK)	3	M	4	40+	100KG	30R	60	60 ^{BR}	140	290.00	0.8636	260.46
Jamie Oates	Powerhouse	IAWA(UK)	3	M	1	40+	110KG	35L	70	70	120	295.00	0.8116	241.83
Kayleigh Lamb	Powerhouse	IAWA(UK)	3	F	33	Open	115KG	25L●	40	40●	60 ^{BR}	165.00	0.8015	175.88
Frank Ciavattone	Franks Barbell Club	USAWA	3	M	36	70+	125KG	25R▲	43.18▲	61.36▲	136.36▲	265.90	0.7636	276.13
Wade Marchand	Franks Barbell Club	USAWA	3	M	17	55+	75KG	27.7R	55▲	64	121.36	268.06	1.0042	314.95
Dan Jones	Franks Barbell Club	USAWA	3	M	2	40+	80KG	32.27R	71.36	77.7	139.54	320.87	0.9784	320.21
Nils Larson	Franks Barbell Club	USAWA	3	M	28	65+	115KG	27.7R	62.27▲	105.45▲	112.27	307.69	0.7879	310.32
Kim Van Wagner	High Country Vigour	USAWA	2	F	52	55+	60KG	22.22L▲	34.01▲	38.55▲	77.11▲	171.89	1.2001	313.55
Mark Rattenberry	Devonshire Dumplings	IAWA(UK)	1	M	24	60+	65KG	16.2R	37.5	50	147.5	251.20	1.1326	352.78
Andy Price	Devonshire Dumplings	IAWA(UK)	2	M	0	Open	125+KG	35R	65	60	175	335.00	0.7508	251.53
Gary Ell	Devonshire Dumplings	IAWA(UK)	1	M	15	50+	90KG	30L	62.5	80	185	357.50	0.9091	373.74
Allison Lupo	Clark's Gym	USAWA	3	F	53	55+	90KG	11.4R	25▲	27.3▲	75▲	138.70	0.9027	191.56
Lisa Core	Clark's Gym	USAWA	3	F	54	60+	105KG	22.7R▲	34.1▲	45.5▲	106.8▲●	209.10	0.8352	268.96
Janet Thompson	Clark's Gym	USAWA	3	F	63	65+	75KG	13.6L▲	22.7▲	22.7▲	68.2▲	127.20	1.0042	208.21
Jeff Wenzel	Clark's Gym	USAWA	3	M	11	50+	105KG	45.5R	79.5	113.6	170.5	409.10	0.8331	378.31
David DeForest	Clark's Gym	USAWA	3	M	26	65+	85KG	25R	61.4	81.8	136.4	304.60	0.9485	364.04
Riley Wenzel	Clark's Gym	USAWA	3	M	0	Open	70KG	34.1R	61.4	84.1	159.1	338.70	1.0540	356.98
Tony Lupo	Clark's Gym	USAWA	3	M	20	55+	110KG	38.6L▲	64.1▲	77.3	150	330.00	0.8163	323.26
Travis Luther	Clark's Gym	USAWA	3	M	0	Open	80KG	38.6L	70.5	65.9	170.5	345.50	0.9815	339.10
Logan Wenzel	Clark's Gym	USAWA	3	M	33	13 & Under	35KG	6.8R	15.9	13.6	40.9	77.20	2.0263	208.05
Sylvia Stockall	Iron Throne	USAWA	0	F	63	65+	75KG	20R	45	72.5	70.3	207.80	1.0216	346.05
Sarah Susswein	Iron Throne	USAWA	0	F	38	40+	65KG	15R	45	35	55	150.00	1.1287	233.65
Anna Docherty	Iron Throne	USAWA	0	F	37	40+	110KG	25R	55	45	75	200.00	0.8136	222.92

Notes: All weights recorded in kilograms. BWT is Bodyweight in kilograms. R and L designate Right & Left hands. Total is Total Kilograms Lifted. Amended points adjusted for bodyweight, age and sex. One Certified official is required for competition (Canada included but not ranked as no certified officials). Two/Three Certified Officials required for IAWA World Records.

Best Lifter Awards	
13 & Under	Leo Moss
Open (20-39)	Chloe Brennan
40+	Dan Jones
45+	Paul Barette
50+	Jeff Wenzel
55+	Tony Lupo
60+	Mark Rattenberry
65+	David DeForest
70+	Trevor Egglestone
75+	David Reeve

Top 10 Teams (Up to 3 Lifters Per Team)			
1	Powerhouse Team 1	1245.01	Chloe Brennan, Josh Davidson, Matt Jones
2	Clark's Gym Team 1	1099.33	Jeff Wenzel, David DeForest, Riley Wenzel
3	MetamorFIT Team 1	1061.81	Sam Bonar, Jay Webb, Paul Barette
4	The Shed Team 1	987.23	David Reeve, Katja Maennel, Hamish Dobie
5	Devonshire Dumplings	978.06	Gary Ell, Mark Rattenberry, Andy Price
6	Clark's Gym Team 2	946.92	Travis Luther, Tony Lupo, Lisa Core
7	Frank's Barbell Club Team 1	945.48	Dan Jones, Wade Marchand, Nils Larson
8	Powerhouse Team 2	912.59	Paul Hallam, Chris Jones, Leo Moss
9	MetamorFIT Team 2	902.28	Matt Ashdown, Trevor Egglestone, Natalie Voce
10	Powerhouse Team 3	678.16	Steve Moss, Jamie Oates, Kayleigh Lamb

Top 20 Individual Placings	
1	Chloe Brennan
2	Joshua Davidson
3	David Reeve
4	Sam Bonar
5	Jeff Wenzel
6	Gary Ell
7	Matt Jones
8	David DeForest
9	Riley Wenzel
10	Mark Rattenberry
11	Jay Webb
12	Travis Luther
13	Paul Barette
14	Paul Hallam
15	Tony Lupo
16	Dan Jones
17	Katja Maennel
18	Matt Ashdown
19	Wade Marchand
20	Kim Van Wagner

Top 5 Clubs		
1	Powerhouse	2835.76
2	Clark's Gym	2654.07
3	MetamorFIT	1964.1
4	The Shed	1743.43
5	Franks Barbell Club	1221.61

Top 3 Associations		
1	IAWA(UK)	5777.91
2	USAWA	4488.21
3	AWFA	1743.43

▲ = World Junior/Masters record; ● = World Open record; British record = ^{BR}