

USAWA Executive Board Meeting Minutes

Date: July 27, 2025

Time: 5:00pm EST–End Time

Location: Virtual

Minutes Recorded By: Kyle Frappier

1. Call to Order

Time: 5:00pm EST

Presiding Officer: Clint Poore

2. Roll Call

Name	Title/Role	Present (✓)
Clint Poore	President	Present
Tony Lupo	Vice President	Present
Sanjiv Gupta	Secretary	Not present
Eric Todd	Treasurer	Not present
Kyle Frappier	At-Large Member	Present

3. Approval of Previous Minutes

Motion to Approve: Proposal to accept the minutes as written by Beth Skwarecki and Sanjiv Gupta from the previous meeting on July 18, 2025.

Moved By: Kyle Frappier

Seconded By: tony Lupo

Outcome: Approved

Notes: Unanimous

4. Old Business

Discussion Topics:

No outstanding business from previous meeting remains.

5. New Business

#	Topic	Notes / Summary of Discussion	Motions Made	Actions / Responsible Parties
1	Resignation of Secretary, Treasurer, Website Director, & Drug Enforcement Officer	Review the voluntary resignations of Sanjiv Gupta & Eric Todd from their respective board positions & officer roles	Motion to accept: Clint Seconded: Tony Outcome: Approved 3-0	Sanjiv Gupta & Eric Todd are now officially removed from the EB and their officer roles
2	Procedure for finding new Secretary & Treasurer	Look at finding new candidates to fill the empty executive board positions and special duty officer positions Appoint interim board members Clint becomes interim treasurer Tony becomes interim secretary	Motion to accept: Kyle Seconded: Tony Outcome: Approved 3-0	Clint & Tony's responsibility
3	Restructuring Secretary job to Pres/VP	Motion to postpone until secretary position is filled in 2 weeks' time by any interested member through email	Motion to accept: Kyle Seconded: Clint Outcome: Approved 3-0	
4	DBA as USAWA & United States All-Round Weightlifting	Tabled	Motion to accept: Clint Seconded: Kyle	

	Association		Outcome: Approved 3-0	
5	Insurance follow-up	Gather quotes on insurance for the USAWA	Motion to accept: Clint Seconded: Kyle Outcome: Approved 3-0	Clint's responsibility
6	Membership waiver for website	Look into creating a waiver for members Add clause to allow USAWA to share personal details with meet directors and officials	Motion to accept: Clint Seconded: Kyle Outcome: Approve 3-0	Secretary's responsibility
7	Quarterly Message	Start a quarterly email message with upcoming meets and details on what has happened in the organization 1 st week of each quarter a message will be sent	Motion to accept: Kyle Seconded: Clint Outcome: Approved 3-0	Shared across EB
8	Robert's Rules of Order adoption	Create a standardized list of Robert's rules of order specifically for the USAWA	Motion to accept: Kyle Seconded: Clint Outcome: Approved 3-0	Delegate to special committee lead by Tony Lupo
9	Staggering officer terms / elections	Tabled	Motion to accept: Kyle Seconded: Clint Outcome: Approved 3-0	
10	2025 Nationals Follow-up	General discussion on the aggressive behavior that occurred between members	Motion to accept: Kyle	Add new rule to rulebook, responsibility

		<p>towards officials, the meet director, & the EB members</p> <p>Develop ethics committee, EB will act as ethics committee going forward until a formal ethics committee is developed, and code of conduct</p> <p>Rule: Meet directors reserve the right to remove any athlete due to disruptive behavior</p>	<p>Seconded: Clint</p> <p>Outcome: Approved 3-0</p>	<p>of secretary</p> <p>Creation of an ethics committee is a shared responsibility of the EB</p>
11	2026 Nationals Bid – Louisville, KY @ HomeGymCon	<p>Following the withdrawal of the 2026 nationals bid to be hosted in Colorado by the meet director</p> <p>Move to 2026 nationals to Louisville KY led by Clint Poore & Randy Richey</p> <p>Lifts include reflex bench press, peoples deadlift, barbell cheat curl</p> <p>Cap of 50 lifters</p> <p>Nationals meeting on Friday July 31st at 6pm at a restaurant to be determined</p> <p>Saturday August 1st</p> <p>President’s Cup: Friday July 31st</p>	<p>Motion to accept: Clint</p> <p>Seconded: Kyle</p> <p>Outcome: Approved 3-0</p>	
12	New USAWA logo design	<p>Tabled</p>	<p>Motion to accept: Clint</p> <p>Seconded: Kyle</p> <p>Outcome: Approved 3-0</p>	

13	1 Arm DB Bench Press addition	Based on precedent of weaver stick and existence of a 2 arm DB bench, an additional variant of a 1 arm DB Bench Press following the rules of the 2 arm DB bench except with the use of 1 arm (any hand)	Motion to accept: Clint Seconded: Tony Outcome: Approved 3-0	Add to rulebook and records, responsibility of Secretary & Tony
14	Knee Sleeves proposal	Tabled	Motion to accept: Clint Seconded: Kyle Outcome: Approved 3-0	
15	POTUS Exec Order discussion (gender in sport)	Add to rule of section IX sub-section 4 "at the meet director's discretion, including all USAWA national events."	Motion to accept: Clint Seconded: Kyle Outcome: Approved 3-0	Add to rulebook, responsibility of Secretary
16	Access to all social media accounts	All accounts should transfer over to the new Social Media Director or President immediately upon election results	Motion to accept: Kyle Seconded: Clint Outcome: Approved 3-0	
17	USAWA slogan development	Tabled	Motion to accept: Kyle Seconded: Clint Outcome: Approved 3-0	
18	Website & bank account access	All credentials be transferred over to their respective positions immediately upon elections	Motion to accept: Kyle Seconded: Clint Outcome:	

			Approved 3-0	
19	TUE form availability online	Tabled	Motion to accept: Kyle Seconded: Clint Outcome: Approved 3-0	
20	Meet Director resource page	Tabled	Motion to accept: Clint Seconded: Kyle Outcome: Approved 3-0	
21	Female athlete representative	Tabled	Motion to accept: Kyle Seconded: Clint Outcome: Approved 3-0	
22	Background checks for EB, officers, meet directors, and referees	Start background checks, at a time to be determined, for EB members, officers, meet directors, & referees Table decision on how it should be put into effect	Motion to accept: Clint Seconded: Kyle Outcome: Approved 3-0	
23	Safe Sport training	Tabled	Motion to accept: Clint Seconded: Kyle Outcome: Approved 3-0	
24	Code of Conduct development	Start development on this	Motion to accept: Clint Seconded: Kyle Outcome:	President

			Approved 3-0	
25	Social media policy development	Start development on this	Motion to accept: Clint Seconded: Kyle Outcome: Approved 3-0	Social Media Director & President

6. Other Business

No other business to be proposed

7. Adjournment

Time: 6:45pm

Motion to Adjourn by: Kyle

Seconded by: Clint

Outcome: Approved