

**WOMENS DIVISION**

NAME	Age	Age Category	Weight lbs / (kg)	Weight (Class)	Lynch Factor	Age Concern
Lisa Gore	59	55	222.5 / 101.1	105	0.8422	1.20
Janet Thompson	67	65	164.0 / 74.5	75	1.0042	1.30
Allison Lupo	59	55	197.0 / 89.5	90	0.9004	1.20

**MENS DIVISION**

NAME	Age	Age Category	Weight (kg)	Weight (Class)	Lynch Factor	Age Concern
Tony Hose	56	55	218.0 / 99.1	100	0.8513	1.17
Jeff Wenzel	50	50	232.0 / 105.5	110	0.8235	1.11
John Carter	66	65	190.0 / 86.4	90	0.9187	1.28
Toby Ortega	44	40	152.5 / 69.3	70	1.0520	1.05
Travis Luther	32	ALL	172.0 / 78.2	80	0.9745	1.00
Randy Smith	70	70	197.0 / 89.5	90	0.9004	1.36
Riley Wenzel	21	ALL	152.0 / 69.1	70	1.0540	1.00
Tony Lupo	59	55	244.2 / 111.0	115	0.8021	1.20
Sanjiv Gupta	54	50	211.2 / 96.0	100	0.8660	1.15
Joe Somfay	79	75	190.6 / 86.6	90	0.9175	1.54
Logan Wenzel	10	13	75.0 / 34.1	35	1.9897	1.33
Tim Market	18	18	154.0 / 70.0	70	1.0451	1.03
Jarrold Fobes	48	45	216.3 / 98.3	100	0.8550	1.09
Chris Frappier	60	60	215.4 / 97.9	100	0.8569	1.21
Jermone Licini	66	65	248.4 / 112.9	115	0.7953	1.28
Kyle Frappier	21	ALL	218.8 / 99.5	100	0.8494	1.00
Jeremy Law	44	40	265.8 / 120.8	125	0.7689	1.05

**WOMENS DIVISION**

NAME	Side Press (H)	Jefferson Deadlift Little Fingers	Lateral Raise Lying	Thor's Hammer	Pinch Grip Strict (H)
Lisa Gore	40R	65	40	26	37R
Janet Thompson	20R	50	20	18	26R
Allison Lupo	35R	30	20	18	26R

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NAME	Side Press (H)	Jefferson Deadlift Little Fingers	Lateral Raise Lying	Thor's Hammer	Pinch Grip Strict (H)
Tony Hose	85L	65	126	46	80R
Jeff Wenzel	95R	135	126	41	90R
John Carter	50R	95	50	41	62L
Toby Ortega	66L	120	60	41	75R
Travis Luther	70R	95	80	36	62L
Randy Smith	55L	55	50	33	50L
Riley Wenzel	60R	110	60	26	41R
Tony Lupo	91L	75	60	41	51L
Sanjiv Gupta	57R	65	55	20	42R
Joe Somfay		75	40		
Logan Wenzel	10R	20	15	0	17R
Tim Market	40L	45	30	21	41R
Jarrold Fobes	68L	54		18	52R
Chris Frappier		100	50		
Jerome Licini	35	45	10	15	30
Kyle Frappier		65	50		
Jeremy Law			72		

**WOMENS DIVISION**

NAME	Allen Lift	Zeigler Clean and Jerk	Finger Lift Little	Rectangular Fix	Weaver Stick Forward
Lisa Gore	10	55	50R	55	2.5
Janet Thompson	3	38	26R	40	2.5
Allison Lupo	0	38	36R	35	1.5

**MENS DIVISION**

NAME	Allen Lift	Zeigler Clean and Jerk	Finger Lift Little	Rectangular Fix	Weaver Stick Forward
Tony Hose	25	150	81L	120	6.25
Jeff Wenzel	25	105	96R	100	6.0
John Carter	30	105	66R	60	3.0
Toby Ortega	25	42	56L	82	2.5
Travis Luther	15	90	96L	85	3.5
Randy Smith	16.5	75	50L	80	4.0
Riley Wenzel	25	75	66R	75	3.0

Tony Lupo	20	65	71L	70	3.0
Sanjiv Gupta	15	85	36R	65	2.5
Joe Somfay	0	65		65	
Logan Wenzel	3	15	26R	20	1.0
Tim Market	10	30	26R	55	3.0
Jarrold Fobes	15	45	87R		3.5
Chris Frappier	0	65		65	
Jerome Licini			35.75	67	2.75
Kyle Frappier	0	65		65	
Jeremy Law	0	65		65	

#### WOMENS DIVISION

NAME	Total Weight	Lynch Factor (Weight)	Age Concern	Rank
Lisa Gore	380.5	320.46	384.55	1
Janet Thompson	243.5	244.52	317.88	2
Allison Lupo	239.5	215.65	258.78	3

#### MENS DIVISION

NAME	Total Weight	Lynch Factor (Weight)	Age Concern	Rank
Tony Hose	784.25	667.63	781.13	1
Jeff Wenzel	819.0	674.45	748.64	2
John Carter	562.0	516.31	660.88	3
Toby Ortega	569.5	599.11	629.07	4
Travis Luther	632.5	616.37	616.37	5
Randy Smith	468.5	421.84	573.70	6
Riley Wenzel	541.0	570.21	570.21	7
Tony Lupo	547.0	438.75	526.50	8
Sanjiv Gupta	442.5	383.21	440.69	9
Joe Somfay	245.0	224.79	346.17	10
Logan Wenzel	127.0	252.69	336.08	11

Tim Market	301.0	317.58	324.01	12
Jarrold Fobes	342.5	292.84	319.19	13
Chris Frappier	280.0	239.93	290.32	14
Jerome Licini	241.25	191.87	245.59	15
Kyle Frappier	245.0	208.10	208.10	16
Jeremy Law	202.0	155.32	163.08	17

**Women's Overall Champion:** Lisa Gore

Lisa Gore 1<sup>st</sup> 55-59 age and 1<sup>st</sup> 105 kg weight

Janet Thompson: 1<sup>st</sup> 65 – 69 age and 1<sup>st</sup> 75 kg weight

Allison Lupo 2<sup>nd</sup> 55 – 59 age and 1<sup>st</sup> 90 kg weight

**Men's Overall Champion:** Tony Hose

Tony Hose: 1<sup>st</sup> 55 – 59 age and 1<sup>st</sup> 100 kg weight

Jeff Wenzel 1<sup>st</sup> 50 – 54 age and 1<sup>st</sup> 110 kg weight

Toby Ortega 1<sup>st</sup> 40 – 44 age and 1<sup>st</sup> 70 kg weight

Travis Luther 1<sup>st</sup> ALL (20 – 39 age) and 1<sup>st</sup> 80 kg weight

Randy Smith 1<sup>st</sup> 70 – 74 age and 2<sup>nd</sup> 90 kg weight

Riley Wenzel 2<sup>nd</sup> ALL age and 2<sup>nd</sup> 70 kg weight

John Carter 1<sup>st</sup> 65 – 69 age and 1<sup>st</sup> 90 kg weight

Tony Lupo 2<sup>nd</sup> 55 – 59 age and 1<sup>st</sup> 115 Kg weight

Sanjiv Gupta 2<sup>nd</sup> 50 – 54 age and 2<sup>nd</sup> 100 kg weight

Joe Somfay 1<sup>st</sup> 75 – 79 age and 3<sup>rd</sup> 90 kg weight

Logan Wenzel 1<sup>st</sup> 13 age and 1<sup>st</sup> 35kg weight

Tim Market 1<sup>st</sup> 18 age and 3<sup>rd</sup> 70 kg weight

Jarrold Fobes 1<sup>st</sup> 45 – 49 age and 3<sup>rd</sup> 100 kg weight

Chris Frappier 1<sup>st</sup> 60 – 64 age and 4<sup>th</sup> 100 kg weight

Jerome Licini 2<sup>nd</sup> 65 – 69 age and 2<sup>nd</sup> 115 kg weight

Kyle Frappier 3<sup>rd</sup> ALL age 5<sup>th</sup> 100 kg weight

Jeremy Law 2<sup>nd</sup> 40 – 44 age and 1<sup>st</sup> 125 kg weight

### International Standings

1<sup>st</sup> Joe Somfay

2<sup>nd</sup> Chris Frappier

3<sup>rd</sup> Kyle Frappier

4<sup>th</sup> Jeremy Law (Setting 4 IAWA records!)

### **TONY LUPO'S WEEKEND AT CLARK'S GYM**

**June 26-29, 2025.**

#### **RECORD DAY RESULTS**

Lisa Gore. Age 59. Bwt. 222.5

Side press – left – 30.

Weaver lift – rear – 3 3/4.

Finger – little -left – 27.

Pinch grip strict – left – 31.

Janet Thompson. Age - 67. Bwt. – 164.

Finger – little – left – 26.

Pinch grip – strict - left – 24.

Weaver strict – rear – 3 ½.

Side press – dumbbell - left – 20.

Allison Lupo. Age - 59. Bwt. – 197.

Pinch grip – strict – left – 24.

Weaver stick – rear – 2 ½.

Side press – dumbbell – left – 35.

Crucifix – 2 x 10 - 20.

Tim Market. Age – 18. Bwt. – 154.

Pinch grip – strict – left - 36.

Finger – left – 26.

Weaver lift – rear – 3 ½.

Tony Lupo. Age – 59. Bwt. - 244.2.

Bent over row – 270.

Crucifix – 2x15 – 30.

Clean and press on knees - 102.

Kennedy lift – 405.  
Side press right – 65.

Logan Wenzel. Age - 10. Bwt. – 75.  
Finger – little – left – 26.

Riley Wenzel. Age – 20. Bwt. – 152.  
Finger – little – left – 46.

Tony Hose. Age – 56. Bwt. – 218.  
Pinch grip – strict – left – 90.

Toby Ortega. Age – 44. Bwt – 152.5.  
Pinch grip – strict – left - 70.  
Weaver stick - rear – 2 ½ .  
Clean and press – dumbbell right – 55.

Travis Luther. Age - 34. Bwt. - 172.  
Clean and push press – two dumbbells – 2x45 – 90.  
Clean and jerk – two dumbbells – 2x45 – 90.  
Snatch – two dumbbells – 2x45 - 90.  
Jackson press – 95.  
Seated press – 135.

Jeff Wenzel. Age – 50. Bwt – 232.  
Pinch grip – left – 70.  
Finger – little - left – 96.  
Weaver stick – rear – 6.  
Crucifix – 2 x 50 – 100.  
Side press - left – 60.

John Carter. Age – 67. Bwt. – 187.  
Abdominal raise – Roman Chair – 110.  
Abdominal raise – weight behind head – 25.

Bill Clark. Age – 92. Bwt. – 197.  
Abdominal raise – weight behind head – 20.  
Abdominal raise – Roman chair – 130.  
Bench press – Roman chair – 28.

Dave DeForest. Age – 65. Bwt. – 180  
Dead lift – no thumbs – 305.  
Dead lift – overhand – 225.  
Dead lift – Fulton bar – 300.

Jefferson lift – Fulton bar – 215.  
Hack lift – Fulton bar – 215.

Officials @ Clark's Gym:

Bill Clark.

Allison Lupo.

Tony Lupo.

Jeff Wenzel.

Dave DeForest.

### **RECORD DAY IN ONTARIO**

Frappier's Gym.

Jeremy Law. Age – 44. Bwt – 265.8.

Bavarian deadlift – 405.

Kyle Frappier. Age – 21. Bwt. – 218.8

Bavarian deadlift – 235.

Crucifix – 2x25 – 50.

Joe Somfay. Age – 79. Bwt. - 190.6.

Bavarian deadlift – 280.

Crucifix – 2 x 10 – 20.

Chris Frappier. Age 60. Bwt. 215.4.

Bavarian deadlift – 400.

Crucifix – 2 x 20 – 40.

Officials:

All four lifters are certified officials. They operated a three-official competition/record day – good for IAWA world records.

### **RECORD DAY IN COLORADO**

Jarrold Fobes. Age – 48. Bwt. – 216.

Finger – little – left – 82.

Sanjiv Gupta. Age – 54. Bwt. – 210.8.

Pinch grip deadlift – left – 39.

Pinch grip deadlift – right – 41.

Habecker lift – 265.

Lurich lift – 335.

Kennedy lift – 335.

Colorado Officials:

Nisha Gupta.

Sanjiv Gupta.