

**2025 USAWA HOME GYM CON RECORD DAY 6-28-2025**

**LOCATION: LOUISVILLE, KENTUCKY - KENTUCKY INTERNATIONAL CONVENTION CENTER**

**MEET DIRECTOR: CLINT POORE**

**REFEREES: STEPHEN SANTANGELO, HOLLAND MILLSAPS, LYNNE HOMAN, ASHLEY STEARNS, JARROD GADDIS, CLINT POORE**

**(3 OFFICIAL SYSTEM USED)**

ALL LIFTS RECORDED IN LBS AND BODYWEIGHTS IN KILOS

**KYLE AGRE - 18 YEARS OLD - 75 KILO WEIGHT CLASS**

ZERCHER LIFT 365 LBS

**ALEXANDRIA MCDONALD - 18 YEARS OLD - 55 KILO WEIGHT CLASS**

PEOPLES DEADLIFT 230 LBS

DEADLIFT, INCH DUMBBELL, LEFT 30 LBS

DEADLIFT, INCH DUMBBELL, RIGHT 30 LBS

**CALEB DAY - 32 YEARS OLD - 110 KILO WEIGHT CLASS**

DEADLIFT, INCH DUMBBELL, LEFT 180 LBS

**MICHAEL HANLEIN - 31 YEARS OLD - 70 KILO WEIGHT CLASS**

CURL, CHEAT 195 LBS