

Diamond Jubilee and Record Day - April 27-28, 2024

MEN Name		Age	Bwt #/kg	Jefferson Lift Fulton	Deadlift Fulton Ciavattone	Deadlift Heels Together
Dave	Hahn	86	140 / 63.6	215	180	225
Tony	Cook	87	183 / 83.2	189.5	179.75	242.5
Denny	Habecker	81	177 / 80.5	214	220	242
Bill	Clark	91	197 / 89.5	170	150	175
		Bench Reverse Grip	Bench Hands Together	Seated Press - From Rack	Total	Points
Dave	Hahn	100	95	45	860	1612.69
Tony	Cook	138.75	121.75	81.5	953.5	1494.73
Denny	Habecker	88	110	66	940	1425.49
Bill	Clark	45	45	22	607	981.46

OFFICIALS

The only lifter with officials was Bill Clark. He was adjudicated by David Deforest and Tony Lupo. The three others were remote without officials.

RECORD DAY

		AGE	Bwt #/kg
ALLISON	LUPO	58	189 / 85.9
Pinch Grip - Deadlift			151
Thor's hammer			12
Pinch Grip - Strict		right	20
Pinch Grip - Strict		left	20
Dumbbell walk			40
TONY	LUPO	58	234/106.4
Pinch Grip Deadlift		Right	116
Pinch Grip Deadlift		Left	106
Pinch Grip Deadlift			301
Pinch Grip - Strict		Right	46
Pinch Grip - Strict		Left	46
DAVE	DeFOREST	64	177.5/80.7
Jefferson Lift - little fingers			85
Thor's hammer			24
Zercher, One Arm, Right			140
Zercher, One Arm, Left			140
Swing - Two Dumbbells			80
JEFF	WENZEL	49	229
Jackson Press			175
Press From Rack Behind Neck			150
Pinch Grip Deadlift			301
Lurich Lift			455
Kennedy Lift			455
LISA	GORE	58	203.8/92.6 233

Pinch Grip - Deadlift		
Thor's hammer		22
Pinch Grip Strict	Right	36
Lurich Lift		250
Kennedy Lift		250

Officials:	Bill	Clark
	Dave	DeForest
	Tony	Lupo