

BUFFVILLE'S ROAD TO THE CENTURY CLUB 3 - APRIL 7, 2024

LOCATION: BUFFVILLE GYM in ALBANY, KENTUCKY

MEET DIRECTOR: CLINT POORE

REFEREES: ASHLEY STEARNS, PATRICK HADLEY, CLINT POORE (3 OFFICIAL SYSTEM USED)

ALL LIFTS RECORDED IN LBS & ALL BODYWEIGHTS IN KILOS

ASHLEY STEARNS - 43 YEARS OLD - BODYWEIGHT (85.75 KILOS) - 90 KILO WEIGHT CLASS

PEOPLES DEADLIFT 500 LBS
BENT OVER ROW 357 LBS
DUMBBELL TO SHOULDER 200 LBS
SWING, 2 DUMBBELLS 130 LBS

PATRICK HADLEY - 52 YEARS OLD - BODYWEIGHT (102.30 KILOS) - 105 KILO WEIGHT CLASS

FOOT PRESS 450 LBS
BENCH PRESS, ALTERNATE GRIP 277 LBS
BENCH PRESS, FULTON BAR 307 LBS
ABDOMINAL RAISE, ROMAN CHAIR 18 LBS
LEG PRESS, UNSUPPORTED 135 LBS

STEPHEN SANTANGELO - 71 YEARS OLD - BODYWEIGHT (73.65 KILOS) - 75 KILO WEIGHT CLASS

ABDOMINAL RAISE 5 LBS
ZIEGLER CLEAN 30 LBS
LATERAL RAISE, LYING 11 LBS
ABDOMINAL RAISE, ROMAN CHAIR 5 LBS

CLINT POORE - 50 YEARS OLD - BODYWEIGHT (110.90 KILOS) - 115 KILO WEIGHT CLASS

BENCH PRESS, ROMAN CHAIR 205 LBS
SWING, 2 DUMBBELLS 80 LBS
SNATCH, DUMBBELL, RIGHT 80 LBS
SNATCH, DUMBBELL, LEFT 60 LBS
DEADLIFT, TRAP BAR 445 LBS