IAWA WORLD POSTAL CHAMPIONSHIPS 2014 - 'T	The Andy	Goddard	Memorial ³
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<u>Submit Score Sheets without delay BY THE END OF AUGUST 2014 to Steve Gardner</u>

18 Holly Road, Barton, Staffs. England DE13 &LP or by E Mail to (stevegardneruk@gmail.com)

This competition is open to all IAWA lifters, for teams of three, and individuals as well. Teams may be a mix of Open/ Masters/ Juniors/ Ladies, as all age and b/weight allowance will figure in the results. No limit to the number of lifters, if a team or group enter more than three: the top three will form the team score. A sheet caters for 5 lifters, if you have two teams, then just copy, and use two sheets, etc. All entry forms MUST clearly state the number of Referees that were used (Refs should sign this score sheet) If only one referee is used then no record claims can be made!. YOU DO NOT HAVE TO BE IN A TEAM, Individuals may also take part in the competition as all class and division titles will be recognised and rankings listed for all age / weight classes. Have fun lifting in the World Postal Championships and 'Andy Goddard' Memorial Competition!

Name	Bwt	Class	Age	Div	Chea	at Cu	rl	Pullover & Press				O/H D/Lift (L or R)								Total	Amend

Referees: (Names and Signatures)

Date: