

# U.S.A.W.A.

## **“Joe the Turk” Old Time Strongman Meet & record setter**

**“Joe the Turk” was Macomb Illinois’ original “strongman” and holds a unique and special place in the history of the Macomb Salvation Army.**

Meet Director: Tim Piper, 309-221-0276

Meet Date: Saturday, April 19<sup>th</sup>, 2014

Location: 505 N. Randolph Street Macomb, IL 61455

Weigh-in: 10-11 a.m. of meet day

Lifting: 11:00 a.m., lifting shall take place outside -weather permitting

Sanction: United States All-Round Weightlifting Association.

Membership: USAWA membership required for participation

Divisions: Juniors, Women, Masters, and Open

Rules: USAWA rules and scoring apply to all lifts. Drug testing rules apply.

Lifts: Cyr Press  
Anderson Squat  
Hackenschmidt Floor Press  
Peoples Deadlift

Awards: Unique “Joe the Turk” awards for 1<sup>st</sup>-3<sup>rd</sup>

Record setter portion: to be held after all OTSM lifts are completed

Entry Fee: \$20, payable to Tim Piper (all profits benefit the Salvation Army lifting program)

Registration: Send entry form to Tim Piper, 15401 E. 1750<sup>th</sup> Street, Macomb, IL 61455

**\*\*\*\*\*cut below and mail with \$20 payment to address above\*\*\*\*\***

Name \_\_\_\_\_ Division Entered \_\_\_\_\_

Address \_\_\_\_\_ Age \_\_\_\_\_ Gender: M F

Height \_\_\_\_\_ Weight \_\_\_\_\_

**Best Lifts (if known):** Cyr Press \_\_\_\_\_ Anderson Squat \_\_\_\_\_ Hackenschmidt Floor Press \_\_\_\_\_ Peoples Deadlift \_\_\_\_\_

Email address: \_\_\_\_\_ Phone: \_\_\_\_\_

Waiver: In consideration of accepting my entry, I release all claims damages, losses, and injuries that I may hold against the USAWA, Tim Piper, the Macomb Salvation Army and all other officials and assistants that may occur while participating in this event on April 19<sup>th</sup>, 2014. I understand that this event could be drug tested and will avail myself to the officials if I am selected for testing and not hinder them in the execution of their duties.

Signature \_\_\_\_\_ Parental signature if under 18 years of age \_\_\_\_\_