

2013 IAWA GOLD CUP NOVEMBER 2,2013

Venue:

Lebanon Senior Center 710 Maple Street [7th & Maple St.] Lebanon, Pa. 17042

Meet Director : Denny Habecker 637 North 11th Avenue

637 North 11th Avenue Lebanon, Pa. 17046 [717] 272-5077

E-mail: liftingliar@comcast.net

Sanctioned: U.S.A.W.A.

Weigh-in: 9:00AM. to 10:00 A.M. [Lifting will start at 10:30 A.M.]

Entry Fee: \$50.00 [includes shirt]

Make checks payable to Denny Habecker.

[Foreign lifters pay on arrival]

Entry Deadline: October 5, 2013

Banquet: 7.00 P.M \$25.00 per person