

THE IAWA 'ANDY GODDARD' WORLD POSTAL ALL ROUND CHALLENGE 2013*Submit Score Sheets without delay to Steve Gardner - 18 Holly Road, Barton, Staffs, England**DE13 8LP or by E Mail to (steve-g@powerful.co.uk) BY THE END OF JULY 2013***Team Name:**

This competition is open to all IAWA lifters, for teams of three, and individuals as well. Teams may be a mix of Open/ Masters/ Juniors/ Ladies, as all age and b/weight allowance will figure in the results. No limit to the number of lifters, if a team or group enter more than three: the top three will form the team score. A sheet caters for 5 lifters, if you have two teams, then just copy, and use two sheets, etc. All lifts must be officiated by 2 or 3 IAWA Referees (they should sign the score sheet). **YOU DO NOT HAVE TO BE IN A TEAM**, Individuals may also take part in the competition as all rankings will be listed for age / weight classes. Have fun lifting in the Annual 'Andy Goddard' Memorial Competition - Good Luck

Name	Bwt	Class	Age	Div	O H B bell Snatch				Pullover & Push				Clean & Jerk				Deadlift				Total	Amend

Referees: (Names and Signatures)**Date:**