

2012 USAWA NATIONALS

<u>Meet Director:</u>	USAWA Executive Board – Denny Habecker, Al Myers, Chad Ullom, Dennis Mitchell, & Scott Schmidt
<u>Contact:</u>	Al Myers, USAWA Secretary Email: amyers@usawa.com Phone: 785-479-2264
<u>Meet Date:</u>	Saturday, June 30th, 2012 11:00AM - 6:00PM
<u>Location:</u>	Average Broz's Gym Las Vegas, Nevada
<u>Sanction:</u>	United States All-Round Weightlifting Association
<u>Weigh-ins:</u>	9:00 – 11:00 AM the day of the meet
<u>Divisions:</u>	Men and Women – Junior (<20), Senior (20-39), & Master (>40)
<u>Awards:</u>	Awards for all divisions
<u>Entry Fee:</u>	\$60 – Payable to the USAWA
<u>Banquet:</u>	A meal at a local establishment will be organized following the meet. Details of this will be given later.
<u>Lifts:</u>	Clean and Jerk – One Arm Curl – Reverse Grip Pullover and Press Hack Lift – One Arm Jefferson Lift
<u>Registration:</u>	Send entry and entry fees to: Al Myers, 1126 Eden Road, Abilene, Kansas 67410

THE 2012 USAWA NATIONAL CHAMPIONSHIPS REPRESENTS THE 25TH ANIVERSARY OF THE USAWA. VERY NICE AWARDS WILL BE AWARDED TO THE PARTICIPANTS ALONG WITH COMMEMORATIVE MEET T-SHIRTS.

THERE WILL ALSO BE NUMEROUS “SPECIAL AWARDS” GIVEN.

Entry Form

Name_____

Address_____

Division Entered_____

Waiver: *In consideration of accepting my entry, I release all claims for damages, losses, and injuries that I may hold against the USAWA, the USAWA Executive Board of Denny Habecker, Al Myers, Chad Ullom, Dennis Mitchell and Scott Schmidt, John Broz and Average Broz Gym, and all other officials and assistants that may occur while participating in this event on June 30th, 2012. I understand that this event may be drug tested and I will avail myself to the officials if I am selected for testing and not hinder them in the execution of their duties.*

SIGNATURE_____

PARENT SIGNATURE_____

(if under 18 years of age)

*****THERE IS NO ENTRY DEADLINE FOR THIS MEET, BUT WE WOULD APPRECIATE ALL TIMELY TURNED IN ENTRY FORMS. *****

*****THIS WILL BE A DRUG TESTED EVENT*****