## IAWA GOLD CUP – WORLD RECORD BREAKERS 2010 – Saturday 6th November WALPOLE, MASSACHUSETTS, USA – Promoter: Frank Ciavattone

## GOLD CUP LIFTS

Age	Division	Bwt	Class	Lift		
54	M50+	132.0	125 +	Straddle D/L	175k ▲	
51	LM50+	73.9	75	R/H D/Bell C+Jerk	27.5k ▲	
69	LM65+	77.1	80	2/H Ciavattone D/Lift	60.5k▲	
68	M65+	84.5	85	Arthur Lift	70k ▲	
83	M80+	81.6	85	Stiff Leg D/Lift	100k ▲	
64	M60+	78.9	80	R/H D/Bell D/Lift	120.9k ▲	
17	J16/17	92.5	95	Deadlift	227.5k ▲	
16	J16/17	100.0	100.0	R/H Ciavattone D/Lift	80.5k▲	
16	J16/17	109.3	110	2/H Ciavattone D/Lift	115k	
16	J16/17	136.0	125 +	C+Press on Knees	72.5k ▲	
78	M75+	72.1	75	Roman Chair Sit Up Reps	600	
57	M55+	14.3	115	C+Jerk B/Neck	105k ▲	
66	M65+	109.1	110	L/H Ciavattone D/Lift	85k ▲	
29	Open	160+	125 +	C+Press on Knees	97.5k●	
55	M55+	123.8	125	R/H Deadlift	160k ▲	
42	M40+	112.0	115	Snatch on Knees	60.5k ▲ •	
2 Man Lift registering in the Open Division, and the 115 kilo Class						
44	M40+	113.8	115	2 Man Deadlift	454k}	
38	Open	108.8	110	2 Man Deadlift	454k}●	
	54 51 69 68 83 64 17 16 16 16 78 57 66 29 55 42 g in the	54 M50+ 51 LM50+ 69 LM65+ 68 M65+ 83 M80+ 64 M60+ 17 J16/17 16 J16/17 16 J16/17 16 J16/17 78 M75+ 57 M55+ 66 M65+ 29 Open 55 M55+ 42 M40+ g in the Open Division, 44 M40+	54 M50+ 132.0 51 LM50+ 73.9 69 LM65+ 77.1 68 M65+ 84.5 83 M80+ 81.6 64 M60+ 78.9 17 J16/17 92.5 16 J16/17 100.0 16 J16/17 109.3 16 J16/17 136.0 78 M75+ 72.1 57 M55+ 14.3 66 M65+ 109.1 29 Open 160+ 55 M55+ 123.8 42 M40+ 112.0 g in the Open Division, and the	54 M50+ 132.0 125+ 51 LM50+ 73.9 75 69 LM65+ 77.1 80 68 M65+ 84.5 85 83 M80+ 81.6 85 64 M60+ 78.9 80 17 J16/17 92.5 95 16 J16/17 100.0 100.0 16 J16/17 109.3 110 16 J16/17 136.0 125+ 78 M75+ 72.1 75 57 M55+ 14.3 115 66 M65+ 109.1 110 29 Open 160+ 125+ 55 M55+ 123.8 125 42 M40+ 112.0 115 g in the Open Division, and the 115 kit 44 M40+ 113.8 115	54 M50+ 132.0 125+ Straddle D/L 51 LM50+ 73.9 75 R/H D/Bell C+Jerk 69 LM65+ 77.1 80 2/H Ciavattone D/Lift 68 M65+ 84.5 85 Arthur Lift 83 M80+ 81.6 85 Stiff Leg D/Lift 64 M60+ 78.9 80 R/H D/Bell D/Lift 17 J16/17 92.5 95 Deadlift 16 J16/17 100.0 100.0 R/H Ciavattone D/Lift 16 J16/17 109.3 110 2/H Ciavattone D/Lift 16 J16/17 136.0 125+ C+Press on Knees 78 M75+ 72.1 75 Roman Chair Sit Up Reps 57 M55+ 14.3 115 C+Jerk B/Neck 66 M65+ 109.1 110 L/H Ciavattone D/Lift 29 Open 160+ 125+ C+Press on Knees 55 M55+ 123.8 125 R/H Deadlift 42 M40+ 112.0 115 Snatch on Knees g in the Open Division, and the 115 kilo Class 44 M40+ 113.8 115 2 Man Deadlift	

## 2nd LIFTS PERFORMED

Karen Gardner	R/H D/Bell Press	15k▲
Denny Habecker	Ciavattone D/Lift	135k ▲
John McKean	Middle Fingers Straddle D/Lift	70k ▲
Art Montini	Middle Fingers Deadlift	60k ▲
Kohl Hess	Rim Lift	127.5k ▲
Ernie Beath	Kneeling Snatch	70k●
Joe Ciavattone Jr	Dumbells Deadlift	160.5k ▲
Joe Ciavattone Sr	R/H D/Bell D/Lift	120k ▲ •
Jonathon Ciavattone	R/H D/Bell D/Lift	90k <b>▲</b>

2 Man Lift (NOT IAWA Lift – USAWA Only) Open Division 115 kilo Class

Al Myers 2 Man R/Hand Deadlift 364.7k

Chad Ullom 2 Man R/Hand Deadlift 364.7.5k

**Announcer/Recorder:** Steve Gardner **Assistant:** Judy Habecker **Referees:** Karen Gardner Art Montini Scott Schmidt Denny Habecker Chad Ullom Al Myers Dennis Mitchell

After the lifting everyone was invited back to Frank Ciavattone's home where his family had prepared a wonderful banquet. Following the banquet, the presentation of the awards was made. Frank thanked everyone for attending his event and made some nice presentations to those who had helped him organize and run the competition, Steve Gardner thanked Frank on behalf of the lifters for putting on a splendid event. The evening was concluded with an induction to the USAWA Hall of Fame. Al Myers made a nice and thorough speech as a very worthy Scott Schmidt was inducted amid rapturous applause. A very proud Scott gave a wonderful thank you reply speech, the whole event ending on a high note!

- **▲**=World Junior/Masters record
- =World Open record