

Meet Site: Norwood Olympic Lift Center Norwood, Massachusetts

Officials: Frank Ciavattone, Denny Habecker, Barry Bryant

Results:

MATT TRIETTI 13 years 81 pounds, 40 Kilo Class

Front Squat - 83 pounds, 37.5 Kg ⑩

Back Squat - 99 pounds, 45 kg ⑩

2" bar deadlift – 147 pounds, 66.7 kg ⑩

Bench Press - 71 pounds, 32.2 kg ⑩

2 Hand Hack - 165 pounds, 75 kg ⑩

MATT HANCOCK 16 years, 151 pounds, 70 Kilo Class

2" Vertical Bar Left Hand - 153 pounds, 69.4 Kg ⑩

2" Vertical Bar Right Hand - 153 pounds, 69.4 kg ⑩

2" Hack Lift - 279.25 pounds, 126.7 kg ⑩

Alternate Grip - Bench - 176 pounds, 80 kg ⑩

Bench Press - Feet On Ground, 187 pounds, 85 kg

\*\* Exhibition Lift \*\* Decathlon Lift 90 pounds, 40.8 kg

JESS DELANEY 30 years, 203 pounds, 95 Kilo Class

2" Dead Lift - 2 Hands - 202 pounds, 91.9 Kg ③

2 Hand Hack Lift - 176 pounds, 80 kg ③

2" Vertical Bar Left Hand - 109 pounds, 49.4 kg ③

2" Vertical Bar Right Hand - 98 pounds, 44.5 kg

COLLEEN LANE 58 years, 206 pounds, 95 Kilo Class

2 Hand 2kg Dead Lift - 180 pounds, 81.6 Kg ⑩

2" Vertical Bar Dead Lift - Left Hand , 109 pounds, 49.4 kg ⑩

2kg Vertical Bar Dead Lift - Right Hand, 109 pounds, 49.4 kg ⑩ ③

Wheelchair Division 70

PAUL DALALLIS 57 years 330 pounds 125 *plus* Kilo Class

Left Hand Upright Row 61 pounds 27.7 Kg

Very well done Exhibition Lift!

JIM DELANEY 30 years 182 pounds 25 Kilo Class

Little Finger Hack Lift - 99 pounds, 45 Kg ③

Ring Finger Hack Lift - 154 pounds, 70 kg ③

Little Finger Straddle - 123 pounds, 56 kg ③

Middle Finger Straddle - 255 pounds, 110.7 kg ③

BARRY BRYANT 56 years 191.25 pounds 90 Kilo Class  
Reversed Grip Bench - 244 pounds, 110.7 Kg ⑩  
Alternate Grip Bench - 244 pounds, 110.7 kg ⑩  
2" Bar Clean & Jerk - 180 pounds, 81.6 kg ⑩

DENNY HABECKER 72 years 193pounds 90 Kilo Class  
Clean & Press Fulton Bar - 136 pounds, 61.7 Kg ⑩  
Reverse Curl - 77 pounds, 35 kg ⑩  
Right Hand Hack Lift - 200 pounds, 90.7 kg ⑩

JIM FULLER 43 years 238.5 pounds 110 Kilo Class  
Bent Press - 156 pounds, 70.8 Kg hand?  
Turkish Get Up - 123 pounds, 55.8, kg ⑩③  
2" Vertical Bar Dead Lift Right Hand - 197.25 pounds, 89.5 kg ⑩  
2" Vertical Bar Dead Lift Left Hand - 187.25 pounds, 84.9 kg ⑩  
2" Bar Clean & Jerk - 244 pounds, 110.7 kg ③

FRANKIE CIAVATTONE 3rd 20 years 253 pounds 115 Kilo Class  
Index Finger Hack Lift - 154 pounds, 70 Kg ③

Frank Ciavattone JR. 59 years 287.75 pounds 125 *plus* Kilo Class  
1 Arm Dead Lift - Right Hand - 404 pounds, 183.5 Kg ③

③ = Open record      ⑩ = Masters record