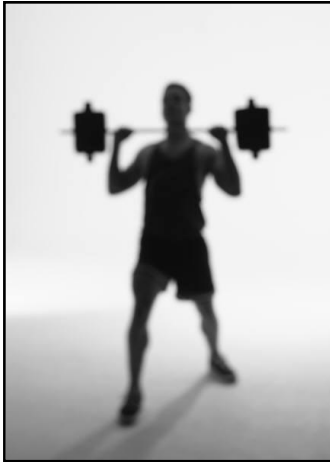


**2013 USAWA NATIONAL
CHAMPIONSHIPS
OFFICIAL ENTRY FORM**



Note: You must be a current USAWA member to compete
Closing Date : May 28, 2013



NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE _____

E-MAIL _____

AGE _____ DATE OF BIRTH _____

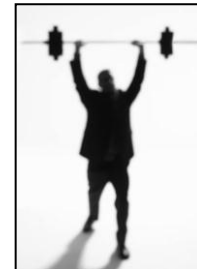
MEMBERSHIP NUMBER _____

SHIRT SIZE _____

WEIGHT CLASS _____

DIVISION ENTERING [age group: i.e. open & 40+] _____

LIFTS: DAY 1 – ONE – HAND DEADLIFT
CLEAN AND PRESS, 12" BASE
STRAIGHT-ARM PULLOVER
CONTINENTAL TO BELT
DAY 2 - ONE – HAND SNATCH
PULLOVER AND PUSH
CIAVATONE DEADLIFT



In consideration of your accepting my entry, I hereby release all claims for damages, losses, and injuries that I may hold against the U.S.A.W.A., the Lebanon Senior Center, Meet Directors, all officials and assistants while taking part in the 2013 USAWA Championships Also I fully understand the U.S.A.W.A.s drug testing policy and will fully avail myself if selected and not hinder the officials in the execution of their duties.

SIGNATURE _____

PARENT'S SIGNATURE [if under 18 years of age] _____

WILL YOU BE ATTENDING THE BANQUET? _____

IF YES - NUMBER ATTENDING _____

Mail entry to Denny Habecker , 637 N. 11th Ave. , Lebanon, Pa. 17046
E-MAIL- liftingliar @comcast.net

