

Gold Cup 2012 in Glasgow

3 Nov 2012

Lifter	M/F	Bwt	Age	Lift	Blindt	Lynch	Age Allowance	Amount	Comments	Amended
GROUP ONE										
James Gardner	M	90.2	28	Turkish Get Up	3.0509	0.8964	0	75.0		205.1
Steve Sherwood	M	79.2	61	Lunge Squat	1.0473	0.9671	22	125.0	also Open	154.5
Luke Davis	M	78.2	28	Turkish Get Up	3.0509	0.9745	0	50.0		148.7
Timo Lauttemaus	M	98.9	33	Index Fingers D/L	1.1213	0.8522	0	127.5		121.8
Gary Ell	M	86.8	41	2" Bar Hacklift	0.6425	0.9162	2	185.0		111.1
John Gardner	M	132.8	30	2" Bar Hacklift	0.6425	0.7346	0	230.0		108.6
Andy Tomlin	M	92.3	45	Mid Fingers D/L	0.7217	0.8850	6	160.0		108.3
Mark Haydock	M	115.6	37	Squat	0.4846	0.7859	0	272.5		103.8
Alex Rigbye	M	89.6	27	B Press Alt Grip	0.8216	0.8998	0	140.0		103.5
Barry Gordge	M	104.7	51	R/H Zercher	0.7781	0.8268	12	142.5	also Open	102.7
Chad Ullom	M	112.2	40	Front Squat	0.6158	0.7978	1	200.0	also Open	99.2
Frank Allen	M	89.4	70	Pull Arms Length	1.7794	0.9010	36	45.0		98.1
Steve Andrews	M	68.1	53	2 Hs D/bells D/L	0.4935	1.0642	14	160.0		95.8
James Cook	M	53.0	17	Thumbless D/Lift	0.6764	1.2784	5	100.0		90.8
Jim Madden	M	88.0	44	Reverse C & Press	1.5081	0.9091	5	62.5		90.0
Matt Finkle	M	65.9	46	2" Bar Hacklift	0.6425	1.0880	7	120.0		89.8
Karen Gardner	F	73.3	54	RH Thumbless D/L	1.0683	1.0145	48	55.0		88.2
Al Myers	M	111.2	46	R/H Zercher	0.7781	0.8015	7	125.0		83.4
Alan Higgs	M	94.8	54	Trap Bar D/Lift	0.4201	0.8720	15	192.5		81.1
Graham Saxton	M	122.9	50	Hacklift	0.4116	0.7627	11	230.0		80.1
Bill Wright	M	78.5	71	Pullover & Push	0.6086	0.9723	38	95.0		77.6
Denny Habecker	M	85.9	70	Clean & Jerk	0.8922	0.9218	36	67.5		75.5
Kim Rawlings	F	92.4	29	Turkish Get Up	3.0509	0.8844	33	20.0		71.8
Graham Alway	M	109.1	39	RH D/B Strict Curl	3.4987	0.8093	0	25.0		70.8
David McFadzean	M	102.4	42	Snatch from knees	2.0551	0.8365	3	37.5		66.4
George Dick	M	123.2	64	2H Deadlift	0.4035	0.7618	25	170.0		65.3
Paula De La Mata	M	49.4	38	Trap Bar D/L	0.4201	1.3555	0	100.0		56.9
Agnes Macinally	F	68.9	56	Bench Press FIA	0.6913	1.0560	50	37.5		41.1
Mathew Wells	M	65.1	32	Clean & Jerk	0.8922	1.0971	0			
Extra Lifts										
Paula De La Mata	F	49.4	38	2 Person (mix) D/L				150.0	Open, 55kg class	
James Cook	M	53.0	17							