

DEADLIFT, NO THUMBS	40	M	125+	365	Barnhart, Darren	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	125+	145	Barnhart, Darren	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	125+	145	Barnhart, Darren	5/20/2012	2012 Jobes Steel Jungle RD
BENCH, HANDS TOGETHER	40	M	125+	315	Barnhart, Darren	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	125+	87	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, ON KNEES	ALL	M	125+	227	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & SEATED PRESS	ALL	M	125+	247	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, CIAVATTONE, LEFT	ALL	M	125+	235	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, NO THUMBS	ALL	M	125+	602	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, ONE LEG, LEFT	ALL	M	125+	205	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, ONE LEG, RIGHT	ALL	M	125+	205	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
JAMES	ALL	M	125+	202	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	125+	215	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
CONTINENTAL TO CHEST, FULTON	ALL	M	110	305	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
CURL, CHEAT, 2 DUMBBELLS	ALL	M	110	160	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
CURL, REVERSE GRIP	ALL	M	110	195	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, NO THUMBS	ALL	M	110	367	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
JERK, FROM RACK, BEHIND NECK	ALL	M	110	275	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
PINCH GRIP	ALL	M	110	170	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
PULL UP	ALL	M	110	45	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
REFLEX CLEAN & JERK	ALL	M	110	255	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
SNATCH, FULTON BAR	ALL	M	110	170	Capello, Mac	5/20/2012	2012 Jobes Steel Jungle RD
BENCH, ONE ARM, LEFT	ALL	M	90	70	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
BENCH, ONE ARM, RIGHT	ALL	M	90	115	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & JERK, DBELL, LEFT	ALL	M	90	70	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & JERK, DBELL, RIGHT	ALL	M	90	90	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	90	135	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, DUMBBELLS	ALL	M	90	140	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, FULTON BAR	ALL	M	90	180	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, REVERSE GRIP	ALL	M	90	135	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, CIAVATTONE, LEFT	ALL	M	90	170	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, FULTON, CIAVATTONE	ALL	M	90	310	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
PINCH GRIP	ALL	M	90	170	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
PINCH GRIP, LEFT	ALL	M	90	75	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD

SNATCH, FULTON BAR	ALL	M	90	145	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	90	180	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	90	180	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	90	235	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	90	255	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
BENT PRESS, DUMBBELL, RIGHT	ALL	M	90	60	Haggin, Josh	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, 2 BARS	ALL	M	90	430	Haggin, Josh	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, LEFT	ALL	M	90	230	Haggin, Josh	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	95	135	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, REVERSE GRIP	ALL	M	95	135	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
CURL, CHEAT, 2 DUMBBELLS	ALL	M	95	160	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
CURL, REVERSE GRIP	ALL	M	95	175	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, LEFT	ALL	M	95	230	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, NO THUMBS	ALL	M	95	367	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, LEFT INDEX	ALL	M	95	96	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, LEFT LITTLE	ALL	M	95	54	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, LEFT MIDDLE	ALL	M	95	105	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, LEFT RING	ALL	M	95	84	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, RIGHT INDEX	ALL	M	95	91	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, RIGHT LITTLE	ALL	M	95	54	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, RIGHT MIDDLE	ALL	M	95	91	Jelinek, Zach	5/20/2012	2012 Jobes Steel Jungle RD
BENCH, ALTERNATE GRIP	ALL	F	105	85	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
BENCH, REVERSE GRIP	ALL	F	105	85	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
CURL, STRICT	ALL	F	105	55	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, FINGERS, INDEX	ALL	F	105	115	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, FINGERS, MIDDLE	ALL	F	105	115	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, FINGERS, RING	ALL	F	105	115	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, FULTON, CIAVATTONE	ALL	F	105	165	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, REEVES	ALL	F	105	135	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, LEFT INDEX	ALL	F	105	79	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, LEFT LITTLE	ALL	F	105	54	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, LEFT MIDDLE	ALL	F	105	79	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, LEFT RING	ALL	F	105	64	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, LEFT THUMB	ALL	F	105	29	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD

FINGER, RIGHT INDEX	ALL	F	105	79	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, RIGHT LITTLE	ALL	F	105	54	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, RIGHT MIDDLE	ALL	F	105	115	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, RIGHT RING	ALL	F	105	64	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, RIGHT THUMB	ALL	F	105	29	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	105	129	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	105	129	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	105	110	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
ARTHUR	13	F	45	15	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
ARTHUR	ALL	F	45	15	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
BENT OVER ROW	13	F	45	45	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
BENT OVER ROW	ALL	F	45	45	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
CURL, REVERSE GRIP	ALL	F	45	35	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, CIAVATTONE	13	F	45	75	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, CIAVATTONE	ALL	F	45	75	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, LEFT	13	F	45	50	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, LEFT	ALL	F	45	50	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, RIGHT	13	F	45	50	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, RIGHT	ALL	F	45	50	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
JAMES	13	F	45	15	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
JAMES	ALL	F	45	15	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, 12" BASE	13	F	45	80	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, 12" BASE	ALL	F	45	80	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", LEFT	13	F	45	54	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	F	45	54	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT	13	F	45	54	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	F	45	54	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	13	F	45	37	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	45	37	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT	13	F	45	37	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	45	37	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	F	105	135	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & JERK, 2 DUMBBELLS	ALL	M	105	140	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & JERK, BEHIND NECK	ALL	M	105	200	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD

CLEAN & JERK, DBELL, LEFT	ALL	M	105	100	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & JERK, DBELL, RIGHT	ALL	M	105	100	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS	ALL	M	105	170	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, 12" BASE	ALL	M	105	190	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	105	170	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, MIDDLE FINGERS	ALL	M	105	90	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, REVERSE GRIP	ALL	M	105	175	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CURL, CHEAT, 2 DUMBBELLS	ALL	M	105	160	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	105	100	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M	105	100	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CURL, REVERSE GRIP	13	F	45	35	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CURL, REVERSE GRIP	ALL	M	105	175	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, LEFT	ALL	M	105	282	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, RIGHT	ALL	M	105	282	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, NO THUMBS	ALL	M	105	505	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, ONE LEG, LEFT	ALL	M	105	185	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, LEFT INDEX	ALL	M	105	103	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, RIGHT INDEX	ALL	M	105	103	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, RIGHT LITTLE	ALL	M	105	54	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, RIGHT THUMB	ALL	M	105	54	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
HACK, FULTON BAR	ALL	M	105	310	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
LATERAL RAISE, LYING	ALL	M	105	80	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
LATERAL RAISE, STANDING	ALL	M	105	40	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
PULL UP	ALL	M	105	20	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
REFLEX CLEAN & PUSH PRESS	ALL	M	105	205	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
SNATCH, DUMBBELL, LEFT	ALL	M	105	90	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
SNATCH, ON KNEES	ALL	M	105	107	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, PIPER	ALL	M	105	135	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	105	170	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
APOLLONS LIFT	ALL	M	85	190	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & JERK, FULTON BAR	ALL	M	85	190	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	85	135	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
CURL, CHEAT, 2 DUMBBELLS	ALL	M	85	100	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
JAMES	ALL	M	85	87	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD

MILLER CLEAN & JERK	ALL	M	85	87	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
PRESS, DUMBBELL, LEFT	ALL	M	85	70	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
REFLEX CLEAN & JERK	ALL	M	85	140	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
REFLEX CLEAN & PUSH PRESS	ALL	M	85	140	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
SNATCH, DUMBBELL, LEFT	ALL	M	85	70	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
SNATCH, ON KNEES	ALL	M	85	67	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, OVERHEAD	ALL	M	85	87	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", LEFT	ALL	M	85	155	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	85	155	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	85	112	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	85	135	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS	45	M	95	165	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, 12" BASE	45	M	95	135	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	45	M	95	135	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, BEHIND NECK	45	M	95	155	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, REVERSE GRIP	45	M	95	135	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
CURL, CHEAT, 2 DUMBBELLS	45	M	95	140	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, LEFT LITTLE	45	M	95	54	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, RIGHT LITTLE	45	M	95	54	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, RIGHT THUMB	45	M	95	54	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
FINGER, RIGHT THUMB	ALL	M	95	54	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
FRENCH PRESS	45	M	95	75	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
GOOD MORNING	45	M	95	135	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
GOOD MORNING	ALL	M	95	135	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
LATERAL RAISE, LYING	45	M	95	80	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
LATERAL RAISE, LYING	ALL	M	95	80	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
PULL UP	45	M	95	25	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
PULL UP	ALL	M	95	25	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
REFLEX CLEAN & PUSH PRESS	45	M	95	155	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
REFLEX CLEAN & PUSH PRESS	ALL	M	95	155	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SNATCH, ON KNEES	45	M	95	87	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SNATCH, ON KNEES	ALL	M	95	87	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, LUNGE	45	M	95	225	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, LUNGE	ALL	M	95	225	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD

SQUAT, OVERHEAD	45	M	95	87	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, PIPER	45	M	95	245	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, PIPER	ALL	M	95	245	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SWING, DUMBBELL, LEFT	45	M	95	80	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SWING, DUMBBELL, RIGHT	45	M	95	80	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	45	M	95	112	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	95	112	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
BENCH, HANDS TOGETHER	45	M	95	195	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
BENCH, HANDS TOGETHER	ALL	M	95	195	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
BENCH, REVERSE GRIP	45	M	95	175	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
CURL, CHEAT, 2 DUMBBELLS	ALL	M	125+	200	Tully, Scott	5/20/2012	2012 Jobes Steel Jungle RD