Art's Birthday Bash
Record Day
Ambridge VFW Barbell Club
Ambridge, PA
11-Oct-09

IAWA INTERNATIONAL OFFICIALS:

Art Montini, Denny Habecker, Dennis Mitchell,
Scott Schmidt, Kathy Schmidt, John McKean

Name	**Record**	***Bodyweight***	***Age***	**Class**
Dennis Mitchell		160	77	75K, Masters, 75+
Roman Chair Situps	525 reps, 38 minutes			
Art Montini		174	82	80K, Masters, 80+
Teeth Lift	128#			
Left Hand Zercher	110#			
Right Hand Zercher	110#			
Two Hand Vertical Bar (2") Lift	158#			
Two Hand Deadlift	250#			
Denny Habecker		192	67	90K, Masters, 65+
Reverse Curl	35K			
Alternate Grip Clean and Press	57.5K			
Reverse Grip Clean and Press	57.5K			
Left Hand Ciavattone Deadlift	70K			
Right Hand Deadlift	122.5K			
Scott Schmidt		261	56	120K, Masters, 55+
Continental to Belt	150K			
2" Vertical Bar Deadlift - Right Hand	105K			
Push Press from Rack	105K			

Ernie Beath		390	28	125+K (SHW)
Push Press from Racks	381#			
Clean & Press Behind Neck	251#			
Press Behind Neck from Racks	271#			
Clean &Reflex Push Press	225#			
Clean & Alternate Grip Press	205#			
Clean & Reverse Grip Press	205#			