



# BYLAWS

Of the United States All-Round Weightlifting Association

## **ARTICLE 1 - ORGANIZATION**

- A. The name of the organization shall be the United States All-Round Weightlifting Association (also referred to as the USAWA).
- B. The USAWA shall use the emblem with the following description: A lifter performing the Crucifix Lift wrapped in an American Flag with the words "United States All-Round Weightlifting Association" above it and the initials "USAWA" below it.
- C. The official language of the USAWA will be English.

## **ARTICLE 2 – PURPOSE AND OBJECTIVES**

- A. To organize competitions and/or events and provide sanctions for those that meet the standards put forth by the USAWA.
- B. To accept individual memberships and to maintain a membership roster.
- C. To maintain a current Rule Book.
- D. To maintain a system to certify Officials.
- E. To maintain a current Record List of the USAWA official lifts.

- F. Oversee approval of new lifts.
- G. To develop a drug testing program that will support drug-free competitions.
- H. To oversee and supervise the National Championships.
- I. To organize an Annual National Meeting.

### **ARTICLE 3 – AFFILIATIONS OF THE USAWA**

- A. The USAWA is affiliated internationally with the International All-Round Weightlifting Association (IAWA). Membership in the USAWA provides automatic membership in the IAWA.
- B. The USAWA may affiliate with any other organization if deemed desirable by the executive board or general membership by majority vote.
- C. Individuals or member clubs may affiliate or compete in other organizations without any penalties being imposed by the USAWA.

### **ARTICLE 4 – MEMBERSHIPS**

- A. Current membership is required to participate in any USAWA sanctioned event and/or competition. If a Meet Director allows lifters to lift in a sanctioned USAWA event and/or competition without being a USAWA member, the lifter's results will not be included in the meet placement or for records. If this occurs, it will not result in loss of meet sanction.
- B. The cost of USAWA individual membership is \$25 per year.
- C. The cost of USAWA club memberships is \$10 per year.
- D. All memberships are for the calendar year.
- E. Individual membership applications must include individuals' contact information and a pledge to uphold the Bylaws and Rules of the USAWA. It must be signed by the applying individual.
- F. Individual membership applicants must be citizens of the United States to be eligible for USAWA membership.
- G. Individual membership applications must include a drug testing consent and waiver form, which must be agreed upon and signed by the applying individual.
- H. Club membership applications must contain contact information for the individual who is in charge of the club.

I. No distinction is made between amateur and professional status.

J. Memberships may be revoked by majority vote of the executive board if the individual or club is in violation of the bylaws or current Rules of the USAWA.

## **ARTICLE 5 – EXECUTIVE BOARD**

A. The organization will elect a 5-person executive board that will govern the USAWA throughout the year.

B. The executive board will consist of these positions: President, Secretary/Treasurer, Vice President, and two at large positions.

C. The executive board may meet as needed as a group, and contact between individuals of the executive board is not restricted outside of meetings.

D. Executive board meetings may occur in any manner - such as over the telephone, over the computer, sitting down as a group, or any other way.

E. The date and time of executive board meetings are set by the President, and only at a date and time that three of the five executive board members can participate.

F. Issues presented to the executive board are resolved by majority vote of the executive board members.

G. The executive board may appoint special committees and select individuals for those committees.

H. The executive board oversees and regulates the Special Assignment Directors, which include the Records Director, the Website Director, the Officials Director, Awards Director and the Drug Enforcement Director. Special Assignment Directors may be part of the executive board. An individual may hold the position of more than one Special Assignment Director.

I. The executive board oversees the National Championships as outlined in the Rule Book.

J. In the event an executive board member resigns his/her position, the remaining executive board will appoint another individual by majority vote to that position for the remainder of the term.

K. If an executive board member abstains from voting, or is incapacitated and not able to vote, majority vote will apply to the votes that are cast.

L. The executive board is responsible for auditing the annual financial report.

M. The executive board is responsible for imposing penalties on members who violate the Bylaws or Rules of the USAWA.

- N. The executive board oversees any written publications representing the USAWA.
- O. No executive board member or Special Assignment Director shall receive any salary or compensation from the USAWA.

## **ARTICLE 6 – ANNUAL MEETING**

- A. The Annual Meeting of the USAWA will be held in conjunction with the National Championships, unless the executive board, by majority vote, decides otherwise.
- B. Membership may nominate individuals at the Annual National Meeting, and approve by majority vote of the membership present, special committees to attend to specific tasks.
- C. Membership decisions, supported by majority vote, override decisions made by the executive board.

## **ARTICLE 7 - ELECTIONS**

- A. Members of the executive board are elected every two years, on odd-numbered years, at the Annual National Meeting by vote of the membership present at the meeting.
- B. The executive board is elected in this order: President, Secretary/Treasurer, Vice President, two at large positions.
- C. Any USAWA member is eligible for election. Nominations are made at the National Meeting by the membership in attendance.
- D. The method of casting votes is set forth by the President.
- E. In case of ties, re-balloting is done first. If this does not break the tie, the current executive board will vote with the decision being reached by majority vote.
- F. There are no term limits to any elected position.
- G. The Special Assignment Directors are elected by vote of the membership and will remain in these positions until membership decides otherwise.
- H. Membership votes at the Annual National Meeting are done by the membership present. No absentee or proxy votes are allowed.
- I. Elected positions take effect immediately.
- J. Majority vote is defined as more than half of the votes cast.

## **ARTICLE 8 – DUTIES OF THE PRESIDENT**

- A. Preside over the Annual National Meeting and meetings of the executive board, according to the accepted rules of parliamentary procedure (Roberts Rules of Order).
- B. Prepare the agenda for all meetings.
- C. Attend the National Meeting and meetings of the executive board.
- D. Represent the USAWA at meetings of the IAWA.
- E. Serve on the executive board.

## **ARTICLE 9 – DUTIES OF THE SECRETARY/TREASURER**

- A. Attend to all financial matters of the USAWA. This includes receiving all payments, paying all expenses, and keeping an accounting ledger.
- B. Maintain a Bank Account for the USAWA.
- C. Take minutes at all meetings, and prepare written minutes that shall be made available to the membership.
- D. Present a summary of the financial report to the membership at the Annual National Meeting.
- D. Negotiate all contracts between the USAWA and other organizations and/or companies under the direction of the executive board.
- E. Keep a membership roster that is available to the membership.
- F. Issue competition/event sanctions.
- G. Attend the National Meeting and meetings of the executive board.
- H. Represent the USAWA at meetings of the IAWA.
- I. Prepare an annual financial report that shall be made available to the executive board for audit.
- J. Maintain a list of current member clubs.
- K. Maintain a list of current Officials.
- L. File any certificates/documents that are required by any federal or state statute.

M. Serve on the executive board.

## **ARTICLE 10 – DUTIES OF THE VICE PRESIDENT**

A. Accept the duties of President if for any reason the President is unable to serve in that capacity.

B. Attend the National Meeting and meetings of the executive board.

C. Represent the USAWA at meetings of the IAWA.

D. Serve on the executive board.

## **ARTICLE 11 – DUTIES OF THE AT LARGE EXECUTIVE BOARD MEMBERS**

A. Attend the National Meeting and meetings of the executive board.

B. Represent the USAWA at meetings of the IAWA.

C. Serve on the executive board.

## **ARTICLE 12 – DUTIES OF THE RECORDS DIRECTOR**

A. Keep the USAWA Records List updated and current.

B. Verify accuracy of the Record List.

C. Develop and maintain a system to provide the Record List to the membership.

## **ARTICLE 13 – DUTIES OF THE WEBSITE DIRECTOR**

A. Keep the USAWA Website updated and current.

B. Maintain a current competition/event schedule on the Website.

C. Provide recent meet results on the Website.

D. Provide contact information for the USAWA.

E. Keep a current membership roster on the Website.

F. Provide the current Rule Book on the Website.

## **ARTICLE 14 – DUTIES OF THE OFFICIALS DIRECTOR**

- A. Grade Rules Test of applying officials.
- B. Notify applying Officials whether they passed or failed the Rules Test.
- C. Submit names of new officials to the Secretary/Treasurer.
- D. Issue Officials Cards.

## **ARTICLE 15 – DUTIES OF THE AWARDS DIRECTOR**

- A. Be the individual responsible for making the arrangements to issue special awards on behalf of the USAWA.
- B. Oversee the Hall of Fame Program and be in charge of the Hall of Fame Awards.
- C. Oversee the Club Award Program and be in charge of Club Awards.
- D. Make arrangements to present awards at the National Meeting.

## **ARTICLE 16 – DUTIES OF THE DRUG ENFORCEMENT DIRECTOR**

- A. Be responsible for making the arrangements for drug testing to be carried out as directed by the executive board.
- B. Be the contact person for the lab where the drug testing is performed.
- C. Report test results to the executive board.
- D. Be the person who contacts individuals who are in violation of the USAWA Drug Policy and the penalties imposed upon them by the executive board.

## **ARTICLE 17 – NATIONAL CHAMPIONSHIP**

- A. The USAWA will hold a National Championship every year.

- B. The executive board is responsible for overseeing the National Championships as outlined in the USAWA Rulebook.
- C. Bids for the National Championships will be put forth at the Annual National Meeting for the next year's Championships. Membership present will vote on the bids, with the bid receiving the most votes selected.
- D. In the case the one receiving the bid is unable to put on the National Championships, the USAWA will offer the Championships to the next one that received the most votes.
- E. In the case there are no bids, it will be the responsibility of the executive board to host the National Championships in a manner agreed upon by majority vote of the executive board.

## **ARTICLE 18 - SANCTIONS**

- A. All USAWA Competitions and/or events must be sanctioned.
- B. The sanction fee is \$10 and must be sent to the Secretary/Treasurer for approval.
- C. The sanction request form must be completely filled out and signed by the contact individual for the competition/event.
- D. Sanctioned USAWA competitions and/or events must not be sanctioned with any other organization (with the exception of the IAWA). Violation of this will result in loss of USAWA sanction.

## **ARTICLE 19 – OTHER GENERAL PROVISIONS**

- A. The rules as written in the USAWA Rule Book must be enforced and abided by.
- B. The USAWA will not knowingly discriminate against any individual.
- C. The USAWA headquarters will be located in the town where the Secretary/Treasurer resides or elsewhere only at the direction of the executive board.
- E. Any change, amendment, or addition to the USAWA bylaws requires a 2/3 vote by the membership present at the Annual National Meeting.
- F. Official correspondence between the USAWA and the IAWA will be done by the USAWA representatives of the IAWA Technical Committee and the IAWA Vice President that represents the USAWA.

